

Campeonatos Regionais de Infantis P.L. 08-09
Porto, 3. - 5.7.2009

Prova 8	Masc., 400m Livres				Infantis
04-07-2009 - 10:20	COPIDOURO - Cópia e Artigos de Reprodução, lda				Resultados
Recorde Nacional Infantis A	4:15.99	OLIVEIRA Pedro Fontoura	CFB	Badajoz (ESP)	11-07-2004
Recorde Nacional Infantis B	4:28.42	OLIVEIRA Pedro Fontoura	CFB	Restelo	26-07-2003
Time standard 1 Inf A: 5:17.00; Inf B: 5:37.00					

Lugar	Ano	Tempo final	100m	200m	300m	400m	
Infantis B							
1. TEIXEIRA Tiago Manuel	96	Assoc. Desportiva de Fafe	4:42.34	1:08.13	1:15.26	1:09.96	1:08.99
50m:		150m:	250m:	350m:			
100m: 1:08.13		200m: 2:23.39	300m: 3:33.35	400m: 4:42.34			
2. SANTOS Joao Pedro	96	Porto/Império Bonança	4:58.44	1:09.74	1:17.48	1:17.24	1:13.98
50m:		150m:	250m:	350m:			
100m: 1:09.74		200m: 2:27.22	300m: 3:44.46	400m: 4:58.44			
3. MAIA Mauro Filipe	96	Clube Fluvial Portuense	5:02.17	1:09.26	1:16.12	1:17.70	1:19.09
50m:		150m:	250m:	350m:			
100m: 1:09.26		200m: 2:25.38	300m: 3:43.08	400m: 5:02.17			
4. CRUZ Miguel Angelo	96	Gespacos	5:05.14	1:12.93	1:17.88	1:17.02	1:17.31
50m:		150m:	250m:	350m:			
100m: 1:12.93		200m: 2:30.81	300m: 3:47.83	400m: 5:05.14			
5. FARIA Pedro Miguel	96	Porto/Império Bonança	5:06.62	1:11.22	1:17.83	1:20.32	1:17.25
50m:		150m:	250m:	350m:			
100m: 1:11.22		200m: 2:29.05	300m: 3:49.37	400m: 5:06.62			
6. OLIVEIRA Andre Coelho	96	Vitória Sport Clube	5:07.36	1:14.88	1:19.37	1:17.42	1:15.69
50m:		150m:	250m:	350m:			
100m: 1:14.88		200m: 2:34.25	300m: 3:51.67	400m: 5:07.36			
7. RODRIGUES F.	96	Maia/Real Seguros	5:09.37	1:12.78	1:19.44	1:19.37	1:17.78
50m:		150m:	250m:	350m:			
100m: 1:12.78		200m: 2:32.22	300m: 3:51.59	400m: 5:09.37			
8. SOUSA David Nunes	96	Grupo Desportivo Natacao V. N.	5:12.72	1:14.93	1:20.43	1:19.84	1:17.52
50m:		150m:	250m:	350m:			
100m: 1:14.93		200m: 2:35.36	300m: 3:55.20	400m: 5:12.72			
9. OLIVEIRA Francisco Jose	96	Assoc. Desportiva de Fafe	5:13.45	1:12.67	1:20.09	1:20.83	1:19.86
50m:		150m:	250m:	350m:			
100m: 1:12.67		200m: 2:32.76	300m: 3:53.59	400m: 5:13.45			
10. VILELA Joao Jose	96	Clube Fluvial Vilacondense	5:13.92	1:12.03	1:22.91	1:21.49	1:17.49
50m:		150m:	250m:	350m:			
100m: 1:12.03		200m: 2:34.94	300m: 3:56.43	400m: 5:13.92			
11. OLIVEIRA Antonio Pedro	96	Assoc. Desportiva de Fafe	5:14.60	1:13.82	1:20.20	1:21.38	1:19.20
50m:		150m:	250m:	350m:			
100m: 1:13.82		200m: 2:34.02	300m: 3:55.40	400m: 5:14.60			
12. MOREIRA M.	96	Vitória Sport Clube	5:14.65	1:14.30	1:21.11	1:21.91	1:17.33
50m:		150m:	250m:	350m:			
100m: 1:14.30		200m: 2:35.41	300m: 3:57.32	400m: 5:14.65			
13. AGUEDA Ricardo Santos	96	Valongo	5:17.43	1:14.02	1:22.61	1:20.44	1:20.36
50m:		150m:	250m:	350m:			
100m: 1:14.02		200m: 2:36.63	300m: 3:57.07	400m: 5:17.43			
14. GOMES Diogo Henrique	96	Porto/Império Bonança	5:23.32	1:16.18	1:21.68	1:23.06	1:22.40
50m:		150m:	250m:	350m:			
100m: 1:16.18		200m: 2:37.86	300m: 4:00.92	400m: 5:23.32			
15. MACHADO Joao Pedro	96	Vitória Sport Clube	5:23.37	1:14.55	1:22.88	1:23.09	1:22.85
50m:		150m:	250m:	350m:			
100m: 1:14.55		200m: 2:37.43	300m: 4:00.52	400m: 5:23.37			
16. CRUZ Rui Miguel	96	Maia/Real Seguros	5:24.48	1:17.27	1:23.50	1:24.38	1:19.33
50m:		150m:	250m:	350m:			
100m: 1:17.27		200m: 2:40.77	300m: 4:05.15	400m: 5:24.48			

Campeonatos Regionais de Infantis P.L. 08-09
Porto, 3. - 5.7.2009

Prova 8, Masc., 400m Livres, Infantis B

Lugar	Ano	Tempo final	100m	200m	300m	400m
17. SILVA Humberto Joao	96	Assoc. Desportiva de Fafe 5:25.62	1:17.51	1:23.31	1:24.72	1:20.08
50m:	150m:	250m:		350m:		
100m: 1:17.51	200m: 2:40.82	300m: 4:05.54		400m: 5:25.62		
18. STEINMAIER S.	96	Assoc. Desportiva de Fafe 5:26.43	1:15.28	1:24.95	1:24.12	1:22.08
50m:	150m:	250m:		350m:		
100m: 1:15.28	200m: 2:40.23	300m: 4:04.35		400m: 5:26.43		
19. ALVAREZ F.	96	Porto/Império Bonança 5:29.48	1:18.00	1:23.81	1:24.18	1:23.49
50m:	150m:	250m:		350m:		
100m: 1:18.00	200m: 2:41.81	300m: 4:05.99		400m: 5:29.48		
20. RAMOS Carlos Alberto	96	Maia/Real Seguros 5:32.11	1:15.68	1:25.71	1:26.50	1:24.22
50m:	150m:	250m:		350m:		
100m: 1:15.68	200m: 2:41.39	300m: 4:07.89		400m: 5:32.11		
21. DIAS Nuno Goncalo	96	Porto/Império Bonança 5:34.58	1:17.82	1:25.65	1:27.59	1:23.52
50m:	150m:	250m:		350m:		
100m: 1:17.82	200m: 2:43.47	300m: 4:11.06		400m: 5:34.58		
22. BASTOS Nuno Miguel	96	Clube Fluvial Portuense 5:35.51	1:20.59	1:27.53	1:27.13	1:20.26
50m:	150m:	250m:		350m:		
100m: 1:20.59	200m: 2:48.12	300m: 4:15.25		400m: 5:35.51		
23. BAPTISTA Jose Pedro	96	Porto/Império Bonança 5:36.73	1:19.30	1:27.74	1:26.67	1:23.02
50m:	150m:	250m:		350m:		
100m: 1:19.30	200m: 2:47.04	300m: 4:13.71		400m: 5:36.73		

Infantis A

1. FERNANDES Luis Manuel	95	Grupo Desportivo Natacao V. 4:36.86	1:06.41	1:12.96	1:08.02	1:09.47
50m:	150m:	250m:		350m:		
100m: 1:06.41	200m: 2:19.37	300m: 3:27.39		400m: 4:36.86		
2. ALMEIDA Luis Miguel	95	Foca-Clube De Natacao De Fafe 4:47.16	1:07.34	1:11.86	1:14.00	1:13.96
50m:	150m:	250m:		350m:		
100m: 1:07.34	200m: 2:19.20	300m: 3:33.20		400m: 4:47.16		
3. VALENTE B.	95	Clube Fluvial Portuense 4:49.60	1:08.04	1:13.40	1:15.11	1:13.05
50m:	150m:	250m:		350m:		
100m: 1:08.04	200m: 2:21.44	300m: 3:36.55		400m: 4:49.60		
4. SILVA Paulo Andre	95	Maia/Real Seguros 4:50.44	1:07.06	1:14.72	1:16.11	1:12.55
50m:	150m:	250m:		350m:		
100m: 1:07.06	200m: 2:21.78	300m: 3:37.89		400m: 4:50.44		
5. APARICIO Diogo Sequeira	95	Porto/Império Bonança 4:50.73	1:07.27	1:14.71	1:15.61	1:13.14
50m:	150m:	250m:		350m:		
100m: 1:07.27	200m: 2:21.98	300m: 3:37.59		400m: 4:50.73		
6. MARTINS Nuno Goncalo	95	Grupo Desportivo Natacao V. 4:51.80	1:07.60	1:13.46	1:15.48	1:15.26
50m:	150m:	250m:		350m:		
100m: 1:07.60	200m: 2:21.06	300m: 3:36.54		400m: 4:51.80		
7. VIEIRA Daniel Costa	95	Porto/Império Bonança 4:53.08	1:09.48	1:16.19	1:14.94	1:12.47
50m:	150m:	250m:		350m:		
100m: 1:09.48	200m: 2:25.67	300m: 3:40.61		400m: 4:53.08		
8. CARVALHO M.	95	Clube Fluvial Vilacondense 4:55.34	1:07.70	1:16.57	1:16.34	1:14.73
50m:	150m:	250m:		350m:		
100m: 1:07.70	200m: 2:24.27	300m: 3:40.61		400m: 4:55.34		
9. MARAFONA Joao Duarte	95	Clube Fluvial Vilacondense 4:55.72	1:09.88	1:16.40	1:16.00	1:13.44
50m:	150m:	250m:		350m:		
100m: 1:09.88	200m: 2:26.28	300m: 3:42.28		400m: 4:55.72		
10. BESSA Pedro Maria	95	Porto/Império Bonança 4:55.83	1:10.85	1:15.66	1:15.68	1:13.64
50m:	150m:	250m:		350m:		
100m: 1:10.85	200m: 2:26.51	300m: 3:42.19		400m: 4:55.83		
11. COSTA Carlos Cunha	95	Assoc. Desportiva de Fafe 4:57.54	1:09.84	1:15.91	1:16.33	1:15.46
50m:	150m:	250m:		350m:		
100m: 1:09.84	200m: 2:25.75	300m: 3:42.08		400m: 4:57.54		

Campeonatos Regionais de Infantis P.L. 08-09
Porto, 3. - 5.7.2009

Prova 8, Masc., 400m Livres, Infantis A

Lugar	Ano	Tempo final	100m	200m	300m	400m
12. GOMES Joao Marcelo 50m: 100m: 1:10.40	95 Porto/Império Bonança	4:59.69 150m: 2:27.04 250m: 3:44.58 300m:	1:10.40	1:16.64 350m: 4:59.69 400m:	1:17.54	1:15.11
13. SILVA Bruno Miguel 50m: 100m: 1:10.30	95 Clube Fluvial Portuense	4:59.98 150m: 2:26.58 250m: 3:43.97 300m:	1:10.30	1:16.28 350m: 4:59.98 400m:	1:17.39	1:16.01
14. ANTUNES Jose Pedro 50m: 100m: 1:10.31	95 Grupo Desportivo Natacao V.	5:01.35 150m: 2:27.04 250m: 3:45.38 300m:	1:10.31	1:16.73 350m: 5:01.35 400m:	1:18.34	1:15.97
15. BRANCO Bernardo Aguiar 50m: 100m: 1:09.96	95 Porto/Império Bonança	5:01.63 150m: 2:26.88 250m: 3:45.18 300m:	1:09.96	1:16.92 350m: 5:01.63 400m:	1:18.30	1:16.45
16. SOUSA Rui Filipe 50m: 100m: 1:12.42	95 Lousada	5:05.31 150m: 2:30.80 250m: 3:50.50 300m:	1:12.42	1:18.38 350m: 5:05.31 400m:	1:19.70	1:14.81
17. FERREIRA Artur Manuel 50m: 100m: 1:12.29	95 Porto/Império Bonança	5:06.28 150m: 2:29.30 250m: 3:47.59 300m:	1:12.29	1:17.01 350m: 5:06.28 400m:	1:18.29	1:18.69
18. LOPES Luis Miguel 50m: 100m: 1:13.50	95 Foca-Clube De Nataçao De F	5:06.34 150m: 2:31.90 250m: 3:49.64 300m:	1:13.50	1:18.40 350m: 5:06.34 400m:	1:17.74	1:16.70
19. BRANCO Afonso Aguiar 50m: 100m: 1:12.29	95 Porto/Império Bonança	5:07.12 150m: 2:31.19 250m: 3:50.27 300m:	1:12.29	1:18.90 350m: 5:07.12 400m:	1:19.08	1:16.85
20. FREITAS Jose Miguel 50m: 100m: 1:14.24	95 Clube Fluvial Portuense	5:12.21 150m: 2:34.68 250m: 3:53.98 300m:	1:14.24	1:20.44 350m: 5:12.21 400m:	1:19.30	1:18.23
21. MACHADO A. 50m: 100m: 1:12.69	95 Grupo Desportivo Natacao V.	5:13.95 150m: 2:32.25 250m: 3:54.75 300m:	1:12.69	1:19.56 350m: 5:13.95 400m:	1:22.50	1:19.20
22. VIEIRA Bernardo Oliveira 50m: 100m: 1:15.08	95 Clube Fluvial Portuense	5:15.40 150m: 2:35.23 250m: 3:56.54 300m:	1:15.08	1:20.15 350m: 5:15.40 400m:	1:21.31	1:18.86
23. ARAUJO Tiago Andre FTL 50m: 100m: 1:16.52	95 Leixões Sport Clube	5:17.29 150m: 2:36.75 250m: 3:57.37 300m:	1:16.52	1:20.23 350m: 5:17.29 400m:	1:20.62	1:19.92
EXH CRUZ Carlos Eira FTL 50m: 100m: 1:18.67	96 Clube Nataçao do Interior Nort	5:42.56 150m: 2:45.07 250m: 4:15.29 300m:	1:18.67	1:26.40 350m: 5:42.56 400m:	1:30.22	1:27.27
EXH RIBEIRO Jose Miguel FTL 50m: 100m: 1:16.74	96 Clube Nataçao do Interior Nort	5:47.28 150m: 2:48.96 250m: 4:20.38 300m:	1:16.74	1:32.22 350m: 5:47.28 400m:	1:31.42	1:26.90