

Campeonatos Regionais JUN-SEN PL 08-09  
Póvoa de Varzim, 6. - 8.3.2009

Prova 42 Masc., 800m Livres 17 anos e mais velhos  
08-03-2009 - 17:05 COPIDOURO - Cópia e Artigos de Reprodução, Lda Resultados

Recorde Nacional Absoluto	8:05.35	COSTA, Fernando Eurico	LSC	Aveiro	27-07-2007
Recorde Nacional Sénior	8:05.35	COSTA, Fernando Eurico	LSC	Aveiro	27-07-2007
Recorde Nacional Junior	8:16.64	COSTA, Fernando Eurico	FPN	Luxemburgo (LUX)	24-01-2003

Pontos: FINA 2008

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	TR
<b>Juniores</b>								
1.	COSTA, Rui Filipe	M	24004	91	Vitória Sport Clube	<b>8:25.10</b>	783	+0,71
	100m: 1:02.58				300m: 3:09.78	1:03.69	700m: 7:24.62	1:03.86
	200m: 2:06.23				400m: 4:13.24	1:03.83	800m: 8:25.10	1:00.48
2.	ALVES, Andre Filipe	M	24261	92	Vitória Sport Clube	<b>8:55.63</b>	657	+0,72
	100m: 1:02.09				300m: 3:15.15	1:08.41	700m: 7:48.59	1:08.93
	200m: 2:07.84				400m: 4:22.40	1:08.85	800m: 8:55.63	1:07.04
3.	VAZ, Luis Emanuel	M	15628	91	Famalicao	<b>8:55.92</b>	656	+0,91
	100m: 1:02.12				300m: 3:12.32	1:08.42	700m: 7:45.74	1:09.03
	200m: 2:06.63				400m: 4:19.55	1:08.74	800m: 8:55.92	1:10.18
4.	SERRA, Carlos Filipe	M	13180	92	Sporting Clube de Braga	<b>8:57.99</b>	648	+0,87
	100m: 1:02.25				300m: 3:19.45	1:08.66	700m: 7:52.63	1:07.36
	200m: 2:10.46				400m: 4:28.45	1:08.16	800m: 8:57.99	1:05.36
5.	ALMEIDA, Joao Pedro	M	24029	92	Porto/Império Bonança	<b>9:08.20</b>	613	+0,84
	100m: 1:01.88				300m: 3:19.54	1:09.19	700m: 8:01.59	1:11.80
	200m: 2:10.34				400m: 4:28.79	1:10.81	800m: 9:08.20	1:07.61
6.	FREIXO, Rui Alberto	M	11023	92	Desportiva de Viana	<b>9:08.52</b>	612	+0,84
	100m: 1:02.19				300m: 3:19.88	1:10.14	700m: 8:01.66	1:10.50
	200m: 2:10.43				400m: 4:30.08	1:10.94	800m: 9:08.52	1:06.86
7.	MAGANINHO, Pedro Miguel	M	13177	92	Sporting Clube de Braga	<b>9:08.76</b>	611	+0,87
	100m: 1:03.12				300m: 3:21.66	1:10.81	700m: 8:02.54	1:09.26
	200m: 2:11.95				400m: 4:31.50	1:10.97	800m: 9:08.76	1:06.22
8.	FERNANDES, Andre Antonio	M	24139	92	Leixões Sport Clube	<b>9:09.31</b>	609	+0,91
	100m: 1:02.87				300m: 3:20.23	1:10.06	700m: 8:01.99	1:11.62
	200m: 2:11.13				400m: 4:29.45	1:10.86	800m: 9:09.31	1:07.32
9.	GONCALVES, Jose Joao	M	26383	91	Leixões Sport Clube	<b>9:14.87</b>	591	+0,81
	100m: 1:04.02				300m: 3:22.52	1:09.94	700m: 8:06.01	1:11.82
	200m: 2:12.56				400m: 4:32.37	1:11.88	800m: 9:14.87	1:08.86
10.	MENDES, Pedro Nuno	M	13172	92	Sporting Clube de Braga	<b>9:38.02</b>	523	+0,89
	100m: 1:04.64				300m: 3:29.98	1:13.95	700m: 8:25.44	1:14.22
	200m: 2:16.48				400m: 4:43.59	1:13.68	800m: 9:38.02	1:12.58
11.	SOUSA, Andre Caravela	M	11014	91	Desportiva de Viana	<b>10:13.74</b>	437	+0,79
	100m: 1:07.24				300m: 3:41.67	1:19.28	700m: 8:58.48	1:18.41
	200m: 2:23.45				400m: 5:01.30	1:19.49	800m: 10:13.74	1:15.26

**Seniores**

1.	MAIA, Jorge Manuel	M	23220	89	Famalicao	<b>8:24.57</b>	786	+0,82
	100m: 59.16				300m: 3:04.25	1:04.43	700m: 7:21.89	1:04.78
	200m: 2:01.36				400m: 4:07.83	1:04.85	800m: 8:24.57	1:02.68
2.	PEREIRA, Fabio Manuel	M	23049	86	Vilacondense	<b>8:37.07</b>	730	+0,87
	100m: 1:01.89				300m: 3:12.28	1:03.77	700m: 7:30.92	1:06.02
	200m: 2:06.64				400m: 4:16.12	1:05.01	800m: 8:37.07	1:06.15
3.	RIBEIRO, Hugo Alberto	M	23114	88	Vilacondense	<b>8:43.72</b>	703	+0,97
	100m: 1:01.88				300m: 3:12.85	1:05.69	700m: 7:39.05	1:07.72
	200m: 2:07.16				400m: 4:18.68	1:06.96	800m: 8:43.72	1:04.67
4.	MALHEIRO, Filipe Vieira	M	13117	90	Sporting Clube de Braga	<b>8:46.79</b>	691	+0,83
	100m: 1:00.30				300m: 3:11.48	1:07.74	700m: 7:41.30	1:07.69
	200m: 2:05.29				400m: 4:18.30	1:07.57	800m: 8:46.79	1:05.49
5.	PEREIRA, Marcelo Goncalo	M	22440	90	Vilacondense	<b>8:46.99</b>	690	+0,85
	100m: 59.14				300m: 3:10.68	1:07.40	700m: 7:41.09	1:07.95
	200m: 2:04.10				400m: 4:17.77	1:07.97	800m: 8:46.99	1:05.90
6.	CARVALHO, Igor Guterres	M	23057	88	Vilacondense	<b>8:47.05</b>	690	+0,94
	100m: 1:02.54				300m: 3:15.76	1:06.80	700m: 7:43.88	1:06.97
	200m: 2:08.85				400m: 4:23.35	1:06.76	800m: 8:47.05	1:03.17
7.	MACHADO, Marco Joao	M	15626	90	Famalicao	<b>8:50.57</b>	676	+0,78
	100m: 1:01.61				300m: 3:15.03	1:06.58	700m: 7:44.00	1:07.51
	200m: 2:07.79				400m: 4:22.31	1:07.60	800m: 8:50.57	1:06.57
8.	COSTA, Tiago Manuel	M	25169	89	Leixões Sport Clube	<b>8:59.64</b>	642	+0,86
	100m: 1:01.71				300m: 3:14.90	1:07.99	700m: 7:51.04	1:10.57
	200m: 2:07.58				400m: 4:22.49	1:09.99	800m: 8:59.64	1:08.60
9.	RIBEIRO, Rui Manuel	M	24023	89	Leixões Sport Clube	<b>9:24.56</b>	561	+0,91
	100m: 1:04.61				300m: 3:25.99	1:12.86	700m: 8:15.27	1:11.80
	200m: 2:14.99				400m: 4:38.38	1:12.23	800m: 9:24.56	1:09.29
10.	SILVA, Luis Miguel	M	12376	89	Sporting Clube de Braga	<b>9:34.12</b>	533	+0,95
	100m: 1:01.28				300m: 3:20.89	1:13.36	700m: 8:18.48	1:15.78
	200m: 2:08.45				400m: 4:36.99	1:12.35	800m: 9:34.12	1:15.64