

Torneio Nadador Completo Infantis 08-09
Lousada, 9. - 10.5.2009

Prova 2
09-05-2009 - 10:00

Masc., 400m Livres
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Infantis
Resultados

Pontos: FINA 2008

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	TEIXEIRA, Tiago Manuel	M	102485	96	Assoc. Desportiva de Fafe	4:41.96	461	
	50m: 29.64		150m: 1:40.34		36.47	250m: 2:54.87	37.05	350m: 4:08.65
	100m: 1:03.87		200m: 2:17.82		37.48	300m: 3:31.54	36.67	400m: 4:41.96
								37.11
								33.31
2.	SILVA, Bruno Miguel	M	103826	96	Porto/Império Bonança	4:47.26	436	
	50m: 23.77		150m: 1:43.76		36.41	250m: 2:57.72	37.28	350m: 4:11.68
	100m: 1:07.35		200m: 2:20.44		36.68	300m: 3:34.49	36.77	400m: 4:47.26
								37.19
								35.58
3.	ROCHA, Andre Filipe	M	103625	96	Leixões Sport Clube	4:51.84	416	
	50m: 32.21		150m: 1:45.04		36.81	250m: 2:59.84	37.62	350m: 4:15.52
	100m: 1:08.23		200m: 2:22.22		37.18	300m: 3:37.71	37.87	400m: 4:51.84
								37.81
								36.32
4.	SANTOS, Joao Pedro	M	101954	96	Porto/Império Bonança	4:56.98	395	
	50m: 32.29		150m: 1:47.13		37.62	250m: 3:02.85	38.69	350m: 4:20.12
	100m: 1:09.51		200m: 2:24.16		37.03	300m: 3:41.38	38.53	400m: 4:56.98
								38.74
								36.86
5.	CRUZ, Miguel Angelo	M	101976	96	Gesp	4:59.14	386	
	50m: 34.23		150m: 1:48.92		37.30	250m: 3:05.09	38.12	350m: 4:21.88
	100m: 1:11.62		200m: 2:26.97		38.05	300m: 3:42.75	37.66	400m: 4:59.14
								39.13
								37.26
6.	TEIXEIRA, Jose Carlos	M	102982	96	Foca-Clube De Natação De Felgu	5:02.72	373	
	50m: 34.13		150m: 1:50.95		39.01	250m: 3:08.73	38.65	350m: 4:26.09
	100m: 1:11.94		200m: 2:30.08		39.13	300m: 3:48.03	39.30	400m: 5:02.72
								38.06
								36.63
7.	COELHO, Jose Rui	M	111414	96	Lousada	5:04.63	366	
	50m: 32.85		150m: 1:49.76		39.05	250m: 3:08.22	39.36	350m: 4:26.67
	100m: 1:10.71		200m: 2:28.86		39.10	300m: 3:47.75	39.53	400m: 5:04.63
								38.92
								37.96
8.	OLIVEIRA, Antonio Pedro	M	102671	96	Assoc. Desportiva de Fafe	5:05.64	362	
	50m: 31.80		150m: 1:47.30		38.67	250m: 3:06.75	39.37	350m: 4:28.47
	100m: 1:08.63		200m: 2:27.38		40.08	300m: 3:47.23	40.48	400m: 5:05.64
								41.24
								37.17
9.	SANTOS, Gil Silva	M	101950	96	Gesp	5:05.76	362	
	50m: 34.67		150m: 1:53.15		39.53	250m: 3:11.24	38.97	350m: 4:29.06
	100m: 1:13.62		200m: 2:32.27		39.12	300m: 3:50.20	38.96	400m: 5:05.76
								38.86
								36.70
10.	RODRIGUES, Francisco Carvalho	M	102981	96	Foca-Clube De Natação De Felgu	5:05.94	361	
	50m: 33.72		150m: 1:49.31		38.55	250m: 3:07.66	39.51	350m: 4:27.12
	100m: 1:10.76		200m: 2:28.15		38.84	300m: 3:47.33	39.67	400m: 5:05.94
								39.79
								38.82
11.	OLIVEIRA, Francisco Jose	M	102549	96	Assoc. Desportiva de Fafe	5:06.41	359	
	50m: 33.16		150m: 1:48.90		38.69	250m: 3:07.38	39.13	350m: 4:27.33
	100m: 1:10.21		200m: 2:28.25		39.35	300m: 3:46.96	39.58	400m: 5:06.41
								40.37
								39.08
12.	OLIVEIRA, Andre Coelho	M	103443	96	Vitória Sport Clube	5:06.68	358	
	50m: 34.93		150m: 1:52.00		39.35	250m: 3:11.99	39.73	350m: 4:30.41
	100m: 1:12.65		200m: 2:32.26		40.26	300m: 3:51.35	39.36	400m: 5:06.68
								39.06
								36.27
13.	RODRIGUES, Francisco Abrunhosa	M	105264	96	Maia/Real Seguros	5:07.54	355	
	50m: 34.37		150m: 1:52.26		39.52	250m: 3:11.04	38.98	350m: 4:30.36
	100m: 1:12.74		200m: 2:32.06		39.80	300m: 3:50.53	39.49	400m: 5:07.54
								39.83
								37.18
14.	NETO, Bruno Campos	M	105773	96	Gesp	5:09.13	350	
	50m: 32.77		150m: 1:49.22		38.99	250m: 3:07.91	39.16	350m: 4:29.18
	100m: 1:10.23		200m: 2:28.75		39.53	300m: 3:48.34	40.43	400m: 5:09.13
								40.84
								39.95
15.	REIS, Tiago Lopes	M	102556	96	Porto/Império Bonança	5:11.18	343	
	50m: 33.48		150m: 1:51.22		39.58	250m: 3:12.04	40.71	350m: 4:32.11
	100m: 1:11.64		200m: 2:31.33		40.11	300m: 3:52.13	40.09	400m: 5:11.18
								39.98
								39.07
16.	ROCHA, Pedro Manuel	M	102579	96	Grupo Desportivo Natacao V. N.	5:12.05	340	
	50m: 33.88		150m: 1:53.73		39.84	250m: 3:14.18	40.22	350m: 4:34.19
	100m: 1:13.89		200m: 2:33.96		40.23	300m: 3:54.23	40.05	400m: 5:12.05
								39.96
								37.86
17.	REIS, Artur Jose	M	23369	96	Porto/Império Bonança	5:13.64	335	
	50m: 33.49		150m: 1:52.37		40.43	250m: 3:13.53	40.87	350m: 4:34.79
	100m: 1:11.94		200m: 2:32.66		40.29	300m: 3:54.07	40.54	400m: 5:13.64
								38.85
18.	BARBOSA, Nuno Duarte	M	102929	96	Leixões Sport Clube	5:14.02	334	
	50m: 36.08		150m: 1:55.57		40.28	250m: 3:17.88	41.60	350m: 4:38.19
	100m: 1:15.29		200m: 2:36.28		40.71	300m: 3:59.77	41.89	400m: 5:14.02
								38.42
								35.83
19.	MOREIRA, Manuel Anselmo	M	103441	96	Vitória Sport Clube	5:14.10	334	
	50m: 35.12		150m: 1:53.40		39.65	250m: 3:14.57	40.75	350m: 4:35.16
	100m: 1:13.75		200m: 2:33.82		40.42	300m: 3:54.93	40.36	400m: 5:14.10
								40.23
								38.94
20.	SOUSA, Carlos Miguel	M	103043	96	Foca-Clube De Natação De Felgu	5:14.19	333	
	50m: 35.33		150m: 1:53.15		39.75	250m: 3:13.00	39.67	350m: 4:34.78
	100m: 1:13.40		200m: 2:33.33		40.18	300m: 3:53.49	40.49	400m: 5:14.19
								41.29
								39.41
21.	FARIA, Pedro Miguel	M	104045	96	Porto/Império Bonança	5:15.68	329	
	50m: 35.24		150m: 1:53.11		39.68	250m: 3:13.68	40.54	350m: 4:36.43
	100m: 1:13.43		200m: 2:33.14		40.03	300m: 3:54.64	40.96	400m: 5:15.68
								41.79
								39.25
22.	MACHADO, Joao Pedro	M	103444	96	Vitória Sport Clube	5:16.39	326	
	50m: 35.89		150m: 1:55.01		39.88	250m: 3:15.38	40.17	350m: 4:37.34
	100m: 1:15.13		200m: 2:35.21		40.20	300m: 3:55.94	40.56	400m: 5:16.39
								41.40
								39.05
23.	AGUEDA, Ricardo Santos	M	20061	96	Valongo	5:16.50	326	
	50m: 34.60		150m: 1:52.70		39.86	250m: 3:13.90	40.70	350m: 4:36.11
	100m: 1:12.84		200m: 2:33.20		40.50	300m: 3:55.15	41.25	400m: 5:16.50
								40.96
								40.39
24.	FIGUEIREDO, Leonardo Cardoso	M	105612	96	Maia/Real Seguros	5:17.84	322	
	50m: 34.95		150m: 1:55.13		40.62	250m: 3:17.05	42.03	350m: 4:39.34
	100m: 1:14.51		200m: 2:35.02		39.89	300m: 3:58.48	41.43	400m: 5:17.84
								40.86
								38.50
25.	GOMES, Diogo Henrique	M	20316	96	Porto/Império Bonança	5:21.43	311	
	50m: 35.94		150m: 1:55.09		40.48	250m: 3:16.37	40.78	350m: 4:40.69
	100m: 1:14.61		200m: 2:35.59		40.50	300m: 3:58.08	41.71	400m: 5:21.43
								42.61
								40.74
26.	CRUZ, Rui Miguel	M	104516	96	Maia/Real Seguros	5:22.00	310	
	50m: 35.79		150m: 1:55.93		40.25	250m: 3:18.53	41.34	350m: 4:42.62
	100m: 1:15.68		200m: 2:37.19		41.26	300m: 4:00.46	41.93	400m: 5:22.00
								42.16
								39.38

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Prova 2, Masc., 400m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
55.	OLIVEIRA, Ricardo Jose	M	103710	96	Clube Fluvial Portuense	6:13.56	198	
	50m: 38.52		150m: 2:12.73		47.99	250m: 3:50.20	48.64	350m: 5:27.18
	100m: 1:24.74		200m: 3:01.56		48.83	300m: 4:38.55	48.35	400m: 6:13.56
56.	PINTO, Nuno Batista	M	111302	96	Colégio Liceal de Santa Maria de Lamas	6:42.98	158	
	50m: 44.46		150m: 2:26.06		50.98	250m: 4:10.40	52.27	350m: 5:55.21
	100m: 1:35.08		200m: 3:18.13		52.07	300m: 5:02.91	52.51	400m: 6:42.98
57.	CARVALHO, David Jose	M	110641	96	Colégio Liceal de Santa Maria de Lamas	7:05.80	134	
	50m: 44.44		150m: 2:32.47		55.62	250m: 4:23.44	55.80	350m: 6:12.94
	100m: 1:36.85		200m: 3:27.64		55.17	300m: 5:17.85	54.41	400m: 7:05.80
58.	SA, Joao Carlos	M	111665	96	Resende	7:08.83	131	
	50m: 45.51		150m: 2:34.45		56.03	250m: 4:23.98	54.19	350m: 6:08.13
	100m: 1:38.42		200m: 3:29.79		55.34	300m: 5:18.22	54.24	400m: 7:08.83
DSQ	FERNANDES, Francisco Novais	M	107823	96	Vitória Sport Clube			
	<i>Falsa Partida</i>							
DSQ	MAGALHAES, Daniel Fernando	M	103950	96	Colégio Liceal de Santa Maria de Lamas			
	<i>Falsa Partida</i>							

Infantis A

1.	SILVA, Tomas Correia	M	23367	95	Clube Fluvial Portuense	4:25.81	551	
	50m: 30.76		150m: 1:37.08		33.60	250m: 2:44.43	33.69	350m: 3:52.10
	100m: 1:03.48		200m: 2:10.74		33.66	300m: 3:18.13	33.70	400m: 4:25.81
2.	MAGALHAES, Cesar Filipe	M	15473	95	Foca-Clube De Nataçao De Felgu	4:29.99	525	
	50m: 31.14		150m: 1:38.42		34.21	250m: 2:46.85	34.31	350m: 3:56.07
	100m: 1:04.21		200m: 2:12.54		34.12	300m: 3:21.58	34.73	400m: 4:29.99
3.	NOGUEIRA, Luis Alberto	M	22543	95	Gesp	4:32.62	510	
	50m: 30.97		150m: 1:38.47		34.21	250m: 2:47.62	34.52	350m: 3:57.96
	100m: 1:04.26		200m: 2:13.10		34.63	300m: 3:22.75	35.13	400m: 4:32.62
4.	FERNANDES, Luis Manuel	M	102453	95	Grupo Desportivo Natacao V. N.	4:34.73	499	
	50m: 30.50		150m: 1:38.74		35.02	250m: 2:49.59	35.32	350m: 4:00.11
	100m: 1:03.72		200m: 2:14.27		35.53	300m: 3:24.98	35.39	400m: 4:34.73
5.	DOMINGUES, Renato Almeida	M	102987	95	Foca-Clube De Nataçao De Felgu	4:39.35	474	
	50m: 30.89		150m: 1:39.69		34.55	250m: 2:51.31	36.00	350m: 4:04.05
	100m: 1:05.14		200m: 2:15.31		35.62	300m: 3:27.77	36.46	400m: 4:39.35
6.	VALENTE, Bernardo Manuel	M	23497	95	Clube Fluvial Portuense	4:39.87	472	
	50m: 31.36		150m: 1:40.65		35.06	250m: 2:51.69	35.96	350m: 4:04.33
	100m: 1:05.59		200m: 2:15.73		35.08	300m: 3:28.06	36.37	400m: 4:39.87
7.	REIS, Sebastiao Jose	M	102497	95	Leixões Sport Clube	4:42.35	459	
	50m: 32.59		150m: 1:43.92		36.15	250m: 2:56.67	36.31	350m: 4:08.89
	100m: 1:07.77		200m: 2:20.36		36.44	300m: 3:32.89	36.22	400m: 4:42.35
8.	DURO, Joao Paulo	M	15448	95	Leixões Sport Clube	4:42.53	458	
	50m: 32.38		150m: 1:43.31		35.89	250m: 2:55.88	36.47	350m: 4:08.87
	100m: 1:07.42		200m: 2:19.41		36.10	300m: 3:32.44	36.56	400m: 4:42.53
9.	COELHO, Tiago Sobral	M	20393	95	Ginásio Santo Tirso	4:44.27	450	
	50m: 31.91		150m: 1:42.54		35.98	250m: 2:56.26	36.91	350m: 4:10.82
	100m: 1:06.56		200m: 2:19.35		36.81	300m: 3:33.61	37.35	400m: 4:44.27
10.	ABREU, Joao Nuno	M	103432	95	Vitória Sport Clube	4:45.74	443	
	50m: 30.57		150m: 1:41.75		36.08	250m: 2:55.83	38.09	350m: 4:09.75
	100m: 1:05.67		200m: 2:17.74		35.99	300m: 3:32.44	36.61	400m: 4:45.74
11.	APARICIO, Diogo Sequeira	M	102390	95	Porto/Império Bonança	4:45.99	442	
	50m: 32.10		150m: 1:43.37		36.40	250m: 2:56.71	36.82	350m: 4:10.45
	100m: 1:06.97		200m: 2:19.89		36.52	300m: 3:33.61	36.90	400m: 4:45.99
12.	ALMEIDA, Luis Miguel	M	15370	95	Foca-Clube De Nataçao De Felgu	4:47.67	434	
	50m: 31.83		150m: 1:42.12		35.76	250m: 2:55.33	36.75	350m: 4:11.02
	100m: 1:06.36		200m: 2:18.58		36.46	300m: 3:32.92	37.59	400m: 4:47.67
13.	SILVA, Bruno Miguel	M	102558	95	Clube Fluvial Portuense	4:48.88	429	
	50m: 32.20		150m: 1:44.04		36.31	250m: 2:57.48	36.80	350m: 4:12.57
	100m: 1:07.73		200m: 2:20.68		36.64	300m: 3:34.85	37.37	400m: 4:48.88
14.	ANTUNES, Jose Pedro	M	102588	95	Grupo Desportivo Natacao V. N.	4:49.44	426	
	50m: 33.68		150m: 1:47.36		36.94	250m: 3:00.99	36.70	350m: 4:14.26
	100m: 1:10.42		200m: 2:24.29		36.93	300m: 3:37.72	36.73	400m: 4:49.44
15.	BESSA, Pedro Maria	M	18656	95	Porto/Império Bonança	4:50.95	420	
	50m: 33.26		150m: 1:47.02		37.48	250m: 3:01.47	37.01	350m: 4:15.61
	100m: 1:09.54		200m: 2:24.46		37.44	300m: 3:38.83	37.36	400m: 4:50.95
16.	BARROSO, Joao Pedro	M	20392	95	Ginásio Santo Tirso	4:51.79	416	
	50m: 30.97		150m: 1:43.79		37.13	250m: 2:58.77	37.79	350m: 4:16.07
	100m: 1:06.66		200m: 2:20.98		37.19	300m: 3:36.85	38.08	400m: 4:51.79
17.	SOUSA, Frederico Renato	M	105734	95	Gesp	4:52.14	415	
	50m: 32.53		150m: 1:46.10		37.27	250m: 3:01.44	37.56	350m: 4:16.80
	100m: 1:08.83		200m: 2:23.88		37.78	300m: 3:38.76	37.32	400m: 4:52.14
18.	LOPES, Luis Miguel	M	102984	95	Foca-Clube De Nataçao De Felgu	4:52.38	414	
	50m: 32.50		150m: 1:46.12		37.77	250m: 3:00.92	37.34	350m: 4:15.97
	100m: 1:08.35		200m: 2:23.58		37.46	300m: 3:38.50	37.58	400m: 4:52.38
19.	COSTA, Carlos Cunha	M	102610	95	Assoc. Desportiva de Fafe	4:52.41	414	
	50m: 33.58		150m: 1:46.76		36.44	250m: 3:01.09	36.38	350m: 4:16.41
	100m: 1:10.32		200m: 2:24.71		37.95	300m: 3:38.51	37.42	400m: 4:52.41
20.	VIEIRA, Daniel Costa	M	102412	95	Porto/Império Bonança	4:53.15	410	
	50m: 32.39		150m: 1:46.12		37.52	250m: 3:02.21	38.11	350m: 4:16.82
	100m: 1:08.60		200m: 2:24.10		37.98	300m: 3:39.54	37.33	400m: 4:53.15
21.	GOMES, Joao Marcelo	M	102025	95	Porto/Império Bonança	4:53.98	407	
	50m: 33.14		150m: 1:46.85		37.20	250m: 3:02.10	37.47	350m: 4:17.76
	100m: 1:09.65		200m: 2:24.63		37.78	300m: 3:39.67	37.57	400m: 4:53.98

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Prova 2, Masc., 400m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
22.	SILVA, Paulo Andre 50m: 31.14 31.14 100m: 1:07.47 36.33	M	104517	95	Maia/Real Seguros 37.99 250m: 3:02.29 37.99 38.84 300m: 3:40.46 38.17	350m: 4:18.92 38.46 400m: 4:55.32 36.40	401	
23.	LAUREANO, Daniel Rento 50m: 35.59 35.59 100m: 1:14.14 38.55	M	103707	95	Clube Fluvial Portuense 38.00 250m: 3:07.52 37.54 37.84 300m: 3:44.42 36.90	350m: 4:22.31 37.89 400m: 4:58.52 36.21	389	
24.	FERREIRA, Artur Manuel 50m: 33.28 33.28 100m: 1:10.70 37.42	M	101981	95	Porto/Império Bonança 38.46 250m: 3:05.56 38.21 38.19 300m: 3:43.44 37.88	350m: 4:21.51 38.07 400m: 4:59.19 37.68	386	
25.	SOUSA, Rui Filipe 50m: 33.44 33.44 100m: 1:11.07 37.63	M	103092	95	Lousada 38.22 250m: 3:07.45 39.48 38.68 300m: 3:45.65 38.20	350m: 4:24.68 39.03 400m: 4:59.98 35.30	383	
26.	BRANCO, Bernardo Aguiar 50m: 31.74 31.74 100m: 1:07.24 35.50	M	103121	95	Porto/Império Bonança 37.17 250m: 3:02.64 39.64 38.59 300m: 3:42.66 40.02	350m: 4:22.85 40.19 400m: 5:02.77 39.92	373	
27.	MARTINS, Nuno Goncalo 50m: 32.18 32.18 100m: 1:08.71 36.53	M	102675	95	Grupo Desportivo Natacao V. N. 37.52 250m: 3:05.29 39.78 39.28 300m: 3:45.65 40.36	350m: 4:27.00 41.35 400m: 5:06.93 39.93	358	
28.	NEVES, Jorge Miguel 50m: 33.64 33.64 100m: 1:11.02 37.38	M	102655	95	Leixões Sport Clube 39.25 250m: 3:10.37 39.93 40.17 300m: 3:51.43 41.06	350m: 4:31.68 40.25 400m: 5:08.44 36.76	352	
29.	VASCONCELOS, Renato Pinto 50m: 33.66 33.66 100m: 1:11.43 37.77	M	102026	95	Individual Norte de Portugal 38.92 250m: 3:09.76 40.42 38.99 300m: 3:49.11 39.35	350m: 4:29.32 40.21 400m: 5:09.06 39.74	350	
30.	FREITAS, Jose Miguel 50m: 34.28 34.28 100m: 1:11.94 37.66	M	103709	95	Clube Fluvial Portuense 39.23 250m: 3:10.61 39.87 39.57 300m: 3:50.80 40.19	350m: 4:30.58 39.78 400m: 5:10.29 39.71	346	
31.	VIEIRA, Bernardo Oliveira 50m: 35.84 35.84 100m: 1:14.27 38.43	M	23399	95	Clube Fluvial Portuense 39.55 250m: 3:13.26 39.82 39.62 300m: 3:53.39 40.13	350m: 4:33.33 39.94 400m: 5:11.37 38.04	342	
32.	ARAUJO, Tiago Andre 50m: 36.84 36.84 100m: 1:17.51 40.67	M	105931	95	Leixões Sport Clube 41.04 250m: 3:20.27 40.72 41.00 300m: 4:01.04 40.77	350m: 4:41.38 40.34 400m: 5:20.81 39.43	313	
33.	MACHADO, Alexandre Paiva 50m: 35.92 35.92 100m: 1:15.55 39.63	M	102595	95	Grupo Desportivo Natacao V. N. 41.13 250m: 3:20.24 42.41 41.15 300m: 4:02.65 42.41	350m: 4:44.94 42.29 400m: 5:24.31 39.37	303	
34.	MENESES, Miguel Goncalves 50m: 35.68 35.68 100m: 1:16.61 40.93	M	102239	95	Vitória Sport Clube 41.37 250m: 3:22.17 42.12 42.07 300m: 4:04.41 42.24	350m: 4:43.33 38.92 400m: 5:24.35 41.02	303	
35.	SANTOS, Andre Sampaio 50m: 35.77 35.77 100m: 1:16.76 40.99	M	103267	95	Porto/Império Bonança 41.94 250m: 3:22.63 41.98 41.95 300m: 4:04.79 42.16	350m: 4:46.87 42.08 400m: 5:27.21 40.34	295	
36.	CALDEIRA, Tiago Lima 50m: 34.25 34.25 100m: 1:14.17 39.92	M	102037	95	Porto/Império Bonança 42.93 250m: 3:23.58 42.99 43.49 300m: 4:07.55 43.97	350m: 4:49.17 41.62 400m: 5:32.43 43.26	281	
37.	BANDEIRA, Rui Pedro 50m: 35.85 35.85 100m: 1:16.50 40.65	M	24291	95	Maia/Real Seguros 42.69 250m: 3:24.66 42.32 43.15 300m: 4:07.70 43.04	350m: 4:52.00 44.30 400m: 5:33.08 41.08	280	
38.	BRITO, Ilidio Junio 50m: 35.87 35.87 100m: 1:19.18 43.31	M	105565	95	SSCMP/RM 45.17 250m: 3:33.45 41.61 47.49 300m: 4:17.12 43.67	350m: 5:02.10 44.98 400m: 5:43.01 40.91	256	
39.	LOPES, Joao Fernando 50m: 36.60 36.60 100m: 1:18.40 41.80	M	104049	95	Assoc. Desportiva de Penafiel 47.58 250m: 3:33.57 42.31 45.28 300m: 4:18.55 44.98	350m: 5:00.58 42.03 400m: 5:43.76 43.18	255	
40.	FERREIRA, Jose Francisco 50m: 37.92 37.92 100m: 1:22.02 44.10	M	104213	95	Assoc. Desportiva de Penafiel 44.49 250m: 3:35.66 45.06 44.09 300m: 4:19.83 44.17	350m: 5:06.37 46.54 400m: 5:46.63 40.26	248	
41.	COSTA, Joao Paulo 50m: 37.75 37.75 100m: 1:19.93 42.18	M	111329	95	SSCMP/RM 43.70 250m: 3:32.89 44.08 45.18 300m: 4:18.53 45.64	350m: 5:04.30 45.77 400m: 5:47.51 43.21	246	
42.	FERREIRA, Joao Pedro 50m: 41.03 41.03 100m: 1:26.89 45.86	M	111411	95	Maia/Real Seguros 47.58 250m: 3:50.04 48.31 47.26 300m: 4:38.15 48.11	350m: 5:26.37 48.22 400m: 6:10.60 44.23	203	
43.	MARTINS, Marcio Phillip 50m: 39.39 39.39 100m: 1:26.27 46.88	M	111328	95	SSCMP/RM 48.63 250m: 3:51.74 48.45 48.39 300m: 4:40.60 48.86	350m: 5:30.79 50.19 400m: 6:18.54 47.75	191	
44.	PINTO, Goncalo Pereira 50m: 41.37 41.37 100m: 1:31.54 50.17	M	111130	95	Resende 52.07 250m: 4:10.37 54.06 52.70 300m: 5:04.03 53.66	350m: 5:56.83 52.80 400m: 6:39.13 42.30	163	
45.	PINTO, Joao Pedro 50m: 45.53 45.53 100m: 1:38.02 52.49	M	111129	95	Resende 55.08 250m: 4:20.26 53.99 53.17 300m: 5:14.35 54.09	350m: 6:07.01 52.66 400m: 6:55.32 48.31	144	
46.	PEREIRA, Joao Pedro 50m: 49.01 49.01 100m: 1:45.39 56.38	M	111664	95	Resende 59.38 250m: 4:48.88 1:02.58 1:01.53 300m: 5:51.36 1:02.48	350m: 6:50.73 59.37 400m: 7:46.73 56.00	102	