

Campeonatos Regionais Absolutos P.C.
Pacos de Ferreira, 20. - 22.11.2009

Prova 11
20-11-2009 - 18:25

Femin., 200m Bruços
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Absolutos
Resultados

Recorde Nacional Absoluto	2:26.02	GOMES Diana Duarte	FPN	Stockholm (SWE)	11-10-2009
Recorde Nacional Junior	2:29.56	SANTOS Ana Rita	FPN	Dublin (IRL)	13-12-2003
Recorde Nacional Sénior	2:26.02	GOMES Diana Duarte	FPN	Stockholm (SWE)	11-10-2009

Pontos: FINA 2009

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	CARVALHO Joana Catarina	F	15228	92	Porto/Dolce Vita	2:43.16	617	
	50m: 35.71 35.71				100m: 1:16.33 40.62 150m: 1:59.17 42.84 200m: 2:43.16 43.99			
2.	MAIA Joana Marques	F	25067	91	CNMaia	2:43.20	616	
	50m: 37.06 37.06				100m: 1:18.67 41.61 150m: 2:00.99 42.32 200m: 2:43.20 42.21			
3.	ROCHA Diana Ramos	F	14372	94	Vilacondense	2:44.56	601	
	50m: 37.47 37.47				100m: 1:18.85 41.38 150m: 2:01.54 42.69 200m: 2:44.56 43.02			
4.	ALMEIDA Mariana Dias	F	22405	93	Famalicão	2:44.69	600	
	50m: 36.93 36.93				100m: 1:17.99 41.06 150m: 2:00.23 42.24 200m: 2:44.69 44.46			
5.	LOPES Mariana Vieira	F	25879	89	Leixões Sport Clube	2:46.54	580	
	50m: 38.26 38.26				100m: 1:20.18 41.92 150m: 2:03.74 43.56 200m: 2:46.54 42.80			
6.	MARQUES Catarina Isabel	F	15618	94	Famalicão	2:51.18	534	
	50m: 38.31 38.31				100m: 1:21.31 43.00 150m: 2:06.30 44.99 200m: 2:51.18 44.88			
7.	RAMOS Gisela Filipa	F	24187	93	Vilacondense	2:51.92	527	
	50m: 38.32 38.32				100m: 1:22.79 44.47 150m: 2:06.78 43.99 200m: 2:51.92 45.14			
8.	SANTOS Joana Filipa	F	24081	93	Vitória Sport Clube	2:54.51	504	
	50m: 38.94 38.94				100m: 1:23.48 44.54 150m: 2:09.46 45.98 200m: 2:54.51 45.05			
9.	FERREIRA Ines Sofia	F	15355	95	Gespacos	2:55.35	497	
	50m: 41.16 41.16				100m: 1:26.12 44.96 150m: 2:10.81 44.69 200m: 2:55.35 44.54			
10.	SILVA Catia Marisa	F	23319	91	Valongo	2:58.45	471	
	50m: 39.45 39.45				100m: 1:24.80 45.35 150m: 2:11.63 46.83 200m: 2:58.45 46.82			
11.	FERNANDES Patricia Cristina	F	23496	94	Gespacos	2:59.40	464	
	50m: 41.97 41.97				100m: 1:27.13 45.16 150m: 2:14.14 47.01 200m: 2:59.40 45.26			
12.	ALVES Ana Vitoria	F	25096	88	Gespacos	2:59.49	463	
	50m: 39.77 39.77				100m: 1:25.23 45.46 150m: 2:12.09 46.86 200m: 2:59.49 47.40			
13.	TEIXEIRA Ana Catarina	F	18137	95	Felgueiras	3:05.33	421	
	50m: 41.89 41.89				100m: 1:29.02 47.13 150m: 2:17.16 48.14 200m: 3:05.33 48.17			
14.	SOARES Ana Sofia	F	23126	94	Vitória Sport Clube	3:06.05	416	
	50m: 41.57 41.57				100m: 1:28.29 46.72 150m: 2:16.41 48.12 200m: 3:06.05 49.64			
15.	ALVES Maria Ines	F	23102	94	Vitória Sport Clube	3:08.82	398	
	50m: 43.26 43.26				100m: 1:30.37 47.11 150m: 2:18.89 48.52 200m: 3:08.82 49.93			
16.	CONCEICAO Ines Sofia	F	104711	95	Paredes/Rota dos Moveis	3:15.70	357	
	50m: 44.82 44.82				100m: 1:35.10 50.28 150m: 2:25.94 50.84 200m: 3:15.70 49.76			
17.	PINTO Sara Jose	F	18118	95	Ginásio Santo Tirso	3:19.62	337	
	50m: 44.69 44.69				100m: 1:35.69 51.00 150m: 2:27.73 52.04 200m: 3:19.62 51.89			
18.	NETO Ana Catarina	F	105610	95	CPN	3:19.66	337	
	50m: 43.43 43.43				100m: 1:34.85 51.42 150m: 2:27.64 52.79 200m: 3:19.66 52.02			
19.	GUEDES Rita Alexandra	F	109572	94	CPN	3:21.72	326	
	50m: 45.24 45.24				100m: 1:37.05 51.81 150m: 2:29.93 52.88 200m: 3:21.72 51.79			
20.	PACHECO Andreia Sofia	F	102563	95	CPN	3:33.28	276	
	50m: 48.73 48.73				100m: 1:42.19 53.46 150m: 2:37.98 55.79 200m: 3:33.28 55.30			
21.	LOUREIRO Catarina Santana	F	110321	94	Paredes/Rota dos Moveis	3:33.88	274	
	50m: 46.24 46.24				100m: 1:39.41 53.17 150m: 2:36.15 56.74 200m: 3:33.88 57.73			
22.	OLIVEIRA Joana Henriques	F	118030	93	CPN	3:47.37	228	
	50m: 47.93 47.93				100m: 1:47.59 59.66 150m: 2:47.21 59.62 200m: 3:47.37 1:00.16			
DSQ	MONTEIRO Ana Rita	F	102682	95	CPN			DSQ
	<i>A atleta, na viragem aos 50m efectuou batimento alternado de mãos na parede.</i>							
DSQ	PINTO Maria Clara	F	104713	95	Paredes/Rota dos Moveis			DSQ
	<i>A atleta, efectuou a viragem com batimento alternado de mãos na parede aso 75m e 125m</i>							
DNS	JORDAO Marta Isabel	F	15630	91	Famalicão			DNS
DNS	FERREIRA Maria Beatriz	F	24133	95	Clube Fluvial Portuense			DNS