

Campeonatos Regionais Absolutos P.C.  
Pacos de Ferreira, 20. - 22.11.2009

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Masc., 100m Costas  
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Absolutos  
Resultados

Recorde Nacional Absoluto	53.04	LAURENTINO Nuno Filipe	FPN	Moscovo (RUS)	03-04-2002
Recorde Nacional Junior	55.55	NIZ Adriano Miguel	CFV	Corunha (ESP)	18-04-2004
Recorde Nacional Sénior	53.04	LAURENTINO Nuno Filipe	FPN	Moscovo (RUS)	03-04-2002

Pontos: FINA 2009

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	PEREIRA Fabio Manuel 50m: 27.63 27.63	M	23049	86	Vilacondense 100m: 56.60 28.97	<b>56.60</b>	687	
2.	COSTA Mario Joao 50m: 28.48 28.48	M	15622	90	Famalicão 100m: 58.41 29.93	<b>58.41</b>	625	
3.	FERNANDES Joao Filipe 50m: 29.11 29.11	M	15222	93	Famalicão 100m: 59.81 30.70	<b>59.81</b>	582	
4.	PINTO Gil Goncalves 50m: 29.90 29.90	M	26051	88	Porto/Dolce Vita 100m: 1:00.67 30.77	<b>1:00.67</b>	558	
5.	PINTO Joao Filipe 50m: 30.21 30.21	M	15899	91	Vilacondense 100m: 1:01.03 30.82	<b>1:01.03</b>	548	
6.	RODRIGUES Mario Jorge 50m: 29.97 29.97	M	23050	88	Vilacondense 100m: 1:01.37 31.40	<b>1:01.37</b>	539	
7.	ROCHA Joao Miguel 50m: 30.47 30.47	M	23414	93	Famalicão 100m: 1:03.26 32.79	<b>1:03.26</b>	492	
8.	FERNANDES Christophe Pereira 50m: 31.58 31.58	M	15955	91	Vitória Sport Clube 100m: 1:03.86 32.28	<b>1:03.86</b>	479	
9.	MACHADO Danilo Ismael 50m: 31.22 31.22	M	23991	92	Porto/Dolce Vita 100m: 1:03.87 32.65	<b>1:03.87</b>	478	
10.	COSTA Rui Filipe 50m: 31.22 31.22	M	24004	91	Vitória Sport Clube 100m: 1:04.05 32.83	<b>1:04.05</b>	474	
11.	SANTOS Dario Almeida 50m: 31.15 31.15	M	22520	93	Leixões Sport Clube 100m: 1:04.06 32.91	<b>1:04.06</b>	474	
12.	OLIVEIRA Alvaro Miguel 50m: 31.19 31.19	M	23984	93	Porto/Dolce Vita 100m: 1:04.17 32.98	<b>1:04.17</b>	472	
13.	MOREIRA Joao Carlos 50m: 31.00 31.00	M	24216	93	Lousada 100m: 1:05.20 34.20	<b>1:05.20</b>	450	
14.	NOSSA Vasco Antonio 50m: 31.72 31.72	M	103081	93	Penafiel 100m: 1:05.50 33.78	<b>1:05.50</b>	443	
15.	PINTO Diogo Andre 50m: 31.79 31.79	M	15901	90	CNMaia 100m: 1:05.72 33.93	<b>1:05.72</b>	439	
16.	LEAL Alexandre Jose 50m: 32.88 32.88	M	24113	92	Vilacondense 100m: 1:07.05 34.17	<b>1:07.05</b>	413	
17.	FERREIRA Carlos Antonio 50m: 34.72 34.72	M	15912	91	Penafiel 100m: 1:10.65 35.93	<b>1:10.65</b>	353	
18.	LOPES Pedro David 50m: 34.90 34.90	M	20554	93	Lousada 100m: 1:12.54 37.64	<b>1:12.54</b>	326	
19.	MADUREIRA Fabio Andre 50m: 35.85 35.85	M	15910	90	Penafiel 100m: 1:12.93 37.08	<b>1:12.93</b>	321	
20.	SANTOS Bruno Miguel 50m: 34.73 34.73	M	102648	91	CPN 100m: 1:13.22 38.49	<b>1:13.22</b>	317	
21.	SEVERINO Fabio Jose 50m: 37.81 37.81	M	111128	91	Resende 100m: 1:18.38 40.57	<b>1:18.38</b>	259	
22.	RABACA Joao Rafael 50m: 41.77 41.77	M	111662	93	Resende 100m: 1:24.77 43.00	<b>1:24.77</b>	205	