

Póvoa de Varzim, 06 - 07.02.2010
www.annp.pt/povoameeting10/

Prova 36	Femin., 800m Livres				Absolutos
07-02-2010 - 12:50	Copidouro - Cópias e Artigos de Reprografia				Resultados
Recorde Nacional Absoluto	8:57.14	FERREIRA, Marta Andreia	FPN	Berlim (GER)	31-07-2002
Recorde Nacional Sénior	8:58.41	FERREIRA, Marta Andreia	FPN	Barcelona (ESP)	25-07-2003
Recorde Nacional Júnior	8:57.14	FERREIRA, Marta Andreia	FPN	Berlim (GER)	31-07-2002
Recorde Nacional Juvenis	9:07.70	, tempo limite			
Recorde Nacional Infantis A	9:14.85	, tempo limite			
Recorde Nacional Infantis B	9:30.42	RUIVO, Filipa Vilas	DNMG	S. João da Madeira	25-07-2009
Recorde Meeting	8:56.08	BOLGIANI, Giulia	ITA	Póvoa de Varzim	08-02-2009

TLP ABS FEMININOS : 10:15:00

Pontos: FINA 2010

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	NEGRI, SUSANNA <i>MEETING RECORD</i>	F	LOM003	99	Nuoto Mgm Sport	8:51.99	801	
	50m: 31.51	31.51	250m: 2:46.55	33.51	450m: 5:00.65	33.05	650m: 7:13.89	33.09
	100m: 1:05.19	33.68	300m: 3:20.40	33.85	500m: 5:33.94	33.29	700m: 7:47.42	33.53
	150m: 1:39.06	33.87	350m: 3:54.02	33.62	550m: 6:07.33	33.39	750m: 8:19.92	32.50
	200m: 2:13.04	33.98	400m: 4:27.60	33.58	600m: 6:40.80	33.47	800m: 8:51.99	32.07
2.	BOLGIANI, GIULIA	F	LOM001	97	Nuoto Mgm Sport	8:58.74	771	
	50m: 31.30	31.30	250m: 2:46.77	33.71	450m: 5:01.37	33.51	650m: 7:16.01	34.32
	100m: 1:05.13	33.83	300m: 3:20.58	33.81	500m: 5:34.36	32.99	700m: 7:50.33	34.32
	150m: 1:39.00	33.87	350m: 3:54.23	33.65	550m: 6:07.89	33.53	750m: 8:24.86	34.53
	200m: 2:13.06	34.06	400m: 4:27.86	33.63	600m: 6:41.69	33.80	800m: 8:58.74	33.88
3.	VELOSO, Maria Miguel	F	10879	93	Náutico/Matobra	9:13.51	711	
	50m: 32.49	32.49	250m: 2:49.87	34.50	450m: 5:09.11	34.97	650m: 7:29.11	34.82
	100m: 1:06.59	34.10	300m: 3:24.53	34.66	500m: 5:44.11	35.00	700m: 8:04.46	35.35
	150m: 1:40.92	34.33	350m: 3:59.24	34.71	550m: 6:18.87	34.76	750m: 8:39.35	34.89
	200m: 2:15.37	34.45	400m: 4:34.14	34.90	600m: 6:54.29	35.42	800m: 9:13.51	34.16
4.	RODRIGUES, Joana Aguiar	F	15401	93	Porto/Dolce Vita	9:21.70	680	
	50m: 31.62	31.62	250m: 2:50.83	34.76	450m: 5:12.66	35.44	650m: 7:26.54	
	100m: 1:06.66	35.04	300m: 3:26.05	35.22	500m: 5:48.55	35.89	700m: 8:11.53	1:44.99
	150m: 1:41.17	34.51	350m: 4:01.60	35.55	550m: 6:24.13	35.58	750m: 8:47.14	35.61
	200m: 2:16.07	34.90	400m: 4:37.22	35.62	600m: 7:00.09	35.96	800m: 9:21.70	34.56
5.	ANDRE, Angelica Maria	F	15497	94	Leixões Sport Clube	9:24.30	671	
	50m: 31.27	31.27	250m: 2:51.62	35.73	450m: 5:14.66	36.20	650m: 7:38.90	36.28
	100m: 1:04.84	33.57	300m: 3:26.93	35.31	500m: 5:50.46	35.80	700m: 8:14.99	36.09
	150m: 1:40.12	35.28	350m: 4:02.82	35.89	550m: 6:26.56	36.10	750m: 8:51.00	36.01
	200m: 2:15.89	35.77	400m: 4:38.46	35.64	600m: 7:02.62	36.06	800m: 9:24.30	33.30
6.	SARAIVA, Marta Alexandra	F	14641	93	Uniao Piedense	9:30.35	650	
	50m: 32.01	32.01	250m: 2:54.15	35.45	450m: 5:17.72	35.63	650m: 7:42.24	35.69
	100m: 1:07.28	35.27	300m: 3:30.32	36.17	500m: 5:54.04	36.32	700m: 8:18.72	36.48
	150m: 1:42.78	35.50	350m: 4:05.88	35.56	550m: 6:30.08	36.04	750m: 8:54.69	35.97
	200m: 2:18.70	35.92	400m: 4:42.09	36.21	600m: 7:06.55	36.47	800m: 9:30.35	35.66
7.	MARINHO, Patricia Garcia	F	23004	94	Sporting Clube de Portugal	9:34.97	634	
	50m: 32.90	32.90	250m: 2:57.64	36.29	450m: 5:22.31	35.95	650m: 7:46.42	36.23
	100m: 1:08.43	35.53	300m: 3:33.72	36.18	500m: 5:58.03	35.72	700m: 8:22.96	36.54
	150m: 1:44.97	36.54	350m: 4:10.04	36.32	550m: 6:34.19	36.16	750m: 8:59.12	36.16
	200m: 2:21.25	36.28	400m: 4:46.36	36.32	600m: 7:10.19	36.00	800m: 9:34.97	35.85
8.	SAMPAIO, Ines Sofia	F	13415	94	Ac.Viseu	9:36.59	629	
	50m: 32.93	32.93	250m: 2:58.85	36.71	450m: 5:25.17	36.70	650m: 7:51.46	36.33
	100m: 1:08.87	35.94	300m: 3:35.27	36.42	500m: 6:02.09	36.92	700m: 8:27.77	36.31
	150m: 1:45.58	36.71	350m: 4:11.78	36.51	550m: 6:38.37	36.28	750m: 9:03.07	35.30
	200m: 2:22.14	36.56	400m: 4:48.47	36.69	600m: 7:15.13	36.76	800m: 9:36.59	33.52
9.	PINHEIRO, Lara Santana	F	14554	92	Clube Futebol Os Belenenses	9:36.79	628	
	50m: 32.25	32.25	250m: 2:55.89	36.49	450m: 5:21.60	36.59	650m: 7:47.96	37.02
	100m: 1:07.38	35.13	300m: 3:32.33	36.44	500m: 5:57.88	36.28	700m: 8:24.60	36.64
	150m: 1:43.37	35.99	350m: 4:08.75	36.42	550m: 6:34.58	36.70	750m: 9:01.04	36.44
	200m: 2:19.40	36.03	400m: 4:45.01	36.26	600m: 7:10.94	36.36	800m: 9:36.79	35.75
10.	DURAES, Diana Margarida	F	102992	96	Felgueiras	9:44.92	602	
	50m: 32.25	32.25	250m: 2:55.88	36.42	450m: 5:22.62	37.06	650m: 7:52.94	37.77
	100m: 1:07.28	35.03	300m: 3:32.51	36.63	500m: 6:00.11	37.49	700m: 8:30.43	37.49
	150m: 1:43.37	36.09	350m: 4:08.94	36.43	550m: 6:37.84	37.73	750m: 9:08.46	38.03
	200m: 2:19.46	36.09	400m: 4:45.56	36.62	600m: 7:15.17	37.33	800m: 9:44.92	36.46
11.	MACHADO, Florbela Cavaco	F	103916	96	ASSSCantanhedense	9:45.03	602	
	50m: 33.33	33.33	250m: 3:00.62	36.69	450m: 5:27.75	36.30	650m: 7:57.22	37.39
	100m: 1:09.92	36.59	300m: 3:37.51	36.89	500m: 6:05.08	37.33	700m: 8:34.25	37.03
	150m: 1:46.75	36.83	350m: 4:14.45	36.94	550m: 6:42.36	37.28	750m: 9:10.04	35.79
	200m: 2:23.93	37.18	400m: 4:51.45	37.00	600m: 7:19.83	37.47	800m: 9:45.03	34.99
12.	AMORIM, Maria Luis	F	102029	95	Porto/Dolce Vita	9:50.62	585	
	50m: 33.38	33.38	250m: 3:00.20	37.08	450m: 5:27.85	37.18	650m: 7:57.20	37.79
	100m: 1:09.78	36.40	300m: 3:36.70	36.50	500m: 6:04.64	36.79	700m: 8:34.76	37.56
	150m: 1:46.64	36.86	350m: 4:13.71	37.01	550m: 6:42.30	37.66	750m: 9:12.44	37.68
	200m: 2:23.12	36.48	400m: 4:50.67	36.96	600m: 7:19.41	37.11	800m: 9:50.62	38.18

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Prova 36, Femin., 800m Livres, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
13.	NEVES, Ana Isabel	F	103550	96	Pimpões/Cimai	9:52.82	578	
	50m: 33.21	33.21	250m: 3:02.68	37.50	450m: 5:34.31	37.24	650m: 8:02.60	36.42
	100m: 1:09.66	36.45	300m: 3:40.79	38.11	500m: 6:11.82	37.51	700m: 8:40.00	37.40
	150m: 1:47.20	37.54	350m: 4:18.74	37.95	550m: 6:48.96	37.14	750m: 9:16.32	36.32
	200m: 2:25.18	37.98	400m: 4:57.07	38.33	600m: 7:26.18	37.22	800m: 9:52.82	36.50
14.	VITOR, Raquel Bartolo	F	10865	93	Académica de Coimbra	9:54.04	575	
	50m: 33.38	33.38	250m: 2:59.77	37.21	450m: 5:29.42	37.45	650m: 8:01.38	37.60
	100m: 1:09.12	35.74	300m: 3:37.22	37.45	500m: 6:07.15	37.73	700m: 8:39.40	38.02
	150m: 1:45.71	36.59	350m: 4:14.53	37.31	550m: 6:45.30	38.15	750m: 9:17.12	37.72
	200m: 2:22.56	36.85	400m: 4:51.97	37.44	600m: 7:23.78	38.48	800m: 9:54.04	36.92
15.	FERNANDES, Ana Sofia	F	13191	93	Braga	9:58.19	563	
	50m: 32.39	32.39	250m: 2:57.85	37.22	450m: 5:29.65	37.96	650m: 8:03.91	38.97
	100m: 1:07.38	34.99	300m: 3:35.73	37.88	500m: 6:08.30	38.65	700m: 8:42.45	38.54
	150m: 1:43.99	36.61	350m: 4:13.74	38.01	550m: 6:46.71	38.41	750m: 9:20.95	38.50
	200m: 2:20.63	36.64	400m: 4:51.69	37.95	600m: 7:24.94	38.23	800m: 9:58.19	37.24
16.	COSTA, Ana Sofia	F	25769	95	Alcobaça	10:08.96	534	
	50m: 33.90	33.90	250m: 3:02.60	37.65	450m: 5:36.13	38.67	650m: 8:12.17	39.02
	100m: 1:10.36	36.46	300m: 3:40.91	38.31	500m: 6:15.09	38.96	700m: 8:51.23	39.06
	150m: 1:47.37	37.01	350m: 4:18.89	37.98	550m: 6:53.77	38.68	750m: 9:30.36	39.13
	200m: 2:24.95	37.58	400m: 4:57.46	38.57	600m: 7:33.15	39.38	800m: 10:08.96	38.60