

Torneio Zonal de Infantis (zona norte)
Ponte da Barca, 5. - 7.3.2010

Prova 8
06-03-2010 - 10:20

Masc., 400m Livres

Infantis
Resultados

Recorde Nacional Infantis A 4:13.24 Pedro Fontoura Oliveira CFB Reboleira 05-06-2004
Recorde Nacional Infantis B 4:21.95 Pedro Fontoura Oliveira CFB Santarém 04-04-2003

TAC Zonais 2010 Inf A: 4:53.50; Inf B: 5:05.00

Pontos: FINA 2009

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Tomas Miguel Veloso	M	10868	96	Náutico/Matobra	4:23.88	549	
	50m: 30.22 30.22		150m: 1:38.31 34.59		250m: 2:45.32 32.77	350m: 3:52.80 33.67		36.79
	100m: 1:03.72 33.50		200m: 2:12.55 34.24		300m: 3:19.13 33.81	400m: 4:23.88 31.08		
2.	Tiago Manuel Teixeira	M	102485	96	Fafe	4:26.74	532	
	50m: 30.72 30.72		150m: 1:38.21 34.40		250m: 2:45.03 32.57	350m: 3:53.17 34.21		33.57
	100m: 1:03.81 33.09		200m: 2:12.46 34.25		300m: 3:18.96 33.93	400m: 4:26.74 33.57		
3.	Jose Luis Gabriel	M	14286	96	Académico Viseu	4:31.03	507	
	50m: 30.91 30.91		150m: 1:39.35 34.33		250m: 2:48.84 34.51	350m: 3:58.55 34.62		32.48
	100m: 1:05.02 34.11		200m: 2:14.33 34.98		300m: 3:23.93 35.09	400m: 4:31.03 32.48		
4.	Jose Carlos Teixeira	M	102982	96	Foca	4:37.20	474	
	50m: 31.35 31.35		150m: 1:40.60 34.96		250m: 2:51.21 35.34	350m: 4:02.40 35.51		34.80
	100m: 1:05.64 34.29		200m: 2:15.87 35.27		300m: 3:26.89 35.68	400m: 4:37.20 34.80		
5.	Miguel Angelo Cruz	M	101976	96	Gespaços	4:37.58	472	
	50m: 31.73 31.73		150m: 1:41.20 35.31		250m: 2:51.53 35.09	350m: 4:03.35 35.65		34.23
	100m: 1:05.89 34.16		200m: 2:16.44 35.24		300m: 3:27.70 36.17	400m: 4:37.58 34.23		
6.	Miguel Prata Santos	M	101137	96	Viana Natação	4:37.66	472	
	50m: 31.03 31.03		150m: 1:40.84 35.22		250m: 2:52.17 35.61	350m: 4:03.07 35.57		34.59
	100m: 1:05.62 34.59		200m: 2:16.56 35.72		300m: 3:27.50 35.33	400m: 4:37.66 34.59		
7.	Joao Pedro Santos	M	101954	96	Porto/Dolce Vita	4:43.85	441	
	50m: 31.84 31.84		150m: 1:41.96 35.46		250m: 2:53.77 35.82	350m: 4:07.06 37.21		36.79
	100m: 1:06.50 34.66		200m: 2:17.95 35.99		300m: 3:29.85 36.08	400m: 4:43.85 36.79		
8.	Tiago Joao Meira	M	25816	96	Viana Natação	4:44.03	440	
	50m: 31.66 31.66		150m: 1:42.88 35.98		250m: 2:55.37 36.20	350m: 4:09.03 36.61		35.00
	100m: 1:06.90 35.24		200m: 2:19.17 36.29		300m: 3:32.42 37.05	400m: 4:44.03 35.00		
9.	Daniel Baptista Relvao	M	101599	96	Académica de Coimbra	4:44.39	439	
	50m: 31.95 31.95		150m: 1:43.96 36.12		250m: 2:56.94 36.06	350m: 4:10.11 36.81		34.28
	100m: 1:07.84 35.89		200m: 2:20.88 36.92		300m: 3:33.30 36.36	400m: 4:44.39 34.28		
10.	Ricardo Miguel Alves	M	101139	96	Viana Natação	4:47.18	426	
	50m: 32.02 32.02		150m: 1:43.48 35.88		250m: 2:57.61 37.20	350m: 4:11.83 37.36		35.35
	100m: 1:07.60 35.58		200m: 2:20.41 36.93		300m: 3:34.47 36.86	400m: 4:47.18 35.35		
11.	Pedro Veiguinha Martins	M	107223	96	Braga	4:48.63	420	
	50m: 31.89 31.89		150m: 1:42.88 36.02		250m: 2:57.24 37.59	350m: 4:12.08 37.54		36.55
	100m: 1:06.86 34.97		200m: 2:19.65 36.77		300m: 3:34.54 37.30	400m: 4:48.63 36.55		
12.	Mauro Filipe Maia	M	15493	96	Fluvial Portuense	4:53.14	401	
	50m: 33.08 33.08		150m: 1:46.89 37.47		250m: 3:01.31 37.57	350m: 4:16.24 37.37		36.90
	100m: 1:09.42 36.34		200m: 2:23.74 36.85		300m: 3:38.87 37.56	400m: 4:53.14 36.90		
13.	Antonio Pedro Oliveira FTL	M	102671	96	Fafe	4:57.14	385	
	50m: 32.04 32.04		150m: 1:46.64 37.95		250m: 3:03.14 37.92	350m: 4:21.81 38.63		35.33
	100m: 1:08.69 36.65		200m: 2:25.22 38.58		300m: 3:43.18 40.04	400m: 4:57.14 35.33		
14.	Guilherme Lemos Lima FTL	M	105438	96	Desportiva Limiana	5:01.69	368	
	50m: 32.20 32.20		150m: 1:46.36 37.80		250m: 3:04.93 39.10	350m: 4:24.10 39.74		37.59
	100m: 1:08.56 36.36		200m: 2:25.83 39.47		300m: 3:44.36 39.43	400m: 5:01.69 37.59		
15.	Joao Luis Pereira FTL	M	104234	96	Desportiva Limiana	5:03.24	362	
	50m: 31.85 31.85		150m: 1:46.65 38.53		250m: 3:04.92 39.10	350m: 4:24.60 40.22		38.64
	100m: 1:08.12 36.27		200m: 2:25.82 39.17		300m: 3:44.38 39.46	400m: 5:03.24 38.64		
DNS	Andre Filipe Rocha	M	103625	96	Leixões			
Infantis B								
1.	Gabriel Jose Lopes	M	14488	97	Lousanense	4:42.54	447	
	50m: 30.55 30.55		150m: 1:41.34 36.14		250m: 2:54.28 36.42	350m: 4:07.05 36.26		35.49
	100m: 1:05.20 34.65		200m: 2:17.86 36.52		300m: 3:30.79 36.51	400m: 4:42.54 35.49		
2.	Francisco Xavier Goncalves	M	26878	97	Fundação Beatriz Santos	4:43.69	442	
	50m: 30.70 30.70		150m: 1:40.67 35.81		250m: 2:53.80 36.60	350m: 4:07.73 36.84		35.96
	100m: 1:04.86 34.16		200m: 2:17.20 36.53		300m: 3:30.89 37.09	400m: 4:43.69 35.96		
3.	Eduardo Filipe Carvalho	M	102768	97	Columbófila Cantanhedense	4:45.18	435	
	50m: 32.17 32.17		150m: 1:44.30 36.22		250m: 2:57.42 36.65	350m: 4:11.06 36.80		34.12
	100m: 1:08.08 35.91		200m: 2:20.77 36.47		300m: 3:34.26 36.84	400m: 4:45.18 34.12		
4.	Joao Miguel Ferreira	M	103044	97	Foca	4:45.39	434	
	50m: 32.51 32.51		150m: 1:45.83 36.78		250m: 2:59.13 36.60	350m: 4:11.97 36.41		33.42
	100m: 1:09.05 36.54		200m: 2:22.53 36.70		300m: 3:35.56 36.43	400m: 4:45.39 33.42		
5.	Jose Ricardo Sousa	M	105759	97	Lousada	4:48.44	421	
	50m: 32.10 32.10		150m: 1:44.71 36.68		250m: 2:58.74 36.93	350m: 4:12.22 36.98		36.22
	100m: 1:08.03 35.93		200m: 2:21.81 37.10		300m: 3:35.24 36.50	400m: 4:48.44 36.22		
6.	Vitor Joao Pereira	M	102545	97	Leixões	4:51.72	407	
	50m: 32.61 32.61		150m: 1:45.58 36.78		250m: 2:59.94 37.24	350m: 4:15.82 37.58		35.90
	100m: 1:08.80 36.19		200m: 2:22.70 37.12		300m: 3:38.24 38.30	400m: 4:51.72 35.90		

Torneio Zonal de Infantis (zona norte)
Ponte da Barca, 5. - 7.3.2010

Prova 8, Masc., 400m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
7.	Andre Lima Costa	M	105015	97	Sporting de Espinho	4:53.92	398	
	50m: 32.12	32.12	150m: 1:45.32	36.74	250m: 3:00.71	37.92	350m: 4:17.15	37.94
	100m: 1:08.58	36.46	200m: 2:22.79	37.47	300m: 3:39.21	38.50	400m: 4:53.92	36.77
8.	Joao Miguel Ascencao	M	107710	97	Porto/Dolce Vita	4:57.23	384	
	50m: 32.83	32.83	150m: 1:47.76	38.30	250m: 3:04.94	38.55	350m: 4:22.09	38.62
	100m: 1:09.46	36.63	200m: 2:26.39	38.63	300m: 3:43.47	38.53	400m: 4:57.23	35.14
9.	Jorge Miguel Nunes	M	102008	97	Porto/Dolce Vita	4:59.25	377	
	50m: 32.99	32.99	150m: 1:49.30	38.39	250m: 3:06.99	38.57	350m: 4:22.17	37.67
	100m: 1:10.91	37.92	200m: 2:28.42	39.12	300m: 3:44.50	37.51	400m: 4:59.25	37.08
10.	Pedro Manuel Silva	M	104505	97	Ginásio Santo Tirso	5:03.06	363	
	50m: 32.51	32.51	150m: 1:48.64	38.64	250m: 3:07.47	39.83	350m: 4:25.96	39.38
	100m: 1:10.00	37.49	200m: 2:27.64	39.00	300m: 3:46.58	39.11	400m: 5:03.06	37.10
11.	David Emanuel Martins	M	105429	97	Braga	5:07.32	348	
	<i>FTL</i>							
	50m: 33.84	33.84	150m: 1:51.75	39.35	250m: 3:10.37	39.38	350m: 4:29.17	39.37
	100m: 1:12.40	38.56	200m: 2:30.99	39.24	300m: 3:49.80	39.43	400m: 5:07.32	38.15