

9 Trial Meeting CFV-LSC-GDNF
Vila do Conde, 10.10.2010

Prova 3
10-10-2010 - 15:35

Femin., 400m Livres

Absolutos
Resultados

Recorde Regional 25m Open	4:13.97	Sara Beatriz, LOUREIRO	FCP	Leiria	05-12-2009
Recorde Regional 25m Inf B	4:41.00	Alexandra Maria, SILVA	FCP	Funchal	29-07-1979
Recorde Regional 25m Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Antas	19-07-1980
Recorde Regional 25m Juv	4:26.77	Alexandra Maria, SILVA	FCP	Antibes	21-12-1980
Recorde Regional 25m Jun	4:18.68	Joana Filipa, SANTOS	VSC	Guimarães	07-12-2008
Recorde Regional 25m Sen	4:13.97	Sara Beatriz, LOUREIRO	FCP	Leiria	05-12-2009

Pontos: FINA 2010

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Ana Ribeiro, FERREIRA	F	15634	92	Famalicão	4:34.92	623	
	50m: 31.45 31.45	150m:			250m:	350m:		
	100m: 1:05.60 34.15	200m: 2:15.76			300m: 3:24.95	400m: 4:34.92		
2.	Angelica Maria, ANDRE	F	15497	94	Leixões Sport Clube	4:41.27	582	
	50m: 31.15 31.15	150m:			250m:	350m:		
	100m: 1:05.93 34.78	200m: 2:16.53			300m: 3:27.15	400m: 4:41.27		
3.	Cassandra Pedro, OLIVEIRA	F	111071	95	Vilacondense	4:48.29	541	
	50m: 33.02 33.02	150m:			250m:	350m:		
	100m: 1:08.45 35.43	200m: 2:21.26			300m:	400m: 4:48.29		
4.	Patricia Isabel, OLIVEIRA	F	15970	94	Leixões Sport Clube	4:48.72	538	
	50m: 33.26 33.26	150m:			250m:	350m:		
	100m: 1:09.06 35.80	200m: 2:22.22			300m: 3:36.98	400m: 4:48.72		
5.	Rita Amado, LAEZZA	F	12054	95	Vilacondense	5:08.79	440	
	50m: 34.16 34.16	150m:			250m:	350m:		
	100m: 1:11.26 37.10	200m: 2:28.94			300m: 3:48.67	400m: 5:08.79		
6.	Ana Catarina, AZEVEDO	F	102640	96	Famalicão	5:10.28	434	
	50m: 35.46 35.46	150m:			250m:	350m:		
	100m: 1:13.49 38.03	200m: 2:32.46			300m: 3:51.31	400m: 5:10.28		