

Preparação Juvenis  
Paredes, 23. - 24.10.2010

Prova 9 24-10-2010 - 10:25	Masc., 200m Bruços COPIDOURO - Cópia e Artigos de Reprodução, Lda				Juvenis Resultados
Recorde Regional 25m Open	2:10.72	Henrique Pereira, NEIVA	CFV	S. Antonio Cavaleiros	20-12-2009
Recorde Regional 25m Juv B	2:21.70	Luis Manuel, FERNANDES	GDNVNF	Pacos de Ferreira	05-12-2009
Recorde Regional 25m Juv A	2:22.78	Bruno Daniel, MONTEIRO	LSC	Penafiel	19-03-2004

Lugar	Ano		Tempo final	50m	100m	150m	200m
<b>Juvenis B</b>							
1.	96	Jose Rui, COELHO	<b>2:43.80</b>	36.22	41.88	43.96	41.74
2.	96	L., FIGUEIREDO	<b>2:44.64</b>	35.20	43.18	43.66	42.60
3.	96	Miguel Angelo, CRUZ	<b>2:45.08</b>	38.58	42.22	41.95	42.33
4.	96	Vitor Samuel, ROCHA	<b>2:50.93</b>	40.10	43.44	43.56	43.83
5.	96	Bruno Alexandre, SOUSA	<b>2:53.29</b>	39.70	44.59	45.53	43.47
6.	96	Jose Carlos, TEIXEIRA	<b>2:56.89</b>	39.56	44.89	46.33	46.11
7.	96	Ricardo Jorge, MESQUITA	<b>2:57.80</b>	40.47	45.61	46.69	45.03
8.	96	Joao Pedro, MACHADO	<b>2:59.99</b>	40.70	45.58	46.39	47.32
9.	96	Rui Miguel, CRUZ	<b>3:00.61</b>	40.93	45.36	47.44	46.88
10.	96	Ricardo Santos, AGUEDA	<b>3:02.55</b>	42.54	46.79	46.77	46.45
11.	96	F., RODRIGUES	<b>3:08.39</b>	43.04	48.26	48.79	48.30
12.	96	Carlos Alberto, RAMOS	<b>3:13.10</b>	42.92	49.63	50.13	50.42
13.	96	Francisco Jose, OLIVEIRA	<b>3:16.15</b>	43.68	49.69	51.07	51.71
14.	96	Nuno Miguel, BASTOS	<b>3:20.28</b>	44.29	51.14	53.11	51.74
15.	96	Ruben Diogo, OLIVEIRA	<b>3:24.30</b>	46.16	51.44	53.03	53.67
16.	96	Joao Pedro, LOPES	<b>3:36.86</b>	47.32	55.55	57.76	56.23
17.	96	Nuno Batista, PINTO	<b>3:38.76</b>	49.79	56.99	57.05	54.93
18.	96	Francisco Manuel, LEMOS	<b>3:47.57</b>	49.07	59.11	1:00.39	59.00

**Juvenis A**

1.	95	Luis Manuel, FERNANDES	<b>2:27.66</b>	34.03	37.68	37.92	38.03
2.	95	Rui Miguel, LOPES	<b>2:40.36</b>	37.15	40.57	41.11	41.53
3.	95	Tiago Sobral, COELHO	<b>2:44.14</b>	37.15	40.44	42.54	44.01
4.	95	Carlos Cunha, COSTA	<b>2:52.15</b>	38.21	43.76	45.22	44.96
5.	95	Bruno Miguel, SILVA	<b>2:53.89</b>	40.23	43.71	44.53	45.42
6.	95	Joao Pedro, BARROSO	<b>2:57.05</b>	40.13	45.50	45.78	45.64
7.	95	Joao Pedro, FERREIRA	<b>3:23.05</b>	46.20	51.63	53.47	51.75
8.	95	Rui Filipe, PIMENTA	<b>3:29.86</b>	44.63	52.22	57.45	55.56
DSQ	95	Andre Sampaio, SANTOS					
<i>O atleta tocou apenas com uma mão na parede na viragem aos 25m, 75,125, 175 m.</i>							

EXH	96	Carlos Diogo, MORAIS	<b>2:54.11</b>	37.88	42.88	45.24	48.11
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