

Campeonatos Regionais de Infantis P.C.  
Pacos de Ferreira, 18- - 20-2-2011

Prova 3	Femin., 400m Estilos				Infantis
18-02-2011 - 17:30	COPIDOURO - Centro de Cópias e Impressão Digital				Resultados
RN Open	4:44.56	Nadia Morais, VIEIRA	GESL	Leiria	04-12-2009
RN Inf B	5:15.68	Susana Patricia, MIGUEL	SFUAP	Rio Maior	06-07-2002
RN Inf A	5:05.82	Diana Ramos, ROCHA	EDV	Ponte da Barca	06-07-2007
RR Open	4:49.17	Sara Beatriz, LOUREIRO	FCP	S. Antonio Cavaleiros	20-12-2009
RR Inf B	5:20.85	Marisa, FREITAS	AHBVG	Alges	13-03-1998
RR Inf A	5:10.19	Paula, SILVA	FCP	Alcobaça	05-03-1999

Infantis A Fem Inf A: 6:21.00 / Infantis B Fem Inf B: 6:42.00

Pontos: FINA 2010

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
<b>Infantis B</b>								
1.	Maria Leonor, MARTINS	F	107962	99	Gespacos	<b>6:02.77</b>	372	
	50m: 41.65 41.65		150m: 2:14.62 45.07		250m: 3:53.68 53.27		350m: 5:24.50 39.20	
	100m: 1:29.55 47.90		200m: 3:00.41 45.79		300m: 4:45.30 51.62		400m: 6:02.77 38.27	
2.	Ines Maria, PEREIRA	F	105607	99	Leixões Sport Clube	<b>6:09.02</b>	353	
	50m: 38.72 38.72		150m: 2:10.26 46.51		250m: 3:49.91 54.14		350m: 5:27.49 42.09	
	100m: 1:23.75 45.03		200m: 2:55.77 45.51		300m: 4:45.40 55.49		400m: 6:09.02 41.53	
3.	Ana Teresa, NASCIMENTO	F	111876	99	Leixões Sport Clube	<b>6:16.97</b>	332	
	50m: 43.10 43.10		150m: 2:23.69 48.03		250m: 4:00.27 50.55		350m: 5:35.85 43.89	
	100m: 1:35.66 52.56		200m: 3:09.72 46.03		300m: 4:51.96 51.69		400m: 6:16.97 41.12	
4.	Ines Pereira, OLIVEIRA	F	108311	99	Famalicao	<b>6:19.45</b>	325	
	50m: 39.75 39.75		150m: 2:15.31 46.87		250m: 3:57.84 53.06		350m: 5:37.99 44.94	
	100m: 1:28.44 48.69		200m: 3:04.78 49.47		300m: 4:53.05 55.21		400m: 6:19.45 41.46	
5.	Mafalda Malafaia, OLIVEIRA	F	109663	99	Porto/Dolce Vita	<b>6:19.82</b>	324	
	50m: 43.62 43.62		150m: 2:20.13 46.90		250m: 4:00.20 52.51		350m: 5:35.63 45.12	
	100m: 1:33.23 49.61		200m: 3:07.69 47.56		300m: 4:50.51 50.31		400m: 6:19.82 44.19	
6.	Rosana Marinho, MACEDO	F	111500	99	Felgueiras	<b>6:20.52</b>	322	
	50m: 41.69 41.69		150m: 2:20.32 47.82		250m: 3:58.59 52.40		350m: 5:38.51 45.41	
	100m: 1:32.50 50.81		200m: 3:06.19 45.87		300m: 4:53.10 54.51		400m: 6:20.52 42.01	
7.	Ana Caetano, OLIVEIRA	F	118366	99	Leixões Sport Clube	<b>6:26.52</b>	308	
	50m: 45.22 45.22		150m: 2:25.50 47.60		250m: 4:08.19 54.79		350m: 5:45.08 42.37	
	100m: 1:37.90 52.68		200m: 3:13.40 47.90		300m: 5:02.71 54.52		400m: 6:26.52 41.44	
8.	Leonor Paiva, RUIZ	F	112518	99	Clube Fluvial Vilacondense	<b>6:39.02</b>	279	
	50m: 47.76 47.76		150m: 2:29.78 49.31		250m: 4:12.40 54.78		350m: 5:54.21 44.57	
	100m: 1:40.47 52.71		200m: 3:17.62 47.84		300m: 5:09.64 57.24		400m: 6:39.02 44.81	
DSQ	Marta Ferreira, ROCHA	F	110558	99	Leixões Sport Clube			
	<i>510 - O(a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 75 metros – SW 8.4</i>							
	50m:		150m:		250m:		350m:	
	100m:		200m:		300m:		400m:	

**Infantis A**

1.	Ana Silva, COSTA	F	104446	98	Famalicao	<b>5:25.44</b>	516	
	50m: 34.52 34.52		150m: 1:56.61 42.24		250m: 3:24.67 47.16		350m: 4:49.33 36.82	
	100m: 1:14.37 39.85		200m: 2:37.51 40.90		300m: 4:12.51 47.84		400m: 5:25.44 36.11	
2.	Ines Lucas, ALVES	F	104738	98	Leixões Sport Clube	<b>5:29.61</b>	496	
	50m: 35.13 35.13		150m: 1:56.52 41.42		250m: 3:26.32 49.05		350m: 4:53.11 38.12	
	100m: 1:15.10 39.97		200m: 2:37.27 40.75		300m: 4:14.99 48.67		400m: 5:29.61 36.50	
3.	Barbara Nogueira, GONCALVES	F	104448	98	Famalicao	<b>5:29.68</b>	496	
	50m: 36.93 36.93		150m: 2:03.93 44.42		250m: 3:30.93 44.16		350m: 4:53.90 37.80	
	100m: 1:19.51 42.58		200m: 2:46.77 42.84		300m: 4:16.10 45.17		400m: 5:29.68 35.78	
4.	Graca Maria, ARAUJO	F	104456	98	Famalicao	<b>5:30.04</b>	494	
	50m: 36.09 36.09		150m: 1:59.12 41.78		250m: 3:28.17 46.72		350m: 4:54.57 38.90	
	100m: 1:16.30 40.21		200m: 2:41.45 42.33		300m: 4:15.67 47.50		400m: 5:30.04 35.47	
5.	Joana Cunha, SOUSA	F	103054	98	Felgueiras	<b>5:31.23</b>	489	
	50m: 37.32 37.32		150m: 2:01.54 41.78		250m: 3:31.09 48.61		350m: 4:56.32 36.27	
	100m: 1:19.76 42.44		200m: 2:42.48 40.94		300m: 4:20.05 48.96		400m: 5:31.23 34.91	
6.	Catarina Sofia, NETO	F	104529	98	Gespacos	<b>5:36.37</b>	467	
	50m: 35.22 35.22		150m: 1:59.07 43.79		250m: 3:30.51 48.88		350m: 4:57.89 38.25	
	100m: 1:15.28 40.06		200m: 2:41.63 42.56		300m: 4:19.64 49.13		400m: 5:36.37 38.48	
7.	Ana Beatriz, MEIRELES	F	110663	98	Assoc. Desportiva de Fafe	<b>5:43.80</b>	437	
	50m: 36.77 36.77		150m: 2:03.99 42.87		250m: 3:35.72 50.45		350m: 5:05.56 39.32	
	100m: 1:21.12 44.35		200m: 2:45.27 41.28		300m: 4:26.24 50.52		400m: 5:43.80 38.24	
8.	Patricia Goncalves, CARDOSO	F	107707	98	Porto/Dolce Vita	<b>5:47.11</b>	425	
	50m: 36.05 36.05		150m: 2:03.66 45.09		250m: 3:38.67 49.98		350m: 5:08.41 38.59	
	100m: 1:18.57 42.52		200m: 2:48.69 45.03		300m: 4:29.82 51.15		400m: 5:47.11 38.70	
9.	Francisca Pereira, REGO	F	107705	98	Famalicao	<b>5:47.79</b>	422	
	50m: 36.04 36.04		150m: 2:02.77 45.70		250m: 3:39.64 51.41		350m: 5:09.75 39.82	
	100m: 1:17.07 41.03		200m: 2:48.23 45.46		300m: 4:29.93 50.29		400m: 5:47.79 38.04	
10.	Lucilia Ferreira, FREITAS	F	111082	98	Porto/Dolce Vita	<b>5:48.84</b>	419	
	50m: 38.82 38.82		150m: 2:09.61 44.01		250m: 3:43.60 50.30		350m: 5:10.49 38.35	
	100m: 1:25.60 46.78		200m: 2:53.30 43.69		300m: 4:32.14 48.54		400m: 5:48.84 38.35	
11.	Ana Carolina, MOREIRA	F	111076	98	Porto/Dolce Vita	<b>5:51.75</b>	408	
	50m: 36.93 36.93		150m: 2:05.92 44.73		250m: 3:39.61 50.08		350m: 5:11.72 40.87	
	100m: 1:21.19 44.26		200m: 2:49.53 43.61		300m: 4:30.85 51.24		400m: 5:51.75 40.03	
12.	Ana Margarida, SANTOS	F	106839	98	Porto/Dolce Vita	<b>6:01.90</b>	375	
	50m: 39.20 39.20		150m: 2:09.15 44.23		250m: 3:48.81 55.23		350m: 5:21.41 38.52	
	100m: 1:24.92 45.72		200m: 2:53.58 44.43		300m: 4:42.89 54.08		400m: 6:01.90 40.49	

Campeonatos Regionais de Infantis P.C.  
Pacos de Ferreira, 18- - 20-2-2011

Prova 3, Femin., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
13.	Rita Maria, CARDOSO	F	105877	98	Leixões Sport Clube	<b>6:06.51</b>	361	
	50m: 42.46	42.46	150m: 2:21.08	47.23	250m: 3:53.93	44.50	350m: 5:25.35	43.59
	100m: 1:33.85	51.39	200m: 3:09.43	48.35	300m: 4:41.76	47.83	400m: 6:06.51	41.16
14.	Ines Campos, NETO	F	105776	98	Gespacos	<b>6:10.67</b>	349	
	50m: 40.16	40.16	150m: 2:15.30	48.40	250m: 3:52.09	49.61	350m: 5:27.67	44.51
	100m: 1:26.90	46.74	200m: 3:02.48	47.18	300m: 4:43.16	51.07	400m: 6:10.67	43.00
15.	Barbara Alves, SILVA	F	104734	98	Leixões Sport Clube	<b>6:15.82</b>	335	
	50m: 42.49	42.49	150m: 2:22.39	47.59	250m: 4:02.31	52.11	350m: 5:34.38	42.12
	100m: 1:34.80	52.31	200m: 3:10.20	47.81	300m: 4:52.26	49.95	400m: 6:15.82	41.44