

Campeonatos Regionais Juniores - Seniores
Povoa de Varzim, 11- - 13-3-2011

Prova 9 Masc., 1500m Livres 17 anos e mais velhos
11-03-2011 - 16:30 COPIDOURO - Cópia e Artigos de Reprodução, Lda Resultados

Recordes Nacionais 50m Open	15:16.22	Fernando Eurico, COSTA	FPN	Bangkok (THA)	14-08-2007
Recordes Nacionais 50m Jun	15:34.51	Fernando Eurico, COSTA	FPN	Luxemburgo (LUX)	24-01-2003
Recordes Nacionais 50m Sen	15:16.22	Fernando Eurico, COSTA	FPN	Bangkok (THA)	14-08-2007

Juniores Masculinos Jun: 18:20.00 / Seniores Masculinos Sen: 17:55.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	TR
Juniores								
1.	Tiago Silva, OLIVEIRA	M	15465	94	Leixões Sport Clube	16:45.18	658	+0,79
	100m: 1:02.11				500m: 5:27.46	1:07.28	900m: 10:00.19	1:08.43
	200m: 2:08.38				600m: 6:35.62	1:08.16	1000m: 11:09.54	1:09.35
	300m: 3:14.43				700m: 7:43.58	1:07.96	1100m: 12:18.60	1:09.06
	400m: 4:20.18				800m: 8:51.76	1:08.18	1200m: 13:26.42	1:07.82
1500m:								16:45.18
1:08.73								1:08.73
1:08.74								1:08.74
1:01.29								1:01.29
2.	Ruben Filipe, NUNES	M	23302	94	Gespacos	17:02.68	625	+0,86
	100m: 1:05.63				500m: 5:41.19	1:08.58	900m: 10:14.87	1:08.32
	200m: 2:14.68				600m: 6:49.62	1:08.43	1000m: 11:23.13	1:08.26
	300m: 3:23.89				700m: 7:58.12	1:08.50	1100m: 12:31.40	1:08.27
	400m: 4:32.61				800m: 9:06.55	1:08.43	1200m: 13:39.65	1:08.25
1500m:								17:02.68
1:08.52								1:08.52
1:08.74								1:08.74
1:05.77								1:05.77
3.	Joao Claudio, SOUSA	M	23458	93	Gespacos	17:34.78	570	+0,82
	100m: 1:05.55				500m: 5:44.42	1:09.90	900m: 10:28.82	1:11.40
	200m: 2:14.69				600m: 6:54.75	1:10.33	1000m: 11:40.88	1:12.06
	300m: 3:24.43				700m: 8:05.61	1:10.86	1100m: 12:52.63	1:11.75
	400m: 4:34.52				800m: 9:17.42	1:11.81	1200m: 14:04.91	1:12.28
1500m:								17:34.78
1:12.17								1:12.17
1:11.20								1:11.20
1:06.50								1:06.50
4.	Rui Pedro, FARIA	M	15592	94	Famalicao	17:35.82	568	+0,81
	100m: 1:05.79				500m: 5:43.26	1:09.60	900m: 10:27.18	1:11.44
	200m: 2:15.06				600m: 6:53.86	1:10.60	1000m: 11:38.91	1:11.73
	300m: 3:24.43				700m: 8:04.71	1:10.85	1100m: 12:50.58	1:11.67
	400m: 4:33.66				800m: 9:15.74	1:11.03	1200m: 14:03.14	1:12.56
1500m:								17:35.82
1:11.67								1:11.67
1:11.56								1:11.56
1:09.45								1:09.45
5.	Joao Luis, RODRIGUES	M	13280	93	Braga	18:12.37	513	+0,86
	100m: 1:05.90				500m: 5:56.43	1:13.07	900m: 10:49.34	1:13.28
	200m: 2:17.19				600m: 7:09.79	1:13.36	1000m: 12:03.10	1:13.76
	300m: 3:30.11				700m: 8:22.87	1:13.08	1100m: 13:16.86	1:13.76
	400m: 4:43.36				800m: 9:36.06	1:13.19	1200m: 14:30.83	1:13.97
1500m:								18:12.37
1:14.54								1:14.54
1:14.09								1:14.09
1:12.91								1:12.91
DNF	Carlos Miguel, ARAUJO	M	15583	94	Famalicao			+0,75
	<i>701 - O(a) atleta não completou o percurso – SW 10.2</i>							

Seniores

1.	Rui Filipe, COSTA	M	24004	91	Vitória Sport Clube	16:26.44	696	+0,74
	100m: 1:01.67				500m: 5:23.85	1:05.78	900m: 9:47.73	1:05.95
	200m: 2:07.31				600m: 6:30.00	1:06.15	1000m: 10:54.20	1:06.47
	300m: 3:12.51				700m: 7:36.16	1:06.16	1100m: 12:00.71	1:06.51
	400m: 4:18.07				800m: 8:41.78	1:05.62	1200m: 13:07.53	1:06.82
1500m:								16:26.44
1:06.96								1:06.96
1:07.45								1:07.45
1:04.50								1:04.50
2.	Fabio Manuel, PEREIRA	M	23049	86	Vilacondense	16:44.23	660	+0,83
	100m: 1:01.36				500m: 5:26.94	1:07.17	900m: 9:57.72	1:07.97
	200m: 2:07.47				600m: 6:34.55	1:07.61	1000m: 11:05.87	1:08.15
	300m: 3:13.66				700m: 7:42.08	1:07.53	1100m: 12:13.92	1:08.05
	400m: 4:19.77				800m: 8:49.75	1:07.67	1200m: 13:22.20	1:08.28
1500m:								16:44.23
1:08.94								1:08.94
1:08.74								1:08.74
1:04.35								1:04.35
3.	Hugo Alberto, RIBEIRO	M	23114	88	Gespacos	16:54.30	641	+0,97
	100m: 1:02.46				500m: 5:27.88	1:06.39	900m: 10:00.55	1:08.49
	200m: 2:08.64				600m: 6:35.18	1:07.30	1000m: 11:10.01	1:09.46
	300m: 3:15.06				700m: 7:43.58	1:08.40	1100m: 12:19.19	1:09.18
	400m: 4:21.49				800m: 8:52.06	1:08.48	1200m: 13:28.42	1:09.23
1500m:								16:54.30
1:09.53								1:09.53
1:09.53								1:09.53
1:06.82								1:06.82
4.	Paulo Andre, DIAS	M	23406	92	Gespacos	17:19.54	595	+0,87
	100m: 1:05.43				500m: 5:45.52	1:09.83	900m: 10:23.91	1:08.88
	200m: 2:15.54				600m: 6:55.90	1:10.38	1000m: 11:33.41	1:09.50
	300m: 3:25.47				700m: 8:05.64	1:09.74	1100m: 12:42.77	1:09.36
	400m: 4:35.69				800m: 9:15.03	1:09.39	1200m: 13:52.52	1:09.75
1500m:								17:19.54
1:09.70								1:09.70
1:09.37								1:09.37
1:07.95								1:07.95
5.	Igor Guterres, CARVALHO	M	23057	88	Vilacondense	17:36.89	566	+0,91
	100m: 1:05.62				500m: 5:45.86	1:10.06	900m: 10:27.77	1:11.54
	200m: 2:15.49				600m: 6:55.57	1:09.71	1000m: 11:40.46	1:12.69
	300m: 3:25.00				700m: 8:05.75	1:10.18	1100m: 12:52.78	1:12.32
	400m: 4:35.80				800m: 9:16.23	1:10.48	1200m: 14:04.85	1:12.07
1500m:								17:36.89
1:12.00								1:12.00
1:11.96								1:11.96
1:08.08								1:08.08
6.	Pedro Nuno, MENDES	M	13172	92	Braga	17:38.04	564	+0,97
	100m: 1:05.35				500m: 5:45.83	1:11.14	900m: 10:32.68	1:11.52
	200m: 2:14.38				600m: 6:57.47	1:11.64	1000m: 11:44.23	1:11.55
	300m: 3:23.97				700m: 8:09.34	1:11.87	1100m: 12:55.36	1:11.13
	400m: 4:34.69				800m: 9:21.16	1:11.82	1200m: 14:06.45	1:11.09
1500m:								17:38.04
1:11.32								1:11.32
1:10.55								1:10.55
1:09.72								1:09.72
DNF	Goncalo Goncalves, MENESES	M	13171	92	Vitória Sport Clube			