

XXI Trofeu Speedo  
Pacos de Ferreira, 14.11.2010

Prova 1	Femin., 4 x 200m Livres				Open
14-11-2010 - 16:30	Speedo				Resultados
Recordes Nacionais 25m Open	8:18.93	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	9:28.71	tempo limite			
Recordes Nacionais 25m Inf A	9:14.58	Soc. Filarm. União Artística Piedens	SFUAP	Odivelas	04-05-2003
Recordes Nacionais 25m Juv	8:56.42	Sporting Clube de Braga	SCB	Pinhal Novo	16-03-2001
Recordes Nacionais 25m Jun	8:29.70	Sporting Clube de Portugal	SCP	Leiria	05-12-2009
Recordes Nacionais 25m Sen	8:18.93	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	20-12-2009

Pontos: FINA 2010

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1. Porto/Dolce Vita 1	F			Porto/Dolce Vita	<b>8:18.69</b>	779	
<i>Recorde Nacional</i>							
Sara Beatriz, LOUREIRO		87	+0.80	28.76	1:00.11	1:31.84	2:04.96
Alexandra Paiva, OLIVEIRA		91	+0.50	29.38	1:01.43	1:33.62	2:06.77
Joana Aguiar, RODRIGUES		93	+0.28	28.88	1:00.94	1:33.60	2:06.10
Marta Vieira, MARINHO		91	+0.18	27.43	57.75	1:29.23	2:00.86
2. Sporting Clube de Portugal 1	F			Sporting Clube de Portugal	<b>8:40.40</b>	685	
Patricia Garcia, MARINHO		94	+0.83	31.22	1:04.85	1:38.16	2:11.40
Leonor Mourinho, NEVES		95	+0.22	29.27	1:02.20	1:36.27	2:09.53
Ines Jesus, BRINGEL		92	+0.39	29.81	1:03.41	1:37.94	2:12.54
Mafalda Gomes, BELEZA		94	+0.36	28.68	1:01.05	1:34.21	2:06.93
3. Vilacondense 1	F			Vilacondense	<b>8:44.78</b>	668	
Ana Filipa, GOMES		96	+0.80	31.29	1:05.16	1:38.66	2:11.59
Ana Catarina, MONTEIRO		93	+0.45	30.11	1:03.66	1:38.15	2:11.90
Claudia Sofia, MONTEIRO		92	+0.35	30.11	1:04.01	1:37.77	2:10.71
Cassandra Pedro, OLIVEIRA		95	+0.47	30.30	1:03.20	1:36.93	2:10.58
4. Gespacos 1	F			Gespacos	<b>8:52.26</b>	640	
Soraia Vanessa, RIBEIRO		92	+0.85	29.42	1:01.56	1:35.10	2:08.87
Sara Monteiro, MEIRELES		97	+0.64	31.11	1:05.07	1:40.06	2:14.50
Andreia Sofia, TORRES		95	+0.58	31.06	1:06.92	1:43.56	2:19.07
Diana Patricia, FERREIRA		94	+0.29	29.41	1:02.10	1:35.39	2:09.82
5. Famalicao 1	F			Famalicao	<b>9:04.53</b>	598	
Ana Ribeiro, FERREIRA		92	+0.95	30.25	1:02.04	1:35.59	2:09.98
Ana Silva, COSTA		98	+0.53	30.85	1:05.06	1:41.37	2:17.54
Francisca Silva, CARMO		94	+0.50	31.65	1:07.16	1:43.38	2:19.12
Ana Isabel, FERNANDES		96	+0.73	30.37	1:05.41	1:41.47	2:17.89
6. Amadora 1	F			Amadora	<b>9:05.66</b>	594	
Lisa Marisa, SOARES		95	+1.93	31.42	1:05.98	1:41.21	2:14.86
Susana Correia de, OLIVEIRA		94	+0.59	30.68	1:05.89	1:42.62	2:19.30
Marta Filipa, CONCEICAO		92	+1.99	31.00	1:05.87	1:41.83	2:17.37
Jessica Teixeira, VIEIRA		91	+1.89	30.10	1:03.83	1:39.18	2:14.13
7. Braga 1	F			Braga	<b>9:16.82</b>	559	
Ana Sofia, FERNANDES		93	+0.96	31.33	1:05.53	1:40.60	2:15.18
Vera Patricia, FERNANDES		96	+0.40	31.63	1:07.45	1:43.95	2:20.05
Ana Joaquina, GONCALVES		95	+0.36	32.30	1:08.59	1:45.67	2:22.07
Sara Faria, COSTA		97	+0.59	30.77	1:06.05	1:42.98	2:19.52
EXH Porto/Dolce Vita 2	F			Porto/Dolce Vita	<b>9:08.74</b>	584	
Maria Luis, AMORIM		95	+0.88	31.11	1:04.53	1:38.60	2:12.35
Teresa Torres, TEIXEIRA		96	+0.26	32.76	1:09.69	1:48.23	2:24.94
Maria Teresa, AMORIM		97	+0.34	31.96	1:07.89	1:44.23	2:19.55
Ana Goncalves, NETO		95	+0.47	30.07	1:03.56	1:37.95	2:11.90

