



Prova 1  
17-12-2011 - 15:30

Femin., 400m Livres  
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Cadetes A  
Resultados

Cadetes A Femininos : 7:00.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Ines Neto, ROCHA 50m: 39.11 39.11 100m: 1:21.87 42.76	F	111313	01	Gespacos 44.46 43.03 250m: 3:30.99 42.66 43.43 300m: 4:14.78 43.79	<b>5:38.23</b> 350m: 4:58.17 43.39 400m: 5:38.23 40.06	335	
2.	Isabel Porfirio, PEGO 50m: 38.08 38.08 100m: 1:21.13 43.05	F	121336	01	FCPorto 44.46 43.74 250m: 3:33.12 44.58 43.67 300m: 4:17.55 44.43	<b>5:44.69</b> 350m: 5:01.77 44.22 400m: 5:44.69 42.92	316	
3.	Maria Carolina, COSTA 50m: 38.15 38.15 100m: 1:20.70 42.55	F	119080	01	FCPorto 44.46 43.74 250m: 3:35.27 44.97 45.14 300m: 4:20.43 45.16	<b>5:46.17</b> 350m: 5:04.72 44.29 400m: 5:46.17 41.45	312	
4.	Barbara Vilela, MAGALHAES 50m: 39.54 39.54 100m: 1:22.20 42.66	F	119078	01	FCPorto 44.78 44.78 250m: 3:37.30 45.36 44.96 300m: 4:22.28 44.98	<b>5:48.88</b> 350m: 5:06.70 44.42 400m: 5:48.88 42.18	305	
5.	Carolina Lopes, SILVA 50m: 38.35 38.35 100m: 1:21.43 43.08	F	112139	01	FCPorto 44.08 44.08 250m: 3:34.41 44.90 44.00 300m: 4:19.06 44.65	<b>5:49.22</b> 350m: 5:04.97 45.91 400m: 5:49.22 44.25	304	
6.	Mariana Ribeiro, COSTA 50m: 39.72 39.72 100m: 1:24.39 44.67	F	111047	01	Famalição 45.57 46.83 250m: 3:44.02 47.89 46.17 300m: 4:31.49 47.47	<b>6:06.02</b> 350m: 5:19.59 48.10 400m: 6:06.02 46.43	264	
7.	Lara Beatriz, MATOS 50m: 39.86 39.86 100m: 1:23.93 44.07	F	111049	01	Famalição 46.83 46.83 250m: 3:46.16 47.89 47.51 300m: 4:33.68 47.52	<b>6:06.10</b> 350m: 5:21.79 48.11 400m: 6:06.10 44.31	264	
8.	Isabel Ferreira, SOUSA 50m: 39.61 39.61 100m: 1:23.95 44.34	F	118896	01	Leixões Sport Clube 46.26 48.20 250m: 3:45.80 48.27 47.32 300m: 4:34.74 48.94	<b>6:06.98</b> 350m: 5:22.48 47.74 400m: 6:06.98 44.50	262	
9.	Maria Carolina, SOUSA 50m: 41.39 41.39 100m: 1:25.74 44.35	F	112192	01	Lousada SXXI 46.97 46.97 250m: 3:48.71 48.51 47.49 300m: 4:36.00 47.29	<b>6:07.81</b> 350m: 5:22.62 46.62 400m: 6:07.81 45.19	260	
10.	Catarina Leao, COSTA 50m: 39.39 39.39 100m: 1:24.36 44.97	F	111312	01	Gespacos 48.20 48.20 250m: 3:48.02 47.50 47.96 300m: 4:36.84 48.82	<b>6:11.29</b> 350m: 5:26.70 49.86 400m: 6:11.29 44.59	253	
11.	Carolina Ascenso, SANTOS 50m: 40.41 40.41 100m: 1:25.61 45.20	F	121271	01	CNMaia 46.96 46.96 250m: 3:47.70 47.67 47.46 300m: 4:34.95 47.25	<b>6:17.79</b> 350m: 5:27.21 52.26 400m: 6:17.79 50.58	240	
12.	Beatriz Ribeiro, CUNHA 50m: 38.45 38.45 100m: 1:23.83 45.38	F	118314	01	Foca 47.86 47.86 250m: 3:46.25 46.89 47.67 300m: 4:32.17 45.92	<b>6:19.41</b> 350m: 5:23.73 51.56 400m: 6:19.41 55.68	237	
13.	Mariana Cardoso, COSTA 50m: 39.97 39.97	F	117322	01	CNMaia 48.09 48.09 200m: 3:06.56 1:38.50	<b>6:20.72</b> 400m: 6:20.72 3:14.16	234	
14.	Beatriz Santos, SILVA 50m: 45.06 45.06	F	112078	01	FCPorto 48.66 48.66 200m: 3:12.20 1:38.48	<b>6:20.91</b> 400m: 6:20.91 3:08.71	234	
15.	Mariana Oliveira, RIBEIRO 50m: 43.97 43.97 100m: 1:38.41 54.44	F	112134	01	Lamas 46.65 46.65 250m: 3:58.59 46.73 46.80 300m: 5:34.23 1:35.64	<b>6:21.13</b> 400m: 6:21.13 46.90	234	
16.	Maria Nogueira, CARVALHO 50m: 39.65 39.65 100m: 1:26.83 47.18	F	122163	01	Fafe 48.69 48.69 250m: 3:55.07 50.47 49.08 300m: 4:45.71 50.64	<b>6:23.12</b> 350m: 5:35.57 49.86 400m: 6:23.12 47.55	230	
17.	Daniela Fernanda, BARBOSA 50m: 41.89 41.89 100m: 1:28.92 47.03	F	116901	01	Leixões Sport Clube 48.28 48.28 250m: 3:55.58 50.01 48.37 300m: 4:45.99 50.41	<b>6:23.80</b> 350m: 5:36.61 50.62 400m: 6:23.80 47.19	229	
18.	Anabela Silva, FERREIRA 50m: 42.18 42.18 100m: 1:30.46 48.28	F	119062	01	Lamas 48.52 48.52 250m: 3:58.63 50.14 23:59:14.99 23:56:56.01 300m: 4:48.77	<b>6:25.52</b> 350m: 5:38.33 49.56 400m: 6:25.52 47.19	226	
19.	Beatriz Rodrigues, OLIVEIRA 50m: 41.02 41.02 100m: 1:28.20 47.18	F	122175	01	Fafe 49.85 49.85 250m: 3:57.62 49.70 49.87 300m: 4:48.04 50.42	<b>6:25.94</b> 350m: 5:37.75 49.71 400m: 6:25.94 48.19	225	
20.	Ana Filipa, MOREIRA 50m: 44.10 44.10 100m: 1:33.15 49.05	F	119091	01	Lousada SXXI 49.98 49.98 250m: 4:03.42 49.93 50.36 300m: 4:52.71 49.29	<b>6:26.40</b> 350m: 5:41.76 49.05 400m: 6:26.40 44.64	224	
21.	Sofia Filipa, GONCALVES 50m: 43.37 43.37 100m: 1:32.17 48.80	F	122990	01	Leixões Sport Clube 49.67 49.67 250m: 4:02.20 50.02 50.34 300m: 4:51.85 49.65	<b>6:27.47</b> 350m: 5:41.51 49.66 400m: 6:27.47 45.96	222	
22.	Ana Rita, BOTELHO 50m: 42.51 42.51	F	118895	01	Leixões Sport Clube 48.00 48.00 200m: 3:12.48 1:41.97	<b>6:30.92</b> 400m: 6:30.92 3:18.44	217	
23.	Ines Silva, PINTO 50m: 42.57 42.57	F	119079	01	FCPorto 49.38 49.38 200m: 3:11.82 1:39.87	<b>6:33.51</b> 400m: 6:33.51 3:21.69	212	
24.	Maria Carolina, RODRIGUES 50m: 43.15 43.15 100m: 1:33.19 50.04	F	121473	01	Vitória Sport Clube 50.37 50.37 250m: 4:04.22 50.95 49.71 300m: 4:54.72 50.50	<b>6:33.67</b> 350m: 5:44.71 49.99 400m: 6:33.67 48.96	212	

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O Juiz Árbitro

Splash Meet Manager 11, Build 17983

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Prova 1, Femin., 400m Livres, Cadetes A

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
25.	Joana Daniela, JACINTO 50m: 41.50 41.50	F	111230 01	CNMaia 50.56 200m: 3:13.50 1:41.44	400m: 6:33.87	212	3:20.37
26.	Ana Margarida, SOUSA 50m: 44.56 44.56 100m: 1:34.83 50.27	F	119178 01	FCPorto 50.22 250m: 4:07.46 50.51 51.90 300m: 4:57.76 50.30	350m: 5:47.63 400m: 6:35.18	210	49.87 47.55
27.	Ana Isabel, REIS 50m: 41.76 41.76	F	123703 01	CNMaia 48.83 200m: 3:13.18 1:42.59	400m: 6:35.89	208	3:22.71
28.	Beatriz Lobo, FREITAS 50m: 42.62 42.62 100m: 1:34.01 51.39	F	120882 01	Vitória Sport Clube 51.49 250m: 4:06.85 51.13 50.22 300m: 4:57.47 50.62	350m: 5:49.28 400m: 6:38.53	204	51.81 49.25
29.	Mariana Santos, AGUEDA 50m: 43.20 43.20 100m: 1:33.87 50.67	F	116908 01	Valongo 51.78 250m: 4:12.96 54.50 52.81 300m: 5:06.23 53.27	350m: 5:58.85 400m: 6:47.51	191	52.62 48.66
30.	Maria Ines, POINHO 50m: 45.12 45.12 100m: 1:34.03 48.91	F	112142 01	FCPorto 51.06 250m: 4:10.90 52.10 53.71 300m: 5:03.94 53.04	350m: 5:56.69 400m: 6:48.54	190	52.75 51.85
31.	Iris Rodrigues, SA 50m: 42.43 42.43	F	119057 01	Lamas 51.84 200m: 3:20.60 1:46.33	400m: 6:50.32	187	3:29.72
32.	Ana Rita, COSTA 50m: 44.05 44.05 100m: 1:36.47 52.42	F	116907 01	Valongo 53.52 250m: 4:17.74 54.45 53.30 300m: 5:10.56 52.82	350m: 6:04.95 400m: 6:50.36	187	54.39 45.41
33.	Raquel Alexandra, SOUSA 50m: 43.76 43.76 100m: 1:36.24 52.48	F	116909 01	Valongo 53.45 250m: 4:17.32 53.91 53.72 300m: 5:10.82 53.50	350m: 6:05.38 400m: 6:51.33	186	54.56 45.95
34.	Ines Goncalves, REIS 50m: 43.94 43.94 100m: 1:34.49 50.55	F	120176 01	CNMaia 50.96 250m: 4:12.07 52.75 53.87 300m: 5:07.31 55.24	350m: 6:01.36 400m: 6:51.81	185	54.05 50.45
35.	Ana Margarida, GONCALVES 50m: 44.15 44.15 100m: 1:35.71 51.56	F	118052 01	Fluvial Vilacondense 51.88 250m: 4:12.99 52.93 52.47 300m: 5:06.75 53.76	350m: 6:00.79 400m: 6:52.51	184	54.04 51.72
36.	Julia Albuquerque, FRAGA 50m: 44.09 44.09 100m: 1:35.22 51.13	F	123700 01	Gespacos 53.46 250m: 4:15.63 53.09 53.86 300m: 5:08.18 52.55	350m: 6:02.61 400m: 6:53.51	183	54.43 50.90
37.	Nadia Filipa, MIRANDA 50m: 44.96 44.96 100m: 1:35.76 50.80	F	111768 01	Lousada SXXI 51.55 250m: 4:14.56 53.49 53.76 300m: 5:08.27 53.71	350m: 6:01.33 400m: 6:53.63	183	53.06 52.30
38.	Ana Carolina, FERREIRA 50m: 43.68 43.68	F	123702 01	CNMaia 52.13 200m: 3:22.97 1:47.16	400m: 6:54.81	181	3:31.84
39.	Francisca Alexandra, GRACA FTL 50m: 43.62 43.62 100m: 1:37.20 53.58	F	118051 01	Fluvial Vilacondense 53.88 250m: 4:20.28 55.13 54.07 300m: 5:15.34 55.06	350m: 6:08.56 400m: 7:00.01	174	53.22 51.45
40.	Maria Joao, SILVA FTL 50m: 45.40 45.40 100m: 1:37.08 51.88	F	111045 01	Famalicao 52.62 250m: 4:16.86 54.26 52.90 300m: 5:11.72 54.86	350m: 6:06.67 400m: 7:00.23	174	54.95 53.56
41.	Joana Rocha, ANJO FTL 50m: 44.27 44.27 100m: 1:37.13 52.86	F	119757 01	Fluvial Vilacondense 54.90 250m: 4:20.91 54.11 54.77 300m: 5:16.07 55.16	350m: 6:09.79 400m: 7:00.84	173	53.72 51.05
42.	Ines Araujo, MARTINS FTL 50m: 45.57 45.57 100m: 1:39.16 53.59	F	111046 01	Famalicao 54.83 250m: 4:23.85 55.21 54.65 300m: 5:18.80 54.95	350m: 6:13.57 400m: 7:04.83	169	54.77 51.26
43.	Maria Ines, SILVA FTL 50m: 48.04 48.04 100m: 1:41.35 53.31	F	118342 01	Gespacos 54.00 250m: 4:24.69 55.07 54.27 300m: 5:19.84 55.15	350m: 6:13.74 400m: 7:06.00	167	53.90 52.26
44.	Teresa Alexandra, TEIXEIRA FTL 50m: 47.83 47.83 100m: 1:41.59 53.76	F	120752 01	Gespacos 54.95 250m: 4:26.21 54.38 55.29 300m: 5:21.37 55.16	350m: 6:16.04 400m: 7:08.52	164	54.67 52.48
45.	Carolina Renn, ARAUJO FTL 50m: 46.81 46.81 100m: 1:41.34 54.53	F	121464 01	Fluvial Vilacondense 55.72 250m: 4:29.12 55.92 56.14 300m: 5:24.92 55.80	350m: 6:20.89 400m: 7:14.10	158	55.97 53.21
DSQ	Ines Alves, MARTINS 102 - Falsa partida – SW 4.4	F	112126 01	Fluvial Portuense			

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