

Campeonatos Regionais Infantis PC
Vila Mea, 24, 25 e 26-2-2012

Prova 26
26-02-2012 - 10:40

Femin., 400m Livres
CMEP - Clínica Médica do Exercício do Porto

Infantis
Resultados

RR Absoluto	4:13.97	Sara Beatriz, LOUREIRO	FCP	Leiria	05-12-2009
RR Inf B	4:41.00	Alexandra Maria, SILVA	FCP	Funchal	29-07-1979
RR Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Antas	19-07-1980

Infantis A Fem Inf A: 5:42.00 / Infantis B Fem Inf B: 6:00.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Ana Rita, FARIA	F	117417	00	FCPorto	5:08.82	440	
	50m: 35.50 35.50	150m: 1:54.06 39.40	250m: 3:12.32 39.69	350m: 4:30.81 39.49				
	100m: 1:14.66 39.16	200m: 2:32.63 38.57	300m: 3:51.32 39.00	400m: 5:08.82 38.01				
2.	Joana Francisca, COSTA	F	118312	00	Felgueiras	5:10.24	434	
	50m: 32.99 32.99	150m: 1:51.05 39.98	250m: 3:11.00 40.06	350m: 4:31.48 40.09				
	100m: 1:11.07 38.08	200m: 2:30.94 39.89	300m: 3:51.39 40.39	400m: 5:10.24 38.76				
3.	Joana Martins, PEREIRA	F	111512	00	Fluvial Vilacondense	5:18.35	401	
	50m: 34.56 34.56	150m: 1:55.64 41.10	250m: 3:19.61 42.13	350m: 4:40.57 38.96				
	100m: 1:14.54 39.98	200m: 2:37.48 41.84	300m: 4:01.61 42.00	400m: 5:18.35 37.78				
4.	Ines Silva, OLIVEIRA	F	116890	00	Leixões Sport Clube	5:25.94	374	
	50m: 35.48 35.48	150m: 1:58.26 41.10	250m: 3:22.16 41.45	350m: 4:47.15 41.88				
	100m: 1:16.75 41.27	200m: 2:40.71 42.45	300m: 4:05.27 43.11	400m: 5:25.94 38.79				
5.	Adriana Azevedo, COUTO	F	108336	00	Famalicao	5:26.30	373	
	50m: 34.70 34.70	150m: 1:56.57 42.10	250m: 3:21.62 42.58	350m: 4:45.43 41.49				
	100m: 1:14.47 39.77	200m: 2:39.04 42.47	300m: 4:03.94 42.32	400m: 5:26.30 40.87				
6.	Maria Rocha, ASCENSAO	F	112141	00	FCPorto	5:34.43	346	
	50m: 36.80 36.80	150m: 1:59.72 42.24	250m: 3:26.04 43.21	350m: 4:52.21 43.23				
	100m: 1:17.48 40.68	200m: 2:42.83 43.11	300m: 4:08.98 42.94	400m: 5:34.43 42.22				
7.	Ana Sofia, RAMOS	F	108171	00	FCPorto	5:34.82	345	
	50m: 38.35 38.35	150m: 2:03.71 43.18	250m: 3:30.03 42.72	350m: 4:54.09 41.75				
	100m: 1:20.53 42.18	200m: 2:47.31 43.60	300m: 4:12.34 42.31	400m: 5:34.82 40.73				
8.	Adriana Marisa, FIGUEIREDO	F	109297	00	Famalicao	5:34.95	345	
	50m: 36.82 36.82	150m: 2:00.24 42.40	250m: 3:26.80 43.22	350m: 4:53.86 43.99				
	100m: 1:17.84 41.02	200m: 2:43.58 43.34	300m: 4:09.87 43.07	400m: 5:34.95 41.09				
9.	Maria Leonor, VALENTE	F	108288	00	FCPorto	5:39.13	332	
	50m: 38.63 38.63	150m: 2:05.46 42.88	250m: 3:31.76 42.75	350m: 4:57.35 42.88				
	100m: 1:22.58 43.95	200m: 2:49.01 43.55	300m: 4:14.47 42.71	400m: 5:39.13 41.78				
10.	Sara Filipa, SANTOS	F	110475	00	FCPorto	5:41.13	326	
	50m: 39.35 39.35	150m: 2:04.99 42.08	250m: 3:32.19 43.55	350m: 4:58.46 42.91				
	100m: 1:22.91 43.56	200m: 2:48.64 43.65	300m: 4:15.55 43.36	400m: 5:41.13 42.67				
11.	Helena Neto, COSTA	F	111309	00	Gespacos	5:42.20	323	
	50m: 37.00 37.00	150m: 2:02.53 43.45	250m: 3:30.67 44.24	350m: 4:59.14 44.52				
	100m: 1:19.08 42.08	200m: 2:46.43 43.90	300m: 4:14.62 43.95	400m: 5:42.20 43.06				
12.	Sara Lopes, BARBOSA	F	118181	00	Gespacos	5:43.03	321	
	50m: 38.13 38.13	150m: 2:04.09 43.96	250m: 3:32.00 43.74	350m: 4:59.46 43.84				
	100m: 1:20.13 42.00	200m: 2:48.26 44.17	300m: 4:15.62 43.62	400m: 5:43.03 43.57				
13.	Natalia Matos, CUNHA	F	120259	00	Assoc. Desportiva de Fafe	5:44.90	315	
	50m: 37.63 37.63	150m: 2:04.04 43.43	250m: 3:32.47 44.26	350m: 5:01.32 44.77				
	100m: 1:20.61 42.98	200m: 2:48.21 44.17	300m: 4:16.55 44.08	400m: 5:44.90 43.58				
14.	Carolina Isabel, MACHADO	F	111445	00	Vitória Sport Clube	5:45.81	313	
	50m: 39.23 39.23	150m: 2:06.66 43.84	250m: 3:34.84 44.02	350m: 5:03.14 44.41				
	100m: 1:22.82 43.59	200m: 2:50.82 44.16	300m: 4:18.73 43.89	400m: 5:45.81 42.67				
15.	Catarina Pacheco, CUNHA	F	111502	00	Felgueiras	5:51.25	299	
	50m: 38.51 38.51	150m: 2:06.20 44.21	250m: 3:36.96 45.25	350m: 5:07.29 44.92				
	100m: 1:21.99 43.48	200m: 2:51.71 45.51	300m: 4:22.37 45.41	400m: 5:51.25 43.96				
16.	Joana Almeida, RAINHA	F	112519	00	Fluvial Vilacondense	5:51.28	299	
	50m: 38.79 38.79	150m: 2:07.86 45.12	250m: 3:38.57 45.48	350m: 5:08.62 45.08				
	100m: 1:22.74 43.95	200m: 2:53.09 45.23	300m: 4:23.54 44.97	400m: 5:51.28 42.66				
17.	Alexandra Santos, FERREIRA	F	110546	00	Fluvial Portuense	5:51.75	297	
	50m: 38.93 38.93	150m: 2:09.15 45.55	250m: 3:39.24 45.06	350m: 5:08.49 44.77				
	100m: 1:23.60 44.67	200m: 2:54.18 45.03	300m: 4:23.72 44.48	400m: 5:51.75 43.26				
18.	Francisca Azevedo, DOURADO	F	112521	00	Fluvial Vilacondense	5:53.12	294	
	50m: 38.63 38.63	150m: 2:07.10 45.05	250m: 3:39.65 46.74	350m: 5:10.70 45.23				
	100m: 1:22.05 43.42	200m: 2:52.91 45.81	300m: 4:25.47 45.82	400m: 5:53.12 42.42				
19.	Marta Santos, PEREIRA	F	107371	00	FCPorto	5:54.14	291	
	50m: 39.30 39.30	150m: 2:08.83 45.81	250m: 3:40.78 46.17	350m: 5:11.47 45.34				
	100m: 1:23.02 43.72	200m: 2:54.61 45.78	300m: 4:26.13 45.35	400m: 5:54.14 42.67				
20.	Sara Vitoria, RAMOS	F	120901	00	FCPorto	5:56.47	286	
	50m: 38.99 38.99	150m: 2:07.43 44.63	250m: 3:38.39 45.27	350m: 5:10.53 46.41				
	100m: 1:22.80 43.81	200m: 2:53.12 45.69	300m: 4:24.12 45.73	400m: 5:56.47 45.94				

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Splash Meet Manager 11, Build 19249

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Campeonatos Regionais Infantis PC
Vila Mea, 24, 25 e 26-2-2012

Prova 26, Femin., 400m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
21.	Maria Isabel, SILVA <i>FIL</i>	F	112074	00	Leixões Sport Clube	6:01.69	273	
	50m: 39.75 39.75		150m: 2:08.80		44.74	250m: 4:28.98		45.08
	100m: 1:24.06 44.31		200m: 3:40.50		1:31.70	300m: 5:16.61		47.63
22.	Alexandra Daniela, CASTRO <i>FIL</i>	F	108282	00	Individual Norte de Portugal	6:04.14	268	
	50m: 40.32 40.32		150m: 2:13.01		46.46	250m: 3:46.98		46.51
	100m: 1:26.55 46.23		200m: 3:00.42		47.41	300m: 4:33.78		46.80
23.	Marta Alexandra, CANEDO <i>FIL</i>	F	108174	00	FCPorto	6:20.87	234	
	50m: 42.98 42.98		150m: 2:19.66		48.14	250m: 3:57.87		48.36
	100m: 1:31.52 48.54		200m: 3:08.16		48.50	300m: 4:47.36		49.49

Infantis A

1.	Mariana Alexandre, OLIVEIRA	F	107368	99	FCPorto	4:53.74	511	
	50m: 32.44 32.44		150m: 1:45.84		37.39	250m: 3:01.87		38.02
	100m: 1:08.25 35.81		200m: 2:23.85		38.21	300m: 3:39.83		37.96
2.	Maria Ines, MACHADO	F	108320	99	Famalicao	4:53.89	510	
	50m: 32.60 32.60		150m: 2:23.99		38.37	250m: 3:40.11		37.86
	100m: 1:45.62 1:13.02		200m: 3:02.25		38.26	350m: 4:17.82		37.71
3.	Noemia Verdi, SILVA	F	111770	99	Vitória Sport Clube	4:55.90	500	
	50m: 33.68 33.68		150m: 1:47.97		37.89	250m: 3:03.30		37.27
	100m: 1:10.08 36.40		200m: 2:26.03		38.06	300m: 3:40.77		37.47
4.	Ana Caetano, OLIVEIRA	F	118366	99	Leixões Sport Clube	5:01.23	474	
	50m: 34.11 34.11		150m: 1:49.81		38.03	250m: 3:06.21		38.60
	100m: 1:11.78 37.67		200m: 2:27.61		37.80	300m: 3:44.29		38.08
5.	Rosana Marinho, MACEDO	F	111500	99	Felgueiras	5:07.33	446	
	50m: 33.52 33.52		150m: 1:51.90		39.75	250m: 3:11.59		39.44
	100m: 1:12.15 38.63		200m: 2:32.15		40.25	300m: 3:51.39		39.80
6.	Maria Leonor, MARTINS	F	107962	99	Gespacos	5:07.77	444	
	50m: 34.18 34.18		150m: 1:51.36		39.10	250m: 3:09.89		39.35
	100m: 1:12.26 38.08		200m: 2:30.54		39.18	300m: 3:49.67		39.78
7.	Ana Beatriz, MARTINS	F	108375	99	Famalicao	5:12.15	426	
	50m: 35.50 35.50		150m: 1:53.92		39.11	250m: 3:13.44		39.75
	100m: 1:14.81 39.31		200m: 2:33.69		39.77	300m: 3:53.45		40.01
8.	Ana Teresa, NASCIMENTO	F	111876	99	Leixões Sport Clube	5:13.13	422	
	50m: 34.37 34.37		150m: 1:53.63		40.12	250m: 3:15.26		40.85
	100m: 1:13.51 39.14		200m: 2:34.41		40.78	300m: 3:55.49		40.23
9.	Marta Ferreira, ROCHA	F	110558	99	Leixões Sport Clube	5:14.81	415	
	50m: 34.58 34.58		150m: 1:52.56		39.35	250m: 3:13.09		40.31
	100m: 1:13.21 38.63		200m: 2:32.78		40.22	300m: 3:53.94		40.85
10.	Viviana Pinto, CUNHA	F	125474	99	Famalicao	5:17.26	405	
	50m: 35.07 35.07		150m: 1:54.11		40.44	250m: 3:16.50		40.69
	100m: 1:13.67 38.60		200m: 2:35.81		41.70	300m: 3:57.49		40.99
11.	Tatiana Isabel, CARDOSO	F	108175	99	FCPorto	5:20.78	392	
	50m: 36.22 36.22		150m: 1:55.89		40.42	250m: 3:17.51		40.81
	100m: 1:15.47 39.25		200m: 2:36.70		40.81	300m: 3:58.43		40.92
12.	Rita Almeida, FRECHES	F	111873	99	Leixões Sport Clube	5:21.69	389	
	50m: 36.13 36.13		150m: 1:56.39		40.37	250m: 3:18.26		40.90
	100m: 1:16.02 39.89		200m: 2:37.36		40.97	300m: 3:59.81		41.55
13.	Ana Alexandra, OLIVEIRA	F	104491	99	FCPorto	5:24.52	379	
	50m: 35.25 35.25		150m: 1:54.84		41.03	250m: 3:18.50		42.03
	100m: 1:13.81 38.56		200m: 2:36.47		41.63	300m: 4:00.53		42.03
14.	Maria Margarida, CABRAL	F	118114	99	FCPorto	5:25.88	374	
	50m: 35.44 35.44		150m: 1:56.04		41.10	250m: 3:20.70		42.40
	100m: 1:14.94 39.50		200m: 2:38.30		42.26	300m: 4:02.66		41.96
15.	Ines Ferreira, LOPES	F	107956	99	Leixões Sport Clube	5:31.10	357	
	50m: 37.82 37.82		150m: 2:02.83		43.01	250m: 3:28.30		43.35
	100m: 1:19.82 42.00		200m: 2:44.95		42.12	300m: 4:10.14		41.84
16.	Catarina Vieira, CORREIA	F	121076	99	Leixões Sport Clube	5:33.61	349	
	50m: 37.15 37.15		150m: 2:01.90		42.85	250m: 3:27.97		42.80
	100m: 1:19.05 41.90		200m: 2:45.17		43.27	300m: 4:10.28		42.31
17.	Clara Isabela, SOUSA	F	109655	99	Gespacos	5:38.11	335	
	50m: 37.16 37.16		150m: 2:02.33		43.32	250m: 3:29.10		43.63
	100m: 1:19.01 41.85		200m: 2:45.47		43.14	300m: 4:12.64		43.54
18.	Catarina Isabel, BRANCO <i>FIL</i>	F	118331	99	Ginásio Santo Tirso	5:49.81	302	
	50m: 38.43 38.43		150m: 2:07.28		44.71	250m: 3:36.99		44.99
	100m: 1:22.57 44.14		200m: 2:52.00		44.72	300m: 4:21.95		44.96
19.	Ines Martins, TEIXEIRA <i>FIL</i>	F	110470	99	FCPorto	5:52.50	295	
	50m: 40.08 40.08		150m: 2:08.11		44.44	250m: 3:38.07		45.01
	100m: 1:23.67 43.59		200m: 2:53.06		44.95	300m: 4:22.88		44.81

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Campeonatos Regionais Infantis PC
Vila Mea, 24, 25 e 26-2-2012

Prova 26, Femin., 400m Livres

EXH	Catarina Azevedo, NOBREGA	F	109833 99	Vila Real					5:22.57	386
	50m: 36.18		150m: 1:57.71	41.22	250m: 3:20.50	41.17	350m: 4:43.88		41.53	
	100m: 1:16.49		200m: 2:39.33	41.62	300m: 4:02.35	41.85	400m: 5:22.57		38.69	
EXH	Carolina, SOUSA	F	112244 99	Vila Real					5:23.18	384
	50m: 36.03		150m: 1:57.68	41.39	250m: 3:21.31	41.83	350m: 4:44.40		41.23	
	100m: 1:16.29		200m: 2:39.48	41.80	300m: 4:03.17	41.86	400m: 5:23.18		38.78	

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