

Prova 4
24-02-2012 - 17:45

Masc., 400m Estilos
CMEP - Clínica Médica do Exercício do Porto

Infantis
Resultados

RR Absoluto	4:15.91	Adriano Miguel, NIZ	FPN	Trieste (ITA)	09-12-2005
RR Inf B	5:03.10	Rui Paulo, BORGES	FCP	Antas	12-07-1980
RR Inf A	4:44.40	Rui Paulo, BORGES	FCP	Antas	18-07-1981

Infantis B Masc Inf B: 6:07.00 / Infantis A Masc Inf A: 5:50.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Rui Jorge, MATIAS	M	107735	99	Fluvial Vilacondense	5:33.08	353	
	50m: 35.80 35.80		150m: 2:00.53		43.37 250m: 3:30.76	49.36 350m: 4:57.41		37.51
	100m: 1:17.16 41.36		200m: 2:41.40		40.87 300m: 4:19.90	49.14 400m: 5:33.08		35.67
2.	Daniel Queiros, CRUZ	M	104694	99	CNMaia	5:40.58	330	
	50m: 38.33 38.33		150m: 2:09.27		44.13 250m: 3:37.53	45.79 350m: 5:03.95		40.23
	100m: 1:25.14 46.81		200m: 2:51.74		42.47 300m: 4:23.72	46.19 400m: 5:40.58		36.63
3.	Antonio Fernando, PINTO	M	109280	99	LSXXI	5:42.33	325	
	50m: 36.32 36.32		150m: 2:02.44		42.96 250m: 3:36.24	49.60 350m: 5:05.01		39.12
	100m: 1:19.48 43.16		200m: 2:46.64		44.20 300m: 4:25.89	49.65 400m: 5:42.33		37.32
4.	Jose Paulo, GOMES	M	108296	99	Felgueiras	5:50.71	302	
	50m: 39.13 39.13		150m: 2:08.79		43.08 250m: 3:41.06	50.15 350m: 5:12.15		39.34
	100m: 1:25.71 46.58		200m: 2:50.91		42.12 300m: 4:32.81	51.75 400m: 5:50.71		38.56
5.	Afonso Manuel, BARBOSA	M	111507	99	Felgueiras	5:52.26	298	
	50m: 37.86 38.16		150m: 2:06.94		43.34 250m: 3:41.11	51.21 350m: 5:13.09		39.24
	100m: 1:23.60 45.44		200m: 2:49.90		42.96 300m: 4:33.85	52.74 400m: 5:52.26		39.17
6.	Pedro Adelino, VIEGAS	M	110498	99	Vitória Sport Clube	5:52.79	297	
	50m: 36.45 36.45		150m: 2:10.18		46.15 250m: 3:45.96	50.33 350m: 5:16.33		39.56
	100m: 1:24.03 47.58		200m: 2:55.63		45.45 300m: 4:36.77	50.81 400m: 5:52.79		36.46
7.	Rui Pedro, FERREIRA	M	103050	99	Felgueiras	6:01.46	276	
	50m: 37.86 37.86		150m: 2:15.59		48.92 250m: 3:51.33	48.13 350m: 5:21.31		40.72
	100m: 1:26.67 48.81		200m: 3:03.20		47.61 300m: 4:40.59	49.26 400m: 6:01.46		40.15
8.	Goncalo Carqueja, COELHO <i>FTL</i>	M	108181	99	FCPorto	6:10.39	257	
	50m: 39.88 39.88		150m: 2:11.89		47.39 250m: 3:54.20	56.33 350m: 5:31.31		40.17
	100m: 1:24.50 44.62		200m: 2:57.87		45.98 300m: 4:51.14	56.94 400m: 6:10.39		39.08
9.	Ricardo Andre, PINTO <i>FTL</i>	M	120264	99	Gespacos	6:18.06	241	
	50m: 39.98 39.98		150m: 2:16.38		47.45 250m: 4:00.93	58.47 350m: 5:36.93		41.95
	100m: 1:28.93 48.95		200m: 3:02.46		46.08 300m: 4:54.98	54.05 400m: 6:18.06		41.13
10.	Daniel Silva, BESSA <i>FTL</i>	M	123018	99	Gespacos	6:19.93	238	
	50m: 41.11 41.11		150m: 2:21.71		50.08 250m: 4:03.23	52.18 350m: 5:36.46		42.16
	100m: 1:31.63 50.52		200m: 3:11.05		49.34 300m: 4:54.30	51.07 400m: 6:19.93		43.47
DSQ	Tomas Aguiar, RODRIGUES	M	109661	99	FCPorto			
	<i>508 - O(a) atleta efectuou movimento alternado de pernas durante o percurso – SW 8.3, No estilo de mariposa.</i>							
DSQ	Tiago Silva, SOARES	M	108287	99	FCPorto			
	<i>508 - O(a) atleta efectuou movimento alternado de pernas durante o percurso – SW 8.3, No estilo de mariposa.</i>							

Infantis A

1.	Pedro Ferraz, SILVA	M	104441	98	Gespacos	5:02.71	470	
	50m: 32.05 32.05		150m: 1:47.33		39.36 250m: 3:09.02	42.82 350m: 4:28.57		35.83
	100m: 1:07.97 35.92		200m: 2:26.20		38.87 300m: 3:52.74	43.72 400m: 5:02.71		34.14
2.	Pedro Nuno, VIEIRA	M	106742	98	Valongo	5:08.27	445	
	50m: 32.40 32.40		150m: 1:50.14		40.67 250m: 3:14.36	44.17 350m: 4:34.57		35.68
	100m: 1:09.47 37.07		200m: 2:30.19		40.05 300m: 3:58.89	44.53 400m: 5:08.27		33.70
3.	Joao Santos, MENDES	M	111648	98	Leixões Sport Clube	5:08.55	444	
	50m: 32.64 32.64		150m: 1:49.52		39.45 250m: 3:11.43	44.31 350m: 4:33.68		36.43
	100m: 1:10.07 37.43		200m: 2:27.12		37.60 300m: 3:57.25	45.82 400m: 5:08.55		34.87
4.	Luis Carlos, ALMEIDA	M	104527	98	Gespacos	5:16.69	411	
	50m: 32.91 32.91		150m: 1:53.22		42.09 250m: 3:19.67	44.91 350m: 4:41.48		35.71
	100m: 1:11.13 38.22		200m: 2:34.76		41.54 300m: 4:05.77	46.10 400m: 5:16.69		35.21
5.	Joao Costa, FERREIRA	M	119632	98	Famalicao	5:17.56	407	
	50m: 35.02 35.02		150m: 1:58.19		42.68 250m: 3:23.65	44.20 350m: 4:44.06		35.35
	100m: 1:15.51 40.49		200m: 2:39.45		41.26 300m: 4:08.71	45.06 400m: 5:17.56		33.50
6.	Leonardo Bom, PINTO	M	120168	98	Leixões Sport Clube	5:18.27	405	
	50m: 35.72 35.72		150m: 1:59.71		42.09 250m: 3:23.68	43.16 350m: 4:44.09		36.62
	100m: 1:17.62 41.90		200m: 2:40.52		40.81 300m: 4:07.47	43.79 400m: 5:18.27		34.18
7.	Luis Carlos, FONSECA	M	111772	98	Assoc. Desportiva de Fafe	5:21.97	391	
	50m: 33.46 33.46		150m: 1:56.33		43.00 250m: 3:23.78	45.62 350m: 4:47.08		36.73
	100m: 1:13.33 39.87		200m: 2:38.16		41.83 300m: 4:10.35	46.57 400m: 5:21.97		34.89

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

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Prova 4, Masc., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
8.	Paulo Filipe, SILVA	M	117012	98	CNMaia	5:22.09				390	
	50m: 32.80				40.35	250m: 3:17.65	46.88	350m: 4:46.18		39.68	
	100m: 1:10.94				39.48	300m: 4:06.50	48.85	400m: 5:22.09		35.91	
9.	Jose Pedro, SAMPAIO	M	108295	98	Felgueiras	5:24.10				383	
	50m: 33.23				40.15	250m: 3:21.33	47.93	350m: 4:47.24		35.74	
	100m: 1:13.54				39.71	300m: 4:11.50	50.17	400m: 5:24.10		36.86	
10.	Pedro Miguel, LINO	M	104724	98	Gespacos	5:28.21				369	
	50m: 35.23				40.77	250m: 3:26.39	46.43	350m: 4:50.90		38.15	
	100m: 1:17.44				41.75	300m: 4:12.75	46.36	400m: 5:28.21		37.31	
11.	Ricardo Manuel, MONTEIRO	M	110556	98	Leixões Sport Clube	5:30.50				361	
	50m: 34.94				44.94	250m: 3:29.98	44.34	350m: 4:52.99		38.56	
	100m: 1:15.54				45.16	300m: 4:14.43	44.45	400m: 5:30.50		37.51	
12.	Joao Diogo, LOURENCO	M	104412	98	Felgueiras	5:31.98				356	
	50m: 34.21				42.66	250m: 3:26.99	46.69	350m: 4:53.74		39.15	
	100m: 1:15.57				42.07	300m: 4:14.59	47.60	400m: 5:31.98		38.24	
13.	Joao Nuno, COSTA	M	106838	98	Gespacos	5:33.54				351	
	50m: 36.23				42.08	250m: 3:30.60	44.48	350m: 4:56.49		38.83	
	100m: 1:19.71				44.33	300m: 4:17.66	47.06	400m: 5:33.54		37.05	
14.	Duarte Nuno, BANDEIRA	M	104207	98	CNMaia	5:37.36				340	
	50m: 37.16				45.46	250m: 3:34.81	43.47	350m: 5:01.09		40.37	
	100m: 1:21.31				44.57	300m: 4:20.72	45.91	400m: 5:37.36		36.27	
15.	Joao Ribeiro, MIRANDA	M	111505	98	Felgueiras	5:43.86				321	
	50m: 36.87				43.75	250m: 3:38.65	49.70	350m: 5:05.91		37.72	
	100m: 1:21.19				44.01	300m: 4:28.19	49.54	400m: 5:43.86		37.95	
16.	Victor Tiago, GONCALVES	M	104482	98	FCPorto	5:49.31				306	
	50m: 36.24				45.29	250m: 3:37.93	50.10	350m: 5:09.88		41.39	
	100m: 1:18.12				44.42	300m: 4:28.49	50.56	400m: 5:49.31		39.43	
DSQ	Joao Carlos, SILVA	M	108379	98	Famalicao						
	<i>422 - O(a) atleta chegou com uma mão na parede – SW 7.6, No estilo de bruços.</i>										