

Prova 7	Femin., 800m Livres				Infantis
17-03-2012 - 9:00					Resultados
Recordes Nacionais 25m Absoluto	8:45.91	Marta Andreia, FERREIRA	FPN	Riesa (GER)	13-12-2002
Recordes Nacionais 25m Inf B	9:33.95	Filipa Vilas, RUIVO	DNMG	Nazaré	16-05-2009
Recordes Nacionais 25m Inf A	9:03.90	tempo limite,			
TAC Zonais 2011 Inf A Fem Inf A: 10:50.00 / TAC Zonais 2011 Inf B Fem Inf B: 11:36.00					
Pontos: FINA 2011					

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
<b>Infantis A</b>								
1.	Rita Costa, AMADOR	F	105665	99	Galitos	<b>9:41.32</b>	579	
	50m: 32.63		250m: 2:56.47		36.55	450m: 5:24.51		37.12
	100m: 1:07.35		300m: 3:33.60		37.13	500m: 6:01.46		36.95
	150m: 1:43.38		350m: 4:10.20		36.60	550m: 6:38.08		36.62
	200m: 2:19.92		400m: 4:47.39		37.19	600m: 7:14.80		36.72
						650m: 7:52.05		37.25
						700m: 8:29.34		37.29
						750m: 9:06.04		36.70
						800m: 9:41.32		35.28
2.	Ana Carolina, CARRACO	F	121177	99	Freguesia de Paiao	<b>9:42.91</b>	574	
	50m: 33.06		250m: 2:58.99		37.07	450m: 5:26.76		36.77
	100m: 1:08.41		300m: 3:36.13		37.14	500m: 6:03.57		36.81
	150m: 1:45.21		350m: 4:12.98		36.85	550m: 6:40.54		36.97
	200m: 2:21.92		400m: 4:49.99		37.01	600m: 7:17.39		36.85
						650m: 7:54.71		37.32
						700m: 8:31.91		37.20
						750m: 9:08.70		36.79
						800m: 9:42.91		34.21
3.	Tamila Hryhorivna, HOLUB	F	116887	99	Braga	<b>9:54.37</b>	541	
	50m: 32.11		250m: 2:57.32		36.90	450m: 5:27.49		37.69
	100m: 1:07.24		300m: 3:34.64		37.32	500m: 6:05.56		38.07
	150m: 1:43.38		350m: 4:11.93		37.29	550m: 6:44.08		38.52
	200m: 2:20.42		400m: 4:49.80		37.87	600m: 7:22.46		38.38
						650m: 8:00.98		38.52
						700m: 8:39.15		38.17
						750m: 9:17.22		38.07
						800m: 9:54.37		37.15
4.	Mariana Alexandre, OLIVEIRA	F	107368	99	FCPorto	<b>9:57.49</b>	533	
	50m: 33.27		250m: 3:02.78		37.89	450m: 5:34.55		37.24
	100m: 1:09.90		300m: 3:40.63		37.85	500m: 6:13.71		39.16
	150m: 1:47.52		350m: 4:18.81		38.18	550m: 6:51.97		38.26
	200m: 2:24.89		400m: 4:57.31		38.50	600m: 7:30.09		38.12
						650m: 8:07.64		37.55
						700m: 8:44.94		37.30
						750m: 9:22.01		37.07
						800m: 9:57.49		35.48
5.	Maria Ines, MACHADO	F	108320	99	Famalicao	<b>10:07.24</b>	508	
	50m: 32.51		250m: 3:00.37		38.01	450m: 5:35.50		38.87
	100m: 1:07.77		300m: 3:38.80		38.43	500m: 6:14.74		39.24
	150m: 1:44.65		350m: 4:17.69		38.89	550m: 6:53.38		38.64
	200m: 2:22.36		400m: 4:56.63		38.94	600m: 7:32.22		38.84
						650m: 8:11.36		39.14
						700m: 8:50.80		39.44
						750m: 9:30.16		39.36
						800m: 10:07.24		37.08
6.	Maria Dias, NEVES	F	108078	99	Miranda do Corvo	<b>10:09.01</b>	503	
	50m: 33.00		250m: 3:05.24		38.68	450m: 5:38.43		38.24
	100m: 1:09.63		300m: 3:43.71		38.47	500m: 6:17.02		38.59
	150m: 1:47.82		350m: 4:22.05		38.34	550m: 6:56.05		39.03
	200m: 2:26.56		400m: 5:00.19		38.14	600m: 7:34.51		38.46
						650m: 8:13.47		38.96
						700m: 8:52.23		38.76
						750m: 9:31.00		38.77
						800m: 10:09.01		38.01
7.	Ana Raquel, CONCEICAO	F	109020	99	Nautico/Matobra	<b>10:13.32</b>	493	
	50m: 35.01		250m: 3:08.18		38.58	450m: 5:42.75		38.52
	100m: 1:12.80		300m: 3:46.73		38.55	500m: 6:21.08		38.33
	150m: 1:51.15		350m: 4:25.44		38.71	550m: 6:59.61		38.53
	200m: 2:29.60		400m: 5:04.23		38.79	600m: 7:38.22		38.61
						650m: 8:16.93		38.71
						700m: 8:55.98		39.05
						750m: 9:34.97		38.99
						800m: 10:13.32		38.35
8.	Carina Rodrigues, MARINHO	F	111716	99	Felgueiras	<b>10:15.10</b>	488	
	50m: 32.68		250m: 3:04.99		38.78	450m: 5:40.50		39.07
	100m: 1:09.35		300m: 3:44.06		39.07	500m: 6:19.57		39.07
	150m: 1:47.49		350m: 4:22.72		38.66	550m: 6:59.04		39.47
	200m: 2:26.21		400m: 5:01.43		38.71	600m: 7:38.52		39.48
						650m: 8:18.10		39.58
						700m: 8:57.60		39.50
						750m: 9:36.93		39.33
						800m: 10:15.10		38.17
9.	Ana Caetano, OLIVEIRA	F	118366	99	Leixões Sport Clube	<b>10:15.99</b>	486	
	50m: 34.20		250m: 3:08.27		39.32	450m: 5:44.11		37.66
	100m: 1:11.81		300m: 3:47.62		39.35	500m: 6:23.61		39.50
	150m: 1:50.16		350m: 4:27.15		39.53	550m: 7:02.86		39.25
	200m: 2:28.95		400m: 5:06.45		39.30	600m: 7:42.13		39.27
						650m: 8:21.28		39.15
						700m: 9:00.07		38.79
						750m: 9:39.23		39.16
						800m: 10:15.99		36.76
10.	Ana Beatriz La, FERIA	F	116885	99	FCPorto	<b>10:23.31</b>	469	
	50m: 33.37		250m: 3:03.61		39.48	450m: 5:42.80		39.97
	100m: 1:08.98		300m: 3:42.97		39.36	500m: 6:22.93		40.13
	150m: 1:45.95		350m: 4:22.90		39.93	550m: 7:03.33		40.40
	200m: 2:24.13		400m: 5:02.83		39.93	600m: 7:43.22		39.89
						650m: 8:23.32		40.10
						700m: 9:03.69		40.37
						750m: 9:44.32		40.63
						800m: 10:23.31		38.99
11.	Marta Ferreira, ROCHA	F	110558	99	Leixões Sport Clube	<b>10:38.78</b>	436	
	50m: 34.33		250m: 3:10.40		39.45	450m: 5:54.51		41.46
	100m: 1:12.22		300m: 3:50.38		39.98	500m: 6:35.55		41.04
	150m: 1:51.23		350m: 4:31.42		41.04	550m: 7:16.64		41.09
	200m: 2:30.95		400m: 5:13.05		41.63	600m: 7:57.82		41.18
						650m: 8:38.58		40.76
						700m: 9:19.42		40.84
						750m: 9:59.65		40.23
						800m: 10:38.78		39.13
12.	Ana Cristina, SOUSA	F	110472	99	FCPorto	<b>10:45.65</b>	422	
	50m: 35.58		250m: 3:15.09		40.78	450m: 6:00.32		41.05
	100m: 1:14.45		300m: 3:56.56		41.47	500m: 6:41.30		40.98
	150m: 1:54.24		350m: 4:37.66		41.10	550m: 7:21.79		40.49
	200m: 2:34.31		400m: 5:19.27		41.61	600m: 8:02.71		40.92
						650m: 8:43.87		41.16
						700m: 9:24.95		41.08
						750m: 10:05.92		40.97
						800m: 10:45.65		39.73
13.	Daniela Filipa, MIRA	F	110632	99	Associacao CADES	<b>10:52.29</b>	409	
	<i>FTL</i>							
	50m: 36.55		250m: 3:22.04		41.56	450m: 6:07.25		41.39
	100m: 1:17.07		300m: 4:03.98		41.94	500m: 6:48.45		41.20
	150m: 1:58.87		350m: 4:45.22		41.24	550m: 7:29.93		41.48
	200m: 2:40.48		400m: 5:25.86		40.64	600m: 8:11.52		41.59
						650m: 8:52.90		41.38
						700m: 9:33.81		40.91
						750m: 10:14.18		40.37
						800m: 10:52.29		38.11

Torneio Zonal de Infantis - Norte  
Vila Mea, 16, 17 e 18-3-2012

Prova 7, Femin., 800m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
14.	Carolina Silva, MOREIRA FTL	F	118910	99	CNMaia	<b>10:53.28</b>	408	
	50m: 35.01 35.01		250m: 3:17.97		41.20	450m: 6:05.03		41.63
	100m: 1:14.56 39.55		300m: 4:00.02		42.05	500m: 6:47.62		42.59
	150m: 1:55.43 40.87		350m: 4:41.83		41.81	550m: 7:29.01		41.39
	200m: 2:36.77 41.34		400m: 5:23.40		41.57	600m: 8:10.26		41.25
15.	Maria Migueis, TEIXEIRA FTL	F	107574	99	Clube Natação Interior Norte	<b>10:56.85</b>	401	
	50m: 32.74 32.74		250m: 3:12.11		40.91	450m: 5:59.47		42.34
	100m: 1:10.32 37.58		300m: 3:53.52		41.41	500m: 6:42.46		42.99
	150m: 1:50.08 39.76		350m: 4:35.17		41.65	550m: 7:23.90		41.44
	200m: 2:31.20 41.12		400m: 5:17.13		41.96	600m: 8:07.81		43.91
16.	Mariana Pinto, ANGELO FTL	F	116788	99	Académica de Coimbra	<b>11:03.92</b>	388	
	50m: 36.57 36.57		250m: 3:21.51		41.63	450m: 6:09.59		42.10
	100m: 1:17.02 40.45		300m: 4:03.23		41.72	500m: 6:52.11		42.52
	150m: 1:58.66 41.64		350m: 4:45.12		41.89	550m: 7:34.16		42.05
	200m: 2:39.88 41.22		400m: 5:27.49		42.37	600m: 8:16.58		42.42

Infantis B

1.	Ana Miguel, REIS	F	108089	00	SCC/Oryzon Energias	<b>10:02.58</b>	519	
	50m: 34.05 34.05		250m: 3:06.55		38.38	450m: 5:36.97		37.69
	100m: 1:11.43 37.38		300m: 3:44.05		37.50	500m: 6:14.86		37.89
	150m: 1:50.07 38.64		350m: 4:21.70		37.65	550m: 6:52.79		37.93
	200m: 2:28.17 38.10		400m: 4:59.28		37.58	600m: 7:31.13		38.34
2.	Ana Rita, FARIA	F	117417	00	FCPorto	<b>10:18.93</b>	479	
	50m: 35.35 35.35		250m: 3:10.28		38.75	450m: 5:45.92		38.99
	100m: 1:13.94 38.59		300m: 3:49.46		39.18	500m: 6:24.67		38.75
	150m: 1:53.02 39.08		350m: 4:28.14		38.68	550m: 7:04.22		39.55
	200m: 2:31.53 38.51		400m: 5:06.93		38.79	600m: 7:43.37		39.15
3.	Mariana Santos, FERREIRA	F	112044	00	Miranda do Corvo	<b>10:23.99</b>	468	
	50m: 34.02 34.02		250m: 3:08.65		40.28	450m: 5:48.09		40.21
	100m: 1:10.94 36.92		300m: 3:48.01		39.36	500m: 6:27.93		39.84
	150m: 1:49.06 38.12		350m: 4:28.10		40.09	550m: 7:08.36		40.43
	200m: 2:28.37 39.31		400m: 5:07.88		39.78	600m: 7:48.60		40.24
4.	Adriana Azevedo, COUTO	F	108336	00	Famalicao	<b>10:41.62</b>	430	
	50m: 34.47 34.47		250m: 3:14.35		40.64	450m: 5:59.67		41.36
	100m: 1:12.72 38.25		300m: 3:55.40		41.05	500m: 6:40.36		40.69
	150m: 1:53.32 40.60		350m: 4:36.60		41.20	550m: 7:20.86		40.50
	200m: 2:33.71 40.39		400m: 5:18.31		41.71	600m: 8:01.35		40.49
5.	Joana Francisca, COSTA	F	118312	00	Felgueiras	<b>10:44.02</b>	425	
	50m: 34.99 34.99		250m: 3:17.02		40.74	450m: 5:59.49		40.37
	100m: 1:14.36 39.37		300m: 3:57.94		40.92	500m: 6:40.27		40.78
	150m: 1:55.23 40.87		350m: 4:38.79		40.85	550m: 7:21.40		41.13
	200m: 2:36.28 41.05		400m: 5:19.12		40.33	600m: 8:02.90		41.50
6.	Maria Rocha, ASCENSAO	F	112141	00	FCPorto	<b>10:50.65</b>	412	
	50m: 36.25 36.25		250m: 3:18.05		41.06	450m: 6:01.63		40.67
	100m: 1:16.17 39.92		300m: 3:58.74		40.69	500m: 6:42.87		41.24
	150m: 1:56.41 40.24		350m: 4:39.84		41.10	550m: 7:23.91		41.04
	200m: 2:36.99 40.58		400m: 5:20.96		41.12	600m: 8:05.37		41.46
7.	Rafaela Araujo, SILVA	F	119630	00	Famalicao	<b>10:55.34</b>	404	
	50m: 37.68 37.68		250m: 3:22.14		41.55	450m: 6:07.84		41.35
	100m: 1:18.18 40.50		300m: 4:03.65		41.51	500m: 6:49.35		41.51
	150m: 1:58.90 40.72		350m: 4:45.07		41.42	550m: 7:31.24		41.89
	200m: 2:40.59 41.69		400m: 5:26.49		41.42	600m: 8:12.69		41.45
8.	Margarete Leandro, FERNANDES	F	116952	00	Miranda do Corvo	<b>10:55.62</b>	403	
	50m: 36.22 36.22		250m: 3:20.06		41.53	450m: 6:06.03		41.69
	100m: 1:16.23 40.01		300m: 4:02.21		42.15	500m: 6:48.34		42.31
	150m: 1:57.40 41.17		350m: 4:42.41		40.20	550m: 7:29.61		41.27
	200m: 2:38.53 41.13		400m: 5:24.34		41.93	600m: 8:10.86		41.25
9.	Iara Mesquita, COSTA	F	118285	00	Freguesia de Paiao	<b>10:59.90</b>	395	
	50m: 36.87 36.87		250m: 3:21.74		41.81	450m: 6:08.94		41.59
	100m: 1:17.55 40.68		300m: 4:03.73		41.99	500m: 6:50.63		41.69
	150m: 1:58.75 41.20		350m: 4:45.21		41.48	550m: 7:31.94		41.31
	200m: 2:39.93 41.18		400m: 5:27.35		42.14	600m: 8:13.60		41.66
10.	Daniela Domingues, SOUSA	F	117411	00	Valongo	<b>11:01.06</b>	393	
	50m: 37.53 37.53		250m: 3:24.02		41.72	450m: 6:11.67		41.99
	100m: 1:18.78 41.25		300m: 4:05.35		41.33	500m: 6:53.50		41.83
	150m: 2:00.34 41.56		350m: 4:47.06		41.71	550m: 7:35.93		42.43
	200m: 2:42.30 41.96		400m: 5:29.68		42.62	600m: 8:17.60		41.67
11.	Beatriz Teixeira, MARTINS	F	117581	00	Estamos Juntos	<b>11:12.82</b>	373	
	50m: 37.97 37.97		250m: 3:24.55		42.10	450m: 6:15.61		43.34
	100m: 1:18.71 40.74		300m: 4:07.53		42.98	500m: 7:00.00		44.39
	150m: 2:00.66 41.95		350m: 4:50.45		42.92	550m: 7:42.72		42.72
	200m: 2:42.45 41.79		400m: 5:32.27		41.82	600m: 8:26.52		43.80

Torneio Zonal de Infantis - Norte  
Vila Mea, 16, 17 e 18-3-2012



Prova 7, Femin., 800m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
12.	Carla Laranjeira, MARQUES	F	109363	00	Galitos	<b>11:14.30</b>	371	
	50m: 38.38		250m: 3:24.38		42.22	450m: 6:16.15		43.35
	100m: 1:19.37		300m: 4:06.65		42.27	500m: 6:59.17		43.02
	150m: 2:00.97		350m: 4:50.10		43.45	550m: 7:44.49		45.32
	200m: 2:42.16		400m: 5:32.80		42.70	600m: 8:27.75		43.26
						650m: 9:11.11		43.36
						700m: 9:53.18		42.07
						750m: 10:35.54		42.36
						800m: 11:14.30		38.76
13.	Rita Goncalves, MARIEIRO	F	117710	00	Galitos	<b>11:18.36</b>	364	
	50m: 38.31		250m: 3:27.20		42.88	450m: 6:20.12		43.21
	100m: 1:19.76		300m: 4:10.29		43.09	500m: 7:03.55		43.43
	150m: 2:01.90		350m: 4:52.90		42.61	550m: 7:47.35		43.80
	200m: 2:44.32		400m: 5:36.91		44.01	600m: 8:30.19		42.84
						650m: 9:14.40		44.21
						700m: 9:57.87		43.47
						750m: 10:40.36		42.49
						800m: 11:18.36		38.00
14.	Ines Silva, OLIVEIRA	F	116890	00	Leixões Sport Clube	<b>11:22.28</b>	358	
	50m: 36.81		250m: 3:27.96		43.49	450m: 6:21.94		43.99
	100m: 1:18.81		300m: 4:11.20		43.24	500m: 7:05.43		43.49
	150m: 2:01.65		350m: 4:54.83		43.63	550m: 7:48.84		43.41
	200m: 2:44.47		400m: 5:37.95		43.12	600m: 8:32.20		43.36
						650m: 9:16.05		43.85
						700m: 9:59.12		43.07
						750m: 10:42.06		42.94
						800m: 11:22.28		40.22
15.	Ana Sofia, RAMOS	F	108171	00	FCPorto	<b>11:23.63</b>	356	
	50m: 38.99		250m: 3:29.41		42.39	450m: 6:22.72		43.46
	100m: 1:21.18		300m: 4:12.46		43.05	500m: 7:05.73		43.01
	150m: 2:04.03		350m: 4:55.62		43.16	550m: 7:48.98		43.25
	200m: 2:47.02		400m: 5:39.26		43.64	600m: 8:32.95		43.97
						650m: 9:15.74		42.79
						700m: 9:59.06		43.32
						750m: 10:42.45		43.39
						800m: 11:23.63		41.18
16.	Maria Beatriz, CANAVEIRA	F	112488	00	Académica de Coimbra	<b>11:27.10</b>	350	
	50m: 37.44		250m: 3:25.71		43.00	450m: 6:19.75		44.58
	100m: 1:18.60		300m: 4:08.61		42.90	500m: 7:03.74		43.99
	150m: 2:00.46		350m: 4:51.50		42.89	550m: 7:48.13		44.39
	200m: 2:42.71		400m: 5:35.17		43.67	600m: 8:32.65		44.52
						650m: 9:16.71		44.06
						700m: 10:01.08		44.37
						750m: 10:44.25		43.17
						800m: 11:27.10		42.85