

Torneio Zonal de Infantis - Norte  
Vila Mea, 16, 17 e 18-3-2012

Prova 8	Masc., 400m Livres				Infantis
17-03-2012 - 9:50					Resultados
Recordes Nacionais 25m Absoluto	3:45.58	Fabio Manuel, PEREIRA	FPN	Istambul (TUR)	10-12-2009
Recordes Nacionais 25m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04-04-2003
Recordes Nacionais 25m Inf A	4:13.24	Pedro Fontoura, OLIVEIRA	CFB	Reboleira	05-06-2004

TAC Zonais 2011 Inf A Masc Inf A: 4:53.50 / TAC Zonais 2011 Inf B Masc Inf B: 5:05.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
<b>Infantis A</b>								
1.	Joao Francisco, LOPES	M	107561	98	Braga	<b>4:26.68</b>	507	
	50m: 29.89				150m: 1:36.95	34.13		29.89
	100m: 1:02.82				200m: 2:11.35	34.40		32.93
2.	Tiago Moises, DINIS	M	100573	98	Nautico/Matobra	<b>4:27.04</b>	505	
	50m: 30.47				150m: 1:38.35	34.33		30.47
	100m: 1:04.02				200m: 2:12.78	34.43		33.55
3.	Joao Alberto, GONDAR	M	111545	98	Clube Fluvial Vilacondense	<b>4:29.19</b>	493	
	50m: 29.62				150m: 1:36.94	34.24		29.62
	100m: 1:02.70				200m: 2:11.81	34.87		33.08
4.	Joao Costa, FERREIRA	M	119632	98	Famalicao	<b>4:29.74</b>	490	
	50m: 31.10				150m: 1:38.13	33.77		31.10
	100m: 1:04.36				200m: 2:12.12	33.99		33.26
5.	Diogo Manuel, MARQUES	M	118567	98	SCC/Oryzon Energias	<b>4:30.53</b>	486	
	50m: 29.76				150m: 1:37.41	34.21		29.76
	100m: 1:03.20				200m: 2:11.89	34.48		33.44
6.	Jose Pedro, SAMPAIO	M	108295	98	Felgueiras	<b>4:35.05</b>	462	
	50m: 31.05				150m: 1:40.18	34.77		31.05
	100m: 1:05.41				200m: 2:15.54	35.36		34.36
7.	Pedro Nuno, VIEIRA	M	106742	98	Valongo	<b>4:36.14</b>	457	
	50m: 30.99				150m: 1:40.53	35.28		30.99
	100m: 1:05.25				200m: 2:15.66	35.13		34.26
8.	Pedro Goncalves, NETO	M	102038	98	FCPorto	<b>4:37.30</b>	451	
	50m: 30.30				150m: 1:39.83	35.46		30.30
	100m: 1:04.37				200m: 2:15.37	35.54		34.07
9.	Joao Carlos, SILVA	M	108379	98	Famalicao	<b>4:37.40</b>	451	
	50m: 30.14				150m: 1:38.21	34.64		30.14
	100m: 1:03.57				200m: 2:12.65	34.44		33.43
10.	Joao Santos, MENDES	M	111648	98	Leixões Sport Clube	<b>4:38.82</b>	444	
	50m: 31.23				150m: 1:41.35	35.87		31.23
	100m: 1:05.48				200m: 2:16.92	35.57		34.25
11.	Jose Pedro, PINTO	M	100797	98	Braga	<b>4:39.29</b>	442	
	50m: 31.03				150m: 1:40.04	34.90		31.03
	100m: 1:05.14				200m: 2:15.85	35.81		34.11
12.	Luis Filipe, RIBEIRO	M	107564	98	Braga	<b>4:39.47</b>	441	
	50m: 31.21				150m: 1:41.33	35.46		31.21
	100m: 1:05.87				200m: 2:17.16	35.83		34.66
13.	Leonardo Bom, PINTO	M	120168	98	Leixões Sport Clube	<b>4:39.52</b>	441	
	50m: 32.08				150m: 1:41.91	35.32		32.08
	100m: 1:06.59				200m: 2:17.50	35.59		34.51
14.	Daniel Filipe, PAIVA	M	110265	98	Miranda do Corvo	<b>4:40.45</b>	436	
	50m: 32.16				150m: 1:42.15	35.48		32.16
	100m: 1:06.67				200m: 2:18.31	36.16		34.51
15.	Luis Carlos, ALMEIDA	M	104527	98	Gespacos	<b>4:41.56</b>	431	
	50m: 31.23				150m: 1:41.83	35.63		31.23
	100m: 1:06.20				200m: 2:17.72	35.89		34.97
16.	Francisco Rodrigues, ANTAS	M	108431	98	Escola Desportiva de Viana	<b>4:43.02</b>	424	
	50m: 30.98				150m: 1:40.10	35.02		30.98
	100m: 1:05.08				200m: 2:16.50	36.40		34.10
17.	Diogo Rodrigues, LEITAO	M	112233	98	Assoc. Desportiva de Fafe	<b>4:43.34</b>	423	
	50m: 33.02				150m: 1:44.77	36.04		33.02
	100m: 1:08.73				200m: 2:20.33	35.56		35.71
18.	Goncalo Miguel, NOGUEIRA	M	104471	98	FCPorto	<b>4:43.98</b>	420	
	50m: 30.60				150m: 1:41.43	36.26		30.60
	100m: 1:05.17				200m: 2:18.08	36.65		34.57
19.	Diogo Mendes, PEREIRA	M	107783	98	Freguesia de Paiao	<b>4:45.14</b>	415	
	50m: 31.11				150m: 1:41.43	35.63		31.11
	100m: 1:05.80				200m: 2:17.15	35.72		34.69
20.	Pedro Miguel, VIEIRA	M	109367	98	Galitos	<b>4:46.11</b>	411	
	50m: 32.72				150m: 1:44.82	36.47		32.72
	100m: 1:08.35				200m: 2:20.85	36.03		35.63

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Prova 8, Masc., 400m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
21.	Eduardo Reis, GALHANO	M	108082	98	SCC/Oryzon Energias	<b>4:46.28</b>	410	
	50m: 32.73 32.73		150m: 1:43.80		35.63 250m: 2:56.48	36.37	350m: 4:10.47	36.92
	100m: 1:08.17 35.44		200m: 2:20.11		36.31 300m: 3:33.55	37.07	400m: 4:46.28	35.81
22.	Diogo Rafael, SANTOS	M	110597	98	Galitos	<b>4:46.31</b>	410	
	50m: 31.62 31.62		150m: 1:42.51		36.15 250m: 2:56.42	36.93	350m: 4:10.04	36.80
	100m: 1:06.36 34.74		200m: 2:19.49		36.98 300m: 3:33.24	36.82	400m: 4:46.31	36.27
23.	Luis Carlos, FONSECA	M	111772	98	Assoc. Desportiva de Fafe	<b>4:46.89</b>	407	
	50m: 31.53 31.53		150m: 1:43.34		36.60 250m: 2:56.95	36.76	350m: 4:11.33	37.50
	100m: 1:06.74 35.21		200m: 2:20.19		36.85 300m: 3:33.83	36.88	400m: 4:46.89	35.56
24.	Leandro Miguel, BAPTISTA	M	102657	98	Leixões Sport Clube	<b>4:49.21</b>	398	
	50m: 30.94 30.94		150m: 1:41.93		36.47 250m: 2:54.90	36.52	350m: 4:06.50	35.12
	100m: 1:05.46 34.52		200m: 2:18.38		36.45 300m: 3:31.38	36.48	400m: 4:49.21	42.71
25.	Bruno Jose, SILVA	M	107560	98	Braga	<b>4:51.53</b>	388	
	50m: 32.98 32.98		150m: 1:45.52		36.69 250m: 2:59.96	37.24	350m: 4:15.21	37.56
	100m: 1:08.83 35.85		200m: 2:22.72		37.20 300m: 3:37.65	37.69	400m: 4:51.53	36.32
26.	Carlos Alberto, GOMES	M	109394	98	Sporting Clube de Espinho	<b>4:52.03</b>	386	
	50m: 31.99 31.99		150m: 1:44.62		37.38 250m: 3:00.71	38.03	350m: 4:15.59	37.70
	100m: 1:07.24 35.25		200m: 2:22.68		38.06 300m: 3:37.89	37.18	400m: 4:52.03	36.44
27.	Tiago Abrantes, OLIVEIRA FL	M	109403	98	Sport Alges e Agueda	<b>4:56.63</b>	369	
	50m: 32.47 32.47		150m: 1:44.88		36.44 250m: 3:00.31	38.56	350m: 4:18.33	39.18
	100m: 1:08.44 35.97		200m: 2:21.75		36.87 300m: 3:39.15	38.84	400m: 4:56.63	38.30
DNS	Joao Jose, LARANJEIRA	M	105936	98	Campinho			

Infantis B

1.	Rui Jorge, MATIAS	M	107735	99	Clube Fluvial Vilacondense	<b>4:34.94</b>	463	
	50m: 31.52 31.52		150m: 1:40.76		35.21 250m: 2:50.91	35.13	350m: 4:01.77	35.24
	100m: 1:05.55 34.03		200m: 2:15.78		35.02 300m: 3:26.53	35.62	400m: 4:34.94	33.17
2.	Gabriel Levi, GOMES	M	118573	99	SCC/Oryzon Energias	<b>4:44.78</b>	417	
	50m: 32.24 32.24		150m: 1:42.83		35.73 250m: 2:55.63	36.58	350m: 4:09.00	36.85
	100m: 1:07.10 34.86		200m: 2:19.05		36.22 300m: 3:32.15	36.52	400m: 4:44.78	35.78
3.	Tiago Andre, OLIVEIRA	M	116986	99	Vitória Sport Clube	<b>4:45.91</b>	412	
	50m: 31.70 31.70		150m: 1:43.15		36.14 250m: 2:56.66	37.00	350m: 4:11.15	37.33
	100m: 1:07.01 35.31		200m: 2:19.66		36.51 300m: 3:33.82	37.16	400m: 4:45.91	34.76
4.	Ricardo Jorge, CARVALHO	M	105670	99	Galitos	<b>4:49.21</b>	398	
	50m: 32.84 32.84		150m: 1:45.11		36.21 250m: 2:59.58	37.35	350m: 4:13.76	36.96
	100m: 1:08.90 36.06		200m: 2:22.23		37.12 300m: 3:36.80	37.22	400m: 4:49.21	35.45
5.	Jose Pedro, FERNANDES	M	111611	99	Braga	<b>4:53.54</b>	380	
	50m: 31.71 31.71		150m: 1:43.30		36.84 250m: 2:58.79	38.19	350m: 4:15.79	38.55
	100m: 1:06.46 34.75		200m: 2:20.60		37.30 300m: 3:37.24	38.45	400m: 4:53.54	37.75
6.	Pedro Adelino, VIEGAS	M	110498	99	Vitória Sport Clube	<b>4:56.55</b>	369	
	50m: 33.82 33.82		150m: 1:47.60		37.49 250m: 3:03.43	38.23	350m: 4:19.48	37.74
	100m: 1:10.11 36.29		200m: 2:25.20		37.60 300m: 3:41.74	38.31	400m: 4:56.55	37.07
7.	Joao Paulo, CORREIA	M	110481	99	FCPorto	<b>4:59.42</b>	358	
	50m: 33.15 33.15		150m: 1:48.20		37.97 250m: 3:04.80	38.43	350m: 4:21.75	38.51
	100m: 1:10.23 37.08		200m: 2:26.37		38.17 300m: 3:43.24	38.44	400m: 4:59.42	37.67
EXH	Roman, STEFANIV	M	118568	98	SCC/Oryzon Energias	<b>4:35.52</b>	460	
	50m: 29.82 29.82		150m: 1:38.98		35.60 250m: 2:50.22	35.72	350m: 4:00.47	34.53
	100m: 1:03.38 33.56		200m: 2:14.50		35.52 300m: 3:25.94	35.72	400m: 4:35.52	35.05