

Campeonatos Regionais Juniores e Seniores
Pova de Varzim, 16, 17 e 18-3-2012

Prova 1 Masc., 1500m Livres 17 anos e mais velhos
16-03-2012 - 15:30 COPIDOURO - Cópia e Artigos de Reprodução, Lda Resultados

Recordes Nacionais 50m Absoluto	15:16.22	Fernando Eurico, COSTA	FPN	Bangkok (THA)	14-08-2007
Recordes Nacionais 50m Jun	15:34.51	Fernando Eurico, COSTA	FPN	Luxemburgo (LUX)	24-01-2003
Recordes Nacionais 50m Sen	15:16.22	Fernando Eurico, COSTA	FPN	Bangkok (THA)	14-08-2007

Juniores Masculinos Jun: 18:20.00 / Seniores Masculinos Sen: 17:55.00

Pontos: FINA 2012

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	TR
1.	Tiago Silva, OLIVEIRA	M	15465	94	Leixões Sport Clube	16:38.97	670	+0,93
	100m: 1:00.80		500m: 5:25.87		1:05.92	900m: 9:54.07		1:07.87
	200m: 2:06.94		600m: 6:31.63		1:05.76	1000m: 11:02.17		1:08.10
	300m: 3:13.25		700m: 7:38.88		1:07.25	1100m: 12:10.81		1:08.64
	400m: 4:19.95		800m: 8:46.20		1:07.32	1200m: 13:18.94		1:08.13
1300m:	14:26.58							1:07.64
1400m:	15:34.31							1:07.73
1500m:	16:38.97							1:04.66
2.	Ruben Filipe, NUNES	M	23302	94	Gespacos	16:58.38	632	+0,85
	100m: 1:04.61		500m: 5:35.08		1:07.37	900m: 10:05.64		1:07.84
	200m: 2:12.34		600m: 6:42.46		1:07.38	1000m: 11:14.10		1:08.46
	300m: 3:20.14		700m: 7:50.05		1:07.59	1100m: 12:22.96		1:08.86
	400m: 4:27.71		800m: 8:57.80		1:07.75	1200m: 13:31.54		1:08.58
1300m:	14:40.79							1:09.25
1400m:	15:50.24							1:09.45
1500m:	16:58.38							1:08.14
3.	Cesar Filipe, MAGALHAES	M	15473	95	Foca	17:06.94	616	+0,88
	100m: 1:04.47		500m: 5:36.78		1:08.34	900m: 10:14.23		1:08.99
	200m: 2:11.99		600m: 6:45.44		1:08.66	1000m: 11:24.48		1:10.25
	300m: 3:20.26		700m: 7:54.89		1:09.45	1100m: 12:34.77		1:10.29
	400m: 4:28.44		800m: 9:05.24		1:10.35	1200m: 13:44.30		1:09.53
1300m:	14:53.78							1:09.48
1400m:	16:01.21							1:07.43
1500m:	17:06.94							1:05.73
4.	Nuno Filipe, MAGALHAES	M	102016	94	FCPorto	17:27.44	581	+0,94
	100m: 1:03.49		500m: 5:34.39		1:08.39	900m: 10:14.93		1:12.83
	200m: 2:10.40		600m: 6:43.44		1:09.05	1000m: 11:27.40		1:12.47
	300m: 3:17.84		700m: 7:53.83		1:10.39	1100m: 12:38.73		1:11.33
	400m: 4:26.00		800m: 9:02.10		1:08.27	1200m: 13:52.80		1:14.07
1300m:	15:05.25							1:12.45
1400m:	16:01.21							1:11.79
1500m:	17:27.44							1:10.40
5.	Marcelo Jose, PINTO	M	19400	94	Foca	17:39.97	560	+0,85
	100m: 1:04.39		500m: 5:45.34		1:10.39	900m: 10:29.29		1:11.35
	200m: 2:14.31		600m: 6:56.13		1:11.79	1000m: 11:40.99		1:11.70
	300m: 3:24.61		700m: 8:06.42		1:10.29	1100m: 12:53.02		1:12.03
	400m: 4:34.95		800m: 9:17.94		1:11.52	1200m: 14:04.57		1:11.55
1300m:	15:16.28							1:11.71
1400m:	16:28.11							1:11.83
1500m:	17:39.97							1:11.86
6.	Joao Miguel, COSTA	M	15088	95	Vilacondense	17:40.39	560	+0,81
	100m: 1:04.44		500m: 5:43.54		1:11.58	900m: 10:27.84		1:11.84
	200m: 2:12.84		600m: 6:54.49		1:10.95	1000m: 11:39.19		1:11.35
	300m: 3:22.22		700m: 8:05.10		1:10.61	1100m: 12:51.37		1:12.18
	400m: 4:31.96		800m: 9:16.00		1:10.90	1200m: 14:03.34		1:11.97
1300m:	15:16.08							1:12.74
1400m:	16:28.52							1:13.44
1500m:	17:40.39							1:10.87
7.	Hugo Miguel, SILVA	M	24567	94	Braga	17:57.13	534	+0,83
	100m: 1:05.11		500m: 5:44.21		1:11.70	900m: 10:31.86		1:12.74
	200m: 2:13.27		600m: 6:55.92		1:11.71	1000m: 11:45.11		1:13.25
	300m: 3:22.74		700m: 8:07.54		1:11.62	1100m: 12:59.03		1:13.92
	400m: 4:32.51		800m: 9:19.12		1:11.58	1200m: 14:12.85		1:13.82
1300m:	15:27.76							1:14.91
1400m:	16:42.77							1:15.01
1500m:	17:57.13							1:14.36
8.	Pedro Maria, BESSA	M	18656	95	Vilacondense	17:57.30	534	+1,13
	100m: 1:06.35		500m: 5:54.67		1:12.47	900m: 10:44.50		1:12.74
	200m: 2:18.30		600m: 7:07.01		1:12.34	1000m: 11:57.41		1:12.91
	300m: 3:30.37		700m: 8:19.33		1:12.32	1100m: 13:10.25		1:12.84
	400m: 4:42.20		800m: 9:31.76		1:12.43	1200m: 14:22.58		1:12.33
1300m:	15:35.42							1:12.84
1400m:	16:49.17							1:13.75
1500m:	17:57.30							1:08.13
9.	Joao Eurico, COSTA	M	15450	94	Leixões Sport Clube	17:57.90	533	+0,80
	100m: 1:06.33		500m: 5:54.12		1:12.26	900m: 10:44.20		1:12.77
	200m: 2:17.86		600m: 7:06.85		1:12.73	1000m: 11:56.90		1:12.70
	300m: 3:29.76		700m: 8:18.95		1:12.10	1100m: 13:09.65		1:12.75
	400m: 4:41.86		800m: 9:31.43		1:12.48	1200m: 14:22.34		1:12.69
1300m:	15:35.05							1:12.71
1400m:	16:48.48							1:13.43
1500m:	17:57.90							1:09.42
10.	Daniel Rento, LAUREANO	M	103707	95	Leixões Sport Clube	18:06.22	521	+0,90
	100m: 1:07.78		500m: 5:56.44		1:12.60	900m: 10:50.30		1:13.38
	200m: 2:19.09		600m: 7:09.82		1:13.38	1000m: 12:04.24		1:13.94
	300m: 3:30.69		700m: 8:22.86		1:13.04	1100m: 13:17.70		1:13.46
	400m: 4:43.84		800m: 9:36.92		1:14.06	1200m: 14:31.17		1:13.47
1300m:	15:44.32							1:13.15
1400m:	16:56.67							1:12.35
1500m:	18:06.22							1:09.55
11.	Mario Guterres, CARVALHO	M	18088	95	Vilacondense	18:24.75	495	+0,98
	<i>FTL</i>							
	100m: 1:08.33		500m: 6:01.55		1:15.17	900m: 10:59.37		1:14.02
	200m: 2:20.07		600m: 7:16.43		1:14.88	1000m: 12:13.83		1:14.46
	300m: 3:32.59		700m: 8:31.12		1:14.69	1100m: 13:28.65		1:14.82
	400m: 4:46.38		800m: 9:45.35		1:14.23	1200m: 14:43.41		1:14.76
1300m:	15:58.45							1:15.04
1400m:	17:13.05							1:14.60
1500m:	18:24.75							1:11.70
DSQ	Diogo Jose, NUNES	M	100822	95	Escola Desportiva de Viana			+0,60
	<i>102 - Falsa partida - SW 4.4</i>							
WDR	Joao Duarte, MARAFONA	M	20293	95	Vilacondense			

O Secretário do Juri

O Juiz Árbitro

Campeonatos Regionais Juniores e Seniores
Pova de Varzim, 16, 17 e 18-3-2012

Prova 1, Masc., 1500m Livres

Seniores

1.	Hugo Alberto, RIBEIRO	M	23114	88	Gespacos							16:28.36	691	+0,97
	100m: 1:02.77	1:02.77	500m: 5:25.47	1:05.95	900m: 9:47.82	1:05.59	1300m: 14:14.93	1:07.37						
	200m: 2:08.22	1:05.45	600m: 6:30.92	1:05.45	1000m: 10:54.11	1:06.29	1400m: 15:22.07	1:07.14						
	300m: 3:13.79	1:05.57	700m: 7:36.44	1:05.52	1100m: 12:00.81	1:06.70	1500m: 16:28.36	1:06.29						
	400m: 4:19.52	1:05.73	800m: 8:42.23	1:05.79	1200m: 13:07.56	1:06.75								
2.	Rui Filipe, COSTA	M	24004	91	Vitória Sport Clube							16:47.28	653	+0,74
	100m: 1:03.90	1:03.90	500m: 5:36.49	1:08.54	900m: 10:03.50	1:06.19	1300m: 14:31.18	1:06.99						
	200m: 2:10.77	1:06.87	600m: 6:43.56	1:07.07	1000m: 11:10.20	1:06.70	1400m: 15:39.15	1:07.97						
	300m: 3:18.97	1:08.20	700m: 7:50.69	1:07.13	1100m: 12:17.03	1:06.83	1500m: 16:47.28	1:08.13						
	400m: 4:27.95	1:08.98	800m: 8:57.31	1:06.62	1200m: 13:24.19	1:07.16								
3.	Ricardo Manuel, MACHADO	M	13278	93	Braga							16:52.57	643	+0,89
	100m: 1:01.85	1:01.85	500m: 5:31.58	1:08.94	900m: 10:06.10	1:08.86	1300m: 14:37.50	1:07.76						
	200m: 2:07.14	1:05.29	600m: 6:39.79	1:08.21	1000m: 11:14.77	1:08.67	1400m: 15:45.66	1:08.16						
	300m: 3:14.12	1:06.98	700m: 7:48.12	1:08.33	1100m: 12:22.58	1:07.81	1500m: 16:52.57	1:06.91						
	400m: 4:22.64	1:08.52	800m: 8:57.24	1:09.12	1200m: 13:29.74	1:07.16								
4.	Bruno Miranda, SOUSA	M	106109	93	Escola Desportiva de Viana							17:15.52	601	+0,94
	100m: 1:03.90	1:03.90	500m: 5:39.42	1:09.74	900m: 10:18.06	1:09.56	1300m: 14:57.81	1:10.70						
	200m: 2:11.96	1:08.06	600m: 6:49.21	1:09.79	1000m: 11:27.52	1:09.46	1400m: 16:07.68	1:09.87						
	300m: 3:20.55	1:08.59	700m: 7:58.83	1:09.62	1100m: 12:37.31	1:09.79	1500m: 17:15.52	1:07.84						
	400m: 4:29.68	1:09.13	800m: 9:08.50	1:09.67	1200m: 13:47.11	1:09.80								
5.	Paulo Andre, DIAS	M	23406	92	Gespacos							17:16.29	600	+0,86
	100m: 1:04.70	1:04.70	500m: 5:36.64	1:08.33	900m: 10:16.15	1:10.76	1300m: 14:57.26	1:10.37						
	200m: 2:12.40	1:07.70	600m: 6:45.54	1:08.90	1000m: 11:26.39	1:10.24	1400m: 16:07.49	1:10.23						
	300m: 2:18.36	5.96	700m: 7:54.92	1:09.38	1100m: 12:37.32	1:10.93	1500m: 17:16.29	1:08.80						
	400m: 4:28.31	2:09.95	800m: 9:05.39	1:10.47	1200m: 13:46.89	1:09.57								
6.	Igor Guterres, CARVALHO	M	23057	88	Vilacondense							17:32.55	572	+0,98
	100m: 1:04.38	1:04.38	500m: 5:44.55	1:12.50	900m: 10:30.36	1:10.03	1300m: 15:13.13	1:10.66						
	200m: 2:12.67	1:08.29	600m: 6:56.20	1:11.65	1000m: 11:40.03	1:09.67	1400m: 16:24.66	1:11.53						
	300m: 3:22.02	1:09.35	700m: 8:09.66	1:13.46	1100m: 12:51.71	1:11.68	1500m: 17:32.55	1:07.89						
	400m: 4:32.05	1:10.03	800m: 9:20.33	1:10.67	1200m: 14:02.47	1:10.76								
7.	Nuno Vieira, MALHEIRO	M	13279	93	Braga							17:52.06	542	+0,90
	100m: 1:05.11	1:05.11	500m: 5:48.61	1:12.19	900m: 10:42.67	1:13.57	1300m: 15:30.63	1:12.06						
	200m: 2:13.95	1:08.84	600m: 7:02.58	1:13.97	1000m: 11:53.99	1:11.32	1400m: 16:42.07	1:11.44						
	300m: 3:24.34	1:10.39	700m: 8:17.74	1:15.16	1100m: 13:06.26	1:12.27	1500m: 17:52.06	1:09.99						
	400m: 4:36.42	1:12.08	800m: 9:29.10	1:11.36	1200m: 14:18.57	1:12.31								
DSQ	Goncalo Goncalves, MENESES	M	13171	92	Braga									+0,85
	102 - Falsa partida – SW 4.4													