

Prova 11
23-02-2013 - 16:35

Masc., 1500m Livres
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Infantis
Resultados

RN Absoluto	15:04.78	Fernando Eurico, COSTA	FPN	Trieste (ITA)	10-12-2005
RN Inf B	17:13.96	Pedro Fontoura, OLIVEIRA	CFB	Santarem	06-04-2003
RN Inf A	16:31.35	Pedro Fontoura, OLIVEIRA	CFB	Reboleira	27-06-2004
RR Absoluto	15:04.78	Fernando Eurico, COSTA	FPN	Trieste (ITA)	10-12-2005
RR Inf B	17:20.10	Rui Paulo, BORGES	FCP	Antas	13-07-1980
RR Inf A	16:37.60	Rui Paulo, BORGES	FCP	Antas	12-04-1981

Infantis B Masc Inf B: 20:56.00 / Infantis A Masc Inf A: 20:08.00

Pontos: FINA 2012

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs	
1.	Miguel Angelo, SANTOS	M	109306	00	Famalicao	18:04.02	482		
	50m: 32.94		450m: 5:22.86		36.18	850m: 10:11.58	35.83	1250m: 15:03.84	36.86
	100m: 1:08.50		500m: 5:59.34		36.48	900m: 10:47.77	36.19	1300m: 15:40.30	36.46
	150m: 1:44.37		550m: 6:35.52		36.18	950m: 11:24.51	36.74	1350m: 16:16.89	36.59
	200m: 2:20.55		600m: 7:11.83		36.31	1000m: 12:01.12	36.61	1400m: 16:52.19	35.30
	250m: 2:57.02		650m: 7:47.86		36.03	1050m: 12:37.48	36.36	1450m: 17:26.35	34.16
	300m: 3:33.49		700m: 8:23.79		35.93	1100m: 13:14.10	36.62	1500m: 18:04.02	37.67
	350m: 4:09.92		750m: 8:59.82		36.03	1150m: 13:49.86	35.76		
	400m: 4:46.68		800m: 9:35.75		35.93	1200m: 14:26.98	37.12		
2.	Diogo Barbosa, NUNES	M	110529	00	Fluvial Portuense	19:14.64	399		
	50m: 34.53		450m: 5:39.44		37.95	850m: 10:50.89	38.93	1250m: 16:02.62	37.45
	100m: 1:12.27		500m: 6:17.71		38.27	900m: 11:30.27	39.38	1300m: 16:41.50	38.88
	150m: 1:50.57		550m: 6:55.95		38.24	950m: 12:09.64	39.37	1350m: 17:19.53	38.03
	200m: 2:28.69		600m: 7:35.27		39.32	1000m: 12:48.79	39.15	1400m: 17:59.65	40.12
	250m: 3:05.95		650m: 8:13.82		38.55	1050m: 13:28.28	39.49	1450m: 18:37.50	37.85
	300m: 3:44.94		700m: 8:53.30		39.48	1100m: 14:07.59	39.31	1500m: 19:14.64	37.14
	350m: 4:22.84		750m: 9:32.91		39.61	1150m: 14:46.15	38.56		
	400m: 5:01.49		800m: 10:11.96		39.05	1200m: 15:25.17	39.02		
3.	Nuno Correia, SOUSA	M	110484	00	Porto	19:26.96	386		
	50m: 35.11		450m: 5:48.01		38.95	850m: 11:02.43	39.35	1250m: 16:15.80	39.04
	100m: 1:13.35		500m: 6:27.59		39.58	900m: 11:41.94	39.51	1300m: 16:55.21	39.41
	150m: 1:52.77		550m: 7:06.72		39.13	950m: 12:20.86	38.92	1350m: 17:34.23	39.02
	200m: 2:32.06		600m: 7:46.24		39.52	1000m: 13:00.67	39.81	1400m: 18:12.97	38.74
	250m: 3:11.08		650m: 8:25.37		39.13	1050m: 13:39.62	38.95	1450m: 18:51.82	38.85
	300m: 3:50.30		700m: 9:04.63		39.26	1100m: 14:18.71	39.09	1500m: 19:26.96	35.14
	350m: 4:30.52		750m: 9:43.82		39.19	1150m: 14:57.69	38.98		
	400m: 5:09.06		800m: 10:23.08		39.26	1200m: 15:36.76	39.07		
4.	Nuno Filipe, FERREIRA	M	119654	00	Felgueiras	19:51.35	363		
	50m: 36.15		450m: 5:53.02		40.14	850m: 11:13.39	41.17	1250m: 16:32.59	39.95
	100m: 1:15.66		500m: 6:32.97		39.95	900m: 11:53.27	39.88	1300m: 17:12.61	40.02
	150m: 1:55.16		550m: 7:12.24		39.27	950m: 12:33.27	40.00	1350m: 17:53.14	40.53
	200m: 2:34.61		600m: 7:52.45		40.21	1000m: 13:13.54	40.27	1400m: 18:33.38	40.24
	250m: 3:13.80		650m: 8:32.19		39.74	1050m: 13:52.85	39.31	1450m: 19:12.50	39.12
	300m: 3:53.68		700m: 9:12.15		39.96	1100m: 14:32.54	39.69	1500m: 19:51.35	38.85
	350m: 4:32.57		750m: 9:52.50		40.35	1150m: 15:12.50	39.96		
	400m: 5:12.88		800m: 10:32.22		39.72	1200m: 15:52.64	40.14		
5.	Tiago Filipe, TEIXEIRA	M	112114	00	Felgueiras	19:52.99	361		
	50m: 34.32		450m: 5:52.07		40.40	850m: 11:14.64	39.84	1250m: 16:36.48	39.88
	100m: 1:11.90		500m: 6:32.12		40.05	900m: 11:54.59	39.95	1300m: 17:15.51	39.03
	150m: 1:50.85		550m: 7:12.55		40.43	950m: 12:35.14	40.55	1350m: 17:54.83	39.32
	200m: 2:30.79		600m: 7:53.00		40.45	1000m: 13:15.88	40.74	1400m: 18:34.42	39.59
	250m: 3:10.69		650m: 8:33.53		40.53	1050m: 13:55.58	39.70	1450m: 19:14.43	40.01
	300m: 3:50.48		700m: 9:13.46		39.93	1100m: 14:36.03	40.45	1500m: 19:52.99	38.56
	350m: 4:30.60		750m: 9:54.31		40.85	1150m: 15:16.56	40.53		
	400m: 5:11.67		800m: 10:34.80		40.49	1200m: 15:56.60	40.04		
6.	Bruno Miguel, SOUSA	M	124184	00	Leixões Sport Clube	20:11.29	345		
	50m: 33.98		450m: 5:58.53		40.90	850m: 11:23.45	40.62	1250m: 16:53.19	41.79
	100m: 1:13.58		500m: 6:38.56		40.03	900m: 12:05.34	41.89	1300m: 17:35.13	41.94
	150m: 1:54.40		550m: 7:19.70		41.14	950m: 12:46.01	40.67	1350m: 18:16.57	41.44
	200m: 2:34.94		600m: 7:59.93		40.23	1000m: 13:27.36	41.35	1400m: 18:57.36	40.79
	250m: 3:15.55		650m: 8:05.37		5.44	1050m: 14:08.13	40.77	1450m: 19:36.01	38.65
	300m: 3:56.84		700m: 9:21.66		1:16:29	1100m: 14:49.18	41.05	1500m: 20:11.29	35.28
	350m: 4:37.42		750m: 10:01.69		40.03	1150m: 15:30.53	41.35		
	400m: 5:17.63		800m: 10:42.83		41.14	1200m: 16:11.40	40.87		
7.	Bruno Miguel, PINTO	M	121335	00	Porto	20:12.07	345		
	50m: 36.41		450m: 6:01.23		40.94	850m: 11:28.12	40.94	1250m: 16:55.24	40.95
	100m: 1:15.05		500m: 6:41.80		40.57	900m: 12:08.60	40.48	1300m: 17:35.72	40.48
	150m: 1:55.12		550m: 7:22.34		40.54	950m: 12:49.27	40.67	1350m: 18:16.01	40.29
	200m: 2:36.40		600m: 8:03.91		41.57	1000m: 13:30.77	41.50	1400m: 18:56.79	40.78
	250m: 3:17.52		650m: 8:44.57		40.66	1050m: 14:11.50	40.73	1450m: 19:36.15	39.36
	300m: 3:58.55		700m: 9:24.97		40.40	1100m: 14:53.07	41.57	1500m: 20:12.07	35.92
	350m: 4:39.38		750m: 10:06.14		41.17	1150m: 15:34.28	41.21		
	400m: 5:20.29		800m: 10:47.18		41.04	1200m: 16:14.29	40.01		

Prova 11, Masc., 1500m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
8.	Joao Jose, ALMEIDA	M	121337	00	Porto	20:16.60	341	
	50m: 35.85		450m: 5:58.63		39.76	850m: 11:25.38		41.04
	100m: 1:15.28	39.43	500m: 6:39.28		40.65	900m: 12:06.97		41.59
	150m: 1:56.31	41.03	550m: 7:20.19		40.91	950m: 12:48.67		41.70
	200m: 2:36.72	40.41	600m: 8:00.54		40.35	1000m: 13:29.62		40.95
	250m: 3:16.52	39.80	650m: 8:41.37		40.83	1050m: 14:10.98		41.36
	300m: 3:57.27	40.75	700m: 9:22.08		40.71	1100m: 14:52.37		41.39
	350m: 4:38.52	41.25	750m: 10:03.27		41.19	1150m: 15:33.54		41.17
	400m: 5:18.87	40.35	800m: 10:44.34		41.07	1200m: 16:15.18		41.64
9.	Joao Diogo, SOARES FTL	M	122731	00	Individual Norte de Portugal	22:32.21	248	
	50m: 39.05	39.05	450m: 6:34.91		46.27	850m: 12:40.60		45.79
	100m: 1:20.45	41.40	500m: 7:19.88		44.97	900m: 13:26.50		45.90
	150m: 2:04.37	43.92	550m: 8:06.23		46.35	950m: 14:12.52		46.02
	200m: 2:48.15	43.78	600m: 8:51.74		45.51	1000m: 14:58.29		45.77
	250m: 3:32.90	44.75	650m: 9:37.24		45.50	1050m: 15:45.67		47.38
	300m: 4:18.78	45.88	700m: 10:23.13		45.89	1100m: 16:31.45		45.78
	350m: 5:03.79	45.01	750m: 11:09.26		46.13	1150m: 17:18.08		46.63
	400m: 5:48.64	44.85	800m: 11:54.81		45.55	1200m: 18:03.26		45.18

Infantis A

1.	Francisco Oliveira, FERREIRA	M	125477	99	Famalicao	18:15.23	467	
	50m: 31.40	31.40	450m: 5:15.26		36.51	850m: 10:11.46		36.93
	100m: 1:05.58	34.18	500m: 5:51.67		36.41	900m: 10:48.01		36.55
	150m: 1:40.44	34.86	550m: 6:28.45		36.78	950m: 11:25.73		37.72
	200m: 2:16.15	35.71	600m: 7:05.58		37.13	1000m: 12:04.25		38.52
	250m: 2:50.87	34.72	650m: 7:43.10		37.52	1050m: 12:42.01		37.76
	300m: 3:26.93	36.06	700m: 8:20.27		37.17	1100m: 13:19.76		37.75
	350m: 4:02.69	35.76	750m: 8:57.35		37.08	1150m: 13:58.24		38.48
	400m: 4:38.75	36.06	800m: 9:34.53		37.18	1200m: 14:35.51		37.27
2.	Joao Silva, COSTA	M	111101	99	CNMaia	18:19.71	461	
	50m: 30.04	30.04	450m: 5:23.13		37.26	850m: 10:17.59		36.78
	100m: 1:05.67	35.63	500m: 5:59.73		36.60	900m: 10:54.38		36.79
	150m: 1:41.20	35.53	550m: 6:36.41		36.68	950m: 11:31.72		37.34
	200m: 2:17.92	36.72	600m: 7:13.58		37.17	1000m: 12:08.71		36.99
	250m: 2:54.69	36.77	650m: 7:50.47		36.89	1050m: 12:46.01		37.30
	300m: 3:31.63	36.94	700m: 8:27.49		37.02	1100m: 13:23.47		37.46
	350m: 4:08.73	37.10	750m: 9:04.46		36.97	1150m: 14:00.15		36.68
	400m: 4:45.87	37.14	800m: 9:40.81		36.35	1200m: 14:37.27		37.12
3.	Joao Paulo, CORREIA	M	110481	99	Porto	18:48.46	427	
	50m: 32.32	32.32	450m: 5:28.35		37.39	850m: 10:31.92		37.97
	100m: 1:08.22	35.90	500m: 6:05.97		37.62	900m: 11:09.68		37.76
	150m: 1:45.62	37.40	550m: 6:43.51		37.54	950m: 11:47.91		38.23
	200m: 2:23.03	37.41	600m: 7:21.26		37.75	1000m: 12:26.17		38.26
	250m: 3:00.16	37.13	650m: 7:59.45		38.19	1050m: 13:04.04		37.87
	300m: 3:37.17	37.01	700m: 8:37.81		38.36	1100m: 13:42.35		38.31
	350m: 4:13.76	36.59	750m: 9:15.76		37.95	1150m: 14:20.52		38.17
	400m: 4:50.96	37.20	800m: 9:53.95		38.19	1200m: 14:59.05		38.53
4.	Nuno Henrique, GUIMARAES	M	119147	99	Valongo	18:53.03	422	
	50m: 32.61	32.61	450m: 5:34.52		38.39	850m: 10:39.82		37.86
	100m: 1:08.64	36.03	500m: 6:12.78		38.26	900m: 11:18.10		38.28
	150m: 1:46.04	37.40	550m: 6:50.62		37.84	950m: 11:56.09		37.99
	200m: 2:23.98	37.94	600m: 7:28.86		38.24	1000m: 12:34.21		38.12
	250m: 3:02.03	38.05	650m: 8:07.10		38.24	1050m: 13:12.10		37.89
	300m: 3:40.22	38.19	700m: 8:45.14		38.04	1100m: 13:50.85		38.75
	350m: 4:18.47	38.25	750m: 9:23.48		38.34	1150m: 14:29.09		38.24
	400m: 4:56.13	37.66	800m: 10:01.96		38.48	1200m: 15:07.74		38.65
5.	Tiago Silva, SOARES	M	108287	99	Porto	19:14.94	398	
	50m: 31.49	31.49	450m: 5:35.51		38.73	850m: 10:46.84		39.02
	100m: 1:07.86	36.37	500m: 6:14.03		38.52	900m: 11:26.09		39.25
	150m: 1:45.58	37.72	550m: 6:52.52		38.49	950m: 12:05.72		39.63
	200m: 2:23.74	38.16	600m: 7:31.30		38.78	1000m: 12:44.87		39.15
	250m: 3:01.60	37.86	650m: 8:10.09		38.79	1050m: 13:23.91		39.04
	300m: 3:39.60	38.00	700m: 8:49.64		39.55	1100m: 14:01.54		37.63
	350m: 4:17.91	38.31	750m: 9:28.91		39.27	1150m: 14:41.45		39.91
	400m: 4:56.78	38.87	800m: 10:07.82		38.91	1200m: 15:21.24		39.79
6.	Jose Paulo, GOMES	M	108296	99	Felgueiras	19:26.95	386	
	50m: 32.64	32.64	450m: 5:39.25		38.90	850m: 10:54.01		39.64
	100m: 1:09.53	36.89	500m: 6:18.09		38.84	900m: 11:33.67		39.66
	150m: 1:47.27	37.74	550m: 6:57.62		39.53	950m: 12:13.28		39.61
	200m: 2:25.66	38.39	600m: 7:36.93		39.31	1000m: 12:53.09		39.81
	250m: 3:04.39	38.73	650m: 8:16.28		39.35	1050m: 13:32.63		39.54
	300m: 3:42.99	38.60	700m: 8:55.38		39.10	1100m: 14:11.72		39.09
	350m: 4:21.78	38.79	750m: 9:34.89		39.51	1150m: 14:51.45		39.73
	400m: 5:00.35	38.57	800m: 10:14.37		39.48	1200m: 15:31.13		39.68
7.	Tomas Martins, ARAUJO	M	104481	99	Porto	19:27.56	385	
	50m: 34.08	34.08	450m: 5:46.64		39.25	850m: 11:01.01		39.80
	100m: 1:11.65	37.57	500m: 6:26.03		39.39	900m: 11:40.43		39.42
	150m: 1:50.54	38.89	550m: 7:04.77		38.74	950m: 12:20.08		39.65
	200m: 2:30.20	39.66	600m: 7:43.20		38.43	1000m: 13:00.33		40.25
	250m: 3:08.87	38.67	650m: 8:22.64		39.44	1050m: 13:38.74		38.41
	300m: 3:48.41	39.54	700m: 9:02.05		39.41	1100m: 14:17.31		38.57
	350m: 4:27.89	39.48	750m: 9:41.78		39.73	1150m: 14:56.10		38.79
	400m: 5:07.39	39.50	800m: 10:21.21		39.43	1200m: 15:35.73		39.63

Prova 11, Masc., 1500m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
8.	Goncalo Oliveira, CABRAL	M	118367	99	Leixões Sport Clube	19:46.62	367	
	50m: 33.41	33.41	450m: 5:54.39	40.80	850m: 11:15.08	39.74	1250m: 16:32.41	39.29
	100m: 1:12.62	39.21	500m: 6:34.91	40.52	900m: 11:54.94	39.86	1300m: 17:12.04	39.63
	150m: 1:52.01	39.39	550m: 7:14.30	39.39	950m: 12:34.94	40.00	1350m: 17:51.79	39.75
	200m: 2:32.26	40.25	600m: 7:54.58	40.28	1000m: 13:14.43	39.49	1400m: 18:31.25	39.46
	250m: 3:12.02	39.76	650m: 8:34.59	40.01	1050m: 13:53.59	39.16	1450m: 19:10.27	39.02
	300m: 3:52.83	40.81	700m: 9:15.00	40.41	1100m: 14:33.13	39.54	1500m: 19:46.62	36.35
	350m: 4:32.66	39.83	750m: 9:55.24	40.24	1150m: 15:13.06	39.93		
	400m: 5:13.59	40.93	800m: 10:35.34	40.10	1200m: 15:53.12	40.06		
9.	Joao Miguel, GOMES	M	117401	99	Fluvial Portuense	20:03.88	352	
	50m: 35.20	35.20	450m: 5:52.82	39.93	850m: 11:16.77	40.10	1250m: 16:43.10	41.22
	100m: 1:14.26	39.06	500m: 6:33.25	40.43	900m: 11:57.31	40.54	1300m: 17:23.80	40.70
	150m: 1:53.76	39.50	550m: 7:13.72	40.47	950m: 12:37.96	40.65	1350m: 18:04.63	40.83
	200m: 2:33.28	39.52	600m: 7:54.09	40.37	1000m: 13:18.78	40.82	1400m: 18:45.81	41.18
	250m: 3:13.11	39.83	650m: 8:34.68	40.59	1050m: 13:59.71	40.93	1450m: 19:25.83	40.02
	300m: 3:53.21	40.10	700m: 9:15.46	40.78	1100m: 14:40.34	40.63	1500m: 20:03.88	38.05
	350m: 4:32.82	39.61	750m: 9:56.05	40.59	1150m: 15:21.18	40.84		
	400m: 5:12.89	40.07	800m: 10:36.67	40.62	1200m: 16:01.88	40.70		
10.	Leonardo Jose, SILVA	M	122244	99	Gespacos	20:03.93	352	
	50m: 34.99	34.99	450m: 5:51.34	39.50	850m: 11:17.01	40.40	1250m: 16:42.74	41.22
	100m: 1:14.17	39.18	500m: 6:32.13	40.79	900m: 11:57.28	40.27	1300m: 17:23.84	41.10
	150m: 1:53.65	39.48	550m: 7:12.68	40.55	950m: 12:37.39	40.11	1350m: 18:04.74	40.90
	200m: 2:32.49	38.84	600m: 7:52.89	40.21	1000m: 13:18.55	41.16	1400m: 18:45.45	40.71
	250m: 3:12.43	39.94	650m: 8:33.89	41.00	1050m: 13:59.08	40.53	1450m: 19:25.53	40.08
	300m: 3:52.40	39.97	700m: 9:15.28	41.39	1100m: 14:39.54	40.46	1500m: 20:03.93	38.40
	350m: 4:31.76	39.36	750m: 9:55.70	40.42	1150m: 15:20.56	41.02		
	400m: 5:11.84	40.08	800m: 10:36.61	40.91	1200m: 16:01.52	40.96		
11.	Gabriel Mimoso, PEREIRA <i>FL</i>	M	111514	99	Fluvial Vilacondense	21:27.31	287	
	50m: 35.50	35.50	450m: 6:09.97	42.84	850m: 12:00.19	43.77	1250m: 17:53.67	44.85
	100m: 1:14.79	39.29	500m: 6:53.20	43.23	900m: 12:43.93	43.74	1300m: 18:37.11	43.44
	150m: 1:56.03	41.24	550m: 7:36.56	43.36	950m: 13:27.62	43.69	1350m: 19:22.09	44.98
	200m: 2:37.53	41.50	600m: 8:19.92	43.36	1000m: 14:11.08	43.46	1400m: 20:05.61	43.52
	250m: 3:19.15	41.62	650m: 9:03.63	43.71	1050m: 14:55.42	44.34	1450m: 20:47.91	42.30
	300m: 4:00.98	41.83	700m: 9:48.35	44.72	1100m: 15:40.12	44.70	1500m: 21:27.31	39.40
	350m: 4:43.78	42.80	750m: 10:32.54	44.19	1150m: 16:24.56	44.44		
	400m: 5:27.13	43.35	800m: 11:16.42	43.88	1200m: 17:08.82	44.26		