

Prova 12  
23-02-2013 - 17:40

Femin., 400m Livres  
TURBO

Infantis  
Resultados

RN Absoluto	4:13.97	Sara Beatriz, LOUREIRO	FCP	Leiria	05-12-2009
RN Inf B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	13-06-2009
RN Inf A	4:25.30	tempo limite,			
RR Absoluto	4:13.97	Sara Beatriz, LOUREIRO	FCP	Leiria	05-12-2009
RR Inf B	4:41.00	Alexandra Maria, SILVA	FCP	Funchal	29-07-1979
RR Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Antas	19-07-1980

Infantis A Fem Inf A: 5:42.00 / Infantis B Fem Inf B: 6:00.00

Pontos: FINA 2012

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs		
<b>Infantis B</b>										
1.	Ines Neto, ROCHA	F	111313	01	Gespacos	<b>5:03.71</b>	462			
	50m: 34.22				150m: 1:51.07	38.90	250m: 3:09.19	39.12	350m: 4:26.53	38.83
	100m: 1:12.17				200m: 2:30.07	39.00	300m: 3:47.70	38.51	400m: 5:03.71	37.18
2.	Ines Alves, MARTINS	F	112126	01	Fluvial Portuense	<b>5:12.51</b>	424			
	50m: 35.31				150m: 1:54.78	40.32	250m: 3:14.27	39.89	350m: 4:34.11	39.67
	100m: 1:14.46				200m: 2:34.38	39.60	300m: 3:54.44	40.17	400m: 5:12.51	38.40
3.	Isabel Porfírio, PEGO	F	121336	01	Porto	<b>5:13.56</b>	420			
	50m: 37.24				150m: 1:55.54	39.87	250m: 3:16.37	40.55	350m: 4:36.12	39.76
	100m: 1:15.67				200m: 2:35.82	40.28	300m: 3:56.36	39.99	400m: 5:13.56	37.44
4.	Lara Beatriz, MATOS	F	111049	01	Famalicão	<b>5:16.29</b>	409			
	50m: 36.78				150m: 1:55.33	39.70	250m: 3:15.70	39.98	350m: 4:35.30	39.37
	100m: 1:15.63				200m: 2:35.72	40.39	300m: 3:55.93	40.23	400m: 5:16.29	40.99
5.	Beatriz Santos, SILVA	F	112078	01	Porto	<b>5:21.15</b>	391			
	50m: 37.74				150m: 1:59.66	41.11	250m: 3:21.68	40.43	350m: 4:41.93	40.09
	100m: 1:18.55				200m: 2:41.25	41.59	300m: 4:01.84	40.16	400m: 5:21.15	39.22
6.	Mariana Oliveira, RIBEIRO	F	112134	01	Lamas	<b>5:22.71</b>	385			
	50m: 35.93				150m: 1:56.73	41.20	250m: 3:19.57	40.98	350m: 4:42.58	41.88
	100m: 1:15.53				200m: 2:38.59	41.86	300m: 4:00.70	41.13	400m: 5:22.71	40.13
7.	Isabel Ferreira, SOUSA	F	118896	01	Leixões Sport Clube	<b>5:26.50</b>	372			
	50m: 36.05				150m: 1:58.27	42.18	250m: 3:22.97	42.48	350m: 4:47.35	42.33
	100m: 1:16.09				200m: 2:40.49	42.22	300m: 4:05.02	42.05	400m: 5:26.50	39.15
8.	Ines Roriz, SOUSA	F	111674	01	Fluvial Portuense	<b>5:33.36</b>	349			
	50m: 37.06				150m: 1:59.66	42.05	250m: 3:25.84	43.19	350m: 4:51.78	42.69
	100m: 1:17.61				200m: 2:42.65	42.99	300m: 4:09.09	43.25	400m: 5:33.36	41.58
9.	Daniela Fernanda, BARBOSA	F	116901	01	Leixões Sport Clube	<b>5:34.94</b>	345			
	50m: 36.87				150m: 2:01.06	42.49	250m: 3:27.63	43.38	350m: 4:53.45	42.90
	100m: 1:18.57				200m: 2:44.25	43.19	300m: 4:10.55	42.92	400m: 5:34.94	41.49
10.	Joana Daniela, JACINTO	F	111230	01	CNMaia	<b>5:36.45</b>	340			
	50m: 37.13				150m: 2:05.02	44.25	250m: 3:31.34	42.47	350m: 4:57.98	43.19
	100m: 1:20.77				200m: 2:48.87	43.85	300m: 4:14.79	43.45	400m: 5:36.45	38.47
11.	Barbara Vilela, MAGALHAES	F	119078	01	Porto	<b>5:39.69</b>	330			
	50m: 37.37				150m: 2:03.05	43.25	250m: 3:30.48	43.35	350m: 4:57.75	43.28
	100m: 1:19.80				200m: 2:47.13	44.08	300m: 4:14.47	43.99	400m: 5:39.69	41.94
12.	Maria Nogueira, CARVALHO	F	122163	01	Fafe	<b>5:44.79</b>	316			
	50m: 38.85				150m: 2:07.00	44.47	250m: 3:35.48	43.95	350m: 5:03.60	43.22
	100m: 1:22.53				200m: 2:51.53	44.53	300m: 4:20.38	44.90	400m: 5:44.79	41.19
13.	Ana Isabel, REIS	F	123703	01	CNMaia	<b>5:49.36</b>	304			
	50m: 36.97				150m: 2:03.53	43.84	250m: 3:32.98	44.60	350m: 5:04.93	46.57
	100m: 1:19.69				200m: 2:48.38	44.85	300m: 4:18.36	45.38	400m: 5:49.36	44.43
14.	Catarina Teixeira, PINHO	F	120809	01	Porto	<b>6:17.74</b>	240			
	<i>FIL</i>									
	50m: 41.84				150m: 2:16.23	47.35	250m: 3:52.96	48.39	350m: 5:30.80	47.98
	100m: 1:28.88				200m: 3:04.57	48.34	300m: 4:42.82	49.86	400m: 6:17.74	46.94

Infantis A

1.	Maria Francisca, CABRAL	F	118113	00	Porto	<b>4:50.13</b>	530			
	50m: 33.60				150m: 1:45.72	36.28	250m: 2:59.79	36.61	350m: 4:13.20	37.28
	100m: 1:09.44				200m: 2:23.18	37.46	300m: 3:35.92	36.13	400m: 4:50.13	36.93
2.	Ines Silva, OLIVEIRA	F	116890	00	Leixões Sport Clube	<b>5:01.32</b>	473			
	50m: 34.90				150m: 1:52.02	38.44	250m: 3:07.33	37.13	350m: 4:24.34	37.93
	100m: 1:13.58				200m: 2:30.20	38.18	300m: 3:46.41	39.08	400m: 5:01.32	36.98
3.	Adriana Marisa, FIGUEIREDO	F	109297	00	Famalicão	<b>5:05.93</b>	452			
	50m: 34.28				150m: 1:50.49	38.71	250m: 3:09.16	39.38	350m: 4:28.69	39.90
	100m: 1:11.78				200m: 2:29.78	39.29	300m: 3:48.79	39.63	400m: 5:05.93	37.24
4.	Maria Leonor, VALENTE	F	108288	00	Fluvial Portuense	<b>5:06.19</b>	451			
	50m: 34.77				150m: 1:52.15	38.95	250m: 3:10.06	39.27	350m: 4:27.25	38.55
	100m: 1:13.20				200m: 2:30.79	38.64	300m: 3:48.70	38.64	400m: 5:06.19	38.94

O Secretário do Juri

O Juiz Árbitro

Prova 12, Femin., 400m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
5.	Joana Martins, PEREIRA	F	111512	00	Porto	<b>5:11.68</b>				428	
	50m: 35.86 35.86		150m: 1:53.29		39.31	250m: 3:12.43	39.64	350m: 4:33.38		40.02	
	100m: 1:13.98 38.12		200m: 2:32.79		39.50	300m: 3:53.36	40.93	400m: 5:11.68		38.30	
6.	Sara Vitoria, RAMOS	F	120901	00	Porto	<b>5:11.92</b>				427	
	50m: 35.60 35.60		150m: 1:52.61		38.28	250m: 3:11.22	39.65	350m: 4:32.42		40.82	
	100m: 1:14.33 38.73		200m: 2:31.57		38.96	300m: 3:51.60	40.38	400m: 5:11.92		39.50	
7.	Ana Sofia, RAMOS	F	108171	00	Porto	<b>5:18.32</b>				401	
	50m: 37.45 37.45		150m: 1:58.13		40.59	250m: 3:19.33	40.58	350m: 4:39.52		40.08	
	100m: 1:17.54 40.09		200m: 2:38.75		40.62	300m: 3:59.44	40.11	400m: 5:18.32		38.80	
8.	Iris Cunha, SANTOS	F	117418	00	Porto	<b>5:19.98</b>				395	
	50m: 37.04 37.04		150m: 1:58.27		40.72	250m: 3:19.60	40.64	350m: 4:40.77		40.33	
	100m: 1:17.55 40.51		200m: 2:38.96		40.69	300m: 4:00.44	40.84	400m: 5:19.98		39.21	
9.	Natalia Matos, CUNHA	F	120259	00	Fafe	<b>5:24.97</b>				377	
	50m: 36.48 36.48		150m: 1:58.26		41.60	250m: 3:20.27	41.06	350m: 4:43.72		41.66	
	100m: 1:16.66 40.18		200m: 2:39.21		40.95	300m: 4:02.06	41.79	400m: 5:24.97		41.25	
10.	Sara Filipa, SANTOS	F	110475	00	Porto	<b>5:26.85</b>				371	
	50m: 37.01 37.01		150m: 1:59.63		41.99	250m: 3:23.21	42.79	350m: 4:46.42		40.90	
	100m: 1:17.64 40.63		200m: 2:40.42		40.79	300m: 4:05.52	42.31	400m: 5:26.85		40.43	
11.	Maria Camolino, CABRAL	F	118893	00	Leixões Sport Clube	<b>5:28.57</b>				365	
	50m: 35.63 35.63		150m: 1:57.85		41.60	250m: 3:22.67	42.70	350m: 4:47.43		42.33	
	100m: 1:16.25 40.62		200m: 2:39.97		42.12	300m: 4:05.10	42.43	400m: 5:28.57		41.14	
12.	Maria Rocha, ASCENCAO	F	112141	00	Porto	<b>5:35.95</b>				341	
	50m: 38.20 38.20		150m: 2:01.71		42.21	250m: 3:27.72	42.94	350m: 4:53.44		42.91	
	100m: 1:19.50 41.30		200m: 2:44.78		43.07	300m: 4:10.53	42.81	400m: 5:35.95		42.51	
13.	Maria Pedroso, SILVA	F	123705	00	Fluvial Portuense	<b>5:36.82</b>				339	
	50m: 37.75 37.75		150m: 2:01.83		42.74	250m: 3:28.91	43.70	350m: 4:57.47		44.70	
	100m: 1:19.09 41.34		200m: 2:45.21		43.38	300m: 4:12.77	43.86	400m: 5:36.82		39.35	
14.	Barbara Ribeiro, PAIVA	F	108172	00	Fluvial Portuense	<b>5:39.89</b>				330	
	50m: 37.77 37.77		150m: 2:04.03		44.02	250m: 3:30.70	43.33	350m: 4:57.93		43.55	
	100m: 1:20.01 42.24		200m: 2:47.37		43.34	300m: 4:14.38	43.68	400m: 5:39.89		41.96	
15.	Catarina Pacheco, CUNHA	F	111502	00	Felgueiras	<b>5:43.43</b>				320	
	<i>FIL</i>										
	50m: 36.78 36.78		150m: 2:03.74		44.37	250m: 3:32.75	44.37	350m: 5:01.16		43.91	
	100m: 1:19.37 42.59		200m: 2:48.38		44.64	300m: 4:17.25	44.50	400m: 5:43.43		42.27	
16.	Francisca Ribeiro, NOGUEIRA	F	118107	00	Porto	<b>5:44.18</b>				317	
	<i>FIL</i>										
	50m: 38.73 38.73		150m: 2:06.18		44.11	250m: 3:34.99	43.72	350m: 5:01.93		43.48	
	100m: 1:22.07 43.34		200m: 2:51.27		45.09	300m: 4:18.45	43.46	400m: 5:44.18		42.25	
17.	Filipa Sofia, RODRIGUES	F	109621	00	Individual Norte de Portugal	<b>6:00.73</b>				276	
	<i>FIL</i>										
	50m: 40.48 40.48		150m: 2:10.63		44.98	250m: 3:43.03	46.60	350m: 5:15.49		45.93	
	100m: 1:25.65 45.17		200m: 2:56.43		45.80	300m: 4:29.56	46.53	400m: 6:00.73		45.24	