

Prova 3	Femin., 400m Estilos				Infantis
23-02-2013 - 9:30	COPIDOURO - Centro de Cópias e Impressão Digital				Resultados
RN Absoluto	4:41.02	Victoria, KAMINSKAYA	PIMP	Porto	07-12-2012
RN Inf B	5:15.68	Susana Patricia, MIGUEL	SFUAP	Rio Maior	06-07-2002
RN Inf A	5:05.68	Filiipa Vilas, RUIVO	DNMG	Leiria	12-06-2010
RR Absoluto	4:49.17	Sara Beatriz, LOUREIRO	FCP	S. Antonio Cavaleiros	20-12-2009
RR Inf B	5:20.85	Marisa, FREITAS	AHBVG	Alges	13-03-1998
RR Inf A	5:10.19	Paula, SILVA	FCP	Alcoçaba	05-03-1999

Infantis A Fem Inf A: 6:15.00 / Infantis B Fem Inf B: 6:42.00

Pontos: FINA 2012

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Ines Neto, ROCHA	F	111313	01	Gespacos	5:31.52	488	
	50m: 35.70 35.70		150m: 2:01.50		42.86 250m: 3:28.95	46.75 350m: 4:53.93		38.53
	100m: 1:18.64 42.94		200m: 2:42.20		40.70 300m: 4:15.40	46.45 400m: 5:31.52		37.59
2.	Ines Alves, MARTINS	F	112126	01	Fluvial Portuense	5:59.63	382	
	50m: 40.21 40.21		150m: 2:14.91		46.61 250m: 3:51.34	51.83 350m: 5:21.54		40.80
	100m: 1:28.30 48.09		200m: 2:59.51		44.60 300m: 4:40.74	49.40 400m: 5:59.63		38.09
3.	Carolina Ascenso, SANTOS	F	121271	01	CNMaia	6:05.69	363	
	50m: 41.29 41.29		150m: 2:19.27		47.11 250m: 3:53.73	48.73 350m: 5:26.63		41.29
	100m: 1:32.16 50.87		200m: 3:05.00		45.73 300m: 4:45.34	51.61 400m: 6:05.69		39.06
4.	Isabel Ferreira, SOUSA	F	118896	01	Leixões Sport Clube	6:07.40	358	
	50m: 40.79 40.79		150m: 2:16.45		46.12 250m: 3:52.95	51.51 350m: 5:27.94		42.59
	100m: 1:30.33 49.54		200m: 3:01.44		44.99 300m: 4:45.35	52.40 400m: 6:07.40		39.46
5.	Mariana Cardoso, COSTA	F	117322	01	CNMaia	6:11.00	348	
	50m: 40.50 40.50		150m: 2:16.00		47.30 250m: 3:54.33	50.56 350m: 5:28.32		42.58
	100m: 1:28.70 48.20		200m: 3:03.77		47.77 300m: 4:45.74	51.41 400m: 6:11.00		42.68
6.	Ines Araujo, MARTINS	F	111046	01	Famalicão	6:14.22	339	
	50m: 40.58 40.58		150m: 2:16.52		47.12 250m: 3:56.02	52.64 350m: 5:31.12		42.37
	100m: 1:29.40 48.82		200m: 3:03.38		46.86 300m: 4:48.75	52.73 400m: 6:14.22		43.10
7.	Beatriz Rodrigues, OLIVEIRA	F	122175	01	Fafe	6:19.52	325	
	50m: 37.96 37.96		150m: 2:14.29		49.72 250m: 3:55.00	53.33 350m: 5:36.38		44.06
	100m: 1:24.57 46.61		200m: 3:01.67		47.38 300m: 4:52.32	57.32 400m: 6:19.52		43.14
8.	Ines Goncalves, REIS	F	120176	01	CNMaia	6:25.31	310	
	50m: 43.35 43.35		150m: 2:24.31		49.47 250m: 4:04.28	52.84 350m: 5:41.96		44.27
	100m: 1:34.84 51.49		200m: 3:11.44		47.13 300m: 4:57.69	53.41 400m: 6:25.31		43.35
9.	Daniela Fernanda, BARBOSA	F	116901	01	Leixões Sport Clube	6:25.74	309	
	50m: 44.54 44.54		150m: 2:22.47		44.94 250m: 4:02.72	55.85 350m: 5:43.00		44.69
	100m: 1:37.53 52.99		200m: 3:06.87		44.40 300m: 4:58.31	55.59 400m: 6:25.74		42.74
10.	Ana Rita, BOTELHO	F	118895	01	Leixões Sport Clube	6:28.10	304	
	50m: 44.90 44.90		150m: 2:25.89		46.48 250m: 4:06.12	52.70 350m: 5:45.28		44.97
	100m: 1:39.41 54.51		200m: 3:13.42		47.53 300m: 5:00.31	54.19 400m: 6:28.10		42.82
11.	Ana Margarida, GONCALVES	F	118052	01	Fluvial Vilacondense	6:34.63	289	
	50m: 45.75 45.75		150m: 2:29.90		47.72 250m: 4:08.51	52.33 350m: 5:48.60		46.66
	100m: 1:42.18 56.43		200m: 3:16.18		46.28 300m: 5:01.94	53.43 400m: 6:34.63		46.03
12.	Maria Carolina, SOUSA	F	112192	01	Lousada	6:36.69	284	
	50m: 42.66 42.66		150m: 2:25.91		53.20 250m: 4:12.01	56.37 350m: 5:53.84		45.32
	100m: 1:32.71 50.05		200m: 3:15.64		49.73 300m: 5:08.52	56.51 400m: 6:36.69		42.85
13.	Francisca Alexandra, GRACA	F	118051	01	Fluvial Vilacondense	6:39.82	278	
	50m: 44.13 44.13		150m: 2:29.77		49.88 250m: 4:12.88	54.85 350m: 5:54.01		46.07
	100m: 1:39.89 55.76		200m: 3:18.03		48.26 300m: 5:07.94	55.06 400m: 6:39.82		45.81
DSQ	Beatriz Ribeiro, CUNHA 102 - Falsa partida – SW 4.4	F	118314	01	Felgueiras			
DSQ	Isabel Porfirio, PEGO A atleta após a viragem aos 250m, fez batimeto de pernas alternadas.	F	121336	01	Porto			
DSQ	Sofia Filipa, GONCALVES 102 - Falsa partida – SW 4.4	F	122990	01	Leixões Sport Clube			

Infantis A

1.	Maria Francisca, CABRAL	F	118113	00	Porto	5:25.41	516	
	50m: 35.22 35.22		150m: 1:56.81		41.48 250m: 3:24.59	47.21 350m: 4:48.87		36.54
	100m: 1:15.33 40.11		200m: 2:37.38		40.57 300m: 4:12.33	47.74 400m: 5:25.41		36.54
2.	Rafaela Araujo, SILVA	F	119630	00	Famalicão	5:43.12	440	
	50m: 38.46 38.46		150m: 2:07.51		45.03 250m: 3:38.33	47.21 350m: 5:05.59		39.33
	100m: 1:22.48 44.02		200m: 2:51.12		43.61 300m: 4:26.26	47.93 400m: 5:43.12		37.53
3.	Daniela Domingues, SOUSA	F	117411	00	Valongo	5:47.08	425	
	50m: 35.63 35.63		150m: 2:01.16		44.07 250m: 3:35.75	50.26 350m: 5:08.84		41.23
	100m: 1:17.09 41.46		200m: 2:45.49		44.33 300m: 4:27.61	51.86 400m: 5:47.08		38.24

O Secretário do Juri

O Juiz Árbitro

Prova 3, Femin., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
4.	Helena Neto, COSTA	F	111309	00	Gespacos	5:48.75	419	
	50m: 36.21				44.08	250m: 3:37.07		40.49
	100m: 1:18.62				44.40	300m: 4:28.70		39.56
						49.97		
						51.63		
						350m: 5:09.19		
						400m: 5:48.75		
5.	Ana Rita, CRUZ	F	108012	00	Gespacos	5:49.39	417	
	50m: 36.59				45.50	250m: 3:38.50		39.58
	100m: 1:20.95				43.38	300m: 4:28.90		40.91
						48.67		
						50.40		
						350m: 5:08.48		
						400m: 5:49.39		
6.	Raquel Leao, MONTEIRO	F	109336	00	Gespacos	5:50.49	413	
	50m: 40.96				45.02	250m: 3:42.52		40.00
	100m: 1:25.32				43.60	300m: 4:31.50		38.99
						48.58		
						48.98		
						350m: 5:11.50		
						400m: 5:50.49		
7.	Ines Silva, OLIVEIRA	F	116890	00	Leixões Sport Clube	5:55.05	397	
	50m: 37.53				45.32	250m: 3:44.27		37.78
	100m: 1:23.36				43.25	300m: 4:36.30		40.97
						52.34		
						52.03		
						350m: 5:14.08		
						400m: 5:55.05		
8.	Natalia Matos, CUNHA	F	120259	00	Fafe	6:05.19	365	
	50m: 38.85				44.78	250m: 3:47.82		42.05
	100m: 1:25.48				43.93	300m: 4:42.25		40.89
						53.63		
						54.43		
						350m: 5:24.30		
						400m: 6:05.19		
9.	Joana Almeida, RAINHA	F	112519	00	Fluvial Vilacondense	6:09.23	353	
	50m: 38.50				45.60	250m: 3:45.87		45.62
	100m: 1:25.48				43.92	300m: 4:38.69		44.92
						50.87		
						52.82		
						350m: 5:24.31		
						400m: 6:09.23		