

Event 31
09-06-2013 - 10:20

Men, 400m Freestyle
VITALIS

Absolutos
Results Prelim

Recordes Nacionais 50m Open	3:52.29	MAIA, Jorge Manuel	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Inf B	4:28.42	OLIVEIRA, Pedro Fontoura	CFB	Restelo	26-07-2003
Recordes Nacionais 50m Inf A	4:15.99	OLIVEIRA, Pedro Fontoura	CFB	Badajoz (ESP)	11-07-2004
Recordes Nacionais 50m Juv B	4:06.22	COSTA, Rui Filipe	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv A	3:59.38	SANTA, Gustavo Manuel	FPN	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m Jun	3:57.15	SANTA, Gustavo Manuel	FPN	Helsinki (FIN)	14-07-2010
Recordes Nacionais 50m Sen	3:52.29	MAIA, Jorge Manuel	FPN	Málaga (ESP)	05-04-2009

TLP JUN_SEN MASC 17 +: 4:37.00 / TLP INF_JUV MASC 13 - 16: 4:58.50

Points: FINA 2013

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	MACHADO, Ricardo Manuel	M	13278	93	Braga	4:13.24	656	A
	50m: 29.23 29.23		150m: 1:33.38 32.41		250m: 2:38.28 32.39	350m: 3:42.45 31.95		
	100m: 1:00.97 31.74		200m: 2:05.89 32.51		300m: 3:10.50 32.22	400m: 4:13.24 30.79		
2.	FERREIRA, Artur Manuel	M	101981	95	Porto	4:13.74	652	A
	50m: 29.86 29.86		150m: 1:33.95 32.75		250m: 2:38.76 32.17	350m: 3:42.42 31.91		
	100m: 1:01.20 31.34		200m: 2:06.59 32.64		300m: 3:10.51 31.75	400m: 4:13.74 31.32		
3.	RIBEIRO, Edgar Oliveira	M	13277	93	Braga	4:13.81	651	A
	50m: 27.97 27.97		150m: 1:32.05 32.33		250m: 2:37.26 32.50	350m: 3:42.76 32.66		
	100m: 59.72 31.75		200m: 2:04.76 32.71		300m: 3:10.10 32.84	400m: 4:13.81 31.05		
4.	FARINHA, Andre Filipe	M	105086	96	Benfica	4:15.45	639	A
	50m: 29.48 29.48		150m: 1:34.37 32.73		250m: 2:40.47 32.96	350m: 3:44.72 31.69		
	100m: 1:01.64 32.16		200m: 2:07.51 33.14		300m: 3:13.03 32.56	400m: 4:15.45 30.73		
5.	BESSA, Pedro Maria	M	18656	95	Vilacondense	4:15.59	638	A
	50m: 29.27 29.27		150m: 1:33.84 32.71		250m: 2:38.96 32.59	350m: 3:44.02 32.66		
	100m: 1:01.13 31.86		200m: 2:06.37 32.53		300m: 3:11.36 32.40	400m: 4:15.59 31.57		
6.	OLIVEIRA, Tiago Silva	M	15465	94	Leixoes Sport Clube	4:16.95	628	A
	50m: 29.94 29.94		150m: 1:35.19 33.35		250m: 2:42.95 33.83	350m: 3:46.59 31.07		
	100m: 1:01.84 31.90		200m: 2:09.12 33.93		300m: 3:15.52 32.57	400m: 4:16.95 30.36		
7.	AFONSO, Ricardo Eduardo	M	105414	97	Braga	4:17.09	627	A
	50m: 29.96 29.96		150m: 1:35.16 33.15		250m: 2:41.63 33.29	350m: 3:47.29 32.80		
	100m: 1:02.01 32.05		200m: 2:08.34 33.18		300m: 3:14.49 32.86	400m: 4:17.09 29.80		
8.	COSTA, Joao Miguel	M	15088	95	Vilacondense	4:18.82	614	A
	50m: 29.55 29.55		150m: 1:34.77 33.09		250m: 2:40.41 33.18	350m: 3:47.73 33.76		
	100m: 1:01.68 32.13		200m: 2:07.23 32.46		300m: 3:13.97 33.56	400m: 4:18.82 31.09		
9.	NOGUEIRA, Goncalo Miguel	M	104471	98	Porto	4:19.32	611	R
	50m: 29.51 29.51		150m: 1:34.51 33.20		250m: 2:40.97 33.32	350m: 3:47.43 33.54		
	100m: 1:01.31 31.80		200m: 2:07.65 33.14		300m: 3:13.89 32.92	400m: 4:19.32 31.89		
10.	MARTINS, Pedro Veiguinha	M	107233	96	Braga	4:19.78	607	R
	50m: 28.82 28.82		150m: 1:34.69 32.85		250m: 2:40.66 32.74	350m: 3:46.97 33.14		
	100m: 1:01.84 33.02		200m: 2:07.92 33.23		300m: 3:13.83 33.17	400m: 4:19.78 32.81		
11.	FARIA, Rui Pedro	M	15592	94	Famalicao	4:21.84	593	
	50m: 29.79 29.79		150m: 1:34.33 32.45		250m: 2:41.06 33.61	350m: 3:48.77 33.82		
	100m: 1:01.88 32.09		200m: 2:07.45 33.12		300m: 3:14.95 33.89	400m: 4:21.84 33.07		
12.	TRAVANCA, Joao Luis	M	104716	97	Porto	4:22.64	588	
	50m: 30.91 30.91		150m: 1:37.51 33.93		250m: 2:44.50 33.53	350m: 3:51.23 33.27		
	100m: 1:03.58 32.67		200m: 2:10.97 33.46		300m: 3:17.96 33.46	400m: 4:22.64 31.41		
13.	SOUSA, David Nunes	M	112204	96	Famalicao	4:23.21	584	
	50m: 30.29 30.29		150m: 1:37.69 34.25		250m: 2:45.75 33.71	350m: 3:53.82 34.20		
	100m: 1:03.44 33.15		200m: 2:12.04 34.35		300m: 3:19.62 33.87	400m: 4:23.21 29.39		
14.	FERREIRA, Joao Costa	M	119632	98	Famalicao	4:25.06	572	
	50m: 30.11 30.11		150m: 1:37.45 33.88		250m: 2:45.20 33.83	350m: 3:53.13 33.70		
	100m: 1:03.57 33.46		200m: 2:11.37 33.92		300m: 3:19.43 34.23	400m: 4:25.06 31.93		
15.	SILVA, Bruno Miguel	M	103826	96	Porto	4:26.23	564	
	50m: 31.09 31.09		150m: 1:39.29 34.32		250m: 2:47.63 33.25	350m: 3:54.53 33.22		
	100m: 1:04.97 33.88		200m: 2:14.38 35.09		300m: 3:21.31 33.68	400m: 4:26.23 31.70		
16.	LAUREANO, Daniel Rento	M	103707	95	Leixoes Sport Clube	4:27.60	556	
	50m: 30.78 30.78		150m: 1:38.07 33.81		250m: 2:46.44 34.18	350m: 3:54.88 33.97		
	100m: 1:04.26 33.48		200m: 2:12.26 34.19		300m: 3:20.91 34.47	400m: 4:27.60 32.72		
17.	RAMOS, Eduardo Salgado	M	106796	97	Porto	4:27.66	555	
	50m: 30.22 30.22		150m: 1:38.07 34.52		250m: 2:45.86 34.09	350m: 3:54.40 34.75		
	100m: 1:03.55 33.33		200m: 2:11.77 33.70		300m: 3:19.65 33.79	400m: 4:27.66 33.26		
18.	FERREIRA, Joao Miguel	M	103044	97	Felgueiras	4:27.82	554	
	50m: 30.60 30.60		150m: 1:38.17 34.38		250m: 2:45.93 33.45	350m: 3:54.32 33.92		
	100m: 1:03.79 33.19		200m: 2:12.48 34.31		300m: 3:20.40 34.47	400m: 4:27.82 33.50		
19.	MORIM, Ruben Jose	M	107935	97	Vilacondense	4:28.38	551	
	50m: 29.38 29.38		150m: 1:36.11 34.25		250m: 2:46.08 35.28	350m: 3:55.27 34.81		
	100m: 1:01.86 32.48		200m: 2:10.80 34.69		300m: 3:20.46 34.38	400m: 4:28.38 33.11		

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 26487

Registered to Associação de Natacao do Norte de Portugal

11-06-2013 16:09 - Page 1



Event 31, Men, 400m Freestyle, Prelim, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
20.	RIBEIRO, Luis Filipe	M	107564	98	Braga	4:29.61	543	
	50m: 30.21 30.21				34.96 250m: 2:48.63 34.91	350m: 3:57.97 34.32		
	100m: 1:03.81 33.60				34.95 300m: 3:23.65 35.02	400m: 4:29.61 31.64		
21.	NETO, Pedro Goncalves	M	102038	98	Porto	4:29.92	541	
	50m: 30.29 30.29				34.12 250m: 2:47.14 33.55	350m: 3:56.43 34.39		
	100m: 1:04.56 34.27				34.91 300m: 3:22.04 34.90	400m: 4:29.92 33.49		
22.	PEREIRA, Vitor Joao	M	102545	97	Leixoes Sport Clube	4:30.16	540	
	50m: 29.97 29.97				34.35 250m: 2:46.60 35.11	350m: 3:56.22 34.81		
	100m: 1:02.67 32.70				34.47 300m: 3:21.41 34.81	400m: 4:30.16 33.94		
23.	PINTO, Miguel Filipe	M	105729	96	Ginasio Santo Tirso	4:30.92	535	
	50m: 30.08 30.08				34.86 250m: 2:48.95 35.09	350m: 3:58.48 34.94		
	100m: 1:03.77 33.69				35.23 300m: 3:23.54 34.59	400m: 4:30.92 32.44		
24.	SAMPAIO, Jose Pedro	M	108295	98	Felgueiras	4:31.51	532	
	50m: 31.93 31.93				35.20 250m: 2:50.27 33.91	350m: 3:58.57 33.46		
	100m: 1:05.92 33.99				35.24 300m: 3:25.11 34.84	400m: 4:31.51 32.94		
25.	SILVA, Bruno Jose	M	107560	98	Braga	4:32.00	529	
	50m: 31.66 31.66				34.79 250m: 2:49.18 34.85	350m: 3:58.76 34.95		
	100m: 1:05.24 33.58				34.30 300m: 3:23.81 34.63	400m: 4:32.00 33.24		
26.	RIBEIRO, Ivo Pinto	M	108299	97	Felgueiras	4:32.42	527	
	50m: 30.84 30.84				34.86 250m: 2:49.98 35.37	350m: 3:59.83 34.59		
	100m: 1:04.72 33.88				35.03 300m: 3:25.24 35.26	400m: 4:32.42 32.59		
27.	CORREIA, Narciso Daniel	M	111197	97	Braga	4:32.72	525	
	50m: 31.02 31.02				35.45 250m: 2:50.17 34.78	350m: 3:59.74 35.05		
	100m: 1:04.96 33.94				34.98 300m: 3:24.69 34.52	400m: 4:32.72 32.98		
28.	SOUZA, Bruno Miranda	M	106109	93	Escola Desportiva de Viana	4:32.95	524	
	50m: 29.97 29.97				34.47 250m: 2:48.06 35.38	350m: 3:59.87 35.99		
	100m: 1:03.24 33.27				34.97 300m: 3:23.88 35.82	400m: 4:32.95 33.08		
29.	CARVALHO, Alexandre Magno	M	108284	98	Fluvial Portuense	4:34.90	513	
	50m: 31.34 31.34				35.07 250m: 2:50.96 35.49	350m: 4:01.43 35.02		
	100m: 1:05.51 34.17				34.89 300m: 3:26.41 35.45	400m: 4:34.90 33.47		
30.	MENDES, Joao Santos	M	111648	98	Leixoes Sport Clube	4:35.62	509	
	50m: 30.87 30.87				35.39 250m: 2:50.77 35.34	350m: 4:01.20 34.79		
	100m: 1:04.75 33.88				35.29 300m: 3:26.41 35.64	400m: 4:35.62 34.42		
31.	MARQUES, Artur Miguel	M	102930	97	Leixoes Sport Clube	4:36.31	505	
	50m: 30.02 30.02				35.17 250m: 2:50.13 34.73	350m: 4:02.21 35.85		
	100m: 1:04.59 34.57				35.64 300m: 3:26.36 36.23	400m: 4:36.31 34.10		
32.	RAMOS, Rui Americo	M	104490	97	Porto	4:37.26	500	
	50m: 31.33 31.33				34.99 250m: 2:51.29 35.74	350m: 4:03.08 36.10		
	100m: 1:05.27 33.94				35.29 300m: 3:26.98 35.69	400m: 4:37.26 34.18		
33.	PICAO, Joao Afonso	M	102842	97	Leixoes Sport Clube	4:38.15	495	
	50m: 30.78 30.78				34.59 250m: 2:49.67 35.28	350m: 4:02.09 36.47		
	100m: 1:04.33 33.55				35.47 300m: 3:25.62 35.95	400m: 4:38.15 36.06		
34.	ALMEIDA, Luis Carlos	M	104527	98	Gespacos	4:39.86	486	
	50m: 31.82 31.82				36.04 250m: 2:54.62 36.19	350m: 4:06.76 35.16		
	100m: 1:06.39 34.57				36.00 300m: 3:31.60 36.98	400m: 4:39.86 33.10		
35.	SILVA, Paulo Filipe	M	117012	98	CNMaia	4:39.96	485	
	50m: 32.27 32.27				35.33 250m: 2:53.55 35.22	350m: 4:06.28 36.21		
	100m: 1:07.29 35.02				35.71 300m: 3:30.07 36.52	400m: 4:39.96 33.68		
36.	LUZ, Jose Henriques	M	119266	99	Nucleo Sportinguista do Concel	4:40.36	483	
	50m: 32.71 32.71				35.91 250m: 2:55.31 35.89	350m: 4:07.09 35.32		
	100m: 1:07.65 34.94				35.86 300m: 3:31.77 36.46	400m: 4:40.36 33.27		
37.	PINTO, Jose Pedro	M	100797	98	Braga	4:41.00	480	
	50m: 30.97 30.97				35.26 250m: 2:52.69 36.30	350m: 4:05.42 36.31		
	100m: 1:05.07 34.10				36.06 300m: 3:29.11 36.42	400m: 4:41.00 35.58		
38.	RODRIGUES, Bruno Daniel	M	103392	97	Braga	4:41.89	475	
	50m: 31.47 31.47				35.89 250m: 2:55.64 36.40	350m: 4:06.81 35.24		
	100m: 1:06.93 35.46				36.42 300m: 3:31.57 35.93	400m: 4:41.89 35.08		
39.	PINHEIRO, Domingos Tiago	M	118328	98	Ginasio Santo Tirso	4:42.95	470	
	50m: 31.76 31.76				36.09 250m: 2:55.02 36.09	350m: 4:07.68 36.52		
	100m: 1:07.12 35.36				35.72 300m: 3:31.16 36.14	400m: 4:42.95 35.27		
40.	MENDONCA, Daniel Francisco	M	111180	97	Braga	4:43.14	469	
	50m: 31.77 31.77				35.54 250m: 2:55.12 36.48	350m: 4:07.95 36.11		
	100m: 1:06.70 34.93				36.40 300m: 3:31.84 36.72	400m: 4:43.14 35.19		
41.	FELGUEIRAS, H.	M	105205	98	Valongo	4:44.99	460	
	50m: 31.40 31.40				35.97 250m: 2:54.25 35.76	350m: 4:08.13 36.75		
	100m: 1:05.65 34.25				36.87 300m: 3:31.38 37.13	400m: 4:44.99 36.86		
42.	SILVA, Ricardo David	M	103049	97	Felgueiras	4:47.75	447	
	50m: 33.04 33.04				36.23 250m: 2:58.86 36.77	350m: 4:12.06 36.43		
	100m: 1:08.78 35.74				37.08 300m: 3:35.63 36.77	400m: 4:47.75 35.69		
43.	COSTA, Nuno Filipe	M	102449	99	Gespacos	4:47.88	446	
	50m: 32.09 32.09				36.91 250m: 2:58.81 37.24	350m: 4:12.59 36.73		
	100m: 1:07.98 35.89				36.68 300m: 3:35.86 37.05	400m: 4:47.88 35.29		

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11-06-2013 16:09 - Page 2



Event 31, Men, 400m Freestyle, Prelim, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
44.	NUNES, Diogo Barbosa	M	110529	00	Fluvial Portuense	4:48.07	445	
	50m: 33.13 33.13		150m: 1:45.03		36.12 250m: 2:58.46	36.45	350m: 4:12.44	36.99
	100m: 1:08.91 35.78		200m: 2:22.01		36.98 300m: 3:35.45	36.99	400m: 4:48.07	35.63
45.	GONCALVES, Nuno Filipe <i>FTL</i>	M	122530	96	Vitoria Sport Clube	4:48.28	444	
	50m: 30.95 30.95		150m: 1:43.78		37.34 250m: 2:58.24	37.22	350m: 4:12.33	36.80
	100m: 1:06.44 35.49		200m: 2:21.02		37.24 300m: 3:35.53	37.29	400m: 4:48.28	35.95
46.	RODRIGUES, Jose Miguel	M	106741	97	Valongo	4:48.31	444	
	50m: 31.99 31.99		150m: 1:45.41		37.03 250m: 2:59.56	37.46	350m: 4:13.05	36.58
	100m: 1:08.38 36.39		200m: 2:22.10		36.69 300m: 3:36.47	36.91	400m: 4:48.31	35.26
47.	SILVA, Joao Paulo	M	104712	97	Gespacos	4:51.06	432	
	50m: 33.38 33.38		150m: 1:46.56		37.15 250m: 3:00.46	36.16	350m: 4:14.66	37.19
	100m: 1:09.41 36.03		200m: 2:24.30		37.74 300m: 3:37.47	37.01	400m: 4:51.06	36.40
48.	SOARES, Tiago Silva	M	108287	99	Porto	4:52.58	425	
	50m: 31.72 31.72		150m: 1:44.68		37.27 250m: 3:00.38	37.80	350m: 4:16.23	37.88
	100m: 1:07.41 35.69		200m: 2:22.58		37.90 300m: 3:38.35	37.97	400m: 4:52.58	36.35
49.	POINHO, Joao Diogo	M	104486	97	Porto	4:52.88	424	
	50m: 30.96 30.96		150m: 1:42.24		36.72 250m: 2:58.46	38.66	350m: 4:15.31	38.14
	100m: 1:05.52 34.56		200m: 2:19.80		37.56 300m: 3:37.17	38.71	400m: 4:52.88	37.57
50.	PEREIRA, Diogo Alexandre	M	118265	98	Porto	4:53.50	421	
	50m: 35.62 35.62		150m: 1:49.16		37.13 250m: 3:02.88	37.29	350m: 4:18.09	37.61
	100m: 1:12.03 36.41		200m: 2:25.59		36.43 300m: 3:40.48	37.60	400m: 4:53.50	35.41
51.	GUEDES, Bernardo Soares	M	105017	97	Sporting Clube de Espinho	4:54.41	417	
	50m: 30.91 30.91		150m: 1:43.77		37.42 250m: 3:00.86	39.02	350m: 4:18.21	38.51
	100m: 1:06.35 35.44		200m: 2:21.84		38.07 300m: 3:39.70	38.84	400m: 4:54.41	36.20
52.	GOMES, Carlos Alberto	M	109394	98	Sporting Clube de Espinho	4:56.50	408	
	50m: 32.20 32.20		150m: 1:46.54		38.10 250m: 3:03.54	38.37	350m: 4:20.35	38.08
	100m: 1:08.44 36.24		200m: 2:25.17		38.63 300m: 3:42.27	38.73	400m: 4:56.50	36.15
53.	GOMES, Jose Paulo <i>FTL</i>	M	108296	99	Felgueiras	5:01.13	390	
	50m: 33.27 33.27		150m: 1:47.10		37.82 250m: 3:04.40	38.95	350m: 4:23.15	39.39
	100m: 1:09.28 36.01		200m: 2:25.45		38.35 300m: 3:43.76	39.36	400m: 5:01.13	37.98
54.	BORGES, Tomas Pimentel <i>FTL</i>	M	112140	00	Porto	5:07.42	366	
	50m: 32.93 32.93		150m: 1:49.03		38.70 250m: 3:08.37	39.56	350m: 4:28.54	39.95
	100m: 1:10.33 37.40		200m: 2:28.81		39.78 300m: 3:48.59	40.22	400m: 5:07.42	38.88
WDR	LOPES, Daniel Filipe	M	116836	96	Clube Natacao de Vila Real			
WDR	COSTA, Elmano Madail	M	118322	99	Vitoria Sport Clube			
WDR	FERNANDES, Jose Manuel	M	112188	99	Vitoria Sport Clube			
WDR	GONCALVES, Albino Manuel	M	123698	99	Vitoria Sport Clube			
WDR	CORREIA, Joao Paulo	M	110481	99	Porto			
WDR	NUNES, Jorge Miguel	M	102008	97	Porto			

17 years and older

1.	MACHADO, Ricardo Manuel	M	13278	93	Braga	4:13.24	656	A
	50m: 29.23 29.23		150m: 1:33.38		32.41 250m: 2:38.28	32.39	350m: 3:42.45	31.95
	100m: 1:00.97 31.74		200m: 2:05.89		32.51 300m: 3:10.50	32.22	400m: 4:13.24	30.79
2.	FERREIRA, Artur Manuel	M	101981	95	Porto	4:13.74	652	A
	50m: 29.86 29.86		150m: 1:33.95		32.75 250m: 2:38.76	32.17	350m: 3:42.42	31.91
	100m: 1:01.20 31.34		200m: 2:06.59		32.64 300m: 3:10.51	31.75	400m: 4:13.74	31.32
3.	RIBEIRO, Edgar Oliveira	M	13277	93	Braga	4:13.81	651	A
	50m: 27.97 27.97		150m: 1:32.05		32.33 250m: 2:37.26	32.50	350m: 3:42.76	32.66
	100m: 59.72 31.75		200m: 2:04.76		32.71 300m: 3:10.10	32.84	400m: 4:13.81	31.05
4.	FARINHA, Andre Filipe	M	105086	96	Benfica	4:15.45	639	A
	50m: 29.48 29.48		150m: 1:34.37		32.73 250m: 2:40.47	32.96	350m: 3:44.72	31.69
	100m: 1:01.64 32.16		200m: 2:07.51		33.14 300m: 3:13.03	32.56	400m: 4:15.45	30.73
5.	BESSA, Pedro Maria	M	18656	95	Vilacondense	4:15.59	638	A
	50m: 29.27 29.27		150m: 1:33.84		32.71 250m: 2:38.96	32.59	350m: 3:44.02	32.66
	100m: 1:01.13 31.86		200m: 2:06.37		32.53 300m: 3:11.36	32.40	400m: 4:15.59	31.57
6.	OLIVEIRA, Tiago Silva	M	15465	94	Leixoes Sport Clube	4:16.95	628	A
	50m: 29.94 29.94		150m: 1:35.19		33.35 250m: 2:42.95	33.83	350m: 3:46.59	31.07
	100m: 1:01.84 31.90		200m: 2:09.12		33.93 300m: 3:15.52	32.57	400m: 4:16.95	30.36
7.	COSTA, Joao Miguel	M	15088	95	Vilacondense	4:18.82	614	A
	50m: 29.55 29.55		150m: 1:34.77		33.09 250m: 2:40.41	33.18	350m: 3:47.73	33.76
	100m: 1:01.68 32.13		200m: 2:07.23		32.46 300m: 3:13.97	33.56	400m: 4:18.82	31.09
8.	MARTINS, Pedro Veiguinha	M	107233	96	Braga	4:19.78	607	R
	50m: 28.82 28.82		150m: 1:34.69		32.85 250m: 2:40.66	32.74	350m: 3:46.97	33.14
	100m: 1:01.84 33.02		200m: 2:07.92		33.23 300m: 3:13.83	33.17	400m: 4:19.78	32.81
9.	FARIA, Rui Pedro	M	15592	94	Famalicao	4:21.84	593	
	50m: 29.79 29.79		150m: 1:34.33		32.45 250m: 2:41.06	33.61	350m: 3:48.77	33.82
	100m: 1:01.88 32.09		200m: 2:07.45		33.12 300m: 3:14.95	33.89	400m: 4:21.84	33.07

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 26487

Registered to Associacao de Natacao do Norte de Portugal

11-06-2013 16:09 - Page 3



Event 31, Men, 400m Freestyle, Prelim, 17 years and older

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
10.	SOUZA, David Nunes	M	112204	96	Famalicão	4:23.21	584	
	50m: 30.29 30.29	150m: 1:37.69	34.25	250m: 2:45.75	33.71	350m: 3:53.82	34.20	
	100m: 1:03.44 33.15	200m: 2:12.04	34.35	300m: 3:19.62	33.87	400m: 4:23.21	29.39	
11.	SILVA, Bruno Miguel	M	103826	96	Porto	4:26.23	564	
	50m: 31.09 31.09	150m: 1:39.29	34.32	250m: 2:47.63	33.25	350m: 3:54.53	33.22	
	100m: 1:04.97 33.88	200m: 2:14.38	35.09	300m: 3:21.31	33.68	400m: 4:26.23	31.70	
12.	LAUREANO, Daniel Rento	M	103707	95	Leixões Sport Clube	4:27.60	556	
	50m: 30.78 30.78	150m: 1:38.07	33.81	250m: 2:46.44	34.18	350m: 3:54.88	33.97	
	100m: 1:04.26 33.48	200m: 2:12.26	34.19	300m: 3:20.91	34.47	400m: 4:27.60	32.72	
13.	PINTO, Miguel Filipe	M	105729	96	Ginásio Santo Tirso	4:30.92	535	
	50m: 30.08 30.08	150m: 1:38.63	34.86	250m: 2:48.95	35.09	350m: 3:58.48	34.94	
	100m: 1:03.77 33.69	200m: 2:13.86	35.23	300m: 3:23.54	34.59	400m: 4:30.92	32.44	
14.	SOUZA, Bruno Miranda	M	106109	93	Escola Desportiva de Viana	4:32.95	524	
	50m: 29.97 29.97	150m: 1:37.71	34.47	250m: 2:48.06	35.38	350m: 3:59.87	35.99	
	100m: 1:03.24 33.27	200m: 2:12.68	34.97	300m: 3:23.88	35.82	400m: 4:32.95	33.08	
15.	GONCALVES, Nuno Filipe <i>FL</i>	M	122530	96	Vitoria Sport Clube	4:48.28	444	
	50m: 30.95 30.95	150m: 1:43.78	37.34	250m: 2:58.24	37.22	350m: 4:12.33	36.80	
	100m: 1:06.44 35.49	200m: 2:21.02	37.24	300m: 3:35.53	37.29	400m: 4:48.28	35.95	
WDR	LOPES, Daniel Filipe	M	116836	96	Clube Natacao de Vila Real			

13 - 16 years

1.	AFONSO, Ricardo Eduardo	M	105414	97	Braga	4:17.09	627	A
	50m: 29.96 29.96	150m: 1:35.16	33.15	250m: 2:41.63	33.29	350m: 3:47.29	32.80	
	100m: 1:02.01 32.05	200m: 2:08.34	33.18	300m: 3:14.49	32.86	400m: 4:17.09	29.80	
2.	NOGUEIRA, Goncalo Miguel	M	104471	98	Porto	4:19.32	611	R
	50m: 29.51 29.51	150m: 1:34.51	33.20	250m: 2:40.97	33.32	350m: 3:47.43	33.54	
	100m: 1:01.31 31.80	200m: 2:07.65	33.14	300m: 3:13.89	32.92	400m: 4:19.32	31.89	
3.	TRAVANCA, Joao Luis	M	104716	97	Porto	4:22.64	588	
	50m: 30.91 30.91	150m: 1:37.51	33.93	250m: 2:44.50	33.53	350m: 3:51.23	33.27	
	100m: 1:03.58 32.67	200m: 2:10.97	33.46	300m: 3:17.96	33.46	400m: 4:22.64	31.41	
4.	FERREIRA, Joao Costa	M	119632	98	Famalicão	4:25.06	572	
	50m: 30.11 30.11	150m: 1:37.45	33.88	250m: 2:45.20	33.83	350m: 3:53.13	33.70	
	100m: 1:03.57 33.46	200m: 2:11.37	33.92	300m: 3:19.43	34.23	400m: 4:25.06	31.93	
5.	RAMOS, Eduardo Salgado	M	106796	97	Porto	4:27.66	555	
	50m: 30.22 30.22	150m: 1:38.07	34.52	250m: 2:45.86	34.09	350m: 3:54.40	34.75	
	100m: 1:03.55 33.33	200m: 2:11.77	33.70	300m: 3:19.65	33.79	400m: 4:27.66	33.26	
6.	FERREIRA, Joao Miguel	M	103044	97	Felgueiras	4:27.82	554	
	50m: 30.60 30.60	150m: 1:38.17	34.38	250m: 2:45.93	33.45	350m: 3:54.32	33.92	
	100m: 1:03.79 33.19	200m: 2:12.48	34.31	300m: 3:20.40	34.47	400m: 4:27.82	33.50	
7.	MORIM, Ruben Jose	M	107935	97	Vilacondense	4:28.38	551	
	50m: 29.38 29.38	150m: 1:36.11	34.25	250m: 2:46.08	35.28	350m: 3:55.27	34.81	
	100m: 1:01.86 32.48	200m: 2:10.80	34.69	300m: 3:20.46	34.38	400m: 4:28.38	33.11	
8.	RIBEIRO, Luis Filipe	M	107564	98	Braga	4:29.61	543	
	50m: 30.21 30.21	150m: 1:38.77	34.96	250m: 2:48.63	34.91	350m: 3:57.97	34.32	
	100m: 1:03.81 33.60	200m: 2:13.72	34.95	300m: 3:23.65	35.02	400m: 4:29.61	31.64	
9.	NETO, Pedro Goncalves	M	102038	98	Porto	4:29.92	541	
	50m: 30.29 30.29	150m: 1:38.68	34.12	250m: 2:47.14	33.55	350m: 3:56.43	34.39	
	100m: 1:04.56 34.27	200m: 2:13.59	34.91	300m: 3:22.04	34.90	400m: 4:29.92	33.49	
10.	PEREIRA, Vitor Joao	M	102545	97	Leixões Sport Clube	4:30.16	540	
	50m: 29.97 29.97	150m: 1:37.02	34.35	250m: 2:46.60	35.11	350m: 3:56.22	34.81	
	100m: 1:02.67 32.70	200m: 2:11.49	34.47	300m: 3:21.41	34.81	400m: 4:30.16	33.94	
11.	SAMPAIO, Jose Pedro	M	108295	98	Felgueiras	4:31.51	532	
	50m: 31.93 31.93	150m: 1:41.12	35.20	250m: 2:50.27	33.91	350m: 3:58.57	33.46	
	100m: 1:05.92 33.99	200m: 2:16.36	35.24	300m: 3:25.11	34.84	400m: 4:31.51	32.94	
12.	SILVA, Bruno Jose	M	107560	98	Braga	4:32.00	529	
	50m: 31.66 31.66	150m: 1:40.03	34.79	250m: 2:49.18	34.85	350m: 3:58.76	34.95	
	100m: 1:05.24 33.58	200m: 2:14.33	34.30	300m: 3:23.81	34.63	400m: 4:32.00	33.24	
13.	RIBEIRO, Ivo Pinto	M	108299	97	Felgueiras	4:32.42	527	
	50m: 30.84 30.84	150m: 1:39.58	34.86	250m: 2:49.98	35.37	350m: 3:59.83	34.59	
	100m: 1:04.72 33.88	200m: 2:14.61	35.03	300m: 3:25.24	35.26	400m: 4:32.42	32.59	
14.	CORREIA, Narciso Daniel	M	111197	97	Braga	4:32.72	525	
	50m: 31.02 31.02	150m: 1:40.41	35.45	250m: 2:50.17	34.78	350m: 3:59.74	35.05	
	100m: 1:04.96 33.94	200m: 2:15.39	34.98	300m: 3:24.69	34.52	400m: 4:32.72	32.98	
15.	CARVALHO, Alexandre Magno	M	108284	98	Fluvial Portuense	4:34.90	513	
	50m: 31.34 31.34	150m: 1:40.58	35.07	250m: 2:50.96	35.49	350m: 4:01.43	35.02	
	100m: 1:05.51 34.17	200m: 2:15.47	34.89	300m: 3:26.41	35.45	400m: 4:34.90	33.47	
16.	MENDES, Joao Santos	M	111648	98	Leixões Sport Clube	4:35.62	509	
	50m: 30.87 30.87	150m: 1:40.14	35.39	250m: 2:50.77	35.34	350m: 4:01.20	34.79	
	100m: 1:04.75 33.88	200m: 2:15.43	35.29	300m: 3:26.41	35.64	400m: 4:35.62	34.42	

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 26487

Registered to Associacao de Natacao do Norte de Portugal

11-06-2013 16:09 - Page 4

Event 31, Boys, 400m Freestyle, Prelim, 13 - 16 years

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
17.	MARQUES, Artur Miguel 50m: 30.02 30.02 100m: 1:04.59 34.57	M	102930 97	Leixoes Sport Clube 35.17 250m: 2:50.13 34.73 35.64 300m: 3:26.36 36.23	4:36.31	505	35.85 34.10
18.	RAMOS, Rui Americo 50m: 31.33 31.33 100m: 1:05.27 33.94	M	104490 97	Porto 34.99 250m: 2:51.29 35.74 35.29 300m: 3:26.98 35.69	4:37.26	500	36.10 34.18
19.	PICAO, Joao Afonso 50m: 30.78 30.78 100m: 1:04.33 33.55	M	102842 97	Leixoes Sport Clube 34.59 250m: 2:49.67 35.28 35.47 300m: 3:25.62 35.95	4:38.15	495	36.47 36.06
20.	ALMEIDA, Luis Carlos 50m: 31.82 31.82 100m: 1:06.39 34.57	M	104527 98	Gespacos 36.04 250m: 2:54.62 36.19 36.00 300m: 3:31.60 36.98	4:39.86	486	35.16 33.10
21.	SILVA, Paulo Filipe 50m: 32.27 32.27 100m: 1:07.29 35.02	M	117012 98	CNMaia 35.33 250m: 2:53.55 35.22 35.71 300m: 3:30.07 36.52	4:39.96	485	36.21 33.68
22.	LUZ, Jose Henriques 50m: 32.71 32.71 100m: 1:07.65 34.94	M	119266 99	Nucleo Sportinguista do Concel 35.91 250m: 2:55.31 35.89 35.86 300m: 3:31.77 36.46	4:40.36	483	35.32 33.27
23.	PINTO, Jose Pedro 50m: 30.97 30.97 100m: 1:05.07 34.10	M	100797 98	Braga 35.26 250m: 2:52.69 36.30 36.06 300m: 3:29.11 36.42	4:41.00	480	36.31 35.58
24.	RODRIGUES, Bruno Daniel 50m: 31.47 31.47 100m: 1:06.93 35.46	M	103392 97	Braga 35.89 250m: 2:55.64 36.40 36.42 300m: 3:31.57 35.93	4:41.89	475	35.24 35.08
25.	PINHEIRO, Domingos Tiago 50m: 31.76 31.76 100m: 1:07.12 35.36	M	118328 98	Ginasio Santo Tirso 36.09 250m: 2:55.02 36.09 35.72 300m: 3:31.16 36.14	4:42.95	470	36.52 35.27
26.	MENDONCA, Daniel Francisco 50m: 31.77 31.77 100m: 1:06.70 34.93	M	111180 97	Braga 35.54 250m: 2:55.12 36.48 36.40 300m: 3:31.84 36.72	4:43.14	469	36.11 35.19
27.	FELGUEIRAS, H. 50m: 31.40 31.40 100m: 1:05.65 34.25	M	105205 98	Valongo 35.97 250m: 2:54.25 35.76 36.87 300m: 3:31.38 37.13	4:44.99	460	36.75 36.86
28.	SILVA, Ricardo David 50m: 33.04 33.04 100m: 1:08.78 35.74	M	103049 97	Felgueiras 36.23 250m: 2:58.86 36.77 37.08 300m: 3:35.63 36.77	4:47.75	447	36.43 35.69
29.	COSTA, Nuno Filipe 50m: 32.09 32.09 100m: 1:07.98 35.89	M	102449 99	Gespacos 36.91 250m: 2:58.81 37.24 36.68 300m: 3:35.86 37.05	4:47.88	446	36.73 35.29
30.	NUNES, Diogo Barbosa 50m: 33.13 33.13 100m: 1:08.91 35.78	M	110529 00	Fluvial Portuense 36.12 250m: 2:58.46 36.45 36.98 300m: 3:35.45 36.99	4:48.07	445	36.99 35.63
31.	RODRIGUES, Jose Miguel 50m: 31.99 31.99 100m: 1:08.38 36.39	M	106741 97	Valongo 37.03 250m: 2:59.56 37.46 36.69 300m: 3:36.47 36.91	4:48.31	444	36.58 35.26
32.	SILVA, Joao Paulo 50m: 33.38 33.38 100m: 1:09.41 36.03	M	104712 97	Gespacos 37.15 250m: 3:00.46 36.16 37.74 300m: 3:37.47 37.01	4:51.06	432	37.19 36.40
33.	SOARES, Tiago Silva 50m: 31.72 31.72 100m: 1:07.41 35.69	M	108287 99	Porto 37.27 250m: 3:00.38 37.80 37.90 300m: 3:38.35 37.97	4:52.58	425	37.88 36.35
34.	POINHO, Joao Diogo 50m: 30.96 30.96 100m: 1:05.52 34.56	M	104486 97	Porto 36.72 250m: 2:58.46 38.66 37.56 300m: 3:37.17 38.71	4:52.88	424	38.14 37.57
35.	PEREIRA, Diogo Alexandre 50m: 35.62 35.62 100m: 1:12.03 36.41	M	118265 98	Porto 37.13 250m: 3:02.88 37.29 36.43 300m: 3:40.48 37.60	4:53.50	421	37.61 35.41
36.	GUEDES, Bernardo Soares 50m: 30.91 30.91 100m: 1:06.35 35.44	M	105017 97	Sporting Clube de Espinho 37.42 250m: 3:00.86 39.02 38.07 300m: 3:39.70 38.84	4:54.41	417	38.51 36.20
37.	GOMES, Carlos Alberto 50m: 32.20 32.20 100m: 1:08.44 36.24	M	109394 98	Sporting Clube de Espinho 38.10 250m: 3:03.54 38.37 38.63 300m: 3:42.27 38.73	4:56.50	408	38.08 36.15
38.	GOMES, Jose Paulo FTL 50m: 33.27 33.27 100m: 1:09.28 36.01	M	108296 99	Felgueiras 37.82 250m: 3:04.40 38.95 38.35 300m: 3:43.76 39.36	5:01.13	390	39.39 37.98
39.	BORGES, Tomas Pimentel FTL 50m: 32.93 32.93 100m: 1:10.33 37.40	M	112140 00	Porto 38.70 250m: 3:08.37 39.56 39.78 300m: 3:48.59 40.22	5:07.42	366	39.95 38.88
WDR	COSTA, Elmano Madail	M	118322 99	Vitoria Sport Clube			
WDR	FERNANDES, Jose Manuel	M	112188 99	Vitoria Sport Clube			

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 26487

Registered to Associacao de Natacao do Norte de Portugal

11-06-2013 16:09 - Page 5



Event 31, Boys, 400m Freestyle, Prelim, 13 - 16 years

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
WDR	GONCALVES, Albino Manuel	M	123698	99	Vitoria Sport Clube			
WDR	CORREIA, Joao Paulo	M	110481	99	Porto			
WDR	NUNES, Jorge Miguel	M	102008	97	Porto			

O Secretário do Juri

Splash Meet Manager 11, Build 26487

Registered to Associação de Natacao do Norte de Portugal

O Juiz Árbitro

11-06-2013 16:09 - Page 6

