

| Event 39 | Men, 400m Medley | | | | Absolutos |
|------------------------------|-----------------------|------------------------|---------|--------------|------------|
| 09-06-2013 - 16:00 | Clinica Medica da Foz | | | | Results |
| Recordes Nacionais 50m Open | 4:18.08 | CARVALHO, Diogo Filipe | FPN | Roma (ITA) | 02-08-2009 |
| Recordes Nacionais 50m Inf B | 4:59.28 | FREITAS, Tomas Miguel | CDN | Restelo | 25-07-2003 |
| Recordes Nacionais 50m Inf A | 4:46.20 | FREITAS, Tomas Miguel | CDN | Póvoa Varzim | 23-07-2004 |
| Recordes Nacionais 50m Juv B | 4:39.98 | VITAL, Joao Alexandre | ADRCIMM | Coimbra | 26-05-2013 |
| Recordes Nacionais 50m Juv A | 4:33.24 | CARVALHO, Diogo Filipe | CGA | Lisboa | 29-07-2004 |
| Recordes Nacionais 50m Jun | 4:26.40 | SANTOS, Alexis Manacas | SCP | Coimbra | 30-07-2010 |
| Recordes Nacionais 50m Sen | 4:18.08 | CARVALHO, Diogo Filipe | FPN | Roma (ITA) | 02-08-2009 |

TLP ABS_MASC : 5:20.00

Points: FINA 2013

| Lugar | Nome | Sexo | Licença | Ano | Clube | Tempo Final | Pts | Obs |
|-------|--------------------------|-------|---------------|-----------|---------------------------|----------------|---------------|-------|
| 1. | MAURI, Luca | M | 95 | Lombardia | | 4:34.18 | 703 | |
| | 50m: 28.80 | 28.80 | 150m: 1:38.83 | 36.77 | 250m: 2:52.44 | 38.12 | 350m: 4:02.36 | 31.79 |
| | 100m: 1:02.06 | 33.26 | 200m: 2:14.32 | 35.49 | 300m: 3:30.57 | 38.13 | 400m: 4:34.18 | 31.82 |
| 2. | ALVES, Nuno Rafael | M | 25140 | 90 | Gespacos | 4:38.73 | 669 | |
| | 50m: 29.68 | 29.68 | 150m: 1:40.99 | 37.46 | 250m: 2:54.50 | 37.27 | 350m: 4:05.92 | 33.03 |
| | 100m: 1:03.53 | 33.85 | 200m: 2:17.23 | 36.24 | 300m: 3:32.89 | 38.39 | 400m: 4:38.73 | 32.81 |
| 3. | SANTOS, Pedro Ribeiro | M | 24670 | 96 | Ac.Viseu | 4:49.24 | 599 | |
| | 50m: 30.46 | 30.46 | 150m: 1:43.08 | 37.95 | 250m: 3:01.24 | 40.85 | 350m: 4:16.34 | 33.70 |
| | 100m: 1:05.13 | 34.67 | 200m: 2:20.39 | 37.31 | 300m: 3:42.64 | 41.40 | 400m: 4:49.24 | 32.90 |
| 4. | REGO, Ricardo Amorim | M | 15954 | 84 | Braga | 4:52.20 | 581 | |
| | 50m: 30.63 | 30.63 | 150m: 1:44.46 | 37.86 | 250m: 3:03.44 | 40.52 | 350m: 4:18.55 | 33.38 |
| | 100m: 1:06.60 | 35.97 | 200m: 2:22.92 | 38.46 | 300m: 3:45.17 | 41.73 | 400m: 4:52.20 | 33.65 |
| 5. | OLIVEIRA, Luis Carlos | M | 102629 | 97 | Porto | 4:54.26 | 569 | |
| | 50m: 30.29 | 30.29 | 150m: 1:44.00 | 38.38 | 250m: 3:03.31 | 41.55 | 350m: 4:21.70 | 34.43 |
| | 100m: 1:05.62 | 35.33 | 200m: 2:21.76 | 37.76 | 300m: 3:47.27 | 43.96 | 400m: 4:54.26 | 32.56 |
| 6. | MARTINS, Pedro Veiguiha | M | 107233 | 96 | Braga | 4:54.37 | 568 | |
| | 50m: 31.28 | 31.28 | 150m: 1:46.76 | 40.02 | 250m: 3:07.46 | 40.67 | 350m: 4:23.36 | 33.21 |
| | 100m: 1:06.74 | 35.46 | 200m: 2:26.79 | 40.03 | 300m: 3:50.15 | 42.69 | 400m: 4:54.37 | 31.01 |
| 7. | AMORIM, Vasco Gradim | M | 110486 | 98 | Porto | 4:54.91 | 565 | |
| | 50m: 31.21 | 31.21 | 150m: 1:44.62 | 37.98 | 250m: 3:04.38 | 42.61 | 350m: 4:21.58 | 33.65 |
| | 100m: 1:06.64 | 35.43 | 200m: 2:21.77 | 37.15 | 300m: 3:47.93 | 43.55 | 400m: 4:54.91 | 33.33 |
| 8. | RIBEIRO, Luis Filipe | M | 107564 | 98 | Braga | 5:02.45 | 524 | |
| | 50m: 31.21 | 31.21 | 150m: 1:48.13 | 40.93 | 250m: 3:11.57 | 44.69 | 350m: 4:30.82 | 34.59 |
| | 100m: 1:07.20 | 35.99 | 200m: 2:26.88 | 38.75 | 300m: 3:56.23 | 44.66 | 400m: 5:02.45 | 31.63 |
| 9. | VALE, Tomas Machado | M | 102229 | 97 | Viana Natacao | 5:03.05 | 520 | |
| | 50m: 30.63 | 30.63 | 150m: 1:44.95 | 38.99 | 250m: 3:08.44 | 45.43 | 350m: 4:29.43 | 35.53 |
| | 100m: 1:05.96 | 35.33 | 200m: 2:23.01 | 38.06 | 300m: 3:53.90 | 45.46 | 400m: 5:03.05 | 33.62 |
| 10. | PEREIRA, Vitor Joao | M | 102545 | 97 | Leixoes Sport Clube | 5:03.41 | 519 | |
| | 50m: 31.65 | 31.65 | 150m: 1:48.51 | 40.52 | 250m: 3:10.45 | 44.34 | 350m: 4:29.90 | 34.59 |
| | 100m: 1:07.99 | 36.34 | 200m: 2:26.11 | 37.60 | 300m: 3:55.31 | 44.86 | 400m: 5:03.41 | 33.51 |
| 11. | SOUSA, Jose Ricardo | M | 105759 | 97 | Lousada | 5:09.31 | 489 | |
| | 50m: 31.28 | 31.28 | 150m: 1:49.01 | 40.46 | 250m: 3:13.32 | 45.02 | 350m: 4:33.73 | 36.13 |
| | 100m: 1:08.55 | 37.27 | 200m: 2:28.30 | 39.29 | 300m: 3:57.60 | 44.28 | 400m: 5:09.31 | 35.58 |
| 12. | ROCHA, Vitor Samuel | M | 107743 | 96 | Gespacos | 5:09.94 | 486 | |
| | 50m: 32.76 | 32.76 | 150m: 1:49.64 | 40.56 | 250m: 3:15.35 | 45.57 | 350m: 4:36.93 | 36.77 |
| | 100m: 1:09.08 | 36.32 | 200m: 2:29.78 | 40.14 | 300m: 4:00.16 | 44.81 | 400m: 5:09.94 | 33.01 |
| 13. | FERNANDES, Marco Andre | M | 103645 | 97 | Gespacos | 5:11.62 | 479 | |
| | 50m: 31.93 | 31.93 | 150m: 1:49.94 | 41.43 | 250m: 3:16.96 | 45.99 | 350m: 4:38.55 | 35.54 |
| | 100m: 1:08.51 | 36.58 | 200m: 2:30.97 | 41.03 | 300m: 4:03.01 | 46.05 | 400m: 5:11.62 | 33.07 |
| 14. | VIEIRA, Pedro Nuno | M | 106742 | 98 | Valongo | 5:15.73 | 460 | |
| | 50m: 31.82 | 31.82 | 150m: 1:49.49 | 41.04 | 250m: 3:16.01 | 46.30 | 350m: 4:40.03 | 37.59 |
| | 100m: 1:08.45 | 36.63 | 200m: 2:29.71 | 40.22 | 300m: 4:02.44 | 46.43 | 400m: 5:15.73 | 35.70 |
| 15. | MONTEIRO, Rodrigo Manuel | M | 109389 | 98 | Sporting Clube de Espinho | 5:16.66 | 456 | |
| | 50m: 32.36 | 32.36 | 150m: 1:51.92 | 40.95 | 250m: 3:18.01 | 46.77 | 350m: 4:41.90 | 36.77 |
| | 100m: 1:10.97 | 38.61 | 200m: 2:31.24 | 39.32 | 300m: 4:05.13 | 47.12 | 400m: 5:16.66 | 34.76 |

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 26487

Registered to Associacao de Natacao do Norte de Portugal

11-06-2013 16:10 - Page 1

