

Event 9	Women, 400m Freestyle				Absolutos
08-06-2013 - 10:30	TURBO				Results Prelim
Recordes Nacionais 50m Open	4:19.89	ALEGRIA, Ana Feio	FPN	Barcelona (ESP)	30-05-1996
Recordes Nacionais 50m Inf B	4:43.70	, tempo limite			
Recordes Nacionais 50m Inf A	4:31.53	, tempo limite			
Recordes Nacionais 50m Juv	4:28.67	, tempo limite			
Recordes Nacionais 50m Jun	4:20.37	FERREIRA, Marta Andreia	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Sen	4:19.89	ALEGRIA, Ana Feio	FPN	Barcelona (ESP)	30-05-1996

TLP JUN_SEN FEM 15 +: 5:01.00 / TLP INF_JUV FEM 12 - 14: 5:24.50

Points: FINA 2013

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs					
Absolutos																
1.	NETO, Ana Goncalves	F	101958	95	Porto	50m: 30.54	100m: 1:03.33	150m: 1:37.05	200m: 2:11.35	250m: 33.72	300m: 34.30	350m: 33.82	400m: 34.12	4:27.56	714	A
2.	AMORIM, Maria Luis	F	102029	95	Porto	50m: 31.54	100m: 1:05.84	150m: 1:40.96	200m: 2:16.12	250m: 35.12	300m: 35.16	350m: 34.40	400m: 34.78	4:32.93	672	A
3.	RODRIGUES, Joana Aguiar	F	15401	93	Porto	50m: 31.77	100m: 1:06.27	150m: 1:41.36	200m: 2:15.88	250m: 35.09	300m: 34.52	350m: 34.64	400m: 34.72	4:34.09	664	A
4.	MAREC, Estelle	F		93	Bretagne de Natation	50m: 32.50	100m: 1:07.22	150m: 1:42.18	200m: 2:17.03	250m: 34.96	300m: 34.85	350m: 34.25	400m: 34.47	4:34.60	660	A
5.	NEVES, Vania Soares	F	12380	90	Viana Natacao	50m: 31.46	100m: 1:05.13	150m: 1:39.88	200m: 2:14.87	250m: 34.75	300m: 34.99	350m: 34.90	400m: 34.94	4:34.95	658	A
6.	HOLUB, Tamila Hryhorivna	F	116887	99	Braga	50m: 32.45	100m: 1:06.77	150m: 1:41.65	200m: 2:16.94	250m: 34.88	300m: 35.29	350m: 35.24	400m: 35.71	4:37.31	641	A
7.	CASTRO, Adriana Daniela	F	104515	97	Porto	50m: 32.61	100m: 1:08.75	150m: 1:44.72	200m: 2:20.17	250m: 35.97	300m: 35.45	350m: 35.39	400m: 35.40	4:40.18	621	A
8.	NEUMANNOVA, Marie	F		97	Vodni Sporty Club	50m: 32.22	100m: 1:08.24	150m: 1:44.85	200m: 2:21.17	250m: 36.61	300m: 36.32	350m: 35.64	400m: 35.90	4:42.76	605	A
9.	RIBEIRO, Maria Carolina	F	106805	98	Porto	50m: 33.14	100m: 1:09.32	150m: 1:45.28	200m: 2:21.31	250m: 35.96	300m: 36.03	350m: 35.74	400m: 36.28	4:45.01	590	R
10.	MARTINS, Ana Filipa	F	104438	97	Felgueiras	50m: 32.97	100m: 1:08.24	150m: 1:44.36	200m: 2:20.70	250m: 36.12	300m: 36.34	350m: 36.21	400m: 36.81	4:45.95	584	R
11.	FERREIRA, Rute Santos	F	103823	97	Porto	50m: 32.61	100m: 1:08.67	150m: 1:44.75	200m: 2:21.50	250m: 36.08	300m: 36.75	350m: 36.64	400m: 37.47	4:48.00	572	
12.	ALVES, Luana Raquel	F	110022	97	Viana Natacao	50m: 33.52	100m: 1:09.61	150m: 1:46.12	200m: 2:22.80	250m: 36.51	300m: 36.68	350m: 36.91	400m: 36.77	4:48.13	571	
13.	ALVES, Ines Lucas	F	104738	98	Leixoes Sport Clube	50m: 33.37	100m: 1:09.33	150m: 1:45.81	200m: 2:22.20	250m: 36.48	300m: 36.39	350m: 36.81	400m: 36.29	4:48.66	568	
14.	FERIA, Ana Beatriz La	F	116885	99	Porto	50m: 33.72	100m: 1:09.82	150m: 1:46.12	200m: 2:22.94	250m: 36.30	300m: 36.82	350m: 36.37	400m: 37.57	4:48.95	566	
15.	FERNANDES, Maria Joao	F	102092	97	Vilacondense	50m: 31.70	100m: 1:06.40	150m: 1:42.30	200m: 2:19.42	250m: 35.90	300m: 37.12	350m: 37.62	400m: 38.64	4:48.99	566	
16.	MAGALHAES, Mafalda Mendes	F	107706	97	Porto	50m: 32.45	100m: 1:09.19	150m: 1:46.27	200m: 2:23.02	250m: 37.08	300m: 36.75	350m: 36.54	400m: 37.37	4:49.00	566	
17.	JARDIM, Catarina Alexandra	F	104449	98	Famalicao	50m: 33.03	100m: 1:08.94	150m: 1:45.31	200m: 2:22.20	250m: 36.37	300m: 36.89	350m: 36.78	400m: 37.37	4:49.52	563	
18.	CABRAL, Maria Francisca	F	118113	00	Porto	50m: 33.49	100m: 1:10.30	150m: 1:47.34	200m: 2:24.93	250m: 37.04	300m: 37.59	350m: 37.02	400m: 36.88	4:49.78	562	
19.	FARIA, Ana Rita	F	117417	00	Porto	50m: 33.80	100m: 1:10.70	150m: 1:47.62	200m: 2:24.46	250m: 36.92	300m: 36.84	350m: 36.99	400m: 37.22	4:50.88	555	

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 26487

Registered to Associação de Natacao do Norte de Portugal

11-06-2013 16:09 - Page 1



Event 9, Women, 400m Freestyle, Prelim, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
20.	FERNANDES, Ana Sofia	F	13191	93	Braga	4:52.46				546	
	50m: 32.47 32.47				150m: 1:44.72 36.41	250m: 2:59.36 37.44	350m: 4:15.48 37.89				
	100m: 1:08.31 35.84				200m: 2:21.92 37.20	300m: 3:37.59 38.23	400m: 4:52.46 36.98				
21.	CARVALHO, Hedvigés Ribeiro	F	106925	95	Famalicao	4:52.76				545	
	50m: 32.96 32.96				150m: 1:46.59 37.35	250m: 3:01.47 37.31	350m: 4:16.87 37.48				
	100m: 1:09.24 36.28				200m: 2:24.16 37.57	300m: 3:39.39 37.92	400m: 4:52.76 35.89				
22.	CUNHA, Ana Isabel	F	102991	96	Felgueiras	4:53.38				541	
	50m: 33.99 33.99				150m: 1:48.34 37.08	250m: 3:03.11 37.09	350m: 4:17.81 37.26				
	100m: 1:11.26 37.27				200m: 2:26.02 37.68	300m: 3:40.55 37.44	400m: 4:53.38 35.57				
23.	FERNANDES, Vera Patricia	F	101366	96	Braga	4:54.43				535	
	50m: 32.93 32.93				150m: 1:46.19 36.92	250m: 3:01.87 37.78	350m: 4:18.28 38.03				
	100m: 1:09.27 36.34				200m: 2:24.09 37.90	300m: 3:40.25 38.38	400m: 4:54.43 36.15				
24.	SAMPAIO, Ines Sofia	F	13415	94	Ac.Viseu	4:55.55				529	
	50m: 32.39 32.39				150m: 1:45.09 36.09	250m: 3:01.76 38.40	350m: 4:19.07 38.09				
	100m: 1:09.00 36.61				200m: 2:23.36 38.27	300m: 3:40.98 39.22	400m: 4:55.55 36.48				
25.	AZEVEDO, Ana Catarina	F	102640	96	Famalicao	4:57.05				521	
	50m: 32.98 32.98				150m: 1:47.36 37.80	250m: 3:03.66 38.10	350m: 4:20.13 38.36				
	100m: 1:09.56 36.58				200m: 2:25.56 38.20	300m: 3:41.77 38.11	400m: 4:57.05 36.92				
26.	NEVES, Ines Maria	F	104492	99	Porto	4:57.09				521	
	50m: 34.63 34.63				150m: 1:48.67 37.14	250m: 3:03.55 37.20	350m: 4:19.75 37.74				
	100m: 1:11.53 36.90				200m: 2:26.35 37.68	300m: 3:42.01 38.46	400m: 4:57.09 37.34				
27.	OLIVEIRA, Mariana Alexandre	F	107368	99	Porto	4:58.47				514	
	50m: 32.81 32.81				150m: 1:46.27 37.41	250m: 3:03.04 38.61	350m: 4:20.90 38.91				
	100m: 1:08.86 36.05				200m: 2:24.43 38.16	300m: 3:41.99 38.95	400m: 4:58.47 37.57				
28.	CARDOSO, Beatriz Neves	F	105741	98	Lamas	4:59.58				508	
	50m: 33.46 33.46				150m: 1:48.90 38.11	250m: 3:05.58 37.84	350m: 4:22.22 38.01				
	100m: 1:10.79 37.33				200m: 2:27.74 38.84	300m: 3:44.21 38.63	400m: 4:59.58 37.36				
29.	OLIVEIRA, Ana Caetano	F	118366	99	Leixoes Sport Clube	5:00.04				506	
	50m: 33.92 33.92				150m: 1:49.09 38.29	250m: 3:06.07 38.55	350m: 4:23.21 38.71				
	100m: 1:10.80 36.88				200m: 2:27.52 38.43	300m: 3:44.50 38.43	400m: 5:00.04 36.83				
30.	FREITAS, Lucilia Ferreira	F	111082	98	Porto	5:00.34				504	
	50m: 33.31 33.31				150m: 1:47.74 37.92	250m: 3:05.19 39.23	350m: 4:22.83 38.87				
	100m: 1:09.82 36.51				200m: 2:25.96 38.22	300m: 3:43.96 38.77	400m: 5:00.34 37.51				
31.	ROCHA, Marta Ferreira	F	110558	99	Leixoes Sport Clube	5:01.28				500	
	50m: 34.42 34.42				150m: 1:49.21 37.47	250m: 3:06.19 38.49	350m: 4:23.85 38.85				
	100m: 1:11.74 37.32				200m: 2:27.70 38.49	300m: 3:45.00 38.81	400m: 5:01.28 37.43				
32.	SOUSA, Joana Cunha <i>FIL</i>	F	103054	98	Felgueiras	5:01.32				499	
	50m: 33.67 33.67				150m: 1:49.19 37.77	250m: 3:06.44 38.17	350m: 4:24.31 38.37				
	100m: 1:11.42 37.75				200m: 2:28.27 39.08	300m: 3:45.94 39.50	400m: 5:01.32 37.01				
33.	SANTOS, Ana Margarida <i>FIL</i>	F	106839	98	Porto	5:02.39				494	
	50m: 33.61 33.61				150m: 1:48.61 37.80	250m: 3:06.24 38.90	350m: 4:23.89 38.57				
	100m: 1:10.81 37.20				200m: 2:27.34 38.73	300m: 3:45.32 39.08	400m: 5:02.39 38.50				
34.	PORTELA, Diana Filipa <i>FIL</i>	F	105488	98	Vitoria Sport Clube	5:03.99				486	
	50m: 33.56 33.56				150m: 1:49.29 38.33	250m: 3:06.98 38.90	350m: 4:25.69 39.29				
	100m: 1:10.96 37.40				200m: 2:28.08 38.79	300m: 3:46.40 39.42	400m: 5:03.99 38.30				
35.	TEIXEIRA, Maria Migueis	F	107574	99	Clube Natacao do Interior Nort	5:04.80				483	
	50m: 34.73 34.73				150m: 1:53.57 39.82	250m: 3:11.12 39.12	350m: 4:28.13 38.50				
	100m: 1:13.75 39.02				200m: 2:32.00 38.43	300m: 3:49.63 38.51	400m: 5:04.80 36.67				
36.	COSTA, Joana Francisca	F	118312	00	Felgueiras	5:05.38				480	
	50m: 35.78 35.78				150m: 1:53.71 39.11	250m: 3:12.23 39.21	350m: 4:28.59 38.20				
	100m: 1:14.60 38.82				200m: 2:33.02 39.31	300m: 3:50.39 38.16	400m: 5:05.38 36.79				
37.	LOPES, Ines Ferreira	F	107956	99	Leixoes Sport Clube	5:05.49				479	
	50m: 34.92 34.92				150m: 1:52.98 39.51	250m: 3:11.70 39.11	350m: 4:29.15 38.94				
	100m: 1:13.47 38.55				200m: 2:32.59 39.61	300m: 3:50.21 38.51	400m: 5:05.49 36.34				
38.	COSTA, Maria Carolina	F	119080	01	Porto	5:05.58				479	
	50m: 35.12 35.12				150m: 1:51.73 38.46	250m: 3:09.92 39.09	350m: 4:28.33 38.94				
	100m: 1:13.27 38.15				200m: 2:30.83 39.10	300m: 3:49.39 39.47	400m: 5:05.58 37.25				
39.	OLIVEIRA, Ines Silva	F	116890	00	Leixoes Sport Clube	5:05.60				479	
	50m: 35.09 35.09				150m: 1:54.11 39.83	250m: 3:12.87 38.63	350m: 4:30.37 37.95				
	100m: 1:14.28 39.19				200m: 2:34.24 40.13	300m: 3:52.42 39.55	400m: 5:05.60 35.23				
40.	CUNHA, Viviana Pinto	F	125474	99	Famalicao	5:05.79				478	
	50m: 34.69 34.69				150m: 1:49.91 37.68	250m: 3:07.10 38.73	350m: 4:26.65 40.04				
	100m: 1:12.23 37.54				200m: 2:28.37 38.46	300m: 3:46.61 39.51	400m: 5:05.79 39.14				
41.	MARINHO, Carina Rodrigues	F	111716	99	Felgueiras	5:06.56				474	
	50m: 34.87 34.87				150m: 1:51.85 38.99	250m: 3:10.72 39.37	350m: 4:28.55 38.69				
	100m: 1:12.86 37.99				200m: 2:31.35 39.50	300m: 3:49.86 39.14	400m: 5:06.56 38.01				
42.	MACEDO, Rosana Marinho	F	111500	99	Felgueiras	5:06.71				474	
	50m: 35.26 35.26				150m: 1:53.28 39.12	250m: 3:11.90 38.60	350m: 4:29.52 38.19				
	100m: 1:14.16 38.90				200m: 2:33.30 40.02	300m: 3:51.33 39.43	400m: 5:06.71 37.19				

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 26487

Registered to Associacao de Natacao do Norte de Portugal

11-06-2013 16:09 - Page 2



Event 9, Women, 400m Freestyle, Prelim, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
43.	MOREIRA, Carolina Silva	F	118910	99	CNMaia	5:06.98	472	
	50m: 34.27 34.27		150m: 1:51.12 39.88		250m: 3:10.54 39.75		350m: 4:29.39 38.95	
	100m: 1:11.24 36.97		200m: 2:30.79 39.67		300m: 3:50.44 39.90		400m: 5:06.98 37.59	
44.	RAMOS, Ana Sofia	F	108171	00	Porto	5:07.04	472	
	50m: 35.49 35.49		150m: 1:53.36 39.07		250m: 3:11.49 38.41		350m: 4:29.71 38.59	
	100m: 1:14.29 38.80		200m: 2:33.08 39.72		300m: 3:51.12 39.63		400m: 5:07.04 37.33	
45.	OLIVEIRA, Mafalda Malafaia	F	109663	99	Porto	5:07.44	470	
	50m: 35.21 35.21		150m: 1:54.59 39.88		250m: 3:13.38 38.80		350m: 4:30.00 38.24	
	100m: 1:14.71 39.50		200m: 2:34.58 39.99		300m: 3:51.76 38.38		400m: 5:07.44 37.44	
46.	OLIVEIRA, Ana Alexandra	F	104491	99	Individual Norte de Portugal	5:09.58	460	
	50m: 34.32 34.32		150m: 1:50.50 38.65		250m: 3:09.96 39.76		350m: 4:30.01 39.80	
	100m: 1:11.85 37.53		200m: 2:30.20 39.70		300m: 3:50.21 40.25		400m: 5:09.58 39.57	
47.	PEGO, Isabel Porfirio	F	121336	01	Porto	5:11.05	454	
	50m: 35.10 35.10		150m: 1:53.61 39.58		250m: 3:12.15 39.21		350m: 4:32.25 39.56	
	100m: 1:14.03 38.93		200m: 2:32.94 39.33		300m: 3:52.69 40.54		400m: 5:11.05 38.80	
48.	CORREIA, Catarina vieira	F	121076	99	Leixoes Sport Clube	5:12.28	449	
	50m: 35.04 35.04		150m: 1:53.30 40.06		250m: 3:13.63 40.21		350m: 4:34.20 40.39	
	100m: 1:13.24 38.20		200m: 2:33.42 40.12		300m: 3:53.81 40.18		400m: 5:12.28 38.08	
49.	CARDOSO, Tatiana Isabel	F	108175	99	Porto	5:12.61	447	
	50m: 35.01 35.01		150m: 1:54.56 40.66		250m: 3:14.42 39.89		350m: 4:33.63 39.17	
	100m: 1:13.90 38.89		200m: 2:34.53 39.97		300m: 3:54.46 40.04		400m: 5:12.61 38.98	
50.	MARTINS, Ines Alves	F	112126	01	Fluvial Portuense	5:15.01	437	
	50m: 35.24 35.24		150m: 1:54.43 40.38		250m: 3:14.94 40.73		350m: 4:36.00 40.58	
	100m: 1:14.05 38.81		200m: 2:34.21 39.78		300m: 3:55.42 40.48		400m: 5:15.01 39.01	
51.	FRECHES, Rita Almeida	F	111873	99	Leixoes Sport Clube	5:22.78	406	
	50m: 35.87 35.87		150m: 1:56.56 40.69		250m: 3:18.81 41.30		350m: 4:42.84 42.01	
	100m: 1:15.87 40.00		200m: 2:37.51 40.95		300m: 4:00.83 42.02		400m: 5:22.78 39.94	
52.	NASCIMENTO, Ana Teresa FTL	F	111876	99	Leixoes Sport Clube	5:32.36	372	
	50m: 35.52 35.52		150m: 1:58.92 42.46		250m: 3:25.92 43.33		350m: 4:50.86 42.23	
	100m: 1:16.46 40.94		200m: 2:42.59 43.67		300m: 4:08.63 42.71		400m: 5:32.36 41.50	
WDR	COSTA, Ana Silva	F	104446	98	Famalicao			
WDR	AMORIM, Maria Teresa	F	20104	97	Porto			

15 years and older

1.	NETO, Ana Goncalves	F	101958	95	Porto	4:27.56	714	A
	50m: 30.54 30.54		150m: 1:37.05 33.72		250m: 2:45.17 33.82		350m: 3:53.57 34.28	
	100m: 1:03.33 32.79		200m: 2:11.35 34.30		300m: 3:19.29 34.12		400m: 4:27.56 33.99	
2.	AMORIM, Maria Luis	F	102029	95	Porto	4:32.93	672	A
	50m: 31.54 31.54		150m: 1:40.96 35.12		250m: 2:50.52 34.40		350m: 3:59.67 34.37	
	100m: 1:05.84 34.30		200m: 2:16.12 35.16		300m: 3:25.30 34.78		400m: 4:32.93 33.26	
3.	RODRIGUES, Joana Aguiar	F	15401	93	Porto	4:34.09	664	A
	50m: 31.77 31.77		150m: 1:41.36 35.09		250m: 2:50.52 34.64		350m: 4:00.66 35.42	
	100m: 1:06.27 34.50		200m: 2:15.88 34.52		300m: 3:25.24 34.72		400m: 4:34.09 33.43	
4.	MAREC, Estelle	F	93		Bretagne de Natation	4:34.60	660	A
	50m: 32.50 32.50		150m: 1:42.18 34.96		250m: 2:51.28 34.25		350m: 4:00.31 34.56	
	100m: 1:07.22 34.72		200m: 2:17.03 34.85		300m: 3:25.75 34.47		400m: 4:34.60 34.29	
5.	NEVES, Vania Soares	F	12380	90	Viana Natacao	4:34.95	658	A
	50m: 31.46 31.46		150m: 1:39.88 34.75		250m: 2:49.77 34.90		350m: 4:00.25 35.54	
	100m: 1:05.13 33.67		200m: 2:14.87 34.99		300m: 3:24.71 34.94		400m: 4:34.95 34.70	
6.	CASTRO, Adriana Daniela	F	104515	97	Porto	4:40.18	621	A
	50m: 32.61 32.61		150m: 1:44.72 35.97		250m: 2:55.56 35.39		350m: 4:06.51 35.55	
	100m: 1:08.75 36.14		200m: 2:20.17 35.45		300m: 3:30.96 35.40		400m: 4:40.18 33.67	
7.	NEUMANNOVA, Marie	F	97		Vodni Sporty Club	4:42.76	605	A
	50m: 32.22 32.22		150m: 1:44.85 36.61		250m: 2:56.81 35.64		350m: 4:07.94 35.23	
	100m: 1:08.24 36.02		200m: 2:21.17 36.32		300m: 3:32.71 35.90		400m: 4:42.76 34.82	
8.	RIBEIRO, Maria Carolina	F	106805	98	Porto	4:45.01	590	R
	50m: 33.14 33.14		150m: 1:45.28 35.96		250m: 2:57.05 35.74		350m: 4:09.48 36.15	
	100m: 1:09.32 36.18		200m: 2:21.31 36.03		300m: 3:33.33 36.28		400m: 4:45.01 35.53	
9.	MARTINS, Ana Filipa	F	104438	97	Felgueiras	4:45.95	584	R
	50m: 32.97 32.97		150m: 1:44.36 36.12		250m: 2:56.91 36.21		350m: 4:09.95 36.23	
	100m: 1:08.24 35.27		200m: 2:20.70 36.34		300m: 3:33.72 36.81		400m: 4:45.95 36.00	
10.	FERREIRA, Rute Santos	F	103823	97	Porto	4:48.00	572	
	50m: 32.61 32.61		150m: 1:44.75 36.08		250m: 2:58.14 36.64		350m: 4:12.28 36.67	
	100m: 1:08.67 36.06		200m: 2:21.50 36.75		300m: 3:35.61 37.47		400m: 4:48.00 35.72	
11.	ALVES, Luana Raquel	F	110022	97	Viana Natacao	4:48.13	571	
	50m: 33.52 33.52		150m: 1:46.12 36.51		250m: 2:59.71 36.91		350m: 4:13.19 36.71	
	100m: 1:09.61 36.09		200m: 2:22.80 36.68		300m: 3:36.48 36.77		400m: 4:48.13 34.94	
12.	ALVES, Ines Lucas	F	104738	98	Leixoes Sport Clube	4:48.66	568	
	50m: 33.37 33.37		150m: 1:45.81 36.48		250m: 2:59.01 36.81		350m: 4:12.22 36.92	
	100m: 1:09.33 35.96		200m: 2:22.20 36.39		300m: 3:35.30 36.29		400m: 4:48.66 36.44	

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 26487

Registered to Associação de Natacao do Norte de Portugal

11-06-2013 16:09 - Page 3



Event 9, Women, 400m Freestyle, Prelim, 15 years and older

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
13.	FERNANDES, Maria Joao	F	102092	97	Vilacondense	4:48.99	566	
	50m: 31.70 31.70		150m: 1:42.30		35.90 250m: 2:57.04	37.62	350m: 4:12.57	36.89
	100m: 1:06.40 34.70		200m: 2:19.42		37.12 300m: 3:35.68	38.64	400m: 4:48.99	36.42
14.	MAGALHAES, Mafalda Mendes	F	107706	97	Porto	4:49.00	566	
	50m: 32.45 32.45		150m: 1:46.27		37.08 250m: 2:59.56	36.54	350m: 4:13.01	36.08
	100m: 1:09.19 36.74		200m: 2:23.02		36.75 300m: 3:36.93	37.37	400m: 4:49.00	35.99
15.	JARDIM, Catarina Alexandra	F	104449	98	Famalicao	4:49.52	563	
	50m: 33.03 33.03		150m: 1:45.31		36.37 250m: 2:58.98	36.78	350m: 4:13.42	37.07
	100m: 1:08.94 35.91		200m: 2:22.20		36.89 300m: 3:36.35	37.37	400m: 4:49.52	36.10
16.	FERNANDES, Ana Sofia	F	13191	93	Braga	4:52.46	546	
	50m: 32.47 32.47		150m: 1:44.72		36.41 250m: 2:59.36	37.44	350m: 4:15.48	37.89
	100m: 1:08.31 35.84		200m: 2:21.92		37.20 300m: 3:37.59	38.23	400m: 4:52.46	36.98
17.	CARVALHO, Hedvigés Ribeiro	F	106925	95	Famalicao	4:52.76	545	
	50m: 32.96 32.96		150m: 1:46.59		37.35 250m: 3:01.47	37.31	350m: 4:16.87	37.48
	100m: 1:09.24 36.28		200m: 2:24.16		37.57 300m: 3:39.39	37.92	400m: 4:52.76	35.89
18.	CUNHA, Ana Isabel	F	102991	96	Felgueiras	4:53.38	541	
	50m: 33.99 33.99		150m: 1:48.34		37.08 250m: 3:03.11	37.09	350m: 4:17.81	37.26
	100m: 1:11.26 37.27		200m: 2:26.02		37.68 300m: 3:40.55	37.44	400m: 4:53.38	35.57
19.	FERNANDES, Vera Patricia	F	101366	96	Braga	4:54.43	535	
	50m: 32.93 32.93		150m: 1:46.19		36.92 250m: 3:01.87	37.78	350m: 4:18.28	38.03
	100m: 1:09.27 36.34		200m: 2:24.09		37.90 300m: 3:40.25	38.38	400m: 4:54.43	36.15
20.	SAMPAIO, Ines Sofia	F	13415	94	Ac.Viseu	4:55.55	529	
	50m: 32.39 32.39		150m: 1:45.09		36.09 250m: 3:01.76	38.40	350m: 4:19.07	38.09
	100m: 1:09.00 36.61		200m: 2:23.36		38.27 300m: 3:40.98	39.22	400m: 4:55.55	36.48
21.	AZEVEDO, Ana Catarina	F	102640	96	Famalicao	4:57.05	521	
	50m: 32.98 32.98		150m: 1:47.36		37.80 250m: 3:03.66	38.10	350m: 4:20.13	38.36
	100m: 1:09.56 36.58		200m: 2:25.56		38.20 300m: 3:41.77	38.11	400m: 4:57.05	36.92
22.	CARDOSO, Beatriz Neves	F	105741	98	Lamas	4:59.58	508	
	50m: 33.46 33.46		150m: 1:48.90		38.11 250m: 3:05.58	37.84	350m: 4:22.22	38.01
	100m: 1:10.79 37.33		200m: 2:27.74		38.84 300m: 3:44.21	38.63	400m: 4:59.58	37.36
23.	FREITAS, Lucilia Ferreira	F	111082	98	Porto	5:00.34	504	
	50m: 33.31 33.31		150m: 1:47.74		37.92 250m: 3:05.19	39.23	350m: 4:22.83	38.87
	100m: 1:09.82 36.51		200m: 2:25.96		38.22 300m: 3:43.96	38.77	400m: 5:00.34	37.51
24.	SOUSA, Joana Cunha	F	103054	98	Felgueiras	5:01.32	499	
	<i>FTL</i>							
	50m: 33.67 33.67		150m: 1:49.19		37.77 250m: 3:06.44	38.17	350m: 4:24.31	38.37
	100m: 1:11.42 37.75		200m: 2:28.27		39.08 300m: 3:45.94	39.50	400m: 5:01.32	37.01
25.	SANTOS, Ana Margarida	F	106839	98	Porto	5:02.39	494	
	<i>FTL</i>							
	50m: 33.61 33.61		150m: 1:48.61		37.80 250m: 3:06.24	38.90	350m: 4:23.89	38.57
	100m: 1:10.81 37.20		200m: 2:27.34		38.73 300m: 3:45.32	39.08	400m: 5:02.39	38.50
26.	PORTELA, Diana Filipa	F	105488	98	Vitoria Sport Clube	5:03.99	486	
	<i>FTL</i>							
	50m: 33.56 33.56		150m: 1:49.29		38.33 250m: 3:06.98	38.90	350m: 4:25.69	39.29
	100m: 1:10.96 37.40		200m: 2:28.08		38.79 300m: 3:46.40	39.42	400m: 5:03.99	38.30
WDR	COSTA, Ana Silva	F	104446	98	Famalicao			
WDR	AMORIM, Maria Teresa	F	20104	97	Porto			

12 - 14 years

1.	HOLUB, Tamila Hryhorivna	F	116887	99	Braga	4:37.31	641	A
	50m: 32.45 32.45		150m: 1:41.65		34.88 250m: 2:52.18	35.24	350m: 4:02.89	35.00
	100m: 1:06.77 34.32		200m: 2:16.94		35.29 300m: 3:27.89	35.71	400m: 4:37.31	34.42
2.	FERIA, Ana Beatriz La	F	116885	99	Porto	4:48.95	566	
	50m: 33.72 33.72		150m: 1:46.12		36.30 250m: 2:59.31	36.37	350m: 4:13.72	36.84
	100m: 1:09.82 36.10		200m: 2:22.94		36.82 300m: 3:36.88	37.57	400m: 4:48.95	35.23
3.	CABRAL, Maria Francisca	F	118113	00	Porto	4:49.78	562	
	50m: 33.49 33.49		150m: 1:47.34		37.04 250m: 3:01.95	37.02	350m: 4:15.25	36.42
	100m: 1:10.30 36.81		200m: 2:24.93		37.59 300m: 3:38.83	36.88	400m: 4:49.78	34.53
4.	FARIA, Ana Rita	F	117417	00	Porto	4:50.88	555	
	50m: 33.80 33.80		150m: 1:47.62		36.92 250m: 3:01.45	36.99	350m: 4:15.60	36.93
	100m: 1:10.70 36.90		200m: 2:24.46		36.84 300m: 3:38.67	37.22	400m: 4:50.88	35.28
5.	NEVES, Ines Maria	F	104492	99	Porto	4:57.09	521	
	50m: 34.63 34.63		150m: 1:48.67		37.14 250m: 3:03.55	37.20	350m: 4:19.75	37.74
	100m: 1:11.53 36.90		200m: 2:26.35		37.68 300m: 3:42.01	38.46	400m: 4:57.09	37.34
6.	OLIVEIRA, Mariana Alexandre	F	107368	99	Porto	4:58.47	514	
	50m: 32.81 32.81		150m: 1:46.27		37.41 250m: 3:03.04	38.61	350m: 4:20.90	38.91
	100m: 1:08.86 36.05		200m: 2:24.43		38.16 300m: 3:41.99	38.95	400m: 4:58.47	37.57
7.	OLIVEIRA, Ana Caetano	F	118366	99	Leixoes Sport Clube	5:00.04	506	
	50m: 33.92 33.92		150m: 1:49.09		38.29 250m: 3:06.07	38.55	350m: 4:23.21	38.71
	100m: 1:10.80 36.88		200m: 2:27.52		38.43 300m: 3:44.50	38.43	400m: 5:00.04	36.83

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 26487

Registered to Associacao de Natacao do Norte de Portugal

11-06-2013 16:09 - Page 4



Event 9, Girls, 400m Freestyle, Prelim, 12 - 14 years

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
8.	ROCHA, Marta Ferreira	F	110558	99	Leixoes Sport Clube	5:01.28	500	
	50m: 34.42 34.42		150m: 1:49.21		37.47 250m: 3:06.19		38.49	350m: 4:23.85 38.85
	100m: 1:11.74 37.32		200m: 2:27.70		38.49 300m: 3:45.00		38.81	400m: 5:01.28 37.43
9.	TEIXEIRA, Maria Migueis	F	107574	99	Clube Natacao do Interior Nort	5:04.80	483	
	50m: 34.73 34.73		150m: 1:53.57		39.82 250m: 3:11.12		39.12	350m: 4:28.13 38.50
	100m: 1:13.75 39.02		200m: 2:32.00		38.43 300m: 3:49.63		38.51	400m: 5:04.80 36.67
10.	COSTA, Joana Francisca	F	118312	00	Felgueiras	5:05.38	480	
	50m: 35.78 35.78		150m: 1:53.71		39.11 250m: 3:12.23		39.21	350m: 4:28.59 38.20
	100m: 1:14.60 38.82		200m: 2:33.02		39.31 300m: 3:50.39		38.16	400m: 5:05.38 36.79
11.	LOPES, Ines Ferreira	F	107956	99	Leixoes Sport Clube	5:05.49	479	
	50m: 34.92 34.92		150m: 1:52.98		39.51 250m: 3:11.70		39.11	350m: 4:29.15 38.94
	100m: 1:13.47 38.55		200m: 2:32.59		39.61 300m: 3:50.21		38.51	400m: 5:05.49 36.34
12.	COSTA, Maria Carolina	F	119080	01	Porto	5:05.58	479	
	50m: 35.12 35.12		150m: 1:51.73		38.46 250m: 3:09.92		39.09	350m: 4:28.33 38.94
	100m: 1:13.27 38.15		200m: 2:30.83		39.10 300m: 3:49.39		39.47	400m: 5:05.58 37.25
13.	OLIVEIRA, Ines Silva	F	116890	00	Leixoes Sport Clube	5:05.60	479	
	50m: 35.09 35.09		150m: 1:54.11		39.83 250m: 3:12.87		38.63	350m: 4:30.37 37.95
	100m: 1:14.28 39.19		200m: 2:34.24		40.13 300m: 3:52.42		39.55	400m: 5:05.60 35.23
14.	CUNHA, Viviana Pinto	F	125474	99	Famalicao	5:05.79	478	
	50m: 34.69 34.69		150m: 1:49.91		37.68 250m: 3:07.10		38.73	350m: 4:26.65 40.04
	100m: 1:12.23 37.54		200m: 2:28.37		38.46 300m: 3:46.61		39.51	400m: 5:05.79 39.14
15.	MARINHO, Carina Rodrigues	F	111716	99	Felgueiras	5:06.56	474	
	50m: 34.87 34.87		150m: 1:51.85		38.99 250m: 3:10.72		39.37	350m: 4:28.55 38.69
	100m: 1:12.86 37.99		200m: 2:31.35		39.50 300m: 3:49.86		39.14	400m: 5:06.56 38.01
16.	MACEDO, Rosana Marinho	F	111500	99	Felgueiras	5:06.71	474	
	50m: 35.26 35.26		150m: 1:53.28		39.12 250m: 3:11.90		38.60	350m: 4:29.52 38.19
	100m: 1:14.16 38.90		200m: 2:33.30		40.02 300m: 3:51.33		39.43	400m: 5:06.71 37.19
17.	MOREIRA, Carolina Silva	F	118910	99	CNMaia	5:06.98	472	
	50m: 34.27 34.27		150m: 1:51.12		39.88 250m: 3:10.54		39.75	350m: 4:29.39 38.95
	100m: 1:11.24 36.97		200m: 2:30.79		39.67 300m: 3:50.44		39.90	400m: 5:06.98 37.59
18.	RAMOS, Ana Sofia	F	108171	00	Porto	5:07.04	472	
	50m: 35.49 35.49		150m: 1:53.36		39.07 250m: 3:11.49		38.41	350m: 4:29.71 38.59
	100m: 1:14.29 38.80		200m: 2:33.08		39.72 300m: 3:51.12		39.63	400m: 5:07.04 37.33
19.	OLIVEIRA, Mafalda Malafaia	F	109663	99	Porto	5:07.44	470	
	50m: 35.21 35.21		150m: 1:54.59		39.88 250m: 3:13.38		38.80	350m: 4:30.00 38.24
	100m: 1:14.71 39.50		200m: 2:34.58		39.99 300m: 3:51.76		38.38	400m: 5:07.44 37.44
20.	OLIVEIRA, Ana Alexandra	F	104491	99	Individual Norte de Portugal	5:09.58	460	
	50m: 34.32 34.32		150m: 1:50.50		38.65 250m: 3:09.96		39.76	350m: 4:30.01 39.80
	100m: 1:11.85 37.53		200m: 2:30.20		39.70 300m: 3:50.21		40.25	400m: 5:09.58 39.57
21.	PEGO, Isabel Porfirio	F	121336	01	Porto	5:11.05	454	
	50m: 35.10 35.10		150m: 1:53.61		39.58 250m: 3:12.15		39.21	350m: 4:32.25 39.56
	100m: 1:14.03 38.93		200m: 2:32.94		39.33 300m: 3:52.69		40.54	400m: 5:11.05 38.80
22.	CORREIA, Catarina vieira	F	121076	99	Leixoes Sport Clube	5:12.28	449	
	50m: 35.04 35.04		150m: 1:53.30		40.06 250m: 3:13.63		40.21	350m: 4:34.20 40.39
	100m: 1:13.24 38.20		200m: 2:33.42		40.12 300m: 3:53.81		40.18	400m: 5:12.28 38.08
23.	CARDOSO, Tatiana Isabel	F	108175	99	Porto	5:12.61	447	
	50m: 35.01 35.01		150m: 1:54.56		40.66 250m: 3:14.42		39.89	350m: 4:33.63 39.17
	100m: 1:13.90 38.89		200m: 2:34.53		39.97 300m: 3:54.46		40.04	400m: 5:12.61 38.98
24.	MARTINS, Ines Alves	F	112126	01	Fluvial Portuense	5:15.01	437	
	50m: 35.24 35.24		150m: 1:54.43		40.38 250m: 3:14.94		40.73	350m: 4:36.00 40.58
	100m: 1:14.05 38.81		200m: 2:34.21		39.78 300m: 3:55.42		40.48	400m: 5:15.01 39.01
25.	FRECHES, Rita Almeida	F	111873	99	Leixoes Sport Clube	5:22.78	406	
	50m: 35.87 35.87		150m: 1:56.56		40.69 250m: 3:18.81		41.30	350m: 4:42.84 42.01
	100m: 1:15.87 40.00		200m: 2:37.51		40.95 300m: 4:00.83		42.02	400m: 5:22.78 39.94
26.	NASCIMENTO, Ana Teresa FL	F	111876	99	Leixoes Sport Clube	5:32.36	372	
	50m: 35.52 35.52		150m: 1:58.92		42.46 250m: 3:25.92		43.33	350m: 4:50.86 42.23
	100m: 1:16.46 40.94		200m: 2:42.59		43.67 300m: 4:08.63		42.71	400m: 5:32.36 41.50