

Event 9	Women, 400m Freestyle				Absolutos
08-06-2013 - 17:05	Modelo Continente Hipermercados, SA				Results Final
Recordes Nacionais 50m Open	4:19.89	ALEGRIA, Ana Feio	FPN	Barcelona (ESP)	30-05-1996
Recordes Nacionais 50m Inf B	4:43.70	, tempo limite			
Recordes Nacionais 50m Inf A	4:31.53	, tempo limite			
Recordes Nacionais 50m Juv	4:28.67	, tempo limite			
Recordes Nacionais 50m Jun	4:20.37	FERREIRA, Marta Andreia	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Sen	4:19.89	ALEGRIA, Ana Feio	FPN	Barcelona (ESP)	30-05-1996

TLP JUN_SEN FEM 15 +: 5:01.00 / TLP INF_JUV FEM 12 - 14: 5:24.50

Points: FINA 2013

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Final								
1.	NETO, Ana Goncalves	F	101958	95	Porto	4:22.10	759	
	50m: 30.20 30.20		150m: 1:35.75 32.96		250m: 2:42.19 33.03	350m: 3:49.53 33.64		
	100m: 1:02.79 32.59		200m: 2:09.16 33.41		300m: 3:15.89 33.70	400m: 4:22.10 32.57		
2.	NEVES, Vania Soares	F	12380	90	Viana Natacao	4:29.05	702	
	50m: 31.59 31.59		150m: 1:39.93 34.47		250m: 2:48.65 34.35	350m: 3:56.94 33.94		
	100m: 1:05.46 33.87		200m: 2:14.30 34.37		300m: 3:23.00 34.35	400m: 4:29.05 32.11		
3.	AMORIM, Maria Luis	F	102029	95	Porto	4:30.05	694	
	50m: 30.89 30.89		150m: 1:39.08 34.52		250m: 2:48.20 34.36	350m: 3:56.48 33.89		
	100m: 1:04.56 33.67		200m: 2:13.84 34.76		300m: 3:22.59 34.39	400m: 4:30.05 33.57		
4.	RODRIGUES, Joana Aguiar	F	15401	93	Porto	4:32.67	674	
	50m: 30.72 30.72		150m: 1:39.21 34.51		250m: 2:48.14 34.52	350m: 3:57.90 35.07		
	100m: 1:04.70 33.98		200m: 2:13.62 34.41		300m: 3:22.83 34.69	400m: 4:32.67 34.77		
5.	HOLUB, Tamila Hryhorivna	F	116887	99	Braga	4:34.55	660	
	50m: 31.75 31.75		150m: 1:40.26 34.63		250m: 2:49.53 34.49	350m: 3:59.99 35.04		
	100m: 1:05.63 33.88		200m: 2:15.04 34.78		300m: 3:24.95 35.42	400m: 4:34.55 34.56		
6.	MAREC, Estelle	F		93	Bretagne de Natation	4:39.02	629	
	50m: 32.79 32.79		150m: 1:42.73 35.01		250m: 2:52.44 34.77	350m: 4:03.68 35.82		
	100m: 1:07.72 34.93		200m: 2:17.67 34.94		300m: 3:27.86 35.42	400m: 4:39.02 35.34		
7.	CASTRO, Adriana Daniela	F	104515	97	Porto	4:45.25	589	
	50m: 32.77 32.77		150m: 1:45.22 36.47		250m: 2:59.07 37.02	350m: 4:11.00 35.96		
	100m: 1:08.75 35.98		200m: 2:22.05 36.83		300m: 3:35.04 35.97	400m: 4:45.25 34.25		
8.	NEUMANNOVA, Marie	F		97	Vodni Sporty Club	5:02.06	496	
	50m: 33.16 33.16		150m: 1:47.44 37.85		250m: 3:04.05 38.58	350m: 4:23.42 39.40		
	100m: 1:09.59 36.43		200m: 2:25.47 38.03		300m: 3:44.02 39.97	400m: 5:02.06 38.64		