

Prova 15 22-11-2015	Masc., 400m Estilos GRAFIPRONGO				14 - 16 anos Startlist
Rec Nacionais - 25m Absoluto	4:06.83	Diogo Filipe, CARVALHO	FPN	Istambul (TUR)	11-12-2009
Rec Nacionais - 25m Inf A	4:40.32	Tomas Miguel, FREITAS	CDN	Funchal	09-07-2004
Rec Nacionais - 25m Juv B	4:35.02	Diogo Filipe, CARVALHO	CGA	Braga	21-03-2003
Rec Nacionais - 25m Juv A	4:25.04	Joao Alexandre, VITAL	ADRCIMM	Tomar	13-12-2013
Recorde Regional 25m Absoluto	4:15.91	Adriano Miguel, NIZ	FPN	Trieste (ITA)	09-12-2005
Recorde Regional 25m Inf A	4:44.40	Rui Paulo, BORGES	FCP	Antas	18-07-1981
Recorde Regional 25m Juv B	4:40.42	Joao Claudio, SOUSA	GESP	Braga	22-02-2008
Recorde Regional 25m Juv A	4:30.52	Adriano Miguel, NIZ	CFV	Ferrol	13-04-2002
Infantis A Masc Inf A: 6:22.59 / Juvenis A Masc Juv A: 5:20.88 / Juvenis B Masc Juv B: 5:33.22					

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<u>Série 1 de 12</u>							
0							
1							
2							
3	Guilherme Diogo, LOBO	M	122395	Inf A	02	Porto	NT _____
4	Ruben Filipe, AZEVEDO	M	130890	Inf A	02	Penafiel	NT _____
5	David Oliveira, MENDES	M	131977	Inf A	02	Penafiel	NT _____
6							
7							
8							
9							
<u>Série 2 de 12</u>							
0	Samuel Dias, MARTINS	M	122190	Inf A	02	Colegio SMLamas	NT _____
1	Lourenco Monteiro, SOUSA	M	116900	Inf A	02	Leixões Sport Clube	NT _____
2	Rui Almeida, SANTOS	M	119064	Inf A	02	Colegio SMLamas	NT _____
3	Nuno Rocha, ALMEIDA	M	122193	Inf A	02	Colegio SMLamas	NT _____
4	Joao Diogo, SOARES	M	122731	Juv A	00	Fluvial Portuense	NT _____
5	Diogo Morgado, FANGUEIRO	M	133440	Inf A	02	Vilacondense	NT _____
6	Pedro Miguel, GONCALVES	M	108164	Juv A	00	Leixões Sport Clube	NT _____
7	Issac James, FILLINGHAM	M	123971	Juv B	01	Luso-Internacional	NT EXH _____
8	Hugo Correia, FERREIRA	M	125012	Inf A	02	Vilacondense	NT _____
9							
<u>Série 3 de 12</u>							
0	Alexandre Carvalho, CONCEICAO	M	126858	Inf A	02	Penafiel	NT _____
1	Tiago Silva, RIBEIRO	M	126718	Juv A	00	Leixões Sport Clube	NT _____
2	Rafael Mesquita, TERROSO	M	133404	Inf A	02	Vilacondense	NT _____
3	Marcos Dias, MARTINS	M	122189	Inf A	02	Colegio SMLamas	NT _____
4	Tomas Ribeiro, FERREIRA	M	133403	Juv B	01	Vilacondense	NT _____
5	Andre Manada, SILVA	M	126722	Juv A	00	Leixões Sport Clube	NT _____
6	Leonardo Morim, SILVA	M	133181	Juv A	00	Vilacondense	NT _____
7	Xavier Gomes, CERDEIRINHA	M	125904	Inf A	02	Colegio SMLamas	NT _____
8	Samson Silva, COSTA	M	120847	Inf A	02	Fluvial Portuense	NT _____
9	Pedro Soares, MORIM	M	131612	Inf A	02	Clube Naval Povoense	NT _____

Prova 15, Masc., 400m Estilos

Série 4 de 12

0	Goncalo Araujo, CRUZ	M	126981	Inf A	02	Clube Naval Povoense	NT	_____
1	Andre Filipe, ALMEIDA	M	110492	Juv A	00	Porto	NT	_____
2	Pedro Miguel, FARIA	M	129799	Inf A	02	Vitória de Guimaraes/Olicargo	NT	_____
3	Joao Pedro, PEREIRA	M	129362	Inf A	02	Lousada Seculo XXI	6:46.80	_____
4	Joao Carvalho, CUNHA	M	124813	Inf A	02	Assoc. Desportiva de Fafe	6:41.27	_____
5	Goncalo Sampaio, SALGADO	M	121720	Inf A	02	Famalicao	6:45.22	_____
6	Manuel Filipe, OLIVEIRA	M	124929	Inf A	02	Colegio SMLamas	NT	_____
7	Joao Pedro, SOARES	M	130891	Inf A	02	Penafiel	NT	_____
8	Guilherme Goncalves, BRANDAO	M	118184	Juv A	00	Vilacondense	NT	_____
9	Luis Goncalves, PEREIRA	M	119177	Inf A	02	Colegio SMLamas	NT	_____

Série 5 de 12

0	Bruno Shinji, KOBAYASHI	M	123019	Inf A	02	Vilacondense	6:30.72	_____
1	Joao Pedro, RIBEIRO	M	127135	Inf A	02	Vilacondense	6:26.58	_____
2	Tiago Campos, LOURENCO	M	127923	Inf A	02	Natacao de Valongo	6:20.62	_____
3	Goncalo Moreira, SANTOS	M	120511	Juv B	01	Natacao de Valongo	6:11.58	_____
4	Diogo Santos, MENDES	M	126719	Inf A	02	Leixões Sport Clube	6:05.59	_____
5	Diogo Manuel, MARTINS	M	119083	Inf A	02	Porto	6:08.49	_____
6	Diogo Silva, COENTRAO	M	121715	Inf A	02	Famalicao	6:20.06	_____
7	Diogo Martins, AIRES	M	126513	Inf A	02	Natacao de Valongo	6:24.24	_____
8	Jose Diogo, PACHECO	M	126021	Inf A	02	Vitória de Guimaraes/Olicargo	6:27.64	_____
9	Diogo Filipe, RIBEIRO	M	124584	Inf A	02	Leixões Sport Clube	6:34.29	_____

Série 6 de 12

0	Alexandre Abreu, MACHADO	M	119215	Inf A	02	Vitória de Guimaraes/Olicargo	6:04.81	_____
1	Tiago Mendonca, FREIRE	M	116898	Juv B	01	Leixões Sport Clube	5:58.31	_____
2	Rodrigo Oliveira, GONCALVES	M	124764	Inf A	02	Porto	5:57.66	_____
3	Hugo Azurara, VIEIRA	M	125011	Juv B	01	Clube Naval Povoense	5:55.24	_____
4	Diogo Goncalves, MOURA	M	124963	Inf A	02	Assoc. Desportiva de Fafe	5:53.76	_____
5	Jorge Coelho, QUINTA	M	120497	Juv B	01	Leixões Sport Clube	5:55.21	_____
6	Francisco Emanuel, MORIM	M	118054	Inf A	02	Vilacondense	5:57.39	_____
7	Tiago Lima, MARTINS	M	124861	Juv B	01	Ginásio Santo Tirso	5:58.27	_____
8	Sergio Miguel, ESTEVAO	M	121590	Juv B	01	Leixões Sport Clube	5:59.55	_____
9	Sergio Daniel, ARAUJO	M	127097	Inf A	02	Clube Naval Povoense	6:05.11	_____

Série 7 de 12

0	Joao Andre, OLIVEIRA	M	121981	Inf A	02	Porto	5:51.47	_____
1	Nuno Oliveira, FREITAS	M	112129	Juv B	01	Fluvial Portuense	5:51.01	_____
2	Bruno Costa, CASTRO	M	124814	Inf A	02	Assoc. Desportiva de Fafe	5:50.24	_____
3	Luis Tiago, FERNANDES	M	111447	Juv B	01	Famalicao	5:44.70	_____
4	Ricardo Filipe, ROCHA	M	121787	Inf A	02	Aquatico Pacense	5:39.12	_____
5	Alexandre Jose, NOGUEIRA	M	119081	Juv B	01	Fluvial Portuense	5:40.10	_____
6	Francisco Manuel, ZENZA	M	112097	Juv B	01	CNMaia	5:45.01	_____
7	Rui Tiago, PACHECO	M	118357	Juv B	01	Vilacondense	5:50.74	_____
8	Luis Miguel, ALVES	M	124962	Inf A	02	Assoc. Desportiva de Fafe	5:51.40	_____
9	Tiago Matos, GUEDES	M	124961	Inf A	02	Assoc. Desportiva de Fafe	5:52.97	_____

Série 8 de 12

0	Marco Antonio, PEREIRA	M	130896	Inf A	02	Lousada Seculo XXI	5:38.41	_____
1	Ricardo Jorge, MOREIRA	M	122012	Juv B	01	Natacao de Valongo	5:37.06	_____
2	Jose Pedro, PICAO	M	118898	Juv B	01	Leixões Sport Clube	5:34.01	_____
3	Filipe Rodrigues, FONSECA	M	111316	Juv B	01	Aquatico Pacense	5:32.30	_____
4	Joao Freitas, PEIXOTO	M	122172	Juv B	01	Assoc. Desportiva de Fafe	5:31.66	_____
5	Ivan Emanuel, AMORIM	M	124774	Inf A	02	Fluvial Portuense	5:32.02	_____
6	Eduardo Miguel, MAGALHAES	M	125074	Inf A	02	Vitória de Guimaraes/Olicargo	5:33.81	_____
7	Andre Miguel, SANTOS	M	118053	Juv A	00	Vilacondense	5:35.57	_____
8	Francisco Vilhena, COSTA	M	111325	Juv A	00	Vilacondense	5:37.48	_____
9	Ricardo Mendes, OLIVEIRA	M	124815	Inf A	02	Assoc. Desportiva de Fafe	5:39.08	_____

O Secretário do Juri

O Juiz Árbitro



Prova 15, Masc., 400m Estilos

S rie 9 de 12

0	Rui Pires, MARTINS	M	122177	Juv B 01	Assoc. Desportiva de Fafe	5:29.83	_____
1	Luis Manuel, RIBEIRO	M	120816	Inf A 02	Porto	5:27.97	_____
2	Joao Nogueira, COSTA	M	124315	Juv B 01	Vit�ria de Guimaraes/Olicargo	5:26.38	_____
3	Ricardo Manuel, FARIA	M	124353	Juv A 00	Vit�ria de Guimaraes/Olicargo	5:23.02	DNS_____
4	Joao Sa, MELO	M	118226	Juv B 01	Famalicao	5:21.97	_____
5	Vitor Pedro, MAGALHAES	M	123237	Inf A 02	Famalicao	5:22.24	_____
6	Pedro Miguel, MARQUES	M	111060	Juv A 00	Famalicao	5:23.89	_____
7	Ricardo Alexandre, MARQUES	M	110468	Juv A 00	Lousada Seculo XXI	5:27.07	DNS_____
8	Henrique Maieiro, AMORIM	M	125010	Juv B 01	Clube Naval Povoense	5:28.10	_____
9	Luis Miguel, REBELO	M	121467	Juv A 00	Vilacondense	5:30.60	_____

S rie 10 de 12

0	Tiago Filipe, TEIXEIRA	M	112114	Juv A 00	Foca	5:20.88	_____
1	Bruno Carvalho, BARROSO	M	125969	Juv B 01	Leix�es Sport Clube	5:18.14	_____
2	Ivo Manuel, DIAS	M	111508	Juv A 00	Foca	5:15.48	_____
3	Joao Pedro, COSTA	M	121468	Juv B 01	Vilacondense	5:14.50	_____
4	Joao Pinto, FREITAS	M	122926	Juv B 01	Assoc. Desportiva de Fafe	5:13.96	_____
5	Joao Ribeiro, SOUSA	M	123014	Juv B 01	Porto	5:14.19	_____
6	Nuno Correia, SOUSA	M	110484	Juv A 00	Fluvial Portuense	5:14.74	_____
7	Jose Salgado, MOREIRA	M	121706	Juv B 01	Famalicao	5:16.31	_____
8	Jose Moreira, SOUSA	M	118224	Juv B 01	Famalicao	5:19.33	_____
9	Nuno Filipe, FERREIRA	M	119654	Juv A 00	Foca	5:20.88	_____

S rie 11 de 12

0	Joao Leite, SARAIVA	M	118229	Juv B 01	Famalicao	5:13.21	_____
1	Diogo Barbosa, NUNES	M	110529	Juv A 00	Fluvial Portuense	5:12.00	_____
2	Bruno Miguel, MAIA	M	126783	Juv B 01	CNMaia	5:08.63	_____
3	Daniel Jose, DUARTE	M	118897	Juv A 00	Leix�es Sport Clube	5:06.67	_____
4	Romeu Ribeiro, FERNANDES	M	122171	Juv B 01	Assoc. Desportiva de Fafe	5:05.51	_____
5	Joao Miguel, NUNES	M	108104	Juv A 00	Aquatico Pacense	5:05.73	_____
6	Afonso Passos, CUNHA	M	118228	Juv B 01	Famalicao	5:08.10	_____
7	Sergio Eduardo, DIAS	M	108011	Juv A 00	Aquatico Pacense	5:09.79	_____
8	Bruno Rafael, MACHADO	M	119176	Juv B 01	Fluvial Portuense	5:12.23	_____
9	Daniel Pereira, SILVA	M	111055	Juv A 00	Famalicao	5:13.93	_____

S rie 12 de 12

0	Tomas Pimentel, BORGES	M	112140	Juv A 00	Porto	5:04.56	_____
1	Porf�rio Braga, NUNES	M	111552	Juv A 00	Vilacondense	4:59.32	_____
2	David Dias, LIMA	M	118183	Juv A 00	Vilacondense	4:57.16	_____
3	Sergio Filipe, TRAVANCA	M	117385	Juv A 00	Fluvial Portuense	4:54.12	_____
4	Miguel Angelo, SANTOS	M	109306	Juv A 00	Famalicao	4:47.79	_____
5	Jose Pedro, FREITAS	M	111446	Juv A 00	Famalicao	4:52.43	_____
6	Joao Pereira, TINOCO	M	111056	Juv A 00	Famalicao	4:54.89	_____
7	Hugo Gabriel, MORAIS	M	108637	Juv A 00	Famalicao	4:58.00	_____
8	Diogo Moreno, BASTOS	M	108285	Juv A 00	Fluvial Portuense	5:00.71	_____
9	Pedro Miguel, SANTOS	M	121987	Juv B 01	Porto	5:04.85	_____