

Prova 12
25-06-2016 - 17:40

Femin., 400m Livres
CMF - Clínica Médica da Foz

Infantis A-B
Resultados

Recordes Nacionais 50m Absoluto	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12-03-2016
Recordes Nacionais 50m Inf B	4:43.70	Alexandra Maria, SILVA	FCP	Funchal	27-07-1979
Recordes Nacionais 50m Inf A	4:31.53	Alexandra Maria, SILVA	POR	Skovde (SWE)	08-08-1980
Recorde Regional 50m Absoluto	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12-03-2016
Recorde Regional 50m Inf B	4:43.70	Alexandra Maria, SILVA	FCP	Funchal	27-07-1979
Recorde Regional 50m Inf A	4:31.53	Alexandra Maria, SILVA	FCP	Skovde (TAN)	08-08-1980

Infantil A Fem Inf A: 6:35.11 / Infantis B Fem Inf B: 6:48.07

Pontos: FINA 2016

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
Infantis B							
1.	Ana Rita, OLIVEIRA	F	124995 04	Clube Naval Povoense	5:02.40	489	
	100m: 1:11.87 1:11.87		200m: 2:30.18	1:18.31 300m: 3:48.41	1:18.23 400m: 5:02.40		1:13.99
2.	Filipa Manso, PRETO	F	122150 04	Porto	5:02.67	488	
	100m: 1:13.21 1:13.21		200m: 2:30.83	1:17.62 300m: 3:48.95	1:18.12 400m: 5:02.67		1:13.72
3.	Mariana Pacheco, CUNHA	F	124577 04	Fluvial Portuense	5:03.81	483	
	100m: 1:11.79 1:11.79		200m: 2:30.02	1:18.23 300m: 3:48.24	1:18.22 400m: 5:03.81		1:15.57
4.	Ada Lobo, PASSOS	F	124968 04	Famalicao	5:05.98	472	
	100m: 1:13.03 1:13.03		200m: 2:31.95	1:18.92 300m: 3:50.86	1:18.91 400m: 5:05.98		1:15.12
5.	Joana Neves, ABREU	F	129434 04	Porto	5:13.05	441	
	100m: 1:15.23 1:15.23		200m: 2:35.38	1:20.15 300m: 3:54.91	1:19.53 400m: 5:13.05		1:18.14
6.	Diana Isabel, NEVES	F	124771 04	Porto	5:19.02	417	
	100m: 1:17.04 1:17.04		200m: 2:39.74	1:22.70 300m: 3:59.77	1:20.03 400m: 5:19.02		1:19.25
7.	Barbara Castro, COELHO	F	123752 04	Colegio SMLamas	5:21.04	409	
	100m: 1:15.55 1:15.55		200m: 2:39.72	1:24.17 300m: 4:03.38	1:23.66 400m: 5:21.04		1:17.66
8.	Barbara Perestrello, GONCALVES	F	123912 04	Porto	5:24.41	396	
	100m: 1:18.01 1:18.01		200m: 2:41.26	1:23.25 300m: 4:04.05	1:22.79 400m: 5:24.41		1:20.36
9.	Lara Gomes, FERREIRA	F	131226 04	Aquatico Pacense	5:27.12	386	
	100m: 1:16.08 1:16.08		200m: 2:40.10	1:24.02 300m: 4:05.68	1:25.58 400m: 5:27.12		1:21.44
10.	Ana Beatriz, OLIVEIRA	F	124960 04	Assoc. Desportiva de Fafe	5:30.25	376	
	100m: 1:18.46 1:18.46		200m: 2:42.19	1:23.73 300m: 4:07.60	1:25.41 400m: 5:30.25		1:22.65
11.	Ines Martins, SILVA	F	127134 04	Vilacondense	5:35.05	360	
	100m: 1:19.22 1:19.22		200m: 2:46.80	1:27.92 300m: 4:12.43	1:25.63 400m: 5:35.05		1:22.62
12.	Matilde Almeida, GOMES	F	124712 04	Vilacondense	5:39.60	345	
	100m: 1:18.88 1:18.88		200m: 2:47.27	1:28.39 300m: 4:16.66	1:29.39 400m: 5:39.60		1:22.94
13.	Matilde Araujo, CERQUEIRA	F	129436 04	Natacao da Maia	5:39.63	345	
	100m: 1:21.22 1:21.22		200m: 2:48.81	1:27.59 300m: 4:15.95	1:27.14 400m: 5:39.63		1:23.68
14.	Beatriz Pereira, RANGEL	F	127574 04	Porto	5:42.43	337	
	100m: 1:22.02 1:22.02		200m: 2:49.51	1:27.49 300m: 4:16.89	1:27.38 400m: 5:42.43		1:25.54
15.	Marta Lima, PIMENTEL	F	130230 04	Fluvial Portuense	5:43.86	333	
	100m: 1:22.91 1:22.91		200m: 2:50.73	1:27.82 300m: 4:19.17	1:28.44 400m: 5:43.86		1:24.69
16.	Bruna Costa, SOARES	F	124579 04	Leixões Sport Clube	5:44.74	330	
	100m: 1:22.34 1:22.34		200m: 2:51.49	1:29.15 300m: 4:20.68	1:29.19 400m: 5:44.74		1:24.06
17.	Margarida Passos, CUNHA	F	124987 04	Famalicao	5:45.43	328	
	100m: 1:18.76 1:18.76		200m: 2:47.79	1:29.03 300m: 4:17.63	1:29.84 400m: 5:45.43		1:27.80
18.	Jessica Catarina, CRUZ	F	124698 04	Aquatico Pacense	5:46.98	324	
	100m: 1:22.74 1:22.74		200m: 2:52.09	1:29.35 300m: 4:20.33	1:28.24 400m: 5:46.98		1:26.65
19.	Marta Silva, RODRIGUES	F	128689 04	Clube Naval Povoense	5:48.14	320	
	100m: 1:16.18 1:16.18		200m: 2:45.46	1:29.28 300m: 4:17.58	1:32.12 400m: 5:48.14		1:30.56
20.	Beatriz Alexandra, DUARTE	F	129439 04	Leixões Sport Clube	5:50.10	315	
	100m: 1:24.40 1:24.40		200m: 2:55.14	1:30.74 300m: 4:25.47	1:30.33 400m: 5:50.10		1:24.63
21.	Catarina Cardoso, LIMA	F	131610 04	Clube Naval Povoense	5:51.04	313	
	100m: 1:20.62 1:20.62		200m: 2:50.39	1:29.77 300m: 4:20.51	1:30.12 400m: 5:51.04		1:30.53
22.	Andreia Sofia, MONTEIRO	F	153535 04	Vilacondense	5:52.50	309	
	100m: 1:20.41 1:20.41		200m: 2:51.55	1:31.14 300m: 4:24.01	1:32.46 400m: 5:52.50		1:28.49
23.	Joana Pereira, AGUIAR	F	124873 04	Vilacondense	6:01.68	286	
	100m: 1:25.95 1:25.95		200m: 3:00.07	1:34.12 300m: 4:33.04	1:32.97 400m: 6:01.68		1:28.64
24.	Maria Manuel, RIOS	F	201297 04	Leixões Sport Clube	6:02.28	284	
	100m: 1:26.41 1:26.41		200m: 2:59.89	1:33.48 300m: 4:33.64	1:33.75 400m: 6:02.28		1:28.64

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27-06-2016 13:31 - P gina 1



TURBO®

CL NICA M DICA DA FOZ
MEDICINA DESPORTIVA cmf

Vitalis
 GUA MINERAL NATURAL

Grafipronto

Prova 12, Femin., 400m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
25.	Carolina Venade, GOMES 100m: 1:25.88 1:25.88	F	131619	04	Luso-Internacional do Porto 200m: 3:01.10 1:35.22 300m: 4:36.30 1:35.20	6:07.32 6:07.32	273	1:31.02
26.	Fabia Isabel, GOMES 100m: 1:28.23 1:28.23	F	124772	04	Porto 200m: 3:02.59 1:34.36 300m: 4:36.70 1:34.11	6:09.77 6:09.77	267	1:33.07
DNS	Alexia Bastos, BARROS	F	128583	04	Assoc. Desportiva de Fafe			

Infantis A

1.	Catarina Silva, SOARES 100m: 1:08.60 1:08.60	F	121977	03	Porto 200m: 2:23.82 1:15.22 300m: 3:39.19 1:15.37	4:53.22 4:53.22	537	1:14.03
2.	Eduarda Reis, SILVA 100m: 1:11.40 1:11.40	F	121702	03	Famalicao 200m: 2:27.22 1:15.82 300m: 3:41.42 1:14.20	4:55.14 4:55.14	526	1:13.72
3.	Maria Freitas, CASTRO 100m: 1:09.63 1:09.63	F	124809	03	Assoc. Desportiva de Fafe 200m: 2:25.29 1:15.66 300m: 3:42.42 1:17.13	4:55.42 4:55.42	525	1:13.00
4.	Carolina Silva, SOARES 100m: 1:11.85 1:11.85	F	123910	03	Valongo 200m: 2:28.42 1:16.57 300m: 3:45.21 1:16.79	4:59.17 4:59.17	505	1:13.96
5.	Rita Constanca, CARDOSO 100m: 1:10.69 1:10.69	F	121989	03	Porto 200m: 2:27.45 1:16.76 300m: 3:44.53 1:17.08	5:00.56 5:00.56	498	1:16.03
6.	Sofia Maria, CARNEIRO 100m: 1:10.89 1:10.89	F	127921	03	Porto 200m: 2:28.06 1:17.17 300m: 3:45.35 1:17.29	5:00.95 5:00.95	496	1:15.60
7.	Ines Freitas, ROCHA 100m: 1:14.10 1:14.10	F	129880	03	Aquatico Pacense 200m: 2:32.52 1:18.42 300m: 3:50.16 1:17.64	5:05.44 5:05.44	475	1:15.28
8.	Mariana Magalhaes, SAMPAIO 100m: 1:12.09 1:12.09	F	122166	03	Assoc. Desportiva de Fafe 200m: 2:29.42 1:17.33 300m: 3:48.04 1:18.62	5:05.45 5:05.45	475	1:17.41
9.	Ana Margarida, ALMEIDA 100m: 1:12.86 1:12.86	F	122992	03	Foca 200m: 2:31.52 1:18.66 300m: 3:51.34 1:19.82	5:09.02 5:09.02	458	1:17.68
10.	Ana Pereira, SILVA 100m: 1:14.83 1:14.83	F	124810	03	Assoc. Desportiva de Fafe 200m: 2:33.73 1:18.90 300m: 3:53.20 1:19.47	5:09.19 5:09.19	458	1:15.99
11.	Maria Leonor, AMORIM 100m: 1:14.12 1:14.12	F	122000	03	Porto 200m: 2:33.84 1:19.72 300m: 3:53.09 1:19.25	5:09.43 5:09.43	457	1:16.34
12.	Barbara Alexandra, NUNES 100m: 1:12.62 1:12.62	F	128640	03	Porto 200m: 2:33.00 1:20.38 300m: 3:52.55 1:19.55	5:11.74 5:11.74	447	1:19.19
13.	Beatriz Araujo, BARBOSA 100m: 1:15.67 1:15.67	F	124967	03	Famalicao 200m: 2:34.80 1:19.13 300m: 3:54.20 1:19.40	5:12.91 5:12.91	442	1:18.71
14.	Tatiana Valente, CARDOSO 100m: 1:14.99 1:14.99	F	128960	03	Aquatico Pacense 200m: 2:35.93 1:20.94 300m: 3:56.33 1:20.40	5:14.43 5:14.43	435	1:18.10
15.	Maria Sa, MACEDO 100m: 1:15.31 1:15.31	F	130889	03	Porto 200m: 2:34.86 1:19.55 300m: 3:56.34 1:21.48	5:15.73 5:15.73	430	1:19.39
16.	Maria Vitoria, HENRIQUES 100m: 1:14.80 1:14.80	F	128311	03	Assoc. Desportiva de Fafe 200m: 2:34.41 1:19.61 300m: 3:56.28 1:21.87	5:17.39 5:17.39	423	1:21.11
17.	Ana Coelho, PAIVA 100m: 1:14.71 1:14.71	F	121700	03	Famalicao 200m: 2:36.00 1:21.29 300m: 3:59.07 1:23.07	5:18.87 5:18.87	417	1:19.80
18.	Beatriz Ferreira, MARTINS 100m: 1:17.02 1:17.02	F	129744	03	Porto 200m: 2:41.02 1:24.00 300m: 4:06.74 1:25.72	5:29.91 5:29.91	377	1:23.17
19.	Mariana Almeida, VALE 100m: 1:17.07 1:17.07	F	126713	03	Valongo 200m: 2:41.65 1:24.58 300m: 4:06.91 1:25.26	5:30.52 5:30.52	375	1:23.61
20.	Carolina Nogueira, ROCHA 100m: 1:18.52 1:18.52	F	131790	03	Colegio SMLamas 200m: 2:45.27 1:26.75 300m: 4:12.25 1:26.98	5:35.82 5:35.82	357	1:23.57
21.	Ines Soares, LEMA 100m: 1:21.38 1:21.38	F	129875	03	Fluvial Portuense 200m: 2:49.37 1:27.99 300m: 4:17.14 1:27.77	5:42.67 5:42.67	336	1:25.53
22.	Alice Martins, LAMEIRA 100m: 1:23.70 1:23.70	F	126721	03	Leixões Sport Clube 200m: 2:52.08 1:28.38 300m: 4:20.91 1:28.83	5:45.76 5:45.76	327	1:24.85
23.	Leonor Oliveira, SILVA 100m: 1:25.18 1:25.18	F	121708	03	Famalicao 200m: 2:55.65 1:30.47 300m: 4:25.83 1:30.18	5:53.28 5:53.28	307	1:27.45
24.	Jessica Carina, FARIA 100m: 1:24.45 1:24.45	F	125072	03	Vitória/Olicargo 200m: 2:55.47 1:31.02 300m: 4:26.08 1:30.61	5:55.02 5:55.02	302	1:28.94
25.	Margarida Almeida, TEIXEIRA 100m: 1:20.17 1:20.17	F	200298	03	Amarantus 200m: 2:53.12 1:32.95 300m: 4:26.63 1:33.51	5:57.13 5:57.13	297	1:30.50
26.	Daniela Filipa, SANTOS 100m: 1:25.58 1:25.58	F	123011	03	Porto 200m: 2:59.22 1:33.64 300m: 4:31.53 1:32.31	6:01.96 6:01.96	285	1:30.43
DNS	Luana Beatriz, COSTA	F	126882	03	Foca			

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