

Prova 14
02/07/2016 - 16:25

Femin., 400m Estilos
TURBO

Absolutos
Resultados

RN Absoluto	4:42.53	Victoria, KAMINSKAYA	ESJB	Coimbra	29/05/2016
RN Juv B	5:01.00	Ines Neto, ROCHA	CAP	Coimbra	24/07/2015
RN Juv B	5:01.00	Ines Neto, ROCHA	CAP	Coimbra	24/07/2015
RN Juv A	4:58.08	Diana Margarida, DURAES	FOCA	P�voa de Varzim	05/08/2011
RN 16	4:57.84	Victoria, KAMINSKAYA	PIMP	Oeiras	19/02/2011
RN 17	4:52.12	Victoria, KAMINSKAYA	PIMP	Oeiras	27/07/2012
RN Sen	4:42.53	Victoria, KAMINSKAYA	ESJB	Coimbra	29/05/2016
Recorde Regional 50m Absoluto	4:49.45	Diana Margarida, DURAES	FCP	Oeiras	11/03/2016
Recorde Regional 50m Juv B	5:01.00	Ines Neto, ROCHA	CAP	Coimbra	24/07/2015
Recorde Regional 50m Juv A	4:58.08	Diana Margarida, DURAES	FOCA	Povoa de Varzim	05/08/2011
Recorde Regional 50m 16	4:58.64	Diana Margarida, DURAES	FOCA	Coimbra	27/05/2012
Recorde Regional 50m 17	4:58.10	Barbara Sousa, FERREIRA	CNMAIA	Porto	15/06/2002
Recorde Regional 50m Sen	4:49.45	Diana Margarida, DURAES	FCP	Oeiras	11/03/2016

Femininos Seniores Sen: 5:44.22 / Femininos Juniores Jun: 5:51.39 / Femininos Juvenil B Juv B: 6:20.08 /

Femininos Juvenil A Juv A: 6:05.73

Pontos: FINA 2015

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs
1.	Ana Beatriz, MARTINS	F	108375	99	Famalici�o	5:07.33	666	37,00	
	100m: 1:10.99				1:20.50	300m: 3:58.38	1:26.89	400m: 5:07.33	1:08.95
2.	Mariana Fernandes, BARBOSA	F	121985	02	Porto	5:11.83	637	35,00	
	100m: 1:10.05				1:21.25	300m: 4:01.05	1:29.75	400m: 5:11.83	1:10.78
3.	Ana Silva, COSTA	F	104446	98	Famalici�o	5:24.40	566	34,00	
	100m: 1:12.14				1:25.80	300m: 4:12.45	1:34.51	400m: 5:24.40	1:11.95
4.	Diana Patricia, FERREIRA	F	23500	94	Aquatico Pacense	5:24.45	566	33,00	
	100m: 1:12.76				1:25.76	300m: 4:09.05	1:30.53	400m: 5:24.45	1:15.40
5.	Rafaela Araujo, SILVA	F	119630	00	Famalici�o	5:28.56	545	-	
	100m: 1:15.34				1:30.32	300m: 4:18.01	1:32.35	400m: 5:28.56	1:10.55
6.	Mariana Sousa, MAIA	F	118219	02	Famalici�o	5:29.20	542	-	
	100m: 1:19.02				1:25.09	300m: 4:17.29	1:33.18	400m: 5:29.20	1:11.91
7.	Lara Beatriz, MATOS	F	111049	01	Famalici�o	5:29.97	538	-	
	100m: 1:13.57				1:28.52	300m: 4:16.10	1:34.01	400m: 5:29.97	1:13.87
8.	Mafalda Joana, OLIVEIRA	F	119096	02	Lousada SXXI	5:30.54	535	29,00	
	100m: 1:13.82				1:24.61	300m: 4:11.86	1:33.43	400m: 5:30.54	1:18.68
9.	Mariana Cardoso, COSTA	F	117322	01	Individual ANNP	5:30.99	533	28,00	
	100m: 1:16.10				1:27.03	300m: 4:14.91	1:31.78	400m: 5:30.99	1:16.08
10.	Filipa Viamonte, FERNANDES	F	122198	02	Vit�ria de Guimaraes/Olicargo	5:31.45	531	27,00	
	100m: 1:15.11				1:24.41	300m: 4:16.63	1:37.11	400m: 5:31.45	1:14.82
11.	Leila Tavarria, LEMOS	F	127860	00	Vilacondense	5:32.82	524	26,00	
	100m: 1:16.99				1:25.86	300m: 4:21.51	1:38.66	400m: 5:32.82	1:11.31
12.	Ines Araujo, MARTINS	F	111046	01	Famalici�o	5:37.35	503	-	
	100m: 1:24.13				1:27.72	300m: 4:22.42	1:30.57	400m: 5:37.35	1:14.93
13.	Maria Carolina, RODRIGUES	F	121473	01	Vit�ria de Guimaraes/Olicargo	5:38.36	499	24,00	
	100m: 1:16.29				1:30.39	300m: 4:22.75	1:36.07	400m: 5:38.36	1:15.61
14.	Sofia Gales, PINTO	F	129409	01	Colegio SMLamas	5:39.40	494	23,00	
	100m: 1:18.45				1:28.82	300m: 4:23.73	1:36.46	400m: 5:39.40	1:15.67
15.	Daniela Oliveira, RODRIGUES	F	118056	02	Natacao de Valongo	5:43.72	476	22,00	
	100m: 1:15.13				1:31.17	300m: 4:27.13	1:40.83	400m: 5:43.72	1:16.59
16.	Beatriz Rodrigues, OLIVEIRA	F	122175	01	Assoc. Desportiva de Fafe	5:47.71	460	21,00	
	100m: 1:16.06				1:34.68	300m: 4:28.43	1:37.69	400m: 5:47.71	1:19.28
17.	Daniela Filipa, ROCHA	F	128609	02	Aquatico Pacense	5:48.05	458	20,00	
	100m: 1:19.76				1:27.51	300m: 4:30.52	1:43.25	400m: 5:48.05	1:17.53
18.	Ana Lopes, SANTOS	F	120698	02	Vilacondense	5:49.20	454	19,00	
	100m: 1:19.28				1:26.00	300m: 4:31.36	1:46.08	400m: 5:49.20	1:17.84
19.	Ines Filipa, MAGALHAES	F	121786	02	Aquatico Pacense	5:50.81	447	-	
	100m: 1:18.45				1:33.95	300m: 4:31.98	1:39.58	400m: 5:50.81	1:18.83
20.	Valeria Goncalves, VIEIRA	F	124314	02	Vit�ria de Guimaraes/Olicargo	5:51.01	447	-	
	100m: 1:21.96				1:32.81	300m: 4:30.44	1:35.67	400m: 5:51.01	1:20.57

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.43111

Registered to Associa o de Nata o do Norte de Portugal

03/07/2016 17:48 - P gina 1



Prova 14, Femin., 400m Estilos, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs
21.	Joana Daniela, JACINTO	F	111230	01	Individual ANNP	6:04.55	399	16,00	
	100m: 1:23.90 2:23.90				200m: 2:59.63 1:35.73 300m: 4:42.36 1:42.73	400m: 6:04.55 1:22.19			
22.	Catarina Isabel, ALMEIDA	F	127104	02	Vit�ria de Guimaraes/Olicargo	6:13.14	372	-	
	100m: 1:22.52 1:22.52				200m: 2:56.28 1:33.76 300m: 4:46.68 1:50.40	400m: 6:13.14 1:26.46			
WDR	Carolina Isabel, MACHADO	F	111445	00	Vit�ria de Guimaraes/Olicargo			-	

Absolutos

1.	Ana Beatriz, MARTINS	F	108375	99	Famalici�o	5:07.33	666	37,00	
	100m: 1:10.99 1:10.99				200m: 2:31.49 1:20.50 300m: 3:58.38 1:26.89	400m: 5:07.33 1:08.95			
2.	Ana Silva, COSTA	F	104446	98	Famalici�o	5:24.40	566	34,00	
	100m: 1:12.14 1:12.14				200m: 2:37.94 1:25.80 300m: 4:12.45 1:34.51	400m: 5:24.40 1:11.95			
3.	Diana Patricia, FERREIRA	F	23500	94	Aquatico Pacense	5:24.45	566	33,00	
	100m: 1:12.76 1:12.76				200m: 2:38.52 1:25.76 300m: 4:09.05 1:30.53	400m: 5:24.45 1:15.40			
4.	Rafaela Araujo, SILVA	F	119630	00	Famalici�o	5:28.56	545	-	
	100m: 1:15.34 1:15.34				200m: 2:45.66 1:30.32 300m: 4:18.01 1:32.35	400m: 5:28.56 1:10.55			
5.	Leila Tavarria, LEMOS	F	127860	00	Vilacondense	5:32.82	524	26,00	
	100m: 1:16.99 1:16.99				200m: 2:42.85 1:25.86 300m: 4:21.51 1:38.66	400m: 5:32.82 1:11.31			
WDR	Carolina Isabel, MACHADO	F	111445	00	Vit�ria de Guimaraes/Olicargo			-	

Seniores

1.	Ana Silva, COSTA	F	104446	98	Famalici�o	5:24.40	566	34,00	
	100m: 1:12.14 1:12.14				200m: 2:37.94 1:25.80 300m: 4:12.45 1:34.51	400m: 5:24.40 1:11.95			
2.	Diana Patricia, FERREIRA	F	23500	94	Aquatico Pacense	5:24.45	566	33,00	
	100m: 1:12.76 1:12.76				200m: 2:38.52 1:25.76 300m: 4:09.05 1:30.53	400m: 5:24.45 1:15.40			

Juniores

1.	Ana Beatriz, MARTINS	F	108375	99	Famalici�o	5:07.33	666	37,00	
	100m: 1:10.99 1:10.99				200m: 2:31.49 1:20.50 300m: 3:58.38 1:26.89	400m: 5:07.33 1:08.95			
2.	Rafaela Araujo, SILVA	F	119630	00	Famalici�o	5:28.56	545	-	
	100m: 1:15.34 1:15.34				200m: 2:45.66 1:30.32 300m: 4:18.01 1:32.35	400m: 5:28.56 1:10.55			
3.	Leila Tavarria, LEMOS	F	127860	00	Vilacondense	5:32.82	524	26,00	
	100m: 1:16.99 1:16.99				200m: 2:42.85 1:25.86 300m: 4:21.51 1:38.66	400m: 5:32.82 1:11.31			
WDR	Carolina Isabel, MACHADO	F	111445	00	Vit�ria de Guimaraes/Olicargo			-	

Juvenis B

1.	Mariana Fernandes, BARBOSA	F	121985	02	Porto	5:11.83	637	35,00	
	100m: 1:10.05 1:10.05				200m: 2:31.30 1:21.25 300m: 4:01.05 1:29.75	400m: 5:11.83 1:10.78			
2.	Mariana Sousa, MAIA	F	118219	02	Famalici�o	5:29.20	542	-	
	100m: 1:19.02 1:19.02				200m: 2:44.11 1:25.09 300m: 4:17.29 1:33.18	400m: 5:29.20 1:11.91			
3.	Mafalda Joana, OLIVEIRA	F	119096	02	Lousada SXXI	5:30.54	535	29,00	
	100m: 1:13.82 1:13.82				200m: 2:38.43 1:24.61 300m: 4:11.86 1:33.43	400m: 5:30.54 1:18.68			
4.	Filipa Viamonte, FERNANDES	F	122198	02	Vit�ria de Guimaraes/Olicargo	5:31.45	531	27,00	
	100m: 1:15.11 1:15.11				200m: 2:39.52 1:24.41 300m: 4:16.63 1:37.11	400m: 5:31.45 1:14.82			
5.	Daniela Oliveira, RODRIGUES	F	118056	02	Natacao de Valongo	5:43.72	476	22,00	
	100m: 1:15.13 1:15.13				200m: 2:46.30 1:31.17 300m: 4:27.13 1:40.83	400m: 5:43.72 1:16.59			
6.	Daniela Filipa, ROCHA	F	128609	02	Aquatico Pacense	5:48.05	458	20,00	
	100m: 1:19.76 1:19.76				200m: 2:47.27 1:27.51 300m: 4:30.52 1:43.25	400m: 5:48.05 1:17.53			
7.	Ana Lopes, SANTOS	F	120698	02	Vilacondense	5:49.20	454	19,00	
	100m: 1:19.28 1:19.28				200m: 2:45.28 1:26.00 300m: 4:31.36 1:46.08	400m: 5:49.20 1:17.84			
8.	Ines Filipa, MAGALHAES	F	121786	02	Aquatico Pacense	5:50.81	447	-	
	100m: 1:18.45 1:18.45				200m: 2:52.40 1:33.95 300m: 4:31.98 1:39.58	400m: 5:50.81 1:18.83			
9.	Valeria Goncalves, VIEIRA	F	124314	02	Vit�ria de Guimaraes/Olicargo	5:51.01	447	-	
	100m: 1:21.96 1:21.96				200m: 2:54.77 1:32.81 300m: 4:30.44 1:35.67	400m: 5:51.01 1:20.57			
10.	Catarina Isabel, ALMEIDA	F	127104	02	Vit�ria de Guimaraes/Olicargo	6:13.14	372	-	
	100m: 1:22.52 1:22.52				200m: 2:56.28 1:33.76 300m: 4:46.68 1:50.40	400m: 6:13.14 1:26.46			

Prova 14, Femin., 400m Estilos

Juvenis A

1.	Lara Beatriz, MATOS	F	111049 01	Famalicao						5:29.97	538	-
	100m: 1:13.57 1:13.57		200m: 2:42.09	1:28.52 300m: 4:16.10	1:34.01	400m: 5:29.97	1:13.87					
2.	Mariana Cardoso, COSTA	F	117322 01	Individual ANNP						5:30.99	533	28,00
	100m: 1:16.10 1:16.10		200m: 2:43.13	1:27.03 300m: 4:14.91	1:31.78	400m: 5:30.99	1:16.08					
3.	Ines Araujo, MARTINS	F	111046 01	Famalicao						5:37.35	503	-
	100m: 1:24.13 1:24.13		200m: 2:51.85	1:27.72 300m: 4:22.42	1:30.57	400m: 5:37.35	1:14.93					
4.	Maria Carolina, RODRIGUES	F	121473 01	Vit�ria de Guimaraes/Olicargo						5:38.36	499	24,00
	100m: 1:16.29 1:16.29		200m: 2:46.68	1:30.39 300m: 4:22.75	1:36.07	400m: 5:38.36	1:15.61					
5.	Sofia Gales, PINTO	F	129409 01	Colegio SMLamas						5:39.40	494	23,00
	100m: 1:18.45 1:18.45		200m: 2:47.27	1:28.82 300m: 4:23.73	1:36.46	400m: 5:39.40	1:15.67					
6.	Beatriz Rodrigues, OLIVEIRA	F	122175 01	Assoc. Desportiva de Fafe						5:47.71	460	21,00
	100m: 1:16.06 1:16.06		200m: 2:50.74	1:34.68 300m: 4:28.43	1:37.69	400m: 5:47.71	1:19.28					
7.	Joana Daniela, JACINTO	F	111230 01	Individual ANNP						6:04.55	399	16,00
	100m: 1:23.90 1:23.90		200m: 2:59.63	1:35.73 300m: 4:42.36	1:42.73	400m: 6:04.55	1:22.19					