

Prova 20
02/07/2016 - 17:50

Femin., 200m Costas
TURBO

Absolutos
Resultados

RN Absoluto	2:15.27	Francisca Gomes, AZEVEDO	SAD	Coimbra	20/06/2015
RN Juv B	2:22.61	Joana Carina, SILVA	LSXXI	Povoa de Varzim	06/02/2011
RN Juv A	2:17.38	Joana Carina, SILVA	LSXXI	Coimbra	05/04/2012
RN 16	2:17.98	Catia Raquel, MARTINHEIRA	POR	Lima (PER)	18/08/2011
RN 17	2:15.53	Rita Barros, FRISCHKNECHT	SAD	Coimbra	02/04/2015
RN Sen	2:15.27	Francisca Gomes, AZEVEDO	SAD	Coimbra	02/04/2015
Recorde Regional 50m Absoluto	2:17.38	Joana Carina, SILVA	LSXXI	Coimbra	05/04/2012
Recorde Regional 50m Juv B	2:22.61	Joana Carina, SILVA	LSXXI	Povoa de Varzim	06/02/2011
Recorde Regional 50m Juv A	2:17.38	Joana Carina, SILVA	LSXXI	Coimbra	05/04/2012
Recorde Regional 50m 16	2:21.27	Joana Carina, SILVA	LSXXI	Poznan (POL)	10/07/2013
Recorde Regional 50m 17	2:24.90	Joana Carina, SILVA	LSXXI	Coimbra	04/04/2014
Recorde Regional 50m Sen	2:18.29	Marta Vieira, MARINHO	FCP	Coimbra	09/04/2010

Femininos Seniores Sen: 2:42.32 / Femininos Juniores Jun: 2:45.71 / Femininos Juvenil B Juv B: 2:59.23 /
Femininos Juvenil A Juv A: 2:52.47

Pontos: FINA 2015

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs
Absolutos									
1.	Alexandra Jesus, SANTOS	F	117408	00	Leixoes Sport Club	2:30.79	556	37,00	
	100m: 1:13.99 1:13.99		200m: 2:30.79		1:16.80				
2.	Mafalda Pacheco, CUNHA	F	121589	02	Fluvial Portuense	2:32.77	535	35,00	
	100m: 1:13.99 1:13.99		200m: 2:32.77		1:18.78				
3.	Beatriz Neto, COSTA	F	111310	00	Aquatico Pacense	2:33.08	532	34,00	
	100m: 1:14.42 1:14.42		200m: 2:33.08		1:18.66				
4.	Mafalda Joana, OLIVEIRA	F	119096	02	Lousada SXXI	2:33.17	531	33,00	
	100m: 1:14.97 1:14.97		200m: 2:33.17		1:18.20				
5.	Rosana Marinho, MACEDO	F	111500	99	Foca	2:33.76	525	32,00	
	100m: 1:15.19 1:15.19		200m: 2:33.76		1:18.57				
6.	Ana Beatriz, MARTINS	F	108375	99	Famalição	2:34.04	522	31,00	
	100m: 1:16.83 1:16.83		200m: 2:34.04		1:17.21				
7.	Catarina Alexandra, JARDIM	F	104449	98	Famalição	2:34.23	520	30,00	
	100m: 1:15.33 1:15.33		200m: 2:34.23		1:18.90				
8.	Carolina Ascenso, SANTOS	F	121271	01	Individual ANNP	2:34.33	519	29,00	
	100m: 1:14.57 1:14.57		200m: 2:34.33		1:19.76				
9.	Beatriz Pereira, VASCONCELOS	F	107934	98	Vilacondense	2:35.56	507	28,00	
	100m: 1:15.76 1:15.76		200m: 2:35.56		1:19.80				
10.	Mariana Sousa, MAIA	F	118219	02	Famalição	2:37.24	491	-	
	100m: 1:18.87 1:18.87		200m: 2:37.24		1:18.37				
11.	Filipa Viamonte, FERNANDES	F	122198	02	Vitória de Guimaraes/Olicargo	2:37.30	490	26,00	
	100m: 1:17.80 1:17.80		200m: 2:37.30		1:19.50				
12.	Rita Alexandra, CAMPOS	F	120820	02	Porto	2:38.33	481	25,00	
	100m: 1:17.84 1:17.84		200m: 2:38.33		1:20.49				
13.	Leila Tavarã, LEMOS	F	127860	00	Vilacondense	2:38.94	475	24,00	
	100m: 1:18.43 1:18.43		200m: 2:38.94		1:20.51				
14.	Adriana Daniela, CASTRO	F	104515	97	Individual ANNP	2:39.59	469	23,00	
	100m: 1:16.94 1:16.94		200m: 2:39.59		1:22.65				
15.	Ana Margarida, LEITE	F	123141	02	Assoc. Desportiva de Fafe	2:39.97	466	22,00	
	100m: 1:17.66 1:17.66		200m: 2:39.97		1:22.31				
16.	Ana Lopes, SANTOS	F	120698	02	Vilacondense	2:41.00	457	-	
	100m: 1:17.88 1:17.88		200m: 2:41.00		1:23.12				
17.	Ana Margarida, GONCALVES	F	118052	01	Vilacondense	2:42.04	448	-	
	100m: 1:18.43 1:18.43		200m: 2:42.04		1:23.61				
18.	Rafaela Campos, OLIVEIRA	F	111322	00	Vilacondense	2:42.69	443	-	
	100m: 1:20.06 1:20.06		200m: 2:42.69		1:22.63				
19.	Sofia Gales, PINTO	F	129409	01	Colegio SMLamas	2:43.44	437	18,00	
	100m: 1:20.35 1:20.35		200m: 2:43.44		1:23.09				
20.	Joana Sofia, MACHADO	F	127918	02	Natacao de Valongo	2:43.64	435	17,00	
	100m: 1:20.06 1:20.06		200m: 2:43.64		1:23.58				
21.	Ines Ferreira, LOPES	F	107956	99	Fluvial Portuense	2:45.05	424	16,00	
	100m: 1:21.19 1:21.19		200m: 2:45.05		1:23.86				

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O Juiz  rbitro

Splash Meet Manager, 11.43111

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Prova 20, Femin., 200m Costas, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs
22.	Cristiana Sofia, RIBEIRO <i>FIL</i>	F	125475	00	Famalicao	2:46.81	411	-	
	100m: 1:20.58 1:20.58				200m: 2:46.81 1:26.23				
23.	Francisca Alexandra, GRACA	F	118051	01	Vilacondense	2:47.33	407	-	
	100m: 1:20.27 1:20.27				200m: 2:47.33 1:27.06				
24.	Maria Oliveira, QUEIROS	F	122867	02	Famalicao	2:48.17	401	-	
	100m: 1:22.48 1:22.48				200m: 2:48.17 1:25.69				
25.	Ana Beatriz, MACHADO <i>FIL</i>	F	111444	00	Vitria de Guimaraes/Olicargo	2:48.56	398	12,00	
	100m: 1:23.03 1:23.03				200m: 2:48.56 1:25.53				
26.	Ines Carneiro, PINTO	F	123922	01	Aquatico Pacense	2:51.46	378	11,00	
	100m: 1:24.05 1:24.05				200m: 2:51.46 1:27.41				
27.	Joana Carvalho, CASANOVA	F	127095	02	Clube Naval Povoense	2:52.39	372	10,00	
	100m: 1:23.66 1:23.66				200m: 2:52.39 1:28.73				
28.	Beatriz Sousa, FONTES <i>FIL</i>	F	126659	01	Colegio SMLamas	2:52.95	369	9,00	
	100m: 1:24.45 1:24.45				200m: 2:52.95 1:28.50				
29.	Ana Isabel, REIS <i>FIL</i>	F	123703	01	Individual ANNP	2:54.21	361	-	
	100m: 1:22.60 1:22.60				200m: 2:54.21 1:31.61				
30.	Daniela Filipa, ROCHA	F	128609	02	Aquatico Pacense	2:54.62	358	-	
	100m: 1:25.05 1:25.05				200m: 2:54.62 1:29.57				
31.	Maria Joao, SILVA <i>FIL</i>	F	111045	01	Famalicao	2:58.61	335	-	
	100m: 1:26.50 1:26.50				200m: 2:58.61 1:32.11				
DNS	Soraia Vanessa, RIBEIRO	F	15857	92	Individual ANNP			-	
WDR	Carolina Isabel, MACHADO	F	111445	00	Vitria de Guimaraes/Olicargo			-	

Absolutos

1.	Alexandra Jesus, SANTOS	F	117408	00	Leixoes Sport Club	2:30.79	556	37,00	
	100m: 1:13.99 1:13.99				200m: 2:30.79 1:16.80				
2.	Beatriz Neto, COSTA	F	111310	00	Aquatico Pacense	2:33.08	532	34,00	
	100m: 1:14.42 1:14.42				200m: 2:33.08 1:18.66				
3.	Rosana Marinho, MACEDO	F	111500	99	Foca	2:33.76	525	32,00	
	100m: 1:15.19 1:15.19				200m: 2:33.76 1:18.57				
4.	Ana Beatriz, MARTINS	F	108375	99	Famalicao	2:34.04	522	31,00	
	100m: 1:16.83 1:16.83				200m: 2:34.04 1:17.21				
5.	Catarina Alexandra, JARDIM	F	104449	98	Famalicao	2:34.23	520	30,00	
	100m: 1:15.33 1:15.33				200m: 2:34.23 1:18.90				
6.	Beatriz Pereira, VASCONCELOS	F	107934	98	Vilacondense	2:35.56	507	28,00	
	100m: 1:15.76 1:15.76				200m: 2:35.56 1:19.80				
7.	Leila Tavarria, LEMOS	F	127860	00	Vilacondense	2:38.94	475	24,00	
	100m: 1:18.43 1:18.43				200m: 2:38.94 1:20.51				
8.	Adriana Daniela, CASTRO	F	104515	97	Individual ANNP	2:39.59	469	23,00	
	100m: 1:16.94 1:16.94				200m: 2:39.59 1:22.65				
9.	Rafaela Campos, OLIVEIRA	F	111322	00	Vilacondense	2:42.69	443	-	
	100m: 1:20.06 1:20.06				200m: 2:42.69 1:22.63				
10.	Ines Ferreira, LOPES	F	107956	99	Fluvial Portuense	2:45.05	424	16,00	
	100m: 1:21.19 1:21.19				200m: 2:45.05 1:23.86				
11.	Cristiana Sofia, RIBEIRO <i>FIL</i>	F	125475	00	Famalicao	2:46.81	411	-	
	100m: 1:20.58 1:20.58				200m: 2:46.81 1:26.23				
12.	Ana Beatriz, MACHADO <i>FIL</i>	F	111444	00	Vitria de Guimaraes/Olicargo	2:48.56	398	12,00	
	100m: 1:23.03 1:23.03				200m: 2:48.56 1:25.53				
DNS	Soraia Vanessa, RIBEIRO	F	15857	92	Individual ANNP			-	

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Prova 20, Femin., 200m Costas, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs
WDR	Carolina Isabel, MACHADO	F	111445	00	Vit�ria de Guimaraes/Olicargo				-

Seniores

1.	Catarina Alexandra, JARDIM	F	104449	98	Famalic�o	2:34.23	520	30,00	
	100m: 1:15.33 1:15.33				200m: 2:34.23 1:18.90				
2.	Beatriz Pereira, VASCONCELOS	F	107934	98	Vilacondense	2:35.56	507	28,00	
	100m: 1:15.76 1:15.76				200m: 2:35.56 1:19.80				
3.	Adriana Daniela, CASTRO	F	104515	97	Individual ANNP	2:39.59	469	23,00	
	100m: 1:16.94 1:16.94				200m: 2:39.59 1:22.65				
DNS	Soraia Vanessa, RIBEIRO	F	15857	92	Individual ANNP				-

Juniores

1.	Alexandra Jesus, SANTOS	F	117408	00	Leixoes Sport Club	2:30.79	556	37,00	
	100m: 1:13.99 1:13.99				200m: 2:30.79 1:16.80				
2.	Beatriz Neto, COSTA	F	111310	00	Aquatico Pacense	2:33.08	532	34,00	
	100m: 1:14.42 1:14.42				200m: 2:33.08 1:18.66				
3.	Rosana Marinho, MACEDO	F	111500	99	Foca	2:33.76	525	32,00	
	100m: 1:15.19 1:15.19				200m: 2:33.76 1:18.57				
4.	Ana Beatriz, MARTINS	F	108375	99	Famalic�o	2:34.04	522	31,00	
	100m: 1:16.83 1:16.83				200m: 2:34.04 1:17.21				
5.	Leila Tavar�a, LEMOS	F	127860	00	Vilacondense	2:38.94	475	24,00	
	100m: 1:18.43 1:18.43				200m: 2:38.94 1:20.51				
6.	Rafaela Campos, OLIVEIRA	F	111322	00	Vilacondense	2:42.69	443	-	
	100m: 1:20.06 1:20.06				200m: 2:42.69 1:22.63				
7.	Ines Ferreira, LOPES	F	107956	99	Fluvial Portuense	2:45.05	424	16,00	
	100m: 1:21.19 1:21.19				200m: 2:45.05 1:23.86				
8.	Cristiana Sofia, RIBEIRO <i>FIL</i>	F	125475	00	Famalic�o	2:46.81	411	-	
	100m: 1:20.58 1:20.58				200m: 2:46.81 1:26.23				
9.	Ana Beatriz, MACHADO <i>FIL</i>	F	111444	00	Vit�ria de Guimaraes/Olicargo	2:48.56	398	12,00	
	100m: 1:23.03 1:23.03				200m: 2:48.56 1:25.53				
WDR	Carolina Isabel, MACHADO	F	111445	00	Vit�ria de Guimaraes/Olicargo				-

Juvenis B

1.	Mafalda Pacheco, CUNHA	F	121589	02	Fluvial Portuense	2:32.77	535	35,00	
	100m: 1:13.99 1:13.99				200m: 2:32.77 1:18.78				
2.	Mafalda Joana, OLIVEIRA	F	119096	02	Lousada SXXI	2:33.17	531	33,00	
	100m: 1:14.97 1:14.97				200m: 2:33.17 1:18.20				
3.	Mariana Sousa, MAIA	F	118219	02	Famalic�o	2:37.24	491	-	
	100m: 1:18.87 1:18.87				200m: 2:37.24 1:18.37				
4.	Filipa Viamonte, FERNANDES	F	122198	02	Vit�ria de Guimaraes/Olicargo	2:37.30	490	26,00	
	100m: 1:17.80 1:17.80				200m: 2:37.30 1:19.50				
5.	Rita Alexandra, CAMPOS	F	120820	02	Porto	2:38.33	481	25,00	
	100m: 1:17.84 1:17.84				200m: 2:38.33 1:20.49				
6.	Ana Margarida, LEITE	F	123141	02	Assoc. Desportiva de Fafe	2:39.97	466	22,00	
	100m: 1:17.66 1:17.66				200m: 2:39.97 1:22.31				
7.	Ana Lopes, SANTOS	F	120698	02	Vilacondense	2:41.00	457	-	
	100m: 1:17.88 1:17.88				200m: 2:41.00 1:23.12				
8.	Joana Sofia, MACHADO	F	127918	02	Natacao de Valongo	2:43.64	435	17,00	
	100m: 1:20.06 1:20.06				200m: 2:43.64 1:23.58				
9.	Maria Oliveira, QUEIROS	F	122867	02	Famalic�o	2:48.17	401	-	
	100m: 1:22.48 1:22.48				200m: 2:48.17 1:25.69				
10.	Joana Carvalho, CASANOVA	F	127095	02	Clube Naval Povoense	2:52.39	372	10,00	
	100m: 1:23.66 1:23.66				200m: 2:52.39 1:28.73				
11.	Daniela Filipa, ROCHA	F	128609	02	Aquatico Pacense	2:54.62	358	-	
	100m: 1:25.05 1:25.05				200m: 2:54.62 1:29.57				

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Prova 20, Femin., 200m Costas

Juvenis A

1.	Carolina Ascenso, SANTOS	F	121271 01	Individual ANNP	2:34.33	519	29,00
	100m: 1:14.57 1:14.57		200m: 2:34.33	1:19.76			
2.	Ana Margarida, GONCALVES	F	118052 01	Vilacondense	2:42.04	448	-
	100m: 1:18.43 1:18.43		200m: 2:42.04	1:23.61			
3.	Sofia Gales, PINTO	F	129409 01	Colegio SMLamas	2:43.44	437	18,00
	100m: 1:20.35 1:20.35		200m: 2:43.44	1:23.09			
4.	Francisca Alexandra, GRACA	F	118051 01	Vilacondense	2:47.33	407	-
	100m: 1:20.27 1:20.27		200m: 2:47.33	1:27.06			
5.	Ines Carneiro, PINTO	F	123922 01	Aquatico Pacense	2:51.46	378	11,00
	100m: 1:24.05 1:24.05		200m: 2:51.46	1:27.41			
6.	Beatriz Sousa, FONTES <i>FIL</i>	F	126659 01	Colegio SMLamas	2:52.95	369	9,00
	100m: 1:24.45 1:24.45		200m: 2:52.95	1:28.50			
7.	Ana Isabel, REIS <i>FIL</i>	F	123703 01	Individual ANNP	2:54.21	361	-
	100m: 1:22.60 1:22.60		200m: 2:54.21	1:31.61			
8.	Maria Joao, SILVA <i>FIL</i>	F	111045 01	Famalicao	2:58.61	335	-
	100m: 1:26.50 1:26.50		200m: 2:58.61	1:32.11			