

Prova 35
03/07/2016 - 15:30

Femin., 1500m Livres
Grafiporto

Absolutos
Resultados

RN Absoluto	16:38.60	Tamila Hryhorivna, HOLUB	POR	Gijon (ESP)	14/05/2016
RN Juv B	17:34.28	Maria Miguel, VELOSO	CNAC	Coimbra	08/07/2007
RN Juv A	16:54.60	Tamila Hryhorivna, HOLUB	POR	Dordrecht (NED)	11/07/2014
RN 16	16:47.35	Tamila Hryhorivna, HOLUB	POR	Coimbra	31/05/2015
RN 17	16:38.60	Tamila Hryhorivna, HOLUB	POR	Gijon (ESP)	14/05/2016
RN Sen	16:46.57	Angelica Maria, ANDRE	LSC	Famalição	07/07/2013
Recorde Regional 50m Absoluto	16:46.57	Angelica Maria, ANDRE	LSC	Famalição	07/07/2013
Recorde Regional 50m Juv B	18:13.98	Ana Filipa, MARTINS	FOCA	Famalição	17/07/2011
Recorde Regional 50m Juv A	17:52.94	Alexandra Maria, JORGE	CFP	Povoa de Varzim	22/06/1991
Recorde Regional 50m 16	17:25.39	Andreia Catarina, GOMES	VSC	Coimbra	01/08/2010
Recorde Regional 50m 17	17:00.95	Angelica Maria, ANDRE	LSC	Coimbra	29/05/2011
Recorde Regional 50m Sen	16:46.57	Angelica Maria, ANDRE	LSC	Famalição	07/07/2013

Femininos Seniores Sen: 20:03.86 / Femininos Juniores Jun: 20:28.94 / Femininos Juvenil B Juv B: 22:09.27 /
Femininos Juvenil A Juv A: 21:19.11

Pontos: FINA 2015

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs
1.	Maria Teresa, AMORIM	F	20104	97	Porto	17:39.25	673	37,00	
	100m: 1:08.50	500m: 5:52.24	1:10.87	900m: 10:34.39	1:10.09	1300m: 15:17.57	1:10.87		
	200m: 2:19.72	600m: 7:02.72	1:10.48	1000m: 11:45.47	1:11.08	1400m: 16:29.30	1:11.73		
	300m: 3:30.36	700m: 8:13.66	1:10.94	1100m: 12:56.21	1:10.74	1500m: 17:39.25	1:09.95		
	400m: 4:41.37	800m: 9:24.30	1:10.64	1200m: 14:06.70	1:10.49				
2.	Maria Joao, FERNANDES	F	102092	97	Vilacondense	18:12.60	613	35,00	
	100m: 1:09.30	500m: 6:01.13	1:12.92	900m: 10:54.33	1:14.20	1300m: 15:48.88	1:13.47		
	200m: 2:21.74	600m: 7:13.34	1:12.21	1000m: 12:08.02	1:13.69	1400m: 17:01.82	1:12.94		
	300m: 3:35.20	700m: 8:26.33	1:12.99	1100m: 13:21.91	1:13.89	1500m: 18:12.60	1:10.78		
	400m: 4:48.21	800m: 9:40.13	1:13.80	1200m: 14:35.41	1:13.50				
3.	Ana Silva, COSTA	F	104446	98	Famalição	18:12.91	612	34,00	
	100m: 1:09.40	500m: 6:02.18	1:13.34	900m: 10:57.95	1:13.84	1300m: 15:49.48	1:13.20		
	200m: 2:22.44	600m: 7:14.90	1:12.72	1000m: 12:10.71	1:12.76	1400m: 17:02.65	1:13.17		
	300m: 3:35.70	700m: 8:29.05	1:14.15	1100m: 13:23.45	1:12.74	1500m: 18:12.91	1:10.26		
	400m: 4:48.84	800m: 9:44.11	1:15.06	1200m: 14:36.28	1:12.83				
4.	Leila Tavora, LEMOS	F	127860	00	Vilacondense	18:39.42	570	33,00	
	100m: 1:11.91	500m: 6:11.01	1:14.87	900m: 11:11.90	1:15.19	1300m: 16:11.94	1:14.59		
	200m: 2:26.43	600m: 7:25.90	1:14.89	1000m: 12:27.01	1:15.11	1400m: 17:02.54	1:14.60		
	300m: 3:41.52	700m: 8:41.37	1:15.47	1100m: 13:41.97	1:14.96	1500m: 18:39.42	1:12.88		
	400m: 4:56.14	800m: 9:56.71	1:15.34	1200m: 14:57.35	1:15.38				
5.	Sara Lopes, BARBOSA	F	118181	00	Aquatico Pacense	18:52.35	551	32,00	
	100m: 1:13.13	500m: 6:17.53	1:15.93	900m: 11:19.55	1:15.21	1300m: 16:22.93	1:15.65		
	200m: 2:29.29	600m: 7:32.95	1:15.42	1000m: 12:35.49	1:15.94	1400m: 17:38.39	1:15.46		
	300m: 3:45.31	700m: 8:48.70	1:15.75	1100m: 13:51.56	1:16.07	1500m: 18:52.35	1:13.96		
	400m: 5:01.60	800m: 10:04.34	1:15.64	1200m: 15:07.28	1:15.72				
6.	Rafaela Campos, OLIVEIRA	F	111322	00	Vilacondense	19:11.34	524	-	
	100m: 1:13.14	500m: 6:16.99	1:16.01	900m: 11:25.24	1:17.46	1300m: 16:36.79	1:18.07		
	200m: 2:28.60	600m: 7:33.87	1:16.88	1000m: 12:42.84	1:17.60	1400m: 17:55.14	1:18.35		
	300m: 3:44.87	700m: 8:50.60	1:16.73	1100m: 14:00.78	1:17.94	1500m: 19:11.34	1:16.20		
	400m: 5:00.98	800m: 10:07.78	1:17.18	1200m: 15:18.72	1:17.94				
7.	Catarina Alexandra, JARDIM	F	104449	98	Famalição	19:31.72	497	30,00	
	100m: 1:11.97	500m: 6:21.72	1:18.25	900m: 11:36.26	1:18.51	1300m: 16:55.57	1:20.65		
	200m: 2:28.99	600m: 7:40.23	1:18.51	1000m: 12:55.42	1:19.16	1400m: 18:14.21	1:18.64		
	300m: 3:46.09	700m: 8:58.48	1:18.25	1100m: 14:14.78	1:19.36	1500m: 19:31.72	1:17.51		
	400m: 5:03.47	800m: 10:17.75	1:19.27	1200m: 15:34.92	1:20.14				
8.	Ana Margarida, LEITE	F	123141	02	Assoc. Desportiva de Fafe	20:08.14	453	29,00	
	100m: 1:17.17	500m: 6:36.59	1:20.32	900m: 12:00.48	1:21.13	1300m: 17:28.45	1:22.13		
	200m: 2:36.91	600m: 7:57.29	1:20.70	1000m: 13:22.28	1:21.80	1400m: 18:50.73	1:22.28		
	300m: 3:56.62	700m: 9:18.32	1:21.03	1100m: 14:44.36	1:22.08	1500m: 20:08.14	1:17.41		
	400m: 5:16.27	800m: 10:39.35	1:21.03	1200m: 16:06.32	1:21.96				
9.	Adriana Marisa, FIGUEIREDO FL	F	109297	00	Famalição	20:30.81	429	-	
	100m: 1:15.82	500m: 6:40.96	1:23.01	900m: 12:14.63	1:23.48	1300m: 17:47.18	1:22.86		
	200m: 2:36.45	600m: 8:04.61	1:23.65	1000m: 13:37.98	1:23.35	1400m: 19:02.82	1:15.64		
	300m: 3:56.64	700m: 9:27.97	1:23.36	1100m: 15:01.25	1:23.27	1500m: 20:30.81	1:27.99		
	400m: 5:17.95	800m: 10:51.15	1:23.18	1200m: 16:24.32	1:23.07				

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.43111

Registered to Associa o de Nata o do Norte de Portugal

03/07/2016 17:48 - P gina 1



Prova 35, Femin., 1500m Livres, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs			
10.	Ines Carneiro, PINTO <i>FIL</i>	F	123922	01	Aquatico Pacense	21:32.27	370	27,00				
	100m:	1:19.25	1:19.25	500m:	7:01.95	1:25.34	900m:	12:47.29	1:26.87	1300m:	18:39.33	1:28.44
	200m:	2:44.93	1:25.68	600m:	8:28.33	1:26.38	1000m:	14:15.15	1:27.86	1400m:	20:07.96	1:28.63
	300m:	4:10.68	1:25.75	700m:	9:53.69	1:25.36	1100m:	15:42.63	1:27.48	1500m:	21:32.27	1:24.31
	400m:	5:36.61	1:25.93	800m:	11:20.42	1:26.73	1200m:	17:10.89	1:28.26			

Juniores

1.	Leila Tavar�a, LEMOS	F	127860	00	Vilacondense	18:39.42	570	33,00				
	100m:	1:11.91	1:11.91	500m:	6:11.01	1:14.87	900m:	11:11.90	1:15.19	1300m:	16:11.94	1:14.59
	200m:	2:26.43	1:14.52	600m:	7:25.90	1:14.89	1000m:	12:27.01	1:15.11	1400m:	17:26.54	1:14.60
	300m:	3:41.52	1:15.09	700m:	8:41.37	1:15.47	1100m:	13:41.97	1:14.96	1500m:	18:39.42	1:12.88
	400m:	4:56.14	1:14.62	800m:	9:56.71	1:15.34	1200m:	14:57.35	1:15.38			
2.	Sara Lopes, BARBOSA	F	118181	00	Aquatico Pacense	18:52.35	551	32,00				
	100m:	1:13.13	1:13.13	500m:	6:17.53	1:15.93	900m:	11:19.55	1:15.21	1300m:	16:22.93	1:15.65
	200m:	2:29.29	1:16.16	600m:	7:32.95	1:15.42	1000m:	12:35.49	1:15.94	1400m:	17:38.39	1:15.46
	300m:	3:45.31	1:16.02	700m:	8:48.70	1:15.75	1100m:	13:51.56	1:16.07	1500m:	18:52.35	1:13.96
	400m:	5:01.60	1:16.29	800m:	10:04.34	1:15.64	1200m:	15:07.28	1:15.72			
3.	Rafaela Campos, OLIVEIRA	F	111322	00	Vilacondense	19:11.34	524	-				
	100m:	1:13.14	1:13.14	500m:	6:16.99	1:16.01	900m:	11:25.24	1:17.46	1300m:	16:36.79	1:18.07
	200m:	2:28.60	1:15.46	600m:	7:33.87	1:16.88	1000m:	12:42.84	1:17.60	1400m:	17:55.14	1:18.35
	300m:	3:44.87	1:16.27	700m:	8:50.60	1:16.73	1100m:	14:00.78	1:17.94	1500m:	19:11.34	1:16.20
	400m:	5:00.98	1:16.11	800m:	10:07.78	1:17.18	1200m:	15:18.72	1:17.94			
4.	Adriana Marisa, FIGUEIREDO <i>FIL</i>	F	109297	00	Famalici�o	20:30.81	429	-				
	100m:	1:15.82	1:15.82	500m:	6:40.96	1:23.01	900m:	12:14.63	1:23.48	1300m:	17:47.18	1:22.86
	200m:	2:36.45	1:20.63	600m:	8:04.61	1:23.65	1000m:	13:37.98	1:23.35	1400m:	19:02.82	1:15.64
	300m:	3:56.64	1:20.19	700m:	9:27.97	1:23.36	1100m:	15:01.25	1:23.27	1500m:	20:30.81	1:27.99
	400m:	5:17.95	1:21.31	800m:	10:51.15	1:23.18	1200m:	16:24.32	1:23.07			

Seniores

1.	Maria Teresa, AMORIM	F	20104	97	Porto	17:39.25	673	37,00				
	100m:	1:08.50	1:08.50	500m:	5:52.24	1:10.87	900m:	10:34.39	1:10.09	1300m:	15:17.57	1:10.87
	200m:	2:19.72	1:11.22	600m:	7:02.72	1:10.48	1000m:	11:45.47	1:11.08	1400m:	16:29.30	1:11.73
	300m:	3:30.36	1:10.64	700m:	8:13.66	1:10.94	1100m:	12:56.21	1:10.74	1500m:	17:39.25	1:09.95
	400m:	4:41.37	1:11.01	800m:	9:24.30	1:10.64	1200m:	14:06.70	1:10.49			
2.	Maria Joao, FERNANDES	F	102092	97	Vilacondense	18:12.60	613	35,00				
	100m:	1:09.30	1:09.30	500m:	6:01.13	1:12.92	900m:	10:54.33	1:14.20	1300m:	15:48.88	1:13.47
	200m:	2:21.74	1:12.44	600m:	7:13.34	1:12.21	1000m:	12:08.02	1:13.69	1400m:	17:01.82	1:12.94
	300m:	3:35.20	1:13.46	700m:	8:26.33	1:12.99	1100m:	13:21.91	1:13.89	1500m:	18:12.60	1:10.78
	400m:	4:48.21	1:13.01	800m:	9:40.13	1:13.80	1200m:	14:35.41	1:13.50			
3.	Ana Silva, COSTA	F	104446	98	Famalici�o	18:12.91	612	34,00				
	100m:	1:09.40	1:09.40	500m:	6:02.18	1:13.34	900m:	10:57.95	1:13.84	1300m:	15:49.48	1:13.20
	200m:	2:22.44	1:13.04	600m:	7:14.90	1:12.72	1000m:	12:10.71	1:12.76	1400m:	17:02.65	1:13.17
	300m:	3:35.70	1:13.26	700m:	8:29.05	1:14.15	1100m:	13:23.45	1:12.74	1500m:	18:12.91	1:10.26
	400m:	4:48.84	1:13.14	800m:	9:44.11	1:15.06	1200m:	14:36.28	1:12.83			
4.	Catarina Alexandra, JARDIM	F	104449	98	Famalici�o	19:31.72	497	30,00				
	100m:	1:11.97	1:11.97	500m:	6:21.72	1:18.25	900m:	11:36.26	1:18.51	1300m:	16:55.57	1:20.65
	200m:	2:28.99	1:17.02	600m:	7:40.23	1:18.51	1000m:	12:55.42	1:19.16	1400m:	18:14.21	1:18.64
	300m:	3:46.09	1:17.10	700m:	8:58.48	1:18.25	1100m:	14:14.78	1:19.36	1500m:	19:31.72	1:17.51
	400m:	5:03.47	1:17.38	800m:	10:17.75	1:19.27	1200m:	15:34.92	1:20.14			

Juvenis B

1.	Ana Margarida, LEITE	F	123141	02	Assoc. Desportiva de Fafe	20:08.14	453	29,00				
	100m:	1:17.17	1:17.17	500m:	6:36.59	1:20.32	900m:	12:00.48	1:21.13	1300m:	17:28.45	1:22.13
	200m:	2:36.91	1:19.74	600m:	7:57.29	1:20.70	1000m:	13:22.28	1:21.80	1400m:	18:50.73	1:22.28
	300m:	3:56.62	1:19.71	700m:	9:18.32	1:21.03	1100m:	14:44.36	1:22.08	1500m:	20:08.14	1:17.41
	400m:	5:16.27	1:19.65	800m:	10:39.35	1:21.03	1200m:	16:06.32	1:21.96			

Juvenis A

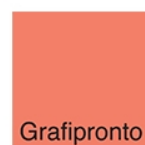
O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.43111

Registered to Associa o de Nata o do Norte de Portugal

03/07/2016 17:48 - P gina 2



Prova 35, Femin., 1500m Livres, Juvenis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs			
1.	Ines Carneiro, PINTO <i>FIL</i>	F	123922	01	Aquatico Pacense	21:32.27	370	27,00				
	100m:	1:19.25	1:19.25	500m:	7:01.95	1:25.34	900m:	12:47.29	1:26.87	1300m:	18:39.33	1:28.44
	200m:	2:44.93	1:25.68	600m:	8:28.33	1:26.38	1000m:	14:15.15	1:27.86	1400m:	20:07.96	1:28.63
	300m:	4:10.68	1:25.75	700m:	9:53.69	1:25.36	1100m:	15:42.63	1:27.48	1500m:	21:32.27	1:24.31
	400m:	5:36.61	1:25.93	800m:	11:20.42	1:26.73	1200m:	17:10.89	1:28.26			