

Prova 4 02/07/2016 - 10:45	Femin., 800m Livres TURBO				Absolutos Resultados
RN Absoluto	8:36.21	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28/05/2016
RN Juv B	9:07.70	Alexandra Maria, SILVA	POR	Split (CRO)	10/09/1981
RN Juv A	8:50.68	Tamila Hryhorivna, HOLUB	SCB	Oeiras	27/07/2014
RN 16	8:45.53	Tamila Hryhorivna, HOLUB	POR	Coimbra	30/05/2015
RN 17	8:36.21	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28/05/2016
RN Sen	8:43.58	Diana Margarida, DURAES	FCP	Oeiras	13/03/2016
Recorde Regional 50m Absoluto	8:43.58	Diana Margarida, DURAES	FCP	Oeiras	13/03/2016
Recorde Regional 50m Juv B	9:07.70	Alexandra Maria, SILVA	FCP	Split (CRO)	10/09/1981
Recorde Regional 50m Juv A	9:03.51	Alexandra Maria, SILVA	FCP	Innsbruck (AUT)	29/08/1982
Recorde Regional 50m 16	9:00.58	Alexandra Maria, SILVA	FCP	Olivais	17/04/1983
Recorde Regional 50m 17	8:54.86	Angelica Maria, ANDRE	LSC	Porto	04/06/2011
Recorde Regional 50m Sen	8:43.58	Diana Margarida, DUARES	FCP	Oeiras	13/03/2016

Femininos Seniores Sen: 10:30.64 / Femininos Juniores Jun: 10:43.77 / Femininos Juvenil B Juv B: 11:36.33 /
Femininos Juvenil A Juv A: 11:10.05

Pontos: FINA 2015

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs
Absolutos									
1.	Maria Teresa, AMORIM	F	20104	97	Porto	9:17.99	681	37,00	
	100m: 1:05.44	300m: 3:25.29	1:10.23	500m: 5:45.84	1:10.64	700m: 8:07.95	1:11.07		
	200m: 2:15.06	400m: 4:35.20	1:09.91	600m: 6:56.88	1:11.04	800m: 9:17.99	1:10.04		
2.	Ana Rita, FARIA	F	117417	00	Porto	9:21.87	667	35,00	
	100m: 1:05.56	300m: 3:26.53	1:10.76	500m: 5:49.11	1:11.66	700m: 8:12.24	1:11.50		
	200m: 2:15.77	400m: 4:37.45	1:10.92	600m: 7:00.74	1:11.63	800m: 9:21.87	1:09.63		
3.	Ana Beatriz, MARTINS	F	108375	99	Famalic�o	9:31.50	634	34,00	
	100m: 1:07.44	300m: 3:29.86	1:11.34	500m: 5:55.04	1:12.98	700m: 8:20.13	1:12.54		
	200m: 2:18.52	400m: 4:42.06	1:12.20	600m: 7:07.59	1:12.55	800m: 9:31.50	1:11.37		
4.	Maria Joao, FERNANDES	F	102092	97	Vilacondense	9:34.05	625	33,00	
	100m: 1:07.95	300m: 3:32.11	1:12.26	500m: 5:56.24	1:11.80	700m: 8:22.22	1:13.06		
	200m: 2:19.85	400m: 4:44.44	1:12.33	600m: 7:09.16	1:12.92	800m: 9:34.05	1:11.83		
5.	Ana Silva, COSTA	F	104446	98	Famalic�o	9:34.37	624	32,00	
	100m: 1:08.08	300m: 3:30.95	1:11.48	500m: 5:56.53	1:13.36	700m: 8:22.91	1:13.16		
	200m: 2:19.47	400m: 4:43.17	1:12.22	600m: 7:09.75	1:13.22	800m: 9:34.37	1:11.46		
6.	Maria Carolina, COSTA	F	119080	01	Porto	9:35.46	621	-	
	100m: 1:07.49	300m: 3:31.54	1:11.74	500m: 5:56.33	1:12.71	700m: 8:22.59	1:13.08		
	200m: 2:19.80	400m: 4:43.62	1:12.08	600m: 7:09.51	1:13.18	800m: 9:35.46	1:12.87		
7.	Ana Rita, RAMOS	F	126775	02	Porto	9:36.44	617	-	
	100m: 1:08.53	300m: 3:31.42	1:11.70	500m: 5:57.26	1:13.30	700m: 8:24.65	1:13.67		
	200m: 2:19.72	400m: 4:43.96	1:12.54	600m: 7:10.98	1:13.72	800m: 9:36.44	1:11.79		
8.	Ines Neto, ROCHA	F	111313	01	Aquatico Pacense	9:38.66	610	29,00	
	100m: 1:08.55	300m: 3:35.56	1:13.36	500m: 6:02.13	1:13.12	700m: 8:28.15	1:12.91		
	200m: 2:22.20	400m: 4:49.01	1:13.45	600m: 7:15.24	1:13.11	800m: 9:38.66	1:10.51		
9.	Iris Cunha, SANTOS	F	117418	00	Porto	9:40.04	606	-	
	100m: 1:10.53	300m: 3:36.14	1:12.58	500m: 6:02.10	1:12.54	700m: 8:28.65	1:13.20		
	200m: 2:23.56	400m: 4:49.56	1:13.42	600m: 7:15.45	1:13.35	800m: 9:40.04	1:11.39		
10.	Rafaela Araujo, SILVA	F	119630	00	Famalic�o	9:42.56	598	-	
	100m: 1:07.61	300m: 3:33.17	1:13.05	500m: 6:00.43	1:13.69	700m: 8:29.37	1:14.72		
	200m: 2:20.12	400m: 4:46.74	1:13.57	600m: 7:14.65	1:14.22	800m: 9:42.56	1:13.19		
11.	Ines Alves, MARTINS	F	112126	01	Fluvial Portuense	9:43.04	597	26,00	
	100m: 1:08.73	300m: 3:34.33	1:12.77	500m: 6:01.08	1:13.43	700m: 8:29.23	1:13.99		
	200m: 2:21.56	400m: 4:47.65	1:13.32	600m: 7:15.24	1:14.16	800m: 9:43.04	1:13.81		
12.	Ines Silva, OLIVEIRA	F	116890	00	Individual ANNP	9:52.49	569	25,00	
	100m: 1:09.13	300m: 3:36.28	1:13.74	500m: 6:08.65	1:16.55	700m: 8:40.17	1:15.50		
	200m: 2:22.54	400m: 4:52.10	1:15.82	600m: 7:24.67	1:16.02	800m: 9:52.49	1:12.32		
13.	Leila Tavarria, LEMOS	F	127860	00	Vilacondense	9:52.91	567	24,00	
	100m: 1:10.35	300m: 3:38.98	1:14.80	500m: 6:09.14	1:15.10	700m: 8:39.96	1:15.37		
	200m: 2:24.18	400m: 4:54.04	1:15.06	600m: 7:24.59	1:15.45	800m: 9:52.91	1:12.95		
14.	Catarina Alexandra, JARDIM	F	104449	98	Famalic�o	9:56.05	558	-	
	100m: 1:11.02	300m: 3:39.18	1:13.99	500m: 6:09.57	1:15.80	700m: 8:41.60	1:16.12		
	200m: 2:25.19	400m: 4:53.77	1:14.59	600m: 7:25.48	1:15.91	800m: 9:56.05	1:14.45		
15.	Sara Lopes, BARBOSA	F	118181	00	Aquatico Pacense	9:57.71	554	22,00	
	100m: 1:09.26	300m: 3:37.64	1:14.87	500m: 6:09.49	1:16.22	700m: 8:43.10	1:16.77		
	200m: 2:22.77	400m: 4:53.27	1:15.63	600m: 7:26.33	1:16.84	800m: 9:57.71	1:14.61		

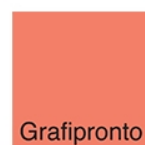
O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.43111

Registered to Associa o de Nata o do Norte de Portugal

03/07/2016 17:48 - P gina 1



Prova 4, Femin., 800m Livres, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs
16.	Beatriz Pereira, VASCONCELOS	F	107934	98	Vilacondense	9:58.15	553	-	
	100m: 1:10.31 1:10.31				300m: 3:39.50 1:14.74 500m: 6:09.86 1:15.52		700m: 8:42.61 1:16.35		
	200m: 2:24.76 1:14.45				400m: 4:54.34 1:14.84 600m: 7:26.26 1:16.40		800m: 9:58.15 1:15.54		
17.	Ana Sofia, RAMOS	F	108171	00	Fluvial Portuense	9:59.99	548	20,00	
	100m: 1:11.59 1:11.59				300m: 3:41.32 1:15.31 500m: 6:12.20 1:15.66		700m: 8:44.15 1:16.38		
	200m: 2:26.01 1:14.42				400m: 4:56.54 1:15.22 600m: 7:27.77 1:15.57		800m: 9:59.99 1:15.84		
18.	Rafaela Campos, OLIVEIRA	F	111322	00	Vilacondense	10:01.94	542	-	
	100m: 1:11.32 1:11.32				300m: 3:41.50 1:14.99 500m: 6:12.72 1:15.87		700m: 8:47.16 1:17.53		
	200m: 2:26.51 1:15.19				400m: 4:56.85 1:15.35 600m: 7:29.63 1:16.91		800m: 10:01.94 1:14.78		
19.	Nina Pinto, RIBEIRO	F	116914	02	Foca	10:04.73	535	18,00	
	100m: 1:10.68 1:10.68				300m: 3:43.13 1:16.20 500m: 6:16.86 1:16.96		700m: 8:50.65 1:16.57		
	200m: 2:26.93 1:16.25				400m: 4:59.90 1:16.77 600m: 7:34.08 1:17.22		800m: 10:04.73 1:14.08		
20.	Lara Beatriz, MATOS	F	111049	01	Famalicao	10:08.27	525	-	
	100m: 1:11.38 1:11.38				300m: 3:41.49 1:15.66 500m: 6:16.46 1:17.57		700m: 8:52.36 1:17.54		
	200m: 2:25.83 1:14.45				400m: 4:58.89 1:17.40 600m: 7:34.82 1:18.36		800m: 10:08.27 1:15.91		
21.	Alexandra Martins, CAMPOS	F	127155	02	Leixoes Sport Club	10:11.77	516	16,00	
	100m: 1:10.68 1:10.68				300m: 3:46.13 1:18.21 500m: 6:22.58 1:17.57		700m: 8:57.55 1:17.35		
	200m: 2:27.92 1:17.24				400m: 5:05.01 1:18.88 600m: 7:40.20 1:17.62		800m: 10:11.77 1:14.22		
22.	Mariana Filipa, MOREIRA	F	125777	02	Natacao de Valongo	10:15.50	507	15,00	
	100m: 1:10.82 1:10.82				300m: 3:45.29 1:17.62 500m: 6:21.55 1:18.35		700m: 8:58.88 1:18.80		
	200m: 2:27.67 1:16.85				400m: 5:03.20 1:17.91 600m: 7:40.08 1:18.53		800m: 10:15.50 1:16.62		
23.	Beatriz Neves, CARDOSO	F	105741	98	Colegio SMLamas	10:17.89	501	14,00	
	100m: 1:10.28 1:10.28				300m: 3:43.38 1:17.26 500m: 6:20.27 1:18.89		700m: 8:59.19 1:19.89		
	200m: 2:26.12 1:15.84				400m: 5:01.38 1:18.00 600m: 7:39.30 1:19.03		800m: 10:17.89 1:18.70		
24.	Ana Margarida, LEITE	F	123141	02	Assoc. Desportiva de Fafe	10:24.30	486	13,00	
	100m: 1:12.53 1:12.53				300m: 3:46.00 1:18.45 500m: 6:25.46 1:20.14		700m: 9:06.24 1:20.12		
	200m: 2:27.55 1:15.02				400m: 5:05.32 1:19.32 600m: 7:46.12 1:20.66		800m: 10:24.30 1:18.06		
25.	Joana Daniela, JACINTO	F	111230	01	Individual ANNP	10:24.69	485	12,00	
	100m: 1:12.02 1:12.02				300m: 3:50.41 1:19.88 500m: 6:29.43 1:19.85		700m: 9:08.79 1:19.37		
	200m: 2:30.53 1:18.51				400m: 5:09.58 1:19.17 600m: 7:49.42 1:19.99		800m: 10:24.69 1:15.90		
26.	Ana Ines, FERNANDES	F	119258	00	Vit�ria de Guimaraes/Olcargo	10:27.97	477	11,00	
	100m: 1:12.60 1:12.60				300m: 3:53.41 1:20.70 500m: 6:35.48 1:20.94		700m: 9:12.63 1:18.87		
	200m: 2:32.71 1:20.11				400m: 5:14.54 1:21.13 600m: 7:53.76 1:18.28		800m: 10:27.97 1:15.34		
27.	Carolina Isabel, MACHADO	F	111445	00	Vit�ria de Guimaraes/Olcargo	10:29.90	473	10,00	
	100m: 1:13.98 1:13.98				300m: 3:51.57 1:18.94 500m: 6:29.91 1:19.04		700m: 9:11.11 1:20.72		
	200m: 2:32.63 1:18.65				400m: 5:10.87 1:19.30 600m: 7:50.39 1:20.48		800m: 10:29.90 1:18.79		
28.	Beatriz Daniela, MACEDO	F	124313	02	Vit�ria de Guimaraes/Olcargo	10:35.33	461	-	
	100m: 1:15.89 1:15.89				300m: 3:56.75 1:21.85 500m: 6:38.00 1:18.99		700m: 9:18.24 1:21.36		
	200m: 2:34.90 1:19.01				400m: 5:19.01 1:22.26 600m: 7:56.88 1:18.88		800m: 10:35.33 1:17.09		
29.	Beatriz Rodrigues, OLIVEIRA	F	122175	01	Assoc. Desportiva de Fafe	10:40.30	450	8,00	
	100m: 1:14.67 1:14.67				300m: 3:56.86 1:21.60 500m: 6:38.39 1:20.05		700m: 9:20.21 1:21.02		
	200m: 2:35.26 1:20.59				400m: 5:18.34 1:21.48 600m: 7:59.19 1:20.80		800m: 10:40.30 1:20.09		
30.	Daniela Filipa, ROCHA	F	128609	02	Aquatico Pacense	10:43.88	443	-	
	100m: 1:14.37 1:14.37				300m: 3:57.78 1:21.69 500m: 6:42.25 1:21.66		700m: 9:26.22 1:21.82		
	200m: 2:36.09 1:21.72				400m: 5:20.59 1:22.81 600m: 8:04.40 1:22.15		800m: 10:43.88 1:17.66		
31.	Ana Sofia, AGUIAR	F	120624	02	Vilacondense	11:03.49	405	-	
	100m: 1:16.43 1:16.43				300m: 4:01.86 1:24.03 500m: 6:47.37 1:21.09		700m: 9:37.69 1:27.03		
	200m: 2:37.83 1:21.40				400m: 5:26.28 1:24.42 600m: 8:10.66 1:23.29		800m: 11:03.49 1:25.80		
32.	Beatriz Sousa, FONTES	F	126659	01	Colegio SMLamas	11:05.85	400	5,00	
	100m: 1:16.45 1:16.45				300m: 4:03.42 1:25.09 500m: 6:54.56 1:24.87		700m: 9:44.89 1:24.68		
	200m: 2:38.33 1:21.88				400m: 5:29.69 1:26.27 600m: 8:20.21 1:25.65		800m: 11:05.85 1:20.96		
33.	Ines Neiva, NOVA	F	125002	02	Clube Naval Povoense	11:15.75	383	4,00	
	100m: 1:15.42 1:15.42				300m: 4:07.37 1:26.34 500m: 7:00.18 1:26.32		700m: 9:52.26 1:25.61		
	200m: 2:41.03 1:25.61				400m: 5:33.86 1:26.49 600m: 8:26.65 1:26.47		800m: 11:15.75 1:23.49		
34.	Sofia Xavier, GOMES	F	122007	02	Vilacondense	11:16.79	381	-	
	100m: 1:16.53 1:16.53				300m: 4:07.40 1:25.78 500m: 7:01.04 1:26.96		700m: 9:54.26 1:26.58		
	200m: 2:41.62 1:25.09				400m: 5:34.08 1:26.68 600m: 8:27.68 1:26.64		800m: 11:16.79 1:22.53		
35.	Catarina Isabel, ALMEIDA F.L	F	127104	02	Vit�ria de Guimaraes/Olcargo	11:36.34	350	-	
	100m: 1:19.62 1:19.62				300m: 4:15.75 1:28.67 500m: 7:12.45 1:27.67		700m: 10:11.00 1:29.06		
	200m: 2:47.08 1:27.46				400m: 5:44.78 1:29.03 600m: 8:41.94 1:29.49		800m: 11:36.34 1:25.34		
DNS	Ana Catarina, MAGALHAES	F	119092	02	Lousada SXXI			-	
WDR	Maria Joao, SILVA	F	111045	01	Famalicao			-	



Prova 4, Femin., 800m Livres

Absolutos

1.	Maria Teresa, AMORIM	F	20104	97	Porto					9:17.99	681	37,00
	100m: 1:05.44		300m: 3:25.29		1:10.23	500m: 5:45.84	1:10.64	700m: 8:07.95		1:11.07		
	200m: 2:15.06	1:09.62	400m: 4:35.20		1:09.91	600m: 6:56.88	1:11.04	800m: 9:17.99		1:10.04		
2.	Ana Rita, FARIA	F	117417	00	Porto					9:21.87	667	35,00
	100m: 1:05.56	1:05.56	300m: 3:26.53		1:10.76	500m: 5:49.11	1:11.66	700m: 8:12.24		1:11.50		
	200m: 2:15.77	1:10.21	400m: 4:37.45		1:10.92	600m: 7:00.74	1:11.63	800m: 9:21.87		1:09.63		
3.	Ana Beatriz, MARTINS	F	108375	99	Famalicao					9:31.50	634	34,00
	100m: 1:07.44	1:07.44	300m: 3:29.86		1:11.34	500m: 5:55.04	1:12.98	700m: 8:20.13		1:12.54		
	200m: 2:18.52	1:11.08	400m: 4:42.06		1:12.20	600m: 7:07.59	1:12.55	800m: 9:31.50		1:11.37		
4.	Maria Joao, FERNANDES	F	102092	97	Vilacondense					9:34.05	625	33,00
	100m: 1:07.95	1:07.95	300m: 3:32.11		1:12.26	500m: 5:56.24	1:11.80	700m: 8:22.22		1:13.06		
	200m: 2:19.85	1:11.90	400m: 4:44.44		1:12.33	600m: 7:09.16	1:12.92	800m: 9:34.05		1:11.83		
5.	Ana Silva, COSTA	F	104446	98	Famalicao					9:34.37	624	32,00
	100m: 1:08.08	1:08.08	300m: 3:30.95		1:11.48	500m: 5:56.53	1:13.36	700m: 8:22.91		1:13.16		
	200m: 2:19.47	1:11.39	400m: 4:43.17		1:12.22	600m: 7:09.75	1:13.22	800m: 9:34.37		1:11.46		
6.	Iris Cunha, SANTOS	F	117418	00	Porto					9:40.04	606	-
	100m: 1:10.53	1:10.53	300m: 3:36.14		1:12.58	500m: 6:02.10	1:12.54	700m: 8:28.65		1:13.20		
	200m: 2:23.56	1:13.03	400m: 4:49.56		1:13.42	600m: 7:15.45	1:13.35	800m: 9:40.04		1:11.39		
7.	Rafaela Araujo, SILVA	F	119630	00	Famalicao					9:42.56	598	-
	100m: 1:07.61	1:07.61	300m: 3:33.17		1:13.05	500m: 6:00.43	1:13.69	700m: 8:29.37		1:14.72		
	200m: 2:20.12	1:12.51	400m: 4:46.74		1:13.57	600m: 7:14.65	1:14.22	800m: 9:42.56		1:13.19		
8.	Ines Silva, OLIVEIRA	F	116890	00	Individual ANNP					9:52.49	569	25,00
	100m: 1:09.13	1:09.13	300m: 3:36.28		1:13.74	500m: 6:08.65	1:16.55	700m: 8:40.17		1:15.50		
	200m: 2:22.54	1:13.41	400m: 4:52.10		1:15.82	600m: 7:24.67	1:16.02	800m: 9:52.49		1:12.32		
9.	Leila Tavarria, LEMOS	F	127860	00	Vilacondense					9:52.91	567	24,00
	100m: 1:10.35	1:10.35	300m: 3:38.98		1:14.80	500m: 6:09.14	1:15.10	700m: 8:39.96		1:15.37		
	200m: 2:24.18	1:13.83	400m: 4:54.04		1:15.06	600m: 7:24.59	1:15.45	800m: 9:52.91		1:12.95		
10.	Catarina Alexandra, JARDIM	F	104449	98	Famalicao					9:56.05	558	-
	100m: 1:11.02	1:11.02	300m: 3:39.18		1:13.99	500m: 6:09.57	1:15.80	700m: 8:41.60		1:16.12		
	200m: 2:25.19	1:14.17	400m: 4:53.77		1:14.59	600m: 7:25.48	1:15.91	800m: 9:56.05		1:14.45		
11.	Sara Lopes, BARBOSA	F	118181	00	Aquatico Pacense					9:57.71	554	22,00
	100m: 1:09.26	1:09.26	300m: 3:37.64		1:14.87	500m: 6:09.49	1:16.22	700m: 8:43.10		1:16.77		
	200m: 2:22.77	1:13.51	400m: 4:53.27		1:15.63	600m: 7:26.33	1:16.84	800m: 9:57.71		1:14.61		
12.	Beatriz Pereira, VASCONCELOS	F	107934	98	Vilacondense					9:58.15	553	-
	100m: 1:10.31	1:10.31	300m: 3:39.50		1:14.74	500m: 6:09.86	1:15.52	700m: 8:42.61		1:16.35		
	200m: 2:24.76	1:14.45	400m: 4:54.34		1:14.84	600m: 7:26.26	1:16.40	800m: 9:58.15		1:15.54		
13.	Ana Sofia, RAMOS	F	108171	00	Fluvial Portuense					9:59.99	548	20,00
	100m: 1:11.59	1:11.59	300m: 3:41.32		1:15.31	500m: 6:12.20	1:15.66	700m: 8:44.15		1:16.38		
	200m: 2:26.01	1:14.42	400m: 4:56.54		1:15.22	600m: 7:27.77	1:15.57	800m: 9:59.99		1:15.84		
14.	Rafaela Campos, OLIVEIRA	F	111322	00	Vilacondense					10:01.94	542	-
	100m: 1:11.32	1:11.32	300m: 3:41.50		1:14.99	500m: 6:12.72	1:15.87	700m: 8:47.16		1:17.53		
	200m: 2:26.51	1:15.19	400m: 4:56.85		1:15.35	600m: 7:29.63	1:16.91	800m: 10:01.94		1:14.78		
15.	Beatriz Neves, CARDOSO	F	105741	98	Colegio SMLamas					10:17.89	501	14,00
	100m: 1:10.28	1:10.28	300m: 3:43.38		1:17.26	500m: 6:20.27	1:18.89	700m: 8:59.19		1:19.89		
	200m: 2:26.12	1:15.84	400m: 5:01.38		1:18.00	600m: 7:39.30	1:19.03	800m: 10:17.89		1:18.70		
16.	Ana Ines, FERNANDES	F	119258	00	Vitria de Guimaraes/Olcargo					10:27.97	477	11,00
	100m: 1:12.60	1:12.60	300m: 3:53.41		1:20.70	500m: 6:35.48	1:20.94	700m: 9:12.63		1:18.87		
	200m: 2:32.71	1:20.11	400m: 5:14.54		1:21.13	600m: 7:53.76	1:18.28	800m: 10:27.97		1:15.34		
17.	Carolina Isabel, MACHADO	F	111445	00	Vitria de Guimaraes/Olcargo					10:29.90	473	10,00
	100m: 1:13.98	1:13.98	300m: 3:51.57		1:18.94	500m: 6:29.91	1:19.04	700m: 9:11.11		1:20.72		
	200m: 2:32.63	1:18.65	400m: 5:10.87		1:19.30	600m: 7:50.39	1:20.48	800m: 10:29.90		1:18.79		

Seniores

1.	Maria Teresa, AMORIM	F	20104	97	Porto					9:17.99	681	37,00
	100m: 1:05.44	1:05.44	300m: 3:25.29		1:10.23	500m: 5:45.84	1:10.64	700m: 8:07.95		1:11.07		
	200m: 2:15.06	1:09.62	400m: 4:35.20		1:09.91	600m: 6:56.88	1:11.04	800m: 9:17.99		1:10.04		
2.	Maria Joao, FERNANDES	F	102092	97	Vilacondense					9:34.05	625	33,00
	100m: 1:07.95	1:07.95	300m: 3:32.11		1:12.26	500m: 5:56.24	1:11.80	700m: 8:22.22		1:13.06		
	200m: 2:19.85	1:11.90	400m: 4:44.44		1:12.33	600m: 7:09.16	1:12.92	800m: 9:34.05		1:11.83		
3.	Ana Silva, COSTA	F	104446	98	Famalicao					9:34.37	624	32,00
	100m: 1:08.08	1:08.08	300m: 3:30.95		1:11.48	500m: 5:56.53	1:13.36	700m: 8:22.91		1:13.16		
	200m: 2:19.47	1:11.39	400m: 4:43.17		1:12.22	600m: 7:09.75	1:13.22	800m: 9:34.37		1:11.46		
4.	Catarina Alexandra, JARDIM	F	104449	98	Famalicao					9:56.05	558	-
	100m: 1:11.02	1:11.02	300m: 3:39.18		1:13.99	500m: 6:09.57	1:15.80	700m: 8:41.60		1:16.12		
	200m: 2:25.19	1:14.17	400m: 4:53.77		1:14.59	600m: 7:25.48	1:15.91	800m: 9:56.05		1:14.45		

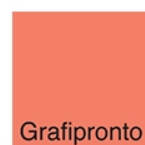
O Secret rio do Juri

O Juiz  rbitro

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Prova 4, Femin., 800m Livres, Seniores

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs	
5.	Beatriz Pereira, VASCONCELOS	F	107934	98	Vilacondense	9:58.15	553	-		
	100m: 1:10.31				300m: 3:39.50	1:14.74	500m: 6:09.86	1:15.52	700m: 8:42.61	1:16.35
	200m: 2:24.76	1:10.31	400m: 4:54.34	1:14.84	600m: 7:26.26	1:16.40	800m: 9:58.15	1:15.54		
6.	Beatriz Neves, CARDOSO	F	105741	98	Colegio SMLamas	10:17.89	501	14,00		
	100m: 1:10.28	1:10.28	300m: 3:43.38	1:17.26	500m: 6:20.27	1:18.89	700m: 8:59.19	1:19.89		
	200m: 2:26.12	1:15.84	400m: 5:01.38	1:18.00	600m: 7:39.30	1:19.03	800m: 10:17.89	1:18.70		

Juniores

1.	Ana Rita, FARIA	F	117417	00	Porto	9:21.87	667	35,00	
	100m: 1:05.56	1:05.56	300m: 3:26.53	1:10.76	500m: 5:49.11	1:11.66	700m: 8:12.24	1:11.50	
	200m: 2:15.77	1:10.21	400m: 4:37.45	1:10.92	600m: 7:00.74	1:11.63	800m: 9:21.87	1:09.63	
2.	Ana Beatriz, MARTINS	F	108375	99	Famalicao	9:31.50	634	34,00	
	100m: 1:07.44	1:07.44	300m: 3:29.86	1:11.34	500m: 5:55.04	1:12.98	700m: 8:20.13	1:12.54	
	200m: 2:18.52	1:11.08	400m: 4:42.06	1:12.20	600m: 7:07.59	1:12.55	800m: 9:31.50	1:11.37	
3.	Iris Cunha, SANTOS	F	117418	00	Porto	9:40.04	606	-	
	100m: 1:10.53	1:10.53	300m: 3:36.14	1:12.58	500m: 6:02.10	1:12.54	700m: 8:28.65	1:13.20	
	200m: 2:23.56	1:13.03	400m: 4:49.56	1:13.42	600m: 7:15.45	1:13.35	800m: 9:40.04	1:11.39	
4.	Rafaela Araujo, SILVA	F	119630	00	Famalicao	9:42.56	598	-	
	100m: 1:07.61	1:07.61	300m: 3:33.17	1:13.05	500m: 6:00.43	1:13.69	700m: 8:29.37	1:14.72	
	200m: 2:20.12	1:12.51	400m: 4:46.74	1:13.57	600m: 7:14.65	1:14.22	800m: 9:42.56	1:13.19	
5.	Ines Silva, OLIVEIRA	F	116890	00	Individual ANNP	9:52.49	569	25,00	
	100m: 1:09.13	1:09.13	300m: 3:36.28	1:13.74	500m: 6:08.65	1:16.55	700m: 8:40.17	1:15.50	
	200m: 2:22.54	1:13.41	400m: 4:52.10	1:15.82	600m: 7:24.67	1:16.02	800m: 9:52.49	1:12.32	
6.	Leila Tavarã, LEMOS	F	127860	00	Vilacondense	9:52.91	567	24,00	
	100m: 1:10.35	1:10.35	300m: 3:38.98	1:14.80	500m: 6:09.14	1:15.10	700m: 8:39.96	1:15.37	
	200m: 2:24.18	1:13.83	400m: 4:54.04	1:15.06	600m: 7:24.59	1:15.45	800m: 9:52.91	1:12.95	
7.	Sara Lopes, BARBOSA	F	118181	00	Aquatico Pacense	9:57.71	554	22,00	
	100m: 1:09.26	1:09.26	300m: 3:37.64	1:14.87	500m: 6:09.49	1:16.22	700m: 8:43.10	1:16.77	
	200m: 2:22.77	1:13.51	400m: 4:53.27	1:15.63	600m: 7:26.33	1:16.84	800m: 9:57.71	1:14.61	
8.	Ana Sofia, RAMOS	F	108171	00	Fluvial Portuense	9:59.99	548	20,00	
	100m: 1:11.59	1:11.59	300m: 3:41.32	1:15.31	500m: 6:12.20	1:15.66	700m: 8:44.15	1:16.38	
	200m: 2:26.01	1:14.42	400m: 4:56.54	1:15.22	600m: 7:27.77	1:15.57	800m: 9:59.99	1:15.84	
9.	Rafaela Campos, OLIVEIRA	F	111322	00	Vilacondense	10:01.94	542	-	
	100m: 1:11.32	1:11.32	300m: 3:41.50	1:14.99	500m: 6:12.72	1:15.87	700m: 8:47.16	1:17.53	
	200m: 2:26.51	1:15.19	400m: 4:56.85	1:15.35	600m: 7:29.63	1:16.91	800m: 10:01.94	1:14.78	
10.	Ana Ines, FERNANDES	F	119258	00	Vitória de Guimaraes/Olicargo	10:27.97	477	11,00	
	100m: 1:12.60	1:12.60	300m: 3:53.41	1:20.70	500m: 6:35.48	1:20.94	700m: 9:12.63	1:18.87	
	200m: 2:32.71	1:20.11	400m: 5:14.54	1:21.13	600m: 7:53.76	1:18.28	800m: 10:27.97	1:15.34	
11.	Carolina Isabel, MACHADO	F	111445	00	Vitória de Guimaraes/Olicargo	10:29.90	473	10,00	
	100m: 1:13.98	1:13.98	300m: 3:51.57	1:18.94	500m: 6:29.91	1:19.04	700m: 9:11.11	1:20.72	
	200m: 2:32.63	1:18.65	400m: 5:10.87	1:19.30	600m: 7:50.39	1:20.48	800m: 10:29.90	1:18.79	

Juvenis B

1.	Ana Rita, RAMOS	F	126775	02	Porto	9:36.44	617	-	
	100m: 1:08.53	1:08.53	300m: 3:31.42	1:11.70	500m: 5:57.26	1:13.30	700m: 8:24.65	1:13.67	
	200m: 2:19.72	1:11.19	400m: 4:43.96	1:12.54	600m: 7:10.98	1:13.72	800m: 9:36.44	1:11.79	
2.	Nina Pinto, RIBEIRO	F	116914	02	Foca	10:04.73	535	18,00	
	100m: 1:10.68	1:10.68	300m: 3:43.13	1:16.20	500m: 6:16.86	1:16.96	700m: 8:50.65	1:16.57	
	200m: 2:26.93	1:16.25	400m: 4:59.90	1:16.77	600m: 7:34.08	1:17.22	800m: 10:04.73	1:14.08	
3.	Alexandra Martins, CAMPOS	F	127155	02	Leixoes Sport Club	10:11.77	516	16,00	
	100m: 1:10.68	1:10.68	300m: 3:46.13	1:18.21	500m: 6:22.58	1:17.57	700m: 8:57.55	1:17.35	
	200m: 2:27.92	1:17.24	400m: 5:05.01	1:18.88	600m: 7:40.20	1:17.62	800m: 10:11.77	1:14.22	
4.	Mariana Filipa, MOREIRA	F	125777	02	Natacao de Valongo	10:15.50	507	15,00	
	100m: 1:10.82	1:10.82	300m: 3:45.29	1:17.62	500m: 6:21.55	1:18.35	700m: 8:58.88	1:18.80	
	200m: 2:27.67	1:16.85	400m: 5:03.20	1:17.91	600m: 7:40.08	1:18.53	800m: 10:15.50	1:16.62	
5.	Ana Margarida, LEITE	F	123141	02	Assoc. Desportiva de Fafe	10:24.30	486	13,00	
	100m: 1:12.53	1:12.53	300m: 3:46.00	1:18.45	500m: 6:25.46	1:20.14	700m: 9:06.24	1:20.12	
	200m: 2:27.55	1:15.02	400m: 5:05.32	1:19.32	600m: 7:46.12	1:20.66	800m: 10:24.30	1:18.06	
6.	Beatriz Daniela, MACEDO	F	124313	02	Vitória de Guimaraes/Olicargo	10:35.33	461	-	
	100m: 1:15.89	1:15.89	300m: 3:56.75	1:21.85	500m: 6:38.00	1:18.99	700m: 9:18.24	1:21.36	
	200m: 2:34.90	1:19.01	400m: 5:19.01	1:22.26	600m: 7:56.88	1:18.88	800m: 10:35.33	1:17.09	
7.	Daniela Filipa, ROCHA	F	128609	02	Aquatico Pacense	10:43.88	443	-	
	100m: 1:14.37	1:14.37	300m: 3:57.78	1:21.69	500m: 6:42.25	1:21.66	700m: 9:26.22	1:21.82	
	200m: 2:36.09	1:21.72	400m: 5:20.59	1:22.81	600m: 8:04.40	1:22.15	800m: 10:43.88	1:17.66	

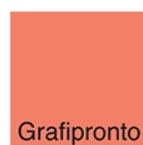
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Prova 4, Femin., 800m Livres, Juvenis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	Obs
8.	Ana Sofia, AGUIAR	F	120624	02	Vilacondense	11:03.49	405	-	
	100m: 1:16.43	1:16.43	300m: 4:01.86	1:24.03	500m: 6:47.37	1:21.09	700m: 9:37.69	1:27.03	
	200m: 2:37.83	1:21.40	400m: 5:26.28	1:24.42	600m: 8:10.66	1:23.29	800m: 11:03.49	1:25.80	
9.	Ines Neiva, NOVA	F	125002	02	Clube Naval Povoense	11:15.75	383	4,00	
	100m: 1:15.42	1:15.42	300m: 4:07.37	1:26.34	500m: 7:00.18	1:26.32	700m: 9:52.26	1:25.61	
	200m: 2:41.03	1:25.61	400m: 5:33.86	1:26.49	600m: 8:26.65	1:26.47	800m: 11:15.75	1:23.49	
10.	Sofia Xavier, GOMES	F	122007	02	Vilacondense	11:16.79	381	-	
	100m: 1:16.53	1:16.53	300m: 4:07.40	1:25.78	500m: 7:01.04	1:26.96	700m: 9:54.26	1:26.58	
	200m: 2:41.62	1:25.09	400m: 5:34.08	1:26.68	600m: 8:27.68	1:26.64	800m: 11:16.79	1:22.53	
11.	Catarina Isabel, ALMEIDA FL	F	127104	02	Vit�ria de Guimaraes/Olicargo	11:36.34	350	-	
	100m: 1:19.62	1:19.62	300m: 4:15.75	1:28.67	500m: 7:12.45	1:27.67	700m: 10:11.00	1:29.06	
	200m: 2:47.08	1:27.46	400m: 5:44.78	1:29.03	600m: 8:41.94	1:29.49	800m: 11:36.34	1:25.34	
DNS	Ana Catarina, MAGALHAES	F	119092	02	Lousada SXXI			-	

Juvenis A

1.	Maria Carolina, COSTA	F	119080	01	Porto	9:35.46	621	-	
	100m: 1:07.49	1:07.49	300m: 3:31.54	1:11.74	500m: 5:56.33	1:12.71	700m: 8:22.59	1:13.08	
	200m: 2:19.80	1:12.31	400m: 4:43.62	1:12.08	600m: 7:09.51	1:13.18	800m: 9:35.46	1:12.87	
2.	Ines Neto, ROCHA	F	111313	01	Aquatico Pacense	9:38.66	610	29,00	
	100m: 1:08.55	1:08.55	300m: 3:35.56	1:13.36	500m: 6:02.13	1:13.12	700m: 8:28.15	1:12.91	
	200m: 2:22.20	1:13.65	400m: 4:49.01	1:13.45	600m: 7:15.24	1:13.11	800m: 9:38.66	1:10.51	
3.	Ines Alves, MARTINS	F	112126	01	Fluvial Portuense	9:43.04	597	26,00	
	100m: 1:08.73	1:08.73	300m: 3:34.33	1:12.77	500m: 6:01.08	1:13.43	700m: 8:29.23	1:13.99	
	200m: 2:21.56	1:12.83	400m: 4:47.65	1:13.32	600m: 7:15.24	1:14.16	800m: 9:43.04	1:13.81	
4.	Lara Beatriz, MATOS	F	111049	01	Famalic�o	10:08.27	525	-	
	100m: 1:11.38	1:11.38	300m: 3:41.49	1:15.66	500m: 6:16.46	1:17.57	700m: 8:52.36	1:17.54	
	200m: 2:25.83	1:14.45	400m: 4:58.89	1:17.40	600m: 7:34.82	1:18.36	800m: 10:08.27	1:15.91	
5.	Joana Daniela, JACINTO	F	111230	01	Individual ANNP	10:24.69	485	12,00	
	100m: 1:12.02	1:12.02	300m: 3:50.41	1:19.88	500m: 6:29.43	1:19.85	700m: 9:08.79	1:19.37	
	200m: 2:30.53	1:18.51	400m: 5:09.58	1:19.17	600m: 7:49.42	1:19.99	800m: 10:24.69	1:15.90	
6.	Beatriz Rodrigues, OLIVEIRA	F	122175	01	Assoc. Desportiva de Fafe	10:40.30	450	8,00	
	100m: 1:14.67	1:14.67	300m: 3:56.86	1:21.60	500m: 6:38.39	1:20.05	700m: 9:20.21	1:21.02	
	200m: 2:35.26	1:20.59	400m: 5:18.34	1:21.48	600m: 7:59.19	1:20.80	800m: 10:40.30	1:20.09	
7.	Beatriz Sousa, FONTES	F	126659	01	Colegio SMLamas	11:05.85	400	5,00	
	100m: 1:16.45	1:16.45	300m: 4:03.42	1:25.09	500m: 6:54.56	1:24.87	700m: 9:44.89	1:24.68	
	200m: 2:38.33	1:21.88	400m: 5:29.69	1:26.27	600m: 8:20.21	1:25.65	800m: 11:05.85	1:20.96	
WDR	Maria Joao, SILVA	F	111045	01	Famalic�o			-	