

Prova 31
03/07/2016 - 10:10

Femin., 400m Livres
Grafiporto

Absolutos
Startlist

RN Absoluto	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12/03/2016
RN Juv B	4:26.20	Maria Francisca, CABRAL	FCP	Oeiras	26/07/2014
RN Juv A	4:20.78	Tamila Hryhorivna, HOLUB	POR	Porto	07/06/2014
RN 16	4:20.37	Marta Andreia, FERREIRA	POR	Berlim (GER)	04/08/2002
RN 17	4:16.90	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28/05/2016
RN Sen	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12/03/2016
Recorde Regional 50m Absoluto	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12/03/2016
Recorde Regional 50m Juv B	4:26.20	Maria Francisca, CABRAL	FCP	Oeiras	26/07/2014
Recorde Regional 50m Juv A	4:26.91	Alexandra Maria, SILVA	FCP	Buenos Aires (ARG)	16/04/1982
Recorde Regional 50m 16	4:23.86	Alexandra Maria, SILVA	FCP	Olivais	16/04/1983
Recorde Regional 50m 17	4:23.18	Marcia Santos, FREITAS	VSC	Famalicao	09/07/2005
Recorde Regional 50m Sen	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12/03/2016

Femininos Seniores Sen: 5:10.91 / Femininos Juniores Jun: 5:17.39 / Femininos Juvenil B Juv B: 5:43.29 /
Femininos Juvenil A Juv A: 5:30.34

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<u>S�rie 1 de 6, 10:10</u>							
2	Jessica Sofia, PINTO	F	127895	Abs	00	Amarantus	5:44.33
3	Joana Rocha, ANJO	F	119757	Abs	01	Vilacondense	5:32.92
4	Carolina Amaral, SOUSA	F	125085	Abs	01	Individual ANNP	5:21.68
5	Ines Cadilhe, ALEXANDRE	F	128400	Abs	02	Clube Naval Povoense	5:31.16
6	Ines Neiva, NOVA	F	125002	Abs	02	Clube Naval Povoense	5:41.09
7	Maria Joao, SILVA	F	111045	Abs	01	Famalicao	NT
<u>S�rie 2 de 6, 10:15</u>							
1	Ana Lopes, SANTOS	F	120698	Abs	02	Vilacondense	5:14.78
2	Adriana Marisa, FIGUEIREDO	F	109297	Abs	00	Famalicao	5:10.57
3	Sofia Gales, PINTO	F	129409	Abs	01	Colegio SMLamas	5:08.45
4	Maria Carolina, RODRIGUES	F	121473	Abs	01	Vit�ria de Guimaraes/Olicargo	5:06.65
5	Ana Margarida, TEIXEIRA	F	111504	Abs	02	Foca	5:07.17
6	Joana Sofia, MACHADO	F	127918	Abs	02	Natacao de Valongo	5:08.53
7	Ana Sofia, AGUIAR	F	120624	Abs	02	Vilacondense	5:12.88
8	Sofia Xavier, GOMES	F	122007	Abs	02	Vilacondense	5:21.64
<u>S�rie 3 de 6, 10:25</u>							
1	Beatriz Daniela, MACEDO	F	124313	Abs	02	Vit�ria de Guimaraes/Olicargo	5:05.25
2	Carolina Isabel, MACHADO	F	111445	Abs	00	Vit�ria de Guimaraes/Olicargo	5:02.41
3	Daniela Oliveira, RODRIGUES	F	118056	Abs	02	Natacao de Valongo	5:01.60
4	Rafaela Campos, OLIVEIRA	F	111322	Abs	00	Vilacondense	4:59.40
5	Ana Ines, FERNANDES	F	119258	Abs	00	Vit�ria de Guimaraes/Olicargo	5:00.72
6	Cristiana Sofia, RIBEIRO	F	125475	Abs	00	Famalicao	5:02.01
7	Joana Daniela, JACINTO	F	111230	Abs	01	Individual ANNP	5:04.22
8	Ana Carmo, PINHEIRO	F	124856	Abs	02	Gin�sio Santo Tirso	5:06.15
<u>S�rie 4 de 6, 10:30</u>							
1	Alexandra Martins, CAMPOS	F	127155	Abs	02	Leixoes Sport Club	4:58.68
2	Mariana Filipa, MOREIRA	F	125777	Abs	02	Natacao de Valongo	4:58.16
3	Lara Beatriz, MATOS	F	111049	Abs	01	Famalicao	4:52.91
4	Ines Alves, MARTINS	F	112126	Abs	01	Fluvial Portuense	4:51.18
5	Sara Lopes, BARBOSA	F	118181	Abs	00	Aquatico Pacense	4:52.19
6	Mariana Cardoso, COSTA	F	117322	Abs	01	Individual ANNP	4:55.45
7	Ines Neto, ROCHA	F	111313	Abs	01	Aquatico Pacense	4:58.35
8	Ana Catarina, MAGALHAES	F	119092	Abs	02	Lousada SXXI	4:59.00

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.43111

Registered to Associa o de Nata o do Norte de Portugal

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Prova 31, Femin., 400m Livres

S rie 5 de 6, 10:35

1	Ines Silva, OLIVEIRA	F	116890	Abs	00	Individual ANNP	4:48.33	_____
2	Nina Pinto, RIBEIRO	F	116914	Abs	02	Foca	4:47.63	_____
3	Beatriz Neves, CARDOSO	F	105741	Abs	98	Colegio SMLamas	4:44.77	_____
4	Mariana Fernandes, BARBOSA	F	121985	Abs	02	Porto	4:40.10	_____
5	Iris Cunha, SANTOS	F	117418	Abs	00	Porto	4:43.67	_____
6	Beatriz Pereira, VASCONCELOS	F	107934	Abs	98	Vilacondense	4:47.31	_____
7	Ana Sofia, RAMOS	F	108171	Abs	00	Fluvial Portuense	4:48.17	_____
8	Catarina Alexandra, JARDIM	F	104449	Abs	98	Famali�o	4:48.79	_____

S rie 6 de 6, 10:40

1	Ana Rita, RAMOS	F	126775	Abs	02	Porto	4:39.21	_____
2	Ana Beatriz, MARTINS	F	108375	Abs	99	Famali�o	4:37.60	_____
3	Maria Joao, FERNANDES	F	102092	Abs	97	Vilacondense	4:36.78	_____
4	Maria Teresa, AMORIM	F	20104	Abs	97	Porto	4:24.90	_____
5	Maria Francisca, CABRAL	F	118113	Abs	00	Porto	4:30.83	_____
6	Maria Carolina, COSTA	F	119080	Abs	01	Porto	4:36.89	_____
7	Isabel Porfirio, PEGO	F	121336	Abs	01	Porto	4:37.93	_____
8	Ana Silva, COSTA	F	104446	Abs	98	Famali�o	4:39.50	_____