

Prova 4 02/07/2016 - 10:45	Femin., 800m Livres TURBO				Absolutos Startlist
RN Absoluto	8:36.21	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28/05/2016
RN Juv B	9:07.70	Alexandra Maria, SILVA	POR	Split (CRO)	10/09/1981
RN Juv A	8:50.68	Tamila Hryhorivna, HOLUB	SCB	Oeiras	27/07/2014
RN 16	8:45.53	Tamila Hryhorivna, HOLUB	POR	Coimbra	30/05/2015
RN 17	8:36.21	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28/05/2016
RN Sen	8:43.58	Diana Margarida, DURAES	FCP	Oeiras	13/03/2016
Recorde Regional 50m Absoluto	8:43.58	Diana Margarida, DURAES	FCP	Oeiras	13/03/2016
Recorde Regional 50m Juv B	9:07.70	Alexandra Maria, SILVA	FCP	Split (CRO)	10/09/1981
Recorde Regional 50m Juv A	9:03.51	Alexandra Maria, SILVA	FCP	Innsbruck (AUT)	29/08/1982
Recorde Regional 50m 16	9:00.58	Alexandra Maria, SILVA	FCP	Olivais	17/04/1983
Recorde Regional 50m 17	8:54.86	Angelica Maria, ANDRE	LSC	Porto	04/06/2011
Recorde Regional 50m Sen	8:43.58	Diana Margarida, DUARES	FCP	Oeiras	13/03/2016

Femininos Seniores Sen: 10:30.64 / Femininos Juniores Jun: 10:43.77 / Femininos Juvenil B Juv B: 11:36.33 /  
Femininos Juvenil A Juv A: 11:10.05

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<u>S�rie 1 de 5, 10:45</u>							
3	Sofia Xavier, GOMES	F	122007	Abs	02	Vilacondense	11:32.27
4	Daniela Filipa, ROCHA	F	128609	Abs	02	Aquatico Pacense	11:10.14
5	Catarina Isabel, ALMEIDA	F	127104	Abs	02	Vit�ria de Guimaraes/Olicargo	11:22.99
6	Ines Neiva, NOVA	F	125002	Abs	02	Clube Naval Povoense	NT
<u>S�rie 2 de 5, 11:00</u>							
1	Ana Sofia, AGUIAR	F	120624	Abs	02	Vilacondense	10:49.58
2	Beatriz Pereira, VASCONCELOS	F	107934	Abs	98	Vilacondense	10:44.30
3	Beatriz Rodrigues, OLIVEIRA	F	122175	Abs	01	Assoc. Desportiva de Fafe	10:44.09
4	Carolina Isabel, MACHADO	F	111445	Abs	00	Vit�ria de Guimaraes/Olicargo	10:25.87
5	Ana Catarina, MAGALHAES	F	119092	Abs	02	Lousada SXXI	10:38.50
6	Beatriz Daniela, MACEDO	F	124313	Abs	02	Vit�ria de Guimaraes/Olicargo	10:44.21
7	Beatriz Sousa, FONTES	F	126659	Abs	01	Colegio SMLamas	10:49.18
8	Alexandra Martins, CAMPOS	F	127155	Abs	02	Leixoes Sport Club	10:52.29
<u>S�rie 3 de 5, 11:10</u>							
1	Ana Margarida, LEITE	F	123141	Abs	02	Assoc. Desportiva de Fafe	10:16.70
2	Ana Ines, FERNANDES	F	119258	Abs	00	Vit�ria de Guimaraes/Olicargo	10:14.17
3	Rafaela Campos, OLIVEIRA	F	111322	Abs	00	Vilacondense	10:05.03
4	Ines Neto, ROCHA	F	111313	Abs	01	Aquatico Pacense	10:02.95
5	Beatriz Neves, CARDOSO	F	105741	Abs	98	Colegio SMLamas	10:04.29
6	Nina Pinto, RIBEIRO	F	116914	Abs	02	Foca	10:12.13
7	Mariana Filipa, MOREIRA	F	125777	Abs	02	Natacao de Valongo	10:16.51
8	Joana Daniela, JACINTO	F	111230	Abs	01	Individual ANNP	10:19.71
<u>S�rie 4 de 5, 11:20</u>							
1	Ana Sofia, RAMOS	F	108171	Abs	00	Fluvial Portuense	9:55.90
2	Lara Beatriz, MATOS	F	111049	Abs	01	Famali�o	9:53.36
3	Catarina Alexandra, JARDIM	F	104449	Abs	98	Famali�o	9:48.50
4	Leila Tavarria, LEMOS	F	127860	Abs	00	Vilacondense	9:46.25
5	Iris Cunha, SANTOS	F	117418	Abs	00	Porto	9:46.53
6	Ines Silva, OLIVEIRA	F	116890	Abs	00	Individual ANNP	9:48.63
7	Ines Alves, MARTINS	F	112126	Abs	01	Fluvial Portuense	9:54.85
8	Sara Lopes, BARBOSA	F	118181	Abs	00	Aquatico Pacense	10:00.45

Prova 4, Femin., 800m Livres

S rie 5 de 5, 11:30

1	Rafaela Araujo, SILVA	F	119630	Abs	00	Famali�o	9:43.98	_____
2	Maria Joao, FERNANDES	F	102092	Abs	97	Vilacondense	9:31.01	_____
3	Maria Carolina, COSTA	F	119080	Abs	01	Porto	9:30.35	_____
4	Maria Teresa, AMORIM	F	20104	Abs	97	Porto	9:04.31	_____
5	Ana Rita, FARIA	F	117417	Abs	00	Porto	9:21.75	_____
6	Ana Beatriz, MARTINS	F	108375	Abs	99	Famali�o	9:30.89	_____
7	Ana Silva, COSTA	F	104446	Abs	98	Famali�o	9:35.71	_____
8	Ana Rita, RAMOS	F	126775	Abs	02	Porto	9:46.13	_____