

Campeonatos Nacionais Universitarios PC  
Senhora da Hora, 6-12-2015  
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Prova 21  
06-12-2015 - 17:05

Femin., 400m Livres

Absoluto  
Resultados

RNU 4:27.91 Joana Aguiar, RODRIGUES UPorto Guimaraes 19-01-2014

Lugar	Nome	Sexo	Licença	Ano	Equipa	Tempo Final	Pts	Obs
1.	Vania Soares, NEVES <i>Recorde Nacional Universitario</i>	F	12380	90	Universidade do Porto	<b>4:26.11</b>	8,00	
	50m: 31.23 31.23	150m: 1:37.60	33.27	250m: 2:44.86	33.82	350m: 3:52.87	34.04	
	100m: 1:04.33 33.10	200m: 2:11.04	33.44	300m: 3:18.83	33.97	400m: 4:26.11	33.24	
2.	Ana Monica, ELOI	F	107038	96	Instituto Politecnico Guarda	<b>4:34.38</b>	7,00	
	50m: 31.29 31.29	150m: 1:38.45	33.87	250m: 2:47.53	34.96	350m: 3:59.09	35.98	
	100m: 1:04.58 33.29	200m: 2:12.57	34.12	300m: 3:23.11	35.58	400m: 4:34.38	35.29	
3.	Ana Sofia, FERNANDES	F	1484	93	AA Universidade do Minho	<b>4:41.21</b>	6,00	
	50m: 32.37 32.37	150m: 1:43.45	36.04	250m: 2:56.85	36.78	350m: 4:08.48	35.24	
	100m: 1:07.41 35.04	200m: 2:20.07	36.62	300m: 3:33.24	36.39	400m: 4:41.21	32.73	
4.	Carolina Freitas, SANTOS	F	104254	96	AE da Faculdade de Arquitectura	<b>4:41.84</b>	5,00	
	50m: 31.91 31.91	150m: 1:42.91	35.64	250m: 2:55.58	36.64	350m: 4:08.00	36.08	
	100m: 1:07.27 35.36	200m: 2:18.94	36.03	300m: 3:31.92	36.34	400m: 4:41.84	33.84	
5.	Luisa Martins, CONDECO	F	13230	96	Instituto Politecnico de Santa	<b>4:57.37</b>	4,00	
	50m: 33.93 33.93	150m: 1:47.34	37.24	250m: 3:02.21	37.78	350m: 4:19.12	38.84	
	100m: 1:10.10 36.17	200m: 2:24.43	37.09	300m: 3:40.28	38.07	400m: 4:57.37	38.25	
6.	Daniela Figueiredo, METELO	F	26780	97	AA Coimbra	<b>5:28.52</b>	3,00	
	50m: 37.16 37.16	150m: 1:58.87	40.69	250m: 3:20.39	40.80	350m: 4:46.06	42.97	
	100m: 1:18.18 41.02	200m: 2:39.59	40.72	300m: 4:03.09	42.70	400m: 5:28.52	42.46	
7.	Mafalda Mendes, MAGALHAES	F	107706	97	AA Universidade de Aveiro	<b>5:31.83</b>	2,00	
	50m: 35.14 35.14	150m: 1:55.84	41.74	250m: 3:21.57	42.76	350m: 4:48.86	43.95	
	100m: 1:14.10 38.96	200m: 2:38.81	42.97	300m: 4:04.91	43.34	400m: 5:31.83	42.97	
8.	Gabriela Pereira, LAAN	F	88		AA Universidade Beira Interior	<b>5:55.91</b>	1,00	
	50m: 39.42 39.42	150m: 2:06.88	44.35	250m: 3:38.90	46.31	350m: 5:11.36	46.05	
	100m: 1:22.53 43.11	200m: 2:52.59	45.71	300m: 4:25.31	46.41	400m: 5:55.91	44.55	