

Campeonato Nacional Universitario PL
Pova de Varzim, 30-4-2016

Prova 3
30-04-2016 - 14:10

Femin., 400m Livres

Absoluto
Resultados

RNU	4:28.71	Ana Catarina, MONTEIRO	UPORTO	Pova de Varzim	26-04-2015		
Lugar	Ano		Tempo final	100m	200m	300m	400m
1. Vania Soares, NEVES	90	Universidade do Porto	4:39.56	1:06.83	1:10.65	1:11.26	1:10.82
50m:		150m:	250m:	350m:			
100m: 1:06.83		200m: 2:17.48	300m: 3:28.74	400m: 4:39.56			
2. Luisa, SANTO	95	AEI Superior Tecnico	4:47.34	1:07.38	1:12.15	1:13.88	1:13.93
50m:		150m:	250m:	350m:			
100m: 1:07.38		200m: 2:19.53	300m: 3:33.41	400m: 4:47.34			
3. Sofia, FERNANDES	93	AA Universidade do Minho	4:50.28	1:09.05	1:13.54	1:15.48	1:12.21
50m:		150m:	250m:	350m:			
100m: 1:09.05		200m: 2:22.59	300m: 3:38.07	400m: 4:50.28			
4. Amelia Pereira, FERNANDES	89	AA Coimbra	4:50.57	1:07.42	1:13.09	1:15.49	1:14.57
50m:		150m:	250m:	350m:			
100m: 1:07.42		200m: 2:20.51	300m: 3:36.00	400m: 4:50.57			
5. Matilde, GAMEIRO	97	AA Coimbra	4:56.51	1:08.86	1:15.25	1:16.00	1:16.40
50m:		150m:	250m:	350m:			
100m: 1:08.86		200m: 2:24.11	300m: 3:40.11	400m: 4:56.51			
6. Carolina, SANTOS	96	AEF Arquitetura de Lisboa	4:58.40	1:09.54	1:15.46	1:17.25	1:16.15
50m:		150m:	250m:	350m:			
100m: 1:09.54		200m: 2:25.00	300m: 3:42.25	400m: 4:58.40			
7. Flavia, GONCALVES	96	AA Coimbra	5:07.86	1:11.08	1:18.51	1:20.19	1:18.08
50m:		150m:	250m:	350m:			
100m: 1:11.08		200m: 2:29.59	300m: 3:49.78	400m: 5:07.86			