

Prova 25 Femin., 400m Livres Absolutos
23/04/2017 - 16:55 TURBO Resultados Final

Recordes Nacionais 25m Absoluto	4:05.39	Diana Margarida, DURAES	SLB	Vila Real Stº Antonio	12/11/2016
Recordes Nacionais 25m Inf B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	13/06/2009
Recordes Nacionais 25m Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Porto	19/07/1980
Recordes Nacionais 25m Juv B	4:23.08	Susana Patricia, MIGUEL	SFUAP	Alhandra	15/05/2004
Recordes Nacionais 25m Juv A	4:18.39	Ana Claudia, SANTOS	SFUAP	Cantanhede	20/12/2004
Recordes Nacionais 25m 16	4:15.43	Tamila Hryhorivna, HOLUB	SCB	Porto	20/12/2014
Recordes Nacionais 25m 17	4:10.52	Tamila Hryhorivna, HOLUB	SCB	Porto	12/12/2015
Recordes Nacionais 25m Sen	4:05.39	Diana Margarida, DURAES	SLB	Vila Real Stº Antonio	12/11/2016

Inf-Juv Fem Inf-Juv: 5:06.03 / Jun-Sen Fem Jun-Sen: 4:50.71

Pontos: FINA 2016

Lugar Nome Sexo Licença Ano Clube Tempo Final FINA Pts OBS

Infantis-Juvenis

Final

1.	Ana Rita, RAMOS	F	126775	02	Porto	4:28.90	663	10,00
	50m: 30.76 30.76	150m: 1:37.93 34.00	250m: 2:46.25 34.21	350m: 3:55.54 34.69				
	100m: 1:03.93 33.17	200m: 2:12.04 34.11	300m: 3:20.85 34.60	400m: 4:28.90 33.36				
2.	Francisca Soares, MARTINS	F	126504	03	Foca	4:29.80	656	8,00
	50m: 31.42 31.42	150m: 1:39.58 34.23	250m: 2:48.42 34.43	350m: 3:57.69 34.56				
	100m: 1:05.35 33.93	200m: 2:13.99 34.41	300m: 3:23.13 34.71	400m: 4:29.80 32.11				
3.	Carolina Silva, SOARES	F	123910	03	Natacao de Valongo	4:38.33	598	6,00
	50m: 32.06 32.06	150m: 1:42.77 35.70	250m: 2:53.87 35.39	350m: 4:04.85 35.42				
	100m: 1:07.07 35.01	200m: 2:18.48 35.71	300m: 3:29.43 35.56	400m: 4:38.33 33.48				
4.	Eduarda Reis, SILVA	F	121702	03	Famalicão	4:38.70	595	5,00
	50m: 32.56 32.56	150m: 1:43.38 35.54	250m: 2:54.60 35.65	350m: 4:05.52 34.95				
	100m: 1:07.84 35.28	200m: 2:18.95 35.57	300m: 3:30.57 35.97	400m: 4:38.70 33.18				
5.	Jessica Soares, LIMA	F	126993	02	Braga	4:39.65	589	4,00
	50m: 32.29 32.29	150m: 1:42.33 35.15	250m: 2:53.82 35.85	350m: 4:04.83 35.42				
	100m: 1:07.18 34.89	200m: 2:17.97 35.64	300m: 3:29.41 35.59	400m: 4:39.65 34.82				
6.	Rita Constanca, CARDOSO	F	121989	03	Porto	4:45.89	552	3,00
	50m: 31.95 31.95	150m: 1:42.97 35.92	250m: 2:56.61 37.07	350m: 4:10.33 36.95				
	100m: 1:07.05 35.10	200m: 2:19.54 36.57	300m: 3:33.38 36.77	400m: 4:45.89 35.56				
7.	Ana Margarida, LEITE	F	123141	02	Assoc. Desportiva de Fafe	4:53.28	511	2,00
	50m: 32.59 32.59	150m: 1:45.40 36.83	250m: 3:00.25 37.52	350m: 4:15.88 37.80				
	100m: 1:08.57 35.98	200m: 2:22.73 37.33	300m: 3:38.08 37.83	400m: 4:53.28 37.40				
8.	Ana Catarina, MAGALHAES	F	119092	02	Lousada SXXI	4:56.04	497	1,00
	50m: 32.65 32.65	150m: 1:46.03 37.13	250m: 3:01.57 37.78	350m: 4:18.83 38.45				
	100m: 1:08.90 36.25	200m: 2:23.79 37.76	300m: 3:40.38 38.81	400m: 4:56.04 37.21				

Juniores-Seniores

Final

1.	Tamila Hryhorivna, HOLUB	F	116887	99	Braga	4:14.50	782	10,00
	50m: 30.05 30.05	150m: 1:33.69 31.90	250m: 2:37.80 32.12	350m: 3:42.59 32.42				
	100m: 1:01.79 31.74	200m: 2:05.68 31.99	300m: 3:10.17 32.37	400m: 4:14.50 31.91				
2.	Ines Jacinto, HENRIQUES	F	120220	00	Portugal	4:16.74	762	8,00
	50m: 30.42 30.42	150m: 1:34.78 32.27	250m: 2:39.65 32.34	350m: 3:44.86 32.58				
	100m: 1:02.51 32.09	200m: 2:07.31 32.53	300m: 3:12.28 32.63	400m: 4:16.74 31.88				
3.	Vania Soares, NEVES	F	12380	90	Fluvial Portuense	4:21.83	718	6,00
	50m: 31.41 31.41	150m: 1:37.48 33.21	250m: 2:44.39 33.48	350m: 3:49.98 32.70				
	100m: 1:04.27 32.86	200m: 2:10.91 33.43	300m: 3:17.28 32.89	400m: 4:21.83 31.85				
4.	Ana Rita, FARIA	F	117417	00	Porto	4:22.92	709	5,00
	50m: 30.72 30.72	150m: 1:37.01 33.42	250m: 2:44.42 33.61	350m: 3:50.92 33.18				
	100m: 1:03.59 32.87	200m: 2:10.81 33.80	300m: 3:17.74 33.32	400m: 4:22.92 32.00				
5.	Maria Carolina, COSTA	F	119080	01	Porto	4:28.19	668	4,00
	50m: 30.74 30.74	150m: 1:36.93 33.49	250m: 2:44.22 33.80	350m: 3:53.78 34.89				
	100m: 1:03.44 32.70	200m: 2:10.42 33.49	300m: 3:18.89 34.67	400m: 4:28.19 34.41				
6.	Ines Alves, MARTINS	F	112126	01	Fluvial Portuense	4:36.16	612	3,00
	50m: 31.80 31.80	150m: 1:40.32 34.73	250m: 2:51.08 35.30	350m: 4:01.85 35.54				
	100m: 1:05.59 33.79	200m: 2:15.78 35.46	300m: 3:26.31 35.23	400m: 4:36.16 34.31				
7.	Ana Sofia, FERNANDES	F	13191	93	Braga	4:36.23	611	2,00
	50m: 30.98 30.98	150m: 1:38.77 34.32	250m: 2:49.20 35.50	350m: 4:01.33 36.36				
	100m: 1:04.45 33.47	200m: 2:13.70 34.93	300m: 3:24.97 35.77	400m: 4:36.23 34.90				
8.	Carolina Ascenso, SANTOS	F	121271	01	Propaganda da Natacao	4:41.06	580	1,00
	50m: 31.14 31.14	150m: 1:40.52 35.05	250m: 2:52.28 35.78	350m: 4:05.27 36.41				
	100m: 1:05.47 34.33	200m: 2:16.50 35.98	300m: 3:28.86 36.58	400m: 4:41.06 35.79				

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager, 11.47828

Registered to Associação de Natação do Norte de Portugal

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