

Prova 8	Femin., 400m Livres				Absolutos
03/02/2018 - 10:10	Clínica Medica da Foz				Resultados Elimin
Recordes Nacionais 50m Absoluto	4:10.07	DURAES, Diana Margarida	POR	Budapeste (HUN)	23/07/2017
Recordes Nacionais 50m Inf B	4:43.70	SILVA, Alexandra Maria	FCP	Funchal	27/07/1979
Recordes Nacionais 50m Inf A	4:31.53	SILVA, Alexandra Maria	POR	Skovde (SWE)	08/08/1980
Recordes Nacionais 50m Juv	4:26.20	CABRAL, Maria Francisca	FCP	Oeiras	26/07/2014
Recordes Nacionais 50m 15	4:20.78	HOLUB, Tamila Hryhorivna	POR	Porto	07/06/2014
Recordes Nacionais 50m 16	4:20.37	FERREIRA, Marta Andreia	POR	Berlim (GER)	04/08/2002
Recordes Nacionais 50m 17	4:14.67	HOLUB, Tamila Hryhorivna	SCB	Oeiras	23/07/2016
Recordes Nacionais 50m 18 +	4:10.07	DURAES, Diana Margarida	POR	Budapeste (HUN)	23/07/2017
Recorde Meeting	4:17.27	DURAES, Diana Margarida	POR	Póvoa de Varzim	13/02/2016

TLP JUN_SEN FEM 16 +: 4:53.11 / TLP INF_JUV FEM 12 - 15: 5:08.56

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
Absolutos									
1.	ANDRE, Angelica Maria	F	15497	94	Fluvial Portuense	4:30.83	665	-	A
	50m: 30.85 30.85		150m: 1:38.46		34.40 250m: 2:48.45	35.18	350m: 3:58.83	35.23	
	100m: 1:04.06 33.21		200m: 2:13.27		34.81 300m: 3:23.60	35.15	400m: 4:30.83	32.00	
2.	MONTEIRO, Ana Catarina	F	24320	93	Vilacondense	4:32.83	651	-	A
	50m: 31.96 31.96		150m: 1:40.69		34.58 250m: 2:49.87	34.46	350m: 3:59.28	34.71	
	100m: 1:06.11 34.15		200m: 2:15.41		34.72 300m: 3:24.57	34.70	400m: 4:32.83	33.55	
3.	MARTINS, Francisca Soares	F	126504	03	Foca	4:36.28	626	-	A
	50m: 32.08 32.08		150m: 1:42.03		35.26 250m: 2:52.56	35.20	350m: 4:02.84	35.10	
	100m: 1:06.77 34.69		200m: 2:17.36		35.33 300m: 3:27.74	35.18	400m: 4:36.28	33.44	
4.	BARBOSA, Mariana Fernandes	F	121985	02	Porto	4:37.60	618	-	A
	50m: 32.54 32.54		150m: 1:43.12		35.65 250m: 2:53.48	34.64	350m: 4:02.74	34.56	
	100m: 1:07.47 34.93		200m: 2:18.84		35.72 300m: 3:28.18	34.70	400m: 4:37.60	34.86	
5.	FARIA, Ana Rita	F	117417	00	Porto	4:38.58	611	-	A
	50m: 31.97 31.97		150m: 1:42.05		35.44 250m: 2:52.73	35.40	350m: 4:03.85	35.66	
	100m: 1:06.61 34.64		200m: 2:17.33		35.28 300m: 3:28.19	35.46	400m: 4:38.58	34.73	
6.	NOVOA, Laura Rodriguez	F	355882	600	Natacion Pontareas	4:39.02	608	-	A
	50m: 32.14 32.14		150m: 1:41.98		35.18 250m: 2:53.04	35.40	350m: 4:04.33	35.25	
	100m: 1:06.80 34.66		200m: 2:17.64		35.66 300m: 3:29.08	36.04	400m: 4:39.02	34.69	
7.	PEGO, Isabel Porfirio	F	121336	01	Fluvial Portuense	4:40.63	598	-	A
	50m: 31.15 31.15		150m: 1:42.84		35.38 250m: 2:54.01	35.12	350m: 4:05.12	35.60	
	100m: 1:07.46 36.31		200m: 2:18.89		36.05 300m: 3:29.52	35.51	400m: 4:40.63	35.51	
8.	CUNHA, Mariana Pacheco	F	124577	04	Fluvial Portuense	4:41.07	595	-	A
	50m: 32.03 32.03		150m: 1:42.54		35.44 250m: 2:54.27	35.80	350m: 4:05.84	35.74	
	100m: 1:07.10 35.07		200m: 2:18.47		35.93 300m: 3:30.10	35.83	400m: 4:41.07	35.23	
9.	COSTA, Maria Carolina	F	119080	01	Porto	4:42.64	585	-	B
	50m: 32.03 32.03		150m: 1:43.05		35.98 250m: 2:54.12	35.37	350m: 4:06.34	36.53	
	100m: 1:07.07 35.04		200m: 2:18.75		35.70 300m: 3:29.81	35.69	400m: 4:42.64	36.30	
10.	CRAMERI, Nastassia	F	22313	98	Turrita Nuoto	4:45.04	570	-	B
	50m: 33.13 33.13		150m: 1:44.87		35.83 250m: 2:56.39	35.49	350m: 4:09.50	36.64	
	100m: 1:09.04 35.91		200m: 2:20.90		36.03 300m: 3:32.86	36.47	400m: 4:45.04	35.54	
11.	BARBOSA, Sara Lopes	F	118181	00	Aquatico Pacense	4:47.38	557	-	B
	50m: 33.21 33.21		150m: 1:45.73		36.16 250m: 2:59.03	36.61	350m: 4:11.56	35.80	
	100m: 1:09.57 36.36		200m: 2:22.42		36.69 300m: 3:35.76	36.73	400m: 4:47.38	35.82	
12.	SOARES, Carolina Silva	F	123910	03	Natacao de Valongo	4:48.96	547	-	B
	50m: 32.41 32.41		150m: 1:44.95		36.80 250m: 2:59.66	37.30	350m: 4:14.08	37.00	
	100m: 1:08.15 35.74		200m: 2:22.36		37.41 300m: 3:37.08	37.42	400m: 4:48.96	34.88	
13.	RODRIGUES, Helena Nunes	F	125022	03	Algés e Águeda XXI	4:49.24	546	-	B
	50m: 32.52 32.52		150m: 1:45.17		36.38 250m: 2:59.93	37.27	350m: 4:14.22	36.78	
	100m: 1:08.79 36.27		200m: 2:22.66		37.49 300m: 3:37.44	37.51	400m: 4:49.24	35.02	
14.	LEMONS, Leila Tavarria	F	127860	00	Vilacondense	4:50.31	540	-	B
	50m: 32.69 32.69		150m: 1:45.30		36.71 250m: 2:59.17	36.77	350m: 4:13.54	37.26	
	100m: 1:08.59 35.90		200m: 2:22.40		37.10 300m: 3:36.28	37.11	400m: 4:50.31	36.77	
15.	SILVA, Eduarda Reis	F	121702	03	Famalicao	4:51.15	535	-	B
	50m: 32.79 32.79		150m: 1:44.75		36.40 250m: 2:58.03	36.43	350m: 4:14.63	37.66	
	100m: 1:08.35 35.56		200m: 2:21.60		36.85 300m: 3:36.97	38.94	400m: 4:51.15	36.52	
16.	FERNANDES, Maria Joao	F	102092	97	Fluvial Portuense	4:52.02	530	-	B
	50m: 33.04 33.04		150m: 1:46.19		36.90 250m: 2:59.96	37.08	350m: 4:15.29	38.01	
	100m: 1:09.29 36.25		200m: 2:22.88		36.69 300m: 3:37.28	37.32	400m: 4:52.02	36.73	
17.	AMADO, Maria Lopes	F	131517	04	Ba/Bomcar	4:52.42	528	-	R
	50m: 32.95 32.95		150m: 1:47.55		37.89 250m: 3:02.06	36.46	350m: 4:16.31	37.23	
	100m: 1:09.66 36.71		200m: 2:25.60		38.05 300m: 3:39.08	37.02	400m: 4:52.42	36.11	

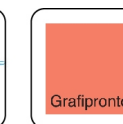
O Juiz Árbitro

O Secretariado do Júri

Splash Meet Manager, 11.51721

Registered to Associação de Natação do Norte de Portugal

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Prova 8, Femin., 400m Livres, Elimin, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
18.	TROIA, Beatriz Rosa	F	127809	04	Vilacondense	4:52.69	527	-	R
	50m: 32.28 32.28		150m: 1:44.93		250m: 3:01.23	37.97	350m: 4:17.63	38.06	
	100m: 1:07.63 35.35		200m: 2:23.26		300m: 3:39.57	38.34	400m: 4:52.69	35.06	
19.	LIMA, Jessica Soares FTL	F	126993	02	Braga	4:53.53	522	-	
	50m: 32.56 32.56		150m: 1:44.88		250m: 2:59.99	37.96	350m: 4:16.06	38.21	
	100m: 1:08.21 35.65		200m: 2:22.03		300m: 3:37.85	37.86	400m: 4:53.53	37.47	
20.	CARDEAL, Beatriz Nunes	F	124753	04	Academico Viseu	4:53.92	520	-	
	50m: 32.74 32.74		150m: 1:46.54		250m: 3:02.30	37.75	350m: 4:17.72	37.29	
	100m: 1:09.16 36.42		200m: 2:24.55		300m: 3:40.43	38.13	400m: 4:53.92	36.20	
21.	CARDOSO, Rita Constanca	F	121989	03	Porto	4:58.08	499	-	
	50m: 32.32 32.32		150m: 1:47.15		250m: 3:03.15	37.47	350m: 4:19.93	37.98	
	100m: 1:09.15 36.83		200m: 2:25.68		300m: 3:41.95	38.80	400m: 4:58.08	38.15	
22.	SILVA, Ines Martins	F	127134	04	Vilacondense	5:02.79	476	-	
	50m: 32.59 32.59		150m: 1:48.68		250m: 3:06.35	39.10	350m: 4:24.46	39.15	
	100m: 1:10.11 37.52		200m: 2:27.25		300m: 3:45.31	38.96	400m: 5:02.79	38.33	
23.	SILVA, Ana Pereira	F	124810	03	Assoc. Desportiva de Fafe	5:04.02	470	-	
	50m: 34.05 34.05		150m: 1:51.23		250m: 3:08.95	38.96	350m: 4:27.12	38.68	
	100m: 1:12.32 38.27		200m: 2:29.99		300m: 3:48.44	39.49	400m: 5:04.02	36.90	
24.	SILVA, Leonor Santos	F	121982	03	Porto	5:04.07	470	-	
	50m: 33.12 33.12		150m: 1:49.00		250m: 3:07.15	38.71	350m: 4:26.79	39.69	
	100m: 1:10.20 37.08		200m: 2:28.44		300m: 3:47.10	39.95	400m: 5:04.07	37.28	
25.	JACINTO, Ines Filipa	F	126698	03	Ba/Bomcar	5:04.16	469	-	
	50m: 33.51 33.51		150m: 1:48.67		250m: 3:06.71	38.94	350m: 4:25.74	39.53	
	100m: 1:10.76 37.25		200m: 2:27.77		300m: 3:46.21	39.50	400m: 5:04.16	38.42	
26.	MONTEIRO, Barbara Oliveira	F	132707	04	Braga	5:04.44	468	-	
	50m: 34.44 34.44		150m: 1:49.93		250m: 3:07.80	38.93	350m: 4:26.07	38.79	
	100m: 1:11.52 37.08		200m: 2:28.87		300m: 3:47.28	39.48	400m: 5:04.44	38.37	
27.	ABREU, Joana Neves FTL	F	129434	04	Porto	5:09.42	446	-	
	50m: 34.09 34.09		150m: 1:51.44		250m: 3:11.29	39.95	350m: 4:30.65	39.74	
	100m: 1:12.40 38.31		200m: 2:31.34		300m: 3:50.91	39.62	400m: 5:09.42	38.77	
28.	ALMEIDA, Ana Margarida FTL	F	122992	03	Foca	5:12.17	434	-	
	50m: 33.99 33.99		150m: 1:49.47		250m: 3:09.89	41.07	350m: 4:31.76	39.63	
	100m: 1:11.73 37.74		200m: 2:28.82		300m: 3:52.13	42.24	400m: 5:12.17	40.41	
DNS	VIGLIANTI, Alba	F	27222	99	Turrita Nuoto				-
WDR	SILVA, Rafaela Araujo	F	119630	00	Famalicao				-
WDR	MONTEIRO, Ines Maria	F	126588	04	Naval Praia da Vitoria				-

16 anos e mais velhos

1.	ANDRE, Angelica Maria	F	15497	94	Fluvial Portuense	4:30.83	665	-	A
	50m: 30.85 30.85		150m: 1:38.46		250m: 2:48.45	35.18	350m: 3:58.83	35.23	
	100m: 1:04.06 33.21		200m: 2:13.27		300m: 3:23.60	35.15	400m: 4:30.83	32.00	
2.	MONTEIRO, Ana Catarina	F	24320	93	Vilacondense	4:32.83	651	-	A
	50m: 31.96 31.96		150m: 1:40.69		250m: 2:49.87	34.46	350m: 3:59.28	34.71	
	100m: 1:06.11 34.15		200m: 2:15.41		300m: 3:24.57	34.70	400m: 4:32.83	33.55	
3.	BARBOSA, Mariana Fernandes	F	121985	02	Porto	4:37.60	618	-	A
	50m: 32.54 32.54		150m: 1:43.12		250m: 2:53.48	34.64	350m: 4:02.74	34.56	
	100m: 1:07.47 34.93		200m: 2:18.84		300m: 3:28.18	34.70	400m: 4:37.60	34.86	
4.	FARIA, Ana Rita	F	117417	00	Porto	4:38.58	611	-	A
	50m: 31.97 31.97		150m: 1:42.05		250m: 2:52.73	35.40	350m: 4:03.85	35.66	
	100m: 1:06.61 34.64		200m: 2:17.33		300m: 3:28.19	35.46	400m: 4:38.58	34.73	
5.	NOVOA, Laura Rodriguez	F	355882600		Natacion Pontareas	4:39.02	608	-	A
	50m: 32.14 32.14		150m: 1:41.98		250m: 2:53.04	35.40	350m: 4:04.33	35.25	
	100m: 1:06.80 34.66		200m: 2:17.64		300m: 3:29.08	36.04	400m: 4:39.02	34.69	
6.	PEGO, Isabel Porfirio	F	121336	01	Fluvial Portuense	4:40.63	598	-	A
	50m: 31.15 31.15		150m: 1:42.84		250m: 2:54.01	35.12	350m: 4:05.12	35.60	
	100m: 1:07.46 36.31		200m: 2:18.89		300m: 3:29.52	35.51	400m: 4:40.63	35.51	
7.	COSTA, Maria Carolina	F	119080	01	Porto	4:42.64	585	-	B
	50m: 32.03 32.03		150m: 1:43.05		250m: 2:54.12	35.37	350m: 4:06.34	36.53	
	100m: 1:07.07 35.04		200m: 2:18.75		300m: 3:29.81	35.69	400m: 4:42.64	36.30	
8.	CRAMERI, Nastassia	F	22313	98	Turrita Nuoto	4:45.04	570	-	B
	50m: 33.13 33.13		150m: 1:44.87		250m: 2:56.39	35.49	350m: 4:09.50	36.64	
	100m: 1:09.04 35.91		200m: 2:20.90		300m: 3:32.86	36.47	400m: 4:45.04	35.54	

O Juiz  rbitro

O Secretariado do J ri

Splash Meet Manager, 11.51721

Registered to Associa o de Nata o do Norte de Portugal

04/02/2018 16:15 - P gina 2



Prova 8, Femin., 400m Livres, Elimin, 16 anos e mais velhos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
9.	BARBOSA, Sara Lopes	F	118181	00	Aquatico Pacense	4:47.38	557	-	B
	50m: 33.21 33.21		150m: 1:45.73		36.16 250m: 2:59.03	36.61	350m: 4:11.56	35.80	
	100m: 1:09.57 36.36		200m: 2:22.42		36.69 300m: 3:35.76	36.73	400m: 4:47.38	35.82	
10.	LEMOS, Leila Tavora	F	127860	00	Vilacondense	4:50.31	540	-	B
	50m: 32.69 32.69		150m: 1:45.30		36.71 250m: 2:59.17	36.77	350m: 4:13.54	37.26	
	100m: 1:08.59 35.90		200m: 2:22.40		37.10 300m: 3:36.28	37.11	400m: 4:50.31	36.77	
11.	FERNANDES, Maria Joao	F	102092	97	Fluvial Portuense	4:52.02	530	-	B
	50m: 33.04 33.04		150m: 1:46.19		36.90 250m: 2:59.96	37.08	350m: 4:15.29	38.01	
	100m: 1:09.29 36.25		200m: 2:22.88		36.69 300m: 3:37.28	37.32	400m: 4:52.02	36.73	
12.	LIMA, Jessica Soares FTL	F	126993	02	Braga	4:53.53	522	-	
	50m: 32.56 32.56		150m: 1:44.88		36.67 250m: 2:59.99	37.96	350m: 4:16.06	38.21	
	100m: 1:08.21 35.65		200m: 2:22.03		37.15 300m: 3:37.85	37.86	400m: 4:53.53	37.47	
DNS	VIGLIANTI, Alba	F	27222	99	Turrita Nuoto				-
WDR	SILVA, Rafaela Araujo	F	119630	00	Famalicão				-

12 - 15 anos

1.	MARTINS, Francisca Soares	F	126504	03	Foca	4:36.28	626	-	A
	50m: 32.08 32.08		150m: 1:42.03		35.26 250m: 2:52.56	35.20	350m: 4:02.84	35.10	
	100m: 1:06.77 34.69		200m: 2:17.36		35.33 300m: 3:27.74	35.18	400m: 4:36.28	33.44	
2.	CUNHA, Mariana Pacheco	F	124577	04	Fluvial Portuense	4:41.07	595	-	A
	50m: 32.03 32.03		150m: 1:42.54		35.44 250m: 2:54.27	35.80	350m: 4:05.84	35.74	
	100m: 1:07.10 35.07		200m: 2:18.47		35.93 300m: 3:30.10	35.83	400m: 4:41.07	35.23	
3.	SOARES, Carolina Silva	F	123910	03	Natacao de Valongo	4:48.96	547	-	B
	50m: 32.41 32.41		150m: 1:44.95		36.80 250m: 2:59.66	37.30	350m: 4:14.08	37.00	
	100m: 1:08.15 35.74		200m: 2:22.36		37.41 300m: 3:37.08	37.42	400m: 4:48.96	34.88	
4.	RODRIGUES, Helena Nunes	F	125022	03	Algés e Águeda XXI	4:49.24	546	-	B
	50m: 32.52 32.52		150m: 1:45.17		36.38 250m: 2:59.93	37.27	350m: 4:14.22	36.78	
	100m: 1:08.79 36.27		200m: 2:22.66		37.49 300m: 3:37.44	37.51	400m: 4:49.24	35.02	
5.	SILVA, Eduarda Reis	F	121702	03	Famalicão	4:51.15	535	-	B
	50m: 32.79 32.79		150m: 1:44.75		36.40 250m: 2:58.03	36.43	350m: 4:14.63	37.66	
	100m: 1:08.35 35.56		200m: 2:21.60		36.85 300m: 3:36.97	38.94	400m: 4:51.15	36.52	
6.	AMADO, Maria Lopes	F	131517	04	Ba/Bomcar	4:52.42	528	-	R
	50m: 32.95 32.95		150m: 1:47.55		37.89 250m: 3:02.06	36.46	350m: 4:16.31	37.23	
	100m: 1:09.66 36.71		200m: 2:25.60		38.05 300m: 3:39.08	37.02	400m: 4:52.42	36.11	
7.	TROIA, Beatriz Rosa	F	127809	04	Vilacondense	4:52.69	527	-	R
	50m: 32.28 32.28		150m: 1:44.93		37.30 250m: 3:01.23	37.97	350m: 4:17.63	38.06	
	100m: 1:07.63 35.35		200m: 2:23.26		38.33 300m: 3:39.57	38.34	400m: 4:52.69	35.06	
8.	CARDEAL, Beatriz Nunes	F	124753	04	Academico Viseu	4:53.92	520	-	
	50m: 32.74 32.74		150m: 1:46.54		37.38 250m: 3:02.30	37.75	350m: 4:17.72	37.29	
	100m: 1:09.16 36.42		200m: 2:24.55		38.01 300m: 3:40.43	38.13	400m: 4:53.92	36.20	
9.	CARDOSO, Rita Constanca	F	121989	03	Porto	4:58.08	499	-	
	50m: 32.32 32.32		150m: 1:47.15		38.00 250m: 3:03.15	37.47	350m: 4:19.93	37.98	
	100m: 1:09.15 36.83		200m: 2:25.68		38.53 300m: 3:41.95	38.80	400m: 4:58.08	38.15	
10.	SILVA, Ines Martins	F	127134	04	Vilacondense	5:02.79	476	-	
	50m: 32.59 32.59		150m: 1:48.68		38.57 250m: 3:06.35	39.10	350m: 4:24.46	39.15	
	100m: 1:10.11 37.52		200m: 2:27.25		38.57 300m: 3:45.31	38.96	400m: 5:02.79	38.33	
11.	SILVA, Ana Pereira	F	124810	03	Assoc. Desportiva de Fafe	5:04.02	470	-	
	50m: 34.05 34.05		150m: 1:51.23		38.91 250m: 3:08.95	38.96	350m: 4:27.12	38.68	
	100m: 1:12.32 38.27		200m: 2:29.99		38.76 300m: 3:48.44	39.49	400m: 5:04.02	36.90	
12.	SILVA, Leonor Santos	F	121982	03	Porto	5:04.07	470	-	
	50m: 33.12 33.12		150m: 1:49.00		38.80 250m: 3:07.15	38.71	350m: 4:26.79	39.69	
	100m: 1:10.20 37.08		200m: 2:28.44		39.44 300m: 3:47.10	39.95	400m: 5:04.07	37.28	
13.	JACINTO, Ines Filipa	F	126698	03	Ba/Bomcar	5:04.16	469	-	
	50m: 33.51 33.51		150m: 1:48.67		37.91 250m: 3:06.71	38.94	350m: 4:25.74	39.53	
	100m: 1:10.76 37.25		200m: 2:27.77		39.10 300m: 3:46.21	39.50	400m: 5:04.16	38.42	
14.	MONTEIRO, Barbara Oliveira	F	132707	04	Braga	5:04.44	468	-	
	50m: 34.44 34.44		150m: 1:49.93		38.41 250m: 3:07.80	38.93	350m: 4:26.07	38.79	
	100m: 1:11.52 37.08		200m: 2:28.87		38.94 300m: 3:47.28	39.48	400m: 5:04.44	38.37	
15.	ABREU, Joana Neves FTL	F	129434	04	Porto	5:09.42	446	-	
	50m: 34.09 34.09		150m: 1:51.44		39.04 250m: 3:11.29	39.95	350m: 4:30.65	39.74	
	100m: 1:12.40 38.31		200m: 2:31.34		39.90 300m: 3:50.91	39.62	400m: 5:09.42	38.77	

O Juiz Árbitro

O Secretariado do Júri

Splash Meet Manager, 11.51721

Registered to Associação de Nataçao do Norte de Portugal

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Prova 8, Femin., 400m Livres, Elimin, 12 - 15 anos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	PTS	OBS
16.	ALMEIDA, Ana Margarida <i>FIL</i>	F	122992	03	Foca	5:12.17	434	-	
	50m: 33.99 33.99		150m: 1:49.47		37.74	250m: 3:09.89		41.07	350m: 4:31.76 39.63
	100m: 1:11.73 37.74		200m: 2:28.82		39.35	300m: 3:52.13		42.24	400m: 5:12.17 40.41
WDR	MONTEIRO, Ines Maria	F	126588	04	Naval Praia da Vitoria				-