

VI Torneio de Natacao Adaptada Cidade do Porto
Porto, 23-24-03-2019
www.annp.pt

Prova 23	Masc., 400m Livres					Absoluto
24/03/2019 - 9:30						Resultados
Rec Nac Adaptada S6	5:24.12	Daniel Carlos, VIDEIRA	POR	Dublin (IRL)	17/08/2018	
Rec Nac Adaptada S7	5:31.30	Daniel Carlos, VIDEIRA	GESL	Povoa de Varzim	12/05/2018	
Rec Nac Adaptada S8	5:07.29	Ruben Daniel, LINHARES	POR	Dublin (IRL)	14/08/2018	
Rec Nac Adaptada S9	4:21.94	David Realista, GRACHAT	POR	Londres (GBR)	04/09/2012	
Rec Nac Adaptada S11	5:34.46	Marco Ribeiro, MENESES	POR	Dublin (IRL)	15/08/2018	
Rec Nac Adaptada S12	59:00.00	start,				
Rec Nac Adaptada S13	4:31.26	Vitor Hugo, ENCARNACAO	POR	Eindhoven (NED)	10/08/2014	
Rec Nac Adaptada S14	5:27.72	Pedro Miguel, RIBEIRO	POR	Loano (ITA)	10/06/2016	
Rec Nac Adaptada S15	4:31.41	Tiago Correia, NEVES	CFB	Povoa de Varzim	12/05/2018	
Rec Nac Adaptada S16	59:00.00	start,				
Rec Nac Adaptada S21	6:14.64	Andre Reis, ALMEIDA	SCP	Coimbra	03/03/2019	

Pontos: KNZB 2018 + Para

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
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Classe S6

1.	Luis Bernardo, SA	96	S6	A 12	Feira Viva	8:47.22	186
	100m: 1:57.01 1:57.01	200m: 4:10.01 2:13.00	300m: 6:26.46 2:16.45	400m: 8:47.22 2:20.76			
2.	Dario Linares, MONGIL	03	S6	A4 12+	CN Fusion	9:21.58	154
	100m: 2:11.99 2:11.99	200m: 4:32.42 2:20.43	300m: 6:57.33 2:24.91	400m: 9:21.58 2:24.25			

Classe S7

1.	Nuno Diogo, ALVES	88	S7	A12	Propaganda da Natacao	7:39.70	232
	100m: 1:47.08 1:47.08	200m: 3:39.36 1:52.28	300m: 5:39.96 2:00.60	400m: 7:39.70 1:59.74			
2.	Jose Manuel, PINTO	00	S7	A 12	ADADA Porto	7:46.77	222
	100m: 1:40.94 1:40.94	200m: 3:40.78 1:59.84	300m: 5:45.20 2:04.42	400m: 7:46.77 2:01.57			
3.	David Emanuel, MONTOIA	00	S7	3, 5, 12+	Porto	8:25.04	175
	100m: 1:53.78 1:53.78	200m: 4:02.57 2:08.79	300m: 6:11.87 2:09.30	400m: 8:25.04 2:13.17			

Classe S8

1.	Ruben Daniel, LINHARES	97	S8	3,5,12+	Feira Viva	5:08.21	599
	100m: 1:12.76 1:12.76	200m: 2:31.34 1:18.58	300m: 3:49.93 1:18.59	400m: 5:08.21 1:18.28			
2.	Joao Silva, ROCHA	91	S8		Porto	10:27.42	71
	100m: 2:18.68 2:18.68	200m: 5:01.95 2:43.27	300m: 7:46.38 2:44.43	400m: 10:27.42 2:41.04			

Classe S9

1.	Renato Filipe, SILVA	98	S9		Porto	5:25.50	453
	100m: 1:13.70 1:13.70	200m: 2:36.65 1:22.95	300m: 4:03.10 1:26.45	400m: 5:25.50 1:22.40			
2.	Francisco Mario, GOUVEIA	75	S9	9	Feira Viva	6:34.10	255
	100m: 1:31.31 1:31.31	200m: 3:13.37 1:42.06	300m: 4:55.17 1:41.80	400m: 6:34.10 1:38.93			
3.	Nuno Ricardo, FRADE	83	S9	3,5,12+	Alhandra	13:20.69	30
	100m: 3:04.35 3:04.35	200m: 6:41.67 3:37.32	300m: 10:06.43 3:24.76	400m: 13:20.69 3:14.26			

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager, 11.58223

Registered to Associação de Nataçao do Norte de Portugal

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Prova 23, Masc., 400m Livres

Classe S10

1. Antonio Pedro, OLIVEIRA 03 S10 12+ Porto **6:32.12** 223
100m: 1:31.46 1:31.46 200m: 3:11.80 1:40.34 300m: 4:53.12 1:41.32 400m: 6:32.12 1:39.00

Classe S110

1. Luis Miguel, ASSUNCAO 01 S110 Porto **5:53.36**
100m: 1:21.49 1:21.49 200m: 2:53.39 1:31.90 300m: 4:26.74 1:33.35 400m: 5:53.36 1:26.62

Classe S11

1. Marco Ribeiro, MENESES 01 S11 T B O Crasto **5:17.85** 605
Rec Nac Classe S11
100m: 1:14.42 1:14.42 200m: 2:37.48 1:23.06 300m: 3:58.78 1:21.30 400m: 5:17.85 1:19.07

Classe S14

1. Humberto Julio, MENDES 90 S14 Porto **6:34.40** 266
100m: 1:31.67 1:31.67 200m: 3:16.59 1:44.92 300m: 4:59.78 1:43.19 400m: 6:34.40 1:34.62
2. Simao Pedro, ROCHA 06 S14 Aquatico Pacense **7:01.13** 218
100m: 1:40.36 1:40.36 200m: 3:28.89 1:48.53 300m: 5:17.33 1:48.44 400m: 7:01.13 1:43.80
3. Bruno Miguel, SILVA 93 S14 Porto **8:30.52** 123
100m: 1:55.18 1:55.18 200m: 4:12.70 2:17.52 300m: 6:23.32 2:10.62 400m: 8:30.52 2:07.20

Classe S21 (SDown)

1. Jose Augusto, RIBEIRO 92 S21 Propaganda da Natacao **6:39.88**
100m: 1:31.62 1:31.62 200m: 3:15.79 1:44.17 300m: 5:00.06 1:44.27 400m: 6:39.88 1:39.82
2. Miguel Pereira, SEBASTIAO 98 S21 Sporting Clube de Aveiro **7:27.31**
100m: 1:41.44 1:41.44 200m: 3:37.86 1:56.42 300m: 5:35.03 1:57.17 400m: 7:27.31 1:52.28
3. Joel Alexandre, PEREIRA 92 S21 APC Coimbra **7:49.58**
100m: 1:48.79 1:48.79 200m: 3:52.20 2:03.41 300m: 5:53.05 2:00.85 400m: 7:49.58 1:56.53
4. Hugo Bernardo, GONCALVES 96 S21 Porto **8:20.79**
100m: 1:55.78 1:55.78 200m: 4:02.64 2:06.86 300m: 6:13.23 2:10.59 400m: 8:20.79 2:07.56