

Prova 39	Masc., 1500m Livres				Absoluto
26-05-2019 - 11:55					Resultados
S14	22:22.35	Pedro Miguel, RIBEIRO	CPN	Povoa de Varzim	20-05-2018
S15	18:39.44	Ricardo Andrade, BELEZAS	POR	Lublin (POL)	05-07-2018
S21	25:09.40	Jose Augusto, RIBEIRO	POR	Florence (ITA)	21-07-2016

Pontos: KNZB 2018 + Para

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
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Classe S21 (SDown)-Absolutos

1. Jose Augusto, RIBEIRO	92	S21	Propaganda da Natacao				25:23.81	
100m: 1:29.32 1:29.32	500m: 8:16.58 1:42.19	900m: 15:07.97 1:43.45	1300m: 22:02.51 1:43.44					
200m: 3:11.02 1:41.70	600m: 9:59.72 1:43.14	1000m: 16:51.72 1:43.75	1400m: 23:45.26 1:42.75					
300m: 4:51.97 1:40.95	700m: 11:41.94 1:42.22	1100m: 18:35.56 1:43.84	1500m: 25:23.81 1:38.55					
400m: 6:34.39 1:42.42	800m: 13:24.52 1:42.58	1200m: 20:19.07 1:43.51						
Francisco Pessanha, MONTE02	S21	ADADA Porto				25:23.95		
100m: 1:29.49 1:29.49	500m: 8:16.10 1:41.56	900m: 15:09.24 1:44.52	1300m: 22:01.84 1:41.67					
200m: 3:11.35 1:41.86	600m: 9:58.54 1:42.44	1000m: 16:53.18 1:43.94	1400m: 23:45.32 1:43.48					
300m: 4:52.89 1:41.54	700m: 11:41.70 1:43.16	1100m: 18:36.59 1:43.41	1500m: 25:23.95 1:38.63					
400m: 6:34.54 1:41.65	800m: 13:24.72 1:43.02	1200m: 20:20.17 1:43.58						

Classe S21 (SDown)-Seniores

1. Jose Augusto, RIBEIRO	92	S21	Propaganda da Natacao				25:23.81	
100m: 1:29.32 1:29.32	500m: 8:16.58 1:42.19	900m: 15:07.97 1:43.45	1300m: 22:02.51 1:43.44					
200m: 3:11.02 1:41.70	600m: 9:59.72 1:43.14	1000m: 16:51.72 1:43.75	1400m: 23:45.26 1:42.75					
300m: 4:51.97 1:40.95	700m: 11:41.94 1:42.22	1100m: 18:35.56 1:43.84	1500m: 25:23.81 1:38.55					
400m: 6:34.39 1:42.42	800m: 13:24.52 1:42.58	1200m: 20:19.07 1:43.51						
2. Francisco Pessanha, MONTE02	S21	ADADA Porto				25:23.95		
100m: 1:29.49 1:29.49	500m: 8:16.10 1:41.56	900m: 15:09.24 1:44.52	1300m: 22:01.84 1:41.67					
200m: 3:11.35 1:41.86	600m: 9:58.54 1:42.44	1000m: 16:53.18 1:43.94	1400m: 23:45.32 1:43.48					
300m: 4:52.89 1:41.54	700m: 11:41.70 1:43.16	1100m: 18:36.59 1:43.41	1500m: 25:23.95 1:38.63					
400m: 6:34.54 1:41.65	800m: 13:24.72 1:43.02	1200m: 20:20.17 1:43.58						