

1 - 1ª Jornada

27/11/2021 - 15:30

Prova 1	Femin., 400m Livres					Absoluto
27/11/2021 - 15:30						Resultados
Rec Nac Adaptada S6	11:47.11	BARBOSA, Ana Sofia	FCP	Porto		25/04/2021
Rec Nac Adaptada S8	5:42.76	CASTRO, Ana Filipa	FVCD	Oeiras		11/05/2019
Rec Nac Adaptada S7	9:59.80	SAMPAIO, Ana Branca	SANNP	Valladolid (ESP)		05/05/2018
Rec Nac Adaptada S9	5:02.09	VEIGA, Susana Pereira	CNCVG	Coimbra		25/04/2021
Rec Nac Adaptada S10	5:18.60	NEVES, Teresa Lamego	POR	Eindhoven (NED)		07/08/2014
Rec Nac Adaptada S11	59:00.00	, start				
Rec Nac Adaptada S12	59:00.00	, start				
Rec Nac Adaptada S13	59:00.00	, start				
Rec Nac Adaptada S14	6:25.10	RESENDE, Sonia Castanheiro	SCA	Vila Franca de Xira		05/03/2016
Rec Nac Adaptada S15	5:50.21	LOURENCO, Susana Maria	SCP	Coimbra		13/08/2011
Rec Nac Adaptada S16	7:18.70	TABORDA, Maria Joao	FCP	Povoa de Varzim		07/04/2019
Rec Nac Adaptada S17	59:00.00	, start				
Rec Nac Adaptada S21	7:37.73	REIS, Filipa Sa	POR	Olbia (ITA)		21/09/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	TORRES, Iara Pinto	05	S8	A, 3, 5, 1	FCP	<b>7:24.19</b>	265
	50m: 43.82 43.82	150m: 2:31.77 56.34	250m: 4:30.85 1:00.64	350m: 6:26.77 57.37			
	100m: 1:35.43 51.61	200m: 3:30.21 58.44	300m: 5:29.40 58.55	400m: 7:24.19 57.42			
2.	SOARES, Maria Mafalda	02	S14		ADADA	<b>7:40.80</b>	218
	50m: 47.90 47.90	150m: 2:44.91 1:00.51	250m: 4:46.35 1:00.39	350m: 6:45.35 58.87			
	100m: 1:44.40 56.50	200m: 3:45.96 1:01.05	300m: 5:46.48 1:00.13	400m: 7:40.80 55.45			
3.	ALMEIDA, Beatriz Moreira	04	S14		ADADA	<b>9:11.89</b>	127
	50m: 57.29 57.29	150m: 3:15.52 1:10.97	250m: 5:37.87 1:09.41	350m: 8:02.59 1:12.21			
	100m: 2:04.55 1:07.26	200m: 4:28.46 1:12.94	300m: 6:50.38 1:12.51	400m: 9:11.89 1:09.30			
4.	BARBOSA, Ana Sofia	88	S6	A 12+	FCP	<b>11:31.70</b>	96
	<i>Recorde Nacional</i>						
	50m: 1:21.85 1:21.85	150m: 4:19.91 1:28.36	250m: 7:14.52 1:26.48	350m: 10:07.44 1:25.60			
	100m: 2:51.55 1:29.70	200m: 5:48.04 1:28.13	300m: 8:41.84 1:27.32	400m: 11:31.70 1:24.26			
WDR	MORAIS, Maria Matilde	06	S10	12,+	ADADA		

**Classe S6-Seniores**

1.	BARBOSA, Ana Sofia	88	S6	A 12+	FCP	<b>11:31.70</b>	96
	<i>Recorde Nacional</i>						
	50m: 1:21.85 1:21.85	150m: 4:19.91 1:28.36	250m: 7:14.52 1:26.48	350m: 10:07.44 1:25.60			
	100m: 2:51.55 1:29.70	200m: 5:48.04 1:28.13	300m: 8:41.84 1:27.32	400m: 11:31.70 1:24.26			

**Classe S8-Seniores**

1.	TORRES, Iara Pinto	05	S8	A, 3, 5, 1	FCP	<b>7:24.19</b>	265
	50m: 43.82 43.82	150m: 2:31.77 56.34	250m: 4:30.85 1:00.64	350m: 6:26.77 57.37			
	100m: 1:35.43 51.61	200m: 3:30.21 58.44	300m: 5:29.40 58.55	400m: 7:24.19 57.42			

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29/11/2021 9:57 - Página 1

Prova 1, Femin., 400m Livres

Classe S10-Esperanas

WDR MORAIS, Maria Matilde 06 S10 12,+ ADADA

Classe S14-Seniores

1.	SOARES, Maria Mafalda	02	S14		ADADA				<b>7:40.80</b>	218
	50m: 47.90 47.90		150m: 2:44.91	1:00.51	250m: 4:46.35	1:00.39	350m: 6:45.35	58.87		
	100m: 1:44.40 56.50		200m: 3:45.96	1:01.05	300m: 5:46.48	1:00.13	400m: 7:40.80	55.45		
2.	ALMEIDA, Beatriz Moreira	04	S14		ADADA				<b>9:11.89</b>	127
	50m: 57.29 57.29		150m: 3:15.52	1:10.97	250m: 5:37.87	1:09.41	350m: 8:02.59	1:12.21		
	100m: 2:04.55 1:07.26		200m: 4:28.46	1:12.94	300m: 6:50.38	1:12.51	400m: 9:11.89	1:09.30		
EXH	CASTRO, Ana Filipa	97	S8	12	Feira Viva				<b>6:06.65</b>	472
	50m: 39.27 39.27		150m: 2:12.22	46.42	250m: 3:46.39	46.99	350m: 5:21.10	46.87		
	100m: 1:25.80 46.53		200m: 2:59.40	47.18	300m: 4:34.23	47.84	400m: 6:06.65	45.55		
EXH	NEVES, Camila Anjos	01	S113		ALHANDRA SC				<b>6:32.82</b>	
	50m: 42.61 42.61		150m: 2:19.24	48.61	250m: 4:00.74	51.16	350m: 5:44.49	51.63		
	100m: 1:30.63 48.02		200m: 3:09.58	50.34	300m: 4:52.86	52.12	400m: 6:32.82	48.33		
EXH	SIMOES, Diana Vieira	98	S14	W	SCA				<b>6:55.35</b>	298
	50m: 42.32 42.32		150m: 2:25.24	53.11	250m: 4:13.52	54.43	350m: 6:01.89	53.83		
	100m: 1:32.13 49.81		200m: 3:19.09	53.85	300m: 5:08.06	54.54	400m: 6:55.35	53.46		
EXH	TAVARES, Ana Filipa	93	S8	A 12+	ALHANDRA SC				<b>8:48.58</b>	158
	50m: 54.88 54.88		150m: 3:07.38	1:08.41	250m: 4:07.79		350m: 6:23.68			
	100m: 1:58.97 1:04.09		200m: 4:16.55	1:09.17	300m: 6:33.98	2:26.19	400m: 8:48.58	2:24.90		
EXH	SANTOS, Debora Filipa	92	S113		CFV				<b>9:31.87</b>	
	50m: 1:05.30 1:05.30		150m: 3:32.68	1:14.62	250m: 5:57.31	1:11.22	350m: 8:21.94	1:12.61		
	100m: 2:18.06 1:12.76		200m: 4:46.09	1:13.41	300m: 7:09.33	1:12.02	400m: 9:31.87	1:09.93		

Prova 2	Masc., 400m Livres				Absoluto
27/11/2021 - 15:55					Resultados
Rec Nac Adaptada S6	5:15.72	VIDEIRA, Daniel Carlos	POR	Funchal	19/05/2021
Rec Nac Adaptada S8	5:02.78	LINHARES, Ruben Daniel	FVCD	Oeiras	11/05/2019
Rec Nac Adaptada S7	5:31.30	VIDEIRA, Daniel Carlos	GESL	Povoa de Varzim	12/05/2018
Rec Nac Adaptada S9	4:21.94	GRACHAT, David Realista	POR	Londres (GBR)	04/09/2012
Rec Nac Adaptada S10	4:24.87	GONCALVES, Emanuel Luis	CDN	Coimbra	10/06/2011
Rec Nac Adaptada S11	4:56.01	MENESES, Marco Ribeiro	POR	Funchal	22/05/2021
Rec Nac Adaptada S12	59:00.00	, start			
Rec Nac Adaptada S13	4:31.26	ENCARNACAO, Vitor Hugo	POR	Eindhoven (NED)	10/08/2014
Rec Nac Adaptada S14	5:07.36	DUARTE, Samuel Lima	FVCD	Porto	26/06/2021
Rec Nac Adaptada S15	4:28.84	CRUZ, Miguel Duarte	CFB	Oeiras	20/12/2020
Rec Nac Adaptada S16	5:18.51	JORGE, Andre Camara	CEOL	Rio Maior	25/01/2020
Rec Nac Adaptada S17	6:22.85	BRANCO, Miguel Paiva	APPDAC	Oeiras	11/05/2019
Rec Nac Adaptada S21	5:59.96	ALMEIDA, Andre Reis	SCP	Oeiras	11/05/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
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#### Classe S1-S14-Absolutos

1.	CORDEIRO, Tomas Coelho	04	S10		Individual ANNP	<b>4:43.34</b>	637
	50m: 31.15 31.15	150m: 1:41.20 35.97	250m: 2:55.43 37.22	350m: 4:08.08 35.87			
	100m: 1:05.23 34.08	200m: 2:18.21 37.01	300m: 3:32.21 36.78	400m: 4:43.34 35.26			
2.	REIS, Bruno Ferreira	00	S8	12+	FCP	<b>5:20.00</b>	607
	50m: 36.67 36.67	150m: 1:55.92 40.23	250m: 3:16.82 40.27	350m: 4:39.10 41.18			
	100m: 1:15.69 39.02	200m: 2:36.55 40.63	300m: 3:57.92 41.10	400m: 5:20.00 40.90			
3.	ROCHA, Simao Pedro	06	S14		CAP	<b>6:22.46</b>	287
	50m: 39.87 39.87	150m: 2:11.71 47.35	250m: 3:51.22 49.71	350m: 5:33.43 50.57			
	100m: 1:24.36 44.49	200m: 3:01.51 49.80	300m: 4:42.86 51.64	400m: 6:22.46 49.03			
4.	ALVES, Nuno Diogo	88	S7		ADDEG	<b>7:52.43</b>	206
	50m: 52.58 52.58	150m: 2:49.39 58.96	250m: 4:50.46 59.12	350m: 6:51.70 1:00.31			
	100m: 1:50.43 57.85	200m: 3:51.34 1:01.95	300m: 5:51.39 1:00.93	400m: 7:52.43 1:00.73			
5.	NASCIMENTO, Luis Carlos	06	S6	A 3 5 12+	FCP	<b>8:42.39</b>	202
	50m: 59.16 59.16	150m: 3:08.77 1:04.98	250m: 5:21.99 1:06.55	350m: 7:36.95 1:06.99			
	100m: 2:03.79 1:04.63	200m: 4:15.44 1:06.67	300m: 6:29.96 1:07.97	400m: 8:42.39 1:05.44			
6.	SOUSA, Helder Ferreira	75	S7	12+	FCP	<b>8:22.16</b>	172
	50m: 53.51 53.51	150m: 3:00.70 1:03.99	250m: 5:11.55 1:04.93	350m: 7:21.87 1:04.37			
	100m: 1:56.71 1:03.20	200m: 4:06.62 1:05.92	300m: 6:17.50 1:05.95	400m: 8:22.16 1:00.29			

#### Classe S6-Esperanas

1.	NASCIMENTO, Luis Carlos	06	S6	A 3 5 12+	FCP	<b>8:42.39</b>	202
	50m: 59.16 59.16	150m: 3:08.77 1:04.98	250m: 5:21.99 1:06.55	350m: 7:36.95 1:06.99			
	100m: 2:03.79 1:04.63	200m: 4:15.44 1:06.67	300m: 6:29.96 1:07.97	400m: 8:42.39 1:05.44			

#### Classe S7-Seniores

1.	ALVES, Nuno Diogo	88	S7		ADDEG	<b>7:52.43</b>	206
	50m: 52.58 52.58	150m: 2:49.39 58.96	250m: 4:50.46 59.12	350m: 6:51.70 1:00.31			
	100m: 1:50.43 57.85	200m: 3:51.34 1:01.95	300m: 5:51.39 1:00.93	400m: 7:52.43 1:00.73			
2.	SOUSA, Helder Ferreira	75	S7	12+	FCP	<b>8:22.16</b>	172
	50m: 53.51 53.51	150m: 3:00.70 1:03.99	250m: 5:11.55 1:04.93	350m: 7:21.87 1:04.37			
	100m: 1:56.71 1:03.20	200m: 4:06.62 1:05.92	300m: 6:17.50 1:05.95	400m: 8:22.16 1:00.29			

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Prova 2, Masc., 400m Livres

Classe S8-Seniores

1. REIS, Bruno Ferreira	00	S8	12+	FCP				<b>5:20.00</b>	607		
50m:	36.67	36.67	150m:	1:55.92	40.23	250m:	3:16.82	40.27	350m:	4:39.10	41.18
100m:	1:15.69	39.02	200m:	2:36.55	40.63	300m:	3:57.92	41.10	400m:	5:20.00	40.90

Classe S10-Seniores

1. CORDEIRO, Tomas Coelho	04	S10		Individual ANNP				<b>4:43.34</b>	637		
50m:	31.15	31.15	150m:	1:41.20	35.97	250m:	2:55.43	37.22	350m:	4:08.08	35.87
100m:	1:05.23	34.08	200m:	2:18.21	37.01	300m:	3:32.21	36.78	400m:	4:43.34	35.26

Classe S14-Esperanas

1. ROCHA, Simao Pedro	06	S14		CAP				<b>6:22.46</b>	287		
50m:	39.87	39.87	150m:	2:11.71	47.35	250m:	3:51.22	49.71	350m:	5:33.43	50.57
100m:	1:24.36	44.49	200m:	3:01.51	49.80	300m:	4:42.86	51.64	400m:	6:22.46	49.03

Classe S17 (Autismo) Absolutos

1. MENDES, Humberto Julio	90	S17		ADADA				<b>7:27.01</b>			
50m:	44.40	44.40	150m:	2:39.43	58.84	250m:	4:40.54	1:00.74	350m:	6:37.15	57.74
100m:	1:40.59	56.19	200m:	3:39.80	1:00.37	300m:	5:39.41	58.87	400m:	7:27.01	49.86

Classe S17 (Autismo) Seniores

1. MENDES, Humberto Julio	90	S17		ADADA				<b>7:27.01</b>			
50m:	44.40	44.40	150m:	2:39.43	58.84	250m:	4:40.54	1:00.74	350m:	6:37.15	57.74
100m:	1:40.59	56.19	200m:	3:39.80	1:00.37	300m:	5:39.41	58.87	400m:	7:27.01	49.86

Classe S21 (SDown)-Absolutos

1. RIBEIRO, Jos� Augusto	92	S21		ADDEG				<b>7:06.68</b>			
50m:	43.25	43.25	150m:	2:29.61	54.44	250m:	4:21.37	56.48	350m:	6:12.93	55.67
100m:	1:35.17	51.92	200m:	3:24.89	55.28	300m:	5:17.26	55.89	400m:	7:06.68	53.75

Classe S21 (SDown)-Seniores

1. RIBEIRO, Jos� Augusto	92	S21		ADDEG				<b>7:06.68</b>			
50m:	43.25	43.25	150m:	2:29.61	54.44	250m:	4:21.37	56.48	350m:	6:12.93	55.67
100m:	1:35.17	51.92	200m:	3:24.89	55.28	300m:	5:17.26	55.89	400m:	7:06.68	53.75

EXH ASSUNCAO, Luis Miguel	01	S110		FCP				<b>5:58.46</b>			
50m:	38.18	38.18	150m:	2:08.75	46.31	250m:	3:44.24	47.32	350m:	5:17.73	47.23
100m:	1:22.44	44.26	200m:	2:56.92	48.17	300m:	4:30.50	46.26	400m:	5:58.46	40.73

EXH COSTA, Luis Espinho	90	S7		ALHANDRA SC				<b>9:59.55</b>	101		
50m:	1:05.81	1:05.81	150m:	3:36.10	1:15.93	250m:	6:09.02	1:16.53	350m:	8:46.29	1:17.10
100m:	2:20.17	1:14.36	200m:	4:52.49	1:16.39	300m:	7:29.19	1:20.17	400m:	9:59.55	1:13.26

O Secret rio do Juri

O Juiz  rbitro

Prova 3		Femin., 200m Livres				Absoluto
27/11/2021 - 16:15						Resultados
Rec Nac Adaptada S1	59:00.00	, start				
Rec Nac Adaptada S2	59:00.00	, start				
Rec Nac Adaptada S3	5:07.35	BARROSO, Susana Cristina	GESL	Lisboa		26/05/2001
Rec Nac Adaptada S4	4:07.64	GUIMARAES, Diana Lobo	FCP	Vila Franca de Xira		01/12/2007
Rec Nac Adaptada S5	3:31.89	MORGADO, Maria Joao	POR	Braunschweig (GER)		13/08/1999
Rec Nac Adaptada S14	2:48.99	RESENDE, Sonia Castanheiro	POR	Loano (ITA)		11/06/2016
Rec Nac Adaptada S15	2:40.90	ALMEIDA, Eunice Evora	SCP	Povoa de Varzim		12/05/2018
Rec Nac Adaptada S16	3:35.36	TABORDA, Maria Joao	FCP	Povoa de Varzim		07/04/2019
Rec Nac Adaptada S17	59:00.00	, start				
Rec Nac Adaptada S21	3:34.41	TORRES, Diana Ines	ADADA	Vila Franca de Xira		05/03/2016

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
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#### Classe S1-S14-Absolutos

1.	GOUVEIA, Susana Raquel	89	S14		ADADA	<b>3:53.79</b>	152
	50m: 49.58 49.58	100m: 1:48.93	59.35	150m: 2:52.27	1:03.34	200m: 3:53.79	1:01.52

#### Classe S14-Seniores

1.	GOUVEIA, Susana Raquel	89	S14		ADADA	<b>3:53.79</b>	152
	50m: 49.58 49.58	100m: 1:48.93	59.35	150m: 2:52.27	1:03.34	200m: 3:53.79	1:01.52

#### Classe S17 (Autismo) Absolutos

1.	FERREIRA, Francisca Araujc96		S17		ADADA	<b>5:58.08</b>	
	<i>Recorde Nacional</i>						
	50m: 1:17.79 1:17.79	100m: 2:52.29	1:34.50	150m: 4:24.13	1:31.84	200m: 5:58.08	1:33.95

#### Classe S17 (Autismo) Seniores

1.	FERREIRA, Francisca Araujc96		S17		ADADA	<b>5:58.08</b>	
	<i>Recorde Nacional</i>						
	50m: 1:17.79 1:17.79	100m: 2:52.29	1:34.50	150m: 4:24.13	1:31.84	200m: 5:58.08	1:33.95

#### Classe S21 (SDown)-Absolutos

1.	TORRES, Diana Ines	99	S21		FCP	<b>3:34.77</b>	
	50m: 47.14 47.14	100m: 1:42.92	55.78	150m: 2:41.93	59.01	200m: 3:34.77	52.84
2.	CASTRO, Ana Alexandra	92	S21		FCP	<b>4:14.24</b>	
	50m: 58.81 58.81	100m: 2:03.91	1:05.10	150m: 3:08.94	1:05.03	200m: 4:14.24	1:05.30
3.	MACHADO, Ana Catarina	94	S21		ADADA	<b>5:38.33</b>	
	50m: 1:14.77 1:14.77	100m: 2:40.84	1:26.07	150m: 4:09.66	1:28.82	200m: 5:38.33	1:28.67

#### Classe S21 (SDown)-Seniores

1.	TORRES, Diana Ines	99	S21		FCP	<b>3:34.77</b>	
	50m: 47.14 47.14	100m: 1:42.92	55.78	150m: 2:41.93	59.01	200m: 3:34.77	52.84

O Secretário do Juri

O Juiz Árbitro

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29/11/2021 9:57 - Página 5

Prova 3, Femin., 200m Livres, Classe S21 (SDown)-Seniores

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
2.	CASTRO, Ana Alexandra	92	S21		FCP	<b>4:14.24</b>	
	50m: 58.81 58.81	100m: 2:03.91 1:05.10	150m: 3:08.94 1:05.03	200m: 4:14.24 1:05.30			
3.	MACHADO, Ana Catarina	94	S21		ADADA	<b>5:38.33</b>	
	50m: 1:14.77 1:14.77	100m: 2:40.84 1:26.07	150m: 4:09.66 1:28.82	200m: 5:38.33 1:28.67			
EXH	REIS, Filipa S�	00	S21		Feira Viva	<b>3:35.49</b>	
	50m: 47.06 47.06	100m: 1:42.07 55.01	150m: 2:39.27 57.20	200m: 3:35.49 56.22			
EXH	REIS, Adriana Godinho	95	S21		Feira Viva	<b>3:55.08</b>	
	50m: 53.92 53.92	100m: 1:54.64 1:00.72	150m: 2:55.67 1:01.03	200m: 3:55.08 59.41			
EXH	CASTRO, Bruna Gomes	04	S21		Feira Viva	<b>6:13.40</b>	
	50m: 1:13.73 1:13.73	100m: 2:50.64 1:36.91	150m: 4:28.26 1:37.62	200m: 6:13.40 1:45.14			

Prova 4

Masc., 200m Livres

Absoluto

27/11/2021 - 16:25

Resultados

Rec Nac Adaptada S1	7:14.02	MARTINS, Joao	CNBC	Estocolmo (SWE)	02/08/2001
Rec Nac Adaptada S2	5:30.51	PINA, Joao Alexandre	GESL	Vila Franca de Xira	05/03/2016
Rec Nac Adaptada S3	5:18.76	VITORINO, Nuno	GESL	Almendralejo (ESP)	26/07/2002
Rec Nac Adaptada S4	3:49.10	PEDROSO, Rui Manuel	POR	Sheffield (GBR)	06/06/1998
Rec Nac Adaptada S5	2:58.33	ROCHA, Ivo Filipe	FVCD	Porto	26/05/2019
Rec Nac Adaptada S8	2:32.49	CANCELA, Diogo Luis	CNMC	Coimbra	10/07/2021
Rec Nac Adaptada S14	2:34.09	SILVA, Nuno Alexandre	SCP	Povoa de Varzim	12/05/2018
Rec Nac Adaptada S15	2:03.73	NEVES, Tiago Correia	CFB	Funchal	24/03/2018
Rec Nac Adaptada S16	2:20.19	JORGE, Andre Camara	CEOL	Funchal	22/02/2020
Rec Nac Adaptada S17	3:01.68	MANITO, Pedro Fernandes	PDEM	Rio Maior	25/01/2020
Rec Nac Adaptada S21	2:49.44	ALMEIDA, Andre Reis	POR	Olbia (ITA)	17/09/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	RIBEIRO, Jorge Filipe	81	S14		ADADA	<b>5:20.22</b>	45
	50m: 1:05.26 1:05.26	100m: 2:28.03 1:22.77	150m: 3:56.08 1:28.05	200m: 5:20.22 1:24.14			
<b>Classe S14-Seniores</b>							
1.	RIBEIRO, Jorge Filipe	81	S14		ADADA	<b>5:20.22</b>	45
	50m: 1:05.26 1:05.26	100m: 2:28.03 1:22.77	150m: 3:56.08 1:28.05	200m: 5:20.22 1:24.14			
<b>Classe S17 (Autismo) Absolutos</b>							
1.	SILVA, Bruno Miguel	93	S17		FCP	<b>3:20.23</b>	
	50m: 44.35 44.35	100m: 1:35.40 51.05	150m: 2:28.82 53.42	200m: 3:20.23 51.41			
2.	OLIVEIRA, Am�rico Manuel	08	S17		ADDEG	<b>3:27.46</b>	
	50m: 41.59 41.59	100m: 1:34.45 52.86	150m: 2:31.73 57.28	200m: 3:27.46 55.73			
3.	OLIVEIRA, Luis Pires	00	S17		FCP	<b>4:12.60</b>	
	50m: 54.01 54.01	100m: 1:59.03 1:05.02	150m: 3:07.60 1:08.57	200m: 4:12.60 1:05.00			

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Prova 4, Masc., 200m Livres, Classe S17 (Autismo) Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
4.	GUIMARAES, Bruno Ricardo	94	S17		ADADA	<b>4:19.51</b>	
	50m: 50.15 50.15	100m: 1:52.47 1:02.32	150m: 3:06.67 1:14.20	200m: 4:19.51 1:12.84			
5.	RODRIGUES, Pedro	97	S17		ADDEG	<b>7:04.17</b>	
	50m: 1:38.82 1:38.82	100m: 3:25.47 1:46.65	150m: 5:14.26 1:48.79	200m: 7:04.17 1:49.91			

Classe S17 (Autismo) Esperancas

1.	OLIVEIRA, Am�rico Manuel	08	S17		ADDEG	<b>3:27.46</b>	
	50m: 41.59 41.59	100m: 1:34.45 52.86	150m: 2:31.73 57.28	200m: 3:27.46 55.73			

Classe S17 (Autismo) Seniores

1.	SILVA, Bruno Miguel	93	S17		FCP	<b>3:20.23</b>	
	50m: 44.35 44.35	100m: 1:35.40 51.05	150m: 2:28.82 53.42	200m: 3:20.23 51.41			
2.	OLIVEIRA, Luis Pires	00	S17		FCP	<b>4:12.60</b>	
	50m: 54.01 54.01	100m: 1:59.03 1:05.02	150m: 3:07.60 1:08.57	200m: 4:12.60 1:05.00			
3.	GUIMARAES, Bruno Ricardo	94	S17		ADADA	<b>4:19.51</b>	
	50m: 50.15 50.15	100m: 1:52.47 1:02.32	150m: 3:06.67 1:14.20	200m: 4:19.51 1:12.84			
4.	RODRIGUES, Pedro	97	S17		ADDEG	<b>7:04.17</b>	
	50m: 1:38.82 1:38.82	100m: 3:25.47 1:46.65	150m: 5:14.26 1:48.79	200m: 7:04.17 1:49.91			

Classe S21 (SDown)-Absolutos

1.	EUSEBIO, Marcelo Esteves	02	S21		ADADA	<b>4:03.46</b>	
	50m: 47.71 47.71	100m: 1:48.35 1:00.64	150m: 2:56.69 1:08.34	200m: 4:03.46 1:06.77			

Classe S21 (SDown)-Seniores

1.	EUSEBIO, Marcelo Esteves	02	S21		ADADA	<b>4:03.46</b>	
	50m: 47.71 47.71	100m: 1:48.35 1:00.64	150m: 2:56.69 1:08.34	200m: 4:03.46 1:06.77			

EXH	DUARTE, Samuel Lima	04	S14		Feira Viva	<b>2:23.84</b>	502
	<i>Recorde Nacional</i>						
	50m: 31.82 31.82	100m: 1:08.69 36.87	150m: 1:46.68 37.99	200m: 2:23.84 37.16			
EXH	FERNANDES, Tiago Miguel	04	S14		SCA	<b>3:01.84</b>	248
	50m: 40.34 40.34	100m: 1:25.67 45.33	150m: 2:13.98 48.31	200m: 3:01.84 47.86			
EXH	GOUVEIA, Francisco Mario	75	S9	9	Feira Viva	<b>3:18.17</b>	262
	50m: 41.77 41.77	100m: 1:31.40 49.63	150m: 2:24.02 52.62	200m: 3:18.17 54.15			
EXH	SANTOS, Tomas Aniceto	99	S21		Feira Viva	<b>3:27.32</b>	
	50m: 43.98 43.98	100m: 1:37.00 53.02	150m: 2:33.03 56.03	200m: 3:27.32 54.29			



Prova 5	Femin., 100m Bruços					Absoluto
27/11/2021 - 16:40						Resultados
Rec Nac Adaptada S4	2:12.38	GUIMARAES, Diana Lobo	CFV	Coimbra		12/06/2010
Rec Nac Adaptada S5	2:19.48	FRAGOSO, Simone Silva	SCP	P�ova de Varzim		18/06/2016
Rec Nac Adaptada S6	59:00.00	, start				
Rec Nac Adaptada S8	1:25.96	CALADO, Joana Catarina	POR	Rio de Janeiro (BRA)		14/09/2016
Rec Nac Adaptada S7	3:28.27	SAMPAIO, Ana Branca	ADADA	Berlim (GER)		06/07/2017
Rec Nac Adaptada S9	1:25.02	PINTO, Renata Vaz	POR	Funchal		16/05/2021
Rec Nac Adaptada S11	59:00.00	, start				
Rec Nac Adaptada S12	59:00.00	, start				
Rec Nac Adaptada S13	59:00.00	, start				
Rec Nac Adaptada S14	1:37.18	RESENDE, Sonia Castanheiro	POR	Loano (ITA)		10/06/2016
Rec Nac Adaptada S15	1:30.94	LOURENCO, Susana Maria	SCP	Oeiras		17/06/2017
Rec Nac Adaptada S16	1:51.58	TABORDA, Maria Joao	FCP	Oeiras		11/05/2019
Rec Nac Adaptada S17	1:53.19	PELAIO, Beatriz Malaquias	APPDAC	Coimbra		02/03/2019
Rec Nac Adaptada S21	1:55.00	NG, Mannie	GESL	P�ova de Varzim		10/03/2013

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	PINTO, Renata Vaz	99	SB9	1,3,5	ADADA	<b>1:27.67</b>	626
	50m: 40.90 40.90	100m: 1:27.67 46.77					
2.	SANTOS, Rita Manuela	96	SB8	A,3,5,12,+	ADADA	<b>3:39.86</b>	47
	50m: 1:39.08 1:39.08	100m: 3:39.86 2:00.78					
DSQ	RODRIGUES, Laura Soares	08	SB14		ALHANDRA SC		
<b>Classe S8-Seniores</b>							
1.	SANTOS, Rita Manuela	96	SB8	A,3,5,12,+	ADADA	<b>3:39.86</b>	47
	50m: 1:39.08 1:39.08	100m: 3:39.86 2:00.78					
<b>Classe S9-Seniores</b>							
1.	PINTO, Renata Vaz	99	SB9	1,3,5	ADADA	<b>1:27.67</b>	626
	50m: 40.90 40.90	100m: 1:27.67 46.77					
<b>Classe S14-Esperanças</b>							
DSQ	RODRIGUES, Laura Soares	08	SB14		ALHANDRA SC		
<b>Classe S110</b>							
DSQ	PENETRO, Cl�udia Filipa	00	SB110		ALHANDRA SC		
EXH	PINHO, Joana Filipa	02	SB14		SCA	<b>2:16.48</b>	161
	50m: 1:02.76 1:02.76	100m: 2:16.48 1:13.72					
EXH	SOUSA, Patricia Alexandra	01	SB14		ALHANDRA SC	<b>3:07.68</b>	62
	50m: 1:26.16 1:26.16	100m: 3:07.68 1:41.52					

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Prova 6	Masc., 100m Bruços					Absoluto
27/11/2021 - 16:45						Resultados
Rec Nac Adaptada S4	2:31.12	CATARINO, Jaime Lopes	FCP	Porto		26/06/2021
Rec Nac Adaptada S5	1:41.35	ROCHA, Ivo Filipe	FVCD	Porto		23/03/2019
Rec Nac Adaptada S6	2:11.85	ALVES, Nuno Diogo	CNMAIA	Povoa de Varzim		18/06/2016
Rec Nac Adaptada S8	1:21.35	CANCELA, Diogo Luis	POR	Glasgow (GBR)		27/04/2019
Rec Nac Adaptada S7	1:29.16	CAMPOS, Joao Miguel	ADADA	Porto		25/05/2019
Rec Nac Adaptada S9	1:11.87	NASCIMENTO, Adriano Miguel	POR	Londres (GBR)		08/09/2012
Rec Nac Adaptada S11	1:31.69	MENESES, Marco Ribeiro	POR	Funchal		18/05/2021
Rec Nac Adaptada S12	59:00.00	, start				
Rec Nac Adaptada S13	59:00.00	, start				
Rec Nac Adaptada S14	1:27.84	DUARTE, Carlos		Sheffield (GBR)		06/06/1998
Rec Nac Adaptada S15	1:13.06	NEVES, Tiago Correia	CFB	Oeiras		30/07/2021
Rec Nac Adaptada S16	1:12.25	JORGE, Andre Camara	POR	Newcastle (GBR)		20/08/2019
Rec Nac Adaptada S17	1:47.05	OLIVEIRA, Daniel Mendo	FBSC	Porto		26/06/2021
Rec Nac Adaptada S21	1:31.35	VAZ, Joao Francisco	SCP	Rio Maior		25/01/2020

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	CORDEIRO, Tomas Coelho	04	SB9		Individual ANNP	<b>1:21.74</b>	551
	50m: 39.75 39.75	100m: 1:21.74	41.99				
2.	CAMPOS, Joao Miguel	79	SB7	6.12,+	ADADA	<b>1:33.55</b>	521
	50m: 42.30 42.30	100m: 1:33.55	51.25				
3.	CATARINO, Jaime Lopes	91	SB4	A 12	FCP	<b>2:32.48</b>	271
	50m: 1:10.02 1:10.02	100m: 2:32.48	1:22.46				
4.	PINTO, Carlos Manuel	84	SB4	A 12	FCP	<b>2:42.63</b>	223
	50m: 1:14.19 1:14.19	100m: 2:42.63	1:28.44				
5.	OLIVEIRA, Antonio Pedro	03	SB9	12+	FCP	<b>1:55.58</b>	195
	50m: 51.32 51.32	100m: 1:55.58	1:04.26				
6.	ALVES, Nuno Diogo	88	SB6		ADDEG	<b>2:25.88</b>	166
	50m: 1:08.26 1:08.26	100m: 2:25.88	1:17.62				
7.	MONTEIRO, Luis Miguel	96	SB14		ADADA	<b>2:11.03</b>	124
	50m: 54.69 54.69	100m: 2:11.03	1:16.34				
8.	PINTO, Jose Manuel	00	SB6	A,12	ADADA	<b>2:41.58</b>	122
	50m: 1:05.40 1:05.40	100m: 2:41.58	1:36.18				
9.	MOREIRA, Ricardo Jorge	01	SB4	A 3 5 12+	FCP	<b>3:49.63</b>	79
	50m: 1:38.25 1:38.25	100m: 3:49.63	2:11.38				
10.	MONTEIRO, Joao Pedro	04	SB8	3, 5, 12+	FCP	<b>2:42.71</b>	76
	50m: 1:12.03 1:12.03	100m: 2:42.71	1:30.68				
DSQ	RIBEIRO, Pedro Miguel aos 50m	91	SB14		ADDEG		
DSQ	VIEIRA, Micael Alexandre	07	SB14		ALHANDRA SC		

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Prova 6, Masc., 100m Bruços

Classe S4-Seniores

1.	CATARINO, Jaime Lopes	91	SB4	A 12	FCP	<b>2:32.48</b>	271
	50m: 1:10.02 1:10.02	100m: 2:32.48	1:22.46				
2.	PINTO, Carlos Manuel	84	SB4	A 12	FCP	<b>2:42.63</b>	223
	50m: 1:14.19 1:14.19	100m: 2:42.63	1:28.44				
3.	MOREIRA, Ricardo Jorge	01	SB4	A 3 5 12+	FCP	<b>3:49.63</b>	79
	50m: 1:38.25 1:38.25	100m: 3:49.63	2:11.38				

Classe S6-Seniores

1.	ALVES, Nuno Diogo	88	SB6		ADDEG	<b>2:25.88</b>	166
	50m: 1:08.26 1:08.26	100m: 2:25.88	1:17.62				
2.	PINTO, Jose Manuel	00	SB6	A,12	ADADA	<b>2:41.58</b>	122
	50m: 1:05.40 1:05.40	100m: 2:41.58	1:36.18				

Classe S7-Seniores

1.	CAMPOS, Joao Miguel	79	SB7	6,12,+	ADADA	<b>1:33.55</b>	521
	50m: 42.30 42.30	100m: 1:33.55	51.25				

Classe S8-Seniores

1.	MONTEIRO, Joao Pedro	04	SB8	3, 5, 12+	FCP	<b>2:42.71</b>	76
	50m: 1:12.03 1:12.03	100m: 2:42.71	1:30.68				

Classe S9-Seniores

1.	CORDEIRO, Tomas Coelho	04	SB9		Individual ANNP	<b>1:21.74</b>	551
	50m: 39.75 39.75	100m: 1:21.74	41.99				
2.	OLIVEIRA, Antonio Pedro	03	SB9	12+	FCP	<b>1:55.58</b>	195
	50m: 51.32 51.32	100m: 1:55.58	1:04.26				

Classe S14-Esperanas

DSQ VIEIRA, Micael Alexandre 07 SB14 ALHANDRA SC

Classe S14-Seniores

1.	MONTEIRO, Luis Miguel	96	SB14		ADADA	<b>2:11.03</b>	124
	50m: 54.69 54.69	100m: 2:11.03	1:16.34				
DSQ	RIBEIRO, Pedro Miguel	91	SB14		ADDEG		
	aos 50m						

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Prova 6, Masc., 100m Bruços

Classe S21 (SDown)-Absolutos

1.	SILVA, Jos� Miguel	95	SB21	Individual ANNP	<b>1:56.43</b>
	50m: 55.00 55.00	100m: 1:56.43	1:01.43		
DSQ	REGO, Diogo Almeida	97	SB21	SCA	
	aos 50m				

Classe S21 (SDown)-Seniores

1.	SILVA, Jos� Miguel	95	SB21	Individual ANNP	<b>1:56.43</b>
	50m: 55.00 55.00	100m: 1:56.43	1:01.43		
DSQ	REGO, Diogo Almeida	97	SB21	SCA	
	aos 50m				
EXH	ASSUNCAO, Luis Miguel	01	SB110	FCP	<b>1:39.23</b>
	50m: 45.29 45.29	100m: 1:39.23	53.94		
EXH	ROCHA, Ivo Filipe	90	SB5 A 12	Feira Viva	<b>1:47.94</b> 527
	50m: 52.19 52.19	100m: 1:47.94	55.75		
EXH	FREIRE, Hugo Filipe	04	SB14	SCA	<b>1:48.06</b> 221
	50m: 47.12 47.12	100m: 1:48.06	1:00.94		
EXH	MENDES, Gil Mota	09	SB9 1, 3, 5	EMNCS	<b>1:50.07</b> 226
	50m: 51.90 51.90	100m: 1:50.07	58.17		
EXH	AMARAL, Joao Costa	95	SB14	SCE	<b>2:04.60</b> 144
	50m: 54.63 54.63	100m: 2:04.60	1:09.97		
EXH	GOUVEIA, Francisco Mario	75	SB8 9	Feira Viva	<b>2:10.07</b> 148
	50m: 1:00.09 1:00.09	100m: 2:10.07	1:09.98		
EXH	SILVA, Welisson Gonçalo	05	SB14	ALHANDRA SC	<b>3:13.54</b> 38
	50m: 1:21.49 1:21.49	100m: 3:13.54	1:52.05		
EXH	MENDES, Carlos Barbosa	62	SB16 A 12+	ALHANDRA SC	<b>4:45.44</b>
	50m: 2:02.64 2:02.64	100m: 4:45.44	2:42.80		

Prova 7 27/11/2021 - 17:00	Femin., 200m Costas				Absoluto Resultados
Rec Nac Adaptada S14	3:14.60	RESENDE, Sonia Castanheiro	SCA	Póvoa de Varzim	18/06/2016
Rec Nac Adaptada S15	3:43.76	CORREIA, Raquel Rosa	ACDCBR	Póvoa de Varzim	18/06/2016
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	3:41.39	NG, Mannie	POR	Liberec (CZE)	08/07/2009

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
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#### Classe S1-S14-Absolutos

1.	GOMES, Sandra Marlene	96	S14		ADADA	<b>5:19.04</b>	105
	50m: 1:05.06 1:05.06	100m: 2:25.93 1:20.87	150m: 3:52.30 1:26.37	200m: 5:19.04 1:26.74			
DSQ	BARBOSA, Sara Daniela	96	S14		Feira Viva		

#### Classe S14-Seniores

1.	GOMES, Sandra Marlene	96	S14		ADADA	<b>5:19.04</b>	105
	50m: 1:05.06 1:05.06	100m: 2:25.93 1:20.87	150m: 3:52.30 1:26.37	200m: 5:19.04 1:26.74			
DSQ	BARBOSA, Sara Daniela	96	S14		Feira Viva		

#### Classe S21 (SDown)-Absolutos

DSQ	COSTA, Noemi Pereira	93	S21		ADDEG		
	<i>WPS 11.3.4 - O(a) atleta não efetua a viragem dos 50 metros logo após terminar o movimento contínuo dos braços</i>						

#### Classe S21 (SDown)-Seniores

DSQ	COSTA, Noemi Pereira	93	S21		ADDEG		
	<i>WPS 11.3.4 - O(a) atleta não efetua a viragem dos 50 metros logo após terminar o movimento contínuo dos braços</i>						

EXH	MATOS, Gabriela Chambel	05	S14		ALHANDRA SC	<b>5:09.61</b>	115
	50m: 1:08.34 1:08.34	100m: 2:29.02 1:20.68	150m: 3:48.71 1:19.69	200m: 5:09.61 1:20.90			

Prova 8	Masc., 200m Costas					Absoluto
27/11/2021 - 17:05						Resultados
Rec Nac Adaptada S8	2:51.97	CANCELA, Diogo Luis	CNMC	Coimbra		11/07/2021
Rec Nac Adaptada S14	2:53.44	PONTE, Andre Carreiro	CNPDL	Oeiras		11/05/2019
Rec Nac Adaptada S15	2:23.63	NEVES, Tiago Correia	CFB	Povoa de Varzim		12/05/2018
Rec Nac Adaptada S17	3:42.94	SILVA, Bruno Miguel	FCP	Porto		26/06/2021
Rec Nac Adaptada S21	3:09.88	ALMEIDA, Andre Reis	POR	Olbia (ITA)		20/09/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	ROCHA, Simao Pedro	06	S14		CAP	<b>3:24.31</b>	313
	50m: 46.18 46.18	100m: 1:38.52	52.34	150m: 2:31.66	53.14	200m: 3:24.31	52.65
2.	LEAL, Pedro Miguel	90	S14		CFV	<b>3:57.04</b>	200
	50m: 47.95 47.95	100m: 1:45.06	57.11	150m: 2:52.77	1:07.71	200m: 3:57.04	1:04.27
DSQ	MARQUES, Diogo Jos�	99	S14		ALHANDRA SC		
	<i>WPS 11.3.2 - O(A) atleta perdeu a posiç�o dorsal durante o percurso</i>						
DSQ	VALE, Fernando Daniel	05	S14		ALHANDRA SC		
	<i>WPS 11.8.4 - O(A) atleta deu impulso sobre o fundo da piscina aos 100 metros</i>						

#### Classe S14-Esperanas

1.	ROCHA, Simao Pedro	06	S14		CAP	<b>3:24.31</b>	313
	50m: 46.18 46.18	100m: 1:38.52	52.34	150m: 2:31.66	53.14	200m: 3:24.31	52.65

#### Classe S14-Seniores

1.	LEAL, Pedro Miguel	90	S14		CFV	<b>3:57.04</b>	200
	50m: 47.95 47.95	100m: 1:45.06	57.11	150m: 2:52.77	1:07.71	200m: 3:57.04	1:04.27
DSQ	MARQUES, Diogo Jos�	99	S14		ALHANDRA SC		
	<i>WPS 11.3.2 - O(A) atleta perdeu a posiç�o dorsal durante o percurso</i>						
DSQ	VALE, Fernando Daniel	05	S14		ALHANDRA SC		
	<i>WPS 11.8.4 - O(A) atleta deu impulso sobre o fundo da piscina aos 100 metros</i>						

#### Classe S17 (Autismo) Absolutos

1.	SILVA, Andre Guimaraes	96	S17		FCP	<b>3:14.51</b>	
	<i>Recorde Nacional</i>						
	50m: 40.17 40.17	100m: 1:30.73	50.56	150m: 2:23.06	52.33	200m: 3:14.51	51.45

#### Classe S17 (Autismo) Seniores

1.	SILVA, Andre Guimaraes	96	S17		FCP	<b>3:14.51</b>	
	<i>Recorde Nacional</i>						
	50m: 40.17 40.17	100m: 1:30.73	50.56	150m: 2:23.06	52.33	200m: 3:14.51	51.45

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Prova 8, Masc., 200m Costas

Classe S21 (SDown)-Absolutos

DSQ	GONCALVES, Hugo Bernard96	S21	FCP				
<i>WPS 11.3.4 - O(a) atleta não efetua a viragem dos 150 metros logo após terminar o movimento contínuo dos braços</i>							
DSQ	MONTES, Francisco Pessanl02	S21	ADADA				
<i>WPS 11.3.4 - O(a) atleta não efetua a viragem dos 150 metros logo após terminar o movimento contínuo dos braços</i>							

Classe S21 (SDown)-Seniores

DSQ	GONCALVES, Hugo Bernard96	S21	FCP				
<i>WPS 11.3.4 - O(a) atleta não efetua a viragem dos 150 metros logo após terminar o movimento contínuo dos braços</i>							
DSQ	MONTES, Francisco Pessanl02	S21	ADADA				
<i>WPS 11.3.4 - O(a) atleta não efetua a viragem dos 150 metros logo após terminar o movimento contínuo dos braços</i>							

EXH RIBEIRO, David Saraiva 96 S21 SCA **3:55.13**  
50m: 52.93 52.93 100m: 1:53.12 1:00.19 150m: 2:54.72 1:01.60 200m: 3:55.13 1:00.41

EXH SILVA, Rodrigo Oliveira 08 S110 Feira Viva **5:38.64**  
50m: 1:14.95 1:14.95 100m: 2:40.78 1:25.83 150m: 4:09.97 1:29.19 200m: 5:38.64 1:28.67

Prova 9

Femin., 100m Mariposa

Absoluto  
Resultados

27/11/2021 - 17:20

Rec Nac Adaptada S8	1:34.99	CASTRO, Ana Filipa	FVCD	Coimbra	08/07/2018
Rec Nac Adaptada S9	1:17.64	MARQUES, Leila Susana	POR	Atenas (GRE)	17/09/2004
Rec Nac Adaptada S10	1:15.72	NEVES, Teresa Lamego	POR	Glasgow (GBR)	17/07/2015
Rec Nac Adaptada S11	59:00.00	, start			
Rec Nac Adaptada S12	59:00.00	, start			
Rec Nac Adaptada S13	59:00.00	, start			
Rec Nac Adaptada S14	1:42.84	RESENDE, Sonia Castanheiro	SCA	Porto	30/04/2017
Rec Nac Adaptada S15	1:26.66	LOURENCO, Susana Maria	SCP	Póvoa de Varzim	18/06/2016
Rec Nac Adaptada S16	59:00.00	, start			
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	1:47.00	TORRES, Diana Ines	FCP	Oeiras	11/05/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S21 (SDown)-Absolutos</b>							
1.	TORRES, Diana Ines	99	S21		FCP	<b>1:52.48</b>	
	50m: 51.02 51.02	100m: 1:52.48 1:01.46					
2.	CASTRO, Ana Alexandra	92	S21		FCP	<b>2:09.86</b>	
	50m: 1:00.64 1:00.64	100m: 2:09.86 1:09.22					

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Prova 9, Femin., 100m Mariposa

Classe S21 (SDown)-Seniores

1.	TORRES, Diana Ines	99	S21	FCP	<b>1:52.48</b>
	50m: 51.02 51.02	100m: 1:52.48 1:01.46			
2.	CASTRO, Ana Alexandra	92	S21	FCP	<b>2:09.86</b>
	50m: 1:00.64 1:00.64	100m: 2:09.86 1:09.22			
EXH	MONTEIRO, Raquel Rocilio	98	S14	Feira Viva	<b>2:17.82</b> 101
	50m: 1:03.62 1:03.62	100m: 2:17.82 1:14.20			

Prova 10

Masc., 100m Mariposa

Absoluto  
Resultados

27/11/2021 - 17:25

Rec Nac Adaptada S8	1:05.96	CARREIRA, David Pedro	POR	Glasgow (GBR)	13/07/2015
Rec Nac Adaptada S9	1:06.63	GRACHAT, David Realista	POR	Sheffield (GBR)	17/04/2010
Rec Nac Adaptada S10	1:03.52	GONCALVES, Emanuel Luis	POR	Reykjavik (ISL)	22/10/2009
Rec Nac Adaptada S11	1:22.55	MENESES, Marco Ribeiro	POR	Funchal	17/05/2021
Rec Nac Adaptada S12	1:36.62	CRUZ, Joao Tanica	PDEM	Oeiras	11/05/2019
Rec Nac Adaptada S13	1:04.97	ENCARNACAO, Vitor Hugo	POR	Eindhoven (NED)	08/08/2014
Rec Nac Adaptada S14	1:20.79	RIBEIRO, Pedro Miguel	CPN	Povoa de Varzim	12/05/2018
Rec Nac Adaptada S15	59.56	NEVES, Tiago Correia	POR	São Paulo (BRA)	27/08/2019
Rec Nac Adaptada S16	1:11.98	JORGE, Andre Camara	CEOL	Funchal	15/06/2019
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	1:20.02	SANTOS, Filipe Bjorcke	POR	Florence (ITA)	20/07/2016

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	REIS, Bruno Ferreira	00	S8	12+	FCP	<b>1:39.21</b>	256
	50m: 44.26 44.26	100m: 1:39.21 54.95					
<b>Classe S8-Seniores</b>							
1.	REIS, Bruno Ferreira	00	S8	12+	FCP	<b>1:39.21</b>	256
	50m: 44.26 44.26	100m: 1:39.21 54.95					
<b>Classe S17 (Autismo) Absolutos</b>							
1.	SILVA, Andre Guimaraes	96	S17		FCP	<b>1:37.58</b>	
	<i>Recorde Nacional</i>						
	50m: 40.53 40.53	100m: 1:37.58 57.05					
<b>Classe S17 (Autismo) Seniores</b>							
1.	SILVA, Andre Guimaraes	96	S17		FCP	<b>1:37.58</b>	
	<i>Recorde Nacional</i>						
	50m: 40.53 40.53	100m: 1:37.58 57.05					

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Prova 10, Masc., 100m Mariposa

EXH	DUARTE, Samuel Lima	04	S14		Feira Viva	<b>1:21.72</b>	317
	50m: 36.46 36.46	100m: 1:21.72	45.26				
EXH	ALVES, Antonio Joaquin	97	S14		Feira Viva	<b>1:32.50</b>	218
	50m: 38.56 38.56	100m: 1:32.50	53.94				

Prova 11

Femin., 200m Bruços

Absoluto  
Resultados

27/11/2021 - 17:30

Rec Nac Adaptada S14	3:32.83	RESENDE, Sonia Castanheiro	POR	Loano (ITA)	13/06/2016
Rec Nac Adaptada S15	3:18.70	LOURENCO, Susana Maria	SCP	Vila Franca de Xira	05/03/2016
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	4:29.05	GASPAR, Matilde Lucia	APCC	Porto	26/06/2021

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
EXH	PINHO, Joana Filipa	02	SB14		SCA	<b>4:56.14</b>	183
	50m: 1:06.15 1:06.15	100m: 2:23.14	1:16.99	150m: 3:41.26	1:18.12	200m: 4:56.14	1:14.88

Prova 12

Masc., 200m Bruços

Absoluto  
Resultados

27/11/2021 - 17:35

Rec Nac Adaptada S8	3:03.49	CANCELA, Diogo Luis	CNMC	Coimbra	10/07/2021
Rec Nac Adaptada S14	3:24.68	DUARTE, Carlos		Liberec (CZE)	13/07/1997
Rec Nac Adaptada S15	2:41.74	NEVES, Tiago Correia	CFB	Coimbra	24/04/2021
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	3:14.60	VAZ, Joao Francisco	POR	Olbia (ITA)	21/09/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
EXH	FREIRE, Hugo Filipe	04	SB14		SCA	<b>3:48.95</b>	263
	50m: 49.99 49.99	100m: 1:47.30	57.31	150m: 2:49.25	1:01.95	200m: 3:48.95	59.70
EXH	GOMES, Diogo Lopes	96	SB21		Feira Viva	<b>4:24.36</b>	
	50m: 53.29 53.29	100m: 2:02.54	1:09.25	150m: 3:14.89	1:12.35	200m: 4:24.36	1:09.47

Prova 13	Femin., 50m Livres					Absoluto
27/11/2021 - 17:40						Resultados
Rec Nac Adaptada S1	59:00.00	, start				
Rec Nac Adaptada S2	1:52.21	PINTO, Susana	CNBC			02/09/1995
Rec Nac Adaptada S3	1:05.08	BARROSO, Susana Cristina	POR	Sydney (AUS)		15/10/2000
Rec Nac Adaptada S4	57.88	GUIMARAES, Diana Lobo	FCP	Póvoa de Varzim		16/03/2008
Rec Nac Adaptada S5	44.17	FRAGOSO, Simone Silva	POR	Berlim (GER)		28/06/2012
Rec Nac Adaptada S6	1:21.85	BARBOSA, Ana Sofia	FCP	Póvoa de Varzim		27/11/2021
Rec Nac Adaptada S8	37.00	CASTRO, Ana Filipa	FVCD	Porto		24/03/2019
Rec Nac Adaptada S7	1:07.41	SAMPAIO, Ana Branca	SANNP	Valladolid (ESP)		06/05/2018
Rec Nac Adaptada S9	28.85	VEIGA, Susana Pereira	POR	Funchal		22/05/2021
Rec Nac Adaptada S10	32.95	NEVES, Teresa Lamego	SCP	Campanha		01/06/2014
Rec Nac Adaptada S11	1:45.07	NETO, Cristiana Marisa	ADADA	Porto		30/04/2017
Rec Nac Adaptada S12	59:00.00	, start				
Rec Nac Adaptada S13	42.22	NEVES, Camila Anjos	ASC	Povoa de Varzim		13/05/2018
Rec Nac Adaptada S14	33.61	RESENDE, Sonia Castanheiro	POR	Loano (ITA)		10/06/2016
Rec Nac Adaptada S15	31.46	ALMEIDA, Eunice Evora	CDAP	Oeiras		11/05/2019
Rec Nac Adaptada S16	41.13	TABORDA, Maria Joao	FCP	Oeiras		11/05/2019
Rec Nac Adaptada S17	42.36	PELAIO, Beatriz Malaquias	APPDAC	Povoa de Varzim		07/04/2019
Rec Nac Adaptada S21	43.45	REIS, Filipa Sa	SCA	Porto		26/05/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	PINTO, Renata Vaz	99	S9	1,3,5	ADADA	<b>34.36</b>	571
2.	BARBOSA, Ana Sofia	88	S6	A 12+	FCP	<b>1:19.30</b>	72
	<i>Recorde Nacional</i>						
3.	SANTOS, Rita Manuela	96	S8	A,3,5,12,+	ADADA	<b>1:17.14</b>	58
4.	SOARES, Maria Mafalda	02	S14		ADADA	<b>42.48</b>	
	GOUVEIA, Susana Raquel	89	S14		ADADA	<b>45.91</b>	
	ALMEIDA, Beatriz Moreira	04	S14		ADADA	<b>54.52</b>	
	GOMES, Sandra Marlene	96	S14		ADADA	<b>57.47</b>	
DSQ	NETO, Cristiana Marisa	97	S11	A B T	ADADA		
	<i>WPS 11.1.5 - Falsa partida</i>						
WDR	MORAIS, Maria Matilde	06	S10	12,+	ADADA		
WDR	SAMPAIO, Ana Branca	02	S7	A,1,4,12+	ADADA		
<b>Classe S6-Seniores</b>							
1.	BARBOSA, Ana Sofia	88	S6	A 12+	FCP	<b>1:19.30</b>	72
	<i>Recorde Nacional</i>						
<b>Classe S7-Seniores</b>							
WDR	SAMPAIO, Ana Branca	02	S7	A,1,4,12+	ADADA		
<b>Classe S8-Seniores</b>							
1.	SANTOS, Rita Manuela	96	S8	A,3,5,12,+	ADADA	<b>1:17.14</b>	58

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Prova 13, Femin., 50m Livres

Classe S9-Seniores

1. PINTO, Renata Vaz 99 S9 1,3,5 ADADA **34.36** 571

Classe S10-Esperanas

WDR MORAIS, Maria Matilde 06 S10 12,+ ADADA

Classe S11-Seniores

DSQ NETO, Cristiana Marisa 97 S11 A B T ADADA  
*WPS 11.1.5 - Falsa partida*

Classe S14-Seniores

1. SOARES, Maria Mafalda 02 S14 ADADA **42.48**  
2. GOUVEIA, Susana Raquel 89 S14 ADADA **45.91**  
3. ALMEIDA, Beatriz Moreira 04 S14 ADADA **54.52**  
4. GOMES, Sandra Marlene 96 S14 ADADA **57.47**

Classe S17 (Autismo) Absolutos

1. FERREIRA, Francisca Araujo 96 S17 ADADA **1:20.35**

Classe S17 (Autismo) Seniores

1. FERREIRA, Francisca Araujo 96 S17 ADADA **1:20.35**

Classe S21 (SDown)-Absolutos

1. MACHADO, Ana Catarina 94 S21 ADADA **1:15.51**  
2. COSTA, Noemi Pereira 93 S21 ADDEG **1:21.49**

Classe S21 (SDown)-Seniores

1. MACHADO, Ana Catarina 94 S21 ADADA **1:15.51**  
2. COSTA, Noemi Pereira 93 S21 ADDEG **1:21.49**

EXH	CASTRO, Ana Filipa	97	S8	12	Feira Viva	<b>37.97</b>	486
EXH	NEVES, Camila Anjos	01	S113		ALHANDRA SC	<b>39.55</b>	
EXH	SIMOES, Diana Vieira	98	S14	W	SCA	<b>42.55</b>	
EXH	REIS, Filipa S�	00	S21		Feira Viva	<b>43.88</b>	
EXH	REIS, Adriana Godinho	95	S21		Feira Viva	<b>48.67</b>	
EXH	MONTEIRO, Raquel Rocilio	98	S14		Feira Viva	<b>53.05</b>	
EXH	TAVARES, Ana Filipa	93	S8	A 12+	ALHANDRA SC	<b>56.27</b>	149
EXH	SOUSA, Patricia Alexandra	01	S14		ALHANDRA SC	<b>58.69</b>	
EXH	MATOS, Gabriela Chambel	05	S14		ALHANDRA SC	<b>1:00.80</b>	
EXH	SANTOS, Debora Filipa	92	S113		CFV	<b>1:03.64</b>	
EXH	BARBOSA, Sara Daniela	96	S14		Feira Viva	<b>1:03.97</b>	
EXH	CASTRO, Bruna Gomes	04	S21		Feira Viva	<b>1:17.14</b>	
EXH	RODRIGUES, Laura Soares	08	S14		ALHANDRA SC	<b>2:02.66</b>	

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Prova 13, Femin., 50m Livres

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
EXH	FELIX, Luisa Odete	99	S21	W	SCE	<b>2:05.50</b>	
EXH	PENETRO, Cláudia Filipa	00	S110		ALHANDRA SC	<b>3:59.54</b>	

Prova 14

Masc., 50m Livres

Absoluto

27/11/2021 - 17:55

Resultados

Rec Nac Adaptada S1	1:35.50	MARTINS, Joao	CNBC	Póvoa de Varzim	03/04/2011
Rec Nac Adaptada S2	1:19.73	PINA, Joao Alexandre	POR	Funchal	01/05/2016
Rec Nac Adaptada S3	1:14.92	VITORINO, Nuno	POR	Madrid (ESP)	29/03/2002
Rec Nac Adaptada S4	48.30	PEDROSO, Rui Manuel	POR	Atlanta (USA)	20/09/1996
Rec Nac Adaptada S5	42.56	ROCHA, Ivo Filipe	FVCD	Valladolid (ESP)	04/05/2019
Rec Nac Adaptada S6	32.39	VIDEIRA, Daniel Carlos	GESL	Oeiras	11/05/2019
Rec Nac Adaptada S8	29.32	CARREIRA, David Pedro	POR	Rio de Janeiro (BRA)	16/09/2016
Rec Nac Adaptada S7	33.77	VIDEIRA, Daniel Carlos	GESL	Porto	22/04/2018
Rec Nac Adaptada S9	26.23	CAETANO, Gino Santos	CGA	Povoa de Varzim	08/12/2019
Rec Nac Adaptada S10	26.50	CAETANO, Gino Santos	CGA	Coimbra	31/03/2017
Rec Nac Adaptada S11	28.56	MENESES, Marco Ribeiro	POR	Funchal	16/05/2021
Rec Nac Adaptada S12	32.17	CRUZ, Joao Tanica	PDEM	Oeiras	11/05/2019
Rec Nac Adaptada S13	27.56	ENCARNACAO, Vitor Hugo	POR	Eindhoven (NED)	07/08/2014
Rec Nac Adaptada S14	29.71	BATALHA, Pedro	POR	Badajoz (ESP)	09/08/1997
Rec Nac Adaptada S15	25.30	NEVES, Tiago Correia	CFB	Funchal	23/03/2018
Rec Nac Adaptada S16	26.90	JORGE, Andre Camara	POR	Newcastle (GBR)	21/08/2019
Rec Nac Adaptada S17	36.07	BRANCO, Miguel Paiva	APPDAC	Rio Maior	25/01/2020
Rec Nac Adaptada S21	32.11	PEREIRA, Vicente Barros	SCP	Porto	26/06/2021

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	CAMPOS, Joao Miguel	79	S7	6.12,+	ADADA	<b>35.57</b>	463
2.	MOREIRA, Ricardo Jorge	01	S5	A 3 5 12+	FCP	<b>50.01</b>	256
3.	PINTO, Jose Manuel	00	S7	A,12	ADADA	<b>44.97</b>	229
4.	CATARINO, Jaime Lopes	91	S5	A 12	FCP	<b>55.52</b>	187
5.	SOUSA, Helder Ferreira	75	S7	12+	FCP	<b>51.24</b>	155
6.	PINTO, Carlos Manuel	84	S5	A 12	FCP	<b>1:01.23</b>	139
7.	NASCIMENTO, Luis Carlos	06	S6	A 3 5 12+	FCP	<b>1:00.05</b>	121
8.	PRAZERES, Pedro Moreira	00	S4		CFP	<b>1:27.66</b>	81
9.	MONTEIRO, Joao Pedro	04	S8	3, 5, 12+	FCP	<b>1:13.21</b>	48
10.	LEAL, Pedro Miguel	90	S14		CFV	<b>36.66</b>	
	MONTEIRO, Luis Miguel	96	S14		ADADA	<b>38.56</b>	
	RIBEIRO, Jorge Filipe	81	S14		ADADA	<b>59.68</b>	
	MONTEIRO, Miguel Vieira	01	S14		CFP	<b>1:18.58</b>	
DSQ	MENDES, Gil Mota	09	S9	1, 3, 5	EMNCS		
	<i>WPS 11.1.5 - Falsa partida</i>						
DSQ	AMARAL, Joao Costa	95	S14		SCE		
	<i>WPS 11.1.5 - Falsa partida</i>						

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Prova 14, Masc., 50m Livres

Classe S4-Seniores

1.	PRAZERES, Pedro Moreira	00	S4		CFP	<b>1:27.66</b>	81
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Classe S5-Seniores

1.	MOREIRA, Ricardo Jorge	01	S5	A 3 5 12+	FCP	<b>50.01</b>	256
2.	CATARINO, Jaime Lopes	91	S5	A 12	FCP	<b>55.52</b>	187
3.	PINTO, Carlos Manuel	84	S5	A 12	FCP	<b>1:01.23</b>	139

Classe S6-Esperanas

1.	NASCIMENTO, Luis Carlos	06	S6	A 3 5 12+	FCP	<b>1:00.05</b>	121
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Classe S7-Seniores

1.	CAMPOS, Joao Miguel	79	S7	6.12,+	ADADA	<b>35.57</b>	463
2.	PINTO, Jose Manuel	00	S7	A,12	ADADA	<b>44.97</b>	229
3.	SOUSA, Helder Ferreira	75	S7	12+	FCP	<b>51.24</b>	155

Classe S8-Seniores

1.	MONTEIRO, Joao Pedro	04	S8	3, 5, 12+	FCP	<b>1:13.21</b>	48
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Classe S9-Esperanas

DSQ	MENDES, Gil Mota	09	S9	1, 3, 5	EMNCS		
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*WPS 11.1.5 - Falsa partida*

Classe S14-Seniores

1.	LEAL, Pedro Miguel	90	S14		CFV	<b>36.66</b>	
2.	MONTEIRO, Luis Miguel	96	S14		ADADA	<b>38.56</b>	
3.	RIBEIRO, Jorge Filipe	81	S14		ADADA	<b>59.68</b>	
4.	MONTEIRO, Miguel Vieira	01	S14		CFP	<b>1:18.58</b>	
DSQ	AMARAL, Joao Costa	95	S14		SCE		

*WPS 11.1.5 - Falsa partida*

Classe S17 (Autismo) Absolutos

1.	MENDES, Humberto Julio	90	S17		ADADA	<b>38.40</b>	
2.	OLIVEIRA, Am�rico Manuel	08	S17		ADDEG	<b>39.43</b>	
3.	SILVA, Bruno Miguel	93	S17		FCP	<b>43.70</b>	
4.	GUIMARAES, Bruno Ricardo	94	S17		ADADA	<b>48.29</b>	
5.	OLIVEIRA, Luis Pires	00	S17		FCP	<b>52.49</b>	
6.	RODRIGUES, Pedro	97	S17		ADDEG	<b>1:28.95</b>	

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Prova 14, Masc., 50m Livres

Classe S17 (Autismo) Esperancas

1. OLIVEIRA, Américo Manuel 08 S17 ADDEG **39.43**

Classe S17 (Autismo) Seniores

1. MENDES, Humberto Julio 90 S17 ADADA **38.40**  
 2. SILVA, Bruno Miguel 93 S17 FCP **43.70**  
 3. GUIMARAES, Bruno Ricardo 94 S17 ADADA **48.29**  
 4. OLIVEIRA, Luis Pires 00 S17 FCP **52.49**  
 5. RODRIGUES, Pedro 97 S17 ADDEG **1:28.95**

Classe S21 (SDown)-Absolutos

1. SILVA, José Miguel 95 S21 Individual ANNP **43.13**  
 2. EUSEBIO, Marcelo Esteves 02 S21 ADADA **43.68**  
 3. GOMES, Joao Pedro 82 S21 ADADA **1:11.91**

Classe S21 (SDown)-Seniores

1. SILVA, José Miguel 95 S21 Individual ANNP **43.13**  
 2. EUSEBIO, Marcelo Esteves 02 S21 ADADA **43.68**  
 3. GOMES, Joao Pedro 82 S21 ADADA **1:11.91**

EXH	ALVES, Antonio Joaquin	97	S14		Feira Viva	<b>33.09</b>	
EXH	FERNANDES, Tiago Miguel	04	S14		SCA	<b>33.09</b>	
EXH	REGO, Diogo Almeida	97	S21		SCA	<b>36.32</b>	
EXH	GOMES, Diogo Lopes	96	S21		Feira Viva	<b>38.42</b>	
EXH	SANTOS, Tomas Aniceto	99	S21		Feira Viva	<b>40.07</b>	
EXH	MARQUES, Diogo José	99	S14		ALHANDRA SC	<b>41.15</b>	
EXH	ROCHA, Ivo Filipe	90	S5	A 12	Feira Viva	<b>42.69</b>	411
EXH	CRUZ, Diogo Rafael	03	S14		SCE	<b>43.08</b>	
EXH	RIBEIRO, David Saraiva	96	S21		SCA	<b>44.29</b>	
EXH	VIEIRA, Jose Viscaya	07	S17	A,W	SCA	<b>45.61</b>	
EXH	SILVA, Welisson Gonçalo	05	S14		ALHANDRA SC	<b>52.63</b>	
EXH	COSTA, Luis Espinho	90	S7		ALHANDRA SC	<b>53.35</b>	137
EXH	VIEIRA, Micael Alexandre	07	S14		ALHANDRA SC	<b>59.02</b>	
EXH	SILVA, Rodrigo Oliveira	08	S110		Feira Viva	<b>1:01.98</b>	
EXH	MENDES, Carlos Barbosa	62	S16	A 12+	ALHANDRA SC	<b>1:02.16</b>	
EXH	SANTOS, Joao Caldas	01	S17		SCA	<b>1:06.86</b>	
EXH	FERREIRA, Jose Pedro	92	S14		SCE	<b>1:11.05</b>	
EXH	VALE, Fernando Daniel	05	S14		ALHANDRA SC	<b>1:12.17</b>	
EXH	ALBERGARIA, Jose António	98	S110		Feira Viva	<b>1:31.96</b>	



Prova 15 Femin., 4 x 100m Livres Absoluto  
27/11/2021 - 18:20 Resultados

Rec Nac Adaptada S14	6:45.87	Sporting Clube de Aveiro	SCA	Porto	29/04/2017
Rec Nac Adaptada S17	59:00.00	start			
Rec Nac Adaptada S21	7:08.91	Sporting Clube de Aveiro	SCA	Porto	29/04/2017
Rec Nac Adaptada 34P	6:28.56	Feira Viva Cultura e Desporto	FVCD	Porto	29/04/2017

Pontos: KNZB NED WPS 2021

Lugar	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S14</b>					
1.	ADADA 1		ADADA	<b>7:34.09</b>	
	GOUVEIA, Susana Raquel	89 48.36	ALMEIDA, Beatriz Moreira	04 57.41	2:00.50
	GOMES, Sandra Marlene	96 56.70	SOARES, Maria Mafalda	02 45.44	1:37.38
<b>WDR ADADA 2</b>					
<b>EXH Feira Viva 1</b>					
	REIS, Filipa S�	00 46.97	REIS, Adriana Godinho	95 51.26	1:47.30
	MONTEIRO, Raquel Rocilio	98 56.38	CASTRO, Bruna Gomes	04 1:38.69	3:16.18

Prova 16 Masc., 4 x 100m Livres Absoluto  
27/11/2021 - 18:30 Resultados

Rec Nac Adaptada S14	5:08.04	Feira Viva Cultura e Desporto EM	FVCD	Porto	26/06/2021
Rec Nac Adaptada S17	59:00.00	start			
Rec Nac Adaptada S21	5:47.19	Sporting Clube de Portugal	SCP	Rio Maior	25/01/2020
Rec Nac Adaptada 34P	4:33.84	Gesloures-Gestao Equip. Sociais, EGESL		Rio Maior	25/01/2020

Pontos: KNZB NED WPS 2021

Lugar	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S14</b>					
1.	FCP 1		FCP	<b>6:55.10</b>	
	SILVA, Bruno Miguel	93 44.76	GONCALVES, Hugo Bernardo	96 54.41	1:53.80
	OLIVEIRA, Luis Pires	00 55.59	SILVA, Andre Guimaraes	96 35.89	1:23.87
2.	ADADA 1		ADADA	<b>7:17.40</b>	
	MONTES, Francisco Pessanha	02 43.90	RIBEIRO, Jorge Filipe	81 1:03.57	2:21.25
	MONTEIRO, Luis Miguel	96 42.44	EUSEBIO, Marcelo Esteves	02 45.06	1:46.15
<b>DSQ SCA 1</b>					
FERNANDES, Tiago Miguel, REGO, Diogo Almeida, RIBEIRO, David Saraiva, FREIRE, Hugo Filipe					

**Classe S21 (SDown)**

1.	FCP 2		FCP	<b>6:28.51</b>	
	OLIVEIRA, Antonio Pedro	03 38.33	SOUSA, Helder Ferreira	75 52.86	1:50.41
	MOREIRA, Ricardo Jorge	01 52.89	REIS, Bruno Ferreira	00 36.62	1:15.03
2.	FCP 3		FCP	<b>9:57.15</b>	
	NASCIMENTO, Luis Carlos	06 1:02.70	CATARINO, Jaime Lopes	91 37.41	1:25.09
	MONTEIRO, Joao Pedro	04 52.09	PINTO, Carlos Manuel	84 4:15.85	5:28.99

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Prova 16, Masc., 4 x 100m Livres

34 pontos

1. FCP 2				FCP	<b>6:28.51</b>		
OLIVEIRA, Antonio Pedro	03	38.33	1:24.75	SOUSA, Helder Ferreira	75	52.86	1:50.41
MOREIRA, Ricardo Jorge	01	52.89	1:58.32	REIS, Bruno Ferreira	00	36.62	1:15.03
2. FCP 3				FCP	<b>9:57.15</b>		
NASCIMENTO, Luis Carlos	06	1:02.70	2:10.98	CATARINO, Jaime Lopes	91	37.41	1:25.09
MONTEIRO, Joao Pedro	04		52.09	PINTO, Carlos Manuel	84	4:15.85	5:28.99
EXH Feira Viva 1				Feira Viva	<b>5:24.59</b>		
DUARTE, Samuel Lima	04	30.56	1:04.52	GOMES, Diogo Lopes	96	41.34	1:30.32
ALVES, Antonio Joaquin	97	35.44	1:15.82	SANTOS, Tomas Aniceto	99	41.45	1:33.93
EXH ALHANDRA SC 1				ALHANDRA SC	<b>9:00.90</b>		
MARQUES, Diogo Jos�	99	45.18	1:43.07	VIEIRA, Micael Alexandre	07	58.32	2:36.37
VALE, Fernando Daniel	05	1:08.78	2:28.29	SILVA, Welisson Gonçalo	05	54.73	2:13.17

Prova 17

Femin., 800m Livres

Absoluto

27/11/2021 - 18:35

Resultados

Rec Nac Adaptada S14	14:37.94	GOUVEIA, Susana Raquel	ADADA	Porto	29/04/2017
Rec Nac Adaptada S15	13:10.81	LOURENCO, Susana Maria	SFP	Loul�	28/06/2013
Rec Nac Adaptada S21	16:25.27	TORRES, Diana Ines	POR	Florence (ITA)	17/07/2016

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
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Prova 18

Masc., 800m Livres

Absoluto

27/11/2021 - 18:35

Resultados

Rec Nac Adaptada S6	12:23.11	VIDEIRA, Daniel Carlos	GESL	Povoa de Varzim	08/12/2019
Rec Nac Adaptada S8	11:08.65	SOARES, Ricardo Aderneira	GESL	Povoa de Varzim	08/12/2019
Rec Nac Adaptada S9	9:37.37	GRACHAT, David Realista	GESL	Povoa de Varzim	08/12/2019
Rec Nac Adaptada S14	11:44.84	RIBEIRO, Pedro Miguel	CPN	Povoa de Varzim	20/05/2018
Rec Nac Adaptada S15	9:17.95	CRUZ, Miguel Duarte	CFB	Coimbra	28/03/2021
Rec Nac Adaptada S21	12:43.57	ALMEIDA, Andre Reis	POR	Olbia (ITA)	18/09/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
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Classe S1-S14-Absolutos

1. RIBEIRO, Pedro Miguel	91	S14	ADDEG	<b>13:18.92</b>	342
50m:	40.79	40.79	250m:	3:58.20	51.09
100m:	1:29.19	48.40	300m:	4:49.81	51.61
150m:	2:18.08	48.89	350m:	5:42.11	52.30
200m:	3:07.11	49.03	400m:	6:33.98	51.87
450m:	7:24.33	50.35	500m:	8:15.02	50.69
550m:	9:07.42	52.40	600m:	9:58.58	51.16
650m:	10:51.19	52.61	700m:	11:42.27	51.08
750m:	12:30.98	48.71	800m:	13:18.92	47.94

Classe S14-Seniores

1. RIBEIRO, Pedro Miguel	91	S14	ADDEG	<b>13:18.92</b>	342
50m:	40.79	40.79	250m:	3:58.20	51.09
100m:	1:29.19	48.40	300m:	4:49.81	51.61
150m:	2:18.08	48.89	350m:	5:42.11	52.30
200m:	3:07.11	49.03	400m:	6:33.98	51.87
450m:	7:24.33	50.35	500m:	8:15.02	50.69
550m:	9:07.42	52.40	600m:	9:58.58	51.16
650m:	10:51.19	52.61	700m:	11:42.27	51.08
750m:	12:30.98	48.71	800m:	13:18.92	47.94

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Prova 18, Masc., 800m Livres

Classe S21 (SDown)-Absolutos

1. MONTES, Francisco Pessanl02	S21	ADADA	<b>13:30.95</b>
50m: 42.58 42.58	250m: 4:05.43 51.14	450m: 7:31.94 51.98	650m: 11:02.21 52.62
100m: 1:31.46 48.88	300m: 4:57.27 51.84	500m: 8:23.82 51.88	700m: 11:52.94 50.73
150m: 2:22.54 51.08	350m: 5:48.98 51.71	550m: 9:16.33 52.51	750m: 12:43.94 51.00
200m: 3:14.29 51.75	400m: 6:39.96 50.98	600m: 10:09.59 53.26	800m: 13:30.95 47.01
2. RIBEIRO, Jos� Augusto	92 S21	ADDEG	<b>14:55.59</b>
50m: 45.77 45.77	250m: 4:25.44 56.71	450m: 8:15.80 58.95	650m: 12:09.99 58.44
100m: 1:37.03 51.26	300m: 5:21.85 56.41	500m: 9:14.19 58.39	700m: 13:05.27 55.28
150m: 2:31.72 54.69	350m: 6:19.59 57.74	550m: 10:13.34 59.15	750m: 13:59.95 54.68
200m: 3:28.73 57.01	400m: 7:16.85 57.26	600m: 11:11.55 58.21	800m: 14:55.59 55.64
3. GONCALVES, Hugo Bernard96	S21	FCP	<b>15:56.37</b>
50m: 49.17 49.17	250m: 4:40.90 59.52	450m: 8:45.88 1:01.15	650m: 12:49.40 1:00.71
100m: 1:44.43 55.26	300m: 5:41.97 1:01.07	500m: 9:47.85 1:01.97	700m: 13:51.03 1:01.63
150m: 2:42.54 58.11	350m: 6:43.03 1:01.06	550m: 10:49.02 1:01.17	750m: 14:53.62 1:02.59
200m: 3:41.38 58.84	400m: 7:44.73 1:01.70	600m: 11:48.69 59.67	800m: 15:56.37 1:02.75

Classe S21 (SDown)-Seniores

1. MONTES, Francisco Pessanl02	S21	ADADA	<b>13:30.95</b>
50m: 42.58 42.58	250m: 4:05.43 51.14	450m: 7:31.94 51.98	650m: 11:02.21 52.62
100m: 1:31.46 48.88	300m: 4:57.27 51.84	500m: 8:23.82 51.88	700m: 11:52.94 50.73
150m: 2:22.54 51.08	350m: 5:48.98 51.71	550m: 9:16.33 52.51	750m: 12:43.94 51.00
200m: 3:14.29 51.75	400m: 6:39.96 50.98	600m: 10:09.59 53.26	800m: 13:30.95 47.01
2. RIBEIRO, Jos� Augusto	92 S21	ADDEG	<b>14:55.59</b>
50m: 45.77 45.77	250m: 4:25.44 56.71	450m: 8:15.80 58.95	650m: 12:09.99 58.44
100m: 1:37.03 51.26	300m: 5:21.85 56.41	500m: 9:14.19 58.39	700m: 13:05.27 55.28
150m: 2:31.72 54.69	350m: 6:19.59 57.74	550m: 10:13.34 59.15	750m: 13:59.95 54.68
200m: 3:28.73 57.01	400m: 7:16.85 57.26	600m: 11:11.55 58.21	800m: 14:55.59 55.64
3. GONCALVES, Hugo Bernard96	S21	FCP	<b>15:56.37</b>
50m: 49.17 49.17	250m: 4:40.90 59.52	450m: 8:45.88 1:01.15	650m: 12:49.40 1:00.71
100m: 1:44.43 55.26	300m: 5:41.97 1:01.07	500m: 9:47.85 1:01.97	700m: 13:51.03 1:01.63
150m: 2:42.54 58.11	350m: 6:43.03 1:01.06	550m: 10:49.02 1:01.17	750m: 14:53.62 1:02.59
200m: 3:41.38 58.84	400m: 7:44.73 1:01.70	600m: 11:48.69 59.67	800m: 15:56.37 1:02.75

2 - 2ª Jornada

28/11/2021 - 9:00

Prova 19	Femin., 100m Costas				Absoluto
28/11/2021 - 9:00					Resultados
Rec Nac Adaptada S1	59:00.00	, start			
Rec Nac Adaptada S2	59:00.00	, start			
Rec Nac Adaptada S6	2:48.77	BARBOSA, Ana Sofia	FCP	Povoa de Varzim	19/05/2018
Rec Nac Adaptada S8	1:35.76	CASTRO, Ana Filipa	FVCD	Porto	25/05/2019
Rec Nac Adaptada S7	2:36.68	SAMPAIO, Ana Branca	ADADA	Berlim (GER)	09/07/2017
Rec Nac Adaptada S9	1:19.54	VEIGA, Susana Pereira	CNCVG	Porto	27/06/2021
Rec Nac Adaptada S10	1:22.85	NEVES, Teresa Lamego	POR	Eindhoven (NED)	09/08/2014
Rec Nac Adaptada S11	4:37.31	NETO, Cristiana Marisa	ADADA	Porto	21/04/2018
Rec Nac Adaptada S12	59:00.00	, start			
Rec Nac Adaptada S13	1:55.77	NEVES, Camila Anjos	ASC	Povoa de Varzim	13/05/2018
Rec Nac Adaptada S14	1:30.24	RESENDE, Sonia Castanheiro	POR	Loano (ITA)	12/06/2016
Rec Nac Adaptada S15	1:35.23	PEREIRA, Ana			01/01/1995
Rec Nac Adaptada S16	59:00.00	, start			
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	1:41.53	NG, Mannie	POR	Liberec (CZE)	10/07/2009

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	PINTO, Renata Vaz	99	S9	1,3,5	ADADA	<b>1:28.23</b>	472
	50m: 41.49 41.49		100m: 1:28.23	46.74			
2.	TORRES, Iara Pinto	05	S8	A, 3, 5, 1	FCP	<b>1:50.75</b>	292
	50m: 53.42 53.42		100m: 1:50.75	57.33			
3.	SOARES, Maria Mafalda	02	S14		ADADA	<b>1:59.45</b>	171
	50m: 56.36 56.36		100m: 1:59.45	1:03.09			
4.	BARBOSA, Ana Sofia	88	S6	A 12+	FCP	<b>2:50.62</b>	114
	50m: 1:20.55 1:20.55		100m: 2:50.62	1:30.07			
5.	SANTOS, Rita Manuela	96	S8	A,3,5,12,+	ADADA	<b>2:56.52</b>	72
	50m: 1:19.32 1:19.32		100m: 2:56.52	1:37.20			
WDR	MORAIS, Maria Matilde	06	S10	12,+	ADADA		

**Classe S6-Seniores**

1.	BARBOSA, Ana Sofia	88	S6	A 12+	FCP	<b>2:50.62</b>	114
	50m: 1:20.55 1:20.55		100m: 2:50.62	1:30.07			

**Classe S8-Seniores**

1.	TORRES, Iara Pinto	05	S8	A, 3, 5, 1	FCP	<b>1:50.75</b>	292
	50m: 53.42 53.42		100m: 1:50.75	57.33			
2.	SANTOS, Rita Manuela	96	S8	A,3,5,12,+	ADADA	<b>2:56.52</b>	72
	50m: 1:19.32 1:19.32		100m: 2:56.52	1:37.20			

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Prova 19, Femin., 100m Costas

Classe S9-Seniores

1. PINTO, Renata Vaz	99	S9	1,3,5	ADADA	<b>1:28.23</b>	472
50m: 41.49 41.49	100m: 1:28.23	46.74				

Classe S10-Esperanas

WDR MORAIS, Maria Matilde	06	S10	12,+	ADADA		
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Classe S14-Seniores

1. SOARES, Maria Mafalda	02	S14		ADADA	<b>1:59.45</b>	171
50m: 56.36 56.36	100m: 1:59.45	1:03.09				

Classe S21 (SDown)-Absolutos

1. COSTA, Noemi Pereira	93	S21		ADDEG	<b>2:46.54</b>	
50m: 1:18.18 1:18.18	100m: 2:46.54	1:28.36				

Classe S21 (SDown)-Seniores

1. COSTA, Noemi Pereira	93	S21		ADDEG	<b>2:46.54</b>	
50m: 1:18.18 1:18.18	100m: 2:46.54	1:28.36				

EXH NEVES, Camila Anjos	01	S113		ALHANDRA SC	<b>1:44.25</b>	
50m: 48.75 48.75	100m: 1:44.25	55.50				

EXH SIMOES, Diana Vieira	98	S14	W	SCA	<b>1:59.31</b>	171
50m: 58.87 58.87	100m: 1:59.31	1:00.44				

EXH TAVARES, Ana Filipa	93	S8	A 12+	ALHANDRA SC	<b>2:23.27</b>	135
50m: 1:02.62 1:02.62	100m: 2:23.27	1:20.65				

EXH SANTOS, Debora Filipa	92	S113		CFV	<b>2:26.16</b>	
50m: 1:08.21 1:08.21	100m: 2:26.16	1:17.95				

EXH CASTRO, Bruna Gomes	04	S21		Feira Viva	<b>2:40.55</b>	
50m: 1:12.48 1:12.48	100m: 2:40.55	1:28.07				

EXH BARBOSA, Sara Daniela	96	S14		Feira Viva	<b>2:52.44</b>	57
50m: 1:17.87 1:17.87	100m: 2:52.44	1:34.57				

EXH PENETRO, Cl�udia Filipa	00	S110		ALHANDRA SC	<b>5:03.85</b>	
50m: 2:23.38 2:23.38	100m: 5:03.85	2:40.47				

Prova 20	Masc., 100m Costas				Absoluto
28/11/2021 - 9:15					Resultados
Rec Nac Adaptada S1	3:35.90	MARTINS, Joao	CNBC	Berlim (GER)	01/07/2012
Rec Nac Adaptada S2	2:41.89	PINA, Joao Alexandre	POR	Funchal	04/05/2016
Rec Nac Adaptada S4	59:00.00	, start			
Rec Nac Adaptada S6	1:21.90	VIDEIRA, Daniel Carlos	POR	Funchal	16/05/2021
Rec Nac Adaptada S8	1:13.33	CANCELA, Diogo Luis	POR	Dublin (IRL)	16/08/2018
Rec Nac Adaptada S7	1:26.15	VIDEIRA, Daniel Carlos	GESL	Oeiras	18/06/2017
Rec Nac Adaptada S9	1:09.62	CAETANO, Gino Santos	POR	Dublin (IRL)	16/08/2018
Rec Nac Adaptada S10	1:05.09	CAETANO, Gino Santos	SCA	Vila Franca de Xira	29/04/2012
Rec Nac Adaptada S11	1:11.40	MENESES, Marco Ribeiro	POR	Funchal	21/05/2021
Rec Nac Adaptada S12	59:00.00	, start			
Rec Nac Adaptada S13	2:35.47	TRIGUEIRA, Andre Joaquim	ADADA	Porto	21/04/2018
Rec Nac Adaptada S14	1:19.39	PONTE, Andre Carreiro	CNPDL	Oeiras	12/05/2019
Rec Nac Adaptada S15	1:03.60	NEVES, Tiago Correia	POR	Lublin (POL)	02/07/2018
Rec Nac Adaptada S16	3:05.42	MENDES, Carlos Barbosa	ASC	Povoa de Varzim	06/04/2019
Rec Nac Adaptada S17	1:30.73	SILVA, Andre Guimaraes	FCP	P�voa de Varzim	27/11/2021
Rec Nac Adaptada S21	1:28.29	ALMEIDA, Andre Reis	SCP	Rio Maior	26/01/2020

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	REIS, Bruno Ferreira	00	S8	12+	FCP	<b>1:27.62</b>	442
	50m: 42.93 42.93	100m: 1:27.62	44.69				
2.	ROCHA, Simao Pedro	06	S14		CAP	<b>1:34.75</b>	255
	50m: 45.52 45.52	100m: 1:34.75	49.23				
3.	NASCIMENTO, Luis Carlos	06	S6	A 3 5 12+	FCP	<b>2:03.84</b>	226
	50m: 1:00.26 1:00.26	100m: 2:03.84	1:03.58				
4.	SOUSA, Helder Ferreira	75	S7	12+	FCP	<b>2:09.35</b>	154
	50m: 1:01.52 1:01.52	100m: 2:09.35	1:07.83				
5.	ALVES, Nuno Diogo	88	S7		ADDEG	<b>2:11.17</b>	147
	50m: 1:03.61 1:03.61	100m: 2:11.17	1:07.56				
6.	MONTEIRO, Joao Pedro	04	S8	3, 5, 12+	FCP	<b>2:53.07</b>	57
	50m: 1:18.89 1:18.89	100m: 2:53.07	1:34.18				
7.	RIBEIRO, Jorge Filipe	81	S14		ADADA	<b>2:46.73</b>	47
	50m: 1:16.08 1:16.08	100m: 2:46.73	1:30.65				
DSQ	DUARTE, Samuel Lima	04	S14		Feira Viva		
	<i>WPS 11.3.6 - O(A) atleta n�o chegou na posiç�o dorsal</i>						
WDR	PINTO, Jose Manuel	00	S7	A,12	ADADA		

**Classe S6-Esperanç as**

1.	NASCIMENTO, Luis Carlos	06	S6	A 3 5 12+	FCP	<b>2:03.84</b>	226
	50m: 1:00.26 1:00.26	100m: 2:03.84	1:03.58				

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Prova 20, Masc., 100m Costas

Classe S7-Seniores

1.	SOUZA, Helder Ferreira	75	S7	12+	FCP	<b>2:09.35</b>	154
	50m: 1:01.52 1:01.52	100m: 2:09.35 1:07.83					
2.	ALVES, Nuno Diogo	88	S7		ADDEG	<b>2:11.17</b>	147
	50m: 1:03.61 1:03.61	100m: 2:11.17 1:07.56					
WDR	PINTO, Jose Manuel	00	S7	A,12	ADADA		

Classe S8-Seniores

1.	REIS, Bruno Ferreira	00	S8	12+	FCP	<b>1:27.62</b>	442
	50m: 42.93 42.93	100m: 1:27.62 44.69					
2.	MONTEIRO, Joao Pedro	04	S8	3, 5, 12+	FCP	<b>2:53.07</b>	57
	50m: 1:18.89 1:18.89	100m: 2:53.07 1:34.18					

Classe S14-Esperanas

1.	ROCHA, Simao Pedro	06	S14		CAP	<b>1:34.75</b>	255
	50m: 45.52 45.52	100m: 1:34.75 49.23					

Classe S14-Seniores

1.	RIBEIRO, Jorge Filipe	81	S14		ADADA	<b>2:46.73</b>	47
	50m: 1:16.08 1:16.08	100m: 2:46.73 1:30.65					
DSQ	DUARTE, Samuel Lima	04	S14		Feira Viva		
	<i>WPS 11.3.6 - O(A) atleta n�o chegou na posi�o dorsal</i>						

Classe S17 (Autismo) Absolutos

1.	GUIMARAES, Bruno Ricardo	94	S17		ADADA	<b>1:55.79</b>	
	50m: 50.50 50.50	100m: 1:55.79 1:05.29					
2.	OLIVEIRA, Luis Pires	00	S17		FCP	<b>2:05.67</b>	
	50m: 58.82 58.82	100m: 2:05.67 1:06.85					

Classe S17 (Autismo) Seniores

1.	GUIMARAES, Bruno Ricardo	94	S17		ADADA	<b>1:55.79</b>	
	50m: 50.50 50.50	100m: 1:55.79 1:05.29					
2.	OLIVEIRA, Luis Pires	00	S17		FCP	<b>2:05.67</b>	
	50m: 58.82 58.82	100m: 2:05.67 1:06.85					

Classe S21 (SDown)-Absolutos

DSQ	ANDRADE, Jo�o Barge	06	S21		Feira Viva		
	<i>WPS 11.8.2 - O(A) atleta n�o completou o percurso</i>						

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Prova 20, Masc., 100m Costas

Classe S21 (SDown)-Esperanças

DSQ	ANDRADE, João Barge	06	S21	Feira Viva		
	<i>WPS 11.8.2 - O(A) atleta não completou o percurso</i>					
EXH	ASSUNCAO, Luis Miguel	01	S110	FCP		<b>1:24.85</b>
	50m: 40.89 40.89	100m: 1:24.85	43.96			
EXH	FREIRE, Hugo Filipe	04	S14	SCA		<b>1:33.59</b> 265
	50m: 45.64 45.64	100m: 1:33.59	47.95			
EXH	SANTOS, Tomas Aniceto	99	S21	Feira Viva		<b>1:45.45</b>
	50m: 49.48 49.48	100m: 1:45.45	55.97			
EXH	TEIXEIRA, Joao Meirinhos	96	S14	SCA		<b>1:48.70</b> 169
	50m: 51.88 51.88	100m: 1:48.70	56.82			
EXH	GOMES, Diogo Lopes	96	S21	Feira Viva		<b>1:50.27</b>
	50m: 54.92 54.92	100m: 1:50.27	55.35			
EXH	RIBEIRO, David Saraiva	96	S21	SCA		<b>1:51.96</b>
	50m: 53.19 53.19	100m: 1:51.96	58.77			
EXH	GOUVEIA, Francisco Mario	75	S9 9	Feira Viva		<b>1:53.77</b> 160
	50m: 53.84 53.84	100m: 1:53.77	59.93			
EXH	VIEIRA, Micael Alexandre	07	S14	ALHANDRA SC		<b>2:20.10</b> 79
	50m: 1:03.30 1:03.30	100m: 2:20.10	1:16.80			
EXH	SILVA, Welisson Gonçalo	05	S14	ALHANDRA SC		<b>2:31.04</b> 63
	50m: 1:06.38 1:06.38	100m: 2:31.04	1:24.66			
EXH	SILVA, Rodrigo Oliveira	08	S110	Feira Viva		<b>2:40.63</b>
	50m: 1:16.33 1:16.33	100m: 2:40.63	1:24.30			
EXH	ALBERGARIA, Jose António	98	S110	Feira Viva		<b>3:06.09</b>
	50m: 1:20.67 1:20.67	100m: 3:06.09	1:45.42			

Prova 21

Femin., 200m Mariposa

Absoluto  
Resultados

28/11/2021 - 9:30

Rec Nac Adaptada S14	59:00.00	, start				
Rec Nac Adaptada S15	3:18.33	LOURENCO, Susana Maria	SCP	Loulé		10/07/2016
Rec Nac Adaptada S17	59:00.00	, start				
Rec Nac Adaptada S21	3:55.17	TORRES, Diana Ines	POR	Olbia (ITA)		20/09/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S21 (SDown)-Absolutos</b>							
1.	TORRES, Diana Ines	99	S21		FCP		<b>4:13.51</b>
	50m: 54.91 54.91	100m: 1:59.77	1:04.86	150m: 3:07.18	1:07.41	200m: 4:13.51	1:06.33
2.	CASTRO, Ana Alexandra	92	S21		FCP		<b>4:43.98</b>
	50m: 1:02.69 1:02.69	100m: 2:14.52	1:11.83	150m: 3:30.50	1:15.98	200m: 4:43.98	1:13.48

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Prova 21, Femin., 200m Mariposa

Classe S21 (SDown)-Seniores

1. TORRES, Diana Ines	99	S21	FCP	<b>4:13.51</b>
50m: 54.91 54.91	100m: 1:59.77 1:04.86	150m: 3:07.18 1:07.41	200m: 4:13.51 1:06.33	
2. CASTRO, Ana Alexandra	92	S21	FCP	<b>4:43.98</b>
50m: 1:02.69 1:02.69	100m: 2:14.52 1:11.83	150m: 3:30.50 1:15.98	200m: 4:43.98 1:13.48	

Prova 22

Masc., 200m Mariposa

28/11/2021 - 9:35

Absoluto  
Resultados

Rec Nac Adaptada S8	2:30.02	CANCELA, Diogo Luis	CNMC	Coimbra	09/07/2021
Rec Nac Adaptada S14	3:27.61	NASCIMENTO, Levi Daniel	O2ADCP	Oeiras	12/05/2019
Rec Nac Adaptada S15	2:19.31	NEVES, Tiago Correia	CFB	Funchal	22/03/2018
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	3:15.81	SANTOS, Filipe Bjorcke	FCF	Póvoa de Varzim	12/12/2015

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
Prova 23							
28/11/2021 - 9:35							
Femin., 50m Costas							
Absoluto Resultados							

Rec Nac Adaptada S1	59:00.00	, start					
Rec Nac Adaptada S2	59:00.00	, start					
Rec Nac Adaptada S3	1:04.47	BARROSO, Susana Cristina	GESL	Badajoz (ESP)	10/08/1997		
Rec Nac Adaptada S4	1:02.50	GUIMARAES, Diana Lobo	POR	Brno (CZE)	02/06/2007		
Rec Nac Adaptada S5	56.38	FRAGOSO, Simone Silva	SCP	Coimbra	04/07/2015		
Rec Nac Adaptada S14	38.84	RESENDE, Sonia Castanheiro	SCA	Liberec (CZE)	22/08/2014		
Rec Nac Adaptada S15	41.95	ROSA, Rute			01/01/2006		
Rec Nac Adaptada S16	59:00.00	, start					
Rec Nac Adaptada S17	53.96	PELAIO, Beatriz Malaquias	APPDAC	Povoa de Varzim	07/04/2019		
Rec Nac Adaptada S21	47.46	NG, Mannie	POR	Liberec (CZE)	11/07/2009		

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
Classe S1-S14-Absolutos							
1.	GOMES, Sandra Marlene	96	S14		ADADA	<b>1:04.51</b>	
	GOUVEIA, Susana Raquel	89	S14		ADADA	<b>1:08.42</b>	
DSQ	MATOS, Gabriela Chambel	05	S14		ALHANDRA SC		
	<i>WPS 11.1.5 - Falsa partida</i>						
DSQ	ALMEIDA, Beatriz Moreira	04	S14		ADADA		
	<i>WPS 11.1.5 - Falsa partida</i>						

Classe S14-Seniores

1.	GOMES, Sandra Marlene	96	S14		ADADA	<b>1:04.51</b>	
2.	GOUVEIA, Susana Raquel	89	S14		ADADA	<b>1:08.42</b>	
DSQ	MATOS, Gabriela Chambel	05	S14		ALHANDRA SC		
	<i>WPS 11.1.5 - Falsa partida</i>						
DSQ	ALMEIDA, Beatriz Moreira	04	S14		ADADA		
	<i>WPS 11.1.5 - Falsa partida</i>						

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Prova 23, Femin., 50m Costas

Classe S17 (Autismo) Absolutos

1. FERREIRA, Francisca Araujc96 S17 ADADA **1:16.02**

Classe S17 (Autismo) Seniores

1. FERREIRA, Francisca Araujc96 S17 ADADA **1:16.02**

Classe S21 (SDown)-Absolutos

1. TORRES, Diana Ines 99 S21 FCP **53.06**  
2. MACHADO, Ana Catarina 94 S21 ADADA **1:13.23**  
3. COSTA, Noemi Pereira 93 S21 ADDEG **1:17.17**

Classe S21 (SDown)-Seniores

1. TORRES, Diana Ines 99 S21 FCP **53.06**  
2. MACHADO, Ana Catarina 94 S21 ADADA **1:13.23**  
3. COSTA, Noemi Pereira 93 S21 ADDEG **1:17.17**

EXH PINHO, Joana Filipa 02 S14 SCA **1:02.27**  
EXH REIS, Adriana Godinho 95 S21 Feira Viva **1:04.57**  
EXH SOUSA, Patricia Alexandra 01 S14 ALHANDRA SC **1:13.52**  
EXH BARBOSA, Sara Daniela 96 S14 Feira Viva **1:20.58**  
EXH GRACA, Catarina Resende 04 S21 Feira Viva **1:26.09**  
EXH FELIX, Luisa Odete 99 S21 W SCE **1:41.88**  
EXH RODRIGUES, Laura Soares 08 S14 ALHANDRA SC **2:22.43**  
EXH NETO, Cristiana Marisa 97 S11 A B T ADADA **2:30.35** 16

Prova 24

Masc., 50m Costas

Absoluto

28/11/2021 - 9:45

Resultados

Rec Nac Adaptada	Tempo	Nadador	Classe	Cod Exc	Clube	Local	Data
S1	1:32.57	MARTINS, Joao	CNBC		Mar Del Plata (ARG)	13/12/2002	
S2	1:18.41	PINA, Joao Alexandre	POR		Funchal	06/05/2016	
S3	1:12.43	VITORINO, Nuno	GESL		Lisboa	29/06/2012	
S4	51.62	LOPES, Nelson Jose	POR		Funchal	02/05/2016	
S5	45.73	ROCHA, Ivo Filipe	POR		Funchal	17/05/2021	
S14	35.88	BATALHA, Pedro	CVNP		Liberec (CZE)	13/07/1997	
S15	30.31	NEVES, Tiago Correia	CFB		Oeiras	12/05/2019	
S16	34.97	JORGE, Andre Camara	CEOL		Rio Maior	26/01/2020	
S17	40.17	SILVA, Andre Guimaraes	FCP		P�voa de Varzim	27/11/2021	
S21	41.18	SANTOS, Filipe Bjorcke	POR		Olbia (ITA)	17/09/2019	

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	MOREIRA, Ricardo Jorge	01	S5	A 3 5 12+	FCP	<b>52.21</b>	283
2.	CATARINO, Jaime Lopes	91	S5	A 12	FCP	<b>54.98</b>	243
3.	PINTO, Carlos Manuel	84	S5	A 12	FCP	<b>1:09.58</b>	120
4.	LEAL, Pedro Miguel	90	S14		CFV	<b>45.35</b>	

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Prova 24, Masc., 50m Costas, Classe S1-S14-Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
4.	RIBEIRO, Jorge Filipe	81	S14		ADADA	<b>1:16.05</b>	

Classe S5-Seniores

1.	MOREIRA, Ricardo Jorge	01	S5	A 3 5 12+	FCP	<b>52.21</b>	283
2.	CATARINO, Jaime Lopes	91	S5	A 12	FCP	<b>54.98</b>	243
3.	PINTO, Carlos Manuel	84	S5	A 12	FCP	<b>1:09.58</b>	120

Classe S14-Seniores

1.	LEAL, Pedro Miguel	90	S14		CFV	<b>45.35</b>	
2.	RIBEIRO, Jorge Filipe	81	S14		ADADA	<b>1:16.05</b>	

Classe S17 (Autismo) Absolutos

1.	SILVA, Andre Guimaraes	96	S17		FCP	<b>42.57</b>	
2.	SILVA, Bruno Miguel	93	S17		FCP	<b>45.90</b>	
3.	OLIVEIRA, Américo Manuel	08	S17		ADDEG	<b>48.22</b>	

Classe S17 (Autismo) Esperancas

1.	OLIVEIRA, Américo Manuel	08	S17		ADDEG	<b>48.22</b>	
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Classe S17 (Autismo) Seniores

1.	SILVA, Andre Guimaraes	96	S17		FCP	<b>42.57</b>	
2.	SILVA, Bruno Miguel	93	S17		FCP	<b>45.90</b>	

Classe S21 (SDown)-Absolutos

1.	SILVA, José Miguel	95	S21		Individual ANNP	<b>46.68</b>	
2.	GONCALVES, Hugo Bernard	96	S21		FCP	<b>58.28</b>	
3.	GOMES, Joao Pedro	82	S21		ADADA	<b>1:19.95</b>	
WDR	EUSEBIO, Marcelo Esteves	02	S21		ADADA		

Classe S21 (SDown)-Seniores

1.	SILVA, José Miguel	95	S21		Individual ANNP	<b>46.68</b>	
2.	GONCALVES, Hugo Bernard	96	S21		FCP	<b>58.28</b>	
3.	GOMES, Joao Pedro	82	S21		ADADA	<b>1:19.95</b>	
WDR	EUSEBIO, Marcelo Esteves	02	S21		ADADA		

EXH	ROCHA, Ivo Filipe	90	S5	A 12	Feira Viva	<b>45.84</b>	419
EXH	REGO, Diogo Almeida	97	S21		SCA	<b>47.79</b>	
EXH	CRUZ, Diogo Rafael	03	S14		SCE	<b>48.81</b>	
EXH	SANTOS, Tomas Aniceto	99	S21		Feira Viva	<b>50.33</b>	
EXH	AMARAL, Joao Costa	95	S14		SCE	<b>51.01</b>	
EXH	GOMES, Diogo Lopes	96	S21		Feira Viva	<b>51.57</b>	
EXH	VIEIRA, Jose Viscaya	07	S17	A,W	SCA	<b>53.13</b>	

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Prova 24, Masc., 50m Costas

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
EXH	MARQUES, Diogo Jos�	99	S14		ALHANDRA SC	<b>56.30</b>	
EXH	ANDRADE, Jo�o Barge	06	S21		Feira Viva	<b>1:01.48</b>	
EXH	SILVA, Welisson Gonçalo	05	S14		ALHANDRA SC	<b>1:01.88</b>	
EXH	VIEIRA, Micael Alexandre	07	S14		ALHANDRA SC	<b>1:03.27</b>	
EXH	VALE, Fernando Daniel	05	S14		ALHANDRA SC	<b>1:04.86</b>	
EXH	SILVA, Rodrigo Oliveira	08	S110		Feira Viva	<b>1:13.99</b>	
EXH	ALBERGARIA, Jose Ant�nio	98	S110		Feira Viva	<b>1:22.88</b>	
EXH	MENDES, Carlos Barbosa	62	S16	A 12+	ALHANDRA SC	<b>1:24.04</b>	
EXH	FERREIRA, Jose Pedro	92	S14		SCE	<b>1:33.88</b>	
EXH	SILVA, Leonardo Ferreira	01	S5		Feira Viva	<b>1:42.27</b>	38

Prova 25

Femin., 150m Estilos

Absoluto

28/11/2021 - 10:05

Resultados

Rec Nac Adaptada S1	59:00.00	, start
Rec Nac Adaptada S2	59:00.00	, start
Rec Nac Adaptada S3	59:00.00	, start
Rec Nac Adaptada S4	59:00.00	, start

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
Prova 26							Absoluto
28/11/2021 - 10:05							Resultados
Rec Nac Adaptada S1		59:00.00		, start			
Rec Nac Adaptada S2		59:00.00		, start			
Rec Nac Adaptada S3		59:00.00		, start			
Rec Nac Adaptada S4		3:13.76	LOPES, Nelson Jose		CNCVIG Vila Franca de Xira		08/06/2008

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
Prova 26							Absoluto
28/11/2021 - 10:05							Resultados
Rec Nac Adaptada S1		59:00.00		, start			
Rec Nac Adaptada S2		59:00.00		, start			
Rec Nac Adaptada S3		59:00.00		, start			
Rec Nac Adaptada S4		3:13.76	LOPES, Nelson Jose		CNCVIG Vila Franca de Xira		08/06/2008

Classe S1-S14-Absolutos

1.	PRAZERES, Pedro Moreira	00	SM4		CFP	<b>5:31.08</b>	95
	50m: 1:23.60 1:23.60	100m: 3:16.84 1:53.24	150m: 5:31.08 2:14.24				

Classe S4-Seniores

1.	PRAZERES, Pedro Moreira	00	SM4		CFP	<b>5:31.08</b>	95
	50m: 1:23.60 1:23.60	100m: 3:16.84 1:53.24	150m: 5:31.08 2:14.24				

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Prova 27	Femin., 200m Estilos				Absoluto
28/11/2021 - 10:10					Resultados
Rec Nac Adaptada S5	4:26.08	FRAGOSO, Simone Silva	POR	Rio de Janeiro (BRA)	15/09/2016
Rec Nac Adaptada S6	59:00.00	, start			
Rec Nac Adaptada S8	3:19.65	CASTRO, Ana Filipa	FVCD	Oeiras	12/05/2019
Rec Nac Adaptada S7	59:00.00	, start			
Rec Nac Adaptada S9	2:51.48	VEIGA, Susana Pereira	POR	Londres (GBR)	14/09/2019
Rec Nac Adaptada S10	2:50.03	NEVES, Teresa Lamego	SCP	Vila Franca de Xira	23/02/2014
Rec Nac Adaptada S11	59:00.00	, start			
Rec Nac Adaptada S12	59:00.00	, start			
Rec Nac Adaptada S13	59:00.00	, start			
Rec Nac Adaptada S14	3:15.72	RESENDE, Sonia Castanheiro	SCA	Póvoa de Varzim	19/06/2016
Rec Nac Adaptada S15	3:10.42	LOURENCO, Susana Maria	SCP	Póvoa de Varzim	10/05/2015
Rec Nac Adaptada S16	59:00.00	, start			
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	4:06.35	NG, Mannie	GESL	Póvoa de Varzim	26/02/2015

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
EXH	CASTRO, Ana Filipa	97	SM8	12	Feira Viva	<b>3:32.41</b>	420
	50m: 45.01 45.01	100m: 1:42.41	57.40	150m: 2:47.85	1:05.44	200m: 3:32.41	44.56
EXH	REIS, Filipa Sá	00	SM21		Feira Viva	<b>4:04.03</b>	
	<i>Recorde Nacional</i>						
	50m: 52.55 52.55	100m: 1:57.96	1:05.41	150m: 3:05.35	1:07.39	200m: 4:04.03	58.68

Prova 28	Masc., 200m Estilos				Absoluto
28/11/2021 - 10:15					Resultados
Rec Nac Adaptada S5	3:24.10	ROCHA, Ivo Filipe	FVCD	Porto	26/05/2019
Rec Nac Adaptada S6	3:09.79	VIDEIRA, Daniel Carlos	GESL	Rio Maior	26/01/2020
Rec Nac Adaptada S8	2:32.26	CANCELA, Diogo Luis	POR	Funchal	21/05/2021
Rec Nac Adaptada S7	3:18.41	CAMPOS, Joao Miguel	ADADA	Rio Maior	26/01/2020
Rec Nac Adaptada S9	2:24.99	GRACHAT, David Realista	POR	Berlim (GER)	04/07/2011
Rec Nac Adaptada S10	2:23.69	GONCALVES, Emanuel Luis	POR	Glasgow (GBR)	27/03/2015
Rec Nac Adaptada S11	2:45.10	MENESES, Marco Ribeiro	CACRCCD	Coimbra	18/01/2020
Rec Nac Adaptada S12	3:09.49	CRUZ, Joao Tanica	PDEM	Oeiras	12/05/2019
Rec Nac Adaptada S13	2:33.52	ENCARNACAO, Vitor Hugo	POR	Eindhoven (NED)	06/08/2014
Rec Nac Adaptada S14	3:03.75	RIBEIRO, Pedro Miguel	CPN	Povoa de Varzim	13/05/2018
Rec Nac Adaptada S15	2:16.25	NEVES, Tiago Correia	POR	Lublin (POL)	03/07/2018
Rec Nac Adaptada S16	2:41.05	JORGE, Andre Camara	CEOL	Funchal	22/02/2020
Rec Nac Adaptada S17	59:00.00	, start			
Rec Nac Adaptada S21	3:02.61	VAZ, Joao Francisco	POR	Olbia (ITA)	18/09/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	CORDEIRO, Tomas Coelho	04	SM10		Individual ANNP	<b>2:29.56</b>	607
	50m: 31.43 31.43	100m: 1:09.72	38.29	150m: 1:52.72	43.00	200m: 2:29.56	36.84
2.	CAMPOS, Joao Miguel	79	SM7	6.12,+	ADADA	<b>3:27.30</b>	405
	50m: 41.02 41.02	100m: 1:38.31	57.29	150m: 2:35.76	57.45	200m: 3:27.30	51.54
3.	ROCHA, Simao Pedro	06	SM14		CAP	<b>3:31.55</b>	227
	50m: 52.29 52.29	100m: 1:46.97	54.68	150m: 2:45.76	58.79	200m: 3:31.55	45.79

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Prova 28, Masc., 200m Estilos, Classe S1-S14-Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
4.	SOUSA, Helder Ferreira	75	SM7	12+	FCP	<b>4:57.74</b>	137
	50m: 1:02.66 1:02.66	100m: 2:14.72 1:12.06	150m: 3:56.70 1:41.98	200m: 4:57.74 1:01.04			

Classe S7-Seniores

1.	CAMPOS, Joao Miguel	79	SM7	6.12,+	ADADA	<b>3:27.30</b>	405
	50m: 41.02 41.02	100m: 1:38.31 57.29	150m: 2:35.76 57.45	200m: 3:27.30 51.54			
2.	SOUSA, Helder Ferreira	75	SM7	12+	FCP	<b>4:57.74</b>	137
	50m: 1:02.66 1:02.66	100m: 2:14.72 1:12.06	150m: 3:56.70 1:41.98	200m: 4:57.74 1:01.04			

Classe S10-Seniores

1.	CORDEIRO, Tomas Coelho	04	SM10		Individual ANNP	<b>2:29.56</b>	607
	50m: 31.43 31.43	100m: 1:09.72 38.29	150m: 1:52.72 43.00	200m: 2:29.56 36.84			

Classe S14-Esperanas

1.	ROCHA, Simao Pedro	06	SM14		CAP	<b>3:31.55</b>	227
	50m: 52.29 52.29	100m: 1:46.97 54.68	150m: 2:45.76 58.79	200m: 3:31.55 45.79			

Classe S17 (Autismo) Absolutos

1.	MENDES, Humberto Julio	90	SM17		ADADA	<b>3:56.56</b>	
	<i>Recorde Nacional</i>						
	50m: 52.17 52.17	100m: 1:51.14 58.97	150m: 3:06.49 1:15.35	200m: 3:56.56 50.07			

Classe S17 (Autismo) Seniores

1.	MENDES, Humberto Julio	90	SM17		ADADA	<b>3:56.56</b>	
	<i>Recorde Nacional</i>						
	50m: 52.17 52.17	100m: 1:51.14 58.97	150m: 3:06.49 1:15.35	200m: 3:56.56 50.07			

Classe S21 (SDown)-Absolutos

DSQ	RIBEIRO, David Saraiva	96	SM21		SCA		
	<i>WPS 11.6.1 - Os(As) atletas nadaram os estilos por odem incorreta</i>						
DSQ	MONTES, Francisco Pessanl02		SM21		ADADA		
	<i>v11.4.6 - O(A) atleta chegou com uma m�o na parede</i>						

Classe S21 (SDown)-Seniores

DSQ	RIBEIRO, David Saraiva	96	SM21		SCA		
	<i>WPS 11.6.1 - Os(As) atletas nadaram os estilos por odem incorreta</i>						
DSQ	MONTES, Francisco Pessanl02		SM21		ADADA		
	<i>v11.4.6 - O(A) atleta chegou com uma m�o na parede</i>						

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Prova 28, Masc., 200m Estilos

EXH	DUARTE, Samuel Lima	04	SM14	Feira Viva	<b>3:00.98</b>	363
	<i>Recorde Nacional</i>					
	50m: 36.42 36.42	100m: 1:22.80 46.38	150m: 2:23.30 1:00.50	200m: 3:00.98 37.68		
EXH	ASSUNCAO, Luis Miguel	01	SM110	FCP	<b>3:07.75</b>	
	50m: 42.41 42.41	100m: 1:30.58 48.17	150m: 2:26.73 56.15	200m: 3:07.75 41.02		
EXH	ALVES, Antonio Joaquin	97	SM14	Feira Viva	<b>3:07.93</b>	324
	50m: 35.90 35.90	100m: 1:24.64 48.74	150m: 2:22.99 58.35	200m: 3:07.93 44.94		
EXH	MENDES, Gil Mota	09	SM9 1, 3, 5	EMNCS	<b>3:37.19</b>	250
	50m: 45.98 45.98	100m: 1:40.72 54.74	150m: 2:44.46 1:03.74	200m: 3:37.19 52.73		
EXH	COSTA, Luis Espinho	90	SM7	ALHANDRA SC	<b>5:40.85</b>	91
	50m: 1:01.10 1:01.10	100m: 2:28.05 1:26.95	150m: 4:24.36 1:56.31	200m: 5:40.85 1:16.49		

Prova 29

Femin., 50m Bruços

Absoluto  
Resultados

28/11/2021 - 10:30

Rec Nac Adaptada S1	59:00.00	, start				
Rec Nac Adaptada S2	59:00.00	, start				
Rec Nac Adaptada S3	1:01.18	GUIMARAES, Diana Lobo	POR	Durban (RSA)		06/12/2006
Rec Nac Adaptada S14	43.68	RESENDE, Sonia Castanheiro	POR	Loano (ITA)		10/06/2016
Rec Nac Adaptada S15	40.74	LOURENCO, Susana Maria	SCP	Loul�		10/07/2016
Rec Nac Adaptada S16	51.42	TABORDA, Maria Joao	FCP	Oeiras		11/05/2019
Rec Nac Adaptada S17	51.75	PELAIO, Beatriz Malaquias	APPDAC	Coimbra		02/03/2019
Rec Nac Adaptada S21	56.20	NG, Mannie	GESL	Vila Franca de Xira		29/04/2012

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	GOMES, Sandra Marlene	96	SB14		ADADA	<b>1:17.83</b>	
<b>Classe S14-Seniores</b>							
1.	GOMES, Sandra Marlene	96	SB14		ADADA	<b>1:17.83</b>	
EXH	PINHO, Joana Filipa	02	SB14		SCA	<b>1:01.94</b>	
EXH	RODRIGUES, Laura Soares	08	SB14		ALHANDRA SC	<b>1:55.64</b>	

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Prova 30	Masc., 50m Bruços				Absoluto
28/11/2021 - 10:30					Resultados
Rec Nac Adaptada S1	1:40.94	VIEIRA, Cesario	FCP	P�voa de Varzim	22/05/2004
Rec Nac Adaptada S2	59:00.00	, start			
Rec Nac Adaptada S3	1:01.88	LOPES, Nelson Jose	ABVE	Lisboa	27/05/2001
Rec Nac Adaptada S14	41.37	FILIPE, Pedro Manuel	LDC	Vila Franca de Xira	06/03/2016
Rec Nac Adaptada S15	34.27	NEVES, Tiago Correia	CFB	Oeiras	11/05/2019
Rec Nac Adaptada S16	31.63	JORGE, Andre Camara	POR	Newcastle (GBR)	21/08/2019
Rec Nac Adaptada S17	47.09	CARNEIRO, Joao Amaral	APPDAC	Oeiras	12/05/2019
Rec Nac Adaptada S21	42.20	VAZ, Joao Francisco	SCP	Rio Maior	25/01/2020

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
DSQ	AMARAL, Joao Costa	95	SB14		SCE		
	<i>WPS 11.1.5 - Falsa partida</i>						
DSQ	VALE, Fernando Daniel	05	SB14		ALHANDRA SC		
	<i>WPS 11.4.5 - O(A) atleta efectuou movimento vertical de pernas durante o percurso</i>						
<b>Classe S14-Seniores</b>							
DSQ	AMARAL, Joao Costa	95	SB14		SCE		
	<i>WPS 11.1.5 - Falsa partida</i>						
DSQ	VALE, Fernando Daniel	05	SB14		ALHANDRA SC		
	<i>WPS 11.4.5 - O(A) atleta efectuou movimento vertical de pernas durante o percurso</i>						
EXH	FERNANDES, Tiago Miguel	04	SB14		SCA	<b>45.26</b>	
EXH	FREIRE, Hugo Filipe	04	SB14		SCA	<b>47.27</b>	
EXH	MENDES, Carlos Barbosa	62	SB16	A 12+	ALHANDRA SC	<b>1:53.96</b>	
EXH	SILVA, Leonardo Ferreira	01	SB4		Feira Viva	<b>1:59.50</b>	71
EXH	ALBERGARIA, Jose Ant�nio	98	SB110		Feira Viva	<b>2:06.91</b>	

Prova 31 28/11/2021 - 10:35	Femin., 50m Mariposa				Absoluto Resultados
Rec Nac Adaptada S1	59:00.00	, start			
Rec Nac Adaptada S2	59:00.00	, start			
Rec Nac Adaptada S3	59:00.00	, start			
Rec Nac Adaptada S4	59:00.00	, start			
Rec Nac Adaptada S5	51.37	FRAGOSO, Simone Silva	POR	Berlim (GER)	29/06/2012
Rec Nac Adaptada S6	59:00.00	, start			
Rec Nac Adaptada S7	59:00.00	, start			
Rec Nac Adaptada S14	44.09	RESENDE, Sonia Castanheiro	SCA	Oeiras	18/06/2017
Rec Nac Adaptada S15	36.48	CORREIA, Raquel Rosa	ACDCBR	Póvoa de Varzim	19/06/2016
Rec Nac Adaptada S16	59:00.00	, start			
Rec Nac Adaptada S17	57.84	PELAIO, Beatriz Malaquias	APPDAC	Povoa de Varzim	06/04/2019
Rec Nac Adaptada S21	44.46	TORRES, Diana Ines	FCP	Porto	25/05/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	SOARES, Maria Mafalda	02	S14		ADADA	<b>1:02.58</b>	
<b>Classe S14-Seniores</b>							
1.	SOARES, Maria Mafalda	02	S14		ADADA	<b>1:02.58</b>	
<b>Classe S21 (SDown)-Absolutos</b>							
1.	CASTRO, Ana Alexandra	92	S21		FCP	<b>58.11</b>	
<b>Classe S21 (SDown)-Seniores</b>							
1.	CASTRO, Ana Alexandra	92	S21		FCP	<b>58.11</b>	
EXH	REIS, Filipa Sá	00	S21		Feira Viva	<b>53.69</b>	
EXH	MONTEIRO, Raquel Rocilio	98	S14		Feira Viva	<b>1:04.57</b>	
EXH	CASTRO, Bruna Gomes	04	S21		Feira Viva	<b>1:55.73</b>	

Prova 32	Masc., 50m Mariposa					Absoluto
28/11/2021 - 10:35						Resultados
Rec Nac Adaptada S1	59:00.00	, start				
Rec Nac Adaptada S2	59:00.00	, start				
Rec Nac Adaptada S3	59:00.00	, start				
Rec Nac Adaptada S4	1:05.61	PEDROSO, Rui Manuel	POR	Sheffield (GBR)	06/06/1998	
Rec Nac Adaptada S5	44.53	ROCHA, Ivo Filipe	POR	Londres (GBR)	12/09/2019	
Rec Nac Adaptada S6	43.26	VIDEIRA, Daniel Carlos	GESL	Coimbra	03/03/2019	
Rec Nac Adaptada S7	36.66	OLIVEIRA, Renato Alexandre	ADADA	Porto	27/06/2021	
Rec Nac Adaptada S14	33.68	RIBEIRO, Pedro Miguel	POR	Loano (ITA)	13/06/2016	
Rec Nac Adaptada S15	26.29	NEVES, Tiago Correia	POR	Samsun (HUN)	22/07/2017	
Rec Nac Adaptada S16	30.25	JORGE, Andre Camara	CEOL	Rio Maior	26/01/2020	
Rec Nac Adaptada S17	40.53	SILVA, Andre Guimaraes	FCP	P�voa de Varzim	27/11/2021	
Rec Nac Adaptada S21	32.68	SANTOS, Filipe Bjorcke	FCF	Vila Franca de Xira	22/02/2015	

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	CAMPOS, Joao Miguel	79	S7	6.12,+	ADADA	<b>42.10</b>	337
2.	CATARINO, Jaime Lopes	91	S5	A 12	FCP	<b>1:04.88</b>	132
3.	RIBEIRO, Pedro Miguel	91	S14		ADDEG	<b>36.40</b>	
	LEAL, Pedro Miguel	90	S14		CFV	<b>44.96</b>	
WDR	PINTO, Jose Manuel	00	S7	A,12	ADADA		
<b>Classe S5-Seniores</b>							
1.	CATARINO, Jaime Lopes	91	S5	A 12	FCP	<b>1:04.88</b>	132
<b>Classe S7-Seniores</b>							
1.	CAMPOS, Joao Miguel	79	S7	6.12,+	ADADA	<b>42.10</b>	337
WDR	PINTO, Jose Manuel	00	S7	A,12	ADADA		
<b>Classe S14-Seniores</b>							
1.	RIBEIRO, Pedro Miguel	91	S14		ADDEG	<b>36.40</b>	
2.	LEAL, Pedro Miguel	90	S14		CFV	<b>44.96</b>	
<b>Classe S17 (Autismo) Absolutos</b>							
1.	GUIMARAES, Bruno Ricardo	94	S17		ADADA	<b>1:11.98</b>	
<b>Classe S17 (Autismo) Seniores</b>							
1.	GUIMARAES, Bruno Ricardo	94	S17		ADADA	<b>1:11.98</b>	
<b>Classe S21 (SDown)-Absolutos</b>							
1.	SILVA, Jos� Miguel	95	S21		Individual ANNP	<b>39.38</b>	
2.	GONCALVES, Hugo Bernard	96	S21		FCP	<b>56.98</b>	
WDR	EUSEBIO, Marcelo Esteves	02	S21		ADADA		

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Prova 32, Masc., 50m Mariposa

Classe S21 (SDown)-Seniores

1.	SILVA, Jos� Miguel	95	S21	Individual ANNP	<b>39.38</b>
2.	GONCALVES, Hugo Bernard	96	S21	FCP	<b>56.98</b>
WDR	EUSEBIO, Marcelo Esteves	02	S21	ADADA	
EXH	MARQUES, Diogo Jos�	99	S14	ALHANDRA SC	<b>47.87</b>

Prova 33

Femin., 100m Livres

Absoluto

28/11/2021 - 10:40

Resultados

Rec Nac Adaptada S1	59:00.00	, start				
Rec Nac Adaptada S2	59:00.00	, start				
Rec Nac Adaptada S3	2:18.20	BARROSO, Susana Cristina	POR	Sydney (AUS)		15/10/2000
Rec Nac Adaptada S4	1:56.22	GUIMARAES, Diana Lobo	FCP	P�ova de Varzim		16/03/2008
Rec Nac Adaptada S5	1:37.30	FRAGOSO, Simone Silva	POR	Berlim (GER)		08/07/2011
Rec Nac Adaptada S6	2:48.85	BARBOSA, Ana Sofia	FCP	Porto		21/04/2018
Rec Nac Adaptada S8	1:20.16	CASTRO, Ana Filipa	FVCD	Porto		24/04/2021
Rec Nac Adaptada S7	2:19.39	SAMPAIO, Ana Branca	ADADA	Porto		21/04/2018
Rec Nac Adaptada S9	1:04.33	VEIGA, Susana Pereira	POR	Funchal		19/05/2021
Rec Nac Adaptada S10	1:10.02	CORREIA, Ana Beatriz	LDC	P�ova de Varzim		12/12/2005
Rec Nac Adaptada S11	4:48.30	LUCAS, Mariana Filipa	ASC	Povoa de Varzim		06/04/2019
Rec Nac Adaptada S12	59:00.00	, start				
Rec Nac Adaptada S13	1:33.27	NEVES, Camila Anjos	ASC	Povoa de Varzim		13/05/2018
Rec Nac Adaptada S14	1:15.31	RESENDE, Sonia Castanheiro	POR	Loano (ITA)		13/06/2016
Rec Nac Adaptada S15	1:11.24	ALMEIDA, Eunice Evora	CDAP	Oeiras		12/05/2019
Rec Nac Adaptada S16	1:32.62	TABORDA, Maria Joao	FCP	Oeiras		12/05/2019
Rec Nac Adaptada S17	1:42.21	PELAIO, Beatriz Malaquias	APPDAC	Rio Maior		26/01/2020
Rec Nac Adaptada S21	1:37.82	NG, Mannie	POR	Reykjavik (ISL)		23/10/2009

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
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Prova 34	Masc., 100m Livres				Absoluto
28/11/2021 - 11:00					Resultados
Rec Nac Adaptada S1	3:22.00	MARTINS, Joao	APCL	Lisboa	17/06/2000
Rec Nac Adaptada S2	2:41.51	PINA, Joao Alexandre	GESL	Vila Franca de Xira	05/03/2016
Rec Nac Adaptada S3	2:38.74	VITORINO, Nuno	GESL	Lisboa	29/06/2002
Rec Nac Adaptada S4	1:44.83	PEDROSO, Rui Manuel	POR	Atlanta (USA)	28/09/1996
Rec Nac Adaptada S5	1:26.93	ROCHA, Ivo Filipe	POR	Londres (GBR)	15/09/2019
Rec Nac Adaptada S6	1:09.87	VIDEIRA, Daniel Carlos	POR	Dublin (IRL)	19/08/2018
Rec Nac Adaptada S8	1:05.56	LINHARES, Ruben Daniel	CNRM	Rio Maior	26/01/2020
Rec Nac Adaptada S7	1:13.24	VIDEIRA, Daniel Carlos	GESL	Povoa de Varzim	13/05/2018
Rec Nac Adaptada S9	57.41	CAETANO, Gino Santos	POR	Londres (GBR)	09/09/2019
Rec Nac Adaptada S10	56.94	CAETANO, Gino Santos	CGA	Coimbra	30/03/2017
Rec Nac Adaptada S11	1:04.30	MENESES, Marco Ribeiro	POR	Funchal	20/05/2021
Rec Nac Adaptada S12	59:00.00	, start			
Rec Nac Adaptada S13	59.51	ENCARNACAO, Vitor Hugo	POR	Eindhoven (NED)	09/08/2014
Rec Nac Adaptada S14	1:06.53	DUARTE, Samuel Lima	FVCD	Porto	27/06/2021
Rec Nac Adaptada S15	55.31	NEVES, Tiago Correia	CFB	Coimbra	18/03/2018
Rec Nac Adaptada S16	1:00.48	JORGE, Andre Camara	POR	Newcastle (GBR)	20/08/2019
Rec Nac Adaptada S17	1:20.78	BRANCO, Miguel Paiva	APPDAC	Rio Maior	26/01/2020
Rec Nac Adaptada S21	1:13.55	ALMEIDA, Andre Reis	POR	Olbia (ITA)	21/09/2019

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Classe S1-S14-Absolutos</b>							
1.	REIS, Bruno Ferreira	00	S8	12+	FCP	<b>1:14.91</b>	468
	50m: 36.50 36.50	100m: 1:14.91 38.41					
2.	MOREIRA, Ricardo Jorge	01	S5	A 3 5 12+	FCP	<b>1:53.31</b>	218
	50m: 50.39 50.39	100m: 1:53.31 1:02.92					
3.	ALVES, Nuno Diogo	88	S7		ADDEG	<b>1:51.32</b>	170
	50m: 51.79 51.79	100m: 1:51.32 59.53					
4.	NASCIMENTO, Luis Carlos	06	S6	A 3 5 12+	FCP	<b>2:04.41</b>	146
	50m: 1:00.36 1:00.36	100m: 2:04.41 1:04.05					
5.	PINTO, Carlos Manuel	84	S5	A 12	FCP	<b>2:16.84</b>	124
	50m: 1:02.01 1:02.01	100m: 2:16.84 1:14.83					
6.	MONTEIRO, Joao Pedro	04	S8	3, 5, 12+	FCP	<b>3:11.86</b>	28
	50m: 1:29.51 1:29.51	100m: 3:11.86 1:42.35					

#### Classe S5-Seniores

1.	MOREIRA, Ricardo Jorge	01	S5	A 3 5 12+	FCP	<b>1:53.31</b>	218
	50m: 50.39 50.39	100m: 1:53.31 1:02.92					
2.	PINTO, Carlos Manuel	84	S5	A 12	FCP	<b>2:16.84</b>	124
	50m: 1:02.01 1:02.01	100m: 2:16.84 1:14.83					

#### Classe S6-Esperanças

1.	NASCIMENTO, Luis Carlos	06	S6	A 3 5 12+	FCP	<b>2:04.41</b>	146
	50m: 1:00.36 1:00.36	100m: 2:04.41 1:04.05					

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Prova 34, Masc., 100m Livres

Classe S7-Seniores

1. ALVES, Nuno Diogo	88	S7		ADDEG	<b>1:51.32</b>	170
50m: 51.79 51.79	100m: 1:51.32	59.53				

Classe S8-Seniores

1. REIS, Bruno Ferreira	00	S8	12+	FCP	<b>1:14.91</b>	468
50m: 36.50 36.50	100m: 1:14.91	38.41				
2. MONTEIRO, Joao Pedro	04	S8	3, 5, 12+	FCP	<b>3:11.86</b>	28
50m: 1:29.51 1:29.51	100m: 3:11.86	1:42.35				

Classe S17 (Autismo) Absolutos

1. SILVA, Andre Guimaraes	96	S17		FCP	<b>1:27.09</b>	
50m: 37.37 37.37	100m: 1:27.09	49.72				
2. MENDES, Humberto Julio	90	S17		ADADA	<b>1:30.52</b>	
50m: 42.89 42.89	100m: 1:30.52	47.63				
3. SILVA, Bruno Miguel	93	S17		FCP	<b>1:35.29</b>	
50m: 45.15 45.15	100m: 1:35.29	50.14				
4. OLIVEIRA, Am�rico Manuel	08	S17		ADDEG	<b>1:39.34</b>	
50m: 42.52 42.52	100m: 1:39.34	56.82				
5. OLIVEIRA, Luis Pires	00	S17		FCP	<b>1:58.51</b>	
50m: 54.29 54.29	100m: 1:58.51	1:04.22				

Classe S17 (Autismo) Esperancas

1. OLIVEIRA, Am�rico Manuel	08	S17		ADDEG	<b>1:39.34</b>	
50m: 42.52 42.52	100m: 1:39.34	56.82				

Classe S17 (Autismo) Seniores

1. SILVA, Andre Guimaraes	96	S17		FCP	<b>1:27.09</b>	
50m: 37.37 37.37	100m: 1:27.09	49.72				
2. MENDES, Humberto Julio	90	S17		ADADA	<b>1:30.52</b>	
50m: 42.89 42.89	100m: 1:30.52	47.63				
3. SILVA, Bruno Miguel	93	S17		FCP	<b>1:35.29</b>	
50m: 45.15 45.15	100m: 1:35.29	50.14				
4. OLIVEIRA, Luis Pires	00	S17		FCP	<b>1:58.51</b>	
50m: 54.29 54.29	100m: 1:58.51	1:04.22				

Classe S21 (SDown)-Absolutos

1. RIBEIRO, Jos� Augusto	92	S21		ADDEG	<b>1:32.05</b>	
50m: 42.07 42.07	100m: 1:32.05	49.98				
2. GOMES, Joao Pedro	82	S21		ADADA	<b>2:44.72</b>	
50m: 1:12.99 1:12.99	100m: 2:44.72	1:31.73				

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Prova 34, Masc., 100m Livres

Classe S21 (SDown)-Seniores

1.	RIBEIRO, Jos� Augusto	92	S21		ADDEG	<b>1:32.05</b>	
	50m: 42.07 42.07	100m: 1:32.05	49.98				
2.	GOMES, Joao Pedro	82	S21		ADADA	<b>2:44.72</b>	
	50m: 1:12.99 1:12.99	100m: 2:44.72	1:31.73				
EXH	ALVES, Antonio Joaquin	97	S14		Feira Viva	<b>1:09.79</b>	309
	50m: 32.69 32.69	100m: 1:09.79	37.10				
EXH	FERNANDES, Tiago Miguel	04	S14		SCA	<b>1:21.65</b>	193
	50m: 39.07 39.07	100m: 1:21.65	42.58				
EXH	REGO, Diogo Almeida	97	S21		SCA	<b>1:26.63</b>	
	50m: 41.43 41.43	100m: 1:26.63	45.20				
EXH	GOUVEIA, Francisco Mario	75	S9	9	Feira Viva	<b>1:28.11</b>	247
	50m: 41.18 41.18	100m: 1:28.11	46.93				
EXH	MENDES, Gil Mota	09	S9	1, 3, 5	EMNCS	<b>1:28.21</b>	247
	50m: 40.91 40.91	100m: 1:28.21	47.30				
EXH	ROCHA, Ivo Filipe	90	S5	A 12	Feira Viva	<b>1:30.46</b>	428
	50m: 44.57 44.57	100m: 1:30.46	45.89				
EXH	TEIXEIRA, Joao Meirinhos	96	S14		SCA	<b>1:35.38</b>	121
	50m: 46.16 46.16	100m: 1:35.38	49.22				
EXH	CRUZ, Diogo Rafael	03	S14		SCE	<b>1:42.29</b>	98
	50m: 43.79 43.79	100m: 1:42.29	58.50				
EXH	VIEIRA, Jose Viscaya	07	S17	A, W	SCA	<b>1:51.12</b>	
	50m: 52.34 52.34	100m: 1:51.12	58.78				
EXH	COSTA, Luis Espinho	90	S7		ALHANDRA SC	<b>1:52.66</b>	164
	50m: 1:04.05 1:04.05	100m: 1:52.66	48.61				
EXH	SANTOS, Joao Caldas	01	S17		SCA	<b>2:36.27</b>	
	50m: 1:09.52 1:09.52	100m: 2:36.27	1:26.75				



Prova 35	Femin., 4 x 100m Estilos				Absoluto
28/11/2021 - 11:15					Resultados
Rec Nac Adaptada S14	8:01.37	Sporting Clube de Aveiro	SCA	P�voa de Varzim	10/05/2015
Rec Nac Adaptada S17	59:00.00	start			
Rec Nac Adaptada S21	59:00.00	start			
Rec Nac Adaptada 34P	59:00.00	start			

Pontos: KNZB NED WPS 2021

Lugar	Classes	Cod Exc	Clube	Tempo final	Pts
Prova 36					
28/11/2021 - 11:15					
Masc., 4 x 100m Estilos					
Absoluto Resultados					
Rec Nac Adaptada S14	6:07.11	Sporting Clube de Aveiro	SCA	Oeiras	12/05/2019
Rec Nac Adaptada S17	59:00.00	start			
Rec Nac Adaptada S21	6:18.25	Sporting Clube de Portugal	SCP	Rio Maior	26/01/2020
Rec Nac Adaptada 34P	5:36.75	Gesloures-Gestao Equip. Sociais, EGESL		Rio Maior	26/01/2020

Pontos: KNZB NED WPS 2021

Lugar	Classes	Cod Exc	Clube	Tempo final	Pts
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#### Classe S14

DSQ ALHANDRA SC 1 ALHANDRA SC  
*WPS 11.4.2 - O(A) atleta efetuou movimento alternao de braç os durante o percurso*  
 SILVA, Welisson Gonçalo, VALE, Fernando Daniel, MARQUES, Diogo Jos , VIEIRA, Micael Alexandre

DSQ FCP 1 FCP  
*WPS 11.5.4 - O(a) atleta n o tocou com as m os, na parede, (simultaneamente / separadas) na viragem aos 205 metros, 3  atleta*  
 SILVA, Bruno Miguel, SILVA, Andre Guimaraes, GONCALVES, Hugo Bernardo, OLIVEIRA, Luis Pires

#### Classe S21 (SDown)

1. FCP 2	FCP				<b>7:53.88</b>	
MOREIRA, Ricardo Jorge	01	1:03.05	2:12.38	REIS, Bruno Ferreira	00	47.10 1:48.19
OLIVEIRA, Antonio Pedro	03	53.20	2:01.71	SOUSA, Helder Ferreira	75	52.17 1:51.60
2. FCP 3	FCP				<b>10:07.29</b>	
NASCIMENTO, Luis Carlos	06	1:03.53	2:10.35	CATARINO, Jaime Lopes	91	1:20.77 2:54.65
MONTEIRO, Joao Pedro	04	1:20.91	2:46.28	PINTO, Carlos Manuel	84	1:03.95 2:16.01

#### 34 pontos

1. FCP 2	FCP				<b>7:53.88</b>	
MOREIRA, Ricardo Jorge	01	1:03.05	2:12.38	REIS, Bruno Ferreira	00	47.10 1:48.19
OLIVEIRA, Antonio Pedro	03	53.20	2:01.71	SOUSA, Helder Ferreira	75	52.17 1:51.60
2. FCP 3	FCP				<b>10:07.29</b>	
NASCIMENTO, Luis Carlos	06	1:03.53	2:10.35	CATARINO, Jaime Lopes	91	1:20.77 2:54.65
MONTEIRO, Joao Pedro	04	1:20.91	2:46.28	PINTO, Carlos Manuel	84	1:03.95 2:16.01

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Prova 36, Masc., 4 x 100m Estilos

EXH	Feira Viva 1				Feira Viva			<b>6:28.63</b>
	DUARTE, Samuel Lima	04	41.00	1:24.49	ALVES, Antonio Joaquin	97	39.11	1:30.90
	GOMES, Diogo Lopes	96	53.20	1:59.15	SANTOS, Tomas Aniceto	99	43.26	1:34.09
EXH	SCA 1				SCA			<b>7:00.78</b>
	RIBEIRO, David Saraiva	96	53.91	1:52.53	FREIRE, Hugo Filipe	04	43.15	1:53.50
	FERNANDES, Tiago Miguel	04	48.89	1:44.51	TEIXEIRA, Joao Meirinhos	96	42.69	1:30.24

Prova 37

Femin., 1500m Livres

Absoluto

28/11/2021 - 11:20

Resultados

Rec Nac Adaptada S14	59:00.00	, start						
Rec Nac Adaptada S15	27:22.00	FERREIRA, Maria						01/01/1997
Rec Nac Adaptada S21	31:16.14	TORRES, Diana Ines	POR		Florence (ITA)			20/07/2016

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
<b>Prova 38</b>							
<b>Masc., 1500m Livres</b>							
<b>Absoluto</b>							
<b>Resultados</b>							
Rec Nac Adaptada S6	22:43.43	VIDEIRA, Daniel Carlos	GESL		Povoa de Varzim		08/12/2019
Rec Nac Adaptada S8	20:47.59	SOARES, Ricardo Aderneira	GESL		Povoa de Varzim		08/12/2019
Rec Nac Adaptada S9	18:12.44	GRACHAT, David Realista	GESL		Povoa de Varzim		08/12/2019
Rec Nac Adaptada S14	22:22.35	RIBEIRO, Pedro Miguel	CPN		Povoa de Varzim		20/05/2018
Rec Nac Adaptada S15	18:15.76	CRUZ, Miguel Duarte	CFB		Vila Franca de Xira		28/02/2020
Rec Nac Adaptada S21	24:59.39	ALMEIDA, Andre Reis	SCP		Coimbra		18/01/2020

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
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Classe S1-S14-Absolutos

1. RIBEIRO, Pedro Miguel	91	S14			ADDEG			<b>24:55.83</b>	323		
50m:	38.38	38.38	450m:	7:10.14	50.03	850m:	13:54.25	50.50	1250m:	20:45.96	52.75
100m:	1:24.50	46.12	500m:	8:00.54	50.40	900m:	14:45.42	51.17	1300m:	21:38.50	52.54
150m:	2:12.43	47.93	550m:	8:50.50	49.96	950m:	15:36.81	51.39	1350m:	22:29.85	51.35
200m:	3:02.33	49.90	600m:	9:40.01	49.51	1000m:	16:28.23	51.42	1400m:	23:21.46	51.61
250m:	3:51.24	48.91	650m:	10:30.72	50.71	1050m:	17:19.35	51.12	1450m:	24:08.37	46.91
300m:	4:40.49	49.25	700m:	11:22.24	51.52	1100m:	18:11.06	51.71	1500m:	24:55.83	47.46
350m:	5:30.38	49.89	750m:	12:12.58	50.34	1150m:	19:01.85	50.79			
400m:	6:20.11	49.73	800m:	13:03.75	51.17	1200m:	19:53.21	51.36			

Classe S14-Seniores

1. RIBEIRO, Pedro Miguel	91	S14			ADDEG			<b>24:55.83</b>	323		
50m:	38.38	38.38	450m:	7:10.14	50.03	850m:	13:54.25	50.50	1250m:	20:45.96	52.75
100m:	1:24.50	46.12	500m:	8:00.54	50.40	900m:	14:45.42	51.17	1300m:	21:38.50	52.54
150m:	2:12.43	47.93	550m:	8:50.50	49.96	950m:	15:36.81	51.39	1350m:	22:29.85	51.35
200m:	3:02.33	49.90	600m:	9:40.01	49.51	1000m:	16:28.23	51.42	1400m:	23:21.46	51.61
250m:	3:51.24	48.91	650m:	10:30.72	50.71	1050m:	17:19.35	51.12	1450m:	24:08.37	46.91
300m:	4:40.49	49.25	700m:	11:22.24	51.52	1100m:	18:11.06	51.71	1500m:	24:55.83	47.46
350m:	5:30.38	49.89	750m:	12:12.58	50.34	1150m:	19:01.85	50.79			
400m:	6:20.11	49.73	800m:	13:03.75	51.17	1200m:	19:53.21	51.36			

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Prova 38, Masc., 1500m Livres

Classe S21 (SDown)-Absolutos

1. MONTES, Francisco Pessanl02	S21	ADADA	<b>26:07.88</b>
50m: 41.97 41.97	450m: 7:39.82 51.77	850m: 14:38.08 52.02	1250m: 21:47.16 56.30
100m: 1:32.77 50.80	500m: 8:32.76 52.94	900m: 15:29.79 51.71	1300m: 22:41.31 54.15
150m: 2:25.20 52.43	550m: 9:24.24 51.48	950m: 16:19.66 49.87	1350m: 23:34.10 52.79
200m: 3:19.11 53.91	600m: 10:15.97 51.73	1000m: 17:09.49 49.83	1400m: 24:26.58 52.48
250m: 4:11.26 52.15	650m: 11:09.76 53.79	1050m: 18:04.95 55.46	1450m: 25:17.82 51.24
300m: 5:04.18 52.92	700m: 12:02.82 53.06	1100m: 18:59.40 54.45	1500m: 26:07.88 50.06
350m: 5:57.32 53.14	750m: 12:54.21 51.39	1150m: 19:54.69 55.29	
400m: 6:48.05 50.73	800m: 13:46.06 51.85	1200m: 20:50.86 56.17	
2. RIBEIRO, José Augusto	92 S21	ADDEG	<b>29:15.91</b>
50m: 43.95 43.95	450m: 8:17.69 59.06	850m: 16:15.11 59.19	1250m: 24:20.06 1:00.56
100m: 1:35.77 51.82	500m: 9:18.45 1:00.76	900m: 17:12.46 57.35	1300m: 25:20.09 1:00.03
150m: 2:29.68 53.91	550m: 10:16.48 58.03	950m: 18:12.83 1:00.37	1350m: 26:20.07 59.98
200m: 3:25.09 55.41	600m: 11:17.57 1:01.09	1000m: 19:14.27 1:01.44	1400m: 27:18.69 58.62
250m: 4:20.87 55.78	650m: 12:12.53 54.96	1050m: 20:16.00 1:01.73	1450m: 28:17.80 59.11
300m: 5:19.63 58.76	700m: 13:11.75 59.22	1100m: 21:16.85 1:00.85	1500m: 29:15.91 58.11
350m: 6:19.49 59.86	750m: 14:13.54 1:01.79	1150m: 22:18.16 1:01.31	
400m: 7:18.63 59.14	800m: 15:15.92 1:02.38	1200m: 23:19.50 1:01.34	

Classe S21 (SDown)-Seniores

1. MONTES, Francisco Pessanl02	S21	ADADA	<b>26:07.88</b>
50m: 41.97 41.97	450m: 7:39.82 51.77	850m: 14:38.08 52.02	1250m: 21:47.16 56.30
100m: 1:32.77 50.80	500m: 8:32.76 52.94	900m: 15:29.79 51.71	1300m: 22:41.31 54.15
150m: 2:25.20 52.43	550m: 9:24.24 51.48	950m: 16:19.66 49.87	1350m: 23:34.10 52.79
200m: 3:19.11 53.91	600m: 10:15.97 51.73	1000m: 17:09.49 49.83	1400m: 24:26.58 52.48
250m: 4:11.26 52.15	650m: 11:09.76 53.79	1050m: 18:04.95 55.46	1450m: 25:17.82 51.24
300m: 5:04.18 52.92	700m: 12:02.82 53.06	1100m: 18:59.40 54.45	1500m: 26:07.88 50.06
350m: 5:57.32 53.14	750m: 12:54.21 51.39	1150m: 19:54.69 55.29	
400m: 6:48.05 50.73	800m: 13:46.06 51.85	1200m: 20:50.86 56.17	
2. RIBEIRO, José Augusto	92 S21	ADDEG	<b>29:15.91</b>
50m: 43.95 43.95	450m: 8:17.69 59.06	850m: 16:15.11 59.19	1250m: 24:20.06 1:00.56
100m: 1:35.77 51.82	500m: 9:18.45 1:00.76	900m: 17:12.46 57.35	1300m: 25:20.09 1:00.03
150m: 2:29.68 53.91	550m: 10:16.48 58.03	950m: 18:12.83 1:00.37	1350m: 26:20.07 59.98
200m: 3:25.09 55.41	600m: 11:17.57 1:01.09	1000m: 19:14.27 1:01.44	1400m: 27:18.69 58.62
250m: 4:20.87 55.78	650m: 12:12.53 54.96	1050m: 20:16.00 1:01.73	1450m: 28:17.80 59.11
300m: 5:19.63 58.76	700m: 13:11.75 59.22	1100m: 21:16.85 1:00.85	1500m: 29:15.91 58.11
350m: 6:19.49 59.86	750m: 14:13.54 1:01.79	1150m: 22:18.16 1:01.31	
400m: 7:18.63 59.14	800m: 15:15.92 1:02.38	1200m: 23:19.50 1:01.34	