

Prova 1	Femin., 400m Estilos				12 - 13 anos
28/05/2022 - 9:00					Resultados
Rec Nac 25m Absoluto	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac 25m Inf A	5:03.94	Carolina Miranda, FERNANDES	CGA	Condeixa	12/05/2018
Rec Nac 25m Inf B	5:15.68	Susana Patricia, MIGUEL	SFUAP	Rio Maior	06/07/2002
Recorde Regional 25m Absoluto	4:42.89	Ana Catarina, MONTEIRO	CFV	Felgueiras	21/12/2018
Recorde Regional 25m Inf A	5:08.49	Ines neto, ROCHA	GESP	Cantanhede	28/03/2014
Recorde Regional 25m Inf B	5:20.85	Marisa, FREITAS	AHBVG	Alges	13/03/1998

Infantis A Femininos Inf A: 6:46.90 / Infantis B Femininos Inf B: 7:12.82

Pontos: FINA 2021

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
<b>Infantis B</b>								
1.	Matilde Brandao, CARVALHO	F	211099	10	Fluvial Portuense	<b>5:59.86</b>	372	
	50m: 37.86 37.86		150m: 2:12.06		44.65 250m: 3:49.88	51.58	350m: 5:21.22	39.29
	100m: 1:27.41 49.55		200m: 2:58.30		46.24 300m: 4:41.93	52.05	400m: 5:59.86	38.64
2.	Maria Rita, CUNHA	F	206403	10	Colegio Efanor	<b>6:00.60</b>	370	
	50m: 40.58 40.58		150m: 2:13.25		44.86 250m: 3:49.64	52.00	350m: 5:22.29	40.64
	100m: 1:28.39 47.81		200m: 2:57.64		44.39 300m: 4:41.65	52.01	400m: 6:00.60	38.31
3.	Filipa Esteves, GUIMARAES	F	208435	10	Vilacondense	<b>6:00.72</b>	369	
	50m: 40.58 40.58		150m: 2:13.82		44.57 250m: 3:50.96	52.93	350m: 5:24.13	40.18
	100m: 1:29.25 48.67		200m: 2:58.03		44.21 300m: 4:43.95	52.99	400m: 6:00.72	36.59
4.	Ines Senhorinha, SILVA	F	205529	10	Natacao da Maia	<b>6:14.81</b>	329	
	50m: 41.17 41.17		150m: 2:19.55		46.79 250m: 3:57.61	52.11	350m: 5:33.37	42.89
	100m: 1:32.76 51.59		200m: 3:05.50		45.95 300m: 4:50.48	52.87	400m: 6:14.81	41.44
5.	Sofia Rodrigues, COSTA	F	206179	10	Porto	<b>6:18.53</b>	320	
	50m: 41.19 41.19		150m: 2:20.03		48.71 300m: 4:54.23	53.52	400m: 6:18.53	40.86
	100m: 1:31.32 50.13		250m: 4:00.71		1:40.68 350m: 5:37.67	43.44		
6.	Marta Silva, FERNANDES	F	210702	10	Porto	<b>6:25.08</b>	304	
	50m: 42.33 42.33		150m: 2:20.17		48.48 250m: 4:04.13	56.64	350m: 5:42.92	42.48
	100m: 1:31.69 49.36		200m: 3:07.49		47.32 300m: 5:00.44	56.31	400m: 6:25.08	42.16
7.	Francisca Teixeira, COSTA	F	209140	10	Foca Quinta da Lixa CNF	<b>6:27.02</b>	299	
	50m: 43.20 43.20		150m: 2:23.44		49.32 250m: 4:05.54	52.15	350m: 5:43.62	42.92
	100m: 1:34.12 50.92		200m: 3:13.39		49.95 300m: 5:00.70	55.16	400m: 6:27.02	43.40
8.	Matilde Faria, SILVESTRE	F	209233	10	Penafiel	<b>6:30.82</b>	290	
	50m: 44.80 44.80		150m: 2:24.23		47.52 250m: 4:06.40	55.28	350m: 5:47.45	44.77
	100m: 1:36.71 51.91		200m: 3:11.12		46.89 300m: 5:02.68	56.28	400m: 6:30.82	43.37
9.	Eduarda Dias, PIMENTEL	F	209153	10	Porto	<b>6:34.25</b>	283	
	50m: 41.41 41.41		150m: 2:19.44		51.21 250m: 4:07.10	57.07	350m: 5:50.29	44.10
	100m: 1:28.23 46.82		200m: 3:10.03		50.59 300m: 5:06.19	59.09	400m: 6:34.25	43.96
10.	Sofia Santa, PEDROSO	F	209168	10	Porto	<b>6:38.32</b>	274	
	50m: 49.98 49.98		150m: 2:39.07		49.02 300m: 5:10.06	52.92	400m: 6:38.32	41.97
	100m: 1:50.05 1:00.07		250m: 4:17.14		1:38.07 350m: 5:56.35	46.29		
11.	Rita Sousa, OLIVEIRA	F	206396	10	Colegio Efanor	<b>6:40.31</b>	270	
	50m: 45.09 45.09		150m: 2:31.07		49.75 250m: 4:17.70	58.24	350m: 5:58.07	42.91
	100m: 1:41.32 56.23		200m: 3:19.46		48.39 300m: 5:15.16	57.46	400m: 6:40.31	42.24
12.	Carolina Loureiro, RIBEIRO	F	206169	10	Porto	<b>6:47.74</b>	256	
	50m: 42.77 42.77		150m: 2:28.22		53.99 250m: 4:16.60	57.20	350m: 6:02.74	47.52
	100m: 1:34.23 51.46		200m: 3:19.40		51.18 300m: 5:15.22	58.62	400m: 6:47.74	45.00
13.	Filipa Santos, ROMAO	F	207973	10	Vilacondense	<b>7:03.16</b>	229	
	50m: 48.18 48.18		150m: 2:43.48		53.41 250m: 4:34.81	59.79	350m: 6:20.97	45.54
	100m: 1:50.07 1:01.89		200m: 3:35.02		51.54 300m: 5:35.43	1:00.62	400m: 7:03.16	42.19
14.	Carolina Oliveira, SILVA FL	F	213960	10	Vit�ria Sport Clube	<b>7:14.59</b>	211	
	50m: 52.12 52.12		150m: 2:46.77		54.33 250m: 4:40.58	59.99	350m: 6:27.76	48.44
	100m: 1:52.44 1:00.32		200m: 3:40.59		53.82 300m: 5:39.32	58.74	400m: 7:14.59	46.83
15.	Mariana Nobrega, ROCHA FL	F	206374	10	CLIP Teams	<b>7:14.74</b>	211	
	50m: 43.26 43.26		150m: 2:36.41		56.66 250m: 4:32.80	1:02.82	350m: 6:29.07	51.06
	100m: 1:39.75 56.49		200m: 3:29.98		53.57 300m: 5:38.01	1:05.21	400m: 7:14.74	45.67
16.	Gabriela Pacheco, RIBEIRO FL	F	213959	10	Vit�ria Sport Clube	<b>7:17.38</b>	207	
	50m: 47.16 47.16		150m: 2:45.85		56.96 250m: 4:37.58	56.59	350m: 6:27.12	49.54
	100m: 1:48.89 1:01.73		200m: 3:40.99		55.14 300m: 5:37.58	1:00.00	400m: 7:17.38	50.26

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O Juiz  rbitro

Splash Meet Manager, 11.72334

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Prova 1, Femin., 400m Estilos, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
17.	Leonor Monteiro, MATOS FTL	F	213980	10	CLIP Teams	<b>7:25.31</b>	196	
	50m: 47.76 47.76	150m: 2:43.02 54.28	250m: 4:39.15 1:02.38	350m: 6:33.71 50.24				
	100m: 1:48.74 1:00.98	200m: 3:36.77 53.75	300m: 5:43.47 1:04.32	400m: 7:25.31 51.60				
18.	Maria Rita, CARRILHO FTL	F	213953	10	Colegio Efanor	<b>7:40.20</b>	178	
	50m: 54.05 54.05	200m: 3:58.06 1:57.08	300m: 5:53.79 59.29	400m: 7:40.20 52.85				
	100m: 2:00.98 1:06.93	250m: 4:54.50 56.44	350m: 6:47.35 53.56					
19.	Rita Monteiro, LAVRADOR FTL	F	209279	10	CLIP Teams	<b>7:53.71</b>	163	
	50m: 53.00 53.00	150m: 2:56.74 58.42	300m: 6:06.72 2:13.35	400m: 7:53.71 53.13				
	100m: 1:58.32 1:05.32	200m: 3:53.37 56.63	350m: 7:00.58 53.86					
DSQ	Maria luisa, GUIMARAES 6.9 - O(A) nadador(a) não começou a executar a viragem imediatamente após terminar a braçada na posição ventral aos 125 metros - SW 6.4	F	213913	10	CLIP Teams			
DSQ	Catarina Sousa, OLIVEIRA 7.2 - O(A) nadador(a), na viragem aos 275 metros, efetuou mais do que uma pernada de golfinho durante a braçada subaquática que antecede a pernada de bruços - SW 7.1	F	206388	10	Colegio Efanor			
DNF	Cloe Canadas, NOGUEIRA 10.1 - O(A) nadador(a), nadando uma prova individual, não completou o percurso - SW 10.2	F	209151	10	Colegio Efanor			
WDR	Ema Ferreira, ESTRELA	F	212145	10	Leixões Sport Clube			
WDR	Giovana, GURMAN	F	213967	10	CLIP Teams			
WDR	Matilde Franco, BARBOSA	F	206290	10	Propaganda da NataçãO			

Infantis A

1.	Filipa Carvalho, GALANTE	F	203195	09	Vilacondense	<b>5:33.38</b>	468	
	50m: 38.58 38.58	150m: 2:04.55 43.67	300m: 4:21.00 48.51	400m: 5:33.38 35.81				
	100m: 1:20.88 42.30	250m: 3:32.49 1:27.94	350m: 4:57.57 36.57					
2.	Beatriz Alves, AMBRUS	F	203309	09	Porto	<b>5:41.58</b>	435	
	50m: 36.83 36.83	150m: 2:04.41 45.03	250m: 3:35.97 48.73	350m: 5:03.22 38.71				
	100m: 1:19.38 42.55	200m: 2:47.24 42.83	300m: 4:24.51 48.54	400m: 5:41.58 38.36				
3.	Catarina Soares, ARAUJO	F	205861	09	Penafiel	<b>5:44.29</b>	425	
	50m: 37.47 37.47	150m: 2:04.54 43.40	250m: 3:36.13 47.74	350m: 5:05.91 39.15				
	100m: 1:21.14 43.67	200m: 2:48.39 43.85	300m: 4:26.76 50.63	400m: 5:44.29 38.38				
4.	Teresa Isabel, RODRIGUES	F	207950	09	Foca Quinta da Lixa CNF	<b>5:48.50</b>	410	
	50m: 36.86 36.86	150m: 2:07.04 47.39	250m: 3:39.87 47.66	350m: 5:09.04 41.23				
	100m: 1:19.65 42.79	200m: 2:52.21 45.17	300m: 4:27.81 47.94	400m: 5:48.50 39.46				
5.	Ana Moreira, ANTUNES	F	203682	09	Famalicão	<b>5:52.47</b>	396	
	50m: 37.97 37.97	150m: 2:06.37 43.44	250m: 3:40.39 50.15	350m: 5:11.84 41.54				
	100m: 1:22.93 44.96	200m: 2:50.24 43.87	300m: 4:30.30 49.91	400m: 5:52.47 40.63				
6.	Uxia Romero, COSTA	F	208443	09	Fluvial Portuense	<b>5:54.76</b>	388	
	50m: 37.26 37.26	150m: 2:07.08 46.30	250m: 3:43.33 51.70	350m: 5:15.43 40.62				
	100m: 1:20.78 43.52	200m: 2:51.63 44.55	300m: 4:34.81 51.48	400m: 5:54.76 39.33				
7.	Madalena Valente, MOREIRA	F	207969	09	Colegio Efanor	<b>5:55.54</b>	386	
	50m: 40.14 40.14	150m: 2:12.52 44.49	250m: 3:47.46 53.00	350m: 5:20.17 39.10				
	100m: 1:28.03 47.89	200m: 2:54.46 41.94	300m: 4:41.07 53.61	400m: 5:55.54 35.37				
8.	Ines Carvalhinho, RIBEIRO	F	203712	09	Natacao da Maia	<b>5:55.96</b>	384	
	50m: 37.22 37.22	150m: 2:08.79 45.79	250m: 3:43.85 52.19	350m: 5:17.93 41.09				
	100m: 1:23.00 45.78	200m: 2:51.66 42.87	300m: 4:36.84 52.99	400m: 5:55.96 38.03				
9.	Vera Marques, SOARES	F	203702	09	Famalicão	<b>5:57.96</b>	378	
	50m: 38.32 38.32	150m: 2:10.43 46.26	250m: 3:44.90 50.21	350m: 5:18.59 42.52				
	100m: 1:24.17 45.85	200m: 2:54.69 44.26	300m: 4:36.07 51.17	400m: 5:57.96 39.37				
10.	Carolina Correia, MARTINS	F	206183	09	Porto	<b>5:58.41</b>	377	
	50m: 39.11 39.11	150m: 2:08.19 43.41	250m: 3:43.70 52.70	350m: 5:18.53 40.01				
	100m: 1:24.78 45.67	200m: 2:51.00 42.81	300m: 4:38.52 54.82	400m: 5:58.41 39.88				
11.	Francisca Martingo, RICARDO	F	206171	09	Porto	<b>5:59.28</b>	374	
	50m: 38.15 38.15	150m: 2:08.45 45.65	250m: 3:45.34 52.64	350m: 5:19.66 40.92				
	100m: 1:22.80 44.65	200m: 2:52.70 44.25	300m: 4:38.74 53.40	400m: 5:59.28 39.62				
12.	Ines Sousa, SANTOS	F	202667	09	Vilacondense	<b>6:01.23</b>	368	
	50m: 40.58 40.58	150m: 2:13.37 44.88	250m: 3:51.57 53.18	350m: 5:22.85 40.03				
	100m: 1:28.49 47.91	200m: 2:58.39 45.02	300m: 4:42.82 51.25	400m: 6:01.23 38.38				

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ORGANIZAÇÃO



PARCEIRO INSTITUCIONAL



PARCEIRO



FORNECEDOR OFICIAL



Prova 1, Femin., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
13.	Mafalda Coelho, PEIXOTO	F	206406	09	Vit�ria Sport Clube	<b>6:05.10</b>	356	
	50m: 39.93 39.93				150m: 2:14.60 47.69			350m: 5:25.48 39.79
	100m: 1:26.91 46.98				200m: 3:02.17 47.57			400m: 6:05.10 39.62
14.	Mafalda Brandao, REIS	F	203693	09	Famalic�o	<b>6:05.26</b>	356	
	50m: 37.99 37.99				150m: 2:10.15 46.41			350m: 5:23.17 42.68
	100m: 1:23.74 45.75				200m: 2:55.59 45.44			400m: 6:05.26 42.09
15.	Isa Bianca, MARINHO	F	206285	09	Foca Quinta da Lixa CNF	<b>6:05.73</b>	354	
	50m: 40.83 40.83				150m: 2:16.16 46.23			350m: 5:24.82 41.09
	100m: 1:29.93 49.10				200m: 3:01.12 44.96			400m: 6:05.73 40.91
16.	Helena Casimiro, SILVA	F	203688	09	Famalic�o	<b>6:08.18</b>	347	
	50m: 37.21 37.21				150m: 2:09.17 46.47			350m: 5:27.55 41.59
	100m: 1:22.70 45.49				200m: 2:55.32 46.15			400m: 6:08.18 40.63
17.	Mariana Silva, SANTOS	F	206175	09	Porto	<b>6:09.84</b>	343	
	50m: 41.03 41.03				150m: 2:18.25 46.12			350m: 5:29.33 40.92
	100m: 1:32.13 51.10				200m: 3:02.94 44.69			400m: 6:09.84 40.51
18.	Ines Maria, FARIA	F	205180	09	Porto	<b>6:19.07</b>	318	
	50m: 43.71 43.71				150m: 2:26.47 50.72			350m: 5:39.41 42.63
	100m: 1:35.75 52.04				200m: 3:13.80 47.33			400m: 6:19.07 39.66
19.	Catarina Ribeiro, COSTA	F	213894	09	Vit�ria Sport Clube	<b>6:19.38</b>	317	
	50m: 43.06 43.06				150m: 2:20.80 47.01			350m: 5:39.80 42.50
	100m: 1:33.79 50.73				200m: 3:04.74 43.94			400m: 6:19.38 39.58
20.	Maria Leonor, COSTA	F	152165	09	Gcst	<b>6:19.66</b>	317	
	50m: 41.00 41.00				150m: 2:22.58 51.26			350m: 5:40.85 42.56
	100m: 1:31.32 50.32				200m: 3:11.89 49.31			400m: 6:19.66 38.81
21.	Maria Novais, LARETH	F	204619	09	CLIP Teams	<b>6:20.49</b>	315	
	50m: 39.00 39.00				150m: 2:16.45 47.26			350m: 5:41.71 42.81
	100m: 1:29.19 50.19				200m: 3:02.93 46.48			400m: 6:20.49 1:24.80
22.	Marta Rebelo, SOUSA	F	203738	09	Porto	<b>6:23.84</b>	307	
	50m: 41.75 41.75				150m: 2:24.57 48.16			350m: 5:41.71 42.81
	100m: 1:36.41 54.66				200m: 3:11.23 46.66			400m: 6:23.84 42.13
23.	Gabriela Sousa, BERNARDO	F	210445	09	Colegio Efanor	<b>6:27.87</b>	297	
	50m: 42.66 42.66				150m: 2:27.82 52.61			350m: 5:46.55 42.69
	100m: 1:35.21 52.55				200m: 3:18.64 50.82			400m: 6:27.87 41.32
DSQ	Leonor Madureira, PEREIRA	F	212146	09	Colegio Efanor			
	<i>9.5 - O(A) nadador(a) n�o efetuou a chegada aos 200 metros de acordo com as regras aplicadas para esse estilo em particular - SW 9.3</i>							
DSQ	Ines Fernandes, SOUSA	F	206389	09	Colegio Efanor			
	<i>9.7 - O(A) nadador(a) n�o nadou aos 200 metros de acordo com as regras aplicadas para esse estilo em particular - SW 9.3</i>							
WDR	Matilde Maria, SANTOS	F	208345	09	Leix�es Sport Clube			
WDR	Leonor Borges, PORTELA	F	209273	09	Fluvial Portuense			
WDR	Leonor Monteiro, CONDE	F	205863	09	Penafiel			







Prova 2, Masc., 1500m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
27.	Guilherme Ferreira, SILVA	M	210747	09	Colegio Efanor	<b>22:48.43</b>	238	
	50m: 39.31				500m: 7:32.57			45.33
	150m: 2:09.94				550m: 8:18.68			45.97
	200m: 2:56.02				600m: 9:05.56			46.01
	250m: 3:42.35				650m: 9:51.68			44.14
	300m: 4:29.01				700m: 10:36.59			43.82
	350m: 5:16.23				750m: 11:22.17			
	400m: 6:02.23				800m: 12:08.20			
	450m: 6:47.94				850m: 12:54.39			
28.	Pedro Afonso, DUARTE	M	206404	09	Porto	<b>22:53.06</b>	235	
	50m: 41.49				450m: 6:41.83			46.71
	100m: 1:25.46				500m: 7:28.26			46.72
	150m: 2:09.97				550m: 8:14.70			46.37
	200m: 2:55.23				600m: 9:02.05			45.98
	250m: 3:40.79				650m: 9:47.76			45.55
	300m: 4:25.66				700m: 10:33.60			43.71
	350m: 5:10.59				750m: 11:20.04			
	400m: 5:56.30				800m: 12:06.66			
29.	Andre Bernardes, FERREIRA	M	202795	09	Fluvial Portuense	<b>23:16.06</b>	224	
	50m: 40.95				450m: 6:46.55			48.15
	100m: 1:25.66				500m: 7:34.12			47.95
	150m: 2:10.32				550m: 8:21.19			47.15
	200m: 2:55.50				600m: 9:08.45			48.05
	250m: 3:41.71				650m: 9:55.96			45.64
	300m: 4:28.38				700m: 10:43.11			41.80
	350m: 5:14.00				750m: 11:30.24			
	400m: 6:00.52				800m: 12:18.75			
30.	Rubim Dinis, MENDES	M	206415	09	Fluvial Portuense	<b>23:28.60</b>	218	
	50m: 44.52				450m: 6:52.85			48.23
	100m: 1:30.81				550m: 8:27.68			47.84
	150m: 2:17.03				600m: 9:14.95			48.43
	200m: 3:02.70				650m: 10:01.73			45.86
	250m: 3:47.93				700m: 10:49.25			44.94
	300m: 4:33.63				750m: 11:36.38			
	350m: 5:19.17				800m: 12:24.53			
	400m: 6:05.41				850m: 13:12.82			
31.	Joao Bernardo, MARTINS	M	205860	09	Assoc. Desportiva de Fafe	<b>23:28.62</b>	218	
	300m: 4:36.08				650m: 9:53.66			49.38
	350m: 5:23.42				700m: 10:38.66			47.04
	400m: 6:10.28				750m: 11:26.14			45.77
	450m: 6:58.67				800m: 12:13.77			43.92
	500m: 7:43.68				850m: 13:02.34			
	550m: 8:27.30				900m: 13:50.81			
	600m: 9:10.27				950m: 14:37.74			
32.	Ivo Domingos, LOBO	M	210733	09	Vit�ria Sport Clube	<b>23:40.37</b>	212	
	50m: 41.91				450m: 6:54.74			48.46
	100m: 1:26.76				500m: 7:42.20			46.96
	150m: 2:13.02				550m: 8:30.27			47.99
	200m: 2:59.30				600m: 9:17.39			46.10
	250m: 3:45.76				650m: 10:05.45			45.34
	300m: 4:32.45				700m: 11:40.72			
	350m: 5:20.14				750m: 12:28.66			
	400m: 6:07.74				800m: 13:16.46			
33.	Bruno Manuel, PASSOS	M	206295	09	Vit�ria Sport Clube	<b>23:54.29</b>	206	
	50m: 41.95				450m: 6:59.15			49.44
	100m: 1:27.51				500m: 7:47.79			48.79
	150m: 2:13.75				550m: 8:36.23			47.19
	200m: 3:00.58				600m: 9:23.95			47.86
	250m: 3:47.88				650m: 10:13.14			47.00
	300m: 4:35.73				700m: 11:02.27			44.81
	350m: 5:22.97				750m: 11:50.08			
	400m: 6:11.45				800m: 12:39.19			
34.	Matteo Furlan, DEMARZO FL	M	209284	09	CLIP Teams	<b>24:46.83</b>	185	
	50m: 45.56				450m: 7:24.53			49.68
	100m: 1:34.06				500m: 8:14.92			49.27
	150m: 2:23.40				550m: 9:05.05			48.77
	200m: 3:12.80				600m: 9:55.55			47.75
	250m: 4:02.92				650m: 10:45.33			47.73
	300m: 4:52.78				700m: 11:36.31			46.72
	350m: 5:43.46				750m: 12:26.28			
	400m: 6:33.66				800m: 13:16.93			
DNF	Metehan, BAYUR	M	211100	09	Fluvial Portuense			
	10.1 - O(A) nadador(a), nadando uma prova individual, n�o completou o percurso - SW 10.2							
WDR	Diogo Miguel, FREITAS	M	203319	09	Assoc. Desportiva de Fafe			
WDR	Matias Barros, REIS	M	211098	09	Fluvial Portuense			
WDR	Luis Maria, SOTTOMAYOR	M	208442	09	Fluvial Portuense			
WDR	Jose Moutinho, VALENTE	M	211367	09	Fluvial Portuense			

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.72334

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|ORGANIZAÇ O

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Prova 3, Femin., 200m Estilos, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
14.	Liliana Isabel, REGO 50m: 57.49 57.49	F	209271	10	Fluvial Portuense	4:06.43	120	1:02.00
DSQ	Francisca Regina, PIRES 6.9 - O(A) nadador(a) não começou a executar a viragem imediatamente após terminar a braçada na posição ventral aos 75 metros - SW 6.4	F	211381	10	Lousada Século XXI			
DSQ	Beatriz Silva, DOURADO 8.14 - O(A) nadador(a) tocou na parede só com uma mão na viragem dos 25 metros - SW 8.4	F	207972	10	Vilacondense			
WDR	Margarida Ferreira, MAGALHAES	F	206419	10	Lousada Século XXI			

Infantis A

1.	Ana Beatriz, TEIXEIRA 50m: 39.63 39.63	F	209937	09	Natacao da Maia	2:53.57	346	40.25
2.	Ines Castro, PATRICIO 50m: 41.88 41.88	F	213889	09	Vilacondense	2:58.04	320	39.38
3.	Leonor Moca, CRAVEIRO 50m: 40.71 40.71	F	211383	09	Clube Naval Povoense	3:00.05	310	41.36
4.	Zoe, FRITSCHÉ 50m: 41.84 41.84	F	208440	09	Natacao de Valongo	3:03.77	291	39.80
5.	Leonor Ferreira, LOPES 50m: 44.14 44.14	F	203431	09	Fluvial Portuense	3:07.99	272	42.27
6.	Ines Azevedo, MATOS 50m: 43.60 43.60	F	207975	09	Vilacondense	3:09.33	266	42.80
7.	Mariana Mesquita, TERROSO 50m: 43.90 43.90	F	212152	09	Vilacondense	3:15.60	241	43.92
8.	Mariana Fernandes, RIBEIRO 50m: 47.74 47.74	F	208448	09	Assoc. Desportiva de Fafe	3:18.72	230	50.38
9.	Catarina Pereira, ANTUNES 50m: 47.97 47.97	F	205193	09	Assoc. Desportiva de Fafe	3:23.16	215	45.07
10.	Francisca Pereira, GALEGO 50m: 44.87 44.87	F	214617	09	Clube Naval Povoense	3:31.00	192	49.38
11.	Ines Santos, MOREIRA 50m: 57.93 57.93	F	207977	09	Vilacondense	3:53.78	141	51.86

Prova 4

Masc., 400m Livres

13 - 14 anos

28/05/2022 - 12:15

Resultados

Rec Nac 25m Absoluto	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 25m Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014
Rec Nac 25m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003
Recorde Regional 25m Absoluto	3:45.58	Fabio Manuel, PEREIRA	FPN	Istanbul (TUR)	10/12/2009
Recorde Regional 25m Inf A	4:13.70	Rui Paulo, BORGES	FCP	Antas	25/07/1981
Recorde Regional 25m Inf B	4:26.90	Joao Claudio, SOUSA	GESP	Felgueiras	08/04/2006

Pontos: FINA 2021

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Pedro Campelo, OLIVEIRA 50m: 34.38 34.38 100m: 1:13.72 39.34	M	206126	09	Famalicaõ	5:17.98	297	41.01 38.70
2.	Afonso Silva, RODRIGUES 50m: 35.67 35.67 100m: 1:15.94 40.27	M	208670	09	Clube Naval Povoense	5:27.96	271	42.14 40.79
3.	Gustavo Silva, MACHADO 50m: 36.98 36.98 100m: 1:17.27 40.29	M	207440	09	Leixões Sport Clube	5:29.58	267	42.76 40.60
4.	Antonio Miguel, BENTO 50m: 38.92 38.92 100m: 1:21.42 42.50	M	203193	09	Vilacondense	5:38.76	245	40.65

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Prova 4, Masc., 400m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
11.	Daniel Rodrigo, PINTO	M	202262	08	Aquatico Pacense	<b>6:10.65</b>	187	
	50m: 39.19 39.19		150m: 2:11.18		46.09 250m: 3:45.69 47.06	350m: 5:22.79 48.87		
	100m: 1:25.09 45.90		200m: 2:58.63		47.45 300m: 4:33.92 48.23	400m: 6:10.65 47.86		
12.	Manuel Preces, MONIZ	M	203695	08	Famalic�o	<b>7:36.22</b>	100	
	50m: 41.19 41.19		100m: 1:29.31		48.12 150m: 2:21.85 52.54	400m: 7:36.22 5:14.37		
WDR	Manuel Moreira, CUNHA	M	208336	08	Porto			
WDR	Hugo Sa, MACEDO	M	200787	08	Porto			
WDR	Rodrigo Ribeirinha, PEREIRA	M	216565	08	Vit�ria Sport Clube			
WDR	Jose Vale, AZEVEDO	M	203690	08	Famalic�o			
WDR	Joao Correia, ALBUQUERQUE	M	203457	08	Natacao da Maia			

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Paços de Ferreira  
C mara Municipal

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Prova 9, Masc., 400m Estilos, Infantis B

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	FINA	Obs
20.	Salvador Teixeira, COELHO	M	209429 09	Aquatico Pacense	<b>6:20.09</b>	235	
	50m: 39.32 39.32	150m: 2:17.90	54.68	250m: 4:02.89	54.08	350m: 5:38.69	41.44
	100m: 1:23.22 43.90	200m: 3:08.81	50.91	300m: 4:57.25	54.36	400m: 6:20.09	41.40
21.	Pedro Ramos, FANGUEIRO	M	201381 09	Vilacondense	<b>6:20.80</b>	234	
	50m: 45.04 45.04	150m: 2:24.39	45.56	250m: 4:02.98	52.39	350m: 5:40.57	42.55
	100m: 1:38.83 53.79	200m: 3:10.59	46.20	300m: 4:58.02	55.04	400m: 6:20.80	40.23
22.	Alexandre Lima, SANTOS	M	214318 09	Fluvial Portuense	<b>6:22.88</b>	230	
	50m: 43.06 43.06	150m: 2:24.99	48.38	250m: 4:05.77	53.99	350m: 5:43.58	42.13
	100m: 1:36.61 53.55	200m: 3:11.78	46.79	300m: 5:01.45	55.68	400m: 6:22.88	39.30
23.	Dinis Rodrigues, COSTA	M	210297 09	Assoc. Desportiva de Fafe	<b>6:25.00</b>	226	
	50m: 42.46 42.46	150m: 2:24.86	50.95	250m: 4:08.28	53.46	350m: 5:45.08	42.04
	100m: 1:33.91 51.45	200m: 3:14.82	49.96	300m: 5:03.04	54.76	400m: 6:25.00	39.92
24.	Henrique Goncalves, LOBO	M	208869 09	Famalicaõ	<b>6:25.13</b>	226	
	50m: 41.77 41.77	150m: 2:17.20	45.39	250m: 4:01.96	1:00.08	350m: 5:44.08	42.32
	100m: 1:31.81 50.04	200m: 3:01.88	44.68	300m: 5:01.76	59.80	400m: 6:25.13	41.05
25.	Tomas Matos, MACHADO	M	209285 09	CLIP Teams	<b>6:26.01</b>	225	
	50m: 39.47 39.47	150m: 2:15.06	46.81	250m: 3:59.83	58.59	350m: 5:43.39	44.59
	100m: 1:28.25 48.78	200m: 3:01.24	46.18	300m: 4:58.80	58.97	400m: 6:26.01	42.62
26.	Bruno Manuel, PASSOS	M	206295 09	Vitória Sport Clube	<b>6:34.97</b>	210	
	50m: 44.99 44.99	150m: 2:27.40	47.83	250m: 4:12.65	1:00.20	350m: 5:53.48	42.67
	100m: 1:39.57 54.58	200m: 3:12.45	45.05	300m: 5:10.81	58.16	400m: 6:34.97	41.49
27.	Joao Bernardo, MARTINS	M	205860 09	Assoc. Desportiva de Fafe	<b>6:39.96</b>	202	
	50m: 41.77 41.77	150m: 2:24.58	52.10	250m: 4:09.91	56.96	350m: 5:55.29	46.45
	100m: 1:32.48 50.71	200m: 3:12.95	48.37	300m: 5:08.84	58.93	400m: 6:39.96	44.67
28.	Pedro Afonso, DUARTE	M	206404 09	Porto	<b>6:41.47</b>	200	
	50m: 43.13 43.13	150m: 2:30.04	51.93	250m: 4:15.68	57.13	350m: 5:57.44	43.92
	100m: 1:38.11 54.98	200m: 3:18.55	48.51	300m: 5:13.52	57.84	400m: 6:41.47	44.03
29.	Guilherme Ferreira, SILVA FTL	M	210747 09	Colegio Efanor	<b>6:45.81</b>	193	
	50m: 43.96 43.96	150m: 2:29.29	48.40	250m: 4:18.28	1:01.57	350m: 6:05.32	45.45
	100m: 1:40.89 56.93	200m: 3:16.71	47.42	300m: 5:19.87	1:01.59	400m: 6:45.81	40.49
30.	Matteo Furlan, DEMARZO FTL	M	209284 09	CLIP Teams	<b>6:47.76</b>	190	
	50m: 44.12 44.12	150m: 2:30.87	51.79	250m: 4:19.54	58.68	350m: 6:04.30	46.24
	100m: 1:39.08 54.96	200m: 3:20.86	49.99	300m: 5:18.06	58.52	400m: 6:47.76	43.46
DSQ	Antonio Miguel, SANTOS	M	214298 09	Fluvial Portuense			
	<i>8.5 - O(A) nadador(a) não levou os braços para a frente simultaneamente durante o percurso dos 65 metros - SW 8.2</i>						
DSQ	Pedro Moura, PEREIRA	M	207926 09	Lousada Século XXI			
	<i>7.21 - O(A) nadador(a) tocou só com uma mão na parede na viragem dos 275 metros - SW 7.6</i>						
WDR	Diogo Miguel, FREITAS	M	203319 09	Assoc. Desportiva de Fafe			
WDR	Francisco Almeida, LEITE	M	204616 09	CLIP Teams			
WDR	Matias Barros, REIS	M	211098 09	Fluvial Portuense			
WDR	Luis Maria, SOTTOMAYOR	M	208442 09	Fluvial Portuense			
WDR	Jose Moutinho, VALENTE	M	211367 09	Fluvial Portuense			
WDR	Ivo Domingos, LOBO	M	210733 09	Vitória Sport Clube			

Infantis A

1.	Francisco Miguel, PEREIRA	M	201111 08	Fluvial Portuense	<b>5:13.67</b>	419	
	50m: 32.87 32.87	150m: 2:30.49	1:17.98	250m: 4:06.75	48.66	350m: 5:13.54	32.22
	100m: 1:12.51 39.64	200m: 3:18.09	47.60	300m: 4:41.32	34.57	400m: 5:13.67	0.13
2.	Guilherme Costa, SOARES	M	201093 08	Vilacondense	<b>5:15.14</b>	413	
	50m: 33.44 33.44	150m: 1:54.89	41.12	250m: 3:21.17	46.32	350m: 4:41.78	34.46
	100m: 1:13.77 40.33	200m: 2:34.85	39.96	300m: 4:07.32	46.15	400m: 5:15.14	33.36
3.	Eduardo Miguel, LIMA	M	201133 08	Foca Quinta da Lixa CNF	<b>5:15.81</b>	411	
	50m: 34.21 34.21	150m: 1:56.93	42.20	250m: 3:22.13	44.54	350m: 4:42.50	34.76
	100m: 1:14.73 40.52	200m: 2:37.59	40.66	300m: 4:07.74	45.61	400m: 5:15.81	33.31
4.	Miguel Fragoso, MEDEIROS	M	200778 08	Porto	<b>5:16.87</b>	406	
	50m: 34.08 34.08	150m: 1:55.62	41.74	250m: 3:21.96	45.82	350m: 4:43.42	35.10
	100m: 1:13.88 39.80	200m: 2:36.14	40.52	300m: 4:08.32	46.36	400m: 5:16.87	33.45
5.	Vasco Lemos, SILVA	M	201814 08	Fluvial Portuense	<b>5:18.72</b>	399	
	50m: 34.23 34.23	150m: 1:55.99	41.41	250m: 3:20.63	43.62	350m: 4:44.67	38.04
	100m: 1:14.58 40.35	200m: 2:37.01	41.02	300m: 4:06.63	46.00	400m: 5:18.72	34.05

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Prova 9, Masc., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
29.	Filipe Martins, AZEVEDO	M	203686	08	Famalição	<b>6:03.17</b>	270	
	50m: 39.96 39.96 100m: 1:28.14 48.18				150m: 2:14.66 46.52 250m: 3:51.64 51.58 200m: 3:00.06 45.40 300m: 4:43.54 51.90	350m: 5:24.29 40.75 400m: 6:03.17 38.88		
30.	Pedro Pereira, BRAZ	M	206536	08	CLIP Teams	<b>6:03.61</b>	269	
	50m: 37.61 37.61 100m: 1:22.66 45.05				150m: 2:09.88 47.22 250m: 3:46.57 50.54 200m: 2:56.03 46.15 300m: 4:38.78 52.21	350m: 5:22.05 43.27 400m: 6:03.61 41.56		
31.	Dinis Castro, COSTA	M	203092	08	Foca Quinta da Lixa CNF	<b>6:06.84</b>	262	
	50m: 37.54 37.54 100m: 1:24.96 47.42				150m: 2:10.58 45.62 250m: 3:51.23 55.45 200m: 2:55.78 45.20 300m: 4:46.15 54.92	350m: 5:27.28 41.13 400m: 6:06.84 39.56		
32.	Mateus, MOTA	M	200979	08	CLIP Teams	<b>6:07.68</b>	260	
	50m: 38.95 38.95 100m: 1:25.84 46.89				150m: 2:11.18 45.34 250m: 3:51.97 54.84 200m: 2:57.13 45.95 300m: 4:49.10 57.13	350m: 5:28.64 39.54 400m: 6:07.68 39.04		
33.	Eduardo Ribeiro, MORENITO	M	139894	08	Colegio Efanor	<b>6:09.84</b>	255	
	50m: 40.65 40.65 100m: 1:28.75 48.10				150m: 2:17.76 49.01 250m: 3:57.32 52.48 200m: 3:04.84 47.08 300m: 4:49.42 52.10	350m: 5:31.53 42.11 400m: 6:09.84 38.31		
34.	Miguel Pena, LIMA	M	200974	08	CLIP Teams	<b>6:13.21</b>	249	
	50m: 37.30 37.30 100m: 1:25.76 48.46				150m: 2:14.97 49.21 250m: 3:55.69 52.80 200m: 3:02.89 47.92 300m: 4:50.10 54.41	350m: 5:32.37 42.27 400m: 6:13.21 40.84		
35.	Pedro Machado, FERREIRA FTL	M	201134	08	Penafiel	<b>6:22.76</b>	230	
	50m: 43.20 43.20 100m: 1:34.06 50.86				150m: 2:23.70 49.64 250m: 4:05.20 53.46 200m: 3:11.74 48.04 300m: 4:58.75 53.55	350m: 5:41.87 43.12 400m: 6:22.76 40.89		
36.	Gabriel Alves, MEDEIROS FTL	M	152163	08	Gcst	<b>6:22.78</b>	230	
	50m: 43.62 43.62 100m: 1:38.52 54.90				150m: 2:27.33 48.81 250m: 4:05.88 52.10 200m: 3:13.78 46.45 300m: 4:59.52 53.64	350m: 5:43.18 43.66 400m: 6:22.78 39.60		
37.	Santiago Leite, BARATA FTL	M	211551	08	Colegio Efanor	<b>6:26.49</b>	224	
	50m: 41.49 41.49 100m: 1:33.28 51.79				150m: 2:27.64 54.36 250m: 4:07.58 48.82 200m: 3:18.76 51.12 300m: 4:59.55 51.97	350m: 5:44.53 44.98 400m: 6:26.49 41.96		
38.	Goncalo Rafael, FREITAS FTL	M	208453	08	Vitória Sport Clube	<b>6:28.06</b>	221	
	50m: 40.09 40.09 100m: 1:33.64 53.55				150m: 2:23.85 50.21 250m: 4:02.71 50.28 200m: 3:12.43 48.58 300m: 4:57.03 54.32	350m: 5:44.04 47.01 400m: 6:28.06 44.02		
DSQ	Henrique Almeida, LEITE 4.2 - Falsa Partida – SW 4.4	M	200344	08	CLIP Teams			
DSQ	Antonio Pedro, MENESES 7.22 - O(A) nadador(a) tocou na parede com toque não simultâneo na viragem aos 250 metros – SW 7.6	M	205754	08	Fluvial Portuense			
DSQ	Tomas Campos, CUNHA 6.9 - O(A) nadador(a) não começou a executar a viragem imediatamente após terminar a braçada na posição ventral aos 150 metros - SW 6.4	M	204595	08	Natacao da Maia			
WDR	Afonso Castro, ALVES	M	211414	08	Aquatico Pacense			
WDR	Rui Miguel, MENDONCA	M	207970	08	Colegio Efanor			
WDR	Tomas Neves, PROSPERO	M	209338	08	Propaganda da Nataçã			
WDR	Jose Vale, AZEVEDO	M	203690	08	Famalição			

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PARCEIRO



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Prova 10 Femin., 800m Livres 12 - 13 anos  
29/05/2022 - 10:10 Resultados

Rec Nac 25m Absoluto	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac 25m Inf A	9:03.90	Alexandra Maria, SILVA	FCP	Porto	13/07/1980
Rec Nac 25m Inf B	9:33.95	Filipa Vilas, RUIVO	DNMG	Nazar�	16/05/2009
Recorde Regional 25m Absoluto	8:36.74	Diana Margarida, DURAES	FCP	Porto	13/12/2015
Recorde Regional 25m Inf A	9:03.90	Alexandra Maria, SILVA	FCP	Antas	13/07/1980
Recorde Regional 25m Inf B	9:44.95	Diana Margarida, DURAES	FOCA	Mealhada	08/03/2008

Infantis A Femininos Inf A: 12:33.25 / Infantis B Femininos Inf B: 13:21.22

Pontos: FINA 2021

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	FINA	Obs
<b>Infantis B</b>								
1.	Matilde Brandao, CARVALHO	F	211099	10	Fluvial Portuense	<b>10:44.99</b>	410	
	50m: 37.08				250m: 3:16.59			41.00
	100m: 1:15.92				300m: 3:57.50			40.81
	150m: 1:56.14				350m: 4:39.02			40.55
	200m: 2:35.93				400m: 5:20.19			37.85
2.	Maria Rita, CUNHA	F	206403	10	Colegio Efanor	<b>10:58.19</b>	386	
	50m: 38.41				250m: 3:24.59			41.15
	100m: 1:19.21				300m: 4:06.26			41.14
	150m: 2:00.76				350m: 4:47.25			41.48
	200m: 2:42.68				400m: 5:28.99			39.52
3.	Catarina Sousa, OLIVEIRA	F	206388	10	Colegio Efanor	<b>11:17.56</b>	354	
	50m: 38.08				250m: 3:29.07			41.83
	100m: 1:19.88				300m: 4:12.44			42.07
	150m: 2:02.79				350m: 4:56.06			42.70
	200m: 2:46.03				400m: 5:39.21			39.75
4.	Sofia Rodrigues, COSTA	F	206179	10	Porto	<b>11:19.17</b>	351	
	50m: 39.03				250m: 3:25.56			43.39
	100m: 1:19.43				300m: 4:07.84			42.92
	150m: 2:00.88				350m: 4:50.67			43.44
	200m: 2:42.82				400m: 5:33.62			43.19
5.	Marta Silva, FERNANDES	F	210702	10	Porto	<b>11:32.58</b>	331	
	50m: 41.33				250m: 3:34.71			43.89
	100m: 1:24.17				300m: 4:18.15			43.87
	150m: 2:07.67				350m: 5:01.74			43.89
	200m: 2:51.23				400m: 5:44.72			41.22
6.	Filipa Esteves, GUIMARAES	F	208435	10	Vilacondense	<b>11:44.74</b>	314	
	50m: 40.64				250m: 3:41.87			41.23
	100m: 1:25.15				300m: 4:26.13			43.43
	150m: 2:10.23				350m: 5:10.74			43.49
	200m: 2:56.54				400m: 5:55.99			45.94
7.	Ines Senhorinha, SILVA	F	205529	10	Natacao da Maia	<b>11:52.73</b>	304	
	50m: 39.67				250m: 3:40.37			45.34
	100m: 1:24.20				300m: 4:24.74			45.99
	150m: 2:09.18				350m: 5:10.75			43.42
	200m: 2:54.40				400m: 5:56.04			41.00
8.	Rita Sousa, OLIVEIRA	F	206396	10	Colegio Efanor	<b>11:58.44</b>	297	
	50m: 42.09				250m: 3:41.74			45.86
	100m: 1:26.29				300m: 4:26.27			45.08
	150m: 2:11.44				350m: 5:11.88			44.09
	200m: 2:56.70				400m: 5:57.49			44.50
9.	Eduarda Dias, PIMENTEL	F	209153	10	Porto	<b>12:12.85</b>	279	
	50m: 41.24				250m: 3:42.84			46.29
	100m: 1:24.74				300m: 4:28.79			46.49
	150m: 2:10.16				350m: 5:15.30			45.97
	200m: 2:56.80				400m: 6:02.64			44.89
10.	Cloe Canadas, NOGUEIRA	F	209151	10	Colegio Efanor	<b>12:14.83</b>	277	
	50m: 41.30				250m: 3:41.19			46.27
	100m: 1:25.70				300m: 4:28.23			47.02
	150m: 2:10.89				350m: 5:15.35			46.30
	200m: 2:56.16				400m: 6:03.34			43.79
11.	Filipa Santos, ROMAO	F	207973	10	Vilacondense	<b>12:18.56</b>	273	
	50m: 40.73				250m: 3:46.52			47.84
	100m: 1:26.26				300m: 4:33.98			47.64
	150m: 2:12.68				350m: 5:20.52			45.32
	200m: 2:59.32				400m: 6:07.68			43.27
12.	Francisca Teixeira, COSTA	F	209140	10	Foca Quinta da Lixa CNF	<b>12:19.88</b>	271	
	50m: 39.60				250m: 3:41.65			47.82
	100m: 1:23.85				300m: 4:29.15			47.31
	150m: 2:10.55				350m: 5:16.37			45.73
	200m: 2:56.05				400m: 6:03.94			43.98

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Prova 10, Femin., 800m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
13.	Carolina Loureiro, RIBEIRO	F	206169	10	Porto	<b>12:39.17</b>	251	
	50m: 42.72	42.72	250m: 3:50.13	47.65	450m: 7:01.85	48.32	650m: 10:16.57	50.66
	100m: 1:28.15	45.43	300m: 4:38.41	48.28	500m: 7:49.86	48.01	700m: 11:05.50	48.93
	150m: 2:14.72	46.57	350m: 5:26.23	47.82	550m: 8:38.36	48.50	750m: 11:52.76	47.26
	200m: 3:02.48	47.76	400m: 6:13.53	47.30	600m: 9:25.91	47.55	800m: 12:39.17	46.41
14.	Sofia Santa, PEDROSO	F	209168	10	Porto	<b>12:51.96</b>	239	
	50m: 44.27	44.27	250m: 3:56.83	48.72	450m: 7:10.51	48.48	650m: 10:25.60	49.01
	100m: 1:31.83	47.56	300m: 4:45.49	48.66	500m: 7:59.27	48.76	700m: 11:16.05	50.45
	150m: 2:19.76	47.93	350m: 5:34.22	48.73	550m: 8:48.03	48.76	750m: 12:03.58	47.53
	200m: 3:08.11	48.35	400m: 6:22.03	47.81	600m: 9:36.59	48.56	800m: 12:51.96	48.38
15.	Maria luisa, GUIMARAES	F	213913	10	CLIP Teams	<b>13:19.19</b>	215	
	50m: 43.73	43.73	250m: 4:05.44	51.04	450m: 7:27.12	50.45	650m: 10:48.05	51.16
	100m: 1:34.52	50.79	300m: 4:56.12	50.68	500m: 8:15.91	48.79	700m: 11:39.52	51.47
	150m: 2:25.45	50.93	350m: 5:45.65	49.53	550m: 9:06.76	50.85	750m: 12:29.89	50.37
	200m: 3:14.40	48.95	400m: 6:36.67	51.02	600m: 9:56.89	50.13	800m: 13:19.19	49.30
16.	Leonor Monteiro, MATOS <i>FIL</i>	F	213980	10	CLIP Teams	<b>13:25.43</b>	210	
	50m: 43.59	43.59	250m: 3:57.69	45.04	450m: 7:19.19	49.08	650m: 10:49.15	53.78
	100m: 1:31.62	48.03	300m: 4:49.14	51.45	500m: 8:10.14	50.95	700m: 11:42.50	53.35
	150m: 2:21.84	50.22	350m: 5:40.23	51.09	550m: 9:02.18	52.04	750m: 12:34.86	52.36
	200m: 3:12.65	50.81	400m: 6:30.11	49.88	600m: 9:55.37	53.19	800m: 13:25.43	50.57
17.	Gabriela Pacheco, RIBEIRO <i>FIL</i>	F	213959	10	Vit�ria Sport Clube	<b>13:31.00</b>	206	
	50m: 44.96	44.96	250m: 4:06.85	50.73	450m: 7:34.19	51.67	650m: 10:59.91	51.05
	100m: 1:33.70	48.74	300m: 4:58.53	51.68	500m: 8:25.95	51.76	700m: 11:50.91	51.00
	150m: 2:25.24	51.54	350m: 5:50.92	52.39	550m: 9:17.04	51.09	750m: 12:41.71	50.80
	200m: 3:16.12	50.88	400m: 6:42.52	51.60	600m: 10:08.86	51.82	800m: 13:31.00	49.29
18.	Carolina Oliveira, SILVA <i>FIL</i>	F	213960	10	Vit�ria Sport Clube	<b>13:39.79</b>	199	
	50m: 44.60	44.60	250m: 4:07.55	51.30	450m: 7:37.27	52.29	650m: 11:07.02	51.63
	100m: 1:34.50	49.90	300m: 5:00.04	52.49	500m: 8:29.78	52.51	700m: 11:58.25	51.23
	150m: 2:25.47	50.97	350m: 5:52.68	52.64	550m: 9:23.00	53.22	750m: 12:48.70	50.45
	200m: 3:16.25	50.78	400m: 6:44.98	52.30	600m: 10:15.39	52.39	800m: 13:39.79	51.09
19.	Maria Rita, CARRILHO <i>FIL</i>	F	213953	10	Colegio Efanor	<b>13:48.94</b>	193	
	50m: 45.20	45.20	250m: 4:12.75	53.27	450m: 7:46.79	53.57	650m: 11:17.40	51.58
	100m: 1:34.79	49.59	300m: 5:06.16	53.41	500m: 8:39.76	52.97	700m: 12:08.23	50.83
	150m: 2:26.58	51.79	350m: 5:59.63	53.47	550m: 9:33.60	53.84	750m: 12:58.57	50.34
	200m: 3:19.48	52.90	400m: 6:53.22	53.59	600m: 10:25.82	52.22	800m: 13:48.94	50.37
20.	Rita Monteiro, LAVRADOR <i>FIL</i>	F	209279	10	CLIP Teams	<b>14:47.94</b>	157	
	50m: 49.45	49.45	250m: 4:33.59	56.88	450m: 8:19.69	56.06	650m: 12:04.39	54.43
	100m: 1:44.84	55.39	300m: 5:29.49	55.90	500m: 9:16.08	56.39	700m: 13:00.86	56.47
	150m: 2:40.31	55.47	350m: 6:25.93	56.44	550m: 10:13.24	57.16	750m: 13:57.14	56.28
	200m: 3:36.71	56.40	400m: 7:23.63	57.70	600m: 11:09.96	56.72	800m: 14:47.94	50.80
WDR	Ema Ferreira, ESTRELA	F	212145	10	Leix�es Sport Clube			
WDR	Giovana, GURMAN	F	213967	10	CLIP Teams			
WDR	Mariana Nobrega, ROCHA	F	206374	10	CLIP Teams			
WDR	Matilde Franco, BARBOSA	F	206290	10	Propaganda da Nataç�o			

Infantis A

1.	Filipa Carvalho, GALANTE	F	203195	09	Vilacondense	<b>10:06.46</b>	493	
	50m: 37.78	37.78	250m: 3:09.20	37.87	450m: 5:41.93	38.25	650m: 8:14.52	38.54
	100m: 1:15.15	37.37	300m: 3:47.27	38.07	500m: 6:19.55	37.62	700m: 8:52.69	38.17
	150m: 1:53.00	37.85	350m: 4:25.16	37.89	550m: 6:57.55	38.00	750m: 9:29.91	37.22
	200m: 2:31.33	38.33	400m: 5:03.68	38.52	600m: 7:35.98	38.43	800m: 10:06.46	36.55
2.	Catarina Soares, ARAUJO	F	205861	09	Penafiel	<b>10:17.98</b>	466	
	50m: 37.07	37.07	250m: 3:11.97	38.97	450m: 5:47.91	38.75	650m: 8:24.00	38.70
	100m: 1:15.52	38.45	300m: 3:50.67	38.70	500m: 6:26.64	38.73	700m: 9:02.17	38.17
	150m: 1:54.10	38.58	350m: 4:29.91	39.24	550m: 7:05.67	39.03	750m: 9:41.12	38.95
	200m: 2:33.00	38.90	400m: 5:09.16	39.25	600m: 7:45.30	39.63	800m: 10:17.98	36.86
3.	Madalena Valente, MOREIRA	F	207969	09	Colegio Efanor	<b>10:18.44</b>	465	
	50m: 37.43	37.43	250m: 3:12.00	39.45	450m: 5:49.04	39.69	650m: 8:25.44	38.66
	100m: 1:15.29	37.86	300m: 3:50.81	38.81	500m: 6:28.12	39.08	700m: 9:03.49	38.05
	150m: 1:53.91	38.62	350m: 4:30.34	39.53	550m: 7:07.04	38.92	750m: 9:42.42	38.93
	200m: 2:32.55	38.64	400m: 5:09.35	39.01	600m: 7:46.78	39.74	800m: 10:18.44	36.02

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Prova 10, Femin., 800m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
19.	Isa Bianca, MARINHO	F	206285	09	Foca Quinta da Lixa CNF	<b>11:21.64</b>	347	
	50m: 39.73	39.73	250m: 3:24.58	42.19	450m: 6:17.45	43.36	650m: 9:12.25	43.68
	100m: 1:19.55	39.82	300m: 4:07.54	42.96	500m: 7:00.59	43.14	700m: 9:56.10	43.85
	150m: 2:00.64	41.09	350m: 4:50.47	42.93	550m: 7:44.77	44.18	750m: 10:40.16	44.06
	200m: 2:42.39	41.75	400m: 5:34.09	43.62	600m: 8:28.57	43.80	800m: 11:21.64	41.48
20.	Ana Beatriz, TEIXEIRA	F	209937	09	Natacao da Maia	<b>11:22.41</b>	346	
	50m: 40.45	40.45	250m: 3:28.56	42.66	450m: 6:20.87	43.72	650m: 9:13.43	42.39
	100m: 1:21.71	41.26	300m: 4:11.63	43.07	500m: 7:03.95	43.08	700m: 9:56.06	42.63
	150m: 2:04.31	42.60	350m: 4:54.11	42.48	550m: 7:47.30	43.35	750m: 10:39.64	43.58
	200m: 2:45.90	41.59	400m: 5:37.15	43.04	600m: 8:31.04	43.74	800m: 11:22.41	42.77
21.	Ines Maria, FARIA	F	205180	09	Porto	<b>11:25.61</b>	341	
	50m: 41.19	41.19	250m: 3:34.30	43.14	450m: 6:27.18	42.99	650m: 9:18.65	42.59
	100m: 1:24.46	43.27	300m: 4:17.28	42.98	500m: 7:10.25	43.07	700m: 10:01.80	43.15
	150m: 2:07.98	43.52	350m: 5:01.07	43.79	550m: 7:53.18	42.93	750m: 10:44.40	42.60
	200m: 2:51.16	43.18	400m: 5:44.19	43.12	600m: 8:36.06	42.88	800m: 11:25.61	41.21
22.	Marta Rebelo, SOUSA	F	203738	09	Porto	<b>11:29.58</b>	335	
	50m: 40.40	40.40	250m: 3:30.09	42.88	450m: 6:24.76	43.71	650m: 9:20.12	44.19
	100m: 1:22.07	41.67	300m: 4:13.43	43.34	500m: 7:08.68	43.92	700m: 10:03.85	43.73
	150m: 2:04.87	42.80	350m: 4:57.22	43.79	550m: 7:52.36	43.68	750m: 10:47.10	43.25
	200m: 2:47.21	42.34	400m: 5:41.05	43.83	600m: 8:35.93	43.57	800m: 11:29.58	42.48
23.	Gabriela Sousa, BERNARDO	F	210445	09	Colegio Efanor	<b>11:34.30</b>	329	
	50m: 39.54	39.54	250m: 3:32.14	44.02	450m: 6:26.85	44.07	650m: 9:25.80	44.90
	100m: 1:21.33	41.79	300m: 4:16.03	43.89	500m: 7:10.73	43.88	700m: 10:10.49	44.69
	150m: 2:04.33	43.00	350m: 4:58.87	42.84	550m: 7:55.66	44.93	750m: 10:53.16	42.67
	200m: 2:48.12	43.79	400m: 5:42.78	43.91	600m: 8:40.90	45.24	800m: 11:34.30	41.14
24.	Maria Novais, LARETH	F	204619	09	CLIP Teams	<b>11:38.13</b>	323	
	50m: 38.31	38.31	250m: 3:31.14	43.51	450m: 6:29.82	44.48	650m: 9:30.12	44.44
	100m: 1:20.17	41.86	300m: 4:16.27	45.13	500m: 7:15.59	45.77	700m: 10:15.32	45.20
	150m: 2:03.80	43.63	350m: 5:00.68	44.41	550m: 8:00.92	45.33	750m: 10:58.97	43.65
	200m: 2:47.63	43.83	400m: 5:45.34	44.66	600m: 8:45.68	44.76	800m: 11:38.13	39.16
25.	Catarina Ribeiro, COSTA	F	213894	09	Vitória Sport Clube	<b>11:38.41</b>	323	
	50m: 39.56	39.56	250m: 3:27.09	44.30	450m: 6:27.16	44.75	650m: 9:30.26	45.13
	100m: 1:20.18	40.62	300m: 4:12.22	45.13	500m: 7:11.97	44.81	700m: 10:17.19	46.93
	150m: 2:00.96	40.78	350m: 4:57.86	45.64	550m: 7:58.75	46.78	750m: 10:59.64	42.45
	200m: 2:42.79	41.83	400m: 5:42.41	44.55	600m: 8:45.13	46.38	800m: 11:38.41	38.77
26.	Matilde Maria, SANTOS	F	208345	09	Leixões Sport Clube	<b>11:51.27</b>	306	
	50m: 41.98	41.98	250m: 3:38.90	44.12	450m: 6:38.28	44.82	650m: 9:41.37	46.35
	100m: 1:25.47	43.49	300m: 4:24.47	45.57	500m: 7:23.67	45.39	700m: 10:27.09	45.72
	150m: 2:10.02	44.55	350m: 5:08.97	44.50	550m: 8:09.69	46.02	750m: 11:10.53	43.44
	200m: 2:54.78	44.76	400m: 5:53.46	44.49	600m: 8:55.02	45.33	800m: 11:51.27	40.74
27.	Leonor Madureira, PEREIRA FTL	F	212146	09	Colegio Efanor	<b>12:38.85</b>	252	
	50m: 41.85	41.85	250m: 3:48.31	46.67	450m: 7:02.05	47.86	650m: 10:18.73	49.18
	100m: 1:27.12	45.27	300m: 4:36.60	48.29	500m: 7:51.52	49.47	700m: 11:06.85	48.12
	150m: 2:13.79	46.67	350m: 5:25.61	49.01	550m: 8:39.84	48.32	750m: 11:53.50	46.65
	200m: 3:01.64	47.85	400m: 6:14.19	48.58	600m: 9:29.55	49.71	800m: 12:38.85	45.35
WDR	Leonor Borges, PORTELA	F	209273	09	Fluvial Portuense			
WDR	Leonor Monteiro, CONDE	F	205863	09	Penafiel			

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ORGANIZAÇÃO



PARCEIRO INSTITUCIONAL



PARCEIRO



FORNECEDOR OFICIAL



Prova 11  
29/05/2022 - 11:20

Masc., 200m Estilos

13 - 14 anos  
Resultados

Rec Nac 25m Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac 25m Inf A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	17/07/2004
Rec Nac 25m Inf B	2:17.96	Andre Vilas, RUIVO	DNMG	Nazaré	02/06/2013
Recorde Regional 25m Absoluto	1:59.77	Adriano Miguel, NIZ	CFV	Tavira	17/11/2007
Recorde Regional 25m Inf A	2:17.47	Jose Pedro, FREITAS	GDNVNF	Cantanhede	30/03/2014
Recorde Regional 25m Inf B	2:23.83	Jose Pedro, FREITAS	CSB	Porto	11/05/2013

Pontos: FINA 2021

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
<b>Infantis B</b>								
1.	Afonso Silva, RODRIGUES	M	208670	09	Clube Naval Povoense	<b>2:57.39</b>	236	
	50m: 41.58 41.58	100m: 1:25.14			43.56 150m: 2:18.48	53.34	200m: 2:57.39	38.91
2.	Gustavo Silva, MACHADO	M	207440	09	Leixões Sport Clube	<b>3:02.06</b>	218	
	100m: 1:29.81 1:29.81	150m: 2:21.71			51.90 200m: 3:02.06	40.35		
3.	Andre Bernardes, FERREIRA	M	202795	09	Fluvial Portuense	<b>3:03.68</b>	212	
	50m: 40.71 40.71	100m: 1:26.72			46.01 150m: 2:22.98	56.26	200m: 3:03.68	40.70
4.	Gabriel Costa, MARQUES	M	209247	09	Clube Naval Povoense	<b>3:07.03</b>	201	
	50m: 41.22 41.22	100m: 1:27.85			46.63 150m: 2:26.07	58.22	200m: 3:07.03	40.96
5.	Diogo Miguel, MARTINS	M	209142	09	Foca Quinta da Lixa CNF	<b>3:08.32</b>	197	
	50m: 43.42 43.42	100m: 1:31.21			47.79 150m: 2:25.24	54.03	200m: 3:08.32	43.08
6.	Antonio Miguel, BENTO	M	203193	09	Vilacondense	<b>3:08.46</b>	196	
	50m: 45.46 45.46	100m: 1:32.46			47.00 150m: 2:28.52	56.06	200m: 3:08.46	39.94
7.	Miguel Araujo, CARRICO	M	206125	09	Famalição	<b>3:09.30</b>	194	
	50m: 45.18 45.18	100m: 1:30.95			45.77 150m: 2:27.75	56.80	200m: 3:09.30	41.55
8.	Joao Ferreira, FONSECA	M	213528	09	Clube Naval Povoense	<b>3:13.85</b>	180	
	50m: 40.13 40.13	100m: 1:31.59			51.46 150m: 2:29.44	57.85	200m: 3:13.85	44.41
9.	Rubim Dinis, MENDES	M	206415	09	Fluvial Portuense	<b>3:16.90</b>	172	
	50m: 46.49 46.49	100m: 1:37.06			50.57 150m: 2:35.66	58.60	200m: 3:16.90	41.24
10.	Martim Alexandre, FERREIRA	M	215215	09	Natacao de Valongo	<b>3:20.13</b>	164	
	50m: 43.03 43.03	100m: 1:36.77			53.74 150m: 2:38.37	1:01.60	200m: 3:20.13	41.76
11.	Tiago Bouhaddoune, ARAGAO	M	211991	09	Fluvial Portuense	<b>3:24.11</b>	154	
	50m: 51.82 51.82	100m: 1:41.17			49.35 150m: 2:40.94	59.77	200m: 3:24.11	43.17
12.	Tomas Campos, SARAIVA	M	211975	09	Vilacondense	<b>3:37.56</b>	127	
	50m: 53.61 53.61	100m: 1:50.18			56.57 150m: 2:54.15	1:03.97	200m: 3:37.56	43.41
13.	Ruben Rafael, RIBEIRO	M	214746	09	Lousada Século XXI	<b>3:50.81</b>	107	
	50m: 54.09 54.09	100m: 1:51.32			57.23 150m: 2:58.25	1:06.93	200m: 3:50.81	52.56
DSQ	Miguel Serra, FERNANDES	M	208669	09	Clube Naval Povoense			6.9 - O(A) nadador(a) não começou a executar a viragem imediatamente após terminar a braçada na posição ventral aos 75 metros - SW 6.4
DSQ	Dinis Antonio, SILVA	M	214018	09	Lousada Século XXI			8.13 - O(A) nadador(a) usou pernada de braços durante o percurso dos ... metros - SW 8.3, Após a partida.
WDR	Gabriel Augusto, ALVES	M	213970	09	Leixões Sport Clube			
WDR	Pedro Marinho, CUNHA	M	207406	09	Assoc. Desportiva de Fafe			
WDR	Goncalo Lopes, LEITE	M	213983	09	Assoc. Desportiva de Fafe			
WDR	Martim Morais, TEIXEIRA	M	141603	09	Fluvial Portuense			
WDR	Salvador Miguel, VIEIRA	M	206294	09	Propaganda da NataçãO			

Infantis A

1.	Rodrigo Silva, LIMA	M	206003	08	Porto	<b>2:53.62</b>	251	
	50m: 39.62 39.62	100m: 1:24.75			45.13 150m: 2:15.97	51.22	200m: 2:53.62	37.65
2.	Henrique Ramos, GONCALVES	M	210545	08	Natacao de Valongo	<b>2:54.86</b>	246	
	50m: 36.20 36.20	100m: 1:23.44			47.24 150m: 2:15.90	52.46	200m: 2:54.86	38.96
3.	Eduardo Pires, SILVA	M	205581	08	Vilacondense	<b>2:57.36</b>	236	
	50m: 36.24 36.24	100m: 1:23.08			46.84 150m: 2:17.51	54.43	200m: 2:57.36	39.85
4.	Ricardo Correia, VAZ	M	214264	08	Fluvial Portuense	<b>3:06.70</b>	202	
	50m: 39.37 39.37	100m: 1:29.53			50.16 150m: 2:27.33	57.80	200m: 3:06.70	39.37
5.	Francisco Almeida, PASSOS	M	205764	08	Clube Naval Povoense	<b>3:08.40</b>	197	
	50m: 47.91 47.91	100m: 1:35.25			47.34 150m: 2:27.65	52.40	200m: 3:08.40	40.75

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Prova 11, Masc., 200m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
6.	Daniel Rodrigo, PINTO 50m: 43.64 43.64	M	202262	08	Aquatico Pacense	3:11.86	186	
7.	Afonso Dinis, CUNHA 50m: 44.10 44.10	M	200792	08	Foca Quinta da Lixa CNF	3:14.90	177	45.09
DSQ	Gustavo Miguel, LOPES 4.2 - Falsa Partida – SW 4.4	M	201750	08	Porto			
DSQ	Afonso Teixeira, SILVA 7.19 - O(A) nadador(a) executou pernada de mariposa durante o percurso dos ... metros – SW 7.5, Durante o percurso.	M	212116	08	Vitória Sport Clube			
WDR	Manuel Moreira, CUNHA	M	208336	08	Porto			
WDR	Hugo Sa, MACEDO	M	200787	08	Porto			
WDR	Rodrigo Ribeirinha, PEREIRA	M	216565	08	Vitória Sport Clube			
WDR	Joao Correia, ALBUQUERQUE	M	203457	08	Natacao da Maia			

Prova 12

Femin., 400m Livres

12 - 13 anos

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Resultados

Rec Nac 25m Absoluto	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17/12/2017
Rec Nac 25m Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Porto	19/07/1980
Rec Nac 25m Inf B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	13/06/2009
Recorde Regional 25m Absoluto	4:10.22	Diana Margarida, DURAES	FCP	Porto	12/12/2015
Recorde Regional 25m Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Antas	19/07/1980
Recorde Regional 25m Inf B	4:41.00	Alexandra Maria, SILVA	FCP	Funchal	29/07/1979

Pontos: FINA 2021

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Catarina Alexandra, RIBEIRO 50m: 40.02 40.02 100m: 1:23.99 43.97	F	210518	10	Natacao de Valongo	5:50.70	296	44.87 40.49
2.	Carolina Macedo, LOPES 50m: 40.42 40.42 100m: 1:25.43 45.01	F	205579	10	Vilacondense	5:55.25	285	43.98 43.87
3.	Mariana Rei, OLIVEIRA 50m: 40.46 40.46 100m: 1:24.58 44.12	F	213909	10	Leixões Sport Clube	6:02.69	268	47.08 43.94
4.	Beatriz Silva, DOURADO 50m: 40.01 40.01 100m: 1:24.21 44.20	F	207972	10	Vilacondense	6:06.17	260	46.17 44.99
5.	Maria Leticia, MELO 50m: 39.90 39.90 100m: 1:25.77 45.87	F	210780	10	Fluvial Portuense	6:06.92	259	47.07 46.14
6.	Bianca Pinto, COELHO 50m: 40.61 40.61 100m: 1:26.35 45.74	F	213908	10	Leixões Sport Clube	6:10.79	251	46.28 44.75
7.	Teresa Monteiro, VIEIRA 50m: 41.07 41.07 100m: 1:26.62 45.55	F	206405	10	Leixões Sport Clube	6:16.29	240	47.95 47.19
8.	Luna Mariana, CRUZ 50m: 43.35 43.35 100m: 1:30.98 47.63	F	210641	10	Aquatico Pacense	6:31.70	212	48.50
9.	Margarida Castro, FERREIRA 50m: 45.05 45.05 100m: 1:36.08 51.03	F	209162	10	Porto	6:37.16	204	48.64 51.39
10.	Matilde Sampaio, CASTRO 50m: 45.01 45.01 100m: 1:34.26 49.25	F	209316	10	Assoc. Desportiva de Fafe	6:41.24	198	51.73 51.42
11.	Lara Daniela, SOUSA 50m: 46.77 46.77 100m: 1:38.21 51.44	F	205862	10	Penafiel	6:45.71	191	49.89 49.28

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Prova 12, Femin., 400m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
12.	Francisca Regina, PIRES	F	211381	10	Lousada Século XXI	<b>6:59.11</b>	173	
	50m: 42.67 42.67				150m: 2:26.77 54.72 250m: 4:15.76 54.00	350m: 6:09.26 55.33		
	100m: 1:32.05 49.38				200m: 3:21.76 54.99 300m: 5:13.93 58.17	400m: 6:59.11 49.85		
13.	Ana Lucia, SILVA	F	208339	10	Penafiel	<b>7:04.45</b>	167	
	50m: 46.65 46.65				150m: 2:32.84 54.09 250m: 4:22.96 55.71	350m: 6:12.09 53.98		
	100m: 1:38.75 52.10				200m: 3:27.25 54.41 300m: 5:18.11 55.15	400m: 7:04.45 52.36		
14.	Liliana Isabel, REGO	F	209271	10	Fluvial Portuense	<b>8:16.86</b>	104	
	50m: 53.27 53.27				150m: 3:00.78 1:04.31 250m: 5:09.67 1:04.38	350m: 7:18.53 1:04.23		
	100m: 1:56.47 1:03.20				200m: 4:05.29 1:04.51 300m: 6:14.30 1:04.63	400m: 8:16.86 58.33		
DSQ	Ana Catarina, MAGALHAES 4.2 - Falsa Partida – SW 4.4	F	210737	10	Porto			
WDR	Margarida Ferreira, MAGALHAES	F	206419	10	Lousada Século XXI			
WDR	Vitoria Silva, MARTINS	F	208871	10	Famalicao			

Infantis A

1.	Zoe, FRITSCHÉ	F	208440	09	Natacao de Valongo	<b>5:32.95</b>	346	
	50m: 36.88 36.88				150m: 1:59.04 41.90 250m: 3:24.80 42.91	350m: 4:51.92 43.61		
	100m: 1:17.14 40.26				200m: 2:41.89 42.85 300m: 4:08.31 43.51	400m: 5:32.95 41.03		
2.	Leonor Moca, CRAVEIRO	F	211383	09	Clube Naval Povoense	<b>5:39.14</b>	328	
	50m: 36.97 36.97				150m: 2:02.83 43.19 250m: 3:30.27 43.76	350m: 4:58.23 44.36		
	100m: 1:19.64 42.67				200m: 2:46.51 43.68 300m: 4:13.87 43.60	400m: 5:39.14 40.91		
3.	Ines Castro, PATRICIO	F	213889	09	Vilacondense	<b>5:42.45</b>	318	
	50m: 39.29 39.29				150m: 2:05.87 43.99 250m: 3:33.06 44.28	350m: 5:01.49 44.28		
	100m: 1:21.88 42.59				200m: 2:48.78 42.91 300m: 4:17.21 44.15	400m: 5:42.45 40.96		
4.	Mariana Mesquita, TERROSO	F	212152	09	Vilacondense	<b>5:48.96</b>	301	
	50m: 38.92 38.92				150m: 2:06.62 44.31 250m: 3:36.58 45.23	350m: 5:06.46 44.87		
	100m: 1:22.31 43.39				200m: 2:51.35 44.73 300m: 4:21.59 45.01	400m: 5:48.96 42.50		
5.	Leonor Ferreira, LOPES	F	203431	09	Fluvial Portuense	<b>5:49.97</b>	298	
	50m: 39.48 39.48				150m: 2:08.65 44.93 250m: 3:38.79 44.64	350m: 5:07.56 44.49		
	100m: 1:23.72 44.24				200m: 2:54.15 45.50 300m: 4:23.07 44.28	400m: 5:49.97 42.41		
6.	Ines Azevedo, MATOS	F	207975	09	Vilacondense	<b>6:07.55</b>	257	
	50m: 38.92 38.92				150m: 2:09.43 46.08 250m: 3:45.89 48.33	350m: 5:22.53 48.42		
	100m: 1:23.35 44.43				200m: 2:57.56 48.13 300m: 4:34.11 48.22	400m: 6:07.55 45.02		
7.	Catarina Pereira, ANTUNES	F	205193	09	Assoc. Desportiva de Fafe	<b>6:10.14</b>	252	
	50m: 41.72 41.72				150m: 2:15.93 47.58 250m: 3:49.70 47.44	350m: 5:23.88 46.23		
	100m: 1:28.35 46.63				200m: 3:02.26 46.33 300m: 4:37.65 47.95	400m: 6:10.14 46.26		
8.	Mariana Fernandes, RIBEIRO	F	208448	09	Assoc. Desportiva de Fafe	<b>6:26.83</b>	221	
	50m: 41.20 41.20				150m: 2:17.51 49.46 250m: 3:57.02 50.44	350m: 5:37.59 50.20		
	100m: 1:28.05 46.85				200m: 3:06.58 49.07 300m: 4:47.39 50.37	400m: 6:26.83 49.24		
9.	Ines Santos, MOREIRA	F	207977	09	Vilacondense	<b>6:58.16</b>	175	
	50m: 45.42 45.42				150m: 2:32.11 53.13 250m: 4:19.88 53.60	350m: 6:06.28 51.69		
	100m: 1:38.98 53.56				200m: 3:26.28 54.17 300m: 5:14.59 54.71	400m: 6:58.16 51.88		
10.	Francisca Pereira, GALEGO	F	214617	09	Clube Naval Povoense	<b>7:05.23</b>	166	
	50m: 43.86 43.86				150m: 2:29.04 53.77 250m: 4:20.33 55.66	350m: 6:12.29 1:51.96		
	100m: 1:35.27 51.41				200m: 3:24.67 55.63 300m: 5:14.59 54.71	400m: 7:05.23 52.94		

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