



ASSOCIAÇÃO DE NATAÇÃO
DO NORTE DE PORTUGAL

ANNP

PAREDES INTERNATIONAL MEETING
ARTISTIC SWIMMING
RULES



NATAÇÃO ARTÍSTICA

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PAREDES INTERNATIONAL MEEETING

Artistic Swimming

1. GENERAL INFORMATION

- Competition Date: 29th and 30th April 2023
- Competition Venue: Recarei (Paredes) - (Oporto airport)
- Competition Pool: Rota dos Móveis Municipal Swimming Pool
- Competition Pool: 25m x 17,5m, 2.00m – 2.00m depth



- Accommodation: **MEU HOTEL Porto Gandra**
Clubs must place orders directly to the email: portogandra@meuhotel.pt, mentioning "Under the ANNP agreement".
With transfers from airport to the hotel and to Rota dos Móveis Municipal Swimming Pool (Recarei).



2. PARTICIPANTS AND CATEGORIES

The Swimming Association of the North of Portugal (ANNP) kindly invites all Clubs and National Federations to participate at the **PAREDES INTERNACIONAL MEETING**.

Categories:

Female Athletes

- INFANTIL: 2011 and later (12 and under)
- JUVENIL: 2008 – 2010 (13,14 and 15)
- JUNIOR: 2004 – 2008 (15 to 19)
- ABSOLUTA: 2008 and before (15 and more)

Male Athletes

- INFANTIL: 2011 and later (12 and under)
- JUVENIL: 2007 – 2010 (13 to 16)
- JUNIOR: 2003 – 2008 (15 to 20)
- ABSOLUTA: 2008 and before (15 and more)

3. EVENTS:

Category	Figures	Free Solo	Tech Duet	Free Duet	Tech Mix Duet	Free Mix Duet	Free Team	Tech Team	Free Combination
Infantil	X	X	-	X		X	-	-	X
Juvenil	X	X	-	X		X	X	-	X
Junior	-	X	X	X	X	X	X	-	-
Absoluta	-	X	X	X	X	X	X	X	-

Clubs and National Federations may submit, per event in each category:

- a) one (1) Solo with one (1) reserve
- b) one (1) Free Duet with maximum one (1) reserve
- c) one (1) Mixed Duet with maximum two (2) reserves
- d) one (1) Team of four (4) to eight (8) members with maximum of two (2) reserves.
- e) one (1) Free Combination of four (4) to ten (10) members with maximum of two (2) reserves.

According to the number of registrations and organization of the competition, the number of registrations per event and category may be increased for two (2), depending on organization.

The clubs/federations that would like to register more than one event per category, can place by request when registering.

For the figures event, there is no limit for registration.

Only 2 Figures will be done for each category as follows:

For Infantil category (12 or under): Compulsory Fig.106 and Optional Fig.311.

For Juvenil category (13,14 and 15): 2 Fig. from section C: Fig.144 and Fig.311j.

4. EVENT KEY DATES

April 10, 2023

- Sports entry, Final Registration

April 13, 2023

- Coach Card deadline

April 19, 2023

- Music Files deadline

April 21 to 24, 2023

- Review of Coach Card (in case of some mistake after review from DTC)

April 26, 2023,

- Draw for Start List, figures, and routines.

5. EVENT WEBSITE

www.annp.pt/evento/20222023/meeting-internacional-de-paredes

6. ENTRIES

Entries shall be submitted to the ANNP, no later than the 10 of April, to the email info@annp.pt.

Entry form will be available at www.annp.pt/evento/20222023/meeting-internacional-de-paredes

Please fill in the Official Final Entry & Accreditation Form (PDF- editable) and send them together with a picture of every member of the team (swimmers, team staff and judges).

Picture size and format as following: - In colour (not black and white) - Minimum 425-566 pixels (WxH) - Maximum image size of 1mb - Format *jpeg / *jpg

7. FEES

EVENT		€
Figures (per competitor)		3,20€
Technical Routine	Duet	6,40€
	Team	10,20€
Free Routine	Solo	5,10€
	Duet	10,20€
	Team	15,20€
Free Combination		15,20€

Payment details

Bank name: BPI

Reason for transfer: Paredes International Meeting - Registration

IBAN:PT50 0010 0000 5985 7020 0018 0 (BPI) - BIC/SWIFT: BBPIPTPL

8. RULES

According to FINA:

AS 13.1 – A mixed duet shall consist of one female and one male.

AS 13.2 – A team shall consist of at least four (4) but no more than eight (8) competitors, with a maximum of two (2) male competitors included.

AS 13.3 - A Free Combination shall consist of at least four (4) but no more than ten (10) competitors, with a maximum of two (2) male competitors included.

This competition will be by the system of direct finals, without elimatory.

9. SUBMISSION OF THE MUSIC

When registering, the clubs will send to the indicated email address info@annp.pt the musical compositions that they will use in the routines.

The musical files (MP3 or MP4) should be clearly labeled with the following data and in this order:

1st Category, 2nd Event: Solo, Duet, Team or Combined, 3rd Club, 4th- In Solo and Duet, name and surname of the competitors, and in Team and Combined, if there is more than one per club, a number for each of them.

Example 1 - Infantil-Duet 1- CLUB PORTUGAL Maria Rita and Marta Rocha

Example 2 - Junior-Team 1 CLUB PORTUGAL

However, the above, the participating clubs must bring to the competition a pen-drive with the musical compositions that will be used in the competition. The files must be included in mp3 format or mp4 format, the nomenclature of the files must conform to what is indicated above.

10. DRAW

The Start list draw will be done by the organization on the 26th of April. The list will be published on the website and will be send to the teams by email.

11. JURY

The Jury will be appointed by the CRA from ANNP.

In the International Meeting, clubs and National Federations that participate and do not belong to the ANNP/FPN may register one or more judges of their association/federation to be part of the jury of the competition.

To do this, they must communicate it when registering, indicating the name of the judge, category, and their email address.

The ANNP will not cover the cost of the judges from other federations.

12. INSURANCE

The Insurance of the participants is at the responsibility of respective Federations or Clubs.

13. AWARDS

Medals shall be awarded for the competitors placed first, second and third in each event (including figures) and category.

14. CONTACT INFORMATION

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15. OVERALL COMPETITION SCHEDULE

The schedule is provisional, subject to the number of registration and organization, and can be changed until 8 days before the competition.

DAY	WARM UP	COMPETITION	EVENT
28/04/23		On line	Team leaders meeting
26/04/23 29/04/23		On line Swimming Pool – 8h30	Judges meeting
29/04/23 Morning	To be defined	9h30	Figures INF Figures JUV Break Duet Tech Mix JUN/ABS Solo INF/ JUV
29/04/23 Afternoon	To be defined	15h00	Duet Tech JUN/ABS Duet Free INF/JUV Break Solo JUN/ABS
30/04/23 Morning	To be defined	9h30	Team Tech ABS Combi INF/JUV Team Free JUN Break Duet Mix JUN/ABS
30/04/23 Afternoon	To be defined	15h00	Duet Mix INF/JUV Duet Free JUN/ABS Break Team Free JUV Team Free ABS Awards Ceremony





