

28th INTERNATIONAL SWIMMING MEETING PORTO
05 – 06 June 2010



28° MEETING
INTERNACIONAL
DO PORTO 2010

REGULATIONS

1. RULES

- 1.1 The competition is organised according to FINA and FPN regulations;
- 1.2 It will be held on June 05th and June 06th 2010, at Campanhã Swimming Pool (50 m, 8 lanes, heated);
- 1.3 The rule SW4.4 of FINA will be applied.
- 1.4 **The contest will be organised in two parts:**
- Preliminary heats and slow heat (400mMedley/800mFreestyle/1500mFreestyle) in the morning sessions, according to the entry times;
- 1.4.2 Finals A, B and fast heat (400mMedley/800mFreestyle/1500mFreestyle) in the afternoon sessions; Swimmers qualified with the 1 to 8 times in the Preliminary heats will perform Finals A (9 and 10 times are expected to be reserves); Swimmers from the 9 to 16 times in the morning preliminaries will hold Finals B (17 to 18 times are expected to be reserves);
- 1.5 The 800, 1500 m Freestyle and 400 m Medley races are held at slow and fast heat. The best 16 entry times will only be admitted. This fast heat will be realized in afternoon session (8 best times) and the slow heat will be realized in morning session (last 8 times). These times have to be performed in a long course pool in the season up to the entrance date. Swimmers qualified with the 17 and 18 times will be substitutes.
- 1.6 Participation is OPEN - Absolute;
- 1.7 **TIME LIMITS FOR PARTICIPATION (TLP):**

FEMININ	Heats	MASCULIN
Born in 1996 - 1998		Born in 1994 - 1997
1.07.00	100 Freestyle	1.00.50
2.24.50	200 Freestyle	2.13.00
5.02.50	400 Freestyle	4.42.50
1.17.00	100 Backstroke	1.09.50
2.44.50	200 Backstroke	2.30.00
1.26.00	100 Breaststroke	1.18.00
3.03.50	200 Breaststroke	2.51.00
1.14.50	100 Butterfly	1.07.00
2.43.50	200 Butterfly	2.29.00
2.42.50	200 Medley	2.30.00

FEMININ	Heats	MASCULIN
ABSOLUTES 1995 and older		ABSOLUTES 1993 and older
1.04.00	100 Freestyle	57.00
2.18.50	200 Freestyle	2.03.60
04.51.50	400 Freestyle	4.23.00
1.13.30	100 Backstroke	1.04.90
2.38.00	200 Backstroke	2.22.56
1.22.00	100 Breaststroke	1.12.45
2.54.50	200 Breaststroke	2.38.00
1.11.20	100 Butterfly	1.02.00
2.37.00	200 Butterfly	2.17.50
2.37.00	200 Medley	2.21.50

FEMININ	Heats	MASCULIN
ABSOLUTES 1998 and older		ABSOLUTES 1997 and older
0.30.20	50 Freestyle	26.80
10.15.00	800/1500 Freestyle	18.20.00
0.34.70	50 Backstroke	0.32.00
0.38.00	50 Breaststroke	0.34.80
0.31.90	50 Butterfly	0.28.70
5.47.00	400 Medley	5.23.00
2.02.00	4X50 Freestyle	1.45.00
2.18.00	4X50 Medley	1.58.00

- 1.8 If the number of participants (enrolments) in a trial is below 9 there will be a direct final. If this number is below 16 there will be only final "A".
- 1.9 Each Club or team can only enrol one relay team per event;
- 1.10 At any relay event only a Final A is expected;
- 1.11 The composition of the relay teams must be supplied to the Jury at the beginning of each preliminary /final;
- 1.12 Any enrolled swimmer or relay team will have to, at least, match the TLP at the participated finals to be awarded the correspondent prize;
- 1.13 If the TLP is not attained during preliminaries and the swimmer will not access finals A or B, the Club or team will be fined for each (30 €).
- 1.14 If the TLP is not attained during finals A or B the Club or team will be fined for each (30 €).
- 1.15 If the TLP is not attained during preliminaries, but the swimmer will access finals A or B, the organisation will wait until the results of the finals A or B in the afternoon. If the TLP is not attained during finals A or B the club or team will be fined for each (30 €).

1.16 There will be a classification for clubs/teams for which points will be awarded according to the table below and as long as the respective TLP has been attained, either in individual or in relay events:

Final A								Final B							
1º	2º	3º	4º	5º	6º	7º	8º	9º	10º	11º	12º	13º	14º	15º	16º
20	16	14	13	12	11	10	9	8	7	6	5	4	3	2	1

1.17 If there is a tie between two or more swimmers, punctuation resulting from the position attained will be added to the clubs represented. The number of points obtained will then be divided by the swimmers in question.

1.18 For the relay events, the points to be awarded will be the double of the ones of the individual events.

1.19 The organisation can change the schedule of the trials in case of absolute necessity.

1.20 All clubs (members of the several Associations) as well as all national and foreign teams invited can participate.

1.21 Any absence, which has not been communicated to the Organisation until 30´ before the beginning of a session will be fined (50 €)

1.22 Any absence to the final, which might have, has not been communicated to the Organisation until 30´ after the last heat of the respective event, will be fined. (80 €)

2. ENROLMENTS

2.1 **Clubs or teams must submit their preliminary applications until May 08th, 2010, including the indication of the expected number of swimmers, coaches and managers.**

2.2 **Final enrolments with payment receipt (Clubs or teams that do not send this receipt will not be accepted) must be made prior to May 22nd, 2010 to the following address:**

Associação de Natação do Norte de Portugal
 Rua António Pinto Machado, 60
 4100-068 Porto
 Telef. 351-22-6091652 Fax. 351-22-6001207
 E-mail: meeting.porto@annp.pt
www.annp.pt/portomeeting10

2.3 **After May 24th, 2010, no further changes or replacements will be accepted.**

- 2.4 The registration of an individual swimmer must be accompanied by a fee of 5 € per event.
- 2.5 The registration fee for relay events will be of 10 €.
- 2.6 The North Portugal Swimming Association reserves the right to demand a guarantee cheque.

3. **PRIZES**

3.1 **Individual Prizes:**

- 3.1.1 The first three places in each final "A" will be awarded a medal.
- 3.1.2 The first three places in each final will be rewarded:

1st	- (100 €)
2nd	- (75 €)
3rd	- (50 €)

(Except the relay team)

3.2 **Individual prizes (according to FINA table):**

- 3.2.1 The best absolute male and female swimmers that according to FINA table will attain the highest number of points.

Best male swimmer	- (300 €)
Best female swimmer	- (300 €)

3.3 Prizes for records:

- a) National Record: Youth (Portugal): 50 €
- b) National Record: Junior/Senior (Portugal): 100 €
- c) National Record Absolute (Portugal): 500 €
- d) World Record: 5.000 €
- e) European Record: 2.500 €
- f) Meeting Record: 200 €

- 3.3.1 This award will be attributed only to swimmers that obtain records in final.
- 3.3.2 When an athlete obtains more than one record, only the highest prize will be given.

3.4 **Collective prizes:**

- 3.4.1 The first three places in final classification will be rewarded:

1. st	- (2000 €)
2. nd	- (1000 €)
3.rd	- (500 €)

3.4.2- There will be cups to be awarded to the three best clubs or teams.

3.4.3 - Only the teams with 8 players will be rewarded with prize money.

4. JURY OF APPEAL

Any protest should be stated to the Referee and based is matter of law, in order to be accepted. Protests based in matters of fact will be refused, after appreciation by the Jury of Appeal, formed by the President of the Technical Committee and the President of the Committee of Judges.

6. PROGRAMME

SATURDAY, 05-06-2010 - 9.30 hours

Warm-up

7.45 am to 9.20 am

Preliminaries

100 m	Freestyle	Women	Heats	Final A/B
200 m	Freestyle	Men	"	Final A/B
50 m	Breaststroke	Women	"	Final A/B
100 m	Breaststroke	Men	"	Final A/B
100 m	Backstroke	Women	"	Final A/B
50 m	Backstroke	Men	"	Final A/B
200 m	Butterfly	Women	"	Final A/B
100 m	Butterfly	Men	"	Final A/B
400 m	Freestyle	Women	"	Final A/B
200 m	Medley	Men	"	Final A/B
200 m	Breaststroke	Women	"	Final A/B
50 m	Freestyle	Men	"	Final A/B
50 m	Butterfly	Women	"	Final A/B
200 m	Backstroke	Men	"	Final A/B
4x50 m	Medley	Women	"	Final A
4x50 m	Freestyle	Men	"	Final A
400 m	Medley	Women	Slow heat	
1500 m	Freestyle	Men	Slow heat	

The fast heat of 400m Medley and 1500m Freestyle will take place at the beginning of finals.

SUNDAY, 06-06-2010 – 9.30 hours

Warm-up

7.45 am to 9.20am

Preliminaries

100 m	Freestyle	Men	Heats	Final A/B
200 m	Freestyle	Women	"	Final A/B
50 m	Breaststroke	Men	"	Final A/B
100 m	Breaststroke	Women	"	Final A/B
100 m	Backstroke	Men	"	Final A/B
50 m	Backstroke	Women	"	Final A/B
200 m	Butterfly	Men	"	Final A/B
100 m	Butterfly	Women	"	Final A/B
400 m	Freestyle	Men	"	Final A/B
200 m	Medley	Women	"	Final A/B
200 m	Breaststroke	Men	"	Final A/B
50 m	Freestyle	Women	"	Final A/B
50 m	Butterfly	Men	"	Final A/B
200 m	Backstroke	Women	"	Final A/B
4x50 m	Medley	Men	"	Final A
4x50 m	Freestyle	Women	"	Final A
400 m	Medley	Men	Slow heat	Fast heat
800 m	Freestyle	Women	Slow heat	Fast heat

The fast heat of 400m Medley and 800m Freestyle will take place at the beginning of finals.

Finals A and B

**SATURDAY, 05-06-2010
16.30 hours: competition**

**SUNDAY, 06-06-2010
16.00 hours: competition**

Record Times of the International Meeting of Porto

WOMEN		
50 m Freestyle	Therese Alshammar SUE	00.25.49 06/06/18
100 m Freestyle	Shan Ying CHN	00.56.45 94/06/26
200 m Freestyle	Camelia Potec ROM	02.00.07 99/06/27
400 m Freestyle	Camelia Potec ROM	04.16.00 99/06/26
800 m Freestyle	Rebecca Cooke GBR	08.41.51 07/06/03
4 x 50 m Freestyle	ITA	01.47.38 05/06/19
50 m Breaststroke	Joana C. Carvalho POR	00.32.47 09/06/20
100 m Breaststroke	Guzzetti Michela ITA	01.09.49 09/06/21
200 m Breaststroke	Diana Gomes POR	02.30.50 07/06/03
50 m Backstroke	Anu Koivisto FIN	00.30.06 99/06/27
100 m Backstroke	He Cihong CHN	01.01.82 94/06/26
200 m Backstroke	Irina Amshennikova UKR	02.16.12 03/06/22
50 m Butterfly	Therese Alshammar SUE	00.26.68 06/06/17
100 m Butterfly	Sara Oliveira POR	01.00.88 07/06/02
200 m Mariposa/Butterfly	Francesca Segat ITA	02.13.19 07/06/02
200 m Medley	Yana Klochkova UKR	02.16.92 99/06/27
400 m Medley	Yana Klochkova UKR	04.47.89 95/07/01
4 x 50 m Medley	ITA	01.56.55 08/05/31
MEN		
50 m Freestyle	Garzonio Stefano ITA	00.22.73 09/06/20
100 m Freestyle	Farinazzo Filippo ARG	00.50.37 09/06/21
200 m Freestyle	Matteo Pellicciari ITA	01.50.33 08/05/31
400 m Freestyle	Eugeni Sadovi RUS	03.55.56 93/06/27
1500 m Freestyle	Denys Zavgorodniy UKR	15.23.25 98/06/27
4 x 50 m Freestyle	ITA	01.31.31 09/06/20
50 m Breaststroke	Djaburia Alexandr UKR	00.28.15 95/07/02
100 m Breaststroke	Alberto Catalano ITA	01.01.36 09/06/20
200 m Breaststroke	Alberto Catalano ITA	02.16.16 09/06/21
50 m Backstroke	Marco Malinverno ITA	00.26.34 09/06/20
100 m Backstroke	Marco Malinverno ITA	00.56.33 09/06/21
200 m Backstroke	Vladimir Selkov RUS	02.02.43 95/07/01
50 m Butterfly	Damien Courtois SUI	00.24.46 08/06/01
100 m Butterfly	Stefano Iacobone ITA	00.53.78 09/06/20
200 m Butterfly	Sergiy Advena UKR	02.00.33 03/06/22
200 m Medley	Davide Cova ITA	02.03.76 09/06/20
400 m Medley	Giorgio Battistella ITA	04.22.86 09/06/21
4 x 50 m Medley	ITA	01.40.34 09/06/21