

1 - 1ª Jornada - 1ª Sessão

09/03/2019 - 9:00

Prova 1	Femin., 100m Costas				Infantis
09/03/2019 - 9:00	TURBO				Resultados
Rec Nac 25m Absoluto	1:00.64	Ana Sofia, LEITE	GCVR	Porto	12/12/2015
Rec Nac 25m Inf A	1:04.85	Filipa Ramos, PEIXEIRA	SCP	Tomar	18/03/2016
Rec Nac 25m Inf B	1:06.85	Carolina Miranda, FERNANDES	CGA	Mealhada	07/04/2017
Recorde Regional 25m Absoluto	1:00.69	Marta Vieira, MARINHO	FCP	S. Antonio Cavaleiros	19/12/2009
Recorde Regional 25m Inf A	1:06.20	Mariana Pacheco, CUNHA	CFP	Paços de Ferreira	07/05/2017
Recorde Regional 25m Inf B	1:10.23	Catarina Alexandra, JARDIM	GDNVNF	Ponte da Barca	05/03/2010

Infantis A Fem Inf A: 1:26.35 / Infantis B Fem Inf B: 1:32.40

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
Infantis B							
1.	Barbara Sofia, GOMES 50m: 37.50 37.50	F	147188 07	Leixoes Sport Club 100m: 1:17.12 39.62	1:17.12	363	
2.	Mafalda Martins, MESQUITA 50m: 38.07 38.07	F	202805 07	Famalicao 100m: 1:18.05 39.98	1:18.05	350	
3.	Mafalda Gomes, TEIXEIRA 50m: 39.17 39.17	F	204698 07	Porto 100m: 1:20.09 40.92	1:20.09	324	
4.	Rita Marques, SOARES 50m: 39.32 39.32	F	132341 07	Famalicao 100m: 1:20.26 40.94	1:20.26	322	
5.	Beatriz Teixeira, CUNHA 50m: 39.78 39.78	F	204727 07	Leixoes Sport Club 100m: 1:22.24 42.46	1:22.24	299	
6.	Eva Oliveira, SILVA 50m: 41.15 41.15	F	201964 07	Penafiel 100m: 1:23.02 41.87	1:23.02	291	
7.	Maria Leonor, MOREIRA 50m: 40.03 40.03	F	200764 07	Fluvial Portuense 100m: 1:23.69 43.66	1:23.69	284	
8.	Beatriz Azevedo, PEREIRA 50m: 41.64 41.64	F	203589 07	Colegio SMLamas 100m: 1:25.04 43.40	1:25.04	270	
9.	Iara Herdeiro, OLIVEIRA 50m: 41.76 41.76	F	202666 07	Vilacondense 100m: 1:26.53 44.77	1:26.53	257	
10.	Filipa Silva, RODRIGUES 50m: 42.25 42.25	F	200208 07	Clube Naval Povoense 100m: 1:26.72 44.47	1:26.72	255	
11.	Carolina Malheiro, RODRIGUES 50m: 44.77 44.77	F	152099 07	Ginásio Santo Tirso 100m: 1:29.74 44.97	1:29.74	230	
12.	Patricia Alexandra, SILVA 50m: 43.64 43.64	F	133258 07	Associacao Tubaroes de Gaia 100m: 1:30.04 46.40	1:30.04	228	
13.	Ana Senhorinha, SILVA 50m: 43.88 43.88	F	205527 07	Natacao da Maia 100m: 1:30.16 46.28	1:30.16	227	
14.	Gabriela Oliveira, SILVA 50m: 45.10 45.10	F	201965 07	Penafiel 100m: 1:30.36 45.26	1:30.36	225	
15.	Maria Francisca, BERNARDO 50m: 43.53 43.53	F	205973 07	Vilacondense 100m: 1:32.26 48.73	1:32.26	212	
16.	Sara Rafaela, LEAL FTL	F	204403 07	Penafiel	1:32.75	208	
	50m: 46.29 46.29	100m: 1:32.75		46.46			
17.	Silvia Teixeira, SANTOS FTL	F	202848 07	Associacao Tubaroes de Gaia	1:33.53	203	
	50m: 45.23 45.23	100m: 1:33.53		48.30			
18.	Diana Vieira, SANTOS FTL	F	205577 07	Vilacondense	1:34.50	197	
	50m: 45.84 45.84	100m: 1:34.50		48.66			
19.	Beatriz Meireles, MARINHO FTL	F	202219 07	Celorico Basto	1:37.77	178	

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager, 11.58223

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Prova 1, Femin., 100m Costas, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
	50m: 48.46 48.46		100m: 1:37.77		49.31			
20.	Lara Catarina, VIEIRA FTL	F	202847	07	Associacao Tubaroes de Gaia	1:38.06	176	
	50m: 47.94 47.94		100m: 1:38.06		50.12			
21.	Sofia Isabel, BORGES FTL	F	200997	07	Penafiel	1:43.59	149	
	50m: 50.43 50.43		100m: 1:43.59		53.16			
22.	Ariana Ferras, PEREIRA FTL	F	153389	07	Foca	1:44.56	145	
	50m: 50.07 50.07		100m: 1:44.56		54.49			
23.	Francisca Soares, PIMENTA FTL	F	202786	07	Clube Naval Povoense	1:45.94	140	
	50m: 52.25 52.25		100m: 1:45.94		53.69			
24.	Matilde Soares, ALEIXO FTL	F	207446	07	Amarantus	1:49.32	127	
	50m: 52.29 52.29		100m: 1:49.32		57.03			
25.	Jessica Filipa, VIEIRA FTL	F	205461	07	Foca	2:02.82	89	
	50m: 1:00.28 1:00.28		100m: 2:02.82		1:02.54			
DSQ	Mariana Pinto, CARVALHO	F	201820	07	Fluvial Portuense			
	607 - O(A) nadador(a) não começou a executar a viragem imediatamente após terminar a braçada na posição ventral aos 50 metros - SW 6.4							
WDR	Mara Martins, SOUSA	F	205615	07	Ginásio Santo Tirso			
WDR	Ana Isabel, PEREIRA	F	208346	07	Vilacondense			
WDR	Clara Cardoso, PINTO	F	201817	07	Fluvial Portuense			

Infantis A

1.	Daniela Alexandra, COSTA	F	129441	06	Leixoes Sport Club	1:10.91	467	
	50m: 33.80 33.80		100m: 1:10.91		37.11			
2.	Leonor Filipa, PINTO	F	132842	06	Porto	1:14.25	407	
	50m: 36.01 36.01		100m: 1:14.25		38.24			
3.	Lara Gomes, NETO	F	132881	06	Aquatico Pacense	1:15.31	390	
	50m: 36.56 36.56		100m: 1:15.31		38.75			
4.	Ines Barbosa, VALE	F	153450	06	Famalicao	1:15.74	383	
	50m: 36.22 36.22		100m: 1:15.74		39.52			
5.	Joana Filipa, PINTO	F	202846	06	Fluvial Portuense	1:15.86	381	
	50m: 37.31 37.31		100m: 1:15.86		38.55			
6.	Carolina Soares, SOUTO	F	131355	06	Famalicao	1:17.15	362	
	50m: 37.23 37.23		100m: 1:17.15		39.92			
7.	Gabriela Ferreira, NEVES	F	132731	06	Foca	1:17.42	359	
	50m: 37.26 37.26		100m: 1:17.42		40.16			
8.	Ana Martim, FERREIRA	F	200767	06	Leixoes Sport Club	1:18.55	343	
	50m: 38.01 38.01		100m: 1:18.55		40.54			
9.	Ana Rita, MARTINS	F	128148	06	Foca	1:18.66	342	
	50m: 38.43 38.43		100m: 1:18.66		40.23			
10.	Bebiana Filipa, BARBOSA	F	147271	06	Aquatico Pacense	1:19.98	325	
	50m: 39.29 39.29		100m: 1:19.98		40.69			
11.	Mariana Fontes, FERNANDES	F	133141	06	Colegio SMLamas	1:20.21	322	
	50m: 39.06 39.06		100m: 1:20.21		41.15			
12.	Clara Daniela, SANTOS	F	129358	06	Colegio SMLamas	1:21.18	311	
	50m: 39.92 39.92		100m: 1:21.18		41.26			
13.	Sophia Szrek, PEREIRA	F	129738	06	Porto	1:21.48	308	
	50m: 39.75 39.75		100m: 1:21.48		41.73			

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Prova 1, Femin., 100m Costas, Infantis A

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
14.	Maria Luis, SA 50m: 39.75 39.75	F	131836	06	Fluvial Portuense 42.98	1:22.73	294	
15.	Joana Franco, AMARAL 50m: 40.51 40.51	F	207657	06	Luso-Internacional do Porto 42.73	1:23.24	288	
16.	Cristina Moreira, GONCALVES 50m: 40.41 40.41	F	131791	06	Colegio SMLamas 43.15	1:23.56	285	
17.	Maria Santos, SILVA 50m: 41.26 41.26	F	202788	06	Clube Naval Povoense 43.07	1:24.33	277	
18.	Maria Beatriz, GOMES FTL 50m: 42.99 42.99	F	204732	06	Leixoes Sport Club 44.25	1:27.24	250	
19.	Patricia Alexandra, KVAS FTL 50m: 43.47 43.47	F	208262	06	Colegio SMLamas 44.61	1:28.08	243	
20.	Telma Ferreira, CUNHA FTL 50m: 43.39 43.39	F	204558	06	Fluvial Portuense 45.06	1:28.45	240	
21.	Sonia Pereira, MORGADO FTL 50m: 42.99 42.99	F	201646	06	Assoc. Desportiva de Fafe 46.29	1:29.28	234	
22.	Carolina Soares, PINTO FTL 50m: 44.83 44.83	F	203016	06	Nata�o da Maia 46.52	1:31.35	218	
23.	Lara Sofia, FERREIRA FTL 50m: 44.33 44.33	F	207234	06	Nata�o de Valongo 49.98	1:34.31	198	
24.	Mara Luciana, MORAIS FTL 50m: 53.92 53.92	F	209926	06	Vit�ria Sport Clube 58.95	1:52.87	115	
DSQ	Ines Francisca, LEAL 610 - O(A) nadador(a) n�o retomou a posi��o dorsal logo ap�s a sa�da da parede na viragem aos 75 metros – SW 6.4	F	202162	06	Aquatico Pacense			
EXH	Bella Li, YUXUAN FTL 50m: 43.07 43.07	F	202178	06	Luso-Internacional do Porto 44.78	1:27.85	245	

Prova 2	Masc., 100m Costas				Infantis
09/03/2019 - 9:15	VITALIS				Resultados
Rec Nac 25m Absoluto	51.48	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	11/12/2018
Rec Nac 25m Inf A	59.50	Ricardo Lopes, SILVA	DNMG	Caldas da Rainha	10/06/2017
Rec Nac 25m Inf B	1:04.62	Jose Diogo, DIAS	FBSC	Coimbra	07/05/2017
Recorde Regional 25m Absoluto	54.10	Adriano Miguel, NIZ	CFV	Silves	21/12/2007
Recorde Regional 25m Inf A	1:00.91	Ricardo Filipe, ROCHA	CAP	Fafe	11/06/2016
Recorde Regional 25m Inf B	1:05.14	Adelino Manuel, GAITEIRO	LSC	Matosinhos	18/05/2002
Infantis B Masc Inf B: 1:24.70 / Infantis A Masc Inf A: 1:19.97					

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Miguel Azevedo, ROCHA	M	131262	06	Penafiel	1:09.45	349	
	50m: 33.62 33.62	100m: 1:09.45			35.83			
2.	Francisco Araujo, SILVA	M	132331	06	Famalicao	1:09.97	341	
	50m: 33.56 33.56	100m: 1:09.97			36.41			
3.	Tomas Ferreira, OLIVEIRA	M	151457	06	Natacao da Maia	1:13.79	291	
	50m: 35.94 35.94	100m: 1:13.79			37.85			
4.	Romulo Neves, PINTO	M	131795	06	Colegio SMLamas	1:15.36	273	
	50m: 36.79 36.79	100m: 1:15.36			38.57			
5.	Marco Oliveira, LOPES	M	202144	06	Penafiel	1:15.47	272	
	50m: 36.65 36.65	100m: 1:15.47			38.82			
6.	Rodrigo Santos, CONCEICAO	M	204488	06	Clube Naval Povoense	1:15.56	271	
	50m: 36.39 36.39	100m: 1:15.56			39.17			
7.	Tiago Marques, PEREIRA	M	130166	06	Leixoes Sport Club	1:17.54	250	
	50m: 37.13 37.13	100m: 1:17.54			40.41			
8.	Francisco Barbosa, SILVA	M	205578	06	Vilacondense	1:17.82	248	
	50m: 36.68 36.68	100m: 1:17.82			41.14			
9.	Manuel Alves, GONCALVES	M	148528	06	Celorico Basto	1:17.98	246	
	50m: 36.64 36.64	100m: 1:17.98			41.34			
10.	Tomas Mendes, COSTA	M	132343	06	Famalicao	1:18.01	246	
	50m: 37.80 37.80	100m: 1:18.01			40.21			
11.	Joao Carlos, BARROS	M	200357	06	Associacao Tubaroes de Gaia	1:19.48	232	
	50m: 40.27 40.27	100m: 1:19.48			39.21			
12.	Afonso Azevedo, PACHECO	M	201382	06	Vilacondense	1:20.48	224	
	50m: 38.64 38.64	100m: 1:20.48			41.84			
13.	Joao Alexandre, MOLAR	M	200980	06	Luso-Internacional do Porto	1:21.52	215	
	50m: 39.32 39.32	100m: 1:21.52			42.20			
14.	Tiago Carvalho, FERREIRA	M	132342	06	Famalicao	1:22.17	210	
	50m: 40.11 40.11	100m: 1:22.17			42.06			
15.	Jose Pedro, CARNEIRO	M	201823	06	Natacao de Valongo	1:22.21	210	
	50m: 40.31 40.31	100m: 1:22.21			41.90			
16.	Joao Pedro, ALVES	M	148570	06	Assoc. Desportiva de Fafe	1:22.34	209	
	50m: 39.65 39.65	100m: 1:22.34			42.69			
17.	Dinis Canais, PERA	M	130639	06	Celorico Basto	1:22.35	209	
	50m: 39.67 39.67	100m: 1:22.35			42.68			
18.	Pedro Santos, PEREIRA	M	202814	06	Leixoes Sport Club	1:22.53	208	
	50m: 40.05 40.05	100m: 1:22.53			42.48			
19.	Martim Alves, GONCALVES	M	130643	06	Celorico Basto	1:23.98	197	
	50m: 41.21 41.21	100m: 1:23.98			42.77			
20.	Luis Miguel, RIBEIRO	M	201081	06	Lousada SXXI	1:23.99	197	
	50m: 41.25 41.25	100m: 1:23.99			42.74			
21.	Manuel Joaquim, LEAL	M	130075	06	Aquatico Pacense	1:24.04	197	
	50m: 41.39 41.39	100m: 1:24.04			42.65			
22.	Tiago Manuel, MACHADO	M	206134	06	Famalicao	1:25.34	188	
	FTL							
	50m: 41.06 41.06	100m: 1:25.34			44.28			

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Prova 2, Masc., 100m Costas, Infantis B

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
23.	Diogo Moura, FONSECA FTL	M	201818	06	Fluvial Portuense	1:26.81	178	
	50m: 41.91 41.91	100m: 1:26.81			44.90			
24.	Pedro Goncalves, NUNES FTL	M	204664	06	Penafiel	1:26.90	178	
	50m: 41.30 41.30	100m: 1:26.90			45.60			
25.	Afonso Dinis, BARROS FTL	M	200991	06	Penafiel	1:27.50	174	
	50m: 43.40 43.40	100m: 1:27.50			44.10			
26.	Airton Cunha, GUEDES FTL	M	202231	06	Penafiel	1:28.71	167	
	50m: 43.12 43.12	100m: 1:28.71			45.59			
27.	Guilherme Ramos, SILVA FTL	M	205033	06	Vilacondense	1:28.80	166	
	50m: 43.75 43.75	100m: 1:28.80			45.05			
28.	Goncalo Martins, AZEVEDO FTL	M	205523	06	Famalicao	1:30.41	158	
	50m: 44.47 44.47	100m: 1:30.41			45.94			
29.	Rafael Jesus, BARROS FTL	M	148657	06	Penafiel	1:30.43	158	
	50m: 44.50 44.50	100m: 1:30.43			45.93			
30.	Bruno Marcelo, MBAREK FTL	M	153453	06	Aquatico Pacense	1:31.92	150	
	50m: 43.90 43.90	100m: 1:31.92			48.02			
31.	Tomas Emanuel, PEDRO FTL	M	208284	06	Aquatico Pacense	1:33.97	140	
	50m: 46.16 46.16	100m: 1:33.97			47.81			
32.	Hugo Filipe, TEIXEIRA FTL	M	202845	06	Associa�o Tubaroes de Gaia	1:34.58	138	
	50m: 46.71 46.71	100m: 1:34.58			47.87			
33.	Helder Henrique, FERREIRA FTL	M	204401	06	Penafiel	1:35.28	135	
	50m: 46.41 46.41	100m: 1:35.28			48.87			
34.	Tiago Moreira, GOMES FTL	M	207711	06	Vilacondense	1:38.06	124	
	50m: 47.44 47.44	100m: 1:38.06			50.62			
35.	Afonso Figueiredo, DIAS FTL	M	205774	06	Nata�o de Valongo	1:38.21	123	
	50m: 48.14 48.14	100m: 1:38.21			50.07			
36.	Miguel Cunha, GOMES FTL	M	205783	06	Fluvial Portuense	1:45.58	99	
	50m: 51.62 51.62	100m: 1:45.58			53.96			

Prova 2, Masc., 100m Costas

Infantis A

1.	Tomas Coelho, PEREIRA	M	133202 05	Penafiel	1:04.93	427
	50m: 31.95 31.95		100m: 1:04.93 32.98			
2.	Guilherme Coutinho, CASTRO	M	130101 05	Famalicao	1:07.95	372
	50m: 32.86 32.86		100m: 1:07.95 35.09			
3.	Filipe Silva, RIBEIRO	M	132090 05	Leixoes Sport Club	1:08.14	369
	50m: 32.34 32.34		100m: 1:08.14 35.80			
4.	Rodrigo Barroso, PINTO	M	148567 05	Porto	1:08.15	369
	50m: 33.54 33.54		100m: 1:08.15 34.61			
5.	Eduardo Costa, SILVA	M	129731 05	Porto	1:10.49	333
	50m: 34.23 34.23		100m: 1:10.49 36.26			
6.	Pedro Engracia, ANTUNES	M	131318 05	Luso-Internacional do Porto	1:10.58	332
	50m: 34.21 34.21		100m: 1:10.58 36.37			
7.	Vasco Soares, ALVES	M	201771 05	Fluvial Portuense	1:11.16	324
	50m: 34.07 34.07		100m: 1:11.16 37.09			
8.	Guilherme Fernandes, MATEUS	M	130102 05	Famalicao	1:11.20	323
	50m: 34.63 34.63		100m: 1:11.20 36.57			
9.	Guilherme Nunes, ANDRADE	M	127620 05	Clube Naval Povoense	1:12.88	302
	50m: 35.31 35.31		100m: 1:12.88 37.57			
10.	Rui Anjos, COSTA	M	129944 05	Porto	1:13.02	300
	50m: 36.07 36.07		100m: 1:13.02 36.95			
11.	Diogo Costa, FERREIRA	M	127020 05	Colegio SMLamas	1:14.97	277
	50m: 36.99 36.99		100m: 1:14.97 37.98			
12.	Afonso Valente, FONSECA	M	200373 05	Associação Tubarões de Gaia	1:15.53	271
	50m: 36.72 36.72		100m: 1:15.53 38.81			
13.	Tiago Pereira, CARDOSO	M	130111 05	Famalicao	1:18.24	244
	50m: 38.39 38.39		100m: 1:18.24 39.85			
14.	Pedro Martins, ALVES	M	132333 05	Famalicao	1:20.85	221
	FTL					
	50m: 40.17 40.17		100m: 1:20.85 40.68			
15.	Tiago Lemos, SILVA	M	130202 05	Fluvial Portuense	1:23.67	199
	FTL					
	50m: 41.60 41.60		100m: 1:23.67 42.07			
16.	Joao Pedro, SEIXAS	M	127821 05	Natacao da Maia	1:24.84	191
	FTL					
	50m: 41.85 41.85		100m: 1:24.84 42.99			
17.	Tomas Martins, VIEIRA	M	208231 05	Natacao de Valongo	1:25.37	187
	FTL					
	50m: 41.82 41.82		100m: 1:25.37 43.55			
18.	Joao Goncalo, LEO	M	200680 05	Aquatico Pacense	1:25.78	185
	FTL					
	50m: 42.48 42.48		100m: 1:25.78 43.30			
19.	Francisco Gabriel, MENDES	M	131084 05	Foca	1:28.28	169
	FTL					
	50m: 43.39 43.39		100m: 1:28.28 44.89			
20.	Rodrigo Miguel, MARQUES	M	127744 05	Luso-Internacional do Porto	1:28.64	167
	FTL					
	50m: 43.34 43.34		100m: 1:28.64 45.30			
21.	Nuno Miguel, SAMPAIO	M	127334 05	Foca	1:28.89	166
	FTL					
	50m: 43.49 43.49		100m: 1:28.89 45.40			
DSQ	Andre Dinis, OLIVEIRA	M	210127 05	Vitória Sport Clube		
	612 - O(A) nadador (a) não terminou o percurso em posicao dorsal aos 50 metros					
DNS	Miguel Carvalho, SOUTO	M	207654 05	Fluvial Portuense		
WDR	Afonso Freitas, SANTOS	M	129726 05	Fluvial Portuense		

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Prova 2, Masc., 100m Costas

EXH	Pedro Henrique, COSTA	M	207829 06	Fluvial Portuense	1:21.03	219
	50m: 39.51 39.51	100m:	1:21.03	47.39		

Prova 3

09/03/2019 - 9:35

Femin., 400m Estilos
TURBO

Infantis
Resultados

Rec Nac 25m Absoluto	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac 25m Inf A	5:03.94	Carolina Miranda, FERNANDES	CGA	Condeixa	12/05/2018
Rec Nac 25m Inf B	5:15.68	Susana Patricia, MIGUEL	SFUAP	Rio Maior	06/07/2002
Recorde Regional 25m Absoluto	4:47.69	Angelica Maria, ANDRE	LSC	Porto	07/12/2012
Recorde Regional 25m Inf A	5:08.49	Ines neto, ROCHA	GESP	Cantanhede	28/03/2014
Recorde Regional 25m Inf B	5:20.85	Marisa, FREITAS	AHBVG	Alges	13/03/1998

Infantis A Fem Inf A: 6:39.85 / Infantis B Fem Inf B: 7:01.30

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
Infantis B							
1.	Matilde Barros, LEAL	F	132883 07	Aquatico Pacense	6:14.86	329	
	50m: 40.04 40.04	150m: 2:15.41 48.82	250m: 3:55.47 52.67	350m: 5:32.97 44.50			
	100m: 1:26.59 46.55	200m: 3:02.80 47.39	300m: 4:48.47 53.00	400m: 6:14.86 41.89			
2.	Iara Clarisse, SOUSA FTL	F	204410 07	Natacao de Valongo	7:18.05	206	
	50m: 46.32 46.32	150m: 2:38.54 55.31	250m: 4:34.26 1:02.89	350m: 6:30.47 51.06			
	100m: 1:43.23 56.91	200m: 3:31.37 52.83	300m: 5:39.41 1:05.15	400m: 7:18.05 47.58			
DSQ	Ana Beatriz, VIEIRA	F	202851 07	Foca			
	805 - O(A) nadador(a) efetuou movimento não simultâneo de pernas durante o percurso dos ... metros - SW 8.3, Mariposa.						

Infantis A

1.	Lia Beatriz, GOMES	F	200413 06	Vitória Sport Clube	5:33.97	466	
	50m: 34.70 34.70	150m: 2:00.84 44.32	250m: 3:32.60 49.15	350m: 4:58.33 35.62			
	100m: 1:16.52 41.82	200m: 2:43.45 42.61	300m: 4:22.71 50.11	400m: 5:33.97 35.64			
2.	Leonor Filipa, PINTO	F	132842 06	Porto	5:34.56	463	
	50m: 36.74 36.74	150m: 2:01.82 42.85	250m: 3:31.99 48.78	350m: 4:58.70 37.02			
	100m: 1:18.97 42.23	200m: 2:43.21 41.39	300m: 4:21.68 49.69	400m: 5:34.56 35.86			
3.	Daniela Alexandra, COSTA	F	129441 06	Leixoes Sport Club	5:34.88	462	
	50m: 36.50 36.50	150m: 2:03.44 42.74	250m: 3:34.04 49.15	350m: 4:58.61 36.26			
	100m: 1:20.70 44.20	200m: 2:44.89 41.45	300m: 4:22.35 48.31	400m: 5:34.88 36.27			
4.	Maria Joao, FERREIRA	F	132732 06	Foca	5:38.70	446	
	50m: 35.61 35.61	150m: 1:59.59 42.88	250m: 3:31.65 51.34	350m: 5:01.01 38.72			
	100m: 1:16.71 41.10	200m: 2:40.31 40.72	300m: 4:22.29 50.64	400m: 5:38.70 37.69			
5.	Catarina Gaspar, PIRES	F	129871 06	Porto	5:45.08	422	
	50m: 35.15 35.15	150m: 1:58.58 43.29	250m: 3:32.79 52.62	350m: 5:05.72 39.80			
	100m: 1:15.29 40.14	200m: 2:40.17 41.59	300m: 4:25.92 53.13	400m: 5:45.08 39.36			
6.	Gabriela Ferreira, NEVES	F	132731 06	Foca	5:45.66	420	
	50m: 34.83 34.83	150m: 1:59.51 44.81	250m: 3:34.25 52.10	350m: 5:06.08 40.27			
	100m: 1:14.70 39.87	200m: 2:42.15 42.64	300m: 4:25.81 51.56	400m: 5:45.66 39.58			
7.	Joana Filipa, PINTO	F	202846 06	Fluvial Portuense	5:59.36	374	
	50m: 39.51 39.51	150m: 2:08.72 44.66	250m: 3:45.42 53.81	350m: 5:19.71 40.39			
	100m: 1:24.06 44.55	200m: 2:51.61 42.89	300m: 4:39.32 53.90	400m: 5:59.36 39.65			
8.	Matilde Teixeira, SOUSA	F	129947 06	Natacao de Valongo	6:10.56	341	
	50m: 38.86 38.86	150m: 2:11.23 48.22	250m: 3:52.78 54.91	350m: 5:30.16 41.83			
	100m: 1:23.01 44.15	200m: 2:57.87 46.64	300m: 4:48.33 55.55	400m: 6:10.56 40.40			
9.	Mariana Santos, ROMAO	F	200366 06	Vilacondense	6:11.74	337	
	50m: 38.43 38.43	150m: 2:15.31 50.17	250m: 3:55.01 49.13	350m: 5:30.58 43.02			
	100m: 1:25.14 46.71	200m: 3:05.88 50.57	300m: 4:47.56 52.55	400m: 6:11.74 41.16			
10.	Maria Luis, CAMPOS	F	153446 06	Vitória Sport Clube	6:17.04	323	
	50m: 39.99 39.99	150m: 2:18.03 45.27	250m: 3:55.65 51.94	350m: 5:33.15 44.24			
	100m: 1:32.76 52.77	200m: 3:03.71 45.68	300m: 4:48.91 53.26	400m: 6:17.04 43.89			

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Prova 3, Femin., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
11.	Carina, CHYZH	F	202731	06	Vit�ria Sport Clube	6:26.86	299	
	50m: 40.97 40.97		150m: 2:16.84 45.78		250m: 3:58.71 57.49	350m: 5:41.56 45.27		
	100m: 1:31.06 50.09		200m: 3:01.22 44.38		300m: 4:56.29 57.58	400m: 6:26.86 45.30		
DSQ	Beatriz Carvalho, HERMOSA	F	132885	06	Porto			
	602 - O(A) nadador(a) abandonou a posi��o dorsal durante o percurso dos 120 metros – SW 6.2							
DSQ	Ines Gomes, MENDES	F	153455	06	Aquatico Pacense			
	612 - O(A) nadador (a) n�o terminou o percursos em posicao dorsal aos 200 metros							

Prova 4

09/03/2019 - 9:50

Masc., 400m Estilos CLINICA MEDICA DA FOZ

Infantis Resultados

Rec Nac 25m Absoluto	4:06.83	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	11/12/2009
Rec Nac 25m Inf A	4:40.32	Tomas Miguel, FREITAS	CDN	Funchal	09/07/2004
Rec Nac 25m Inf B	4:49.65	Andre Vilas, RUIVO	DNMG	S. Ant�nio Cavaleiros	15/03/2013
Recorde Regional 25m Absoluto	4:15.91	Adriano Miguel, NIZ	FPN	Trieste (ITA)	09/12/2005
Recorde Regional 25m Inf A	4:44.40	Rui Paulo, BORGES	FCP	Antas	18/07/1981
Recorde Regional 25m Inf B	5:03.10	Rui Paulo, BORGES	FCP	Antas	12/07/1980

Infantis B Masc Inf B: 6:25.00 / Infantis A Masc Inf A: 6:08.50

Pontos: FINA 2018

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Joao Nogueira, RIBEIRO	M	131259	06	Assoc. Desportiva de Fafe	5:31.56	358	
	50m: 35.05 35.05		150m: 2:00.13 44.66		250m: 3:28.73 45.46	350m: 4:55.45 39.27		
	100m: 1:15.47 40.42		200m: 2:43.27 43.14		300m: 4:16.18 47.45	400m: 5:31.56 36.11		
2.	Vasco Monteiro, CASTRO	M	202720	06	Porto	5:55.05	291	
	50m: 36.32 36.32		150m: 2:07.57 45.32		250m: 3:42.01 51.82	350m: 5:14.83 40.74		
	100m: 1:22.25 45.93		200m: 2:50.19 42.62		300m: 4:34.09 52.08	400m: 5:55.05 40.22		
3.	Francisco Campos, LOURENCO	M	132136	06	Nata�o de Valongo	5:57.41	286	
	50m: 37.65 37.65		150m: 2:05.61 45.33		250m: 3:39.84 49.57	350m: 5:15.82 42.90		
	100m: 1:20.28 42.63		200m: 2:50.27 44.66		300m: 4:32.92 53.08	400m: 5:57.41 41.59		
4.	Gustavo Gomes, RAMOS	M	200774	06	Porto	5:57.60	285	
	50m: 36.09 36.09		150m: 2:03.57 44.80		250m: 3:40.80 52.73	350m: 5:17.85 42.24		
	100m: 1:18.77 42.68		200m: 2:48.07 44.50		300m: 4:35.61 54.81	400m: 5:57.60 39.75		
DSQ	Guilherme Oliveira, CALHANDRO	M	131800	06	Nata�o da Maia			
	805 - O(A) nadador(a) efetuou movimento n�o simult�neo de pernas durante o percurso dos ... metros - SW 8.3, Mariposa							
DSQ	Eduardo Pacheco, CUNHA	M	130199	06	Fluvial Portuense			
	812 - O(A) nadador(a) tocou na parede com toque n�o simult�neo na chegada – SW 8.4							
DSQ	Dinis Soares, NEVES	M	133095	06	Luso-Internacional do Porto			
	720 - O(A) nadador(a) tocou na parede com toque n�o simult�neo na viragem aos 300 metros – SW 7.6							

Infantis A

1.	Afonso Carvalho, SILVA	M	130127	05	Famalicao	5:02.46	472	
	50m: 30.87 30.87		150m: 1:47.20 40.34		250m: 3:08.56 42.47	350m: 4:28.34 35.42		
	100m: 1:06.86 35.99		200m: 2:26.09 38.89		300m: 3:52.92 44.36	400m: 5:02.46 34.12		
2.	Tomas Carvalhinho, RIBEIRO	M	131799	05	Nata�o da Maia	5:18.46	404	
	50m: 32.37 32.37		150m: 1:53.21 43.37		250m: 3:19.85 45.14	350m: 4:43.15 36.84		
	100m: 1:09.84 37.47		200m: 2:34.71 41.50		300m: 4:06.31 46.46	400m: 5:18.46 35.31		
3.	Rodrigo Barroso, PINTO	M	148567	05	Porto	5:18.89	402	
	50m: 32.41 32.41		150m: 1:50.40 39.93		250m: 3:17.96 48.16	350m: 4:43.78 37.20		
	100m: 1:10.47 38.06		200m: 2:29.80 39.40		300m: 4:06.58 48.62	400m: 5:18.89 35.11		
4.	Jose Luis, GONCALVES	M	131849	05	Assoc. Desportiva de Fafe	5:25.73	377	
	50m: 30.53 30.53		150m: 1:50.00 42.32		250m: 3:20.76 48.85	350m: 4:48.47 38.73		
	100m: 1:07.68 37.15		200m: 2:31.91 41.91		300m: 4:09.74 48.98	400m: 5:25.73 37.26		

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Prova 4, Masc., 400m Estilos, Inf ntis A

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
5.	Rodrigo Fernandes, RODRIGUES	M	130118	05	Vit�ria Sport Clube	5:30.96	360	
	50m: 35.08 35.08		150m: 2:00.96		43.33 250m: 3:29.85	46.49 350m: 4:55.15		37.29
	100m: 1:17.63 42.55		200m: 2:43.36		42.40 300m: 4:17.86	48.01 400m: 5:30.96		35.81
6.	Goncalo Manuel, SILVA	M	129734	05	Porto	5:34.28	349	
	50m: 35.66 35.66		150m: 1:59.28		42.39 250m: 3:28.42	47.64 350m: 4:56.37		40.57
	100m: 1:16.89 41.23		200m: 2:40.78		41.50 300m: 4:15.80	47.38 400m: 5:34.28		37.91
7.	Afonso Teixeira, LOPES	M	127333	05	Foca	5:34.49	348	
	50m: 35.66 35.66		150m: 1:59.40		43.72 250m: 3:30.42	48.72 350m: 4:57.18		38.08
	100m: 1:15.68 40.02		200m: 2:41.70		42.30 300m: 4:19.10	48.68 400m: 5:34.49		37.31
8.	Andre Lima, MAGALHAES	M	129727	05	Porto	5:52.12	299	
	50m: 37.52 37.52		150m: 2:05.95		43.75 250m: 3:42.00	52.59 350m: 5:14.16		38.83
	100m: 1:22.20 44.68		200m: 2:49.41		43.46 300m: 4:35.33	53.33 400m: 5:52.12		37.96
DSQ	Guilherme Nunes, ANDRADE	M	127620	05	Clube Naval Povoense			
	602 - O(A) nadador(a) abandonou a posi��o dorsal durante o percurso dos 100 metros - SW 6.2							
DSQ	Miguel Teixeira, LAFUENTE	M	129737	05	Porto			
	808 - O(A) nadador(a) tocou na parede s� com uma m�o na viragem dos 100 metros - SW 8.4							
DSQ	Eduardo Alexandre, CORREIA	M	153454	05	Aqu�tico Pacense			
	601 - O(A) nadador(a) ap�s a partida n�o saiu da parede na posi��o dorsal - SW 6.2							

Prova 5 Femin., 100m Livres Inf ntis
09/03/2019 - 10:10 GRAFIPRONGO Resultados

Rec Nac 25m Absoluto	55.12	Ana Pinho, RODRIGUES	ADS	Felgueiras	21/12/2018
Rec Nac 25m Inf A	58.55	Carolina Miranda, FERNANDES	CGA	Felgueiras	11/03/2018
Rec Nac 25m Inf B	1:00.13	Carolina Miranda, FERNANDES	CGA	Mealhada	08/04/2017
Recorde Regional 25m Absoluto	55.74	Sara Beatriz, LOUREIRO	FCP	Rijeka (CRO)	11/12/2008
Recorde Regional 25m Inf A	59.52	Mariana Pacheco, CUNHA	CFP	Mealhada	08/04/2017
Recorde Regional 25m Inf B	1:03.80	Mariana Magalhaes, SAMPAIO	ADF	Vila Praia de Ancora	28/03/2015

Inf ntis A Fem Inf A: 1:17.00 / Inf ntis B Fem Inf B: 1:20.30

Pontos: FINA 2018

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
Inf�ntis B								
1.	Mafalda Martins, MESQUITA	F	202805	07	Famalicao	1:08.91	387	
	50m: 33.31 33.31		100m: 1:08.91		35.60			
2.	Mafalda Guimaraes, REBELO	F	148682	07	Fluvial Portuense	1:12.27	336	
	50m: 34.53 34.53		100m: 1:12.27		37.74			
3.	Eva Oliveira, SILVA	F	201964	07	Penafiel	1:12.54	332	
	50m: 35.76 35.76		100m: 1:12.54		36.78			
4.	Maria Leonor, MOREIRA	F	200764	07	Fluvial Portuense	1:12.90	327	
	50m: 34.66 34.66		100m: 1:12.90		38.24			
5.	Beatriz Teixeira, CUNHA	F	204727	07	Leixoes Sport Club	1:13.91	314	
	50m: 35.05 35.05		100m: 1:13.91		38.86			
6.	Joana Navega, TEIXEIRA	F	200355	07	Associa�o Tubaroes de Gaia	1:13.97	313	
	50m: 36.65 36.65		100m: 1:13.97		37.32			
7.	Ana Carolina, VALINHAS	F	201054	07	Famalicao	1:14.55	306	
	50m: 35.22 35.22		100m: 1:14.55		39.33			
8.	Ana Medeiros, COSTA	F	152164	07	Gin�sio Santo Tirso	1:14.68	304	
	50m: 35.28 35.28		100m: 1:14.68		39.40			
9.	Laura Jesus, MENDES	F	202798	07	Fluvial Portuense	1:15.22	298	
	50m: 35.98 35.98		100m: 1:15.22		39.24			
10.	Rita Marques, SOARES	F	132341	07	Famalicao	1:15.33	296	
	50m: 36.60 36.60		100m: 1:15.33		38.73			
11.	Beatriz Azevedo, PEREIRA	F	203589	07	Colegio SMLamas	1:16.08	288	
	50m: 35.77 35.77		100m: 1:16.08		40.31			

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Prova 5, Femin., 100m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
12.	Maria Francisca, BERNARDO 50m: 36.68 36.68	F	205973	07	Vilacondense 40.06	1:16.74	280	
13.	Patricia Alexandra, SILVA 50m: 38.99 38.99	F	133258	07	Associacao Tubaroes de Gaia 39.66	1:18.65	260	
14.	Gabriela Oliveira, SILVA FTL 50m: 39.08 39.08	F	201965	07	Penafiel 41.97	1:21.05	238	
15.	Matilde Vale, SILVA FTL 50m: 37.61 37.61	F	202754	07	Clube Naval Povoense 43.70	1:21.31	236	
16.	Mariana Pinto, CARVALHO FTL 50m: 38.37 38.37	F	201820	07	Fluvial Portuense 43.27	1:21.64	233	
17.	Lara Catarina, VIEIRA FTL 50m: 39.82 39.82	F	202847	07	Associacao Tubaroes de Gaia 41.93	1:21.75	232	
18.	Joana Silva, BLUEMCHEN FTL 50m: 39.12 39.12	F	208230	07	Fluvial Portuense 43.08	1:22.20	228	
19.	Adriana, MARTINS FTL 50m: 39.59 39.59	F	153349	07	Aquatico Pacense 43.12	1:22.71	224	
20.	Sara Rafaela, LEAL FTL 50m: 40.99 40.99	F	204403	07	Penafiel 42.12	1:23.11	221	
21.	Francisca Soares, PIMENTA FTL 50m: 39.84 39.84	F	202786	07	Clube Naval Povoense 44.30	1:24.14	213	
22.	Ines Rebelo, SOUSA FTL 50m: 40.98 40.98	F	203317	07	Porto 43.80	1:24.78	208	
23.	Catarina Beatriz, PINTO FTL 50m: 40.43 40.43	F	200808	07	Amarantus 44.36	1:24.79	208	
24.	Ana Ribeiro, RODRIGUES FTL 50m: 39.08 39.08	F	202878	07	Aquatico Pacense 45.88	1:24.96	206	
25.	Mariana Barroca, TELES FTL 50m: 39.76 39.76	F	208067	07	Natacao da Maia 45.68	1:25.44	203	
26.	Beatriz Meireles, MARINHO FTL 50m: 41.37 41.37	F	202219	07	Celorico Basto 44.68	1:26.05	199	
27.	Silvia Teixeira, SANTOS FTL 50m: 41.64 41.64	F	202848	07	Associacao Tubaroes de Gaia 44.59	1:26.23	197	
28.	Leonor Beatriz, PINTO FTL 50m: 40.42 40.42	F	200807	07	Amarantus 46.11	1:26.53	195	

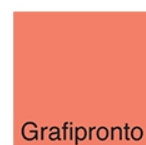
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Prova 5, Femin., 100m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
29.	Ariana Figueiredo, SOARES FTL	F	202265	07	Vilacondense	1:27.16	191	
	50m: 41.85 41.85				100m: 1:27.16 45.31			
30.	Ariana Ferras, PEREIRA FTL	F	153389	07	Foca	1:27.73	187	
	50m: 42.51 42.51				100m: 1:27.73 45.22			
31.	Diana Vieira, SANTOS FTL	F	205577	07	Vilacondense	1:28.15	185	
	50m: 43.13 43.13				100m: 1:28.15 45.02			
32.	Leonor Carolina, MEIRELES FTL	F	200810	07	Amarantus	1:30.20	172	
	50m: 42.84 42.84				100m: 1:30.20 47.36			
33.	Matilde Soares, ALEIXO FTL	F	207446	07	Amarantus	1:31.92	163	
	50m: 43.67 43.67				100m: 1:31.92 48.25			
34.	Sofia Isabel, BORGES FTL	F	200997	07	Penafiel	1:35.99	143	
	50m: 46.13 46.13				100m: 1:35.99 49.86			
35.	Jessica Filipa, VIEIRA FTL	F	205461	07	Foca	1:46.92	103	
	50m: 51.28 51.28				100m: 1:46.92 55.64			
DSQ	Francisca Martins, GOMES 404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4	F	207830	07	Porto			
WDR	Mara Martins, SOUSA	F	205615	07	Ginásio Santo Tirso			
WDR	Ana Isabel, PEREIRA	F	208346	07	Vilacondense			
WDR	Clara Cardoso, PINTO	F	201817	07	Fluvial Portuense			

Infantis A

1.	Ines Aires, NOGUEIRA	F	203625	06	Fluvial Portuense	1:05.25	456	
	50m: 31.40 31.40				100m: 1:05.25 33.85			
2.	Beatriz Carvalho, HERMOSA	F	132885	06	Porto	1:06.43	432	
	50m: 31.92 31.92				100m: 1:06.43 34.51			
3.	Ines Barbosa, VALE	F	153450	06	Famalicao	1:07.35	415	
	50m: 32.19 32.19				100m: 1:07.35 35.16			
4.	Carolina Soares, SOUTO	F	131355	06	Famalicao	1:09.35	380	
	50m: 33.28 33.28				100m: 1:09.35 36.07			
5.	Ana Martim, FERREIRA	F	200767	06	Leixoes Sport Club	1:10.60	360	
	50m: 33.20 33.20				100m: 1:10.60 37.40			
6.	Ema Monteiro, RIBAS	F	201138	06	Fluvial Portuense	1:10.79	357	
	50m: 33.55 33.55				100m: 1:10.79 37.24			
7.	Mariana Fontes, FERNANDES	F	133141	06	Colegio SMLamas	1:10.81	357	
	50m: 33.96 33.96				100m: 1:10.81 36.85			
8.	Ines Francisca, LEAL	F	202162	06	Aquatico Pacense	1:11.02	354	
	50m: 34.25 34.25				100m: 1:11.02 36.77			
9.	Ana Marques, PINTO	F	201832	06	Fluvial Portuense	1:13.40	320	
	50m: 35.44 35.44				100m: 1:13.40 37.96			
10.	Maria Joao, MAGALHAES	F	201098	06	Vitória Sport Clube	1:13.47	319	
	50m: 35.24 35.24				100m: 1:13.47 38.23			
11.	Telma Ferreira, CUNHA	F	204558	06	Fluvial Portuense	1:14.11	311	
	50m: 35.49 35.49				100m: 1:14.11 38.62			
12.	Maria Luis, SA	F	131836	06	Fluvial Portuense	1:15.33	296	
	50m: 36.45 36.45				100m: 1:15.33 38.88			
13.	Bebiana Filipa, BARBOSA	F	147271	06	Aquatico Pacense	1:15.40	296	
	50m: 36.51 36.51				100m: 1:15.40 38.89			

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Prova 5, Femin., 100m Livres, Infantis A

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
14.	Sophia Szrek, PEREIRA 50m: 36.49 36.49	F	129738	06	Porto	1:15.58	293	
15.	Patricia Alexandra, KVAS 50m: 37.82 37.82	F	208262	06	Colegio SMLamas	1:16.03	288	
16.	Mafalda Valente, SEBASTIAO FTL 50m: 37.10 37.10	F	205762	06	Porto	1:18.01	267	
17.	Maria Beatriz, GOMES FTL 50m: 37.35 37.35	F	204732	06	Leixoes Sport Club	1:18.08	266	
18.	Sonia Pereira, MORGADO FTL 50m: 36.18 36.18	F	201646	06	Assoc. Desportiva de Fafe	1:18.20	265	
19.	Cristina Moreira, GONCALVES FTL 50m: 37.49 37.49	F	131791	06	Colegio SMLamas	1:19.05	256	
20.	Joana Franco, AMARAL FTL 50m: 38.81 38.81	F	207657	06	Luso-Internacional do Porto	1:19.51	252	
21.	Ariana Pinto, MAIA FTL 50m: 40.24 40.24	F	208232	06	Nata�o de Valongo	1:22.95	222	
22.	Mariana Sousa, OLIVEIRA FTL 50m: 38.70 38.70	F	204729	06	Leixoes Sport Club	1:23.34	219	
23.	Francisca Ribeiro, MENDES FTL 50m: 40.91 40.91	F	201099	06	Vit�ria Sport Clube	1:29.24	178	
24.	Mara Luciana, MORAIS FTL 50m: 52.60 52.60	F	209926	06	Vit�ria Sport Clube	1:51.41	91	
EXH	Julia Oliveira, SOUZA 50m: 32.44 32.44	F	205780	07	Fluvial Portuense	1:08.57	393	
EXH	Manuela Saretta, LIMA FTL 50m: 40.03 40.03	F	208286	07	Luso-Internacional do Porto	1:26.03	199	

Prova 6	Masc., 100m Livres				Infantis
09/03/2019 - 10:30	VITALIS				Resultados
Rec Nac 25m Absoluto	47.61	Miguel Duarte, NASCIMENTO		Hangzhou (CHN)	11/12/2018
Rec Nac 25m Inf A	54.35	Diogo Matos, RIBEIRO	CUC	S. António Cavaleiros	01/07/2018
Rec Nac 25m Inf B	57.40	Tiago Filipe, PEREIRA	DNMG	Caldas da Rainha	11/07/2004
Recorde Regional 25m Absoluto	48.41	Paulo Jorge, SANTOS	FCP	S. Antonio Cavaleiros	19/12/2009
Recorde Regional 25m Inf A	54.63	Tiago Moura, RODRIGUES	CLIP	Felgueiras	22/04/2017
Recorde Regional 25m Inf B	58.94	Jose Pedro, FREITAS	CSB	Porto	11/05/2013
Infantis B Masc Inf B: 1:13.15 / Infantis A Masc Inf A: 1:09.30					

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Rodrigo Ferreira, PEREIRA	M	205524	06	Famalicao	1:03.03	362	
	50m: 31.11 31.11				100m: 1:03.03 31.92			
2.	Francisco Araujo, SILVA	M	132331	06	Famalicao	1:03.80	349	
	50m: 31.08 31.08				100m: 1:03.80 32.72			
3.	Joao Nogueira, RIBEIRO	M	131259	06	Assoc. Desportiva de Fafe	1:05.13	328	
	50m: 31.89 31.89				100m: 1:05.13 33.24			
4.	Marco Oliveira, LOPES	M	202144	06	Penafiel	1:06.92	302	
	50m: 32.14 32.14				100m: 1:06.92 34.78			
5.	Rui Miguel, SANTOS	M	204083	06	Porto	1:06.93	302	
	50m: 32.27 32.27				100m: 1:06.93 34.66			
6.	Rodrigo Santos, CONCEICAO	M	204488	06	Clube Naval Povoense	1:07.08	300	
	50m: 31.91 31.91				100m: 1:07.08 35.17			
7.	Manuel Alves, GONCALVES	M	148528	06	Celorico Basto	1:07.27	298	
	50m: 31.88 31.88				100m: 1:07.27 35.39			
8.	Romulo Neves, PINTO	M	131795	06	Colegio SMLamas	1:07.88	290	
	50m: 32.68 32.68				100m: 1:07.88 35.20			
9.	Goncalo Sa, MAGALHAES	M	201798	06	Leixoes Sport Club	1:09.73	267	
	50m: 33.37 33.37				100m: 1:09.73 36.36			
10.	Biagio Martim, TONA	M	130169	06	Colegio SMLamas	1:09.99	264	
	50m: 32.68 32.68				100m: 1:09.99 37.31			
11.	Bruno Silva, LOUREIRO	M	129872	06	Porto	1:11.32	250	
	50m: 34.60 34.60				100m: 1:11.32 36.72			
12.	Afonso Azevedo, PACHECO	M	201382	06	Vilacondense	1:11.66	246	
	50m: 34.40 34.40				100m: 1:11.66 37.26			
13.	Tiago Marques, PEREIRA	M	130166	06	Leixoes Sport Club	1:11.90	244	
	50m: 33.98 33.98				100m: 1:11.90 37.92			
14.	Martim Alves, GONCALVES	M	130643	06	Celorico Basto	1:12.27	240	
	50m: 34.29 34.29				100m: 1:12.27 37.98			
15.	Luis Miguel, RIBEIRO	M	201081	06	Lousada SXXI	1:12.64	236	
	50m: 35.10 35.10				100m: 1:12.64 37.54			
16.	Pedro Roque, IGREJA FTL	M	203964	06	Vilacondense	1:13.92	224	
	50m: 35.09 35.09				100m: 1:13.92 38.83			
17.	Pedro Santos, PEREIRA FTL	M	202814	06	Leixoes Sport Club	1:13.94	224	
	50m: 34.69 34.69				100m: 1:13.94 39.25			
18.	Joao Alexandre, MOLAR FTL	M	200980	06	Luso-Internacional do Porto	1:14.22	221	
	50m: 35.43 35.43				100m: 1:14.22 38.79			
19.	Rafael Jesus, BARROS FTL	M	148657	06	Penafiel	1:14.65	218	
	50m: 35.49 35.49				100m: 1:14.65 39.16			
20.	Tiago Carvalho, FERREIRA FTL	M	132342	06	Famalicao	1:14.82	216	

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Prova 6, Masc., 100m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
	50m: 35.33 35.33	100m: 1:14.82	39.49					
21.	Frederico Silva, SANTOS FTL	M	200995	06	Penafiel	1:15.75	208	
	50m: 36.07 36.07	100m: 1:15.75	39.68					
22.	Tiago Manuel, MACHADO FTL	M	206134	06	Famalicao	1:16.62	201	
	50m: 36.41 36.41	100m: 1:16.62	40.21					
23.	Pedro Goncalves, NUNES FTL	M	204664	06	Penafiel	1:16.76	200	
	50m: 36.75 36.75	100m: 1:16.76	40.01					
24.	Manuel Joaquim, LEAL FTL	M	130075	06	Aquatico Pacense	1:17.33	196	
	50m: 37.29 37.29	100m: 1:17.33	40.04					
25.	Afonso Dinis, BARROS FTL	M	200991	06	Penafiel	1:17.86	192	
	50m: 38.26 38.26	100m: 1:17.86	39.60					
26.	Diogo Moura, FONSECA FTL	M	201818	06	Fluvial Portuense	1:17.97	191	
	50m: 38.68 38.68	100m: 1:17.97	39.29					
27.	Guilherme Ramos, SILVA FTL	M	205033	06	Vilacondense	1:18.11	190	
	50m: 37.79 37.79	100m: 1:18.11	40.32					
28.	Leonardo Freitas, FERNANDES FTL	M	209567	06	Famalicao	1:18.36	188	
	50m: 38.14 38.14	100m: 1:18.36	40.22					
29.	Goncalo Martins, AZEVEDO FTL	M	205523	06	Famalicao	1:19.88	178	
	50m: 39.44 39.44	100m: 1:19.88	40.44					
30.	Helder Henrique, FERREIRA FTL	M	204401	06	Penafiel	1:20.09	176	
	50m: 37.61 37.61	100m: 1:20.09	42.48					
31.	Duarte Traila, MARTINS FTL	M	132330	06	Famalicao	1:20.69	172	
	50m: 39.68 39.68	100m: 1:20.69	41.01					
32.	Airton Cunha, GUEDES FTL	M	202231	06	Penafiel	1:20.80	172	
	50m: 39.44 39.44	100m: 1:20.80	41.36					
33.	Bruno Marcelo, MBAREK FTL	M	153453	06	Aquatico Pacense	1:20.81	171	
	50m: 39.45 39.45	100m: 1:20.81	41.36					
34.	Dinis Canais, PERA FTL	M	130639	06	Celorico Basto	1:21.14	169	
	50m: 38.28 38.28	100m: 1:21.14	42.86					
35.	Tomas Emanuel, PEDRO FTL	M	208284	06	Aquatico Pacense	1:21.16	169	
	50m: 38.22 38.22	100m: 1:21.16	42.94					
36.	Gabriel Neves, CARDOSO FTL	M	204997	06	Natacao de Valongo	1:21.27	169	
	50m: 39.03 39.03	100m: 1:21.27	42.24					

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Prova 6, Masc., 100m Livres, Infantis B

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
37.	Miguel Cunha, GOMES FTL	M	205783	06	Fluvial Portuense	1:23.96	153	
	50m: 40.33 40.33				100m: 1:23.96 43.63			
38.	Tiago Moreira, GOMES FTL	M	207711	06	Vilacondense	1:24.34	151	
	50m: 40.69 40.69				100m: 1:24.34 43.65			
39.	Joao Cunha, RODRIGUES FTL	M	130641	06	Celorico Basto	1:27.48	135	
	50m: 41.04 41.04				100m: 1:27.48 46.44			
40.	Hugo Filipe, TEIXEIRA FTL	M	202845	06	Associa�o Tubaroes de Gaia	1:30.74	121	
	50m: 44.18 44.18				100m: 1:30.74 46.56			
41.	Simao Pedro, ROCHA FTL	M	203015	06	Aquatico Pacense	1:35.50	104	
	50m: 46.19 46.19				100m: 1:35.50 49.31			
42.	Luis Eduardo, GONCALVES FTL	M	131847	06	Vit�ria Sport Clube	1:41.18	87	
	50m: 46.57 46.57				100m: 1:41.18 54.61			
DSQ	Francisco Barbosa, SILVA 404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4	M	205578	06	Vilacondense			

Infantis A

1.	Vasco Almeida, RIBEIRO	M	131214	05	Colegio SMLamas	57.83	469	
	50m: 27.31 27.31				100m: 57.83 30.52			
2.	Vasco Goncalves, CUNHA	M	127202	05	Fluvial Portuense	58.84	445	
	50m: 28.22 28.22				100m: 58.84 30.62			
3.	Filipe Silva, RIBEIRO	M	132090	05	Leixoes Sport Club	1:00.17	416	
	50m: 28.53 28.53				100m: 1:00.17 31.64			
4.	Alexandre Sousa, FERREIRA	M	132325	05	Famalicao	1:00.46	410	
	50m: 29.30 29.30				100m: 1:00.46 31.16			
5.	Alexandre Ramos, GONCALVES	M	128601	05	Colegio SMLamas	1:00.86	402	
	50m: 29.26 29.26				100m: 1:00.86 31.60			
6.	Pedro Engracia, ANTUNES	M	131318	05	Luso-Internacional do Porto	1:01.19	396	
	50m: 28.96 28.96				100m: 1:01.19 32.23			
7.	Vasco Soares, ALVES	M	201771	05	Fluvial Portuense	1:03.30	357	
	50m: 30.11 30.11				100m: 1:03.30 33.19			
8.	Hugo Gabriel, MARTINS	M	201140	05	Fluvial Portuense	1:05.08	329	
	50m: 31.65 31.65				100m: 1:05.08 33.43			
9.	Henrique Rocha, CARNEIRO	M	132879	05	Aquatico Pacense	1:05.10	328	
	50m: 31.74 31.74				100m: 1:05.10 33.36			
10.	Eduardo Costa, SILVA	M	129731	05	Porto	1:05.36	325	
	50m: 32.10 32.10				100m: 1:05.36 33.26			
11.	Joao Carlos, GUERRA	M	132888	05	Porto	1:05.69	320	
	50m: 31.52 31.52				100m: 1:05.69 34.17			
12.	Guilherme Jesus, CARVALHO	M	201136	05	Foca	1:05.77	319	
	50m: 31.90 31.90				100m: 1:05.77 33.87			
13.	Tiago Pereira, CARDOSO	M	130111	05	Famalicao	1:06.51	308	
	50m: 31.73 31.73				100m: 1:06.51 34.78			
14.	Diogo Costa, FERREIRA	M	127020	05	Colegio SMLamas	1:06.62	306	
	50m: 32.81 32.81				100m: 1:06.62 33.81			
15.	Tiago Ventura, MARTINS	M	131134	05	Foca	1:07.04	301	
	50m: 32.09 32.09				100m: 1:07.04 34.95			
16.	Joao Pedro, TORRES	M	127551	05	Porto	1:07.37	296	
	50m: 33.01 33.01				100m: 1:07.37 34.36			

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Prova 6, Masc., 100m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
17.	Tomas Coelho, PEREIRA 50m: 32.90 32.90	M	133202	05	Penafiel 34.55	1:07.45	295	
18.	Vasco Goncalves, NETO 50m: 32.69 32.69	M	129739	05	Porto 34.86	1:07.55	294	
19.	Rodolfo Simao, MATEUS FTL 50m: 32.68 32.68	M	130089	05	Vitória Sport Clube 37.05	1:09.73	267	
20.	Tiago Lemos, SILVA FTL 50m: 33.91 33.91	M	130202	05	Fluvial Portuense 36.05	1:09.96	265	
21.	Pedro Martins, ALVES FTL 50m: 34.26 34.26	M	132333	05	Famalicao 37.00	1:11.26	250	
22.	Ruben Leal, LIMA FTL 50m: 34.26 34.26	M	200678	05	Aquatico Pacense 37.57	1:11.83	244	
23.	Joao Goncalo, LEO FTL 50m: 35.28 35.28	M	200680	05	Aquatico Pacense 37.42	1:12.70	236	
24.	Joao Afonso, TEIGA FTL 50m: 35.18 35.18	M	208066	05	Natacao da Maia 37.64	1:12.82	235	
25.	Rodrigo Miguel, MARQUES FTL 50m: 34.46 34.46	M	127744	05	Luso-Internacional do Porto 38.90	1:13.36	229	
26.	Ruben Miguel, MOREIRA FTL 50m: 35.47 35.47	M	201966	05	Penafiel 39.23	1:14.70	217	
27.	Tomas Martins, VIEIRA FTL 50m: 35.90 35.90	M	208231	05	Natacao de Valongo 38.82	1:14.72	217	
28.	Francisco Gabriel, MENDES FTL 50m: 36.49 36.49	M	131084	05	Foca 38.78	1:15.27	212	
29.	Joao Pedro, SEIXAS FTL 50m: 36.63 36.63	M	127821	05	Natacao da Maia 38.93	1:15.56	210	
30.	Miguel Carvalho, SOUTO FTL 50m: 38.10 38.10	M	207654	05	Fluvial Portuense 40.08	1:18.18	189	
31.	Guilherme Jose, GONCALVES FTL 50m: 34.96 34.96	M	204670	05	Celorico Basto 43.90	1:18.86	185	
32.	Gabriel Goncalves, FERNANDES FTL 50m: 39.14 39.14	M	210128	05	Vitória Sport Clube 55.67	1:34.81	106	
DSQ	Nuno Goncalo, ALVES 404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4	M	203587	05	Amarantus			
DSQ	Nuno Miguel, SAMPAIO 404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4	M	127334	05	Foca			

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Prova 6, Masc., 100m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
WDR	Afonso Freitas, SANTOS	M	129726	05	Fluvial Portuense			
EXH	Pedro Henrique, COSTA FTL	M	207829	06	Fluvial Portuense	1:13.65	227	
	50m:		35.13		35.13			
	100m:		1:13.65		38.52			

Prova 7

09/03/2019 - 11:15

Femin., 4 x 200m Livres

CLINICA MEDICA DA FOZ

Infantis

Resultados

Rec Nac 25m Absoluto	8:08.99	Sport Alges e Dafundo	SAD	Algés	24/11/2018
Rec Nac 25m Inf A	9:05.75	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Viseu	11/03/2011
Rec Nac 25m Inf	9:05.75	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Viseu	11/03/2011
Rec Nac 25m Inf B	9:32.41	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Ponte da Barca	05/03/2010
Recorde Regional 25m Absoluto	8:14.13	Sara Oliveira, Sara Loureiro, Joana FCP	Prigues, Porto	Marinho	05/12/2010
Recorde Regional 25m Inf A	9:05.75	Ana Costa, Graca Araujo, Barbara	GDNVNFs, Viseu	na Jardim	02/03/2012
Recorde Regional 25m Inf	9:05.75	Tempo Limite			
Recorde Regional 25m Inf B	9:28.71	Alexandra Jorge, Patricia Areosa, JCFP	3 Soutinho, Catarina Brandao		01/01/1988

Pontos: FINA 2018

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B							
1. Associacao Tubaroos de Gaia 1	F			Associacao Tubaroos de Gaia	11:05.04	315	
Joana Navega, TEIXEIRA		07	+1.08	36.11	1:14.71	1:55.18	2:35.20
Patricia Alexandra, SILVA		07	+0.78	40.04	1:25.36	2:12.12	2:54.28
Lara Catarina, VIEIRA		07	+0.98	40.85	1:26.55	2:13.90	2:59.49
Sofia Alexandra, CARVALHO		07	+0.77	33.72	1:14.07	1:57.05	2:36.07
2. Fluvial Portuense 2	F			Fluvial Portuense	11:16.23	300	
Maria Leonor, MOREIRA		07	+0.80	35.89	1:17.46	2:01.09	2:43.25
Mariana Pinto, CARVALHO		07	+0.84	41.10	1:29.80	2:19.85	3:06.85
Laura Jesus, MENDES		07		36.10	1:16.73	1:59.65	2:41.45
Mafalda Guimaraes, REBELO		07		38.05	1:20.20	2:03.05	2:44.68
3. Vilacondense 1	F			Vilacondense	12:04.38	244	
Iara Herdeiro, OLIVEIRA		07	+0.93	36.67	1:20.63	2:05.95	2:49.37
Maria Francisca, BERNARDO		07	+0.31	38.54	1:23.13	2:09.31	2:54.87
Diana Vieira, SANTOS		07		43.10	1:33.19	2:24.97	3:15.03
Ariana Figueiredo, SOARES		07		41.60	1:29.74	2:18.55	3:05.11

Infantis A

1. Porto 1	F			Porto	9:51.45	448	
Beatriz Carvalho, HERMOSA		06	+1.00	33.75	1:10.75	1:48.06	2:25.80
Leonor Filipa, PINTO		06	+0.25	32.42	1:07.81	1:44.95	2:22.05
Catarina Gaspar, PIRES		06	+0.19	32.57	1:08.67	1:45.98	2:22.22
Sophia Szrek, PEREIRA		06	+0.69	36.87	1:17.39	1:59.70	2:41.38
2. Fluvial Portuense 1	F			Fluvial Portuense	9:59.73	430	
Ines Aires, NOGUEIRA		06	+0.93	33.08	1:09.88	1:47.26	2:22.53
Ema Monteiro, RIBAS		06	+0.63	35.16	1:12.94	1:52.10	2:30.44
Telma Ferreira, CUNHA		06	+0.61	36.74	1:17.11	1:59.15	2:40.33
Joana Filipa, PINTO		06	+0.43	34.38	1:11.89	1:49.69	2:26.43
3. Foca 1	F			Foca	10:05.93	417	
Regina Correia, NOVAIS		06	+0.95	34.27	1:13.03	1:52.85	2:31.95
Gabriela Ferreira, NEVES		06	+0.49	34.24	1:13.28	1:53.80	2:32.33
Ana Rita, MARTINS		06	+0.50	34.21	1:13.56	1:53.09	2:32.46
Maria Joao, FERREIRA		06	+0.48	33.07	1:10.94	1:50.42	2:29.19
4. Leixoes Sport Club 1	F			Leixoes Sport Club	10:10.26	408	
Ana Luisa, GOUVEIA		06	+0.91	33.01	1:09.28	1:47.45	2:23.91
Ana Martim, FERREIRA		06	+0.56	35.25	1:15.23	1:55.61	2:35.42
Maria Beatriz, GOMES		06	+0.36	37.79	1:20.45	2:04.67	2:46.91
Daniela Alexandra, COSTA		06	+0.68	31.11	1:07.38	1:45.87	2:24.02

O Secretário do Juri

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Prova 7, Femin., 4 x 200m Livres, Infantis A

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
5. Aquatico Pacense 1	F			Aquatico Pacense	10:17.46	394	
Ines Francisca, LEAL		06	+1.01	37.08	1:16.58	1:56.48	2:35.72
Lara Gomes, NETO		06	+0.58	21.57	1:12.56	1:52.43	2:30.54
Bebiana Filipa, BARBOSA		06	+0.47	37.20	1:18.33	2:02.38	2:43.65
Ines Gomes, MENDES		06	0.00	33.81	1:12.73	1:50.62	2:27.55
6. Vitória Sport Clube 1	F			Vitória Sport Clube	10:24.49	381	
Carina, CHYZH		06	+0.80	37.14	1:19.46	2:03.91	2:48.25
Maria Luis, CAMPOS		06	+0.39	36.92	1:18.30	2:01.23	2:43.32
Lia Beatriz, GOMES		06	+0.41	31.22	1:06.44	1:43.54	2:19.09
Maria Joao, MAGALHAES		06	+0.75	34.72	1:12.99	1:53.52	2:33.83

Prova 8 Masc., 4 x 200m Livres Infantis
09/03/2019 - 11:40 TURBO Resultados

Rec Nac 25m Absoluto	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	22/12/2018
Rec Nac 25m Inf A	8:18.74	Ass. Desp. Bairro dos Anjos /BOMCDBA		Caldas da Rainha	08/07/2018
Rec Nac 25m Inf B	8:18.74	Ass. Desp. Bairro dos Anjos /BOMCdbba		Caldas da Rainha	08/07/2018
Rec Nac 25m Inf B	8:56.37	Ass. Desp. Bairro dos Anjos /BOMCDBA		Leiria	25/06/2017
Recorde Regional 25m Absoluto	7:18.39	Jorge Maia, Diogo Carneiro, Paulo /GDNVNF	Fiis S. Antonio Cavaleiros		20/12/2009
Recorde Regional 25m Inf A	8:19.63	Jose Freitas, Joao Tinoco, Miguel S	GDNVNFgcPacos de Ferreira		08/03/2014
Recorde Regional 25m Inf	8:19.63	Jose P. Freitas, Joao P. Tinoco, Mig	GDNVNFntPacos de Ferreira;		08/03/2014
Recorde Regional 25m Inf B	8:58.91	Miguel Santos, Daniel Silva, Hugo	MGDNVNFgePortoachado		15/03/2013

Pontos: FINA 2018

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1. Famalicao 2	M			Famalicao	9:46.74	338	
Tomas Mendes, COSTA		06	+0.94	34.66	1:12.41	1:49.82	2:25.52
Rodriao Ferreira, PEREIRA		06	+0.68	32.41	1:09.31	1:46.04	2:23.54
Tiago Carvalho, FERREIRA		06		34.73	1:14.03	1:55.67	2:37.17
Francisco Araujo, SILVA		06	+0.55	31.02	1:07.92	1:45.26	2:20.51
2. Porto 2	M			Porto	10:05.91	307	
Rui Miguel, SANTOS		06	+1.00	33.29	1:12.61	1:52.00	2:28.23
Vasco Monteiro, CASTRO		06	+0.61	33.02	1:11.23	1:51.04	2:30.31
Gustavo Gomes, RAMOS		06	+0.62	35.33	1:15.89	1:56.32	2:36.78
Bruno Silva, LOUREIRO		06	+0.64	33.79	1:12.62	1:52.40	2:30.59
3. Leixoes Sport Club 1	M			Leixoes Sport Club	10:33.73	268	
Goncalo Sa, MAGALHAES		06	+0.74	33.94	1:11.61	1:50.64	2:28.74
Tiago Marques, PEREIRA		06	+0.55	34.22	1:14.19	1:54.95	2:33.96
Afonso Magalhaes, CABRAL		06	+0.70	36.05	1:17.94	2:02.37	2:44.68
Pedro Santos, PEREIRA		06	+0.61	37.65	1:21.11	2:05.78	2:46.35
4. Vilacondense 1	M			Vilacondense	10:55.12	243	
Afonso Azevedo, PACHECO		06	+0.87	36.44	1:18.09	2:01.30	2:42.44
Francisco Barbosa, SILVA		06	+0.61	33.23	1:12.63	1:54.45	2:35.08
Guilherme Ramos, SILVA		06	+0.93	38.37	1:23.62	2:08.57	2:51.53
Pedro Roque, IGREJA		06	+0.74	37.35	1:19.95	2:03.16	2:46.07

Infantis A

1. Famalicao 1	M			Famalicao	9:11.81	407	
Afonso Carvalho, SILVA		05		28.93	1:01.40	1:34.94	2:08.12
Alexandre Sousa, FERREIRA		05	+0.45	31.00	1:06.10	1:42.08	2:14.82
Tiago Pereira, CARDOSO		05	+0.66	32.65	1:10.04	1:49.10	2:26.83
Guilherme Coutinho, CASTRO		05	+0.86	33.07	1:08.77	1:45.39	2:22.04
2. Porto 1	M			Porto	9:26.48	376	
Eduardo Costa, SILVA		05	+0.96	32.03	1:13.69	1:50.20	2:25.04
Rodrigo Barroso, PINTO		05	+0.56	30.27	1:05.35	1:41.07	2:16.46
Goncalo Manuel, SILVA		05	+0.58	31.41	1:07.06	1:42.89	2:17.59
Joao Carlos, GUERRA		05	+1.05	33.52	1:11.34	1:50.28	2:27.39
3. Foca 1	M			Foca	9:31.99	365	
Diogo Miguel, VENTURA		05	+0.84	32.63	1:09.31	1:46.17	2:21.41
Tiago Ventura, MARTINS		05	+0.33	31.70	1:07.49	1:45.15	2:22.89
Guilherme Jesus, CARVALHO		05	+0.41	32.41	1:09.89	1:47.20	2:24.13
Afonso Teixeira, LOPES		05	+0.21	32.88	1:10.15	1:47.26	2:23.56

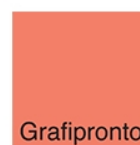
O Secretário do Juri

O Juiz Árbitro

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Prova 8, Masc., 4 x 200m Livres, Infantis A

Lugar	Sexo	Licen�a	Ano	Clube	Tempo Final			Pts	Obs
4. Fluvial Portuense 1	M			Fluvial Portuense	9:42.23			346	
Vasco Soares, ALVES		05	+0,86	32.45	1:09.51	1:48.43	2:25.56	2:25.56	
Tiago Lemos, SILVA		05	+0,26	34.64	1:13.89	1:55.24	2:31.99	2:31.99	
Hugo Gabriel, MARTINS		05	+0,45	33.99	1:13.00	1:52.91	2:32.33	2:32.33	
Vasco Goncalves, CUNHA		05	+0,56	30.67	1:04.73	1:39.38	2:12.35	2:12.35	
5. Aquatico Pacense 1	M			Aquatico Pacense	9:52.21			329	
Henrique Rocha, CARNEIRO		05	+1,05	35.02	1:11.92	1:49.56	2:25.70	2:25.70	
Eduardo Alexandre, CORREIA		05	+0,59	32.54	1:09.04	1:44.70	2:20.49	2:20.49	
Ruben Leal, LIMA		05	+0,45	34.77	1:13.28	1:52.79	2:31.95	2:31.95	
Joao Goncalo, LEAO		05	+0,27	35.42	1:14.27	1:55.53	2:34.07	2:34.07	
6. Vit�ria Sport Clube 1	M			Vit�ria Sport Clube	11:50.59			190	
Rodrigo Fernandes, RODRIGUES		05	+0,69	31.47	1:08.20	1:45.17	2:20.91	2:20.91	
Rodolfo Sim�o, MATEUS		05	+0,34	35.50	1:15.35	1:57.63	2:37.55	2:37.55	
Andre Dinis, OLIVEIRA		05	+0,91	39.77	1:26.45	2:16.80	3:06.00	3:06.00	
Gabriel Goncalves, FERNANDES		05	+0,09	41.87	1:42.39	2:45.67	3:46.13	3:46.13	
EXH Fluvial Portuense 2	M			Fluvial Portuense	11:12.90			224	
Eduardo Pacheco, CUNHA		06	+0,92	34.05	1:12.99	1:51.17	2:27.64	2:27.64	
Miguel Cunha, GOMES		06	+0,44	41.05	1:27.16	2:13.49	2:58.34	2:58.34	
Diogo Moura, FONSECA		06	+0,70	40.17	1:27.61	2:16.69	3:03.45	3:03.45	
Pedro Henrique, COSTA		06	+0,71	36.91	1:18.01	2:00.89	2:43.47	2:43.47	

2 - 1  Jornada - 2  Sess o

09/03/2019 - 15:30

Prova 9	Masc., 1500m Livres				Infantis	
09/03/2019 - 15:30	CLINICA MEDICA DA FOZ				Resultados	
Rec Nac 25m Absoluto	14:58.18	Jose Paulo, LOPES	SCB	Felgueiras	23/12/2018	
Rec Nac 25m Inf A	16:13.14	Andre Vilas, RUIVO	DNMG	Campo Maior	30/03/2014	
Rec Nac 25m Inf B	17:11.29	Andre Vilas, RUIVO	DNMG	Leiria	03/03/2013	
Recorde Regional 25m Absoluto	15:04.78	Fernando Eurico, COSTA	FPN	Trieste (ITA)	10/12/2005	
Recorde Regional 25m Inf A	16:37.60	Rui Paulo, BORGES	FCP	Antas	12/04/1981	
Recorde Regional 25m Inf B	17:20.10	Rui Paulo, BORGES	FCP	Antas	13/07/1980	
Infantis B Masc Inf B: 22:08.80 / Infantis A Masc Inf A: 21:18.20						

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final			Pts	Obs
Infantis B										
1.	Joao Nogueira, RIBEIRO	M	131259	06	Assoc. Desportiva de Fafe	19:26.96			383	
	50m: 34.50		34.50	450m: 5:46.11	39.26	850m: 10:58.25	39.27	1250m: 16:14.46	39.37	
	100m: 1:12.16		37.66	500m: 6:25.20	39.09	900m: 11:37.31	39.06	1300m: 16:54.13	39.67	
	150m: 1:50.87		38.71	550m: 7:03.78	38.58	950m: 12:17.06	39.75	1350m: 17:33.99	39.86	
	200m: 2:29.56		38.69	600m: 7:43.19	39.41	1000m: 12:56.27	39.21	1400m: 18:13.39	39.40	
	250m: 3:09.19		39.63	650m: 8:22.06	38.87	1050m: 13:35.85	39.58	1450m: 18:52.03	38.64	
	300m: 3:49.02		39.83	700m: 9:00.92	38.86	1100m: 14:15.34	39.49	1500m: 19:26.96	34.93	
	350m: 4:28.21		39.19	750m: 9:39.96	39.04	1150m: 14:55.00	39.66			
	400m: 5:06.85		38.64	800m: 10:18.98	39.02	1200m: 15:35.09	40.09			
2.	Rui Miguel, SANTOS	M	204083	06	Porto	19:36.49			374	
	50m: 35.17		35.17	450m: 5:47.39	39.79	850m: 10:59.48	39.36	1250m: 16:18.52	40.66	
	100m: 1:13.83		38.66	500m: 6:26.00	38.61	900m: 11:39.78	40.30	1300m: 16:57.40	38.88	
	150m: 1:52.86		39.03	550m: 7:04.77	38.77	950m: 12:19.07	39.29	1350m: 17:38.10	40.70	
	200m: 2:32.16		39.30	600m: 7:43.50	38.73	1000m: 12:59.35	40.28	1400m: 18:18.72	40.62	
	250m: 3:11.53		39.37	650m: 8:22.65	39.15	1050m: 13:39.28	39.93	1450m: 18:59.03	40.31	
	300m: 3:50.20		38.67	700m: 9:01.43	38.78	1100m: 14:18.49	39.21	1500m: 19:36.49	37.46	
	350m: 4:28.80		38.60	750m: 9:40.89	39.46	1150m: 14:58.23	39.74			
	400m: 5:07.60		38.80	800m: 10:20.12	39.23	1200m: 15:37.86	39.63			

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10/03/2019 18:20 - P gina 19



Prova 9, Masc., 1500m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
3.	Tomas Mendes, COSTA	M	132343	06	Famalicao	19:41.95	369	
	50m: 35.32 35.32	450m: 5:49.62 39.55	850m: 11:06.46 39.38	1250m: 16:25.55 39.46				
	100m: 1:13.87 38.55	500m: 6:29.19 39.57	900m: 11:46.30 39.84	1300m: 17:06.04 40.49				
	150m: 1:53.28 39.41	550m: 7:08.65 39.46	950m: 12:26.34 40.04	1350m: 17:45.41 39.37				
	200m: 2:32.64 39.36	600m: 7:48.42 39.77	1000m: 13:06.04 39.70	1400m: 18:25.34 39.93				
	250m: 3:11.64 39.00	650m: 8:27.93 39.51	1050m: 13:45.79 39.75	1450m: 19:05.08 39.74				
	300m: 3:51.16 39.52	700m: 9:07.41 39.48	1100m: 14:25.82 40.03	1500m: 19:41.95 36.87				
	350m: 4:30.81 39.65	750m: 9:47.65 40.24	1150m: 15:05.70 39.88					
	400m: 5:10.07 39.26	800m: 10:27.08 39.43	1200m: 15:46.09 40.39					
4.	Vasco Monteiro, CASTRO	M	202720	06	Porto	20:21.35	334	
	50m: 34.57 34.57	450m: 5:54.34 41.18	850m: 11:22.92 41.44	1250m: 16:55.37 41.79				
	100m: 1:12.88 38.31	500m: 6:35.18 40.84	900m: 12:04.75 41.83	1300m: 17:37.31 41.94				
	150m: 1:52.51 39.63	550m: 7:16.52 41.34	950m: 12:46.30 41.55	1350m: 18:20.00 42.69				
	200m: 2:32.08 39.57	600m: 7:57.06 40.54	1000m: 13:27.62 41.32	1400m: 19:00.74 40.74				
	250m: 3:12.03 39.95	650m: 8:38.67 41.61	1050m: 14:08.53 40.91	1450m: 19:42.47 41.73				
	300m: 3:52.31 40.28	700m: 9:19.11 40.44	1100m: 14:50.56 42.03	1500m: 20:21.35 38.88				
	350m: 4:33.20 40.89	750m: 10:00.64 41.53	1150m: 15:31.80 41.24					
	400m: 5:13.16 39.96	800m: 10:41.48 40.84	1200m: 16:13.58 41.78					
5.	Bruno Silva, LOUREIRO	M	129872	06	Porto	20:31.18	326	
	50m: 38.16 38.16	450m: 6:00.79 40.37	850m: 11:31.85 41.21	1250m: 17:01.87 41.82				
	100m: 1:17.97 39.81	500m: 6:41.21 40.42	900m: 12:12.97 41.12	1300m: 17:44.60 42.73				
	150m: 1:58.68 40.71	550m: 7:22.59 41.38	950m: 12:54.09 41.12	1350m: 18:26.61 42.01				
	200m: 2:40.11 41.43	600m: 8:04.42 41.83	1000m: 13:35.36 41.27	1400m: 19:09.30 42.69				
	250m: 3:20.62 40.51	650m: 8:45.83 41.41	1050m: 14:16.85 41.49	1450m: 19:50.71 41.41				
	300m: 4:01.23 40.61	700m: 9:28.12 42.29	1100m: 14:58.23 41.38	1500m: 20:31.18 40.47				
	350m: 4:40.54 39.31	750m: 10:09.07 40.95	1150m: 15:39.11 40.88					
	400m: 5:20.42 39.88	800m: 10:50.64 41.57	1200m: 16:20.05 40.94					
6.	Joao Carlos, BARROS	M	200357	06	Associacao Tubaroes de Gaia	20:52.89	310	
	50m: 37.53 37.53	450m: 6:02.99 42.18	850m: 11:42.15 42.45	1250m: 17:25.83 43.08				
	100m: 1:17.38 39.85	500m: 6:44.90 41.91	900m: 12:25.52 43.37	1300m: 18:08.33 42.50				
	150m: 1:57.49 40.11	550m: 7:27.36 42.46	950m: 13:08.57 43.05	1350m: 18:50.15 41.82				
	200m: 2:37.45 39.96	600m: 8:10.00 42.64	1000m: 13:51.50 42.93	1400m: 19:30.12 39.97				
	250m: 3:18.36 40.91	650m: 8:52.98 42.98	1050m: 14:34.53 43.03	1450m: 20:11.84 41.72				
	300m: 3:59.37 41.01	700m: 9:35.16 42.18	1100m: 15:17.89 43.36	1500m: 20:52.89 41.05				
	350m: 4:39.93 40.56	750m: 10:17.66 42.50	1150m: 16:00.10 42.21					
	400m: 5:20.81 40.88	800m: 10:59.70 42.04	1200m: 16:42.75 42.65					
7.	Francisco Manuel, SAMPAIO	M	128714	06	Foca	20:54.79	308	
	50m: 39.12 39.12	450m: 6:10.80 41.81	850m: 11:48.50 42.23	1250m: 17:27.93 42.59				
	100m: 1:20.70 41.58	500m: 6:52.99 42.19	900m: 12:30.78 42.28	1300m: 18:10.71 42.78				
	150m: 2:02.41 41.71	550m: 7:34.89 41.90	950m: 13:12.59 41.81	1350m: 18:53.04 42.33				
	200m: 2:43.73 41.32	600m: 8:17.25 42.36	1000m: 13:54.91 42.32	1400m: 19:35.72 42.68				
	250m: 3:24.83 41.10	650m: 8:59.44 42.19	1050m: 14:37.29 42.38	1450m: 20:16.89 41.17				
	300m: 4:05.72 40.89	700m: 9:41.14 41.70	1100m: 15:20.39 43.10	1500m: 20:54.79 37.90				
	350m: 4:47.15 41.43	750m: 10:23.53 42.39	1150m: 16:02.94 42.55					
	400m: 5:28.99 41.84	800m: 11:06.27 42.74	1200m: 16:45.34 42.40					
8.	Jose Pedro, CARNEIRO	M	201823	06	Natacao de Valongo	21:09.38	298	
	50m: 36.45 36.45	450m: 6:10.07 43.24	850m: 11:49.57 42.74	1250m: 17:33.43 43.83				
	100m: 1:16.31 39.86	500m: 6:52.45 42.38	900m: 12:30.83 41.26	1300m: 18:17.64 44.21				
	150m: 1:56.77 40.46	550m: 7:35.51 43.06	950m: 13:14.15 43.32	1350m: 19:01.54 43.90				
	200m: 2:38.14 41.37	600m: 8:17.07 41.56	1000m: 13:56.25 42.10	1400m: 19:45.03 43.49				
	250m: 3:19.53 41.39	650m: 8:59.33 42.26	1050m: 14:39.09 42.84	1450m: 20:27.57 42.54				
	300m: 4:01.79 42.26	700m: 9:41.83 42.50	1100m: 15:22.19 43.10	1500m: 21:09.38 41.81				
	350m: 4:43.96 42.17	750m: 10:23.40 41.57	1150m: 16:06.55 44.36					
	400m: 5:28.83 42.87	800m: 11:06.83 43.43	1200m: 16:49.60 43.05					

Infantis A

1.	Alexandre Sousa, FERREIRA	M	132325	05	Famalicao	18:10.25	470	
	50m: 32.63 32.63	450m: 5:26.65 37.23	850m: 10:18.28 36.99	1250m: 15:11.19 36.46				
	100m: 1:08.53 35.90	500m: 6:03.14 36.49	900m: 10:55.15 36.87	1300m: 15:47.60 36.41				
	150m: 1:45.16 36.63	550m: 6:39.89 36.75	950m: 11:32.00 36.85	1350m: 16:23.77 36.17				
	200m: 2:21.88 36.72	600m: 7:16.94 37.05	1000m: 12:08.12 36.12	1400m: 16:59.77 36.00				
	250m: 2:58.86 36.98	650m: 7:53.52 36.58	1050m: 12:44.68 36.56	1450m: 17:36.21 36.44				
	300m: 3:35.58 36.72	700m: 8:28.86 35.34	1100m: 13:21.41 36.73	1500m: 18:10.25 34.04				
	350m: 4:12.59 37.01	750m: 9:04.90 36.04	1150m: 13:58.00 36.59					
	400m: 4:49.42 36.83	800m: 9:41.29 36.39	1200m: 14:34.73 36.73					
2.	Alexandre Ramos, GONCALVES	M	128601	05	Colegio SMLamas	18:16.80	462	
	50m: 31.88 31.88	450m: 5:25.83 37.97	850m: 10:18.73 37.23	1250m: 15:15.96 37.58				
	100m: 1:06.87 34.99	500m: 6:01.90 36.07	900m: 10:55.79 37.06	1300m: 15:51.60 35.64				
	150m: 1:43.08 36.21	550m: 6:38.74 36.84	950m: 11:32.80 37.01	1350m: 16:27.83 36.23				
	200m: 2:20.03 36.95	600m: 7:15.65 36.91	1000m: 12:09.13 36.33	1400m: 17:05.35 37.52				
	250m: 2:56.86 36.83	650m: 7:51.72 36.07	1050m: 12:46.65 37.52	1450m: 17:42.08 36.73				
	300m: 3:34.12 37.26	700m: 8:28.17 36.45	1100m: 13:23.64 36.99	1500m: 18:16.80 34.72				
	350m: 4:11.48 37.36	750m: 9:04.76 36.59	1150m: 14:01.19 37.55					
	400m: 4:47.86 36.38	800m: 9:41.50 36.74	1200m: 14:38.38 37.19					

Prova 9, Masc., 1500m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
3.	Filipe Silva, RIBEIRO	M	132090	05	Leixoes Sport Club	18:19.85	458	
	50m: 30.60 30.60	450m: 5:24.74 36.40	850m: 10:19.82 37.25	1250m: 15:20.27 37.10				
	100m: 1:06.99 36.39	500m: 6:01.95 37.21	900m: 10:57.08 37.26	1300m: 15:57.42 37.15				
	150m: 1:44.12 37.13	550m: 6:38.84 36.89	950m: 11:34.38 37.30	1350m: 16:34.56 37.14				
	200m: 2:21.03 36.91	600m: 7:15.46 36.62	1000m: 12:11.80 37.42	1400m: 17:10.84 36.28				
	250m: 2:57.61 36.58	650m: 7:52.00 36.54	1050m: 12:49.78 37.98	1450m: 17:46.36 35.52				
	300m: 3:34.22 36.61	700m: 8:28.93 36.93	1100m: 13:27.38 37.60	1500m: 18:19.85 33.49				
	350m: 4:11.47 37.25	750m: 9:05.99 37.06	1150m: 14:05.14 37.76					
	400m: 4:48.34 36.87	800m: 9:42.57 36.58	1200m: 14:43.17 38.03					
4.	Jose Luis, GONCALVES	M	131849	05	Assoc. Desportiva de Fafe	18:20.57	457	
	50m: 31.34 31.34	450m: 5:22.67 37.24	850m: 10:18.56 36.57	1250m: 15:15.33 37.33				
	100m: 1:06.43 35.09	500m: 5:59.77 37.10	900m: 10:54.64 36.08	1300m: 15:53.02 37.69				
	150m: 1:42.91 36.48	550m: 6:37.36 37.59	950m: 11:31.81 37.17	1350m: 16:30.84 37.82				
	200m: 2:18.52 35.61	600m: 7:14.50 37.14	1000m: 12:08.15 36.34	1400m: 17:08.81 37.97				
	250m: 2:55.07 36.55	650m: 7:51.13 36.63	1050m: 12:45.13 36.98	1450m: 17:46.16 37.35				
	300m: 3:31.86 36.79	700m: 8:28.01 36.88	1100m: 13:21.97 36.84	1500m: 18:20.57 34.41				
	350m: 4:08.54 36.68	750m: 9:05.11 37.10	1150m: 13:59.47 37.50					
	400m: 4:45.43 36.89	800m: 9:41.99 36.88	1200m: 14:38.00 38.53					
5.	Tomas Carvalhinho, RIBEIRO	M	131799	05	Natacao da Maia	18:46.42	426	
	50m: 33.63 33.63	450m: 5:34.97 37.88	850m: 10:37.21 37.76	1250m: 15:40.56 38.06				
	100m: 1:10.29 36.66	500m: 6:12.76 37.79	900m: 11:14.97 37.76	1300m: 16:18.16 37.60				
	150m: 1:47.74 37.45	550m: 6:50.54 37.78	950m: 11:52.79 37.82	1350m: 16:55.63 37.47				
	200m: 2:25.65 37.91	600m: 7:28.56 38.02	1000m: 12:30.79 38.00	1400m: 17:33.21 37.58				
	250m: 3:03.33 37.68	650m: 8:06.31 37.75	1050m: 13:08.26 37.47	1450m: 18:10.15 36.94				
	300m: 3:41.35 38.02	700m: 8:44.17 37.86	1100m: 13:46.25 37.99	1500m: 18:46.42 36.27				
	350m: 4:19.06 37.71	750m: 9:21.94 37.77	1150m: 14:24.53 38.28					
	400m: 4:57.09 38.03	800m: 9:59.45 37.51	1200m: 15:02.50 37.97					
6.	Eduardo Costa, SILVA	M	129731	05	Porto	18:49.55	423	
	50m: 33.33 33.33	450m: 5:34.98 37.54	850m: 10:36.71 37.83	1250m: 15:41.17 38.14				
	100m: 1:10.18 36.85	500m: 6:12.74 37.76	900m: 11:15.02 38.31	1300m: 16:19.09 37.92				
	150m: 1:48.48 38.30	550m: 6:50.72 37.98	950m: 11:53.17 38.15	1350m: 16:57.09 38.00				
	200m: 2:25.99 37.51	600m: 7:28.43 37.71	1000m: 12:31.13 37.96	1400m: 17:35.31 38.22				
	250m: 3:04.14 38.15	650m: 8:06.08 37.65	1050m: 13:08.74 37.61	1450m: 18:13.33 38.02				
	300m: 3:42.12 37.98	700m: 8:43.91 37.83	1100m: 13:46.76 38.02	1500m: 18:49.55 36.22				
	350m: 4:20.06 37.94	750m: 9:21.32 37.41	1150m: 14:24.85 38.09					
	400m: 4:57.44 37.38	800m: 9:58.88 37.56	1200m: 15:03.03 38.18					
7.	Vasco Goncalves, NETO	M	129739	05	Porto	19:02.28	409	
	50m: 33.78 33.78	450m: 5:38.03 37.50	850m: 10:46.83 39.01	1250m: 15:53.40 37.71				
	100m: 1:12.65 38.87	500m: 6:16.47 38.44	900m: 11:25.35 38.52	1300m: 16:31.71 38.31				
	150m: 1:51.40 38.75	550m: 6:54.41 37.94	950m: 12:04.64 39.29	1350m: 17:10.63 38.92				
	200m: 2:29.15 37.75	600m: 7:32.38 37.97	1000m: 12:42.74 38.10	1400m: 17:48.55 37.92				
	250m: 3:06.90 37.75	650m: 8:11.24 38.86	1050m: 13:20.90 38.16	1450m: 18:26.72 38.17				
	300m: 3:44.54 37.64	700m: 8:50.37 39.13	1100m: 13:58.99 38.09	1500m: 19:02.28 35.56				
	350m: 4:22.43 37.89	750m: 9:29.00 38.63	1150m: 14:37.24 38.25					
	400m: 5:00.53 38.10	800m: 10:07.82 38.82	1200m: 15:15.69 38.45					
8.	Rodrigo Fernandes, RODRIGUES	M	130118	05	Vitória Sport Clube	19:04.38	406	
	50m: 31.51 31.51	450m: 5:30.46 38.30	850m: 10:41.61 39.32	1250m: 15:54.07 38.42				
	100m: 1:07.10 35.59	500m: 6:08.88 38.42	900m: 11:20.54 38.93	1300m: 16:32.86 38.79				
	150m: 1:43.87 36.77	550m: 6:47.53 38.65	950m: 11:59.60 39.06	1350m: 17:11.51 38.65				
	200m: 2:20.92 37.05	600m: 7:26.53 39.00	1000m: 12:39.29 39.69	1400m: 17:50.28 38.77				
	250m: 2:58.54 37.62	650m: 8:05.20 38.67	1050m: 13:18.31 39.02	1450m: 18:28.17 37.89				
	300m: 3:35.89 37.35	700m: 8:44.16 38.96	1100m: 13:57.50 39.19	1500m: 19:04.38 36.21				
	350m: 4:13.87 37.98	750m: 9:23.11 38.95	1150m: 14:36.58 39.08					
	400m: 4:52.16 38.29	800m: 10:02.29 39.18	1200m: 15:15.65 39.07					
9.	Diogo Miguel, VENTURA	M	132730	05	Foca	19:09.12	401	
	50m: 34.29 34.29	450m: 5:41.64 38.66	850m: 10:52.33 39.18	1250m: 16:00.12 38.45				
	100m: 1:12.52 38.23	500m: 6:20.29 38.65	900m: 11:31.01 38.68	1300m: 16:38.66 38.54				
	150m: 1:50.68 38.16	550m: 6:59.09 38.80	950m: 12:09.33 38.32	1350m: 17:17.03 38.37				
	200m: 2:29.41 38.73	600m: 7:37.94 38.85	1000m: 12:47.64 38.31	1400m: 17:55.24 38.21				
	250m: 3:07.79 38.38	650m: 8:16.79 38.85	1050m: 13:26.23 38.59	1450m: 18:33.36 38.12				
	300m: 3:46.10 38.31	700m: 8:55.49 38.70	1100m: 14:04.84 38.61	1500m: 19:09.12 35.76				
	350m: 4:24.65 38.55	750m: 9:34.43 38.94	1150m: 14:43.15 38.31					
	400m: 5:02.98 38.33	800m: 10:13.15 38.72	1200m: 15:21.67 38.52					
10.	Tiago Ventura, MARTINS	M	131134	05	Foca	19:11.57	399	
	50m: 34.50 34.50	450m: 5:41.68 38.79	850m: 10:52.34 39.02	1250m: 16:01.29 38.55				
	100m: 1:12.06 37.56	500m: 6:20.18 38.50	900m: 11:31.41 39.07	1300m: 16:39.70 38.41				
	150m: 1:50.29 38.23	550m: 6:59.18 39.00	950m: 12:09.92 38.51	1350m: 17:18.39 38.69				
	200m: 2:28.93 38.64	600m: 7:38.03 38.85	1000m: 12:47.93 38.01	1400m: 17:56.48 38.09				
	250m: 3:07.44 38.51	650m: 8:16.90 38.87	1050m: 13:26.67 38.74	1450m: 18:34.77 38.29				
	300m: 3:45.62 38.18	700m: 8:55.68 38.78	1100m: 14:05.35 38.68	1500m: 19:11.57 36.80				
	350m: 4:24.40 38.78	750m: 9:34.39 38.71	1150m: 14:44.11 38.76					
	400m: 5:02.89 38.49	800m: 10:13.32 38.93	1200m: 15:22.74 38.63					

Prova 9, Masc., 1500m Livres, Inf ntis A

Lugar	Nome	Sexo	Licen�a	Ano	Clube					Tempo Final	Pts	Obs
11.	Afonso Martim, LEITE	M	127335	05	Foca					19:43.46	367	
	50m:	35.57	35.57	450m:	5:48.37	39.33	850m:	11:03.88	39.55	1250m:	16:22.68	40.45
	100m:	1:14.08	38.51	500m:	6:27.52	39.15	900m:	11:43.50	39.62	1300m:	17:03.29	40.61
	150m:	1:52.99	38.91	550m:	7:06.89	39.37	950m:	12:23.18	39.68	1350m:	17:43.91	40.62
	200m:	2:32.19	39.20	600m:	7:46.23	39.34	1000m:	13:02.90	39.72	1400m:	18:24.73	40.82
	250m:	3:11.41	39.22	650m:	8:25.46	39.23	1050m:	13:42.62	39.72	1450m:	19:05.14	40.41
	300m:	3:50.56	39.15	700m:	9:05.01	39.55	1100m:	14:22.23	39.61	1500m:	19:43.46	38.32
	350m:	4:29.64	39.08	750m:	9:44.60	39.59	1150m:	15:02.20	39.97			
	400m:	5:09.04	39.40	800m:	10:24.33	39.73	1200m:	15:42.23	40.03			
12.	Miguel Teixeira, LAFUENTE	M	129737	05	Porto					19:47.33	364	
	50m:	35.17	35.17	450m:	5:48.48	39.63	850m:	11:06.27	39.71	1250m:	16:28.24	40.69
	100m:	1:13.35	38.18	500m:	6:27.78	39.29	900m:	11:46.45	40.18	1300m:	17:08.80	40.56
	150m:	1:52.08	38.73	550m:	7:07.67	39.89	950m:	12:26.31	39.86	1350m:	17:49.56	40.76
	200m:	2:31.26	39.18	600m:	7:47.11	39.44	1000m:	13:06.32	40.01	1400m:	18:30.13	40.57
	250m:	3:10.10	38.84	650m:	8:27.39	40.28	1050m:	13:46.55	40.23	1450m:	19:11.41	41.28
	300m:	3:49.57	39.47	700m:	9:06.92	39.53	1100m:	14:26.81	40.26	1500m:	19:47.33	35.92
	350m:	4:28.71	39.14	750m:	9:46.54	39.62	1150m:	15:06.84	40.03			
	400m:	5:08.86	40.15	800m:	10:26.56	40.02	1200m:	15:47.55	40.71			
13.	Vasco Goncalves, CUNHA	M	127202	05	Fluvial Portuense					19:47.34	364	
	50m:	33.90	33.90	450m:	5:43.85	39.72	850m:	11:03.02	40.20	1250m:	16:27.37	41.13
	100m:	1:11.14	37.24	500m:	6:22.93	39.08	900m:	11:43.30	40.28	1300m:	17:07.99	40.62
	150m:	1:49.06	37.92	550m:	7:02.29	39.36	950m:	12:23.57	40.27	1350m:	17:48.73	40.74
	200m:	2:27.35	38.29	600m:	7:42.54	40.25	1000m:	13:04.07	40.50	1400m:	18:29.13	40.40
	250m:	3:06.05	38.70	650m:	8:22.41	39.87	1050m:	13:44.63	40.56	1450m:	19:08.92	39.79
	300m:	3:45.16	39.11	700m:	9:02.18	39.77	1100m:	14:25.17	40.54	1500m:	19:47.34	38.42
	350m:	4:24.81	39.65	750m:	9:42.51	40.33	1150m:	15:05.84	40.67			
	400m:	5:04.13	39.32	800m:	10:22.82	40.31	1200m:	15:46.24	40.40			
14.	Afonso Valente, FONSECA	M	200373	05	Associa�o Tubaroes de Gaia					20:56.51	307	
	50m:	36.31	36.31	450m:	6:08.75	42.52	850m:	11:47.46	42.63	1250m:	17:28.11	42.54
	100m:	1:16.75	40.44	500m:	6:51.03	42.28	900m:	12:29.68	42.22	1300m:	18:11.20	43.09
	150m:	1:57.84	41.09	550m:	7:32.77	41.74	950m:	13:12.88	43.20	1350m:	18:53.05	41.85
	200m:	2:38.89	41.05	600m:	8:14.51	41.74	1000m:	13:55.02	42.14	1400m:	19:35.24	42.19
	250m:	3:20.84	41.95	650m:	8:57.04	42.53	1050m:	14:37.21	42.19	1450m:	20:16.64	41.40
	300m:	4:02.64	41.80	700m:	9:39.61	42.57	1100m:	15:19.66	42.45	1500m:	20:56.51	39.87
	350m:	4:44.31	41.67	750m:	10:22.14	42.53	1150m:	16:02.70	43.04			
	400m:	5:26.23	41.92	800m:	11:04.83	42.69	1200m:	16:45.57	42.87			
15.	Hugo Gabriel, MARTINS FTL	M	201140	05	Fluvial Portuense					21:45.68	274	
	50m:	37.51	37.51	450m:	6:19.48	44.13	850m:	12:15.26	44.69	1250m:	18:08.34	45.06
	100m:	1:18.47	40.96	500m:	7:03.24	43.76	900m:	13:00.23	44.97	1300m:	18:52.74	44.40
	150m:	2:00.26	41.79	550m:	7:47.68	44.44	950m:	13:44.58	44.35	1350m:	19:37.27	44.53
	200m:	2:42.32	42.06	600m:	8:31.14	43.46	1000m:	14:28.66	44.08	1400m:	20:21.93	44.66
	250m:	3:25.33	43.01	650m:	9:16.08	44.94	1050m:	15:13.16	44.50	1450m:	21:05.44	43.51
	300m:	4:08.41	43.08	700m:	10:01.03	44.95	1100m:	15:56.87	43.71	1500m:	21:45.68	40.24
	350m:	4:51.69	43.28	750m:	10:45.83	44.80	1150m:	16:39.81	42.94			
	400m:	5:35.35	43.66	800m:	11:30.57	44.74	1200m:	17:23.28	43.47			

Prova 10		Femin., 400m Livres			Infantis
09/03/2019 - 16:40		TURBO			Resultados
Rec Nac 25m Absoluto	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17/12/2017
Rec Nac 25m Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Porto	19/07/1980
Rec Nac 25m Inf B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	13/06/2009
Recorde Regional 25m Absoluto	4:10.22	Diana Margarida, DURAES	FCP	Porto	12/12/2015
Recorde Regional 25m Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Antas	19/07/1980
Recorde Regional 25m Inf B	4:41.00	Alexandra Maria, SILVA	FCP	Funchal	29/07/1979
Infantis A Fem Inf A: 5:48.15 / Infantis B Fem Inf B: 6:05.20					

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
Infantis B											
1.	Barbara Sofia, GOMES	F	147188	07	Leixoes Sport Club	5:23.30				381	
	50m: 36.48 36.48	150m: 1:59.05	42.35	250m: 3:22.96	41.74	350m: 4:45.60	41.16				
	100m: 1:16.70 40.22	200m: 2:41.22	42.17	300m: 4:04.44	41.48	400m: 5:23.30	37.70				
2.	Mafalda Martins, MESQUITA	F	202805	07	Famalicao	5:25.46				374	
	50m: 37.26 37.26	150m: 2:00.94	42.38	250m: 3:24.62	41.59	350m: 4:46.79	40.41				
	100m: 1:18.56 41.30	200m: 2:43.03	42.09	300m: 4:06.38	41.76	400m: 5:25.46	38.67				
3.	Mafalda Gomes, TEIXEIRA	F	204698	07	Porto	5:33.64				347	
	50m: 36.35 36.35	150m: 1:58.60	41.91	250m: 3:24.26	43.30	350m: 4:51.20	43.18				
	100m: 1:16.69 40.34	200m: 2:40.96	42.36	300m: 4:08.02	43.76	400m: 5:33.64	42.44				
4.	Maria Leonor, MOREIRA	F	200764	07	Fluvial Portuense	5:39.77				328	
	50m: 36.91 36.91	150m: 2:02.12	42.91	250m: 3:29.14	43.67	350m: 4:58.01	44.86				
	100m: 1:19.21 42.30	200m: 2:45.47	43.35	300m: 4:13.15	44.01	400m: 5:39.77	41.76				
5.	Laura Jesus, MENDES	F	202798	07	Fluvial Portuense	5:42.95				319	
	50m: 39.18 39.18	150m: 2:05.94	43.44	250m: 3:33.02	43.61	350m: 5:00.48	44.24				
	100m: 1:22.50 43.32	200m: 2:49.41	43.47	300m: 4:16.24	43.22	400m: 5:42.95	42.47				
6.	Filipa Silva, RODRIGUES	F	200208	07	Clube Naval Povoense	5:46.31				310	
	50m: 37.41 37.41	150m: 2:02.24	43.59	250m: 3:30.85	44.17	350m: 5:01.72	46.16				
	100m: 1:18.65 41.24	200m: 2:46.68	44.44	300m: 4:15.56	44.71	400m: 5:46.31	44.59				
7.	Iara Herdeiro, OLIVEIRA	F	202666	07	Vilacondense	5:55.67				286	
	50m: 39.90 39.90	150m: 2:10.07	45.61	250m: 3:41.82	45.28	350m: 5:13.89	46.02				
	100m: 1:24.46 44.56	200m: 2:56.54	46.47	300m: 4:27.87	46.05	400m: 5:55.67	41.78				
8.	Iara Clarisse, SOUSA	F	204410	07	Natacao de Valongo	6:24.61				226	
	FTL										
	50m: 43.90 43.90	150m: 2:21.37	49.00	250m: 4:00.14	49.48	350m: 5:38.10	48.54				
	100m: 1:32.37 48.47	200m: 3:10.66	49.29	300m: 4:49.56	49.42	400m: 6:24.61	46.51				
9.	Catarina Beatriz, PINTO	F	200808	07	Amarantus	6:32.93				212	
	FTL										
	50m: 42.68 42.68	150m: 2:22.09	50.21	250m: 4:03.79	50.70	350m: 5:42.35	48.09				
	100m: 1:31.88 49.20	200m: 3:13.09	51.00	300m: 4:54.26	50.47	400m: 6:32.93	50.58				
10.	Diana Vieira, SANTOS	F	205577	07	Vilacondense	6:41.66				199	
	FTL										
	50m: 44.09 44.09	150m: 2:25.08	51.54	250m: 4:07.93	51.15	350m: 5:51.53	51.72				
	100m: 1:33.54 49.45	200m: 3:16.78	51.70	300m: 4:59.81	51.88	400m: 6:41.66	50.13				

Infantis A

1.	Lia Beatriz, GOMES	F	200413	06	Vitória Sport Clube	4:49.12	533				
	50m: 33.29 33.29	150m: 1:46.33	36.49	250m: 3:00.21	37.08	350m: 4:13.67	36.72				
	100m: 1:09.84 36.55	200m: 2:23.13	36.80	300m: 3:36.95	36.74	400m: 4:49.12	35.45				
2.	Ines Aires, NOGUEIRA	F	203625	06	Fluvial Portuense	4:52.12	517				
	50m: 33.24 33.24	150m: 1:47.85	37.44	250m: 3:01.64	36.37	350m: 4:15.15	37.01				
	100m: 1:10.41 37.17	200m: 2:25.27	37.42	300m: 3:38.14	36.50	400m: 4:52.12	36.97				
3.	Leonor Filipa, PINTO	F	132842	06	Porto	4:56.03	497				
	50m: 34.78 34.78	150m: 1:49.46	37.57	250m: 3:04.98	37.75	350m: 4:20.01	37.34				
	100m: 1:11.89 37.11	200m: 2:27.23	37.77	300m: 3:42.67	37.69	400m: 4:56.03	36.02				
4.	Daniela Alexandra, COSTA	F	129441	06	Leixoes Sport Club	4:58.11	486				
	50m: 33.10 33.10	150m: 1:48.00	37.79	250m: 3:03.86	37.98	350m: 4:20.78	38.65				
	100m: 1:10.21 37.11	200m: 2:25.88	37.88	300m: 3:42.13	38.27	400m: 4:58.11	37.33				

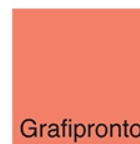
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Prova 10, Femin., 400m Livres, Inf ntis A

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final				Pts	Obs
5.	Catarina Gaspar, PIRES	F	129871	06	Porto	50m: 34.83 100m: 1:11.91	150m: 1:49.49 200m: 2:27.39	250m: 3:05.84 300m: 3:44.97	350m: 4:24.15 400m: 5:02.77	464	39.18 38.62
6.	Ines Gomes, MENDES	F	153455	06	Aquatico Pacense	50m: 36.18 100m: 1:14.89	150m: 1:54.24 200m: 2:33.86	250m: 3:12.36 300m: 3:51.38	350m: 4:30.01 400m: 5:06.86	446	38.63 36.85
7.	Ana Luisa, GOUVEIA	F	200924	06	Leixoes Sport Club	50m: 33.39 100m: 1:09.99	150m: 1:48.02 200m: 2:26.92	250m: 3:06.10 300m: 3:47.23	350m: 4:27.93 400m: 5:07.15	445	40.70 39.22
8.	Regina Correia, NOVAIS	F	129769	06	Foca	50m: 33.85 100m: 1:12.08	150m: 1:50.91 200m: 2:30.20	250m: 3:09.74 300m: 3:49.26	350m: 4:29.21 400m: 5:07.94	441	39.95 38.73
9.	Ema Monteiro, RIBAS	F	201138	06	Fluvial Portuense	50m: 35.45 100m: 1:14.12	150m: 1:53.25 200m: 2:32.44	250m: 3:12.01 300m: 3:51.62	350m: 4:31.63 400m: 5:10.46	431	40.01 38.83
10.	Joana Filipa, PINTO	F	202846	06	Fluvial Portuense	50m: 35.69 100m: 1:14.32	150m: 1:54.25 200m: 2:34.49	250m: 3:15.20 300m: 3:56.05	350m: 4:36.82 400m: 5:16.76	405	40.77 39.94
11.	Matilde Teixeira, SOUSA	F	129947	06	Natacao de Valongo	50m: 36.13 100m: 1:15.61	150m: 1:56.99 200m: 2:38.04	250m: 3:19.74 300m: 4:01.30	350m: 4:41.13 400m: 5:19.37	395	39.83 38.24
12.	Carolina Soares, SOUTO	F	131355	06	Famalicao	50m: 35.07 100m: 1:15.09	150m: 1:56.00 200m: 2:36.95	250m: 3:18.68 300m: 3:59.84	350m: 4:41.06 400m: 5:20.90	390	41.22 39.84
13.	Maria Santos, SILVA	F	202788	06	Clube Naval Povoense	50m: 37.41 100m: 1:18.65	150m: 2:00.95 200m: 2:42.87	250m: 3:25.52 300m: 4:07.60	350m: 4:49.58 400m: 5:30.10	358	41.98 40.52
14.	Maria Joao, MAGALHAES	F	201098	06	Vit�ria Sport Clube	50m: 36.42 100m: 1:15.51	150m: 1:57.19 200m: 2:38.30	250m: 3:20.32 300m: 4:03.23	350m: 4:47.07 400m: 5:31.38	354	43.84 44.31
15.	Telma Ferreira, CUNHA	F	204558	06	Fluvial Portuense	50m: 38.00 100m: 1:20.25	150m: 2:02.83 200m: 2:45.38	250m: 3:27.98 300m: 4:09.96	350m: 4:52.34 400m: 5:32.54	350	42.38 40.20
16.	Mariana Santos, ROMAO	F	200366	06	Vilacondense	50m: 36.49 100m: 1:16.93	150m: 2:00.15 200m: 2:42.94	250m: 3:26.33 300m: 4:08.32	350m: 4:51.84 400m: 5:33.63	347	43.52 41.79
17.	Sophia Szrek, PEREIRA	F	129738	06	Porto	50m: 39.68 100m: 1:22.56	150m: 2:05.80 200m: 2:49.87	250m: 3:34.62 300m: 4:19.77	350m: 5:04.51 400m: 5:47.37	307	44.74 42.86
18.	Maria Beatriz, GOMES FTL	F	204732	06	Leixoes Sport Club	50m: 40.49 100m: 1:25.18	150m: 2:10.74 200m: 2:55.92	250m: 3:41.50 300m: 4:27.60	350m: 5:11.79 400m: 5:54.57	289	44.19 42.78
19.	Sonia Pereira, MORGADO FTL	F	201646	06	Assoc. Desportiva de Fafe	50m: 38.99 100m: 1:23.76	150m: 2:10.50 200m: 2:55.94	250m: 3:41.55 300m: 4:26.92	350m: 5:14.07 400m: 5:55.62	286	47.15 41.55
20.	Mariana Sousa, OLIVEIRA FTL	F	204729	06	Leixoes Sport Club	50m: 41.80 100m: 1:29.31	150m: 2:18.85 200m: 3:08.89	250m: 3:58.20 300m: 4:48.83	350m: 5:37.69 400m: 6:23.39	228	48.86 45.70

Prova 11		Masc., 100m Bruços			Infantis
09/03/2019 - 17:05		CLINICA MEDICA DA FOZ			Resultados
Rec Nac 25m Absoluto	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec Nac 25m Inf A	1:07.92	Andre Goncalo, SANTOS	LSC	Viseu	12/03/2011
Rec Nac 25m Inf B	1:09.54	Andre Goncalo, SANTOS	LSC	Lousada	15/05/2010
Recorde Regional 25m Absoluto	58.88	Carlos Esteves, ALMEIDA	FCP	Felgueiras	21/12/2013
Recorde Regional 25m Inf A	1:07.92	Andre Goncalo, SANTOS	LSC	Viseu	12/03/2011
Recorde Regional 25m Inf B	1:09.54	Goncalo Andre, SANTOS	LSC	Lousada	15/05/2010
Infantis B Masc Inf B: 1:36.25 / Infantis A Masc Inf A: 1:30.20					

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Joao Nogueira, RIBEIRO	M	131259	06	Assoc. Desportiva de Fafe	1:19.42	343	
	50m: 37.75 37.75	100m: 1:19.42			41.67			
2.	Rodrigo Ferreira, PEREIRA	M	205524	06	Famalicao	1:20.21	333	
	50m: 38.46 38.46	100m: 1:20.21			41.75			
3.	Miguel Azevedo, ROCHA	M	131262	06	Penafiel	1:22.17	309	
	50m: 39.24 39.24	100m: 1:22.17			42.93			
4.	Guilherme Oliveira, CALHANDRO	M	131800	06	Natacao da Maia	1:25.81	272	
	50m: 40.69 40.69	100m: 1:25.81			45.12			
5.	Romulo Neves, PINTO	M	131795	06	Colegio SMLamas	1:27.95	252	
	50m: 42.10 42.10	100m: 1:27.95			45.85			
6.	Leonardo Freitas, FERNANDES	M	209567	06	Famalicao	1:28.01	252	
	50m: 40.89 40.89	100m: 1:28.01			47.12			
7.	Eduardo Pacheco, CUNHA	M	130199	06	Fluvial Portuense	1:28.21	250	
	50m: 42.54 42.54	100m: 1:28.21			45.67			
8.	Pedro Roque, IGREJA	M	203964	06	Vilacondense	1:29.45	240	
	50m: 42.03 42.03	100m: 1:29.45			47.42			
9.	Biagio Martim, TONA	M	130169	06	Colegio SMLamas	1:29.77	237	
	50m: 42.17 42.17	100m: 1:29.77			47.60			
10.	Afonso Magalhaes, CABRAL	M	130163	06	Leixoes Sport Club	1:33.41	210	
	50m: 44.02 44.02	100m: 1:33.41			49.39			
11.	Tiago Carvalho, FERREIRA	M	132342	06	Famalicao	1:34.60	203	
	50m: 44.20 44.20	100m: 1:34.60			50.40			
12.	Rafael Jesus, BARROS	M	148657	06	Penafiel	1:35.06	200	
	50m: 44.69 44.69	100m: 1:35.06			50.37			
13.	Luis Miguel, RIBEIRO	M	201081	06	Lousada SXXI	1:35.12	199	
	50m: 45.60 45.60	100m: 1:35.12			49.52			
14.	Tiago Manuel, MACHADO	M	206134	06	Famalicao	1:35.52	197	
	50m: 45.23 45.23	100m: 1:35.52			50.29			
15.	Andre Alves, FLORES	M	202750	06	Clube Naval Povoense	1:38.06	182	
	FTL							
	50m: 46.90 46.90	100m: 1:38.06			51.16			
16.	Helder Henrique, FERREIRA	M	204401	06	Penafiel	1:38.39	180	
	FTL							
	50m: 46.88 46.88	100m: 1:38.39			51.51			
17.	Guilherme Ramos, SILVA	M	205033	06	Vilacondense	1:39.09	176	
	FTL							
	50m: 47.42 47.42	100m: 1:39.09			51.67			
18.	Afonso Dinis, BARROS	M	200991	06	Penafiel	1:42.43	160	
	FTL							
	50m: 49.30 49.30	100m: 1:42.43			53.13			
19.	Tomas Emanuel, PEDRO	M	208284	06	Aquatico Pacense	1:42.48	159	
	FTL							
	50m: 48.89 48.89	100m: 1:42.48			53.59			

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Prova 11, Masc., 100m Bruços, Inf ntis B

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
20.	Hugo Filipe, TEIXEIRA FTL	M	202845	06	Associa�o Tubaroes de Gaia	1:56.76	108	
	50m: 55.75 55.75	100m: 1:56.76	1:01.01					
21.	Luis Eduardo, GONCALVES FTL	M	131847	06	Vit�ria Sport Clube	1:58.92	102	
	50m: 54.38 54.38	100m: 1:58.92	1:04.54					
DSQ	Airton Cunha, GUEDES 721 - O(A) nadador(a) tocou na parede com m�os n�o separadas na viragem dos 25 metros - SW 7.6	M	202231	06	Penafiel			
DSQ	Pedro Goncalves, NUNES 404 - O(A) nadador(a) partiu antes do sinal de partida - SW 4.4	M	204664	06	Penafiel			
DSQ	Miguel Cunha, GOMES 720 - O(A) nadador(a) tocou na parede com toque n�o simult�neo na viragem aos 75 metros - SW 7.6	M	205783	06	Fluvial Portuense			
DSQ	Joao Alexandre, MOLAR -	M	200980	06	Luso-Internacional do Porto			

Inf ntis A

1.	Goncalo Manuel, SILVA	M	129734	05	Porto	1:14.30	419	
	50m: 35.51 35.51	100m: 1:14.30	38.79					
2.	Vasco Almeida, RIBEIRO	M	131214	05	Colegio SMLamas	1:14.51	415	
	50m: 34.89 34.89	100m: 1:14.51	39.62					
3.	Vasco Goncalves, CUNHA	M	127202	05	Fluvial Portuense	1:19.24	345	
	50m: 37.46 37.46	100m: 1:19.24	41.78					
4.	Guilherme Fernandes, MATEUS	M	130102	05	Famalicao	1:20.77	326	
	50m: 37.68 37.68	100m: 1:20.77	43.09					
5.	Afonso Valente, FONSECA	M	200373	05	Associa�o Tubaroes de Gaia	1:21.37	319	
	50m: 38.65 38.65	100m: 1:21.37	42.72					
6.	Tiago Pereira, CARDOSO	M	130111	05	Famalicao	1:21.53	317	
	50m: 38.21 38.21	100m: 1:21.53	43.32					
7.	Pedro Martins, ALVES	M	132333	05	Famalicao	1:24.37	286	
	50m: 39.55 39.55	100m: 1:24.37	44.82					
8.	Diogo Miguel, VENTURA	M	132730	05	Foca	1:24.59	284	
	50m: 40.61 40.61	100m: 1:24.59	43.98					
9.	Ruben Leal, LIMA	M	200678	05	Aquatico Pacense	1:24.90	281	
	50m: 39.97 39.97	100m: 1:24.90	44.93					
10.	Rui Anjos, COSTA	M	129944	05	Porto	1:25.24	277	
	50m: 41.10 41.10	100m: 1:25.24	44.14					
11.	Joao Pedro, TORRES	M	127551	05	Porto	1:25.69	273	
	50m: 40.34 40.34	100m: 1:25.69	45.35					
12.	Diogo Costa, FERREIRA	M	127020	05	Colegio SMLamas	1:27.27	258	
	50m: 42.30 42.30	100m: 1:27.27	44.97					
13.	Afonso Martim, LEITE	M	127335	05	Foca	1:28.64	246	
	50m: 42.11 42.11	100m: 1:28.64	46.53					
14.	Miguel Carvalho, SOUTO FTL	M	207654	05	Fluvial Portuense	1:30.46	232	
	50m: 42.74 42.74	100m: 1:30.46	47.72					
15.	Hugo Gabriel, MARTINS FTL	M	201140	05	Fluvial Portuense	1:31.15	227	
	50m: 42.90 42.90	100m: 1:31.15	48.25					
16.	Rodrigo Miguel, MARQUES FTL	M	127744	05	Luso-Internacional do Porto	1:33.43	210	
	50m: 45.53 45.53	100m: 1:33.43	47.90					

Prova 11, Masc., 100m Bruços, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
17.	Rodolfo Simao, MATEUS FTL	M	130089	05	Vitória Sport Clube	1:34.55	203	
	50m: 42.85 42.85				100m: 1:34.55 51.70			
18.	Ruben Miguel, MOREIRA FTL	M	201966	05	Penafiel	1:37.56	185	
	50m: 45.73 45.73				100m: 1:37.56 51.83			
19.	Tiago Lemos, SILVA FTL	M	130202	05	Fluvial Portuense	1:38.04	182	
	50m: 46.85 46.85				100m: 1:38.04 51.19			
20.	Nuno Goncalo, ALVES FTL	M	203587	05	Amarantus	1:38.39	180	
	50m: 46.46 46.46				100m: 1:38.39 51.93			
21.	Joao Pedro, SEIXAS FTL	M	127821	05	Natacao da Maia	1:41.21	165	
	50m: 47.67 47.67				100m: 1:41.21 53.54			
DSQ	Tomas Coelho, PEREIRA 404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4	M	133202	05	Penafiel			
DSQ	Guilherme Jesus, CARVALHO 720 - O(A) nadador(a) tocou na parede com toque não simultâneo na viragem aos 25 metros – SW 7.6	M	201136	05	Foca			
EXH	Pedro Henrique, COSTA FTL	M	207829	06	Fluvial Portuense	1:38.16	181	
	50m: 47.22 47.22				100m: 1:38.16 50.94			

Prova 12

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Femin., 100m Bruços

VITALIS

Infantis

Resultados

Rec Nac 25m Absoluto	1:07.17	Diana Duarte, GOMES	CNA	S. António Cavaleiros	19/12/2009
Rec Nac 25m Inf A	1:13.43	Raquel Gomes, PEREIRA	SANL	Abrantes	13/04/2013
Rec Nac 25m Inf B	1:17.79	Mariana Ferrinha, CUNHA	AAC	Coimbra	19/03/1995
Recorde Regional 25m Absoluto	1:09.60	Ana Pinho, RODRIGUES	FCP	Porto	08/12/2012
Recorde Regional 25m Inf A	1:16.26	Maria Freitas, CASTRO	ADF	Abrantes	20/02/2016
Recorde Regional 25m Inf B	1:19.03	Ines Neto, ROCHA	GESP	Porto	17/03/2013

Infantis A Fem Inf A: 1:39.55 / Infantis B Fem Inf B: 1:44.50

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Joana Navega, TEIXEIRA	F	200355	07	Associação Tubarões de Gaia	1:27.50	361	
	50m: 42.61 42.61				100m: 1:27.50 44.89			
2.	Beatriz Azevedo, PEREIRA	F	203589	07	Colegio SMLamas	1:30.43	327	
	50m: 43.11 43.11				100m: 1:30.43 47.32			
3.	Adriana, MARTINS	F	153349	07	Aquático Pacense	1:31.03	321	
	50m: 42.48 42.48				100m: 1:31.03 48.55			
4.	Beatriz Teixeira, CUNHA	F	204727	07	Leixões Sport Club	1:32.08	310	
	50m: 43.61 43.61				100m: 1:32.08 48.47			
5.	Patricia Alexandra, SILVA	F	133258	07	Associação Tubarões de Gaia	1:33.33	298	
	50m: 44.43 44.43				100m: 1:33.33 48.90			
6.	Mafalda Guimaraes, REBELO	F	148682	07	Fluvial Portuense	1:35.12	281	
	50m: 45.28 45.28				100m: 1:35.12 49.84			

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Prova 12, Femin., 100m Bruços, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
7.	Leonor Beatriz, PINTO 50m: 45.47 45.47	F	200807	07	Amarantus 50.95	1:36.42	270	
8.	Rita Marques, SOARES 50m: 46.34 46.34	F	132341	07	Famalicao 51.30	1:37.64	260	
9.	Francisca Martins, GOMES 50m: 48.07 48.07	F	207830	07	Porto 52.02	1:40.09	241	
10.	Ana Carolina, VALINHAS 50m: 48.24 48.24	F	201054	07	Famalicao 52.57	1:40.81	236	
11.	Carolina Malheiro, RODRIGUES 50m: 49.27 49.27	F	152099	07	Ginásio Santo Tirso 52.99	1:42.26	226	
12.	Lara Catarina, VIEIRA 50m: 49.04 49.04	F	202847	07	Associação Tubarões de Gaia 53.71	1:42.75	223	
13.	Ines Rebelo, SOUSA 50m: 49.22 49.22	F	203317	07	Porto 54.06	1:43.28	220	
14.	Laura Jesus, MENDES 50m: 49.75 49.75	F	202798	07	Fluvial Portuense 53.83	1:43.58	218	
15.	Ana Medeiros, COSTA 50m: 49.14 49.14	F	152164	07	Ginásio Santo Tirso 54.96	1:44.10	214	
16.	Sara Rafaela, LEAL 50m: 48.98 48.98	F	204403	07	Penafiel 55.46	1:44.44	212	
17.	Ana Ribeiro, RODRIGUES FTL 50m: 51.43 51.43	F	202878	07	Aquático Pacense 53.43	1:44.86	210	
18.	Leonor Carolina, MEIRELES FTL 50m: 50.65 50.65	F	200810	07	Amarantus 54.77	1:45.42	206	
19.	Matilde Araujo, PALMEIRA FTL 50m: 49.84 49.84	F	202806	07	Vilacondense 55.70	1:45.54	206	
20.	Mariana Pinto, CARVALHO FTL 50m: 51.38 51.38	F	201820	07	Fluvial Portuense 54.39	1:45.77	204	
21.	Mariana Barroca, TELES FTL 50m: 50.47 50.47	F	208067	07	Natação da Maia 55.33	1:45.80	204	
22.	Joana Silva, BLUEMCHEN FTL 50m: 49.95 49.95	F	208230	07	Fluvial Portuense 56.13	1:46.08	203	
23.	Silvia Teixeira, SANTOS FTL 50m: 51.61 51.61	F	202848	07	Associação Tubarões de Gaia 55.21	1:46.82	198	
24.	Ariana Figueiredo, SOARES FTL 50m: 52.63 52.63	F	202265	07	Vilacondense 59.01	1:51.64	174	
25.	Ana Isabel, PEREIRA FTL 50m: 51.14 51.14	F	208346	07	Vilacondense 1:01.55	1:52.69	169	
26.	Ariana Ferras, PEREIRA FTL 50m: 54.53 54.53	F	153389	07	Foca 1:00.45	1:54.98	159	
27.	Sofia Isabel, BORGES FTL 50m: 55.38 55.38	F	200997	07	Penafiel 1:01.21	1:56.59	153	

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Prova 12, Femin., 100m Bru os, Inf ntis B

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
28.	Matilde Soares, ALEIXO FTL	F	207446	07	Amarantus	1:58.49	145	
	50m:	56.30	56.30	100m:	1:58.49	1:02.19		
DSQ	Maria Francisca, BERNARDO 404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4	F	205973	07	Vilacondense			
DSQ	Eva Oliveira, SILVA 719 - O(A) nadador(a) tocou s� com uma m�o na parede na viragem dos 25 metros – SW 7.6	F	201964	07	Penafiel			
WDR	Clara Cardoso, PINTO	F	201817	07	Fluvial Portuense			

Inf ntis A

1.	Lara Gomes, NETO	F	132881	06	Aquatico Pacense	1:22.53	431	
	50m:	39.06	39.06	100m:	1:22.53	43.47		
2.	Clara Daniela, SANTOS	F	129358	06	Colegio SMLamas	1:24.69	399	
	50m:	40.68	40.68	100m:	1:24.69	44.01		
3.	Ana Martim, FERREIRA	F	200767	06	Leixoes Sport Club	1:29.45	338	
	50m:	42.30	42.30	100m:	1:29.45	47.15		
4.	Mafalda Valente, SEBASTIAO	F	205762	06	Porto	1:29.69	336	
	50m:	42.37	42.37	100m:	1:29.69	47.32		
5.	Maria Luis, CAMPOS	F	153446	06	Vit�ria Sport Clube	1:30.30	329	
	50m:	41.75	41.75	100m:	1:30.30	48.55		
6.	Regina Correia, NOVAIS	F	129769	06	Foca	1:31.75	313	
	50m:	43.20	43.20	100m:	1:31.75	48.55		
7.	Ines Barbosa, VALE	F	153450	06	Famalicao	1:33.22	299	
	50m:	43.47	43.47	100m:	1:33.22	49.75		
8.	Bebiana Filipa, BARBOSA	F	147271	06	Aquatico Pacense	1:37.86	258	
	50m:	46.61	46.61	100m:	1:37.86	51.25		
9.	Maria Santos, SILVA	F	202788	06	Clube Naval Povoense	1:38.51	253	
	50m:	47.72	47.72	100m:	1:38.51	50.79		
10.	Patricia Alexandra, KVAS	F	208262	06	Colegio SMLamas	1:38.65	252	
	50m:	46.96	46.96	100m:	1:38.65	51.69		
11.	Carolina Soares, PINTO FTL	F	203016	06	Nata�o da Maia	1:48.10	191	
	50m:	51.73	51.73	100m:	1:48.10	56.37		
12.	Mariana Sousa, OLIVEIRA FTL	F	204729	06	Leixoes Sport Club	1:48.54	189	
	50m:	52.01	52.01	100m:	1:48.54	56.53		
13.	Francisca Ribeiro, MENDES FTL	F	201099	06	Vit�ria Sport Clube	1:49.73	183	
	50m:	51.44	51.44	100m:	1:49.73	58.29		
14.	Mara Luciana, MORAIS FTL	F	209926	06	Vit�ria Sport Clube	2:09.06	112	
	50m:	1:00.07	1:00.07	100m:	2:09.06	1:08.99		
EXH	Julia Oliveira, SOUZA	F	205780	07	Fluvial Portuense	1:28.12	354	
	50m:	41.74	41.74	100m:	1:28.12	46.38		
EXH	Manuela Saretta, LIMA	F	208286	07	Luso-Internacional do Porto	1:36.15	272	
	50m:	45.02	45.02	100m:	1:36.15	51.13		
EXH	Bella Li, YUXUAN FTL	F	202178	06	Luso-Internacional do Porto	1:40.33	240	
	50m:	47.36	47.36	100m:	1:40.33	52.97		

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Prova 13
09/03/2019 - 17:40

Masc., 200m Mariposa
CLINICA MEDICA DA FOZ

Infantis
Resultados

Rec Nac 25m Absoluto	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12/12/2009
Rec Nac 25m Inf A	2:12.42	Tomas Miguel, FREITAS	CDN	Funchal	11/07/2004
Rec Nac 25m Inf B	2:19.18	Andre Vilas, RUIVO	DNMG	Nazar�	01/06/2013
Recorde Regional 25m Absoluto	1:57.40	Adriano Miguel, NIZ	CFV	Senhora da Hora	12/05/2007
Recorde Regional 25m Inf A	2:18.00	Rui Paulo, BORGES	FCP	Antas	26/07/1981
Recorde Regional 25m Inf B	2:27.30	Sergio Filipe, SOUTO	LSC	Matosinhos	23/02/1986

Infantis B Masc Inf B: 3:07.00 / Infantis A Masc Inf A: 2:57.65

Pontos: FINA 2018

Lugar	Nome	Sexo	Lic�n�a	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Marco Oliveira, LOPES	M	202144	06	Penafiel	2:48.96	265	
	50m: 35.10 35.10	100m: 1:18.17			43.07 150m: 2:04.32	46.15 200m: 2:48.96		44.64
2.	Rodrigo Santos, CONCEICAO	M	204488	06	Clube Naval Povoense	2:49.77	261	
	50m: 35.02 35.02	100m: 1:16.83			41.81 150m: 2:02.56	45.73 200m: 2:49.77		47.21
	Tomas Ferreira, OLIVEIRA	M	151457	06	Nata�o da Maia	2:49.77	261	
	50m: 36.64 36.64	100m: 1:19.47			42.83 150m: 2:05.42	45.95 200m: 2:49.77		44.35
4.	Francisco Campos, LOURENCO	M	132136	06	Nata�o de Valongo	2:50.77	256	
	50m: 38.27 38.27	100m: 1:21.16			42.89 150m: 2:07.01	45.85 200m: 2:50.77		43.76
5.	Francisco Araujo, SILVA	M	132331	06	Famalicao	2:51.24	254	
	50m: 35.09 35.09	100m: 1:18.02			42.93 150m: 2:05.13	47.11 200m: 2:51.24		46.11
6.	Francisco Manuel, SAMPAIO	M	128714	06	Foca	3:04.16	204	
	50m: 39.92 39.92	100m: 1:26.26			46.34 150m: 2:15.69	49.43 200m: 3:04.16		48.47
7.	Bruno Marcelo, MBAREK FTL	M	153453	06	Aquatico Pacense	3:09.71	187	
	50m: 42.31 42.31	100m: 1:30.38			48.07 150m: 2:20.52	50.14 200m: 3:09.71		49.19
8.	Joao Pedro, ALVES FTL	M	148570	06	Assoc. Desportiva de Fafe	3:19.23	161	
	50m: 41.51 41.51	100m: 1:33.08			51.57 150m: 2:27.15	54.07 200m: 3:19.23		52.08
9.	Frederico Silva, SANTOS FTL	M	200995	06	Penafiel	3:28.10	141	
	50m: 43.58 43.58	100m: 1:36.79			53.21 150m: 2:32.79	56.00 200m: 3:28.10		55.31
DSQ	Goncalo Sa, MAGALHAES	M	201798	06	Leixoes Sport Club			
	805 - O(A) nadador(a) efetuou movimento n�o simult�neo de pernas durante o percurso dos ... metros - SW 8.3							
DSQ	Gustavo Gomes, RAMOS	M	200774	06	Porto			
	809 - O(A) nadador(a) tocou na parede com toque n�o simult�neo na viragem dos 100 metros - SW 8.4							
DSQ	Dinis Soares, NEVES	M	133095	06	Luso-Internacional do Porto			
	808 - O(A) nadador(a) tocou na parede s� com uma m�o na viragem dos 175 metros - SW 8.4							

Infantis A

1.	Afonso Carvalho, SILVA	M	130127	05	Famalicao	2:25.19	418	
	50m: 31.63 31.63	100m: 1:07.98			36.35 150m: 1:46.63	38.65 200m: 2:25.19		38.56
2.	Jose Luis, GONCALVES	M	131849	05	Assoc. Desportiva de Fafe	2:26.75	404	
	50m: 30.94 30.94	100m: 1:09.03			38.09 150m: 1:48.45	39.42 200m: 2:26.75		38.30
3.	Tomas Carvalhinho, RIBEIRO	M	131799	05	Nata�o da Maia	2:30.05	378	
	50m: 33.53 33.53	100m: 1:11.11			37.58 150m: 1:50.30	39.19 200m: 2:30.05		39.75
4.	Rodrigo Barroso, PINTO	M	148567	05	Porto	2:35.34	341	
	50m: 33.07 33.07	100m: 1:12.23			39.16 150m: 1:52.84	40.61 200m: 2:35.34		42.50
5.	Afonso Teixeira, LOPES	M	127333	05	Foca	2:38.83	319	
	50m: 35.45 35.45	100m: 1:15.72			40.27 150m: 1:57.23	41.51 200m: 2:38.83		41.60
6.	Henrique Rocha, CARNEIRO	M	132879	05	Aquatico Pacense	2:39.35	316	
	50m: 34.88 34.88	100m: 1:15.35			40.47 150m: 1:56.86	41.51 200m: 2:39.35		42.49

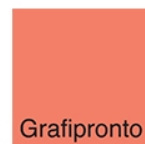
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Prova 13, Masc., 200m Mariposa, Infantis A

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
7.	Vasco Soares, ALVES	M	201771	05	Fluvial Portuense	2:42.57	297	
	50m: 32.67 32.67	100m: 1:13.45			40.78 150m: 1:57.26 43.81	200m: 2:42.57		45.31
8.	Andre Lima, MAGALHAES	M	129727	05	Porto	2:48.29	268	
	50m: 37.16 37.16	100m: 1:21.35			44.19 150m: 2:06.01 44.66	200m: 2:48.29		42.28
9.	Eduardo Alexandre, CORREIA	M	153454	05	Aquatico Pacense	2:48.43	267	
	50m: 35.99 35.99	100m: 1:17.58			41.59 150m: 2:04.80 47.22	200m: 2:48.43		43.63
10.	Joao Goncalo, LEAO	M	200680	05	Aquatico Pacense	3:00.26	218	
	FTL							
	50m: 37.15 37.15	100m: 1:19.31			42.16 150m: 2:08.07 48.76	200m: 3:00.26		52.19
DSQ	Joao Carlos, GUERRA	M	132888	05	Porto			
	803 - O(A) nadador(a) n�o levou os bra�os para a frente simultaneamente durante o percurso dos 175 metros							
	- SW 8.2							

Prova 14 Femin., 200m Mariposa Infantis Resultados

Rec Nac 25m Absoluto	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	12/12/2018
Rec Nac 25m Inf A	2:20.28	Carolina Miranda, FERNANDES	CGA	Condeixa	12/05/2018
Rec Nac 25m Inf B	2:31.64	Raquel Maria, FELGUEIRAS	SCB	Alg�s	09/05/1992
Recorde Regional 25m Absoluto	2:08.54	Sara Freitas, OLIVEIRA	FCP	Dubai (UAE)	15/12/2010
Recorde Regional 25m Inf A	2:25.40	Raquel Maria, FELGUEIRAS	SCB	Vila do Conde	30/05/1993
Recorde Regional 25m Inf B	2:31.64	Raquel Maria, FELGUEIRAS	SCB	Alges	09/05/1992
Infantis A Fem Inf A: 3:14.70 / Infantis B Fem Inf B: 3:27.90					

Pontos: FINA 2018

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Sofia Alexandra, CARVALHO	F	133262	07	Associa�o Tubaroes de Gaia	2:50.23	346	
	50m: 36.13 36.13	100m: 1:18.81			42.68 150m: 2:04.19 45.38	200m: 2:50.23		46.04
2.	Matilde Barros, LEAL	F	132883	07	Aquatico Pacense	3:11.53	243	
	50m: 41.94 41.94	100m: 1:31.54			49.60 150m: 2:22.44 50.90	200m: 3:11.53		49.09
3.	Gabriela Oliveira, SILVA	F	201965	07	Penafiel	3:36.28	169	
	FTL							
	50m: 45.73 45.73	100m: 1:40.09			54.36 150m: 2:37.69 57.60	200m: 3:36.28		58.59

Infantis A

1.	Beatriz Carvalho, HERMOSA	F	132885	06	Porto	2:43.32	392	
	50m: 36.09 36.09	100m: 1:17.30			41.21 150m: 1:59.98 42.68	200m: 2:43.32		43.34
2.	Lia Beatriz, GOMES	F	200413	06	Vit�ria Sport Clube	2:48.45	358	
	50m: 35.95 35.95	100m: 1:18.61			42.66 150m: 2:03.86 45.25	200m: 2:48.45		44.59
3.	Ana Luisa, GOUVEIA	F	200924	06	Leixoes Sport Club	2:52.21	335	
	50m: 34.39 34.39	100m: 1:15.73			41.34 150m: 2:03.96 48.23	200m: 2:52.21		48.25
4.	Ines Aires, NOGUEIRA	F	203625	06	Fluvial Portuense	2:53.36	328	
	50m: 37.32 37.32	100m: 1:21.67			44.35 150m: 2:09.30 47.63	200m: 2:53.36		44.06
5.	Ines Gomes, MENDES	F	153455	06	Aquatico Pacense	2:54.45	322	
	50m: 37.75 37.75	100m: 1:23.91			46.16 150m: 2:08.27 44.36	200m: 2:54.45		46.18
6.	Ana Marques, PINTO	F	201832	06	Fluvial Portuense	2:56.25	312	
	50m: 37.96 37.96	100m: 1:22.89			44.93 150m: 2:09.76 46.87	200m: 2:56.25		46.49
7.	Mariana Santos, ROMAO	F	200366	06	Vilacondense	3:05.86	266	
	50m: 38.60 38.60	100m: 1:24.64			46.04 150m: 2:15.88 51.24	200m: 3:05.86		49.98
DSQ	Carina, CHYZH	F	202731	06	Vit�ria Sport Clube			
	805 - O(A) nadador(a) efetuou movimento n�o simult�neo de pernas durante o percurso dos ... metros - SW 8.3							

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Prova 14, Femin., 200m Mariposa, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
DSQ	Gabriela Ferreira, NEVES	F	132731	06	Foca			
	808 - O(A) nadador(a) tocou na parede só com uma mão na viragem dos 125 metros – SW 8.4							

Prova 15

09/03/2019 - 18:25

Masc., 4 x 100m Livres CLINICA MEDICA DA FOZ

Infantis Resultados

Rec Nac 25m Absoluto	3:15.63	Sport Lisboa e Benfica	SLB	Felgueiras	23/12/2018
Rec Nac 25m Inf A	3:48.35	Grupo Desp. Natacao V. N. FamalicGDNVNF		Cantanhede	29/03/2014
Rec Nac 25m Inf B	3:48.35	Grupo Desp. Natacao V. N. FamalicGDNVNF		Cantanhede	29/03/2014
Rec Nac 25m Inf B	4:05.06	Grupo Desp. Natacao V. N. FamalicGDNVNF		Vila Praia Ancora	28/06/2013
Recorde Regional 25m Absoluto	3:18.28	Paulo Santos, Joao Carvalho, CarloFCPintos, RLeiria			04/12/2009
Recorde Regional 25m Inf A	3:48.35	Jose P. Freitas, Miguel A. Santos, JcGDNVNF		CantanhedeMorais	29/03/2014
Recorde Regional 25m Inf	3:48.35	Jose P. Freitas, Miguel A. Santos, JcGDNVNF		CantanhedeMorais	29/03/2014
Recorde Regional 25m Inf B	4:05.06	Miguel Santos, Hugo Morais, Daniel GDNVNF		Vila Praia de Ancora	28/06/2013

Pontos: FINA 2018

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B							
1. Famalicao 2	M			Famalicao	4:25.91	327	
Tomas Mendes, COSTA	+0.89	32.88	1:07.53	Tiago Carvalho, FERREIRA	+0.58	32.78	1:09.32
Rodrigo Ferreira, PEREIRA	+0.74	30.81	1:03.76	Francisco Araujo, SILVA	+0.50	31.10	1:05.30
2. Porto 2	M			Porto	4:43.19	271	
Rui Miguel, SANTOS	+0.96	32.84	1:07.56	Bruno Silva, LOUREIRO	+0.83	35.43	1:11.74
Vasco Monteiro, CASTRO	+0.56	34.14	1:12.29	Gustavo Gomes, RAMOS	+0.53	22.21	1:11.60
3. Penafiel 2	M			Penafiel	4:46.24	262	
Marco Oliveira, LOPES	+0.92	32.59	1:08.19	Afonso Dinis, BARROS	+0.60	37.87	1:17.97
Pedro Goncalves, NUNES	+0.58	36.53	1:16.62	Miguel Azevedo, ROCHA	+0.63	30.59	1:03.46
4. Vilacondense 1	M			Vilacondense	4:54.10	242	
Francisco Barbosa, SILVA	+0.85	32.25	1:08.00	Afonso Azevedo, PACHECO	+0.50	34.73	1:12.43
Pedro Roque, IGREJA	+0.78	35.64	1:15.60	Guilherme Ramos, SILVA	+0.49	36.28	1:18.07
5. Natacao de Valongo 2	M			Natacao de Valongo	5:03.20	220	
Francisco Campos, LOURENÇO	+0.98	32.26	1:09.17	Afonso Figueiredo, DIAS	+0.60	38.01	1:22.13
Jose Pedro, CARNEIRO	+0.34	33.48	1:10.05	Gabriel Neves, CARDOSO	+0.10	38.84	1:21.85
6. Fluvial Portuense 2	M			Fluvial Portuense	5:11.72	203	
Eduardo Pacheco, CUNHA	+0.69	33.04	1:09.10	Diogo Moura, FONSECA	+0.82	39.59	1:23.51
Miguel Cunha, GOMES	+0.59	40.80	1:24.41	Pedro Henrique, COSTA		35.27	1:14.70
DSQ Leixoes Sport Club 1	M			Leixoes Sport Club			
404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4							

Tiago Marques, PEREIRA, Pedro Santos, PEREIRA, Afonso Magalhaes, CABRAL, Goncalo Sa, MAGALHAES

Infantis A

1. Famalicao 1	M			Famalicao	4:10.80	390	
Tiago Pereira, CARDOSO	+0.96	32.34	1:07.71	Alexandre Sousa, FERREIRA	+0.56	29.86	1:01.08
Afonso Carvalho, SILVA	+0.34	28.39	58.17	Guilherme Coutinho, CASTRO	+0.72	30.75	1:03.84
2. Porto 1	M			Porto	4:11.51	387	
Rodrigo Barroso, PINTO	+0.85	30.51	1:03.36	Eduardo Costa, SILVA	+0.65	30.92	1:03.88
Goncalo Manuel, SILVA	+0.49	29.27	59.84	Joao Carlos, GUERRA	+0.69	30.96	1:04.43
3. Fluvial Portuense 1	M			Fluvial Portuense	4:21.71	343	
Hugo Gabriel, MARTINS	+0.88	32.24	1:07.20	Vasco Soares, ALVES	+0.51	30.68	1:04.30
Tiago Lemos, SILVA	+0.38	33.75	1:09.57	Vasco Goncalves, CUNHA	+0.42	29.17	1:00.64
4. Foca 1	M			Foca	4:26.20	326	
Guilherme Jesus, CARVALHO	+0.93	31.99	1:07.17	Tiago Ventura, MARTINS	+0.40	31.43	1:05.78
Afonso Teixeira, LOPES	+0.28	32.59	1:07.56	Diogo Miguel, VENTURA	+0.50	31.51	1:05.69
5. Aquatico Pacense 1	M			Aquatico Pacense	4:36.00	292	
Eduardo Alexandre, CORREIA	+0.80	31.20	1:04.59	Ruben Leal, LIMA	+0.33	34.21	1:11.86
Henrique Rocha, CARNEIRO	+0.39	32.89	1:07.74	Joao Goncalo, LEAO	+0.41	35.07	1:11.81

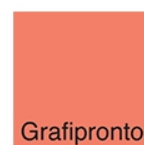
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10/03/2019 18:20 - Página 32



Prova 15, Masc., 4 x 100m Livres, Infantis A

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
6. Vitória Sport Clube 1	M			Vitória Sport Clube	5:11.26	204	
Rodrigo Fernandes, RODRIGUES	+0,75	30.77	1:04.58	Gabriel Goncalves, FERNANDES	+0,05	39.00	1:29.85
Andre Dinis, OLIVEIRA	+0,49	39.35	1:25.97	Rodolfo Simao, MATEUS		32.92	1:10.86
EXH Natacao da Maia 1	M			Natacao da Maia	4:37.27	288	
Guilherme Oliveira, CALHANDRO	+0,89	32.79	1:08.32	Tomas Ferreira, OLIVEIRA	+0,71	33.64	1:11.73
Joao Afonso, TEIGA	+0,70	33.97	1:11.85	Tomas Carvalhinho, RIBEIRO	+0,46	31.37	1:05.37
EXH Penafiel 3	M			Penafiel	4:54.84	240	
Tomas Coelho, PEREIRA	+0,87	31.87	1:04.79	Rafael Jesus, BARROS	+0,73	35.34	1:14.30
Ruben Miguel, MOREIRA	+0,80	36.41	1:16.13	Airton Cunha, GUEDES	+0,32	37.45	1:19.62

Prova 16 Femin., 4 x 100m Livres Infantis
09/03/2019 - 18:40 VITALIS Resultados

Rec Nac 25m Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04/12/2010
Rec Nac 25m Inf A	4:13.11	Clube dos Galitos / Bresimar	CGA	Felgueiras	11/03/2018
Rec Nac 25m Inf	4:13.11	Clube dos Galitos / Bresimar	CGA	Felgueiras	11/03/2018
Rec Nac 25m Inf B	4:23.50	Clube Galitos de Aveiro	CGA	Mealhada	21/05/2017
Recorde Regional 25m Absoluto	3:44.99	Sara Oliveira, Sara Loureiro, Alexar FCP Oliveira	Porto	ta Marinho	04/12/2010
Recorde Regional 25m Inf A	4:15.30	Carla Alves, Catarina Jardim, Ana GDNVNFrb	Viseu	ncalves	13/03/2011
Recorde Regional 25m Inf	4:15.30	Tempo Limite			
Recorde Regional 25m Inf B	4:20.86	Luisa Portela, Carla Cruz, Raquel MFCP's, Virgilia Gomes			

Pontos: FINA 2018

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1. Associacao Tubaroos de Gaia 1	F			Associacao Tubaroos de Gaia	5:08.40	300	
Joana Navega, TEIXEIRA	+1,20	35.69	1:13.30	Lara Catarina, VIEIRA	+1,15	38.81	1:22.07
Patricia Alexandra, SILVA	+0,90	38.90	1:21.94	Sofia Alexandra, CARVALHO	+0,83	33.41	1:11.09
2. Fluvial Portuense 2	F			Fluvial Portuense	5:15.99	279	
Laura Jesus, MENDES	+0,95	37.13	1:17.34	Maria Leonor, MOREIRA	+0,67	36.95	1:20.08
Mariana Pinto, CARVALHO	+0,67	40.16	1:24.80	Mafalda Guimaraes, REBELO	+0,45	35.52	1:13.77
3. Vilacondense 1	F			Vilacondense	5:28.13	249	
Iara Herdeiro, OLIVEIRA	+0,88	35.81	1:16.36	Matilde Araujo, PALMEIRA	+0,63	42.42	1:28.65
Maria Francisca, BERNARDO	+0,33	36.36	1:17.60	Ariana Figueiredo, SOARES	+0,70	41.25	1:25.52
4. Penafiel 1	F			Penafiel	5:34.55	235	
Gabriela Oliveira, SILVA	+1,11	40.37	1:24.56	Sara Rafaela, LEAL	+0,89	39.26	1:23.44
Sofia Isabel, BORGES	+0,61	43.57	1:35.24	Eva Oliveira, SILVA	+0,60	33.48	1:11.31

Infantis A

1. Porto 1	F			Porto	4:31.38	440	
Beatriz Carvalho, HERMOSA	+0,95	31.84	1:05.88	Catarina Gaspar, PIRES	+0,57	31.59	1:06.06
Leonor Filipa, PINTO	+0,69	32.02	1:06.58	Sophia Szrek, PEREIRA	+0,71	34.99	1:12.86
2. Aquatico Pacense 1	F			Aquatico Pacense	4:39.24	404	
Ines Francisca, LEAL	+0,97	34.51	1:11.01	Bebiana Filipa, BARBOSA	+0,46	35.77	1:14.89
Lara Gomes, NETO	+0,43	31.84	1:07.26	Ines Gomes, MENDES	+0,09	31.19	1:06.08
3. Leixoes Sport Club 1	F			Leixoes Sport Club	4:39.31	404	
Ana Martin, FERREIRA	+0,92	33.54	1:10.22	Maria Beatriz, GOMES	+0,50	36.72	1:17.76
Daniela Alexandra, COSTA	+0,73	31.49	1:05.87	Ana Luisa, GOUVEIA	+0,64	31.52	1:05.46
4. Fluvial Portuense 1	F			Fluvial Portuense	4:39.49	403	
Ema Monteiro, RIBAS	+0,84	34.23	1:10.97	Ana Marques, PINTO	+0,65	35.75	1:13.91
Joana Filipa, PINTO	+0,67	33.75	1:10.27	Ines Aires, NOGUEIRA	+0,46	30.94	1:04.34
5. Foca 1	F			Foca	4:40.95	397	
Regina Correia, NOVAIS	+0,96	34.11	1:11.78	Maria Joao, FERREIRA	+0,56	33.47	1:09.09
Gabriela Ferreira, NEVES	+0,71	35.11	1:13.30	Ana Rita, MARTINS	+0,61	31.97	1:06.78
6. Vitória Sport Clube 1	F			Vitória Sport Clube	4:52.08	353	
Lia Beatriz, GOMES	+0,84	31.34	1:05.43	Maria Luis, CAMPOS		35.76	1:14.68
Maria Joao, MAGALHAES	+0,84	35.78	1:14.13	Carina, CHYZH	+0,30		1:17.84

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Prova 16, Femin., 4 x 100m Livres, Infantis A

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
7. Colegio SMLamas 1 Mariana Fontes, FERNANDES Cristina Moreira, GONCALVES	F			Colegio SMLamas Clara Daniela, SANTOS Patricia Alexandra, KVAS	4:55.85 +0,35 34.57 +0,46 35.83	340	1:12.87 1:14.51
EXH Natacao de Valongo 1 Matilde Teixeira, SOUSA Lara Sofia, FERREIRA	F			Natacao de Valongo Ariana Pinto, MAIA Iara Clarisse, SOUSA	5:27.18 +0,39 40.37 +0,56 41.88	251	1:23.52 1:27.92

3 - 2ª Jornada - 1ª Sessão

10/03/2019 - 9:00

Prova 17	Femin., 800m Livres				Infantis
10/03/2019 - 9:00	GRAFIPRONGO				Resultados
Rec Nac 25m Absoluto	8:23.23	Diana Margarida, DURAES	SLB	Felgueiras	23/12/2018
Rec Nac 25m Inf A	9:03.90	Alexandra Maria, SILVA	FCP	Porto	13/07/1980
Rec Nac 25m Inf B	9:33.95	Filipa Vilas, RUIVO	DNMG	Nazaré	16/05/2009
Recorde Regional 25m Absoluto	8:36.74	Diana Margarida, DURAES	FCP	Porto	13/12/2015
Recorde Regional 25m Inf A	9:03.90	Alexandra Maria, SILVA	FCP	Antas	13/07/1980
Recorde Regional 25m Inf B	9:44.95	Diana Margarida, DURAES	FOCA	Mealhada	08/03/2008
Infantis A Fem Inf A: 11:49.50 / Infantis B Fem Inf B: 12:45.60					

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Ana Beatriz, VIEIRA	F	202851	07	Foca	10:46.75	407	
	50m: 36.21 36.21		250m: 3:18.73 41.03		450m: 6:02.12 40.46	650m: 8:45.43 41.13		
	100m: 1:16.05 39.84		300m: 4:00.00 41.27		500m: 6:43.25 41.13	700m: 9:26.64 41.21		
	150m: 1:56.56 40.51		350m: 4:40.97 40.97		550m: 7:23.20 39.95	750m: 10:07.16 40.52		
	200m: 2:37.70 41.14		400m: 5:21.66 40.69		600m: 8:04.30 41.10	800m: 10:46.75 39.59		
2.	Joana Navega, TEIXEIRA	F	200355	07	Associação Tubarões de Gaia	11:11.96	362	
	50m: 37.51 37.51		250m: 3:24.53 42.17		450m: 6:13.02 41.73	650m: 9:03.28 42.56		
	100m: 1:18.24 40.73		300m: 4:06.31 41.78		500m: 6:55.07 42.05	700m: 9:46.57 43.29		
	150m: 1:59.80 41.56		350m: 4:48.89 42.58		550m: 7:38.19 43.12	750m: 10:29.70 43.13		
	200m: 2:42.36 42.56		400m: 5:31.29 42.40		600m: 8:20.72 42.53	800m: 11:11.96 42.26		
3.	Mafalda Martins, MESQUITA	F	202805	07	Famalicao	11:33.49	330	
	50m: 38.95 38.95		250m: 3:35.93 44.13		450m: 6:34.82 45.20	650m: 9:30.79 42.58		
	100m: 1:22.63 43.68		300m: 4:20.11 44.18		500m: 7:18.94 44.12	700m: 10:13.82 43.03		
	150m: 2:07.59 44.96		350m: 5:05.04 44.93		550m: 8:03.62 44.68	750m: 10:56.22 42.40		
	200m: 2:51.80 44.21		400m: 5:49.62 44.58		600m: 8:48.21 44.59	800m: 11:33.49 37.27		
4.	Sofia Alexandra, CARVALHO	F	133262	07	Associação Tubarões de Gaia	11:36.06	326	
	50m: 36.96 36.96		250m: 3:29.98 43.58		450m: 6:28.32 44.38	650m: 9:24.98 43.85		
	100m: 1:18.79 41.83		300m: 4:13.88 43.90		500m: 7:12.59 44.27	700m: 10:09.72 44.74		
	150m: 2:02.83 44.04		350m: 4:58.87 44.99		550m: 7:57.24 44.65	750m: 10:53.35 43.63		
	200m: 2:46.40 43.57		400m: 5:43.94 45.07		600m: 8:41.13 43.89	800m: 11:36.06 42.71		
5.	Mafalda Gomes, TEIXEIRA	F	204698	07	Porto	11:43.26	316	
	50m: 37.59 37.59		250m: 3:31.32 44.43		450m: 6:29.63 44.71	650m: 9:30.23 45.28		
	100m: 1:20.43 42.84		300m: 4:15.77 44.45		500m: 7:14.90 45.27	700m: 10:15.08 44.85		
	150m: 2:03.59 43.16		350m: 5:00.48 44.71		550m: 8:00.29 45.39	750m: 10:59.73 44.65		
	200m: 2:46.89 43.30		400m: 5:44.92 44.44		600m: 8:44.95 44.66	800m: 11:43.26 43.53		
6.	Laura Jesus, MENDES	F	202798	07	Fluvial Portuense	11:49.15	308	
	50m: 40.53 40.53		250m: 3:38.86 44.51		450m: 6:40.18 45.28	650m: 9:38.95 45.25		
	100m: 1:24.91 44.38		300m: 4:24.37 45.51		500m: 7:24.52 44.34	700m: 10:24.37 45.42		
	150m: 2:09.28 44.37		350m: 5:09.72 45.35		550m: 8:09.22 44.70	750m: 11:09.39 45.02		
	200m: 2:54.35 45.07		400m: 5:54.90 45.18		600m: 8:53.70 44.48	800m: 11:49.15 39.76		
7.	Matilde Barros, LEAL	F	132883	07	Aquático Pacense	11:49.24	308	
	50m: 39.64 39.64		250m: 3:35.29 44.53		450m: 6:38.08 46.23	650m: 9:40.07 45.10		
	100m: 1:22.85 43.21		300m: 4:20.19 44.90		500m: 7:23.80 45.72	700m: 10:25.74 45.67		
	150m: 2:06.47 43.62		350m: 5:05.79 45.60		550m: 8:09.24 45.44	750m: 11:09.48 43.74		
	200m: 2:50.76 44.29		400m: 5:51.85 46.06		600m: 8:54.97 45.73	800m: 11:49.24 39.76		

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Prova 17, Femin., 800m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
8.	Iara Clarisse, SOUSA FTL	F	204410	07	Natacao de Valongo	13:00.76	231	
	50m: 43.05	43.05	250m: 3:56.16	48.45	450m: 7:12.86	48.94	650m: 10:32.40	50.36
	100m: 1:31.22	48.17	300m: 4:45.06	48.90	500m: 8:03.06	50.20	700m: 11:22.85	50.45
	150m: 2:19.58	48.36	350m: 5:34.23	49.17	550m: 8:52.32	49.26	750m: 12:12.48	49.63
	200m: 3:07.71	48.13	400m: 6:23.92	49.69	600m: 9:42.04	49.72	800m: 13:00.76	48.28

Infantis A

1.	Lia Beatriz, GOMES	F	200413	06	Vitória Sport Clube	9:58.75	513	
	50m: 34.02	34.02	250m: 3:03.69	37.85	450m: 5:36.77	37.76	650m: 8:10.38	38.54
	100m: 1:10.89	36.87	300m: 3:41.95	38.26	500m: 6:14.77	38.00	700m: 8:47.65	37.27
	150m: 1:48.15	37.26	350m: 4:20.47	38.52	550m: 6:53.42	38.65	750m: 9:24.17	36.52
	200m: 2:25.84	37.69	400m: 4:59.01	38.54	600m: 7:31.84	38.42	800m: 9:58.75	34.58
2.	Ines Aires, NOGUEIRA	F	203625	06	Fluvial Portuense	10:07.54	491	
	50m: 35.48	35.48	250m: 3:08.88	38.50	450m: 5:42.53	38.08	650m: 8:15.04	38.14
	100m: 1:13.41	37.93	300m: 3:47.38	38.50	500m: 6:20.66	38.13	700m: 8:53.16	38.12
	150m: 1:51.85	38.44	350m: 4:25.95	38.57	550m: 6:59.31	38.65	750m: 9:31.30	38.14
	200m: 2:30.38	38.53	400m: 5:04.45	38.50	600m: 7:36.90	37.59	800m: 10:07.54	36.24
3.	Leonor Filipa, PINTO	F	132842	06	Porto	10:12.93	478	
	50m: 35.34	35.34	250m: 3:08.66	38.49	450m: 5:42.28	38.16	650m: 8:17.68	38.73
	100m: 1:13.01	37.67	300m: 3:47.12	38.46	500m: 6:20.88	38.60	700m: 8:56.86	39.18
	150m: 1:51.62	38.61	350m: 4:25.60	38.48	550m: 6:59.92	39.04	750m: 9:36.02	39.16
	200m: 2:30.17	38.55	400m: 5:04.12	38.52	600m: 7:38.95	39.03	800m: 10:12.93	36.91
4.	Catarina Gaspar, PIRES	F	129871	06	Porto	10:25.25	450	
	50m: 33.97	33.97	250m: 3:05.86	39.30	450m: 5:45.61	40.26	650m: 8:26.57	40.37
	100m: 1:10.87	36.90	300m: 3:45.43	39.57	500m: 6:25.72	40.11	700m: 9:07.36	40.79
	150m: 1:48.27	37.40	350m: 4:25.24	39.81	550m: 7:06.24	40.52	750m: 9:47.06	39.70
	200m: 2:26.56	38.29	400m: 5:05.35	40.11	600m: 7:46.20	39.96	800m: 10:25.25	38.19
5.	Ana Luisa, GOUVEIA	F	200924	06	Leixoes Sport Club	10:28.52	443	
	50m: 34.86	34.86	250m: 3:10.32	40.03	450m: 5:48.90	39.70	650m: 8:29.26	40.61
	100m: 1:12.02	37.16	300m: 3:49.65	39.33	500m: 6:29.23	40.33	700m: 9:09.02	39.76
	150m: 1:50.96	38.94	350m: 4:29.75	40.10	550m: 7:08.52	39.29	750m: 9:49.87	40.85
	200m: 2:30.29	39.33	400m: 5:09.20	39.45	600m: 7:48.65	40.13	800m: 10:28.52	38.65
6.	Ana Rita, MARTINS	F	128148	06	Foca	10:37.90	424	
	50m: 35.40	35.40	250m: 3:13.38	39.86	450m: 5:54.40	40.38	650m: 8:36.23	40.34
	100m: 1:14.62	39.22	300m: 3:53.93	40.55	500m: 6:34.38	39.98	700m: 9:17.28	41.05
	150m: 1:54.03	39.41	350m: 4:34.25	40.32	550m: 7:15.05	40.67	750m: 9:57.45	40.17
	200m: 2:33.52	39.49	400m: 5:14.02	39.77	600m: 7:55.89	40.84	800m: 10:37.90	40.45
7.	Maria Joao, FERREIRA	F	132732	06	Foca	10:39.37	421	
	50m: 34.95	34.95	250m: 3:12.05	40.49	450m: 5:54.43	40.71	650m: 8:37.74	40.79
	100m: 1:12.70	37.75	300m: 3:52.41	40.36	500m: 6:35.28	40.85	700m: 9:18.86	41.12
	150m: 1:51.63	38.93	350m: 4:32.86	40.45	550m: 7:15.94	40.66	750m: 9:59.85	40.99
	200m: 2:31.56	39.93	400m: 5:13.72	40.86	600m: 7:56.95	41.01	800m: 10:39.37	39.52
8.	Ema Monteiro, RIBAS	F	201138	06	Fluvial Portuense	10:40.75	418	
	50m: 35.77	35.77	250m: 3:15.81	40.28	450m: 5:58.10	40.38	650m: 8:39.87	41.33
	100m: 1:15.10	39.33	300m: 3:56.52	40.71	500m: 6:38.36	40.26	700m: 9:20.08	40.21
	150m: 1:55.35	40.25	350m: 4:36.95	40.43	550m: 7:18.43	40.07	750m: 10:00.29	40.21
	200m: 2:35.53	40.18	400m: 5:17.72	40.77	600m: 7:58.54	40.11	800m: 10:40.75	40.46
9.	Joana Filipa, PINTO	F	202846	06	Fluvial Portuense	10:47.27	406	
	50m: 34.97	34.97	250m: 3:12.80	39.93	450m: 5:55.46	40.53	650m: 8:41.76	41.84
	100m: 1:13.56	38.59	300m: 3:53.17	40.37	500m: 6:36.96	41.50	700m: 9:23.66	41.90
	150m: 1:53.08	39.52	350m: 4:33.75	40.58	550m: 7:18.47	41.51	750m: 10:05.91	42.25
	200m: 2:32.87	39.79	400m: 5:14.93	41.18	600m: 7:59.92	41.45	800m: 10:47.27	41.36
10.	Maria Joao, MAGALHAES	F	201098	06	Vitória Sport Clube	10:51.90	397	
	50m: 35.88	35.88	250m: 3:18.59	41.67	450m: 6:05.09	41.20	650m: 8:51.52	41.28
	100m: 1:14.71	38.83	300m: 4:00.06	41.47	500m: 6:47.73	42.64	700m: 9:33.07	41.55
	150m: 1:55.69	40.98	350m: 4:41.55	41.49	550m: 7:28.85	41.12	750m: 10:13.59	40.52
	200m: 2:36.92	41.23	400m: 5:23.89	42.34	600m: 8:10.24	41.39	800m: 10:51.90	38.31
11.	Matilde Teixeira, SOUSA	F	129947	06	Natacao de Valongo	11:15.79	356	
	50m: 35.81	35.81	250m: 3:27.19	43.18	450m: 6:21.36	43.63	650m: 9:10.32	41.47
	100m: 1:16.25	40.44	300m: 4:10.58	43.39	500m: 7:03.23	41.87	700m: 9:51.95	41.63
	150m: 2:00.12	43.87	350m: 4:53.95	43.37	550m: 7:46.06	42.83	750m: 10:34.21	42.26
	200m: 2:44.01	43.89	400m: 5:37.73	43.78	600m: 8:28.85	42.79	800m: 11:15.79	41.58
EXH	Julia Oliveira, SOUZA	F	205780	07	Fluvial Portuense	10:51.40	398	
	50m: 37.03	37.03	250m: 3:22.23	41.56	450m: 6:08.97	41.90	650m: 8:51.78	40.78
	100m: 1:18.10	41.07	300m: 4:04.32	42.09	500m: 6:49.84	40.87	700m: 9:32.83	41.05
	150m: 1:59.72	41.62	350m: 4:46.25	41.93	550m: 7:29.86	40.02	750m: 10:13.10	40.27
	200m: 2:40.67	40.95	400m: 5:27.07	40.82	600m: 8:11.00	41.14	800m: 10:51.40	38.30

Prova 18		Masc., 400m Livres			Infantis
10/03/2019 - 9:40		VITALIS			Resultados
Rec Nac 25m Absoluto	3:42.91	Miguel Duarte, NASCIMENTO	SLB	Porto	09/12/2017
Rec Nac 25m Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014
Rec Nac 25m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003
Recorde Regional 25m Absoluto	3:45.58	Fabio Manuel, PEREIRA	FPN	Istanbul (TUR)	10/12/2009
Recorde Regional 25m Inf A	4:13.70	Rui Paulo, BORGES	FCP	Antas	25/07/1981
Recorde Regional 25m Inf B	4:26.90	Joao Claudio, SOUSA	GESP	Felgueiras	08/04/2006
Infantis B Masc Inf B: 5:35.50 / Infantis A Masc Inf A: 5:22.85					

Infantis B Masc Inf B: 5:35.50 / Infantis A Masc Inf A: 5:22.85

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Eduardo Pacheco, CUNHA	M	130199	06	Fluvial Portuense	4:54.23	375	
	50m: 33.47 33.47	150m: 1:47.87 37.63	250m: 3:03.77 38.05	350m: 4:18.77 37.14				
	100m: 1:10.24 36.77	200m: 2:25.72 37.85	300m: 3:41.63 37.86	400m: 4:54.23 35.46				
2.	Tomas Mendes, COSTA	M	132343	06	Famalicao	5:10.41	319	
	50m: 34.52 34.52	150m: 1:51.92 39.57	250m: 3:11.94 39.93	350m: 4:31.48 39.82				
	100m: 1:12.35 37.83	200m: 2:32.01 40.09	300m: 3:51.66 39.72	400m: 5:10.41 38.93				
3.	Dinis Soares, NEVES	M	133095	06	Luso-Internacional do Porto	5:15.30	305	
	50m: 34.02 34.02	150m: 1:55.68 41.16	250m: 3:18.33 41.59	350m: 4:38.96 39.87				
	100m: 1:14.52 40.50	200m: 2:36.74 41.06	300m: 3:59.09 40.76	400m: 5:15.30 36.34				
4.	Rui Miguel, SANTOS	M	204083	06	Porto	5:15.55	304	
	50m: 34.50 34.50	150m: 1:55.10 40.80	250m: 3:17.18 40.93	350m: 4:38.96 40.81				
	100m: 1:14.30 39.80	200m: 2:36.25 41.15	300m: 3:58.15 40.97	400m: 5:15.55 36.59				
5.	Bruno Silva, LOUREIRO	M	129872	06	Porto	5:17.52	298	
	50m: 35.87 35.87	150m: 1:58.45 42.35	250m: 3:20.39 41.20	350m: 4:39.23 39.32				
	100m: 1:16.10 40.23	200m: 2:39.19 40.74	300m: 3:59.91 39.52	400m: 5:17.52 38.29				
6.	Jose Pedro, CARNEIRO	M	201823	06	Natacao de Valongo	5:17.77	297	
	50m: 34.01 34.01	150m: 1:52.47 40.42	250m: 3:13.87 41.26	350m: 4:36.42 41.55				
	100m: 1:12.05 38.04	200m: 2:32.61 40.14	300m: 3:54.87 41.00	400m: 5:17.77 41.35				
7.	Francisco Barbosa, SILVA	M	205578	06	Vilacondense	5:19.08	294	
	50m: 32.20 32.20	150m: 1:53.06 41.66	250m: 3:15.81 41.25	350m: 4:39.42 41.89				
	100m: 1:11.40 39.20	200m: 2:34.56 41.50	300m: 3:57.53 41.72	400m: 5:19.08 39.66				
8.	Manuel Alves, GONCALVES	M	148528	06	Celorico Basto	5:19.96	291	
	50m: 35.29 35.29	150m: 1:55.52 40.85	250m: 3:17.61 41.60	350m: 4:40.32 41.32				
	100m: 1:14.67 39.38	200m: 2:36.01 40.49	300m: 3:59.00 41.39	400m: 5:19.96 39.64				
9.	Francisco Manuel, SAMPAIO	M	128714	06	Foca	5:20.15	291	
	50m: 36.48 36.48	150m: 1:57.76 41.46	250m: 3:19.71 40.95	350m: 4:41.07 40.34				
	100m: 1:16.30 39.82	200m: 2:38.76 41.00	300m: 4:00.73 41.02	400m: 5:20.15 39.08				
10.	Goncalo Sa, MAGALHAES	M	201798	06	Leixoes Sport Club	5:20.73	289	
	50m: 35.95 35.95	150m: 1:57.00 40.98	250m: 3:19.18 41.39	350m: 4:41.52 40.72				
	100m: 1:16.02 40.07	200m: 2:37.79 40.79	300m: 4:00.80 41.62	400m: 5:20.73 39.21				
11.	Joao Pedro, ALVES	M	148570	06	Assoc. Desportiva de Fafe	5:33.63	257	
	50m: 36.53 36.53	150m: 2:00.07 42.33	250m: 3:25.47 43.04	350m: 4:51.55 42.85				
	100m: 1:17.74 41.21	200m: 2:42.43 42.36	300m: 4:08.70 43.23	400m: 5:33.63 42.08				
12.	Afonso Azevedo, PACHECO	M	201382	06	Vilacondense	5:34.65	255	
	50m: 36.12 36.12	150m: 2:00.57 43.46	250m: 3:28.48 44.17	350m: 4:54.38 42.21				
	100m: 1:17.11 40.99	200m: 2:44.31 43.74	300m: 4:12.17 43.69	400m: 5:34.65 40.27				
13.	Pedro Santos, PEREIRA FTL	M	202814	06	Leixoes Sport Club	5:41.58	239	
	50m: 36.43 36.43	150m: 2:03.14 43.96	250m: 3:32.15 44.30	350m: 4:59.53 44.23				
	100m: 1:19.18 42.75	200m: 2:47.85 44.71	300m: 4:15.30 43.15	400m: 5:41.58 42.05				
14.	Duarte Traila, MARTINS FTL	M	132330	06	Famalicao	5:52.68	217	
	50m: 41.42 41.42	150m: 2:12.26 45.63	250m: 3:41.76 44.86	350m: 5:10.44 44.26				
	100m: 1:26.63 45.21	200m: 2:56.90 44.64	300m: 4:26.18 44.42	400m: 5:52.68 42.24				
15.	Afonso Magalhaes, CABRAL FTL	M	130163	06	Leixoes Sport Club	5:54.50	214	
	50m: 37.86 37.86	150m: 2:08.18 46.15	250m: 3:41.16 46.50	350m: 5:13.37 45.99				
	100m: 1:22.03 44.17	200m: 2:54.66 46.48	300m: 4:27.38 46.22	400m: 5:54.50 41.13				

O Secretário do Juri

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Prova 18, Masc., 400m Livres

Infantis A

1.	Alexandre Sousa, FERREIRA	M	132325 05	Famalicao					4:33.92	465
	50m: 31.04 31.04		150m: 1:40.80	35.51	250m: 2:51.68	35.27	350m: 4:01.28		34.42	
	100m: 1:05.29 34.25		200m: 2:16.41	35.61	300m: 3:26.86	35.18	400m: 4:33.92		32.64	
2.	Alexandre Ramos, GONCALVES	M	128601 05	Colegio SMLamas				4:35.51	457	
	50m: 31.08 31.08		150m: 1:40.55	34.96	250m: 2:51.03	35.25	350m: 3:59.38		33.27	
	100m: 1:05.59 34.51		200m: 2:15.78	35.23	300m: 3:26.11	35.08	400m: 4:35.51		36.13	
3.	Vasco Almeida, RIBEIRO	M	131214 05	Colegio SMLamas				4:43.50	419	
	50m: 31.27 31.27		150m: 1:41.62	35.71	250m: 2:55.29	36.99	350m: 4:08.87		36.88	
	100m: 1:05.91 34.64		200m: 2:18.30	36.68	300m: 3:31.99	36.70	400m: 4:43.50		34.63	
4.	Tomas Carvalhinho, RIBEIRO	M	131799 05	Natacao da Maia				4:49.31	394	
	50m: 32.20 32.20		150m: 1:44.78	37.03	250m: 2:59.17	36.94	350m: 4:13.47		37.08	
	100m: 1:07.75 35.55		200m: 2:22.23	37.45	300m: 3:36.39	37.22	400m: 4:49.31		35.84	
5.	Rodrigo Fernandes, RODRIGUES	M	130118 05	Vitória Sport Clube				4:51.43	386	
	50m: 31.38 31.38		150m: 1:45.05	37.68	250m: 3:00.63	38.02	350m: 4:16.23		37.64	
	100m: 1:07.37 35.99		200m: 2:22.61	37.56	300m: 3:38.59	37.96	400m: 4:51.43		35.20	
6.	Diogo Miguel, VENTURA	M	132730 05	Foca				4:52.12	383	
	50m: 32.02 32.02		150m: 1:44.73	36.77	250m: 3:00.40	37.93	350m: 4:15.39		37.25	
	100m: 1:07.96 35.94		200m: 2:22.47	37.74	300m: 3:38.14	37.74	400m: 4:52.12		36.73	
7.	Guilherme Coutinho, CASTRO	M	130101 05	Famalicao				4:53.53	378	
	50m: 33.28 33.28		150m: 1:47.07	36.88	250m: 3:02.19	38.08	350m: 4:16.86		37.48	
	100m: 1:10.19 36.91		200m: 2:24.11	37.04	300m: 3:39.38	37.19	400m: 4:53.53		36.67	
8.	Vasco Goncalves, NETO	M	129739 05	Porto				4:54.61	373	
	50m: 33.29 33.29		150m: 1:48.54	37.71	250m: 3:04.72	37.95	350m: 4:19.26		37.36	
	100m: 1:10.83 37.54		200m: 2:26.77	38.23	300m: 3:41.90	37.18	400m: 4:54.61		35.35	
9.	Eduardo Costa, SILVA	M	129731 05	Porto				4:55.28	371	
	50m: 32.06 32.06		150m: 1:45.13	37.32	250m: 3:01.30	37.92	350m: 4:18.35		38.17	
	100m: 1:07.81 35.75		200m: 2:23.38	38.25	300m: 3:40.18	38.88	400m: 4:55.28		36.93	
10.	Goncalo Manuel, SILVA	M	129734 05	Porto				4:55.74	369	
	50m: 31.90 31.90		150m: 1:45.31	36.93	250m: 3:01.87	38.46	350m: 4:18.80		38.50	
	100m: 1:08.38 36.48		200m: 2:23.41	38.10	300m: 3:40.30	38.43	400m: 4:55.74		36.94	
11.	Afonso Teixeira, LOPES	M	127333 05	Foca				4:56.64	366	
	50m: 33.86 33.86		150m: 1:47.98	36.92	250m: 3:04.54	38.34	350m: 4:20.29		37.69	
	100m: 1:11.06 37.20		200m: 2:26.20	38.22	300m: 3:42.60	38.06	400m: 4:56.64		36.35	
12.	Guilherme Jesus, CARVALHO	M	201136 05	Foca				4:56.99	365	
	50m: 33.73 33.73		150m: 1:48.82	37.71	250m: 3:03.88	37.35	350m: 4:19.69		37.94	
	100m: 1:11.11 37.38		200m: 2:26.53	37.71	300m: 3:41.75	37.87	400m: 4:56.99		37.30	
13.	Tiago Ventura, MARTINS	M	131134 05	Foca				5:01.60	348	
	50m: 33.64 33.64		150m: 1:49.35	38.48	250m: 3:05.90	38.23	350m: 4:23.38		38.61	
	100m: 1:10.87 37.23		200m: 2:27.67	38.32	300m: 3:44.77	38.87	400m: 5:01.60		38.22	
14.	Pedro Engracia, ANTUNES	M	131318 05	Luso-Internacional do Porto				5:01.62	348	
	50m: 30.47 30.47		150m: 1:44.46	37.42	250m: 3:02.45	39.17	350m: 4:22.90		40.33	
	100m: 1:07.04 36.57		200m: 2:23.28	38.82	300m: 3:42.57	40.12	400m: 5:01.62		38.72	
15.	Afonso Martim, LEITE	M	127335 05	Foca				5:09.72	321	
	50m: 35.08 35.08		150m: 1:52.66	39.53	250m: 3:11.41	39.32	350m: 4:30.56		39.27	
	100m: 1:13.13 38.05		200m: 2:32.09	39.43	300m: 3:51.29	39.88	400m: 5:09.72		39.16	
16.	Hugo Gabriel, MARTINS	M	201140 05	Fluvial Portuense				5:10.62	319	
	50m: 33.43 33.43		150m: 1:49.27	38.69	250m: 3:10.24	40.80	350m: 4:31.30		40.30	
	100m: 1:10.58 37.15		200m: 2:29.44	40.17	300m: 3:51.00	40.76	400m: 5:10.62		39.32	
17.	Andre Lima, MAGALHAES	M	129727 05	Porto				5:11.28	317	
	50m: 34.12 34.12		150m: 1:54.32	40.70	250m: 3:14.76	40.37	350m: 4:34.30		39.80	
	100m: 1:13.62 39.50		200m: 2:34.39	40.07	300m: 3:54.50	39.74	400m: 5:11.28		36.98	
WDR	Rodolfo Simao, MATEUS	M	130089 05	Vitória Sport Clube						

Prova 19
10/03/2019 - 10:10

Femin., 200m Costas
CLINICA MEDICA DA FOZ

Infantis
Resultados

Rec Nac 25m Absoluto	2:09.12	Rita Barros, FRISCHNECHT	SAD	Porto	08/12/2017
Rec Nac 25m Inf A	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Alg�s	06/06/2015
Rec Nac 25m Inf B	2:27.90	Carolina Miranda, FERNANDES	CGA	Mealhada	26/03/2017
Recorde Regional 25m Absoluto	2:14.17	Marta Vieira, MARINHO	FCP	Mealhada	18/12/2011
Recorde Regional 25m Inf A	2:22.25	Keissy Joselin, SOUSA	FCP	Alg�s	15/03/1998
Recorde Regional 25m Inf B	2:27.92	Keissy Joselin, SOUSA	FCP	Alcoba�a	16/03/1997

Infantis A Fem Inf A: 3:07.00 / Infantis B Fem Inf B: 3:18.00

Pontos: FINA 2018

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Barbara Sofia, GOMES	F	147188	07	Leixoes Sport Club	2:45.67	372	
	50m: 39.49 39.49	100m: 1:22.08	42.59	150m: 2:05.46	43.38	200m: 2:45.67	40.21	
2.	Mafalda Gomes, TEIXEIRA	F	204698	07	Porto	2:48.65	353	
	50m: 40.65 40.65	100m: 1:23.45	42.80	150m: 2:06.69	43.24	200m: 2:48.65	41.96	
3.	Eva Oliveira, SILVA	F	201964	07	Penafiel	2:59.45	293	
	50m: 42.37 42.37	100m: 1:29.16	46.79	150m: 2:15.99	46.83	200m: 2:59.45	43.46	
4.	Filipa Silva, RODRIGUES	F	200208	07	Clube Naval Povoense	3:00.06	290	
	50m: 42.49 42.49	100m: 1:28.26	45.77	150m: 2:15.13	46.87	200m: 3:00.06	44.93	
5.	Mafalda Guimaraes, REBELO	F	148682	07	Fluvial Portuense	3:01.18	284	
	50m: 43.70 43.70	100m: 1:29.87	46.17	150m: 2:16.85	46.98	200m: 3:01.18	44.33	
6.	Carolina Malheiro, RODRIGUES	F	152099	07	Gin�sio Santo Tirso	3:01.21	284	
	50m: 43.47 43.47	100m: 1:28.66	45.19	150m: 2:14.88	46.22	200m: 3:01.21	46.33	
7.	Iara Herdeiro, OLIVEIRA	F	202666	07	Vilacondense	3:06.99	259	
	50m: 42.55 42.55	100m: 1:31.15	48.60	150m: 2:20.52	49.37	200m: 3:06.99	46.47	
8.	Ana Senhorinha, SILVA	F	205527	07	Nata�o da Maia	3:11.89	239	
	50m: 43.43 43.43	100m: 1:32.32	48.89	150m: 2:23.00	50.68	200m: 3:11.89	48.89	
9.	Sara Rafaela, LEAL	F	204403	07	Penafiel	3:14.67	229	
	50m: 47.38 47.38	100m: 1:38.20	50.82	150m: 2:26.93	48.73	200m: 3:14.67	47.74	
10.	Gabriela Oliveira, SILVA	F	201965	07	Penafiel	3:15.07	228	
	50m: 45.97 45.97	100m: 1:36.11	50.14	150m: 2:27.42	51.31	200m: 3:15.07	47.65	
11.	Maria Francisca, BERNARDO FTL	F	205973	07	Vilacondense	3:19.72	212	
	50m: 46.61 46.61	100m: 1:38.58	51.97	150m: 2:31.71	53.13	200m: 3:19.72	48.01	
12.	Diana Vieira, SANTOS FTL	F	205577	07	Vilacondense	3:20.30	210	
	50m: 46.63 46.63	100m: 1:39.50	52.87	150m: 2:31.22	51.72	200m: 3:20.30	49.08	
13.	Matilde Araujo, PALMEIRA FTL	F	202806	07	Vilacondense	3:25.74	194	
	50m: 49.15 49.15	100m: 1:41.62	52.47	150m: 2:33.22	51.60	200m: 3:25.74	52.52	
DSQ	Ana Isabel, PEREIRA	F	208346	07	Vilacondense			
607 - O(A) nadador(a) n�o come�ou a executar a viragem imediatamente ap�s terminar a bra�ada na posi��o ventral aos 100 metros - SW 6.4								
WDR	Beatriz Meireles, MARINHO	F	202219	07	Celorigo Basto			

Infantis A

1.	Daniela Alexandra, COSTA	F	129441	06	Leixoes Sport Club	2:33.48	468	
	50m: 34.30 34.30	100m: 1:13.77	39.47	150m: 1:53.59	39.82	200m: 2:33.48	39.89	
2.	Joana Filipa, PINTO	F	202846	06	Fluvial Portuense	2:35.14	453	
	50m: 36.04 36.04	100m: 1:15.03	38.99	150m: 1:56.05	41.02	200m: 2:35.14	39.09	
3.	Catarina Gaspar, PIRES	F	129871	06	Porto	2:38.27	427	
	50m: 37.41 37.41	100m: 1:17.51	40.10	150m: 1:58.33	40.82	200m: 2:38.27	39.94	
4.	Maria Joao, FERREIRA	F	132732	06	Foca	2:38.30	427	
	50m: 37.50 37.50	100m: 1:17.78	40.28	150m: 1:58.64	40.86	200m: 2:38.30	39.66	

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Prova 19, Femin., 200m Costas, Infantis A

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
5.	Lara Gomes, NETO 50m: 37.99 37.99	F	132881 06	Aquatico Pacense 40.88 150m: 1:59.81 40.94	2:40.49 2:40.49	410	40.68
6.	Gabriela Ferreira, NEVES 50m: 38.41 38.41	F	132731 06	Foca 41.25 150m: 2:00.65 40.99	2:40.93 2:40.93	406	40.28
7.	Ines Gomes, MENDES 50m: 38.18 38.18	F	153455 06	Aquatico Pacense 43.05 150m: 2:01.79 40.56	2:42.23 2:42.23	396	40.44
8.	Ana Martim, FERREIRA 50m: 39.64 39.64	F	200767 06	Leixoes Sport Club 43.16 150m: 2:06.55 43.75	2:48.25 2:48.25	355	41.70
9.	Bebiana Filipa, BARBOSA 50m: 40.06 40.06	F	147271 06	Aquatico Pacense 43.40 150m: 2:07.50 44.04	2:49.51 2:49.51	347	42.01
10.	Matilde Teixeira, SOUSA 50m: 39.81 39.81	F	129947 06	Natacao de Valongo 44.14 150m: 2:08.85 44.90	2:50.49 2:50.49	342	41.64
11.	Sophia Szrek, PEREIRA 50m: 39.80 39.80	F	129738 06	Porto 43.27 150m: 2:07.70 44.63	2:51.25 2:51.25	337	43.55
12.	Clara Daniela, SANTOS 50m: 39.66 39.66	F	129358 06	Colegio SMLamas 43.51 150m: 2:07.89 44.72	2:51.43 2:51.43	336	43.54
13.	Carina, CHYZH 50m: 39.54 39.54	F	202731 06	Vitória Sport Clube 43.20 150m: 2:07.63 44.89	2:51.52 2:51.52	335	43.89
14.	Mariana Fontes, FERNANDES 50m: 40.02 40.02	F	133141 06	Colegio SMLamas 43.76 150m: 2:08.33 44.55	2:52.08 2:52.08	332	43.75
15.	Maria Santos, SILVA 50m: 41.20 41.20	F	202788 06	Clube Naval Povoense 43.53 150m: 2:09.32 44.59	2:52.49 2:52.49	330	43.17
16.	Maria Luis, SA 50m: 40.62 40.62	F	131836 06	Fluvial Portuense 43.98 150m: 2:09.10 44.50	2:54.12 2:54.12	321	45.02
17.	Ana Rita, MARTINS 50m: 40.88 40.88	F	128148 06	Foca 44.79 150m: 2:10.96 45.29	2:54.40 2:54.40	319	43.44
18.	Ariana Pinto, MAIA FTL 50m: 47.22 47.22	F	208232 06	Natacao de Valongo 51.57 150m: 2:31.58 52.79	3:23.38 3:23.38	201	51.80
19.	Mara Luciana, MORAIS FTL 50m: 55.52 55.52	F	209926 06	Vitória Sport Clube 1:02.98 150m: 3:03.82 1:05.32	4:05.72 4:05.72	114	1:01.90
DSQ	Ines Francisca, LEAL 607 - O(A) nadador(a) não começou a executar a viragem imediatamente após terminar a braçada na posição ventral aos 124 metros - SW 6.4	F	202162 06	Aquatico Pacense			
WDR	Joana Franco, AMARAL	F	207657 06	Luso-Internacional do Porto			
EXH	Bella Li, YUXUAN 50m: 43.69 43.69	F	202178 06	Luso-Internacional do Porto 46.09 150m: 2:16.41 46.63	3:02.07 3:02.07	280	45.66

Prova 20
10/03/2019 - 10:50

Masc., 200m Costas
TURBO

Infantis
Resultados

Rec Nac 25m Absoluto	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16/12/2018
Rec Nac 25m Inf A	2:09.17	Joao Alexandre, VITAL	ADRCIMM	Algés	29/06/2012
Rec Nac 25m Inf B	2:15.27	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	16/03/2013
Recorde Regional 25m Absoluto	1:57.46	Miguel Adriano, NIZ	CFV	Tavira	19/11/2006
Recorde Regional 25m Inf A	2:12.22	Jose Salgado, MOREIRA	GDNF	Vila Praia de Ancora	16/05/2015
Recorde Regional 25m Inf B	2:19.07	Jose Salgado, MOREIRA	GDNVNF	Cantanhede	29/03/2014

Infantis B Masc Inf B: 3:01.50 / Infantis A Masc Inf A: 2:51.60

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Francisco Araujo, SILVA	M	132331	06	Famalicao	2:29.50	352	
	50m: 34.21 34.21	100m: 1:12.79			38.58 150m: 1:51.94	39.15 200m: 2:29.50		37.56
2.	Miguel Azevedo, ROCHA	M	131262	06	Penafiel	2:32.72	330	
	50m: 34.76 34.76	100m: 1:13.24			38.48 150m: 1:52.96	39.72 200m: 2:32.72		39.76
3.	Tomas Ferreira, OLIVEIRA	M	151457	06	Natacao da Maia	2:36.92	305	
	50m: 36.95 36.95	100m: 1:18.04			41.09 150m: 1:58.51	40.47 200m: 2:36.92		38.41
4.	Eduardo Pacheco, CUNHA	M	130199	06	Fluvial Portuense	2:38.04	298	
	50m: 37.69 37.69	100m: 1:18.72			41.03 150m: 1:59.75	41.03 200m: 2:38.04		38.29
5.	Vasco Monteiro, CASTRO	M	202720	06	Porto	2:39.49	290	
	50m: 36.36 36.36	100m: 1:16.67			40.31 150m: 1:58.49	41.82 200m: 2:39.49		41.00
6.	Romulo Neves, PINTO	M	131795	06	Colegio SMLamas	2:40.94	282	
	50m: 36.31 36.31	100m: 1:17.65			41.34 150m: 2:00.36	42.71 200m: 2:40.94		40.58
7.	Joao Carlos, BARROS	M	200357	06	Associacao Tubaroes de Gaia	2:41.69	278	
	50m: 39.07 39.07	100m: 1:20.03			40.96 150m: 2:01.44	41.41 200m: 2:41.69		40.25
8.	Francisco Barbosa, SILVA	M	205578	06	Vilacondense	2:45.30	260	
	50m: 38.27 38.27	100m: 1:20.88			42.61 150m: 2:04.53	43.65 200m: 2:45.30		40.77
9.	Bruno Silva, LOUREIRO	M	129872	06	Porto	2:46.19	256	
	50m: 40.32 40.32	100m: 1:22.45			42.13 150m: 2:05.48	43.03 200m: 2:46.19		40.71
10.	Tiago Marques, PEREIRA	M	130166	06	Leixoes Sport Club	2:46.37	255	
	50m: 39.09 39.09	100m: 1:22.01			42.92 150m: 2:06.07	44.06 200m: 2:46.37		40.30
11.	Gustavo Gomes, RAMOS	M	200774	06	Porto	2:47.81	249	
	50m: 38.95 38.95	100m: 1:21.66			42.71 150m: 2:04.88	43.22 200m: 2:47.81		42.93
12.	Francisco Campos, LOURENCO	M	132136	06	Natacao de Valongo	2:49.24	243	
	50m: 38.85 38.85	100m: 1:21.65			42.80 150m: 2:06.22	44.57 200m: 2:49.24		43.02
13.	Manuel Alves, GONCALVES	M	148528	06	Celorico Basto	2:50.02	239	
	50m: 37.57 37.57	100m: 1:20.30			42.73 150m: 2:05.18	44.88 200m: 2:50.02		44.84
14.	Joao Pedro, ALVES	M	148570	06	Assoc. Desportiva de Fafe	2:51.15	235	
	50m: 40.55 40.55	100m: 1:23.76			43.21 150m: 2:08.49	44.73 200m: 2:51.15		42.66
15.	Manuel Joaquim, LEAL	M	130075	06	Aquatico Pacense	2:53.54	225	
	50m: 41.30 41.30	100m: 1:25.61			44.31 150m: 2:10.12	44.51 200m: 2:53.54		43.42
16.	Jose Pedro, CARNEIRO	M	201823	06	Natacao de Valongo	2:54.23	222	
	50m: 41.33 41.33	100m: 1:25.10			43.77 150m: 2:10.20	45.10 200m: 2:54.23		44.03
17.	Joao Alexandre, MOLAR	M	200980	06	Luso-Internacional do Porto	2:55.20	219	
	50m: 40.71 40.71	100m: 1:25.28			44.57 150m: 2:10.91	45.63 200m: 2:55.20		44.29
18.	Martim Alves, GONCALVES	M	130643	06	Celorico Basto	2:57.32	211	
	50m: 44.31 44.31	100m: 1:29.89			45.58 150m: 2:14.16	44.27 200m: 2:57.32		43.16
19.	Pedro Santos, PEREIRA	M	202814	06	Leixoes Sport Club	2:57.39	211	
	50m: 42.13 42.13	100m: 1:26.94			44.81 150m: 2:12.91	45.97 200m: 2:57.39		44.48
20.	Dinis Canais, PERA	M	130639	06	Celorico Basto	3:00.09	201	
	50m: 43.03 43.03	100m: 1:29.72			46.69 150m: 2:16.27	46.55 200m: 3:00.09		43.82
21.	Guilherme Ramos, SILVA FTL	M	205033	06	Vilacondense	3:03.40	191	
	50m: 42.79 42.79	100m: 1:30.67			47.88 150m: 2:17.74	47.07 200m: 3:03.40		45.66
22.	Goncalo Martins, AZEVEDO FTL	M	205523	06	Famalicao	3:06.24	182	
	50m: 45.17 45.17	100m: 1:32.47			47.30 150m: 2:20.21	47.74 200m: 3:06.24		46.03

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Prova 20, Masc., 200m Costas, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
23.	Gabriel Neves, CARDOSO FTL	M	204997	06	Natacao de Valongo	3:12.53	165	
	50m: 45.64 45.64	100m: 1:35.21	49.57	150m: 2:25.36	50.15	200m: 3:12.53	47.17	
24.	Rafael Jesus, BARROS FTL	M	148657	06	Penafiel	3:15.45	157	
	50m: 45.68 45.68	100m: 1:35.56	49.88	150m: 2:26.88	51.32	200m: 3:15.45	48.57	
25.	Frederico Silva, SANTOS FTL	M	200995	06	Penafiel	3:17.14	153	
	50m: 47.12 47.12	100m: 1:38.01	50.89	150m: 2:29.11	51.10	200m: 3:17.14	48.03	
26.	Airton Cunha, GUEDES FTL	M	202231	06	Penafiel	3:19.93	147	
	50m: 46.46 46.46	100m: 1:39.18	52.72	150m: 2:31.45	52.27	200m: 3:19.93	48.48	
27.	Tiago Moreira, GOMES FTL	M	207711	06	Vilacondense	3:20.22	146	
	50m: 47.64 47.64	100m: 1:39.52	51.88	150m: 2:31.82	52.30	200m: 3:20.22	48.40	
28.	Miguel Cunha, GOMES FTL	M	205783	06	Fluvial Portuense	3:38.01	113	
	50m: 52.07 52.07	100m: 1:47.28	55.21	150m: 2:43.47	56.19	200m: 3:38.01	54.54	

Infantis A

1.	Afonso Carvalho, SILVA	M	130127	05	Famalicao	2:22.45	407	
	50m: 33.36 33.36	100m: 1:10.21	36.85	150m: 1:46.92	36.71	200m: 2:22.45	35.53	
2.	Rodrigo Barroso, PINTO	M	148567	05	Porto	2:26.15	377	
	50m: 33.64 33.64	100m: 1:11.21	37.57	150m: 1:48.98	37.77	200m: 2:26.15	37.17	
3.	Guilherme Coutinho, CASTRO	M	130101	05	Famalicao	2:27.68	365	
	50m: 34.98 34.98	100m: 1:12.38	37.40	150m: 1:50.32	37.94	200m: 2:27.68	37.36	
4.	Filipe Silva, RIBEIRO	M	132090	05	Leixoes Sport Club	2:27.91	364	
	50m: 33.59 33.59	100m: 1:11.51	37.92	150m: 1:51.81	40.30	200m: 2:27.91	36.10	
5.	Guilherme Nunes, ANDRADE	M	127620	05	Clube Naval Povoense	2:31.02	342	
	50m: 35.20 35.20	100m: 1:13.15	37.95	150m: 1:52.71	39.56	200m: 2:31.02	38.31	
6.	Guilherme Fernandes, MATEUS	M	130102	05	Famalicao	2:31.36	339	
	50m: 35.63 35.63	100m: 1:13.82	38.19	150m: 1:53.18	39.36	200m: 2:31.36	38.18	
7.	Rui Anjos, COSTA	M	129944	05	Porto	2:33.70	324	
	50m: 36.44 36.44	100m: 1:16.27	39.83	150m: 1:55.56	39.29	200m: 2:33.70	38.14	
8.	Vasco Soares, ALVES	M	201771	05	Fluvial Portuense	2:35.12	315	
	50m: 34.70 34.70	100m: 1:13.55	38.85	150m: 1:55.10	41.55	200m: 2:35.12	40.02	
9.	Joao Carlos, GUERRA	M	132888	05	Porto	2:40.99	282	
	50m: 38.05 38.05	100m: 1:19.40	41.35	150m: 2:01.23	41.83	200m: 2:40.99	39.76	
10.	Tiago Ventura, MARTINS	M	131134	05	Foca	2:44.81	263	
	50m: 38.12 38.12	100m: 1:20.11	41.99	150m: 2:02.83	42.72	200m: 2:44.81	41.98	
11.	Joao Afonso, TEIGA	M	208066	05	Natacao da Maia	2:49.83	240	
	50m: 38.85 38.85	100m: 1:22.56	43.71	150m: 2:07.20	44.64	200m: 2:49.83	42.63	
12.	Tiago Lemos, SILVA FTL	M	130202	05	Fluvial Portuense	2:55.96	216	
	50m: 43.42 43.42	100m: 1:28.57	45.15	150m: 2:13.56	44.99	200m: 2:55.96	42.40	
13.	Joao Pedro, SEIXAS FTL	M	127821	05	Natacao da Maia	2:57.86	209	
	50m: 42.04 42.04	100m: 1:27.84	45.80	150m: 2:14.07	46.23	200m: 2:57.86	43.79	
14.	Tomas Martins, VIEIRA FTL	M	208231	05	Natacao de Valongo	3:05.04	186	
	50m: 42.62 42.62	100m: 1:30.28	47.66	150m: 2:18.15	47.87	200m: 3:05.04	46.89	

Prova 20, Masc., 200m Costas, Infantis A

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
15.	Nuno Miguel, SAMPAIO FTL	M	127334	05	Foca	3:05.77	183	
	50m: 45.12 45.12		100m: 1:31.36		46.24 150m: 2:18.65 47.29	200m: 3:05.77	47.12	
DSQ	Tomas Coelho, PEREIRA 607 - O(A) nadador(a) n�o come�ou a executar a viragem imediatamente ap�s terminar a bra�ada na posi��o ventral aos 100 metros - SW 6.4	M	133202	05	Penafiel			
WDR	Afonso Freitas, SANTOS	M	129726	05	Fluvial Portuense			
EXH	Pedro Henrique, COSTA	M	207829	06	Fluvial Portuense	3:00.01	202	
	50m: 41.28 41.28		100m: 1:26.73		45.45 150m: 2:14.10 47.37	200m: 3:00.01	45.91	

Prova 21
10/03/2019 - 11:10

Femin., 200m Bra os
CLINICA MEDICA DA FOZ

Infantis
Resultados

Rec Nac 25m Absoluto	2:23.46	Raquel Gomes, PEREIRA	SAD	Porto	09/12/2017
Rec Nac 25m Inf A	2:36.86	Clara Gomes, PEREIRA	SAD	Alg�s	06/06/2015
Rec Nac 25m Inf B	2:45.30	Clara Gomes, PEREIRA	SAD	Alg�s	14/06/2014
Recorde Regional 25m Absoluto	2:30.76	Barbara Sousa, FERREIRA	CNMAIA	Riesa (GER)	13/12/2002
Recorde Regional 25m Inf A	2:41.88	Ines Neto, ROCHA	GESP	Felgueiras	08/02/2014
Recorde Regional 25m Inf B	2:49.60	Ines Neto, ROCHA	GESP	Pa�os de Ferreira	24/02/2013

Infantis A Fem Inf A: 3:33.95 / Infantis B Fem Inf B: 3:42.20

Pontos: FINA 2018

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Ana Beatriz, VIEIRA	F	202851	07	Foca	3:02.56	400	
	50m: 42.23 42.23		100m: 1:28.86		46.63 150m: 2:16.46 47.60	200m: 3:02.56	46.10	
2.	Joana Navega, TEIXEIRA	F	200355	07	Associa�o Tubaroes de Gaia	3:02.63	400	
	50m: 42.38 42.38		100m: 1:28.91		46.53 150m: 2:16.89 47.98	200m: 3:02.63	45.74	
3.	Beatriz Azevedo, PEREIRA	F	203589	07	Colegio SMLamas	3:10.68	351	
	50m: 43.08 43.08		100m: 1:32.22		49.14 150m: 2:23.09 50.87	200m: 3:10.68	47.59	
4.	Beatriz Teixeira, CUNHA	F	204727	07	Leixoes Sport Club	3:12.63	340	
	50m: 43.81 43.81		100m: 1:32.51		48.70 150m: 2:22.52 50.01	200m: 3:12.63	50.11	
5.	Adriana, MARTINS	F	153349	07	Aquatico Pacense	3:15.39	326	
	50m: 42.96 42.96		100m: 1:33.97		51.01 150m: 2:27.20 53.23	200m: 3:15.39	48.19	
6.	Maria Leonor, MOREIRA	F	200764	07	Fluvial Portuense	3:15.90	324	
	50m: 44.14 44.14		100m: 1:34.53		50.39 150m: 2:24.32 49.79	200m: 3:15.90	51.58	
7.	Sofia Alexandra, CARVALHO	F	133262	07	Associa�o Tubaroes de Gaia	3:19.28	307	
	50m: 44.77 44.77		100m: 1:36.67		51.90 150m: 2:29.08 52.41	200m: 3:19.28	50.20	
8.	Leonor Beatriz, PINTO	F	200807	07	Amarantus	3:28.41	269	
	50m: 44.44 44.44		100m: 1:37.60		53.16 150m: 2:34.09 56.49	200m: 3:28.41	54.32	
9.	Carolina Malheiro, RODRIGUES	F	152099	07	Gin�sio Santo Tirso	3:30.61	260	
	50m: 48.51 48.51		100m: 1:41.33		52.82 150m: 2:36.11 54.78	200m: 3:30.61	54.50	
10.	Ana Carolina, VALINHAS	F	201054	07	Famalicao	3:36.35	240	
	50m: 46.48 46.48		100m: 1:42.15		55.67 150m: 2:39.90 57.75	200m: 3:36.35	56.45	
11.	Leonor Carolina, MEIRELES	F	200810	07	Amarantus	3:39.34	230	
	50m: 49.47 49.47		100m: 1:45.12		55.65 150m: 2:43.24 58.12	200m: 3:39.34	56.10	
12.	Ana Medeiros, COSTA	F	152164	07	Gin�sio Santo Tirso	3:39.49	230	
	50m: 49.65 49.65		100m: 1:45.88		56.23 150m: 2:42.80 56.92	200m: 3:39.49	56.69	
13.	Ines Rebelo, SOUSA	F	203317	07	Porto	3:39.88	229	
	50m: 50.61 50.61		100m: 1:45.74		55.13 150m: 2:42.24 56.50	200m: 3:39.88	57.64	
14.	Ana Ribeiro, RODRIGUES	F	202878	07	Aquatico Pacense	3:41.34	224	
	50m: 48.74 48.74		100m: 1:46.07		57.33 150m: 2:44.59 58.52	200m: 3:41.34	56.75	

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Prova 21, Femin., 200m Bru os, Infantis B

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
15.	Mariana Barroca, TELES FTL	F	208067	07	Nata�o da Maia	3:42.98	219	
	50m: 51.85 51.85	100m: 1:47.94	56.09	150m: 2:45.03	57.09	200m: 3:42.98	57.95	
16.	Matilde Araujo, PALMEIRA FTL	F	202806	07	Vilacondense	3:49.12	202	
	50m: 52.19 52.19	100m: 1:51.97	59.78	150m: 2:51.35	59.38	200m: 3:49.12	57.77	
17.	Ariana Figueiredo, SOARES FTL	F	202265	07	Vilacondense	3:50.90	197	
	50m: 51.89 51.89	100m: 1:51.48	59.59	150m: 2:52.06	1:00.58	200m: 3:50.90	58.84	
18.	Catarina Beatriz, PINTO FTL	F	200808	07	Amarantus	3:58.26	180	
	50m: 53.53 53.53	100m: 1:54.46	1:00.93	150m: 2:57.16	1:02.70	200m: 3:58.26	1:01.10	
19.	Sofia Isabel, BORGES FTL	F	200997	07	Penafiel	4:08.49	158	
	50m: 55.90 55.90	100m: 2:00.10	1:04.20	150m: 3:03.93	1:03.83	200m: 4:08.49	1:04.56	
DSQ	Francisca Martins, GOMES 719 - O(A) nadador(a) tocou s� com uma m�o na parede na viragem dos 75 metros – SW 7.6	F	207830	07	Porto			
DSQ	Matilde Barros, LEAL 720 - O(A) nadador(a) tocou na parede com toque n�o simult�neo na viragem aos 75 metros – SW 7.6	F	132883	07	Aqu�tico Pacense			

Infantis A

1.	Beatriz Carvalho, HERMOSA	F	132885	06	Porto	3:02.85	398	
	50m: 42.59 42.59	100m: 1:29.18	46.59	150m: 2:16.11	46.93	200m: 3:02.85	46.74	
2.	Clara Daniela, SANTOS	F	129358	06	Colegio SMLamas	3:04.72	386	
	50m: 42.56 42.56	100m: 1:29.34	46.78	150m: 2:17.42	48.08	200m: 3:04.72	47.30	
3.	Ana Martim, FERREIRA	F	200767	06	Leixoes Sport Club	3:07.83	367	
	50m: 43.27 43.27	100m: 1:31.57	48.30	150m: 2:19.81	48.24	200m: 3:07.83	48.02	
4.	Regina Correia, NOVAIS	F	129769	06	Foca	3:09.04	360	
	50m: 41.08 41.08	100m: 1:28.52	47.44	150m: 2:18.84	50.32	200m: 3:09.04	50.20	
5.	Mafalda Valente, SEBASTIAO	F	205762	06	Porto	3:10.77	351	
	50m: 42.22 42.22	100m: 1:30.88	48.66	150m: 2:21.17	50.29	200m: 3:10.77	49.60	
6.	Maria Luis, CAMPOS	F	153446	06	Vit�ria Sport Clube	3:15.53	325	
	50m: 43.34 43.34	100m: 1:32.83	49.49	150m: 2:24.37	51.54	200m: 3:15.53	51.16	
7.	Carolina Soares, SOUTO	F	131355	06	Famalicao	3:16.22	322	
	50m: 43.63 43.63	100m: 1:34.62	50.99	150m: 2:25.59	50.97	200m: 3:16.22	50.63	
8.	Mariana Santos, ROMAO	F	200366	06	Vilacondense	3:17.82	314	
	50m: 43.68 43.68	100m: 1:33.35	49.67	150m: 2:26.34	52.99	200m: 3:17.82	51.48	
9.	Ana Marques, PINTO	F	201832	06	Fluvial Portuense	3:25.08	282	
	50m: 46.42 46.42	100m: 1:39.05	52.63	150m: 2:32.46	53.41	200m: 3:25.08	52.62	
10.	Bebiana Filipa, BARBOSA	F	147271	06	Aqu�tico Pacense	3:25.35	281	
	50m: 47.11 47.11	100m: 1:39.52	52.41	150m: 2:32.34	52.82	200m: 3:25.35	53.01	
11.	Sonia Pereira, MORGADO FTL	F	201646	06	Assoc. Desportiva de Fafe	3:34.37	247	
	50m: 47.32 47.32	100m: 1:42.15	54.83	150m: 2:38.71	56.56	200m: 3:34.37	55.66	
12.	Mariana Sousa, OLIVEIRA FTL	F	204729	06	Leixoes Sport Club	3:49.88	200	
	50m: 51.87 51.87	100m: 1:50.41	58.54	150m: 2:50.67	1:00.26	200m: 3:49.88	59.21	
13.	Lara Sofia, FERREIRA FTL	F	207234	06	Nata�o de Valongo	3:52.37	194	
	50m: 51.43 51.43	100m: 1:50.62	59.19	150m: 2:52.51	1:01.89	200m: 3:52.37	59.86	
DSQ	Lara Gomes, NETO 720 - O(A) nadador(a) tocou na parede com toque n�o simult�neo na viragem aos 75 metros – SW 7.6	F	132881	06	Aqu�tico Pacense			

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Prova 21, Femin., 200m Bruços

EXH	Manuela Saretta, LIMA	F	208286 07	Luso-Internacional do Porto				3:27.79	271
	50m: 44.61 44.61	100m: 1:37.96		53.35 150m: 2:33.92	55.96	200m: 3:27.79		53.87	
EXH	Bella Li, YUXUAN	F	202178 06	Luso-Internacional do Porto				3:31.80	256
	50m: 48.40 48.40	100m: 1:42.25		53.85 150m: 2:37.00	54.75	200m: 3:31.80		54.80	

Prova 22 10/03/2019 - 11:35

Masc., 200m Bruços TURBO

Infantis Resultados

Rec Nac 25m Absoluto	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac 25m Inf A	2:29.20	Paulo Rodrigues, ALVES	CDN	Funchal	01/08/2018
Rec Nac 25m Inf B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	13/07/2003
Recorde Regional 25m Absoluto	2:09.58	Carlos Esteves, ALMEIDA	FCP	Felgueiras	22/12/2013
Recorde Regional 25m Inf A	2:29.59	Luis Manuel, FERNANDES	GDNVNF	Cantanhede	08/03/2009
Recorde Regional 25m Inf B	2:38.50	Luis Manuel, FERNANDES	GDNVNF	Mealhada	09/03/2008

Infantis B Masc Inf B: 3:27.90 / Infantis A Masc Inf A: 3:16.90

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
Infantis B							
1.	Joao Nogueira, RIBEIRO	M	131259 06	Assoc. Desportiva de Fafe	2:49.72	357	
	50m: 39.92 39.92	100m: 1:24.05		44.13 150m: 2:07.48	43.43	200m: 2:49.72	42.24
2.	Rodrigo Ferreira, PEREIRA	M	205524 06	Famalicao	2:53.28	335	
	50m: 38.85 38.85	100m: 1:23.95		45.10 150m: 2:09.29	45.34	200m: 2:53.28	43.99
3.	Tomas Mendes, COSTA	M	132343 06	Famalicao	2:54.99	326	
	50m: 40.06 40.06	100m: 1:25.81		45.75 150m: 2:11.06	45.25	200m: 2:54.99	43.93
4.	Guilherme Oliveira, CALHANDRO	M	131800 06	Natacao da Maia	3:03.12	284	
	50m: 40.64 40.64	100m: 1:27.34		46.70 150m: 2:15.68	48.34	200m: 3:03.12	47.44
5.	Marco Oliveira, LOPES	M	202144 06	Penafiel	3:03.73	281	
	50m: 41.43 41.43	100m: 1:28.03		46.60 150m: 2:16.55	48.52	200m: 3:03.73	47.18
6.	Rui Miguel, SANTOS	M	204083 06	Porto	3:05.97	271	
	50m: 42.12 42.12	100m: 1:31.09		48.97 150m: 2:20.09	49.00	200m: 3:05.97	45.88
7.	Leonardo Freitas, FERNANDES	M	209567 06	Famalicao	3:12.59	244	
	50m: 41.26 41.26	100m: 1:30.15		48.89 150m: 2:21.77	51.62	200m: 3:12.59	50.82
8.	Pedro Roque, IGREJA	M	203964 06	Vilacondense	3:13.07	242	
	50m: 42.11 42.11	100m: 1:31.47		49.36 150m: 2:23.04	51.57	200m: 3:13.07	50.03
9.	Francisco Campos, LOURENCO	M	132136 06	Natacao de Valongo	3:19.78	219	
	50m: 43.61 43.61	100m: 1:34.66		51.05 150m: 2:27.79	53.13	200m: 3:19.78	51.99
10.	Tiago Manuel, MACHADO	M	206134 06	Famalicao	3:20.26	217	
	50m: 45.52 45.52	100m: 1:36.22		50.70 150m: 2:28.44	52.22	200m: 3:20.26	51.82
11.	Tiago Carvalho, FERREIRA	M	132342 06	Famalicao	3:25.32	201	
	50m: 46.23 46.23	100m: 1:37.80		51.57 150m: 2:31.93	54.13	200m: 3:25.32	53.39
12.	Pedro Goncalves, NUNES FTL	M	204664 06	Penafiel	3:30.46	187	
	50m: 49.04 49.04	100m: 1:44.22		55.18 150m: 2:38.27	54.05	200m: 3:30.46	52.19
13.	Afonso Figueiredo, DIAS FTL	M	205774 06	Natacao de Valongo	3:50.55	142	
	50m: 52.63 52.63	100m: 1:51.48		58.85 150m: 2:52.06	1:00.58	200m: 3:50.55	58.49
DSQ	Afonso Magalhaes, CABRAL	M	130163 06	Leixoes Sport Club			
719 - O(A) nadador(a) tocou só com uma mão na parede na viragem dos 150 metros – SW 7.6							
DSQ	Afonso Dinis, BARROS	M	200991 06	Penafiel			
719 - O(A) nadador(a) tocou só com uma mão na parede na viragem dos 125 metros – SW 7.6							
DSQ	Helder Henrique, FERREIRA	M	204401 06	Penafiel			
720 - O(A) nadador(a) tocou na parede com toque não simultâneo na viragem aos 50 metros – SW 7.6							

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Prova 22, Masc., 200m Bru os

Infantis A

1.	Goncalo Manuel, SILVA	M	129734 05	Porto					2:43.31	401
	50m: 36.82 36.82		100m: 1:18.89	42.07	150m: 2:01.68	42.79	200m: 2:43.31	41.63		
2.	Vasco Almeida, RIBEIRO	M	131214 05	Colegio SMLamas					2:44.39	393
	50m: 36.86 36.86		100m: 1:19.10	42.24	150m: 2:01.82	42.72	200m: 2:44.39	42.57		
3.	Afonso Carvalho, SILVA	M	130127 05	Famalicao					2:45.66	384
	50m: 37.69 37.69		100m: 1:20.52	42.83	150m: 2:04.10	43.58	200m: 2:45.66	41.56		
4.	Vasco Goncalves, CUNHA	M	127202 05	Fluvial Portuense					2:52.23	341
	50m: 38.07 38.07		100m: 1:22.05	43.98	150m: 2:07.77	45.72	200m: 2:52.23	44.46		
5.	Guilherme Jesus, CARVALHO	M	201136 05	Foca					2:53.32	335
	50m: 40.01 40.01		100m: 1:25.14	45.13	150m: 2:09.68	44.54	200m: 2:53.32	43.64		
6.	Rodrigo Fernandes, RODRIGUES	M	130118 05	Vit�ria Sport Clube					2:57.99	309
	50m: 39.54 39.54		100m: 1:25.22	45.68	150m: 2:12.01	46.79	200m: 2:57.99	45.98		
7.	Miguel Teixeira, LAFUENTE	M	129737 05	Porto					2:58.41	307
	50m: 40.56 40.56		100m: 1:26.22	45.66	150m: 2:13.61	47.39	200m: 2:58.41	44.80		
8.	Henrique Rocha, CARNEIRO	M	132879 05	Aquatico Pacense					2:58.84	305
	50m: 41.62 41.62		100m: 1:27.16	45.54	150m: 2:13.54	46.38	200m: 2:58.84	45.30		
9.	Eduardo Alexandre, CORREIA	M	153454 05	Aquatico Pacense					2:59.46	302
	50m: 40.41 40.41		100m: 1:26.35	45.94	150m: 2:12.52	46.17	200m: 2:59.46	46.94		
10.	Diogo Miguel, VENTURA	M	132730 05	Foca					2:59.57	301
	50m: 40.59 40.59		100m: 1:26.95	46.36	150m: 2:13.75	46.80	200m: 2:59.57	45.82		
11.	Pedro Martins, ALVES	M	132333 05	Famalicao					3:00.46	297
	50m: 40.07 40.07		100m: 1:25.95	45.88	150m: 2:13.56	47.61	200m: 3:00.46	46.90		
12.	Ruben Leal, LIMA	M	200678 05	Aquatico Pacense					3:00.51	297
	50m: 41.55 41.55		100m: 1:27.48	45.93	150m: 2:13.89	46.41	200m: 3:00.51	46.62		
13.	Joao Pedro, TORRES	M	127551 05	Porto					3:04.57	277
	50m: 40.74 40.74		100m: 1:27.84	47.10	150m: 2:16.98	49.14	200m: 3:04.57	47.59		
14.	Rodolfo Simao, MATEUS FTL	M	130089 05	Vit�ria Sport Clube					3:24.96	202
	50m: 43.47 43.47		100m: 1:35.88	52.41	150m: 2:31.70	55.82	200m: 3:24.96	53.26		
15.	Ruben Miguel, MOREIRA FTL	M	201966 05	Penafiel					3:29.42	190
	50m: 48.03 48.03		100m: 1:41.00	52.97	150m: 2:35.50	54.50	200m: 3:29.42	53.92		
DSQ	Nuno Goncalo, ALVES 404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4	M	203587 05	Amarantus						
DSQ	Afonso Valente, FONSECA 720 - O(A) nadador(a) tocou na parede com toque n�o simult�neo na viragem aos 150 metros – SW 7.6	M	200373 05	Associa�o Tubaroes de Gaia						
DSQ	Rui Anjos, COSTA 701 - O(A) nadador(a), na partida, efetuou mais do que uma pernada de golfinho durante a bra�ada subaqu�tica que antecede a pernada de bru�os – SW 7.1	M	129944 05	Porto						
DSQ	Afonso Martim, LEITE 720 - O(A) nadador(a) tocou na parede com toque n�o simult�neo na viragem aos 150 metros – SW 7.6	M	127335 05	Foca						
DSQ	Guilherme Fernandes, MATEUS -	M	130102 05	Famalicao						

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Prova 23	Masc., 200m Livres				Inf�ntis
10/03/2019 - 15:30	CLINICA MEDICA DA FOZ				Resultados
Rec Nac 25m Absoluto	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	14/12/2018
Rec Nac 25m Inf A	1:58.99	Pedro Fontoura, OLIVEIRA	CFB	Cova da Piedade	10/06/2004
Rec Nac 25m Inf B	2:04.75	Joao Magalhaes, NUNES	CNA	Alg�s	30/06/2012
Recorde Regional 25m Absoluto	1:45.25	Luis Emanuel, VAZ	GDNVNF	Felgueiras	21/12/2013
Recorde Regional 25m Inf A	2:00.56	Tiago Moura, RODRIGUES	CLIP	Mealhada	08/04/2017
Recorde Regional 25m Inf B	2:07.65	Joao Claudio, SOUSA	GESP	Felgueiras	07/04/2006

Inf ntis B Masc Inf B: 2:41.15 / Inf ntis A Masc Inf A: 2:34.22

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs	
Infantis B												
1.	Francisco Araujo, SILVA	M	132331	06	Famalicao	50m: 31.95	100m: 1:07.85	150m: 1:44.27	36.42	200m: 2:18.41	370	34.14
2.	Miguel Azevedo, ROCHA	M	131262	06	Penafiel	50m: 32.74	100m: 1:08.79	150m: 1:45.87	37.08	200m: 2:22.64	338	36.77
3.	Guilherme Oliveira, CALHANDRO	M	131800	06	Natacao da Maia	50m: 33.66	100m: 1:10.70	150m: 1:48.94	38.24	200m: 2:26.11	314	37.17
4.	Bruno Silva, LOUREIRO	M	129872	06	Porto	50m: 34.87	100m: 1:13.06	150m: 1:50.92	37.86	200m: 2:27.25	307	36.33
5.	Manuel Alves, GONCALVES	M	148528	06	Celorico Basto	50m: 32.89	100m: 1:09.65	150m: 1:49.57	39.92	200m: 2:28.66	298	39.09
6.	Goncalo Sa, MAGALHAES	M	201798	06	Leixoes Sport Club	50m: 34.41	100m: 1:12.08	150m: 1:51.21	39.13	200m: 2:28.97	296	37.76
7.	Vasco Monteiro, CASTRO	M	202720	06	Porto	50m: 33.30	100m: 1:11.76	150m: 1:51.33	39.57	200m: 2:29.56	293	38.23
8.	Francisco Barbosa, SILVA	M	205578	06	Vilacondense	50m: 32.82	100m: 1:11.04	150m: 1:51.96	40.92	200m: 2:30.07	290	38.11
9.	Jose Pedro, CARNEIRO	M	201823	06	Natacao de Valongo	50m: 34.49	100m: 1:13.25	150m: 1:53.01	39.76	200m: 2:31.45	282	38.44
10.	Biagio Martim, TONA	M	130169	06	Colegio SMLamas	50m: 33.81	100m: 1:12.56	150m: 1:53.49	40.93	200m: 2:32.68	275	39.19
11.	Francisco Manuel, SAMPAIO	M	128714	06	Foca	50m: 35.69	100m: 1:14.45	150m: 1:54.95	40.50	200m: 2:33.05	273	38.10
12.	Tiago Carvalho, FERREIRA	M	132342	06	Famalicao	50m: 34.33	100m: 1:14.04	150m: 1:54.96	40.92	200m: 2:35.29	262	40.33
13.	Martim Alves, GONCALVES	M	130643	06	Celorico Basto	50m: 36.28	100m: 1:16.35	150m: 1:56.26	39.91	200m: 2:35.84	259	39.58
14.	Tiago Marques, PEREIRA	M	130166	06	Leixoes Sport Club	50m: 34.51	100m: 1:13.75	150m: 1:55.85	42.10	200m: 2:36.13	257	40.28
15.	Joao Pedro, ALVES	M	148570	06	Assoc. Desportiva de Fafe	50m: 35.69	100m: 1:16.08	150m: 1:57.69	41.61	200m: 2:38.42	246	40.73
16.	Joao Alexandre, MOLAR	M	200980	06	Luso-Internacional do Porto	50m: 34.46	100m: 1:15.12	150m: 1:57.61	42.49	200m: 2:39.24	243	41.63
17.	Pedro Roque, IGREJA	M	203964	06	Vilacondense	50m: 35.92	100m: 1:17.04	150m: 1:59.40	42.36	200m: 2:40.34	238	40.94
18.	Afonso Magalhaes, CABRAL FTL	M	130163	06	Leixoes Sport Club	50m: 37.76	100m: 1:20.85	150m: 2:04.76	43.91	200m: 2:46.00	214	41.24
19.	Guilherme Ramos, SILVA FTL	M	205033	06	Vilacondense	50m: 37.70	100m: 1:20.67	150m: 2:04.77	44.10	200m: 2:46.15	213	41.38
20.	Diogo Moura, FONSECA FTL	M	201818	06	Fluvial Portuense						213	

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Prova 23, Masc., 200m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
	50m: 37.84 37.84	100m: 1:22.24	44.40	150m: 2:06.56	44.32	200m: 2:46.18	39.62	
21.	Goncalo Martins, AZEVEDO FTL	M	205523	06	Famalicao	2:46.25	213	
	50m: 38.52 38.52	100m: 1:21.43	42.91	150m: 2:05.30	43.87	200m: 2:46.25	40.95	
22.	Manuel Joaquim, LEAL FTL	M	130075	06	Aquatico Pacense	2:48.70	204	
	50m: 39.08 39.08	100m: 1:23.12	44.04	150m: 2:06.65	43.53	200m: 2:48.70	42.05	
23.	Duarte Traila, MARTINS FTL	M	132330	06	Famalicao	2:51.92	193	
	50m: 41.15 41.15	100m: 1:25.98	44.83	150m: 2:09.95	43.97	200m: 2:51.92	41.97	
24.	Tiago Moreira, GOMES FTL	M	207711	06	Vilacondense	2:53.53	187	
	50m: 40.82 40.82	100m: 1:26.12	45.30	150m: 2:12.14	46.02	200m: 2:53.53	41.39	
25.	Helder Henrique, FERREIRA FTL	M	204401	06	Penafiel	2:53.70	187	
	50m: 39.55 39.55	100m: 1:23.48	43.93	150m: 2:09.31	45.83	200m: 2:53.70	44.39	
26.	Dinis Canais, PERA FTL	M	130639	06	Celorico Basto	2:54.50	184	
	50m: 39.25 39.25	100m: 1:24.43	45.18	150m: 2:10.38	45.95	200m: 2:54.50	44.12	
27.	Miguel Cunha, GOMES FTL	M	205783	06	Fluvial Portuense	2:56.26	179	
	50m: 40.61 40.61	100m: 1:25.65	45.04	150m: 2:11.40	45.75	200m: 2:56.26	44.86	
28.	Simao Pedro, ROCHA FTL	M	203015	06	Aquatico Pacense	3:15.70	130	
	50m: 45.52 45.52	100m: 1:35.48	49.96	150m: 2:27.40	51.92	200m: 3:15.70	48.30	
WDR	Luis Eduardo, GONCALVES	M	131847	06	Vitória Sport Clube			

Infantis A

1.	Afonso Carvalho, SILVA	M	130127	05	Famalicao	2:06.73	482	
	50m: 29.26 29.26	100m: 1:01.62	32.36	150m: 1:34.96	33.34	200m: 2:06.73	31.77	
2.	Alexandre Ramos, GONCALVES	M	128601	05	Colegio SMLamas	2:09.90	447	
	50m: 29.81 29.81	100m: 1:02.91	33.10	150m: 1:37.67	34.76	200m: 2:09.90	32.23	
3.	Jose Luis, GONCALVES	M	131849	05	Assoc. Desportiva de Fafe	2:10.24	444	
	50m: 29.64 29.64	100m: 1:02.96	33.32	150m: 1:37.68	34.72	200m: 2:10.24	32.56	
4.	Filipe Silva, RIBEIRO	M	132090	05	Leixoes Sport Club	2:11.66	429	
	50m: 29.45 29.45	100m: 1:02.96	33.51	150m: 1:38.04	35.08	200m: 2:11.66	33.62	
5.	Eduardo Costa, SILVA	M	129731	05	Porto	2:17.74	375	
	50m: 31.76 31.76	100m: 1:07.03	35.27	150m: 1:43.28	36.25	200m: 2:17.74	34.46	
6.	Pedro Engracia, ANTUNES	M	131318	05	Luso-Internacional do Porto	2:17.97	373	
	50m: 30.37 30.37	100m: 1:04.97	34.60	150m: 1:42.06	37.09	200m: 2:17.97	35.91	
7.	Tiago Ventura, MARTINS	M	131134	05	Foca	2:20.01	357	
	50m: 32.20 32.20	100m: 1:07.61	35.41	150m: 1:44.24	36.63	200m: 2:20.01	35.77	
8.	Miguel Teixeira, LAFUENTE	M	129737	05	Porto	2:21.36	347	
	50m: 33.03 33.03	100m: 1:09.32	36.29	150m: 1:46.10	36.78	200m: 2:21.36	35.26	
9.	Guilherme Jesus, CARVALHO	M	201136	05	Foca	2:21.91	343	
	50m: 32.28 32.28	100m: 1:08.40	36.12	150m: 1:45.01	36.61	200m: 2:21.91	36.90	
10.	Vasco Goncalves, NETO	M	129739	05	Porto	2:22.14	341	
	50m: 33.92 33.92	100m: 1:10.72	36.80	150m: 1:47.63	36.91	200m: 2:22.14	34.51	
11.	Joao Carlos, GUERRA	M	132888	05	Porto	2:22.79	337	
	50m: 33.43 33.43	100m: 1:09.55	36.12	150m: 1:47.47	37.92	200m: 2:22.79	35.32	
12.	Hugo Gabriel, MARTINS	M	201140	05	Fluvial Portuense	2:23.18	334	
	50m: 32.46 32.46	100m: 1:09.11	36.65	150m: 1:48.19	39.08	200m: 2:23.18	34.99	
13.	Joao Pedro, TORRES	M	127551	05	Porto	2:23.39	332	
	50m: 33.83 33.83	100m: 1:10.65	36.82	150m: 1:48.07	37.42	200m: 2:23.39	35.32	

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Prova 23, Masc., 200m Livres, Infantis A

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
14.	Afonso Teixeira, LOPES 50m: 33.47 33.47	M	127333 05	Foca	2:23.48 2:23.48	332	36.06
15.	Tiago Pereira, CARDOSO 50m: 33.18 33.18	M	130111 05	Famalicao	2:25.87 2:25.87	316	36.83
16.	Tiago Lemos, SILVA 50m: 34.98 34.98	M	130202 05	Fluvial Portuense	2:29.57 2:29.57	293	36.42
17.	Afonso Martim, LEITE 50m: 35.07 35.07	M	127335 05	Foca	2:29.69 2:29.69	292	36.97
18.	Ruben Leal, LIMA 50m: 36.06 36.06	M	200678 05	Aquatico Pacense	2:32.01 2:32.01	279	38.04
19.	Joao Goncalo, LEO FTL 50m: 35.72 35.72	M	200680 05	Aquatico Pacense	2:34.84 2:34.84	264	39.10
20.	Rodolfo Simao, MATEUS FTL 50m: 33.08 33.08	M	130089 05	Vitória Sport Clube	2:37.48 2:37.48	251	42.11
21.	Ruben Miguel, MOREIRA FTL 50m: 37.76 37.76	M	201966 05	Penafiel	2:39.96 2:39.96	239	40.28
22.	Tomas Martins, VIEIRA FTL 50m: 37.15 37.15	M	208231 05	Natacao de Valongo	2:40.65 2:40.65	236	40.64
23.	Joao Afonso, TEIGA FTL 50m: 36.08 36.08	M	208066 05	Natacao da Maia	2:41.21 2:41.21	234	39.69
24.	Francisco Gabriel, MENDES FTL 50m: 36.52 36.52	M	131084 05	Foca	2:42.53 2:42.53	228	42.06
25.	Nuno Miguel, SAMPAIO FTL 50m: 38.54 38.54	M	127334 05	Foca	2:43.54 2:43.54	224	42.40
26.	Nuno Goncalo, ALVES FTL 50m: 36.72 36.72	M	203587 05	Amarantus	2:46.03 2:46.03	214	41.84
27.	Andre Dinis, OLIVEIRA FTL 50m: 39.50 39.50	M	210127 05	Vitória Sport Clube	3:08.11 3:08.11	147	50.18
WDR	Gabriel Goncalves, FERNANDES	M	210128 05	Vitória Sport Clube			
WDR	Afonso Freitas, SANTOS	M	129726 05	Fluvial Portuense			
WDR	Diogo Miguel, VENTURA	M	132730 05	Foca			
EXH	Pedro Henrique, COSTA FTL 50m: 38.03 38.03	M	207829 06	Fluvial Portuense	2:45.60 2:45.60	216	41.49

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Prova 24	Femin., 200m Livres				Infantis
10/03/2019 - 16:00	VITALIS				Resultados
Rec Nac 25m Absoluto	1:58.62	Diana Margarida, DURAES	POR	Copenhagen (DEN)	16/12/2017
Rec Nac 25m Inf A	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	09/03/2018
Rec Nac 25m Inf B	2:11.27	Carolina Miranda, FERNANDES	CGA	Mealhada	25/03/2017
Recorde Regional 25m Absoluto	1:59.53	Diana Margarida, DURAES	FCP	Porto	13/12/2015
Recorde Regional 25m Inf A	2:10.41	Mariana Pacheco, CUNHA	CFP	Mealhada	09/04/2017
Recorde Regional 25m Inf B	2:17.97	Raquel Maria, FELGUEIRAS	SCB	Cantanhede	14/03/1992
Infantis A Fem Inf A: 2:46.10 / Infantis B Fem Inf B: 2:53.80					

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube					Tempo Final	Pts	Obs
Infantis B												
1.	Ana Beatriz, VIEIRA	F	202851	07	Foca					2:29.23	405	
	50m: 34.68 34.68	100m: 1:12.75			38.07 150m: 1:51.95				39.20	200m: 2:29.23		37.28
2.	Barbara Sofia, GOMES	F	147188	07	Leixoes Sport Club					2:32.53	379	
	50m: 35.50 35.50	100m: 1:14.30			38.80 150m: 1:54.35				40.05	200m: 2:32.53		38.18
3.	Mafalda Martins, MESQUITA	F	202805	07	Famalicao					2:33.63	371	
	50m: 35.17 35.17	100m: 1:14.86			39.69 150m: 1:54.94				40.08	200m: 2:33.63		38.69
4.	Beatriz Teixeira, CUNHA	F	204727	07	Leixoes Sport Club					2:37.66	343	
	50m: 35.31 35.31	100m: 1:15.96			40.65 150m: 1:58.66				42.70	200m: 2:37.66		39.00
5.	Mafalda Gomes, TEIXEIRA	F	204698	07	Porto					2:38.34	339	
	50m: 36.99 36.99	100m: 1:17.34			40.35 150m: 1:58.86				41.52	200m: 2:38.34		39.48
6.	Mafalda Guimaraes, REBELO	F	148682	07	Fluvial Portuense					2:38.47	338	
	50m: 37.29 37.29	100m: 1:17.06			39.77 150m: 1:58.64				41.58	200m: 2:38.47		39.83
7.	Eva Oliveira, SILVA	F	201964	07	Penafiel					2:41.37	320	
	50m: 37.89 37.89	100m: 1:19.69			41.80 150m: 2:01.81				42.12	200m: 2:41.37		39.56
8.	Ana Medeiros, COSTA	F	152164	07	Ginásio Santo Tirso					2:42.28	315	
	50m: 36.35 36.35	100m: 1:18.11			41.76 150m: 2:01.57				43.46	200m: 2:42.28		40.71
9.	Laura Jesus, MENDES	F	202798	07	Fluvial Portuense					2:42.93	311	
	50m: 37.13 37.13	100m: 1:18.57			41.44 150m: 2:01.60				43.03	200m: 2:42.93		41.33
10.	Maria Francisca, BERNARDO	F	205973	07	Vilacondense					2:49.08	278	
	50m: 37.49 37.49	100m: 1:21.39			43.90 150m: 2:07.93				46.54	200m: 2:49.08		41.15
11.	Sara Rafaela, LEAL	F	204403	07	Penafiel					2:58.38	237	
	FTL											
	50m: 40.43 40.43	100m: 1:27.13			46.70 150m: 2:13.74				46.61	200m: 2:58.38		44.64
12.	Adriana, MARTINS	F	153349	07	Aquatico Pacense					2:58.46	236	
	FTL											
	50m: 41.71 41.71	100m: 1:26.87			45.16 150m: 2:14.24				47.37	200m: 2:58.46		44.22
13.	Ariana Figueiredo, SOARES	F	202265	07	Vilacondense					3:03.02	219	
	FTL											
	50m: 42.35 42.35	100m: 1:29.03			46.68 150m: 2:17.98				48.95	200m: 3:03.02		45.04
14.	Matilde Araujo, PALMEIRA	F	202806	07	Vilacondense					3:04.74	213	
	FTL											
	50m: 42.81 42.81	100m: 1:29.87			47.06 150m: 2:18.28				48.41	200m: 3:04.74		46.46
15.	Catarina Beatriz, PINTO	F	200808	07	Amarantus					3:06.03	209	
	FTL											
	50m: 42.12 42.12	100m: 1:30.34			48.22 150m: 2:19.69				49.35	200m: 3:06.03		46.34
16.	Ana Ribeiro, RODRIGUES	F	202878	07	Aquatico Pacense					3:06.31	208	
	FTL											
	50m: 41.66 41.66	100m: 1:30.19			48.53 150m: 2:20.50				50.31	200m: 3:06.31		45.81
17.	Ariana Ferras, PEREIRA	F	153389	07	Foca					3:07.37	204	
	FTL											
	50m: 41.88 41.88	100m: 1:29.97			48.09 150m: 2:20.92				50.95	200m: 3:07.37		46.45

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10/03/2019 18:20 - P gina 49

Prova 24, Femin., 200m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
18.	Diana Vieira, SANTOS FTL	F	205577	07	Vilacondense	3:09.25	198	
	50m: 42.98 42.98	100m: 1:32.70	49.72	150m: 2:22.35	49.65	200m: 3:09.25	46.90	
19.	Leonor Carolina, MEIRELES FTL	F	200810	07	Amarantus	3:13.63	185	
	50m: 43.14 43.14	100m: 1:32.25	49.11	150m: 2:23.56	51.31	200m: 3:13.63	50.07	
20.	Leonor Beatriz, PINTO FTL	F	200807	07	Amarantus	3:15.92	179	
	50m: 42.63 42.63	100m: 1:33.27	50.64	150m: 2:26.53	53.26	200m: 3:15.92	49.39	
21.	Ana Isabel, PEREIRA FTL	F	208346	07	Vilacondense	3:33.74	137	
	50m: 42.32 42.32	100m: 1:34.19	51.87	150m: 2:31.82	57.63	200m: 3:33.74	1:01.92	
WDR	Beatriz Meireles, MARINHO	F	202219	07	Celorico Basto			
WDR	Clara Cardoso, PINTO	F	201817	07	Fluvial Portuense			

Infantis A

1.	Lia Beatriz, GOMES	F	200413	06	Vitória Sport Clube	2:17.58	517	
	50m: 31.75 31.75	100m: 1:06.83	35.08	150m: 1:42.75	35.92	200m: 2:17.58	34.83	
2.	Ines Aires, NOGUEIRA	F	203625	06	Fluvial Portuense	2:18.98	501	
	50m: 32.08 32.08	100m: 1:07.93	35.85	150m: 1:43.96	36.03	200m: 2:18.98	35.02	
3.	Daniela Alexandra, COSTA	F	129441	06	Leixoes Sport Club	2:21.43	476	
	50m: 32.48 32.48	100m: 1:08.91	36.43	150m: 1:46.36	37.45	200m: 2:21.43	35.07	
4.	Leonor Filipa, PINTO	F	132842	06	Porto	2:21.59	474	
	50m: 32.41 32.41	100m: 1:08.36	35.95	150m: 1:45.61	37.25	200m: 2:21.59	35.98	
5.	Catarina Gaspar, PIRES	F	129871	06	Porto	2:22.64	464	
	50m: 32.75 32.75	100m: 1:08.65	35.90	150m: 1:45.84	37.19	200m: 2:22.64	36.80	
6.	Ana Luisa, GOUVEIA	F	200924	06	Leixoes Sport Club	2:22.76	462	
	50m: 32.51 32.51	100m: 1:08.42	35.91	150m: 1:46.11	37.69	200m: 2:22.76	36.65	
7.	Maria Joao, FERREIRA	F	132732	06	Foca	2:25.40	438	
	50m: 33.56 33.56	100m: 1:10.23	36.67	150m: 1:48.26	38.03	200m: 2:25.40	37.14	
8.	Regina Correia, NOVAIS	F	129769	06	Foca	2:27.56	419	
	50m: 33.82 33.82	100m: 1:10.78	36.96	150m: 1:50.15	39.37	200m: 2:27.56	37.41	
9.	Ema Monteiro, RIBAS	F	201138	06	Fluvial Portuense	2:30.25	397	
	50m: 34.84 34.84	100m: 1:12.81	37.97	150m: 1:51.87	39.06	200m: 2:30.25	38.38	
10.	Ana Rita, MARTINS	F	128148	06	Foca	2:32.14	382	
	50m: 34.63 34.63	100m: 1:13.96	39.33	150m: 1:53.56	39.60	200m: 2:32.14	38.58	
11.	Mariana Fontes, FERNANDES	F	133141	06	Colegio SMLamas	2:33.80	370	
	50m: 35.52 35.52	100m: 1:15.18	39.66	150m: 1:55.30	40.12	200m: 2:33.80	38.50	
12.	Ines Francisca, LEAL	F	202162	06	Aquatico Pacense	2:34.17	367	
	50m: 35.77 35.77	100m: 1:14.92	39.15	150m: 1:55.69	40.77	200m: 2:34.17	38.48	
13.	Maria Joao, MAGALHAES	F	201098	06	Vitória Sport Clube	2:35.05	361	
	50m: 35.69 35.69	100m: 1:15.09	39.40	150m: 1:55.37	40.28	200m: 2:35.05	39.68	
14.	Sophia Szrek, PEREIRA	F	129738	06	Porto	2:38.20	340	
	50m: 36.69 36.69	100m: 1:16.73	40.04	150m: 1:58.01	41.28	200m: 2:38.20	40.19	
15.	Telma Ferreira, CUNHA	F	204558	06	Fluvial Portuense	2:38.48	338	
	50m: 37.06 37.06	100m: 1:17.85	40.79	150m: 1:59.11	41.26	200m: 2:38.48	39.37	
16.	Maria Luis, CAMPOS	F	153446	06	Vitória Sport Clube	2:45.13	299	
	50m: 37.61 37.61	100m: 1:20.18	42.57	150m: 2:02.99	42.81	200m: 2:45.13	42.14	
17.	Maria Beatriz, GOMES	F	204732	06	Leixoes Sport Club	2:45.88	295	
	50m: 37.80 37.80	100m: 1:21.55	43.75	150m: 2:05.21	43.66	200m: 2:45.88	40.67	
18.	Sonia Pereira, MORGADO FTL	F	201646	06	Assoc. Desportiva de Fafe	2:48.90	279	
	50m: 37.84 37.84	100m: 1:21.17	43.33	150m: 2:06.21	45.04	200m: 2:48.90	42.69	
19.	Mafalda Valente, SEBASTIAO FTL	F	205762	06	Porto	2:49.41	276	

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Prova 24, Femin., 200m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
20.	50m: 37.26 37.26	100m: 1:19.89	42.63	150m: 2:05.14	45.25	200m: 2:49.41	44.27	
	Carolina Soares, PINTO FTL	F	203016	06	Natacao da Maia	2:54.56	253	
21.	50m: 40.61 40.61	100m: 1:25.75	45.14	150m: 2:11.11	45.36	200m: 2:54.56	43.45	
	Mara Luciana, MORAIS FTL	F	209926	06	Vitória Sport Clube	3:49.90	110	
EXH	50m: 50.70 50.70	100m: 1:49.12	58.42	150m: 2:50.34	1:01.22	200m: 3:49.90	59.56	
	Julia Oliveira, SOUZA	F	205780	07	Fluvial Portuense	2:26.32	429	
EXH	50m: 33.72 33.72	100m: 1:12.09	38.37	150m: 1:50.68	38.59	200m: 2:26.32	35.64	
	Manuela Saretta, LIMA FTL	F	208286	07	Luso-Internacional do Porto	3:05.46	211	
	50m: 40.91 40.91	100m: 1:29.44	48.53	150m: 2:18.67	49.23	200m: 3:05.46	46.79	

Prova 25

10/03/2019 - 16:25

Masc., 100m Mariposa
TURBO

Infantis
Resultados

Rec Nac 25m Absoluto	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	11/11/2009
Rec Nac 25m Inf A	59.56	Fabio Parrilha da, SILVA	CNAL	Leiria	07/04/2001
Rec Nac 25m Inf B	1:01.78	Fabio Parrilha da, SILVA	CNAL	Penafiel	01/04/2000
Recorde Regional 25m Absoluto	52.83	Adriano Miguel, NIZ	CFV	S. Antonio Cavaleiros	17/12/2006
Recorde Regional 25m Inf A	1:00.89	Hugo Gabriel, MORAIS	GDNVNF	Lousada	03/05/2014
Recorde Regional 25m Inf B	1:04.78	Afonso Passos, CUNHA	GDNVNF	Lousada	03/05/2014

Infantis B Masc Inf B: 1:25.25 / Infantis A Masc Inf A: 1:19.86

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Marco Oliveira, LOPES	M	202144	06	Penafiel	1:10.63	315	
	50m:	32.70	32.70	100m:	1:10.63	37.93		
2.	Rodrigo Santos, CONCEICAO	M	204488	06	Clube Naval Povoense	1:13.41	280	
	50m:	33.48	33.48	100m:	1:13.41	39.93		
3.	Rodrigo Ferreira, PEREIRA	M	205524	06	Famalicao	1:14.41	269	
	50m:	34.60	34.60	100m:	1:14.41	39.81		
4.	Gustavo Gomes, RAMOS	M	200774	06	Porto	1:16.13	251	
	50m:	35.10	35.10	100m:	1:16.13	41.03		
5.	Francisco Campos, LOURENCO	M	132136	06	Natacao de Valongo	1:16.57	247	
	50m:	36.07	36.07	100m:	1:16.57	40.50		
6.	Tomas Ferreira, OLIVEIRA	M	151457	06	Natacao da Maia	1:17.08	242	
	50m:	35.33	35.33	100m:	1:17.08	41.75		
7.	Dinis Soares, NEVES	M	133095	06	Luso-Internacional do Porto	1:17.96	234	
	50m:	35.20	35.20	100m:	1:17.96	42.76		
8.	Joao Carlos, BARROS	M	200357	06	Associação Tubarões de Gaia	1:19.44	221	
	50m:	36.92	36.92	100m:	1:19.44	42.52		
9.	Goncalo Sa, MAGALHAES	M	201798	06	Leixões Sport Club	1:21.58	204	
	50m:	37.90	37.90	100m:	1:21.58	43.68		
10.	Francisco Manuel, SAMPAIO	M	128714	06	Foca	1:23.05	194	
	50m:	39.11	39.11	100m:	1:23.05	43.94		
11.	Bruno Marcelo, MBAREK	M	153453	06	Aquático Pacense	1:23.06	193	
	50m:	38.09	38.09	100m:	1:23.06	44.97		
12.	Afonso Azevedo, PACHECO FTL	M	201382	06	Vilacondense	1:28.07	162	
	50m:	38.43	38.43	100m:	1:28.07	49.64		

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Prova 25, Masc., 100m Mariposa, Infantis B

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
13.	Pedro Santos, PEREIRA FTL	M	202814	06	Leixoes Sport Club	1:30.02	152	
	50m: 41.94 41.94				100m: 1:30.02 48.08			
14.	Frederico Silva, SANTOS FTL	M	200995	06	Penafiel	1:30.52	149	
	50m: 41.36 41.36				100m: 1:30.52 49.16			
15.	Diogo Moura, FONSECA FTL	M	201818	06	Fluvial Portuense	1:31.20	146	
	50m: 42.50 42.50				100m: 1:31.20 48.70			
16.	Andre Alves, FLORES FTL	M	202750	06	Clube Naval Povoense	1:34.15	133	
	50m: 43.31 43.31				100m: 1:34.15 50.84			
17.	Airton Cunha, GUEDES FTL	M	202231	06	Penafiel	1:37.06	121	
	50m: 44.80 44.80				100m: 1:37.06 52.26			
18.	Hugo Filipe, TEIXEIRA FTL	M	202845	06	Associa�o Tubaroes de Gaia	1:45.60	94	
	50m: 48.53 48.53				100m: 1:45.60 57.07			

Infantis A

1.	Jose Luis, GONCALVES	M	131849	05	Assoc. Desportiva de Fafe	1:04.06	422	
	50m: 30.08 30.08				100m: 1:04.06 33.98			
2.	Vasco Soares, ALVES	M	201771	05	Fluvial Portuense	1:06.40	379	
	50m: 30.96 30.96				100m: 1:06.40 35.44			
3.	Eduardo Alexandre, CORREIA	M	153454	05	Aquatico Pacense	1:10.15	321	
	50m: 32.52 32.52				100m: 1:10.15 37.63			
4.	Guilherme Coutinho, CASTRO	M	130101	05	Famalicao	1:10.43	318	
	50m: 32.98 32.98				100m: 1:10.43 37.45			
5.	Alexandre Sousa, FERREIRA	M	132325	05	Famalicao	1:11.20	307	
	50m: 32.64 32.64				100m: 1:11.20 38.56			
6.	Guilherme Nunes, ANDRADE	M	127620	05	Clube Naval Povoense	1:12.26	294	
	50m: 33.17 33.17				100m: 1:12.26 39.09			
7.	Henrique Rocha, CARNEIRO	M	132879	05	Aquatico Pacense	1:12.56	290	
	50m: 33.98 33.98				100m: 1:12.56 38.58			
8.	Afonso Teixeira, LOPES	M	127333	05	Foca	1:13.15	283	
	50m: 34.50 34.50				100m: 1:13.15 38.65			
9.	Andre Lima, MAGALHAES	M	129727	05	Porto	1:15.28	260	
	50m: 34.98 34.98				100m: 1:15.28 40.30			
10.	Joao Goncalo, LEO	M	200680	05	Aquatico Pacense	1:16.14	251	
	50m: 35.56 35.56				100m: 1:16.14 40.58			
11.	Vasco Goncalves, NETO	M	129739	05	Porto	1:16.29	250	
	50m: 35.31 35.31				100m: 1:16.29 40.98			
12.	Ruben Miguel, MOREIRA FTL	M	201966	05	Penafiel	1:36.41	124	
	50m: 43.90 43.90				100m: 1:36.41 52.51			
13.	Francisco Gabriel, MENDES FTL	M	131084	05	Foca	1:38.17	117	
	50m: 43.64 43.64				100m: 1:38.17 54.53			
DSQ	Tomas Carvalhinho, RIBEIRO	M	131799	05	Nata�o da Maia			
809 - O(A) nadador(a) tocou na parede com toque n�o simult�neo na viragem dos 75 metros - SW 8.4								

Prova 26
10/03/2019 - 16:30

Femin., 100m Mariposa
GRAFIPRONGO

Infantis
Resultados

Rec Nac 25m Absoluto	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	18/12/2010
Rec Nac 25m Inf A	1:02.30	Carolina Miranda, FERNANDES	CGA	Felgueiras	11/03/2018
Rec Nac 25m Inf B	1:05.51	Carolina Miranda, FERNANDES	CGA	Gafanha Nazaré	06/05/2017
Recorde Regional 25m Absoluto	58.31	Sara Freitas, OLIVEIRA	FPN	Dubai (UAE)	18/12/2010
Recorde Regional 25m Inf A	1:05.68	Mariana Pacheco, CUNHA	CFP	Mealhada	09/04/2017
Recorde Regional 25m Inf B	1:10.02	Joana Carina, SILVA	LSXXI	Lousada	09/05/2009

Infantis A Fem Inf A: 1:28.00 / Infantis B Fem Inf B: 1:33.50

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Sofia Alexandra, CARVALHO	F	133262	07	Associacao Tubaroes de Gaia	1:19.11	328	
	50m: 37.07 37.07		100m: 1:19.11		42.04			
2.	Matilde Barros, LEAL	F	132883	07	Aquatico Pacense	1:22.69	288	
	50m: 38.20 38.20		100m: 1:22.69		44.49			
3.	Matilde Vale, SILVA	F	202754	07	Clube Naval Povoense	1:25.01	265	
	50m: 39.88 39.88		100m: 1:25.01		45.13			
4.	Patricia Alexandra, SILVA	F	133258	07	Associacao Tubaroes de Gaia	1:28.25	236	
	50m: 40.89 40.89		100m: 1:28.25		47.36			
5.	Iara Herdeiro, OLIVEIRA	F	202666	07	Vilacondense	1:30.00	223	
	50m: 39.78 39.78		100m: 1:30.00		50.22			
6.	Silvia Teixeira, SANTOS	F	202848	07	Associacao Tubaroes de Gaia	1:30.49	219	
	50m: 43.07 43.07		100m: 1:30.49		47.42			
7.	Rita Marques, SOARES	F	132341	07	Famalicao	1:31.47	212	
	50m: 41.41 41.41		100m: 1:31.47		50.06			
8.	Ana Carolina, VALINHAS	F	201054	07	Famalicao	1:31.72	211	
	50m: 40.49 40.49		100m: 1:31.72		51.23			
9.	Filipa Silva, RODRIGUES	F	200208	07	Clube Naval Povoense	1:34.13	195	
	FTL							
	50m: 41.88 41.88		100m: 1:34.13		52.25			
10.	Gabriela Oliveira, SILVA	F	201965	07	Penafiel	1:37.61	175	
	FTL							
	50m: 44.89 44.89		100m: 1:37.61		52.72			
11.	Lara Catarina, VIEIRA	F	202847	07	Associacao Tubaroes de Gaia	1:39.75	164	
	FTL							
	50m: 45.64 45.64		100m: 1:39.75		54.11			
12.	Matilde Araujo, PALMEIRA	F	202806	07	Vilacondense	1:48.31	128	
	FTL							
	50m: 51.25 51.25		100m: 1:48.31		57.06			
13.	Ariana Figueiredo, SOARES	F	202265	07	Vilacondense	1:54.85	107	
	FTL							
	50m: 53.50 53.50		100m: 1:54.85		1:01.35			
DSQ	Sofia Isabel, BORGES	F	200997	07	Penafiel			
	404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4							
DSQ	Mariana Pinto, CARVALHO	F	201820	07	Fluvial Portuense			
	808 - O(A) nadador(a) tocou na parede só com uma mão na viragem dos 75 metros – SW 8.4							

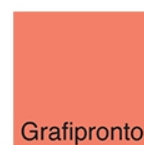
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Prova 26, Femin., 100m Mariposa

Infantis A

1.	Gabriela Ferreira, NEVES	F	132731 06	Foca	1:12.68	424
	50m: 34.49 34.49	100m:	1:12.68	38.19		
2.	Ana Luisa, GOUVEIA	F	200924 06	Leixoes Sport Club	1:13.43	411
	50m: 33.72 33.72	100m:	1:13.43	39.71		
3.	Ines Gomes, MENDES	F	153455 06	Aquatico Pacense	1:14.92	387
	50m: 35.75 35.75	100m:	1:14.92	39.17		
4.	Ines Barbosa, VALE	F	153450 06	Famalicao	1:18.02	342
	50m: 35.46 35.46	100m:	1:18.02	42.56		
5.	Regina Correia, NOVAIS	F	129769 06	Foca	1:18.52	336
	50m: 36.57 36.57	100m:	1:18.52	41.95		
6.	Matilde Teixeira, SOUSA	F	129947 06	Natacao de Valongo	1:19.73	321
	50m: 37.71 37.71	100m:	1:19.73	42.02		
7.	Carolina Soares, SOUTO	F	131355 06	Famalicao	1:21.47	301
	50m: 36.45 36.45	100m:	1:21.47	45.02		
8.	Ana Marques, PINTO	F	201832 06	Fluvial Portuense	1:22.01	295
	50m: 38.16 38.16	100m:	1:22.01	43.85		
9.	Mariana Fontes, FERNANDES	F	133141 06	Colegio SMLamas	1:22.52	289
	50m: 38.49 38.49	100m:	1:22.52	44.03		
10.	Maria Santos, SILVA	F	202788 06	Clube Naval Povoense	1:26.64	250
	50m: 39.43 39.43	100m:	1:26.64	47.21		
11.	Telma Ferreira, CUNHA FTL	F	204558 06	Fluvial Portuense	1:28.17	237
	50m: 41.45 41.45	100m:	1:28.17	46.72		
12.	Carina, CHYZH FTL	F	202731 06	Vit�ria Sport Clube	1:31.45	212
	50m: 41.28 41.28	100m:	1:31.45	50.17		
13.	Maria Luis, SA FTL	F	131836 06	Fluvial Portuense	1:34.13	195
	50m: 44.08 44.08	100m:	1:34.13	50.05		
14.	Maria Beatriz, GOMES FTL	F	204732 06	Leixoes Sport Club	1:37.02	178
	50m: 44.73 44.73	100m:	1:37.02	52.29		

Prova 27		Masc., 200m Estilos			Infantis
10/03/2019 - 16:40		VITALIS			Resultados
Rec Nac 25m Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec Nac 25m Inf A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	17/07/2004
Rec Nac 25m Inf B	2:17.96	Andre Vilas, RUIVO	DNMG	Nazaré	02/06/2013
Recorde Regional 25m Absoluto	1:59.77	Adriano Miguel, NIZ	CFV	Tavira	17/11/2007
Recorde Regional 25m Inf A	2:17.47	Jose Pedro, FREITAS	GDNVNF	Cantanhede	30/03/2014
Recorde Regional 25m Inf B	2:23.83	Jose Pedro, FREITAS	CSB	Porto	11/05/2013
Infantis B Masc Inf B: 3:01.50 / Infantis A Masc Inf A: 2:53.80					

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Miguel Azevedo, ROCHA	M	131262	06	Penafiel	2:34.54	356	
	50m: 32.53 32.53	100m: 1:10.07			37.54 150m: 1:57.33 47.26	200m: 2:34.54		37.21
2.	Rodrigo Ferreira, PEREIRA	M	205524	06	Famalicao	2:38.06	333	
	50m: 34.88 34.88	100m: 1:17.06			42.18 150m: 2:03.95 46.89	200m: 2:38.06		34.11
3.	Eduardo Pacheco, CUNHA	M	130199	06	Fluvial Portuense	2:38.35	331	
	50m: 35.31 35.31	100m: 1:17.48			42.17 150m: 2:03.68 46.20	200m: 2:38.35		34.67
4.	Tomas Mendes, COSTA	M	132343	06	Famalicao	2:42.25	308	
	50m: 36.69 36.69	100m: 1:19.93			43.24 150m: 2:05.78 45.85	200m: 2:42.25		36.47
5.	Tomas Ferreira, OLIVEIRA	M	151457	06	Natacao da Maia	2:45.95	288	
	50m: 36.36 36.36	100m: 1:18.33			41.97 150m: 2:09.92 51.59	200m: 2:45.95		36.03
6.	Rodrigo Santos, CONCEICAO	M	204488	06	Clube Naval Povoense	2:46.26	286	
	50m: 33.79 33.79	100m: 1:17.29			43.50 150m: 2:09.67 52.38	200m: 2:46.26		36.59
7.	Romulo Neves, PINTO	M	131795	06	Colegio SMLamas	2:46.52	285	
	50m: 37.23 37.23	100m: 1:18.57			41.34 150m: 2:09.32 50.75	200m: 2:46.52		37.20
8.	Gustavo Gomes, RAMOS	M	200774	06	Porto	2:47.49	280	
	50m: 35.33 35.33	100m: 1:17.51			42.18 150m: 2:08.81 51.30	200m: 2:47.49		38.68
9.	Joao Carlos, BARROS	M	200357	06	Associação Tubarões de Gaia	2:48.72	274	
	50m: 38.14 38.14	100m: 1:21.66			43.52 150m: 2:12.08 50.42	200m: 2:48.72		36.64
10.	Vasco Monteiro, CASTRO	M	202720	06	Porto	2:49.46	270	
	50m: 37.67 37.67	100m: 1:20.01			42.34 150m: 2:12.27 52.26	200m: 2:49.46		37.19
11.	Guilherme Oliveira, CALHANDRO	M	131800	06	Natacao da Maia	2:49.49	270	
	50m: 41.30 41.30	100m: 1:24.50			43.20 150m: 2:12.20 47.70	200m: 2:49.49		37.29
12.	Dinis Soares, NEVES	M	133095	06	Luso-Internacional do Porto	2:50.62	265	
	50m: 36.69 36.69	100m: 1:21.94			45.25 150m: 2:13.12 51.18	200m: 2:50.62		37.50
13.	Pedro Roque, IGREJA	M	203964	06	Vilacondense	2:59.17	229	
	50m: 45.46 45.46	100m: 1:32.42			46.96 150m: 2:20.61 48.19	200m: 2:59.17		38.56
14.	Afonso Azevedo, PACHECO FTL	M	201382	06	Vilacondense	3:02.21	217	
	50m: 39.64 39.64	100m: 1:25.36			45.72 150m: 2:22.60 57.24	200m: 3:02.21		39.61
15.	Tiago Marques, PEREIRA FTL	M	130166	06	Leixoes Sport Club	3:02.91	215	
	50m: 43.02 43.02	100m: 1:27.72			44.70 150m: 2:24.01 56.29	200m: 3:02.91		38.90
16.	Afonso Magalhaes, CABRAL FTL	M	130163	06	Leixoes Sport Club	3:03.16	214	
	50m: 40.38 40.38	100m: 1:27.75			47.37 150m: 2:20.86 53.11	200m: 3:03.16		42.30
17.	Pedro Goncalves, NUNES FTL	M	204664	06	Penafiel	3:03.28	214	
	50m: 44.23 44.23	100m: 1:30.30			46.07 150m: 2:23.39 53.09	200m: 3:03.28		39.89
18.	Andre Alves, FLORES FTL	M	202750	06	Clube Naval Povoense	3:09.05	195	
	50m: 40.95 40.95	100m: 1:32.52			51.57 150m: 2:25.93 53.41	200m: 3:09.05		43.12
19.	Goncalo Martins, AZEVEDO FTL	M	205523	06	Famalicao	3:12.52	184	

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Prova 27, Masc., 200m Estilos, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
	50m: 45.62 45.62	100m: 1:34.36	48.74	150m: 2:31.59	57.23	200m: 3:12.52	40.93	
20.	Afonso Dinis, BARROS FTL	M	200991	06	Penafiel	3:13.86	180	
	50m: 50.28 50.28	100m: 1:36.83	46.55	150m: 2:33.52	56.69	200m: 3:13.86	40.34	
21.	Bruno Marcelo, MBAREK FTL	M	153453	06	Aquatico Pacense	3:21.99	159	
	50m: 44.17 44.17	100m: 1:37.45	53.28	150m: 2:36.05	58.60	200m: 3:21.99	45.94	
22.	Hugo Filipe, TEIXEIRA FTL	M	202845	06	Associação Tubarões de Gaia	3:32.36	137	
	50m: 51.05 51.05	100m: 1:41.97	50.92	150m: 2:47.46	1:05.49	200m: 3:32.36	44.90	
23.	Tiago Moreira, GOMES FTL	M	207711	06	Vilacondense	3:33.41	135	
	50m: 50.72 50.72	100m: 1:44.68	53.96	150m: 2:51.80	1:07.12	200m: 3:33.41	41.61	
DSQ	Rui Miguel, SANTOS 909 - O(A) nadador(a) não efetuou a chegada do estilo [Nome] de acordo com as regras aplicadas para esse estilo em particular - SW 9.3, Costas.	M	204083	06	Porto			
DSQ	Rafael Jesus, BARROS 909 - O(A) nadador(a) não efetuou a chegada do estilo [Nome] de acordo com as regras aplicadas para esse estilo em particular - SW 9.3, Costas	M	148657	06	Penafiel			
DSQ	Manuel Joaquim, LEAL 909 - O(A) nadador(a) não efetuou a chegada do estilo [Nome] de acordo com as regras aplicadas para esse estilo em particular - SW 9.3, Costas.	M	130075	06	Aquatico Pacense			
DSQ	Tiago Manuel, MACHADO 805 - O(A) nadador(a) efetuou movimento não simultâneo de pernas durante o percurso dos 20 metros - SW 8.3	M	206134	06	Famalicao			

Infantis A

1.	Vasco Almeida, RIBEIRO	M	131214	05	Colegio SMLamas	2:24.87	433	
	50m: 32.65 32.65	100m: 1:10.90	38.25	150m: 1:51.81	40.91	200m: 2:24.87	33.06	
2.	Rodrigo Barroso, PINTO	M	148567	05	Porto	2:28.71	400	
	50m: 31.27 31.27	100m: 1:08.62	37.35	150m: 1:54.63	46.01	200m: 2:28.71	34.08	
3.	Goncalo Manuel, SILVA	M	129734	05	Porto	2:30.45	386	
	50m: 33.43 33.43	100m: 1:12.54	39.11	150m: 1:55.91	43.37	200m: 2:30.45	34.54	
4.	Alexandre Ramos, GONCALVES	M	128601	05	Colegio SMLamas	2:31.67	377	
	50m: 32.66 32.66	100m: 1:12.04	39.38	150m: 1:59.22	47.18	200m: 2:31.67	32.45	
5.	Guilherme Coutinho, CASTRO	M	130101	05	Famalicao	2:32.48	371	
	50m: 33.30 33.30	100m: 1:10.90	37.60	150m: 1:56.81	45.91	200m: 2:32.48	35.67	
6.	Vasco Goncalves, CUNHA	M	127202	05	Fluvial Portuense	2:32.59	370	
	50m: 32.28 32.28	100m: 1:15.18	42.90	150m: 1:59.96	44.78	200m: 2:32.59	32.63	
7.	Pedro Engracia, ANTUNES	M	131318	05	Luso-Internacional do Porto	2:33.00	367	
	50m: 31.45 31.45	100m: 1:11.40	39.95	150m: 1:57.51	46.11	200m: 2:33.00	35.49	
8.	Guilherme Fernandes, MATEUS	M	130102	05	Famalicao	2:35.39	351	
	50m: 33.76 33.76	100m: 1:13.62	39.86	150m: 1:58.74	45.12	200m: 2:35.39	36.65	
9.	Eduardo Alexandre, CORREIA	M	153454	05	Aquatico Pacense	2:35.45	350	
	50m: 33.64 33.64	100m: 1:15.05	41.41	150m: 2:00.81	45.76	200m: 2:35.45	34.64	
10.	Tomas Coelho, PEREIRA	M	133202	05	Penafiel	2:36.35	344	
	50m: 34.57 34.57	100m: 1:13.63	39.06	150m: 1:58.80	45.17	200m: 2:36.35	37.55	
11.	Alexandre Sousa, FERREIRA	M	132325	05	Famalicao	2:37.03	340	
	50m: 32.56 32.56	100m: 1:14.35	41.79	150m: 2:05.46	51.11	200m: 2:37.03	31.57	
12.	Guilherme Nunes, ANDRADE	M	127620	05	Clube Naval Povoense	2:37.76	335	
	50m: 34.17 34.17	100m: 1:13.42	39.25	150m: 2:02.72	49.30	200m: 2:37.76	35.04	
13.	Miguel Teixeira, LAFUENTE	M	129737	05	Porto	2:38.90	328	
	50m: 36.14 36.14	100m: 1:16.82	40.68	150m: 2:03.43	46.61	200m: 2:38.90	35.47	

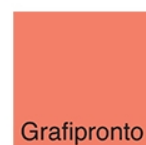
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Prova 27, Masc., 200m Estilos, Infantis A

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
14.	Rodrigo Fernandes, RODRIGUES 50m: 35.35 35.35	M	130118 05	Vitória Sport Clube 41.92 150m: 2:03.55 46.28	2:39.06 2:39.06	327	35.51
15.	Joao Carlos, GUERRA 50m: 33.75 33.75	M	132888 05	Porto 40.72 150m: 2:04.97 50.50	2:39.82 2:39.82	322	34.85
16.	Henrique Rocha, CARNEIRO 50m: 35.08 35.08	M	132879 05	Aquatico Pacense 42.70 150m: 2:05.38 47.60	2:41.69 2:41.69	311	36.31
17.	Afonso Valente, FONSECA 50m: 35.49 35.49	M	200373 05	Associação Tubarões de Gaia 40.81 150m: 2:03.75 47.45	2:42.21 2:42.21	308	38.46
18.	Rui Anjos, COSTA 50m: 37.85 37.85	M	129944 05	Porto 41.70 150m: 2:07.36 47.81	2:42.75 2:42.75	305	35.39
19.	Joao Pedro, TORRES 50m: 38.64 38.64	M	127551 05	Porto 42.94 150m: 2:09.17 47.59	2:45.14 2:45.14	292	35.97
20.	Tiago Pereira, CARDOSO 50m: 37.92 37.92	M	130111 05	Famalicao 42.98 150m: 2:07.04 46.14	2:45.51 2:45.51	290	38.47
21.	Andre Lima, MAGALHAES 50m: 36.33 36.33	M	129727 05	Porto 42.54 150m: 2:11.07 52.20	2:47.70 2:47.70	279	36.63
22.	Ruben Leal, LIMA 50m: 37.31 37.31	M	200678 05	Aquatico Pacense 44.86 150m: 2:09.42 47.25	2:48.85 2:48.85	273	39.43
23.	Pedro Martins, ALVES 50m: 40.58 40.58	M	132333 05	Famalicao 43.51 150m: 2:12.59 48.50	2:51.79 2:51.79	259	39.20
DSQ	Nuno Goncalo, ALVES 610 - O(A) nadador(a) não retomou a posição dorsal logo após a saída da parede na viragem aos 75 metros – SW 6.4	M	203587 05	Amarantus			
WDR	Afonso Freitas, SANTOS	M	129726 05	Fluvial Portuense			

Prova 28
10/03/2019 - 17:10

Femin., 200m Estilos
CLINICA MEDICA DA FOZ

Infantis
Resultados

Rec Nac 25m Absoluto	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac 25m Inf A	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	10/03/2018
Rec Nac 25m Inf B	2:28.04	Carolina Miranda, FERNANDES	CGA	Mealhada	08/04/2017
Recorde Regional 25m Absoluto	2:16.71	Angelica Maria, ANDRE	CFP	Felgueiras	17/11/2017
Recorde Regional 25m Inf A	2:24.68	Mariana Pacheco, CUNHA	CFP	Felgueiras	22/04/2017
Recorde Regional 25m Inf B	2:34.45	Marisa, FREITAS	AHBVG	Ferrol	04/04/1998

Infantis A Fem Inf A: 3:09.20 / Infantis B Fem Inf B: 3:18.00

Pontos: FINA 2018

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
1.	Ana Beatriz, VIEIRA 50m: 38.52 38.52	F	202851 07	Foca 44.00 150m: 2:11.40 48.88	2:48.20 2:48.20	380	36.80
2.	Sofia Alexandra, CARVALHO 50m: 36.67 36.67	F	133262 07	Associação Tubarões de Gaia 45.78 150m: 2:12.56 50.11	2:51.53 2:51.53	358	38.97
3.	Joana Navega, TEIXEIRA 50m: 41.44 41.44	F	200355 07	Associação Tubarões de Gaia 47.76 150m: 2:16.72 47.52	2:54.85 2:54.85	338	38.13
4.	Barbara Sofia, GOMES 50m: 40.00 40.00	F	147188 07	Leixoes Sport Club 45.38 150m: 2:17.25 51.87	2:56.30 2:56.30	330	39.05
5.	Beatriz Azevedo, PEREIRA 50m: 41.62 41.62	F	203589 07	Colegio SMLamas 45.98 150m: 2:19.80 52.20	2:59.37 2:59.37	313	39.57
6.	Maria Leonor, MOREIRA 50m: 39.58 39.58	F	200764 07	Fluvial Portuense 47.60 150m: 2:17.78 50.60	2:59.45 2:59.45	313	41.67
7.	Filipa Silva, RODRIGUES 50m: 41.42 41.42	F	200208 07	Clube Naval Povoense 46.44 150m: 2:21.72 53.86	3:01.93 3:01.93	300	40.21
8.	Rita Marques, SOARES 50m: 42.11 42.11	F	132341 07	Famalicao 44.21 150m: 2:22.59 56.27	3:02.64 3:02.64	297	40.05

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Prova 28, Femin., 200m Estilos, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
9.	Iara Herdeiro, OLIVEIRA 50m: 41.45 41.45	F	202666	07	Vilacondense 47.50 150m: 2:24.29 55.34 200m: 3:04.85 40.56	3:04.85	286	
10.	Carolina Malheiro, RODRIGUES 50m: 45.92 45.92	F	152099	07	Ginásio Santo Tirso 47.33 150m: 2:25.67 52.42 200m: 3:07.65 41.98	3:07.65	273	
11.	Patricia Alexandra, SILVA 50m: 43.42 43.42	F	133258	07	Associação Tubarões de Gaia 49.52 150m: 2:26.85 53.91 200m: 3:07.71 40.86	3:07.71	273	
12.	Ana Carolina, VALINHAS 50m: 43.23 43.23	F	201054	07	Famalicao 50.33 150m: 2:27.95 54.39 200m: 3:08.16 40.21	3:08.16	271	
13.	Lara Catarina, VIEIRA 50m: 44.80 44.80	F	202847	07	Associação Tubarões de Gaia 47.39 150m: 2:28.31 56.12 200m: 3:08.20 39.89	3:08.20	271	
14.	Silvia Teixeira, SANTOS 50m: 42.78 42.78	F	202848	07	Associação Tubarões de Gaia 49.69 150m: 2:27.36 54.89 200m: 3:08.61 41.25	3:08.61	269	
15.	Ana Medeiros, COSTA 50m: 47.87 47.87	F	152164	07	Ginásio Santo Tirso 50.35 150m: 2:33.65 55.43 200m: 3:13.79 40.14	3:13.79	248	
16.	Ines Rebelo, SOUSA 50m: 45.39 45.39	F	203317	07	Porto 49.59 150m: 2:29.64 54.66 200m: 3:14.45 44.81	3:14.45	246	
17.	Adriana, MARTINS 50m: 48.28 48.28	F	153349	07	Aquático Pacense 50.36 150m: 2:31.48 52.84 200m: 3:15.03 43.55	3:15.03	243	
18.	Matilde Vale, SILVA 50m: 42.76 42.76	F	202754	07	Clube Naval Povoense 49.74 150m: 2:32.36 59.86 200m: 3:15.81 43.45	3:15.81	241	
19.	Ana Senhorinha, SILVA FTL 50m: 46.44 46.44	F	205527	07	Natação da Maia 49.16 150m: 2:35.80 1:00.20 200m: 3:18.34 42.54	3:18.34	231	
20.	Francisca Martins, GOMES FTL 50m: 49.88 49.88	F	207830	07	Porto 55.34 150m: 2:39.16 53.94 200m: 3:25.67 46.51	3:25.67	208	
21.	Ana Ribeiro, RODRIGUES FTL 50m: 50.91 50.91	F	202878	07	Aquático Pacense 51.19 150m: 2:42.41 1:00.31 200m: 3:27.89 45.48	3:27.89	201	
22.	Leonor Beatriz, PINTO FTL 50m: 47.08 47.08	F	200807	07	Amarantus 58.51 150m: 2:40.36 54.77 200m: 3:31.86 51.50	3:31.86	190	
23.	Leonor Carolina, MEIRELES FTL 50m: 49.37 49.37	F	200810	07	Amarantus 57.72 150m: 2:46.49 59.40 200m: 3:34.32 47.83	3:34.32	183	
24.	Catarina Beatriz, PINTO FTL 50m: 51.06 51.06	F	200808	07	Amarantus 56.87 150m: 2:47.47 59.54 200m: 3:36.60 49.13	3:36.60	178	
DSQ	Matilde Soares, ALEIXO 607 - O(A) nadador(a) não começou a executar a viragem imediatamente após terminar a braçada na posição ventral aos 75 metros - SW 6.4	F	207446	07	Amarantus			
DSQ	Mafalda Guimaraes, REBELO 909 - O(A) nadador(a) não efetuou a chegada do estilo [Nome] de acordo com as regras aplicadas para esse estilo em particular - SW 9.3, Bruços.	F	148682	07	Fluvial Portuense			

Prova 28, Femin., 200m Estilos

Infantis A

1.	Beatriz Carvalho, HERMOSA	F	132885 06	Porto					2:40.74	435
	50m: 34.57 34.57	100m: 1:15.56		40.99	150m: 2:03.88	48.32	200m: 2:40.74		36.86	
2.	Lara Gomes, NETO	F	132881 06	Aquatico Pacense				2:41.52	429	
	50m: 35.65 35.65	100m: 1:18.62		42.97	150m: 2:05.27	46.65	200m: 2:41.52		36.25	
3.	Maria Joao, FERREIRA	F	132732 06	Foca				2:45.24	401	
	50m: 36.59 36.59	100m: 1:17.60		41.01	150m: 2:08.12	50.52	200m: 2:45.24		37.12	
4.	Ines Barbosa, VALE	F	153450 06	Famalicao				2:46.51	391	
	50m: 36.01 36.01	100m: 1:17.46		41.45	150m: 2:09.64	52.18	200m: 2:46.51		36.87	
5.	Clara Daniela, SANTOS	F	129358 06	Colegio SMLamas				2:51.51	358	
	50m: 37.92 37.92	100m: 1:22.10		44.18	150m: 2:09.77	47.67	200m: 2:51.51		41.74	
6.	Ana Rita, MARTINS	F	128148 06	Foca				2:51.73	357	
	50m: 38.46 38.46	100m: 1:21.94		43.48	150m: 2:15.19	53.25	200m: 2:51.73		36.54	
7.	Maria Luis, CAMPOS	F	153446 06	Vitória Sport Clube				2:53.02	349	
	50m: 39.25 39.25	100m: 1:23.67		44.42	150m: 2:13.52	49.85	200m: 2:53.02		39.50	
8.	Ines Francisca, LEAL	F	202162 06	Aquatico Pacense				2:53.49	346	
	50m: 41.40 41.40	100m: 1:25.54		44.14	150m: 2:15.59	50.05	200m: 2:53.49		37.90	
9.	Mariana Santos, ROMAO	F	200366 06	Vilacondense				2:54.65	339	
	50m: 37.37 37.37	100m: 1:24.93		47.56	150m: 2:14.38	49.45	200m: 2:54.65		40.27	
10.	Mafalda Valente, SEBASTIAO	F	205762 06	Porto				2:56.96	326	
	50m: 39.73 39.73	100m: 1:26.38		46.65	150m: 2:14.88	48.50	200m: 2:56.96		42.08	
11.	Carina, CHYZH	F	202731 06	Vitória Sport Clube				3:03.21	294	
	50m: 41.77 41.77	100m: 1:24.97		43.20	150m: 2:20.65	55.68	200m: 3:03.21		42.56	
12.	Cristina Moreira, GONCALVES	F	131791 06	Colegio SMLamas				3:04.32	288	
	50m: 41.67 41.67	100m: 1:26.60		44.93	150m: 2:22.94	56.34	200m: 3:04.32		41.38	
13.	Maria Joao, MAGALHAES	F	201098 06	Vitória Sport Clube				3:07.37	275	
	50m: 41.33 41.33	100m: 1:25.45		44.12	150m: 2:25.91	1:00.46	200m: 3:07.37		41.46	
14.	Mariana Sousa, OLIVEIRA FTL	F	204729 06	Leixoes Sport Club				3:32.71	188	
	50m: 52.99 52.99	100m: 1:45.54		52.55	150m: 2:46.33	1:00.79	200m: 3:32.71		46.38	
EXH	Julia Oliveira, SOUZA	F	205780 07	Fluvial Portuense				2:48.70	376	
	50m: 37.61 37.61	100m: 1:22.20		44.59	150m: 2:11.91	49.71	200m: 2:48.70		36.79	

Prova 29
10/03/2019 - 18:00

Masc., 4 x 100m Estilos
TURBO

Infantis
Resultados

Rec Nac 25m Absoluto	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto	19/12/2014
Rec Nac 25m Inf A	4:12.48	Sporting Clube de Portugal	SCP	Tomar	20/03/2016
Rec Nac 25m Inf	4:12.48	Sporting Clube de Portugal	SCP	Tomar	20/03/2016
Rec Nac 25m Inf B	4:35.54	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Porto	17/03/2013
Recorde Regional 25m Absoluto	3:40.60	Gil Pinto, Carlos Almeida, Carlos Sa	FCP, Paulo Felgueiras		21/12/2013
Recorde Regional 25m Inf A	4:12.50	Joao P. Tinoco, Miguel A. Santos, H	GDNVNF	ForCantanhede	reitas 30/03/2014
Recorde Regional 25m Inf	4:12.50	Joao P. Tinoco, Miguel A. Santos, H	GDNVNF	ForCantanhede	reitas 30/03/2014
Recorde Regional 25m Inf B	4:35.54	Daniel Silva, Miguel Santos, Hugo M	GDNVNF	FogPorto/lachado	17/03/2002

Pontos: FINA 2018

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
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O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager, 11.58223

Registered to Associação de Natacao do Norte de Portugal

10/03/2019 18:20 - Página 59



Prova 29, Masc., 4 x 100m Estilos

Infantis B

1. Famalicao 2	M		Famalicao		4:57.96	298	
Francisco Araujo, SILVA	+0,77	34.55	1:12.05	Rodrigo Ferreira, PEREIRA	+0,59	33.26	1:14.66
Tomas Mendes, COSTA	+0,75	39.76	1:23.11	Tiago Carvalho, FERREIRA	+0,48	31.75	1:08.14
2. Penafiel 2	M		Penafiel		5:09.58	266	
Miguel Azevedo, ROCHA	+0,68	33.55	1:08.90	Marco Oliveira, LOPES	+0,71	33.65	1:12.62
Rafael Jesus, BARROS		43.41	1:32.98	Frederico Silva, SANTOS	+0,52	35.06	1:15.08
3. Porto 2	M		Porto		5:13.34	256	
Vasco Monteiro, CASTRO	+0,74	37.84	1:18.62	Gustavo Gomes, RAMOS	+0,57	36.19	1:18.40
Rui Miguel, SANTOS	+0,66	41.63	1:27.30	Bruno Silva, LOUREIRO	+0,44	33.21	1:09.02
4. Leixoes Sport Club 1	M		Leixoes Sport Club		5:25.85	228	
Tiago Marques, PEREIRA	+0,72	37.16	1:16.28	Goncalo Sa, MAGALHAES	+0,50	36.86	1:20.45
Afonso Magalhaes, CABRAL	+0,70	44.71	1:33.96	Pedro Santos, PEREIRA	+0,65	35.35	1:15.16
5. Fluvial Portuense 2	M		Fluvial Portuense		5:53.54	178	
Eduardo Pacheco, CUNHA	+0,70	37.58	1:17.52	Diogo Moura, FONSECA		44.68	1:38.75
Miguel Cunha, GOMES	+0,46	48.80	1:43.59	Pedro Henrique, COSTA		34.27	1:13.68
6. Natacao de Valongo 2	M		Natacao de Valongo		5:59.87	169	
Francisco Campos, LOURENCO	+0,73	37.89	1:18.47	Jose Pedro, CARNEIRO	+0,65	40.95	1:28.70
Afonso Figueiredo, DIAS	+0,88	52.25	1:51.40	Gabriel Neves, CARDOSO	+0,48	38.94	1:21.30
DSQ Vilacondense 1	M		Vilacondense				
805 - O(A) nadador(a) efetuou movimento não simultâneo de pernas durante o percurso dos ... metros - SW							
8.3, Mariposa.							
Francisco Barbosa, SILVA	+1,00	37.51	1:18.02	Afonso Azevedo, PACHECO	+0,63		
Pedro Roque, IGREJA	+0,73	42.85	1:30.58	Guilherme Ramos, SILVA	+0,35		

Infantis A

1.	Porto 1	M		Porto		4:34.96	380	
	Eduardo Costa, SILVA	+0,82	35.00	1:10.69	Rodrigo Barroso, PINTO	+0,63	30.64	1:06.68
	Goncalo Manuel, SILVA	+0,79	34.74	1:13.21	Joao Carlos, GUERRA	+0,74	30.80	1:04.38
2.	Famalicao 1	M		Famalicao		4:36.27	374	
	Guilherme Coutinho, CASTRO	+0,76	33.72	1:09.11	Afonso Carvalho, SILVA	+0,30	30.03	1:05.42
	Guilherme Fernandes, MATEUS	+0,45	37.81	1:22.33	Alexandre Sousa, FERREIRA	+0,43	28.86	59.41
3.	Foca 1	M		Foca		5:02.38	285	
	Tiago Ventura, MARTINS	+0,68	37.12	1:17.34	Afonso Teixeira, LOPES	+0,14	34.89	1:15.38
	Guilherme Jesus, CARVALHO	+0,20	37.89	1:21.19	Afonso Martim, LEITE	+0,69	32.80	1:08.47
4.	Aquatico Pacense 1	M		Aquatico Pacense		5:04.46	279	
	Eduardo Alexandre, CORREIA	+0,68	35.65	1:12.95	Henrique Rocha, CARNEIRO	+0,21	33.83	1:12.78
	Ruben Leal, LIMA	+0,41	41.90	1:27.60	Joao Goncalo, LEAO	+0,01	34.11	1:11.13
5.	Fluvial Portuense 1	M		Fluvial Portuense		5:06.58	274	
	Vasco Soares, ALVES	+0,77	34.13	1:10.74	Vasco Goncalves, CUNHA	+0,39	34.53	1:13.74
	Hugo Gabriel, MARTINS	+0,58	43.11	1:34.11	Tiago Lemos, SILVA		32.29	1:07.99
DSQ	Vitória Sport Clube 1	M		Vitória Sport Clube				
	909 - O(A) nadador(a) não efetuou a chegada do estilo [Nome] de acordo com as regras aplicadas para esse estilo em particular - SW 9.3, Costas.							
	Andre Dinis, OLIVEIRA, Rodolfo Simao, MATEUS, Rodrigo Fernandes, RODRIGUES, Gabriel Goncalves, FERNANDES							
EXH	Penafiel 3	M		Penafiel		5:43.21	195	
	Tomas Coelho, PEREIRA	+0,71	33.24	1:08.05	Pedro Goncalves, NUNES	+0,57	43.87	1:37.27
	Ruben Miguel, MOREIRA	+0,86	46.92	1:37.53	Helder Henrique, FERREIRA	+0,70	37.24	1:20.36

Prova 30	Femin., 4 x 100m Estilos				Infantis
10/03/2019 - 18:10	GRAFIPRONGO				Resultados
Rec Nac 25m Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita FCP	S. António Cavaleiros	19/12/2009	
Rec Nac 25m Inf A	4:40.29	Grupo Desp. Natacao V. N. FamalicGDNVNF	Viseu	12/03/2011	
Rec Nac 25m Inf	4:40.29	Grupo Desp. Natacao V. N. FamalicGDNVNF	Viseu	12/03/2011	
Rec Nac 25m Inf B	4:57.35	Grupo Desp. Natacao V. N. FamalicGDNVNF	Ponte da Barca	06/03/2010	
Recorde Regional 25m Absoluto	4:06.14	Marta Marinho, Joana Carvalho, SaiFCPliveira, S. António Cavaleiros		19/12/2009	
Recorde Regional 25m Inf A	4:40.29	Catarina Jardim, Carla Alves, BarbeGDNVNFAlvViseu	Costa	12/03/2011	
Recorde Regional 25m Inf	4:40.29	Tempo Liimite			
Recorde Regional 25m Inf B	4:57.35	Catarina Jardim, Barbara GoncalveGDNVNFAlvPonte da Barca		06/03/2010	

Pontos: FINA 2018

Lugar	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
Infantis B						
1. Associacao Tubaroos de Gaia 1	F		Associacao Tubaroos de Gaia	5:40.38	289	
Silvia Teixeira, SANTOS	+1,17	46.75	1:34.19 Sofia Alexandra, CARVALHO	+0,77	35.75	1:18.56
Joana Navega, TEIXEIRA	+0,99	41.68	1:26.91 Patricia Alexandra, SILVA	+0,90	37.91	1:20.72
2. Fluvial Portuense 2	F		Fluvial Portuense	5:57.54	249	
Mafalda Guimaraes, REBELO	+0,83	42.06	1:24.43 Mariana Pinto, CARVALHO	+0,86	45.40	1:42.73
Maria Leonor, MOREIRA	+0,73	44.21	1:34.81 Maria Francisca, MENDES	+0,80	35.48	1:15.57
3. Vilacondense 1	F		Vilacondense	6:17.21	212	
Diana Vieira, SANTOS	+0,97	47.14	1:36.37 Iara Herdeiro, OLIVEIRA	+0,68	41.53	1:32.04
Matilde Araujo, PALMEIRA	+0,64	52.93	1:52.04 Maria Francisca, BERNARDO	+0,57	37.08	1:16.76
4. Penafiel 1	F		Penafiel	6:17.61	212	
Eva Oliveira, SILVA	+0,92	40.18	1:23.30 Gabriela Oliveira, SILVA	+0,55	43.74	1:38.13
Sofia Isabel, BORGES	+0,44	54.23	1:56.83 Sara Rafaela, LEAL	+0,76	36.71	1:19.35

Infantis A

1. Porto 1	F		Porto	5:04.97	402	
Leonor Filipa, PINTO	+0,66	36.12	1:14.72 Beatriz Carvalho, HERMOSA	+0,54	34.50	1:15.87
Mafalda Valente, SEBASTIAO	+0,39	41.83	1:29.15 Catarina Gaspar, PIRES	+0,42	30.81	1:05.23
2. Foca 1	F		Foca	5:10.10	383	
Maria Joao, FERREIRA	+1,10	37.60	1:16.44 Gabriela Ferreira, NEVES	+0,63	34.81	1:16.28
Regina Correia, NOVAIS	+0,51	41.66	1:29.28 Ana Rita, MARTINS	+0,64	33.19	1:08.10
3. Leixoes Sport Club 1	F		Leixoes Sport Club	5:11.29	378	
Daniela Alexandra, COSTA		34.23	1:11.77 Ana Luisa, GOUVEIA		34.54	1:15.59
Ana Martim, FERREIRA	+0,66	41.18	1:28.14 Maria Beatriz, GOMES	+0,45	35.75	1:15.79
4. Fluvial Portuense 1	F		Fluvial Portuense	5:17.17	357	
Joana Filipa, PINTO	+0,70	37.49	1:15.80 Ana Marques, PINTO	+0,72	37.54	1:21.47
Ines Aires, NOGUEIRA	+0,46	42.25	1:29.62 Ema Monteiro, RIBAS	+0,52	33.00	1:10.28
5. Vitória Sport Clube 1	F		Vitória Sport Clube	5:20.80	345	
Carina, CHYZH		40.37	1:22.09 Lia Beatriz, GOMES		33.58	1:13.34
Maria Luis, CAMPOS		42.48	1:31.61 Maria Joao, MAGALHAES	+0,93	35.50	1:13.76
6. Colegio SMLamas 1	F		Colegio SMLamas	5:31.53	313	
Cristina Moreira, GONCALVES	+0,72	42.50	1:26.81 Mariana Fontes, FERNANDES	+0,22	37.68	1:23.85
Clara Daniela, SANTOS	+0,27	39.92	1:25.41 Patricia Alexandra, KVAS		37.23	1:15.46
DSQ Aquatico Pacense 1	F		Aquatico Pacense			
701 - O(A) nadador(a), na partida, efetuou mais do que uma pernada de golfinho durante a braçada subaquática que antecede a pernada de braços – SW 7.1						
Bebiana Filipa, BARBOSA	+0,81	39.24	1:20.23 Ines Gomes, MENDES	+0,09		
Lara Gomes, NETO	+0,56		Ines Francisca, LEAL	+0,29		
EXH Natacao de Valongo 1	F		Natacao de Valongo	6:15.52	215	
Matilde Teixeira, SOUSA	+0,71	39.42	1:22.05 Iara Clarisse, SOUSA	+0,89	48.10	1:45.51
Lara Sofia, FERREIRA	+0,29	49.34	1:45.43 Ariana Pinto, MAIA	+0,55	41.18	1:22.53