

1 - 1ª Jornada - 1ª Sessão

08-04-2017 - 9:00

Prova 1	Masc., 200m Livres				Absolutos
08-04-2017 - 9:00	TURBO				Resultados
Recordes Nacionais 50m Absoluto	1:48.39	Alexis Manacas, SANTOS	SCP	Coimbra	31-03-2017
Recordes Nacionais 50m Juv B	1:57.11	Miguel Diogo, AGOSTINHO	FBSC	Coimbra	24-07-2015
Recordes Nacionais 50m Juv A	1:57.11	Miguel Diogo, AGOSTINHO	FBSC	Coimbra	24-07-2015
Recordes Nacionais 50m 17	1:54.18	Gustavo Manuel, SANTA	POR	Tampere (FIN)	24-07-2009
Recordes Nacionais 50m 18	1:53.32	Gustavo Manuel, SANTA	CNLA	Coimbra	30-07-2010
Recordes Nacionais 50m Sen	1:48.39	Alexis Manacas, SANTOS	SCP	Coimbra	31-03-2017
Recorde Regional 50m Absoluto	1:48.98	Luis Miguel, VAZ	GDNVNF	Oeiras	25-07-2014
Recorde Regional 50m Juv B	1:59.27	Rui Filipe, COSTA	VSC	Coimbra	28-07-2006
Recorde Regional 50m Juv A	1:55.02	Jorge Manuel, MAIA	GDNVNF	Lignano (ITA)	08-07-2005
Recorde Regional 50m 17	1:53.59	Jorge Manuel, MAIA	GDNVNF	Palma de Maiorca (ESP)	06-07-2006
Recorde Regional 50m 18	1:50.76	Luis Emanuel, VAZ	GDNVNF	Faro	19-07-2009
Recorde Regional 50m Sen	1:48.98	Luis Manuel, VAZ	GDNVNF	Oeiras	25-07-2014

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
Absolutos								
1.	Bernardo Leitao, GRACA	M	14838	93	Fluvial Portuense	1:59.38	623	
	100m: 56.38 56.38				200m: 1:59.38 1:03.00			
2.	Luis Carlos, ALMEIDA	M	104527	98	Aquatico Pacense	2:03.10	568	
	100m: 58.81 58.81				200m: 2:03.10 1:04.29			
3.	Alexandre Ferreira, AMORIM	M	103953	99	Colegio SMLamas	2:04.96	543	
	100m: 58.28 58.28				200m: 2:04.96 1:06.68			
4.	Goncalo Manuel, PAQUETE	M	127101	99	Fluvial Portuense	2:05.92	531	
	100m: 58.79 58.79				200m: 2:05.92 1:07.13			
5.	Dario Almeida, SANTOS	M	22520	93	Leixoes Sport Club	2:06.09	529	
	100m: 1:00.19 1:00.19				200m: 2:06.09 1:05.90			
6.	Rodrigo Reis, SILVA	M	117297	98	Colegio SMLamas	2:06.86	519	
	100m: 1:02.53 1:02.53				200m: 2:06.86 1:04.33			
7.	Joao Afonso, PICA0	M	102842	97	Leixoes Sport Club	2:07.56	511	
	100m: 1:02.09 1:02.09				200m: 2:07.56 1:05.47			
8.	Daniel Jose, DUARTE	M	118897	00	Fluvial Portuense	2:09.53	488	
	100m: 1:01.65 1:01.65				200m: 2:09.53 1:07.88			
9.	Nuno Henrique, GUIMARAES	M	119147	99	Valongo	2:09.73	486	
	100m: 1:02.28 1:02.28				200m: 2:09.73 1:07.45			
10.	Diogo Alexandre, PEREIRA	M	118265	98	Fluvial Portuense	2:10.36	479	
	100m: 1:02.94 1:02.94				200m: 2:10.36 1:07.42			
11.	Pedro Miguel, FERNANDES	M	110494	99	Vit�ria Sport Clube	2:10.47	477	
	100m: 1:02.33 1:02.33				200m: 2:10.47 1:08.14			
12.	Joao Andre, OLIVEIRA	M	121981	02	Porto	2:12.44	456	
	100m: 1:03.59 1:03.59				200m: 2:12.44 1:08.85			
13.	Diogo Alexandre, SANTOS	M	129291	99	Fluvial Portuense	2:13.05	450	
	100m: 1:03.00 1:03.00				200m: 2:13.05 1:10.05			
14.	Marcos Daniel, VITORIA	M	120510	00	Valongo	2:13.88	442	
	100m: 1:04.32 1:04.32				200m: 2:13.88 1:09.56			
15.	Jose Pedro, PICA0	M	118898	01	Leixoes Sport Club	2:14.32	437	
	100m: 1:04.14 1:04.14				200m: 2:14.32 1:10.18			
16.	Sergio Miguel, ESTEVAO	M	121590	01	Leixoes Sport Club	2:15.12	430	
	100m: 1:04.43 1:04.43				200m: 2:15.12 1:10.69			
17.	Diogo Ferreira, NEVES	M	108221	98	Valongo	2:15.18	429	
	100m: 1:05.06 1:05.06				200m: 2:15.18 1:10.12			
18.	Goncalo Fernando, FERREIRA	M	121734	94	Penafiel	2:16.10	420	
	100m: 1:05.95 1:05.95				200m: 2:16.10 1:10.15			
19.	Joao Miguel, NUNES	M	108104	00	Aquatico Pacense	2:16.41	418	
	100m: 1:04.41 1:04.41				200m: 2:16.41 1:12.00			
20.	Domingos Tiago, PINHEIRO	M	118328	98	Gin�sio Santo Tirso	2:16.61	416	
	100m: 1:06.80 1:06.80				200m: 2:16.61 1:09.81			

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10-04-2017 11:13 - P gina 1

Prova 1, Masc., 200m Livres, Absolutos

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	FINA	Obs
21.	Tiago Lima, MARTINS 100m: 1:05.84 1:05.84	M	124861 01	Ginásio Santo Tirso 1:10.96	2:16.80	414	
22.	Ricardo David, SILVA 100m: 1:03.53 1:03.53	M	103049 97	Foca 1:13.63	2:17.16	411	
23.	Marcos Dias, MARTINS 100m: 1:06.14 1:06.14	M	122189 02	Colegio SMLamas 1:11.62	2:17.76	405	
24.	Pedro Soares, MORIM 100m: 1:06.83 1:06.83	M	131612 02	Clube Naval Povoense 1:11.12	2:17.95	404	
25.	Bruno Miguel, SEIXAS 100m: 1:06.43 1:06.43	M	126784 01	Natacao da Maia 1:11.53	2:17.96	404	
26.	Diogo Gomes, CARDOSO 100m: 1:07.29 1:07.29	M	202714 02	Colegio SMLamas 1:11.79	2:19.08	394	
27.	Nuno Rocha, ALMEIDA 100m: 1:06.84 1:06.84	M	122193 02	Colegio SMLamas 1:15.21	2:22.05	370	
28.	Pedro Sales, CIDRAIS 100m: 1:09.60 1:09.60	M	128938 00	Valongo 1:12.76	2:22.36	367	
29.	Joao Miguel, MARQUES 100m: 1:10.04 1:10.04	M	201137 02	Foca 1:12.52	2:22.56	366	
30.	Diogo Alexandre, MARTINS 100m: 1:07.05 1:07.05	M	130799 98	Ginásio Santo Tirso 1:15.78	2:22.83	364	
31.	Francisco Abrunhosa, RODRIGUES 100m: 1:09.02 1:09.02	M	105264 96	Valongo 1:15.55	2:24.57	351	
32.	Jose Pedro, MENEZES 100m: 1:09.64 1:09.64	M	118899 01	Leixoes Sport Club 1:15.13	2:24.77	349	
33.	Francisco Miguel, NETO 100m: 1:12.12 1:12.12	M	125855 02	Ginásio Santo Tirso 1:12.68	2:24.80	349	
34.	Gustavo Ferreira, VITOR 100m: 1:10.99 1:10.99	M	129874 02	Fluvial Portuense 1:14.30	2:25.29	346	
35.	Joao Carlos, PAIVA 100m: 1:10.71 1:10.71	M	200236 02	Leixoes Sport Club 1:15.74	2:26.45	337	
36.	Joao Pedro, GUEDES 100m: 1:10.42 1:10.42	M	119754 97	Colegio SMLamas 1:18.37	2:28.79	322	
37.	Samuel Silva, RIBEIRO 100m: 1:12.61 1:12.61	M	126720 02	Leixoes Sport Club 1:17.50	2:30.11	313	
38.	Ricardo Miguel, PEREIRA 100m: 1:16.98 1:16.98	M	118789 00	Colegio SMLamas 1:21.85	2:38.83	264	
39.	David Oliveira, MENDES 100m: 1:16.33 1:16.33	M	131977 02	Penafiel 1:23.77	2:40.10	258	
40.	Leonardo Filipe, TEIXEIRA 100m: 1:19.37 1:19.37	M	202725 00	AP Vila D Este/Gaia 1:20.74	2:40.11	258	
41.	Helder Tiago, NEVES 100m: 1:22.28 1:22.28	M	202715 00	Colegio SMLamas 1:31.07	2:53.35	203	
DSQ	David Fenker, SILVA 402 - O(A) nadador(a) não se manteve imobilizado(a) na sua posição de partida no bloco - SW 4.1	M	119060 00	Colegio SMLamas			
DSQ	Alexandre Carvalho, CONCEICAO 402 - O(A) nadador(a) não se manteve imobilizado(a) na sua posição de partida no bloco - SW 4.1	M	126858 02	Penafiel			
WDR	Joao Carlos, BRITO	M	111319 01	Aquatico Pacense			
WDR	Afonso Patricio, HENRIQUES	M	202406 99	Leixoes Sport Club			

Prova 2	Femin., 200m Livres				Absolutos
08-04-2017 - 9:20	TURBO				Resultados
Recordes Nacionais 50m Absoluto	2:01.78	Diana Margarida, DURAES	SLB	Lisboa	18-02-2017
Recordes Nacionais 50m Juv B	2:07.40	Maria Francisca, CABRAL	FCP	Oeiras	25-07-2014
Recordes Nacionais 50m Juv A	2:05.94	Tamila Hryhorivna, HOLUB	SCB	Oeiras	25-07-2014
Recordes Nacionais 50m Juv A	2:05.94	Alexandra Couto, FRAZAO	INDANC	Coimbra	02-04-2017
Recordes Nacionais 50m 16	2:05.38	Ana Feio, ALEGRIA	POR	Florença (ITA)	03-04-1993
Recordes Nacionais 50m 17	2:03.70	Diana Margarida, DURAES	FCP	Coimbra	25-05-2013
Recordes Nacionais 50m Sen	2:01.78	Diana Margarida, DURAES	SLB	Lisboa	18-02-2017
Recorde Regional 50m Absoluto	2:02.65	Diana Margarida, DURAES	FCP	Oeiras	13-03-2016
Recorde Regional 50m Juv B	2:07.40	Maria Francisca, CABRAL	FCP	Oeiras	26-07-2014
Recorde Regional 50m Juv A	2:07.23	Maria Francisca, CABRAL	FCP	Coimbra	24-07-2015
Recorde Regional 50m 16	2:05.38	Ana Feio, ALEGRIA	SCB	Florença (ITA)	03-04-1993
Recorde Regional 50m 17	2:03.70	Diana Margarida, DURAES	FCP	Coimbra	25-05-2013
Recorde Regional 50m Sen	2:02.65	Diana Margarida, DUARES	FCP	Oeiras	13-03-2016

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Adriana Daniela, CASTRO 100m: 1:04.97 1:04.97	F	104515	97	Aquatico Pacense	2:16.02	573	
2.	Ana Ines, FERNANDES 100m: 1:06.61 1:06.61	F	119258	00	Vit�ria Sport Clube	2:18.15	546	
3.	Joana Sofia, MACHADO 100m: 1:07.43 1:07.43	F	127918	02	Valongo	2:19.50	531	
4.	Julia Albuquerque, FRAGA 100m: 1:07.20 1:07.20	F	123700	01	Aquatico Pacense	2:20.02	525	
5.	Ana Catarina, MAGALHAES 100m: 1:07.03 1:07.03	F	119092	02	Lousada SXXI	2:20.32	521	
6.	Ines Freitas, ROCHA 100m: 1:09.15 1:09.15	F	129880	03	Aquatico Pacense	2:22.37	499	
7.	Matilde Guimaraes, SANTOS 100m: 1:10.65 1:10.65	F	122894	02	Leixoes Sport Club	2:24.30	479	
8.	Ana Carmo, PINHEIRO 100m: 1:11.51 1:11.51	F	124856	02	Gin�sio Santo Tirso	2:25.46	468	
9.	Alexandra Martins, CAMPOS 100m: 1:09.98 1:09.98	F	127155	02	Leixoes Sport Club	2:25.61	467	
10.	Joana Daniela, JACINTO 100m: 1:12.07 1:12.07	F	111230	01	Propaganda da Natacao	2:27.56	448	
11.	Marta Ferreira, ROCHA 100m: 1:09.65 1:09.65	F	110558	99	Leixoes Sport Club	2:29.71	429	
12.	Ana Margarida, ALMEIDA 100m: 1:11.80 1:11.80	F	122992	03	Foca	2:30.41	423	
13.	Joana Maria, SANTOS 100m: 1:13.62 1:13.62	F	120554	02	Fluvial Portuense	2:33.29	400	
14.	Barbara Azevedo, MAGALHAES 100m: 1:15.69 1:15.69	F	129745	03	Fluvial Portuense	2:34.80	388	
15.	Ana Margarida, TEIXEIRA 100m: 1:13.23 1:13.23	F	111504	02	Foca	2:34.98	387	
16.	Ines Soares, LEMA 100m: 1:16.95 1:16.95	F	129875	03	Fluvial Portuense	2:37.00	372	
17.	Carolina Nogueira, ROCHA 100m: 1:15.76 1:15.76	F	131790	03	Colegio SMLamas	2:37.47	369	
18.	Maria Helena, PERES 100m: 1:15.93 1:15.93	F	129271	02	Colegio SMLamas	2:37.59	368	
19.	Adriana Azevedo, COUTO 100m: 1:13.58 1:13.58	F	108336	00	Famalicao	2:38.31	363	
20.	Maria Joao, SILVA 100m: 1:16.10 1:16.10	F	111045	01	Famalicao	2:40.91	346	
21.	Filipa Manuela, MARTINS 100m: 1:16.00 1:16.00	F	128708	03	Penafiel	2:41.40	342	
22.	Maria Morais, GONCALVES 100m: 1:18.97 1:18.97	F	125141	01	Leixoes Sport Club	2:44.32	325	

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Prova 2, Femin., 200m Livres, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
23.	Fabiana Moreira, DIAS 100m: 1:17.53 1:17.53	F	200233	98	Aquatico Pacense	2:44.39	324	
24.	Sara Gomes, OLIVEIRA 100m: 1:24.98 1:24.98	F	129361	03	Colegio SMLamas	2:54.07	273	
25.	Vanda Sofia, SANTOS 100m: 1:23.84 1:23.84	F	129517	03	Colegio SMLamas	2:54.14	273	
26.	Beatriz Magalhaes, MENDES 100m: 1:23.59 1:23.59	F	131789	03	Colegio SMLamas	2:55.58	266	
27.	Ana Morais, GONCALVES 100m: 1:26.36 1:26.36	F	124575	03	Leixoes Sport Club	2:56.12	263	
DSQ	Joana Raquel, TAVARES <i>404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4</i>	F	122229	01	Fluvial Portuense			
WDR	Sara Catarina, TEIXEIRA	F	121735	99	Penafiel			
WDR	Mariana Coelho, PEIXOTO	F	117432	00	Vit�ria Sport Clube			

Prova 3

Masc., 100m Mariposa

Absolutos

08-04-2017 - 9:35

TURBO

Resultados

Recordes Nacionais 50m Absoluto	52.42	Diogo Filipe, CARVALHO	CGA	Lisboa	29-03-2009
Recordes Nacionais 50m Juv B	57.58	David Miguel, FERRO	SFUAP	Lisboa	31-07-1999
Recordes Nacionais 50m Juv A	56.11	Pedro Diogo, OLVEIRA	CNRM	Lisboa	29-07-2004
Recordes Nacionais 50m 17	54.77	Tiago Andre, VENANCIO	CNS	Oeiras	29-07-2004
Recordes Nacionais 50m 18	54.66	Diogo Filipe, CARVALHO	CGA	Lisboa	25-03-2006
Recordes Nacionais 50m Sen	52.42	Diogo Filipe, CARVALHO	CGA	Lisboa	29-03-2009
Recorde Regional 50m Absoluto	54.41	Adriano Miguel, NIZ	INDANP	Coimbra	21-04-2007
Recorde Regional 50m Juv B	59.58	Joao Pedro, SANTOS	CFV	Pova de Varzim	06-08-2011
Recorde Regional 50m Juv A	58.01	Mateus Ribeiro, CARVALHO	GDNF	Coimbra	25-07-2015
Recorde Regional 50m 17	57.26	Joao Carlos, SILVA	GDNF	Coimbra	25-07-2015
Recorde Regional 50m 18	55.40	Luis Miguel, MONTEIRO	FCP	Loule	04-08-2001
Recorde Regional 50m Sen	54.41	Adriano Miguel, NIZ	CFV	Coimbra	21-04-2007

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Ivo Manuel, DIAS	M	111508	00	Foca	1:00.03	571	
2.	Luis Carlos, OLIVEIRA	M	102629	97	Natacao da Maia	1:00.15	568	
3.	Pedro Nuno, VIEIRA	M	106742	98	Valongo	1:02.53	505	
4.	Tiago Campos, LOURENCO	M	127923	02	Valongo	1:02.64	503	
5.	Eduardo Miguel, MAGALHAES	M	125074	02	Vit�ria Sport Clube	1:03.15	491	
6.	Diogo Filipe, RIBEIRO	M	124584	02	Leixoes Sport Club	1:03.17	490	
7.	Manuel Filipe, OLIVEIRA	M	124929	02	Colegio SMLamas	1:04.44	462	
8.	Tomas Teixeira, LOPES	M	122006	02	Foca	1:05.11	447	
9.	Miguel Silva, GONCALVES	M	124862	02	Gin�sio Santo Tirso	1:05.57	438	
10.	Ricardo Jorge, MOREIRA	M	122012	01	Valongo	1:05.83	433	
11.	Sergio Eduardo, DIAS	M	108011	00	Aquatico Pacense	1:06.31	424	
	Rodrigo Oliveira, GONCALVES	M	124764	02	Porto	1:06.31	424	
13.	Miguel Filipe, SOUSA	M	123704	00	Fluvial Portuense	1:06.52	420	
14.	Henrique Maieiro, AMORIM	M	125010	01	Clube Naval Povoense	1:07.38	404	
15.	Marco Antonio, PEREIRA	M	130896	02	Lousada SXXI	1:09.16	373	
16.	Jose Diogo, PACHECO	M	126021	02	Vit�ria Sport Clube	1:11.35	340	

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Prova 4	Femin., 100m Mariposa				Absolutos
08-04-2017 - 9:40	TURBO				Resultados
Recordes Nacionais 50m Absoluto	58.76	Sara Freitas, OLIVEIRA	POR	Budapeste (HUN)	12-08-2010
Recordes Nacionais 50m Juv B	1:03.88	Ines Camacho, FERNANDES	POR	Trabzon (TUR)	25-07-2011
Recordes Nacionais 50m Juv A	1:03.14	Ana Rita, FRANCISCO	SFUAP	Coimbra	05-08-1995
Recordes Nacionais 50m 16	1:01.48	Sara Francisco, CRUZ	ADBA	Faro	20-07-2009
Recordes Nacionais 50m 17	1:00.95	Sara Freitas, OLIVEIRA	POR	Berlim (GER)	01-08-2002
Recordes Nacionais 50m Sen	58.76	Sara Freitas, OLIVEIRA	POR	Budapeste (HUN)	12-08-2010
Recorde Regional 50m Absoluto	58.76	Sara Freitas, OLIVEIRA	FCP	Budapeste (HUN)	12-08-2010
Recorde Regional 50m Juv B	1:04.44	Ana Feio, ALEGRIA	SCB	Chiasso (SUI)	15-06-1991
Recorde Regional 50m Juv A	1:04.00	Ana Feio, ALEGRIA	SCB	Olivais	17-05-1992
Recorde Regional 50m 16	1:02.66	Sara Freitas, OLIVEIRA	FCP	Malta (MLT)	08-07-2001
Recorde Regional 50m 17	1:00.95	Sara Freitas, OLIVEIRA	FCP	Berlim (GER)	01-08-2002
Recorde Regional 50m Sen	58.76	Sara Freitas, OLIVEIRA	FCP	Eindhoven (NED)	12-08-2010

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Maria Leonor, MARTINS	F	107962	99	Aquatico Pacense	1:07.73	549	
2.	Carolina Santos, SILVA	F	23208	86	Propaganda da Natacao	1:08.28	536	
3.	Helena Neto, COSTA	F	111309	00	Aquatico Pacense	1:09.59	506	
4.	Filipa Viamonte, FERNANDES	F	122198	02	Vit�ria Sport Clube	1:09.61	506	
5.	Leonor Paiva, RUIZ	F	112518	99	Fluvial Portuense	1:13.01	438	
6.	Beatriz Daniela, MACEDO	F	124313	02	Vit�ria Sport Clube	1:14.63	410	
7.	Sara Lopes, BARBOSA	F	118181	00	Aquatico Pacense	1:16.43	382	
8.	Maria Ines, FERREIRA	F	123908	02	Valongo	1:19.68	337	
9.	Ana Beatriz, MACHADO	F	111444	00	Vit�ria Sport Clube	1:20.08	332	
10.	Ines Viamonte, GOMES	F	127122	03	Fluvial Portuense	1:24.88	279	
WDR	Sofia Gales, PINTO	F	129409	01	Colegio SMLamas			

Prova 5	Masc., 200m Costas				Absolutos
08-04-2017 - 9:45	TURBO				Resultados
Recordes Nacionais 50m Absoluto	1:58.83	Pedro Diogo, OLIVEIRA	POR	Londres (GBR)	01-08-2012
Recordes Nacionais 50m Juv B	2:06.44	Joao Alexandre, VITAL	POR	Utrecht (NED)	17-07-2013
Recordes Nacionais 50m Juv A	2:06.59	Joao Alexandre, VITAL	POR	Netanya (ISR)	28-06-2014
Recordes Nacionais 50m 17	2:03.06	Pedro Diogo, OLIVEIRA	POR	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m 18	2:02.21	Pedro Diogo, OLIVEIRA	CNRM	Coimbra	28-07-2006
Recordes Nacionais 50m Sen	1:58.83	Pedro Diogo, OLIVEIRA	POR	Londres (GBR)	01-08-2012
Recorde Regional 50m Absoluto	2:02.34	Adriano Miguel, NIZ	GDNF	Povoa de Varzim	05-08-2011
Recorde Regional 50m Juv B	2:12.14	Adriano Miguel, NIZ	CFV		23-07-2001
Recorde Regional 50m Juv A	2:08.09	Adriano Miguel, NIZ	CFV	Jamor	10-05-2002
Recorde Regional 50m 17	2:04.96	Adriano Miguel, NIZ	CFV	Glasgow (GBR)	01-08-2003
Recorde Regional 50m 18	2:03.87	Adriano Miguel, NIZ	CFV	EULisboa	20-12-2003
Recorde Regional 50m Sen	2:02.34	Adriano Miguel, NIZ	GDNF	Povoa de Varzim	05-08-2011

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Ivo Pinto, RIBEIRO	M	108299	97	Foca	2:08.26	664	
	100m: 1:03.68				200m: 2:08.26			1:04.58
2.	Joao Nogueira, COSTA	M	124315	01	Vit�ria Sport Clube	2:12.53	602	
	100m: 1:06.57				200m: 2:12.53			1:05.96
3.	Jose Salgado, MOREIRA	M	121706	01	Famali�o	2:17.03	544	
	100m: 1:07.60				200m: 2:17.03			1:09.43
4.	Francisco Manuel, ZENZA	M	112097	01	Natacao da Maia	2:20.10	509	
	100m: 1:07.10				200m: 2:20.10			1:13.70
5.	Nuno Filipe, FERREIRA	M	119654	00	Foca	2:20.13	509	
	100m: 1:08.39				200m: 2:20.13			1:11.74
6.	Isaac James, FILLINGHAM	M	123971	01	Luso-Internacional do Porto	2:26.01	450	
	100m: 1:11.28				200m: 2:26.01			1:14.73
7.	Afonso Ribeiro, COUTO	M	111102	99	Valongo	2:30.29	412	
	100m: 1:11.66				200m: 2:30.29			1:18.63

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O Juiz  rbitro

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Prova 5, Masc., 200m Costas, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
8.	Alexandre Abreu, MACHADO 100m: 1:17.16 1:17.16	M	119215	02	Vit�ria Sport Clube	2:32.84	392	
9.	Nuno Filipe, LEITE 100m: 1:12.56 1:12.56	M	108300	00	Foca	2:34.30	381	
10.	Jorge Coelho, QUINTA 100m: 1:13.70 1:13.70	M	120497	01	Leixoes Sport Club	2:34.43	380	
11.	Luis Tiago, FERNANDES 100m: 1:15.63 1:15.63	M	111447	01	Famalic�o	2:35.07	375	
12.	Rui Almeida, SANTOS 100m: 1:15.18 1:15.18	M	119064	02	Colegio SMLamas	2:35.94	369	
13.	Goncalo Traila, MARTINS 100m: 1:18.68 1:18.68	M	124974	02	Famalic�o	2:42.51	326	
14.	Pedro Miguel, FARIA 100m: 1:20.15 1:20.15	M	129799	02	Vit�ria Sport Clube	2:45.75	307	
15.	Andre Oliveira, NOGUEIRA 100m: 1:19.98 1:19.98	M	121714	02	Famalic�o	2:52.12	274	
WDR	Pedro Miguel, MARQUES	M	111060	00	Famalic�o			
WDR	Bruno Carvalho, BARROSO	M	125969	01	Leixoes Sport Club			

Prova 6

08-04-2017 - 9:50

Femin., 200m Costas
TURBO

Absolutos
Resultados

Recordes Nacionais 50m Absoluto	2:15.27	Francisca Gomes, AZEVEDO	SAD	Coimbra	20-06-2015
Recordes Nacionais 50m Juv B	2:22.61	Joana Carina, SILVA	LSXXI	Pova de Varzim	06-02-2011
Recordes Nacionais 50m Juv A	2:17.38	Joana Carina, SILVA	LSXXI	Coimbra	05-04-2012
Recordes Nacionais 50m 16	2:17.98	Catia Raquel, MARTINHEIRA	POR	Lima (PER)	18-08-2011
Recordes Nacionais 50m 17	2:15.53	Rita Barros, FRISCHKNECHT	SAD	Coimbra	02-04-2015
Recordes Nacionais 50m Sen	2:15.27	Francisca Gomes, AZEVEDO	SAD	Coimbra	02-04-2015
Recorde Regional 50m Absoluto	2:17.38	Joana Carina, SILVA	LSXXI	Coimbra	05-04-2012
Recorde Regional 50m Juv B	2:22.61	Joana Carina, SILVA	LSXXI	Pova de Varzim	06-02-2011
Recorde Regional 50m Juv A	2:17.38	Joana Carina, SILVA	LSXXI	Coimbra	05-04-2012
Recorde Regional 50m 16	2:21.27	Joana Carina, SILVA	LSXXI	Poznan (POL)	10-07-2013
Recorde Regional 50m 17	2:24.90	Joana Carina, SILVA	LSXXI	Coimbra	04-04-2014
Recorde Regional 50m Sen	2:18.29	Marta Vieira, MARINHO	FCP	Coimbra	09-04-2010

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Alexandra Jesus, SANTOS 100m: 1:13.17 1:13.17	F	117408	00	Leixoes Sport Club	2:29.40	572	
2.	Beatriz Neto, COSTA 100m: 1:12.70 1:12.70	F	111310	00	Aquatico Pacense	2:31.32	551	
3.	Mafalda Pacheco, CUNHA 100m: 1:13.40 1:13.40	F	121589	02	Fluvial Portuense	2:33.25	530	
4.	Rosana Marinho, MACEDO 100m: 1:14.81 1:14.81	F	111500	99	Foca	2:33.57	527	
5.	Carolina Ascenso, SANTOS 100m: 1:14.26 1:14.26	F	121271	01	Propaganda da Natacao	2:34.06	522	
6.	Catarina Isabel, ALMEIDA 100m: 1:16.84 1:16.84	F	127104	02	Vit�ria Sport Clube	2:39.00	475	
7.	Soraia Isabel, GUIMARAES 100m: 1:18.23 1:18.23	F	119151	02	Vit�ria Sport Clube	2:39.83	467	
8.	Francisca Soares, MARTINS 100m: 1:19.35 1:19.35	F	126504	03	Foca	2:40.39	462	
9.	Rita Alexandra, CAMPOS 100m: 1:18.34 1:18.34	F	120820	02	Porto	2:41.61	452	
10.	Carolina Isabel, MACHADO 100m: 1:19.10 1:19.10	F	111445	00	Vit�ria Sport Clube	2:43.68	435	
11.	Carlota Sequeira, APARICIO 100m: 1:20.77 1:20.77	F	121976	03	Porto	2:44.86	426	

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Prova 6, Femin., 200m Costas, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
12.	Margarida Salgado, MOREIRA 100m: 1:21.07 1:21.07	F	121710	03	Famalicao	2:47.49	406	
13.	Helena Isabel, FELGUEIRAS 100m: 1:22.05 1:22.05	F	122011	03	Valongo	2:48.68	397	
14.	Beatriz Ferreira, MARTINS 100m: 1:21.14 1:21.14	F	129744	03	Porto	2:50.42	385	
15.	Maria Sa, MACEDO 100m: 1:23.80 1:23.80	F	130889	03	Porto	2:51.92	375	
16.	Ana Isabel, REIS 100m: 1:22.65 1:22.65	F	123703	01	Propaganda da Natacao	2:53.79	363	
17.	Alice Martins, LAMEIRA 100m: 1:25.14 1:25.14	F	126721	03	Leixoes Sport Club	2:53.90	363	
18.	Barbara Castro, FERREIRA 100m: 1:26.11 1:26.11	F	124858	03	Famalicao	2:56.89	344	
19.	Carolina Costa, SILVESTRE 100m: 1:26.84 1:26.84	F	200338	03	Luso-Internacional do Porto	2:57.52	341	
20.	Daniela Filipa, SANTOS 100m: 1:31.69 1:31.69	F	123011	03	Fluvial Portuense	3:08.25	286	
21.	Nadia Sofia, CARDOSO 100m: 1:35.25 1:35.25	F	130430	03	AP Vila D Este/Gaia	3:13.41	263	
22.	Carlota Alves, FRANCA 100m: 1:33.42 1:33.42	F	127021	03	Colegio SMLamas	3:19.22	241	
DNS	Ema Miranda, CAMBAS	F	127618	03	Clube Naval Povoense			

Prova 7

08-04-2017 - 10:15

Masc., 50m Bruos
TURBO

Absolutos
Resultados

Recordes Nacionais 50m Absoluto	28.16	Carlos Esteves, ALMEIDA	POR	Barcelona (ESP)	30-07-2013
Recordes Nacionais 50m 17	29.10	Pedro Miguel, AGOSTINHO	POR	Praga (CZE)	10-07-2009
Recordes Nacionais 50m 18	29.07	Bruno Miguel, RAMOS	POR	Linz (AUT)	13-07-2002
Recordes Nacionais 50m Sen	28.16	Carlos Esteves, ALMEIDA	POR	Barcelona (ESP)	30-07-2013
Recorde Regional 50m Absoluto	28.37	Carlos Esteves, ALMEIDA	FCP	Berlim (GER)	22-08-2014
Recorde Regional 50m 17	29.58	Andre Goncalo, SANTOS	LSC	Dordrecht (NED)	13-07-2014
Recorde Regional 50m 18	29.47	Simao Miguel, CAPITAO	CLAMAS	Coimbra	30-05-2015
Recorde Regional 50m Sen	28.37	Carlos Esteves, ALMEIDA	FCP	Berlim (GER)	22-08-2014

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Luis Filipe, SOARES	M	105615	98	Porto	31.51	589	
2.	Tiago Filipe, TEIXEIRA	M	112114	00	Foca	32.28	548	
3.	Joao Pedro, SANTOS	M	104562	98	Fluvial Portuense	32.38	543	
4.	Ricardo Manuel, MONTEIRO	M	110556	98	Leixoes Sport Club	32.57	533	
5.	Daniel Pereira, SILVA	M	111055	00	Famalicao	32.82	521	
6.	Diogo Pereira, SANTOS	M	104483	99	Porto	32.96	515	
7.	Bruno Miguel, CAVADAS	M	23279	89	Valongo	33.33	498	
8.	Diogo Santos, MENDES	M	126719	02	Leixoes Sport Club	33.84	475	
9.	Tomas Mota, DOMINGUES	M	116867	99	Colegio SMLamas	34.28	457	
10.	Luis Goncalves, PEREIRA	M	119177	02	Colegio SMLamas	34.81	437	
11.	Joao Sa, MELO	M	118226	01	Famalicao	34.86	435	
12.	Bruno Miguel, MAIA	M	126783	01	Propaganda da Natacao	34.97	431	
13.	Alfredo Castro, COELHO	M	116943	01	Colegio SMLamas	36.41	382	
14.	Ricardo Manuel, FARIA	M	124353	00	Vitria Sport Clube	36.47	380	
15.	Lourenco Monteiro, SOUSA	M	116900	02	Leixoes Sport Club	37.49	349	
16.	Jose Carlos, RIBEIRO	M	124316	01	Vitria Sport Clube	39.06	309	
17.	Daniel Fernando, MAGALHAES	M	201374	02	Lousada SXXI	39.71	294	
18.	Lucas Vieira, NUNES	M	122124	02	Lousada SXXI	39.82	292	
19.	Joao Rafael, BORGES	M	126856	99	Penafiel	39.96	289	
DSQ	Andre Goncalo, SANTOS	M	104706	97	Leixoes Sport Club			

404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4

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Prova 8 08-04-2017 - 10:20	Femin., 50m Bruços TURBO				Absolutos Resultados
Recordes Nacionais 50m Absoluto	31.35	Ana Pinho, RODRIGUES	AEJ	Coimbra	01-04-2017
Recordes Nacionais 50m 16	31.92	Ana Pinho, RODRIGUES	POR	Gorzow Wlwp (POL)	28-03-2010
Recordes Nacionais 50m 17	31.60	Joana Catarina, CARVALHO	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Sen	31.35	Ana Pinho, RODRIGUES	AEJ	Coimbra	01-04-2017
Recorde Regional 50m Absoluto	31.60	Joana Catarina, CARVALHO	FCP	Coimbra	30-05-2009
Recorde Regional 50m 16	32.56	Paula Alexandra, OLIVEIRA	FCP	Antwerp (BEL)	04-07-2012
Recorde Regional 50m 17	31.60	Joana Catarina, CARVALHO	FCP	Coimbra	30-05-2009
Recorde Regional 50m Sen	32.58	Ana Pinho, RODRIGUES	FCP	Pova de Varzim (PRK)	19-04-2014

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Diana Patricia, FERREIRA	F	23500	94	Aquatico Pacense	35.65	565	
2.	Sofia Filipa, GONCALVES	F	122990	01	Leixoes Sport Club	36.08	545	
3.	Joana Marques, MAIA	F	25067	91	Propaganda da Natacao	36.23	538	
4.	Ana Rita, COSTA	F	116907	01	Valongo	37.17	498	
5.	Mafalda Joana, OLIVEIRA	F	119096	02	Lousada SXXI	37.53	484	
6.	Maria Carolina, RODRIGUES	F	121473	01	Vitória Sport Clube	37.99	467	
7.	Mariana Cardoso, COSTA	F	117322	01	Propaganda da Natacao	38.69	442	
8.	Mariana Filipa, MOREIRA	F	125777	02	Valongo	38.94	433	
9.	Valeria Goncalves, VIEIRA	F	124314	02	Vitória Sport Clube	39.30	422	
10.	Sofia Margarida, LEITE	F	122004	03	Foca	39.36	420	
11.	Carolina Amaral, SOUSA	F	125085	01	Propaganda da Natacao	39.72	408	
12.	Angela Filipa, RIBEIRO	F	122115	02	Aquatico Pacense	39.74	408	
13.	Mariana Filipa, GOMES	F	126712	02	Valongo	40.16	395	
14.	Joana Isabel, MONTEIRO	F	126711	03	Leixoes Sport Club	40.42	387	
15.	Ines Paiva, CAMPOS	F	125901	03	Colegio SMLamas	40.86	375	
16.	Tatiana Valente, CARDOSO	F	128960	03	Aquatico Pacense	40.94	373	
17.	Maria Silva, RIBEIRO	F	121709	03	Famalicao	41.35	362	
18.	Beatriz Araujo, BARBOSA	F	124967	03	Famalicao	41.42	360	
19.	Ines Filipa, MAGALHAES	F	121786	02	Aquatico Pacense	42.21	340	
20.	Ines Moreira, SOUSA	F	130542	03	Lousada SXXI	43.23	317	
21.	Mariana Sofia, SOUSA	F	121470	99	Penafiel	44.07	299	
22.	Joana Amaro, MAGALHAES	F	128707	03	Penafiel	44.09	298	
DSQ	Renata Miguel, OLIVEIRA	F	200362	00	AP Vila D Este/Gaia			

404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4

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Prova 9	Masc., 800m Livres				Absolutos
08-04-2017 - 10:25	TURBO				Resultados
Recordes Nacionais 50m Absoluto	8:05.35	Fernando Eurico, COSTA	LSC	Aveiro	27-07-2007
Recordes Nacionais 50m Juv B	8:43.31	Duarte Miguel, JORGE	CGA	Oeiras	21-07-2016
Recordes Nacionais 50m Juv A	8:23.54	Gustavo Manuel, SANTA	POR	Tampere (FIN)	23-07-2009
Recordes Nacionais 50m 17	8:13.49	Gustavo Manuel, SANTA	POR	Helsinki (FIN)	17-07-2010
Recordes Nacionais 50m 18	8:06.97	Guilherme Filipe, PINA	POR	Hodmezovasarhely (HUN)	09-07-2016
Recordes Nacionais 50m Sen	8:05.35	Fernando Eurico, COSTA	LSC	Aveiro	27-07-2007
Recorde Regional 50m Absoluto	8:05.35	Fernando Eurico, COSTA	LSC	Aveiro	27-07-2007
Recorde Regional 50m Juv B	8:46.63	Rui Filipe, COSTA	VSC	Porto	06-07-2006
Recorde Regional 50m Juv A	8:28.22	Rui Filipe, COSTA	VSC	Famalic�o	08-07-2007
Recorde Regional 50m 17	8:21.47	Antonio Fernando, PINTO	LSXXI	Oeiras	11-03-2016
Recorde Regional 50m 18	8:16.64	Fernando Eurico, COSTA	LSC	Luxemburgo (LUX)	24-01-2003
Recorde Regional 50m Sen	8:05.35	Fernando Eurico, COSTA	LSC	Aveiro	27-07-2007

Pontos: FINA 2017

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	FINA	Obs
1.	Sergio Filipe, TRAVANCA	M	117385	00	Fluvial Portuense	8:48.53	625	
	100m: 1:02.62 1:02.62		300m: 3:17.14 1:07.60		500m: 5:32.14 1:07.51	700m: 7:43.51 1:06.62		
	200m: 2:09.54 1:06.92		400m: 4:24.63 1:07.49		600m: 6:36.89 1:04.75	800m: 8:48.53 1:05.02		
2.	Joao Santos, MENDES	M	111648	98	Leixoes Sport Club	8:55.31	602	
	100m: 1:02.61 1:02.61		300m: 3:16.97 1:07.38		500m: 5:32.43 1:07.50	700m: 7:47.32 1:07.29		
	200m: 2:09.59 1:06.98		400m: 4:24.93 1:07.96		600m: 6:40.03 1:07.60	800m: 8:55.31 1:07.99		
3.	Rui Pedro, FARIA	M	15592	94	Famalic�o	8:59.95	587	
	100m: 1:02.66 1:02.66		300m: 3:17.10 1:07.47		500m: 5:32.48 1:07.62	700m: 7:51.52 1:10.19		
	200m: 2:09.63 1:06.97		400m: 4:24.86 1:07.76		600m: 6:41.33 1:08.85	800m: 8:59.95 1:08.43		
4.	Ricardo Filipe, ROCHA	M	121787	02	Aquatico Pacense	9:24.62	513	
	100m: 1:05.31 1:05.31		300m: 3:27.69 1:10.49		500m: 5:51.07 1:12.19	700m: 8:14.75 1:12.15		
	200m: 2:17.20 1:11.89		400m: 4:38.88 1:11.19		600m: 7:02.60 1:11.53	800m: 9:24.62 1:09.87		
5.	Tiago Mendonca, FREIRE	M	116898	01	Leixoes Sport Club	9:30.74	497	
	100m: 1:07.00 1:07.00		300m: 3:30.63 1:11.76		500m: 5:54.59 1:12.08	700m: 8:19.18 1:12.34		
	200m: 2:18.87 1:11.87		400m: 4:42.51 1:11.88		600m: 7:06.84 1:12.25	800m: 9:30.74 1:11.56		
6.	Guilherme Diogo, LOBO	M	122395	02	Porto	9:40.96	471	
	100m: 1:07.42 1:07.42		300m: 3:31.41 1:12.53		500m: 5:58.41 1:14.07	700m: 8:28.12 1:14.62		
	200m: 2:18.88 1:11.46		400m: 4:44.34 1:12.93		600m: 7:13.50 1:15.09	800m: 9:40.96 1:12.84		
7.	Joao Pedro, BRANCO	M	132221	01	Aquatico Pacense	9:47.48	455	
	100m: 1:08.61 1:08.61		300m: 3:35.03 1:13.28		500m: 6:04.66 1:14.71	700m: 8:34.47 1:14.56		
	200m: 2:21.75 1:13.14		400m: 4:49.95 1:14.92		600m: 7:19.91 1:15.25	800m: 9:47.48 1:13.01		
8.	Luis Manuel, RIBEIRO	M	120816	02	Porto	10:00.67	426	
	100m: 1:08.54 1:08.54		300m: 3:39.25 1:15.96		500m: 6:12.89 1:16.96	700m: 8:45.93 1:15.99		
	200m: 2:23.29 1:14.75		400m: 4:55.93 1:16.68		600m: 7:29.94 1:17.05	800m: 10:00.67 1:14.74		
9.	Samuel Dias, MARTINS	M	122190	02	Colegio SMLamas	10:03.14	421	
	100m: 1:09.90 1:09.90		300m: 3:41.04 1:16.00		500m: 6:15.13 1:17.23	700m: 8:49.48 1:17.26		
	200m: 2:25.04 1:15.14		400m: 4:57.90 1:16.86		600m: 7:32.22 1:17.09	800m: 10:03.14 1:13.66		
10.	Pedro Lopes, SILVA	M	202726	02	AP Vila D Este/Gaia	12:01.14	246	
	100m: 1:19.65 1:19.65		300m: 4:20.78 1:31.83		500m: 7:29.93 1:36.30	700m: 10:34.67 1:31.48		
	200m: 2:48.95 1:29.30		400m: 5:53.63 1:32.85		600m: 9:03.19 1:33.26	800m: 12:01.14 1:26.47		
WDR	Goncalo Gomes, ORNELAS	M	127125	01	Fluvial Portuense			
EXH	Tiago Filipe, GOMES	M	130893	02	AP Vila D Este/Gaia	11:17.88	296	
	100m: 1:16.06 1:16.06		300m: 4:07.43 1:26.62		500m: 7:00.81 1:27.17	700m: 9:54.22 1:26.46		
	200m: 2:40.81 1:24.75		400m: 5:33.64 1:26.21		600m: 8:27.76 1:26.95	800m: 11:17.88 1:23.66		

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Prova 10	Femin., 800m Livres				Absolutos
08-04-2017 - 10:45	TURBO				Resultados
Recordes Nacionais 50m Absoluto	8:36.21	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28-05-2016
Recordes Nacionais 50m Juv B	9:07.70	Alexandra Maria, SILVA	POR	Split (CRO)	10-09-1981
Recordes Nacionais 50m Juv A	8:50.68	Tamila Hryhorivna, HOLUB	SCB	Oeiras	27-07-2014
Recordes Nacionais 50m 16	8:45.53	Tamila Hryhorivna, HOLUB	POR	Coimbra	30-05-2015
Recordes Nacionais 50m 17	8:36.21	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28-05-2016
Recordes Nacionais 50m Sen	8:36.58	Diana Margarida, DURAES	SLB	Lisboa	18-02-2017
Recorde Regional 50m Absoluto	8:43.58	Diana Margarida, DURAES	FCP	Oeiras	13-03-2016
Recorde Regional 50m Juv B	9:07.70	Alexandra Maria, SILVA	FCP	Split (CRO)	10-09-1981
Recorde Regional 50m Juv A	9:03.51	Alexandra Maria, SILVA	FCP	Innsbruck (AUT)	29-08-1982
Recorde Regional 50m 16	9:00.58	Alexandra Maria, SILVA	FCP	Olivais	17-04-1983
Recorde Regional 50m 17	8:54.86	Angelica Maria, ANDRE	LSC	Porto	04-06-2011
Recorde Regional 50m Sen	8:43.58	Diana Margarida, DURAES	FCP	Oeiras	13-03-2016

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final			FINA	Obs
1.	Maria Joao, FERNANDES	F	102092	97	Fluvial Portuense	9:55.43			539	
	100m: 1:09.48				300m: 3:40.22	1:15.38	500m: 6:09.98	1:14.86	700m: 8:40.84	1:15.20
	200m: 2:24.84				400m: 4:55.12	1:14.90	600m: 7:25.64	1:15.66	800m: 9:55.43	1:14.59
2.	Daniela Oliveira, RODRIGUES	F	118056	02	Valongo	10:13.59			493	
	100m: 1:10.09				300m: 3:42.80	1:16.15	500m: 6:19.00	1:18.54	700m: 8:56.65	1:19.44
	200m: 2:26.65				400m: 5:00.46	1:17.66	600m: 7:37.21	1:18.21	800m: 10:13.59	1:16.94
3.	Matilde Mota, DOMINGUES	F	122289	03	Colegio SMLamas	10:18.41			481	
	100m: 1:11.68				300m: 3:47.48	1:18.88	500m: 6:26.05	1:19.34	700m: 9:04.30	1:18.60
	200m: 2:28.60				400m: 5:06.71	1:19.23	600m: 7:45.70	1:19.65	800m: 10:18.41	1:14.11
4.	Nina Pinto, RIBEIRO	F	116914	02	Foca	10:38.74			437	
	100m: 1:15.34				300m: 3:56.83	1:20.92	500m: 6:38.22	1:20.29	700m: 9:20.31	1:21.50
	200m: 2:35.91				400m: 5:17.93	1:21.10	600m: 7:58.81	1:20.59	800m: 10:38.74	1:18.43
5.	Mariana Almeida, VALE	F	126713	03	Valongo	10:41.50			431	
	100m: 1:12.64				300m: 3:55.30	1:21.71	500m: 6:38.17	1:20.94	700m: 9:21.59	1:21.39
	200m: 2:33.59				400m: 5:17.23	1:21.93	600m: 8:00.20	1:22.03	800m: 10:41.50	1:19.91
6.	Jessica Filipa, SILVA	F	123095	03	AP Vila D Este/Gaia	11:52.49			315	
	100m: 1:19.92				300m: 4:20.56	1:30.74	500m: 7:23.74	1:31.81	700m: 10:25.83	1:30.81
	200m: 2:49.82				400m: 5:51.93	1:31.37	600m: 8:55.02	1:31.28	800m: 11:52.49	1:26.66
WDR	Ines Neto, ROCHA	F	111313	01	Aquatico Pacense					
WDR	Ines Gales, PINTO	F	129408	01	Colegio SMLamas					
WDR	Carolina Silva, SOARES	F	123910	03	Valongo					

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3 - 2ª Jornada

09-04-2017 - 9:00

Prova 23	Masc., 1500m Livres				Absolutos
09-04-2017 - 9:00	TURBO				Resultados
Recordes Nacionais 50m Absoluto	15:15.12	Guilherme Filipe, PINA	SCP	Coimbra	30-03-2017
Recordes Nacionais 50m Juv B	16:30.45	Duarte Miguel, JORGE	CGA	Oeiras	21-07-2016
Recordes Nacionais 50m Juv A	15:45.55	Gustavo Manuel, SANTA	POR	Tampere (FIN)	23-07-2009
Recordes Nacionais 50m 17	15:43.45	Guilherme Filipe, PINA	POR	Singapore (SIN)	30-08-2015
Recordes Nacionais 50m 18	15:23.46	Guilherme Filipe, PINA	POR	Hodmezovasarhely (HUN)	07-07-2016
Recordes Nacionais 50m Sen	15:15.12	Guilherme Filipe, PINA	SCP	Coimbra	30-03-2017
Recorde Regional 50m Absoluto	15:16.22	Fernando Eurico, COSTA	LSC	Bangkok (THA)	14-08-2007
Recorde Regional 50m Juv B	16:35.93	Rui Filipe, COSTA	VSC	Porto	06-07-2006
Recorde Regional 50m Juv A	16:04.07	Rui Filipe, COSTA	VSC	Loul�	08-06-2007
Recorde Regional 50m 17	15:53.24	Fernando Eurico, COSTA	LSC	Lisboa	28-07-2002
Recorde Regional 50m 18	15:34.51	Fernando Eurico, COSTA	LSC	Luxemburgo (LUX)	24-01-2003
Recorde Regional 50m Sen	15:16.22	Fernando Eurico, COSTA	LSC	Bangkok (THA)	14-08-2007

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Sergio Filipe, TRAVANCA	M	117385	00	Fluvial Portuense	16:59.57	623	
	100m: 1:04.69		500m: 5:40.40		1:08.91	900m: 10:15.36		1:09.30
	200m: 2:13.33		600m: 6:49.54		1:09.14	1000m: 11:23.90		1:08.54
	300m: 3:22.42		700m: 7:57.91		1:08.37	1100m: 12:33.70		1:09.80
	400m: 4:31.49		800m: 9:06.06		1:08.15	1200m: 13:43.07		1:09.37
2.	Joao Santos, MENDES	M	111648	98	Leixoes Sport Club	17:07.24	609	
	100m: 1:04.64		500m: 5:40.23		1:09.01	900m: 10:15.35		1:09.02
	200m: 2:13.14		600m: 6:49.15		1:08.92	1000m: 11:23.97		1:08.62
	300m: 3:22.11		700m: 7:57.66		1:08.51	1100m: 12:33.64		1:09.67
	400m: 4:31.22		800m: 9:06.33		1:08.67	1200m: 13:43.09		1:09.45
3.	Rui Pedro, FARIA	M	15592	94	Famalicao	17:33.61	564	
	100m: 1:04.64		500m: 5:42.84		1:10.69	900m: 10:26.85		1:11.52
	200m: 2:13.42		600m: 6:53.50		1:10.66	1000m: 11:38.24		1:11.39
	300m: 3:22.48		700m: 8:04.23		1:10.73	1100m: 12:50.03		1:11.79
	400m: 4:32.15		800m: 9:15.33		1:11.10	1200m: 14:01.50		1:11.47
4.	Tiago Mendonca, FREIRE	M	116898	01	Leixoes Sport Club	17:37.87	558	
	100m: 1:06.75		500m: 5:52.02		1:11.30	900m: 10:35.80		1:11.07
	200m: 2:17.82		600m: 7:03.16		1:11.14	1000m: 11:46.75		1:10.95
	300m: 3:29.11		700m: 8:13.88		1:10.72	1100m: 12:57.71		1:10.96
	400m: 4:40.72		800m: 9:24.73		1:10.85	1200m: 14:08.46		1:10.75
5.	Ricardo Filipe, ROCHA	M	121787	02	Aquatico Pacense	17:54.86	532	
	100m: 1:06.94		500m: 5:53.02		1:11.07	900m: 10:39.13		1:11.84
	200m: 2:18.67		600m: 7:04.56		1:11.54	1000m: 11:51.97		1:12.84
	300m: 3:30.06		700m: 8:15.54		1:10.98	1100m: 13:04.19		1:12.22
	400m: 4:41.95		800m: 9:27.29		1:11.75	1200m: 14:16.91		1:12.72
6.	Guilherme Diogo, LOBO	M	122395	02	Porto	18:23.17	492	
	100m: 1:08.45		500m: 6:01.39		1:13.97	900m: 10:58.46		1:14.37
	200m: 2:21.28		600m: 7:15.29		1:13.90	1000m: 12:13.21		1:14.75
	300m: 3:34.30		700m: 8:29.59		1:14.30	1100m: 13:27.49		1:14.28
	400m: 4:47.42		800m: 9:44.09		1:14.50	1200m: 14:42.05		1:14.56
7.	Joao Pedro, BRANCO	M	132221	01	Aquatico Pacense	18:40.12	470	
	100m: 1:09.26		500m: 6:05.52		1:14.98	900m: 11:09.23		1:16.25
	200m: 2:22.39		600m: 7:21.14		1:15.62	1000m: 12:25.27		1:16.04
	300m: 3:36.16		700m: 8:36.81		1:15.67	1100m: 13:40.65		1:15.38
	400m: 4:50.54		800m: 9:52.98		1:16.17	1200m: 14:55.58		1:14.93
8.	Luis Manuel, RIBEIRO	M	120816	02	Porto	18:46.22	462	
	100m: 1:09.45		500m: 6:12.21		1:16.36	900m: 11:15.05		1:15.49
	200m: 2:24.28		600m: 7:27.97		1:15.76	1000m: 12:31.03		1:15.98
	300m: 3:39.60		700m: 8:43.82		1:15.85	1100m: 13:46.59		1:15.56
	400m: 4:55.85		800m: 9:59.56		1:15.74	1200m: 15:02.16		1:15.57
9.	Samuel Dias, MARTINS	M	122190	02	Colegio SMLamas	19:32.83	409	
	100m: 1:11.71		500m: 6:30.58		1:20.10	900m: 11:47.23		1:18.52
	200m: 2:30.31		600m: 7:50.35		1:19.77	1000m: 13:06.29		1:19.06
	300m: 3:50.24		700m: 9:09.75		1:19.40	1100m: 14:24.88		1:18.59
	400m: 5:10.48		800m: 10:28.71		1:18.96	1200m: 15:42.88		1:18.00
10.	Pedro Lopes, SILVA	M	202726	02	AP Vila D Este/Gaia	23:55.73	223	
	100m: 1:22.70		500m: 7:42.63		1:36.82	900m: 14:14.53		1:37.82
	200m: 2:54.56		600m: 9:19.92		1:37.29	1000m: 15:53.13		1:38.60
	300m: 4:29.90		700m: 10:59.29		1:39.37	1100m: 17:31.31		1:38.18
	400m: 6:05.81		800m: 12:36.71		1:37.42	1200m: 19:10.82		1:39.51
WDR	Goncalo Gomes, ORNELAS	M	127125	01	Fluvial Portuense			

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Prova 23, Masc., 1500m Livres

EXH	Nome	M	130893 02	AP Vila D Este/Gaia	22:16.83	276					
100m:	1:18.54	1:18.54	500m:	7:16.35	1:29.60	900m:	13:20.57	1:31.76	1300m:	19:21.18	1:29.42
200m:	2:46.93	1:28.39	600m:	8:47.32	1:30.97	1000m:	14:51.64	1:31.07	1400m:	20:51.10	1:29.92
300m:	4:16.78	1:29.85	700m:	10:17.95	1:30.63	1100m:	16:22.65	1:31.01	1500m:	22:16.83	1:25.73
400m:	5:46.75	1:29.97	800m:	11:48.81	1:30.86	1200m:	17:51.76	1:29.11			

Prova 24

09-04-2017 - 9:40

Femin., 1500m Livres
TURBO

Absolutos
Resultados

Recordes Nacionais 50m Absoluto	16:20.80	Tamila Hryhorivna, HOLUB	POR	Hodmezovasarhely (HUN)	08-07-2016
Recordes Nacionais 50m Juv B	17:34.28	Maria Miguel, VELOSO	CNAC	Coimbra	08-07-2007
Recordes Nacionais 50m Juv A	16:54.60	Tamila Hryhorivna, HOLUB	POR	Dordrecht (NED)	11-07-2014
Recordes Nacionais 50m 16	16:47.35	Tamila Hryhorivna, HOLUB	POR	Coimbra	31-05-2015
Recordes Nacionais 50m 17	16:20.80	Tamila Hryhorivna, HOLUB	POR	Hodmezovasarhely (HUN)	08-07-2016
Recordes Nacionais 50m Sen	16:35.23	Tamila Hryhorivna, HOLUB	SCB	Coimbra	30-03-2017
Recorde Regional 50m Absoluto	16:46.57	Angelica Maria, ANDRE	LSC	Famalicao	07-07-2013
Recorde Regional 50m Juv B	18:13.98	Ana Filipa, MARTINS	FOCA	Famalicao	17-07-2011
Recorde Regional 50m Juv A	17:52.94	Alexandra Maria, JORGE	CFP	Povoa de Varzim	22-06-1991
Recorde Regional 50m 16	17:25.39	Andreia Catarina, GOMES	VSC	Coimbra	01-08-2010
Recorde Regional 50m 17	17:00.95	Angelica Maria, ANDRE	LSC	Coimbra	29-05-2011
Recorde Regional 50m Sen	16:46.57	Angelica Maria, ANDRE	LSC	Famalicao	07-07-2013

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Maria Joao, FERNANDES	F	102092	97	Fluvial Portuense	19:12.12	518	
	100m:	1:09.66	1:09.66	500m:	6:12.96	1:16.58	900m:	11:23.29
	200m:	2:24.70	1:15.04	600m:	7:30.24	1:17.28	1000m:	12:40.75
	300m:	3:40.22	1:15.52	700m:	8:47.63	1:17.39	1100m:	13:59.30
	400m:	4:56.38	1:16.16	800m:	10:04.90	1:17.27	1200m:	15:17.65
								1:18.39
								1:17.46
								1:18.55
								1:18.35
								1300m:
								16:35.96
								1400m:
								17:54.62
								1500m:
								19:12.12
								1:17.50
2.	Daniela Oliveira, RODRIGUES	F	118056	02	Valongo	19:29.65	495	
	100m:	1:10.02	1:10.02	500m:	6:17.20	1:18.53	900m:	11:35.13
	200m:	2:25.88	1:15.86	600m:	7:36.50	1:19.30	1000m:	12:55.01
	300m:	3:41.89	1:16.01	700m:	8:55.85	1:19.35	1100m:	14:14.64
	400m:	4:58.67	1:16.78	800m:	10:15.60	1:19.75	1200m:	15:34.70
								1:19.53
								1:19.88
								1:19.63
								1:20.06
								1300m:
								16:53.77
								1400m:
								18:13.43
								1500m:
								19:29.65
								1:16.22
3.	Matilde Mota, DOMINGUES	F	122289	03	Colegio SMLamas	20:01.14	457	
	100m:	1:11.30	1:11.30	500m:	6:28.67	1:19.79	900m:	11:53.56
	200m:	2:29.32	1:18.02	600m:	7:49.34	1:20.67	1000m:	13:17.07
	300m:	3:48.96	1:19.64	700m:	9:09.75	1:20.41	1100m:	14:39.37
	400m:	5:08.88	1:19.92	800m:	10:31.43	1:21.68	1200m:	16:00.85
								1:22.13
								1:23.51
								1:22.30
								1:21.48
								1300m:
								17:22.52
								1400m:
								18:43.84
								1500m:
								20:01.14
								1:21.67
								1:21.32
								1:17.30
4.	Mariana Almeida, VALE	F	126713	03	Valongo	20:29.72	426	
	100m:	1:13.63	1:13.63	500m:	6:40.86	1:21.05	900m:	12:11.90
	200m:	2:35.04	1:21.41	600m:	8:03.44	1:22.58	1000m:	13:34.27
	300m:	3:57.20	1:22.16	700m:	9:25.86	1:22.42	1100m:	14:58.38
	400m:	5:19.81	1:22.61	800m:	10:49.04	1:23.18	1200m:	16:22.51
								1:22.86
								1:22.37
								1:24.11
								1:24.13
								1300m:
								17:45.60
								1400m:
								19:09.09
								1500m:
								20:29.72
								1:23.09
								1:23.49
								1:20.63
5.	Jessica Filipa, SILVA	F	123095	03	AP Vila D Este/Gaia	23:01.29	300	
	100m:	1:24.74	1:24.74	500m:	7:37.27	1:33.31	900m:	13:48.04
	200m:	2:58.35	1:33.61	600m:	9:09.60	1:32.33	1000m:	15:21.89
	300m:	4:30.83	1:32.48	700m:	10:42.92	1:33.32	1100m:	16:55.44
	400m:	6:03.96	1:33.13	800m:	12:15.72	1:32.80	1200m:	18:29.27
								1:32.32
								1:33.85
								1:33.55
								1:33.83
								1300m:
								20:01.95
								1400m:
								21:33.47
								1500m:
								23:01.29
								1:32.68
								1:31.52
								1:27.82
DNS	Ines Gales, PINTO	F	129408	01	Colegio SMLamas			
WDR	Ines Neto, ROCHA	F	111313	01	Aquatico Pacense			
WDR	Carolina Silva, SOARES	F	123910	03	Valongo			
WDR	Nina Pinto, RIBEIRO	F	116914	02	Foca			

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Prova 25	Masc., 200m Mariposa				Absolutos
09-04-2017 - 10:20	TURBO				Resultados
Recordes Nacionais 50m Absoluto	1:56.17	Pedro Diogo, OLIVEIRA	POR	Roma (ITA)	28-07-2009
Recordes Nacionais 50m Juv B	2:08.12	Jorge Jesus, SILVA	SCB	Coimbra	26-07-2015
Recordes Nacionais 50m Juv A	2:03.76	Pedro Diogo, OLIVEIRA	CNRM	Lisboa	31-07-2004
Recordes Nacionais 50m 17	2:02.12	Pedro Diogo, OLIVEIRA	POR	Belgrado (HUN)	16-07-2005
Recordes Nacionais 50m 18	2:01.46	Pedro Diogo, OLIVEIRA	POR	Palma de Mallorca (ESP)	08-07-2006
Recordes Nacionais 50m Sen	1:56.17	Pedro Diogo, OLIVEIRA	POR	Roma (ITA)	28-07-2009
Recorde Regional 50m Absoluto	1:59.99	Luis Miguel, MONTEIRO	FCP	Berlin (GER)	31-07-2002
Recorde Regional 50m Juv B	2:13.72	Igor Guterres, CARVALHO	CFV	Restelo	27-07-2003
Recorde Regional 50m Juv A	2:09.08	Mateus Ribeiro, CARVALHO	GDNF	Famalicao	26-07-2015
Recorde Regional 50m 17	2:05.32	Joao Carlos, SILVA	GDNVNF	Coimbra	26-07-2015
Recorde Regional 50m 18	2:02.35	Fabio Miguel, PEREIRA	CFV	Jamor	17-07-2004
Recorde Regional 50m Sen	1:59.99	Luis Miguel, MONTEIRO	FCP	Berlin (GER)	31-07-2002

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Ivo Manuel, DIAS 100m: 1:03.80 200m: 2:13.17	M	111508	00	Foca	2:13.17	587	
2.	Luis Carlos, OLIVEIRA 100m: 1:04.39 200m: 2:17.45	M	102629	97	Natacao da Maia	2:17.45	533	
3.	Pedro Nuno, VIEIRA 100m: 1:05.85 200m: 2:21.18	M	106742	98	Valongo	2:21.18	492	
4.	Diogo Filipe, RIBEIRO 100m: 1:07.65 200m: 2:23.43	M	124584	02	Leixoes Sport Club	2:23.43	469	
5.	Miguel Silva, GONCALVES 100m: 1:10.17 200m: 2:27.15	M	124862	02	Ginásio Santo Tirso	2:27.15	435	
6.	Sergio Eduardo, DIAS 100m: 1:09.57 200m: 2:28.38	M	108011	00	Aquatico Pacense	2:28.38	424	
7.	Miguel Filipe, SOUSA 100m: 1:09.55 200m: 2:28.98	M	123704	00	Fluvial Portuense	2:28.98	419	
8.	Eduardo Miguel, MAGALHAES 100m: 1:09.81 200m: 2:29.01	M	125074	02	Vitória Sport Clube	2:29.01	419	
9.	Tiago Campos, LOURENCO 100m: 1:07.45 200m: 2:30.51	M	127923	02	Valongo	2:30.51	406	
10.	Tomas Teixeira, LOPES 100m: 1:12.16 200m: 2:31.68	M	122006	02	Foca	2:31.68	397	
11.	Ricardo Jorge, MOREIRA 100m: 1:10.70 200m: 2:33.74	M	122012	01	Valongo	2:33.74	381	
12.	Henrique Maieiro, AMORIM 100m: 1:11.82 200m: 2:35.90	M	125010	01	Clube Naval Povoense	2:35.90	365	
13.	Manuel Filipe, OLIVEIRA 100m: 1:11.96 200m: 2:39.40	M	124929	02	Colegio SMLamas	2:39.40	342	
14.	Marco Antonio, PEREIRA 100m: 1:16.73 200m: 2:41.30	M	130896	02	Lousada SXXI	2:41.30	330	
15.	Jose Diogo, PACHECO 100m: 1:16.56 200m: 2:42.16	M	126021	02	Vitória Sport Clube	2:42.16	325	
WDR	Rodrigo Oliveira, GONCALVES	M	124764	02	Porto			

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Prova 26	Femin., 200m Mariposa				Absolutos
09-04-2017 - 10:30	TURBO				Resultados
Recordes Nacionais 50m Absoluto	2:10.14	Sara Freitas, OLIVEIRA	POR	Beijing (CHN)	12-08-2008
Recordes Nacionais 50m Juv B	2:20.75	Susana Patricia, MIGUEL	POR	G�nova (ITA)	04-07-2004
Recordes Nacionais 50m Juv A	2:15.56	Ana Rita, FRANCISCO	POR	Genebra (SUI)	20-07-1995
Recordes Nacionais 50m 16	2:17.11	Ana Rita, FRANCISCO	SFUAP	Porto	29-06-1996
Recordes Nacionais 50m 17	2:12.56	Sara Freitas, OLIVEIRA	POR	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Sen	2:10.14	Sara Freitas, OLIVEIRA	POR	Beijing (CHN)	12-08-2008
Recorde Regional 50m Absoluto	2:10.14	Sara Freitas, OLIVEIRA	FCP	Pequim (CHN)	12-08-2008
Recorde Regional 50m Juv B	2:22.76	Raquel Maria, FELGUEIRAS	SCB	Restelo	31-07-1994
Recorde Regional 50m Juv A	2:19.82	Raquel Maria, FELGUEIRAS	SCB	Porto	01-07-1995
Recorde Regional 50m 16	2:19.10	Ana Catarina, MONTEIRO	CFV	Porto	20-06-2009
Recorde Regional 50m 17	2:12.56	Sara Freitas, OLIVEIRA	FCP	Berlin (GER)	04-08-2002
Recorde Regional 50m Sen	2:10.14	Sara Freitas, OLIVEIRA	FCP	Pequim (CHN)	12-08-2008

Pontos: FINA 2017

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	FINA	Obs
1.	Maria Leonor, MARTINS 100m: 1:10.66 1:10.66	F	107962	99	Aquatico Pacense 1:17.10	2:27.76	560	
2.	Carolina Santos, SILVA 100m: 1:10.51 1:10.51	F	23208	86	Propaganda da Natacao 1:19.00	2:29.51	540	
3.	Helena Neto, COSTA 100m: 1:10.85 1:10.85	F	111309	00	Aquatico Pacense 1:21.49	2:32.34	511	
4.	Filipa Viamonte, FERNANDES 100m: 1:13.52 1:13.52	F	122198	02	Vit�ria Sport Clube 1:22.65	2:36.17	474	
5.	Sara Lopes, BARBOSA 100m: 1:17.15 1:17.15	F	118181	00	Aquatico Pacense 1:23.58	2:40.73	435	
6.	Beatriz Daniela, MACEDO 100m: 1:17.31 1:17.31	F	124313	02	Vit�ria Sport Clube 1:28.51	2:45.82	396	
7.	Leonor Paiva, RUIZ 100m: 1:15.50 1:15.50	F	112518	99	Fluvial Portuense 1:31.72	2:47.22	386	
8.	Ana Beatriz, MACHADO 100m: 1:24.10 1:24.10	F	111444	00	Vit�ria Sport Clube 1:36.47	3:00.57	306	
9.	Maria Ines, FERREIRA 100m: 1:21.25 1:21.25	F	123908	02	Valongo 1:40.61	3:01.86	300	
10.	Sofia Gales, PINTO 100m: 1:27.63 1:27.63	F	129409	01	Colegio SMLamas 1:34.64	3:02.27	298	
11.	Ines Viamonte, GOMES 100m: 1:28.27 1:28.27	F	127122	03	Fluvial Portuense 1:34.84	3:03.11	294	

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Prova 27	Masc., 50m Costas				Absolutos
09-04-2017 - 10:35	TURBO				Resultados
Recordes Nacionais 50m Absoluto	25.54	Alexis Manacas, SANTOS	SCP	Coimbra	20-12-2015
Recordes Nacionais 50m 17	26.91	Alexis Manacas, SANTOS	POR	Praga (CZE)	11-07-2009
Recordes Nacionais 50m 18	26.58	Alexis Manacas, SANTOS	SCP	Coimbra	10-04-2010
Recordes Nacionais 50m Sen	25.54	Alexis Manacas, SANTOS	SCP	Coimbra	20-12-2015
Recorde Regional 50m Absoluto	26.44	Adriano Miguel, NIZ	INDANP	Belgrade (SRB)	07-07-2009
Recorde Regional 50m 17	27.75	Tiago Manuel, TEIXEIRA	VSC	Coimbra	30-03-2013
Recorde Regional 50m 18	26.99	Carlos Filipe, SANTOS	FCP	Coimbra	30-05-2009
Recorde Regional 50m Sen	26.44	Adriano Miguel, NIZ	INDANP	Belgrade (SRB)	07-07-2009

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Ivo Pinto, RIBEIRO	M	108299	97	Foca	28.35	609	
2.	Joao Nogueira, COSTA	M	124315	01	Vitória Sport Clube	28.84	579	
3.	Francisco Manuel, ZENZA	M	112097	01	Natacao da Maia	29.23	556	
4.	Isaac James, FILLINGHAM	M	123971	01	Luso-Internacional do Porto	31.07	463	
5.	Jose Salgado, MOREIRA	M	121706	01	Famalicão	31.16	459	
6.	Nuno Filipe, FERREIRA	M	119654	00	Foca	31.39	449	
7.	Afonso Ribeiro, COUTO	M	111102	99	Valongo	31.47	445	
8.	Nuno Filipe, LEITE	M	108300	00	Foca	31.60	440	
9.	Jorge Coelho, QUINTA	M	120497	01	Leixoes Sport Club	31.89	428	
10.	Alexandre Abreu, MACHADO	M	119215	02	Vitória Sport Clube	33.18	380	
11.	Rui Almeida, SANTOS	M	119064	02	Colegio SMLamas	33.24	378	
12.	Luis Tiago, FERNANDES	M	111447	01	Famalicão	33.97	354	
13.	Andre Oliveira, NOGUEIRA	M	121714	02	Famalicão	35.49	310	
14.	Goncalo Traila, MARTINS	M	124974	02	Famalicão	35.83	302	
15.	Pedro Miguel, FARIA	M	129799	02	Vitória Sport Clube	36.16	293	
WDR	Pedro Miguel, MARQUES	M	111060	00	Famalicão			
WDR	Bruno Carvalho, BARROSO	M	125969	01	Leixoes Sport Club			

Prova 28	Femin., 50m Costas				Absolutos
09-04-2017 - 10:40	TURBO				Resultados
Recordes Nacionais 50m Absoluto	29.40	Marta Vieira, MARINHO	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m Absoluto	29.40	Ana Sofia, LEITE	POR	Malaga (ESP)	29-03-2015
Recordes Nacionais 50m 16	29.80	Ines Camacho, FERNANDES	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m 17	30.18	Catia Raquel, MARTINHEIRA	LDC	Cádiz (ESP)	02-03-2012
Recordes Nacionais 50m Sen	29.40	Marta Vieira, MARINHO	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m Sen	29.40	Ana Sofia, LEITE	POR	Malaga (ESP)	29-03-2015
Recorde Regional 50m Absoluto	29.40	Marta Vieira, MARINHO	FCP	Coimbra	10-04-2010
Recorde Regional 50m 16	29.93	Joana Carina, SILVA	LSXXI	Poznan (POL)	12-07-2013
Recorde Regional 50m 17	30.89	Alexandra Jesus, SANTOS	LSC	Povoa de Varzim	18-12-2016
Recorde Regional 50m Sen	29.40	Marta Vieira, MARINHO	FCP	Coimbra	10-04-2010

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Alexandra Jesus, SANTOS	F	117408	00	Leixoes Sport Club	31.64	625	
2.	Mafalda Pacheco, CUNHA	F	121589	02	Fluvial Portuense	32.29	588	
3.	Rosana Marinho, MACEDO	F	111500	99	Foca	32.51	576	
4.	Carolina Ascenso, SANTOS	F	121271	01	Propaganda da Natacao	33.40	531	
5.	Beatriz Neto, COSTA	F	111310	00	Aquatico Pacense	33.99	504	
6.	Soraia Isabel, GUIMARAES	F	119151	02	Vitória Sport Clube	34.75	472	
7.	Francisca Soares, MARTINS	F	126504	03	Foca	34.85	468	
8.	Catarina Isabel, ALMEIDA	F	127104	02	Vitória Sport Clube	35.09	458	
9.	Rita Alexandra, CAMPOS	F	120820	02	Porto	35.73	434	
10.	Margarida Salgado, MOREIRA	F	121710	03	Famalicão	36.08	421	
11.	Carlota Sequeira, APARICIO	F	121976	03	Porto	36.79	397	
12.	Carolina Isabel, MACHADO	F	111445	00	Vitória Sport Clube	36.81	397	
13.	Helena Isabel, FELGUEIRAS	F	122011	03	Valongo	36.96	392	
14.	Ana Isabel, REIS	F	123703	01	Propaganda da Natacao	37.24	383	
15.	Beatriz Ferreira, MARTINS	F	129744	03	Porto	37.32	381	

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Prova 28, Femin., 50m Costas, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
16.	Alice Martins, LAMEIRA	F	126721	03	Leixoes Sport Club	37.37	379	
17.	Maria Sa, MACEDO	F	130889	03	Porto	38.21	355	
18.	Barbara Castro, FERREIRA	F	124858	03	Famalica�o	38.55	345	
19.	Carolina Costa, SILVESTRE	F	200338	03	Luso-Internacional do Porto	39.07	332	
20.	Carlota Alves, FRANCA	F	127021	03	Colegio SMLamas	41.53	276	
21.	Daniela Filipa, SANTOS	F	123011	03	Fluvial Portuense	41.67	273	
22.	Nadia Sofia, CARDOSO	F	130430	03	AP Vila D Este/Gaia	42.17	264	

Prova 29

09-04-2017 - 10:45

Masc., 100m Bruços
TURBO

Absolutos
Resultados

Recordes Nacionais 50m Absoluto	1:01.01	Carlos Esteves, ALMEIDA	POR	Barcelona (ESP)	28-07-2013
Recordes Nacionais 50m Juv B	1:06.44	Andre Goncalo, SANTOS	POR	Corfu (GRE)	31-03-2012
Recordes Nacionais 50m Juv A	1:05.43	Andre Goncalo, SANTOS	POR	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m 17	1:04.54	Andre Miguel, SILVA	POR	Belgrado (SRB)	02-08-2008
Recordes Nacionais 50m 18	1:02.87	Andre Miguel, SILVA	PDEM	Faro	18-07-2009
Recordes Nacionais 50m Sen	1:01.01	Carlos Esteves, ALMEIDA	POR	Barcelona (ESP)	28-07-2013
Recorde Regional 50m Absoluto	1:02.02	Carlos Esteves, ALMEIDA	FCP	Berlim (GER)	18-08-2014
Recorde Regional 50m Juv B	1:06.44	Andre Goncalo, SANTOS	LSC	Corfu (GRE)	31-03-2012
Recorde Regional 50m Juv A	1:05.43	Andre Goncalo, SANTOS	LSC	Utrecht (NED)	16-07-2013
Recorde Regional 50m 17	1:04.62	Ricardo Ribeiro, SILVA	CFV	Praga (CZE)	11-07-2009
Recorde Regional 50m 18	1:04.37	Henrique Pereira, NEIVA	CFV	Linz (AUT)	12-07-2002
Recorde Regional 50m Sen	1:02.02	Carlos Esteves, ALMEIDA	FCP	Berlim (GER)	18-08-2014

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Luis Filipe, SOARES	M	105615	98	Porto	1:11.25	515	
2.	Daniel Pereira, SILVA	M	111055	00	Famalica�o	1:11.44	511	
3.	Tiago Filipe, TEIXEIRA	M	112114	00	Foca	1:11.69	506	
4.	Joao Pedro, SANTOS	M	104562	98	Fluvial Portuense	1:12.00	499	
5.	Diogo Pereira, SANTOS	M	104483	99	Porto	1:12.06	498	
6.	Ricardo Manuel, MONTEIRO	M	110556	98	Leixoes Sport Club	1:12.56	488	
7.	Diogo Santos, MENDES	M	126719	02	Leixoes Sport Club	1:13.14	476	
8.	Bruno Miguel, CAVADAS	M	23279	89	Valongo	1:14.96	442	
9.	Luis Goncalves, PEREIRA	M	119177	02	Colegio SMLamas	1:16.69	413	
10.	Tomas Mota, DOMINGUES	M	116867	99	Colegio SMLamas	1:17.58	399	
11.	Joao Sa, MELO	M	118226	01	Famalica�o	1:17.79	396	
12.	Bruno Miguel, MAIA	M	126783	01	Propaganda da Natacao	1:18.68	382	
13.	Ricardo Manuel, FARIA	M	124353	00	Vit�ria Sport Clube	1:19.13	376	
14.	Lourenco Monteiro, SOUSA	M	116900	02	Leixoes Sport Club	1:19.96	364	
15.	Alfredo Castro, COELHO	M	116943	01	Colegio SMLamas	1:22.15	336	
16.	Jose Carlos, RIBEIRO	M	124316	01	Vit�ria Sport Clube	1:27.10	282	
17.	Joao Rafael, BORGES	M	126856	99	Penafiel	1:27.58	277	
18.	Daniel Fernando, MAGALHAES	M	201374	02	Lousada SXXI	1:27.74	276	
19.	Lucas Vieira, NUNES	M	122124	02	Lousada SXXI	1:30.50	251	
DNS	Miguel Carlos, SOARES	M	121053	92	Clube Naval Povoense			
WDR	Andre Goncalo, SANTOS	M	104706	97	Leixoes Sport Club			

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Prova 30	Femin., 100m Bruços				Absolutos
09-04-2017 - 10:50	TURBO				Resultados
Recordes Nacionais 50m Absoluto	1:08.82	Ana Pinho, RODRIGUES	AEJ	Coimbra	31-05-2015
Recordes Nacionais 50m Juv B	1:12.89	Paula Alexandra, OLIVEIRA	FCP	Coimbra	29-07-2010
Recordes Nacionais 50m Juv A	1:10.73	Ana Pinho, RODRIGUES	AEJ	Coimbra	31-05-2009
Recordes Nacionais 50m 16	1:10.09	Diana Duarte, GOMES	POR	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m 17	1:10.00	Raquel Gomes, PEREIRA	SAD	Coimbra	31-03-2017
Recordes Nacionais 50m Sen	1:08.82	Ana Pinho, RODRIGUES	AEJ	Coimbra	31-05-2015
Recorde Regional 50m Absoluto	1:10.62	Joana Catarina, CARVALHO	FCP	Coimbra	31-05-2009
Recorde Regional 50m Juv B	1:12.89	Paula Alexandra, OLIVEIRA	FCP	Coimbra	29-07-2010
Recorde Regional 50m Juv A	1:12.29	Paula Alexandra, OLIVEIRA	FCP	Povoa de Varzim	06-02-2011
Recorde Regional 50m 16	1:11.62	Paula Alexandra, OLIVEIRA	FCP	Lisboa	26-07-2012
Recorde Regional 50m 17	1:10.62	Joana Catarina, CARVALHO	FCP	Coimbra	31-05-2009
Recorde Regional 50m Sen	1:11.55	Ana Pinho, RODRIGUES	FCP	Gijon (ESP)	18-05-2013

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Joana Marques, MAIA	F	25067	91	Propaganda da Natacao	1:16.65	591	
2.	Sofia Filipa, GONCALVES	F	122990	01	Leixoes Sport Club	1:18.89	542	
3.	Diana Patricia, FERREIRA	F	23500	94	Aquatico Pacense	1:19.65	527	
4.	Mafalda Joana, OLIVEIRA	F	119096	02	Lousada SXXI	1:22.24	479	
5.	Ana Rita, COSTA	F	116907	01	Valongo	1:22.74	470	
6.	Maria Carolina, RODRIGUES	F	121473	01	Vit�ria Sport Clube	1:23.92	450	
7.	Mariana Cardoso, COSTA	F	117322	01	Propaganda da Natacao	1:25.10	432	
8.	Valeria Goncalves, VIEIRA	F	124314	02	Vit�ria Sport Clube	1:25.65	424	
9.	Carolina Amaral, SOUSA	F	125085	01	Propaganda da Natacao	1:26.33	414	
10.	Mariana Filipa, MOREIRA	F	125777	02	Valongo	1:26.35	413	
11.	Angela Filipa, RIBEIRO	F	122115	02	Aquatico Pacense	1:26.54	411	
12.	Sofia Margarida, LEITE	F	122004	03	Foca	1:27.34	399	
13.	Tatiana Valente, CARDOSO	F	128960	03	Aquatico Pacense	1:28.44	385	
14.	Ines Filipa, MAGALHAES	F	121786	02	Aquatico Pacense	1:28.80	380	
15.	Maria Silva, RIBEIRO	F	121709	03	Famaliç�o	1:29.22	375	
16.	Beatriz Araujo, BARBOSA	F	124967	03	Famaliç�o	1:30.14	363	
17.	Ines Paiva, CAMPOS	F	125901	03	Colegio SMLamas	1:30.90	354	
18.	Mariana Filipa, GOMES	F	126712	02	Valongo	1:32.86	332	
19.	Joana Isabel, MONTEIRO	F	126711	03	Leixoes Sport Club	1:33.76	323	
20.	Joana Amaro, MAGALHAES	F	128707	03	Penafiel	1:34.17	319	
21.	Mariana Sofia, SOUSA	F	121470	99	Penafiel	1:34.74	313	
22.	Ines Moreira, SOUSA	F	130542	03	Lousada SXXI	1:36.92	292	
23.	Renata Miguel, OLIVEIRA	F	200362	00	AP Vila D Este/Gaia	1:41.41	255	

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Prova 31	Masc., 100m Livres				Absolutos
09-04-2017 - 11:10	TURBO				Resultados
Recordes Nacionais 50m Absoluto	49.50	Alexandre Escudier, AGOSTINHO	POR	Roma (ITA)	29-07-2009
Recordes Nacionais 50m Juv B	53.51	Tiago Andre, VENANCIO	CNS	Lisboa	19-05-2002
Recordes Nacionais 50m Juv A	52.10	Tiago Andre, VENANCIO	POR	Paris (FRA)	28-07-2003
Recordes Nacionais 50m 17	49.59	Tiago Andre, VENANCIO	POR	Oeiras	15-07-2004
Recordes Nacionais 50m 18	50.24	Tiago Andre, VENANCIO	CNS	Oeiras	19-03-2005
Recordes Nacionais 50m Sen	49.50	Alexandre Escudier, AGOSTINHO	POR	Roma (ITA)	29-07-2009
Recorde Regional 50m Absoluto	50.01	Paulo Jorge, SANTOS	FCP	Rome (ITA)	29-07-2009
Recorde Regional 50m Juv B	54.53	Joao Miguel, ASCENCAO	FCP	Lisboa	27-07-2012
Recorde Regional 50m Juv A	53.46	Jorge Manuel, MAIA	GDNVNF	Lisboa	29-05-2005
Recorde Regional 50m 17	51.95	Paulo Jorge, SANTOS	FCP	Lisboa	24-03-2006
Recorde Regional 50m 18	51.32	Luis Miguel, MONTEIRO	FCP	Loule	02-08-2001
Recorde Regional 50m Sen	50.01	Paulo Jorge, SANTOS	FCP	Rome (ITA)	29-07-2009

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Pedro Miguel, FERNANDES	M	110494	99	Vit�ria Sport Clube	53.75	664	
2.	Bernardo Leitao, GRACA	M	14838	93	Fluvial Portuense	54.55	635	
3.	Alexandre Ferreira, AMORIM	M	103953	99	Colegio SMLamas	55.18	614	
4.	Luis Carlos, ALMEIDA	M	104527	98	Aquatico Pacense	55.56	601	
5.	Dario Almeida, SANTOS	M	22520	93	Leixoes Sport Club	55.96	589	
6.	Goncalo Manuel, PAQUETE	M	127101	99	Fluvial Portuense	56.46	573	
7.	Nuno Henrique, GUIMARAES	M	119147	99	Valongo	56.86	561	
8.	Rodrigo Reis, SILVA	M	117297	98	Colegio SMLamas	57.05	555	
9.	Ricardo David, SILVA	M	103049	97	Foca	57.06	555	
10.	Daniel Jose, DUARTE	M	118897	00	Fluvial Portuense	58.20	523	
11.	Joao Afonso, PICA0	M	102842	97	Leixoes Sport Club	58.31	520	
12.	Joao Miguel, NUNES	M	108104	00	Aquatico Pacense	59.05	501	
13.	Diogo Alexandre, SANTOS	M	129291	99	Fluvial Portuense	59.49	490	
14.	Marcos Daniel, VITORIA	M	120510	00	Valongo	59.66	486	
15.	Jose Pedro, PICA0	M	118898	01	Leixoes Sport Club	1:00.13	474	
16.	Diogo Alexandre, PEREIRA	M	118265	98	Fluvial Portuense	1:00.19	473	
17.	David Fenker, SILVA	M	119060	00	Colegio SMLamas	1:00.57	464	
18.	Domingos Tiago, PINHEIRO	M	118328	98	Gin�sio Santo Tirso	1:00.62	463	
19.	Sergio Miguel, ESTEVAO	M	121590	01	Leixoes Sport Club	1:00.66	462	
20.	Goncalo Fernando, FERREIRA	M	121734	94	Penafiel	1:00.69	461	
21.	Joao Andre, OLIVEIRA	M	121981	02	Porto	1:00.88	457	
22.	Pedro Soares, MORIM	M	131612	02	Clube Naval Povoense	1:01.35	447	
23.	Tiago Lima, MARTINS	M	124861	01	Gin�sio Santo Tirso	1:01.84	436	
24.	Diogo Gomes, CARDOSO	M	202714	02	Colegio SMLamas	1:01.99	433	
25.	Marcos Dias, MARTINS	M	122189	02	Colegio SMLamas	1:02.40	424	
26.	Bruno Miguel, SEIXAS	M	126784	01	Natacao da Maia	1:02.50	422	
27.	Francisco Abrunhosa, RODRIGUES	M	105264	96	Valongo	1:02.56	421	
28.	Nuno Rocha, ALMEIDA	M	122193	02	Colegio SMLamas	1:02.80	416	
29.	Joao Miguel, MARQUES	M	201137	02	Foca	1:02.86	415	
30.	Diogo Alexandre, MARTINS	M	130799	98	Gin�sio Santo Tirso	1:02.99	413	
31.	Diogo Ferreira, NEVES	M	108221	98	Valongo	1:03.00	412	
32.	Francisco Miguel, NETO	M	125855	02	Gin�sio Santo Tirso	1:04.45	385	
33.	Alexandre Carvalho, CONCEICAO	M	126858	02	Penafiel	1:04.55	383	
34.	Joao Carlos, PAIVA	M	200236	02	Leixoes Sport Club	1:04.77	379	
35.	Pedro Sales, CIDRAIS	M	128938	00	Valongo	1:05.08	374	
36.	Jose Pedro, MENEZES	M	118899	01	Leixoes Sport Club	1:05.22	372	
37.	Joao Pedro, GUEDES	M	119754	97	Colegio SMLamas	1:07.16	340	
38.	Leonardo Filipe, TEIXEIRA	M	202725	00	AP Vila D Este/Gaia	1:07.86	330	
39.	Gustavo Ferreira, VITOR	M	129874	02	Fluvial Portuense	1:08.19	325	
40.	Samuel Silva, RIBEIRO	M	126720	02	Leixoes Sport Club	1:08.90	315	
41.	Ricardo Miguel, PEREIRA	M	118789	00	Colegio SMLamas	1:11.25	285	
42.	David Oliveira, MENDES	M	131977	02	Penafiel	1:12.35	272	
43.	Helder Tiago, NEVES	M	202715	00	Colegio SMLamas	1:16.70	228	
WDR	Joao Carlos, BRITO	M	111319	01	Aquatico Pacense			
WDR	Afonso Patricio, HENRIQUES	M	202406	99	Leixoes Sport Club			

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Prova 32	Femin., 100m Livres				Absolutos
09-04-2017 - 11:20	TURBO				Resultados
Recordes Nacionais 50m Absoluto	56.41	Ana Sofia, LEITE	GCVR	Coimbra	04-04-2015
Recordes Nacionais 50m Juv B	59.41	Joana Costa, AMADOR	CGA	Coimbra	26-07-2015
Recordes Nacionais 50m Juv A	57.75	Maria Carolina, ROSA	POR	Prague (CZE)	08-07-2009
Recordes Nacionais 50m 16	58.40	Ana Pinho, RODRIGUES	AEJ	Coimbra	09-04-2010
Recordes Nacionais 50m 17	57.63	Beatriz Mendes, VIEGAS	TNC	Coimbra	30-03-2017
Recordes Nacionais 50m Sen	56.41	Ana Sofia, LEITE	GCVR	Coimbra	04-04-2015
Recorde Regional 50m Absoluto	56.86	Sara Beatriz, LOUREIRO	FCP	Porto	20-06-2009
Recorde Regional 50m Juv B	59.80	Ana Rita, FARIA	FCP	Oeiras	27-07-2014
Recorde Regional 50m Juv A	59.18	Ana Rita, FARIA	FCP	BAKU (AZE)	23-06-2015
Recorde Regional 50m 16	58.70	Ana Feio, ALEGRIA	SCB	Florenca (ITA)	02-04-1993
Recorde Regional 50m 17	57.72	Diana Margarida, DURAES	FCP	Coimbra	26-05-2013
Recorde Regional 50m Sen	56.86	Sara Beatriz, LOUREIRO	FCP	Porto	20-06-2009

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Adriana Daniela, CASTRO	F	104515	97	Aquatico Pacense	1:01.35	611	
2.	Julia Albuquerque, FRAGA	F	123700	01	Aquatico Pacense	1:03.05	562	
3.	Joana Sofia, MACHADO	F	127918	02	Valongo	1:03.66	546	
4.	Ana Ines, FERNANDES	F	119258	00	Vit�ria Sport Clube	1:03.80	543	
5.	Matilde Guimaraes, SANTOS	F	122894	02	Leixoes Sport Club	1:04.35	529	
6.	Marta Ferreira, ROCHA	F	110558	99	Leixoes Sport Club	1:04.60	523	
7.	Ana Catarina, MAGALHAES	F	119092	02	Lousada SXXI	1:04.86	517	
8.	Ines Freitas, ROCHA	F	129880	03	Aquatico Pacense	1:05.13	510	
9.	Alexandra Martins, CAMPOS	F	127155	02	Leixoes Sport Club	1:06.54	478	
10.	Ana Carmo, PINHEIRO	F	124856	02	Gin�sio Santo Tirso	1:06.69	475	
11.	Joana Daniela, JACINTO	F	111230	01	Propaganda da Natacao	1:07.04	468	
12.	Ana Margarida, ALMEIDA	F	122992	03	Foca	1:08.31	442	
13.	Joana Raquel, TAVARES	F	122229	01	Fluvial Portuense	1:09.06	428	
14.	Carolina Nogueira, ROCHA	F	131790	03	Colegio SMLamas	1:09.78	415	
15.	Maria Helena, PERES	F	129271	02	Colegio SMLamas	1:10.42	404	
16.	Joana Maria, SANTOS	F	120554	02	Fluvial Portuense	1:11.17	391	
17.	Filipa Manuela, MARTINS	F	128708	03	Penafiel	1:11.29	389	
18.	Ines Soares, LEMA	F	129875	03	Fluvial Portuense	1:11.65	383	
19.	Barbara Azevedo, MAGALHAES	F	129745	03	Fluvial Portuense	1:11.67	383	
20.	Adriana Azevedo, COUTO	F	108336	00	Famali�o	1:11.69	382	
21.	Maria Morais, GONCALVES	F	125141	01	Leixoes Sport Club	1:11.93	379	
22.	Maria Joao, SILVA	F	111045	01	Famali�o	1:13.41	356	
23.	Fabiana Moreira, DIAS	F	200233	98	Aquatico Pacense	1:13.70	352	
24.	Mariana Coelho, PEIXOTO	F	117432	00	Vit�ria Sport Clube	1:15.65	325	
25.	Vanda Sofia, SANTOS	F	129517	03	Colegio SMLamas	1:16.17	319	
26.	Beatriz Magalhaes, MENDES	F	131789	03	Colegio SMLamas	1:19.39	281	
27.	Sara Gomes, OLIVEIRA	F	129361	03	Colegio SMLamas	1:19.83	277	
28.	Ana Morais, GONCALVES	F	124575	03	Leixoes Sport Club	1:21.03	265	
WDR	Ana Margarida, TEIXEIRA	F	111504	02	Foca			
WDR	Sara Catarina, TEIXEIRA	F	121735	99	Penafiel			

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Prova 33	Masc., 200m Estilos				Absolutos
09-04-2017 - 11:30	TURBO				Resultados
Recordes Nacionais 50m Absoluto	1:58.88	Alexis Manacas, SANTOS	SCP	Coimbra	01-04-2017
Recordes Nacionais 50m Juv B	2:10.83	Jorge Jesus, SILVA	SCB	Coimbra	26-07-2015
Recordes Nacionais 50m Juv A	2:08.11	Carlos Esteves, ALMEIDA	CNA	Lisboa	31-07-2004
Recordes Nacionais 50m 17	2:04.32	Carlos Esteves, ALMEIDA	POR	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m 18	2:02.72	Gabriel Jose, LOPES	POR	Baku (AZE)	24-06-2015
Recordes Nacionais 50m Sen	1:58.88	Alexis Manacas, SANTOS	SCP	Coimbra	01-04-2017
Recorde Regional 50m Absoluto	2:04.47	Carlos Esteves, ALMEIDA	FCP	Povia de Varzim	18-04-2014
Recorde Regional 50m Juv B	2:13.40	Tomas Correia, SILVA	FCP	Catania (ITA)	20-06-2010
Recorde Regional 50m Juv A	2:10.71	Adriano Miguel, NIZ	CFV	EULisboa	19-05-2002
Recorde Regional 50m 17	2:08.21	Adriano Miguel, NIZ	CFV	Lisboa	29-03-2003
Recorde Regional 50m 18	2:06.16	Paulo Ricardo, ARAUJO	GDNVNF	Antuerpia (BEL)	19-07-2007
Recorde Regional 50m Sen	2:04.47	Carlos Esteves, ALMEIDA	FCP	Povia de Varzim	18-04-2014

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Jose Pedro, SAMPAIO 100m: 1:02.16 1:02.16	M	108295	98	Fluvial Portuense 2:11.73 1:09.57	2:11.73	648	
2.	Antonio Rafael, BESSA 100m: 1:02.12 1:02.12	M	102089	94	Aquatico Pacense 2:15.13 1:13.01	2:15.13	600	
3.	Nuno Rafael, ALVES 100m: 1:04.36 1:04.36	M	25140	90	Aquatico Pacense 2:15.88 1:11.52	2:15.88	590	
4.	Paulo Filipe, SILVA 100m: 1:03.14 1:03.14	M	117012	98	Natacao da Maia 2:20.32 1:17.18	2:20.32	536	
5.	Diogo Moreno, BASTOS 100m: 1:10.32 1:10.32	M	108285	00	Fluvial Portuense 2:24.75 1:14.43	2:24.75	488	
6.	David Dias, LIMA 100m: 1:05.75 1:05.75	M	118183	00	Vilacondense 2:24.87 1:19.12	2:24.87	487	
7.	Joao Pedro, RIBEIRO 100m: 1:10.65 1:10.65	M	127135	02	Vilacondense 2:28.44 1:17.79	2:28.44	452	
8.	Andre Miguel, SANTOS 100m: 1:09.86 1:09.86	M	118053	00	Vilacondense 2:29.59 1:19.73	2:29.59	442	
9.	Joao Pedro, COSTA 100m: 1:11.51 1:11.51	M	121468	01	Vilacondense 2:29.97 1:18.46	2:29.97	439	
10.	Goncalo Moreira, SANTOS 100m: 1:12.40 1:12.40	M	120511	01	Valongo 2:32.04 1:19.64	2:32.04	421	
11.	Pedro Saraiva, SILVA 100m: 1:09.33 1:09.33	M	111516	99	Vilacondense 2:32.19 1:22.86	2:32.19	420	
12.	Diogo Morgado, FANGUEIRO 100m: 1:15.42 1:15.42	M	133440	02	Vilacondense 2:34.61 1:19.19	2:34.61	400	
13.	Bruno Shinji, KOBAYASHI 100m: 1:12.58 1:12.58	M	123019	02	Vilacondense 2:34.69 1:22.11	2:34.69	400	
14.	Hugo Correia, FERREIRA 100m: 1:13.13 1:13.13	M	125012	02	Vilacondense 2:34.78 1:21.65	2:34.78	399	
15.	Ricardo Jorge, TEIXEIRA 100m: 1:11.43 1:11.43	M	116902	00	Natacao da Maia 2:34.89 1:23.46	2:34.89	398	
16.	Francisco Emanuel, MORIM 100m: 1:13.47 1:13.47	M	118054	02	Vilacondense 2:35.29 1:21.82	2:35.29	395	
17.	Tomas Ribeiro, FERREIRA 100m: 1:16.44 1:16.44	M	133403	01	Vilacondense 2:35.68 1:19.24	2:35.68	392	
18.	Rui Tiago, PACHECO 100m: 1:12.56 1:12.56	M	118357	01	Vilacondense 2:35.82 1:23.26	2:35.82	391	
19.	Gustavo Francisco, RIBEIRO 100m: 1:13.34 1:13.34	M	129252	02	Leixoes Sport Club 2:35.93 1:22.59	2:35.93	390	
20.	Leonardo Morim, SILVA 100m: 1:11.43 1:11.43	M	133181	00	Vilacondense 2:36.95 1:25.52	2:36.95	383	
21.	Rafael Mesquita, TERROSO 100m: 1:14.32 1:14.32	M	133404	02	Vilacondense 2:38.90 1:24.58	2:38.90	369	
22.	Simao Pedro, MARTINS 100m: 1:20.42 1:20.42	M	200234	00	Vilacondense 2:54.30 1:33.88	2:54.30	279	
DNS	Francisco Vilhena, COSTA	M	111325	00	Vilacondense			

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Prova 33, Masc., 200m Estilos, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
DNF	Joao Manuel, SANTOS <i>1001 - O(A) nadador(a), nadando uma prova individual, n�o cobriu o percurso completo - SW 10.2</i>	M	111323	99	Vilacondense			
WDR	Goncalo Carneiro, ALMEIDA	M	123846	99	Vilacondense			
WDR	Tiago Oliveira, BARBOSA	M	121884	99	Colegio SMLamas			

Prova 34

09-04-2017 - 11:45

Femin., 200m Estilos
TURBO

Absolutos
Resultados

Recordes Nacionais 50m Absoluto	2:14.51	Victoria, KAMINSKAYA	ESJB	Lisboa	19-02-2017
Recordes Nacionais 50m Juv B	2:23.60	Diana Margarida, DURAES	FOCA	Coimbra	01-08-2010
Recordes Nacionais 50m Juv A	2:21.01	Raquel Gomes, PEREIRA	SAD	Coimbra	04-04-2015
Recordes Nacionais 50m 16	2:20.61	Diana Margarida, DURAES	FOCA	Porto	03-06-2012
Recordes Nacionais 50m 17	2:17.22	Raquel Gomes, PEREIRA	SAD	Coimbra	30-03-2017
Recordes Nacionais 50m Sen	2:14.51	Victoria, KAMINSKAYA	ESJB	Lisboa	19-02-2017
Recorde Regional 50m Absoluto	2:19.47	Marta Pereira, ABREU	FCP	Rio Maior	03-04-2011
Recorde Regional 50m Juv B	2:23.60	Diana Margarida, DURAES	FOCA	Coimbra	01-08-2010
Recorde Regional 50m Juv A	2:21.75	Ines Neto, ROCHA	CAP	Gijon (ESP)	15-05-2016
Recorde Regional 50m 16	2:20.61	Diana Margarida, DURAES	FOCA	Porto	03-06-2012
Recorde Regional 50m 17	2:20.41	Diana Margarida, DURAES	FOCA	Gijon (ESP)	18-05-2013
Recorde Regional 50m Sen	2:19.10	Diana Margarida, DURAES	FCP	Oeiras	24-07-2016

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Eduarda Reis, SILVA 100m: 1:14.98 200m: 2:37.70	F	121702	03	Famalici�o	2:37.70	511	
2.	Ana Margarida, GONCALVES 100m: 1:17.37 200m: 2:41.56	F	118052	01	Vilacondense	2:41.56	475	
3.	Rafaela Campos, OLIVEIRA 100m: 1:15.16 200m: 2:43.25	F	111322	00	Vilacondense	2:43.25	461	
4.	Ana Lopes, SANTOS 100m: 1:16.00 200m: 2:47.37	F	120698	02	Vilacondense	2:47.37	427	
5.	Joana Almeida, RAINHA 100m: 1:21.64 200m: 2:49.24	F	112519	00	Vilacondense	2:49.24	413	
6.	Ana Sofia, AGUIAR 100m: 1:20.04 200m: 2:49.64	F	120624	02	Vilacondense	2:49.64	410	
7.	Francisca Alexandra, GRACA 100m: 1:20.08 200m: 2:52.83	F	118051	01	Vilacondense	2:52.83	388	
8.	Maria Francisca, IGREJA 100m: 1:22.53 200m: 2:54.89	F	202668	99	Vilacondense	2:54.89	375	
9.	Joana Rocha, ANJO 100m: 1:20.39 200m: 2:55.93	F	119757	01	Vilacondense	2:55.93	368	
10.	Ana Carolina, LOPES 100m: 1:23.70 200m: 3:00.90	F	124707	03	Vilacondense	3:00.90	338	
11.	Sofia Xavier, GOMES 100m: 1:24.79 200m: 3:02.29	F	122007	02	Vilacondense	3:02.29	331	
12.	Francisca Azevedo, DOURADO 100m: 1:25.02 200m: 3:06.48	F	112521	00	Vilacondense	3:06.48	309	

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2 - 1ª Jornada - 2ª Sessao

08-04-2017 - 15:30

Prova 11	Masc., 400m Estilos				Absolutos
08-04-2017 - 15:30	TURBO				Resultados
Recordes Nacionais 50m Absoluto	4:15.84	Alexis Manacas, SANTOS	POR	Rio de Janeiro (BRA)	06-08-2016
Recordes Nacionais 50m Juv B	4:37.06	Joao Alexandre, VITAL	POR	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m Juv A	4:32.66	Joao Alexandre, VITAL	ADRCIMM	Coimbra	01-06-2014
Recordes Nacionais 50m 17	4:25.23	Joao Alexandre, VITAL	POR	Singapore (SIN)	29-08-2015
Recordes Nacionais 50m 18	4:22.25	Joao Alexandre, VITAL	SCP	Oeiras	22-07-2016
Recordes Nacionais 50m Sen	4:15.84	Alexis Manacas, SANTOS	POR	Rio de Janeiro (BRA)	06-08-2016
Recorde Regional 50m Absoluto	4:30.01	Carlos Esteves, ALMEIDA	FCP	Pova de Varzim (ESP)	19-04-2014
Recorde Regional 50m Juv B	4:41.92	Tomas Correia, SILVA	FCP	Coimbra	30-07-2010
Recorde Regional 50m Juv A	4:37.49	Adriano Miguel, NIZ	CFV	EULisboa	18-05-2002
Recorde Regional 50m 17	4:33.38	Adriano Miguel, NIZ	CFV	Lisboa	29-03-2003
Recorde Regional 50m 18	4:31.48	Paulo Ricardo, ARAUJO	GDNVNF	Antuierpia (BEL)	22-07-2007
Recorde Regional 50m Sen	4:30.01	Carlos Esteves, ALMEIDA	FCP	Pova de Varzim	19-04-2014

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	FINA	Obs
1.	Jose Pedro, SAMPAIO 100m: 1:02.73 1:02.73	M	108295 98	Fluvial Portuense 200m: 2:14.73 1:12.00 300m: 3:35.14 1:20.41	4:38.17	673	1:03.03
2.	Antonio Rafael, BESSA 100m: 1:02.54 1:02.54	M	102089 94	Aquatico Pacense 200m: 2:15.42 1:12.88 300m: 3:36.25 1:20.83	4:45.21	624	1:08.96
3.	Paulo Filipe, SILVA 100m: 1:03.31 1:03.31	M	117012 98	Natacao da Maia 200m: 2:17.71 1:14.40 300m: 3:46.82 1:29.11	4:57.52	550	1:10.70
4.	Diogo Moreno, BASTOS 100m: 1:09.14 1:09.14	M	108285 00	Fluvial Portuense 200m: 2:29.07 1:19.93 300m: 3:56.58 1:27.51	5:02.28	524	1:05.70
5.	David Dias, LIMA 100m: 1:05.91 1:05.91	M	118183 00	Vilacondense 200m: 2:26.34 1:20.43 300m: 3:59.73 1:33.39	5:10.98	482	1:11.25
6.	Joao Pedro, RIBEIRO 100m: 1:08.46 1:08.46	M	127135 02	Vilacondense 200m: 2:29.58 1:21.12 300m: 4:03.00 1:33.42	5:14.05	468	1:11.05
7.	Joao Pedro, COSTA 100m: 1:08.80 1:08.80	M	121468 01	Vilacondense 200m: 2:33.11 1:24.31 300m: 4:02.35 1:29.24	5:15.87	460	1:13.52
8.	Andre Miguel, SANTOS 100m: 1:13.19 1:13.19	M	118053 00	Vilacondense 200m: 2:34.15 1:20.96 300m: 4:09.53 1:35.38	5:19.29	445	1:09.76
9.	Goncalo Moreira, SANTOS 100m: 1:11.16 1:11.16	M	120511 01	Valongo 200m: 2:34.95 1:23.79 300m: 4:07.21 1:32.26	5:21.40	436	1:14.19
10.	Ricardo Jorge, TEIXEIRA 100m: 1:10.54 1:10.54	M	116902 00	Natacao da Maia 200m: 2:33.58 1:23.04 300m: 4:09.04 1:35.46	5:24.78	423	1:15.74
11.	Bruno Shinji, KOBAYASHI 100m: 1:13.98 1:13.98	M	123019 02	Vilacondense 200m: 2:37.27 1:23.29 300m: 4:12.96 1:35.69	5:24.83	423	1:11.87
12.	Pedro Saraiva, SILVA 100m: 1:08.40 1:08.40	M	111516 99	Vilacondense 200m: 2:33.64 1:25.24 300m: 4:11.25 1:37.61	5:25.62	419	1:14.37
13.	Joao Manuel, SANTOS 100m: 1:11.36 1:11.36	M	111323 99	Vilacondense 200m: 2:39.34 1:27.98 300m: 4:15.16 1:35.82	5:29.29	406	1:14.13
14.	Diogo Morgado, FANGUEIRO 100m: 1:13.10 1:13.10	M	133440 02	Vilacondense 200m: 2:42.89 1:29.79 300m: 4:15.86 1:32.97	5:30.95	399	1:15.09
15.	Rui Tiago, PACHECO 100m: 1:11.39 1:11.39	M	118357 01	Vilacondense 200m: 2:40.17 1:28.78 300m: 4:19.33 1:39.16	5:30.97	399	1:11.64
16.	Gustavo Francisco, RIBEIRO 100m: 1:15.78 1:15.78	M	129252 02	Leixoes Sport Club 200m: 2:42.66 1:26.88 300m: 4:16.50 1:33.84	5:31.24	398	1:14.74
17.	Hugo Correia, FERREIRA 100m: 1:11.90 1:11.90	M	125012 02	Vilacondense 200m: 2:41.11 1:29.21 300m: 4:17.89 1:36.78	5:32.00	396	1:14.11
18.	Rafael Mesquita, TERROSO 100m: 1:14.77 1:14.77	M	133404 02	Vilacondense 200m: 2:43.66 1:28.89 300m: 4:20.12 1:36.46	5:36.10	381	1:15.98
19.	Tomas Ribeiro, FERREIRA 100m: 1:18.30 1:18.30	M	133403 01	Vilacondense 200m: 2:47.83 1:29.53 300m: 4:21.37 1:33.54	5:36.32	381	1:14.95
20.	Leonardo Morim, SILVA 100m: 1:16.10 1:16.10	M	133181 00	Vilacondense 200m: 2:44.02 1:27.92 300m: 4:27.91 1:43.89	5:46.38	348	1:18.47
21.	Simao Pedro, MARTINS 100m: 1:23.70 1:23.70	M	200234 00	Vilacondense 200m: 2:56.93 1:33.23 300m: 4:44.48 1:47.55	6:07.93	291	1:23.45

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Prova 11, Masc., 400m Estilos, Absolutos

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
DSQ	Nuno Rafael, ALVES 404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4	M	25140	90	Aquatico Pacense			
DSQ	Francisco Emanuel, MORIM 805 - O(A) nadador(a) efetuou movimento n�o simult�neo de pernas durante o percurso dos 55 metros - SW 8.3	M	118054	02	Vilacondense			
DNS	Francisco Vilhena, COSTA	M	111325	00	Vilacondense			
WDR	Goncalo Carneiro, ALMEIDA	M	123846	99	Vilacondense			
WDR	Tiago Oliveira, BARBOSA	M	121884	99	Colegio SMLamas			

Prova 12

Femin., 400m Estilos

Absolutos

08-04-2017 - 15:55

TURBO

Resultados

Recordes Nacionais 50m Absoluto	4:42.39	Victoria, KAMINSKAYA	POR	Antwerpen (BEL)	21-01-2017
Recordes Nacionais 50m Juv B	5:01.00	Ines Neto, ROCHA	CAP	Coimbra	24-07-2015
Recordes Nacionais 50m Juv B	5:01.00	Ines Neto, ROCHA	CAP	Coimbra	24-07-2015
Recordes Nacionais 50m Juv A	4:58.08	Diana Margarida, DURAES	FOCA	P�voa de Varzim	05-08-2011
Recordes Nacionais 50m 16	4:54.95	Ines Neto, ROCHA	CAP	Coimbra	01-04-2017
Recordes Nacionais 50m 17	4:52.12	Victoria, KAMINSKAYA	PMP	Oeiras	27-07-2012
Recordes Nacionais 50m Sen	4:42.39	Victoria, KAMINSKAYA	POR	Antwerpen (BEL)	21-01-2017
Recorde Regional 50m Absoluto	4:49.45	Diana Margarida, DURAES	FCP	Oeiras	11-03-2016
Recorde Regional 50m Juv B	5:01.00	Ines Neto, ROCHA	CAP	Coimbra	24-07-2015
Recorde Regional 50m Juv A	4:58.08	Diana Margarida, DURAES	FOCA	Pova de Varzim	05-08-2011
Recorde Regional 50m 16	4:54.95	Ines Neto, ROCHA	CAP	Coimbra	01-04-2017
Recorde Regional 50m 17	4:58.10	Barbara Sousa, FERREIRA	CNMAIA	Porto	15-06-2002
Recorde Regional 50m Sen	4:49.45	Diana Margarida, DURAES	FCP	Oeiras	11-03-2016

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Eduarda Reis, SILVA 100m: 1:14.68 1:14.68	F	121702	03	Famaliç�o	5:32.37	514	1:13.25
2.	Ana Margarida, GONCALVES 100m: 1:22.24 1:22.24	F	118052	01	Vilacondense	5:41.06	476	1:20.03
3.	Rafaela Campos, OLIVEIRA 100m: 1:15.11 1:15.11	F	111322	00	Vilacondense	5:42.95	468	1:16.40
4.	Ana Lopes, SANTOS 100m: 1:19.84 1:19.84	F	120698	02	Vilacondense	5:52.00	433	1:17.17
5.	Ana Sofia, AGUIAR 100m: 1:20.38 1:20.38	F	120624	02	Vilacondense	5:52.90	429	1:15.50
6.	Joana Almeida, RAINHA 100m: 1:22.86 1:22.86	F	112519	00	Vilacondense	6:01.63	399	1:28.07
7.	Francisca Alexandra, GRACA 100m: 1:20.72 1:20.72	F	118051	01	Vilacondense	6:01.95	398	1:26.57
8.	Maria Francisca, IGREJA 100m: 1:29.86 1:29.86	F	202668	99	Vilacondense	6:14.10	360	1:28.36
9.	Joana Rocha, ANJO 100m: 1:20.13 1:20.13	F	119757	01	Vilacondense	6:19.62	345	1:28.37
10.	Ana Carolina, LOPES 100m: 1:30.63 1:30.63	F	124707	03	Vilacondense	6:20.75	342	1:24.12
11.	Francisca Azevedo, DOURADO 100m: 1:23.39 1:23.39	F	112521	00	Vilacondense	6:27.40	325	1:29.09
DSQ	Sofia Xavier, GOMES 720 - O(A) nadador(a) tocou na parede com toque n�o simult�neo na viragem aos 250 metros – SW 7.6 100m: 1:27.24 1:27.24	F	122007	02	Vilacondense	6:28.69		1:23.57

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Prova 13	Masc., 50m Livres				Absolutos
08-04-2017 - 16:10	TURBO				Resultados
Recordes Nacionais 50m Absoluto	22.36	Alexandre Escudier, AGOSTINHO	PORTIN	Coimbra	30-05-2009
Recordes Nacionais 50m Juv B	24.68	Tiago Andre, VENANCIO	CNS	Lisboa	18-05-2002
Recordes Nacionais 50m Juv A	23.78	Tiago Andre, VENANCIO	POR	Paris (FRA)	31-07-2003
Recordes Nacionais 50m 17	22.95	Tiago Andre, VENANCIO	POR	Oeiras	16-07-2004
Recordes Nacionais 50m 18	22.98	Paulo Jorge, SANTOS	POR	Antu�rpia (BEL)	22-07-2007
Recordes Nacionais 50m Sen	22.36	Alexandre Escudier, AGOSTINHO	PORTIN	Coimbra	30-05-2009
Recorde Regional 50m Absoluto	22.51	Paulo Jorge, SANTOS	FCP	Coimbra	30-05-2009
Recorde Regional 50m Juv B	25.27	Jose Miguel, MIRANDA	CFP	Antu�rpia (BEL)	10-07-1988
Recorde Regional 50m Juv A	24.71	Paulo Jorge, SANTOS	FCP	Famalicao	01-01-2005
Recorde Regional 50m 17	23.90	Luis Miguel, MONTEIRO	FCP	Lisboa	20-05-2000
Recorde Regional 50m 18	22.98	Paulo Jorge, SANTOS	FCP	Antu�rpia (BEL)	22-07-2007
Recorde Regional 50m Sen	22.51	Paulo Jorge, SANTOS	FCP	Coimbra	30-05-2009

Pontos: FINA 2017

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	FINA	Obs
1.	Pedro Miguel, FERNANDES	M	110494	99	Vit�ria Sport Clube	24.16	648	
2.	Bernardo Leitao, GRACA	M	14838	93	Fluvial Portuense	24.78	600	
3.	Alexandre Ferreira, AMORIM	M	103953	99	Colegio SMLamas	24.88	593	
4.	Goncalo Manuel, PAQUETE	M	127101	99	Fluvial Portuense	25.57	546	
5.	Dario Almeida, SANTOS	M	22520	93	Leixoes Sport Club	25.87	528	
6.	Luis Carlos, ALMEIDA	M	104527	98	Aquatico Pacense	25.88	527	
7.	Rodrigo Reis, SILVA	M	117297	98	Colegio SMLamas	26.12	513	
8.	Nuno Henrique, GUIMARAES	M	119147	99	Valongo	26.18	509	
9.	Ricardo David, SILVA	M	103049	97	Foca	26.25	505	
10.	Joao Miguel, NUNES	M	108104	00	Aquatico Pacense	26.39	497	
11.	Joao Andre, OLIVEIRA	M	121981	02	Porto	26.98	465	
12.	Goncalo Fernando, FERREIRA	M	121734	94	Penafiel	27.05	461	
13.	Daniel Jose, DUARTE	M	118897	00	Fluvial Portuense	27.24	452	
14.	Domingos Tiago, PINHEIRO	M	118328	98	Gin�sio Santo Tirso	27.28	450	
15.	Joao Afonso, PICA0	M	102842	97	Leixoes Sport Club	27.35	446	
16.	Sergio Miguel, ESTEVAO	M	121590	01	Leixoes Sport Club	27.45	442	
17.	David Fenker, SILVA	M	119060	00	Colegio SMLamas	27.48	440	
18.	Francisco Abruinhosa, RODRIGUES	M	105264	96	Valongo	27.60	434	
19.	Diogo Alexandre, SANTOS	M	129291	99	Fluvial Portuense	27.64	432	
20.	Marcos Daniel, VITORIA	M	120510	00	Valongo	27.68	431	
21.	Joao Miguel, MARQUES	M	201137	02	Foca	27.92	420	
22.	Jose Pedro, PICA0	M	118898	01	Leixoes Sport Club	28.11	411	
23.	Diogo Gomes, CARDOSO	M	202714	02	Colegio SMLamas	28.22	406	
24.	Diogo Alexandre, PEREIRA	M	118265	98	Fluvial Portuense	28.29	403	
25.	Pedro Sales, CIDRAIS	M	128938	00	Valongo	28.30	403	
26.	Diogo Alexandre, MARTINS	M	130799	98	Gin�sio Santo Tirso	28.46	396	
27.	Tiago Lima, MARTINS	M	124861	01	Gin�sio Santo Tirso	28.64	389	
28.	Nuno Rocha, ALMEIDA	M	122193	02	Colegio SMLamas	28.84	381	
29.	Marcos Dias, MARTINS	M	122189	02	Colegio SMLamas	28.95	376	
30.	Francisco Miguel, NETO	M	125855	02	Gin�sio Santo Tirso	29.08	371	
31.	Leonardo Filipe, TEIXEIRA	M	202725	00	AP Vila D Este/Gaia	29.11	370	
32.	Joao Carlos, PAIVA	M	200236	02	Leixoes Sport Club	29.13	369	
33.	Bruno Miguel, SEIXAS	M	126784	01	Natacao da Maia	29.37	360	
34.	Alexandre Carvalho, CONCEICAO	M	126858	02	Penafiel	29.92	341	
35.	Jose Pedro, MENEZES	M	118899	01	Leixoes Sport Club	30.06	336	
36.	Gustavo Ferreira, VITOR	M	129874	02	Fluvial Portuense	30.60	319	
37.	Samuel Silva, RIBEIRO	M	126720	02	Leixoes Sport Club	31.38	295	
38.	Joao Pedro, GUEDES	M	119754	97	Colegio SMLamas	31.59	290	
39.	Ricardo Miguel, PEREIRA	M	118789	00	Colegio SMLamas	31.96	280	
40.	Helder Tiago, NEVES	M	202715	00	Colegio SMLamas	32.34	270	
41.	David Oliveira, MENDES	M	131977	02	Penafiel	32.56	264	
DSQ	Diogo Ferreira, NEVES	M	108221	98	Valongo			
<i>404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4</i>								
WDR	Joao Carlos, BRITO	M	111319	01	Aquatico Pacense			
WDR	Afonso Patricio, HENRIQUES	M	202406	99	Leixoes Sport Club			

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Prova 14	Femin., 50m Livres				Absolutos
08-04-2017 - 16:20	TURBO				Resultados
Recordes Nacionais 50m Absoluto	25.73	Patricia Vilas, CONCEICAO	CNA	Oeiras	28-07-2012
Recordes Nacionais 50m Juv B	27.17	Ana Margarida, GUEDES	GCVR	Coimbra	31-05-2015
Recordes Nacionais 50m Juv A	26.98	Ana Pinho, RODRIGUES	AEJ	Campanha	21-06-2009
Recordes Nacionais 50m 16	26.21	Ana Pinho, RODRIGUES	AEJ	Coimbra	10-04-2010
Recordes Nacionais 50m 17	26.25	Beatriz Mendes, VIEGAS	POR	Uster (SUI)	05-02-2017
Recordes Nacionais 50m Sen	25.73	Patricia Vilas, CONCEICAO	CNA	Oeiras	28-07-2012
Recorde Regional 50m Absoluto	26.02	Ana Pinho, RODRIGUES	FCP	Povoa de Varzim	19-04-2014
Recorde Regional 50m Juv B	27.84	Claudia Sofia, MONTEIRO	CFV	Rio Maior	30-06-2006
Recorde Regional 50m Juv A	27.31	Claudia Sofia, MONTEIRO	CFV	Aveiro	28-07-2007
Recorde Regional 50m 16	26.74	Adriana Daniela, CASTRO	FCP	Coimbra	26-05-2013
Recorde Regional 50m 17	26.82	Diana Margarida, DURAES	FCP	Famalicao	20-07-2013
Recorde Regional 50m Sen	26.02	Ana Pinho, RODRIGUES	FCP	Povoa de Varzim	19-04-2014

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Adriana Daniela, CASTRO	F	104515	97	Aquatico Pacense	27.43	647	
2.	Julia Albuquerque, FRAGA	F	123700	01	Aquatico Pacense	28.40	583	
3.	Joana Sofia, MACHADO	F	127918	02	Valongo	29.49	521	
4.	Ana Ines, FERNANDES	F	119258	00	Vit�ria Sport Clube	29.61	514	
5.	Marta Ferreira, ROCHA	F	110558	99	Leixoes Sport Club	29.74	508	
6.	Matilde Guimaraes, SANTOS	F	122894	02	Leixoes Sport Club	29.75	507	
7.	Ana Catarina, MAGALHAES	F	119092	02	Lousada SXXI	29.96	496	
8.	Ines Freitas, ROCHA	F	129880	03	Aquatico Pacense	30.30	480	
9.	Alexandra Martins, CAMPOS	F	127155	02	Leixoes Sport Club	30.55	468	
10.	Joana Daniela, JACINTO	F	111230	01	Propaganda da Natacao	31.14	442	
11.	Ana Carmo, PINHEIRO	F	124856	02	Gin�sio Santo Tirso	31.17	441	
12.	Ana Margarida, ALMEIDA	F	122992	03	Foca	31.19	440	
13.	Carolina Nogueira, ROCHA	F	131790	03	Colegio SMLamas	31.28	436	
14.	Adriana Azevedo, COUTO	F	108336	00	Famalicao	31.54	425	
15.	Joana Raquel, TAVARES	F	122229	01	Fluvial Portuense	32.04	406	
16.	Maria Helena, PERES	F	129271	02	Colegio SMLamas	32.14	402	
17.	Joana Maria, SANTOS	F	120554	02	Fluvial Portuense	32.23	399	
18.	Filipa Manuela, MARTINS	F	128708	03	Penafiel	33.03	370	
19.	Barbara Azevedo, MAGALHAES	F	129745	03	Fluvial Portuense	33.10	368	
20.	Maria Morais, GONCALVES	F	125141	01	Leixoes Sport Club	33.21	364	
21.	Ines Soares, LEMA	F	129875	03	Fluvial Portuense	33.33	360	
22.	Maria Joao, SILVA	F	111045	01	Famalicao	34.29	331	
23.	Fabiana Moreira, DIAS	F	200233	98	Aquatico Pacense	34.30	331	
24.	Vanda Sofia, SANTOS	F	129517	03	Colegio SMLamas	34.74	318	
25.	Mariana Coelho, PEIXOTO	F	117432	00	Vit�ria Sport Clube	35.21	306	
26.	Beatriz Magalhaes, MENDES	F	131789	03	Colegio SMLamas	36.20	281	
27.	Sara Gomes, OLIVEIRA	F	129361	03	Colegio SMLamas	36.51	274	
28.	Ana Morais, GONCALVES	F	124575	03	Leixoes Sport Club	37.01	263	
WDR	Ana Margarida, TEIXEIRA	F	111504	02	Foca			
WDR	Sara Catarina, TEIXEIRA	F	121735	99	Penafiel			

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Prova 15	Masc., 400m Livres				Absolutos
08-04-2017 - 16:25	TURBO				Resultados
Recordes Nacionais 50m Absoluto	3:52.29	Jorge Manuel, MAIA	POR	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe, COSTA	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel, SANTA	POR	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m 17	3:57.15	Gustavo Manuel, SANTA	POR	Helsinki (FIN)	14-07-2010
Recordes Nacionais 50m 18	3:58.26	Ivo Emanuel, CARNEIRO	POR	Linz (AUT)	12-07-2002
Recordes Nacionais 50m Sen	3:52.29	Jorge Manuel, MAIA	POR	Málaga (ESP)	05-04-2009
Recorde Regional 50m Absoluto	3:52.29	Jorge Manuel, MAIA	GDNVNF	Malaga (ESP)	14-06-2008
Recorde Regional 50m Juv B	4:06.22	Rui Filipe, COSTA	VSC	Coimbra	29-07-2006
Recorde Regional 50m Juv A	4:02.13	Jorge Manuel, MAIA	GDNVNF	EULisboa	29-05-2005
Recorde Regional 50m 17	4:00.90	Jorge Manuel, MAIA	GDNVNF	Palma de Maiorca (ESP)	07-07-2006
Recorde Regional 50m 18	3:58.61	Luis Miguel, MONTEIRO	FCP	Loule	03-08-2001
Recorde Regional 50m Sen	3:52.29	Jorge Manuel, MAIA	GDNVNF	Malaga (ESP)	14-06-2008

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Sergio Filipe, TRAVANCA 100m: 1:02.23 1:02.23	M	117385	00	Fluvial Portuense	4:16.17	634	1:02.95
2.	Joao Santos, MENDES 100m: 1:02.21 1:02.21	M	111648	98	Leixoes Sport Club	4:16.72	629	1:04.53
3.	Rui Pedro, FARIA 100m: 1:02.18 1:02.18	M	15592	94	Famalição	4:20.39	603	1:06.97
4.	Tiago Mendonca, FREIRE 100m: 1:03.58 1:03.58	M	116898	01	Leixoes Sport Club	4:29.87	542	1:08.29
5.	Ricardo Filipe, ROCHA 100m: 1:04.99 1:04.99	M	121787	02	Aquatico Pacense	4:34.78	513	1:07.72
6.	Guilherme Diogo, LOBO 100m: 1:05.17 1:05.17	M	122395	02	Porto	4:35.32	510	1:08.62
7.	Luis Manuel, RIBEIRO 100m: 1:06.15 1:06.15	M	120816	02	Porto	4:42.23	474	1:10.70
8.	Samuel Dias, MARTINS 100m: 1:06.15 1:06.15	M	122190	02	Colegio SMLamas	4:50.13	436	1:15.47
9.	Pedro Lopes, SILVA 100m: 1:18.04 1:18.04	M	202726	02	AP Vila D Este/Gaia	5:49.39	249	1:28.03
DSQ	Joao Pedro, BRANCO 404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4	M	132221	01	Aquatico Pacense			
WDR	Goncalo Gomes, ORNELAS	M	127125	01	Fluvial Portuense			
EXH	Tiago Filipe, GOMES 100m: 1:14.46 1:14.46	M	130893	02	AP Vila D Este/Gaia	5:29.06	299	1:22.94

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Prova 16	Femin., 400m Livres				Absolutos
08-04-2017 - 16:40	TURBO				Resultados
Recordes Nacionais 50m Absoluto	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12-03-2016
Recordes Nacionais 50m Juv B	4:26.20	Maria Francisca, CABRAL	FCP	Oeiras	26-07-2014
Recordes Nacionais 50m Juv A	4:20.78	Tamila Hryhorivna, HOLUB	POR	Porto	07-06-2014
Recordes Nacionais 50m 16	4:20.37	Marta Andreia, FERREIRA	POR	Berlim (GER)	04-08-2002
Recordes Nacionais 50m 17	4:14.67	Tamila Hryhorivna, HOLUB	SCB	Oeiras	23-07-2016
Recordes Nacionais 50m Sen	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12-03-2016
Recorde Regional 50m Absoluto	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12-03-2016
Recorde Regional 50m Juv B	4:26.20	Maria Francisca, CABRAL	FCP	Oeiras	26-07-2014
Recorde Regional 50m Juv A	4:26.91	Alexandra Maria, SILVA	FCP	Buenos Aires (ARG)	16-04-1982
Recorde Regional 50m 16	4:23.86	Alexandra Maria, SILVA	FCP	Olivais	16-04-1983
Recorde Regional 50m 17	4:23.18	Marcia Santos, FREITAS	VSC	Famalicao	09-07-2005
Recorde Regional 50m Sen	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12-03-2016

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final			FINA	Obs	
1.	Maria Joao, FERNANDES	F	102092	97	Fluvial Portuense	400m:	4:51.79	532			
	100m:	1:07.96	200m:	2:23.20	1:15.24	300m:	3:37.96	1:14.76	400m:	4:51.79	1:13.83
2.	Daniela Oliveira, RODRIGUES	F	118056	02	Valongo	400m:	4:53.35	523			
	100m:	1:08.89	200m:	2:23.75	1:14.86	300m:	3:39.52	1:15.77	400m:	4:53.35	1:13.83
3.	Matilde Mota, DOMINGUES	F	122289	03	Colegio SMLamas	400m:	5:02.18	479			
	100m:	1:09.96	200m:	2:27.38	1:17.42	300m:	3:46.69	1:19.31	400m:	5:02.18	1:15.49
4.	Mariana Almeida, VALE	F	126713	03	Valongo	400m:	5:12.85	431			
	100m:	1:14.26	200m:	2:34.86	1:20.60	300m:	3:54.76	1:19.90	400m:	5:12.85	1:18.09
5.	Jessica Filipa, SILVA	F	123095	03	AP Vila D Este/Gaia	400m:	5:48.96	311			
	100m:	1:22.86	200m:	2:52.54	1:29.68	300m:	4:22.53	1:29.99	400m:	5:48.96	1:26.43
DNS	Ines Gales, PINTO	F	129408	01	Colegio SMLamas						
WDR	Ines Neto, ROCHA	F	111313	01	Aquatico Pacense						
WDR	Carolina Silva, SOARES	F	123910	03	Valongo						
WDR	Nina Pinto, RIBEIRO	F	116914	02	Foca						

Prova 17	Masc., 50m Mariposa				Absolutos
08-04-2017 - 16:50	TURBO				Resultados
Recordes Nacionais 50m Absoluto	23.72	Simao Gomes, MORGADO	POR	M�laga (ESP)	05-04-2009
Recordes Nacionais 50m 17	24.89	Tiago Andre, VENANCIO	CNS	Oeiras	30-07-2004
Recordes Nacionais 50m 18	25.03	Miguel Duarte, NASCIMENTO	POR	Poznan (POL)	10-07-2013
Recordes Nacionais 50m Sen	23.72	Simao Gomes, MORGADO	POR	M�laga (ESP)	05-04-2009
Recorde Regional 50m Absoluto	24.63	Adriano Miguel, NIZ	INDANP	Faro	18-07-2009
Recorde Regional 50m 17	25.55	Pedro Miguel, FERNANDES	VSC	Oeiras	21-07-2016
Recorde Regional 50m 18	25.11	Carlos Filipe, SANTOS	FCP	Coimbra	31-05-2009
Recorde Regional 50m Sen	24.63	Adriano Miguel, NIZ	INDANP	Faro	18-07-2009

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final			FINA	Obs
1.	Luis Carlos, OLIVEIRA	M	102629	97	Natacao da Maia		27.16	563		
2.	Ivo Manuel, DIAS	M	111508	00	Foca		27.73	529		
3.	Tiago Campos, LOURENCO	M	127923	02	Valongo		28.24	501		
4.	Pedro Nuno, VIEIRA	M	106742	98	Valongo		28.31	497		
5.	Eduardo Miguel, MAGALHAES	M	125074	02	Vit�ria Sport Clube		28.62	481		
6.	Tomas Teixeira, LOPES	M	122006	02	Foca		28.84	470		
7.	Manuel Filipe, OLIVEIRA	M	124929	02	Colegio SMLamas		28.96	464		
8.	Diogo Filipe, RIBEIRO	M	124584	02	Leixoes Sport Club		29.15	455		
9.	Ricardo Jorge, MOREIRA	M	122012	01	Valongo		29.20	453		
10.	Sergio Eduardo, DIAS	M	108011	00	Aquatico Pacense		29.50	439		
11.	Rodrigo Oliveira, GONCALVES	M	124764	02	Porto		29.78	427		
12.	Miguel Silva, GONCALVES	M	124862	02	Gin�sio Santo Tirso		30.06	415		
13.	Miguel Filipe, SOUSA	M	123704	00	Fluvial Portuense		30.46	399		
14.	Marco Antonio, PEREIRA	M	130896	02	Lousada SXXI		30.62	393		
15.	Jose Diogo, PACHECO	M	126021	02	Vit�ria Sport Clube		32.61	325		

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Prova 18 Femin., 50m Mariposa
08-04-2017 - 16:55 TURBO Absolutos Resultados

Recordes Nacionais 50m Absoluto	27.27	Sara Freitas, OLIVEIRA	POR	Eindhoven (NED)	07-04-2011
Recordes Nacionais 50m 16	28.00	Sara Francisco, CRUZ	ADBA	Faro	18-07-2009
Recordes Nacionais 50m 17	28.31	Sara Freitas, OLIVEIRA	POR	Berlim (GER)	29-07-2002
Recordes Nacionais 50m Sen	27.27	Sara Freitas, OLIVEIRA	POR	Eindhoven (NED)	07-04-2011
Recorde Regional 50m Absoluto	27.27	Sara Freitas, OLIVEIRA	FCP	Eindhoven (NED)	07-04-2011
Recorde Regional 50m 16	28.66	Sara Freitas, OLIVEIRA	FCP	Lisboa	19-05-2001
Recorde Regional 50m 17	28.31	Sara Freitas, OLIVEIRA	FCP	Berlim (GER)	29-07-2002
Recorde Regional 50m Sen	27.27	Sara Freitas, OLIVEIRA	FCP	Eindhoven (NED)	07-04-2011

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Maria Leonor, MARTINS	F	107962	99	Aquatico Pacense	30.87	495	
2.	Filipa Viamonte, FERNANDES	F	122198	02	Vit�ria Sport Clube	30.94	492	
3.	Sofia Gales, PINTO	F	129409	01	Colegio SMLamas	31.04	487	
4.	Carolina Santos, SILVA	F	23208	86	Propaganda da Natacao	31.35	473	
5.	Helena Neto, COSTA	F	111309	00	Aquatico Pacense	32.42	427	
6.	Leonor Paiva, RUIZ	F	112518	99	Fluvial Portuense	32.85	411	
7.	Beatriz Daniela, MACEDO	F	124313	02	Vit�ria Sport Clube	34.48	355	
8.	Sara Lopes, BARBOSA	F	118181	00	Aquatico Pacense	34.96	341	
9.	Maria Ines, FERREIRA	F	123908	02	Valongo	35.00	340	
10.	Ana Beatriz, MACHADO	F	111444	00	Vit�ria Sport Clube	35.01	339	
11.	Ines Viamonte, GOMES	F	127122	03	Fluvial Portuense	37.29	281	

Prova 19 Masc., 100m Costas
08-04-2017 - 17:05 TURBO Absolutos Resultados

Recordes Nacionais 50m Absoluto	55.01	Gabriel Jose, LOPES	ALN	Coimbra	31-03-2017
Recordes Nacionais 50m Juv B	59.97	Diogo Gomes, SOUSA	CNCVG	Coimbra	31-07-2010
Recordes Nacionais 50m Juv A	58.61	Diogo Gomes, SOUSA	CNCVG	Coimbra	29-05-2011
Recordes Nacionais 50m 17	57.17	Alexis Manacas, SANTOS	POR	Praga (CZE)	12-07-2009
Recordes Nacionais 50m 18	55.79	Gabriel Jose, LOPES	POR	Singapore (SIN)	25-08-2015
Recordes Nacionais 50m Sen	55.01	Gabriel Jose, LOPES	ALN	Coimbra	31-03-2017
Recorde Regional 50m Absoluto	56.76	Adriano Miguel, NIZ	GDNF	Povoa de Varzim	06-08-2011
Recorde Regional 50m Juv B	1:00.79	Adriano Miguel, NIZ	CFV		26-07-2001
Recorde Regional 50m Juv A	59.55	Tiago Manuel, TEIXEIRA	ADF	Coimbra	26-05-2012
Recorde Regional 50m 17	58.56	Adriano Miguel, NIZ	CFV	Glasgow (GBR)	02-08-2003
Recorde Regional 50m 18	57.95	Adriano Miguel, NIZ	CFV	Jamor	18-07-2004
Recorde Regional 50m Sen	56.76	Adriano Miguel, NIZ	GDNF	Povoa de Varzim	06-08-2011

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Ivo Pinto, RIBEIRO	M	108299	97	Foca	59.32	667	
2.	Joao Nogueira, COSTA	M	124315	01	Vit�ria Sport Clube	1:01.74	592	
3.	Francisco Manuel, ZENZA	M	112097	01	Natacao da Maia	1:03.94	533	
4.	Jose Salgado, MOREIRA	M	121706	01	Famalicao	1:05.15	504	
5.	Nuno Filipe, FERREIRA	M	119654	00	Foca	1:06.56	472	
6.	Isaac James, FILLINGHAM	M	123971	01	Luso-Internacional do Porto	1:06.93	464	
7.	Afonso Ribeiro, COUTO	M	111102	99	Valongo	1:07.89	445	
8.	Jorge Coelho, QUINTA	M	120497	01	Leixoes Sport Club	1:08.89	426	
9.	Nuno Filipe, LEITE	M	108300	00	Foca	1:10.48	398	
10.	Rui Almeida, SANTOS	M	119064	02	Colegio SMLamas	1:11.54	380	
11.	Alexandre Abreu, MACHADO	M	119215	02	Vit�ria Sport Clube	1:11.74	377	
12.	Luis Tiago, FERNANDES	M	111447	01	Famalicao	1:13.51	350	
13.	Goncalo Traila, MARTINS	M	124974	02	Famalicao	1:15.22	327	
14.	Pedro Miguel, FARIA	M	129799	02	Vit�ria Sport Clube	1:17.27	302	
15.	Andre Oliveira, NOGUEIRA	M	121714	02	Famalicao	1:17.35	301	
WDR	Pedro Miguel, MARQUES	M	111060	00	Famalicao			
WDR	Bruno Carvalho, BARROSO	M	125969	01	Leixoes Sport Club			

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Prova 20	Femin., 100m Costas				Absolutos
08-04-2017 - 17:10	TURBO				Resultados
Recordes Nacionais 50m Absoluto	1:03.42	Ana Sofia, LEITE	GCVR	Coimbra	03-04-2015
Recordes Nacionais 50m Juv B	1:04.90	Joana Carina, SILVA	LSXXI	Oeiras	25-03-2011
Recordes Nacionais 50m Juv A	1:03.92	Ines Camacho, FERNANDES	SCP	Coimbra	06-04-2012
Recordes Nacionais 50m Juv A	1:03.92	Joana Carina, SILVA	LSXXI	Coimbra	06-04-2012
Recordes Nacionais 50m 16	1:04.00	Ines Camacho, FERNANDES	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m 17	1:04.15	Maria Carlos, SANTOS	POR	Viena (AUT)	24-08-1995
Recordes Nacionais 50m Sen	1:03.42	Ana Sofia, LEITE	GCVR	Coimbra	03-04-2015
Recorde Regional 50m Absoluto	1:03.45	Marta Vieira, MARINHO	FCP	Coimbra	10-04-2010
Recorde Regional 50m Juv B	1:04.90	Joana Carina, SILVA	LSXXI	LISBOA	25-03-2011
Recorde Regional 50m Juv A	1:03.92	Joana Carina, SILVA	LSXXI	Coimbra	06-04-2012
Recorde Regional 50m 16	1:04.42	Joana Carina, SILVA	LSXXI	Poznan (POL)	13-07-2013
Recorde Regional 50m 17	1:06.47	Joana Carina, SILVA	LSXXI	Coimbra	05-04-2014
Recorde Regional 50m Sen	1:03.45	Marta Vieira, MARINHO	FCP	Coimbra	10-04-2010

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Alexandra Jesus, SANTOS	F	117408	00	Leixoes Sport Club	1:09.10	595	
2.	Mafalda Pacheco, CUNHA	F	121589	02	Fluvial Portuense	1:10.01	572	
3.	Rosana Marinho, MACEDO	F	111500	99	Foca	1:10.31	564	
4.	Beatriz Neto, COSTA	F	111310	00	Aquatico Pacense	1:10.57	558	
5.	Carolina Ascenso, SANTOS	F	121271	01	Propaganda da Natacao	1:11.92	527	
6.	Catarina Isabel, ALMEIDA	F	127104	02	Vitória Sport Clube	1:14.42	476	
7.	Soraia Isabel, GUIMARAES	F	119151	02	Vitória Sport Clube	1:14.68	471	
8.	Rita Alexandra, CAMPOS	F	120820	02	Porto	1:14.76	469	
9.	Francisca Soares, MARTINS	F	126504	03	Foca	1:14.83	468	
10.	Carlota Sequeira, APARICIO	F	121976	03	Porto	1:18.44	406	
11.	Carolina Isabel, MACHADO	F	111445	00	Vitória Sport Clube	1:19.57	389	
12.	Margarida Salgado, MOREIRA	F	121710	03	Famalicão	1:19.83	385	
13.	Helena Isabel, FELGUEIRAS	F	122011	03	Valongo	1:19.92	384	
14.	Maria Sa, MACEDO	F	130889	03	Porto	1:20.27	379	
15.	Ana Isabel, REIS	F	123703	01	Propaganda da Natacao	1:20.49	376	
16.	Beatriz Ferreira, MARTINS	F	129744	03	Porto	1:20.76	372	
17.	Alice Martins, LAMEIRA	F	126721	03	Leixoes Sport Club	1:22.00	356	
18.	Carolina Costa, SILVESTRE	F	200338	03	Luso-Internacional do Porto	1:23.11	341	
19.	Barbara Castro, FERREIRA	F	124858	03	Famalicão	1:25.84	310	
20.	Daniela Filipa, SANTOS	F	123011	03	Fluvial Portuense	1:28.65	281	
21.	Nadia Sofia, CARDOSO	F	130430	03	AP Vila D Este/Gaia	1:30.42	265	
22.	Carlota Alves, FRANCA	F	127021	03	Colegio SMLamas	1:30.69	263	
DNS	Ema Miranda, CAMBAS	F	127618	03	Clube Naval Povoense			

Prova 21 08-04-2017 - 17:20	Masc., 200m Bruços TURBO				Absolutos Resultados
Recordes Nacionais 50m Absoluto	2:13.21	Carlos Esteves, ALMEIDA	POR	Barcelona (ESP)	01-08-2013
Recordes Nacionais 50m Juv B	2:24.15	Andre Miguel, SILVA	PDEM	Loul�	10-06-2006
Recordes Nacionais 50m Juv A	2:22.25	Jorge Jesus, SILVA	SCB	Oeiras	23-07-2016
Recordes Nacionais 50m 17	2:19.00	Andre Goncalo, SANTOS	LSC	Oeiras	26-07-2014
Recordes Nacionais 50m 18	2:15.99	Andre Miguel, SILVA	PDEM	Faro	20-07-2009
Recordes Nacionais 50m Sen	2:13.21	Carlos Esteves, ALMEIDA	POR	Barcelona (ESP)	01-08-2013
Recorde Regional 50m Absoluto	2:14.23	Carlos Esteves, ALMEIDA	FCP	Palma de Maiorca (ESP)	13-04-2014
Recorde Regional 50m Juv B	2:26.41	Luis Manuel, FERNANDES	GDNVNF	Coimbra	31-07-2010
Recorde Regional 50m Juv A	2:24.92	Diogo Filipe, TEODORO	CNMAIA	Coimbra	25-07-2015
Recorde Regional 50m 17	2:19.00	Andre Goncalo, SANTOS	LSC	Oeiras	26-07-2014
Recorde Regional 50m 18	2:18.32	Henrique Pereira, NEIVA	CFV	Linz (AUT)	14-07-2002
Recorde Regional 50m Sen	2:14.13	Carlos Esteves, ALMEIDA	FCP	Palma de Maiorca (ESP)	13-04-2014

Pontos: FINA 2017

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	FINA	Obs
1.	Daniel Pereira, SILVA 100m: 1:13.05 1:13.05	M	111055	00	Famalic�o	2:33.37	567	
2.	Luis Filipe, SOARES 100m: 1:15.71 1:15.71	M	105615	98	Porto	2:35.38	546	
3.	Joao Pedro, SANTOS 100m: 1:15.40 1:15.40	M	104562	98	Fluvial Portuense	2:36.40	535	
4.	Tiago Filipe, TEIXEIRA 100m: 1:15.59 1:15.59	M	112114	00	Foca	2:38.63	513	
5.	Diogo Pereira, SANTOS 100m: 1:13.75 1:13.75	M	104483	99	Porto	2:39.42	505	
6.	Diogo Santos, MENDES 100m: 1:16.47 1:16.47	M	126719	02	Leixoes Sport Club	2:41.46	486	
7.	Bruno Miguel, CAVADAS 100m: 1:16.44 1:16.44	M	23279	89	Valongo	2:43.57	468	
8.	Ricardo Manuel, MONTEIRO 100m: 1:19.75 1:19.75	M	110556	98	Leixoes Sport Club	2:48.86	425	
9.	Joao Sa, MELO 100m: 1:20.85 1:20.85	M	118226	01	Famalic�o	2:48.88	425	
10.	Bruno Miguel, MAIA 100m: 1:20.00 1:20.00	M	126783	01	Propaganda da Natacao	2:49.15	423	
11.	Lourenco Monteiro, SOUSA 100m: 1:22.21 1:22.21	M	116900	02	Leixoes Sport Club	2:51.86	403	
12.	Ricardo Manuel, FARIA 100m: 1:22.31 1:22.31	M	124353	00	Vit�ria Sport Clube	2:52.19	401	
13.	Luis Goncalves, PEREIRA 100m: 1:20.80 1:20.80	M	119177	02	Colegio SMLamas	2:53.36	393	
14.	Jose Carlos, RIBEIRO 100m: 1:29.51 1:29.51	M	124316	01	Vit�ria Sport Clube	3:05.81	319	
15.	Alfredo Castro, COELHO 100m: 1:33.41 1:33.41	M	116943	01	Colegio SMLamas	3:11.58	291	
16.	Joao Rafael, BORGES 100m: 1:33.62 1:33.62	M	126856	99	Penafiel	3:13.97	280	
17.	Daniel Fernando, MAGALHAES 100m: 1:32.71 1:32.71	M	201374	02	Lousada SXXI	3:14.52	278	
18.	Lucas Vieira, NUNES 100m: 1:34.90 1:34.90	M	122124	02	Lousada SXXI	3:20.96	252	
DNS	Miguel Carlos, SOARES	M	121053	92	Clube Naval Povoense			
WDR	Tomas Mota, DOMINGUES	M	116867	99	Colegio SMLamas			
WDR	Andre Goncalo, SANTOS	M	104706	97	Leixoes Sport Club			

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Prova 22	Femin., 200m Bruços				Absolutos
08-04-2017 - 17:30	TURBO				Resultados
Recordes Nacionais 50m Absoluto	2:28.92	Victoria, KAMINSKAYA	ESJB	Coimbra	02-04-2017
Recordes Nacionais 50m Juv B	2:36.99	Diana Duarte, GOMES	POR	Paris (FRA)	28-07-2003
Recordes Nacionais 50m Juv A	2:31.32	Diana Duarte, GOMES	POR	Mulhouse (FRA)	27-06-2004
Recordes Nacionais 50m 16	2:29.51	Diana Duarte, GOMES	POR	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m 17	2:29.23	Raquel Gomes, PEREIRA	SAD	Coimbra	02-04-2017
Recordes Nacionais 50m Sen	2:28.92	Victoria, KAMINSKAYA	ESJB	Coimbra	02-04-2017
Recorde Regional 50m Absoluto	2:32.77	Paula Alexandra, OLIVEIRA	FCP	Lisboa	28-07-2012
Recorde Regional 50m Juv B	2:39.84	Paula Alexandra, OLIVEIRA	FCP	Coimbra	29-05-2010
Recorde Regional 50m Juv A	2:33.45	Paula Alexandra, OLIVEIRA	FCP	Povoa de Varzim	08-02-2011
Recorde Regional 50m 16	2:32.77	Paula Alexandra, OLIVEIRA	FCP	Lisboa	01-01-1996
Recorde Regional 50m 17	2:33.75	Paula Alexandra, OLIVEIRA	FCP	Famalicao	20-07-2013
Recorde Regional 50m Sen	2:34.54	Barbara Sousa, FERREIRA	CNMAIA	Loule	13-06-2004

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINA	Obs
1.	Joana Marques, MAIA 100m: 1:19.03 1:19.03	F	25067	91	Propaganda da Natacao	2:45.31	595	
2.	Mafalda Joana, OLIVEIRA 100m: 1:22.43 1:22.43	F	119096	02	Lousada SXXI	2:52.83	521	
3.	Sofia Filipa, GONCALVES 100m: 1:22.76 1:22.76	F	122990	01	Leixoes Sport Club	2:52.95	520	
4.	Diana Patricia, FERREIRA 100m: 1:22.52 1:22.52	F	23500	94	Aquatico Pacense	2:56.99	485	
5.	Mariana Cardoso, COSTA 100m: 1:25.35 1:25.35	F	117322	01	Propaganda da Natacao	2:59.00	469	
6.	Ana Rita, COSTA 100m: 1:26.08 1:26.08	F	116907	01	Valongo	3:00.82	455	
7.	Angela Filipa, RIBEIRO 100m: 1:28.44 1:28.44	F	122115	02	Aquatico Pacense	3:03.36	436	
8.	Valeria Goncalves, VIEIRA 100m: 1:29.10 1:29.10	F	124314	02	Vit�ria Sport Clube	3:03.47	435	
9.	Maria Carolina, RODRIGUES 100m: 1:29.84 1:29.84	F	121473	01	Vit�ria Sport Clube	3:04.83	426	
10.	Carolina Amaral, SOUSA 100m: 1:28.20 1:28.20	F	125085	01	Propaganda da Natacao	3:05.69	420	
11.	Ines Filipa, MAGALHAES 100m: 1:30.88 1:30.88	F	121786	02	Aquatico Pacense	3:06.28	416	
12.	Tatiana Valente, CARDOSO 100m: 1:31.03 1:31.03	F	128960	03	Aquatico Pacense	3:06.70	413	
13.	Mariana Filipa, MOREIRA 100m: 1:28.76 1:28.76	F	125777	02	Valongo	3:06.94	412	
14.	Beatriz Araujo, BARBOSA 100m: 1:30.22 1:30.22	F	124967	03	Famalica�o	3:07.03	411	
15.	Sofia Margarida, LEITE 100m: 1:29.94 1:29.94	F	122004	03	Foca	3:08.83	399	
16.	Maria Silva, RIBEIRO 100m: 1:32.27 1:32.27	F	121709	03	Famalica�o	3:10.74	387	
17.	Ines Paiva, CAMPOS 100m: 1:31.69 1:31.69	F	125901	03	Colegio SMLamas	3:12.98	374	
18.	Joana Amaro, MAGALHAES 100m: 1:36.84 1:36.84	F	128707	03	Penafiel	3:19.49	339	
19.	Mariana Sofia, SOUSA 100m: 1:39.00 1:39.00	F	121470	99	Penafiel	3:23.60	318	
20.	Mariana Filipa, GOMES 100m: 1:36.15 1:36.15	F	126712	02	Valongo	3:23.68	318	
21.	Ines Moreira, SOUSA 100m: 1:38.22 1:38.22	F	130542	03	Lousada SXXI	3:26.46	305	
22.	Renata Miguel, OLIVEIRA 100m: 1:40.87 1:40.87	F	200362	00	AP Vila D Este/Gaia	3:28.45	297	
23.	Joana Isabel, MONTEIRO 100m: 1:41.49 1:41.49	F	126711	03	Leixoes Sport Club	3:29.31	293	

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