

Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

1 - 1ª Jornada

16-03-2012 - 16:00

Prova 1

Femin., 400m Estilos

Infantis

16-03-2012 - 16:00

Resultados

Recordes Nacionais 25m Absoluto	4:44.56	Nadia Morais, VIEIRA	GESL	Leiria	04-12-2009
Recordes Nacionais 25m Inf B	5:15.68	Susana Patricia, MIGUEL	SFUAP	Rio Maior	06-07-2002
Recordes Nacionais 25m Inf A	5:05.82	Diana Ramos, ROCHA	EDV	Ponte da Barca	06-07-2007

TAC Zonais 2011 Inf A Fem Inf A: 6:03.50 / TAC Zonais 2011 Inf B Fem Inf B: 6:23.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Ana Miguel, REIS	F	108089	00	SCC/Oryzon Energias	5:25.15	517	
	50m: 35.15		150m: 2:00.12		42.41	250m: 3:26.45		35.15
	100m: 1:17.71		200m: 2:40.59		40.47	300m: 4:12.34		42.56
2.	Maria Ines, FERREIRA	F	116953	00	Miranda do Corvo	5:49.71	415	
	50m: 38.36		150m: 2:07.73		45.73	250m: 3:41.70		38.36
	100m: 1:22.00		200m: 2:54.89		47.16	300m: 4:28.65		43.64
3.	Ana Rita, FARIA	F	117417	00	FCPorto	5:51.56	409	
	50m: 40.91		150m: 2:11.53		46.68	250m: 3:46.28		40.91
	100m: 1:26.40		200m: 2:56.48		43.40	300m: 4:35.86		45.49
4.	Rafaela Araujo, SILVA	F	119630	00	Famalicao	5:58.38	386	
	50m: 38.93		150m: 2:11.53		48.64	250m: 3:46.80		38.93
	100m: 1:22.89		200m: 2:58.44		46.91	300m: 4:36.14		43.96
5.	Carlota Santos, SILVA	F	117491	00	Nautico/Matobra	6:00.81	378	
	50m: 40.58		150m: 2:18.32		45.05	250m: 3:49.90		40.58
	100m: 1:33.27		200m: 3:02.38		44.06	300m: 4:38.61		52.69
6.	Ines Silva, OLIVEIRA	F	116890	00	Leixões Sport Clube	6:03.67	369	
	50m: 40.45		150m: 2:14.59		45.81	250m: 3:54.57		40.45
	100m: 1:28.78		200m: 2:59.81		45.22	300m: 4:49.03		48.33
7.	Daniela Domingues, SOUSA	F	117411	00	Valongo	6:04.78	366	
	50m: 36.89		150m: 2:06.46		45.97	250m: 3:46.39		36.89
	100m: 1:20.49		200m: 2:52.72		46.26	300m: 4:43.44		43.60
8.	Filomena Costa, BARREIROS	F	119238	00	Viana Natacao	6:05.84	363	
	50m: 40.97		150m: 2:14.75		45.84	250m: 3:53.02		40.97
	100m: 1:28.91		200m: 3:03.23		48.48	300m: 4:46.73		47.94

Infantis A

1.	Rita Costa, AMADOR	F	105665	99	Galitos	5:25.00	518	
	50m: 33.87		150m: 1:55.10		42.17	250m: 3:24.30		33.87
	100m: 1:12.93		200m: 2:36.08		40.98	300m: 4:13.86		39.06
2.	Ana Carolina, CARRACO	F	121177	99	Freguesia de Paiao	5:26.06	513	
	50m: 34.22		150m: 1:56.13		42.06	250m: 3:25.48		34.22
	100m: 1:14.07		200m: 2:36.90		40.77	300m: 4:14.88		39.85
3.	Mariana Alexandre, OLIVEIRA	F	107368	99	FCPorto	5:30.41	493	
	50m: 35.70		150m: 1:59.94		42.91	250m: 3:29.30		35.70
	100m: 1:17.03		200m: 2:41.38		41.44	300m: 4:17.75		41.33
4.	Maria Eduarda, VEIGA	F	109030	99	Nautico/Matobra	5:31.87	486	
	50m: 36.24		150m: 2:01.19		43.37	250m: 3:29.93		36.24
	100m: 1:17.82		200m: 2:43.60		42.41	300m: 4:16.92		41.58
5.	Maria Leonor, MARTINS	F	107962	99	Gespacos	5:36.28	467	
	50m: 34.39		150m: 1:56.65		43.30	250m: 3:29.99		34.39
	100m: 1:13.35		200m: 2:40.06		43.41	300m: 4:19.85		38.96
6.	Ana Beatriz La, FERIA	F	116885	99	FCPorto	5:39.35	455	
	50m: 36.02		150m: 2:00.14		43.69	250m: 3:32.07		36.02
	100m: 1:16.45		200m: 2:43.12		42.98	300m: 4:21.96		40.43
7.	Ana Teresa, NASCIMENTO	F	111876	99	Leixões Sport Clube	5:39.74	453	
	50m: 39.18		150m: 2:07.64		43.37	250m: 3:37.43		39.18
	100m: 1:24.27		200m: 2:50.50		42.86	300m: 4:24.94		45.09
8.	Ines Pereira, OLIVEIRA	F	108311	99	Famalicao	5:42.55	442	
	50m: 37.51		150m: 2:04.05		43.34	250m: 3:36.88		37.51
	100m: 1:20.71		200m: 2:48.40		44.35	300m: 4:26.88		43.20
9.	Ines Maria, NEVES	F	104492	99	FCPorto	5:43.65	438	
	50m: 38.67		150m: 2:09.06		44.49	250m: 3:38.81		38.67
	100m: 1:24.57		200m: 2:53.85		44.79	300m: 4:26.43		45.90

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

18-03-2012 21:17 - Página 1

Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 1, Femin., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
10.	Rosana Marinho, MACEDO	F	111500	99	Felgueiras	5:44.19	436	
	50m: 36.04 36.04		150m: 2:01.72 42.52		250m: 3:32.86 49.22	350m: 5:04.45 40.68		40.68
	100m: 1:19.20 43.16		200m: 2:43.64 41.92		300m: 4:23.77 50.91	400m: 5:44.19 39.74		39.74
11.	Catarina Costa, BALSEIRO	F	112375	99	Sporting Clube de Aveiro	5:46.88	426	
	50m: 36.29 36.29		150m: 2:04.35 43.91		250m: 3:38.70 51.82	350m: 5:09.73 39.91		39.91
	100m: 1:20.44 44.15		200m: 2:46.88 42.53		300m: 4:29.82 51.12	400m: 5:46.88 37.15		37.15
12.	Ana Caetano, OLIVEIRA	F	118366	99	Leixões Sport Clube	5:47.36	424	
	50m: 39.63 39.63		150m: 2:08.11 44.02		250m: 3:41.66 51.29	350m: 5:10.64 38.05		38.05
	100m: 1:24.09 44.46		200m: 2:50.37 42.26		300m: 4:32.59 50.93	400m: 5:47.36 36.72		36.72
13.	Leonor Paiva, RUIZ	F	112518	99	Clube Fluvial Vilacondense	5:48.66	419	
	50m: 36.00 36.00		150m: 2:05.56 44.94		250m: 3:39.47 49.21	350m: 5:10.13 40.08		40.08
	100m: 1:20.62 44.62		200m: 2:50.26 44.70		300m: 4:30.05 50.58	400m: 5:48.66 38.53		38.53
14.	Marta Ferreira, ROCHA	F	110558	99	Leixões Sport Clube	5:49.66	416	
	50m: 37.43 37.43		150m: 2:06.15 43.32		250m: 3:39.42 48.98	350m: 5:11.43 39.89		39.89
	100m: 1:22.83 45.40		200m: 2:50.44 44.29		300m: 4:31.54 52.12	400m: 5:49.66 38.23		38.23
15.	Ana Vanessa, DUARTE	F	111141	99	SCC/Oryzon Energias	5:50.79	412	
	50m: 37.45 37.45		150m: 2:06.23 45.43		250m: 3:41.27 51.17	350m: 5:12.11 39.57		39.57
	100m: 1:20.80 43.35		200m: 2:50.10 43.87		300m: 4:32.54 51.27	400m: 5:50.79 38.68		38.68
16.	Ana Madalena, SANTOS	F	110671	99	Nautico/Matobra	5:53.79	401	
	50m: 40.64 40.64		150m: 2:14.63 44.54		250m: 3:46.24 47.78	350m: 5:15.15 40.68		40.68
	100m: 1:30.09 49.45		200m: 2:58.46 43.83		300m: 4:34.47 48.23	400m: 5:53.79 38.64		38.64
17.	Rita Dias, GARRIDO	F	110054	99	Nautico/Matobra	5:54.71	398	
	50m: 36.91 36.91		150m: 2:07.70 45.56		250m: 3:42.99 50.56	350m: 5:16.18 40.38		40.38
	100m: 1:22.14 45.23		200m: 2:52.43 44.73		300m: 4:35.80 52.81	400m: 5:54.71 38.53		38.53
18.	Tatiana Isabel, CARDOSO	F	108175	99	FCPorto	5:57.29	389	
	50m: 39.93 39.93		150m: 2:10.53 43.79		250m: 3:47.65 54.07	350m: 5:19.12 38.95		38.95
	100m: 1:26.74 46.81		200m: 2:53.58 43.05		300m: 4:40.17 52.52	400m: 5:57.29 38.17		38.17
19.	Sandra Patricia, OLIVEIRA	F	112030	99	Ginásio Clube Figueirense	5:59.14	383	
	50m: 38.70 38.70		150m: 2:09.42 43.58		250m: 3:45.45 52.09	350m: 5:17.88 40.91		40.91
	100m: 1:25.84 47.14		200m: 2:53.36 43.94		300m: 4:36.97 51.52	400m: 5:59.14 41.26		41.26
20.	Madalena Nunes, PALMEIRA	F	109703	99	Nautico/Matobra	5:59.54	382	
	50m: 38.70 38.70		150m: 2:14.75 47.60		250m: 3:47.16 46.86	350m: 5:18.65 43.09		43.09
	100m: 1:27.15 48.45		200m: 3:00.30 45.55		300m: 4:35.56 48.40	400m: 5:59.54 40.89		40.89
21.	Ana Cristina, SOUSA	F	110472	99	FCPorto	5:59.83	381	
	50m: 36.19 36.19		150m: 2:05.92 47.11		250m: 3:44.62 51.17	350m: 5:19.89 41.76		41.76
	100m: 1:18.81 42.62		200m: 2:53.45 47.53		300m: 4:38.13 53.51	400m: 5:59.83 39.94		39.94
22.	Sara Ramos, CASTELO FL	F	111156	99	Sporting Clube de Espinho	6:09.91	351	
	50m: 40.33 40.33		150m: 2:15.85 46.01		250m: 3:52.22 49.72	350m: 5:27.40 44.06		44.06
	100m: 1:29.84 49.51		200m: 3:02.50 46.65		300m: 4:43.34 51.12	400m: 6:09.91 42.51		42.51
DSQ	Ines Maria, PEREIRA	F	105607	99	Leixões Sport Clube			
	701 - O(a) atleta não completou o percurso – SW 10.2, No estilo de bruços.							
DSQ	Carolina Silva, MOREIRA	F	118910	99	CNMaia			
	508 - O(a) atleta efectuou movimento alternado de pernas durante o percurso – SW 8.3, No estilo mariposa.							

Prova 2

Masc., 400m Estilos

Infantis

16-03-2012 - 16:30

Resultados

Recordes Nacionais 25m Absoluto	4:06.83	Diogo Filipe, CARVALHO	FPN	Istambul (TUR)	11-12-2009
Recordes Nacionais 25m Inf B	4:53.36	Tomas Miguel, FREITAS	POL	Funchal	11-07-2003
Recordes Nacionais 25m Inf A	4:40.32	Tomas Miguel, FREITAS	CDN	Funchal	09-07-2004

TAC Zonais 2011 Inf A Masc Inf A: 5:35.00 / TAC Zonais 2011 Inf B Masc Inf B: 5:50.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Rui Jorge, MATIAS	M	107735	99	Clube Fluvial Vilacondense	5:13.09	425	
	50m: 32.00 32.00		150m: 1:49.26 40.51		250m: 3:13.93 46.96	350m: 4:38.70 36.59		36.59
	100m: 1:08.75 36.75		200m: 2:26.97 37.71		300m: 4:02.11 48.18	400m: 5:13.09 34.39		34.39
2.	Nuno Miguel, COTO	M	118087	99	Braga	5:16.82	410	
	50m: 34.19 34.19		150m: 1:54.10 41.03		250m: 3:17.34 43.19	350m: 4:40.22 38.50		38.50
	100m: 1:13.07 38.88		200m: 2:34.15 40.05		300m: 4:01.72 44.38	400m: 5:16.82 36.60		36.60

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Splash Meet Manager 11, Build 19249

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18-03-2012 21:17 - Página 2

Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 2, Masc., 400m Estilos, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
3.	Ricardo Jorge, CARVALHO	M	105670	99	Galitos	5:25.80	377	
	50m: 33.95 33.95		150m: 1:55.25 41.49		250m: 3:23.70 47.56	350m: 4:49.54 37.58		37.58
	100m: 1:13.76 39.81		200m: 2:36.14 40.89		300m: 4:11.96 48.26	400m: 5:25.80 36.26		36.26
4.	Joao Paulo, CORREIA	M	110481	99	FCPorto	5:28.68	367	
	50m: 34.16 34.16		150m: 1:57.95 42.83		250m: 3:27.01 46.58	350m: 4:51.54 36.95		36.95
	100m: 1:14.61 40.45		200m: 2:40.43 42.48		300m: 4:14.59 47.58	400m: 5:28.68 37.14		37.14
5.	Diogo Filipe, TEODORO	M	105897	99	CNMaia	5:30.26	362	
	50m: 36.58 36.58		150m: 2:00.42 42.83		250m: 3:28.47 45.44	350m: 4:53.85 39.28		39.28
	100m: 1:17.59 41.01		200m: 2:43.03 42.61		300m: 4:14.57 46.10	400m: 5:30.26 36.41		36.41
6.	Andre Marques, ANTUNES	M	117484	99	Nautico/Matobra	5:34.27	349	
	50m: 34.98 34.98		150m: 1:57.95 41.78		250m: 3:29.56 49.30	350m: 4:56.99 36.99		36.99
	100m: 1:16.17 41.19		200m: 2:40.26 42.31		300m: 4:20.00 50.44	400m: 5:34.27 37.28		37.28
7.	Daniel Queiros, CRUZ	M	104694	99	CNMaia	5:38.15	337	
	50m: 37.54 37.54		150m: 2:05.64 41.78		250m: 3:32.15 44.43	350m: 4:58.59 41.83		41.83
	100m: 1:21.76 44.22		200m: 2:47.72 42.08		300m: 4:16.76 44.61	400m: 5:38.15 39.56		39.56
8.	Joao Rafael, SILVA	M	118572	99	SCC/Oryzon Energias	5:48.30	309	
	50m: 38.14 38.14		150m: 2:07.85 44.89		250m: 3:41.27 47.71	350m: 5:10.43 39.95		39.95
	100m: 1:22.96 44.82		200m: 2:53.56 45.71		300m: 4:30.48 49.21	400m: 5:48.30 37.87		37.87
9.	Pedro Henrique, PIRES FL	M	112626	99	Académica de Coimbra	5:55.75	290	
	50m: 37.62 37.62		150m: 2:09.70 44.84		250m: 3:44.55 49.83	350m: 5:16.41 39.79		39.79
	100m: 1:24.86 47.24		200m: 2:54.72 45.02		300m: 4:36.62 52.07	400m: 5:55.75 39.34		39.34
DSQ	Antonio Fernando, PINTO	M	109280	99	Lousada			
	<i>419 - O(a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 225 metros – SW 7.6</i>							
DSQ	Jose Neves, NETO	M	111235	99	SCC/Oryzon Energias			
	<i>303 - O(a) atleta saiu na posição ventral depois da viragem aos 100 metros – SW 6.2</i>							

Infantis A

1.	Joao Francisco, LOPES	M	107561	98	Braga	4:55.29	507	
	50m: 30.36 30.36		150m: 1:43.77 38.01		250m: 3:02.35 40.91	350m: 4:21.11 35.63		35.63
	100m: 1:05.76 35.40		200m: 2:21.44 37.67		300m: 3:45.48 43.13	400m: 4:55.29 34.18		34.18
2.	Pedro Ferraz, SILVA	M	104441	98	Gespacos	4:57.67	495	
	50m: 31.68 31.68		150m: 1:45.43 38.86		250m: 3:07.78 42.59	350m: 4:24.92 33.90		33.90
	100m: 1:06.57 34.89		200m: 2:25.19 39.76		300m: 3:51.02 43.24	400m: 4:57.67 32.75		32.75
3.	Tiago Moises, DINIS	M	100573	98	Nautico/Matobra	4:59.58	485	
	50m: 32.40 32.40		150m: 1:48.55 38.75		250m: 3:10.17 43.38	350m: 4:26.46 34.23		34.23
	100m: 1:09.80 37.40		200m: 2:26.79 38.24		300m: 3:52.23 42.06	400m: 4:59.58 33.12		33.12
4.	Joao Manuel, LEITAO	M	106979	98	Nautico/Matobra	5:00.55	481	
	50m: 31.60 31.60		150m: 1:49.12 40.97		250m: 3:10.24 41.23	350m: 4:27.98 34.76		34.76
	100m: 1:08.15 36.55		200m: 2:29.01 39.89		300m: 3:53.22 42.98	400m: 5:00.55 32.57		32.57
5.	Vasco Gradim, AMORIM	M	110486	98	FCPorto	5:03.49	467	
	50m: 32.36 32.36		150m: 1:48.39 39.58		250m: 3:11.87 44.36	350m: 4:30.81 34.91		34.91
	100m: 1:08.81 36.45		200m: 2:27.51 39.12		300m: 3:55.90 44.03	400m: 5:03.49 32.68		32.68
6.	Joao Carlos, SILVA	M	108379	98	Famalicao	5:04.05	464	
	50m: 30.89 30.89		150m: 1:46.32 39.40		250m: 3:09.98 44.50	350m: 4:29.56 34.34		34.34
	100m: 1:06.92 36.03		200m: 2:25.48 39.16		300m: 3:55.22 45.24	400m: 5:04.05 34.49		34.49
7.	Pedro Nuno, VIEIRA	M	106742	98	Valongo	5:04.84	461	
	50m: 32.15 32.15		150m: 1:47.86 39.52		250m: 3:11.15 43.78	350m: 4:30.49 35.23		35.23
	100m: 1:08.34 36.19		200m: 2:27.37 39.51		300m: 3:55.26 44.11	400m: 5:04.84 34.35		34.35
8.	Andre Magalhaes, MOURA	M	104988	98	Ac.Viseu	5:09.34	441	
	50m: 33.47 33.47		150m: 1:51.59 40.25		250m: 3:13.21 42.34	350m: 4:33.32 35.72		35.72
	100m: 1:11.34 37.87		200m: 2:30.87 39.28		300m: 3:57.60 44.39	400m: 5:09.34 36.02		36.02
9.	Pedro Goncalves, NETO	M	102038	98	FCPorto	5:13.83	422	
	50m: 32.31 32.31		150m: 1:53.64 41.45		250m: 3:20.06 45.54	350m: 4:40.72 34.74		34.74
	100m: 1:12.19 39.88		200m: 2:34.52 40.88		300m: 4:05.98 45.92	400m: 5:13.83 33.11		33.11
10.	Leonardo Bom, PINTO	M	120168	98	Leixões Sport Clube	5:14.39	420	
	50m: 34.81 34.81		150m: 1:56.90 41.49		250m: 3:20.00 43.17	350m: 4:40.82 36.39		36.39
	100m: 1:15.41 40.60		200m: 2:36.83 39.93		300m: 4:04.43 44.43	400m: 5:14.39 33.57		33.57
11.	Joao Santos, MENDES	M	111648	98	Leixões Sport Clube	5:14.77	418	
	50m: 32.10 32.10		150m: 1:49.25 39.38		250m: 3:13.45 45.46	350m: 4:37.56 37.68		37.68
	100m: 1:09.87 37.77		200m: 2:27.99 38.74		300m: 3:59.88 46.43	400m: 5:14.77 37.21		37.21
12.	Paulo Filipe, SILVA	M	117012	98	CNMaia	5:17.56	407	
	50m: 32.75 32.75		150m: 1:51.61 40.92		250m: 3:17.43 45.89	350m: 4:42.32 38.11		38.11
	100m: 1:10.69 37.94		200m: 2:31.54 39.93		300m: 4:04.21 46.78	400m: 5:17.56 35.24		35.24
13.	Goncalo Miguel, NOGUEIRA	M	104471	98	FCPorto	5:17.67	407	
	50m: 31.80 31.80		150m: 1:52.95 42.49		250m: 3:20.69 46.33	350m: 4:42.58 34.59		34.59
	100m: 1:10.46 38.66		200m: 2:34.36 41.41		300m: 4:07.99 47.30	400m: 5:17.67 35.09		35.09

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Splash Meet Manager 11, Build 19249

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18-03-2012 21:17 - Página 3

Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 2, Masc., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
14.	Joao Diogo, LOURENCO	M	104412	98	Felgueiras	5:18.02	406	
	50m: 34.69 34.69		150m: 1:56.66		41.35 250m: 3:22.87	45.33	350m: 4:44.62	36.12
	100m: 1:15.31 40.62		200m: 2:37.54		40.88 300m: 4:08.50	45.63	400m: 5:18.02	33.40
15.	Diogo Miguel, COSTA	M	110489	98	FCPorto	5:20.01	398	
	50m: 32.50 32.50		150m: 1:54.98		42.40 250m: 3:19.87	43.65	350m: 4:43.39	38.17
	100m: 1:12.58 40.08		200m: 2:36.22		41.24 300m: 4:05.22	45.35	400m: 5:20.01	36.62
16.	Luis Carlos, FONSECA	M	111772	98	Assoc. Desportiva de Fafe	5:21.41	393	
	50m: 32.78 32.78		150m: 1:55.25		43.25 250m: 3:21.96	45.21	350m: 4:45.34	36.50
	100m: 1:12.00 39.22		200m: 2:36.75		41.50 300m: 4:08.84	46.88	400m: 5:21.41	36.07
17.	Luis Carlos, ALMEIDA	M	104527	98	Gespacos	5:21.99	391	
	50m: 32.79 32.79		150m: 1:54.78		43.53 250m: 3:23.13	45.94	350m: 4:46.76	36.83
	100m: 1:11.25 38.46		200m: 2:37.19		42.41 300m: 4:09.93	46.80	400m: 5:21.99	35.23
18.	Ricardo Manuel, MONTEIRO	M	110556	98	Leixões Sport Clube	5:25.08	380	
	50m: 34.95 34.95		150m: 1:59.65		43.94 250m: 3:26.87	44.00	350m: 4:48.60	37.35
	100m: 1:15.71 40.76		200m: 2:42.87		43.22 300m: 4:11.25	44.38	400m: 5:25.08	36.48
19.	Pedro Miguel, LINO	M	104724	98	Gespacos	5:27.43	372	
	50m: 35.79 35.79		150m: 1:58.11		41.92 250m: 3:26.28	46.53	350m: 4:50.31	38.53
	100m: 1:16.19 40.40		200m: 2:39.75		41.64 300m: 4:11.78	45.50	400m: 5:27.43	37.12
DSQ	Joao Nuno, COSTA	M	106838	98	Gespacos			
	303 - O(a) atleta saiu na posição ventral depois da viragem aos 125 metros – SW 6.2							

Prova 3

Femin., 100m Costas

Infantis

16-03-2012 - 16:55

Resultados

Recordes Nacionais 25m Absoluto	1:00.69	Marta Vieira, MARINHO	FCP	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	1:10.23	Catarina Alexandra, JARDIM	GDNVNF	Ponte da Barca	05-03-2010
Recordes Nacionais 25m Inf A	1:05.36	Ines Camacho, FERNANDES	SCP	Tavira	05-03-2010

TAC Zonais 2011 Inf A Fem Inf A: 1:18.50 / TAC Zonais 2011 Inf B Fem Inf B: 1:24.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Teresa Miguel, VELOSO	F	103876	00	Nautico/Matobra	1:13.48	424	
	50m: 35.80 35.80		100m: 1:13.48		37.68			
2.	Maria Francisca, CABRAL	F	118113	00	FCPorto	1:13.77	419	
	50m: 36.00 36.00		100m: 1:13.77		37.77			
3.	Alexandra Jesus, SANTOS	F	117408	00	Leixões Sport Clube	1:14.31	410	
	50m: 36.04 36.04		100m: 1:14.31		38.27			
4.	Ana Francisca, SENRA	F	111628	00	Desportos Barcelos	1:15.94	384	
	50m: 36.17 36.17		100m: 1:15.94		39.77			
5.	Beatriz Costa, GONCALVES	F	121276	00	Desportos Barcelos	1:18.88	343	
	50m: 38.60 38.60		100m: 1:18.88		40.28			
6.	Iara Mesquita, COSTA	F	118285	00	Freguesia de Paiao	1:19.13	340	
	50m: 38.87 38.87		100m: 1:19.13		40.26			
7.	Rita Correia, ALBERGUEIRO	F	117579	00	Estamos Juntos	1:19.54	334	
	50m: 38.91 38.91		100m: 1:19.54		40.63			
8.	Ana Rita, CRUZ	F	108012	00	Gespacos	1:20.43	323	
	50m: 38.46 38.46		100m: 1:20.43		41.97			
9.	Margarete Leandro, FERNANDES	F	116952	00	Miranda do Corvo	1:20.51	322	
	50m: 38.97 38.97		100m: 1:20.51		41.54			
10.	Mariana Paula, BAPTISTA	F	108337	00	Famalicao	1:20.62	321	
	50m: 39.76 39.76		100m: 1:20.62		40.86			
11.	Ana Cristina, AFONSO	F	119480	00	Viana Natacao	1:21.47	311	
	50m: 40.05 40.05		100m: 1:21.47		41.42			
12.	Natalia Matos, CUNHA	F	120259	00	Assoc. Desportiva de Fafe	1:21.74	308	
	50m: 39.99 39.99		100m: 1:21.74		41.75			
13.	Maria Beatriz, JORGE	F	117482	00	Nautico/Matobra	1:21.82	307	
	50m: 39.24 39.24		100m: 1:21.82		42.58			
14.	Maria Leonor, VALENTE	F	108288	00	FCPorto	1:21.87	307	
	50m: 40.24 40.24		100m: 1:21.87		41.63			
15.	Beatriz Lemos, ROCHA	F	111185	00	Viana Natacao	1:22.28	302	
	50m: 40.38 40.38		100m: 1:22.28		41.90			

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Prova 3, Femin., 100m Costas, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
16.	Rita Baptista, CABRAL 50m: 39.34 39.34	F	120321	00	Ginasio Clube de Vila Real 43.52	1:22.86	296	
17.	Alexandra Daniela, CASTRO FTL 50m: 42.25 42.25	F	108282	00	Individual Norte de Portugal 43.32	1:25.57	268	
18.	Andreia Brito, PEREIRA FTL 50m: 41.80 41.80	F	120002	00	Vigor da Mocidade 44.38	1:26.18	263	

Infantis A

1.	Sara Patricia, SOUSA 50m: 33.45 33.45	F	120693	99	Clube de Vouzela 35.88	1:09.33	505	
2.	Ana Estevinha, SILVA 50m: 34.35 34.35	F	120794	99	Ginásio Clube Figueirense 36.75	1:11.10	468	
3.	Ana Miguel, PINTO 50m: 35.19 35.19	F	107478	99	Viana Natacao 36.98	1:12.17	448	
4.	Rita Galvao, PEREIRA 50m: 35.41 35.41	F	121922	99	Famalicao 36.95	1:12.36	444	
5.	Maria Dias, NEVES 50m: 35.13 35.13	F	108078	99	Miranda do Corvo 37.46	1:12.59	440	
6.	Rosana Marinho, MACEDO 50m: 34.71 34.71	F	111500	99	Felgueiras 38.22	1:12.93	434	
7.	Ana Carvalho, SILVA 50m: 35.93 35.93	F	111625	99	Desportos Barcelos 37.54	1:13.47	424	
8.	Lara Alexandra, VAZ 50m: 35.33 35.33	F	110696	99	Escola Desportiva de Viana 38.74	1:14.07	414	
9.	Marta Silva, FELIX 50m: 36.61 36.61	F	119385	99	Sporting Clube de Aveiro 37.66	1:14.27	411	
10.	Ana Sofia, AFONSO 50m: 35.39 35.39	F	111588	99	Escola Desportiva de Viana 39.00	1:14.39	409	
11.	Carolina Cameira, SOUSA 50m: 36.52 36.52	F	107550	99	Viana Natacao 38.54	1:15.06	398	
12.	Margarida Bento, MESQUITA 50m: 35.83 35.83	F	119492	99	Sporting Clube de Aveiro 39.55	1:15.38	393	
13.	Catarina Reis, SILVA 50m: 35.88 35.88	F	107568	99	Braga 39.81	1:15.69	388	
14.	Ana Raquel, CONCEICAO 50m: 36.85 36.85	F	109020	99	Nautico/Matobra 39.22	1:16.07	382	
15.	Ana Mafalda, DUARTE 50m: 36.76 36.76	F	111142	99	SCC/Oryzon Energias 39.33	1:16.09	382	
16.	Rita Almeida, FRECHES 50m: 38.00 38.00	F	111873	99	Leixões Sport Clube 39.77	1:17.77	358	
17.	Mariana Pinto, ANGELO 50m: 37.88 37.88	F	116788	99	Académica de Coimbra 39.91	1:17.79	357	
18.	Joana Raquel, SIMOES 50m: 38.20 38.20	F	116949	99	Vigor da Mocidade 40.23	1:18.43	349	
19.	Carolina, SOUSA FTL 50m: 38.06 38.06	F	112244	99	Ginasio Clube de Vila Real 40.47	1:18.53	347	
20.	Filipa Maria, EUSEBIO FTL 50m: 38.50 38.50	F	111265	99	Clube Fluvial Vilacondense 40.13	1:18.63	346	
21.	Carolina Rocha, SILVA FTL 50m: 38.83 38.83	F	109386	99	Sporting Clube de Espinho 40.38	1:19.21	338	
	Maria Margarida, CABRAL FTL 50m: 38.45 38.45	F	118114	99	FCPorto 40.76	1:19.21	338	
23.	Ana Alexandra, OLIVEIRA FTL 50m: 38.76 38.76	F	104491	99	FCPorto 41.43	1:20.19	326	

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Prova 3, Femin., 100m Costas, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
24.	Ines Silva, MARQUES <i>FTL</i>	F	110560	99	CNMaia	1:20.69	320	
	50m: 39.47 39.47		100m:	1:20.69	41.22			
WDR	Catarina Monteiro, SANTOS	F	118612	99	Ginasio Clube de Vila Real			

Prova 4

Masc., 100m Costas

Infantis
Resultados

16-03-2012 - 17:10

Recordes Nacionais 25m Absoluto	52.70	Alexis Manacas, SANTOS	SCP	Mealhada	17-12-2011
Recordes Nacionais 25m Inf B	1:04.76	Alexandre Lages, RIBAS	EDV	Ponte da Barca	09-05-2010
Recordes Nacionais 25m Inf A	1:00.97	Alexandre Lages, RIBAS	EDV	Viseu	11-03-2011

TAC Zonais 2011 Inf A Masc Inf A: 1:12.70 / TAC Zonais 2011 Inf B Masc Inf B: 1:17.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Joao Gabriel, MELO	M	112385	99	Sport Alges e Agueda	1:10.38	336	
	50m: 34.48 34.48		100m:	1:10.38	35.90			
2.	Pedro Miguel, FERNANDES	M	110494	99	Vitória Sport Clube	1:11.83	316	
	50m: 33.84 33.84		100m:	1:11.83	37.99			
3.	Mateus Ribeiro, CARVALHO	M	119635	99	Famalicao	1:11.87	315	
	50m: 34.64 34.64		100m:	1:11.87	37.23			
4.	Tiago Silva, SOARES	M	108287	99	FCPorto	1:12.45	308	
	50m: 34.72 34.72		100m:	1:12.45	37.73			
5.	Nuno Filipe, COSTA	M	102449	99	Gespacos	1:12.78	304	
	50m: 35.10 35.10		100m:	1:12.78	37.68			
6.	Andre Martins, PALHINHA	M	119387	99	Sporting Clube de Aveiro	1:12.80	303	
	50m: 35.73 35.73		100m:	1:12.80	37.07			
7.	Alexandre Santos, MESQUITA	M	111139	99	Freguesia de Paiao	1:13.46	295	
	50m: 35.59 35.59		100m:	1:13.46	37.87			
8.	Nuno Henrique, GUIMARAES	M	119147	99	Valongo	1:13.70	292	
	50m: 35.62 35.62		100m:	1:13.70	38.08			
9.	Joao Pedro, GOMES	M	109733	99	Miranda do Corvo	1:13.86	290	
	50m: 36.64 36.64		100m:	1:13.86	37.22			
10.	Miguel Angelo, FONSECA	M	110424	99	Ginasio Clube de Vila Real	1:13.90	290	
	50m: 36.09 36.09		100m:	1:13.90	37.81			
11.	Francisco Oliveira, FERREIRA	M	125477	99	Famalicao	1:15.20	275	
	50m: 37.59 37.59		100m:	1:15.20	37.61			
12.	Joao Silva, COSTA	M	111101	99	CNMaia	1:15.38	273	
	50m: 35.87 35.87		100m:	1:15.38	39.51			
13.	Afonso Ribeiro, COUTO	M	111102	99	CNMaia	1:16.89	257	
	50m: 37.54 37.54		100m:	1:16.89	39.35			
14.	Jose Paulo, GOMES <i>FTL</i>	M	108296	99	Felgueiras	1:17.07	256	
	50m: 37.79 37.79		100m:	1:17.07	39.28			
15.	Gabriel Vidal, CARVALHO <i>FTL</i>	M	117042	99	Galitos	1:17.38	252	
	50m: 38.10 38.10		100m:	1:17.38	39.28			
16.	Hugo Edgar, MIRANDA <i>FTL</i>	M	107551	99	Escola Desportiva de Viana	1:17.41	252	
	50m: 37.42 37.42		100m:	1:17.41	39.99			
17.	Diogo Henrique, CAMACHO <i>FTL</i>	M	123924	99	Estamos Juntos	1:18.38	243	
	50m: 37.68 37.68		100m:	1:18.38	40.70			
18.	Francisco Luis, PEREIRA <i>FTL</i>	M	118124	99	Escola Desportiva Limiana	1:19.80	230	
	50m: 39.79 39.79		100m:	1:19.80	40.01			
19.	Antonio Fernando, PINTO <i>FTL</i>	M	109280	99	Lousada	1:19.92	229	
	50m: 39.14 39.14		100m:	1:19.92	40.78			

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Prova 4, Masc., 100m Costas

Infantis A

1.	Joao Manuel, PIRES		M	109025 98	Nautico/Matobra	1:04.13	444
	50m: 31.09	31.09		100m: 1:04.13	33.04		
2.	Nuno Miguel, GRACA		M	105631 98	Escola Desportiva de Viana	1:04.84	429
	50m: 31.73	31.73		100m: 1:04.84	33.11		
3.	Luis Filipe, SOARES		M	105615 98	Sporting Clube de Espinho	1:05.36	419
	50m: 31.65	31.65		100m: 1:05.36	33.71		
4.	Joao Jose, LARANJEIRA		M	105936 98	Campinho	1:05.72	412
	50m: 31.72	31.72		100m: 1:05.72	34.00		
5.	Andre Filipe, AFONSECA		M	117795 98	Desportos Barcelos	1:05.74	412
	50m: 32.15	32.15		100m: 1:05.74	33.59		
6.	Rui Filipe, COSTA		M	109919 98	Desportos Barcelos	1:06.02	407
	50m: 31.63	31.63		100m: 1:06.02	34.39		
7.	Joao Alberto, GONDAR		M	111545 98	Clube Fluvial Vilacondense	1:06.41	400
	50m: 32.03	32.03		100m: 1:06.41	34.38		
8.	Xavier Ribeiro, FERREIRA		M	108307 98	Famalicao	1:06.55	397
	50m: 32.30	32.30		100m: 1:06.55	34.25		
9.	Leandro Fernandes, MOTA		M	106760 98	SCC/Oryzon Energias	1:07.99	372
	50m: 32.65	32.65		100m: 1:07.99	35.34		
10.	Jose Pedro, SAMPAIO		M	108295 98	Felgueiras	1:08.27	368
	50m: 33.47	33.47		100m: 1:08.27	34.80		
11.	H., FELGUEIRAS		M	105205 98	Valongo	1:08.28	368
	50m: 33.16	33.16		100m: 1:08.28	35.12		
12.	Antonio Francisco, FERREIRA		M	109412 98	Ac.Viseu	1:08.76	360
	50m: 34.02	34.02		100m: 1:08.76	34.74		
13.	Joao Miguel, BRANCO		M	108676 98	Sporting Clube de Espinho	1:09.47	349
	50m: 33.24	33.24		100m: 1:09.47	36.23		
14.	Ricardo Daniel, PIRES		M	107524 98	Escola Desportiva de Viana	1:09.67	346
	50m: 33.12	33.12		100m: 1:09.67	36.55		
15.	Jorge Rogerio, MORAIS		M	104413 98	Lousada	1:09.76	345
	50m: 33.68	33.68		100m: 1:09.76	36.08		
16.	Alexandre Miguel, FABIAO		M	107938 98	Clube Fluvial Vilacondense	1:09.86	343
	50m: 33.68	33.68		100m: 1:09.86	36.18		
17.	Lucas Correia, VELOSO		M	109918 98	Desportos Barcelos	1:09.89	343
	50m: 34.07	34.07		100m: 1:09.89	35.82		
18.	Francisco Rodrigues, ANTAS		M	108431 98	Escola Desportiva de Viana	1:10.37	336
	50m: 33.71	33.71		100m: 1:10.37	36.66		
19.	Eduardo Abel, DUARTE		M	104561 98	Lousada	1:11.02	327
	50m: 34.14	34.14		100m: 1:11.02	36.88		
20.	Joao Nuno, RODRIGUES		M	109352 98	Nautico/Matobra	1:11.19	324
	50m: 34.70	34.70		100m: 1:11.19	36.49		
21.	Diogo Loureiro, MARTINHO		M	116948 98	Ginásio Clube Figueirense	1:11.93	314
	50m: 35.23	35.23		100m: 1:11.93	36.70		
22.	Pedro Filipe, PIRES		M	106358 98	Nautico/Matobra	1:12.24	310
	50m: 34.91	34.91		100m: 1:12.24	37.33		
23.	Diogo Rodrigues, LEITAO		M	112233 98	Assoc. Desportiva de Fafe	1:13.79	291
	FTL 50m: 36.09	36.09		100m: 1:13.79	37.70		
24.	Manuel Jose, VIDIGUEIRA		M	112033 98	Ginásio Clube Figueirense	1:14.26	286
	FTL 50m: 35.98	35.98		100m: 1:14.26	38.28		
25.	Rodrigo Reis, SILVA		M	117297 98	Lamas	1:15.84	268
	FTL 50m: 36.55	36.55		100m: 1:15.84	39.29		
WDR	Rodrigo Manuel, MONTEIRO		M	109389 98	Sporting Clube de Espinho		
EXH	Roman, STEFANIV		M	118568 98	SCC/Oryzon Energias	1:09.00	356
	50m: 32.96	32.96		100m: 1:09.00	36.04		

Prova 5
16-03-2012 - 17:30

Femin., 4 x 200m Livres

Infantis
Resultados

Recordes Nacionais 25m Absoluto	8:14.13	Futebol Clube do Porto/Dolce Vita	FCP	Porto	05-12-2010
Recordes Nacionais 25m Inf B	9:28.71	tempo limite			
Recordes Nacionais 25m Inf A	9:05.75	Grupo Desp. Natacao V. N. Famalicao	DNVNF	Viseu	11-03-2011
TAC Zonais 2011 Inf A Fem Inf A: 10:25.50 / TAC Zonais 2011 Inf B Fem Inf B: 11:06.00					

Pontos: FINA 2011

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A							
1.	F			Famalicao	9:27.36	518	
				Maria Ines, MACHADO	99	+0.96	31.98
				Viviana Pinto, CUNHA	99	+0.59	32.69
				Rita Galvao, PEREIRA	99		31.93
				Ana Beatriz, MARTINS	99	+0.39	32.70
2.	F			FCPorto	9:27.91	517	
				Ana Beatriz La, FERIA	99	+0.90	32.38
				Ines Maria, NEVES	99	+0.42	32.28
				Tatiana Isabel, CARDOSO	99		34.41
				Mariana Alexandre, OLIVEIRA	99	+0.55	31.94
3.	F			Leixões Sport Clube	9:40.81	483	
				Ana Teresa, NASCIMENTO	99	+0.94	33.69
				Marta Ferreira, ROCHA	99	+0.63	32.93
				Ana Caetano, OLIVEIRA	99	+0.57	32.54
				Ines Maria, PEREIRA	99	+0.62	32.55
4.	F			Nautico/Matobra	9:51.67	457	
				Maria Eduarda, VEIGA	99	+1.03	33.85
				Ana Raquel, CONCEICAO	99	+0.50	34.04
				Ana Madalena, SANTOS	99	+0.75	33.81
				Rita Dias, GARRIDO	99	+0.23	33.40
5.	F			Ginásio Clube Figueirense	9:59.41	440	
				Ines Rocha, NUNES	99	+0.94	34.80
				Sandra Patricia, OLIVEIRA	99	+0.53	33.88
				Raquel Simoes, DUQUE	99	+0.40	34.09
				Ana Estevinha, SILVA	99		32.14
6.	F			Miranda do Corvo	10:09.09	419	
				Maria Dias, NEVES	99	+0.84	33.33
				Bianca Filipa, SILVA	99		34.91
				Cristiana Daniela, SILVA	99	+0.34	35.09
				Carolina Cruz, COSTA	99	+0.24	36.59
7.	F			Ginasio Clube de Vila Real	10:11.15	415	
				Carolina, SOUSA	99	+1.31	34.49
				Catarina Azevedo, NOBREGA	99		34.21
				Maria Margarida, FERNANDES	99	+0.61	33.92
				Mariana Pires, FREITAS	99	+0.28	32.49
8.	F			Sporting Clube de Aveiro	10:14.98	407	
				Catarina Costa, BALSEIRO	99	+1.32	35.77
				Marta Silva, FELIX	99	+0.54	35.88
				Ana Rita, RODRIGUES	99	+0.85	36.23
				Margarida Bento, MESQUITA	99	+0.72	34.19
9.	F			Académica de Coimbra	10:15.05	407	
				Mariana Pinto, ANGELO	99	+1.19	34.39
				Beatriz Lopes, PINTO	99		34.97
				Salome Rebocho, LIMA	99		35.92
				Beatriz Castanheira, DIAS	99	+0.55	35.93
DNF	F			Viana Natacao			+1.19
				Mariana Barbosa, VALE	99		
				Mariana Pereira, SILVA	99		
				Carolina Cameira, SOUSA	99		
				Ana Miguel, PINTO	99		
WDR	F			Escola Desportiva de Viana			

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Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 5, Femin., 4 x 200m Livres

Infantis B

Rank	Club	Sex	Time	Points
1.	FCPorto 2	F	10:00.17	438
	Ana Rita, FARIA	00	+1,04	34.10
	Ana Sofia, RAMOS	00		35.91
	Maria Francisca, CABRAL	00	+0,84	32.28
	Maria Rocha, ASCENSAO	00	+1,01	34.14
2.	Famalicao 2	F	10:10.03	417
	Adriana Azevedo, COUTO	00		33.19
	Adriana Marisa, FIGUEIREDO	00	+0,59	34.06
	Mariana Pereira, REGO	00	+0,21	35.27
	Rafaela Araujo, SILVA	00	+0,08	36.27
3.	Miranda do Corvo 2	F	10:12.18	413
	Mariana Santos, FERREIRA	00	+1,09	33.86
	Maria Ines, FERREIRA	00	+0,34	35.19
	Daniela Margarida, PINTO	00	+0,23	35.91
	Margarete Leandro, FERNANDES	00		33.82
4.	Nautico/Matobra 1	F	10:33.71	372
	Teresa Miguel, VELOSO	00	+1,01	33.22
	Carlota Santos, SILVA	00	+0,84	26.23
	Ines Filipa, CAMPOS	00	+0,65	36.98
	Maria Beatriz, JORGE	00	+0,73	36.10
5.	Galitos 1	F	10:35.82	368
	Carla Laranjeira, MARQUES	00	+0,90	37.88
	Ana Miguel, RODRIGUES	00	+0,63	37.08
	Eliana Dirce, LOURENCO	00	+0,15	37.34
	Rita Goncalves, MARIEIRO	00		33.70
6.	Leixões Sport Clube 2	F	10:41.91	358
	Alexandra Jesus, SANTOS	00	+0,99	32.64
	Rita de Oliveira, ROCHA	00	+0,66	39.15
	Maria Isabel, SILVA	00	+0,65	37.70
	Ines Silva, OLIVEIRA	00	+0,82	35.27
7.	Clube Fluvial Vilacondense 1	F	10:48.88	346
	Joana Martins, PEREIRA	00	+1,02	32.89
	Joana Almeida, RAINHA	00	+0,55	36.65
	Rafaela Campos, OLIVEIRA	00	+0,64	37.41
	Francisca Azevedo, DOURADO	00		36.44

Prova 6

Masc., 4 x 200m Livres

Infantis

16-03-2012 - 18:05

Resultados

Recordes Nacionais 25m Absoluto	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	8:45.06	Sporting Clube de Braga	SCB	Braga	06-07-2001
Recordes Nacionais 25m Inf A	8:29.11	Clube de Futebol Os Belenenses	CFB	Cova Piedade	10-06-2004

TAC Zonais 2011 Inf A Masc Inf A: 9:54.00 / TAC Zonais 2011 Inf B Masc Inf B: 10:20.00

Pontos: FINA 2011

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	M			Famalicao	8:33.54	505	
		98		+0,66	28.40	59.93	1:32.95
		98		+0,49	28.76	1:00.44	1:33.05
		98		+0,55	28.99	1:02.30	1:36.89
		98		+0,63	30.21	1:02.98	1:37.12
2.	M			Nautico/Matobra 3	8:35.99	498	
		98		+0,96	29.72	1:02.73	1:36.13
		98			29.51	1:01.49	1:33.21
		98		+0,44	28.10	1:00.85	1:34.02
		98		+0,42	29.97	1:04.59	1:41.34
3.	M			FCPorto 1	8:50.73	457	
		98		+0,80	30.50	1:03.57	1:37.95
		98		+0,63	29.43	1:03.08	1:38.15
		98		+0,48	28.88	1:02.89	1:39.18
		98		+0,43	28.69	1:01.75	1:36.57
4.	M			Braga 1	8:51.56	455	
		98		+0,93	30.21	1:03.73	1:38.85
		98		+0,36	30.12	1:05.06	1:40.30
		98		+0,59	30.23	1:04.85	1:40.51
		98		+0,53	28.70	1:01.36	1:34.52

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Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 6, Masc., 4 x 200m Livres, Infantis A

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
5. Gespacos 1	M			Gespacos	8:59.90	434	
Luis Carlos, ALMEIDA		98	+0,85	30.01	1:03.46	1:38.48	2:12.82
Pedro Miguel, LINO		98	+0,39	30.70	1:07.17	1:44.45	2:20.34
Joao Nuno, COSTA		98	+0,64	32.22	1:07.36	1:43.37	2:19.16
Pedro Ferraz, SILVA		98	+0,57	29.32	1:01.79	1:35.24	2:07.58
6. Leixões Sport Clube 1	M			Leixões Sport Clube	9:04.97	422	
Leandro Miguel, BAPTISTA		98	+0,82	30.10	1:03.64	1:38.89	2:14.83
Joao Santos, MENDES		98	+0,42	29.21	1:03.15	1:39.13	2:13.85
Ricardo Manuel, MONTEIRO		98	+0,54	31.30	1:07.40	1:44.30	2:21.71
Leonardo Bom, PINTO		98	+0,56	31.11	1:05.54	1:40.77	2:14.58
7. Valongo 1	M			Valongo	9:13.84	402	
Pedro Nuno, VIEIRA		98	+0,97	30.48	1:04.25	1:39.07	2:13.78
Diogo Ferreira, NEVES		98	+0,54	31.78	1:07.88	1:45.86	2:25.17
Humberto Fernandes, FELGUEIRAS		98		26.72	1:00.91	1:36.23	2:09.94
Ricardo Miguel, MOREIRA		98	+0,52	33.14	1:09.45	1:48.59	2:24.95
8. Galitos 1	M			Galitos	9:16.31	397	
Afonso Branco, OLIVEIRA		98	+0,94	32.10	1:07.42	1:44.67	2:20.94
Joao Miguel, SARMENTO		98	+0,40	32.00	1:08.52	1:47.24	2:25.02
Pedro Miguel, VIEIRA		98	+0,23	32.02	1:07.27	1:42.43	2:16.69
Diogo Rafael, SANTOS		98	+0,61	30.83	1:04.92	1:40.37	2:13.66
9. Ac.Viseu 1	M			Ac.Viseu	9:18.24	393	
Andre Magalhaes, MOURA		98	+0,89	31.74	1:06.35	1:41.73	2:16.20
Filipe Fonte, CUNHA		98	+0,60	32.51	1:07.77	1:45.34	2:20.10
Hernani Rafael, SILVA		98	+0,48	32.48	1:10.10	1:49.70	2:27.01
Antonio Francisco, FERREIRA		98	+0,37	31.06	1:05.72	1:41.20	2:14.93
10. CNMaia 1	M			CNMaia	9:27.23	374	
Duarte Nuno, BANDEIRA		98	+0,82	31.10	1:07.84	1:46.48	2:23.87
Hugo Rafael, AZEVEDO		98	+0,34	32.68	1:09.84	1:48.36	2:25.00
Nuno Filipe, PEREIRA		98	+0,41	30.92	1:06.78	1:44.61	2:21.75
Paulo Filipe, SILVA		98	+0,33	29.79	1:04.56	1:41.42	2:16.61
11. Lousada 1	M			Lousada	9:39.56	351	
Carlos Andre, BESSA		98	+0,98	32.65	1:09.52	1:48.67	2:29.40
Eduardo Abel, DUARTE		98		32.75	1:09.91	1:48.54	2:25.37
Romeu Goncalo, SOUSA		98	+0,80	33.51	1:11.27	1:50.62	2:29.40
Jorge Rogerio, MORAIS		98	+0,17	29.64	1:03.23	1:38.18	2:15.39
12. Assoc. Desportiva de Fafe 1	M			Assoc. Desportiva de Fafe	9:43.15	345	
Diogo Rodrigues, LEITAO		98	+0,89	31.44	1:06.30	1:41.76	2:16.16
Goncalo Rodrigues, COSTA		98	+0,66	32.82	1:12.26	1:54.53	2:35.86
Bruno Freitas, GONCALVES		98	+0,42	34.18	1:13.14	1:53.31	2:33.01
Luis Carlos, FONSECA		98	+0,30	31.30	1:07.15	1:42.82	2:18.12
13. Ginásio Clube Figueirense 1	M			Ginásio Clube Figueirense	9:45.77	340	
Diogo Loureiro, MARTINHO		98	+0,80	30.89	1:05.81	1:42.86	2:19.10
Manuel Jose, VIDIGUEIRA		98	+0,62	33.61	1:11.63	1:50.45	2:29.37
Afonso Matoso, MAGALHAES		98	+0,63	31.16	1:09.11	1:48.95	2:28.10
Duarte Pinto, CEIA		98	+0,65	32.74	1:11.25	1:51.73	2:29.20
WDR Sporting Clube de Espinho 1	M			Sporting Clube de Espinho			

Infantis B

1. FCPorto 2	M			FCPorto	9:34.14	361	
Joao Paulo, CORREIA		99	+0,90	31.31	1:06.26	1:41.97	2:16.02
Diogo Pereira, SANTOS		99	+0,67	32.96	1:10.06	1:49.69	2:27.53
Tiago Silva, SOARES		99	+0,59	30.35	1:06.20	1:43.34	2:19.17
Tomas Aguiar, RODRIGUES		99	+0,56	32.79	1:11.45	1:51.90	2:31.42
2. Braga 2	M			Braga	9:39.82	351	
Nuno Miguel, COTO		99	+0,81	32.20	1:07.33	1:44.35	2:20.64
Jose Nuno, MENDES		99	+0,66	32.54	1:09.53	1:49.12	2:28.47
Jose Pedro, MELO		99	+0,70	33.78	1:11.73	1:51.61	2:31.25
Jose Pedro, FERNANDES		99	+0,61	30.41	1:06.31	1:43.42	2:19.46
3. SCC/Oryzon Energias 2	M			SCC/Oryzon Energias	9:43.47	344	
Gabriel Levi, GOMES		99	+0,96	31.51	1:06.02	1:41.01	2:15.36
Jose Neves, NETO		99	+0,74	34.63	1:12.32	1:51.02	2:26.47
Joao Rafael, SILVA		99	+0,64	34.11	1:10.57	1:49.09	2:27.03
Diogo Alexandre, COSTA		99	+0,52	33.47	1:13.79	1:55.44	2:34.61
4. Felgueiras 1	M			Felgueiras	9:55.27	324	
Jose Paulo, GOMES		99	+0,87	32.54	1:09.17	1:47.38	2:24.57
Afonso Manuel, BARBOSA		99	+0,19	33.53	1:11.75	1:51.06	2:30.47
Rui Pedro, CUNHA		99	+0,53	35.16	1:14.49	1:54.82	2:33.41
Rui Pedro, FERREIRA		99	+0,32	31.67	1:09.18	1:48.72	2:26.82
5. CNMaia 2	M			CNMaia	10:03.29	311	
Afonso Ribeiro, COUTO		99	+0,85	33.14	1:10.09	1:49.39	2:27.57
Diogo Filipe, TEODORO		99	+0,33	34.37	1:14.58	1:55.20	2:33.87
Joao Silva, COSTA		99		33.52	1:12.23	1:51.53	2:28.59
Daniel Queiros, CRUZ		99	+0,56	35.02	1:14.47	1:54.44	2:33.26

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Prova 6, Masc., 4 x 200m Livres, Infantis B

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
DSQ	M			Vitória Sport Clube			
<i>102 - Falsa partida – SW 4.4</i>							
			99	+0.70			
			99	+0.70			
			99	+0.40			
			99	+0.68			
EXH	M			SCC/Oryzon Energias	8:47.77	465	
		98	+0.73	28.80	1:01.29	1:34.87	2:07.60
		98	+0.54	29.10	1:01.93	1:35.73	2:08.90
		98	+0.43	27.95	1:01.31	1:37.01	2:11.45
		98	+0.32	31.49	1:07.14	1:43.70	2:19.82

2 - 2ª Jornada - 1ª Sessão

17-03-2012 - 9:00

Prova 7 Femin., 800m Livres Infantis Resultados

Recordes Nacionais 25m Absoluto	8:45.91	Marta Andreia, FERREIRA	FPN	Riesa (GER)	13-12-2002
Recordes Nacionais 25m Inf B	9:33.95	Filipa Vilas, RUIVO	DNMG	Nazaré	16-05-2009
Recordes Nacionais 25m Inf A	9:03.90	tempo limite,			

TAC Zonais 2011 Inf A Fem Inf A: 10:50.00 / TAC Zonais 2011 Inf B Fem Inf B: 11:36.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Rita Costa, AMADOR	F	105665	99	Galitos	9:41.32	579	
	50m: 32.63				36.55	450m: 5:24.51	37.12	650m: 7:52.05
	100m: 1:07.35				37.13	500m: 6:01.46	36.95	700m: 8:29.34
	150m: 1:43.38				36.60	550m: 6:38.08	36.62	750m: 9:06.04
	200m: 2:19.92				37.19	600m: 7:14.80	36.72	800m: 9:41.32
2.	Ana Carolina, CARRACO	F	121177	99	Freguesia de Paiao	9:42.91	574	
	50m: 33.06				37.07	450m: 5:26.76	36.77	650m: 7:54.71
	100m: 1:08.41				37.14	500m: 6:03.57	36.81	700m: 8:31.91
	150m: 1:45.21				36.85	550m: 6:40.54	36.97	750m: 9:08.70
	200m: 2:21.92				37.01	600m: 7:17.39	36.85	800m: 9:42.91
3.	Tamila Hryhorivna, HOLUB	F	116887	99	Braga	9:54.37	541	
	50m: 32.11				36.90	450m: 5:27.49	37.69	650m: 8:00.98
	100m: 1:07.24				37.32	500m: 6:05.56	38.07	700m: 8:39.15
	150m: 1:43.38				37.29	550m: 6:44.08	38.52	750m: 9:17.22
	200m: 2:20.42				37.87	600m: 7:22.46	38.38	800m: 9:54.37
4.	Mariana Alexandre, OLIVEIRA	F	107368	99	FCPorto	9:57.49	533	
	50m: 33.27				37.89	450m: 5:34.55	37.24	650m: 8:07.64
	100m: 1:09.90				37.85	500m: 6:13.71	39.16	700m: 8:44.94
	150m: 1:47.52				38.18	550m: 6:51.97	38.26	750m: 9:22.01
	200m: 2:24.89				38.50	600m: 7:30.09	38.12	800m: 9:57.49
5.	Maria Ines, MACHADO	F	108320	99	Famalicao	10:07.24	508	
	50m: 32.51				38.01	450m: 5:35.50	38.87	650m: 8:11.36
	100m: 1:07.77				38.43	500m: 6:14.74	39.24	700m: 8:50.80
	150m: 1:44.65				38.89	550m: 6:53.38	38.64	750m: 9:30.16
	200m: 2:22.36				38.94	600m: 7:32.22	38.84	800m: 10:07.24
6.	Maria Dias, NEVES	F	108078	99	Miranda do Corvo	10:09.01	503	
	50m: 33.00				38.68	450m: 5:38.43	38.24	650m: 8:13.47
	100m: 1:09.63				38.47	500m: 6:17.02	38.59	700m: 8:52.23
	150m: 1:47.82				38.34	550m: 6:56.05	39.03	750m: 9:31.00
	200m: 2:26.56				38.14	600m: 7:34.51	38.46	800m: 10:09.01
7.	Ana Raquel, CONCEICAO	F	109020	99	Nautico/Matobra	10:13.32	493	
	50m: 35.01				38.58	450m: 5:42.75	38.52	650m: 8:16.93
	100m: 1:12.80				38.55	500m: 6:21.08	38.33	700m: 8:55.98
	150m: 1:51.15				38.71	550m: 6:59.61	38.53	750m: 9:34.97
	200m: 2:29.60				38.79	600m: 7:38.22	38.61	800m: 10:13.32
8.	Carina Rodrigues, MARINHO	F	111716	99	Felgueiras	10:15.10	488	
	50m: 32.68				38.78	450m: 5:40.50	39.07	650m: 8:18.10
	100m: 1:09.35				39.07	500m: 6:19.57	39.07	700m: 8:57.60
	150m: 1:47.49				38.66	550m: 6:59.04	39.47	750m: 9:36.93
	200m: 2:26.21				38.71	600m: 7:38.52	39.48	800m: 10:15.10

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Splash Meet Manager 11, Build 19249

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Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012



Prova 7, Femin., 800m Livres, Infantis B

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
6.	Maria Rocha, ASCENSAO	F	112141 00	FCPorto	10:50.65	412	
	50m: 37.68 36.25	250m: 3:18.05	41.06	450m: 6:01.63	40.67	650m: 8:46.98	41.61
	100m: 1:16.17 39.92	300m: 3:58.74	40.69	500m: 6:42.87	41.24	700m: 9:28.26	41.28
	150m: 1:56.41 40.24	350m: 4:39.84	41.10	550m: 7:23.91	41.04	750m: 10:09.67	41.41
	200m: 2:36.99 40.58	400m: 5:20.96	41.12	600m: 8:05.37	41.46	800m: 10:50.65	40.98
7.	Rafaela Araujo, SILVA	F	119630 00	Famalicao	10:55.34	404	
	50m: 37.68 37.68	250m: 3:22.14	41.55	450m: 6:07.84	41.35	650m: 8:54.61	41.92
	100m: 1:18.18 40.50	300m: 4:03.65	41.51	500m: 6:49.35	41.51	700m: 9:36.25	41.64
	150m: 1:58.90 40.72	350m: 4:45.07	41.42	550m: 7:31.24	41.89	750m: 10:17.08	40.83
	200m: 2:40.59 41.69	400m: 5:26.49	41.42	600m: 8:12.69	41.45	800m: 10:55.34	38.26
8.	Margarete Leandro, FERNANDES	F	116952 00	Miranda do Corvo	10:55.62	403	
	50m: 36.22 36.22	250m: 3:20.06	41.53	450m: 6:06.03	41.69	650m: 8:53.15	42.29
	100m: 1:16.23 40.01	300m: 4:02.21	42.15	500m: 6:48.34	42.31	700m: 9:35.03	41.88
	150m: 1:57.40 41.17	350m: 4:42.41	40.20	550m: 7:29.61	41.27	750m: 10:16.14	41.11
	200m: 2:38.53 41.13	400m: 5:24.34	41.93	600m: 8:10.86	41.25	800m: 10:55.62	39.48
9.	Iara Mesquita, COSTA	F	118285 00	Freguesia de Paiao	10:59.90	395	
	50m: 37.68 36.87	250m: 3:21.74	41.81	450m: 6:08.94	41.59	650m: 8:55.45	41.85
	100m: 1:17.55 40.68	300m: 4:03.73	41.99	500m: 6:50.63	41.69	700m: 9:37.90	42.45
	150m: 1:58.75 41.20	350m: 4:45.21	41.48	550m: 7:31.94	41.31	750m: 10:19.80	41.90
	200m: 2:39.93 41.18	400m: 5:27.35	42.14	600m: 8:13.60	41.66	800m: 10:59.90	40.10
10.	Daniela Domingues, SOUSA	F	117411 00	Valongo	11:01.06	393	
	50m: 37.53 37.53	250m: 3:24.02	41.72	450m: 6:11.67	41.99	650m: 9:00.14	42.54
	100m: 1:18.78 41.25	300m: 4:05.35	41.33	500m: 6:53.50	41.83	700m: 9:41.73	41.59
	150m: 2:00.34 41.56	350m: 4:47.06	41.71	550m: 7:35.93	42.43	750m: 10:22.85	41.12
	200m: 2:42.30 41.96	400m: 5:29.68	42.62	600m: 8:17.60	41.67	800m: 11:01.06	38.21
11.	Beatriz Teixeira, MARTINS	F	117581 00	Estamos Juntos	11:12.82	373	
	50m: 37.97 37.97	250m: 3:24.02	42.10	450m: 6:15.61	43.34	650m: 9:11.39	44.87
	100m: 1:18.71 40.74	300m: 4:07.53	42.98	500m: 7:00.00	44.39	700m: 9:53.48	42.09
	150m: 2:00.66 41.95	350m: 4:50.45	42.92	550m: 7:42.72	42.72	750m: 10:33.72	40.24
	200m: 2:42.45 41.79	400m: 5:32.27	41.82	600m: 8:26.52	43.80	800m: 11:12.82	39.10
12.	Carla Laranjeira, MARQUES	F	109363 00	Galitos	11:14.30	371	
	50m: 38.38 38.38	250m: 3:24.38	42.22	450m: 6:16.15	43.35	650m: 9:11.11	43.36
	100m: 1:19.37 40.99	300m: 4:06.65	42.27	500m: 6:59.17	43.02	700m: 9:53.18	42.07
	150m: 2:00.97 41.60	350m: 4:50.10	43.45	550m: 7:44.49	45.32	750m: 10:35.54	42.36
	200m: 2:42.16 41.19	400m: 5:32.80	42.70	600m: 8:27.75	43.26	800m: 11:14.30	38.76
13.	Rita Gonçalves, MARIEIRO	F	117710 00	Galitos	11:18.36	364	
	50m: 38.31 38.31	250m: 3:27.20	42.88	450m: 6:20.12	43.21	650m: 9:14.40	44.21
	100m: 1:19.76 41.45	300m: 4:10.29	43.09	500m: 7:03.55	43.43	700m: 9:57.87	43.47
	150m: 2:01.90 42.14	350m: 4:52.90	42.61	550m: 7:47.35	43.80	750m: 10:40.36	42.49
	200m: 2:44.32 42.42	400m: 5:36.91	44.01	600m: 8:30.19	42.84	800m: 11:18.36	38.00
14.	Ines Silva, OLIVEIRA	F	116890 00	Leixões Sport Clube	11:22.28	358	
	50m: 36.81 36.81	250m: 3:27.96	43.49	450m: 6:21.94	43.99	650m: 9:16.05	43.85
	100m: 1:18.81 42.00	300m: 4:11.20	43.24	500m: 7:05.43	43.49	700m: 9:59.12	43.07
	150m: 2:01.65 42.84	350m: 4:54.83	43.63	550m: 7:48.84	43.41	750m: 10:42.06	42.94
	200m: 2:44.47 42.82	400m: 5:37.95	43.12	600m: 8:32.20	43.36	800m: 11:22.28	40.22
15.	Ana Sofia, RAMOS	F	108171 00	FCPorto	11:23.63	356	
	50m: 38.99 38.99	250m: 3:29.41	42.39	450m: 6:22.72	43.46	650m: 9:15.74	42.79
	100m: 1:21.18 42.19	300m: 4:12.46	43.05	500m: 7:05.73	43.01	700m: 9:59.06	43.32
	150m: 2:04.03 42.85	350m: 4:55.62	43.16	550m: 7:48.98	43.25	750m: 10:42.45	43.39
	200m: 2:47.02 42.99	400m: 5:39.26	43.64	600m: 8:32.95	43.97	800m: 11:23.63	41.18
16.	Maria Beatriz, CANAVEIRA	F	112488 00	Académica de Coimbra	11:27.10	350	
	50m: 37.44 37.44	250m: 3:25.71	43.00	450m: 6:19.75	44.58	650m: 9:16.71	44.06
	100m: 1:18.60 41.16	300m: 4:08.61	42.90	500m: 7:03.74	43.99	700m: 10:01.08	44.37
	150m: 2:00.46 41.86	350m: 4:51.50	42.89	550m: 7:48.13	44.39	750m: 10:44.25	43.17
	200m: 2:42.71 42.25	400m: 5:35.17	43.67	600m: 8:32.65	44.52	800m: 11:27.10	42.85

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Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

18-03-2012 21:17 - Página 13

Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 8	Masc., 400m Livres				Infantis
17-03-2012 - 9:50					Resultados
Recordes Nacionais 25m Absoluto	3:45.58	Fabio Manuel, PEREIRA	FPN	Istambul (TUR)	10-12-2009
Recordes Nacionais 25m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04-04-2003
Recordes Nacionais 25m Inf A	4:13.24	Pedro Fontoura, OLIVEIRA	CFB	Reboleira	05-06-2004
TAC Zonais 2011 Inf A Masc Inf A: 4:53.50 / TAC Zonais 2011 Inf B Masc Inf B: 5:05.00					

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Joao Francisco, LOPES	M	107561	98	Braga	4:26.68	507	
	50m: 29.89				150m: 1:36.95	34.13		29.89
	100m: 1:02.82				200m: 2:11.35	34.40		32.93
2.	Tiago Moises, DINIS	M	100573	98	Nautico/Matobra	4:27.04	505	
	50m: 30.47				150m: 1:38.35	34.33		30.47
	100m: 1:04.02				200m: 2:12.78	34.43		33.55
3.	Joao Alberto, GONDAR	M	111545	98	Clube Fluvial Vilacondense	4:29.19	493	
	50m: 29.62				150m: 1:36.94	34.24		29.62
	100m: 1:02.70				200m: 2:11.81	34.87		33.08
4.	Joao Costa, FERREIRA	M	119632	98	Famalicao	4:29.74	490	
	50m: 31.10				150m: 1:38.13	33.77		31.10
	100m: 1:04.36				200m: 2:12.12	33.99		33.26
5.	Diogo Manuel, MARQUES	M	118567	98	SCC/Oryzon Energias	4:30.53	486	
	50m: 29.76				150m: 1:37.41	34.21		29.76
	100m: 1:03.20				200m: 2:11.89	34.48		33.44
6.	Jose Pedro, SAMPAIO	M	108295	98	Felgueiras	4:35.05	462	
	50m: 31.05				150m: 1:40.18	34.77		31.05
	100m: 1:05.41				200m: 2:15.54	35.36		34.36
7.	Pedro Nuno, VIEIRA	M	106742	98	Valongo	4:36.14	457	
	50m: 30.99				150m: 1:40.53	35.28		30.99
	100m: 1:05.25				200m: 2:15.66	35.13		34.26
8.	Pedro Goncalves, NETO	M	102038	98	FCPorto	4:37.30	451	
	50m: 30.30				150m: 1:39.83	35.46		30.30
	100m: 1:04.37				200m: 2:15.37	35.54		34.07
9.	Joao Carlos, SILVA	M	108379	98	Famalicao	4:37.40	451	
	50m: 30.14				150m: 1:38.21	34.64		30.14
	100m: 1:03.57				200m: 2:12.65	34.44		33.43
10.	Joao Santos, MENDES	M	111648	98	Leixões Sport Clube	4:38.82	444	
	50m: 31.23				150m: 1:41.35	35.87		31.23
	100m: 1:05.48				200m: 2:16.92	35.57		34.25
11.	Jose Pedro, PINTO	M	100797	98	Braga	4:39.29	442	
	50m: 31.03				150m: 1:40.04	34.90		31.03
	100m: 1:05.14				200m: 2:15.85	35.81		34.11
12.	Luis Filipe, RIBEIRO	M	107564	98	Braga	4:39.47	441	
	50m: 31.21				150m: 1:41.33	35.46		31.21
	100m: 1:05.87				200m: 2:17.16	35.83		34.66
13.	Leonardo Bom, PINTO	M	120168	98	Leixões Sport Clube	4:39.52	441	
	50m: 32.08				150m: 1:41.91	35.32		32.08
	100m: 1:06.59				200m: 2:17.50	35.59		34.51
14.	Daniel Filipe, PAIVA	M	110265	98	Miranda do Corvo	4:40.45	436	
	50m: 32.16				150m: 1:42.15	35.48		32.16
	100m: 1:06.67				200m: 2:18.31	36.16		34.51
15.	Luis Carlos, ALMEIDA	M	104527	98	Gespacos	4:41.56	431	
	50m: 31.23				150m: 1:41.83	35.63		31.23
	100m: 1:06.20				200m: 2:17.72	35.89		34.97
16.	Francisco Rodrigues, ANTAS	M	108431	98	Escola Desportiva de Viana	4:43.02	424	
	50m: 30.98				150m: 1:40.10	35.02		30.98
	100m: 1:05.08				200m: 2:16.50	36.40		34.10
17.	Diogo Rodrigues, LEITAO	M	112233	98	Assoc. Desportiva de Fafe	4:43.34	423	
	50m: 33.02				150m: 1:44.77	36.04		33.02
	100m: 1:08.73				200m: 2:20.33	35.56		35.71
18.	Goncalo Miguel, NOGUEIRA	M	104471	98	FCPorto	4:43.98	420	
	50m: 30.60				150m: 1:41.43	36.26		30.60
	100m: 1:05.17				200m: 2:18.08	36.65		34.57
19.	Diogo Mendes, PEREIRA	M	107783	98	Freguesia de Paiao	4:45.14	415	
	50m: 31.11				150m: 1:41.43	35.63		31.11
	100m: 1:05.80				200m: 2:17.15	35.72		34.69
20.	Pedro Miguel, VIEIRA	M	109367	98	Galitos	4:46.11	411	
	50m: 32.72				150m: 1:44.82	36.47		32.72
	100m: 1:08.35				200m: 2:20.85	36.03		35.63

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Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

18-03-2012 21:17 - Página 14

Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 8, Masc., 400m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
21.	Eduardo Reis, GALHANO	M	108082	98	SCC/Oryzon Energias	4:46.28	410	
	50m: 32.73 32.73		150m: 1:43.80		35.63 250m: 2:56.48	36.37	350m: 4:10.47	36.92
	100m: 1:08.17 35.44		200m: 2:20.11		36.31 300m: 3:33.55	37.07	400m: 4:46.28	35.81
22.	Diogo Rafael, SANTOS	M	110597	98	Galitos	4:46.31	410	
	50m: 31.62 31.62		150m: 1:42.51		36.15 250m: 2:56.42	36.93	350m: 4:10.04	36.80
	100m: 1:06.36 34.74		200m: 2:19.49		36.98 300m: 3:33.24	36.82	400m: 4:46.31	36.27
23.	Luis Carlos, FONSECA	M	111772	98	Assoc. Desportiva de Fafe	4:46.89	407	
	50m: 31.53 31.53		150m: 1:43.34		36.60 250m: 2:56.95	36.76	350m: 4:11.33	37.50
	100m: 1:06.74 35.21		200m: 2:20.19		36.85 300m: 3:33.83	36.88	400m: 4:46.89	35.56
24.	Leandro Miguel, BAPTISTA	M	102657	98	Leixões Sport Clube	4:49.21	398	
	50m: 30.94 30.94		150m: 1:41.93		36.47 250m: 2:54.90	36.52	350m: 4:06.50	35.12
	100m: 1:05.46 34.52		200m: 2:18.38		36.45 300m: 3:31.38	36.48	400m: 4:49.21	42.71
25.	Bruno Jose, SILVA	M	107560	98	Braga	4:51.53	388	
	50m: 32.98 32.98		150m: 1:45.52		36.69 250m: 2:59.96	37.24	350m: 4:15.21	37.56
	100m: 1:08.83 35.85		200m: 2:22.72		37.20 300m: 3:37.65	37.69	400m: 4:51.53	36.32
26.	Carlos Alberto, GOMES	M	109394	98	Sporting Clube de Espinho	4:52.03	386	
	50m: 31.99 31.99		150m: 1:44.62		37.38 250m: 3:00.71	38.03	350m: 4:15.59	37.70
	100m: 1:07.24 35.25		200m: 2:22.68		38.06 300m: 3:37.89	37.18	400m: 4:52.03	36.44
27.	Tiago Abrantes, OLIVEIRA FTL	M	109403	98	Sport Alges e Agueda	4:56.63	369	
	50m: 32.47 32.47		150m: 1:44.88		36.44 250m: 3:00.31	38.56	350m: 4:18.33	39.18
	100m: 1:08.44 35.97		200m: 2:21.75		36.87 300m: 3:39.15	38.84	400m: 4:56.63	38.30
DNS	Joao Jose, LARANJEIRA	M	105936	98	Campinho			

Infantis B

1.	Rui Jorge, MATIAS	M	107735	99	Clube Fluvial Vilacondense	4:34.94	463	
	50m: 31.52 31.52		150m: 1:40.76		35.21 250m: 2:50.91	35.13	350m: 4:01.77	35.24
	100m: 1:05.55 34.03		200m: 2:15.78		35.02 300m: 3:26.53	35.62	400m: 4:34.94	33.17
2.	Gabriel Levi, GOMES	M	118573	99	SCC/Oryzon Energias	4:44.78	417	
	50m: 32.24 32.24		150m: 1:42.83		35.73 250m: 2:55.63	36.58	350m: 4:09.00	36.85
	100m: 1:07.10 34.86		200m: 2:19.05		36.22 300m: 3:32.15	36.52	400m: 4:44.78	35.78
3.	Tiago Andre, OLIVEIRA	M	116986	99	Vitória Sport Clube	4:45.91	412	
	50m: 31.70 31.70		150m: 1:43.15		36.14 250m: 2:56.66	37.00	350m: 4:11.15	37.33
	100m: 1:07.01 35.31		200m: 2:19.66		36.51 300m: 3:33.82	37.16	400m: 4:45.91	34.76
4.	Ricardo Jorge, CARVALHO	M	105670	99	Galitos	4:49.21	398	
	50m: 32.84 32.84		150m: 1:45.11		36.21 250m: 2:59.58	37.35	350m: 4:13.76	36.96
	100m: 1:08.90 36.06		200m: 2:22.23		37.12 300m: 3:36.80	37.22	400m: 4:49.21	35.45
5.	Jose Pedro, FERNANDES	M	111611	99	Braga	4:53.54	380	
	50m: 31.71 31.71		150m: 1:43.30		36.84 250m: 2:58.79	38.19	350m: 4:15.79	38.55
	100m: 1:06.46 34.75		200m: 2:20.60		37.30 300m: 3:37.24	38.45	400m: 4:53.54	37.75
6.	Pedro Adelino, VIEGAS	M	110498	99	Vitória Sport Clube	4:56.55	369	
	50m: 33.82 33.82		150m: 1:47.60		37.49 250m: 3:03.43	38.23	350m: 4:19.48	37.74
	100m: 1:10.11 36.29		200m: 2:25.20		37.60 300m: 3:41.74	38.31	400m: 4:56.55	37.07
7.	Joao Paulo, CORREIA	M	110481	99	FCPorto	4:59.42	358	
	50m: 33.15 33.15		150m: 1:48.20		37.97 250m: 3:04.80	38.43	350m: 4:21.75	38.51
	100m: 1:10.23 37.08		200m: 2:26.37		38.17 300m: 3:43.24	38.44	400m: 4:59.42	37.67
EXH	Roman, STEFANIV	M	118568	98	SCC/Oryzon Energias	4:35.52	460	
	50m: 29.82 29.82		150m: 1:38.98		35.60 250m: 2:50.22	35.72	350m: 4:00.47	34.53
	100m: 1:03.38 33.56		200m: 2:14.50		35.52 300m: 3:25.94	35.72	400m: 4:35.52	35.05

Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012



Prova 9	Femin., 200m Bruços				Infantis
17-03-2012 - 10:15					Resultados
Recordes Nacionais 25m Absoluto	2:25.87	Diana Duarte, GOMES	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	2:46.41	tempo limite,			
Recordes Nacionais 25m Inf A	2:42.50	Filipa Vilas, RUIVO	DNMG	Nazaré	22-05-2010
TAC Zonais 2011 Inf A Fem Inf A: 3:14.50 / TAC Zonais 2011 Inf B Fem Inf B: 3:22.00					

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Rita Galvao, PEREIRA	F	121922	99	Famalicao	2:52.71	473	
	50m: 40.15 40.15	100m: 1:24.65			44.50 150m: 2:08.67	44.02	200m: 2:52.71	44.04
2.	Maria Eduarda, VEIGA	F	109030	99	Nautico/Matobra	2:52.95	471	44.85
	50m: 39.86 39.86	100m: 1:23.93			44.07 150m: 2:08.10	44.17	200m: 2:52.95	
3.	Mariana Pereira, SILVA	F	108997	99	Viana Natacao	2:59.50	421	46.22
	50m: 41.41 41.41	100m: 1:26.47			45.06 150m: 2:13.28	46.81	200m: 2:59.50	
4.	Ana Mafalda, DUARTE	F	111142	99	SCC/Oryzon Energias	3:03.00	397	48.11
	50m: 40.67 40.67	100m: 1:26.99			46.32 150m: 2:14.89	47.90	200m: 3:03.00	
5.	Ines Maria, NEVES	F	104492	99	FCPorto	3:03.95	391	48.24
	50m: 41.18 41.18	100m: 1:27.31			46.13 150m: 2:15.71	48.40	200m: 3:03.95	
6.	Carolina Cameira, SOUSA	F	107550	99	Viana Natacao	3:04.55	387	47.23
	50m: 41.75 41.75	100m: 1:28.97			47.22 150m: 2:17.32	48.35	200m: 3:04.55	
7.	Alexandra Lopes, AFONSO	F	107965	99	Ginasio Clube de Vila Real	3:04.58	387	47.16
	50m: 42.40 42.40	100m: 1:29.39			46.99 150m: 2:17.42	48.03	200m: 3:04.58	
8.	Ana Madalena, SANTOS	F	110671	99	Nautico/Matobra	3:05.30	383	48.10
	50m: 42.02 42.02	100m: 1:28.93			46.91 150m: 2:17.20	48.27	200m: 3:05.30	
9.	Ana Teresa, NASCIMENTO	F	111876	99	Leixões Sport Clube	3:06.67	374	47.37
	50m: 43.20 43.20	100m: 1:32.23			49.03 150m: 2:19.30	47.07	200m: 3:06.67	
10.	Catarina Isabel, BRANCO	F	118331	99	Ginásio Santo Tirso	3:06.98	372	48.03
	50m: 42.92 42.92	100m: 1:30.49			47.57 150m: 2:18.95	48.46	200m: 3:06.98	
11.	Beatriz Castanheira, DIAS	F	109015	99	Académica de Coimbra	3:07.40	370	46.82
	50m: 43.01 43.01	100m: 1:31.72			48.71 150m: 2:20.58	48.86	200m: 3:07.40	
12.	Catarina Filipa, LEI	F	109387	99	Sporting Clube de Espinho	3:07.53	369	50.52
	50m: 40.43 40.43	100m: 1:27.38			46.95 150m: 2:17.01	49.63	200m: 3:07.53	
13.	Madalena Nunes, PALMEIRA	F	109703	99	Nautico/Matobra	3:07.64	368	48.39
	50m: 42.31 42.31	100m: 1:29.89			47.58 150m: 2:19.25	49.36	200m: 3:07.64	
14.	Mafalda Malafaia, OLIVEIRA	F	109663	99	FCPorto	3:09.43	358	48.92
	50m: 43.54 43.54	100m: 1:31.42			47.88 150m: 2:20.51	49.09	200m: 3:09.43	
15.	Barbara Rita, SOUSA	F	116906	99	Valongo	3:11.47	347	50.87
	50m: 43.05 43.05	100m: 1:31.08			48.03 150m: 2:20.60	49.52	200m: 3:11.47	
16.	Marta Torres, TEIXEIRA	F	117416	99	FCPorto	3:11.57	346	49.29
	50m: 43.79 43.79	100m: 1:31.98			48.19 150m: 2:22.28	50.30	200m: 3:11.57	
17.	Ines Silva, MARQUES	F	110560	99	CNMaia	3:12.47	341	48.24
	50m: 43.16 43.16	100m: 1:32.27			49.11 150m: 2:24.23	51.96	200m: 3:12.47	
DSQ	Ana Beatriz, MARTINS 102 - Falsa partida - SW 4.4	F	108375	99	Famalicao			
WDR	Matilde Fernandes, SILVA	F	111589	99	Escola Desportiva de Viana			

Infantis B

1.	Carlota Santos, SILVA	F	117491	00	Nautico/Matobra	2:55.35	451	45.96
	50m: 39.49 39.49	100m: 1:23.73			44.24 150m: 2:09.39	45.66	200m: 2:55.35	
2.	Maria Ines, FERREIRA	F	116953	00	Miranda do Corvo	2:57.85	433	45.30
	50m: 41.42 41.42	100m: 1:26.46			45.04 150m: 2:12.55	46.09	200m: 2:57.85	
3.	Mariana Pereira, REGO	F	108334	00	Famalicao	3:00.35	415	46.08
	50m: 40.64 40.64	100m: 1:26.64			46.00 150m: 2:14.27	47.63	200m: 3:00.35	
4.	Ana Rita, FARIA	F	117417	00	FCPorto	3:09.85	356	48.03
	50m: 43.87 43.87	100m: 1:32.65			48.78 150m: 2:21.82	49.17	200m: 3:09.85	
5.	Ana Rita, CRUZ	F	108012	00	Gespacos	3:10.78	350	50.33
	50m: 42.29 42.29	100m: 1:30.20			47.91 150m: 2:20.45	50.25	200m: 3:10.78	
6.	Mariana Paula, BAPTISTA	F	108337	00	Famalicao	3:13.01	338	48.99
	50m: 44.12 44.12	100m: 1:34.12			50.00 150m: 2:24.02	49.90	200m: 3:13.01	

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Splash Meet Manager 11, Build 19249

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Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012

Prova 9, Femin., 200m Bruços, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
7.	Ines Sofia, SA 50m: 43.73 43.73	F	122386	00	Sport Clube de Mirandela 50.64 150m: 2:25.89	51.52 200m: 3:16.87	319	50.98
8.	Ana Carolina, NEVES 50m: 45.56 45.56	F	120791	00	Académica de Coimbra 50.30 150m: 2:26.30	50.44 200m: 3:16.92	319	50.62
9.	Ines Rosado, MONTEIRO 50m: 44.77 44.77	F	121817	00	Clube Natacao de Vagos 51.32 150m: 2:27.79	51.70 200m: 3:18.08	313	50.29
10.	Maria Joao, SOUSA 50m: 43.21 43.21	F	119445	00	Sporting Clube de Espinho 50.28 150m: 2:26.53	53.04 200m: 3:18.64	310	52.11
11.	Cristiana Monteiro, RIBEIRO 50m: 44.90 44.90	F	125475	00	Famalicao 50.09 150m: 2:26.51	51.52 200m: 3:18.65	310	52.14
12.	Raquel Leao, MONTEIRO 50m: 44.66 44.66	F	109336	00	Gespacos 50.27 150m: 2:26.91	51.98 200m: 3:18.72	310	51.81
13.	Joana Almeida, RAINHA 50m: 44.32 44.32	F	112519	00	Clube Fluvial Vilacondense 50.86 150m: 2:27.36	52.18 200m: 3:19.39	307	52.03
14.	Marisa Silva, MELO 50m: 43.20 43.20	F	118783	00	Clube Desportivo Feirense 52.28 150m: 2:29.59	54.11 200m: 3:20.65	301	51.06
15.	Sara Pinto, AZEVEDO 50m: 46.51 46.51	F	125476	00	Famalicao 51.61 150m: 2:30.99	52.87 200m: 3:20.68	301	49.69
16.	Marta Santos, PEREIRA FTL 50m: 46.62 46.62	F	107371	00	FCPorto 53.50 150m: 2:34.06	53.94 200m: 3:25.19	282	51.13

Prova 10

Masc., 200m Costas

Infantis

17-03-2012 - 10:50

Resultados

Recordes Nacionais 25m Absoluto	1:55.92	Adriano Miguel, NIZ	FPN	Istambul (TUR)	10-12-2009
Recordes Nacionais 25m Inf B	2:18.15	Alexandre Lages, RIBAS	EDV	Ponte da Barca	03-07-2010
Recordes Nacionais 25m Inf A	2:12.39	Rodrigo Silverio, CARMO	CNCVCG	Algés	12-06-2010

TAC Zonais 2011 Inf A Masc Inf A: 2:36.00 / TAC Zonais 2011 Inf B Masc Inf B: 2:45.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Joao Manuel, PIRES 50m: 32.93 32.93	M	109025	98	Nautico/Matobra 34.54 150m: 1:43.28	35.81 200m: 2:17.98	454	34.70
2.	Pedro Ferraz, SILVA 50m: 34.69 34.69	M	104441	98	Gespacos 35.32 150m: 1:45.97	35.96 200m: 2:20.96	426	34.99
3.	Rui Filipe, COSTA 50m: 31.85 31.85	M	109919	98	Desportos Barcelos 36.28 150m: 1:45.23	37.10 200m: 2:20.97	426	35.74
4.	Xavier Ribeiro, FERREIRA 50m: 33.01 33.01	M	108307	98	Famalicao 35.76 150m: 1:45.45	36.68 200m: 2:21.91	418	36.46
5.	Luis Filipe, SOARES 50m: 32.90 32.90	M	105615	98	Sporting Clube de Espinho 35.74 150m: 1:45.57	36.93 200m: 2:21.96	417	36.39
6.	Nuno Miguel, GRACA 50m: 32.58 32.58	M	105631	98	Escola Desportiva de Viana 36.16 150m: 1:46.45	37.71 200m: 2:22.04	416	35.59
7.	Joao Jose, LARANJEIRA 50m: 32.84 32.84	M	105936	98	Campinho 36.49 150m: 1:46.79	37.46 200m: 2:23.54	403	36.75
8.	Andre Filipe, AFONSECA 50m: 32.88 32.88	M	117795	98	Desportos Barcelos 36.78 150m: 1:47.81	38.15 200m: 2:23.74	402	35.93
9.	Leandro Fernandes, MOTA 50m: 33.14 33.14	M	106760	98	SCC/Oryzon Energias 36.61 150m: 1:47.47	37.72 200m: 2:24.37	397	36.90
10.	Jose Pedro, SAMPAIO 50m: 34.54 34.54	M	108295	98	Felgueiras 37.82 150m: 1:49.65	37.29 200m: 2:26.03	383	36.38
11.	Joao Alberto, GONDAR 50m: 33.66 33.66	M	111545	98	Clube Fluvial Vilacondense 36.63 150m: 1:48.31	38.02 200m: 2:26.14	382	37.83
12.	Lucas Correia, VELOSO 50m: 33.93 33.93	M	109918	98	Desportos Barcelos 37.13 150m: 1:49.10	38.04 200m: 2:26.32	381	37.22
13.	H., FELGUEIRAS 50m: 33.81 33.81	M	105205	98	Valongo 37.50 150m: 1:49.45	38.14 200m: 2:26.60	379	37.15

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 10, Masc., 200m Costas, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
14.	Andre Magalhaes, MOURA 50m: 35.72 35.72	M	104988	98	Ac.Viseu 100m: 1:14.07 150m: 1:52.14 38.07	2:28.09 2:28.09	367	35.95
15.	Vasco Gradim, AMORIM 50m: 35.16 35.16	M	110486	98	FCPorto 100m: 1:12.60 150m: 1:50.99 38.39	2:28.43 2:28.43	365	37.44
16.	Alexandre Miguel, FABIAO 50m: 33.94 33.94	M	107938	98	Clube Fluvial Vilacondense 100m: 1:11.16 150m: 1:50.82 39.66	2:28.75 2:28.75	362	37.93
17.	Diogo Miguel, COSTA 50m: 33.99 33.99	M	110489	98	FCPorto 100m: 1:11.99 150m: 1:51.35 39.36	2:29.84 2:29.84	355	38.49
18.	Paulo Filipe, SILVA 50m: 35.63 35.63	M	117012	98	CNMaia 100m: 1:13.27 150m: 1:52.48 39.21	2:30.54 2:30.54	350	38.06
19.	Jorge Rogerio, MORAIS 50m: 34.69 34.69	M	104413	98	Lousada 100m: 1:12.27 150m: 1:51.88 39.61	2:30.74 2:30.74	348	38.86
20.	Antonio Francisco, FERREIRA 50m: 36.65 36.65	M	109412	98	Ac.Viseu 100m: 1:15.56 150m: 1:54.96 39.40	2:31.53 2:31.53	343	36.57
21.	Joao Nuno, RODRIGUES 50m: 34.79 34.79	M	109352	98	Nautico/Matobra 100m: 1:12.87 150m: 1:52.58 39.71	2:31.81 2:31.81	341	39.23
22.	Ricardo Daniel, PIRES 50m: 34.67 34.67	M	107524	98	Escola Desportiva de Viana 100m: 1:13.13 150m: 1:52.91 39.78	2:32.67 2:32.67	335	39.76
23.	Pedro Filipe, PIRES 50m: 35.38 35.38	M	106358	98	Nautico/Matobra 100m: 1:14.52 150m: 1:54.09 39.57	2:33.07 2:33.07	333	38.98
24.	Diogo Rodrigues, LEITAO 50m: 37.20 37.20	M	112233	98	Assoc. Desportiva de Fafe 100m: 1:16.21 150m: 1:55.69 39.48	2:33.24 2:33.24	332	37.55
25.	Eduardo Abel, DUARTE FTL 50m: 34.81 34.81	M	104561	98	Lousada 100m: 1:13.73 150m: 1:55.00 41.27	2:36.18 2:36.18	313	41.18
26.	Pedro Miguel, LINO FTL 50m: 35.85 35.85	M	104724	98	Gespacos 100m: 1:16.20 150m: 1:57.33 41.13	2:37.12 2:37.12	308	39.79
27.	Diogo Loureiro, MARTINHO FTL 50m: 36.38 36.38	M	116948	98	Ginásio Clube Figueirense 100m: 1:15.31 150m: 1:56.54 41.23	2:37.15 2:37.15	307	40.61
28.	Manuel Jose, VIDIGUEIRA FTL 50m: 36.69 36.69	M	112033	98	Ginásio Clube Figueirense 100m: 1:16.89 150m: 1:57.56 40.67	2:37.77 2:37.77	304	40.21
29.	Rodrigo Reis, SILVA FTL 50m: 36.47 36.47	M	117297	98	Lamas 100m: 1:16.91 150m: 1:58.38 41.47	2:39.19 2:39.19	296	40.81
DSQ	Joao Diogo, LOURENCO 102 - Falsa partida - SW 4.4	M	104412	98	Felgueiras			
WDR	Rodrigo Manuel, MONTEIRO	M	109389	98	Sporting Clube de Espinho			

Infantis B

1.	Gabriel Levi, GOMES 50m: 35.61 35.61	M	118573	99	SCC/Oryzon Energias 100m: 1:13.45 150m: 1:52.25 38.80	2:29.86 2:29.86	354	37.61
2.	Joao Gabriel, MELO 50m: 36.01 36.01	M	112385	99	Sport Alges e Agueda 100m: 1:14.68 150m: 1:54.26 39.58	2:31.83 2:31.83	341	37.57
3.	Nuno Filipe, COSTA 50m: 36.31 36.31	M	102449	99	Gespacos 100m: 1:15.25 150m: 1:55.22 39.97	2:33.74 2:33.74	328	38.52
4.	Andre Martins, PALHINHA 50m: 35.44 35.44	M	119387	99	Sporting Clube de Aveiro 100m: 1:14.75 150m: 1:54.82 40.07	2:34.50 2:34.50	323	39.68
5.	Pedro Miguel, FERNANDES 50m: 35.05 35.05	M	110494	99	Vitória Sport Clube 100m: 1:15.02 150m: 1:56.28 41.26	2:35.01 2:35.01	320	38.73
6.	Alexandre Santos, MESQUITA 50m: 36.71 36.71	M	111139	99	Freguesia de Paiao 100m: 1:17.49 150m: 1:58.49 41.00	2:36.94 2:36.94	309	38.45
7.	Tiago Silva, SOARES 50m: 35.47 35.47	M	108287	99	FCPorto 100m: 1:16.81 150m: 1:57.84 41.03	2:37.24 2:37.24	307	39.40
8.	Joao Pedro, GOMES 50m: 37.60 37.60	M	109733	99	Miranda do Corvo 100m: 1:17.68 150m: 1:58.32 40.64	2:37.68 2:37.68	304	39.36
9.	Joao Silva, COSTA 50m: 36.56 36.56	M	111101	99	CNMaia 100m: 1:16.64 150m: 1:58.25 41.61	2:38.08 2:38.08	302	39.83
10.	Gabriel Vidal, CARVALHO 50m: 37.75 37.75	M	117042	99	Galitos 100m: 1:17.63 150m: 1:58.68 41.05	2:38.82 2:38.82	298	40.14

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 10, Masc., 200m Costas, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
11.	Francisco Oliveira, FERREIRA 50m: 38.26 38.26	M	125477	99	Famalicao 100m: 1:19.38 150m: 2:01.12 41.74	2:40.47 2:40.47	289	39.35
12.	Jose Paulo, GOMES 50m: 37.81 37.81	M	108296	99	Felgueiras 100m: 1:18.73 150m: 2:00.26 41.53	2:40.66 2:40.66	288	40.40
13.	Nuno Henrique, GUIMARAES 50m: 38.21 38.21	M	119147	99	Valongo 100m: 1:19.37 150m: 2:01.66 42.29	2:41.84 2:41.84	281	40.18
14.	Hugo Edgar, MIRANDA 50m: 38.11 38.11	M	107551	99	Escola Desportiva de Viana 100m: 1:18.79 150m: 2:01.04 42.25	2:42.13 2:42.13	280	41.09
15.	Afonso Ribeiro, COUTO 50m: 38.04 38.04	M	111102	99	CNMaia 100m: 1:19.79 150m: 2:02.04 42.25	2:42.93 2:42.93	276	40.89
16.	Antonio Fernando, PINTO FTL 50m: 39.00 39.00	M	109280	99	Lousada 100m: 1:21.65 150m: 2:05.30 43.65	2:47.61 2:47.61	253	42.31
DSQ	Miguel Angelo, FONSECA 307 - O(a) atleta efectuou mais que uma braçada, na posição ventral, antes da viragem aos 150 metros – SW 6.4	M	110424	99	Ginasio Clube de Vila Real			

Prova 11

Femin., 200m Estilos

Infantis

17-03-2012 - 11:10

Resultados

Recordes Nacionais 25m Absoluto	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	2:30.96	Filipa Vilas, RUIVO	DNMG	Alcobaça	13-06-2009
Recordes Nacionais 25m Inf A	2:25.08	Ines Camacho, FERNANDES	SCP	Tavira	06-03-2010

TAC Zonais 2011 Inf A Fem Inf A: 2:52.00 / TAC Zonais 2011 Inf B Fem Inf B: 3:00.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Rita Galvao, PEREIRA 50m: 37.22 37.22	F	121922	99	Famalicao 100m: 1:17.24 150m: 2:01.78 44.54	2:37.80 2:37.80	492	36.02
2.	Maria Eduarda, VEIGA 50m: 35.15 35.15	F	109030	99	Nautico/Matobra 100m: 1:16.95 150m: 2:02.07 45.12	2:38.19 2:38.19	488	36.12
3.	Rita Costa, AMADOR 50m: 34.21 34.21	F	105665	99	Galitos 100m: 1:15.83 150m: 2:03.74 47.91	2:38.43 2:38.43	486	34.69
4.	Maria Leonor, MARTINS 50m: 33.81 33.81	F	107962	99	Gespacos 100m: 1:15.62 150m: 2:05.20 49.58	2:40.59 2:40.59	467	35.39
5.	Ana Miguel, PINTO 50m: 34.24 34.24	F	107478	99	Viana Natacao 100m: 1:14.71 150m: 2:04.17 49.46	2:40.60 2:40.60	467	36.43
6.	Lara Alexandra, VAZ 50m: 34.26 34.26	F	110696	99	Escola Desportiva de Viana 100m: 1:15.93 150m: 2:04.05 48.12	2:41.33 2:41.33	460	37.28
7.	Rosana Marinho, MACEDO 50m: 35.60 35.60	F	111500	99	Felgueiras 100m: 1:16.46 150m: 2:04.95 48.49	2:41.77 2:41.77	456	36.82
8.	Catarina Reis, SILVA 50m: 34.44 34.44	F	107568	99	Braga 100m: 1:14.78 150m: 2:05.35 50.57	2:42.04 2:42.04	454	36.69
9.	Ana Beatriz, MARTINS 50m: 37.58 37.58	F	108375	99	Famalicao 100m: 1:21.62 150m: 2:07.13 45.51	2:42.63 2:42.63	449	35.50
10.	Ana Sofia, AFONSO 50m: 34.75 34.75	F	111588	99	Escola Desportiva de Viana 100m: 1:15.18 150m: 2:06.79 51.61	2:42.89 2:42.89	447	36.10
11.	Ana Carvalho, SILVA 50m: 36.53 36.53	F	111625	99	Desportos Barcelos 100m: 1:17.06 150m: 2:05.53 48.47	2:43.53 2:43.53	442	38.00
12.	Noemia Verdi, SILVA 50m: 36.33 36.33	F	111770	99	Vitória Sport Clube 100m: 1:19.34 150m: 2:07.00 47.66	2:43.71 2:43.71	440	36.71
13.	Ines Maria, PEREIRA 50m: 35.08 35.08	F	105607	99	Leixões Sport Clube 100m: 1:17.00 150m: 2:05.62 48.62	2:44.04 2:44.04	438	38.42
14.	Catarina Costa, BALSEIRO 50m: 37.26 37.26	F	112375	99	Sporting Clube de Aveiro 100m: 1:17.95 150m: 2:08.35 50.40	2:45.21 2:45.21	428	36.86
15.	Ana Mafalda, DUARTE 50m: 36.53 36.53	F	111142	99	SCC/Oryzon Energias 100m: 1:20.39 150m: 2:06.90 46.51	2:45.30 2:45.30	428	38.40
16.	Ines Pereira, OLIVEIRA 50m: 36.60 36.60	F	108311	99	Famalicao 100m: 1:20.28 150m: 2:09.35 49.07	2:45.48 2:45.48	426	36.13

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Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012

Prova 11, Femin., 200m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
17.	Leonor Paiva, RUIZ 50m: 36.16 36.16	F	112518	99	Clube Fluvial Vilacondense 43.33 150m: 2:08.32 48.83	2:45.50 200m: 2:45.50	426	37.18
18.	Ines Rocha, NUNES 50m: 37.08 37.08	F	111154	99	Ginásio Clube Figueirense 41.76 150m: 2:09.93 51.09	2:47.42 200m: 2:47.42	412	37.49
19.	Marta Ferreira, ROCHA 50m: 38.06 38.06	F	110558	99	Leixões Sport Clube 43.62 150m: 2:11.85 50.17	2:48.82 200m: 2:48.82	402	36.97
20.	Carolina Silva, MOREIRA 50m: 37.28 37.28	F	118910	99	CNMaia 44.03 150m: 2:11.95 50.64	2:48.99 200m: 2:48.99	400	37.04
21.	Ana Vanessa, DUARTE 50m: 35.18 35.18	F	111141	99	SCC/Oryzon Energias 43.78 150m: 2:11.16 52.20	2:49.23 200m: 2:49.23	399	38.07
22.	Carolina Cameira, SOUSA 50m: 39.35 39.35	F	107550	99	Viana Natacao 42.55 150m: 2:09.96 48.06	2:50.02 200m: 2:50.02	393	40.06
23.	Carolina Rocha, SILVA 50m: 37.57 37.57	F	109386	99	Sporting Clube de Espinho 44.30 150m: 2:11.64 49.77	2:50.03 200m: 2:50.03	393	38.39
24.	Ines Maria, NEVES 50m: 40.48 40.48	F	104492	99	FCPorto 44.59 150m: 2:12.28 47.21	2:50.04 200m: 2:50.04	393	37.76
25.	Marta Silva, FELIX 50m: 39.32 39.32	F	119385	99	Sporting Clube de Aveiro 41.05 150m: 2:12.25 51.88	2:50.28 200m: 2:50.28	391	38.03
26.	Ana Madalena, SANTOS 50m: 39.90 39.90	F	110671	99	Nautico/Matobra 45.20 150m: 2:11.14 46.04	2:50.52 200m: 2:50.52	390	39.38
27.	Mafalda Malafaia, OLIVEIRA 50m: 38.56 38.56	F	109663	99	FCPorto 44.62 150m: 2:11.96 48.78	2:50.71 200m: 2:50.71	388	38.75
28.	Sara Ramos, CASTELO FTL 50m: 39.57 39.57	F	111156	99	Sporting Clube de Espinho 44.03 150m: 2:14.00 50.40	2:52.20 200m: 2:52.20	378	38.20
29.	Barbara Rita, SOUSA FTL 50m: 39.84 39.84	F	116906	99	Valongo 42.71 150m: 2:13.79 51.24	2:55.16 200m: 2:55.16	359	41.37
DSQ	Ana Estevinha, SILVA 308 - O(a) atleta não chegou na posição dorsal – SW 6.5, Na chegada do estilo de costas.	F	120794	99	Ginásio Clube Figueirense			
DSQ	Mariana Pereira, SILVA A atleta, efetuou movimento alternado de braços após a viragem aos 125m.	F	108997	99	Viana Natacao			

Infantis B

1.	Maria Francisca, CABRAL 50m: 34.48 34.48	F	118113	00	FCPorto 38.78 150m: 2:01.77 48.51	2:37.50 200m: 2:37.50	495	35.73
2.	Teresa Miguel, VELOSO 50m: 35.33 35.33	F	103876	00	Nautico/Matobra 40.81 150m: 2:01.77 45.63	2:38.59 200m: 2:38.59	484	36.82
3.	Ana Miguel, REIS 50m: 35.47 35.47	F	108089	00	SCC/Oryzon Energias 40.57 150m: 2:03.56 47.52	2:40.37 200m: 2:40.37	469	36.81
4.	Alexandra Jesus, SANTOS 50m: 36.74 36.74	F	117408	00	Leixões Sport Clube 40.69 150m: 2:09.22 51.79	2:47.18 200m: 2:47.18	414	37.96
5.	Adriana Azevedo, COUTO 50m: 38.39 38.39	F	108336	00	Famalicao 45.21 150m: 2:12.02 48.42	2:49.50 200m: 2:49.50	397	37.48
6.	Carlota Santos, SILVA 50m: 42.02 42.02	F	117491	00	Nautico/Matobra 43.62 150m: 2:11.87 46.23	2:51.08 200m: 2:51.08	386	39.21
7.	Maria Ines, FERREIRA 50m: 39.12 39.12	F	116953	00	Miranda do Corvo 45.82 150m: 2:11.38 46.44	2:51.10 200m: 2:51.10	386	39.72
8.	Rafaela Araujo, SILVA 50m: 40.32 40.32	F	119630	00	Famalicao 44.96 150m: 2:12.92 47.64	2:51.82 200m: 2:51.82	381	38.90
9.	Mariana Pereira, REGO 50m: 41.22 41.22	F	108334	00	Famalicao 47.81 150m: 2:15.43 46.40	2:52.88 200m: 2:52.88	374	37.45
10.	Joana Francisca, COSTA 50m: 41.66 41.66	F	118312	00	Felgueiras 43.16 150m: 2:18.23 53.41	2:54.40 200m: 2:54.40	364	36.17
11.	Beatriz Costa, GONCALVES 50m: 40.65 40.65	F	121276	00	Desportos Barcelos 44.25 150m: 2:16.06 51.16	2:54.44 200m: 2:54.44	364	38.38
12.	Ana Rita, CRUZ 50m: 38.60 38.60	F	108012	00	Gespacos 45.06 150m: 2:13.96 50.30	2:54.62 200m: 2:54.62	363	40.66
13.	Daniela Domingues, SOUSA 50m: 36.13 36.13	F	117411	00	Valongo 45.03 150m: 2:16.89 55.73	2:55.64 200m: 2:55.64	357	38.75
14.	Mariana Paula, BAPTISTA 50m: 42.31 42.31	F	108337	00	Famalicao 43.78 150m: 2:16.80 50.71	2:55.97 200m: 2:55.97	355	39.17

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Registered to Associação de Natacao do Norte de Portugal

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 11, Femin., 200m Estilos, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
15.	Ana Francisca, SENRA 50m: 37.91 37.91	F	111628	00	Desportos Barcelos 44.06 150m: 2:16.83 54.86	2:55.99 200m: 2:55.99	354	39.16
16.	Ana Carolina, NEVES 50m: 38.21 38.21	F	120791	00	Académica de Coimbra 46.61 150m: 2:17.36 52.54	2:56.08 200m: 2:56.08	354	38.72
17.	Ana Cristina, AFONSO 50m: 42.70 42.70	F	119480	00	Viana Natacao 43.57 150m: 2:19.45 53.18	2:58.77 200m: 2:58.77	338	39.32
18.	Ines Silva, OLIVEIRA FTL 50m: 42.15 42.15	F	116890	00	Leixões Sport Clube 46.14 150m: 2:22.83 54.54	3:00.13 200m: 3:00.13	330	37.30
19.	Rita Correia, ALBERGUEIRO FTL 50m: 37.29 37.29	F	117579	00	Estamos Juntos 44.43 150m: 2:19.13 57.41	3:01.56 200m: 3:01.56	323	42.43
20.	Helena Neto, COSTA FTL 50m: 40.65 40.65	F	111309	00	Gespacos 48.90 150m: 2:21.83 52.28	3:05.09 200m: 3:05.09	305	43.26
DSQ	Joana Martins, PEREIRA 102 - Falsa partida – SW 4.4	F	111512	00	Clube Fluvial Vilacondense			

3 - 2ª Jornada - 2ª Sessão

17-03-2012 - 16:00

Prova 12 Masc., 200m Livres Infantis Resultados

Recordes Nacionais 25m Absoluto	1:45.69	Diogo Filipe, CARVALHO	CGA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	2:05.79	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04-04-2003
Recordes Nacionais 25m Inf A	1:58.99	Pedro Fontoura, OLIVEIRA	CFB	Cova da Piedade	10-06-2004

TAC Zonais 2011 Inf A Masc Inf A: 2:20.20 / TAC Zonais 2011 Inf B Masc Inf B: 2:26.50

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Joao Manuel, PIRES 50m: 29.42 29.42	M	109025	98	Nautico/Matobra 31.47 150m: 1:32.23 31.34	2:03.22 200m: 2:03.22	524	30.99
2.	Nuno Miguel, GRACA 50m: 27.94 27.94	M	105631	98	Escola Desportiva de Viana 31.88 150m: 1:31.86 32.04	2:03.42 200m: 2:03.42	521	31.56
3.	Joao Carlos, SILVA 50m: 28.56 28.56	M	108379	98	Famalicao 31.25 150m: 1:33.09 33.28	2:07.43 200m: 2:07.43	474	34.34
4.	Leandro Fernandes, MOTA 50m: 29.53 29.53	M	106760	98	SCC/Oryzon Energias 32.46 150m: 1:35.26 33.27	2:08.16 200m: 2:08.16	466	32.90
5.	Joao Alberto, GONDAR 50m: 29.21 29.21	M	111545	98	Clube Fluvial Vilacondense 32.57 150m: 1:35.95 34.17	2:08.62 200m: 2:08.62	461	32.67
6.	Joao Diogo, LOURENCO 50m: 29.04 29.04	M	104412	98	Felgueiras 33.00 150m: 1:36.39 34.35	2:10.36 200m: 2:10.36	442	33.97
7.	Goncalo Miguel, NOGUEIRA 50m: 29.84 29.84	M	104471	98	FCPorto 33.15 150m: 1:37.34 34.35	2:10.47 200m: 2:10.47	441	33.13
8.	Joao Costa, FERREIRA 50m: 30.70 30.70	M	119632	98	Famalicao 33.17 150m: 1:37.88 34.01	2:10.49 200m: 2:10.49	441	32.61
9.	Rui Filipe, COSTA 50m: 29.61 29.61	M	109919	98	Desportos Barcelos 33.12 150m: 1:37.02 34.29	2:10.66 200m: 2:10.66	439	33.64
10.	Diogo Mendes, PEREIRA 50m: 30.43 30.43	M	107783	98	Freguesia de Paiao 33.34 150m: 1:37.76 33.99	2:11.96 200m: 2:11.96	427	34.20
11.	Leandro Miguel, BAPTISTA 50m: 30.33 30.33	M	102657	98	Leixões Sport Clube 33.16 150m: 1:38.20 34.71	2:12.06 200m: 2:12.06	426	33.86
12.	Pedro Goncalves, NETO 50m: 30.80 30.80	M	102038	98	FCPorto 33.68 150m: 1:38.71 34.23	2:12.08 200m: 2:12.08	425	33.37
13.	Joao Jose, LARANJEIRA 50m: 30.20 30.20	M	105936	98	Campinho 33.53 150m: 1:38.57 34.84	2:12.58 200m: 2:12.58	421	34.01

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 12, Masc., 200m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
14.	Jose Pedro, SAMPAIO 50m: 30.61 30.61	M	108295	98	Felgueiras 33.79 150m: 1:39.24 34.84	2:13.02 200m: 2:13.02	416	33.78
15.	Leonardo Bom, PINTO 50m: 31.40 31.40	M	120168	98	Leixões Sport Clube 34.05 150m: 1:39.92 34.47	2:13.16 200m: 2:13.16	415	33.24
16.	Luis Filipe, RIBEIRO 50m: 30.91 30.91	M	107564	98	Braga 34.21 150m: 1:40.45 35.33	2:13.42 200m: 2:13.42	413	32.97
17.	Jose Pedro, PINTO 50m: 30.59 30.59	M	100797	98	Braga 34.09 150m: 1:39.12 34.44	2:13.46 200m: 2:13.46	412	34.34
18.	Diogo Rafael, SANTOS 50m: 30.97 30.97	M	110597	98	Galitos 33.95 150m: 1:40.29 35.37	2:13.58 200m: 2:13.58	411	33.29
19.	Luis Carlos, ALMEIDA 50m: 30.74 30.74	M	104527	98	Gespacos 34.06 150m: 1:40.19 35.39	2:13.77 200m: 2:13.77	409	33.58
20.	H., FELGUEIRAS 50m: 30.10 30.10	M	105205	98	Valongo 34.06 150m: 1:39.38 35.22	2:13.89 200m: 2:13.89	408	34.51
21.	Alexandre Miguel, FABIAO 50m: 30.44 30.44	M	107938	98	Clube Fluvial Vilacondense 34.70 150m: 1:40.77 35.63	2:14.27 200m: 2:14.27	405	33.50
22.	Daniel Filipe, PAIVA 50m: 32.22 32.22	M	110265	98	Miranda do Corvo 34.35 150m: 1:41.23 34.66	2:14.43 200m: 2:14.43	403	33.20
23.	Antonio Francisco, FERREIRA 50m: 31.84 31.84	M	109412	98	Ac.Viseu 35.50 150m: 1:42.71 35.37	2:16.08 200m: 2:16.08	389	33.37
24.	Pedro Filipe, PIRES 50m: 31.38 31.38	M	106358	98	Nautico/Matobra 34.62 150m: 1:41.56 35.56	2:16.45 200m: 2:16.45	386	34.89
25.	Diogo Rodrigues, LEITAO 50m: 31.57 31.57	M	112233	98	Assoc. Desportiva de Fafe 34.88 150m: 1:42.03 35.58	2:16.50 200m: 2:16.50	385	34.47
26.	Jorge Rogerio, MORAIS 50m: 30.30 30.30	M	104413	98	Lousada 34.10 150m: 1:38.93 34.53	2:16.76 200m: 2:16.76	383	37.83
27.	Patrick Jose, MAIA 50m: 32.30 32.30	M	117483	98	Nautico/Matobra 34.21 150m: 1:42.73 36.22	2:17.08 200m: 2:17.08	380	34.35
28.	Nuno Tiago, LOPES 50m: 32.09 32.09	M	110423	98	Ginasio Clube de Vila Real 35.00 150m: 1:42.79 35.70	2:17.40 200m: 2:17.40	378	34.61
29.	Diogo Loureiro, MARTINHO 50m: 30.55 30.55	M	116948	98	Ginásio Clube Figueirense 34.50 150m: 1:41.89 36.84	2:17.98 200m: 2:17.98	373	36.09
30.	João Soares, MELO 50m: 30.83 30.83	M	121433	98	Estamos Juntos 33.61 150m: 1:40.68 36.24	2:18.22 200m: 2:18.22	371	37.54
31.	Antonio Tiago, RODRIGUES 50m: 31.53 31.53	M	121119	98	S. Pedro do Sul 35.35 150m: 1:43.41 36.53	2:18.28 200m: 2:18.28	371	34.87
32.	Carlos Alberto, GOMES 50m: 31.58 31.58	M	109394	98	Sporting Clube de Espinho 34.76 150m: 1:42.79 36.45	2:18.30 200m: 2:18.30	370	35.51
33.	Joao Nuno, RODRIGUES 50m: 31.78 31.78	M	109352	98	Nautico/Matobra 35.61 150m: 1:43.30 35.91	2:18.76 200m: 2:18.76	367	35.46
34.	Pedro Miguel, VIEIRA 50m: 32.79 32.79	M	109367	98	Galitos 35.80 150m: 1:44.13 35.54	2:18.84 200m: 2:18.84	366	34.71
35.	Bruno Jose, SILVA FTL 50m: 32.88 32.88	M	107560	98	Braga 35.41 150m: 1:44.75 36.46	2:20.56 200m: 2:20.56	353	35.81

Infantis B

1.	Rui Jorge, MATIAS 50m: 30.13 30.13	M	107735	99	Clube Fluvial Vilacondense 33.12 150m: 1:37.75 34.50	2:11.76 200m: 2:11.76	428	34.01
2.	Tiago Andre, OLIVEIRA 50m: 30.06 30.06	M	116986	99	Vitória Sport Clube 33.96 150m: 1:39.35 35.33	2:13.04 200m: 2:13.04	416	33.69
3.	Ricardo Jorge, CARVALHO 50m: 31.99 31.99	M	105670	99	Galitos 34.53 150m: 1:41.15 34.63	2:13.22 200m: 2:13.22	415	32.07
4.	Jose Pedro, FERNANDES 50m: 30.31 30.31	M	111611	99	Braga 34.32 150m: 1:39.64 35.01	2:14.33 200m: 2:14.33	404	34.69
5.	Gabriel Levi, GOMES 50m: 31.52 31.52	M	118573	99	SCC/Oryzon Energias 33.86 150m: 1:40.70 35.32	2:14.81 200m: 2:14.81	400	34.11
6.	Mateus Ribeiro, CARVALHO 50m: 30.54 30.54	M	119635	99	Famalicao 35.35 150m: 1:42.50 36.61	2:18.53 200m: 2:18.53	369	36.03
7.	Goncalo Oliveira, CABRAL 50m: 31.25 31.25	M	118367	99	Leixões Sport Clube 34.39 150m: 1:42.34 36.70	2:18.93 200m: 2:18.93	365	36.59

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 12, Masc., 200m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
8.	Pedro Adelino, VIEGAS 50m: 32.53 32.53	M	110498	99	Vitória Sport Clube 35.17 150m: 1:44.19 36.49	2:19.36 200m: 2:19.36	362	35.17
9.	Joao Gabriel, MELO 50m: 31.50 31.50	M	112385	99	Sport Alges e Agueda 35.49 150m: 1:43.75 36.76	2:19.59 200m: 2:19.59	360	35.84
10.	Tiago Silva, SOARES 50m: 31.88 31.88	M	108287	99	FCPorto 35.37 150m: 1:44.32 37.07	2:20.30 200m: 2:20.30	355	35.98
11.	Francisco Oliveira, FERREIRA 50m: 33.61 33.61	M	125477	99	Famalicao 36.84 150m: 1:47.44 36.99	2:20.97 200m: 2:20.97	350	33.53
12.	Andre Martins, PALHINHA 50m: 32.52 32.82	M	119387	99	Sporting Clube de Aveiro 35.75 150m: 1:46.37 37.80	2:22.03 200m: 2:22.03	342	35.66
13.	Jose Neves, NETO 50m: 32.62 32.62	M	111235	99	SCC/Oryzon Energias 36.21 150m: 1:46.35 37.52	2:22.36 200m: 2:22.36	340	36.01
14.	Jose Paulo, GOMES 50m: 32.58 32.58	M	108296	99	Felgueiras 36.70 150m: 1:46.59 37.31	2:22.73 200m: 2:22.73	337	36.14
15.	Joao Rafael, SILVA 50m: 33.25 33.25	M	118572	99	SCC/Oryzon Energias 36.08 150m: 1:46.47 37.14	2:23.29 200m: 2:23.29	333	36.82
16.	Alexandre Santos, MESQUITA 50m: 33.38 33.38	M	111139	99	Freguesia de Paiao 37.59 150m: 1:48.13 37.16	2:23.89 200m: 2:23.89	329	35.76
17.	Elmano Madail, COSTA 50m: 34.85 34.85	M	118322	99	Vitória Sport Clube 36.86 150m: 1:48.56 36.85	2:25.77 200m: 2:25.77	316	37.21
18.	Hugo Edgar, MIRANDA 50m: 33.52 33.52	M	107551	99	Escola Desportiva de Viana 37.65 150m: 1:49.53 38.36	2:25.84 200m: 2:25.84	316	36.31
19.	Afonso Ribeiro, COUTO 50m: 32.75 32.75	M	111102	99	CNMaia 37.62 150m: 1:48.79 38.42	2:25.99 200m: 2:25.99	315	37.20
20.	Miguel Angelo, FONSECA 50m: 34.85 34.85	M	110424	99	Ginasio Clube de Vila Real 37.37 150m: 1:49.99 37.77	2:26.36 200m: 2:26.36	312	36.37
21.	Joao Pedro, GOMES 50m: 34.30 34.30	M	109733	99	Miranda do Corvo 37.79 150m: 1:49.65 37.56	2:26.37 200m: 2:26.37	312	36.72
22.	Nuno Henrique, GUIMARAES FTL 50m: 33.12 33.12	M	119147	99	Valongo 37.33 150m: 1:49.16 38.71	2:27.31 200m: 2:27.31	306	38.15
23.	André Freitas, GUAL FTL 50m: 32.71 32.71	M	117584	99	Estamos Juntos 36.47 150m: 1:48.49 39.31	2:27.67 200m: 2:27.67	304	39.18
24.	Antonio Fernando, PINTO FTL 50m: 33.73 33.73	M	109280	99	Lousada 38.19 150m: 1:50.90 38.98	2:28.70 200m: 2:28.70	298	37.80
DSQ	Nuno Filipe, COSTA 701 - O(a) atleta não completou o percurso – SW 10.2	M	102449	99	Gespacos			
EXH	Roman, STEFANIV 50m: 29.46 29.46	M	118568	98	SCC/Oryzon Energias 34.16 150m: 1:39.04 35.42	2:13.34 200m: 2:13.34	413	34.30

Prova 13

Femin., 100m Livres

Infantis

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Resultados

Recordes Nacionais 25m Absoluto	55.43	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	1:01.63	Ines Camacho, FERNANDES	SCP	Lisboa	05-04-2009
Recordes Nacionais 25m Inf A	59.20	Ines Camacho, FERNANDES	SCP	Tavira	07-03-2010

TAC Zonais 2011 Inf A Fem Inf A: 1:10.00 / TAC Zonais 2011 Inf B Fem Inf B: 1:13.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Ana Miguel, PINTO	F	107478	99	Viana Natacao	1:02.95	532	
	50m: 30.54 30.54				100m: 1:02.95 32.41			
2.	Ana Carolina, CARRACO	F	121177	99	Freguesia de Paiao	1:04.16	502	
	50m: 31.69 31.69				100m: 1:04.16 32.47			
3.	Ana Sofia, AFONSO	F	111588	99	Escola Desportiva de Viana	1:04.34	498	
	50m: 31.29 31.29				100m: 1:04.34 33.05			
4.	Noemia Verdi, SILVA	F	111770	99	Vitória Sport Clube	1:04.37	497	
	50m: 30.83 30.83				100m: 1:04.37 33.54			
5.	Mariana Alexandre, OLIVEIRA	F	107368	99	FCPorto	1:04.78	488	
	50m: 31.81 31.81				100m: 1:04.78 32.97			
6.	Rita Galvao, PEREIRA	F	121922	99	Famalicao	1:04.90	485	
	50m: 31.62 31.62				100m: 1:04.90 33.28			
7.	Maria Dias, NEVES	F	108078	99	Miranda do Corvo	1:05.72	467	
	50m: 31.74 31.74				100m: 1:05.72 33.98			
8.	Maria Ines, MACHADO	F	108320	99	Famalicao	1:06.21	457	
	50m: 31.83 31.83				100m: 1:06.21 34.38			
9.	Ana Carvalho, SILVA	F	111625	99	Desportos Barcelos	1:06.29	455	
	50m: 32.18 32.18				100m: 1:06.29 34.11			
10.	Mariana Pereira, SILVA	F	108997	99	Viana Natacao	1:06.56	450	
	50m: 31.85 31.85				100m: 1:06.56 34.71			
11.	Tamila Hryhorivna, HOLUB	F	116887	99	Braga	1:07.01	441	
	50m: 32.61 32.61				100m: 1:07.01 34.40			
12.	Carolina Rocha, SILVA	F	109386	99	Sporting Clube de Espinho	1:07.16	438	
	50m: 32.23 32.23				100m: 1:07.16 34.93			
13.	Viviana Pinto, CUNHA	F	125474	99	Famalicao	1:07.29	435	
	50m: 32.54 32.54				100m: 1:07.29 34.75			
14.	Catarina Filipa, LEI	F	109387	99	Sporting Clube de Espinho	1:07.43	432	
	50m: 32.56 32.56				100m: 1:07.43 34.87			
15.	Catarina Costa, BALSEIRO	F	112375	99	Sporting Clube de Aveiro	1:07.66	428	
	50m: 33.23 33.23				100m: 1:07.66 34.43			
	Margarida Bento, MESQUITA	F	119492	99	Sporting Clube de Aveiro	1:07.66	428	
	50m: 33.21 33.21				100m: 1:07.66 34.45			
17.	Catarina Monteiro, SANTOS	F	118612	99	Ginasio Clube de Vila Real	1:07.91	423	
	50m: 32.43 32.43				100m: 1:07.91 35.48			
18.	Carina Rodrigues, MARINHO	F	111716	99	Felgueiras	1:07.92	423	
	50m: 32.76 32.76				100m: 1:07.92 35.16			
19.	Maria Migueis, TEIXEIRA	F	107574	99	Clube Nataçao Interior Norte	1:08.01	421	
	50m: 32.65 32.65				100m: 1:08.01 35.36			
20.	Ana Caetano, OLIVEIRA	F	118366	99	Leixões Sport Clube	1:08.68	409	
	50m: 33.38 33.38				100m: 1:08.68 35.30			
21.	Ines Pinho, COELHO	F	116862	99	Clube Desportivo Feirense	1:09.03	403	
	50m: 32.69 32.69				100m: 1:09.03 36.34			
22.	Ana Raquel, CONCEICAO	F	109020	99	Nautico/Matobra	1:09.15	401	
	50m: 33.47 33.47				100m: 1:09.15 35.68			
23.	Maria Margarida, FERNANDES	F	110203	99	Ginasio Clube de Vila Real	1:09.26	399	
	50m: 32.49 32.49				100m: 1:09.26 36.77			
24.	Mariana Pinto, ANGELO	F	116788	99	Académica de Coimbra	1:09.63	393	
	50m: 32.84 32.84				100m: 1:09.63 36.79			
25.	Carolina, SOUSA	F	112244	99	Ginasio Clube de Vila Real	1:09.73	391	
	50m: 33.52 33.52				100m: 1:09.73 36.21			
26.	Rita Dias, GARRIDO	F	110054	99	Nautico/Matobra	1:09.75	391	
	50m: 33.55 33.55				100m: 1:09.75 36.20			

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Prova 13, Femin., 100m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
27.	Marta Torres, TEIXEIRA FTL	F	117416	99	FCPorto	1:10.40	380	
	50m: 33.88 33.88				100m: 1:10.40 36.52			
28.	Tatiana Isabel, CARDOSO FTL	F	108175	99	FCPorto	1:10.41	380	
	50m: 34.17 34.17				100m: 1:10.41 36.24			
29.	Marta Silva, FELIX FTL	F	119385	99	Sporting Clube de Aveiro	1:10.81	373	
	50m: 34.53 34.53				100m: 1:10.81 36.28			
30.	Daniela Filipa, MIRA FTL	F	110632	99	Associacao CADES	1:11.67	360	
	50m: 34.70 34.70				100m: 1:11.67 36.97			
31.	Diana Mouro, FERNANDES FTL	F	111136	99	Freguesia de Paiao	1:12.66	346	
	50m: 35.09 35.09				100m: 1:12.66 37.57			

Infantis B

1.	Adriana Azevedo, COUTO	F	108336	00	Famalicao	1:06.44	452	
	50m: 32.31 32.31				100m: 1:06.44 34.13			
2.	Joana Martins, PEREIRA	F	111512	00	Clube Fluvial Vilacondense	1:06.51	451	
	50m: 32.40 32.40				100m: 1:06.51 34.11			
3.	Maria Francisca, CABRAL	F	118113	00	FCPorto	1:06.75	446	
	50m: 32.08 32.08				100m: 1:06.75 34.67			
4.	Mariana Santos, FERREIRA	F	112044	00	Miranda do Corvo	1:06.90	443	
	50m: 32.95 32.95				100m: 1:06.90 33.95			
5.	Teresa Miguel, VELOSO	F	103876	00	Nautico/Matobra	1:07.96	422	
	50m: 33.02 33.02				100m: 1:07.96 34.94			
6.	Rita Goncalves, MARIEIRO	F	117710	00	Galitos	1:07.99	422	
	50m: 32.42 32.42				100m: 1:07.99 35.57			
7.	Joana Francisca, COSTA	F	118312	00	Felgueiras	1:09.83	389	
	50m: 33.34 33.34				100m: 1:09.83 36.49			
8.	Iara Mesquita, COSTA	F	118285	00	Freguesia de Paiao	1:10.22	383	
	50m: 34.59 34.59				100m: 1:10.22 35.63			
9.	Ana Carolina, NEVES	F	120791	00	Académica de Coimbra	1:10.65	376	
	50m: 33.74 33.74				100m: 1:10.65 36.91			
10.	Beatriz Costa, GONCALVES	F	121276	00	Desportos Barcelos	1:10.66	376	
	50m: 34.13 34.13				100m: 1:10.66 36.53			
11.	Ana Cristina, AFONSO	F	119480	00	Viana Natacao	1:12.66	346	
	50m: 35.19 35.19				100m: 1:12.66 37.47			
12.	Beatriz Teixeira, MARTINS	F	117581	00	Estamos Juntos	1:12.96	341	
	50m: 35.16 35.16				100m: 1:12.96 37.80			

Prova 14
17-03-2012 - 16:40

Masc., 100m Bruços

Infantis
Resultados

Recordes Nacionais 25m Absoluto	59.31	Nuno Goncalo, QUINTANILHA	LDC	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	1:09.54	Andre Goncalo, SANTOS	LSC	Lousada	15-05-2010
Recordes Nacionais 25m Inf A	1:07.92	Andre Goncalo, SANTOS	LSC	Viseu	12-03-2011

TAC Zonais 2011 Inf A Masc Inf A: 1:22.00 / TAC Zonais 2011 Inf B Masc Inf B: 1:27.50

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Tiago Moises, DINIS	M	100573	98	Nautico/Matobra	1:13.57	431	
	50m: 34.48							34.48
2.	Mario Jorge, VELOSO	M	112051	98	Braga	1:13.76	428	
	50m: 34.58							34.58
3.	Tomas Robalo, MAIA	M	110548	98	Famalicao	1:14.26	419	
	50m: 34.74							34.74
4.	Diogo Manuel, MARQUES	M	118567	98	SCC/Oryzon Energias	1:15.67	396	
	50m: 35.34							35.34
5.	Andre Magalhaes, MOURA	M	104988	98	Ac.Viseu	1:16.66	381	
	50m: 36.10							36.10
6.	Francisco Rodrigues, ANTAS	M	108431	98	Escola Desportiva de Viana	1:16.72	380	
	50m: 35.95							35.95
7.	Diogo Miguel, COSTA	M	110489	98	FCPorto	1:18.62	353	
	50m: 36.58							36.58
8.	Pedro Silva, FERREIRA	M	108308	98	Famalicao	1:18.95	349	
	50m: 37.10							37.10
	Afonso Branco, OLIVEIRA	M	109366	98	Galitos	1:18.95	349	
	50m: 36.71							36.71
10.	Pedro Miguel, LINO	M	104724	98	Gespacos	1:19.07	347	
	50m: 37.09							37.09
11.	Ricardo Manuel, MONTEIRO	M	110556	98	Leixões Sport Clube	1:19.29	344	
	50m: 37.89							37.89
12.	Duarte Pinto, CEIA	M	107410	98	Ginásio Clube Figueirense	1:19.55	341	
	50m: 37.32							37.32
13.	Joao Nuno, COSTA	M	106838	98	Gespacos	1:20.44	330	
	50m: 38.20							38.20
14.	Hugo Rafael, AZEVEDO	M	118912	98	CNMaia	1:21.68	315	
	50m: 38.57							38.57
15.	Xavier Ribeiro, FERREIRA	M	108307	98	Famalicao	1:25.48	275	
	50m: 40.56							40.56
	FL							
	50m: 40.56							40.56
	100m: 1:25.48							44.92

Infantis B

1.	Nuno Miguel, COTO	M	118087	99	Braga	1:15.70	396	
	50m: 36.08							36.08
2.	Daniel Queiros, CRUZ	M	104694	99	CNMaia	1:17.95	363	
	50m: 36.74							36.74
3.	Jose Pedro, MELO	M	117922	99	Braga	1:18.45	356	
	50m: 37.55							37.55
4.	Tiago Oliveira, BARBOSA	M	121884	99	Clube Desportivo Feirense	1:19.91	337	
	50m: 37.67							37.67
5.	Rui Pedro, FERREIRA	M	103050	99	Felgueiras	1:23.21	298	
	50m: 39.63							39.63
6.	Joao Pedro, PINTO	M	106274	99	Fluvial Portuense	1:24.88	281	
	50m: 40.14							40.14
7.	Diogo Pereira, SANTOS	M	104483	99	FCPorto	1:25.04	279	
	50m: 40.28							40.28
8.	Joao Rafael, SILVA	M	118572	99	SCC/Oryzon Energias	1:25.87	271	
	50m: 40.07							40.07
9.	Francisco Luis, PEREIRA	M	118124	99	Escola Desportiva Limiana	1:25.88	271	
	50m: 41.46							41.46

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 14, Masc., 100m Bruços, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
10.	Jose Pedro, LEMOS 50m: 40.61 40.61	M	117156	99	Sport Clube de Mirandela 46.03	1:26.64	264	
11.	Joao Francisco, MACHADO 50m: 40.77 40.77	M	112489	99	Académica de Coimbra 46.18	1:26.95	261	
12.	Miguel Angelo, FONSECA FTL 50m: 42.70 42.70	M	110424	99	Ginasio Clube de Vila Real 46.69	1:29.39	240	

Prova 15
17-03-2012 - 17:00

Femin., 200m Mariposa

Infantis
Resultados

Recordes Nacionais 25m Absoluto	2:08.54	Sara Freitas, OLIVEIRA	FPN	Dubai (UAE)	15-12-2010
Recordes Nacionais 25m Inf B	2:31.64	tempo limite,			
Recordes Nacionais 25m Inf A	2:25.40	tempo limite,			

TAC Zonais 2011 Inf A Fem Inf A: 3:00.00 / TAC Zonais 2011 Inf B Fem Inf B: 3:15.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Sara Patricia, SOUSA 50m: 31.67 31.67	F	120693	99	Clube de Vouzela 37.87 150m: 1:50.56 41.02	2:31.37	508	40.81
2.	Ana Estevinha, SILVA 50m: 34.73 34.73	F	120794	99	Ginásio Clube Figueirense 39.18 150m: 1:54.57 40.66	2:35.10	472	40.53
3.	Catarina Reis, SILVA 50m: 34.81 34.81	F	107568	99	Braga 39.76 150m: 1:56.64 42.07	2:38.40	443	41.76
4.	Ana Beatriz La, FERIA 50m: 36.24 36.24	F	116885	99	FCPorto 41.24 150m: 2:00.93 43.45	2:45.24	390	44.31
5.	Ines Maria, PEREIRA 50m: 36.67 36.67	F	105607	99	Leixões Sport Clube 41.98 150m: 2:02.66 44.01	2:48.06	371	45.40
6.	Ana Cristina, SOUSA 50m: 35.98 35.98	F	110472	99	FCPorto 42.77 150m: 2:05.13 46.38	2:51.00	352	45.87
7.	Ana Vanessa, DUARTE 50m: 37.56 37.56	F	111141	99	SCC/Oryzon Energias 43.65 150m: 2:05.93 44.72	2:51.37	350	45.44
8.	Ines Pereira, OLIVEIRA 50m: 37.25 37.25	F	108311	99	Famalicao 45.40 150m: 2:08.94 46.29	2:53.54	337	44.60
9.	Carolina Silva, MOREIRA 50m: 37.85 37.85	F	118910	99	CNMaia 45.26 150m: 2:08.88 45.77	2:54.30	332	45.42
10.	Lara Alexandra, VAZ 50m: 36.20 36.20	F	110696	99	Escola Desportiva de Viana 43.60 150m: 2:07.83 48.03	2:55.52	325	47.69
11.	Bianca Filipa, SILVA 50m: 38.69 38.69	F	112042	99	Miranda do Corvo 44.29 150m: 2:07.87 44.89	2:55.65	325	47.78
12.	Leonor Paiva, RUIZ 50m: 36.76 36.76	F	112518	99	Clube Fluvial Vilacondense 45.22 150m: 2:10.02 48.04	2:57.58	314	47.56
DSQ	Maria Leonor, MARTINS 102 - Falsa partida – SW 4.4	F	107962	99	Gespacos			

Infantis B

1.	Alexandra Jesus, SANTOS 50m: 38.32 38.32	F	117408	00	Leixões Sport Clube 44.69 150m: 2:11.07 48.06	2:59.71	303	48.64
2.	Ana Francisca, SENRA 50m: 38.54 38.54	F	111628	00	Desportos Barcelos 46.09 150m: 2:15.65 51.02	3:03.24	286	47.59
3.	Daniela Domingues, SOUSA 50m: 38.52 38.52	F	117411	00	Valongo 46.01 150m: 2:13.48 48.95	3:03.28	286	49.80
4.	Eliana Dirce, LOURENCO 50m: 39.06 39.06	F	109369	00	Galitos 45.30 150m: 2:13.88 49.52	3:03.89	283	50.01
5.	Filomena Costa, BARREIROS 50m: 41.32 41.32	F	119238	00	Viana Natacao 48.25 150m: 2:17.72 48.15	3:04.80	279	47.08
DSQ	Daniela Margarida, PINTO 512 - O(a) atleta tocou com uma mão na parede na viragem aos 175 metros – SW 8.4	F	109732	00	Miranda do Corvo			

O Secretário do Juri

O Juíz Árbitro

Prova 16	Masc., 100m Mariposa				Infantis
17-03-2012 - 17:10					Resultados
Recordes Nacionais 25m Absoluto	51.45	Diogo Filipe, CARVALHO	FPN	Estocolmo (SWE)	11-11-2009
Recordes Nacionais 25m Inf B	1:01.78	Fabio Parrilha, SILVA	CNAL	Penafiel	01-04-2000
Recordes Nacionais 25m Inf A	59.56	Fabio Parrilha, SILVA	CNAL	Leiria	07-04-2001
TAC Zonais 2011 Inf A Masc Inf A: 1:12.60 / TAC Zonais 2011 Inf B Masc Inf B: 1:17.50					

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Joao Francisco, LOPES	M	107561	98	Braga	1:02.89	458	
	50m: 29.86				100m: 1:02.89	33.03		
2.	Pedro Ferraz, SILVA	M	104441	98	Gespacos	1:02.92	457	
	50m: 30.58				100m: 1:02.92	32.34		
3.	Luis Filipe, SOARES	M	105615	98	Sporting Clube de Espinho	1:04.25	429	
	50m: 30.62				100m: 1:04.25	33.63		
4.	Pedro Nuno, VIEIRA	M	106742	98	Valongo	1:05.76	400	
	50m: 30.86				100m: 1:05.76	34.90		
5.	Joao Manuel, LEITAO	M	106979	98	Nautico/Matobra	1:07.68	367	
	50m: 31.43				100m: 1:07.68	36.25		
6.	Vasco Gradim, AMORIM	M	110486	98	FCPorto	1:07.69	367	
	50m: 31.88				100m: 1:07.69	35.81		
7.	Joao Miguel, BRANCO	M	108676	98	Sporting Clube de Espinho	1:08.51	354	
	50m: 31.36				100m: 1:08.51	37.15		
8.	Joao Santos, MENDES	M	111648	98	Leixões Sport Clube	1:08.92	348	
	50m: 31.61				100m: 1:08.92	37.31		
9.	Victor Tiago, GONCALVES	M	104482	98	FCPorto	1:09.03	346	
	50m: 32.35				100m: 1:09.03	36.68		
10.	Paulo Filipe, SILVA	M	117012	98	CNMaia	1:10.21	329	
	50m: 32.87				100m: 1:10.21	37.34		
11.	Andre Filipe, AFONSECA	M	117795	98	Desportos Barcelos	1:10.29	328	
	50m: 32.70				100m: 1:10.29	37.59		
12.	Antonio Francisco, FERREIRA	M	109412	98	Ac.Viseu	1:10.61	323	
	50m: 32.98				100m: 1:10.61	37.63		
13.	Pedro Daniel, FIGUEIRA	M	120371	98	Clube Desportivo Estarreja	1:11.67	309	
	50m: 32.95				100m: 1:11.67	38.72		
14.	Luis Carlos, FONSECA	M	111772	98	Assoc. Desportiva de Fafe	1:11.95	305	
	50m: 33.08				100m: 1:11.95	38.87		
15.	Tiago Abrantes, OLIVEIRA	M	109403	98	Sport Alges e Agueda	1:13.39	288	
	50m: 33.49				100m: 1:13.39	39.90		
DSQ	Pedro Filipe, PIRES	M	106358	98	Nautico/Matobra			512 - O(a) atleta tocou com uma mão na parede na viragem aos 75 metros – SW 8.4
WDR	Rodrigo Manuel, MONTEIRO	M	109389	98	Sporting Clube de Espinho			

Infantis B

1.	Rui Jorge, MATIAS	M	107735	99	Clube Fluvial Vilacondense	1:08.67	351	
	50m: 32.64				100m: 1:08.67	36.03		
2.	Nuno Filipe, COSTA	M	102449	99	Gespacos	1:12.15	303	
	50m: 33.26				100m: 1:12.15	38.89		
3.	Andre Marques, ANTUNES	M	117484	99	Nautico/Matobra	1:12.27	301	
	50m: 34.99				100m: 1:12.27	37.28		
4.	Tiago Andre, OLIVEIRA	M	116986	99	Vitória Sport Clube	1:12.39	300	
	50m: 32.95				100m: 1:12.39	39.44		
5.	Joao Paulo, CORREIA	M	110481	99	FCPorto	1:12.60	297	
	50m: 32.93				100m: 1:12.60	39.67		
6.	Diogo Filipe, TEODORO	M	105897	99	CNMaia	1:13.68	284	
	50m: 35.15				100m: 1:13.68	38.53		
7.	Diogo Paulo, BAPTISTA	M	108325	99	Famalicao	1:17.98	240	
	50m: 36.67				100m: 1:17.98	41.31		

O Secretário do Juri

O Juíz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

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Prova 16, Masc., 100m Mariposa, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
8.	Hugo Edgar, MIRANDA FTL	M	107551	99	Escola Desportiva de Viana	1:20.92	215	
	50m:		37.45		37.45	100m:	1:20.92	43.47

Prova 17

17-03-2012 - 17:30

Femin., 4 x 100m Estilos

Infantis
Resultados

Recordes Nacionais 25m Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. Ant�nio Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:57.35	Grupo Desportivo Natacao V. N. Famalicao	GDVNF	Ponte da Barca	06-03-2010
Recordes Nacionais 25m Inf A	4:40.29	Grupo Desp. Natacao V. N. Famalicao	GDVNF	Viseu	12-03-2011

TAC Zonais 2011 Inf A Fem Inf A: 5:37.00 / TAC Zonais 2011 Inf B Fem Inf B: 5:53.00

Pontos: FINA 2011

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs	
Infantis A								
1.	F			Famalicao	4:59.81	439		
		+0,90	35.36	1:12.15	Ines Pereira, OLIVEIRA	+0,57	36.67	1:19.95
		+0,22	39.12	1:23.48	Maria Ines, MACHADO		30.51	1:04.23
2.	F			FCPorto	5:00.79	435		
		+0,81	38.15	1:19.01	Ana Beatriz La, FERIA	+0,73	33.85	1:12.30
		+0,49	39.97	1:25.40	Mariana Alexandre, OLIVEIRA	+0,55	30.91	1:04.08
3.	F			Gin�sio Clube Figueirense 1	5:07.74	406		
		+0,86	37.73	1:18.17	Ana Estevinha, SILVA	+0,54	32.43	1:10.22
		+0,47	41.44	1:30.65	Ines Rocha, NUNES	+0,33	33.03	1:08.70
4.	F			Nautico/Matobra 2	5:09.17	400		
		+0,74	37.74	1:14.84	Maria Eduarda, VEIGA	+0,77	36.03	1:18.08
		+0,60	38.60	1:23.78	Rita Dias, GARRIDO	+0,25	33.04	1:09.60
5.	F			Sporting Clube de Aveiro 1	5:09.30	400		
		+0,72	36.46	1:14.84	Catarina Costa, BALSEIRO	+0,83	35.32	1:15.97
		+0,56	42.21	1:30.78	Margarida Bento, MESQUITA	+0,74	31.93	1:07.71
6.	F			Viana Natacao 1	5:09.32	400		
		+0,65	37.28	1:16.61	Ana Miguel, PINTO	+0,70	34.02	1:14.58
		+0,48	40.40	1:25.59	Mariana Barbosa, VALE	+0,18	33.30	1:12.54
7.	F			Leix�es Sport Clube 1	5:10.07	397		
			37.75	1:17.53	Ines Maria, PEREIRA	+0,55	35.44	1:18.31
		+0,71	41.19	1:26.86	Ana Caetano, OLIVEIRA	+0,82	31.64	1:07.37
8.	F			Acad�mica de Coimbra 1	5:15.59	376		
		+0,72	37.93	1:17.64	Salome Rebocho, LIMA	+0,48	36.88	1:19.69
		+0,34	41.69	1:28.20	Beatriz Lopes, PINTO	+0,25	33.56	1:10.06
9.	F			Miranda do Corvo 1	5:17.13	371		
		+0,70	39.95	1:21.33	Bianca Filipa, SILVA	+0,37	36.93	1:19.07
		+0,55	45.19	1:31.81	Maria Dias, NEVES	+0,20	30.59	1:04.92
10.	F			Ginasio Clube de Vila Real 1	5:22.82	352		
		+0,67	38.62	1:19.27	Maria Margarida, FERNANDES	+0,42	38.61	1:25.28
		+0,58	41.09	1:27.55	Catarina Azevedo, NOBREGA		33.19	1:10.72
11.	F			CNMaia 1	5:24.59	346		
		+1,13	41.62	1:24.54	Carolina Silva, MOREIRA	+0,49	37.72	1:19.28
			42.71	1:31.17	Sandra Catarina, SILVA		33.04	1:09.60
12.	F			Escola Desportiva de Viana 1	5:27.23	338		
		+0,68	39.42	1:22.87	Ana Sofia, AFONSO	+0,73	34.59	1:15.91
		+0,71	41.61	1:29.29	Joana Parente, FARIA	+0,83	36.93	1:19.16

O Secret rio do Juri

O Ju z  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

18-03-2012 21:17 - P gina 29

Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012



Prova 17, Femin., 4 x 100m Estilos

Infantis B

Rank	Team	Sex	Time	Team	Sex	Time	Time	Time
1.	Famalicao 2	F	38.14	Famalicao	F	5:13.64	384	
	Mariana Paula, BAPTISTA	+0,79	38.14	Rafaela Araujo, SILVA	+0,75	37.51		1:20.65
	Mariana Pereira, REGO	+0,70	41.53	Adriana Azevedo, COUTO	+0,86	32.21		1:06.90
2.	Miranda do Corvo 2	F	39.86	Miranda do Corvo	F	5:16.18	374	
	Margarete Leandro, FERNANDES	+0,81	39.86	Daniela Margarida, PINTO	+0,39	38.71		1:23.99
	Maria Ines, FERREIRA	+0,33	40.67	Mariana Santos, FERREIRA		31.46		1:05.95
3.	Nautico/Matobra 1	F	39.40	Nautico/Matobra	F	5:18.35	367	
	Maria Beatriz, JORGE	+0,71	39.40	Teresa Miguel, VELOSO	+0,61	34.28		1:14.57
	Carlota Santos, SILVA	+0,46	38.21	Ines Filipa, CAMPOS	+0,96	36.92		1:18.09
4.	FCPorto 2	F	39.96	FCPorto	F	5:19.08	364	
	Maria Leonor, VALENTE	+0,79	39.96	Maria Francisca, CABRAL		34.94		1:16.23
	Ana Rita, FARIA	+0,71	43.13	Maria Rocha, ASCENSAO	+0,58	33.03		1:10.19
5.	Clube Fluvial Vilacondense 1	F	41.63	Clube Fluvial Vilacondense	F	5:35.97	312	
	Rafaela Campos, OLIVEIRA	+0,91	41.63	Joana Martins, PEREIRA	+0,84	37.64		1:23.99
	Joana Almeida, RAINHA	+0,61	44.01	Francisca Azevedo, DOURADO		34.57		1:12.60
6.	Viana Natacao 2	F	40.16	Viana Natacao	F	5:36.94	309	
	Beatriz Lemos, ROCHA	+0,70	40.16	Filomena Costa, BARREIROS	+0,73	40.25		1:26.60
	Joana Barros, SOARES	+0,81	44.35	Ana Cristina, AFONSO		34.41		1:12.36
7.	Gespacos 2	F	42.04	Gespacos	F	5:41.94	296	
	Beatriz Neto, COSTA	+0,70	42.04	Helena Neto, COSTA	+0,39	39.40		1:27.17
	Ana Rita, CRUZ	+0,89	39.75	Sara Lopes, BARBOSA	+0,76	37.02		1:17.86
8.	Leixões Sport Clube 2	F	45.14	Leixões Sport Clube	F	5:42.65	294	
	Marta Garcia, NETO	+0,88	45.14	Alexandra Jesus, SANTOS	+0,86	35.90		1:18.88
	Sofia Ines, BISCAIA	+0,52	45.76	Ines Silva, OLIVEIRA	+0,56	34.97		1:11.84
DSQ	Galitos 1	F		Galitos	F			
	<i>417 - O(a) atleta efectuou movimento vertical de pernas durante o percurso – SW 7.5, Durante o percurso de Bruços.</i>							
	Carla Laranjeira, MARQUES	+0,97	44.38	Eliana Dirce, LOURENCO	+0,43			
	Ana Miguel, RODRIGUES	+0,65		Rita Goncalves, MARIEIRO	+0,22			

Prova 18

Masc., 4 x 100m Livres

Infantis

17-03-2012 - 17:50

Resultados

Recordes Nacionais 25m Absoluto	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:05.64	Viana Natacao Clube	VNC	Barcelos	11-07-2009
Recordes Nacionais 25m Inf A	3:54.25	Viana Natacao Clube	VNC	Ponte da Barca	03-07-2010

TAC Zonais 2011 Inf A Masc Inf A: 4:32.00 / TAC Zonais 2011 Inf B Masc Inf B: 4:43.00

Pontos: FINA 2011

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs	
Infantis A								
1.	M			Nautico/Matobra	3:57.80	457		
	Joao Manuel, LEITAO	+0,80	28.16	58.25	Tiago Moises, DINIS	+0,79	28.40	59.69
	Joao Manuel, PIRES	+0,57	27.67	58.34	Joao Nuno, RODRIGUES	+0,36	29.45	1:01.52
2.	M			Famalicao	3:58.37	454		
	Tomas Robalo, MAIA	+0,75	27.66	57.38	Xavier Ribeiro, FERREIRA	+0,66	29.23	1:02.38
	Joao Carlos, SILVA	+0,39	27.46	58.16	Joao Costa, FERREIRA	+0,45	28.93	1:00.45
3.	M			FCPorto	4:05.30	417		
	Goncalo Miguel, NOGUEIRA	+0,83	29.19	1:01.20	Vasco Gradim, AMORIM	+0,49	29.45	1:01.27
	Pedro Goncalves, NETO		28.56	1:00.72	Diogo Miguel, COSTA	+0,54	29.16	1:02.11
4.	M			Braga	4:05.93	414		
	Mario Jorge, VELOSO	+0,86	29.67	1:02.81	Luis Filipe, RIBEIRO	+0,57	29.96	1:02.81
	Jose Pedro, PINTO	+0,62	29.86	1:02.03	Joao Francisco, LOPES	+0,63	28.47	58.28
5.	M			Gespacos	4:08.91	399		
	Luis Carlos, ALMEIDA	+0,80	29.33	1:01.11	Joao Nuno, COSTA	+0,63	31.18	1:05.64
	Pedro Miguel, LINO	+0,48	29.98	1:03.55	Pedro Ferraz, SILVA	+0,60	28.43	58.61
6.	M			Escola Desportiva de Viana	4:10.48	391		
	Nuno Miguel, GRACA	+0,96	27.23	56.19	Ricardo Daniel, PIRES	+0,25	29.75	1:04.19
	Francisco Rodrigues, ANTAS	+0,54	28.39	1:00.56	Leonardo Sa, FERREIRA	+0,89	32.01	1:09.54
7.	M			Ac.Viseu	4:12.76	381		
	Filipe Fonte, CUNHA	+0,92	30.73	1:03.65	Hernani Rafael, SILVA	+0,39	30.62	1:05.10
	Antonio Francisco, FERREIRA	+0,50	30.66	1:02.44	Andre Magalhaes, MOURA	+0,13	28.86	1:01.57
8.	M			Leixões Sport Clube	4:13.01	380		
	Leandro Miguel, BAPTISTA	+0,90	29.31	1:01.67	Leonardo Bom, PINTO	+0,50	30.21	1:02.47
	Leonardo Filipe, SILVA	+0,46	31.11	1:07.74	Joao Santos, MENDES	+0,64	28.95	1:01.13

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

18-03-2012 21:17 - Página 30

Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 18, Masc., 4 x 100m Livres, Infantis A

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
9. Desportos Barcelos 1	M			Desportos Barcelos	4:14.30	374	
Rui Filipe, COSTA	+0,96	28.02	58.11	Lucas Correia, VELOSO	+0,73	30.82	1:05.57
Andre Filipe, AFONSECA	+0,77	28.93	1:00.29	Bruno Miguel, MIRANDA	+0,89	33.99	1:10.33
10. Valongo 1	M			Valongo	4:16.57	364	
Pedro Nuno, VIEIRA	+0,85	29.30	1:01.64	Humberto Fernandes, FELGUEIRAS	+0,39	28.63	1:00.90
Diogo Ferreira, NEVES	+0,44	32.20	1:07.83	Ricardo Miguel, MOREIRA	+0,32	31.57	1:06.20
11. CNMaia 1	M			CNMaia	4:16.64	364	
Hugo Rafael, AZEVEDO	+0,81	31.23	1:05.41	Nuno Filipe, PEREIRA	+0,32	29.83	1:03.42
Duarte Nuno, BANDEIRA	+0,53	31.31	1:05.48	Paulo Filipe, SILVA	+0,33	29.47	1:02.33
12. Lousada 1	M			Lousada	4:18.56	356	
Jorge Rogerio, MORAIS	+0,79	29.68	1:01.94	Eduardo Abel, DUARTE	+0,65	30.44	1:04.66
Carlos Andre, BESSA	+0,72	31.62	1:06.22	Romeu Goncalo, SOUSA	+0,47	31.06	1:05.74
13. Galitos 1	M			Galitos	4:18.87	355	
Joao Miguel, SARMENTO	+0,80	30.85	1:06.06	Pedro Miguel, VIEIRA	+0,60	31.34	1:04.56
Afonso Branco, OLIVEIRA	+0,66	31.56	1:06.16	Diogo Rafael, SANTOS	+0,55	29.82	1:02.09
WDR Sporting Clube de Espinho 1	M			Sporting Clube de Espinho			

Infantis B

1. Vitória Sport Clube 1	M			Vitória Sport Clube	4:16.97	362	
Pedro Miguel, FERNANDES	+0,81	29.47	1:03.82	Elmano Madail, COSTA	+0,54	31.27	1:06.84
Pedro Adelino, VIEGAS	+0,58	31.32	1:05.20	Tiago Andre, OLIVEIRA	+0,59	28.73	1:01.11
2. FCPorto 2	M			FCPorto	4:22.29	341	
Joao Paulo, CORREIA	+0,89	30.86	1:03.21	Tiago Silva, SOARES	+0,51	29.98	1:03.55
Diogo Pereira, SANTOS	+0,61	33.09	1:08.58	Tomas Aguiar, RODRIGUES	+0,58	31.50	1:06.95
3. Braga 2	M			Braga	4:23.45	336	
Jose Pedro, FERNANDES	+0,99	30.26	1:02.68	Jose Pedro, MELO	+0,60	33.48	1:10.34
Jose Nuno, MENDES	+0,35	31.79	1:07.08	Nuno Miguel, COTO	+0,63	30.06	1:03.35
4. SCC/Oryzon Energias 2	M			SCC/Oryzon Energias	4:28.94	316	
Gabriel Levi, GOMES	+0,93	30.48	1:03.41	Diogo Alexandre, COSTA	+0,47	33.84	1:11.06
Joao Rafael, SILVA	+0,73	33.13	1:08.64	Jose Neves, NETO	+0,64	30.69	1:05.83
5. CNMaia 2	M			CNMaia	4:32.10	305	
Daniel Queiros, CRUZ	+0,90	30.91	1:04.72	Afonso Ribeiro, COUTO	+0,51	32.01	1:08.63
Diogo Filipe, TEODORO	-0,01	31.05	1:09.50	Joao Silva, COSTA	+0,40	32.93	1:09.25
6. Felgueiras 1	M			Felgueiras	4:36.51	291	
Rui Pedro, FERREIRA	+0,97	31.62	1:07.05	Afonso Manuel, BARBOSA	+0,18	33.32	1:10.72
Jose Paulo, GOMES	+0,46	31.61	1:06.78	Rui Pedro, CUNHA	+0,40	33.74	1:11.96
EXH SCC/Oryzon Energias 1	M			SCC/Oryzon Energias	4:06.54	410	
Diogo Manuel, MARQUES	+0,78	28.80	59.75	Eduardo Reis, GALHANO	+0,68	31.89	1:06.06
Roman, STEFANIV	+0,64	28.41	1:00.94	Leandro Fernandes, MOTA	+0,54	28.21	59.79

Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012

4 - 3ª Jornada - 1ª Sessão

18-03-2012 - 9:00

Prova 19	Masc., 1500m Livres				Infantis
18-03-2012 - 9:00					Resultados
Recordes Nacionais 25m Absoluto	15:04.78	Fernando Eurico, COSTA	FPN	Trieste (ITA)	10-12-2005
Recordes Nacionais 25m Inf B	17:13.96	Pedro Fontoura, OLIVEIRA	CFB	Santarem	06-04-2003
Recordes Nacionais 25m Inf A	16:31.35	Pedro Fontoura, OLIVEIRA	CFB	Reboleira	27-06-2004
TAC Zonais 2011 Inf A Masc Inf A: 19:22.00 / TAC Zonais 2011 Inf B Masc Inf B: 20:08.00					

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Diogo Manuel, MARQUES	M	118567	98	SCC/Oryzon Energias	17:36.24	521	
	50m: 31.33				450m: 5:12.67			31.33
	100m: 1:06.05				500m: 5:48.01			34.72
	150m: 1:41.45				550m: 6:23.99			35.40
	200m: 2:16.45				600m: 6:59.82			35.00
	250m: 2:51.44				650m: 7:35.59			34.99
	300m: 3:26.76				700m: 8:11.05			35.32
	350m: 4:02.67				750m: 8:46.52			35.91
	400m: 4:38.69				800m: 9:21.75			36.02
2.	Tiago Moises, DINIS	M	100573	98	Nautico/Matobra	17:37.30	519	
	50m: 31.75				450m: 5:14.30			31.75
	100m: 1:06.42				500m: 5:49.07			34.67
	150m: 1:41.68				550m: 6:24.42			35.26
	200m: 2:16.30				600m: 7:00.14			34.62
	250m: 2:51.41				650m: 7:35.97			35.11
	300m: 3:27.06				700m: 8:11.53			35.65
	350m: 4:02.77				750m: 8:47.44			35.71
	400m: 4:38.93				800m: 9:22.81			36.16
3.	Joao Costa, FERREIRA	M	119632	98	Famalicao	17:42.22	512	
	50m: 32.04				450m: 5:14.76			32.04
	100m: 1:06.65				500m: 5:50.09			34.61
	150m: 1:42.02				550m: 6:25.59			35.37
	200m: 2:17.18				600m: 7:01.05			35.16
	250m: 2:52.31				650m: 7:36.50			35.13
	300m: 3:27.63				700m: 8:11.97			35.32
	350m: 4:03.16				750m: 8:47.68			35.53
	400m: 4:39.00				800m: 9:23.17			35.84
4.	Jose Pedro, PINTO	M	100797	98	Braga	17:56.23	492	
	50m: 31.70				450m: 5:14.55			31.70
	100m: 1:06.17				500m: 5:50.02			34.47
	150m: 1:41.38				550m: 6:25.75			35.21
	200m: 2:16.75				600m: 7:01.61			35.37
	250m: 2:52.13				650m: 7:37.47			35.38
	300m: 3:27.65				700m: 8:13.37			35.52
	350m: 4:03.24				750m: 8:49.90			35.59
	400m: 4:38.78				800m: 9:26.23			35.54
5.	Pedro Goncalves, NETO	M	102038	98	FCPorto	18:03.00	483	
	50m: 31.52				450m: 5:18.85			31.52
	100m: 1:06.77				500m: 5:55.29			35.25
	150m: 1:42.89				550m: 6:31.54			36.12
	200m: 2:19.00				600m: 7:08.15			36.11
	250m: 2:55.09				650m: 7:44.85			36.09
	300m: 3:31.47				700m: 8:20.99			36.38
	350m: 4:07.07				750m: 8:57.76			35.80
	400m: 4:43.12				800m: 9:34.12			36.05
6.	Luis Filipe, RIBEIRO	M	107564	98	Braga	18:03.11	483	
	50m: 31.71				450m: 5:18.95			31.71
	100m: 1:06.63				500m: 5:55.49			34.92
	150m: 1:42.14				550m: 6:32.01			35.51
	200m: 2:17.90				600m: 7:08.49			35.76
	250m: 2:54.15				650m: 7:44.80			36.25
	300m: 3:30.54				700m: 8:21.30			36.39
	350m: 4:06.76				750m: 8:57.94			36.22
	400m: 4:42.79				800m: 9:34.55			36.03
7.	Leonardo Bom, PINTO	M	120168	98	Leixões Sport Clube	18:09.01	475	
	50m: 31.97				450m: 5:15.93			31.97
	100m: 1:06.67				500m: 5:52.20			34.70
	150m: 1:41.76				550m: 6:28.63			35.09
	200m: 2:17.29				600m: 7:05.76			35.53
	250m: 2:52.75				650m: 7:42.23			35.46
	300m: 3:28.39				700m: 8:19.15			35.64
	350m: 4:04.09				750m: 8:55.92			35.70
	400m: 4:40.23				800m: 9:33.06			35.14

O Secretário do Juri

O Juíz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

18-03-2012 21:17 - Página 32

Prova 21

Masc., 200m Bruços

Infantis

18-03-2012 - 10:45

Resultados

Recordes Nacionais 25m Absoluto	2:08.80	Nuno Goncalo, QUINTANILHA	LDC	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	13-07-2003
Recordes Nacionais 25m Inf A	2:29.59	Luis Manuel, FERNANDES	GDNVNF	Cantanhede	08-03-2009

TAC Zonais 2011 Inf A Masc Inf A: 2:59.00 / TAC Zonais 2011 Inf B Masc Inf B: 3:09.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs	
Infantis A									
1.	Mario Jorge, VELOSO	M	112051	98	Braga	2:36.83	455		
	50m: 35.24 35.24	100m: 1:14.60			39.36 150m: 1:55.20	40.60	200m: 2:36.83	41.63	
2.	Tomas Robalo, MAIA	M	110548	98	Famalicao	2:40.62	424		
	50m: 37.00 37.00	100m: 1:17.39			40.39 150m: 1:58.31	40.92	200m: 2:40.62	42.31	
3.	Andre Magalhaes, MOURA	M	104988	98	Ac.Viseu	2:41.05	420		
	50m: 37.53 37.53	100m: 1:18.93			41.40 150m: 2:00.57	41.64	200m: 2:41.05	40.48	
4.	Tiago Moises, DINIS	M	100573	98	Nautico/Matobra	2:41.26	419		
	50m: 35.53 35.53	100m: 1:16.37			40.84 150m: 1:59.62	43.25	200m: 2:41.26	41.64	
5.	Joao Manuel, LEITAO	M	106979	98	Nautico/Matobra	2:41.87	414		
	50m: 35.93 35.93	100m: 1:17.23			41.30 150m: 1:59.51	42.28	200m: 2:41.87	42.36	
6.	Ricardo Manuel, MONTEIRO	M	110556	98	Leixões Sport Clube	2:46.23	382		
	50m: 37.75 37.75	100m: 1:20.06			42.31 150m: 2:03.10	43.04	200m: 2:46.23	43.13	
7.	Pedro Silva, FERREIRA	M	108308	98	Famalicao	2:47.90	371		
	50m: 37.19 37.19	100m: 1:19.68			42.49 150m: 2:03.70	44.02	200m: 2:47.90	44.20	
8.	Diogo Miguel, COSTA	M	110489	98	FCPorto	2:48.05	370		
	50m: 37.11 37.11	100m: 1:20.10			42.99 150m: 2:04.33	44.23	200m: 2:48.05	43.72	
9.	Pedro Miguel, LINO	M	104724	98	Gespacos	2:48.79	365		
	50m: 38.31 38.31	100m: 1:20.94			42.63 150m: 2:04.83	43.89	200m: 2:48.79	43.96	
10.	Afonso Branco, OLIVEIRA	M	109366	98	Galitos	2:54.33	331		
	50m: 38.14 38.14	100m: 1:22.54			44.40 150m: 2:07.91	45.37	200m: 2:54.33	46.42	
11.	Francisco Rodrigues, ANTAS	M	108431	98	Escola Desportiva de Viana	2:54.52	330		
	50m: 36.90 36.90	100m: 1:18.82			41.92 150m: 2:04.80	45.98	200m: 2:54.52	49.72	
	Joao Nuno, COSTA	M	106838	98	Gespacos	2:54.52	330		
	50m: 37.58 37.58	100m: 1:20.21			42.63 150m: 2:05.91	45.70	200m: 2:54.52	48.61	
13.	Hugo Rafael, AZEVEDO	M	118912	98	CNMaia	2:58.06	311		
	50m: 39.75 39.75	100m: 1:24.86			45.11 150m: 2:12.07	47.21	200m: 2:58.06	45.99	
14.	Leandro Miguel, BAPTISTA	M	102657	98	Leixões Sport Clube	2:58.19	310		
	50m: 38.81 38.81	100m: 1:23.72			44.91 150m: 2:11.37	47.65	200m: 2:58.19	46.82	
15.	Duarte Pinto, CEIA	M	107410	98	Ginásio Clube Figueirense	2:58.43	309		
	50m: 39.34 39.34	100m: 1:25.33			45.99 150m: 2:11.89	46.56	200m: 2:58.43	46.54	
DSQ	Leonardo Bom, PINTO	M	120168	98	Leixões Sport Clube				
	<i>421 - O(a) atleta tocou com uma mão na parede na viragem aos 150 metros – SW 7.6</i>								

Infantis B

1.	Nuno Miguel, COTO	M	118087	99	Braga	2:44.34	395	
	50m: 37.24 37.24	100m: 1:19.13			41.89 150m: 2:02.18	43.05	200m: 2:44.34	42.16
2.	Jose Pedro, MELO	M	117922	99	Braga	2:44.86	392	
	50m: 37.39 37.39	100m: 1:19.58			42.19 150m: 2:02.48	42.90	200m: 2:44.86	42.38
3.	Daniel Queiros, CRUZ	M	104694	99	CNMaia	2:48.04	370	
	50m: 38.26 38.26	100m: 1:21.23			42.97 150m: 2:05.73	44.50	200m: 2:48.04	42.31
4.	Diogo Filipe, TEODORO	M	105897	99	CNMaia	2:54.24	332	
	50m: 40.78 40.78	100m: 1:24.86			44.08 150m: 2:10.50	45.64	200m: 2:54.24	43.74
5.	Joao Pedro, PINTO	M	106274	99	Fluvial Portuense	2:59.60	303	
	50m: 40.48 40.48	100m: 1:26.41			45.93 150m: 2:14.16	47.75	200m: 2:59.60	45.44
6.	Diogo Pereira, SANTOS	M	104483	99	FCPorto	3:00.05	301	
	50m: 39.98 39.98	100m: 1:26.13			46.15 150m: 2:13.67	47.54	200m: 3:00.05	46.38
7.	Francisco Luis, PEREIRA	M	118124	99	Escola Desportiva Limiana	3:02.87	287	
	50m: 43.22 43.22	100m: 1:29.48			46.26 150m: 2:17.51	48.03	200m: 3:02.87	45.36
8.	Rui Pedro, FERREIRA	M	103050	99	Felgueiras	3:03.07	286	
	50m: 41.66 41.66	100m: 1:29.18			47.52 150m: 2:16.47	47.29	200m: 3:03.07	46.60
9.	Joao Rafael, SILVA	M	118572	99	SCC/Oryzon Energias	3:05.15	276	
	50m: 41.61 41.61	100m: 1:29.34			47.73 150m: 2:16.45	47.11	200m: 3:05.15	48.70

O Secretário do Juri

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Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 21, Masc., 200m Bruços, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
10.	Joao Francisco, MACHADO 50m: 41.29 41.29	M	112489	99	Académica de Coimbra 47.62 150m: 2:17.88 48.97	200m: 3:05.29	276	47.41
11.	Jose Neves, NETO 50m: 41.71 41.71	M	111235	99	SCC/Oryzon Energias 48.59 150m: 2:19.30 49.00	200m: 3:06.90	269	47.60

Prova 22
18-03-2012 - 11:10

Femin., 200m Costas

Infantis
Resultados

Recordes Nacionais 25m Absoluto	2:12.00	Ana Antas, BARROS	SAD	Algés	14-05-1993
Recordes Nacionais 25m Inf B	2:27.92	Keissy Joselin, SOUSA	FCP	Alcobaça	16-03-1997
Recordes Nacionais 25m Inf A	2:22.25	Keissy Joselin, SOUSA	FCP	Algés	15-03-1998

TAC Zonais 2011 Inf A Fem Inf A: 2:50.00 / TAC Zonais 2011 Inf B Fem Inf B: 3:00.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Sara Patricia, SOUSA 50m: 33.94 33.94	F	120693	99	Clube de Vouzela 37.46 150m: 1:50.29 38.89	200m: 2:28.77	527	38.48
2.	Ana Estevinha, SILVA 50m: 35.79 35.79	F	120794	99	Ginásio Clube Figueirense 39.07 150m: 1:54.88 40.02	200m: 2:33.71	477	38.83
3.	Maria Dias, NEVES 50m: 35.96 35.96	F	108078	99	Miranda do Corvo 38.51 150m: 1:54.57 40.10	200m: 2:34.03	474	39.46
4.	Rosana Marinho, MACEDO 50m: 35.49 35.49	F	111500	99	Felgueiras 40.22 150m: 1:57.01 41.30	200m: 2:36.23	455	39.22
5.	Ana Miguel, PINTO 50m: 36.32 36.32	F	107478	99	Viana Natacao 38.97 150m: 1:56.30 41.01	200m: 2:36.66	451	40.36
6.	Ana Carvalho, SILVA 50m: 35.91 35.91	F	111625	99	Desportos Barcelos 39.70 150m: 1:56.59 40.98	200m: 2:37.02	448	40.43
7.	Marta Silva, FELIX 50m: 37.08 37.08	F	119385	99	Sporting Clube de Aveiro 41.00 200m: 2:40.92 1:22.84	2:40.92	416	
8.	Catarina Reis, SILVA 50m: 36.76 36.76	F	107568	99	Braga 41.04 150m: 2:00.29 42.49	200m: 2:41.74	410	41.45
9.	Rita Almeida, FRECHES 50m: 38.67 38.67	F	111873	99	Leixões Sport Clube 41.19 200m: 2:43.67 1:23.81	2:43.67	395	
10.	Ana Sofia, AFONSO 50m: 35.76 35.76	F	111588	99	Escola Desportiva de Viana 41.18 150m: 2:00.54 43.60	200m: 2:43.81	394	43.27
11.	Carina Rodrigues, MARINHO 50m: 38.09 38.09	F	111716	99	Felgueiras 41.63 200m: 2:43.94 1:24.22	2:43.94	393	
12.	Carolina Cameira, SOUSA 50m: 37.28 37.28	F	107550	99	Viana Natacao 41.30 200m: 2:43.99 1:25.41	2:43.99	393	
13.	Maria Leonor, MARTINS 50m: 38.42 38.42	F	107962	99	Gespacos 42.06 150m: 2:03.19 42.71	200m: 2:44.13	392	40.94
14.	Joana Raquel, SIMOES 50m: 39.35 39.35	F	116949	99	Vigor da Mocidade 42.04 150m: 2:03.22 41.83	200m: 2:45.33	384	42.11
15.	Maria Margarida, CABRAL 50m: 38.71 38.71	F	118114	99	FCPorto 41.88 150m: 2:02.66 42.07	200m: 2:45.46	383	42.80
16.	Carolina Rocha, SILVA 50m: 39.44 39.44	F	109386	99	Sporting Clube de Espinho 41.89 150m: 2:04.62 43.29	200m: 2:46.54	375	41.92
17.	Margarida Bento, MESQUITA 50m: 37.66 37.66	F	119492	99	Sporting Clube de Aveiro 42.46 200m: 2:46.83 1:26.71	2:46.83	373	
18.	Rita Dias, GARRIDO 50m: 38.91 38.91	F	110054	99	Nautico/Matobra 42.85 150m: 2:04.46 42.70	200m: 2:46.95	373	42.49
19.	Ines Silva, MARQUES 50m: 39.92 39.92	F	110560	99	CNMaia 42.44 150m: 2:05.81 43.45	200m: 2:48.05	365	42.24
20.	Ana Vanessa, DUARTE 50m: 38.96 38.96	F	111141	99	SCC/Oryzon Energias 42.88 150m: 2:05.69 43.85	200m: 2:48.28	364	42.59
21.	Mariana Pinto, ANGELO 50m: 39.21 39.21	F	116788	99	Académica de Coimbra 43.51 150m: 2:06.95 44.23	200m: 2:48.46	363	41.51
22.	Ana Alexandra, OLIVEIRA 50m: 38.31 38.31	F	104491	99	FCPorto 42.31 150m: 2:04.63 44.01	200m: 2:48.55	362	43.92

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Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 22, Femin., 200m Costas, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
23.	Sandra Patricia, OLIVEIRA 50m: 38.84 38.84	F	112030	99	Ginásio Clube Figueirense 42.42 150m: 2:05.45 44.19	200m: 2:48.72 2:48.72	361	43.27
24.	Carolina, SOUSA 50m: 38.21 38.21	F	112244	99	Ginásio Clube de Vila Real 42.95 150m: 2:05.78 44.62	200m: 2:49.41 2:49.41	357	43.63
25.	Mariana Pereira, SILVA FTL 50m: 39.33 39.33	F	108997	99	Viana Natacao 42.75 200m: 2:51.77 1:29.69	2:51.77	342	
DSQ	Ana Raquel, CONCEICAO 102 - Falsa partida – SW 4.4	F	109020	99	Nautico/Matobra			

Infantis B

1.	Maria Francisca, CABRAL 50m: 36.06 36.06	F	118113	00	FCPorto 38.94 200m: 2:35.25 1:20.25	2:35.25	463	
2.	Alexandra Jesus, SANTOS 50m: 37.62 37.62	F	117408	00	Leixões Sport Clube 40.52 200m: 2:39.99 1:21.85	2:39.99	423	
3.	Teresa Miguel, VELOSO 50m: 37.77 37.77	F	103876	00	Nautico/Matobra 40.68 150m: 2:00.30 41.85	200m: 2:40.16 2:40.16	422	39.86
4.	Beatriz Costa, GONCALVES 50m: 38.81 38.81	F	121276	00	Desportos Barcelos 41.47 150m: 2:03.98 43.70	200m: 2:46.13 2:46.13	378	42.15
5.	Ana Francisca, SENRA 50m: 38.98 38.98	F	111628	00	Desportos Barcelos 43.44 150m: 2:06.45 44.03	200m: 2:46.47 2:46.47	376	40.02
6.	Margarete Leandro, FERNANDES 50m: 39.81 39.81	F	116952	00	Miranda do Corvo 44.06 150m: 2:07.03 43.16	200m: 2:48.47 2:48.47	363	41.44
7.	Maria Leonor, VALENTE 50m: 40.92 40.92	F	108288	00	FCPorto 43.42 150m: 2:07.05 42.71	200m: 2:49.21 2:49.21	358	42.16
8.	Mariana Paula, BAPTISTA 50m: 39.83 39.83	F	108337	00	Famalicao 43.46 150m: 2:07.45 44.16	200m: 2:50.66 2:50.66	349	43.21
9.	Natalia Matos, CUNHA 50m: 40.51 40.51	F	120259	00	Assoc. Desportiva de Fafe 43.00 150m: 2:08.15 44.64	200m: 2:51.59 2:51.59	343	43.44
10.	Maria Beatriz, JORGE 50m: 40.23 40.23	F	117482	00	Nautico/Matobra 44.56 150m: 2:10.12 45.33	200m: 2:51.96 2:51.96	341	41.84
11.	Rita Correia, ALBERGUEIRO 50m: 40.36 40.36	F	117579	00	Estamos Juntos 43.63 150m: 2:08.71 44.72	200m: 2:52.33 2:52.33	339	43.62
12.	Ana Rita, CRUZ 50m: 39.93 39.93	F	108012	00	Gespacos 43.91 150m: 2:08.69 44.85	200m: 2:52.49 2:52.49	338	43.80
13.	Ana Cristina, AFONSO 50m: 41.24 41.24	F	119480	00	Viana Natacao 43.87 150m: 2:09.95 44.84	200m: 2:53.04 2:53.04	335	43.09
14.	Beatriz Lemos, ROCHA 50m: 40.62 40.62	F	111185	00	Viana Natacao 44.34 150m: 2:10.71 45.75	200m: 2:56.19 2:56.19	317	45.48
15.	Viviana Raquel, PIRES 50m: 43.24 43.24	F	120601	00	Ac.Viseu 44.93 150m: 2:14.63 46.46	200m: 2:58.30 2:58.30	306	43.67
16.	Andreia Brito, PEREIRA 50m: 41.72 41.72	F	120002	00	Vigor da Mocidade 45.80 150m: 2:14.40 46.88	200m: 2:59.72 2:59.72	299	45.32
WDR	Alexandra Daniela, CASTRO	F	108282	00	Individual Norte de Portugal			

Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 23	Masc., 200m Estilos				Infantis
18-03-2012 - 11:35					Resultados
Recordes Nacionais 25m Absoluto	1:54.58	Diogo Filipe, CARVALHO	FPN	Istanbul (TUR)	10-12-2009
Recordes Nacionais 25m Inf B	2:20.56	Tomas Miguel, FREITAS	CDN	Funchal	28-06-2003
Recordes Nacionais 25m Inf A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	17-07-2004
TAC Zonais 2011 Inf A Masc Inf A: 2:38.00 / TAC Zonais 2011 Inf B Masc Inf B: 2:45.00					

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Joao Francisco, LOPES	M	107561	98	Braga	2:19.09	495	
	50m: 30.86 30.86		100m: 1:07.51		36.65 150m: 1:47.62	40.11	200m: 2:19.09	31.47
2.	Pedro Ferraz, SILVA	M	104441	98	Gespacos	2:22.31	462	
	50m: 30.78 30.78		100m: 1:08.93		38.15 150m: 1:50.25	41.32	200m: 2:22.31	32.06
3.	Tomas Robalo, MAIA	M	110548	98	Famalicao	2:23.70	449	
	50m: 31.10 31.10		100m: 1:10.47		39.37 150m: 1:50.82	40.35	200m: 2:23.70	32.88
4.	Nuno Miguel, GRACA	M	105631	98	Escola Desportiva de Viana	2:23.74	449	
	50m: 30.78 30.78		100m: 1:06.50		35.72 150m: 1:49.34	42.84	200m: 2:23.74	34.40
5.	Luis Filipe, SOARES	M	105615	98	Sporting Clube de Espinho	2:24.05	446	
	50m: 31.34 31.34		100m: 1:07.57		36.23 150m: 1:50.30	42.73	200m: 2:24.05	33.75
6.	Rui Filipe, COSTA	M	109919	98	Desportos Barcelos	2:24.80	439	
	50m: 31.91 31.91		100m: 1:08.93		37.02 150m: 1:51.14	42.21	200m: 2:24.80	33.66
7.	Pedro Nuno, VIEIRA	M	106742	98	Valongo	2:26.01	428	
	50m: 31.39 31.39		100m: 1:10.15		38.76 150m: 1:52.78	42.63	200m: 2:26.01	33.23
8.	Diogo Manuel, MARQUES	M	118567	98	SCC/Oryzon Energias	2:26.73	422	
	50m: 31.59 31.59		100m: 1:11.45		39.86 150m: 1:54.35	42.90	200m: 2:26.73	32.38
9.	Leandro Fernandes, MOTA	M	106760	98	SCC/Oryzon Energias	2:27.12	418	
	50m: 30.97 30.97		100m: 1:07.58		36.61 150m: 1:54.89	47.31	200m: 2:27.12	32.23
10.	Xavier Ribeiro, FERREIRA	M	108307	98	Famalicao	2:27.92	412	
	50m: 31.65 31.65		100m: 1:08.27		36.62 150m: 1:52.74	44.47	200m: 2:27.92	35.18
11.	Andre Magalhaes, MOURA	M	104988	98	Ac.Viseu	2:28.39	408	
	50m: 32.44 32.44		100m: 1:11.14		38.70 150m: 1:53.64	42.50	200m: 2:28.39	34.75
12.	Joao Miguel, BRANCO	M	108676	98	Sporting Clube de Espinho	2:29.40	400	
	50m: 31.49 31.49		100m: 1:10.27		38.78 150m: 1:55.74	45.47	200m: 2:29.40	33.66
13.	Joao Diogo, LOURENCO	M	104412	98	Felgueiras	2:31.10	386	
	50m: 34.09 34.09		100m: 1:12.79		38.70 150m: 1:57.66	44.87	200m: 2:31.10	33.44
14.	Andre Filipe, AFONSECA	M	117795	98	Desportos Barcelos	2:31.22	385	
	50m: 32.70 32.70		100m: 1:11.20		36.50 150m: 1:57.31	46.11	200m: 2:31.22	33.91
15.	Jose Pedro, PINTO	M	100797	98	Braga	2:32.42	376	
	50m: 33.94 33.94		100m: 1:14.71		40.77 150m: 1:58.36	43.65	200m: 2:32.42	34.06
16.	Diogo Miguel, COSTA	M	110489	98	FCPorto	2:32.61	375	
	50m: 33.57 33.57		100m: 1:14.88		41.31 150m: 1:58.50	43.62	200m: 2:32.61	34.11
17.	Mario Jorge, VELOSO	M	112051	98	Braga	2:32.71	374	
	50m: 33.68 33.68		100m: 1:16.65		42.97 150m: 1:56.97	40.32	200m: 2:32.71	35.74
18.	Paulo Filipe, SILVA	M	117012	98	CNMaia	2:33.17	371	
	50m: 32.09 32.09		100m: 1:11.15		39.06 150m: 1:56.76	45.61	200m: 2:33.17	36.41
19.	Pedro Miguel, LINO	M	104724	98	Gespacos	2:33.42	369	
	50m: 33.85 33.85		100m: 1:13.20		39.35 150m: 1:58.09	44.89	200m: 2:33.42	35.33
20.	Ricardo Manuel, MONTEIRO	M	110556	98	Leixões Sport Clube	2:35.69	353	
	50m: 33.78 33.78		100m: 1:14.24		40.46 150m: 1:58.52	44.28	200m: 2:35.69	37.17
21.	Tiago Abrantes, OLIVEIRA	M	109403	98	Sport Alges e Agueda	2:36.90	345	
	50m: 33.65 33.65		100m: 1:15.15		41.50 150m: 2:01.21	46.06	200m: 2:36.90	35.69
22.	Joao Costa, FERREIRA FTL	M	119632	98	Famalicao	2:39.56	328	
	50m: 36.12 36.12		100m: 1:19.20		43.08 150m: 2:04.58	45.38	200m: 2:39.56	34.98
23.	Pedro Silva, FERREIRA FTL	M	108308	98	Famalicao	2:40.37	323	
	50m: 35.94 35.94		100m: 1:20.59		44.65 150m: 2:03.34	42.75	200m: 2:40.37	37.03
WDR	Rodrigo Manuel, MONTEIRO	M	109389	98	Sporting Clube de Espinho			
WDR	Jorge Rogerio, MORAIS	M	104413	98	Lousada			

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Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

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Prova 23, Masc., 200m Estilos

Infantis B

1.	Gabriel Levi, GOMES		M	118573 99	SCC/Oryzon Energias					2:27.96	411
	50m: 32.48	32.48		100m: 1:10.96	38.48	150m: 1:55.20	44.24	200m: 2:27.96			32.76
2.	Rui Jorge, MATIAS		M	107735 99	Clube Fluvial Vilacondense					2:28.41	408
	50m: 32.05	32.05		100m: 1:10.34	38.29	150m: 1:55.23	44.89	200m: 2:28.41			33.18
3.	Nuno Miguel, COTO		M	118087 99	Braga					2:28.98	403
	50m: 33.24	33.24		100m: 1:12.39	39.15	150m: 1:54.38	41.99	200m: 2:28.98			34.60
4.	Ricardo Jorge, CARVALHO		M	105670 99	Galitos					2:32.75	374
	50m: 32.57	32.57		100m: 1:11.41	38.84	150m: 1:58.57	47.16	200m: 2:32.75			34.18
5.	Daniel Queiros, CRUZ		M	104694 99	CNMaia					2:34.88	359
	50m: 34.74	34.74		100m: 1:16.11	41.37	150m: 1:59.05	42.94	200m: 2:34.88			35.83
6.	Tiago Andre, OLIVEIRA		M	116986 99	Vitória Sport Clube					2:35.56	354
	50m: 33.34	33.34		100m: 1:14.12	40.78	150m: 2:01.12	47.00	200m: 2:35.56			34.44
7.	Joao Paulo, CORREIA		M	110481 99	FCPorto					2:35.67	353
	50m: 33.32	33.32		100m: 1:14.24	40.92	150m: 2:02.36	48.12	200m: 2:35.67			33.31
8.	Mateus Ribeiro, CARVALHO		M	119635 99	Famalicao					2:36.71	346
	50m: 32.54	32.54		100m: 1:11.15	38.61	150m: 2:02.13	50.98	200m: 2:36.71			34.58
9.	Jose Pedro, FERNANDES		M	111611 99	Braga					2:42.75	309
	50m: 34.90	34.90		100m: 1:16.79	41.89	150m: 2:06.16	49.37	200m: 2:42.75			36.59
10.	Andre Marques, ANTUNES		M	117484 99	Nautico/Matobra					2:42.85	308
	50m: 34.28	34.28		100m: 1:15.53	41.25	150m: 2:05.75	50.22	200m: 2:42.85			37.10
11.	Diogo Filipe, TEODORO		M	105897 99	CNMaia					2:42.86	308
	50m: 35.58	35.58		100m: 1:19.08	43.50	150m: 2:05.71	46.63	200m: 2:42.86			37.15
12.	Diogo Paulo, BAPTISTA		M	108325 99	Famalicao					2:43.84	303
	50m: 35.57	35.57		100m: 1:17.30	41.73	150m: 2:08.56	51.26	200m: 2:43.84			35.28
13.	Pedro Henrique, PIRES FTL		M	112626 99	Académica de Coimbra					2:46.33	289
	50m: 35.63	35.63		100m: 1:19.99	44.36	150m: 2:08.85	48.86	200m: 2:46.33			37.48
14.	Jose Neves, NETO FTL		M	111235 99	SCC/Oryzon Energias					2:47.78	282
	50m: 36.48	36.48		100m: 1:23.03	46.55	150m: 2:11.01	47.98	200m: 2:47.78			36.77
EXH	Roman, STEFANIV		M	118568 98	SCC/Oryzon Energias					2:28.62	406
	50m: 30.35	30.35		100m: 1:07.86	37.51	150m: 1:53.44	45.58	200m: 2:28.62			35.18

5 - 3ª Jornada - 2ª Sessão

18-03-2012 - 16:00

Prova 24	Femin., 200m Livres				Infantis
18-03-2012 - 16:00					Resultados
Recordes Nacionais 25m Absoluto	2:00.20	Marta Vieira, MARINHO	FCP	Porto	04-12-2010
Recordes Nacionais 25m Inf B	2:12.32	Beatriz Rodrigues, CONDE	SCP	Algés	12-06-2010
Recordes Nacionais 25m Inf A	2:09.46	Ines Camacho, FERNANDES	SCP	Tavira	05-03-2010
TAC Zonais 2011 Inf A Fem Inf A: 2:31.00 / TAC Zonais 2011 Inf B Fem Inf B: 2:38.00					

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Sara Patricia, SOUSA 50m: 30.63 30.63	F	120693	99	Clube de Vouzela 34.33 150m: 1:04.96	1:40.72 35.76	200m: 2:14.94	559 34.22
2.	Rita Costa, AMADOR 50m: 32.15 32.15	F	105665	99	Galitos 34.15 150m: 1:06.30	1:41.45 35.15	200m: 2:15.22	555 33.77
3.	Ana Carolina, CARRACO 50m: 31.76 31.76	F	121177	99	Freguesia de Paiao 34.21 150m: 1:05.97	1:41.03 35.06	200m: 2:15.78	548 34.75
4.	Tamila Hryhorivna, HOLUB 50m: 32.78 32.78	F	116887	99	Braga 35.00 150m: 1:07.78	1:43.98 36.20	200m: 2:19.28	508 35.30
5.	Ana Miguel, PINTO 50m: 31.68 31.68	F	107478	99	Viana Natacao 34.55 150m: 1:06.23	1:42.58 36.35	200m: 2:19.55	505 36.97
6.	Maria Ines, MACHADO 50m: 31.45 31.45	F	108320	99	Famalicao 34.74 150m: 1:06.19	1:43.06 36.87	200m: 2:19.79	502 36.73
7.	Maria Dias, NEVES 50m: 32.78 32.78	F	108078	99	Miranda do Corvo 35.66 150m: 1:08.44	1:44.77 36.33	200m: 2:20.84	491 36.07
8.	Mariana Alexandre, OLIVEIRA 50m: 32.84 32.84	F	107368	99	FCPorto 35.77 150m: 1:08.61	1:45.46 36.85	200m: 2:21.29	487 35.83
9.	Noemia Verdi, SILVA 50m: 31.29 31.29	F	111770	99	Vitória Sport Clube 35.52 150m: 1:06.81	1:44.88 38.07	200m: 2:22.72	472 37.84
10.	Viviana Pinto, CUNHA 50m: 32.83 32.83	F	125474	99	Famalicao 36.10 150m: 1:08.93	1:46.90 37.97	200m: 2:23.49	465 36.59
11.	Carina Rodrigues, MARINHO 50m: 33.11 33.11	F	111716	99	Felgueiras 36.60 150m: 1:09.71	1:48.07 38.36	200m: 2:24.76	452 36.69
12.	Ana Caetano, OLIVEIRA 50m: 33.38 33.38	F	118366	99	Leixões Sport Clube 37.00 200m: 1:10.38	2:24.81 1:14.43	2:24.81	452
13.	Ana Raquel, CONCEICAO 50m: 33.96 33.96	F	109020	99	Nautico/Matobra 36.03 150m: 1:09.99	1:47.53 37.54	200m: 2:25.09	449 37.56
14.	Ana Teresa, NASCIMENTO 50m: 33.20 33.20	F	111876	99	Leixões Sport Clube 37.01 150m: 1:10.21	1:48.50 38.29	200m: 2:26.21	439 37.71
15.	Ana Mafalda, DUARTE 50m: 34.04 34.04	F	111142	99	SCC/Oryzon Energias 37.41 200m: 1:11.45	2:26.23 1:14.78	2:26.23	439
16.	Rosana Marinho, MACEDO 50m: 33.06 33.06	F	111500	99	Felgueiras 37.84 200m: 1:10.90	2:26.33 1:15.43	2:26.33	438
17.	Maria Migueis, TEIXEIRA 50m: 32.99 32.99	F	107574	99	Clube Nataç�o Interior Norte 37.71 200m: 1:10.70	2:26.48 1:15.78	2:26.48	437
18.	Margarida Bento, MESQUITA 50m: 34.16 34.16	F	119492	99	Sporting Clube de Aveiro 37.12 200m: 1:11.28	2:26.72 1:15.44	2:26.72	435
19.	Marta Ferreira, ROCHA 50m: 33.67 33.67	F	110558	99	Leixões Sport Clube 37.01 150m: 1:10.68	1:49.34 38.66	200m: 2:27.44	428 38.10
20.	Catarina Filipa, LEI 50m: 33.10 33.10	F	109387	99	Sporting Clube de Espinho 37.94 200m: 1:11.04	2:27.60 1:16.56	2:27.60	427
21.	Daniela Filipa, MIRA 50m: 34.17 34.17	F	110632	99	Associacao CADES 38.38 200m: 1:12.55	2:30.17 1:17.62	2:30.17	405
22.	Tatiana Isabel, CARDOSO 50m: 34.20 34.20	F	108175	99	FCPorto 37.69 200m: 1:11.89	2:30.30 1:18.41	2:30.30	404
23.	Rita Dias, GARRIDO 50m: 33.56 33.56	F	110054	99	Nautico/Matobra 38.22 200m: 1:11.78	2:30.35 1:18.57	2:30.35	404
24.	Marta Silva, FELIX 50m: 35.39 35.39	F	119385	99	Sporting Clube de Aveiro 38.02 200m: 1:13.41	2:30.62 1:17.21	2:30.62	402

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Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012

Prova 24, Femin., 200m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
25.	Diana Mouro, FERNANDES <i>FTL</i>	F	111136	99	Freguesia de Paiao	2:34.23	374	
	50m: 34.86 34.86		100m: 1:14.02		39.16	200m: 2:34.23		1:20.21

Infantis B

1.	Ana Miguel, REIS	F	108089	00	SCC/Oryzon Energias	2:21.51	484	
	50m: 33.08 33.08		100m: 1:09.22		36.14	150m: 1:45.87		36.65
2.	Adriana Azevedo, COUTO	F	108336	00	Famalicao	2:23.73	462	
	50m: 32.73 32.73		100m: 1:09.63		36.90	200m: 2:23.73		1:14.10
3.	Mariana Santos, FERREIRA	F	112044	00	Miranda do Corvo	2:24.05	459	
	50m: 33.47 33.47		100m: 1:10.21		36.74	150m: 1:47.26		37.05
4.	Ana Rita, FARIA	F	117417	00	FCPorto	2:25.13	449	
	50m: 34.23 34.23		100m: 1:11.95		37.72	200m: 2:25.13		1:13.18
5.	Joana Martins, PEREIRA	F	111512	00	Clube Fluvial Vilacondense	2:26.07	440	
	50m: 34.21 34.21		100m: 1:12.30		38.09	200m: 2:26.07		1:13.77
6.	Iara Mesquita, COSTA	F	118285	00	Freguesia de Paiao	2:28.14	422	
	50m: 34.09 34.09		100m: 1:11.41		37.32	200m: 2:28.14		1:16.73
7.	Rita Goncalves, MARIEIRO	F	117710	00	Galitos	2:28.37	420	
	50m: 35.06 35.06		100m: 1:13.66		38.60	200m: 2:28.37		1:14.71
8.	Joana Francisca, COSTA	F	118312	00	Felgueiras	2:28.59	418	
	50m: 33.35 33.35		100m: 1:12.22		38.87	200m: 2:28.59		1:16.37
9.	Margarete Leandro, FERNANDES	F	116952	00	Miranda do Corvo	2:31.60	394	
	50m: 35.16 35.16		100m: 1:14.57		39.41	200m: 2:31.60		1:17.03
10.	Ana Cristina, AFONSO	F	119480	00	Viana Natacao	2:33.45	380	
	50m: 35.36 35.36		100m: 1:14.86		39.50	200m: 2:33.45		1:18.59
11.	Ines Silva, OLIVEIRA	F	116890	00	Leixões Sport Clube	2:33.75	378	
	50m: 35.56 35.56		100m: 1:15.24		39.68	200m: 2:33.75		1:18.51
12.	Ana Carolina, NEVES	F	120791	00	Académica de Coimbra	2:34.30	373	
	50m: 34.78 34.78		100m: 1:14.21		39.43	200m: 2:34.30		1:20.09
13.	Beatriz Costa, GONCALVES	F	121276	00	Desportos Barcelos	2:34.64	371	
	50m: 34.70 34.70		100m: 1:14.26		39.56	200m: 2:34.64		1:20.38
14.	Beatriz Teixeira, MARTINS	F	117581	00	Estamos Juntos	2:34.82	370	
	50m: 35.13 35.13		100m: 1:14.41		39.28	200m: 2:34.82		1:20.41

Prova 25

Masc., 100m Livres

Infantis

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Resultados

Recordes Nacionais 25m Absoluto	47.64	Alexandre Escudier, AGOSTINHO	FPN	Istambul (TUR)	11-12-2009
Recordes Nacionais 25m Inf B	57.40	Tiago Filipe, PEREIRA	DNMG	Caldas da Rainha	11-07-2004
Recordes Nacionais 25m Inf A	55.02	David Miguel, FERRO	SFUAP	Algés	15-03-1998

TAC Zonais 2011 Inf A Masc Inf A: 1:03.00 / TAC Zonais 2011 Inf B Masc Inf B: 1:06.50

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Nuno Miguel, GRACA	M	105631	98	Escola Desportiva de Viana	55.42	533	
	50m: 26.92 26.92		100m: 55.42		28.50			
2.	Tomas Robalo, MAIA	M	110548	98	Famalicao	57.11	487	
	50m: 27.80 27.80		100m: 57.11		29.31			
3.	Rui Filipe, COSTA	M	109919	98	Desportos Barcelos	57.94	466	
	50m: 28.26 28.26		100m: 57.94		29.68			
4.	Joao Manuel, PIRES	M	109025	98	Nautico/Matobra	58.25	459	
	50m: 28.06 28.06		100m: 58.25		30.19			
5.	Andre Filipe, AFONSECA	M	117795	98	Desportos Barcelos	58.86	445	
	50m: 28.75 28.75		100m: 58.86		30.11			
6.	Joao Alberto, GONDAR	M	111545	98	Clube Fluvial Vilacondense	59.06	440	
	50m: 28.43 28.43		100m: 59.06		30.63			
7.	Joao Diogo, LOURENCO	M	104412	98	Felgueiras	59.32	434	
	50m: 27.94 27.94		100m: 59.32		31.38			

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Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012

Prova 25, Masc., 100m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
8.	Joao Miguel, BRANCO 50m: 28.39 28.39	M	108676	98	Sporting Clube de Espinho 31.13	59.52	430	
9.	Joao Jose, LARANJEIRA 50m: 28.47 28.47	M	105936	98	Campinho 31.07	59.54	430	
10.	Leandro Fernandes, MOTA 50m: 28.36 28.36	M	106760	98	SCC/Oryzon Energias 31.22	59.58	429	
11.	Luis Filipe, SOARES 50m: 28.41 28.41	M	105615	98	Sporting Clube de Espinho 31.18	59.59	428	
12.	Joao Carlos, SILVA 50m: 28.52 28.52	M	108379	98	Famalicao 31.76	1:00.28	414	
13.	Francisco Rodrigues, ANTAS 50m: 28.57 28.57	M	108431	98	Escola Desportiva de Viana 31.84	1:00.41	411	
14.	Antonio Tiago, RODRIGUES 50m: 28.82 28.82	M	121119	98	S. Pedro do Sul 31.95	1:00.77	404	
15.	Jorge Rogerio, MORAIS 50m: 28.61 28.61	M	104413	98	Lousada 32.27	1:00.88	402	
16.	Goncalo Miguel, NOGUEIRA 50m: 29.12 29.12	M	104471	98	FCPorto 32.09	1:01.21	395	
17.	Pedro Goncalves, NETO 50m: 29.06 29.06	M	102038	98	FCPorto 32.23	1:01.29	394	
18.	Leandro Miguel, BAPTISTA 50m: 29.19 29.19	M	102657	98	Leixões Sport Clube 32.28	1:01.47	390	
19.	Diogo Mendes, PEREIRA 50m: 29.56 29.56	M	107783	98	Freguesia de Paiao 32.10	1:01.66	387	
20.	H., FELGUEIRAS 50m: 29.99 29.99	M	105205	98	Valongo 32.04	1:02.03	380	
21.	João Soares, MELO 50m: 29.85 29.85	M	121433	98	Estamos Juntos 32.64	1:02.49	371	
22.	Joao Costa, FERREIRA 50m: 30.35 30.35	M	119632	98	Famalicao 32.17	1:02.52	371	
23.	Nuno Tiago, LOPES 50m: 29.98 29.98	M	110423	98	Ginasio Clube de Vila Real 32.68	1:02.66	368	
24.	Alexandre Miguel, FABIAO 50m: 30.70 30.70	M	107938	98	Clube Fluvial Vilacondense 32.26	1:02.96	363	
25.	Mario Jorge, VELOSO FTL 50m: 30.08 30.08	M	112051	98	Braga 32.93	1:03.01	362	
26.	Diogo Loureiro, MARTINHO FTL 50m: 30.18 30.18	M	116948	98	Ginásio Clube Figueirense 33.07	1:03.25	358	
27.	Diogo Rafael, SANTOS FTL 50m: 29.81 29.81	M	110597	98	Galitos 33.51	1:03.32	357	
28.	Daniel Filipe, PAIVA FTL 50m: 31.18 31.18	M	110265	98	Miranda do Corvo 32.38	1:03.56	353	
29.	Joao Nuno, RODRIGUES FTL 50m: 30.64 30.64	M	109352	98	Nautico/Matobra 33.28	1:03.92	347	
30.	Pedro Miguel, VIEIRA FTL 50m: 31.63 31.63	M	109367	98	Galitos 33.22	1:04.85	332	
31.	Patrick Jose, MAIA FTL 50m: 31.60 31.60	M	117483	98	Nautico/Matobra 33.90	1:05.50	322	
32.	Bruno Jose, SILVA FTL 50m: 32.75 32.75	M	107560	98	Braga 34.62	1:07.37	296	

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Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012

Prova 25, Masc., 100m Livres

Infantis B

1.	Tiago Andre, OLIVEIRA		M	116986 99	Vit�ria Sport Clube	1:00.53	409
	50m: 28.76	28.76	100m:	1:00.53	31.77		
2.	Ricardo Jorge, CARVALHO		M	105670 99	Galitos	1:01.14	397
	50m: 29.89	29.89	100m:	1:01.14	31.25		
3.	Pedro Miguel, FERNANDES		M	110494 99	Vit�ria Sport Clube	1:01.51	389
	50m: 29.49	29.49	100m:	1:01.51	32.02		
4.	Jose Pedro, FERNANDES		M	111611 99	Braga	1:02.75	367
	50m: 29.96	29.96	100m:	1:02.75	32.79		
5.	Goncalo Oliveira, CABRAL		M	118367 99	Leix�es Sport Clube	1:02.76	367
	50m: 30.28	30.28	100m:	1:02.76	32.48		
6.	Mateus Ribeiro, CARVALHO		M	119635 99	Famalicao	1:02.77	366
	50m: 30.00	30.00	100m:	1:02.77	32.77		
7.	Joao Gabriel, MELO		M	112385 99	Sport Alges e Agueda	1:03.85	348
	50m: 31.14	31.14	100m:	1:03.85	32.71		
8.	Francisco Oliveira, FERREIRA		M	125477 99	Famalicao	1:03.86	348
	50m: 31.23	31.23	100m:	1:03.86	32.63		
9.	Tiago Silva, SOARES		M	108287 99	FCPorto	1:04.81	333
	50m: 30.51	30.51	100m:	1:04.81	34.30		
10.	Miguel Angelo, FONSECA		M	110424 99	Ginasio Clube de Vila Real	1:05.06	329
	50m: 31.76	31.76	100m:	1:05.06	33.30		
11.	Andre Martins, PALHINHA		M	119387 99	Sporting Clube de Aveiro	1:05.35	325
	50m: 31.93	31.93	100m:	1:05.35	33.42		
12.	Alexandre Santos, MESQUITA		M	111139 99	Freguesia de Paiao	1:05.94	316
	50m: 31.57	31.57	100m:	1:05.94	34.37		
13.	Elmano Madail, COSTA		M	118322 99	Vit�ria Sport Clube	1:06.06	314
	50m: 31.19	31.19	100m:	1:06.06	34.87		
14.	Nuno Henrique, GUIMARAES		M	119147 99	Valongo	1:06.26	311
	50m: 31.71	31.71	100m:	1:06.26	34.55		
15.	Pedro Adelino, VIEGAS		M	110498 99	Vit�ria Sport Clube	1:06.33	311
	50m: 32.85	32.85	100m:	1:06.33	33.48		
16.	Andr� Freitas, GUAL		M	117584 99	Estamos Juntos	1:06.48	308
	50m: 31.80	31.80	100m:	1:06.48	34.68		
17.	Jose Neves, NETO		M	111235 99	SCC/Oryzon Energias	1:07.28	298
	FTL 50m: 32.61	32.61	100m:	1:07.28	34.67		
18.	Jose Paulo, GOMES		M	108296 99	Felgueiras	1:07.32	297
	FTL 50m: 32.21	32.21	100m:	1:07.32	35.11		
19.	Joao Rafael, SILVA		M	118572 99	SCC/Oryzon Energias	1:07.95	289
	FTL 50m: 33.12	33.12	100m:	1:07.95	34.83		
20.	Joao Pedro, GOMES		M	109733 99	Miranda do Corvo	1:08.04	288
	FTL 50m: 32.94	32.94	100m:	1:08.04	35.10		
21.	Antonio Fernando, PINTO		M	109280 99	Lousada	1:08.06	287
	FTL 50m: 32.24	32.24	100m:	1:08.06	35.82		
22.	Afonso Ribeiro, COUTO		M	111102 99	CNMaia	1:08.24	285
	FTL 50m: 32.56	32.56	100m:	1:08.24	35.68		
23.	Hugo Edgar, MIRANDA		M	107551 99	Escola Desportiva de Viana	1:08.50	282
	FTL 50m: 33.04	33.04	100m:	1:08.50	35.46		
DSQ	Nuno Filipe, COSTA		M	102449 99	Gespacos		
	102 - Falsa partida - SW 4.4						
EXH	Roman, STEFANIV		M	118568 98	SCC/Oryzon Energias	1:00.17	416
	50m: 28.47	28.47	100m:	1:00.17	31.70		

Prova 26	Femin., 100m Bruços				Infantis
18-03-2012 - 16:35					Resultados
Recordes Nacionais 25m Absoluto	1:07.17	Diana Duarte, GOMES	CNA	S. Ant�nio Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	1:17.79	tempo limite,			
Recordes Nacionais 25m Inf A	1:15.72	Filipa Vilas, RUIVO	DNMG	Caldas da Rainha	01-05-2010
TAC Zonais 2011 Inf A Fem Inf A: 1:30.50 / TAC Zonais 2011 Inf B Fem Inf B: 1:35.00					

Pontos: FINA 2011

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Rita Galvao, PEREIRA	F	121922	99	Famalicao	1:21.34	458	
	50m: 39.09 39.09		100m:	1:21.34	42.25			
2.	Maria Eduarda, VEIGA	F	109030	99	Nautico/Matobra	1:22.38	440	
	50m: 39.53 39.53		100m:	1:22.38	42.85			
3.	Ana Beatriz, MARTINS	F	108375	99	Famalicao	1:23.07	430	
	50m: 40.11 40.11		100m:	1:23.07	42.96			
4.	Ana Madalena, SANTOS	F	110671	99	Nautico/Matobra	1:23.08	429	
	50m: 38.79 38.79		100m:	1:23.08	44.29			
5.	Mariana Pereira, SILVA	F	108997	99	Viana Natacao	1:25.59	393	
	50m: 40.92 40.92		100m:	1:25.59	44.67			
6.	Catarina Filipa, LEI	F	109387	99	Sporting Clube de Espinho	1:25.94	388	
	50m: 40.07 40.07		100m:	1:25.94	45.87			
7.	Ana Teresa, NASCIMENTO	F	111876	99	Leix�es Sport Clube	1:26.42	381	
	50m: 41.35 41.35		100m:	1:26.42	45.07			
8.	Barbara Rita, SOUSA	F	116906	99	Valongo	1:26.58	379	
	50m: 40.58 40.58		100m:	1:26.58	44.00			
9.	Carolina Cameira, SOUSA	F	107550	99	Viana Natacao	1:26.61	379	
	50m: 41.44 41.44		100m:	1:26.61	45.17			
10.	Ana Carvalho, SILVA	F	111625	99	Desportos Barcelos	1:26.88	375	
	50m: 41.23 41.23		100m:	1:26.88	45.65			
11.	Noemia Verdi, SILVA	F	111770	99	Vit�ria Sport Clube	1:26.94	375	
	50m: 40.87 40.87		100m:	1:26.94	46.07			
12.	Madalena Nunes, PALMEIRA	F	109703	99	Nautico/Matobra	1:27.03	373	
	50m: 41.24 41.24		100m:	1:27.03	45.79			
13.	Ines Maria, NEVES	F	104492	99	FCPorto	1:27.75	364	
	50m: 41.79 41.79		100m:	1:27.75	45.96			
14.	Catarina Isabel, BRANCO	F	118331	99	Gin�sio Santo Tirso	1:27.79	364	
	50m: 41.67 41.67		100m:	1:27.79	46.12			
15.	Alexandra Lopes, AFONSO	F	107965	99	Ginasio Clube de Vila Real	1:27.82	363	
	50m: 41.40 41.40		100m:	1:27.82	46.42			
16.	Beatriz Castanheira, DIAS	F	109015	99	Acad�mica de Coimbra	1:28.02	361	
	50m: 41.84 41.84		100m:	1:28.02	46.18			
17.	Mariana Pinto, ANGELO	F	116788	99	Acad�mica de Coimbra	1:28.03	361	
	50m: 41.85 41.85		100m:	1:28.03	46.18			
18.	Lara Alexandra, VAZ	F	110696	99	Escola Desportiva de Viana	1:28.30	358	
	50m: 42.75 42.75		100m:	1:28.30	45.55			
19.	Sara Ramos, CASTELO	F	111156	99	Sporting Clube de Espinho	1:28.58	354	
	50m: 41.85 41.85		100m:	1:28.58	46.73			
20.	Mafalda Malafaia, OLIVEIRA	F	109663	99	FCPorto	1:29.13	348	
	50m: 42.45 42.45		100m:	1:29.13	46.68			
21.	Ines Silva, MARQUES	F	110560	99	CNMaia	1:29.65	342	
	50m: 43.26 43.26		100m:	1:29.65	46.39			
22.	Carolina Rocha, SILVA	F	109386	99	Sporting Clube de Espinho	1:30.21	335	
	50m: 41.75 41.75		100m:	1:30.21	48.46			
23.	Marta Torres, TEIXEIRA	F	117416	99	FCPorto	1:30.67	330	
	50m: 43.80 43.80		100m:	1:30.67	46.87			
DSQ	Catarina Costa, BALSEIRO	F	112375	99	Sporting Clube de Aveiro			
	<i>417 - O(a) atleta efectuou movimento vertical de pernas durante o percurso - SW 7.5</i>							
WDR	Matilde Fernandes, SILVA	F	111589	99	Escola Desportiva de Viana			

O Secret rio do Juri

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Splash Meet Manager 11, Build 19249

Registered to Associao de Natao do Norte de Portugal

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Prova 26, Femin., 100m Bruços

Infantis B

1.	Carlota Santos, SILVA	F	117491 00	Nautico/Matobra	1:22.94	432
	50m: 39.95 39.95		100m: 1:22.94	42.99		
2.	Mariana Pereira, REGO	F	108334 00	Famalicao	1:26.04	386
	50m: 41.21 41.21		100m: 1:26.04	44.83		
3.	Maria Ines, FERREIRA	F	116953 00	Miranda do Corvo	1:26.05	386
	50m: 40.78 40.78		100m: 1:26.05	45.27		
4.	Marisa Silva, MELO	F	118783 00	Clube Desportivo Feirense	1:28.49	355
	50m: 40.69 40.69		100m: 1:28.49	47.80		
5.	Ana Carolina, NEVES	F	120791 00	Académica de Coimbra	1:30.66	330
	50m: 42.61 42.61		100m: 1:30.66	48.05		
6.	Ana Rita, CRUZ	F	108012 00	Gespacos	1:31.05	326
	50m: 42.81 42.81		100m: 1:31.05	48.24		
7.	Ana Joao, MARTINS	F	121910 00	Sport Clube de Mirandela	1:31.44	322
	50m: 43.68 43.68		100m: 1:31.44	47.76		
8.	Mariana Paula, BAPTISTA	F	108337 00	Famalicao	1:31.90	317
	50m: 43.99 43.99		100m: 1:31.90	47.91		
9.	Ines Sofia, SA	F	122386 00	Sport Clube de Mirandela	1:32.24	314
	50m: 43.01 43.01		100m: 1:32.24	49.23		
10.	Maria Joao, SOUSA	F	119445 00	Sporting Clube de Espinho	1:32.81	308
	50m: 43.13 43.13		100m: 1:32.81	49.68		
11.	Ines Rosado, MONTEIRO	F	121817 00	Clube Natacao de Vagos	1:32.97	306
	50m: 43.98 43.98		100m: 1:32.97	48.99		
12.	Rita Correia, ALBERGUEIRO	F	117579 00	Estamos Juntos	1:33.20	304
	50m: 43.47 43.47		100m: 1:33.20	49.73		
13.	Joana Almeida, RAINHA	F	112519 00	Clube Fluvial Vilacondense	1:33.56	300
	50m: 43.94 43.94		100m: 1:33.56	49.62		
14.	Francisca Andrade, BRITO	F	120857 00	Estamos Juntos	1:34.94	288
	50m: 44.97 44.97		100m: 1:34.94	49.97		
15.	Cristiana Monteiro, RIBEIRO	F	125475 00	Famalicao	1:35.14	286
	FTL 50m: 45.44 45.44		100m: 1:35.14	49.70		
16.	Marta Santos, PEREIRA	F	107371 00	FCPorto	1:35.26	285
	FTL 50m: 44.58 44.58		100m: 1:35.26	50.68		
17.	Raquel Leao, MONTEIRO	F	109336 00	Gespacos	1:36.28	276
	FTL 50m: 45.67 45.67		100m: 1:36.28	50.61		
DSQ	Sara Pinto, AZEVEDO	F	125476 00	Famalicao		
	<i>401 - O(a) atleta efectuou mais que uma pernada de golfinho durante a braçada submarina – SW 7.1</i>					

Prova 27

Masc., 200m Mariposa

Infantis

18-03-2012 - 17:00

Resultados

Recordes Nacionais 25m Absoluto	1:53.39	Diogo Filipe, CARVALHO	FPN	Istanbul (TUR)	12-12-2009
Recordes Nacionais 25m Inf B	2:21.67	Tomas Miguel, FREITAS	CDN	Funchal	28-06-2003
Recordes Nacionais 25m Inf A	2:12.42	Tomas Miguel, FREITAS	CDN	Funchal	11-07-2004

TAC Zonais 2011 Inf A Masc Inf A: 2:43.50 / TAC Zonais 2011 Inf B Masc Inf B: 2:53.50

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
Infantis A							
1.	Joao Francisco, LOPES	M	107561 98	Braga	2:19.28	480	
	50m: 30.89 30.89		100m: 1:06.25	35.36 150m: 1:42.81 36.56 200m: 2:19.28		480	36.47
2.	Pedro Ferraz, SILVA	M	104441 98	Gespacos	2:20.79	465	
	50m: 31.85 31.85		100m: 1:07.58	35.73 150m: 1:44.34 36.76 200m: 2:20.79		465	36.45
3.	Pedro Nuno, VIEIRA	M	106742 98	Valongo	2:21.45	458	
	50m: 31.79 31.79		100m: 1:07.12	35.33 150m: 1:43.72 36.60 200m: 2:21.45		458	37.73
4.	Vasco Gradim, AMORIM	M	110486 98	FCPorto	2:27.44	405	
	50m: 33.46 33.46		100m: 1:10.63	37.17 150m: 1:50.36 39.73 200m: 2:27.44		405	37.08

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Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012

Prova 27, Masc., 200m Mariposa, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
5.	Diogo Manuel, MARQUES 50m: 32.72 32.72	M	118567	98	SCC/Oryzon Energias 38.42 150m: 1:50.65	39.51 200m: 2:29.93	385	39.28
6.	Joao Santos, MENDES 50m: 32.29 32.29	M	111648	98	Leixões Sport Clube 37.89 150m: 1:50.15	39.97 200m: 2:31.37	374	41.22
7.	Luis Filipe, RIBEIRO 50m: 32.89 32.89	M	107564	98	Braga 39.32 150m: 1:51.88	39.67 200m: 2:32.76	364	40.88
8.	Luis Carlos, ALMEIDA 50m: 33.57 33.57	M	104527	98	Gespacos 38.92 150m: 1:52.47	39.98 200m: 2:32.93	363	40.46
9.	Luis Carlos, FONSECA 50m: 34.12 34.12	M	111772	98	Assoc. Desportiva de Fafe 41.29 150m: 1:53.61	40.39 200m: 2:34.77	350	41.16
10.	Jose Pedro, PINTO 50m: 33.74 33.74	M	100797	98	Braga 39.62 150m: 1:54.98	41.62 200m: 2:36.53	338	41.55
11.	Paulo Filipe, SILVA 50m: 34.11 34.11	M	117012	98	CNMaia 39.49 150m: 1:56.14	42.54 200m: 2:37.27	333	41.13
12.	Victor Tiago, GONCALVES 50m: 34.37 34.37	M	104482	98	FCPorto 42.07 150m: 1:58.08	41.64 200m: 2:39.13	322	41.05
13.	Pedro Filipe, PIRES 50m: 34.29 34.29	M	106358	98	Nautico/Matobra 41.29 150m: 1:58.92	43.34 200m: 2:41.49	308	42.57
14.	Pedro Daniel, FIGUEIRA FTL 50m: 35.27 35.27	M	120371	98	Clube Desportivo Estarreja 39.91 150m: 1:58.27	43.09 200m: 2:43.57	296	45.30
WDR	Joao Manuel, LEITAO	M	106979	98	Nautico/Matobra			

Infantis B

1.	Nuno Miguel, COTO 50m: 33.45 33.45	M	118087	99	Braga 39.02 150m: 1:52.94	40.47 200m: 2:36.08	341	43.14
2.	Andre Marques, ANTUNES 50m: 34.18 34.18	M	117484	99	Nautico/Matobra 40.50 150m: 1:56.29	41.61 200m: 2:36.91	336	40.62
3.	Joao Paulo, CORREIA 50m: 33.78 33.78	M	110481	99	FCPorto 40.98 150m: 1:59.09	44.33 200m: 2:40.73	312	41.64
4.	Diogo Filipe, TEODORO 50m: 35.78 35.78	M	105897	99	CNMaia 41.70 150m: 2:00.11	42.63 200m: 2:40.90	311	40.79

Prova 28
18-03-2012 - 17:10

Femin., 100m Mariposa

Infantis
Resultados

Recordes Nacionais 25m Absoluto	58.31	Sara Freitas, OLIVEIRA	FPN	Dubai (UAE)	18-12-2010
Recordes Nacionais 25m Inf B	1:09.60	Ines Camacho, FERNANDES	SCP	Cantanhede	16-05-2009
Recordes Nacionais 25m Inf A	1:05.50	Ines Camacho, FERNANDES	SCP	Tavira	07-03-2010

TAC Zonais 2011 Inf A Fem Inf A: 1:20.00 / TAC Zonais 2011 Inf B Fem Inf B: 1:25.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A								
1.	Sara Patricia, SOUSA 50m: 31.58 31.58	F	120693	99	Clube de Vouzela 35.79	1:07.37	545	
2.	Ana Estevinha, SILVA 50m: 32.71 32.71	F	120794	99	Ginásio Clube Figueirense 36.06	1:08.77	512	
3.	Maria Leonor, MARTINS 50m: 33.31 33.31	F	107962	99	Gespacos 37.25	1:10.56	474	
4.	Ana Beatriz La, FERIA 50m: 34.06 34.06	F	116885	99	FCPorto 39.41	1:13.47	420	
5.	Catarina Reis, SILVA 50m: 34.63 34.63	F	107568	99	Braga 39.37	1:14.00	411	
6.	Ana Sofia, AFONSO 50m: 35.00 35.00	F	111588	99	Escola Desportiva de Viana 39.41	1:14.41	404	
7.	Lara Alexandra, VAZ 50m: 35.01 35.01	F	110696	99	Escola Desportiva de Viana 39.92	1:14.93	396	

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Torneio Zonal - INF - Vila Meia (Zona Norte)
Vila Meia, 16 a 18-3-2012

Prova 28, Femin., 100m Mariposa, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
8.	Ines Maria, PEREIRA 50m: 35.72 35.72	F	105607	99	Leixões Sport Clube 40.39	1:16.11	378	
9.	Ana Vanessa, DUARTE 50m: 35.41 35.41	F	111141	99	SCC/Oryzon Energias 41.11	1:16.52	372	
10.	Ana Cristina, SOUSA 50m: 35.43 35.43	F	110472	99	FCPorto 41.19	1:16.62	370	
11.	Leonor Paiva, RUIZ 50m: 35.09 35.09	F	112518	99	Clube Fluvial Vilacondense 41.82	1:16.91	366	
12.	Carolina Silva, MOREIRA 50m: 36.51 36.51	F	118910	99	CNMaia 42.05	1:18.56	344	
13.	Ines Rocha, NUNES 50m: 36.25 36.25	F	111154	99	Ginásio Clube Figueirense 42.97	1:19.22	335	
14.	Ines Pereira, OLIVEIRA 50m: 37.01 37.01	F	108311	99	Famalicao 42.36	1:19.37	333	
15.	Bianca Filipa, SILVA 50m: 38.07 38.07	F	112042	99	Miranda do Corvo 41.58	1:19.65	330	

Infantis B

1.	Teresa Miguel, VELOSO 50m: 35.43 35.43	F	103876	00	Nautico/Matobra 39.13	1:14.56	402	
2.	Maria Francisca, CABRAL 50m: 34.75 34.75	F	118113	00	FCPorto 40.53	1:15.28	391	
3.	Alexandra Jesus, SANTOS 50m: 36.69 36.69	F	117408	00	Leixões Sport Clube 41.22	1:17.91	352	
4.	Ana Francisca, SENRA 50m: 35.81 35.81	F	111628	00	Desportos Barcelos 42.74	1:18.55	344	
5.	Daniela Domingues, SOUSA 50m: 36.58 36.58	F	117411	00	Valongo 42.68	1:19.26	335	
6.	Eliana Dirce, LOURENCO 50m: 38.94 38.94	F	109369	00	Galitos 43.53	1:22.47	297	
7.	Filomena Costa, BARREIROS FTL 50m: 40.61 40.61	F	119238	00	Viana Natacao 44.57	1:25.18	269	
8.	Daniela Margarida, PINTO FTL 50m: 40.92 40.92	F	109732	00	Miranda do Corvo 45.15	1:26.07	261	
DSQ	Rita Correia, ALBERGUEIRO 508 - O(a) atleta efectuou movimento alternado de pernas durante o percurso – SW 8.3	F	117579	00	Estamos Juntos			

Prova 29

Masc., 4 x 100m Estilos

Infantis

18-03-2012 - 17:30

Resultados

Recordes Nacionais 25m Absoluto	3:35.10	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:40.64	Clube de Natacao de Alcobaca	CNAL	Leiria	03-06-2006
Recordes Nacionais 25m Inf A	4:20.39	Grupo Desportivo Natacao V. N. Fátima	CINAF	Mealhada	05-04-2003

TAC Zonais 2011 Inf A Masc Inf A: 5:07.00 / TAC Zonais 2011 Inf B Masc Inf B: 5:26.00

Pontos: FINA 2011

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
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Prova 29, Masc., 4 x 100m Estilos

Infantis A

1. Braga 1	M			Braga		4:27.28	413	
Joao Francisco, LOPES	+0,69	31.55	1:03.76	Luis Filipe, RIBEIRO	+0,69	31.50	1:08.20	
Manio Jorge, VELOSO	+0,87	34.31	1:13.68	Jose Pedro, PINTO	+0,62	29.32	1:01.64	
2. Nautico/Matobra 3	M			Nautico/Matobra		4:28.69	407	
Joao Manuel, PIRES	+0,65	31.32	1:04.89	Joao Manuel, LEITAO	+0,38	30.86	1:07.46	
Tiago Moises, DINIS	+0,61	34.22	1:14.16	Joao Nuno, RODRIGUES	+0,31	29.19	1:02.18	
3. Famalicao 1	M			Famalicao		4:31.92	392	
Xavier Ribeiro, FERREIRA	+0,76	33.51	1:09.13	Joao Carlos, SILVA	+0,33	30.82	1:07.02	
Tomas Robalo, MAIA	+0,23	34.25	1:14.75	Joao Costa, FERREIRA	+0,44	29.25	1:01.02	
4. Gespacos 1	M			Gespacos		4:37.26	370	
Pedro Miguel, LINO	+0,76	34.75	1:12.29	Pedro Ferraz, SILVA	+0,32	29.53	1:02.75	
Joao Nuno, COSTA	+0,55	38.00	1:20.84	Luis Carlos, ALMEIDA	+0,67	29.34	1:01.38	
5. Escola Desportiva de Viana 1	M			Escola Desportiva de Viana		4:39.05	363	
Ricardo Daniel, PIRES	+0,65	33.84	1:08.88	Nuno Miguel, GRACA	+0,37	29.70	1:04.73	
Francisco Rodrigues, ANTAS	+0,47	35.30	1:17.58	Leonardo Sa, FERREIRA	+0,79	31.36	1:07.86	
6. Leixões Sport Clube 1	M			Leixões Sport Clube		4:42.74	349	
Leonardo Bom, PINTO	+0,90	35.79	1:12.53	Joao Santos, MENDES	+0,55	30.92	1:09.45	
Ricardo Manuel, MONTEIRO	+0,21	36.86	1:19.69	Leandro Miguel, BAPTISTA	+0,63	28.67	1:01.07	
7. FCPorto 1	M			FCPorto		4:43.52	346	
Vasco Gradim, AMORIM	+0,84	34.38	1:10.45	Victor Tiago, GONCALVES	+0,50	33.23	1:10.93	
Diogo Miguel, COSTA	+0,48	36.75	1:19.81	Pedro Goncalves, NETO	+0,65	29.19	1:02.33	
8. Valongo 1	M			Valongo		4:43.53	346	
Humberto Fernandes, FELGUEIRAS	+0,71	33.64	1:09.66	Pedro Nuno, VIEIRA	+0,43	30.72	1:06.19	
Tiago Filipe, FERREIRA	+0,25	37.22	1:20.18	Ricardo Miguel, MOREIRA	+0,29	31.81	1:07.50	
9. Ac.Viseu 1	M			Ac.Viseu		4:45.60	339	
Antonio Francisco, FERREIRA	+0,63	34.81	1:09.50	Filipe Fonte, CUNHA	+0,71	33.45	1:13.49	
Andre Magalhaes, MOURA	+0,37	35.78	1:17.12	Hernani Rafael, SILVA	+0,47	31.25	1:05.49	
10. CNMaia 1	M			CNMaia		4:48.14	330	
Nuno Filipe, PEREIRA	+0,65	36.28	1:15.00	Paulo Filipe, SILVA	+0,24	32.15	1:10.90	
Duarte Nuno, BANDEIRA	+0,24	35.88	1:17.32	Hugo Rafael, AZEVEDO	+0,45	31.22	1:04.92	
11. Desportos Barcelos 1	M			Desportos Barcelos		4:48.25	329	
Lucas Correia, VELOSO	+0,64	34.27	1:10.32	Andre Filipe, AFONSECA	+0,72	32.50	1:09.98	
Rui Filipe, COSTA	+0,93	35.01	1:15.85	Bruno Miguel, MIRANDA	+0,94	34.20	1:12.10	
12. Galitos 1	M			Galitos		4:55.53	306	
Andre Oliveira, GORDINHO	+0,63	35.69	1:14.85	Pedro Miguel, VIEIRA	+0,64	35.55	1:16.47	
Afonso Branco, OLIVEIRA	+0,75	37.64	1:21.07	Diogo Rafael, SANTOS	+0,62	30.10	1:03.14	
13. Ginásio Clube Figueirense 1	M			Ginásio Clube Figueirense		4:57.93	298	
Manuel Jose, VIDIGUEIRA	+0,71	35.28	1:14.12	Diogo Loureiro, MARTINHO	+0,57	33.86	1:15.84	
Duarte Pinto, CEIA	+0,84	37.26	1:20.40	Afonso Matoso, MAGALHAES	+0,41	31.31	1:07.57	
14. Assoc. Desportiva de Fafe 1	M			Assoc. Desportiva de Fafe		5:05.36	277	
Goncalo Rodrigues, COSTA	+0,79	37.82	1:18.81	Luis Carlos, FONSECA	+0,26	33.53	1:12.70	
Bruno Freitas, GONCALVES	+0,53	41.75	1:30.11	Diogo Rodrigues, LEITAO	+0,57	30.44	1:03.74	
DSQ Lousada 1	M			Lousada				
<i>418 - O(a) atleta efectuou movimento de tesoura com as pernas durante o percurso – SW 7.5, No estilo de bruços.</i>								
Eduardo Abel, DUARTE	+0,78	35.15	1:12.27	Pedro Miguel, FERREIRA	+0,05			
Joao Pedro, SANTOS	+0,40			Jorge Rogerio, MORAIS	+0,25			
DSQ SCC/Oryzon Energias 1	M			SCC/Oryzon Energias				
<i>O atleta, efetuou movimento alternado de pernas após a viragem aos 250m.</i>								
Leandro Fernandes, MOTA	+0,72	32.62	1:07.35	Roman, STEFANIV	+0,18			
Diogo Manuel, MARQUES	+0,40	35.65	1:17.15	Eduardo Reis, GALHANO	+0,65			
WDR Sporting Clube de Espinho 1	M			Sporting Clube de Espinho				

Infantis B

1. Braga 2	M			Braga		4:49.35	326	
Jose Pedro, FERNANDES	+0,86	36.54	1:16.24	Nuno Miguel, COTO	+0,51	32.18	1:09.72	
Jose Pedro, MELO	+0,73	36.23	1:17.25	Jose Nuno, MENDES	+0,33	31.59	1:06.14	
2. CNMaia 2	M			CNMaia		4:54.32	309	
Joao Silva, COSTA	+0,62	35.79	1:15.00	Diogo Filipe, TEODORO	+0,36	33.45	1:13.54	
Daniel Queiros, CRUZ	+0,54	36.90	1:17.97	Afonso Ribeiro, COUTO	+0,53	32.08	1:07.81	
3. Vitória Sport Clube 1	M			Vitória Sport Clube		4:58.17	297	
Pedro Miguel, FERNANDES	+0,79	33.54	1:10.62	Tiago Andre, OLIVEIRA	+0,67	33.16	1:13.27	
Pedro Adelino, VIEGAS	+0,54	40.87	1:28.36	Elmano Madail, COSTA	+0,45	30.76	1:05.92	
4. FCPorto 2	M			FCPorto		4:59.07	295	
Tiago Silva, SOARES	+0,94	35.73	1:14.11	Joao Paulo, CORREIA	+0,76	32.60	1:11.79	
Diogo Pereira, SANTOS	+0,39	39.23	1:24.40	Tomas Aguiar, RODRIGUES	+0,60	32.23	1:08.77	
5. SCC/Oryzon Energias 2	M			SCC/Oryzon Energias		5:07.31	272	
Gabriel Levi, GOMES	+0,77	34.70	1:11.74	Jose Neves, NETO	+0,66	35.77	1:18.59	
Joao Rafael, SILVA	+0,69	40.10	1:25.48	Diogo Alexandre, COSTA	+0,56	34.39	1:11.50	

O Secretário do Juri

O Juiz  rbitro

Torneio Zonal - INF - Vila Mea (Zona Norte)
Vila Mea, 16 a 18-3-2012

Prova 29, Masc., 4 x 100m Estilos, Infantis B

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
6. Felgueiras 1	M			Felgueiras	5:19.47	242	
Jose Paulo, GOMES	+0,75	37.34	1:17.07	Afonso Manuel, BARBOSA	+0,17	37.85	1:22.42
Rui Pedro, FERREIRA	+0,37	39.51	1:25.84	Rui Pedro, CUNHA		34.67	1:14.14

Prova 30

Femin., 4 x 100m Livres

Infantis

18-03-2012 - 17:45

Resultados

Recordes Nacionais 25m Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010
Recordes Nacionais 25m Inf B	4:20.86	tempo limite			
Recordes Nacionais 25m Inf A	4:15.30	Grupo Desp. Natacao V. N. Famalicao	GNVNF	Viseu	13-03-2011

TAC Zonais 2011 Inf A Fem Inf A: 4:58.00 / TAC Zonais 2011 Inf B Fem Inf B: 5:10.00

Pontos: FINA 2011

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis A							
1. Famalicao 1	F			Famalicao	4:23.76	491	
Maria Ines, MACHADO	+0,93	31.14	1:05.10	Viviana Pinto, CUNHA	+0,52	32.90	1:07.49
Rita Galvao, PEREIRA	+0,44	30.54	1:04.40	Ines Pereira, OLIVEIRA	+0,39	31.64	1:06.77
2. FCPorto 1	F			FCPorto	4:29.07	463	
Ana Beatriz La, FERIA	+0,86	32.21	1:05.69	Ines Maria, NEVES	+0,51	32.12	1:07.62
Mariana Alexandre, OLIVEIRA	+0,67	31.36	1:05.27	Marta Torres, TEIXEIRA		34.20	1:10.49
3. Viana Natacao 1	F			Viana Natacao	4:30.52	456	
Ana Miguel, PINTO	+0,88	30.57	1:03.49	Mariana Barbosa, VALE	+0,71	34.23	1:14.04
Carolina Cameira, SOUSA	+0,60	32.13	1:07.21	Mariana Pereira, SILVA	+0,46	31.25	1:05.78
4. Leixões Sport Clube 1	F			Leixões Sport Clube	4:36.15	428	
Ana Caetano, OLIVEIRA	+0,92	33.42	1:09.37	Marta Ferreira, ROCHA	+0,39	32.52	1:07.97
Rita Almeida, FRECHES	+0,66	33.90	1:10.97	Ines Maria, PEREIRA	+0,46	32.38	1:07.84
5. Ginásio Clube Figueirense 1	F			Ginásio Clube Figueirense	4:36.58	426	
Ines Rocha, NUNES	+0,81	33.97	1:10.45	Raquel Simoes, DUQUE	+0,66	33.71	1:10.36
Sandra Patricia, OLIVEIRA	+0,63	33.47	1:10.40	Ana Estevinha, SILVA	+0,26	31.67	1:05.37
6. Nautico/Matobra 2	F			Nautico/Matobra	4:37.15	424	
Maria Eduarda, VEIGA	+0,96	32.90	1:07.77	Ana Madalena, SANTOS	+0,69	33.60	1:10.56
Ana Raquel, CONCEICAO	+0,49	33.18	1:08.96	Rita Dias, GARRIDO	+0,30	33.01	1:09.86
7. Ginasio Clube de Vila Real 1	F			Ginasio Clube de Vila Real	4:37.48	422	
Maria Margarida, FERNANDES	+0,84	33.52	1:10.43	Catarina Monteiro, SANTOS	+0,54	32.17	1:08.59
Carolina, SOUSA	+0,05	32.62	1:08.88	Mariana Pires, FREITAS	+0,30	31.80	1:09.58
8. Sporting Clube de Aveiro 1	F			Sporting Clube de Aveiro	4:38.89	416	
Margarida Bento, MESQUITA	+1,03	33.35	1:08.28	Ana Rita, RODRIGUES	+0,33	34.77	1:12.26
Marta Silva, FELIX	+0,89	34.19	1:10.45	Catarina Costa, BALSEIRO	+0,84	32.92	1:07.90
9. Académica de Coimbra 1	F			Académica de Coimbra	4:43.38	396	
Beatriz Lopes, PINTO	+0,78	33.64	1:10.89	Mariana Pinto, ANGELO	+0,68	33.44	1:09.61
Salome Rebocho, LIMA	+0,48	34.86	1:11.73	Beatriz Castanheira, DIAS	+0,19	34.07	1:11.15
10. Miranda do Corvo 1	F			Miranda do Corvo	4:44.10	393	
Maria Dias, NEVES	+0,85	31.95	1:06.21	Joana Ferreira, CARVALHO	+0,18	34.30	1:12.34
Cristiana Daniela, SILVA	+0,31	34.69	1:12.67	Bianca Filipa, SILVA	+0,57	34.72	1:12.88
11. CNMaia 1	F			CNMaia	4:45.76	386	
Carolina Silva, MOREIRA	+0,83	33.07	1:09.29	Ana Francisca, MACHADO	+0,59	34.90	1:13.85
Ines Silva, MARQUES	+0,57	33.11	1:11.01	Sandra Catarina, SILVA	+0,72	33.57	1:11.61
12. Escola Desportiva de Viana 1	F			Escola Desportiva de Viana	4:47.97	378	
Ana Sofia, AFONSO	+0,78	32.38	1:07.09	Ursula Carvalhosa, CAMPOS	+0,56	33.47	1:11.89
Joana Parente, FARIA	+1,03	37.89	1:21.11	Lara Alexandra, VAZ	+0,79	32.52	1:07.88

O Secretário do Juri

O Juíz  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

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Prova 30, Femin., 4 x 100m Livres

Infantis B

1. FCPorto	F		FCPorto		4:39.92	411
Maria Francisca, CABRAL	+0,99	31.81	1:05.93 Ana Rita, FARIA	+0,93	33.00	1:08.31
Maria Rocha, ASCENSAO	+0,75	33.72	1:11.26 Maria Leonor, VALENTE	+0,63	35.36	1:14.42
2. Famalicao 2	F		Famalicao		4:41.06	406
Adriana Azevedo, COUTO	+0,95	32.34	1:06.35 Rafaela Araujo, SILVA	+0,62	35.57	1:13.69
Adriana Marisa, FIGUEIREDO	+0,37	32.42	1:08.98 Mariana Paula, BAPTISTA	+0,56	34.29	1:12.04
3. Miranda do Corvo 2	F		Miranda do Corvo		4:43.38	396
Mariana Santos, FERREIRA	+1,03	32.70	1:07.00 Maria Ines, FERREIRA	+0,26	34.30	1:11.98
Margarete Leandro, FERNANDES	+0,35	34.25	1:11.89 Daniela Margarida, PINTO	+0,43	34.65	1:12.51
4. Nautico/Matobra 1	F		Nautico/Matobra		4:49.60	371
Teresa Miguel, VELOSO	+0,99	33.01	1:08.48 Rafaela Sofia, MATEUS	+0,69	36.50	1:14.97
Carlota Santos, SILVA	+0,73	35.25	1:13.80 Maria Beatriz, JORGE	+0,70	34.35	1:12.35
5. Galitos 1	F		Galitos		4:54.43	353
Ana Miguel, RODRIGUES	+1,04	35.39	1:15.21 Eliana Dirce, LOURENCO	+0,44	36.44	1:15.87
Carla Laranjeira, MARQUES	+0,35	35.59	1:14.80 Rita Goncalves, MARIEIRO	+0,87	33.20	1:08.55
6. Clube Fluvial Vilacondense 1	F		Clube Fluvial Vilacondense		4:57.90	341
Joana Martins, PEREIRA	+0,99	32.49	1:07.90 Joana Almeida, RAINHA	+0,70	36.14	1:17.00
Francisca Azevedo, DOURADO	+0,67	35.74	1:13.15 Rafaela Campos, OLIVEIRA	+0,37	37.02	1:19.85
7. Leixões Sport Clube 2	F		Leixões Sport Clube		5:04.43	319
Alexandra Jesus, SANTOS	+0,98	32.85	1:08.51 Maria Camolino, CABRAL	+0,45	39.25	1:21.97
Maria Isabel, SILVA	+0,88	37.47	1:19.87 Ines Silva, OLIVEIRA	+0,67	34.98	1:14.08