



ASSOCIAÇÃO DE NATAÇÃO DO NORTE DE PORTUGAL

Programme

Warm up

Saturday, 27/ 01/2007

From 7h30 am to 8h50 am

PRELIMINARY HEATS

Saturday, 27/01/2007

9 h am

100 m	freestyle	Women	Heats	Final A/B
200 m	freestyle	Men	"	Final A/B
50 m	Breaststroke	Women	"	Final A/B
100 m	Breaststroke	Men	"	Final A/B
100 m	Backstroke	Women	"	Final A/B
50 m	Backstroke	Men	"	Final A/B
200 m	Butterfly	Women	"	Final A/B
100 m	Butterfly	Men	"	Final A/B
400 m	Freestyle	Women	"	Final A/B
200 m	Medley	Men	"	Final A/B
200 m	Breaststroke	Women	«	Final A/B
50 m	Freestyle	Men	"	Final A/B
50 m	Butterfly	Women	"	Final A/B
200 m	Backstroke	Men	"	Final A/B
4x100 m	Medley	Women	"	Final A
4x100 m	Freestyle	Men	"	Final A
400 m	Medley	Women	Slow Heat /Fast Heat	
1500 m	Freestyle	Men	Slow Heat /Fast Heat	



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50 m	Breaststroke	Men	"	Final A/B
100 m	Breaststroke	Women	"	Final A/B
100 m	Backstroke	Men	"	Final A/B
50 m	Backstroke	Women	"	Final A/B
200 m	Butterfly	Men	"	Final A/B
100 m	Butterfly	Women	"	Final A/B
400 m	Freestyle	Men	"	Final A/B
200 m	Medley	Women	"	Final A/B
200 m	Breaststroke	Men	"	Final A/B
50 m	Freestyle	Women	"	Final A/B
50 m	Butterfly	Men	"	Final A/B
200 m	Backstroke	Women	"	Final A/B
4x100 m	Medley	Men	"	Final A
4x100 m	Freestyle Breaststroke	Women	"	Final A
400 m	Medley	Men Freestyle	Slow Heat /Fast Heat	
800 m	Freestyle	Women Men	Slow Heat /Fast Heat	

FINALS A e B

Saturday, 27/01/2007 Sunday, 28/01/2007

17h00 pm

16h30 pm