

1 - 1ª Jornada

15-03-2013 - 15:30

Prova 1	Femin., 400m Estilos				Infantis
15-03-2013 - 15:30					Resultados
Recordes Nacionais 25m Absoluto	4:41.02	Victoria, KAMINSKAYA	PIMP	Porto	07-12-2012
Recordes Nacionais 25m Inf B	5:15.68	Susana Patricia, MIGUEL	SFUAP	Rio Maior	06-07-2002
Recordes Nacionais 25m Inf A	5:05.68	Filiipa Vilas, RUIVO	DNMG	Leiria	12-06-2010
TAC Zonais 2013 Inf A Fem Inf A: 6:03.50 / TAC Zonais 2013 Inf B Fem Inf B: 6:23.00					

Pontos: FINA 2012

Lugar			Ano					Tempo final	Pts
Infantis B									
1.	Ines Neto, ROCHA	01	Gespacos					5:27.96	504
	50m: 34.20 34.20	150m: 1:59.13	43.40	250m: 3:25.86	45.40	350m: 4:51.55	39.24		
	100m: 1:15.73 41.53	200m: 2:40.46	41.33	300m: 4:12.31	46.45	400m: 5:27.96	36.41		
2.	Joana Victorino, HENRIQUES	01	Condeixa Aqua Clube					5:43.32	439
	50m: 36.85 36.85	150m: 2:01.34	44.11	250m: 3:33.12	47.39	350m: 5:03.37	41.29		
	100m: 1:17.23 40.38	200m: 2:45.73	44.39	300m: 4:22.08	48.96	400m: 5:43.32	39.95		
3.	Maria Carolina, COSTA	01	Porto					5:43.34	439
	50m: 36.68 36.68	150m: 2:04.62	43.55	250m: 3:37.79	50.25	350m: 5:07.57	38.57		
	100m: 1:21.07 44.39	200m: 2:47.54	42.92	300m: 4:29.00	51.21	400m: 5:43.34	35.77		
4.	Teresa Isabel, GRANJEIA	01	Galitos					5:46.38	428
	50m: 39.41 39.41	150m: 2:05.37	42.54	250m: 3:37.53	48.89	350m: 5:07.05	40.99		
	100m: 1:22.83 43.42	200m: 2:48.64	43.27	300m: 4:26.06	48.53	400m: 5:46.38	39.33		
5.	Beatriz Ribeiro, CUNHA	01	Felgueiras					5:51.20	410
	50m: 38.79 38.79	150m: 2:11.32	47.26	250m: 3:43.74	48.06	350m: 5:13.49	40.82		
	100m: 1:24.06 45.27	200m: 2:55.68	44.36	300m: 4:32.67	48.93	400m: 5:51.20	37.71		
6.	Barbara Vilela, MAGALHAES	01	Porto					5:52.89	404
	50m: 38.40 38.40	150m: 2:09.75	44.85	250m: 3:42.35	48.47	350m: 5:13.89	39.49		
	100m: 1:24.90 46.50	200m: 2:53.88	44.13	300m: 4:34.40	52.05	400m: 5:52.89	39.00		
7.	Beatriz Santos, SILVA	01	Porto					5:52.91	404
	50m: 40.04 40.04	150m: 2:12.44	45.54	250m: 3:44.20	47.78	350m: 5:13.93	40.39		
	100m: 1:26.90 46.86	200m: 2:56.42	43.98	300m: 4:33.54	49.34	400m: 5:52.91	38.98		
8.	Ines Alves, MARTINS	01	Fluvial Portuense					5:53.10	404
	50m: 38.63 38.63	150m: 2:11.93	45.75	250m: 3:46.05	49.49	350m: 5:14.95	40.83		
	100m: 1:26.18 47.55	200m: 2:56.56	44.63	300m: 4:34.12	48.07	400m: 5:53.10	38.15		
9.	Maria Esteves, MARTINS	01	Galitos					5:57.04	390
	50m: 40.75 40.75	150m: 2:14.41	46.71	250m: 3:50.76	52.50	350m: 5:20.94	36.85		
	100m: 1:27.70 46.95	200m: 2:58.26	43.85	300m: 4:44.09	53.33	400m: 5:57.04	36.10		
10.	Sofia Filipa, GONCALVES	01	Leixões Sport Clube					5:57.31	389
	50m: 39.84 39.84	150m: 2:14.53	46.08	250m: 3:45.79	47.09	350m: 5:17.65	42.52		
	100m: 1:28.45 48.61	200m: 2:58.70	44.17	300m: 4:35.13	49.34	400m: 5:57.31	39.66		
11.	Mariana Cardoso, COSTA	01	CNMaia					6:06.21	362
	50m: 39.46 39.46	150m: 2:15.31	47.79	250m: 3:52.04	49.90	350m: 5:24.87	42.17		
	100m: 1:27.52 48.06	200m: 3:02.14	46.83	300m: 4:42.70	50.66	400m: 6:06.21	41.34		
12.	Ines Araujo, MARTINS	01	Famalicao					6:08.15	356
	50m: 38.21 38.21	150m: 2:14.45	48.51	250m: 3:53.19	51.04	350m: 5:26.84	41.96		
	100m: 1:25.94 47.73	200m: 3:02.15	47.70	300m: 4:44.88	51.69	400m: 6:08.15	41.31		

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 1, Femin., 400m Estilos, Infantis B

Lugar	Nome		Ano	Clube	Tempo final				Pts
13.	Sara Sofia, MIRANDA		01	Braga	6:08.59				355
	50m:	39.33 39.33	150m:	2:15.87 47.90	250m:	3:54.63 52.47	350m:	5:28.94 40.90	
	100m:	1:27.97 48.64	200m:	3:02.16 46.29	300m:	4:48.04 53.41	400m:	6:08.59 39.65	
14.	Beatriz Rodrigues, OLIVEIRA		01	Assoc. Desportiva de Fafe	6:08.66				355
	50m:	36.41 36.41	150m:	2:09.64 47.61	250m:	3:48.42 51.20	350m:	5:27.05 43.90	
	100m:	1:22.03 45.62	200m:	2:57.22 47.58	300m:	4:43.15 54.73	400m:	6:08.66 41.61	
15.	Rafaela Martins, ANTUNES		01	Clube Natacao de Vagos	6:10.06				350
	50m:	40.01 40.01	150m:	2:13.25 46.93	250m:	3:53.80 53.10	350m:	5:29.14 42.33	
	100m:	1:26.32 46.31	200m:	3:00.70 47.45	300m:	4:46.81 53.01	400m:	6:10.06 40.92	
16.	Isabel Ferreira, SOUSA		01	Leixões Sport Clube	6:13.70				340
	50m:	40.33 40.33	150m:	2:18.39 48.78	250m:	3:57.37 53.01	350m:	5:33.55 40.86	
	100m:	1:29.61 49.28	200m:	3:04.36 45.97	300m:	4:52.69 55.32	400m:	6:13.70 40.15	
17.	Margarida Malheiro, NEVES		01	Braga	6:15.19				336
	50m:	38.32 38.32	150m:	2:13.91 48.69	250m:	3:55.40 54.51	350m:	5:33.63 41.90	
	100m:	1:25.22 46.90	200m:	3:00.89 46.98	300m:	4:51.73 56.33	400m:	6:15.19 41.56	

Infantis A

1.	Ana Miguel, REIS		00	ASSS Columb Cantanhedense	5:16.65				560
	50m:	34.10 34.10	150m:	1:54.47 41.32	250m:	3:18.96 44.86	350m:	4:41.52 36.65	
	100m:	1:13.15 39.05	200m:	2:34.10 39.63	300m:	4:04.87 45.91	400m:	5:16.65 35.13	
2.	Ana Rita, FARIA		00	Porto	5:18.76				549
	50m:	35.32 35.32	150m:	1:55.06 41.51	250m:	3:21.16 45.84	350m:	4:43.27 36.68	
	100m:	1:13.55 38.23	200m:	2:35.32 40.26	300m:	4:06.59 45.43	400m:	5:18.76 35.49	
3.	Rafaela Araujo, SILVA		00	Famalicao	5:28.89				499
	50m:	38.18 38.18	150m:	2:01.69 42.58	250m:	3:29.06 45.88	350m:	4:52.72 37.20	
	100m:	1:19.11 40.93	200m:	2:43.18 41.49	300m:	4:15.52 46.46	400m:	5:28.89 36.17	
4.	Ana Rita, CRUZ		00	Gespacos	5:38.94				456
	50m:	36.57 36.57	150m:	2:03.16 42.70	250m:	3:33.48 48.32	350m:	5:00.83 38.51	
	100m:	1:20.46 43.89	200m:	2:45.16 42.00	300m:	4:22.32 48.84	400m:	5:38.94 38.11	
5.	Raquel Leao, MONTEIRO		00	Gespacos	5:42.10				444
	50m:	37.43 37.43	150m:	2:03.64 43.72	250m:	3:35.21 49.01	350m:	5:03.97 38.72	
	100m:	1:19.92 42.49	200m:	2:46.20 42.56	300m:	4:25.25 50.04	400m:	5:42.10 38.13	
6.	Ines Rosado, MONTEIRO		00	Clube Natacao de Vagos	5:44.40				435
	50m:	37.59 37.59	150m:	2:07.87 46.54	250m:	3:38.54 43.55	350m:	5:05.85 41.10	
	100m:	1:21.33 43.74	200m:	2:54.99 47.12	300m:	4:24.75 46.21	400m:	5:44.40 38.55	
7.	Daniela Domingues, SOUSA		00	Valongo	5:45.91				429
	50m:	34.03 34.03	150m:	1:57.52 44.27	250m:	3:32.71 50.89	350m:	5:05.92 41.66	
	100m:	1:13.25 39.22	200m:	2:41.82 44.30	300m:	4:24.26 51.55	400m:	5:45.91 39.99	
8.	Maria Joao, SOUSA		00	Sporting Clube de Espinho	5:47.11				425
	50m:	37.36 37.36	150m:	2:06.97 45.61	250m:	3:38.64 47.08	350m:	5:08.84 40.71	
	100m:	1:21.36 44.00	200m:	2:51.56 44.59	300m:	4:28.13 49.49	400m:	5:47.11 38.27	
9.	Claudia Isabel, MARTINS		00	Ac. Viseu	5:48.40				420
	50m:	38.08 38.08	150m:	2:09.41 46.37	250m:	3:42.57 49.29	350m:	5:11.54 38.97	
	100m:	1:23.04 44.96	200m:	2:53.28 43.87	300m:	4:32.57 50.00	400m:	5:48.40 36.86	

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 1, Femin., 400m Estilos, Infantis A

Lugar	Ano	Tempo final	Pts
10. Eliana Dirce, LOURENCO	00 Galitos	5:52.59	405
50m: 37.76 37.76	150m: 2:07.88 45.66	250m: 3:43.44 50.86	350m: 5:14.58 39.25
100m: 1:22.22 44.46	200m: 2:52.58 44.70	300m: 4:35.33 51.89	400m: 5:52.59 38.01
11. Helena Neto, COSTA	00 Gespacos	6:00.21	380
50m: 36.75 36.75	150m: 2:04.91 44.65	250m: 3:43.57 52.66	350m: 5:18.74 41.60
100m: 1:20.26 43.51	200m: 2:50.91 46.00	300m: 4:37.14 53.57	400m: 6:00.21 41.47
WDR Ines Silva, OLIVEIRA	00 Leixões Sport Clube		

Prova 2

Masc., 400m Estilos

Infantis

15-03-2013 - 15:50

Resultados

Recordes Nacionais 25m Absoluto	4:06.83	Diogo Filipe, CARVALHO	FPN	Istambul (TUR)	11-12-2009
Recordes Nacionais 25m Inf B	4:53.36	Tomas Miguel, FREITAS	POL	Funchal	11-07-2003
Recordes Nacionais 25m Inf A	4:40.32	Tomas Miguel, FREITAS	CDN	Funchal	09-07-2004

TAC Zonais 2013 Inf A Masc Inf A: 5:35.00 / TAC Zonais 2013 Inf B Masc Inf B: 5:50.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis B			
1. Miguel Angelo, SANTOS	00 Famalicao	5:10.45	436
50m: 34.67 34.67	150m: 1:55.78 41.05	250m: 3:17.73 41.96	350m: 4:35.99 35.85
100m: 1:14.73 40.06	200m: 2:35.77 39.99	300m: 4:00.14 42.41	400m: 5:10.45 34.46
2. Ricardo Costa, SANTOS	00 Desportos Barcelos	5:22.89	387
50m: 34.20 34.20	150m: 2:00.79 45.41	250m: 3:27.19 43.32	350m: 4:47.51 36.97
100m: 1:15.38 41.18	200m: 2:43.87 43.08	300m: 4:10.54 43.35	400m: 5:22.89 35.38
3. Sergio Eduardo, DIAS	00 Gespacos	5:27.65	371
50m: 33.79 33.79	150m: 1:56.19 42.46	250m: 3:25.23 47.70	350m: 4:50.34 36.41
100m: 1:13.73 39.94	200m: 2:37.53 41.34	300m: 4:13.93 48.70	400m: 5:27.65 37.31
4. Lucas Pereira, BASTOS	00 Nautico de Coimbra	5:30.35	362
50m: 34.18 34.18	150m: 1:56.35 40.88	250m: 3:26.41 49.64	350m: 4:53.96 37.77
100m: 1:15.47 41.29	200m: 2:36.77 40.42	300m: 4:16.19 49.78	400m: 5:30.35 36.39
5. Sergio Filipe, TRAVANCA	00 Porto	5:32.05	356
50m: 34.79 34.79	150m: 1:58.42 43.06	250m: 3:29.10 48.91	350m: 4:55.43 37.47
100m: 1:15.36 40.57	200m: 2:40.19 41.77	300m: 4:17.96 48.86	400m: 5:32.05 36.62
6. Jose Paulo, LOPES	00 Braga	5:32.62	354
50m: 33.59 33.59	150m: 1:55.32 41.92	250m: 3:26.58 49.63	350m: 4:55.34 38.56
100m: 1:13.40 39.81	200m: 2:36.95 41.63	300m: 4:16.78 50.20	400m: 5:32.62 37.28
7. Joao Miguel, NUNES	00 Gespacos	5:33.49	352
50m: 34.73 34.73	150m: 1:58.44 41.55	250m: 3:27.42 48.28	350m: 4:55.83 38.12
100m: 1:16.89 42.16	200m: 2:39.14 40.70	300m: 4:17.71 50.29	400m: 5:33.49 37.66
8. Ivo Manuel, DIAS	00 Felgueiras	5:36.58	342
50m: 34.17 34.17	150m: 1:57.81 42.92	250m: 3:30.51 50.44	350m: 4:59.24 38.16
100m: 1:14.89 40.72	200m: 2:40.07 42.26	300m: 4:21.08 50.57	400m: 5:36.58 37.34
9. Jose Pedro, ANTUNES	00 Galitos	5:36.87	341
50m: 33.45 33.45	150m: 1:56.15 42.79	250m: 3:32.20 51.46	350m: 5:01.02 36.33
100m: 1:13.36 39.91	200m: 2:40.74 44.59	300m: 4:24.69 52.49	400m: 5:36.87 35.85

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 2, Masc., 400m Estilos, Infantis B

Lugar	Ano	Tempo final	Pts
10. Rui Alexandre, RAMOS	00 Porto	5:36.89	341
50m: 35.42 35.42	150m: 2:00.57 43.49	250m: 3:30.56 47.03	350m: 4:58.70 40.28
100m: 1:17.08 41.66	200m: 2:43.53 42.96	300m: 4:18.42 47.86	400m: 5:36.89 38.19
11. David Coelho, SILVA	00 Nautico de Coimbra	5:42.37	325
50m: 35.66 35.66	150m: 2:02.90 44.91	250m: 3:36.78 49.03	350m: 5:03.97 38.06
100m: 1:17.99 42.33	200m: 2:47.75 44.85	300m: 4:25.91 49.13	400m: 5:42.37 38.40
12. Joao Tiago, RAINHO	00 Galitos	5:44.69	318
50m: 37.29 37.29	150m: 2:05.53 44.86	250m: 3:37.88 48.03	350m: 5:05.39 38.71
100m: 1:20.67 43.38	200m: 2:49.85 44.32	300m: 4:26.68 48.80	400m: 5:44.69 39.30

Infantis A

1. Gabriel Levi, GOMES	99 ASSS Columb Cantanhedense	4:53.83	514
50m: 30.82 30.82	150m: 1:42.14 36.09	250m: 3:02.35 43.89	350m: 4:20.78 34.25
100m: 1:06.05 35.23	200m: 2:18.46 36.32	300m: 3:46.53 44.18	400m: 4:53.83 33.05
2. Rui Jorge, MATIAS	99 Fluvial Vilacondense	4:59.03	488
50m: 30.64 30.64	150m: 1:45.11 39.03	250m: 3:07.12 43.47	350m: 4:25.83 34.21
100m: 1:06.08 35.44	200m: 2:23.65 38.54	300m: 3:51.62 44.50	400m: 4:59.03 33.20
3. Nuno Filipe, COSTA	99 Gespacos	5:07.75	448
50m: 31.46 31.46	150m: 1:47.99 40.37	250m: 3:13.69 46.36	350m: 4:34.41 35.15
100m: 1:07.62 36.16	200m: 2:27.33 39.34	300m: 3:59.26 45.57	400m: 5:07.75 33.34
4. Ricardo Jorge, CARVALHO	99 Galitos	5:08.99	442
50m: 32.56 32.56	150m: 1:49.87 39.04	250m: 3:13.95 45.41	350m: 4:35.09 35.29
100m: 1:10.83 38.27	200m: 2:28.54 38.67	300m: 3:59.80 45.85	400m: 5:08.99 33.90
5. Pedro Henrique, PIRES	99 Académica de Coimbra	5:14.31	420
50m: 32.96 32.96	150m: 1:52.18 40.82	250m: 3:16.82 44.39	350m: 4:39.01 35.74
100m: 1:11.36 38.40	200m: 2:32.43 40.25	300m: 4:03.27 46.45	400m: 5:14.31 35.30
6. Nuno Miguel, COTO	99 Braga	5:15.02	417
50m: 32.46 32.46	150m: 1:51.91 41.54	250m: 3:14.65 41.95	350m: 4:37.10 38.48
100m: 1:10.37 37.91	200m: 2:32.70 40.79	300m: 3:58.62 43.97	400m: 5:15.02 37.92
7. Joao Paulo, CORREIA	99 Porto	5:17.08	409
50m: 33.13 33.13	150m: 1:51.80 41.45	250m: 3:18.19 46.19	350m: 4:41.53 36.28
100m: 1:10.35 37.22	200m: 2:32.00 40.20	300m: 4:05.25 47.06	400m: 5:17.08 35.55
8. Diogo Filipe, TEODORO	99 CNMaia	5:19.02	402
50m: 32.89 32.89	150m: 1:54.50 42.27	250m: 3:19.54 43.77	350m: 4:42.11 38.05
100m: 1:12.23 39.34	200m: 2:35.77 41.27	300m: 4:04.06 44.52	400m: 5:19.02 36.91
9. Jose Pedro, MELO	99 Braga	5:20.42	397
50m: 32.95 32.95	150m: 1:56.84 42.83	250m: 3:21.54 43.04	350m: 4:42.55 38.43
100m: 1:14.01 41.06	200m: 2:38.50 41.66	300m: 4:04.12 42.58	400m: 5:20.42 37.87
10. Tiago Gabriel, LOPES	99 Clube Desportivo Estarreja	5:22.91	387
50m: 33.12 33.12	150m: 1:53.15 42.35	250m: 3:22.49 47.06	350m: 4:46.99 36.37
100m: 1:10.80 37.68	200m: 2:35.43 42.28	300m: 4:10.62 48.13	400m: 5:22.91 35.92
11. Diogo Alexandre, COSTA	99 ASSS Columb Cantanhedense	5:23.27	386
50m: 34.87 34.87	150m: 1:57.28 41.33	250m: 3:22.57 44.77	350m: 4:48.49 37.60
100m: 1:15.95 41.08	200m: 2:37.80 40.52	300m: 4:10.89 48.32	400m: 5:23.27 34.78

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 2, Masc., 400m Estilos, Infantis A

Lugar	Ano	Tempo final	Pts
12. Jose Paulo, GOMES	99 Felgueiras	5:26.65	374
50m: 33.28 33.28	150m: 1:54.59 41.21	250m: 3:23.83 48.40	350m: 4:49.66 37.20
100m: 1:13.38 40.10	200m: 2:35.43 40.84	300m: 4:12.46 48.63	400m: 5:26.65 36.99
13. Rui Pedro, FERREIRA	99 Felgueiras	5:30.07	363
50m: 33.64 33.64	150m: 2:02.15 46.76	250m: 3:29.99 42.39	350m: 4:55.17 40.53
100m: 1:15.39 41.75	200m: 2:47.60 45.45	300m: 4:14.64 44.65	400m: 5:30.07 34.90
14. Daniel Silva, BESSA	99 Gespacos	5:34.47	349
50m: 35.10 35.10	150m: 2:01.19 45.48	250m: 3:30.40 45.20	350m: 4:57.43 39.65
100m: 1:15.71 40.61	200m: 2:45.20 44.01	300m: 4:17.78 47.38	400m: 5:34.47 37.04
15. Joao Francisco, SANTOS	99 Viana Natacao	5:36.79	341
<i>FTL</i>			
50m: 33.97 33.97	150m: 2:02.21 45.83	250m: 3:33.50 47.87	350m: 5:00.07 36.76
100m: 1:16.38 42.41	200m: 2:45.63 43.42	300m: 4:23.31 49.81	400m: 5:36.79 36.72
16. Antonio Fernando, PINTO	99 Lousada	5:44.51	319
<i>FTL</i>			
50m: 37.16 37.16	150m: 2:08.31 44.15	250m: 3:40.08 46.55	350m: 5:06.81 38.05
100m: 1:24.16 47.00	200m: 2:53.53 45.22	300m: 4:28.76 48.68	400m: 5:44.51 37.70
DSQ Goncalo Oliveira, CABRAL	99 Leixões Sport Clube		
<i>O atleta deu pernada de mariposa sem fazer braçada submarina após a viragem aos 200m.</i>			
DSQ Jose Pedro, LEMOS	99 Sport Clube de Mirandela		
<i>421 - O(a) atleta tocou com uma mão na parede na viragem aos 300 metros – SW 7.6</i>			

Prova 3

Femin., 100m Costas

Infantis
Resultados

15-03-2013 - 16:10

Recordes Nacionais 25m Absoluto	1:00.69	Marta Vieira, MARINHO	FCP	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	1:10.23	Catarina Alexandra, JARDIM	GDNVNF	Ponte da Barca	05-03-2010
Recordes Nacionais 25m Inf B	1:10.23	Ana Margarida, GUEDES	GCVR	Felgueiras	02-02-2013
Recordes Nacionais 25m Inf A	1:05.36	Ines Camacho, FERNANDES	SCP	Tavira	05-03-2010

TAC Zonais 2013 Inf A Fem Inf A: 1:18.50 / TAC Zonais 2013 Inf B Fem Inf B: 1:24.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis B			
1. Ana Margarida, GUEDES	01 Ginasio de Vila Real	1:10.06	489
<i>Recorde Nacional</i>			
50m: 33.85 33.85	100m: 1:10.06 36.21		
2. Catarina Leao, COSTA	01 Gespacos	1:13.30	427
50m: 35.40 35.40	100m: 1:13.30 37.90		
3. Isabel Porfirio, PEGO	01 Porto	1:15.04	398
50m: 36.57 36.57	100m: 1:15.04 38.47		
4. Rita Sofia, FERREIRA	01 Ginásio Clube Figueirense	1:15.13	397
50m: 36.58 36.58	100m: 1:15.13 38.55		
5. Tatiana Sofia, FERREIRA	01 ASSS Columb Cantanhedense	1:17.04	368
50m: 37.54 37.54	100m: 1:17.04 39.50		

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 3, Femin., 100m Costas, Infantis B

Lugar					Ano		Tempo final	Pts
6.	Mariana Oliveira, RIBEIRO				01	Lamas	1:17.58	360
	50m:	37.74	37.74	100m:	1:17.58	39.84		
7.	Daniela Fernanda, BARBOSA				01	Leixões Sport Clube	1:17.63	360
	50m:	37.73	37.73	100m:	1:17.63	39.90		
8.	Beatriz Reis, FONSECA				01	Estamos Juntos	1:18.47	348
	50m:	38.93	38.93	100m:	1:18.47	39.54		
9.	Julia Albuquerque, FRAGA				01	Gespacos	1:18.94	342
	50m:	37.79	37.79	100m:	1:18.94	41.15		
10.	Joana Costa, AMADOR				01	Galitos	1:19.74	332
	50m:	37.92	37.92	100m:	1:19.74	41.82		
11.	Francisca Vieira, PAIS				01	Galitos	1:19.84	331
	50m:	39.55	39.55	100m:	1:19.84	40.29		
12.	Carolina Ascenso, SANTOS				01	CNMaia	1:19.87	330
	50m:	39.36	39.36	100m:	1:19.87	40.51		
13.	Maria Nogueira, CARVALHO				01	Assoc. Desportiva de Fafe	1:19.93	329
	50m:	38.87	38.87	100m:	1:19.93	41.06		
14.	Ana Beatriz, ALMEIDA				01	Sport Algés e Águeda	1:20.19	326
	50m:	39.32	39.32	100m:	1:20.19	40.87		
15.	Matilde Freitas, MOREIRA				01	Académica de Coimbra	1:20.65	321
	50m:	38.97	38.97	100m:	1:20.65	41.68		
16.	Rita Carrico, RODRIGUES				01	Nautico de Coimbra	1:21.64	309
	50m:	39.25	39.25	100m:	1:21.64	42.39		
17.	Ana Isabel, REIS				01	CNMaia	1:21.80	307
	50m:	39.45	39.45	100m:	1:21.80	42.35		
18.	Ana Margarida, SOUSA				01	Porto	1:22.12	304
	50m:	40.68	40.68	100m:	1:22.12	41.44		
19.	Ana Rolo, DIAS				01	Viana Natacao	1:22.84	296
	50m:	40.27	40.27	100m:	1:22.84	42.57		
20.	Ana Filipa, MOREIRA				01	Lousada	1:22.98	294
	50m:	40.61	40.61	100m:	1:22.98	42.37		
21.	Ana Ferreira, SILVA				01	Leixões Sport Clube	1:23.05	294
	50m:	40.29	40.29	100m:	1:23.05	42.76		
22.	Beatriz Pereira, CUNHA				01	Ac. Viseu	1:23.09	293
	50m:	40.59	40.59	100m:	1:23.09	42.50		
23.	Ana Rita, BOTELHO				01	Leixões Sport Clube	1:23.14	293
	50m:	40.66	40.66	100m:	1:23.14	42.48		
24.	Mara Ribeiro, PINTO				01	Clube Desportivo Feirense	1:24.29	281
	<i>FTL</i>							
	50m:	40.99	40.99	100m:	1:24.29	43.30		
25.	Patricia Costa, CRUZ				01	Académica de Coimbra	1:24.41	280
	<i>FTL</i>							
	50m:	41.19	41.19	100m:	1:24.41	43.22		

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 3, Femin., 100m Costas, Infantis B

Lugar	Ano	Tempo final	Pts
26. Daniela Alexandra, QUEIROS <i>FTL</i>	01 Estamos Juntos	1:24.94	274
50m: 42.14 42.14 100m: 1:24.94 42.80			
27. Jessica Meira, LEMOS <i>FTL</i>	01 Escola Desportiva de Viana	1:25.16	272
50m: 41.65 41.65 100m: 1:25.16 43.51			
28. Nair Ribeiro, PINTO <i>FTL</i>	01 Clube Desportivo Feirense	1:25.74	267
50m: 42.21 42.21 100m: 1:25.74 43.53			
29. Ines Goncalves, REIS <i>FTL</i>	01 CNMaia	1:28.55	242
50m: 43.31 43.31 100m: 1:28.55 45.24			

Infantis A

1. Alexandra Jesus, SANTOS 50m: 34.02 34.02 100m: 1:09.28 35.26	00 Leix�es Sport Clube	1:09.28	506
2. Maria Francisca, CABRAL 50m: 34.65 34.65 100m: 1:09.57 34.92	00 Porto	1:09.57	500
3. Adriana Azevedo, COUTO 50m: 34.45 34.45 100m: 1:11.54 37.09	00 Famalicao	1:11.54	460
4. Teresa Miguel, VELOSO 50m: 35.69 35.69 100m: 1:11.68 35.99	00 Nautico de Coimbra	1:11.68	457
5. Ana Francisca, SENRA 50m: 35.52 35.52 100m: 1:14.33 38.81	00 Desportos Barcelos	1:14.33	410
6. Iara Mesquita, COSTA 50m: 36.65 36.65 100m: 1:14.86 38.21	00 Junta de Freguesia de Paiao	1:14.86	401
7. Rita Correia, ALBERGUEIRO 50m: 36.17 36.17 100m: 1:14.99 38.82	00 Estamos Juntos	1:14.99	399
8. Mariana Paula, BAPTISTA 50m: 36.67 36.67 100m: 1:15.25 38.58	00 Famalicao	1:15.25	395
9. Iris Cunha, SANTOS 50m: 37.06 37.06 100m: 1:15.95 38.89	00 Porto	1:15.95	384
10. Ana Carolina, NEVES 50m: 36.87 36.87 100m: 1:15.96 39.09	00 Acad�mica de Coimbra	1:15.96	384
11. Maria Beatriz, JORGE 50m: 36.61 36.61 100m: 1:16.06 39.45	00 Nautico de Coimbra	1:16.06	382
12. Ana Ines, FERNANDES 50m: 36.71 36.71 100m: 1:16.08 39.37	00 Vit�ria Sport Clube	1:16.08	382
13. Rita Goncalves, MARIEIRO 50m: 37.05 37.05 100m: 1:16.22 39.17	00 Galitos	1:16.22	380
14. Beatriz Costa, GONCALVES 50m: 37.53 37.53 100m: 1:16.51 38.98	00 Desportos Barcelos	1:16.51	376

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 3, Femin., 100m Costas, Infantis A

Lugar	Ano	Tempo final	Pts
15. Rita Baptista, CABRAL 50m: 36.33 36.33 100m: 1:16.73 40.40	00	1:16.73	372
16. Andreia Brito, PEREIRA 50m: 37.15 37.15 100m: 1:16.77 39.62	00	1:16.77	372
17. Margarete Leandro, FERNANDES 50m: 37.20 37.20 100m: 1:16.96 39.76	00	1:16.96	369
18. Beatriz Neto, COSTA 50m: 37.41 37.41 100m: 1:17.02 39.61	00	1:17.02	368
19. Natalia Matos, CUNHA 50m: 37.95 37.95 100m: 1:18.50 40.55	00	1:18.50	348
20. Rafaela Campos, OLIVEIRA <i>FTL</i> 50m: 38.38 38.38 100m: 1:18.71 40.33	00	1:18.71	345
21. Maria Leonor, VALENTE <i>FTL</i> 50m: 38.76 38.76 100m: 1:18.81 40.05	00	1:18.81	344
22. Ana Cristina, AFONSO <i>FTL</i> 50m: 38.38 38.38 100m: 1:19.11 40.73	00	1:19.11	340
23. Carolina Isabel, MACHADO <i>FTL</i> 50m: 39.67 39.67 100m: 1:21.15 41.48	00	1:21.15	315

Prova 4

Masc., 100m Costas

Infantis

15-03-2013 - 16:25

Resultados

Recordes Nacionais 25m Absoluto	52.16	Alexis Manacas, SANTOS	FPN	Chartres (FRA)	24-11-2012
Recordes Nacionais 25m Inf B	1:04.76	Alexandre Lages, RIBAS	EDV	Ponte da Barca	09-05-2010
Recordes Nacionais 25m Inf A	1:00.97	Alexandre Lages, RIBAS	EDV	Viseu	11-03-2011

TAC Zonais 2013 Inf A Masc Inf A: 1:12.70 / TAC Zonais 2013 Inf B Masc Inf B: 1:17.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
1. Jorge Jesus, SILVA 50m: 32.28 32.28 100m: 1:06.15 33.87	00	1:06.15	404
2. Francisco Neto, MOREIRA 50m: 32.91 32.91 100m: 1:07.22 34.31	00	1:07.22	385
3. Hugo Gabriel, MORAIS 50m: 33.63 33.63 100m: 1:08.51 34.88	00	1:08.51	364
4. Nuno Correia, SOUSA 50m: 35.05 35.05 100m: 1:12.10 37.05	00	1:12.10	312
5. Tomas Pimentel, BORGES 50m: 34.98 34.98 100m: 1:12.34 37.36	00	1:12.34	309

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 4, Masc., 100m Costas, Infantis B

Lugar	Ano	Tempo final	Pts
6. Porfirio Braga, NUNES 50m: 35.84 35.84 100m: 1:12.57	00 Fluvial Vilacondense	1:12.57	306
7. Pedro Guilherme, FERREIRA 50m: 36.03 36.03 100m: 1:13.04	00 Miranda do Corvo	1:13.04	300
8. Rogerio Jose, MACHADO 50m: 36.54 36.54 100m: 1:13.63	00 Famalicao	1:13.63	293
9. Francisco Joao, PIRES 50m: 35.63 35.63 100m: 1:13.71	00 Sport Clube de Mirandela	1:13.71	292
10. Pedro Miguel, MARQUES 50m: 36.78 36.78 100m: 1:13.94	00 Famalicao	1:13.94	289
11. Pedro Correia, SILVA 50m: 35.92 35.92 100m: 1:14.21	00 Gespacos	1:14.21	286
12. Hugo Filipe, ALMEIDA 50m: 36.57 36.57 100m: 1:14.78	00 Clube Vouzela	1:14.78	280
13. Duarte Rodrigues, BRAZ 50m: 36.51 36.51 100m: 1:14.84	00 Miranda do Corvo	1:14.84	279
14. Diogo Oliveira, ANDRADE 50m: 36.08 36.08 100m: 1:15.17	00 Estamos Juntos	1:15.17	275
15. Francisco Alberto, LUCAS 50m: 36.49 36.49 100m: 1:15.24	00 Académica de Coimbra	1:15.24	275
16. Ivo Manuel, DIAS 50m: 37.00 37.00 100m: 1:15.55	00 Felgueiras	1:15.55	271
17. Manuel Machado, CACADOR 50m: 36.04 36.04 100m: 1:15.56	00 Sport Clube de Mirandela	1:15.56	271
18. Rafael Gomes, SIMOES 50m: 37.03 37.03 100m: 1:15.78	00 Desportos Barcelos	1:15.78	269
19. Bernardo Francesco, BARRETO 50m: 36.88 36.88 100m: 1:15.99	00 Galitos	1:15.99	267
20. Joao Afonso, CARVALHO 50m: 37.00 37.00 100m: 1:16.53	00 Escola Desportiva de Viana	1:16.53	261
21. Andrei Iulian, ZINCA 50m: 37.09 37.09 100m: 1:17.00	00 Gafanha da Encarnacao	1:17.00	256
22. Nuno Filipe, FERREIRA FTL 50m: 37.82 37.82 100m: 1:17.08	00 Felgueiras	1:17.08	255
23. Ricardo Jorge, TEIXEIRA FTL 50m: 37.42 37.42 100m: 1:17.09	00 CNMaia	1:17.09	255
24. Pedro Bernardo, ARAUJO FTL 50m: 37.68 37.68 100m: 1:17.25	00 Académica de Coimbra	1:17.25	254

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 4, Masc., 100m Costas, Infantis B

Lugar	Ano	Tempo final	Pts
25. Vasco Mimoso, LUIS <i>FTL</i>	00 Académica de Coimbra	1:17.27	254
50m: 38.25 38.25 100m: 1:17.27 39.02			
26. Luis Miguel, REBELO <i>FTL</i>	00 Fluvial Vilacondense	1:17.85	248
50m: 37.59 37.59 100m: 1:17.85 40.26			
27. Nuno Filipe, LEITE <i>FTL</i>	00 Felgueiras	1:18.04	246
50m: 37.51 37.51 100m: 1:18.04 40.53			
WDR Joao Pereira, TINOCO	00 Famalicao		

Infantis A

1. Nuno Henrique, GUIMARAES	99 Valongo	1:05.20	422
50m: 32.09 32.09 100m: 1:05.20 33.11			
2. Mateus Ribeiro, CARVALHO	99 Famalicao	1:05.40	419
50m: 31.83 31.83 100m: 1:05.40 33.57			
3. Pedro Miguel, FERNANDES	99 Vitória Sport Clube	1:06.38	400
50m: 31.75 31.75 100m: 1:06.38 34.63			
4. Joao Silva, COSTA	99 CNMaia	1:06.77	393
50m: 32.05 32.05 100m: 1:06.77 34.72			
5. Daniel Queiros, CRUZ	99 CNMaia	1:07.42	382
50m: 32.55 32.55 100m: 1:07.42 34.87			
6. Andre Martins, PALHINHA	99 Galitos	1:08.23	369
50m: 33.35 33.35 100m: 1:08.23 34.88			
7. Joao Gabriel, MELO	99 Sport Algés e Águeda	1:08.33	367
50m: 33.47 33.47 100m: 1:08.33 34.86			
8. Gabriel Filipe, PEREIRA	99 Lamas	1:08.51	364
50m: 32.75 32.75 100m: 1:08.51 35.76			
9. Tiago Oliveira, BARBOSA	99 Lamas	1:08.70	361
50m: 33.73 33.73 100m: 1:08.70 34.97			
10. Joao Pedro, GOMES	99 Miranda do Corvo	1:09.14	354
50m: 33.94 33.94 100m: 1:09.14 35.20			
11. Tiago Silva, SOARES	99 Porto	1:10.08	340
50m: 33.98 33.98 100m: 1:10.08 36.10			
12. Hugo Edgar, MIRANDA	99 Escola Desportiva de Viana	1:10.86	329
50m: 34.63 34.63 100m: 1:10.86 36.23			
13. Diogo Henrique, CAMACHO	99 Estamos Juntos	1:11.00	327
50m: 34.40 34.40 100m: 1:11.00 36.60			
14. Vasco Capela, TAVARES	99 Sporting Clube de Espinho	1:11.38	322
50m: 34.63 34.63 100m: 1:11.38 36.75			
15. Diogo Paulo, BAPTISTA	99 Famalicao	1:11.39	322
50m: 34.82 34.82 100m: 1:11.39 36.57			

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 4, Masc., 100m Costas, Infantis A

Lugar	Ano	Tempo final	Pts
16. Alexandre Santos, MESQUITA 50m: 34.19 34.19 100m: 1:11.49 37.30	99 Junta de Freguesia de Paiao	1:11.49	320
17. Jose Ricardo, RIBEIRO 50m: 35.22 35.22 100m: 1:11.51 36.29	99 Porto	1:11.51	320
18. Andre Freitas, GUAL 50m: 34.37 34.37 100m: 1:11.62 37.25	99 Estamos Juntos	1:11.62	319
19. Gabriel Vidal, CARVALHO 50m: 35.52 35.52 100m: 1:11.72 36.20	99 Galitos	1:11.72	317
20. Francisco Jorge, RODRIGUES 50m: 34.76 34.76 100m: 1:11.90 37.14	99 SSociais de Braganca	1:11.90	315
21. Afonso Ribeiro, COUTO 50m: 35.21 35.21 100m: 1:12.09 36.88	99 CNMaia	1:12.09	312
22. Miguel Angelo, FONSECA <i>FTL</i> 50m: 37.43 37.43 100m: 1:15.05 37.62	99 Ginasio de Vila Real	1:15.05	277
EXH Koen, WEUSTINK 50m: 32.57 32.57 100m: 1:07.47 34.90	00 Ginasio de Vila Real	1:07.47	381

Prova 5	Femin., 4 x 200m Livres	Infantis Resultados
15-03-2013 - 16:50		
Recordes Nacionais 25m Absoluto	8:14.13 Futebol Clube do Porto/Dolce Vita FCP Porto	05-12-2010
Recordes Nacionais 25m Inf B	9:28.71 tempo limite	
Recordes Nacionais 25m Inf A	9:05.75 Grupo Desp. Natacao V. N. FamalicGDVNF Viseu	11-03-2011
TAC Zonais 2013 Inf A Fem Inf A: 10:25.50 / TAC Zonais 2013 Inf B Fem Inf B: 11:06.00		

Pontos: FINA 2012

Lugar	Tempo final	Pts
Infantis A		
1. Porto 1 Ana Rita, FARIA Joana Martins, PEREIRA Maria Francisca, CABRAL Sara Vitoria, RAMOS	Porto 00 +0,95 32.37 1:07.26 1:42.46 2:16.92 2:16.92 00 +0,70 31.71 1:09.29 1:49.42 2:28.58 2:28.58 00 +0,88 31.01 1:05.00 1:40.51 2:15.17 2:15.17 00 +0,66 32.65 1:09.64 1:48.44 2:27.65 2:27.65	9:28.32 516
2. Miranda do Corvo 1 Maria Ines, FERREIRA Daniela Margarida, PINTO Margarete Leandro, FERNANDES Mariana Santos, FERREIRA	Miranda do Corvo 00 +0,94 32.54 1:08.12 1:44.80 2:21.25 2:21.25 00 +0,11 32.15 1:09.17 1:47.66 2:24.85 2:24.85 00 +0,29 33.23 1:10.88 1:49.74 2:27.50 2:27.50 00 +0,54 32.15 1:07.65 1:44.35 2:20.16 2:20.16	9:33.76 501
3. Famalicao 1 Adriana Marisa, FIGUEIREDO Rafaela Araujo, SILVA Adriana Azevedo, COUTO Mariana Paula, BAPTISTA	Famalicao 00 +0,85 32.60 1:08.91 1:45.92 2:22.71 2:22.71 00 +0,39 33.32 1:09.58 1:46.53 2:22.43 2:22.43 00 31.65 1:08.32 1:47.10 2:25.11 2:25.11 00 33.05 1:09.86 1:48.01 2:25.38 2:25.38	9:35.63 496

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Prova 5, Femin., 4 x 200m Livres, Infantis A

Lugar							Tempo final	Pts
4.	Galitos 1		Galitos				9:54.35	451
	Rita Goncalves, MARIEIRO	00	+0,96	33.61	1:10.61	1:48.99	2:27.08	2:27.08
	Eliana Dirce, LOURENCO	00	+0,55	35.09	1:13.37	1:53.25	2:32.74	2:32.74
	Ana Miguel, RODRIGUES	00		35.05	1:13.27	1:52.42	2:31.17	2:31.17
	Carla Laranjeira, MARQUES	00	+0,40	32.21	1:08.42	1:46.73	2:23.36	2:23.36
5.	Nautico de Coimbra 1		Nautico de Coimbra				9:55.12	449
	Teresa Miguel, VELOSO	00	+0,85	31.71	1:07.09	1:42.99	2:18.79	2:18.79
	Maria Beatriz, JORGE	00		32.58	1:10.84	1:50.43	2:28.63	2:28.63
	Carlota Santos, SILVA	00	+0,45	34.20	1:12.50	1:51.30	2:29.10	2:29.10
	Rafaela Sofia, MATEUS	00	+0,58	37.00	1:17.89	1:58.90	2:38.60	2:38.60
6.	Leixões Sport Clube 1		Leixões Sport Clube				10:04.98	428
	Ines Silva, OLIVEIRA	00	+1,12	34.90	1:14.16	1:52.82	2:28.82	2:28.82
	Maria Camolino, CABRAL	00	+0,57	34.49	1:13.84	1:53.89	2:33.46	2:33.46
	Rita Oliveira, ROCHA	00	+0,34	36.46	1:16.69	1:57.66	2:37.92	2:37.92
	Alexandra Jesus, SANTOS	00	+0,60	32.03	1:08.33	1:47.55	2:24.78	2:24.78
7.	Gespacos 1		Gespacos				10:14.92	407
	Helena Neto, COSTA	00	+0,80	35.15	1:15.10	1:56.51	2:37.81	2:37.81
	Ana Rita, CRUZ	00		33.78	1:12.22	1:50.50	2:27.68	2:27.68
	Beatriz Neto, COSTA	00	+0,52	36.29	1:17.50	1:59.42	2:39.80	2:39.80
	Raquel Leao, MONTEIRO	00	+0,66	34.03	1:12.09	1:51.21	2:29.63	2:29.63

Infantis B

1.	Porto 2		Porto				9:54.15	451
	Maria Carolina, COSTA	01	+0,97	33.54	1:10.51	1:48.11	2:23.87	2:23.87
	Beatriz Santos, SILVA	01	+0,56	35.22	1:14.43	1:52.86	2:30.57	2:30.57
	Isabel Porfirio, PEGO	01	+0,50	33.84	1:10.63	1:48.92	2:27.02	2:27.02
	Barbara Vilela, MAGALHAES	01	+0,46	34.05	1:12.37	1:53.04	2:32.69	2:32.69
2.	Galitos 2		Galitos				9:59.88	439
	Teresa Isabel, GRANJEIA	01	+0,94	34.58	1:13.20	1:52.90	2:31.27	2:31.27
	Joana Costa, AMADOR	01	+0,75	35.31	1:13.55	1:51.97	2:30.19	2:30.19
	Francisca Vieira, PAIS	01	+0,84	34.01	1:12.30	1:51.02	2:28.50	2:28.50
	Maria Esteves, MARTINS	01	+0,55	34.15	1:11.67	1:50.87	2:29.92	2:29.92
3.	Braga 1		Braga				10:14.32	408
	Maria Ines, MELO	01	+1,14	34.94	1:13.39	1:53.05	2:32.17	2:32.17
	Erika Almeida, MARQUES	01	+0,78	34.61	1:13.42	1:53.64	2:32.58	2:32.58
	Jessica Goncalves, VILACA	01	+0,71	35.17	1:14.72	1:55.68	2:35.93	2:35.93
	Sara Sofia, MIRANDA	01	+0,61	34.46	1:14.50	1:55.21	2:33.64	2:33.64
4.	Gespacos 2		Gespacos				10:15.04	407
	Catarina Leao, COSTA	01	+0,92	34.26	1:12.71	1:52.53	2:30.41	2:30.41
	Ines Carneiro, PINTO	01	+0,68	37.99	1:20.47	2:05.16	2:47.27	2:47.27
	Ines Neto, ROCHA	01	+0,85	32.24	1:09.84	1:48.31	2:25.60	2:25.60
	Julia Albuquerque, FRAGA	01	0.00	33.57	1:12.12	1:52.68	2:31.76	2:31.76
5.	Fundacao Beatriz Santos 1		Fundacao Beatriz Santos				10:27.49	383
	Eva Fernandes, CARDOSO	01	+0,98	34.37	1:11.41	1:49.54	2:26.57	2:26.57
	Mariana Matos, RIBEIRO	01	+0,70	35.18	1:14.93	1:54.89	2:33.74	2:33.74
	Maria Pedro, OLIVEIRA	01	+0,65	39.60	1:24.17	2:08.75	2:49.64	2:49.64
	Taisa Moreira, PAIVA	01	+0,86	35.49	1:15.09	1:56.61	2:37.54	2:37.54

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 5, Femin., 4 x 200m Livres, Infantis B

Lugar							Tempo final	Pts
6.	Leixões Sport Clube 2		Leixões Sport Clube				10:27.75	383
	Isabel Ferreira, SOUSA	01	+0,91	35.59	1:14.75	1:55.20	2:35.00	2:35.00
	Ana Rita, BOTELHO	01	+0,58	37.20	1:19.55	2:01.96	2:42.94	2:42.94
	Daniela Fernanda, BARBOSA	01	+0,64	35.59	1:15.70	1:56.98	2:36.55	2:36.55
	Sofia Filipa, GONCALVES	01	+0,85	36.21	1:15.62	1:56.14	2:33.26	2:33.26
7.	Fluvial Portuense 1		Fluvial Portuense				10:50.75	343
	Ines Alves, MARTINS	01	+0,96	35.25	1:14.26	1:53.68	2:31.80	2:31.80
	Maria Luisa, LEGOINHA	01	+0,87	39.22	1:22.90	2:06.53	2:48.98	2:48.98
	Maria Beatriz, MESQUITA	01	+0,64	40.30	1:24.18	2:09.31	2:52.70	2:52.70
	Ines Roriz, SOUSA	01	+0,42	35.47	1:15.74	1:57.69	2:37.27	2:37.27
DSQ	CNMaia 1		CNMaia					
	<i>712 - Rendição antecipada do 3 nadador – SW 10.11</i>							
	Carolina Ascenso, SANTOS	01	+0,93	36.15	1:17.06	1:59.17	2:39.80	2:39.80
	Mariana Cardoso, COSTA	01	+0,64	36.20	1:17.31	1:59.84	2:40.87	2:40.87
	Ines Goncalves, REIS	01	-0,07					
	Joana Daniela, JACINTO	01	+0,51					

Prova 6 Masc., 4 x 200m Livres Infantis Resultados

Recordes Nacionais 25m Absoluto	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	9:06.93	Viana Natacao Clube	VNC	Ponte da Barca	06-07-2001
Recordes Nacionais 25m Inf A	8:29.11	Clube de Futebol Os Belenenses	CFB	Cova Piedade	10-06-2004

TAC Zonais 2013 Inf A Masc Inf A: 9:54.00 / TAC Zonais 2013 Inf B Masc Inf B: 10:20.00

Pontos: FINA 2012

Lugar							Tempo final	Pts
Infantis A								
1.	Famalicao 1		Famalicao				8:45.86	470
	Mateus Ribeiro, CARVALHO	99	+0,83	29.92	1:02.85	1:35.00	2:06.96	2:06.96
	Francisco Oliveira, FERREIRA	99	+0,16	28.47	1:01.15	1:35.26	2:08.78	2:08.78
	Diogo Paulo, BAPTISTA	99	+0,64	29.75	1:04.51	1:40.47	2:15.86	2:15.86
	Telmo Pereira, BRAGA	99	+0,24	30.16	1:03.76	1:39.10	2:14.26	2:14.26
2.	Vitória Sport Clube 1		Vitória Sport Clube				8:56.80	442
	Tiago Andre, OLIVEIRA	99	+1,01	29.35	1:02.14	1:35.00	2:07.23	2:07.23
	Jose Manuel, FERNANDES	99	+0,66	30.99	1:06.76	1:43.62	2:17.66	2:17.66
	Pedro Miguel, FERNANDES	99	+0,72	29.50	1:03.25	1:39.22	2:14.55	2:14.55
	Albino Manuel, GONCALVES	99	+0,52	31.67	1:06.55	1:42.70	2:17.36	2:17.36
3.	Porto 1		Porto				8:57.19	441
	Joao Paulo, CORREIA	99	+0,91	29.32	1:02.05	1:37.00	2:11.36	2:11.36
	Diogo Pereira, SANTOS	99	+0,50	30.49	1:04.49	1:40.00	2:17.30	2:17.30
	Tomas Martins, ARAUJO	99	+0,42	29.18	1:03.63	1:39.13	2:14.93	2:14.93
	Tiago Silva, SOARES	99	+0,74	30.00	1:04.35	1:39.94	2:13.60	2:13.60
4.	Braga 1		Braga				8:57.99	439
	Jose Pedro, FERNANDES	99	+0,88	28.81	1:00.81	1:33.40	2:05.08	2:05.08
	Nuno Miguel, COTO	99	+0,44	30.78	1:05.15	1:40.59	2:15.51	2:15.51
	Jose Pedro, MELO	99	+0,37	30.85	1:06.64	1:43.73	2:19.25	2:19.25
	Jose Nuno, MENDES	99	+0,49	29.90	1:05.35	1:42.88	2:18.15	2:18.15

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 6, Masc., 4 x 200m Livres, Infantis A

Lugar							Tempo final	Pts
5.	Lamas 1		Lamas				9:08.00	415
	Alexandre Ferreira, AMORIM	99	+0,90	30.18	1:03.87	1:38.79	2:12.45	2:12.45
	Fernando Marcelo, ROCHA	99	+0,63	30.82	1:06.13	1:44.66	2:21.94	2:21.94
	Gabriel Filipe, PEREIRA	99	+0,48	29.16	1:02.88	1:39.45	2:15.12	2:15.12
	Tiago Oliveira, BARBOSA	99	+0,25	29.84	1:04.89	1:41.86	2:18.49	2:18.49
6.	ASSS Columb Cantanhedense 1		ASSS Columb Cantanhedense				9:08.46	414
	Gabriel Levi, GOMES	99	+0,90	30.12	1:02.86	1:36.52	2:09.81	2:09.81
	Joao Rafael, SILVA	99	+0,66	31.24	1:05.90	1:42.69	2:19.52	2:19.52
	Diogo Alexandre, COSTA	99	+0,85	31.41	1:07.87	1:45.33	2:21.49	2:21.49
	Jose Neves, NETO	99	+0,50	30.07	1:05.76	1:42.61	2:17.64	2:17.64
7.	Gespacos 1		Gespacos				9:11.70	407
	Nuno Filipe, COSTA	99	+0,84	30.49	1:04.02	1:38.07	2:11.67	2:11.67
	Ricardo Andre, PINTO	99		28.94	1:03.92	1:41.11	2:18.46	2:18.46
	Daniel Silva, BESSA	99	+0,35	32.36	1:09.35	1:48.85	2:26.38	2:26.38
	Leonardo Jose, SILVA	99	+0,34	29.47	1:03.69	1:39.91	2:15.19	2:15.19
8.	CNMaia 1		CNMaia				9:12.78	405
	Daniel Queiros, CRUZ	99	+0,92	30.24	1:04.19	1:39.00	2:12.94	2:12.94
	Joao Silva, COSTA	99	+0,57	29.28	1:03.91	1:39.86	2:14.19	2:14.19
	Diogo Filipe, TEODORO	99	+0,54	30.80	1:07.97	1:46.18	2:23.41	2:23.41
	Afonso Ribeiro, COUTO	99	+0,12	30.81	1:06.97	1:45.32	2:22.24	2:22.24
9.	Ginasio de Vila Real 1		Ginasio de Vila Real				9:34.09	361
	Jose Rafael, MATIAS	99	+1,03	32.96	1:09.31	1:45.96	2:21.11	2:21.11
	Luis Diogo, LUZ	99	+0,46	33.28	1:10.13	1:48.32	2:25.44	2:25.44
	Luis Carlos, PIRES	99	+0,69	32.14	1:09.74	1:48.82	2:26.99	2:26.99
	Tomas Tao, BARROS	99	+0,83	32.85	1:09.02	1:45.69	2:20.55	2:20.55
10.	Académica de Coimbra 2		Académica de Coimbra				9:40.73	349
	Pedro Henrique, PIRES	99	+0,86	30.98	1:05.44	1:39.32	2:13.37	2:13.37
	Tiago Andre, CARVALHO	99	+0,67	32.65	1:09.36	1:47.15	2:24.66	2:24.66
	Raul Portugal, OLIVEIRA	99	+0,57	37.98	1:19.75	2:02.74	2:44.13	2:44.13
	Joao Francisco, MACHADO	99	+0,65	31.09	1:06.60	1:42.65	2:18.57	2:18.57
11.	Felgueiras 2		Felgueiras				9:44.09	343
	Jose Paulo, GOMES	99	+0,67	31.57	1:06.77	1:44.01	2:20.16	2:20.16
	Afonso Manuel, BARBOSA	99	+0,44	33.08	1:10.17	1:50.07	2:29.26	2:29.26
	Rui Pedro, CUNHA	99		33.45	1:13.44	1:54.22	2:32.44	2:32.44
	Rui Pedro, FERREIRA	99	+0,43	31.99	1:09.25	1:47.58	2:22.23	2:22.23
12.	Fluvial Vilacondense 1		Fluvial Vilacondense				10:22.70	283
	<i>FTL</i>							
	Gabriel Mimoso, PEREIRA	99	+0,98	35.85	1:15.97	1:57.68	2:36.92	2:36.92
	Joao Manuel, SANTOS	99	+0,23	33.05	1:11.73	1:53.30	2:34.56	2:34.56
	Goncalo Carneiro, ALMEIDA	99	+0,44	34.05	1:14.59	1:57.01	2:38.39	2:38.39
	Pedro Saraiva, SILVA	99	+0,43	32.93	1:11.51	1:52.78	2:32.83	2:32.83

Prova 6, Masc., 4 x 200m Livres

Infantis B

1.	Famalicao 2		Famalicao				8:58.91	437
	<i>Recorde Nacional</i>							
	Miguel Angelo, SANTOS	00	+0,94	30.38	1:03.85	1:38.11	2:12.38	2:12.38
	Daniel Pereira, SILVA	00	+0,77	29.87	1:04.54	1:40.30	2:15.08	2:15.08
	Hugo Gabriel, MORAIS	00	+0,60	29.77	1:03.56	1:38.26	2:12.45	2:12.45
	Rogério Jose, MACHADO	00	+0,69	31.90	1:07.61	1:44.15	2:19.00	2:19.00
2.	Gespacos 2		Gespacos				9:23.04	383
	Joao Miguel, NUNES	00	+0,85	31.79	1:07.67	1:44.46	2:19.75	2:19.75
	Pedro Correia, SILVA	00	+0,58	31.91	1:07.53	1:44.29	2:21.28	2:21.28
	Sergio Eduardo, DIAS	00	+0,43	33.01	1:09.11	1:45.60	2:21.95	2:21.95
	Francisco Neto, MOREIRA	00		31.06	1:06.07	1:42.72	2:20.06	2:20.06
3.	Braga 1		Braga				9:25.52	378
	Jorge Jesus, SILVA	00	+0,93	30.77	1:05.40	1:40.61	2:13.92	2:13.92
	Jose Paulo, LOPES	00	+0,58	31.64	1:07.56	1:44.58	2:21.53	2:21.53
	Dany Pedro, CAILLE	00	+0,66	31.66	1:07.56	1:44.21	2:19.62	2:19.62
	Alexandre Miguel, PINTO	00	+0,49	34.03	1:12.31	1:51.39	2:30.45	2:30.45
4.	Porto 2		Porto				9:30.32	368
	Tomas Pimentel, BORGES	00	+0,80	30.46	1:05.40	1:41.36	2:15.63	2:15.63
	Rui Alexandre, RAMOS	00	+1,70	32.87	1:09.52	1:48.24	2:26.49	2:26.49
	Nuno Correia, SOUSA	00	+0,70	31.78	1:07.30	1:44.42	2:20.41	2:20.41
	Sergio Filipe, TRAVANCA	00	+0,73	34.01	1:11.99	1:51.17	2:27.79	2:27.79
5.	Galitos 1		Galitos				9:35.17	359
	Jose Pedro, ANTUNES	00	+0,87	32.48	1:08.15	1:44.49	2:19.63	2:19.63
	Bernardo Marques, GONCALVES	00	+0,71	34.08	1:11.94	1:49.99	2:27.44	2:27.44
	Bernardo Francesco, BARRETO	00	+0,41	32.80	1:10.03	1:48.84	2:27.07	2:27.07
	Joao Tiago, RAINHO	00	+0,56	32.62	1:08.54	1:45.10	2:21.03	2:21.03
6.	Fluvial Vilacondense 2		Fluvial Vilacondense				9:42.17	346
	David Dias, LIMA	00	+0,86	32.52	1:08.93	1:45.79	2:22.02	2:22.02
	Francisco Vilhena, COSTA	00	+0,59	31.95	1:09.65	1:48.65	2:29.07	2:29.07
	Luis Miguel, REBELO	00	+0,30	33.17	1:11.62	1:52.05	2:31.09	2:31.09
	Porfirio Braga, NUNES	00	+0,30	31.46	1:06.92	1:44.27	2:19.99	2:19.99
7.	Felgueiras 1		Felgueiras				9:50.40	332
	Tiago Filipe, TEIXEIRA	00	+0,79	32.80	1:08.79	1:46.29	2:23.96	2:23.96
	Nuno Filipe, FERREIRA	00	+0,35	35.15	1:14.13	1:53.79	2:31.93	2:31.93
	Nuno Filipe, LEITE	00	+0,81	33.43	1:12.34	1:53.25	2:33.19	2:33.19
	Ivo Manuel, DIAS	00	+0,48	32.42	1:08.61	1:45.38	2:21.32	2:21.32
8.	Leixões Sport Clube 1		Leixões Sport Clube				9:52.67	328
	Daniel Jose, DUARTE	00	+0,82	31.90	1:07.27	1:42.96	2:17.68	2:17.68
	Andre Manada, SILVA	00	+0,39	37.57	1:20.49	2:04.04	2:43.75	2:43.75
	Ricardo Manuel, ROCHA	00	+0,71	32.39	1:09.16	1:47.15	2:24.37	2:24.37
	Bruno Miguel, SOUSA	00	+0,41	32.68	1:12.82	1:52.59	2:26.87	2:26.87
EXH	Ginasio de Vila Real 2		Ginasio de Vila Real				9:57.40	320
	Koen, WEUSTINK	00	+0,85	30.97	1:05.34	1:41.07	2:16.49	2:16.49
	Luis Miguel, CARVALHO	00	+0,90	33.15	1:13.13	1:53.41	2:31.04	2:31.04
	Rodrigo Matos, SALCEDAS	00	+0,42	35.17	1:15.24	1:56.78	2:37.72	2:37.72
	Fernando Miguel, RIBEIRO	00	+0,63	34.11	1:12.84	1:53.66	2:32.15	2:32.15

2 - 2ª Jornada - 1ª Sessão

16-03-2013 - 9:30

Prova 7	Femin., 800m Livres				Infantis
16-03-2013 - 9:30					Resultados
Recordes Nacionais 25m Absoluto	8:41.65	Angelica Maria, ANDRE	LSC	Porto	09-12-2012
Recordes Nacionais 25m Inf B	9:33.95	Filipa Vilas, RUIVO	DNMG	Nazaré	16-05-2009
Recordes Nacionais 25m Inf A	9:03.90	tempo limite,			
TAC Zonais 2013 Inf A Fem Inf A: 10:50.00 / TAC Zonais 2013 Inf B Fem Inf B: 11:36.00					

Pontos: FINA 2012

Lugar			Ano							Tempo final	Pts	
Infantis A												
1.	Ana Rita, FARIA		00	Porto							9:43.54	572
	50m:	32.69	32.69	250m:	2:57.39	36.12	450m:	5:24.62	37.24	650m:	7:50.29	35.96
	100m:	1:08.49	35.80	300m:	3:33.72	36.33	500m:	6:01.11	36.49	700m:	8:26.92	36.63
	150m:	1:44.75	36.26	350m:	4:10.22	36.50	550m:	6:37.74	36.63	750m:	9:02.59	35.67
	200m:	2:21.27	36.52	400m:	4:47.38	37.16	600m:	7:14.33	36.59	800m:	9:43.54	40.95
2.	Ana Miguel, REIS		00	ASSS Columb Cantanhedense							9:48.95	556
	50m:	32.85	32.85	250m:	2:58.97	36.92	450m:	5:26.91	36.79	650m:	7:55.58	37.26
	100m:	1:08.73	35.88	300m:	3:36.15	37.18	500m:	6:03.81	36.90	700m:	8:33.21	37.63
	150m:	1:45.27	36.54	350m:	4:13.17	37.02	550m:	6:41.11	37.30	750m:	9:09.93	36.72
	200m:	2:22.05	36.78	400m:	4:50.12	36.95	600m:	7:18.32	37.21	800m:	9:48.95	39.02
3.	Rafaela Araujo, SILVA		00	Famalicao							10:12.48	495
	50m:	34.79	34.79	250m:	3:09.80	38.80	450m:	5:47.06	39.29	650m:	8:20.08	37.86
	100m:	1:12.97	38.18	300m:	3:48.87	39.07	500m:	6:25.87	38.81	700m:	8:57.41	37.33
	150m:	1:51.67	38.70	350m:	4:28.67	39.80	550m:	7:03.86	37.99	750m:	9:34.78	37.37
	200m:	2:31.00	39.33	400m:	5:07.77	39.10	600m:	7:42.22	38.36	800m:	10:12.48	37.70
4.	Joana Francisca, COSTA		00	Felgueiras							10:14.73	489
	50m:	34.31	34.31	250m:	3:08.65	38.76	450m:	5:43.64	38.20	650m:	8:19.34	39.21
	100m:	1:11.86	37.55	300m:	3:46.92	38.27	500m:	6:22.39	38.75	700m:	8:58.03	38.69
	150m:	1:50.96	39.10	350m:	4:25.77	38.85	550m:	7:01.27	38.88	750m:	9:37.04	39.01
	200m:	2:29.89	38.93	400m:	5:05.44	39.67	600m:	7:40.13	38.86	800m:	10:14.73	37.69
5.	Sofia Campos, COSTA		00	Vigor da Mocidade							10:19.30	478
	50m:	34.67	34.67	250m:	3:10.35	39.52	450m:	5:47.20	38.46	650m:	8:24.45	38.91
	100m:	1:12.28	37.61	300m:	3:50.03	39.68	500m:	6:26.75	39.55	700m:	9:03.60	39.15
	150m:	1:50.77	38.49	350m:	4:29.73	39.70	550m:	7:06.20	39.45	750m:	9:42.24	38.64
	200m:	2:30.83	40.06	400m:	5:08.74	39.01	600m:	7:45.54	39.34	800m:	10:19.30	37.06
6.	Carla Laranjeira, MARQUES		00	Galitos							10:19.44	478
	50m:	34.48	34.48	250m:	3:09.10	38.84	450m:	5:46.10	38.90	650m:	8:24.74	39.82
	100m:	1:11.92	37.44	300m:	3:48.21	39.11	500m:	6:25.59	39.49	700m:	9:03.92	39.18
	150m:	1:51.04	39.12	350m:	4:27.44	39.23	550m:	7:05.25	39.66	750m:	9:43.34	39.42
	200m:	2:30.26	39.22	400m:	5:07.20	39.76	600m:	7:44.92	39.67	800m:	10:19.44	36.10
7.	Claudia Isabel, MARTINS		00	Ac.Viseu							10:33.52	447
	50m:	34.96	34.96	250m:	3:13.88	40.58	450m:	5:56.30	40.24	650m:	8:37.08	40.07
	100m:	1:13.69	38.73	300m:	3:54.48	40.60	500m:	6:36.52	40.22	700m:	9:17.39	40.31
	150m:	1:53.43	39.74	350m:	4:35.38	40.90	550m:	7:16.69	40.17	750m:	9:56.82	39.43
	200m:	2:33.30	39.87	400m:	5:16.06	40.68	600m:	7:57.01	40.32	800m:	10:33.52	36.70
8.	Ana Sofia, RAMOS		00	Porto							10:34.57	445
	50m:	35.90	35.90	250m:	3:14.47	40.34	450m:	5:56.29	40.82	650m:	8:37.03	40.10
	100m:	1:14.08	38.18	300m:	3:55.35	40.88	500m:	6:36.35	40.06	700m:	9:16.97	39.94
	150m:	1:54.15	40.07	350m:	4:35.33	39.98	550m:	7:16.58	40.23	750m:	9:57.09	40.12
	200m:	2:34.13	39.98	400m:	5:15.47	40.14	600m:	7:56.93	40.35	800m:	10:34.57	37.48

O Secretário do Juri

O Juiz Árbitro

Prova 7, Femin., 800m Livres, Infantis A

Lugar	Ano		Tempo final		Pts	
9. Adriana Marisa, FIGUEIREDO	00	Famalicao	10:39.94	434		
50m: 33.52 33.52	250m: 3:12.08	40.19	450m: 5:54.44	40.72	650m: 8:38.22	41.17
100m: 1:11.00 37.48	300m: 3:52.40	40.32	500m: 6:35.19	40.75	700m: 9:18.79	40.57
150m: 1:51.19 40.19	350m: 4:33.39	40.99	550m: 7:16.32	41.13	750m: 9:59.49	40.70
200m: 2:31.89 40.70	400m: 5:13.72	40.33	600m: 7:57.05	40.73	800m: 10:39.94	40.45
10. Maria Beatriz, JORGE	00	Nautico de Coimbra	10:43.74	426		
50m: 35.07 35.07	250m: 3:17.43	40.85	450m: 6:00.50	40.80	650m: 8:44.45	40.51
100m: 1:15.25 40.18	300m: 3:57.89	40.46	500m: 6:41.64	41.14	700m: 9:25.56	41.11
150m: 1:56.15 40.90	350m: 4:38.69	40.80	550m: 7:23.07	41.43	750m: 10:05.70	40.14
200m: 2:36.58 40.43	400m: 5:19.70	41.01	600m: 8:03.94	40.87	800m: 10:43.74	38.04
11. Ana Cristina, AFONSO	00	Viana Natacao	10:46.75	420		
50m: 35.03 35.03	250m: 3:17.30	41.54	450m: 6:03.50	41.69	650m: 8:48.88	41.69
100m: 1:13.61 38.58	300m: 3:58.41	41.11	500m: 6:44.34	40.84	700m: 9:29.09	40.21
150m: 1:54.36 40.75	350m: 4:39.86	41.45	550m: 7:25.62	41.28	750m: 10:09.42	40.33
200m: 2:35.76 41.40	400m: 5:21.81	41.95	600m: 8:07.19	41.57	800m: 10:46.75	37.33
WDR Ines Silva, OLIVEIRA	00	Leixões Sport Clube				

Infantis B

1. Sara Sofia, ALVES	01	ASSS Columb Cantanhedense	9:54.39	541		
50m: 33.69 33.69	250m: 3:02.59	37.81	450m: 5:32.04	37.49	650m: 8:02.80	37.99
100m: 1:10.05 36.36	300m: 3:40.30	37.71	500m: 6:09.85	37.81	700m: 8:40.51	37.71
150m: 1:47.50 37.45	350m: 4:17.37	37.07	550m: 6:47.04	37.19	750m: 9:17.75	37.24
200m: 2:24.78 37.28	400m: 4:54.55	37.18	600m: 7:24.81	37.77	800m: 9:54.39	36.64
2. Maria Carolina, COSTA	01	Porto	10:10.05	501		
50m: 34.09 34.09	250m: 3:07.34	38.71	450m: 5:42.11	38.73	650m: 8:16.94	38.50
100m: 1:11.45 37.36	300m: 3:46.00	38.66	500m: 6:20.99	38.88	700m: 8:55.16	38.22
150m: 1:50.30 38.85	350m: 4:24.59	38.59	550m: 6:59.63	38.64	750m: 9:33.85	38.69
200m: 2:28.63 38.33	400m: 5:03.38	38.79	600m: 7:38.44	38.81	800m: 10:10.05	36.20
3. Eva Fernandes, CARDOSO	01	Fundacao Beatriz Santos	10:25.93	463		
50m: 34.80 34.80	250m: 3:11.40	39.35	450m: 5:51.51	39.27	650m: 8:30.22	38.62
100m: 1:12.91 38.11	300m: 3:51.83	40.43	500m: 6:31.10	39.59	700m: 9:09.60	39.38
150m: 1:52.20 39.29	350m: 4:31.52	39.69	550m: 7:11.05	39.95	750m: 9:48.08	38.48
200m: 2:32.05 39.85	400m: 5:12.24	40.72	600m: 7:51.60	40.55	800m: 10:25.93	37.85
4. Joana Costa, AMADOR	01	Galitos	10:26.26	463		
50m: 34.86 34.86	250m: 3:11.97	39.98	450m: 5:51.14	39.44	650m: 8:29.77	39.27
100m: 1:13.35 38.49	300m: 3:52.43	40.46	500m: 6:30.75	39.61	700m: 9:09.64	39.87
150m: 1:52.61 39.26	350m: 4:32.02	39.59	550m: 7:10.94	40.19	750m: 9:47.97	38.33
200m: 2:31.99 39.38	400m: 5:11.70	39.68	600m: 7:50.50	39.56	800m: 10:26.26	38.29
5. Isabel Porfirio, PEGO	01	Porto	10:28.54	458		
50m: 35.04 35.04	250m: 3:11.76	39.76	450m: 5:50.64	40.15	650m: 8:30.92	40.05
100m: 1:12.98 37.94	300m: 3:51.49	39.73	500m: 6:30.60	39.96	700m: 9:11.32	40.40
150m: 1:52.65 39.67	350m: 4:30.55	39.06	550m: 7:10.68	40.08	750m: 9:50.70	39.38
200m: 2:32.00 39.35	400m: 5:10.49	39.94	600m: 7:50.87	40.19	800m: 10:28.54	37.84
6. Ines Alves, MARTINS	01	Fluvial Portuense	10:31.29	452		
50m: 35.07 35.07	250m: 3:13.97	39.97	450m: 5:52.98	39.69	650m: 8:33.36	40.03
100m: 1:14.09 39.02	300m: 3:54.14	40.17	500m: 6:33.14	40.16	700m: 9:13.07	39.71
150m: 1:54.09 40.00	350m: 4:33.42	39.28	550m: 7:12.93	39.79	750m: 9:53.13	40.06
200m: 2:34.00 39.91	400m: 5:13.29	39.87	600m: 7:53.33	40.40	800m: 10:31.29	38.16

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 7, Femin., 800m Livres, Infantis B

Lugar			Ano							Tempo final	Pts
7.	Francisca Vieira, PAIS		01	Galitos						10:45.52	422
	50m:	35.96 35.96	250m:	3:18.86	40.89	450m:	6:03.00	41.39	650m:	8:46.71	40.83
	100m:	1:16.26 40.30	300m:	3:59.43	40.57	500m:	6:43.82	40.82	700m:	9:27.69	40.98
	150m:	1:57.05 40.79	350m:	4:40.31	40.88	550m:	7:24.84	41.02	750m:	10:07.36	39.67
	200m:	2:37.97 40.92	400m:	5:21.61	41.30	600m:	8:05.88	41.04	800m:	10:45.52	38.16
8.	Erika Almeida, MARQUES		01	Braga						10:46.85	420
	50m:	36.18 36.18	250m:	3:19.11	41.68	450m:	6:04.80	41.72	650m:	8:49.20	40.78
	100m:	1:15.65 39.47	300m:	4:00.19	41.08	500m:	6:45.99	41.19	700m:	9:29.27	40.07
	150m:	1:56.31 40.66	350m:	4:41.51	41.32	550m:	7:27.02	41.03	750m:	10:09.74	40.47
	200m:	2:37.43 41.12	400m:	5:23.08	41.57	600m:	8:08.42	41.40	800m:	10:46.85	37.11
9.	Isabel Ferreira, SOUSA		01	Leixões Sport Clube						11:00.24	395
	50m:	36.27 36.27	250m:	3:19.68	41.49	450m:	6:08.28	42.40	650m:	8:57.44	42.41
	100m:	1:16.27 40.00	300m:	4:01.67	41.99	500m:	6:50.05	41.77	700m:	9:40.11	42.67
	150m:	1:57.19 40.92	350m:	4:43.85	42.18	550m:	7:32.66	42.61	750m:	10:22.37	42.26
	200m:	2:38.19 41.00	400m:	5:25.88	42.03	600m:	8:15.03	42.37	800m:	11:00.24	37.87
10.	Jessica Goncalves, VILACA		01	Braga						11:00.85	394
	50m:	35.23 35.23	250m:	3:20.75	42.17	450m:	6:09.50	42.16	650m:	8:57.63	41.41
	100m:	1:14.90 39.67	300m:	4:02.87	42.12	500m:	6:51.76	42.26	700m:	9:39.36	41.73
	150m:	1:56.47 41.57	350m:	4:45.33	42.46	550m:	7:33.85	42.09	750m:	10:21.22	41.86
	200m:	2:38.58 42.11	400m:	5:27.34	42.01	600m:	8:16.22	42.37	800m:	11:00.85	39.63
11.	Sara Sofia, MIRANDA		01	Braga						11:01.51	392
	50m:	35.98 35.98	250m:	3:21.08	41.80	450m:	6:10.84	42.57	650m:	9:00.36	41.96
	100m:	1:16.66 40.68	300m:	4:03.81	42.73	500m:	6:53.05	42.21	700m:	9:41.63	41.27
	150m:	1:57.83 41.17	350m:	4:45.79	41.98	550m:	7:35.55	42.50	750m:	10:23.15	41.52
	200m:	2:39.28 41.45	400m:	5:28.27	42.48	600m:	8:18.40	42.85	800m:	11:01.51	38.36
12.	Rita Carrico, RODRIGUES		01	Nautico de Coimbra						11:03.73	389
	50m:	35.91 35.91	250m:	3:22.74	42.88	450m:	6:13.28	42.92	650m:	9:02.30	42.12
	100m:	1:16.22 40.31	300m:	4:05.33	42.59	500m:	6:55.66	42.38	700m:	9:44.49	42.19
	150m:	1:57.70 41.48	350m:	4:47.91	42.58	550m:	7:38.53	42.87	750m:	10:24.55	40.06
	200m:	2:39.86 42.16	400m:	5:30.36	42.45	600m:	8:20.18	41.65	800m:	11:03.73	39.18
13.	Joana Daniela, JACINTO		01	CNMaia						11:06.24	384
	50m:	36.25 36.25	250m:	3:24.20	42.50	450m:	6:12.65	42.23	650m:	9:03.18	43.05
	100m:	1:17.71 41.46	300m:	4:06.01	41.81	500m:	6:54.87	42.22	700m:	9:45.47	42.29
	150m:	1:59.26 41.55	350m:	4:47.75	41.74	550m:	7:37.13	42.26	750m:	10:27.41	41.94
	200m:	2:41.70 42.44	400m:	5:30.42	42.67	600m:	8:20.13	43.00	800m:	11:06.24	38.83
14.	Ana Rolo, DIAS		01	Viana Natacao						11:11.25	376
	50m:	36.71 36.71	250m:	3:24.18	42.59	450m:	6:15.76	43.65	650m:	9:07.37	42.21
	100m:	1:17.37 40.66	300m:	4:06.33	42.15	500m:	6:58.34	42.58	700m:	9:49.84	42.47
	150m:	1:59.66 42.29	350m:	4:49.67	43.34	550m:	7:41.89	43.55	750m:	10:32.20	42.36
	200m:	2:41.59 41.93	400m:	5:32.11	42.44	600m:	8:25.16	43.27	800m:	11:11.25	39.05
15.	Ines Roriz, SOUSA		01	Fluvial Portuense						11:14.80	370
	50m:	36.65 36.65	250m:	3:24.03	42.93	450m:	6:15.83	43.12	650m:	9:10.61	43.67
	100m:	1:17.25 40.60	300m:	4:06.12	42.09	500m:	6:59.46	43.63	700m:	9:52.99	42.38
	150m:	1:59.24 41.99	350m:	4:49.27	43.15	550m:	7:43.29	43.83	750m:	10:35.34	42.35
	200m:	2:41.10 41.86	400m:	5:32.71	43.44	600m:	8:26.94	43.65	800m:	11:14.80	39.46
16.	Mariana Matos, RIBEIRO		01	Fundacao Beatriz Santos						11:17.14	366
	50m:	36.82 36.82	250m:	3:27.58	43.37	450m:	6:20.05	42.33	650m:	9:12.05	42.84
	100m:	1:18.43 41.61	300m:	4:10.74	43.16	500m:	7:03.11	43.06	700m:	9:54.65	42.60
	150m:	2:01.56 43.13	350m:	4:54.25	43.51	550m:	7:46.19	43.08	750m:	10:37.14	42.49
	200m:	2:44.21 42.65	400m:	5:37.72	43.47	600m:	8:29.21	43.02	800m:	11:17.14	40.00

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 7, Femin., 800m Livres, Infantis B

Lugar	Ano		Tempo final		Pts
17. Margarida Malheiro, NEVES	01	Braga	11:32.03		343
50m:	37.69	37.69	250m:	3:29.61	43.20
100m:	1:19.52	41.83	300m:	4:13.54	43.93
150m:	2:03.03	43.51	350m:	4:57.57	44.03
200m:	2:46.41	43.38	400m:	5:42.21	44.64
450m:	6:26.50	44.29	500m:	7:11.25	44.75
550m:	7:55.83	44.58	600m:	8:39.82	43.99
650m:	9:23.43	43.61	700m:	10:07.72	44.29
750m:	10:51.99	44.27	800m:	11:32.03	40.04
18. Margarida Dias, FERREIRA	01	Galitos	11:37.10		335
<i>FTL</i>					
50m:	37.15	37.15	250m:	3:29.97	43.74
100m:	1:18.68	41.53	300m:	4:13.91	43.94
150m:	2:02.52	43.84	350m:	4:57.72	43.81
200m:	2:46.23	43.71	400m:	5:42.90	45.18
450m:	6:28.11	45.21	500m:	7:12.99	44.88
550m:	7:58.09	45.10	600m:	8:43.12	45.03
650m:	9:28.30	45.18	700m:	10:13.48	45.18
750m:	10:57.64	44.16	800m:	11:37.10	39.46

Prova 8

Masc., 400m Livres

Infantis

16-03-2013 - 10:05

Resultados

Recordes Nacionais 25m Absoluto	3:45.58	Fabio Manuel, PEREIRA	FPN	Istambul (TUR)	10-12-2009
Recordes Nacionais 25m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04-04-2003
Recordes Nacionais 25m Inf A	4:13.24	Pedro Fontoura, OLIVEIRA	CFB	Reboleira	05-06-2004

TAC Zonais 2013 Inf A Masc Inf A: 4:53.50 / TAC Zonais 2013 Inf B Masc Inf B: 5:05.00

Pontos: FINA 2012

Lugar	Ano		Tempo final		Pts
Infantis A					
1. Rui Jorge, MATIAS	99	Fluvial Vilacondense	4:25.84		512
50m:	30.05	30.05	150m:	1:36.34	33.60
100m:	1:02.74	32.69	200m:	2:11.01	34.67
250m:	2:45.90	34.89	300m:	3:20.77	34.87
350m:	3:54.80	34.03	400m:	4:25.84	31.04
2. Jose Pedro, FERNANDES	99	Braga	4:25.93		512
50m:	29.90	29.90	150m:	1:36.14	33.83
100m:	1:02.31	32.41	200m:	2:10.85	34.71
250m:	2:45.74	34.89	300m:	3:21.03	35.29
350m:	3:54.81	33.78	400m:	4:25.93	31.12
3. Francisco Oliveira, FERREIRA	99	Famalicao	4:30.26		487
50m:	29.80	29.80	150m:	1:36.36	34.33
100m:	1:02.03	32.23	200m:	2:11.23	34.87
250m:	2:46.51	35.28	300m:	3:21.82	35.31
350m:	3:56.29	34.47	400m:	4:30.26	33.97
4. Ricardo Jorge, CARVALHO	99	Galitos	4:32.44		476
50m:	30.87	30.87	150m:	1:38.75	34.57
100m:	1:04.18	33.31	200m:	2:13.75	35.00
250m:	2:48.58	34.83	300m:	3:23.54	34.96
350m:	3:58.41	34.87	400m:	4:32.44	34.03
5. Nuno Filipe, COSTA	99	Gespacos	4:32.84		474
50m:	30.69	30.69	150m:	1:39.72	35.18
100m:	1:04.54	33.85	200m:	2:15.12	35.40
250m:	2:50.11	34.99	300m:	3:25.35	35.24
350m:	3:59.77	34.42	400m:	4:32.84	33.07
6. Pedro Henrique, PIRES	99	Académica de Coimbra	4:37.72		449
50m:	31.06	31.06	150m:	1:40.94	35.54
100m:	1:05.40	34.34	200m:	2:16.46	35.52
250m:	2:51.41	34.95	300m:	3:27.50	36.09
350m:	4:03.01	35.51	400m:	4:37.72	34.71
7. Joao Paulo, CORREIA	99	Porto	4:40.03		438
50m:	29.95	29.95	150m:	1:39.46	35.49
100m:	1:03.97	34.02	200m:	2:15.67	36.21
250m:	2:52.40	36.73	300m:	3:28.88	36.48
350m:	4:04.96	36.08	400m:	4:40.03	35.07
8. Tiago Andre, OLIVEIRA	99	Vitória Sport Clube	4:41.95		429
50m:	30.89	30.89	150m:	1:39.67	35.16
100m:	1:04.51	33.62	200m:	2:15.14	35.47
250m:	2:51.02	35.88	300m:	3:27.69	36.67
350m:	4:05.89	38.20	400m:	4:41.95	36.06

O Secretário do Juri

O Juiz Árbitro

Prova 8, Masc., 400m Livres, Infantis A

Lugar					Ano					Tempo final	Pts	
9.	Joao Francisco, MACHADO				99	Académica de Coimbra				4:42.09	429	
	50m:	31.90	31.90	150m:	1:42.33	35.71	250m:	2:54.61	35.82	350m:	4:07.68	35.94
	100m:	1:06.62	34.72	200m:	2:18.79	36.46	300m:	3:31.74	37.13	400m:	4:42.09	34.41
10.	Jose Neves, NETO				99	ASSS Columb Cantanhedense				4:44.33	419	
	50m:	31.28	31.28	150m:	1:41.71	35.60	250m:	2:54.52	36.32	350m:	4:08.74	36.96
	100m:	1:06.11	34.83	200m:	2:18.20	36.49	300m:	3:31.78	37.26	400m:	4:44.33	35.59
11.	Alexandre Ferreira, AMORIM				99	Lamas				4:46.28	410	
	50m:	30.58	30.58	150m:	1:41.41	36.45	250m:	2:55.97	37.27	350m:	4:10.27	37.54
	100m:	1:04.96	34.38	200m:	2:18.70	37.29	300m:	3:32.73	36.76	400m:	4:46.28	36.01
12.	Diogo Pereira, SANTOS				99	Porto				4:47.76	404	
	50m:	31.81	31.81	150m:	1:43.66	36.11	250m:	2:57.26	37.10	350m:	4:11.32	36.99
	100m:	1:07.55	35.74	200m:	2:20.16	36.50	300m:	3:34.33	37.07	400m:	4:47.76	36.44
13.	Diogo Alexandre, COSTA				99	ASSS Columb Cantanhedense				4:48.56	400	
	50m:	32.53	32.53	150m:	1:46.11	36.65	250m:	2:59.93	37.03	350m:	4:13.67	36.94
	100m:	1:09.46	36.93	200m:	2:22.90	36.79	300m:	3:36.73	36.80	400m:	4:48.56	34.89
14.	Ricardo Andre, PINTO				99	Gespacos				4:51.49	388	
	50m:	30.31	30.31	150m:	1:40.84	36.10	250m:	2:55.54	37.35	350m:	4:13.39	39.36
	100m:	1:04.74	34.43	200m:	2:18.19	37.35	300m:	3:34.03	38.49	400m:	4:51.49	38.10
15.	Paulo Filipe, ALMEIDA				99	Estamos Juntos				4:52.40	385	
	50m:	32.18	32.18	150m:	1:44.81	36.90	250m:	2:59.47	38.00	350m:	4:15.24	38.32
	100m:	1:07.91	35.73	200m:	2:21.47	36.66	300m:	3:36.92	37.45	400m:	4:52.40	37.16
16.	Afonso Ribeiro, COUTO FTL				99	CNMaia				4:54.14	378	
	50m:	32.70	32.70	150m:	1:47.05	37.46	250m:	3:01.69	37.06	350m:	4:17.65	38.15
	100m:	1:09.59	36.89	200m:	2:24.63	37.58	300m:	3:39.50	37.81	400m:	4:54.14	36.49
17.	Goncalo Daniel, TEIXEIRA FTL				99	Braga				4:54.48	377	
	50m:	32.52	32.52	150m:	1:47.04	37.64	250m:	3:02.70	37.70	350m:	4:18.27	37.47
	100m:	1:09.40	36.88	200m:	2:25.00	37.96	300m:	3:40.80	38.10	400m:	4:54.48	36.21
18.	Joao Rafael, SILVA FTL				99	ASSS Columb Cantanhedense				4:54.76	376	
	50m:	33.19	33.19	150m:	1:46.56	37.20	250m:	3:02.16	37.82	350m:	4:17.45	37.41
	100m:	1:09.36	36.17	200m:	2:24.34	37.78	300m:	3:40.04	37.88	400m:	4:54.76	37.31
19.	Jose Nuno, MENDES FTL				99	Braga				4:54.94	375	
	50m:	31.73	31.73	150m:	1:45.60	37.95	250m:	3:02.06	38.42	350m:	4:19.83	38.84
	100m:	1:07.65	35.92	200m:	2:23.64	38.04	300m:	3:40.99	38.93	400m:	4:54.94	35.11
20.	Jose Paulo, GOMES FTL				99	Felgueiras				4:56.41	369	
	50m:	31.34	31.34	150m:	1:44.46	37.28	250m:	3:01.22	38.73	350m:	4:19.14	39.13
	100m:	1:07.18	35.84	200m:	2:22.49	38.03	300m:	3:40.01	38.79	400m:	4:56.41	37.27
21.	Joao Francisco, SANTOS FTL				99	Viana Natacao				5:03.51	344	
	50m:	31.97	31.97	150m:	1:47.31	38.76	250m:	3:06.46	38.90	350m:	4:26.28	39.77
	100m:	1:08.55	36.58	200m:	2:27.56	40.25	300m:	3:46.51	40.05	400m:	5:03.51	37.23
WDR	Goncalo Oliveira, CABRAL				99	Leixões Sport Clube						

O Secretário do Juri

O Juiz Árbitro

Prova 8, Masc., 400m Livres

Infantis B

1.	Miguel Angelo, SANTOS	00	Famalicao	4:34.26	466
	50m: 30.43 30.43	150m: 1:39.03	35.13 250m: 2:50.00	35.53	350m: 4:01.10
	100m: 1:03.90 33.47	200m: 2:14.47	35.44 300m: 3:25.81	35.81	400m: 4:34.26
					33.16
2.	Hugo Gabriel, MORAIS	00	Famalicao	4:35.72	459
	50m: 30.89 30.89	150m: 1:39.47	34.63 250m: 2:49.70	35.29	350m: 4:00.38
	100m: 1:04.84 33.95	200m: 2:14.41	34.94 300m: 3:25.14	35.44	400m: 4:35.72
					35.34
3.	Miguel Diogo, AGOSTINHO	00	Fundacao Beatriz Santos	4:46.85	408
	50m: 32.06 32.06	150m: 1:43.50	36.09 250m: 2:56.83	36.96	350m: 4:11.10
	100m: 1:07.41 35.35	200m: 2:19.87	36.37 300m: 3:34.09	37.26	400m: 4:46.85
					35.75
4.	Diogo Barbosa, NUNES	00	Fluvial Portuense	4:49.20	398
	50m: 31.36 31.36	150m: 1:42.81	36.65 250m: 2:57.19	37.64	350m: 4:12.65
	100m: 1:06.16 34.80	200m: 2:19.55	36.74 300m: 3:35.07	37.88	400m: 4:49.20
					36.55
5.	Sergio Eduardo, DIAS	00	Gespacos	4:49.79	395
	50m: 32.08 32.08	150m: 1:44.81	36.79 250m: 2:58.32	36.42	350m: 4:14.00
	100m: 1:08.02 35.94	200m: 2:21.90	37.09 300m: 3:36.00	37.68	400m: 4:49.79
					35.79
6.	Tomas Pimentel, BORGES	00	Porto	4:55.57	373
	50m: 32.21 32.21	150m: 1:44.98	37.01 250m: 3:01.90	37.76	350m: 4:17.74
	100m: 1:07.97 35.76	200m: 2:24.14	39.16 300m: 3:39.76	37.86	400m: 4:55.57
					37.83
7.	Jose Pedro, ANTUNES	00	Galitos	4:55.70	372
	50m: 32.19 32.19	150m: 1:45.17	37.45 250m: 3:01.90	38.68	350m: 4:19.94
	100m: 1:07.72 35.53	200m: 2:23.22	38.05 300m: 3:41.23	39.33	400m: 4:55.70
					35.76
8.	David Dias, LIMA	00	Fluvial Vilacondense	4:57.80	364
	50m: 33.14 33.14	150m: 1:48.41	37.93 250m: 3:03.68	37.26	350m: 4:20.13
	100m: 1:10.48 37.34	200m: 2:26.42	38.01 300m: 3:42.03	38.35	400m: 4:57.80
					37.67
9.	Diogo Moreno, BASTOS	00	Fluvial Portuense	4:59.15	359
	50m: 33.33 33.33	150m: 1:48.19	38.02 250m: 3:05.70	38.67	350m: 4:22.52
	100m: 1:10.17 36.84	200m: 2:27.03	38.84 300m: 3:44.29	38.59	400m: 4:59.15
					36.63
10.	Joao Tiago, RAINHO	00	Galitos	4:59.48	358
	50m: 32.41 32.41	150m: 1:46.71	38.14 250m: 3:04.15	38.81	350m: 4:22.26
	100m: 1:08.57 36.16	200m: 2:25.34	38.63 300m: 3:43.62	39.47	400m: 4:59.48
					37.22
11.	Bruno Miguel, SOUSA	00	Leixões Sport Clube	5:01.15	352
	50m: 32.53 32.53	150m: 1:47.50	38.63 250m: 3:04.88	38.96	350m: 4:22.75
	100m: 1:08.87 36.34	200m: 2:25.92	38.42 300m: 3:44.33	39.45	400m: 5:01.15
					38.42
12.	David Coelho, SILVA	00	Nautico de Coimbra	5:01.25	352
	50m: 32.31 32.31	150m: 1:47.47	38.29 250m: 3:05.92	39.13	350m: 4:23.43
	100m: 1:09.18 36.87	200m: 2:26.79	39.32 300m: 3:44.88	38.96	400m: 5:01.25
					37.82
13.	Joao Miguel, NUNES	00	Gespacos	5:02.25	348
	50m: 32.55 32.55	150m: 1:47.03	38.26 250m: 3:05.47	39.72	350m: 4:24.59
	100m: 1:08.77 36.22	200m: 2:25.75	38.72 300m: 3:45.02	39.55	400m: 5:02.25
					37.66
14.	Dany Pedro, CAILLE	00	Braga	5:03.96	342
	50m: 32.41 32.41	150m: 1:48.03	38.22 250m: 3:06.65	39.34	350m: 4:25.34
	100m: 1:09.81 37.40	200m: 2:27.31	39.28 300m: 3:45.64	38.99	400m: 5:03.96
					38.62
15.	Tiago Filipe, TEIXEIRA	00	Felgueiras	5:05.69	337
	<i>FTL</i>				
	50m: 32.73 32.73	150m: 1:47.42	38.21 250m: 3:06.47	39.79	350m: 4:27.02
	100m: 1:09.21 36.48	200m: 2:26.68	39.26 300m: 3:46.70	40.23	400m: 5:05.69
					40.32
					38.67

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O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 9
16-03-2013 - 10:30

Femin., 200m Bruços

Infantis
Resultados

Recordes Nacionais 25m Absoluto	2:25.87	Diana Duarte, GOMES	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	2:46.14	Raquel Gomes, PEREIRA	SAD	Algés	02-06-2011
Recordes Nacionais 25m Inf A	2:42.50	Filipa Vilas, RUIVO	DNMG	Nazaré	22-05-2010

TAC Zonais 2013 Inf A Fem Inf A: 3:14.50 / TAC Zonais 2013 Inf B Fem Inf B: 3:22.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Maria Ines, FERREIRA	00	Miranda do Corvo	2:49.72 498
50m: 38.17 38.17	100m: 1:21.08	42.91 150m: 2:05.15 44.07	200m: 2:49.72 44.57
2. Ines Rosado, MONTEIRO	00	Clube Natacao de Vagos	2:57.00 439
50m: 40.10 40.10	100m: 1:24.81	44.71 150m: 2:11.80 46.99	200m: 2:57.00 45.20
3. Rafaela Araujo, SILVA	00	Famalicao	2:58.00 432
50m: 43.04 43.04	100m: 1:28.40	45.36 150m: 2:14.01 45.61	200m: 2:58.00 43.99
4. Carlota Santos, SILVA	00	Nautico de Coimbra	2:58.26 430
50m: 39.92 39.92	100m: 1:24.89	44.97 150m: 2:11.56 46.67	200m: 2:58.26 46.70
5. Mariana Paula, BAPTISTA	00	Famalicao	2:59.11 424
50m: 40.82 40.82	100m: 1:26.00	45.18 150m: 2:13.04 47.04	200m: 2:59.11 46.07
6. Maria Joao, SOUSA	00	Sporting Clube de Espinho	3:05.58 381
50m: 40.25 40.25	100m: 1:27.36	47.11 150m: 2:17.03 49.67	200m: 3:05.58 48.55
7. Maria Cecilia, LOPES	00	Vitória Sport Clube	3:06.65 374
50m: 42.88 42.88	100m: 1:30.72	47.84 150m: 2:18.65 47.93	200m: 3:06.65 48.00
8. Joana Almeida, RAINHA	00	Fluvial Vilacondense	3:07.13 371
50m: 41.95 41.95	100m: 1:29.70	47.75 150m: 2:18.02 48.32	200m: 3:07.13 49.11
9. Ines do Carmo, CRUZ	00	Ginasio de Vila Real	3:08.10 366
50m: 41.83 41.83	100m: 1:29.19	47.36 150m: 2:18.84 49.65	200m: 3:08.10 49.26
10. Francisca Ribeiro, NOGUEIRA	00	Porto	3:08.67 362
50m: 44.03 44.03	100m: 1:31.58	47.55 150m: 2:20.98 49.40	200m: 3:08.67 47.69
11. Ana Luis, RODRIGUES	00	Campinho	3:10.40 353
50m: 43.80 43.80	100m: 1:32.50	48.70 150m: 2:21.82 49.32	200m: 3:10.40 48.58
12. Joana Barros, SOARES	00	Viana Natacao	3:11.13 349
50m: 42.90 42.90	100m: 1:32.22	49.32 150m: 2:22.21 49.99	200m: 3:11.13 48.92
13. Ana Joao, MARTINS	00	Sport Clube de Mirandela	3:11.38 347
50m: 41.24 41.24	100m: 1:28.27	47.03 150m: 2:19.39 51.12	200m: 3:11.38 51.99
14. Marta Santos, PEREIRA	00	Porto	3:11.41 347
50m: 44.32 44.32	100m: 1:33.26	48.94 150m: 2:22.63 49.37	200m: 3:11.41 48.78
15. Helena Neto, COSTA	00	Gespacos	3:11.61 346
50m: 41.69 41.69	100m: 1:30.82	49.13 150m: 2:21.18 50.36	200m: 3:11.61 50.43
16. Cristiana Sofia, RIBEIRO	00	Famalicao	3:14.48 331
50m: 45.43 45.43	100m: 1:34.75	49.32 150m: 2:24.94 50.19	200m: 3:14.48 49.54
17. Rafaela Sofia, MATEUS	00	Nautico de Coimbra	3:15.27 327
<i>FTL</i>			
50m: 44.35 44.35	100m: 1:33.53	49.18 150m: 2:24.22 50.69	200m: 3:15.27 51.05

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 9, Femin., 200m Bruços, Infantis A

Lugar	Ano	Tempo final	Pts
18. Francisca Andrade, BRITO <i>FTL</i>	00 Estamos Juntos	3:15.96	323
50m: 44.39 44.39 100m: 1:33.76 49.37 150m: 2:25.24 51.48 200m: 3:15.96 50.72			
DSQ Ana Rita, CRUZ	00 Gespacos		
<i>410 - O(a) atleta efectuou a recuperação da braçada com os cotovelos fora da água durante o percurso – SW 7.3</i>			

Infantis B

1. Ines Neto, ROCHA	01 Gespacos	2:53.52	466
50m: 38.07 38.07 100m: 1:22.81 44.74 150m: 2:08.93 46.12 200m: 2:53.52 44.59			
2. Joana Victorino, HENRIQUES	01 Condeixa Aqua Clube	2:59.68	420
50m: 38.35 38.35 100m: 1:24.30 45.95 150m: 2:11.93 47.63 200m: 2:59.68 47.75			
3. Beatriz Ribeiro, CUNHA	01 Felgueiras	3:02.09	403
50m: 41.09 41.09 100m: 1:28.32 47.23 150m: 2:16.13 47.81 200m: 3:02.09 45.96			
4. Lara Beatriz, MATOS	01 Famalicao	3:02.13	403
50m: 41.27 41.27 100m: 1:27.66 46.39 150m: 2:14.42 46.76 200m: 3:02.13 47.71			
5. Beatriz Santos, SILVA	01 Porto	3:02.66	399
50m: 41.69 41.69 100m: 1:28.46 46.77 150m: 2:15.52 47.06 200m: 3:02.66 47.14			
6. Sofia Filipa, GONCALVES	01 Leixões Sport Clube	3:07.41	370
50m: 43.77 43.77 100m: 1:31.58 47.81 150m: 2:20.46 48.88 200m: 3:07.41 46.95			
7. Ana Margarida, GONCALVES	01 Fluvial Vilacondense	3:11.04	349
50m: 43.55 43.55 100m: 1:31.84 48.29 150m: 2:21.17 49.33 200m: 3:11.04 49.87			
8. Carolina Ascenso, SANTOS	01 CNMaia	3:12.34	342
50m: 42.63 42.63 100m: 1:32.06 49.43 150m: 2:22.39 50.33 200m: 3:12.34 49.95			
9. Tatiana Sofia, FERREIRA	01 ASSS Columb Cantanhedense	3:12.89	339
50m: 44.12 44.12 100m: 1:32.88 48.76 150m: 2:23.20 50.32 200m: 3:12.89 49.69			
10. Maria Ines, MELO	01 Braga	3:13.74	335
50m: 43.60 43.60 100m: 1:32.80 49.20 150m: 2:22.72 49.92 200m: 3:13.74 51.02			
11. Barbara Vilela, MAGALHAES	01 Porto	3:13.78	334
50m: 43.84 43.84 100m: 1:33.52 49.68 150m: 2:24.55 51.03 200m: 3:13.78 49.23			
12. Maria Joao, SILVA	01 Famalicao	3:13.88	334
50m: 44.80 44.80 100m: 1:33.65 48.85 150m: 2:23.56 49.91 200m: 3:13.88 50.32			
13. Ines Gomes, AZEVEDO	01 Salesiano de Arouca	3:15.91	324
50m: 44.87 44.87 100m: 1:35.55 50.68 150m: 2:26.89 51.34 200m: 3:15.91 49.02			
14. Mariana Cardoso, COSTA	01 CNMaia	3:16.28	322
50m: 43.48 43.48 100m: 1:33.54 50.06 150m: 2:26.30 52.76 200m: 3:16.28 49.98			
15. Maria Ines, POINHO	01 Porto	3:16.34	321
50m: 44.77 44.77 100m: 1:35.00 50.23 150m: 2:25.92 50.92 200m: 3:16.34 50.42			
16. Catarina Teixeira, PINHO	01 Porto	3:16.96	318
50m: 43.39 43.39 100m: 1:33.31 49.92 150m: 2:25.16 51.85 200m: 3:16.96 51.80			
17. Ines Roriz, SOUSA	01 Fluvial Portuense	3:17.64	315
50m: 45.15 45.15 100m: 1:35.28 50.13 150m: 2:26.86 51.58 200m: 3:17.64 50.78			

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 9, Femin., 200m Bruços, Infantis B

Lugar	Ano	Tempo final	Pts
18. Camila Melro, GARCIA	01 Sport Clube de Mirandela	3:18.36	312
50m: 43.08 43.08 100m: 1:33.94 50.86 150m: 2:25.77 51.83 200m: 3:18.36 52.59			
19. Ana Rita, BOTELHO	01 Leixões Sport Clube	3:18.95	309
50m: 46.41 46.41 100m: 1:37.45 51.04 150m: 2:29.04 51.59 200m: 3:18.95 49.91			
20. Maria Luisa, LEGOINHA	01 Fluvial Portuense	3:20.71	301
50m: 45.35 45.35 100m: 1:36.12 50.77 150m: 2:28.22 52.10 200m: 3:20.71 52.49			
21. Beatriz Lobo, FREITAS	01 Vitória Sport Clube	3:21.21	299
50m: 46.71 46.71 100m: 1:38.28 51.57 150m: 2:30.17 51.89 200m: 3:21.21 51.04			
22. Maria Carolina, RODRIGUES FTL	01 Vitória Sport Clube	3:22.27	294
50m: 47.17 47.17 100m: 1:39.52 52.35 150m: 2:30.59 51.07 200m: 3:22.27 51.68			
23. Ines Goncalves, REIS FTL	01 CNMaia	3:22.30	294
50m: 47.70 47.70 100m: 1:39.30 51.60 150m: 2:31.47 52.17 200m: 3:22.30 50.83			
24. Leonor Antunes, MALTA FTL	01 Clube Natacao de Vagos	3:26.38	277
50m: 47.60 47.60 100m: 1:39.74 52.14 150m: 2:32.86 53.12 200m: 3:26.38 53.52			
DSQ Ines Carneiro, PINTO	01 Gespacos		
<i>421 - O(a) atleta tocou com uma mão na parede na viragem aos 175 metros – SW 7.6</i>			

Prova 10
16-03-2013 - 11:00

Masc., 200m Costas

Infantis
Resultados

Recordes Nacionais 25m Absoluto	1:53.06	Pedro Diogo, OLIVEIRA	FPN	Chartres (FRA)	22-11-2012
Recordes Nacionais 25m Inf B	2:17.85	Andre Vilas, RUIVO	DNMG	Alcobaça	19-01-2013
Recordes Nacionais 25m Inf A	2:09.17	Joao Alexandre, VITAL	ADRCIMM	Algés	29-06-2012

TAC Zonais 2013 Inf A Masc Inf A: 2:36.00 / TAC Zonais 2013 Inf B Masc Inf B: 2:45.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Gabriel Levi, GOMES	99 ASSS Columb Cantanhedense	2:17.22	462
50m: 32.20 32.20 100m: 1:05.94 33.74 150m: 1:41.78 35.84 200m: 2:17.22 35.44			
2. Mateus Ribeiro, CARVALHO	99 Famalicao	2:20.84	427
50m: 33.17 33.17 100m: 1:08.70 35.53 150m: 1:44.55 35.85 200m: 2:20.84 36.29			
3. Nuno Henrique, GUIMARAES	99 Valongo	2:20.96	426
50m: 32.85 32.85 100m: 1:08.15 35.30 150m: 1:44.77 36.62 200m: 2:20.96 36.19			
4. Daniel Queiros, CRUZ	99 CNMaia	2:24.81	393
50m: 34.14 34.14 100m: 1:11.07 36.93 150m: 1:48.27 37.20 200m: 2:24.81 36.54			
5. Gabriel Filipe, PEREIRA	99 Lamas	2:25.35	389
50m: 33.68 33.68 100m: 1:10.86 37.18 150m: 1:47.98 37.12 200m: 2:25.35 37.37			
6. Joao Silva, COSTA	99 CNMaia	2:26.28	381
50m: 33.19 33.19 100m: 1:10.45 37.26 150m: 1:48.93 38.48 200m: 2:26.28 37.35			

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 10, Masc., 200m Costas, Infantis A

Lugar	Ano	Tempo final	Pts
7. Pedro Miguel, FERNANDES 50m: 33.87 33.87 100m: 1:11.27	99 Vitória Sport Clube	2:27.45	372
8. Andre Martins, PALHINHA 50m: 33.91 33.91 100m: 1:10.75	99 Galitos	2:28.32	366
9. Vasco Capela, TAVARES 50m: 34.63 34.63 100m: 1:12.62	99 Sporting Clube de Espinho	2:28.46	365
10. Gabriel Vidal, CARVALHO 50m: 35.52 35.52 100m: 1:13.04	99 Galitos	2:28.58	364
11. Joao Pedro, GOMES 50m: 35.22 35.22 100m: 1:12.92	99 Miranda do Corvo	2:29.74	355
12. Jose Ricardo, RIBEIRO 50m: 36.17 36.17 100m: 1:14.13	99 Porto	2:30.52	350
13. Hugo Edgar, MIRANDA 50m: 35.62 35.62 100m: 1:14.52	99 Escola Desportiva de Viana	2:30.89	347
Joao Gabriel, MELO 50m: 34.62 34.62 100m: 1:12.59	99 Sport Algés e Águeda	2:30.89	347
15. Tiago Silva, SOARES 50m: 34.78 34.78 100m: 1:12.76	99 Porto	2:31.19	345
16. Alexandre Santos, MESQUITA 50m: 36.98 36.98 100m: 1:16.89	99 Junta de Freguesia de Paiao	2:34.70	322
17. Afonso Ribeiro, COUTO 50m: 36.61 36.61 100m: 1:16.03	99 CNMaia	2:35.01	320
18. Jose Paulo, GOMES 50m: 36.11 36.11 100m: 1:15.80	99 Felgueiras	2:35.32	318
19. Diogo Henrique, CAMACHO FTL 50m: 37.55 37.55 100m: 1:20.09	99 Estamos Juntos	2:45.27	264
		42.18	

Infantis B

1. Jorge Jesus, SILVA 50m: 33.04 33.04 100m: 1:09.09	00 Braga	2:24.32	397
2. Hugo Gabriel, MORAIS 50m: 34.27 34.27 100m: 1:11.10	00 Famalicao	2:25.34	389
3. Francisco Neto, MOREIRA 50m: 35.44 35.44 100m: 1:13.01	00 Gespacos	2:29.89	354
4. Daniel Pereira, SILVA 50m: 34.69 34.69 100m: 1:13.52	00 Famalicao	2:31.37	344
5. Joao Miguel, NUNES 50m: 35.82 35.82 100m: 1:14.19	00 Gespacos	2:32.00	340
6. Nuno Correia, SOUSA 50m: 35.94 35.94 100m: 1:14.93	00 Porto	2:33.26	331
		38.75	

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 10, Masc., 200m Costas, Infantis B

Lugar	Ano	Tempo final	Pts
7. Duarte Rodrigues, BRAZ	00 Miranda do Corvo	2:34.71	322
50m: 37.29 37.29	100m: 1:16.82 39.53	150m: 1:57.14 40.32	200m: 2:34.71 37.57
8. Pedro Miguel, MARQUES	00 Famalicao	2:35.27	319
50m: 36.72 36.72	100m: 1:15.57 38.85	150m: 1:55.51 39.94	200m: 2:35.27 39.76
9. Jose Paulo, LOPES	00 Braga	2:35.32	318
50m: 36.07 36.07	100m: 1:15.60 39.53	150m: 1:55.73 40.13	200m: 2:35.32 39.59
10. Lucas Pereira, BASTOS	00 Nautico de Coimbra	2:35.53	317
50m: 36.24 36.24	100m: 1:15.91 39.67	150m: 1:56.59 40.68	200m: 2:35.53 38.94
11. Rogerio Jose, MACHADO	00 Famalicao	2:36.80	309
50m: 37.09 37.09	100m: 1:16.68 39.59	150m: 1:56.83 40.15	200m: 2:36.80 39.97
12. Dany Pedro, CAILLE	00 Braga	2:37.95	303
50m: 36.97 36.97	100m: 1:17.92 40.95	150m: 1:59.75 41.83	200m: 2:37.95 38.20
13. Sergio Eduardo, DIAS	00 Gespacos	2:37.99	302
50m: 37.72 37.72	100m: 1:19.02 41.30	150m: 1:58.62 39.60	200m: 2:37.99 39.37
14. Rafael Gomes, SIMOES	00 Desportos Barcelos	2:38.03	302
50m: 37.01 37.01	100m: 1:18.07 41.06	150m: 1:58.98 40.91	200m: 2:38.03 39.05
Ivo Manuel, DIAS	00 Felgueiras	2:38.03	302
50m: 37.54 37.54	100m: 1:18.63 41.09	150m: 1:59.56 40.93	200m: 2:38.03 38.47
16. Pedro Correia, SILVA	00 Gespacos	2:38.67	299
50m: 36.52 36.52	100m: 1:16.99 40.47	150m: 1:59.15 42.16	200m: 2:38.67 39.52
17. Daniel Jose, DUARTE	00 Leixões Sport Clube	2:38.90	297
50m: 36.31 36.31	100m: 1:16.57 40.26	150m: 1:58.11 41.54	200m: 2:38.90 40.79
18. Pedro Guilherme, FERREIRA	00 Miranda do Corvo	2:39.13	296
50m: 37.79 37.79	100m: 1:17.69 39.90	150m: 1:58.35 40.66	200m: 2:39.13 40.78
19. Francisco Joao, PIRES	00 Sport Clube de Mirandela	2:40.39	289
50m: 37.03 37.03	100m: 1:18.07 41.04	150m: 2:00.17 42.10	200m: 2:40.39 40.22
20. Nuno Filipe, FERREIRA	00 Felgueiras	2:40.62	288
50m: 37.75 37.75	100m: 1:18.23 40.48	150m: 1:59.69 41.46	200m: 2:40.62 40.93
21. Rui Alexandre, RAMOS	00 Porto	2:41.35	284
50m: 38.14 38.14	100m: 1:18.42 40.28	150m: 2:00.23 41.81	200m: 2:41.35 41.12
22. Diogo Oliveira, ANDRADE	00 Estamos Juntos	2:41.52	283
50m: 36.89 36.89	100m: 1:17.73 40.84	150m: 2:00.66 42.93	200m: 2:41.52 40.86
23. Bernardo Francesco, BARRETO	00 Galitos	2:42.28	279
50m: 37.01 37.01	100m: 1:17.77 40.76	150m: 2:00.23 42.46	200m: 2:42.28 42.05
24. Nuno Filipe, LEITE	00 Felgueiras	2:42.58	278
50m: 37.52 37.52	100m: 1:18.79 41.27	150m: 2:01.38 42.59	200m: 2:42.58 41.20
25. Ricardo Jorge, TEIXEIRA	00 CNMaia	2:42.66	277
50m: 37.85 37.85	100m: 1:19.05 41.20	150m: 2:01.02 41.97	200m: 2:42.66 41.64
26. Manuel Machado, CACADOR	00 Sport Clube de Mirandela	2:44.30	269
50m: 37.08 37.08	100m: 1:19.66 42.58	150m: 2:03.96 44.30	200m: 2:44.30 40.34
27. Hugo Filipe, ALMEIDA	00 Clube Vouzela	2:44.39	268
50m: 37.46 37.46	100m: 1:19.43 41.97	150m: 2:02.74 43.31	200m: 2:44.39 41.65

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 10, Masc., 200m Costas, Infantis B

Lugar	Ano	Tempo final	Pts
28. Andrei Iulian, ZINCA	00 Gafanha da Encarnacao	2:44.97	266
50m: 38.06 38.06 100m: 1:19.46 41.40 150m: 2:02.78 43.32 200m: 2:44.97 42.19			
29. Luis Miguel, REBELO	00 Fluvial Vilacondense	2:45.11	265
FTL 50m: 37.84 37.84 100m: 1:20.21 42.37 150m: 2:03.61 43.40 200m: 2:45.11 41.50			
30. Pedro Bernardo, ARAUJO	00 Académica de Coimbra	2:45.40	264
FTL 50m: 38.54 38.54 100m: 1:20.74 42.20 150m: 2:04.16 43.42 200m: 2:45.40 41.24			
31. Francisco Alberto, LUCAS	00 Académica de Coimbra	2:45.49	263
FTL 50m: 38.78 38.78 100m: 1:21.33 42.55 150m: 2:04.35 43.02 200m: 2:45.49 41.14			
32. Vasco Mimoso, LUIS	00 Académica de Coimbra	2:45.82	262
FTL 50m: 38.74 38.74 100m: 1:20.89 42.15 150m: 2:04.34 43.45 200m: 2:45.82 41.48			
WDR Joao Pereira, TINOCO	00 Famalicao		
EXH Koen, WEUSTINK	00 Ginasio de Vila Real	2:25.58	387
50m: 33.74 33.74 100m: 1:09.91 36.17 150m: 1:47.64 37.73 200m: 2:25.58 37.94			

Prova 11

Femin., 200m Estilos

Infantis

16-03-2013 - 11:25

Resultados

Recordes Nacionais 25m Absoluto	2:14.28	Victoria, KAMINSKAYA	PIMP	Porto	08-12-2012
Recordes Nacionais 25m Inf B	2:30.96	Filipa Vilas, RUIVO	DNMG	Alcobaça	13-06-2009
Recordes Nacionais 25m Inf A	2:25.08	Ines Camacho, FERNANDES	SCP	Tavira	06-03-2010

TAC Zonais 2013 Inf A Fem Inf A: 2:52.00 / TAC Zonais 2013 Inf B Fem Inf B: 3:00.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Maria Francisca, CABRAL	00 Porto	2:31.22	559
50m: 33.21 33.21 100m: 1:11.58 38.37 150m: 1:57.13 45.55 200m: 2:31.22 34.09			
2. Teresa Miguel, VELOSO	00 Nautico de Coimbra	2:31.90	551
50m: 33.27 33.27 100m: 1:12.68 39.41 150m: 1:56.84 44.16 200m: 2:31.90 35.06			
3. Alexandra Jesus, SANTOS	00 Leixões Sport Clube	2:39.06	480
50m: 33.94 33.94 100m: 1:13.41 39.47 150m: 2:03.18 49.77 200m: 2:39.06 35.88			
4. Ana Rita, CRUZ	00 Gespacos	2:42.46	451
50m: 35.80 35.80 100m: 1:17.67 41.87 150m: 2:05.71 48.04 200m: 2:42.46 36.75			
5. Cristiana Sofia, RIBEIRO	00 Famalicao	2:43.69	441
50m: 35.33 35.33 100m: 1:20.18 44.85 150m: 2:08.24 48.06 200m: 2:43.69 35.45			
6. Ana Ines, FERNANDES	00 Vitória Sport Clube	2:44.00	438
50m: 35.71 35.71 100m: 1:19.34 43.63 150m: 2:07.36 48.02 200m: 2:44.00 36.64			
7. Rita Goncalves, MARIEIRO	00 Galitos	2:44.52	434
50m: 35.77 35.77 100m: 1:16.37 40.60 150m: 2:08.51 52.14 200m: 2:44.52 36.01			

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 11, Femin., 200m Estilos, Infantis A

Lugar	Ano	Tempo final	Pts
8. Raquel Leao, MONTEIRO	00 Gespacos	2:44.66	433
50m: 36.11 36.11 100m: 1:19.96 43.85 150m: 2:07.45 47.49 200m: 2:44.66 37.21			
9. Daniela Domingues, SOUSA	00 Valongo	2:44.74	432
50m: 33.97 33.97 100m: 1:15.68 41.71 150m: 2:06.81 51.13 200m: 2:44.74 37.93			
10. Ana Carolina, NEVES	00 Académica de Coimbra	2:46.69	417
50m: 34.95 34.95 100m: 1:17.66 42.71 150m: 2:08.27 50.61 200m: 2:46.69 38.42			
11. Mariana Paula, BAPTISTA	00 Famalicao	2:47.12	414
50m: 38.63 38.63 100m: 1:19.99 41.36 150m: 2:08.26 48.27 200m: 2:47.12 38.86			
12. Maria Joao, SOUSA	00 Sporting Clube de Espinho	2:48.65	403
50m: 36.89 36.89 100m: 1:21.77 44.88 150m: 2:09.47 47.70 200m: 2:48.65 39.18			
13. Ana Francisca, SENRA	00 Desportos Barcelos	2:49.50	397
50m: 36.15 36.15 100m: 1:18.55 42.40 150m: 2:11.46 52.91 200m: 2:49.50 38.04			
14. Eliana Dirce, LOURENCO	00 Galitos	2:50.32	391
50m: 35.80 35.80 100m: 1:20.42 44.62 150m: 2:11.94 51.52 200m: 2:50.32 38.38			
15. Beatriz Costa, GONCALVES	00 Desportos Barcelos	2:50.61	389
50m: 39.63 39.63 100m: 1:23.21 43.58 150m: 2:12.13 48.92 200m: 2:50.61 38.48			
16. Sofia Campos, COSTA	00 Vigor da Mocidade	2:51.31	384
50m: 36.79 36.79 100m: 1:20.59 43.80 150m: 2:12.89 52.30 200m: 2:51.31 38.42			
17. Natalia Matos, CUNHA	00 Assoc. Desportiva de Fafe	2:51.38	384
50m: 36.98 36.98 100m: 1:18.81 41.83 150m: 2:12.17 53.36 200m: 2:51.38 39.21			
18. Rita Correia, ALBERGUEIRO	00 Estamos Juntos	2:51.41	384
50m: 37.09 37.09 100m: 1:19.78 42.69 150m: 2:11.64 51.86 200m: 2:51.41 39.77			
19. Ana Cristina, AFONSO	00 Viana Natacao	2:52.11	379
<i>FTL</i> 50m: 41.09 41.09 100m: 1:22.55 41.46 150m: 2:15.03 52.48 200m: 2:52.11 37.08			
20. Joana Barros, SOARES	00 Viana Natacao	2:53.13	372
<i>FTL</i> 50m: 37.94 37.94 100m: 1:23.65 45.71 150m: 2:12.61 48.96 200m: 2:53.13 40.52			
21. Helena Neto, COSTA	00 Gespacos	2:55.72	356
<i>FTL</i> 50m: 37.36 37.36 100m: 1:22.56 45.20 150m: 2:14.75 52.19 200m: 2:55.72 40.97			
DSQ Adriana Azevedo, COUTO	00 Famalicao		
<i>308 - O(a) atleta não chegou na posição dorsal – SW 6.5</i>			
DSQ Adriana Marisa, FIGUEIREDO	00 Famalicao		
<i>421 - O(a) atleta tocou com uma mão na parede na viragem aos 125 metros – SW 7.6</i>			

Prova 11, Femin., 200m Estilos

Infantis B

1.	Ines Neto, ROCHA	01	Gespacos	2:38.63	484
	50m: 33.76 33.76	100m: 1:15.55	41.79 150m: 2:02.12 46.57	200m: 2:38.63	36.51
2.	Ana Margarida, GUEDES	01	Ginasio de Vila Real	2:38.66	484
	50m: 32.99 32.99	100m: 1:12.82	39.83 150m: 2:01.85 49.03	200m: 2:38.66	36.81
3.	Sara Sofia, ALVES	01	ASSS Columb Cantanhedense	2:42.22	453
	50m: 34.21 34.21	100m: 1:15.61	41.40 150m: 2:05.12 49.51	200m: 2:42.22	37.10
4.	Teresa Isabel, GRANJEIA	01	Galitos	2:43.91	439
	50m: 37.63 37.63	100m: 1:17.86	40.23 150m: 2:06.70 48.84	200m: 2:43.91	37.21
5.	Catarina Leao, COSTA	01	Gespacos	2:44.94	431
	50m: 34.36 34.36	100m: 1:14.54	40.18 150m: 2:07.67 53.13	200m: 2:44.94	37.27
6.	Lara Beatriz, MATOS	01	Famalicao	2:48.88	401
	50m: 38.16 38.16	100m: 1:21.40	43.24 150m: 2:09.77 48.37	200m: 2:48.88	39.11
7.	Maria Esteves, MARTINS	01	Galitos	2:48.90	401
	50m: 36.67 36.67	100m: 1:19.10	42.43 150m: 2:12.18 53.08	200m: 2:48.90	36.72
8.	Sofia Filipa, GONCALVES	01	Leixões Sport Clube	2:50.94	387
	50m: 37.99 37.99	100m: 1:25.19	47.20 150m: 2:12.95 47.76	200m: 2:50.94	37.99
9.	Barbara Vilela, MAGALHAES	01	Porto	2:51.62	382
	50m: 37.73 37.73	100m: 1:23.02	45.29 150m: 2:12.59 49.57	200m: 2:51.62	39.03
10.	Jessica Goncalves, VILACA	01	Braga	2:52.50	376
	50m: 39.32 39.32	100m: 1:21.17	41.85 150m: 2:13.12 51.95	200m: 2:52.50	39.38
11.	Carolina Ascenso, SANTOS	01	CNMaia	2:53.92	367
	50m: 40.43 40.43	100m: 1:24.44	44.01 150m: 2:13.71 49.27	200m: 2:53.92	40.21
12.	Beatriz Reis, FONSECA	01	Estamos Juntos	2:55.29	359
	50m: 38.08 38.08	100m: 1:21.85	43.77 150m: 2:15.54 53.69	200m: 2:55.29	39.75
13.	Beatriz Rodrigues, OLIVEIRA	01	Assoc. Desportiva de Fafe	2:55.49	357
	50m: 36.33 36.33	100m: 1:21.63	45.30 150m: 2:14.52 52.89	200m: 2:55.49	40.97
14.	Maria Nogueira, CARVALHO	01	Assoc. Desportiva de Fafe	2:57.62	345
	50m: 39.92 39.92	100m: 1:24.80	44.88 150m: 2:19.03 54.23	200m: 2:57.62	38.59
15.	Sara Sofia, MIRANDA	01	Braga	2:57.81	344
	50m: 39.82 39.82	100m: 1:27.39	47.57 150m: 2:18.65 51.26	200m: 2:57.81	39.16
16.	Mariana Cardoso, COSTA	01	CNMaia	2:58.19	341
	50m: 39.87 39.87	100m: 1:27.26	47.39 150m: 2:18.04 50.78	200m: 2:58.19	40.15
17.	Ines Araujo, MARTINS	01	Famalicao	2:58.26	341
	50m: 38.99 38.99	100m: 1:23.76	44.77 150m: 2:17.48 53.72	200m: 2:58.26	40.78
18.	Julia Albuquerque, FRAGA	01	Gespacos	2:59.16	336
	50m: 37.73 37.73	100m: 1:23.60	45.87 150m: 2:17.33 53.73	200m: 2:59.16	41.83
19.	Maria Ines, MELO	01	Braga	3:00.58	328
	<i>FTL</i> 50m: 46.00 46.00	100m: 1:30.90	44.90 150m: 2:21.59 50.69	200m: 3:00.58	38.99
20.	Ana Rita, BOTELHO	01	Leixões Sport Clube	3:05.36	303
	<i>FTL</i> 50m: 45.60 45.60	100m: 1:31.70	46.10 150m: 2:24.62 52.92	200m: 3:05.36	40.74

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3 - 2ª Jornada - 2ª Sessão

16-03-2013 - 16:00

Prova 12	Masc., 200m Livres				Infantis
16-03-2013 - 16:00					Resultados
Recordes Nacionais 25m Absoluto	1:45.69	Diogo Filipe, CARVALHO	CGA	S. Ant�nio Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	2:04.75	Joao Magalhaes, NUNES	CNA	Alg�s	30-06-2012
Recordes Nacionais 25m Inf A	1:58.99	Pedro Fontoura, OLIVEIRA	CFB	Cova da Piedade	10-06-2004
TAC Zonais 2013 Inf A Masc Inf A: 2:20.20 / TAC Zonais 2013 Inf B Masc Inf B: 2:26.50					

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Rui Jorge, MATIAS	99	2:04.12	513
50m: 29.13 29.13 100m: 1:00.86 31.73 150m: 1:33.25 32.39 200m: 2:04.12 30.87			
2. Jose Pedro, FERNANDES	99	2:04.24	511
50m: 28.70 28.70 100m: 1:00.82 32.12 150m: 1:33.17 32.35 200m: 2:04.24 31.07			
3. Ricardo Jorge, CARVALHO	99	2:08.25	465
50m: 30.13 30.13 100m: 1:02.80 32.67 150m: 1:35.56 32.76 200m: 2:08.25 32.69			
4. Nuno Filipe, COSTA	99	2:09.59	450
50m: 30.51 30.51 100m: 1:03.73 33.22 150m: 1:37.34 33.61 200m: 2:09.59 32.25			
5. Andre Martins, PALHINHA	99	2:10.28	443
50m: 29.66 29.66 100m: 1:02.41 32.75 150m: 1:35.93 33.52 200m: 2:10.28 34.35			
6. Francisco Oliveira, FERREIRA	99	2:10.33	443
50m: 29.76 29.76 100m: 1:02.73 32.97 150m: 1:37.28 34.55 200m: 2:10.33 33.05			
7. Nuno Henrique, GUIMARAES	99	2:10.68	439
50m: 30.15 30.15 100m: 1:03.22 33.07 150m: 1:38.00 34.78 200m: 2:10.68 32.68			
8. Joao Paulo, CORREIA	99	2:11.15	434
50m: 28.79 28.79 100m: 1:01.23 32.44 150m: 1:36.12 34.89 200m: 2:11.15 35.03			
9. Pedro Miguel, FERNANDES	99	2:11.72	429
50m: 29.99 29.99 100m: 1:03.84 33.85 150m: 1:38.26 34.42 200m: 2:11.72 33.46			
10. Gabriel Filipe, PEREIRA	99	2:12.38	422
50m: 30.12 30.12 100m: 1:03.96 33.84 150m: 1:38.61 34.65 200m: 2:12.38 33.77			
11. Pedro Henrique, PIRES	99	2:12.40	422
50m: 30.59 30.59 100m: 1:04.03 33.44 150m: 1:39.15 35.12 200m: 2:12.40 33.25			
12. Joao Francisco, MACHADO	99	2:12.65	420
50m: 30.69 30.69 100m: 1:04.99 34.30 150m: 1:39.54 34.55 200m: 2:12.65 33.11			
13. Leonardo Jose, SILVA	99	2:12.85	418
50m: 31.04 31.04 100m: 1:04.58 33.54 150m: 1:39.20 34.62 200m: 2:12.85 33.65			
14. Joao Gabriel, MELO	99	2:14.07	407
50m: 31.07 31.07 100m: 1:05.36 34.29 150m: 1:40.54 35.18 200m: 2:14.07 33.53			
15. Francisco Jorge, RODRIGUES	99	2:14.09	406
50m: 31.19 31.19 100m: 1:05.78 34.59 150m: 1:40.69 34.91 200m: 2:14.09 33.40			
16. Ricardo Andre, PINTO	99	2:14.59	402
50m: 30.78 30.78 100m: 1:05.30 34.52 150m: 1:40.47 35.17 200m: 2:14.59 34.12			

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 12, Masc., 200m Livres, Infantis A

Lugar	Ano	Tempo final	Pts
17. Andre Freitas, GUAL	99 Estamos Juntos	2:14.96	399
50m: 30.91 30.91 100m: 1:05.12 34.21 150m: 1:40.63 35.51 200m: 2:14.96 34.33			
18. Joao Pedro, GOMES	99 Miranda do Corvo	2:15.00	398
50m: 31.58 31.58 100m: 1:05.92 34.34 150m: 1:40.70 34.78 200m: 2:15.00 34.30			
19. Joao Silva, COSTA	99 CNMaia	2:15.23	396
50m: 30.06 30.06 100m: 1:04.65 34.59 150m: 1:40.55 35.90 200m: 2:15.23 34.68			
20. Diogo Paulo, BAPTISTA	99 Famalicao	2:15.27	396
50m: 30.55 30.55 100m: 1:05.19 34.64 150m: 1:40.66 35.47 200m: 2:15.27 34.61			
21. Tiago Silva, SOARES	99 Porto	2:16.05	389
50m: 31.13 31.13 100m: 1:05.99 34.86 150m: 1:41.44 35.45 200m: 2:16.05 34.61			
22. Diogo Henrique, CAMACHO	99 Estamos Juntos	2:16.79	383
50m: 30.02 30.02 100m: 1:03.81 33.79 150m: 1:40.12 36.31 200m: 2:16.79 36.67			
23. Afonso Ribeiro, COUTO	99 CNMaia	2:17.68	375
50m: 32.23 32.23 100m: 1:07.11 34.88 150m: 1:43.07 35.96 200m: 2:17.68 34.61			
24. Tiago Andre, OLIVEIRA	99 Vitória Sport Clube	2:17.79	375
50m: 30.69 30.69 100m: 1:04.70 34.01 150m: 1:41.46 36.76 200m: 2:17.79 36.33			
25. Diogo Alexandre, COSTA	99 ASSS Columb Cantanhedense	2:17.94	373
50m: 32.19 32.19 100m: 1:07.65 35.46 150m: 1:43.49 35.84 200m: 2:17.94 34.45			
26. Jose Nuno, MENDES	99 Braga	2:18.18	371
50m: 30.45 30.45 100m: 1:05.74 35.29 150m: 1:43.05 37.31 200m: 2:18.18 35.13			
27. Hugo Edgar, MIRANDA	99 Escola Desportiva de Viana	2:18.35	370
50m: 31.32 31.32 100m: 1:06.98 35.66 150m: 1:43.51 36.53 200m: 2:18.35 34.84			
28. Jose Rafael, MATIAS	99 Ginasio de Vila Real	2:18.65	368
50m: 32.91 32.91 100m: 1:08.62 35.71 150m: 1:44.47 35.85 200m: 2:18.65 34.18			
29. Paulo Filipe, ALMEIDA	99 Estamos Juntos	2:18.90	366
50m: 32.14 32.14 100m: 1:08.02 35.88 150m: 1:44.53 36.51 200m: 2:18.90 34.37			
30. Vasco Capela, TAVARES	99 Sporting Clube de Espinho	2:18.96	365
50m: 31.74 31.74 100m: 1:07.36 35.62 150m: 1:43.93 36.57 200m: 2:18.96 35.03			
31. Joao Francisco, SANTOS	99 Viana Natacao	2:19.88	358
50m: 30.53 30.53 100m: 1:05.76 35.23 150m: 1:43.56 37.80 200m: 2:19.88 36.32			
32. Luis Filipe, CALCADA FTL	99 Escola Desportiva de Viana	2:20.22	355
50m: 32.34 32.34 100m: 1:07.75 35.41 150m: 1:44.27 36.52 200m: 2:20.22 35.95			
33. Albino David, ALMEIDA FTL	99 O Crasto	2:20.50	353
50m: 32.66 32.66 100m: 1:08.86 36.20 150m: 1:46.28 37.42 200m: 2:20.50 34.22			
34. Elmano Madail, COSTA FTL	99 Vitória Sport Clube	2:27.44	306
50m: 33.34 33.34 100m: 1:10.55 37.21 150m: 1:48.70 38.15 200m: 2:27.44 38.74			
WDR Goncalo Oliveira, CABRAL	99 Leixões Sport Clube		

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 12, Masc., 200m Livres

Infantis B

1.	Jose Pedro, FREITAS	00	AquaBrito	2:10.96	436
	50m: 28.94 28.94	100m: 1:01.88	32.94 150m: 1:36.23 34.35	200m: 2:10.96	34.73
2.	Miguel Angelo, SANTOS	00	Famalicao	2:11.01	436
	50m: 30.17 30.17	100m: 1:03.24	33.07 150m: 1:37.62 34.38	200m: 2:11.01	33.39
3.	Diogo Barbosa, NUNES	00	Fluvial Portuense	2:16.15	388
	50m: 31.36 31.36	100m: 1:04.98	33.62 150m: 1:40.56 35.58	200m: 2:16.15	35.59
4.	Daniel Jose, DUARTE	00	Leixões Sport Clube	2:16.21	388
	50m: 31.59 31.59	100m: 1:06.61	35.02 150m: 1:43.05 36.44	200m: 2:16.21	33.16
5.	Nuno Correia, SOUSA	00	Porto	2:17.19	380
	50m: 31.97 31.97	100m: 1:07.40	35.43 150m: 1:43.32 35.92	200m: 2:17.19	33.87
6.	Joao Miguel, NUNES	00	Gespacos	2:17.90	374
	50m: 31.45 31.45	100m: 1:06.19	34.74 150m: 1:42.63 36.44	200m: 2:17.90	35.27
7.	Rafael Gomes, SIMOES	00	Desportos Barcelos	2:18.22	371
	50m: 31.89 31.89	100m: 1:07.57	35.68 150m: 1:43.85 36.28	200m: 2:18.22	34.37
8.	Miguel Diogo, AGOSTINHO	00	Fundacao Beatriz Santos	2:19.23	363
	50m: 31.72 31.72	100m: 1:06.96	35.24 150m: 1:43.10 36.14	200m: 2:19.23	36.13
9.	Sergio Eduardo, DIAS	00	Gespacos	2:19.33	362
	50m: 32.40 32.40	100m: 1:08.82	36.42 150m: 1:44.32 35.50	200m: 2:19.33	35.01
10.	Dany Pedro, CAILLE	00	Braga	2:19.36	362
	50m: 32.00 32.00	100m: 1:07.73	35.73 150m: 1:44.46 36.73	200m: 2:19.36	34.90
11.	Lucas Pereira, BASTOS	00	Nautico de Coimbra	2:19.73	359
	50m: 31.58 31.58	100m: 1:07.42	35.84 150m: 1:44.36 36.94	200m: 2:19.73	35.37
12.	Joao Tiago, RAINHO	00	Galitos	2:19.94	358
	50m: 31.76 31.76	100m: 1:07.13	35.37 150m: 1:43.93 36.80	200m: 2:19.94	36.01
13.	Joao Baptista, MARQUES	00	Nautico de Coimbra	2:19.99	357
	50m: 31.46 31.46	100m: 1:06.69	35.23 150m: 1:43.77 37.08	200m: 2:19.99	36.22
14.	Goncalo Santos, OLIVEIRA	00	Viana Natacao	2:20.50	353
	50m: 31.39 31.39	100m: 1:06.91	35.52 150m: 1:44.21 37.30	200m: 2:20.50	36.29
15.	Rogério Jose, MACHADO	00	Famalicao	2:21.19	348
	50m: 32.63 32.63	100m: 1:08.63	36.00 150m: 1:45.28 36.65	200m: 2:21.19	35.91
16.	Diogo Pratas, MAIA	00	ASSS Columb Cantanhedense	2:22.32	340
	50m: 32.31 32.31	100m: 1:09.19	36.88 150m: 1:46.06 36.87	200m: 2:22.32	36.26
17.	David Coelho, SILVA	00	Nautico de Coimbra	2:24.42	325
	50m: 31.98 31.98	100m: 1:08.50	36.52 150m: 1:46.88 38.38	200m: 2:24.42	37.54
18.	Tiago Filipe, TEIXEIRA	00	Felgueiras	2:24.59	324
	50m: 32.13 32.13	100m: 1:07.99	35.86 150m: 1:45.94 37.95	200m: 2:24.59	38.65
19.	Francisco Alberto, LUCAS	00	Académica de Coimbra	2:24.72	323
	50m: 32.51 32.51	100m: 1:09.54	37.03 150m: 1:47.59 38.05	200m: 2:24.72	37.13
20.	Hugo Filipe, ALMEIDA	00	Clube Vouzela	2:28.87	297
	<i>FTL</i>				
	50m: 32.99 32.99	100m: 1:11.15	38.16 150m: 1:50.28 39.13	200m: 2:28.87	38.59

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 12, Masc., 200m Livres, Infantis B

Lugar	Ano	Tempo final	Pts
WDR Joao Pereira, TINOCO	00 Famalicao		

Prova 13

Femin., 100m Livres

Infantis

16-03-2013 - 16:20

Resultados

Recordes Nacionais 25m Absoluto	55.43	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	1:01.63	Ines Camacho, FERNANDES	SCP	Lisboa	05-04-2009
Recordes Nacionais 25m Inf A	59.20	Ines Camacho, FERNANDES	SCP	Tavira	07-03-2010

TAC Zonais 2013 Inf A Fem Inf A: 1:10.00 / TAC Zonais 2013 Inf B Fem Inf B: 1:13.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Ana Rita, FARIA	00 Porto	1:04.04	505
50m: 31.49 31.49	100m: 1:04.04	32.55	
2. Teresa Miguel, VELOSO	00 Nautico de Coimbra	1:04.53	493
50m: 31.56 31.56	100m: 1:04.53	32.97	
3. Mariana Santos, FERREIRA	00 Miranda do Corvo	1:05.03	482
50m: 31.71 31.71	100m: 1:05.03	33.32	
4. Rita Goncalves, MARIEIRO	00 Galitos	1:05.08	481
50m: 31.53 31.53	100m: 1:05.08	33.55	
5. Maria Ines, FERREIRA	00 Miranda do Corvo	1:05.58	470
50m: 31.79 31.79	100m: 1:05.58	33.79	
6. Ana Ines, FERNANDES	00 Vitória Sport Clube	1:05.82	465
50m: 32.07 32.07	100m: 1:05.82	33.75	
7. Sara Vitoria, RAMOS	00 Porto	1:05.86	464
50m: 31.36 31.36	100m: 1:05.86	34.50	
8. Adriana Azevedo, COUTO	00 Famalicao	1:06.56	450
50m: 31.95 31.95	100m: 1:06.56	34.61	
9. Adriana Marisa, FIGUEIREDO	00 Famalicao	1:06.66	448
50m: 32.05 32.05	100m: 1:06.66	34.61	
10. Ana Francisca, SENRA	00 Desportos Barcelos	1:07.52	431
50m: 32.13 32.13	100m: 1:07.52	35.39	
11. Ana Carolina, NEVES	00 Académica de Coimbra	1:07.86	424
50m: 32.29 32.29	100m: 1:07.86	35.57	
12. Joana Martins, PEREIRA	00 Porto	1:07.97	422
50m: 32.92 32.92	100m: 1:07.97	35.05	
13. Iara Mesquita, COSTA	00 Junta de Freguesia de Paiao	1:08.02	421
50m: 33.05 33.05	100m: 1:08.02	34.97	
14. Maria Joao, SOUSA	00 Sporting Clube de Espinho	1:08.20	418
50m: 32.87 32.87	100m: 1:08.20	35.33	
15. Ines Rosado, MONTEIRO	00 Clube Natacao de Vagos	1:08.55	412
50m: 33.42 33.42	100m: 1:08.55	35.13	

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 13, Femin., 100m Livres, Infantis A

Lugar	Ano	Tempo final	Pts
16. Rita Baptista, CABRAL 50m: 32.16 32.16 100m: 1:08.58	00	Ginasio de Vila Real 36.42	1:08.58 411
17. Margarete Leandro, FERNANDES 50m: 33.37 33.37 100m: 1:08.60	00	Miranda do Corvo 35.23	1:08.60 411
18. Maria Leonor, VALENTE 50m: 33.32 33.32 100m: 1:08.62	00	Fluvial Portuense 35.30	1:08.62 410
19. Joana Francisca, COSTA 50m: 32.94 32.94 100m: 1:08.64	00	Felgueiras 35.70	1:08.64 410
20. Francisca Azevedo, DOURADO 50m: 33.25 33.25 100m: 1:08.72	00	Fluvial Vilacondense 35.47	1:08.72 408
21. Maria Joao, ROCHA 50m: 33.46 33.46 100m: 1:08.75	00	Estamos Juntos 35.29	1:08.75 408
22. Rita Correia, ALBERGUEIRO 50m: 32.82 32.82 100m: 1:08.78	00	Estamos Juntos 35.96	1:08.78 407
23. Maria Beatriz, JORGE 50m: 32.58 32.58 100m: 1:08.84	00	Nautico de Coimbra 36.26	1:08.84 406
24. Daniela Margarida, PINTO 50m: 32.70 32.70 100m: 1:08.91	00	Miranda do Corvo 36.21	1:08.91 405
25. Beatriz Costa, GONCALVES 50m: 33.70 33.70 100m: 1:09.05	00	Desportos Barcelos 35.35	1:09.05 403
26. Ana Miguel, RODRIGUES 50m: 33.69 33.69 100m: 1:09.37	00	Galitos 35.68	1:09.37 397
27. Claudia Isabel, MARTINS 50m: 33.73 33.73 100m: 1:09.48	00	Ac.Viseu 35.75	1:09.48 395
28. Andreia Brito, PEREIRA 50m: 33.25 33.25 100m: 1:09.58	00	Vigor da Mocidade 36.33	1:09.58 394
29. Francisca Teixeira, BAPTISTA 50m: 33.13 33.13 100m: 1:09.86	00	Ginasio de Vila Real 36.73	1:09.86 389
30. Carla Laranjeira, MARQUES 50m: 33.85 33.85 100m: 1:10.00	00	Galitos 36.15	1:10.00 386
31. Ana Cristina, AFONSO FTL 50m: 33.91 33.91 100m: 1:10.08	00	Viana Natacao 36.17	1:10.08 385
32. Ana Joao, MARTINS FTL 50m: 33.92 33.92 100m: 1:10.43	00	Sport Clube de Mirandela 36.51	1:10.43 379
WDR Ines Silva, OLIVEIRA	00	Leixes Sport Clube	

Torneio Zonal Norte - Infantis
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Prova 13, Femin., 100m Livres

Infantis B

1.	Ana Margarida, GUEDES	01	Ginasio de Vila Real	1:02.77	536
	50m: 30.59 30.59	100m: 1:02.77	32.18		
2.	Sara Sofia, ALVES	01	ASSS Columb Cantanhedense	1:06.02	461
	50m: 32.25 32.25	100m: 1:06.02	33.77		
3.	Maria Carolina, COSTA	01	Porto	1:06.22	457
	50m: 32.29 32.29	100m: 1:06.22	33.93		
4.	Mariana Oliveira, RIBEIRO	01	Lamas	1:06.41	453
	50m: 32.32 32.32	100m: 1:06.41	34.09		
5.	Joana Victorino, HENRIQUES	01	Condeixa Aqua Clube	1:07.03	440
	50m: 32.17 32.17	100m: 1:07.03	34.86		
6.	Isabel Porfirio, PEGO	01	Porto	1:08.26	417
	50m: 33.19 33.19	100m: 1:08.26	35.07		
7.	Francisca Vieira, PAIS	01	Galitos	1:08.39	414
	50m: 33.30 33.30	100m: 1:08.39	35.09		
8.	Ana Rolo, DIAS	01	Viana Natacao	1:09.27	399
	50m: 33.89 33.89	100m: 1:09.27	35.38		
9.	Maria Esteves, MARTINS	01	Galitos	1:09.48	395
	50m: 33.14 33.14	100m: 1:09.48	36.34		
10.	Joana Costa, AMADOR	01	Galitos	1:09.54	394
	50m: 33.62 33.62	100m: 1:09.54	35.92		
11.	Maria Ines, MELO	01	Braga	1:09.69	392
	50m: 33.82 33.82	100m: 1:09.69	35.87		
12.	Ines Alves, MARTINS	01	Fluvial Portuense	1:10.11	385
	50m: 33.92 33.92	100m: 1:10.11	36.19		
13.	Isabel Ferreira, SOUSA	01	Leixões Sport Clube	1:10.17	384
	50m: 34.25 34.25	100m: 1:10.17	35.92		
14.	Iris Rodrigues, SA	01	Lamas	1:10.24	383
	50m: 34.05 34.05	100m: 1:10.24	36.19		
15.	Beatriz Santos, SILVA	01	Porto	1:10.35	381
	50m: 34.03 34.03	100m: 1:10.35	36.32		
16.	Teresa Isabel, GRANJEIA	01	Galitos	1:10.98	371
	50m: 34.18 34.18	100m: 1:10.98	36.80		
17.	Beatriz Reis, FONSECA	01	Estamos Juntos	1:11.33	365
	50m: 34.05 34.05	100m: 1:11.33	37.28		
18.	Mariana Matos, RIBEIRO	01	Fundacao Beatriz Santos	1:11.50	363
	50m: 34.11 34.11	100m: 1:11.50	37.39		
19.	Maria Nogueira, CARVALHO	01	Assoc. Desportiva de Fafe	1:11.92	356
	50m: 34.50 34.50	100m: 1:11.92	37.42		
20.	Erika Almeida, MARQUES	01	Braga	1:12.56	347
	50m: 34.77 34.77	100m: 1:12.56	37.79		

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 13, Femin., 100m Livres, Infantis B

Lugar	Ano	Tempo final	Pts
21. Julia Albuquerque, FRAGA	01 Gespacos	1:12.74	344
50m: 35.09 35.09	100m: 1:12.74 37.65		

Prova 14 Masc., 100m Bruços Infantis
16-03-2013 - 16:35 Resultados

Recordes Nacionais 25m Absoluto	58.19	Carlos Esteves, ALMEIDA	FPN	Chatres (FRA)	22-11-2012
Recordes Nacionais 25m Inf B	1:09.54	Andre Goncalo, SANTOS	LSC	Lousada	15-05-2010
Recordes Nacionais 25m Inf A	1:07.92	Andre Goncalo, SANTOS	LSC	Viseu	12-03-2011

TAC Zonais 2013 Inf A Masc Inf A: 1:22.00 / TAC Zonais 2013 Inf B Masc Inf B: 1:27.50

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Alexandre Ferreira, AMORIM	99 Lamas	1:12.83	445
50m: 34.50 34.50	100m: 1:12.83 38.33		
2. Nuno Miguel, COTO	99 Braga	1:12.88	444
50m: 34.61 34.61	100m: 1:12.88 38.27		
3. Daniel Queiros, CRUZ	99 CNMaia	1:13.78	428
50m: 35.04 35.04	100m: 1:13.78 38.74		
4. Jose Pedro, MELO	99 Braga	1:14.83	410
50m: 35.00 35.00	100m: 1:14.83 39.83		
5. Diogo Pereira, SANTOS	99 Porto	1:16.78	379
50m: 36.37 36.37	100m: 1:16.78 40.41		
6. Joao Pedro, PINTO	99 Fluvial Portuense	1:16.88	378
50m: 36.09 36.09	100m: 1:16.88 40.79		
7. Miguel Aguiar, SILVA	99 Campinho	1:17.26	372
50m: 35.87 35.87	100m: 1:17.26 41.39		
8. Rui Pedro, FERREIRA	99 Felgueiras	1:17.31	372
50m: 36.44 36.44	100m: 1:17.31 40.87		
9. Telmo Pereira, BRAGA	99 Famalicao	1:18.06	361
50m: 37.55 37.55	100m: 1:18.06 40.51		
10. Jose Neves, NETO	99 ASSS Columb Cantanhedense	1:18.66	353
50m: 36.59 36.59	100m: 1:18.66 42.07		
11. Elmano Madail, COSTA	99 Vitória Sport Clube	1:19.26	345
50m: 37.17 37.17	100m: 1:19.26 42.09		
12. Jose Pedro, LEMOS	99 Sport Clube de Mirandela	1:19.42	343
50m: 37.49 37.49	100m: 1:19.42 41.93		
13. Andre Santos, ALMEIDA	99 Clube Desportivo Feirense	1:20.51	329
50m: 37.86 37.86	100m: 1:20.51 42.65		
14. Lourenco Costa, QUINTAO	99 Fluvial Portuense	1:20.94	324
50m: 38.02 38.02	100m: 1:20.94 42.92		

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Prova 14, Masc., 100m Bruços, Infantis A

Lugar	Ano	Tempo final	Pts
15. Goncalo Santos, CUNHA 50m: 36.80 36.80 100m: 1:21.17	99 Ac.Viseu	1:21.17	321
16. Joao Francisco, MACHADO 50m: 38.35 38.35 100m: 1:21.21	99 Académica de Coimbra	1:21.21	321
17. Albino Manuel, GONCALVES 50m: 38.09 38.09 100m: 1:21.66	99 Vitória Sport Clube	1:21.66	315
18. Fernando Marcelo, ROCHA <i>FTL</i> 50m: 38.66 38.66 100m: 1:22.66	99 Lamas	1:22.66	304
19. Joao Rafael, SILVA <i>FTL</i> 50m: 39.11 39.11 100m: 1:22.86	99 ASSS Columb Cantanhedense	1:22.86	302
20. Daniel Silva, BESSA <i>FTL</i> 50m: 39.51 39.51 100m: 1:23.70	99 Gespacos	1:23.70	293
21. Joao Manuel, SANTOS <i>FTL</i> 50m: 40.67 40.67 100m: 1:25.88	99 Fluvial Vilacondense	1:25.88	271
22. Antonio Fernando, PINTO <i>FTL</i> 50m: 40.79 40.79 100m: 1:26.66	99 Lousada	1:26.66	264
WDR Tiago Oliveira, BARBOSA	99 Lamas		

Infantis B

1. Ricardo Costa, SANTOS 50m: 35.58 35.58 100m: 1:15.21	00 Desportos Barcelos	1:15.21	404
2. Francisco Neto, MOREIRA 50m: 36.43 36.43 100m: 1:17.70	00 Gespacos	1:17.70	366
3. Daniel Pereira, SILVA 50m: 37.07 37.07 100m: 1:17.73	00 Famalicao	1:17.73	366
4. Pedro Correia, SILVA 50m: 38.07 38.07 100m: 1:20.60	00 Gespacos	1:20.60	328
5. Diogo Moreno, BASTOS 50m: 40.91 40.91 100m: 1:24.65	00 Fluvial Portuense	1:24.65	283
6. Joao Baptista, MARQUES 50m: 41.07 41.07 100m: 1:25.52	00 Nautico de Coimbra	1:25.52	274
7. Francisco Joao, PIRES 50m: 40.50 40.50 100m: 1:26.10	00 Sport Clube de Mirandela	1:26.10	269
8. Ricardo Jorge, TEIXEIRA 50m: 40.27 40.27 100m: 1:26.49	00 CNMaia	1:26.49	265
9. Diogo Oliveira, ANDRADE 50m: 41.20 41.20 100m: 1:26.98	00 Estamos Juntos	1:26.98	261

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Torneio Zonal Norte - Infantis
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Prova 14, Masc., 100m Bruços, Infantis B

Lugar	Ano	Tempo final	Pts
10. Bernardo Francesco, BARRETO <i>FTL</i>	00 Galitos	1:27.54	256
50m: 40.99 40.99 100m: 1:27.54 46.55			
11. Rafael Rodrigo, NETO <i>FTL</i>	00 ASSS Columb Cantanhedense	1:28.49	248
50m: 41.60 41.60 100m: 1:28.49 46.89			
12. Francisco Vilhena, COSTA <i>FTL</i>	00 Fluvial Vilacondense	1:28.76	245
50m: 40.83 40.83 100m: 1:28.76 47.93			
13. Rodrigo Matos, SALCEDAS <i>FTL</i>	00 Ginasio de Vila Real	1:29.16	242
50m: 42.33 42.33 100m: 1:29.16 46.83			

Prova 15 Femin., 200m Mariposa Infantis Resultados
16-03-2013 - 16:55

Recordes Nacionais 25m Absoluto	2:08.54 Sara Freitas, OLIVEIRA	FPN	Dubai (UAE)	15-12-2010
Recordes Nacionais 25m Inf B	2:31.64 tempo limite,			
Recordes Nacionais 25m Inf A	2:25.40 tempo limite,			

TAC Zonais 2013 Inf A Fem Inf A: 3:00.00 / TAC Zonais 2013 Inf B Fem Inf B: 3:15.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Daniela Domingues, SOUSA	00 Valongo	2:35.51	468
50m: 34.13 34.13 100m: 1:12.21 38.08 150m: 1:52.82 40.61 200m: 2:35.51 42.69			
2. Maria Francisca, CABRAL	00 Porto	2:37.75	448
50m: 34.01 34.01 100m: 1:12.34 38.33 150m: 1:53.42 41.08 200m: 2:37.75 44.33			
3. Ana Miguel, REIS	00 ASSS Columb Cantanhedense	2:37.87	447
50m: 35.60 35.60 100m: 1:15.05 39.45 150m: 1:56.21 41.16 200m: 2:37.87 41.66			
4. Cristiana Sofia, RIBEIRO	00 Famalicao	2:40.47	426
50m: 36.89 36.89 100m: 1:16.18 39.29 150m: 1:59.38 43.20 200m: 2:40.47 41.09			
5. Alexandra Jesus, SANTOS	00 Leixões Sport Clube	2:42.30	412
50m: 34.57 34.57 100m: 1:13.95 39.38 150m: 1:58.43 44.48 200m: 2:42.30 43.87			
6. Helena Neto, COSTA	00 Gespacos	2:52.61	342
50m: 36.53 36.53 100m: 1:20.03 43.50 150m: 2:06.44 46.41 200m: 2:52.61 46.17			
7. Raquel Leao, MONTEIRO	00 Gespacos	2:52.95	340
50m: 38.83 38.83 100m: 1:23.04 44.21 150m: 2:07.94 44.90 200m: 2:52.95 45.01			
8. Eliana Dirce, LOURENCO	00 Galitos	2:54.19	333
50m: 38.86 38.86 100m: 1:23.19 44.33 150m: 2:08.67 45.48 200m: 2:54.19 45.52			
9. Filomena Costa, BARREIROS	00 Viana Natacao	2:55.27	327
50m: 38.62 38.62 100m: 1:23.86 45.24 150m: 2:10.16 46.30 200m: 2:55.27 45.11			

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 15, Femin., 200m Mariposa

Infantis B

1.	Catarina Leao, COSTA	01	Gespacos	2:55.95	323
	50m: 37.85 37.85	100m: 1:22.84	44.99 150m: 2:08.51	45.67	200m: 2:55.95 47.44
2.	Rafaela Martins, ANTUNES	01	Clube Natacao de Vagos	2:58.72	308
	50m: 38.49 38.49	100m: 1:24.55	46.06 150m: 2:13.39	48.84	200m: 2:58.72 45.33
3.	Margarida Malheiro, NEVES	01	Braga	2:59.23	306
	50m: 38.38 38.38	100m: 1:24.40	46.02 150m: 2:11.85	47.45	200m: 2:59.23 47.38
4.	Eva Fernandes, CARDOSO	01	Fundacao Beatriz Santos	3:02.28	290
	50m: 39.12 39.12	100m: 1:23.94	44.82 150m: 2:12.96	49.02	200m: 3:02.28 49.32
5.	Beatriz Rodrigues, OLIVEIRA	01	Assoc. Desportiva de Fafe	3:04.13	282
	50m: 36.94 36.94	100m: 1:23.25	46.31 150m: 2:14.32	51.07	200m: 3:04.13 49.81
6.	Ines Araujo, MARTINS	01	Famalicao	3:04.75	279
	50m: 40.32 40.32	100m: 1:26.49	46.17 150m: 2:16.07	49.58	200m: 3:04.75 48.68
7.	Maria Carolina, SOUSA	01	Lousada	3:04.82	279
	50m: 40.07 40.07	100m: 1:24.48	44.41 150m: 2:14.93	50.45	200m: 3:04.82 49.89
8.	Beatriz Ribeiro, CUNHA	01	Felgueiras	3:08.42	263
	50m: 39.94 39.94	100m: 1:26.57	46.63 150m: 2:19.07	52.50	200m: 3:08.42 49.35
9.	Sara Sofia, MIRANDA	01	Braga	3:09.02	260
	50m: 38.76 38.76	100m: 1:25.79	47.03 150m: 2:18.84	53.05	200m: 3:09.02 50.18
10.	Mariana Cardoso, COSTA	01	CNMaia	3:15.05	237
	<i>FTL</i>				
	50m: 39.52 39.52	100m: 1:28.62	49.10 150m: 2:21.86	53.24	200m: 3:15.05 53.19
11.	Maria Carolina, RODRIGUES	01	Vitória Sport Clube	3:16.12	233
	<i>FTL</i>				
	50m: 41.37 41.37	100m: 1:29.59	48.22 150m: 2:22.99	53.40	200m: 3:16.12 53.13

Prova 16

Masc., 100m Mariposa

Infantis

16-03-2013 - 17:00

Resultados

Recordes Nacionais 25m Absoluto	51.45	Diogo Filipe, CARVALHO	FPN	Estocolmo (SWE)	11-11-2009
Recordes Nacionais 25m Inf B	1:01.78	Fabio Parrilha, SILVA	CNAL	Penafiel	01-04-2000
Recordes Nacionais 25m Inf A	59.56	Fabio Parrilha, SILVA	CNAL	Leiria	07-04-2001

TAC Zonais 2013 Inf A Masc Inf A: 1:12.60 / TAC Zonais 2013 Inf B Masc Inf B: 1:17.50

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
1. Mateus Ribeiro, CARVALHO	99	1:03.51	444
	50m: 29.18 29.18	100m: 1:03.51	34.33
2. Tiago Gabriel, LOPES	99	1:07.63	368
	50m: 31.42 31.42	100m: 1:07.63	36.21
3. Tiago Oliveira, BARBOSA	99	1:08.38	356
	50m: 31.09 31.09	100m: 1:08.38	37.29

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 16, Masc., 100m Mariposa, Infantis A

Lugar	Ano	Tempo final	Pts
4. Andre Freitas, GUAL 50m: 31.49 31.49 100m: 1:09.37 37.88	99 Estamos Juntos	1:09.37	341
5. Diogo Filipe, TEODORO 50m: 31.77 31.77 100m: 1:09.79 38.02	99 CNMaia	1:09.79	335
6. Jose Paulo, GOMES 50m: 33.10 33.10 100m: 1:10.91 37.81	99 Felgueiras	1:10.91	319
7. Tomas Martins, ARAUJO 50m: 32.63 32.63 100m: 1:10.94 38.31	99 Porto	1:10.94	319
8. Hugo Edgar, MIRANDA FTL 50m: 34.21 34.21 100m: 1:13.75 39.54	99 Escola Desportiva de Viana	1:13.75	284
WDR Leonardo Jose, SILVA	99 Gespacos		
WDR Goncalo Oliveira, CABRAL	99 Leixões Sport Clube		
WDR Tiago Andre, OLIVEIRA	99 Vitória Sport Clube		

Infantis B

1. Jorge Jesus, SILVA 50m: 30.54 30.54 100m: 1:05.75 35.21	00 Braga	1:05.75	400
2. Jose Pedro, FREITAS 50m: 31.58 31.58 100m: 1:07.32 35.74	00 AquaBrito	1:07.32	373
3. Hugo Gabriel, MORAIS 50m: 31.03 31.03 100m: 1:07.45 36.42	00 Famalicao	1:07.45	371
4. Jose Paulo, LOPES 50m: 32.25 32.25 100m: 1:09.96 37.71	00 Braga	1:09.96	332
5. Ricardo Alexandre, MARQUES 50m: 33.18 33.18 100m: 1:11.25 38.07	00 Lousada	1:11.25	315
6. Lucas Pereira, BASTOS 50m: 33.37 33.37 100m: 1:11.53 38.16	00 Nautico de Coimbra	1:11.53	311
7. Sergio Filipe, TRAVANCA 50m: 33.38 33.38 100m: 1:11.63 38.25	00 Porto	1:11.63	310
8. Porfirio Braga, NUNES 50m: 33.15 33.15 100m: 1:11.78 38.63	00 Fluvial Vilacondense	1:11.78	308
9. Ivo Manuel, DIAS 50m: 33.31 33.31 100m: 1:11.81 38.50	00 Felgueiras	1:11.81	307
10. Tomas Pimentel, BORGES 50m: 32.48 32.48 100m: 1:11.85 39.37	00 Porto	1:11.85	307
11. Ricardo Manuel, ROCHA 50m: 33.66 33.66 100m: 1:13.09 39.43	00 Leixões Sport Clube	1:13.09	291
12. Jose Pedro, ANTUNES 50m: 32.13 32.13 100m: 1:13.86 41.73	00 Galitos	1:13.86	282
13. Diogo Pratas, MAIA 50m: 34.55 34.55 100m: 1:14.03 39.48	00 ASSS Columb Cantanhedense	1:14.03	280

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 16, Masc., 100m Mariposa, Infantis B

Lugar	Ano	Tempo final	Pts
14. Rui Alexandre, RAMOS 50m: 34.95 34.95 100m: 1:14.49 39.54	00 Porto	1:14.49	275
15. David Dias, LIMA 50m: 34.75 34.75 100m: 1:16.68 41.93	00 Fluvial Vilacondense	1:16.68	252
DSQ Bruno Miguel, SOUSA 102 - Falsa partida – SW 4.4	00 Leixões Sport Clube		
EXH Koen, WEUSTINK 50m: 33.07 33.07 100m: 1:10.08 37.01	00 Ginasio de Vila Real	1:10.08	331

Prova 17

Femin., 4 x 100m Estilos

Infantis

16-03-2013 - 17:20

Resultados

Recordes Nacionais 25m Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita FCP	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:57.35	Grupo Desp. Natacao V. N. FamalicGDNVNF	Ponte da Barca	06-03-2010
Recordes Nacionais 25m Inf A	4:40.29	Grupo Desp. Natacao V. N. FamalicGDNVNF	Viseu	12-03-2011

TAC Zonais 2013 Inf A Fem Inf A: 5:37.00 / TAC Zonais 2013 Inf B Fem Inf B: 5:53.00

Pontos: FINA 2012

Lugar	Tempo final	Pts
Infantis A		
1. Porto 1 Iris Cunha, SANTOS +0,90 36.91 1:16.26 Ana Rita, FARIA +0,98 38.45 1:20.94	Porto 4:56.01	456
2. Famalicao 1 Mariana Paula, BAPTISTA +0,77 36.46 1:15.46 Rafaela Araujo, SILVA +0,53 40.56 1:24.57	Famalicao 5:01.65	431
3. Miranda do Corvo 1 Margarete Leandro, FERNANDE +0,69 38.01 1:19.62 Maria Ines, FERREIRA +0,75 36.60 1:19.28	Miranda do Corvo 5:05.32	416
4. Nautico de Coimbra 1 Maria Beatriz, JORGE +0,58 36.13 1:16.16 Carlota Santos, SILVA +0,55 39.29 1:23.35	Nautico de Coimbra 5:05.60	415
5. Gespacos 1 Beatriz Neto, COSTA +0,85 37.51 1:17.38 Ana Rita, CRUZ 40.35 1:26.86	Gespacos 5:07.77	406
6. Galitos 1 Rita Goncalves, MARIEIRO +0,91 36.48 1:14.71 Carla Laranjeira, MARQUES +0,44 42.48 1:30.51	Galitos 5:14.39	381
7. Estamos Juntos 1 Rita Correia, ALBERGUEIRO +0,83 37.20 1:15.95 Francisca Andrade, BRITO +0,94 41.54 1:28.01	Estamos Juntos 5:17.31	370
8. Leixões Sport Clube 1 Maria Camolino, CABRAL +0,65 39.69 1:22.56 Rita Oliveira, ROCHA +0,37 44.56 1:34.27	Leixões Sport Clube 5:17.65	369

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 17, Femin., 4 x 100m Estilos, Infantis A

Lugar					Tempo final	Pts		
9.	Vitória Sport Clube 1	Vitória Sport Clube				5:21.98	354	
	Carolina Isabel, MACHADO	+0,95	39.85	1:22.46	Ana Beatriz, MACHADO	39.91	1:25.51	
	Maria Cecilia, LOPES	+0,57	40.63	1:28.14	Ana Ines, FERNANDES	+0,51	31.44	1:05.87
10.	Viana Natacao 1	Viana Natacao				5:26.79	339	
	Carolina Araujo, CASTRO	+0,98	39.65	1:21.75	Filomena Costa, BARREIROS	+0,81	39.06	1:24.37
	Joana Barros, SOARES	+0,80	41.77	1:29.62	Ana Cristina, AFONSO	+0,85	33.90	1:11.05
11.	Desportos Barcelos 1	Desportos Barcelos				5:26.93	339	
	Ines Daniela, FARIA	+0,78	39.67	1:23.60	Ana Francisca, SENRA		34.72	1:16.02
	Ariana Correia, SILVA		45.36	1:37.21	Beatriz Costa, GONCALVES	+0,61	34.20	1:10.10
12.	Ginasio de Vila Real 3	Ginasio de Vila Real				5:28.24	335	
	Rita Baptista, CABRAL		37.25	1:17.51	Francisca Teixeira, BAPTISTA		41.55	1:26.44
	Ines do Carmo, CRUZ	+1,01	41.16	1:27.77	Daniela Teixeira, SILVA	+0,49	36.61	1:16.52
13.	Fluvial Portuense 1	Fluvial Portuense				5:33.94	318	
	Maria Leonor, VALENTE		38.98	1:20.17	Alexandra Santos, FERREIRA		37.34	1:24.16
	Ana Cabral, VAZ	+0,41	43.08	1:32.49	Barbara Ribeiro, PAIVA		36.78	1:17.12

Infantis B

1.	Gespacos 2	Gespacos				5:15.37	377	
	Julia Albuquerque, FRAGA	+0,85	40.43	1:22.79	Catarina Leao, COSTA	+0,75	35.11	1:18.78
	Ines Neto, ROCHA		37.18	1:20.69	Sara Silva, MARQUES	+0,64	34.47	1:13.11
2.	Porto 2	Porto				5:15.47	377	
	Isabel Porfirio, PEGO	+0,99	37.08	1:16.56	Maria Carolina, COSTA	+0,91	37.25	1:22.90
	Beatriz Santos, SILVA		40.50	1:26.89	Barbara Vilela, MAGALHAES	+0,64	33.08	1:09.12
3.	Galitos 2	Galitos				5:27.26	338	
	Joana Costa, AMADOR	+0,95	38.25	1:19.69	Maria Esteves, MARTINS	+0,72	40.14	1:27.01
	Teresa Isabel, GRANJEIA	+0,92	43.75	1:32.01	Francisca Vieira, PAIS	+0,57	33.39	1:08.55
4.	Braga 1	Braga				5:28.04	335	
	Jessica Goncalves, VILACA	+0,67	37.99	1:19.74	Margarida Malheiro, NEVES	+0,76	37.94	1:23.66
	Maria Ines, MELO	+0,97	43.49	1:31.99	Erika Almeida, MARQUES	+0,49	34.74	1:12.65
5.	Leixões Sport Clube 2	Leixões Sport Clube				5:28.41	334	
	Daniela Fernanda, BARBOSA		37.80	1:18.66	Isabel Ferreira, SOUSA	+0,79	41.01	1:28.08
	Sofia Filipa, GONCALVES		39.38	1:24.38	Ana Ferreira, SILVA		35.90	1:17.29
6.	CNMaia 1	CNMaia				5:34.68	316	
	Ana Isabel, REIS	+0,72	40.42	1:23.98	Mariana Cardoso, COSTA	+0,36	40.20	1:27.38
	Carolina Ascenso, SANTOS	+0,52	40.89	1:27.77	Joana Daniela, JACINTO		34.78	1:15.55
7.	Fundacao Beatriz Santos 1	Fundacao Beatriz Santos				5:35.25	314	
	Maria Pedro, OLIVEIRA	+1,20	42.21	1:25.71	Eva Fernandes, CARDOSO	+0,79	38.06	1:21.29
	Taisa Moreira, PAIVA	+0,84	44.62	1:35.35	Mariana Matos, RIBEIRO	+0,72	35.07	1:12.90
8.	Fluvial Portuense 2	Fluvial Portuense				5:39.15	303	
	Maria Beatriz, MESQUITA	+0,71	43.42	1:30.29	Ines Alves, MARTINS	+0,74	37.80	1:22.74
	Maria Luisa, LEGOINHA	+0,88	44.08	1:33.87	Ines Roriz, SOUSA	+0,40	34.14	1:12.25
9.	Ac.Viseu 1	Ac.Viseu				5:44.58	289	
	Beatriz Pereira, CUNHA	+0,76	39.70	1:23.10	Margarida Lares, PERES		43.25	1:32.10
	Raquel Sofia, ALMEIDA		45.06	1:33.44	Lara Alexandra, CARRILHO		35.53	1:15.94

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 18
16-03-2013 - 17:35

Masc., 4 x 100m Livres

Infantis
Resultados

Recordes Nacionais 25m Absoluto	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:05.64	Viana Natacao Clube	VNC	Barcelos	11-07-2009
Recordes Nacionais 25m Inf A	3:52.74	Sport Alges e Dafundo	SAD	Algés	30-06-2012

TAC Zonais 2013 Inf A Masc Inf A: 4:32.00 / TAC Zonais 2013 Inf B Masc Inf B: 4:43.00

Pontos: FINA 2012

Lugar					Tempo final	Pts	
Infantis A							
1. Famalicao 1	Famalicao				4:01.66	436	
Mateus Ribeiro, CARVALHO	+0,80	28.47	59.45	Diogo Paulo, BAPTISTA	+0,43	26.67	59.12
Francisco Oliveira, FERREIRA	+0,37	28.72	1:02.05	Telmo Pereira, BRAGA	+0,43	29.09	1:01.04
2. Vitória Sport Clube 1	Vitória Sport Clube				4:04.23	422	
Pedro Miguel, FERNANDES	+0,89	27.93	58.97	Jose Manuel, FERNANDES	+0,61	30.40	1:03.49
Albino Manuel, GONCALVES	+0,58	30.88	1:04.38	Tiago Andre, OLIVEIRA	+0,66	27.30	57.39
3. Lamas 1	Lamas				4:04.78	419	
Alexandre Ferreira, AMORIM	+0,81	28.48	1:00.03	Gabriel Filipe, PEREIRA	+0,65	28.54	59.98
Fernando Marcelo, ROCHA	+0,55	29.23	1:02.16	Tiago Oliveira, BARBOSA	+0,36	30.19	1:02.61
4. Gespacos 1	Gespacos				4:07.27	407	
Nuno Filipe, COSTA	+0,89	28.82	59.87	Ricardo Andre, PINTO	+0,46	28.70	1:01.81
Leonardo Jose, SILVA	+0,65	28.68	1:00.93	Daniel Silva, BESSA	+0,49	30.45	1:04.66
5. Braga 1	Braga				4:07.67	405	
Jose Pedro, FERNANDES	+0,83	28.62	59.26	Jose Pedro, MELO		30.08	1:04.33
Jose Nuno, MENDES	+0,30	28.62	1:00.75	Nuno Miguel, COTO	+0,24	30.26	1:03.33
6. Porto 1	Porto				4:08.58	400	
Joao Paulo, CORREIA	+0,86	28.20	59.42	Tomas Martins, ARAUJO	+0,68	30.41	1:03.96
Diogo Pereira, SANTOS	+0,62	30.49	1:02.79	Tiago Silva, SOARES	+0,68	29.16	1:02.41
7. ASSS Columb Cantanhedense 1	ASSS Columb Cantanhedense				4:13.03	380	
Gabriel Levi, GOMES	+0,94	28.97	1:00.17	Diogo Alexandre, COSTA	+0,55	30.88	1:05.62
Joao Rafael, SILVA	+0,68	31.39	1:05.04	Jose Neves, NETO	+0,38	29.25	1:02.20
8. CNMaia 1	CNMaia				4:13.19	379	
Daniel Queiros, CRUZ	+0,89	28.91	1:00.03	Diogo Filipe, TEODORO	+0,61	31.44	1:07.23
Joao Silva, COSTA	+0,53	29.23	1:02.88	Afonso Ribeiro, COUTO	+0,40	29.65	1:03.05
9. Ginasio de Vila Real 1	Ginasio de Vila Real				4:20.77	347	
Tomas Tao, BARROS	+1,08	30.35	1:03.71	Luis Diogo, LUZ	+0,52	30.90	1:05.76
Jose Rafael, MATIAS	+0,80	30.80	1:03.56	Luis Carlos, PIRES	+0,58	32.08	1:07.74
10. Felgueiras 2	Felgueiras				4:21.89	342	
Rui Pedro, FERREIRA	+0,83	30.96	1:03.66	Rui Pedro, CUNHA	+0,71	32.14	1:07.81
Afonso Manuel, BARBOSA	+0,44	32.09	1:07.40	Jose Paulo, GOMES	+0,62	29.82	1:03.02
11. Fluvial Vilacondense 1	Fluvial Vilacondense				4:39.80	281	
<i>FTL</i>							
Joao Manuel, SANTOS	+0,90	33.07	1:09.31	Gabriel Mimoso, PEREIRA	+0,54	31.80	1:06.92
Pedro Saraiva, SILVA	+0,64	33.28	1:10.62	Goncalo Carneiro, ALMEIDA	+0,60	34.51	1:12.95

O Secretário do Juri

O Juiz Árbitro

Prova 18, Masc., 4 x 100m Livres

Infantis B

1. Famalicao 2			Famalicao		4:09.60	396
Miguel Angelo, SANTOS	+0,80	29.44	1:01.23	Hugo Gabriel, MORAIS	+0,55	29.21 1:01.32
Daniel Pereira, SILVA	+0,78	29.90	1:02.92	Rogelio Jose, MACHADO	+0,71	30.77 1:04.13
2. Gespacos 2			Gespacos		4:16.58	364
Francisco Neto, MOREIRA	+0,86	29.98	1:03.27	Pedro Correia, SILVA	+0,84	32.12 1:06.60
Joao Miguel, NUNES	+0,40	29.72	1:02.16	Sergio Eduardo, DIAS	+0,73	30.61 1:04.55
3. Porto 2			Porto		4:20.74	347
Tomas Pimentel, BORGES	+0,86	29.68	1:02.72	Nuno Correia, SOUSA	+0,71	30.65 1:04.08
Rui Alexandre, RAMOS		31.76	1:05.87	Sergio Filipe, TRAVANCA	+0,66	32.47 1:08.07
4. Braga 1			Braga		4:22.26	341
Jorge Jesus, SILVA	+0,95	30.00	1:01.55	Dany Pedro, CAILLE	+0,69	31.00 1:05.48
Jose Paulo, LOPES	+0,58	31.03	1:04.97	Alexandre Miguel, PINTO	+0,48	33.83 1:10.26
5. Leixões Sport Clube 1			Leixões Sport Clube		4:23.01	338
Daniel Jose, DUARTE	+0,82	29.97	1:02.04	Ricardo Manuel, ROCHA	+0,55	30.57 1:04.39
Andre Manada, SILVA	+0,35	34.56	1:11.78	Bruno Miguel, SOUSA	+0,46	31.30 1:04.80
6. Galitos 1			Galitos		4:24.41	333
Jose Pedro, ANTUNES	+0,94	31.14	1:04.10	Sebastiao Peralta, OLIVEIRA		32.38 1:08.15
Bernardo Francesco, BARRETC	+0,46	31.99	1:07.70	Joao Tiago, RAINHO		31.15 1:04.46
7. Fluvial Vilacondense 2			Fluvial Vilacondense		4:30.17	312
Francisco Vilhena, COSTA	+0,78	31.29	1:07.14	Luis Miguel, REBELO	+0,56	32.76 1:09.00
David Dias, LIMA		33.28	1:10.01	Porfirio Braga, NUNES	+0,57	30.71 1:04.02
8. Felgueiras 1			Felgueiras		4:37.23	289
Tiago Filipe, TEIXEIRA	+0,83	32.02	1:07.71	Nuno Filipe, LEITE	+0,54	33.06 1:10.06
Ricardo Jose, FREITAS	+0,45	33.17	1:11.61	Ivo Manuel, DIAS	+0,21	31.67 1:07.85
9. Académica de Coimbra 1			Académica de Coimbra		4:39.44	282
Francisco Alberto, LUCAS	+0,77	32.04	1:07.22	Tomas Pais, LOPES	+0,32	33.77 1:11.52
Vasco Mimoso, LUIS	+0,62	34.56	1:11.59	Pedro Bernardo, ARAUJO	+0,44	32.66 1:09.11
EXH Ginasio de Vila Real 2			Ginasio de Vila Real		4:32.03	305
Luis Miguel, CARVALHO	+0,94	32.86	1:08.76	Rodrigo Matos, SALCEDAS	+0,49	33.14 1:10.66
Fernando Miguel, RIBEIRO	+0,71	34.47	1:10.50	Koen, WEUSTINK	+0,45	29.12 1:02.11

4 - 3ª Jornada - 1ª Sessão

17-03-2013 - 9:30

Prova 19	Masc., 1500m Livres				Infantis
17-03-2013 - 9:30					Resultados
Recordes Nacionais 25m Absoluto	15:04.78	Fernando Eurico, COSTA	FPN	Trieste (ITA)	10-12-2005
Recordes Nacionais 25m Inf B	17:13.96	Pedro Fontoura, OLIVEIRA	CFB	Santarem	06-04-2003
Recordes Nacionais 25m Inf A	16:31.35	Pedro Fontoura, OLIVEIRA	CFB	Reboleira	27-06-2004
TAC Zonais 2013 Inf A Masc Inf A: 19:22.00 / TAC Zonais 2013 Inf B Masc Inf B: 20:08.00					

Pontos: FINA 2012

Lugar			Ano							Tempo final	Pts	
Infantis A												
1.	Gabriel Levi, GOMES		99	ASSS Columb Cantanhedense						17:40.70	514	
	50m:	29.89	29.89	450m:	5:08.14	35.71	850m:	9:54.90	35.60	1250m:	14:43.59	35.97
	100m:	1:02.90	33.01	500m:	5:43.76	35.62	900m:	10:31.22	36.32	1300m:	15:19.79	36.20
	150m:	1:36.71	33.81	550m:	6:19.58	35.82	950m:	11:06.95	35.73	1350m:	15:55.23	35.44
	200m:	2:11.50	34.79	600m:	6:55.69	36.11	1000m:	11:43.61	36.66	1400m:	16:31.75	36.52
	250m:	2:46.80	35.30	650m:	7:31.42	35.73	1050m:	12:19.50	35.89	1450m:	17:07.23	35.48
	300m:	3:21.92	35.12	700m:	8:07.22	35.80	1100m:	12:55.01	35.51	1500m:	17:40.70	33.47
	350m:	3:57.17	35.25	750m:	8:42.87	35.65	1150m:	13:31.09	36.08			
	400m:	4:32.43	35.26	800m:	9:19.30	36.43	1200m:	14:07.62	36.53			
2.	Jose Pedro, FERNANDES		99	Braga						17:50.34	501	
	50m:	31.11	31.11	450m:	5:17.25	36.28	850m:	10:06.93	35.67	1250m:	14:55.53	35.95
	100m:	1:05.13	34.02	500m:	5:53.31	36.06	900m:	10:43.49	36.56	1300m:	15:31.23	35.70
	150m:	1:41.18	36.05	550m:	6:29.62	36.31	950m:	11:19.45	35.96	1350m:	16:06.44	35.21
	200m:	2:17.04	35.86	600m:	7:05.99	36.37	1000m:	11:55.55	36.10	1400m:	16:42.89	36.45
	250m:	2:53.23	36.19	650m:	7:42.95	36.96	1050m:	12:31.54	35.99	1450m:	17:19.22	36.33
	300m:	3:29.10	35.87	700m:	8:18.77	35.82	1100m:	13:07.63	36.09	1500m:	17:50.34	31.12
	350m:	4:05.04	35.94	750m:	8:55.07	36.30	1150m:	13:43.64	36.01			
	400m:	4:40.97	35.93	800m:	9:31.26	36.19	1200m:	14:19.58	35.94			
3.	Francisco Oliveira, FERREIRA		99	Famalicao						18:02.91	483	
	50m:	32.05	32.05	450m:	5:14.12	35.67	850m:	10:08.63	37.32	1250m:	14:59.63	36.54
	100m:	1:06.23	34.18	500m:	5:50.16	36.04	900m:	10:45.20	36.57	1300m:	15:38.12	38.49
	150m:	1:41.99	35.76	550m:	6:26.52	36.36	950m:	11:20.46	35.26	1350m:	16:16.11	37.99
	200m:	2:16.93	34.94	600m:	7:03.09	36.57	1000m:	11:56.59	36.13	1400m:	16:52.82	36.71
	250m:	2:52.61	35.68	650m:	7:39.76	36.67	1050m:	12:34.11	37.52	1450m:	17:29.65	36.83
	300m:	3:27.62	35.01	700m:	8:16.84	37.08	1100m:	13:10.40	36.29	1500m:	18:02.91	33.26
	350m:	4:02.91	35.29	750m:	8:54.50	37.66	1150m:	13:47.59	37.19			
	400m:	4:38.45	35.54	800m:	9:31.31	36.81	1200m:	14:23.09	35.50			
4.	Joao Silva, COSTA		99	CNMaia						18:13.46	469	
	50m:	31.19	31.19	450m:	5:22.80	37.32	850m:	10:16.39	36.70	1250m:	15:10.85	36.93
	100m:	1:06.28	35.09	500m:	5:58.56	35.76	900m:	10:52.59	36.20	1300m:	15:47.52	36.67
	150m:	1:42.70	36.42	550m:	6:35.20	36.64	950m:	11:30.05	37.46	1350m:	16:24.55	37.03
	200m:	2:19.09	36.39	600m:	7:11.78	36.58	1000m:	12:06.36	36.31	1400m:	17:01.68	37.13
	250m:	2:55.53	36.44	650m:	7:48.66	36.88	1050m:	12:43.53	37.17	1450m:	17:38.39	36.71
	300m:	3:32.48	36.95	700m:	8:25.82	37.16	1100m:	13:20.39	36.86	1500m:	18:13.46	35.07
	350m:	4:08.91	36.43	750m:	9:02.54	36.72	1150m:	13:57.18	36.79			
	400m:	4:45.48	36.57	800m:	9:39.69	37.15	1200m:	14:33.92	36.74			

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 19, Masc., 1500m Livres, Infantis A

Lugar	Ano		Tempo final		Pts
5. Joao Francisco, MACHADO	99	Académica de Coimbra	18:43.38	433	
50m: 32.59	32.59	450m: 5:29.50	37.19	850m: 10:30.17	37.23
100m: 1:08.19	35.60	500m: 6:07.04	37.54	900m: 11:08.25	38.08
150m: 1:45.80	37.61	550m: 6:44.53	37.49	950m: 11:46.35	38.10
200m: 2:22.18	36.38	600m: 7:22.80	38.27	1000m: 12:24.38	38.03
250m: 3:00.50	38.32	650m: 8:00.24	37.44	1050m: 13:02.63	38.25
300m: 3:36.87	36.37	700m: 8:38.22	37.98	1100m: 13:41.05	38.42
350m: 4:14.78	37.91	750m: 9:15.80	37.58	1150m: 14:19.29	38.24
400m: 4:52.31	37.53	800m: 9:52.94	37.14	1200m: 14:57.27	37.98
6. Nuno Henrique, GUIMARAES	99	Valongo	18:50.42	425	
50m: 31.60	31.60	450m: 5:32.32	38.13	850m: 10:37.56	37.85
100m: 1:06.95	35.35	500m: 6:10.75	38.43	900m: 11:15.75	38.19
150m: 1:44.22	37.27	550m: 6:49.30	38.55	950m: 11:54.05	38.30
200m: 2:22.02	37.80	600m: 7:27.56	38.26	1000m: 12:31.53	37.48
250m: 2:59.71	37.69	650m: 8:05.16	37.60	1050m: 13:09.68	38.15
300m: 3:37.62	37.91	700m: 8:43.45	38.29	1100m: 13:48.17	38.49
350m: 4:15.96	38.34	750m: 9:21.47	38.02	1150m: 14:27.17	39.00
400m: 4:54.19	38.23	800m: 9:59.71	38.24	1200m: 15:05.18	38.01
7. Vasco Capela, TAVARES	99	Sporting Clube de Espinho	18:53.67	421	
50m: 32.73	32.73	450m: 5:33.26	37.66	850m: 10:33.82	38.06
100m: 1:08.85	36.12	500m: 6:10.84	37.58	900m: 11:12.01	38.19
150m: 1:46.37	37.52	550m: 6:48.56	37.72	950m: 11:50.53	38.52
200m: 2:24.06	37.69	600m: 7:26.42	37.86	1000m: 12:28.52	37.99
250m: 3:02.06	38.00	650m: 8:04.12	37.70	1050m: 13:06.51	37.99
300m: 3:40.04	37.98	700m: 8:41.40	37.28	1100m: 13:45.20	38.69
350m: 4:17.82	37.78	750m: 9:18.50	37.10	1150m: 14:24.12	38.92
400m: 4:55.60	37.78	800m: 9:55.76	37.26	1200m: 15:02.92	38.80
8. Joao Rafael, SILVA	99	ASSS Columb Cantanhedense	19:07.79	406	
50m: 33.35	33.35	450m: 5:36.61	38.62	850m: 10:44.85	38.50
100m: 1:09.34	35.99	500m: 6:15.12	38.51	900m: 11:23.42	38.57
150m: 1:46.64	37.30	550m: 6:53.50	38.38	950m: 12:02.25	38.83
200m: 2:24.38	37.74	600m: 7:31.80	38.30	1000m: 12:41.12	38.87
250m: 3:02.70	38.32	650m: 8:10.70	38.90	1050m: 13:20.11	38.99
300m: 3:41.05	38.35	700m: 8:48.93	38.23	1100m: 13:58.73	38.62
350m: 4:19.65	38.60	750m: 9:27.55	38.62	1150m: 14:37.53	38.80
400m: 4:57.99	38.34	800m: 10:06.35	38.80	1200m: 15:15.98	38.45
9. Gabriel Vidal, CARVALHO	99	Galitos	19:15.50	398	
50m: 35.16	35.16	450m: 5:42.02	38.66	850m: 10:49.20	38.62
100m: 1:13.16	38.00	500m: 6:20.40	38.38	900m: 11:28.14	38.94
150m: 1:51.34	38.18	550m: 6:58.85	38.45	950m: 12:07.25	39.11
200m: 2:29.74	38.40	600m: 7:37.09	38.24	1000m: 12:46.51	39.26
250m: 3:08.27	38.53	650m: 8:15.64	38.55	1050m: 13:25.70	39.19
300m: 3:46.66	38.39	700m: 8:54.41	38.77	1100m: 14:04.91	39.21
350m: 4:25.02	38.36	750m: 9:32.97	38.56	1150m: 14:44.28	39.37
400m: 5:03.36	38.34	800m: 10:10.58	37.61	1200m: 15:23.62	39.34
10. Goncalo Daniel, TEIXEIRA	99	Braga	19:19.42	394	
50m: 32.04	32.04	450m: 5:36.78	38.94	850m: 10:51.38	39.83
100m: 1:08.91	36.87	500m: 6:15.62	38.84	900m: 11:31.39	40.01
150m: 1:47.04	38.13	550m: 6:54.67	39.05	950m: 12:11.24	39.85
200m: 2:24.94	37.90	600m: 7:33.75	39.08	1000m: 12:50.91	39.67
250m: 3:03.29	38.35	650m: 8:12.86	39.11	1050m: 13:30.77	39.86
300m: 3:41.29	38.00	700m: 8:52.39	39.53	1100m: 14:09.73	38.96
350m: 4:19.48	38.19	750m: 9:31.99	39.60	1150m: 14:49.27	39.54
400m: 4:57.84	38.36	800m: 10:11.55	39.56	1200m: 15:29.09	39.82

O Secretário do Juri

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Prova 19, Masc., 1500m Livres

Infantis B

1. Miguel Angelo, SANTOS		00	Famalicao		17:51.83	498					
50m:	31.45	31.45	450m:	5:18.82	36.34	850m:	10:06.96	35.95	1250m:	14:54.71	35.93
100m:	1:06.13	34.68	500m:	5:54.80	35.98	900m:	10:43.06	36.10	1300m:	15:30.71	36.00
150m:	1:41.77	35.64	550m:	6:30.92	36.12	950m:	11:18.90	35.84	1350m:	16:06.95	36.24
200m:	2:17.82	36.05	600m:	7:06.99	36.07	1000m:	11:55.06	36.16	1400m:	16:42.55	35.60
250m:	2:53.65	35.83	650m:	7:43.02	36.03	1050m:	12:30.99	35.93	1450m:	17:18.64	36.09
300m:	3:29.75	36.10	700m:	8:19.07	36.05	1100m:	13:06.92	35.93	1500m:	17:51.83	33.19
350m:	4:06.15	36.40	750m:	8:55.02	35.95	1150m:	13:42.93	36.01			
400m:	4:42.48	36.33	800m:	9:31.01	35.99	1200m:	14:18.78	35.85			
2. Miguel Diogo, AGOSTINHO		00	Fundacao Beatriz Santos		18:42.68	434					
50m:	33.14	33.14	450m:	5:27.83	37.26	850m:	10:27.81	37.50	1250m:	15:32.66	38.23
100m:	1:09.47	36.33	500m:	6:05.33	37.50	900m:	11:05.79	37.98	1300m:	16:10.68	38.02
150m:	1:46.34	36.87	550m:	6:42.31	36.98	950m:	11:43.48	37.69	1350m:	16:49.53	38.85
200m:	2:23.15	36.81	600m:	7:19.82	37.51	1000m:	12:21.38	37.90	1400m:	17:27.86	38.33
250m:	2:59.91	36.76	650m:	7:57.50	37.68	1050m:	12:59.49	38.11	1450m:	18:05.93	38.07
300m:	3:36.65	36.74	700m:	8:35.03	37.53	1100m:	13:37.81	38.32	1500m:	18:42.68	36.75
350m:	4:13.56	36.91	750m:	9:12.52	37.49	1150m:	14:15.92	38.11			
400m:	4:50.57	37.01	800m:	9:50.31	37.79	1200m:	14:54.43	38.51			
3. Diogo Barbosa, NUNES		00	Fluvial Portuense		18:53.07	422					
50m:	32.59	32.59	450m:	5:33.54	38.04	850m:	10:39.55	38.22	1250m:	15:43.34	38.00
100m:	1:09.67	37.08	500m:	6:12.40	38.86	900m:	11:17.59	38.04	1300m:	16:21.65	38.31
150m:	1:46.00	36.33	550m:	6:49.78	37.38	950m:	11:55.78	38.19	1350m:	16:59.52	37.87
200m:	2:23.57	37.57	600m:	7:28.51	38.73	1000m:	12:33.82	38.04	1400m:	17:38.18	38.66
250m:	3:01.67	38.10	650m:	8:07.10	38.59	1050m:	13:11.44	37.62	1450m:	18:16.45	38.27
300m:	3:39.71	38.04	700m:	8:45.06	37.96	1100m:	13:50.07	38.63	1500m:	18:53.07	36.62
350m:	4:17.39	37.68	750m:	9:23.14	38.08	1150m:	14:27.19	37.12			
400m:	4:55.50	38.11	800m:	10:01.33	38.19	1200m:	15:05.34	38.15			
4. Dany Pedro, CAILLE		00	Braga		19:00.02	414					
50m:	33.11	33.11	450m:	5:35.80	37.72	850m:	10:41.63	38.02	1250m:	15:50.20	38.63
100m:	1:09.82	36.71	500m:	6:14.29	38.49	900m:	11:20.35	38.72	1300m:	16:28.92	38.72
150m:	1:47.86	38.04	550m:	6:52.52	38.23	950m:	11:59.18	38.83	1350m:	17:08.02	39.10
200m:	2:26.24	38.38	600m:	7:30.49	37.97	1000m:	12:37.52	38.34	1400m:	17:46.72	38.70
250m:	3:03.90	37.66	650m:	8:08.55	38.06	1050m:	13:16.41	38.89	1450m:	18:25.41	38.69
300m:	3:41.92	38.02	700m:	8:47.04	38.49	1100m:	13:54.80	38.39	1500m:	19:00.02	34.61
350m:	4:19.53	37.61	750m:	9:25.19	38.15	1150m:	14:33.59	38.79			
400m:	4:58.08	38.55	800m:	10:03.61	38.42	1200m:	15:11.57	37.98			
5. Nuno Correia, SOUSA		00	Porto		19:18.90	394					
50m:	34.28	34.28	450m:	5:44.54	38.42	850m:	10:58.49	39.26	1250m:	16:09.81	39.12
100m:	1:12.27	37.99	500m:	6:23.80	39.26	900m:	11:37.05	38.56	1300m:	16:48.43	38.62
150m:	1:50.92	38.65	550m:	7:03.15	39.35	950m:	12:15.96	38.91	1350m:	17:26.89	38.46
200m:	2:30.13	39.21	600m:	7:42.73	39.58	1000m:	12:55.30	39.34	1400m:	18:05.65	38.76
250m:	3:09.31	39.18	650m:	8:21.78	39.05	1050m:	13:34.79	39.49	1450m:	18:44.30	38.65
300m:	3:47.74	38.43	700m:	9:01.02	39.24	1100m:	14:13.61	38.82	1500m:	19:18.90	34.60
350m:	4:27.16	39.42	750m:	9:40.84	39.82	1150m:	14:51.48	37.87			
400m:	5:06.12	38.96	800m:	10:19.23	38.39	1200m:	15:30.69	39.21			
6. David Coelho, SILVA		00	Nautico de Coimbra		19:39.78	374					
50m:	32.83	32.83	450m:	5:48.19	39.80	850m:	11:06.84	39.50	1250m:	16:24.30	39.42
100m:	1:09.85	37.02	500m:	6:27.78	39.59	900m:	11:46.29	39.45	1300m:	17:03.76	39.46
150m:	1:48.79	38.94	550m:	7:08.08	40.30	950m:	12:25.65	39.36	1350m:	17:43.24	39.48
200m:	2:28.60	39.81	600m:	7:47.92	39.84	1000m:	13:05.43	39.78	1400m:	18:22.85	39.61
250m:	3:08.48	39.88	650m:	8:27.28	39.36	1050m:	13:45.07	39.64	1450m:	19:01.62	38.77
300m:	3:48.60	40.12	700m:	9:07.23	39.95	1100m:	14:24.95	39.88	1500m:	19:39.78	38.16
350m:	4:28.61	40.01	750m:	9:46.95	39.72	1150m:	15:05.03	40.08			
400m:	5:08.39	39.78	800m:	10:27.34	40.39	1200m:	15:44.88	39.85			

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 19, Masc., 1500m Livres, Infantis B

Lugar	Ano		Tempo final						Pts
7. Nuno Filipe, FERREIRA	00 Felgueiras		20:01.34						354
50m: 35.26 35.26	450m: 5:53.51	39.75	850m: 11:15.92	40.43	1250m: 16:39.75	40.79			
100m: 1:14.03 38.77	500m: 6:33.49	39.98	900m: 11:56.50	40.58	1300m: 17:20.66	40.91			
150m: 1:53.66 39.63	550m: 7:13.90	40.41	950m: 12:36.70	40.20	1350m: 18:01.36	40.70			
200m: 2:33.31 39.65	600m: 7:54.39	40.49	1000m: 13:17.07	40.37	1400m: 18:41.72	40.36			
250m: 3:13.19 39.88	650m: 8:34.41	40.02	1050m: 13:57.35	40.28	1450m: 19:22.26	40.54			
300m: 3:53.05 39.86	700m: 9:14.65	40.24	1100m: 14:37.39	40.04	1500m: 20:01.34	39.08			
350m: 4:33.62 40.57	750m: 9:55.18	40.53	1150m: 15:18.48	41.09					
400m: 5:13.76 40.14	800m: 10:35.49	40.31	1200m: 15:58.96	40.48					
8. Tiago Filipe, TEIXEIRA	00 Felgueiras		20:16.31						341
<i>FTL</i>									
50m: 33.69 33.69	450m: 5:53.93	40.65	850m: 11:20.96	40.91	1250m: 16:52.66	41.07			
100m: 1:11.09 37.40	500m: 6:34.53	40.60	900m: 12:02.24	41.28	1300m: 17:33.98	41.32			
150m: 1:50.02 38.93	550m: 7:15.55	41.02	950m: 12:43.89	41.65	1350m: 18:15.69	41.71			
200m: 2:30.25 40.23	600m: 7:56.85	41.30	1000m: 13:25.48	41.59	1400m: 18:56.64	40.95			
250m: 3:10.87 40.62	650m: 8:37.59	40.74	1050m: 14:07.09	41.61	1450m: 19:37.20	40.56			
300m: 3:51.34 40.47	700m: 9:18.40	40.81	1100m: 14:48.66	41.57	1500m: 20:16.31	39.11			
350m: 4:32.46 41.12	750m: 9:59.16	40.76	1150m: 15:29.87	41.21					
400m: 5:13.28 40.82	800m: 10:40.05	40.89	1200m: 16:11.59	41.72					

Prova 20 Femin., 400m Livres Infantis Resultados

Recordes Nacionais 25m Absoluto	4:13.97	Sara Beatriz, LOUREIRO	FCP	Leiria	05-12-2009
Recordes Nacionais 25m Inf B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	13-06-2009
Recordes Nacionais 25m Inf A	4:25.30	tempo limite,			

TAC Zonais 2013 Inf A Fem Inf A: 5:16.50 / TAC Zonais 2013 Inf B Fem Inf B: 5:32.00

Pontos: FINA 2012

Lugar	Ano		Tempo final						Pts
Infantis A									
1. Ana Rita, FARIA	00 Porto		4:41.95						578
50m: 32.68 32.68	150m: 1:43.63	35.74	250m: 2:55.70	35.88	350m: 4:08.08	36.12			
100m: 1:07.89 35.21	200m: 2:19.82	36.19	300m: 3:31.96	36.26	400m: 4:41.95	33.87			
2. Ana Miguel, REIS	00 ASSS Columb Cantanhedense		4:49.18						536
50m: 32.64 32.64	150m: 1:44.92	36.81	250m: 2:58.86	37.01	350m: 4:13.00	37.19			
100m: 1:08.11 35.47	200m: 2:21.85	36.93	300m: 3:35.81	36.95	400m: 4:49.18	36.18			
3. Maria Ines, FERREIRA	00 Miranda do Corvo		4:53.52						512
50m: 33.26 33.26	150m: 1:47.34	37.53	250m: 3:02.54	37.44	350m: 4:17.89	37.65			
100m: 1:09.81 36.55	200m: 2:25.10	37.76	300m: 3:40.24	37.70	400m: 4:53.52	35.63			
4. Rafaela Araujo, SILVA	00 Famalicao		4:57.34						493
50m: 35.09 35.09	150m: 1:50.86	37.74	250m: 3:06.70	37.75	350m: 4:22.11	37.45			
100m: 1:13.12 38.03	200m: 2:28.95	38.09	300m: 3:44.66	37.96	400m: 4:57.34	35.23			
5. Mariana Santos, FERREIRA	00 Miranda do Corvo		5:00.68						476
50m: 34.07 34.07	150m: 1:48.99	37.78	250m: 3:06.20	38.58	350m: 4:24.01	39.35			
100m: 1:11.21 37.14	200m: 2:27.62	38.63	300m: 3:44.66	38.46	400m: 5:00.68	36.67			
6. Joana Francisca, COSTA	00 Felgueiras		5:01.14						474
50m: 33.96 33.96	150m: 1:49.45	38.45	250m: 3:06.61	38.30	350m: 4:23.92	38.99			
100m: 1:11.00 37.04	200m: 2:28.31	38.86	300m: 3:44.93	38.32	400m: 5:01.14	37.22			

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 20, Femin., 400m Livres, Infantis A

Lugar	Ano		Tempo final		Pts
7. Carla Laranjeira, MARQUES	00	Galitos	5:02.59	467	
50m: 33.66 33.66	150m: 1:49.68 38.51	250m: 3:07.09 38.41	350m: 4:25.89 39.57		
100m: 1:11.17 37.51	200m: 2:28.68 39.00	300m: 3:46.32 39.23	400m: 5:02.59 36.70		
8. Daniela Domingues, SOUSA	00	Valongo	5:06.46	450	
50m: 33.88 33.88	150m: 1:50.56 39.06	250m: 3:10.25 40.22	350m: 4:29.00 38.78		
100m: 1:11.50 37.62	200m: 2:30.03 39.47	300m: 3:50.22 39.97	400m: 5:06.46 37.46		
9. Adriana Marisa, FIGUEIREDO	00	Famalicao	5:06.61	449	
50m: 34.01 34.01	150m: 1:51.24 39.28	250m: 3:09.75 39.30	350m: 4:28.75 39.60		
100m: 1:11.96 37.95	200m: 2:30.45 39.21	300m: 3:49.15 39.40	400m: 5:06.61 37.86		
10. Sofia Campos, COSTA	00	Vigor da Mocidade	5:07.16	447	
50m: 34.34 34.34	150m: 1:51.03 39.18	250m: 3:09.43 39.54	350m: 4:28.75 39.58		
100m: 1:11.85 37.51	200m: 2:29.89 38.86	300m: 3:49.17 39.74	400m: 5:07.16 38.41		
11. Joana Martins, PEREIRA	00	Porto	5:08.03	443	
50m: 34.68 34.68	150m: 1:53.04 39.88	250m: 3:11.83 39.55	350m: 4:30.57 39.77		
100m: 1:13.16 38.48	200m: 2:32.28 39.24	300m: 3:50.80 38.97	400m: 5:08.03 37.46		
12. Claudia Isabel, MARTINS	00	Ac.Viseu	5:08.33	442	
50m: 34.86 34.86	150m: 1:53.32 39.59	250m: 3:11.90 38.84	350m: 4:30.94 39.36		
100m: 1:13.73 38.87	200m: 2:33.06 39.74	300m: 3:51.58 39.68	400m: 5:08.33 37.39		
13. Maria Leonor, VALENTE	00	Fluvial Portuense	5:10.00	435	
50m: 34.12 34.12	150m: 1:51.38 38.62	250m: 3:10.86 39.71	350m: 4:31.16 40.09		
100m: 1:12.76 38.64	200m: 2:31.15 39.77	300m: 3:51.07 40.21	400m: 5:10.00 38.84		
14. Daniela Margarida, PINTO	00	Miranda do Corvo	5:10.75	432	
50m: 33.82 33.82	150m: 1:50.48 38.90	250m: 3:10.50 40.53	350m: 4:30.96 40.40		
100m: 1:11.58 37.76	200m: 2:29.97 39.49	300m: 3:50.56 40.06	400m: 5:10.75 39.79		
15. Carlota Santos, SILVA	00	Nautico de Coimbra	5:10.82	431	
50m: 34.30 34.30	150m: 1:53.36 39.94	250m: 3:12.90 39.73	350m: 4:32.68 39.88		
100m: 1:13.42 39.12	200m: 2:33.17 39.81	300m: 3:52.80 39.90	400m: 5:10.82 38.14		
16. Ana Sofia, RAMOS	00	Porto	5:11.10	430	
50m: 34.96 34.96	150m: 1:53.24 39.65	250m: 3:13.19 39.90	350m: 4:32.59 39.12		
100m: 1:13.59 38.63	200m: 2:33.29 40.05	300m: 3:53.47 40.28	400m: 5:11.10 38.51		
17. Natalia Matos, CUNHA	00	Assoc. Desportiva de Fafe	5:15.08	414	
50m: 35.32 35.32	150m: 1:54.20 39.96	250m: 3:14.67 40.27	350m: 4:35.35 40.49		
100m: 1:14.24 38.92	200m: 2:34.40 40.20	300m: 3:54.86 40.19	400m: 5:15.08 39.73		
18. Iara Mesquita, COSTA	00	Junta de Freguesia de Paiao	5:21.43	390	
<i>FTL</i>					
50m: 34.87 34.87	150m: 1:53.17 39.81	250m: 3:15.22 41.34	350m: 4:40.03 42.43		
100m: 1:13.36 38.49	200m: 2:33.88 40.71	300m: 3:57.60 42.38	400m: 5:21.43 41.40		
19. Sara Vitoria, RAMOS	00	Porto	5:25.68	375	
<i>FTL</i>					
50m: 33.75 33.75	150m: 1:53.41 40.96	250m: 3:16.17 41.76	350m: 4:41.70 42.76		
100m: 1:12.45 38.70	200m: 2:34.41 41.00	300m: 3:58.94 42.77	400m: 5:25.68 43.98		
WDR Ines Silva, OLIVEIRA	00	Leixões Sport Clube			

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Prova 20, Femin., 400m Livres

Infantis B

1.	Sara Sofia, ALVES	01	ASSS Columb Cantanhedense	4:53.57	512
	50m: 33.62 33.62	150m: 1:47.90	37.78	250m: 3:02.93	37.78
	100m: 1:10.12 36.50	200m: 2:25.15	37.25	300m: 3:40.66	37.73
				350m: 4:17.74	37.08
				400m: 4:53.57	35.83
2.	Maria Carolina, COSTA	01	Porto	4:58.10	489
	50m: 33.32 33.32	150m: 1:48.95	38.28	250m: 3:05.20	38.35
	100m: 1:10.67 37.35	200m: 2:26.85	37.90	300m: 3:43.32	38.12
				350m: 4:21.47	38.15
				400m: 4:58.10	36.63
3.	Maria Esteves, MARTINS	01	Galitos	5:06.24	451
	50m: 33.10 33.10	150m: 1:50.37	39.40	250m: 3:07.89	38.61
	100m: 1:10.97 37.87	200m: 2:29.28	38.91	300m: 3:47.35	39.46
				350m: 4:26.97	39.62
				400m: 5:06.24	39.27
4.	Lara Beatriz, MATOS	01	Famalicao	5:06.41	450
	50m: 34.87 34.87	150m: 1:50.81	38.93	250m: 3:09.98	39.59
	100m: 1:11.88 37.01	200m: 2:30.39	39.58	300m: 3:49.36	39.38
				350m: 4:28.28	38.92
				400m: 5:06.41	38.13
5.	Ines Alves, MARTINS	01	Fluvial Portuense	5:06.49	450
	50m: 34.05 34.05	150m: 1:51.28	39.41	250m: 3:10.52	39.62
	100m: 1:11.87 37.82	200m: 2:30.90	39.62	300m: 3:50.10	39.58
				350m: 4:29.40	39.30
				400m: 5:06.49	37.09
6.	Eva Fernandes, CARDOSO	01	Fundacao Beatriz Santos	5:09.07	439
	50m: 35.45 35.45	150m: 1:53.23	39.34	250m: 3:11.35	38.80
	100m: 1:13.89 38.44	200m: 2:32.55	39.32	300m: 3:51.24	39.89
				350m: 4:30.46	39.22
				400m: 5:09.07	38.61
7.	Joana Costa, AMADOR	01	Galitos	5:09.36	437
	50m: 34.48 34.48	150m: 1:53.46	40.05	250m: 3:13.38	39.48
	100m: 1:13.41 38.93	200m: 2:33.90	40.44	300m: 3:53.42	40.04
				350m: 4:31.96	38.54
				400m: 5:09.36	37.40
8.	Francisca Vieira, PAIS	01	Galitos	5:10.80	431
	50m: 35.18 35.18	150m: 1:53.95	39.78	250m: 3:14.05	39.81
	100m: 1:14.17 38.99	200m: 2:34.24	40.29	300m: 3:53.92	39.87
				350m: 4:33.60	39.68
				400m: 5:10.80	37.20
9.	Beatriz Santos, SILVA	01	Porto	5:11.88	427
	50m: 35.75 35.75	150m: 1:54.64	39.94	250m: 3:13.77	39.42
	100m: 1:14.70 38.95	200m: 2:34.35	39.71	300m: 3:52.87	39.10
				350m: 4:32.84	39.97
				400m: 5:11.88	39.04
10.	Erika Almeida, MARQUES	01	Braga	5:19.17	398
	50m: 36.11 36.11	150m: 1:55.96	40.27	250m: 3:17.62	41.00
	100m: 1:15.69 39.58	200m: 2:36.62	40.66	300m: 3:58.74	41.12
				350m: 4:39.16	40.42
				400m: 5:19.17	40.01
11.	Isabel Ferreira, SOUSA	01	Leixões Sport Clube	5:19.68	396
	50m: 35.59 35.59	150m: 1:56.14	41.10	250m: 3:18.77	41.17
	100m: 1:15.04 39.45	200m: 2:37.60	41.46	300m: 4:00.35	41.58
				350m: 4:40.78	40.43
				400m: 5:19.68	38.90
12.	Jessica Goncalves, VILACA	01	Braga	5:20.94	392
	50m: 35.55 35.55	150m: 1:55.92	40.75	250m: 3:17.79	40.64
	100m: 1:15.17 39.62	200m: 2:37.15	41.23	300m: 3:59.54	41.75
				350m: 4:40.62	41.08
				400m: 5:20.94	40.32
13.	Rita Carrico, RODRIGUES	01	Nautico de Coimbra	5:22.62	386
	50m: 36.71 36.71	150m: 1:59.87	42.07	250m: 3:22.04	40.35
	100m: 1:17.80 41.09	200m: 2:41.69	41.82	300m: 4:03.60	41.56
				350m: 4:44.56	40.96
				400m: 5:22.62	38.06
14.	Sara Sofia, MIRANDA	01	Braga	5:24.17	380
	50m: 36.23 36.23	150m: 1:57.40	41.44	250m: 3:21.30	41.93
	100m: 1:15.96 39.73	200m: 2:39.37	41.97	300m: 4:03.47	42.17
				350m: 4:44.84	41.37
				400m: 5:24.17	39.33
15.	Margarida Dias, FERREIRA	01	Galitos	5:34.17	347
	<i>FTL</i>				
	50m: 37.69 37.69	150m: 2:03.24	42.75	250m: 3:30.24	43.48
	100m: 1:20.49 42.80	200m: 2:46.76	43.52	300m: 4:11.99	41.75
				350m: 4:54.36	42.37
				400m: 5:34.17	39.81

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 20, Femin., 400m Livres, Infantis B

Lugar	Ano		Tempo final						Pts		
16. Beatriz Ferreira, SILVA	01	Braga	5:36.78						339		
<i>FTL</i>											
50m:	35.27	35.27	150m:	2:00.63	43.40	250m:	3:27.89	43.70	350m:	4:55.07	43.62
100m:	1:17.23	41.96	200m:	2:44.19	43.56	300m:	4:11.45	43.56	400m:	5:36.78	41.71

Prova 21

Masc., 200m Bruços

Infantis

17-03-2013 - 10:35

Resultados

Recordes Nacionais 25m Absoluto	2:05.59	Carlos Esteves, ALMEIDA	FPN	Chartres (FRA)	25-11-2012
Recordes Nacionais 25m Inf B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	13-07-2003
Recordes Nacionais 25m Inf A	2:29.59	Luis Manuel, FERNANDES	GDNVNF	Cantanhede	08-03-2009

TAC Zonais 2013 Inf A Masc Inf A: 2:59.00 / TAC Zonais 2013 Inf B Masc Inf B: 3:09.00

Pontos: FINA 2012

Lugar	Ano		Tempo final						Pts		
Infantis A											
1. Jose Pedro, MELO	99	Braga	2:38.62						440		
50m:	35.58	35.58	100m:	1:16.36	40.78	150m:	1:58.09	41.73	200m:	2:38.62	40.53
2. Daniel Queiros, CRUZ	99	CNMaia	2:40.89						421		
50m:	36.41	36.41	100m:	1:17.36	40.95	150m:	1:59.29	41.93	200m:	2:40.89	41.60
3. Nuno Miguel, COTO	99	Braga	2:41.85						414		
50m:	36.25	36.25	100m:	1:17.21	40.96	150m:	1:59.69	42.48	200m:	2:41.85	42.16
4. Alexandre Ferreira, AMORIM	99	Lamas	2:41.91						413		
50m:	36.54	36.54	100m:	1:17.71	41.17	150m:	2:00.09	42.38	200m:	2:41.91	41.82
5. Tiago Oliveira, BARBOSA	99	Lamas	2:46.17						382		
50m:	36.16	36.16	100m:	1:18.49	42.33	150m:	2:02.28	43.79	200m:	2:46.17	43.89
6. Diogo Pereira, SANTOS	99	Porto	2:46.78						378		
50m:	37.03	37.03	100m:	1:18.97	41.94	150m:	2:02.75	43.78	200m:	2:46.78	44.03
7. Diogo Filipe, TEODORO	99	CNMaia	2:48.58						366		
50m:	36.40	36.40	100m:	1:18.86	42.46	150m:	2:03.71	44.85	200m:	2:48.58	44.87
8. Jose Nuno, MENDES	99	Braga	2:50.33						355		
50m:	37.74	37.74	100m:	1:20.98	43.24	150m:	2:05.92	44.94	200m:	2:50.33	44.41
9. Elmano Madail, COSTA	99	Vitória Sport Clube	2:53.04						339		
50m:	39.12	39.12	100m:	1:23.13	44.01	150m:	2:08.27	45.14	200m:	2:53.04	44.77
10. Rui Pedro, FERREIRA	99	Felgueiras	2:53.06						339		
50m:	37.11	37.11	100m:	1:21.39	44.28	150m:	2:07.90	46.51	200m:	2:53.06	45.16
11. Jose Neves, NETO	99	ASSS Columb Cantanhedense	2:53.24						337		
50m:	37.71	37.71	100m:	1:22.65	44.94	150m:	2:08.92	46.27	200m:	2:53.24	44.32
12. Lourenco Costa, QUINTAO	99	Fluvial Portuense	2:53.53						336		
50m:	40.19	40.19	100m:	1:24.32	44.13	150m:	2:08.46	44.14	200m:	2:53.53	45.07
13. Albino Manuel, GONCALVES	99	Vitória Sport Clube	2:54.44						331		
50m:	39.76	39.76	100m:	1:24.27	44.51	150m:	2:10.54	46.27	200m:	2:54.44	43.90
14. Joao Manuel, SANTOS	99	Fluvial Vilacondense	2:55.55						324		
50m:	39.77	39.77	100m:	1:24.03	44.26	150m:	2:10.03	46.00	200m:	2:55.55	45.52

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 21, Masc., 200m Bruços, Infantis A

Lugar	Ano	Tempo final	Pts
15. Goncalo Santos, CUNHA	99 Ac.Viseu	2:57.77	312
50m: 38.88 38.88 100m: 1:23.25 44.37 150m: 2:09.93 46.68 200m: 2:57.77 47.84			
16. Miguel Aguiar, SILVA	99 Campinho	2:58.39	309
50m: 37.67 37.67 100m: 1:22.42 44.75 150m: 2:10.57 48.15 200m: 2:58.39 47.82			
17. Daniel Silva, BESSA	99 Gespacos	2:59.60	303
<i>FTL</i> 50m: 40.45 40.45 100m: 1:26.71 46.26 150m: 2:13.20 46.49 200m: 2:59.60 46.40			
18. Fernando Marcelo, ROCHA	99 Lamas	2:59.76	302
<i>FTL</i> 50m: 39.35 39.35 100m: 1:25.02 45.67 150m: 2:12.92 47.90 200m: 2:59.76 46.84			
19. Joao Rafael, SILVA	99 ASSS Columb Cantanhedense	3:02.44	289
<i>FTL</i> 50m: 41.38 41.38 100m: 1:27.94 46.56 150m: 2:15.20 47.26 200m: 3:02.44 47.24			
20. Antonio Fernando, PINTO	99 Lousada	3:06.57	270
<i>FTL</i> 50m: 41.55 41.55 100m: 1:30.11 48.56 150m: 2:18.97 48.86 200m: 3:06.57 47.60			
DSQ Joao Pedro, PINTO	99 Fluvial Portuense		
<i>102 - Falsa partida – SW 4.4</i>			
DSQ Telmo Pereira, BRAGA	99 Famalicao		
<i>419 - O(a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 150 metros – SW 7.6</i>			
DSQ Jose Pedro, LEMOS	99 Sport Clube de Mirandela		
<i>419 - O(a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 125 metros – SW 7.6</i>			

Infantis B

1. Miguel Angelo, SANTOS	00 Famalicao	2:38.90	437
50m: 36.34 36.34 100m: 1:16.43 40.09 150m: 1:57.82 41.39 200m: 2:38.90 41.08			
2. Ricardo Costa, SANTOS	00 Desportos Barcelos	2:43.68	400
50m: 36.57 36.57 100m: 1:17.95 41.38 150m: 2:01.09 43.14 200m: 2:43.68 42.59			
3. Daniel Pereira, SILVA	00 Famalicao	2:45.06	390
50m: 36.72 36.72 100m: 1:19.48 42.76 150m: 2:02.97 43.49 200m: 2:45.06 42.09			
4. Jose Pedro, FREITAS	00 AquaBrito	2:48.30	368
50m: 36.37 36.37 100m: 1:18.45 42.08 150m: 2:03.03 44.58 200m: 2:48.30 45.27			
5. Pedro Correia, SILVA	00 Gespacos	2:53.05	339
50m: 39.61 39.61 100m: 1:24.15 44.54 150m: 2:08.92 44.77 200m: 2:53.05 44.13			
6. Francisco Neto, MOREIRA	00 Gespacos	2:53.51	336
50m: 40.25 40.25 100m: 1:23.72 43.47 150m: 2:08.35 44.63 200m: 2:53.51 45.16			
7. Joao Tiago, RAINHO	00 Galitos	2:58.53	308
50m: 39.90 39.90 100m: 1:25.35 45.45 150m: 2:11.91 46.56 200m: 2:58.53 46.62			
8. Goncalo Santos, OLIVEIRA	00 Viana Natacao	2:58.81	307
50m: 40.08 40.08 100m: 1:25.18 45.10 150m: 2:12.35 47.17 200m: 2:58.81 46.46			

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Torneio Zonal Norte - Infantis
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Prova 21, Masc., 200m Bruços, Infantis B

Lugar	Ano						Tempo final	Pts
9. Diogo Moreno, BASTOS	00	Fluvial Portuense					3:01.20	295
50m: 41.75 41.75	100m: 1:27.89	46.14	150m: 2:15.39	47.50	200m: 3:01.20	45.81		
10. Joao Baptista, MARQUES	00	Nautico de Coimbra					3:01.63	293
50m: 41.08 41.08	100m: 1:27.09	46.01	150m: 2:14.59	47.50	200m: 3:01.63	47.04		
11. Ricardo Manuel, ROCHA	00	Leixões Sport Clube					3:06.60	270
50m: 42.22 42.22	100m: 1:28.90	46.68	150m: 2:17.15	48.25	200m: 3:06.60	49.45		
12. Francisco Joao, PIRES	00	Sport Clube de Mirandela					3:08.41	262
50m: 42.30 42.30	100m: 1:31.12	48.82	150m: 2:19.94	48.82	200m: 3:08.41	48.47		
13. Rafael Rodrigo, NETO	00	ASSS Columb Cantanhedense					3:08.65	261
50m: 42.28 42.28	100m: 1:31.12	48.84	150m: 2:20.54	49.42	200m: 3:08.65	48.11		
14. Ricardo Jorge, TEIXEIRA	00	CNMaia					3:08.91	260
50m: 41.78 41.78	100m: 1:29.47	47.69	150m: 2:19.69	50.22	200m: 3:08.91	49.22		
15. Bernardo Francesco, BARRETO	00	Galitos					3:10.10	255
<i>FTL</i>								
50m: 41.75 41.75	100m: 1:31.16	49.41	150m: 2:20.17	49.01	200m: 3:10.10	49.93		
16. Rodrigo Matos, SALCEDAS	00	Ginasio de Vila Real					3:10.18	255
<i>FTL</i>								
50m: 42.50 42.50	100m: 1:30.86	48.36	150m: 2:21.17	50.31	200m: 3:10.18	49.01		
17. Diogo Oliveira, ANDRADE	00	Estamos Juntos					3:10.29	255
<i>FTL</i>								
50m: 41.04 41.04	100m: 1:29.14	48.10	150m: 2:19.97	50.83	200m: 3:10.29	50.32		

Prova 22 Femin., 200m Costas Infantis
17-03-2013 - 11:00 Resultados

Recordes Nacionais 25m Absoluto	2:12.00	Ana Antas, BARROS	SAD	Algés	14-05-1993
Recordes Nacionais 25m Inf B	2:27.92	Keissy Joselin, SOUSA	FCP	Alcobaça	16-03-1997
Recordes Nacionais 25m Inf A	2:22.25	Keissy Joselin, SOUSA	FCP	Algés	15-03-1998

TAC Zonais 2013 Inf A Fem Inf A: 2:50.00 / TAC Zonais 2013 Inf B Fem Inf B: 3:00.00

Pontos: FINA 2012

Lugar	Ano						Tempo final	Pts
Infantis A								
1. Maria Francisca, CABRAL	00	Porto					2:26.27	552
50m: 35.04 35.04	100m: 1:12.32	37.28	150m: 1:49.78	37.46	200m: 2:26.27	36.49		
2. Teresa Miguel, VELOSO	00	Nautico de Coimbra					2:32.69	485
50m: 36.78 36.78	100m: 1:15.18	38.40	150m: 1:54.33	39.15	200m: 2:32.69	38.36		
3. Alexandra Jesus, SANTOS	00	Leixões Sport Clube					2:34.30	470
50m: 37.21 37.21	100m: 1:16.54	39.33	150m: 1:55.76	39.22	200m: 2:34.30	38.54		
4. Rita Goncalves, MARIEIRO	00	Galitos					2:40.63	417
50m: 38.52 38.52	100m: 1:19.94	41.42	150m: 2:02.09	42.15	200m: 2:40.63	38.54		
5. Ana Carolina, NEVES	00	Académica de Coimbra					2:41.67	409
50m: 37.23 37.23	100m: 1:18.34	41.11	150m: 2:00.21	41.87	200m: 2:41.67	41.46		

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Prova 22, Femin., 200m Costas, Infantis A

Lugar	Ano	Tempo final	Pts
6. Rita Correia, ALBERGUEIRO	00 Estamos Juntos	2:42.24	404
50m: 38.33 38.33 100m: 1:19.37 41.04 150m: 2:01.36 41.99 200m: 2:42.24 40.88			
7. Andreia Brito, PEREIRA	00 Vigor da Mocidade	2:42.25	404
50m: 37.42 37.42 100m: 1:18.75 41.33 150m: 2:00.82 42.07 200m: 2:42.25 41.43			
8. Ana Francisca, SENRA	00 Desportos Barcelos	2:42.33	404
50m: 37.38 37.38 100m: 1:19.07 41.69 150m: 2:01.60 42.53 200m: 2:42.33 40.73			
9. Ana Rita, CRUZ	00 Gespacos	2:42.40	403
50m: 39.06 39.06 100m: 1:20.98 41.92 150m: 2:02.87 41.89 200m: 2:42.40 39.53			
10. Mariana Paula, BAPTISTA	00 Famalicao	2:42.48	403
50m: 37.87 37.87 100m: 1:19.26 41.39 150m: 2:01.84 42.58 200m: 2:42.48 40.64			
11. Iris Cunha, SANTOS	00 Porto	2:43.56	395
50m: 38.34 38.34 100m: 1:19.48 41.14 150m: 2:01.90 42.42 200m: 2:43.56 41.66			
12. Maria Beatriz, JORGE	00 Nautico de Coimbra	2:43.91	392
50m: 38.09 38.09 100m: 1:19.91 41.82 150m: 2:02.67 42.76 200m: 2:43.91 41.24			
13. Cristiana Sofia, RIBEIRO	00 Famalicao	2:43.92	392
50m: 37.87 37.87 100m: 1:19.34 41.47 150m: 2:02.05 42.71 200m: 2:43.92 41.87			
14. Beatriz Costa, GONCALVES	00 Desportos Barcelos	2:44.01	391
50m: 38.89 38.89 100m: 1:21.03 42.14 150m: 2:03.89 42.86 200m: 2:44.01 40.12			
15. Adriana Azevedo, COUTO	00 Famalicao	2:44.09	391
50m: 36.41 36.41 100m: 1:17.47 41.06 150m: 2:01.71 44.24 200m: 2:44.09 42.38			
16. Raquel Leao, MONTEIRO	00 Gespacos	2:44.22	390
50m: 39.18 39.18 100m: 1:20.74 41.56 150m: 2:02.91 42.17 200m: 2:44.22 41.31			
17. Ana Cristina, AFONSO	00 Viana Natacao	2:44.41	389
50m: 39.24 39.24 100m: 1:20.89 41.65 150m: 2:03.87 42.98 200m: 2:44.41 40.54			
18. Beatriz Neto, COSTA	00 Gespacos	2:44.50	388
50m: 38.03 38.03 100m: 1:19.43 41.40 150m: 2:02.10 42.67 200m: 2:44.50 42.40			
19. Natalia Matos, CUNHA	00 Assoc. Desportiva de Fafe	2:45.24	383
50m: 38.96 38.96 100m: 1:21.32 42.36 150m: 2:04.16 42.84 200m: 2:45.24 41.08			
20. Rita Baptista, CABRAL	00 Ginasio de Vila Real	2:46.36	375
50m: 39.21 39.21 100m: 1:20.75 41.54 150m: 2:04.68 43.93 200m: 2:46.36 41.68			
21. Margarete Leandro, FERNANDES	00 Miranda do Corvo	2:46.44	375
50m: 39.42 39.42 100m: 1:22.51 43.09 150m: 2:05.12 42.61 200m: 2:46.44 41.32			
22. Ana Ines, FERNANDES	00 Vitória Sport Clube	2:46.78	372
50m: 40.15 40.15 100m: 1:23.27 43.12 150m: 2:06.19 42.92 200m: 2:46.78 40.59			
23. Rafaela Campos, OLIVEIRA	00 Fluvial Vilacondense	2:47.95	365
50m: 38.84 38.84 100m: 1:21.00 42.16 150m: 2:05.44 44.44 200m: 2:47.95 42.51			
Maria Leonor, VALENTE	00 Fluvial Portuense	2:47.95	365
50m: 39.43 39.43 100m: 1:21.92 42.49 150m: 2:05.90 43.98 200m: 2:47.95 42.05			
25. Carolina Isabel, MACHADO	00 Vitória Sport Clube	2:50.39	349
FTL			
50m: 39.97 39.97 100m: 1:23.25 43.28 150m: 2:07.45 44.20 200m: 2:50.39 42.94			

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Prova 22, Femin., 200m Costas

Infantis B

1.	Ines Neto, ROCHA	01	Gespacos	2:31.55	496
	50m: 36.32 36.32	100m: 1:16.03	39.71 150m: 1:55.24 39.21	200m: 2:31.55	36.31
2.	Ana Margarida, GUEDES	01	Ginasio de Vila Real	2:34.07	472
	50m: 35.57 35.57	100m: 1:13.94	38.37 150m: 1:55.11 41.17	200m: 2:34.07	38.96
3.	Catarina Leao, COSTA	01	Gespacos	2:34.51	468
	50m: 36.53 36.53	100m: 1:16.14	39.61 150m: 1:55.57 39.43	200m: 2:34.51	38.94
4.	Teresa Isabel, GRANJEIA	01	Galitos	2:38.69	432
	50m: 37.50 37.50	100m: 1:17.49	39.99 150m: 1:58.74 41.25	200m: 2:38.69	39.95
5.	Isabel Porfirio, PEGO	01	Porto	2:39.41	426
	50m: 37.13 37.13	100m: 1:17.11	39.98 150m: 1:58.95 41.84	200m: 2:39.41	40.46
6.	Rita Sofia, FERREIRA	01	Ginásio Clube Figueirense	2:43.04	399
	50m: 37.77 37.77	100m: 1:18.62	40.85 150m: 2:01.44 42.82	200m: 2:43.04	41.60
7.	Mariana Oliveira, RIBEIRO	01	Lamas	2:45.18	383
	50m: 38.82 38.82	100m: 1:21.53	42.71 150m: 2:04.67 43.14	200m: 2:45.18	40.51
8.	Daniela Fernanda, BARBOSA	01	Leixões Sport Clube	2:45.61	380
	50m: 37.62 37.62	100m: 1:19.51	41.89 150m: 2:03.06 43.55	200m: 2:45.61	42.55
9.	Carolina Ascenso, SANTOS	01	CNMaia	2:46.25	376
	50m: 39.66 39.66	100m: 1:22.18	42.52 150m: 2:05.85 43.67	200m: 2:46.25	40.40
10.	Beatriz Reis, FONSECA	01	Estamos Juntos	2:47.19	370
	50m: 38.86 38.86	100m: 1:21.48	42.62 150m: 2:05.76 44.28	200m: 2:47.19	41.43
11.	Tatiana Sofia, FERREIRA	01	ASSS Columb Cantanhedense	2:48.09	364
	50m: 38.35 38.35	100m: 1:20.10	41.75 150m: 2:04.67 44.57	200m: 2:48.09	43.42
12.	Maria Nogueira, CARVALHO	01	Assoc. Desportiva de Fafe	2:49.44	355
	50m: 40.46 40.46	100m: 1:24.15	43.69 150m: 2:08.81 44.66	200m: 2:49.44	40.63
13.	Jessica Goncalves, VILACA	01	Braga	2:50.53	348
	50m: 39.42 39.42	100m: 1:23.12	43.70 150m: 2:07.35 44.23	200m: 2:50.53	43.18
14.	Ana Rolo, DIAS	01	Viana Natacao	2:50.80	347
	50m: 39.30 39.30	100m: 1:23.37	44.07 150m: 2:08.18 44.81	200m: 2:50.80	42.62
15.	Julia Albuquerque, FRAGA	01	Gespacos	2:51.09	345
	50m: 40.36 40.36	100m: 1:23.88	43.52 150m: 2:07.65 43.77	200m: 2:51.09	43.44
16.	Sofia Filipa, GONCALVES	01	Leixões Sport Clube	2:51.54	342
	50m: 40.76 40.76	100m: 1:24.18	43.42 150m: 2:08.46 44.28	200m: 2:51.54	43.08
17.	Barbara Vilela, MAGALHAES	01	Porto	2:52.49	336
	50m: 41.36 41.36	100m: 1:25.32	43.96 150m: 2:09.72 44.40	200m: 2:52.49	42.77
18.	Rita Carrico, RODRIGUES	01	Nautico de Coimbra	2:52.66	335
	50m: 40.19 40.19	100m: 1:23.52	43.33 150m: 2:08.61 45.09	200m: 2:52.66	44.05
19.	Ines Araujo, MARTINS	01	Famalicao	2:54.55	325
	50m: 41.23 41.23	100m: 1:25.54	44.31 150m: 2:10.75 45.21	200m: 2:54.55	43.80
20.	Ana Isabel, REIS	01	CNMaia	2:54.66	324
	50m: 40.44 40.44	100m: 1:24.50	44.06 150m: 2:10.18 45.68	200m: 2:54.66	44.48

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 22, Femin., 200m Costas, Infantis B

Lugar	Ano	Tempo final	Pts
21. Ana Rita, BOTELHO 50m: 41.61 41.61 100m: 1:26.13 44.52 150m: 2:12.02 45.89 200m: 2:55.90 43.88	01 Leixões Sport Clube	2:55.90	317
22. Ines Goncalves, REIS 50m: 41.72 41.72 100m: 1:26.67 44.95 150m: 2:12.39 45.72 200m: 2:56.44 44.05	01 CNMaia	2:56.44	314
23. Margarida Malheiro, NEVES 50m: 42.02 42.02 100m: 1:27.35 45.33 150m: 2:12.79 45.44 200m: 2:57.32 44.53	01 Braga	2:57.32	310
24. Beatriz Pereira, CUNHA 50m: 40.50 40.50 100m: 1:25.76 45.26 150m: 2:12.03 46.27 200m: 2:57.51 45.48	01 Ac.Viseu	2:57.51	309
25. Jessica Meira, LEMOS 50m: 41.22 41.22 100m: 1:26.50 45.28 150m: 2:13.64 47.14 200m: 2:57.90 44.26	01 Escola Desportiva de Viana	2:57.90	307
26. Patricia Costa, CRUZ 50m: 42.27 42.27 100m: 1:28.13 45.86 150m: 2:14.38 46.25 200m: 2:59.08 44.70	01 Académica de Coimbra	2:59.08	301
27. Daniela Alexandra, QUEIROS <i>FTL</i> 50m: 44.55 44.55 100m: 1:30.73 46.18 150m: 2:17.13 46.40 200m: 3:01.33 44.20	01 Estamos Juntos	3:01.33	290
28. Ana Beatriz, ALMEIDA <i>FTL</i> 50m: 41.75 41.75 100m: 1:28.11 46.36 150m: 2:15.55 47.44 200m: 3:01.45 45.90	01 Sport Algés e Águeda	3:01.45	289
29. Nair Ribeiro, PINTO <i>FTL</i> 50m: 41.27 41.27 100m: 1:29.38 48.11 150m: 2:18.63 49.25 200m: 3:02.96 44.33	01 Clube Desportivo Feirense	3:02.96	282
30. Ana Margarida, SOUSA <i>FTL</i> 50m: 42.21 42.21 100m: 1:27.92 45.71 150m: 2:16.81 48.89 200m: 3:03.86 47.05	01 Porto	3:03.86	278
DSQ Ana Filipa, MOREIRA 307 - O(a) atleta efectuou mais que uma braçada, na posição ventral, antes da viragem aos 50 metros – SW 6.4	01 Lousada		
DSQ Matilde Freitas, MOREIRA A atleta nadou com um fato de banho a publicitar uma bebida alcoolica GR.6.3 Manual da FINA	01 Académica de Coimbra		
DNS Ana Ferreira, SILVA	01 Leixões Sport Clube		

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 23	Masc., 200m Estilos				Infantis
17-03-2013 - 11:25					Resultados
Recordes Nacionais 25m Absoluto	1:54.58	Diogo Filipe, CARVALHO	FPN	Istambul (TUR)	10-12-2009
Recordes Nacionais 25m Inf B	2:20.56	Tomas Miguel, FREITAS	CDN	Funchal	28-06-2003
Recordes Nacionais 25m Inf A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	17-07-2004
TAC Zonais 2013 Inf A Masc Inf A: 2:38.00 / TAC Zonais 2013 Inf B Masc Inf B: 2:45.00					

Pontos: FINA 2012

Lugar	Ano		Tempo final				Pts
Infantis A							
1. Gabriel Levi, GOMES	99	ASSS Columb Cantanhedense	2:20.87				477
50m: 30.32 30.32	100m: 1:04.93	34.61	150m: 1:48.96	44.03	200m: 2:20.87	31.91	
2. Rui Jorge, MATIAS	99	Fluvial Vilacondense	2:22.25				463
50m: 30.26 30.26	100m: 1:07.12	36.86	150m: 1:50.27	43.15	200m: 2:22.25	31.98	
3. Daniel Queiros, CRUZ	99	CNMaia	2:24.77				439
50m: 32.02 32.02	100m: 1:10.31	38.29	150m: 1:51.82	41.51	200m: 2:24.77	32.95	
Ricardo Jorge, CARVALHO	99	Galitos	2:24.77				439
50m: 31.06 31.06	100m: 1:07.43	36.37	150m: 1:50.47	43.04	200m: 2:24.77	34.30	
5. Nuno Filipe, COSTA	99	Gespacos	2:26.73				422
50m: 31.40 31.40	100m: 1:09.46	38.06	150m: 1:54.24	44.78	200m: 2:26.73	32.49	
6. Mateus Ribeiro, CARVALHO	99	Famalicao	2:27.34				417
50m: 31.08 31.08	100m: 1:08.29	37.21	150m: 1:55.13	46.84	200m: 2:27.34	32.21	
7. Joao Paulo, CORREIA	99	Porto	2:28.83				404
50m: 31.16 31.16	100m: 1:10.08	38.92	150m: 1:55.75	45.67	200m: 2:28.83	33.08	
8. Alexandre Ferreira, AMORIM	99	Lamas	2:28.90				404
50m: 31.76 31.76	100m: 1:10.03	38.27	150m: 1:54.30	44.27	200m: 2:28.90	34.60	
9. Nuno Miguel, COTO	99	Braga	2:29.28				400
50m: 32.24 32.24	100m: 1:12.19	39.95	150m: 1:53.28	41.09	200m: 2:29.28	36.00	
10. Andre Martins, PALHINHA	99	Galitos	2:30.00				395
50m: 33.70 33.70	100m: 1:10.84	37.14	150m: 1:55.95	45.11	200m: 2:30.00	34.05	
11. Pedro Henrique, PIRES	99	Académica de Coimbra	2:30.33				392
50m: 32.63 32.63	100m: 1:11.84	39.21	150m: 1:57.06	45.22	200m: 2:30.33	33.27	
12. Tiago Andre, OLIVEIRA	99	Vitória Sport Clube	2:30.51				391
50m: 31.33 31.33	100m: 1:11.76	40.43	150m: 1:56.83	45.07	200m: 2:30.51	33.68	
13. Tiago Silva, SOARES	99	Porto	2:32.08				379
50m: 33.68 33.68	100m: 1:11.87	38.19	150m: 1:57.34	45.47	200m: 2:32.08	34.74	
14. Jose Pedro, MELO	99	Braga	2:32.67				374
50m: 32.89 32.89	100m: 1:14.06	41.17	150m: 1:55.92	41.86	200m: 2:32.67	36.75	
15. Pedro Miguel, FERNANDES	99	Vitória Sport Clube	2:32.82				373
50m: 31.76 31.76	100m: 1:10.64	38.88	150m: 1:57.71	47.07	200m: 2:32.82	35.11	
16. Fernando Marcelo, ROCHA	99	Lamas	2:34.68				360
50m: 33.69 33.69	100m: 1:14.78	41.09	150m: 2:00.46	45.68	200m: 2:34.68	34.22	
17. Andre Freitas, GUAL	99	Estamos Juntos	2:34.73				360
50m: 32.60 32.60	100m: 1:11.62	39.02	150m: 2:01.42	49.80	200m: 2:34.73	33.31	

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 23, Masc., 200m Estilos, Infantis A

Lugar	Ano	Tempo final	Pts
18. Diogo Paulo, BAPTISTA 50m: 33.09 33.09 100m: 1:13.30 40.21 150m: 1:59.11 45.81 200m: 2:35.23 36.12	99 Famalicao	2:35.23	356
19. Jose Neves, NETO 50m: 33.47 33.47 100m: 1:16.79 43.32 150m: 2:01.52 44.73 200m: 2:35.38 33.86	99 ASSS Columb Cantanhedense	2:35.38	355
20. Diogo Filipe, TEODORO 50m: 32.49 32.49 100m: 1:15.00 42.51 150m: 2:01.30 46.30 200m: 2:35.70 34.40	99 CNMaia	2:35.70	353
21. Jose Pedro, LEMOS 50m: 34.38 34.38 100m: 1:17.24 42.86 150m: 2:00.78 43.54 200m: 2:35.86 35.08	99 Sport Clube de Mirandela	2:35.86	352
22. Tomas Martins, ARAUJO 50m: 34.03 34.03 100m: 1:13.58 39.55 150m: 2:02.82 49.24 200m: 2:36.21 33.39	99 Porto	2:36.21	349
23. Jose Paulo, GOMES 50m: 33.57 33.57 100m: 1:13.42 39.85 150m: 2:01.19 47.77 200m: 2:36.37 35.18	99 Felgueiras	2:36.37	348
24. Joao Francisco, SANTOS 50m: 32.01 32.01 100m: 1:14.97 42.96 150m: 2:02.13 47.16 200m: 2:36.99 34.86	99 Viana Natacao	2:36.99	344
25. Rui Pedro, FERREIRA 50m: 33.66 33.66 100m: 1:18.44 44.78 150m: 2:01.99 43.55 200m: 2:37.77 35.78	99 Felgueiras	2:37.77	339
DSQ Gabriel Filipe, PEREIRA 102 - Falsa partida – SW 4.4	99 Lamas		
WDR Elmano Madail, COSTA	99 Vitória Sport Clube		

Infantis B

1. Jose Pedro, FREITAS 50m: 31.89 31.89 100m: 1:09.96 38.07 150m: 1:52.82 42.86 200m: 2:24.92 32.10	00 AquaBrito	2:24.92	438
2. Jorge Jesus, SILVA 50m: 31.04 31.04 100m: 1:07.82 36.78 150m: 1:52.54 44.72 200m: 2:25.61 33.07	00 Braga	2:25.61	432
3. Hugo Gabriel, MORAIS 50m: 31.43 31.43 100m: 1:09.22 37.79 150m: 1:52.32 43.10 200m: 2:26.59 34.27	00 Famalicao	2:26.59	423
4. Daniel Pereira, SILVA 50m: 35.37 35.37 100m: 1:15.28 39.91 150m: 1:59.22 43.94 200m: 2:34.86 35.64	00 Famalicao	2:34.86	359
5. Ricardo Costa, SANTOS 50m: 34.46 34.46 100m: 1:17.36 42.90 150m: 2:00.85 43.49 200m: 2:36.15 35.30	00 Desportos Barcelos	2:36.15	350
6. Lucas Pereira, BASTOS 50m: 33.90 33.90 100m: 1:13.85 39.95 150m: 2:01.87 48.02 200m: 2:36.38 34.51	00 Nautico de Coimbra	2:36.38	348
7. Pedro Correia, SILVA 50m: 35.24 35.24 100m: 1:16.16 40.92 150m: 2:01.75 45.59 200m: 2:36.62 34.87	00 Gespacos	2:36.62	347
8. Daniel Jose, DUARTE 50m: 33.78 33.78 100m: 1:15.38 41.60 150m: 2:03.46 48.08 200m: 2:36.67 33.21	00 Leixões Sport Clube	2:36.67	346
9. Jose Paulo, LOPES 50m: 32.66 32.66 100m: 1:12.79 40.13 150m: 2:01.81 49.02 200m: 2:37.84 36.03	00 Braga	2:37.84	339
10. Goncalo Santos, OLIVEIRA 50m: 35.80 35.80 100m: 1:17.38 41.58 150m: 2:03.99 46.61 200m: 2:38.07 34.08	00 Viana Natacao	2:38.07	337

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O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 23, Masc., 200m Estilos, Infantis B

Lugar	Ano	Tempo final	Pts
11. Tomas Pimentel, BORGES	00 Porto	2:38.09	337
50m: 33.97 33.97 100m: 1:14.46 40.49 150m: 2:03.87 49.41 200m: 2:38.09 34.22			
12. Jose Pedro, ANTUNES	00 Galitos	2:38.13	337
50m: 33.36 33.36 100m: 1:13.41 40.05 150m: 2:03.70 50.29 200m: 2:38.13 34.43			
13. Francisco Neto, MOREIRA	00 Gespacos	2:39.08	331
50m: 34.72 34.72 100m: 1:14.70 39.98 150m: 2:01.55 46.85 200m: 2:39.08 37.53			
14. Rafael Gomes, SIMOES	00 Desportos Barcelos	2:40.10	325
50m: 36.16 36.16 100m: 1:17.25 41.09 150m: 2:05.38 48.13 200m: 2:40.10 34.72			
15. Diogo Barbosa, NUNES	00 Fluvial Portuense	2:40.20	324
50m: 34.16 34.16 100m: 1:16.47 42.31 150m: 2:05.18 48.71 200m: 2:40.20 35.02			
16. Ricardo Manuel, ROCHA	00 Leixes Sport Clube	2:40.35	323
50m: 34.61 34.61 100m: 1:17.60 42.99 150m: 2:05.43 47.83 200m: 2:40.35 34.92			
17. Porfirio Braga, NUNES	00 Fluvial Vilacondense	2:40.65	321
50m: 33.56 33.56 100m: 1:15.80 42.24 150m: 2:03.69 47.89 200m: 2:40.65 36.96			
18. Rui Alexandre, RAMOS	00 Porto	2:40.77	321
50m: 34.99 34.99 100m: 1:16.61 41.62 150m: 2:04.50 47.89 200m: 2:40.77 36.27			
19. Joao Baptista, MARQUES	00 Nautico de Coimbra	2:41.99	313
50m: 36.01 36.01 100m: 1:18.40 42.39 150m: 2:06.21 47.81 200m: 2:41.99 35.78			
20. Diogo Moreno, BASTOS	00 Fluvial Portuense	2:43.34	306
50m: 36.70 36.70 100m: 1:19.03 42.33 150m: 2:07.95 48.92 200m: 2:43.34 35.39			
21. Diogo Oliveira, ANDRADE	00 Estamos Juntos	2:44.09	301
50m: 36.77 36.77 100m: 1:17.62 40.85 150m: 2:07.85 50.23 200m: 2:44.09 36.24			
22. Tiago Filipe, TEIXEIRA	00 Felgueiras	2:48.53	278
FTL 50m: 36.64 36.64 100m: 1:19.74 43.10 150m: 2:10.32 50.58 200m: 2:48.53 38.21			
DSQ David Dias, LIMA	00 Fluvial Vilacondense		
<i>303 - O(a) atleta saiu na posio ventral depois da viragem aos 50 metros – SW 6.2</i>			
WDR Joao Pereira, TINOCO	00 Famalicao		
EXH Koen, WEUSTINK	00 Ginasio de Vila Real	2:35.46	355
50m: 32.71 32.71 100m: 1:12.14 39.43 150m: 2:00.64 48.50 200m: 2:35.46 34.82			

5 - 3ª Jornada - 2ª Sessão

17-03-2013 - 16:00

Prova 24	Femin., 200m Livres				Infantis
17-03-2013 - 16:00					Resultados
Recordes Nacionais 25m Absoluto	2:00.20	Marta Vieira, MARINHO	FCP	Porto	04-12-2010
Recordes Nacionais 25m Inf B	2:12.32	Beatriz Rodrigues, CONDE	SCP	Algés	12-06-2010
Recordes Nacionais 25m Inf A	2:09.46	Ines Camacho, FERNANDES	SCP	Tavira	05-03-2010
TAC Zonais 2013 Inf A Fem Inf A: 2:31.00 / TAC Zonais 2013 Inf B Fem Inf B: 2:38.00					

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Ana Rita, FARIA	00 Porto	2:15.34	554
50m: 32.74 32.74	100m: 1:07.16 34.42	150m: 1:41.58 34.42	200m: 2:15.34 33.76
2. Ana Miguel, REIS	00 ASSS Columb Cantanhedense	2:18.76	514
50m: 32.53 32.53	100m: 1:07.07 34.54	150m: 1:42.64 35.57	200m: 2:18.76 36.12
3. Rita Goncalves, MARIEIRO	00 Galitos	2:22.76	472
50m: 33.24 33.24	100m: 1:09.43 36.19	150m: 1:46.58 37.15	200m: 2:22.76 36.18
4. Carla Laranjeira, MARQUES	00 Galitos	2:23.01	469
50m: 33.35 33.35	100m: 1:10.14 36.79	150m: 1:47.45 37.31	200m: 2:23.01 35.56
5. Mariana Santos, FERREIRA	00 Miranda do Corvo	2:23.44	465
50m: 33.11 33.11	100m: 1:08.97 35.86	150m: 1:46.27 37.30	200m: 2:23.44 37.17
6. Ana Carolina, NEVES	00 Académica de Coimbra	2:24.29	457
50m: 33.12 33.12	100m: 1:09.43 36.31	150m: 1:47.01 37.58	200m: 2:24.29 37.28
7. Adriana Marisa, FIGUEIREDO	00 Famalicao	2:24.80	452
50m: 32.41 32.41	100m: 1:08.86 36.45	150m: 1:47.10 38.24	200m: 2:24.80 37.70
8. Joana Martins, PEREIRA	00 Porto	2:24.84	452
50m: 33.08 33.08	100m: 1:10.35 37.27	150m: 1:48.54 38.19	200m: 2:24.84 36.30
9. Maria Leonor, VALENTE	00 Fluvial Portuense	2:25.62	444
50m: 33.99 33.99	100m: 1:11.68 37.69	150m: 1:49.10 37.42	200m: 2:25.62 36.52
10. Claudia Isabel, MARTINS	00 Ac.Viseu	2:26.72	435
50m: 34.59 34.59	100m: 1:11.93 37.34	150m: 1:50.20 38.27	200m: 2:26.72 36.52
11. Daniela Margarida, PINTO	00 Miranda do Corvo	2:26.93	433
50m: 33.38 33.38	100m: 1:10.69 37.31	150m: 1:49.24 38.55	200m: 2:26.93 37.69
12. Margarete Leandro, FERNANDES	00 Miranda do Corvo	2:27.02	432
50m: 34.41 34.41	100m: 1:12.56 38.15	150m: 1:50.55 37.99	200m: 2:27.02 36.47
13. Ana Ines, FERNANDES	00 Vitória Sport Clube	2:27.57	427
50m: 35.25 35.25	100m: 1:12.70 37.45	150m: 1:51.27 38.57	200m: 2:27.57 36.30
14. Joana Francisca, COSTA	00 Felgueiras	2:27.58	427
50m: 33.26 33.26	100m: 1:10.11 36.85	150m: 1:48.90 38.79	200m: 2:27.58 38.68
15. Sofia Campos, COSTA	00 Vigor da Mocidade	2:27.73	426
50m: 34.17 34.17	100m: 1:11.68 37.51	150m: 1:50.38 38.70	200m: 2:27.73 37.35
16. Iara Mesquita, COSTA	00 Junta de Freguesia de Paiao	2:27.90	424
50m: 34.55 34.55	100m: 1:12.39 37.84	150m: 1:50.21 37.82	200m: 2:27.90 37.69

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 24, Femin., 200m Livres, Infantis A

Lugar	Ano	Tempo final	Pts
17. Sara Vitoria, RAMOS	00 Porto	2:27.98	423
50m: 32.65 32.65 100m: 1:09.86 37.21 150m: 1:49.28 39.42 200m: 2:27.98 38.70			
18. Maria Beatriz, JORGE	00 Nautico de Coimbra	2:29.35	412
50m: 33.91 33.91 100m: 1:12.31 38.40 150m: 1:51.79 39.48 200m: 2:29.35 37.56			
Ana Sofia, RAMOS	00 Porto	2:29.35	412
50m: 35.06 35.06 100m: 1:12.59 37.53 150m: 1:51.18 38.59 200m: 2:29.35 38.17			
20. Beatriz Costa, GONCALVES	00 Desportos Barcelos	2:29.53	410
50m: 34.42 34.42 100m: 1:12.87 38.45 150m: 1:52.21 39.34 200m: 2:29.53 37.32			
21. Andreia Brito, PEREIRA	00 Vigor da Mocidade	2:29.82	408
50m: 33.91 33.91 100m: 1:12.22 38.31 150m: 1:51.94 39.72 200m: 2:29.82 37.88			
22. Ines Rosado, MONTEIRO	00 Clube Natacao de Vagos	2:30.43	403
50m: 34.68 34.68 100m: 1:12.81 38.13 150m: 1:51.78 38.97 200m: 2:30.43 38.65			
23. Adriana Azevedo, COUTO FTL	00 Famalicao	2:32.01	391
50m: 33.27 33.27 100m: 1:12.39 39.12 150m: 1:52.44 40.05 200m: 2:32.01 39.57			
WDR Ines Silva, OLIVEIRA	00 Leixões Sport Clube		

Infantis B

1. Sara Sofia, ALVES	01 ASSS Columb Cantanhedense	2:18.01	522
50m: 32.57 32.57 100m: 1:07.83 35.26 150m: 1:43.25 35.42 200m: 2:18.01 34.76			
2. Maria Carolina, COSTA	01 Porto	2:21.98	480
50m: 33.02 33.02 100m: 1:09.63 36.61 150m: 1:46.48 36.85 200m: 2:21.98 35.50			
3. Joana Costa, AMADOR	01 Galitos	2:26.33	438
50m: 34.63 34.63 100m: 1:12.05 37.42 150m: 1:49.60 37.55 200m: 2:26.33 36.73			
4. Lara Beatriz, MATOS	01 Famalicao	2:26.37	438
50m: 34.21 34.21 100m: 1:10.78 36.57 150m: 1:48.89 38.11 200m: 2:26.37 37.48			
5. Isabel Porfirio, PEGO	01 Porto	2:27.22	430
50m: 34.16 34.16 100m: 1:11.80 37.64 150m: 1:49.69 37.89 200m: 2:27.22 37.53			
6. Maria Esteves, MARTINS	01 Galitos	2:27.31	429
50m: 33.33 33.33 100m: 1:10.55 37.22 150m: 1:49.76 39.21 200m: 2:27.31 37.55			
7. Rita Sofia, FERREIRA	01 Ginásio Clube Figueirense	2:27.73	426
50m: 34.04 34.04 100m: 1:11.18 37.14 150m: 1:49.74 38.56 200m: 2:27.73 37.99			
8. Francisca Vieira, PAIS	01 Galitos	2:27.93	424
50m: 33.62 33.62 100m: 1:11.06 37.44 150m: 1:50.29 39.23 200m: 2:27.93 37.64			
9. Ines Alves, MARTINS	01 Fluvial Portuense	2:28.45	419
50m: 34.18 34.18 100m: 1:12.22 38.04 150m: 1:50.90 38.68 200m: 2:28.45 37.55			
10. Maria Ines, MELO	01 Braga	2:30.18	405
50m: 34.31 34.31 100m: 1:12.25 37.94 150m: 1:51.94 39.69 200m: 2:30.18 38.24			
11. Ana Rolo, DIAS	01 Viana Natacao	2:31.30	396
50m: 35.01 35.01 100m: 1:13.90 38.89 150m: 1:53.49 39.59 200m: 2:31.30 37.81			
12. Isabel Ferreira, SOUSA	01 Leixões Sport Clube	2:31.56	394
50m: 34.99 34.99 100m: 1:13.44 38.45 150m: 1:53.67 40.23 200m: 2:31.56 37.89			

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 24, Femin., 200m Livres, Infantis B

Lugar	Ano	Tempo final	Pts
13. Jessica Goncalves, VILACA	01 Braga	2:32.45	387
50m: 34.96 34.96 100m: 1:13.91 38.95 150m: 1:53.75 39.84 200m: 2:32.45 38.70			
14. Mariana Matos, RIBEIRO	01 Fundacao Beatriz Santos	2:33.41	380
50m: 35.41 35.41 100m: 1:14.80 39.39 150m: 1:54.77 39.97 200m: 2:33.41 38.64			
15. Erika Almeida, MARQUES	01 Braga	2:34.09	375
50m: 36.07 36.07 100m: 1:15.59 39.52 150m: 1:55.81 40.22 200m: 2:34.09 38.28			
16. Rita Carrico, RODRIGUES	01 Nautico de Coimbra	2:34.13	375
50m: 35.72 35.72 100m: 1:14.88 39.16 150m: 1:55.12 40.24 200m: 2:34.13 39.01			
17. Ines Roriz, SOUSA	01 Fluvial Portuense	2:34.54	372
50m: 35.79 35.79 100m: 1:15.09 39.30 150m: 1:55.30 40.21 200m: 2:34.54 39.24			
18. Margarida Dias, FERREIRA FTL	01 Galitos	2:39.28	340
50m: 36.70 36.70 100m: 1:16.98 40.28 150m: 1:59.19 42.21 200m: 2:39.28 40.09			
WDR Mariana Oliveira, RIBEIRO	01 Lamas		

Prova 25

Masc., 100m Livres

Infantis

17-03-2013 - 16:20

Resultados

Recordes Nacionais 25m Absoluto	47.64	Alexandre Escudier, AGOSTINHO	FPN	Istambul (TUR)	11-12-2009
Recordes Nacionais 25m Inf B	57.40	Tiago Filipe, PEREIRA	DNMG	Caldas da Rainha	11-07-2004
Recordes Nacionais 25m Inf A	54.96	Francisco Carvalho, MACHADO	SAD	Algés	01-07-2012

TAC Zonais 2013 Inf A Masc Inf A: 1:03.00 / TAC Zonais 2013 Inf B Masc Inf B: 1:06.50

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Jose Pedro, FERNANDES	99 Braga	57.15	486
50m: 27.96 27.96 100m: 57.15 29.19			
2. Tiago Andre, OLIVEIRA	99 Vitória Sport Clube	57.31	482
50m: 27.67 27.67 100m: 57.31 29.64			
3. Pedro Miguel, FERNANDES	99 Vitória Sport Clube	58.54	452
50m: 27.51 27.51 100m: 58.54 31.03			
4. Ricardo Jorge, CARVALHO	99 Galitos	58.62	450
50m: 28.64 28.64 100m: 58.62 29.98			
5. Andre Martins, PALHINHA	99 Galitos	59.15	438
50m: 28.50 28.50 100m: 59.15 30.65			
6. Nuno Henrique, GUIMARAES	99 Valongo	59.27	435
50m: 28.64 28.64 100m: 59.27 30.63			
7. Leonardo Jose, SILVA	99 Gespacos	59.97	420
50m: 28.80 28.80 100m: 59.97 31.17			
8. Alexandre Ferreira, AMORIM	99 Lamas	1:00.00	420
50m: 28.59 28.59 100m: 1:00.00 31.41			
9. Gabriel Filipe, PEREIRA	99 Lamas	1:00.07	418
50m: 29.82 29.82 100m: 1:00.07 30.25			

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 25, Masc., 100m Livres, Infantis A

Lugar	Ano	Tempo final	Pts
10. Francisco Oliveira, FERREIRA 50m: 29.32 29.32 100m: 1:00.14	99 Famalicao	1:00.14	417
11. Goncalo Oliveira, CABRAL 50m: 28.18 28.18 100m: 1:00.42	99 Leixões Sport Clube	1:00.42	411
12. Andre Freitas, GUAL 50m: 29.01 29.01 100m: 1:00.89	99 Estamos Juntos	1:00.89	402
13. Pedro Henrique, PIRES 50m: 29.58 29.58 100m: 1:01.29	99 Académica de Coimbra	1:01.29	394
14. Jose Nuno, MENDES 50m: 29.69 29.69 100m: 1:01.31	99 Braga	1:01.31	393
15. Joao Gabriel, MELO 50m: 30.00 30.00 100m: 1:01.38	99 Sport Algés e Águeda	1:01.38	392
16. Joao Francisco, SANTOS 50m: 29.44 29.44 100m: 1:01.44	99 Viana Natacao	1:01.44	391
17. Diogo Paulo, BAPTISTA 50m: 29.48 29.48 100m: 1:01.61	99 Famalicao	1:01.61	388
18. Francisco Jorge, RODRIGUES 50m: 29.71 29.71 100m: 1:01.71	99 SSociais de Braganca	1:01.71	386
19. Joao Pedro, GOMES 50m: 30.02 30.02 100m: 1:02.01	99 Miranda do Corvo	1:02.01	380
20. Tiago Silva, SOARES 50m: 29.78 29.78 100m: 1:02.14	99 Porto	1:02.14	378
21. Diogo Henrique, CAMACHO 50m: 29.68 29.68 100m: 1:02.15	99 Estamos Juntos	1:02.15	378
22. Elmano Madail, COSTA 50m: 29.67 29.67 100m: 1:02.26	99 Vitória Sport Clube	1:02.26	376
23. Telmo Pereira, BRAGA 50m: 29.97 29.97 100m: 1:02.40	99 Famalicao	1:02.40	373
24. Ricardo Andre, PINTO 50m: 29.74 29.74 100m: 1:02.82	99 Gespacos	1:02.82	366
25. Jose Rafael, MATIAS 50m: 30.66 30.66 100m: 1:02.85	99 Ginasio de Vila Real	1:02.85	365
Joao Silva, COSTA 50m: 29.31 29.31 100m: 1:02.85	99 CNMaia	1:02.85	365
27. Afonso Ribeiro, COUTO 50m: 30.00 30.00 100m: 1:02.98	99 CNMaia	1:02.98	363
28. Paulo Filipe, ALMEIDA FTL 50m: 30.89 30.89 100m: 1:04.77	99 Estamos Juntos	1:04.77	334
29. Albino David, ALMEIDA FTL 50m: 31.34 31.34 100m: 1:04.93	99 O Crasto	1:04.93	331

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 25, Masc., 100m Livres, Infantis A

Lugar	Ano	Tempo final	Pts
30. Luis Filipe, CALCADA <i>FTL</i>	99 Escola Desportiva de Viana	1:05.11	328
50m: 31.25 31.25 100m: 1:05.11 33.86			
31. Diogo Alexandre, COSTA <i>FTL</i>	99 ASSS Columb Cantanhedense	1:05.41	324
50m: 31.35 31.35 100m: 1:05.41 34.06			
32. Vasco Capela, TAVARES <i>FTL</i>	99 Sporting Clube de Espinho	1:05.46	323
50m: 31.05 31.05 100m: 1:05.46 34.41			
DSQ Joao Francisco, MACHADO <i>102 - Falsa partida – SW 4.4</i>	99 Académica de Coimbra		

Infantis B

1. Jose Pedro, FREITAS	00 AquaBrito	59.14	438
50m: 28.38 28.38 100m: 59.14 30.76			
2. Jorge Jesus, SILVA	00 Braga	1:00.01	419
50m: 29.45 29.45 100m: 1:00.01 30.56			
3. Tomas Pimentel, BORGES	00 Porto	1:01.05	398
50m: 29.31 29.31 100m: 1:01.05 31.74			
4. Joao Miguel, NUNES	00 Gespacos	1:01.15	396
50m: 29.55 29.55 100m: 1:01.15 31.60			
5. Daniel Pereira, SILVA	00 Famalicao	1:02.06	379
50m: 30.23 30.23 100m: 1:02.06 31.83			
6. Daniel Jose, DUARTE	00 Leixões Sport Clube	1:02.95	363
50m: 30.31 30.31 100m: 1:02.95 32.64			
7. Jose Pedro, ANTUNES	00 Galitos	1:03.50	354
50m: 30.56 30.56 100m: 1:03.50 32.94			
8. Goncalo Santos, OLIVEIRA	00 Viana Natacao	1:03.60	352
50m: 30.51 30.51 100m: 1:03.60 33.09			
9. Ricardo Costa, SANTOS	00 Desportos Barcelos	1:03.63	352
50m: 30.50 30.50 100m: 1:03.63 33.13			
10. Ricardo Manuel, ROCHA	00 Leixões Sport Clube	1:03.65	351
50m: 30.24 30.24 100m: 1:03.65 33.41			
11. Rafael Gomes, SIMOES	00 Desportos Barcelos	1:04.01	346
50m: 31.15 31.15 100m: 1:04.01 32.86			
12. Miguel Diogo, AGOSTINHO	00 Fundacao Beatriz Santos	1:04.04	345
50m: 30.85 30.85 100m: 1:04.04 33.19			
13. Sergio Eduardo, DIAS	00 Gespacos	1:04.28	341
50m: 30.86 30.86 100m: 1:04.28 33.42			
14. Nuno Correia, SOUSA	00 Porto	1:04.59	336
50m: 31.21 31.21 100m: 1:04.59 33.38			

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Torneio Zonal Norte - Infantis
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Prova 25, Masc., 100m Livres, Infantis B

Lugar	Ano	Tempo final	Pts
15. Joao Tiago, RAINHO 50m: 31.21 31.21 100m: 1:04.65	00 Galitos	1:04.65	335
16. Diogo Barbosa, NUNES 50m: 31.09 31.09 100m: 1:04.73	00 Fluvial Portuense	1:04.73	334
17. Bruno Miguel, SOUSA 50m: 31.29 31.29 100m: 1:04.94	00 Leixões Sport Clube	1:04.94	331
18. Rogerio Jose, MACHADO <i>FTL</i> 50m: 32.83 32.83 100m: 1:06.85	00 Famalicao	1:06.85	303
19. Diogo Pratas, MAIA <i>FTL</i> 50m: 32.38 32.38 100m: 1:07.15	00 ASSS Columb Cantanhedense	1:07.15	299
20. Francisco Joao, PIRES <i>FTL</i> 50m: 32.19 32.19 100m: 1:07.68	00 Sport Clube de Mirandela	1:07.68	292
21. Francisco Alberto, LUCAS <i>FTL</i> 50m: 32.76 32.76 100m: 1:07.84	00 Académica de Coimbra	1:07.84	290
22. Tiago Filipe, TEIXEIRA <i>FTL</i> 50m: 32.61 32.61 100m: 1:08.31	00 Felgueiras	1:08.31	284
23. Hugo Filipe, ALMEIDA <i>FTL</i> 50m: 33.16 33.16 100m: 1:10.34	00 Clube Vouzela	1:10.34	260
WDR Joao Pereira, TINOCO	00 Famalicao		
EXH Koen, WEUSTINK 50m: 29.29 29.29 100m: 1:01.23	00 Ginasio de Vila Real	1:01.23	395

Prova 26
17-03-2013 - 16:30

Femin., 100m Bruços

Infantis
Resultados

Recordes Nacionais 25m Absoluto	1:07.17	Diana Duarte, GOMES	CNA	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	1:17.79	tempo limite,			
Recordes Nacionais 25m Inf A	1:14.34	Raquel Gomes, PEREIRA	SAD	Alapraia	17-02-2013
TAC Zonais 2013 Inf A Fem Inf A: 1:30.50 / TAC Zonais 2013 Inf B Fem Inf B: 1:35.00					

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Maria Ines, FERREIRA	00	Miranda do Corvo	1:20.55 471
50m: 37.95 37.95	100m: 1:20.55	42.60	
2. Ines Rosado, MONTEIRO	00	Clube Natacao de Vagos	1:21.76 451
50m: 38.99 38.99	100m: 1:21.76	42.77	
3. Carlota Santos, SILVA	00	Nautico de Coimbra	1:22.00 447
50m: 39.10 39.10	100m: 1:22.00	42.90	
4. Mariana Paula, BAPTISTA	00	Famalicao	1:23.22 427
50m: 39.92 39.92	100m: 1:23.22	43.30	
5. Rafaela Araujo, SILVA	00	Famalicao	1:23.37 425
50m: 40.40 40.40	100m: 1:23.37	42.97	
6. Ana Luis, RODRIGUES	00	Campinho	1:24.61 406
50m: 39.57 39.57	100m: 1:24.61	45.04	
7. Ana Rita, CRUZ	00	Gespacos	1:25.16 399
50m: 42.13 42.13	100m: 1:25.16	43.03	
8. Ana Joao, MARTINS	00	Sport Clube de Mirandela	1:25.72 391
50m: 40.45 40.45	100m: 1:25.72	45.27	
9. Ines do Carmo, CRUZ	00	Ginasio de Vila Real	1:25.91 388
50m: 39.89 39.89	100m: 1:25.91	46.02	
10. Maria Joao, SOUSA	00	Sporting Clube de Espinho	1:27.07 373
50m: 39.24 39.24	100m: 1:27.07	47.83	
11. Maria Cecilia, LOPES	00	Vitória Sport Clube	1:28.12 360
50m: 40.95 40.95	100m: 1:28.12	47.17	
12. Joana Almeida, RAINHA	00	Fluvial Vilacondense	1:28.45 356
50m: 41.51 41.51	100m: 1:28.45	46.94	
13. Francisca Andrade, BRITO	00	Estamos Juntos	1:28.60 354
50m: 41.84 41.84	100m: 1:28.60	46.76	
14. Francisca Ribeiro, NOGUEIRA	00	Porto	1:29.37 345
50m: 42.84 42.84	100m: 1:29.37	46.53	
15. Joana Barros, SOARES	00	Viana Natacao	1:29.45 344
50m: 42.30 42.30	100m: 1:29.45	47.15	
16. Marta Santos, PEREIRA	00	Porto	1:29.62 342
50m: 43.49 43.49	100m: 1:29.62	46.13	
17. Rafaela Sofia, MATEUS	00	Nautico de Coimbra	1:32.42 312
FTL			
50m: 43.95 43.95	100m: 1:32.42	48.47	

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 26, Femin., 100m Bruços

Infantis B

1.	Ines Neto, ROCHA	01	Gespacos	1:19.03	499
	50m: 37.25 37.25	100m: 1:19.03	41.78		
2.	Joana Victorino, HENRIQUES	01	Condeixa Aqua Clube	1:21.32	458
	50m: 37.88 37.88	100m: 1:21.32	43.44		
3.	Beatriz Ribeiro, CUNHA	01	Felgueiras	1:23.64	421
	50m: 40.29 40.29	100m: 1:23.64	43.35		
4.	Sofia Filipa, GONCALVES	01	Leixões Sport Clube	1:24.62	406
	50m: 40.49 40.49	100m: 1:24.62	44.13		
5.	Lara Beatriz, MATOS	01	Famalicao	1:26.93	375
	50m: 41.46 41.46	100m: 1:26.93	45.47		
6.	Beatriz Santos, SILVA	01	Porto	1:27.01	374
	50m: 42.10 42.10	100m: 1:27.01	44.91		
7.	Carolina Ascenso, SANTOS	01	CNMaia	1:27.09	373
	50m: 42.21 42.21	100m: 1:27.09	44.88		
8.	Barbara Vilela, MAGALHAES	01	Porto	1:27.67	365
	50m: 41.60 41.60	100m: 1:27.67	46.07		
9.	Tatiana Sofia, FERREIRA	01	ASSS Columb Cantanhedense	1:29.49	343
	50m: 41.79 41.79	100m: 1:29.49	47.70		
10.	Camila Melro, GARCIA	01	Sport Clube de Mirandela	1:29.58	342
	50m: 42.29 42.29	100m: 1:29.58	47.29		
11.	Rita Sofia, FERREIRA	01	Ginásio Clube Figueirense	1:29.60	342
	50m: 42.53 42.53	100m: 1:29.60	47.07		
12.	Ines Gomes, AZEVEDO	01	Salesiano de Arouca	1:29.75	340
	50m: 43.99 43.99	100m: 1:29.75	45.76		
13.	Teresa Isabel, GRANJEIA	01	Galitos	1:30.84	328
	50m: 43.32 43.32	100m: 1:30.84	47.52		
14.	Catarina Teixeira, PINHO	01	Porto	1:31.07	326
	50m: 43.66 43.66	100m: 1:31.07	47.41		
15.	Ana Margarida, GONCALVES	01	Fluvial Vilacondense	1:31.30	323
	50m: 44.33 44.33	100m: 1:31.30	46.97		
16.	Ana Rita, BOTELHO	01	Leixões Sport Clube	1:32.03	316
	50m: 44.10 44.10	100m: 1:32.03	47.93		
17.	Maria Ines, POINHO	01	Porto	1:32.26	313
	50m: 43.81 43.81	100m: 1:32.26	48.45		
18.	Maria Luisa, LEGOINHA	01	Fluvial Portuense	1:33.42	302
	50m: 45.04 45.04	100m: 1:33.42	48.38		
19.	Beatriz Rodrigues, OLIVEIRA	01	Assoc. Desportiva de Fafe	1:33.49	301
	50m: 43.94 43.94	100m: 1:33.49	49.55		
20.	Maria Joao, SILVA	01	Famalicao	1:33.69	299
	50m: 44.88 44.88	100m: 1:33.69	48.81		

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O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 26, Femin., 100m Bruços, Infantis B

Lugar	Ano	Tempo final	Pts
21. Leonor Antunes, MALTA <i>FTL</i>	01 Clube Natacao de Vagos	1:35.19	285
50m: 45.09 45.09 100m: 1:35.19 50.10			
22. Julia Albuquerque, FRAGA <i>FTL</i>	01 Gespacos	1:35.48	283
50m: 44.81 44.81 100m: 1:35.48 50.67			
23. Beatriz Lobo, FREITAS <i>FTL</i>	01 Vitória Sport Clube	1:35.50	283
50m: 45.68 45.68 100m: 1:35.50 49.82			
24. Maria Carolina, RODRIGUES <i>FTL</i>	01 Vitória Sport Clube	1:35.92	279
50m: 45.67 45.67 100m: 1:35.92 50.25			
25. Ana Carolina, FERREIRA <i>FTL</i>	01 CNMaia	1:36.20	276
50m: 46.36 46.36 100m: 1:36.20 49.84			
26. Ines Goncalves, REIS <i>FTL</i>	01 CNMaia	1:37.91	262
50m: 46.95 46.95 100m: 1:37.91 50.96			
27. Ines Carneiro, PINTO <i>FTL</i>	01 Gespacos	1:39.93	247
50m: 48.49 48.49 100m: 1:39.93 51.44			
WDR Ines Roriz, SOUSA	01 Fluvial Portuense		

Prova 27

Masc., 200m Mariposa

Infantis

17-03-2013 - 16:55

Resultados

Recordes Nacionais 25m Absoluto	1:53.39	Diogo Filipe, CARVALHO	FPN	Istambul (TUR)	12-12-2009
Recordes Nacionais 25m Inf B	2:21.67	Tomas Miguel, FREITAS	CDN	Funchal	28-06-2003
Recordes Nacionais 25m Inf A	2:12.42	Tomas Miguel, FREITAS	CDN	Funchal	11-07-2004

TAC Zonais 2013 Inf A Masc Inf A: 2:43.50 / TAC Zonais 2013 Inf B Masc Inf B: 2:53.50

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
1. Gabriel Levi, GOMES	99 ASSS Columb Cantanhedense	2:20.85	464
50m: 31.13 31.13 100m: 1:06.86 35.73 150m: 1:43.98 37.12 200m: 2:20.85 36.87			
2. Mateus Ribeiro, CARVALHO	99 Famalicao	2:22.80	446
50m: 31.09 31.09 100m: 1:08.29 37.20 150m: 1:44.90 36.61 200m: 2:22.80 37.90			
3. Rui Jorge, MATIAS	99 Fluvial Vilacondense	2:24.11	434
50m: 30.84 30.84 100m: 1:06.22 35.38 150m: 1:45.43 39.21 200m: 2:24.11 38.68			
4. Nuno Filipe, COSTA	99 Gespacos	2:26.64	411
50m: 31.75 31.75 100m: 1:08.47 36.72 150m: 1:46.92 38.45 200m: 2:26.64 39.72			
5. Nuno Miguel, COTO	99 Braga	2:30.13	383
50m: 32.40 32.40 100m: 1:09.92 37.52 150m: 1:49.53 39.61 200m: 2:30.13 40.60			

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O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 27, Masc., 200m Mariposa, Infantis A

Lugar	Ano	Tempo final	Pts
6. Joao Paulo, CORREIA	99 Porto	2:30.44	381
50m: 32.14 32.14	100m: 1:09.70 37.56	150m: 1:49.54 39.84	200m: 2:30.44 40.90
7. Tiago Gabriel, LOPES	99 Clube Desportivo Estarreja	2:34.69	350
50m: 34.37 34.37	100m: 1:12.51 38.14	150m: 1:54.62 42.11	200m: 2:34.69 40.07
8. Diogo Filipe, TEODORO	99 CNMaia	2:37.06	335
50m: 34.07 34.07	100m: 1:15.12 41.05	150m: 1:57.22 42.10	200m: 2:37.06 39.84
9. Hugo Edgar, MIRANDA	99 Escola Desportiva de Viana	2:40.28	315
50m: 33.97 33.97	100m: 1:13.34 39.37	150m: 1:56.10 42.76	200m: 2:40.28 44.18
10. Daniel Silva, BESSA	99 Gespacos	2:41.45	308
50m: 34.80 34.80	100m: 1:14.57 39.77	150m: 1:57.57 43.00	200m: 2:41.45 43.88
11. Tomas Martins, ARAUJO	99 Porto	2:41.73	307
50m: 34.62 34.62	100m: 1:14.07 39.45	150m: 1:58.53 44.46	200m: 2:41.73 43.20

Infantis B

1. Jose Paulo, LOPES	00 Braga	2:33.09	362
50m: 32.62 32.62	100m: 1:10.94 38.32	150m: 1:51.80 40.86	200m: 2:33.09 41.29
2. Ivo Manuel, DIAS	00 Felgueiras	2:37.73	331
50m: 33.80 33.80	100m: 1:14.35 40.55	150m: 1:57.04 42.69	200m: 2:37.73 40.69
3. Porfirio Braga, NUNES	00 Fluvial Vilacondense	2:41.16	310
50m: 34.12 34.12	100m: 1:14.56 40.44	150m: 1:59.12 44.56	200m: 2:41.16 42.04
4. David Dias, LIMA	00 Fluvial Vilacondense	2:41.61	307
50m: 35.09 35.09	100m: 1:16.44 41.35	150m: 2:00.20 43.76	200m: 2:41.61 41.41
5. Ricardo Alexandre, MARQUES	00 Lousada	2:43.12	299
50m: 35.46 35.46	100m: 1:15.80 40.34	150m: 1:58.05 42.25	200m: 2:43.12 45.07
6. Rui Alexandre, RAMOS	00 Porto	2:53.18	250
50m: 36.35 36.35	100m: 1:19.17 42.82	150m: 2:05.50 46.33	200m: 2:53.18 47.68
DSQ Sergio Filipe, TRAVANCA	00 Porto		
<i>O atleta, efetuou movimento alternado de pernas após as viragens aos 50 e 150m.</i>			

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 28
17-03-2013 - 17:00

Femin., 100m Mariposa

Infantis
Resultados

Recordes Nacionais 25m Absoluto	58.31	Sara Freitas, OLIVEIRA	FPN	Dubai (UAE)	18-12-2010
Recordes Nacionais 25m Inf B	1:08.82	Ana Margarida, GUEDES	GCVR	Felgueiras	03-02-2013
Recordes Nacionais 25m Inf A	1:05.50	Ines Camacho, FERNANDES	SCP	Tavira	07-03-2010

TAC Zonais 2013 Inf A Fem Inf A: 1:20.00 / TAC Zonais 2013 Inf B Fem Inf B: 1:25.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Alexandra Jesus, SANTOS 50m: 33.09 33.09 100m: 1:10.28 37.19	00	Leixões Sport Clube	1:10.28 480
2. Daniela Domingues, SOUSA 50m: 32.94 32.94 100m: 1:10.45 37.51	00	Valongo	1:10.45 477
3. Maria Francisca, CABRAL 50m: 33.14 33.14 100m: 1:10.60 37.46	00	Porto	1:10.60 474
4. Teresa Miguel, VELOSO 50m: 33.41 33.41 100m: 1:11.82 38.41	00	Nautico de Coimbra	1:11.82 450
5. Cristiana Sofia, RIBEIRO 50m: 35.04 35.04 100m: 1:13.64 38.60	00	Famalicao	1:13.64 417
6. Ana Francisca, SENRA 50m: 34.88 34.88 100m: 1:15.72 40.84	00	Desportos Barcelos	1:15.72 384
7. Raquel Leao, MONTEIRO 50m: 35.13 35.13 100m: 1:15.85 40.72	00	Gespacos	1:15.85 382
8. Eliana Dirce, LOURENCO 50m: 36.45 36.45 100m: 1:16.80 40.35	00	Galitos	1:16.80 368
9. Helena Neto, COSTA 50m: 36.21 36.21 100m: 1:19.03 42.82	00	Gespacos	1:19.03 337
10. Rita Correia, ALBERGUEIRO 50m: 35.97 35.97 100m: 1:19.93 43.96	00	Estamos Juntos	1:19.93 326
11. Filomena Costa, BARREIROS <i>FTL</i> 50m: 38.87 38.87 100m: 1:21.33 42.46	00	Viana Natacao	1:21.33 310

Infantis B

1. Ana Margarida, GUEDES <i>Recorde Nacional</i> 50m: 31.41 31.41 100m: 1:07.83 36.42	01	Ginasio de Vila Real	1:07.83 534
2. Mariana Oliveira, RIBEIRO 50m: 35.84 35.84 100m: 1:14.59 38.75	01	Lamas	1:14.59 402
3. Joana Victorino, HENRIQUES 50m: 34.80 34.80 100m: 1:15.37 40.57	01	Condeixa Aqua Clube	1:15.37 389
4. Catarina Leao, COSTA 50m: 35.28 35.28 100m: 1:16.89 41.61	01	Gespacos	1:16.89 366

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 28, Femin., 100m Mariposa, Infantis B

Lugar	Ano	Tempo final	Pts
5. Beatriz Rodrigues, OLIVEIRA 50m: 35.52 35.52 100m: 1:18.68	01 Assoc. Desportiva de Fafe	1:18.68	342
6. Rafaela Martins, ANTUNES 50m: 37.43 37.43 100m: 1:19.82	01 Clube Natacao de Vagos	1:19.82	328
7. Maria Carolina, SOUSA 50m: 39.16 39.16 100m: 1:21.32	01 Lousada	1:21.32	310
8. Ines Araujo, MARTINS 50m: 36.98 36.98 100m: 1:21.82	01 Famalicao	1:21.82	304
9. Sara Silva, MARQUES 50m: 38.36 38.36 100m: 1:21.91	01 Gespacos	1:21.91	303
10. Beatriz Ribeiro, CUNHA 50m: 39.01 39.01 100m: 1:22.26	01 Felgueiras	1:22.26	299
11. Mariana Cardoso, COSTA 50m: 38.78 38.78 100m: 1:23.80	01 CNMaia	1:23.80	283
12. Margarida Malheiro, NEVES 50m: 38.45 38.45 100m: 1:24.55	01 Braga	1:24.55	276
13. Maria Carolina, RODRIGUES <i>FTL</i> 50m: 42.37 42.37 100m: 1:28.78	01 Vitória Sport Clube	1:28.78	238

Prova 29

Masc., 4 x 100m Estilos

Infantis

17-03-2013 - 17:20

Resultados

Recordes Nacionais 25m Absoluto	3:35.10	Clube Natacao da Amadora	CNA	S. Ant�nio Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:40.64	Clube de Natacao de Alcobaca	CNAL	Leiria	03-06-2006
Recordes Nacionais 25m Inf A	4:20.39	Grupo Desp. Natacao V. N. FamalicGDNVNF		Mealhada	05-04-2003

TAC Zonais 2013 Inf A Masc Inf A: 5:07.00 / TAC Zonais 2013 Inf B Masc Inf B: 5:26.00

Pontos: FINA 2012

Lugar	Tempo final	Pts
Infantis A		
1. Braga 1 Jose Pedro, FERNANDES +0,68 33.61 1:08.29 Jose Pedro, MELO +0,37 34.10 1:13.43	Braga Nuno Miguel, COTO +0,49 30.88 Jose Nuno, MENDES +0,43 28.19	4:29.47 403 1:07.50 1:00.25
2. CNMaia 1 Joao Silva, COSTA +0,64 32.60 1:08.82 Daniel Queiros, CRUZ +0,60 34.86 1:15.26	CNMaia Diogo Filipe, TEODORO +0,52 31.77 Afonso Ribeiro, COUTO +0,45 28.95	4:35.91 376 1:10.35 1:01.48
3. Famalicao 1 Diogo Paulo, BAPTISTA +0,79 34.88 1:16.10 Telmo Pereira, BRAGA 33.84 1:17.13	Famalicao Mateus Ribeiro, CARVALHO +0,23 28.74 Francisco Oliveira, FERREIRA +0,32 28.13	4:36.51 373 1:04.03 59.25
4. Vitória Sport Clube 1 Pedro Miguel, FERNANDES +0,74 32.25 1:06.67 Albino Manuel, GONCALVES +0,66 36.70 1:19.49	Vit�ria Sport Clube Tiago Andre, OLIVEIRA +0,60 30.43 Elmano Madail, COSTA +0,46 28.71	4:36.77 372 1:09.21 1:01.40

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 29, Masc., 4 x 100m Estilos, Infantis A

Lugar					Tempo final	Pts
5.	Porto 1		Porto		4:38.21	366
	Jose Ricardo, RIBEIRO	+0,74 35.07	1:11.64	Joao Paulo, CORREIA	+0,62 30.54	1:06.18
	Diogo Pereira, SANTOS	+0,59 36.14	1:17.71	Tiago Silva, SOARES	+0,62 29.10	1:02.68
6.	Gespacos 1		Gespacos		4:44.96	341
	Ricardo Andre, PINTO	35.12	1:12.19	Nuno Filipe, COSTA	+0,74 30.69	1:06.00
	Daniel Silva, BESSA	39.57	1:24.28	Leonardo Jose, SILVA	+0,75 29.53	1:02.49
7.	ASSS Columb Cantanhedense 1		ASSS Columb Cantanhedense		4:45.71	338
	Gabriel Levi, GOMES	+0,70 31.75	1:05.34	Diogo Alexandre, COSTA	+0,78 35.40	1:16.55
	Jose Neves, NETO	+0,49 36.24	1:19.31	Joao Rafael, SILVA	+0,57 30.85	1:04.51
8.	Fluvial Vilacondense 1		Fluvial Vilacondense		4:54.47	309
	Pedro Saraiva, SILVA	+0,63 37.92	1:18.50	Rui Jorge, MATIAS	+0,76 30.21	1:04.62
	Joao Manuel, SANTOS	+0,70 39.75	1:25.20	Gabriel Mimoso, PEREIRA	+0,58 31.11	1:06.15
9.	Felgueiras 2		Felgueiras		4:55.55	305
	Afonso Manuel, BARBOSA	+0,80 36.18	1:15.01	Jose Paulo, GOMES	+0,56 32.72	1:11.70
	Rui Pedro, FERREIRA	+0,54 37.04	1:20.52	Rui Pedro, CUNHA	+0,53 32.02	1:08.32
10.	Ginasio de Vila Real 1		Ginasio de Vila Real		5:00.25	291
	Luis Carlos, PIRES	+0,63 37.90	1:18.53	Tomas Tao, BARROS	+0,73 33.82	1:14.75
	Luis Diogo, LUZ	+0,59 37.75	1:22.59	Jose Rafael, MATIAS	+0,47 30.42	1:04.38
DSQ	Lamas 1		Lamas			
	<i>102 - Falsa partida – SW 4.4</i>					
	Gabriel Filipe, PEREIRA	+0,70		Tiago Oliveira, BARBOSA	+0,27	
	Alexandre Ferreira, AMORIM	+0,58		Fernando Marcelo, ROCHA	+0,38	

Infantis B

1.	Famalicao 2		Famalicao		4:35.54	377
	<i>Recorde Nacional</i>					
	Daniel Pereira, SILVA	+0,88 33.98	1:10.42	Hugo Gabriel, MORAIS	+0,42 30.77	1:07.84
	Miguel Angelo, SANTOS	+0,60 35.05	1:13.66	Rogério Jose, MACHADO	+0,62 30.99	1:03.62
2.	Gespacos 2		Gespacos		4:45.59	339
	Francisco Neto, MOREIRA	33.18	1:08.07	Sergio Eduardo, DIAS	33.77	1:14.91
	Pedro Correia, SILVA	39.14	1:21.76	Joao Miguel, NUNES	+0,02 28.73	1:00.85
3.	Braga 1		Braga		4:51.47	319
	Dany Pedro, CAILLE	+0,81 35.50	1:13.60	Jose Paulo, LOPES	+0,45 31.65	1:10.09
	Jorge Jesus, SILVA	+0,72 36.51	1:17.94	Alexandre Miguel, PINTO	+0,13 32.41	1:09.84
4.	Porto 2		Porto		4:52.82	314
	Nuno Correia, SOUSA	+0,69 35.59	1:12.99	Sergio Filipe, TRAVANCA	+1,08 33.92	1:13.50
	Rui Alexandre, RAMOS	40.22	1:24.51	Tomas Pimentel, BORGES	+0,63 29.19	1:01.82
5.	Galitos 1		Galitos		5:02.00	286
	Bernardo Francesco, BARRETC	+0,75 36.45	1:14.68	Jose Pedro, ANTUNES	+0,38 34.20	1:12.81
	Joao Tiago, RAINHO	+0,65 39.10	1:24.50	Sebastiao Peralta, OLIVEIRA	+0,49 33.09	1:10.01
6.	Fluvial Vilacondense 2		Fluvial Vilacondense		5:08.57	268
	Luis Miguel, REBELO	+0,69 37.85	1:17.94	Porfirio Braga, NUNES	+0,62 34.74	1:15.58
	Francisco Vilhena, COSTA	+0,57 39.81	1:26.88	David Dias, LIMA	+0,39 32.35	1:08.17
7.	Felgueiras 1		Felgueiras		5:11.36	261
	Nuno Filipe, LEITE	+0,72 36.99	1:16.99	Ivo Manuel, DIAS	+0,41 34.60	1:15.18
	Ricardo Jose, FREITAS	+0,50 42.16	1:31.16	Tiago Filipe, TEIXEIRA	+0,20 31.79	1:08.03

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Prova 29, Masc., 4 x 100m Estilos, Infantis B

Lugar					Tempo final	Pts	
8. Leixões Sport Clube 1	Leixões Sport Clube				5:14.32	254	
Andre Manada, SILVA	+0,59	41.78	1:24.88	Daniel Jose, DUARTE	+0,70	34.08	1:14.45
Ricardo Manuel, ROCHA	+0,86	40.95	1:28.61	Bruno Miguel, SOUSA	+0,52	31.67	1:06.38
9. Escola Desportiva de Viana 1	Escola Desportiva de Viana				5:16.70	248	
Andre Castro, BRANCO	+0,91	39.57	1:21.83	Joao Afonso, CARVALHO	+0,86	35.06	1:17.08
Joao Magro, NOGUEIRA		41.86	1:28.39	Tiago Miguel, NOVAIS	+0,71	32.72	1:09.40
10. CNMaia 2	CNMaia				5:21.89	236	
Goncalo Fernandes, VILARINHC	+0,73	39.41	1:20.99	Miguel Filipe, SOUSA	+0,63	38.85	1:23.59
Ricardo Jorge, TEIXEIRA		39.97	1:26.71	Afonso Fernandes, PEREIRA	+0,75	33.45	1:10.60
11. Académica de Coimbra 1	Académica de Coimbra				5:22.79	234	
Vasco Mimoso, LUIS	+0,76	37.44	1:18.05	Francisco Alberto, LUCAS	+0,33	35.66	1:18.65
Tomas Pais, LOPES	+0,85	45.05	1:37.41	Pedro Bernardo, ARAUJO	+0,48	32.47	1:08.68
EXH Ginasio de Vila Real 2	Ginasio de Vila Real				5:08.42	269	
Luis Miguel, CARVALHO	+0,67	36.96	1:17.61	Koen, WEUSTINK	+0,52	33.39	1:11.82
Rodrigo Matos, SALCEDAS		41.95	1:29.81	Fernando Miguel, RIBEIRO	+0,41	34.04	1:09.18

Prova 30
17-03-2013 - 17:35

Femin., 4 x 100m Livres

Infantis
Resultados

Recordes Nacionais 25m Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010
Recordes Nacionais 25m Inf B	4:20.86	Tempo limite			
Recordes Nacionais 25m Inf A	4:15.30	Grupo Desp. Natacao V. N. FamalicGDNVNF		Viseu	12-03-2011
TAC Zonais 2013 Inf A Fem Inf A: 4:58.00 / TAC Zonais 2013 Inf B Fem Inf B: 5:10.00					

Pontos: FINA 2012

Lugar					Tempo final	Pts	
Infantis A							
1. Porto 1	Porto				4:22.06	501	
Ana Rita, FARIA	+1,11	31.28	1:03.78	Maria Francisca, CABRAL	+1,04	30.58	1:03.31
Joana Martins, PEREIRA	+0,74	31.94	1:07.03	Sara Vitoria, RAMOS	+0,84	31.70	1:07.94
2. Miranda do Corvo 1	Miranda do Corvo				4:28.06	468	
Maria Ines, FERREIRA	+0,87	31.87	1:06.43	Margarete Leandro, FERNANDE	+0,13	32.47	1:07.94
Daniela Margarida, PINTO	+0,41	31.93	1:07.78	Mariana Santos, FERREIRA	+0,49	31.63	1:05.91
3. Famalicao 1	Famalicao				4:30.48	456	
Adriana Marisa, FIGUEIREDO	+0,81	32.19	1:08.03	Rafaela Araujo, SILVA	+0,43	33.32	1:08.37
Adriana Azevedo, COUTO	+0,42	31.12	1:06.42	Mariana Paula, BAPTISTA	+0,41	32.21	1:07.66
4. Galitos 1	Galitos				4:32.28	447	
Rita Goncalves, MARIEIRO	+0,91	31.75	1:05.54	Eliana Dirce, LOURENCO	+0,20	33.20	1:10.65
Ana Miguel, RODRIGUES	+0,31	32.50	1:08.34	Carla Laranjeira, MARQUES	+0,43	32.74	1:07.75
5. Leixões Sport Clube 1	Leixões Sport Clube				4:34.80	435	
Alexandra Jesus, SANTOS	+1,09	31.63	1:05.33	Maria Camolino, CABRAL	+0,45	32.72	1:09.02
Rita Oliveira, ROCHA	+0,38	35.21	1:14.12	Ines Silva, OLIVEIRA	+0,88	32.34	1:06.33
6. Nautico de Coimbra 1	Nautico de Coimbra				4:41.17	406	
Teresa Miguel, VELOSO	+0,86	32.09	1:06.19	Carlota Santos, SILVA	+0,67	34.26	1:11.16
Maria Beatriz, JORGE	+0,64	32.38	1:08.77	Ines Filipa, CAMPOS	+0,47	35.57	1:15.05

O Secretário do Juri

O Juiz Árbitro

Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 30, Femin., 4 x 100m Livres, Infantis A

Lugar					Tempo final	Pts	
7. Gespacos 1	Gespacos				4:42.19	401	
Helena Neto, COSTA	+0,76	33.79	1:11.75	Raquel Leao, MONTEIRO	+0,42	33.14	1:09.24
Ana Rita, CRUZ	+0,40	32.05	1:08.45	Beatriz Neto, COSTA	+0,41	34.88	1:12.75
8. Estamos Juntos 1	Estamos Juntos				4:43.14	397	
Beatriz Teixeira, MARTINS	+1,07	34.04	1:10.50	Francisca Andrade, BRITO	+1,00	34.86	1:14.62
Maria Joao, ROCHA		34.07	1:09.29	Rita Correia, ALBERGUEIRO		32.24	1:08.73
9. Vitória Sport Clube 1	Vitória Sport Clube				4:46.56	383	
Ana Ines, FERNANDES	+0,95	32.19	1:07.00	Carolina Isabel, MACHADO	+0,51	34.03	1:12.14
Maria Cecilia, LOPES	+0,32	34.26	1:13.95	Ana Beatriz, MACHADO	+0,61	35.83	1:13.47
10. Viana Natacao 1	Viana Natacao				4:51.08	366	
Ana Cristina, AFONSO	+0,98	32.58	1:08.52	Carolina Araujo, CASTRO	+0,98	36.13	1:15.70
Filomena Costa, BARREIROS	+0,52	35.67	1:14.97	Joana Barros, SOARES	+0,80	34.25	1:11.89
11. Ginasio de Vila Real 3	Ginasio de Vila Real				4:52.21	361	
Rita Baptista, CABRAL	+0,93	32.94	1:09.40	Ines do Carmo, CRUZ	+0,65	35.04	1:15.33
Francisca Teixeira, BAPTISTA		32.93	1:10.39	Daniela Teixeira, SILVA	+0,43	36.74	1:17.09
12. Desportos Barcelos 1	Desportos Barcelos				4:52.97	359	
Beatriz Costa, GONCALVES	+0,79	32.47	1:07.78	Ana Francisca, SENRA	+0,56	32.33	1:09.77
Ines Daniela, FARIA	+0,64	35.52	1:15.97	Ariana Correia, SILVA	+0,75	37.75	1:19.45

Infantis B

1. Gespacos 2	Gespacos				4:34.98	434	
Sara Silva, MARQUES		34.11	1:12.35	Catarina Leao, COSTA	+0,59	31.12	1:06.57
Julia Albuquerque, FRAGA		32.86	1:10.16	Ines Neto, ROCHA	+0,80	31.19	1:05.90
2. Porto 2	Porto				4:35.15	433	
Maria Carolina, COSTA	+1,09	32.54	1:06.98	Isabel Porfirio, PEGO	+0,63	32.96	1:09.24
Beatriz Santos, SILVA	+0,57	33.04	1:09.15	Barbara Vilela, MAGALHAES		33.00	1:09.78
3. Galitos 2	Galitos				4:35.54	431	
Francisca Vieira, PAIS	+1,07	33.01	1:08.51	Joana Costa, AMADOR		33.02	1:08.20
Teresa Isabel, GRANJEIA	+0,73	34.26	1:10.64	Maria Esteves, MARTINS	+0,65	32.57	1:08.19
4. Braga 1	Braga				4:49.39	372	
Maria Ines, MELO	+1,02	33.58	1:10.04	Jessica Goncalves, VILACA	+0,72	34.72	1:16.60
Erika Almeida, MARQUES	+0,74	35.52	1:14.20	Sara Sofia, MIRANDA		30.21	1:08.55
5. Leixões Sport Clube 2	Leixões Sport Clube				4:51.72	363	
Isabel Ferreira, SOUSA	+0,94	34.53	1:12.35	Sofia Filipa, GONCALVES	+0,66	34.89	1:12.42
Ana Rita, BOTELHO	+0,50	34.39	1:13.82	Daniela Fernanda, BARBOSA	+0,65	34.52	1:13.13
6. Lamas 1	Lamas				4:52.43	360	
Iris Rodrigues, SA	+0,81	34.22	1:11.25	Mariana Oliveira, RIBEIRO	+0,49	32.61	1:08.00
Anabela Silva, FERREIRA	+0,41	35.31	1:15.93	Mariana Lima, PEREIRA	+0,36	35.95	1:17.25
7. CNMaia 1	CNMaia				4:55.72	349	
Carolina Ascenso, SANTOS	+0,90	34.18	1:11.86	Ana Isabel, REIS		34.73	1:13.74
Ana Carolina, FERREIRA	+0,52	35.98	1:15.98	Mariana Cardoso, COSTA		35.43	1:14.14
8. Fundacao Beatriz Santos 1	Fundacao Beatriz Santos				4:56.38	346	
Eva Fernandes, CARDOSO	+1,06	33.98	1:09.17	Maria Pedro, OLIVEIRA	+0,66	39.09	1:18.39
Mariana Matos, RIBEIRO	+0,75	35.07	1:13.57	Taisa Moreira, PAIVA	+0,87	35.23	1:15.25

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Torneio Zonal Norte - Infantis
Porto, 15,16 e 17MAR13

Prova 30, Femin., 4 x 100m Livres, Infantis B

Lugar						Tempo final	Pts
9.	Ac.Viseu 1			Ac.Viseu		5:00.45	332
	Lara Alexandra, CARRILHO	+1,00	36.88	1:16.74	Raquel Sofia, ALMEIDA	+0,80	35.79
	Margarida Lares, PERES	+0,67	36.36	1:15.39	Beatriz Pereira, CUNHA	+0,38	34.54
10.	Fluvial Portuense 1			Fluvial Portuense		5:04.27	320
	Ines Roriz, SOUSA	+0,95	35.48	1:13.58	Ines Alves, MARTINS	+0,60	33.33
	Maria Beatriz, MESQUITA	+0,61	38.88	1:22.67	Maria Luisa, LEGOINHA	+0,92	37.82