

1 - 1ª Jornada

24-03-2012 - 15:30

Prova 1

Femin., 400m Livres

Cadetes A

24-03-2012 - 15:30

COPIDOURO - Cópia e Artigos de Reprodução, Lda

Resultados

Cadetes A Femininos : 6:50.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Ines Neto, ROCHA	F	111313	01	Gespacos	5:26.61	372	
	50m: 36.51 36.51		150m: 1:58.57		41.36 250m: 3:22.79	41.99	350m: 4:47.10	42.05
	100m: 1:17.21 40.70		200m: 2:40.80		42.23 300m: 4:05.05	42.26	400m: 5:26.61	39.51
2.	Isabel Porfírio, PEGO	F	121336	01	FCPorto	5:33.24	350	
	50m: 37.58 37.58		150m: 2:01.37		43.04 250m: 3:26.43	42.53	350m: 4:52.75	43.44
	100m: 1:18.33 40.75		200m: 2:43.90		42.53 300m: 4:09.31	42.88	400m: 5:33.24	40.49
3.	Maria Carolina, COSTA	F	119080	01	FCPorto	5:40.48	328	
	50m: 38.81 38.81		150m: 2:04.77		44.81 250m: 3:32.59	43.68	350m: 4:59.79	43.34
	100m: 1:19.96 41.15		200m: 2:48.91		44.14 300m: 4:16.45	43.86	400m: 5:40.48	40.69
4.	Ines Alves, MARTINS	F	112126	01	Fluvial Portuense	5:44.82	316	
	50m: 37.76 37.76		150m: 2:04.76		44.21 250m: 3:33.48	44.35	350m: 5:01.77	43.60
	100m: 1:20.55 42.79		200m: 2:49.13		44.37 300m: 4:18.17	44.69	400m: 5:44.82	43.05
5.	Carolina Lopes, SILVA	F	112139	01	FCPorto	5:46.66	311	
	50m: 40.68 40.68		150m: 2:07.39		43.69 250m: 3:35.95	43.82	350m: 5:04.97	44.49
	100m: 1:23.70 43.02		200m: 2:52.13		44.74 300m: 4:20.48	44.53	400m: 5:46.66	41.69
6.	Isabel Ferreira, SOUSA	F	118896	01	Leixões Sport Clube	5:52.16	296	
	50m: 39.69 39.69		150m: 2:08.77		45.07 250m: 3:39.39	45.24	350m: 5:10.26	45.05
	100m: 1:23.70 44.01		200m: 2:54.15		45.38 300m: 4:25.21	45.82	400m: 5:52.16	41.90
7.	Carolina Ascenso, SANTOS	F	121271	01	CNMaia	5:54.67	290	
	50m: 38.70 38.70		150m: 2:08.66		45.72 250m: 3:39.63	45.55	350m: 5:11.78	46.12
	100m: 1:22.94 44.24		200m: 2:54.08		45.42 300m: 4:25.66	46.03	400m: 5:54.67	42.89
8.	Mariana Oliveira, RIBEIRO	F	112134	01	Lamas	5:55.94	287	
	50m: 38.46 38.46		150m: 2:05.60		43.69 250m: 3:34.10	44.20	350m: 4:57.42	39.31
	100m: 1:21.91 43.45		200m: 2:49.90		44.30 300m: 4:18.11	44.01	400m: 5:55.94	58.52
9.	Beatriz Ribeiro, CUNHA	F	118314	01	Foca	5:56.31	286	
	50m: 38.67 38.67		150m: 2:07.35		44.95 250m: 3:39.43	46.55	350m: 5:11.66	47.07
	100m: 1:22.40 43.73		200m: 2:52.88		45.53 300m: 4:24.59	45.16	400m: 5:56.31	44.65
10.	Beatriz Santos, SILVA	F	112078	01	FCPorto	5:56.36	286	
	50m: 40.31 40.31		150m: 2:09.76		45.36 250m: 3:40.42	45.30	350m: 5:11.34	45.10
	100m: 1:24.40 44.09		200m: 2:55.12		45.36 300m: 4:26.24	45.82	400m: 5:56.36	45.02
11.	Catarina Leao, COSTA	F	111312	01	Gespacos	5:57.12	284	
	50m: 39.01 39.01		150m: 2:07.99		45.05 250m: 3:38.89	45.60	350m: 5:11.96	46.11
	100m: 1:22.94 43.93		200m: 2:53.29		45.30 300m: 4:25.85	46.96	400m: 5:57.12	45.16
12.	Daniela Fernanda, BARBOSA	F	116901	01	Leixões Sport Clube	5:57.47	283	
	50m: 38.86 38.86		150m: 2:08.34		45.65 250m: 3:40.49	46.55	350m: 5:12.53	46.15
	100m: 1:22.69 43.83		200m: 2:53.94		45.60 300m: 4:26.38	45.89	400m: 5:57.47	44.94
13.	Maria Carolina, SOUSA	F	112192	01	Lousada	6:03.42	270	
	50m: 39.71 39.71		150m: 2:10.95		45.91 250m: 3:45.22	47.29	350m: 5:18.94	47.00
	100m: 1:25.04 45.33		200m: 2:57.93		46.98 300m: 4:31.94	46.72	400m: 6:03.42	44.48
14.	Ana Margarida, SOUSA	F	119178	01	FCPorto	6:03.60	269	
	50m: 39.30 39.30		150m: 2:12.19		47.45 250m: 3:45.26	46.11	350m: 5:19.06	46.22
	100m: 1:24.74 45.44		200m: 2:59.15		46.96 300m: 4:32.84	47.58	400m: 6:03.60	44.54
15.	Maria Carolina, RODRIGUES	F	121473	01	Vitória Sport Clube	6:05.57	265	
	50m: 41.66 41.66		150m: 2:14.18		46.28 250m: 3:48.10	47.10	350m: 5:21.10	46.64
	100m: 1:27.90 46.24		200m: 3:01.00		46.82 300m: 4:34.46	46.36	400m: 6:05.57	44.47
16.	Mariana Cardoso, COSTA	F	117322	01	CNMaia	6:06.15	264	
	50m: 39.03 39.03		150m: 2:10.94		46.84 250m: 3:45.60	46.95	350m: 5:21.12	47.69
	100m: 1:24.10 45.07		200m: 2:58.65		47.71 300m: 4:33.43	47.83	400m: 6:06.15	45.03
17.	Mariana Ribeiro, COSTA	F	111047	01	Famalicao	6:06.18	264	
	50m: 39.49 39.49		150m: 2:10.47		45.56 250m: 3:46.23	47.39	350m: 5:22.03	48.00
	100m: 1:24.91 45.42		200m: 2:58.84		48.37 300m: 4:34.03	47.80	400m: 6:06.18	44.15
	Maria Nogueira, CARVALHO	F	122163	01	Assoc. Desportiva de Fafe	6:06.18	264	
	50m: 40.18 40.18		150m: 2:14.55		46.89 250m: 3:47.75	46.10	350m: 5:22.22	45.54
	100m: 1:27.66 47.48		200m: 3:01.65		47.10 300m: 4:36.68	48.93	400m: 6:06.18	43.96
19.	Lara Beatriz, MATOS	F	111049	01	Famalicao	6:06.88	262	
	50m: 39.96 39.96		150m: 2:10.93		46.26 250m: 3:46.46	48.09	350m: 5:21.61	47.21
	100m: 1:24.67 44.71		200m: 2:58.37		47.44 300m: 4:34.40	47.94	400m: 6:06.88	45.27
20.	Ana Filipa, MOREIRA	F	119091	01	Lousada	6:08.54	259	
	50m: 41.38 41.38		150m: 2:13.01		45.92 250m: 3:47.72	47.44	350m: 5:22.82	47.56
	100m: 1:27.09 45.71		200m: 3:00.28		47.27 300m: 4:35.26	47.54	400m: 6:08.54	45.72
21.	Beatriz Rodrigues, OLIVEIRA	F	122175	01	Assoc. Desportiva de Fafe	6:09.79	256	
	50m: 40.21 40.21		150m: 2:13.54		47.27 250m: 3:48.06	47.01	350m: 5:23.42	48.14
	100m: 1:26.27 46.06		200m: 3:01.05		47.51 300m: 4:35.28	47.22	400m: 6:09.79	46.37

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

29-03-2012 19:04 - Página 1

Prova 1, Femin., 400m Livres, Cadetes A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
22.	Ana Carolina, FERREIRA	F	123702	01	CNMaia	6:14.14	247				
	50m: 40.32 40.32		150m: 2:13.47		47.72	250m: 3:49.22		48.16	350m: 5:27.33		48.79
	100m: 1:25.75 45.43		200m: 3:01.06		47.59	300m: 4:38.54		49.32	400m: 6:14.14		46.81
23.	Sofia Filipa, GONCALVES	F	122990	01	Leixões Sport Clube	6:16.58	242				
	50m: 41.97 41.97		150m: 2:16.20		46.84	250m: 3:52.34		47.71	350m: 5:27.25		46.04
	100m: 1:29.36 47.39		200m: 3:04.63		48.43	300m: 4:41.21		48.87	400m: 6:16.58		49.33
24.	Joana Daniela, JACINTO	F	111230	01	CNMaia	6:17.50	240				
	50m: 40.97 40.97		150m: 2:19.47		49.65	250m: 3:57.49		49.03	350m: 5:35.42		47.84
	100m: 1:29.82 48.85		200m: 3:08.46		48.99	300m: 4:47.58		50.09	400m: 6:17.50		42.08
25.	Ana Isabel, REIS	F	123703	01	CNMaia	6:17.55	240				
	50m: 39.75 39.75		150m: 2:15.20		48.71	250m: 3:53.26		48.94	350m: 5:30.95		48.67
	100m: 1:26.49 46.74		200m: 3:04.32		49.12	300m: 4:42.28		49.02	400m: 6:17.55		46.60
26.	Ana Rita, BOTELHO	F	118895	01	Leixões Sport Clube	6:17.71	240				
	50m: 40.44 40.44		150m: 2:15.00		47.84	250m: 3:51.84		48.70	350m: 5:30.45		48.98
	100m: 1:27.16 46.72		200m: 3:03.14		48.14	300m: 4:41.47		49.63	400m: 6:17.71		47.26
27.	Ana Macedo, FERNANDES	F	120362	01	Aquabrito	6:25.99	225				
	50m: 42.94 42.94		150m: 2:23.35		50.71	250m: 4:02.04		49.27	350m: 5:41.87		49.92
	100m: 1:32.64 49.70		200m: 3:12.77		49.42	300m: 4:51.95		49.91	400m: 6:25.99		44.12
28.	Maria Ines, POINHO	F	112142	01	FCPorto	6:28.90	220				
	50m: 43.21 43.21		150m: 2:20.67		49.13	250m: 4:01.34		50.14	350m: 5:41.71		49.85
	100m: 1:31.54 48.33		200m: 3:11.20		50.53	300m: 4:51.86		50.52	400m: 6:28.90		47.19
29.	Ana Margarida, GONCALVES	F	118052	01	Fluvial Vilacondense	6:29.73	219				
	50m: 42.91 42.91		150m: 2:21.87		50.42	250m: 4:03.01		50.19	350m: 5:44.94		51.32
	100m: 1:31.45 48.54		200m: 3:12.82		50.95	300m: 4:53.62		50.61	400m: 6:29.73		44.79
30.	Anabela Silva, FERREIRA	F	119062	01	Lamas	6:30.62	217				
	50m: 41.36 41.36		150m: 2:19.27		49.50	250m: 3:58.77		50.23	350m: 5:41.50		50.60
	100m: 1:29.77 48.41		200m: 3:08.54		49.27	300m: 4:50.90		52.13	400m: 6:30.62		49.12
31.	Iris Rodrigues, SA	F	119057	01	Lamas	6:30.84	217				
	50m: 41.75 41.75		150m: 2:20.80		50.83	250m: 4:03.24		51.74	350m: 5:45.14		49.86
	100m: 1:29.97 48.22		200m: 3:11.50		50.70	300m: 4:55.28		52.04	400m: 6:30.84		45.70
32.	Ines Goncalves, REIS	F	120176	01	CNMaia	6:32.28	214				
	50m: 43.37 43.37		150m: 2:20.74		48.51	250m: 4:01.62		50.22	350m: 5:45.10		52.38
	100m: 1:32.23 48.86		200m: 3:11.40		50.66	300m: 4:52.72		51.10	400m: 6:32.28		47.18
33.	Mariana Santos, AGUEDA	F	116908	01	Valongo	6:34.74	210				
	50m: 42.83 42.83		150m: 2:22.14		49.97	250m: 4:04.78		51.69	350m: 5:44.74		49.87
	100m: 1:32.17 49.34		200m: 3:13.09		50.95	300m: 4:54.87		50.09	400m: 6:34.74		50.00
34.	Ines Silva, PINTO	F	119079	01	FCPorto	6:38.99	204				
	50m: 43.07 43.07		150m: 2:22.03		50.40	250m: 4:04.71		52.01	350m: 5:48.28		51.91
	100m: 1:31.63 48.56		200m: 3:12.70		50.67	300m: 4:56.37		51.66	400m: 6:38.99		50.71
35.	Maria Ines, SILVA	F	118342	01	Gespacos	6:39.34	203				
	50m: 44.45 44.45		150m: 2:24.66		50.31	250m: 4:06.23		51.02	350m: 5:50.10		51.40
	100m: 1:34.35 49.90		200m: 3:15.21		50.55	300m: 4:58.70		52.47	400m: 6:39.34		49.24
36.	Nadia Filipa, MIRANDA	F	111768	01	Lousada	6:39.76	202				
	50m: 42.64 42.64		150m: 2:23.04		50.99	250m: 4:05.81		51.55	350m: 5:47.87		50.38
	100m: 1:32.05 49.41		200m: 3:14.26		51.22	300m: 4:57.49		51.68	400m: 6:39.76		51.89
37.	Joana Rocha, ANJO	F	119757	01	Fluvial Vilacondense	6:41.71	199				
	50m: 43.65 43.65		150m: 2:25.09		50.66	250m: 4:09.71		52.87	350m: 5:44.09		52.23
	100m: 1:34.43 50.78		200m: 3:16.84		51.75	300m: 5:01.86		52.15	400m: 6:41.71		47.62
38.	Ana Rita, COSTA	F	116907	01	Valongo	6:42.84	198				
	50m: 44.00 44.00		150m: 2:26.74		52.56	250m: 4:12.84		53.65	350m: 5:57.35		51.71
	100m: 1:34.18 50.18		200m: 3:19.19		52.45	300m: 5:05.64		52.80	400m: 6:42.84		45.49
39.	Carolina Renn, ARAUJO	F	121464	01	Fluvial Vilacondense	6:43.04	198				
	50m: 43.53 43.53		150m: 2:26.17		51.64	250m: 4:10.02		51.88	350m: 5:53.69		51.87
	100m: 1:34.53 51.00		200m: 3:18.14		51.97	300m: 5:01.82		51.80	400m: 6:43.04		49.35
40.	Maria Joao, SILVA	F	111045	01	Famalicao	6:43.36	197				
	50m: 43.21 43.21		150m: 2:21.72		49.61	250m: 4:05.64		52.54	350m: 5:51.23		53.13
	100m: 1:32.11 48.90		200m: 3:13.10		51.38	300m: 4:58.10		52.46	400m: 6:43.36		52.13
41.	Ines Araujo, MARTINS	F	111046	01	Famalicao	6:44.03	196				
	50m: 42.40 42.40		150m: 2:25.73		52.30	250m: 4:11.66		53.06	350m: 5:55.53		51.54
	100m: 1:33.43 51.03		200m: 3:18.60		52.87	300m: 5:03.99		52.33	400m: 6:44.03		48.50
42.	Francisca Alexandra, GRACA	F	118051	01	Fluvial Vilacondense	6:44.45	195				
	50m: 43.13 43.13		150m: 2:28.49		52.38	250m: 4:13.60		52.99	350m: 5:56.62		51.42
	100m: 1:36.11 52.98		200m: 3:20.61		52.12	300m: 5:05.20		51.60	400m: 6:44.45		47.83
43.	Julia Albuquerque, FRAGA	F	123700	01	Gespacos	6:44.58	195				
	50m: 40.46 40.46		150m: 2:21.82		51.93	250m: 4:10.00		54.49	350m: 5:56.90		53.55
	100m: 1:29.89 49.43		200m: 3:15.51		53.69	300m: 5:03.35		53.35	400m: 6:44.58		47.68
44.	Teresa Alexandra, TEIXEIRA	F	120752	01	Gespacos	6:46.38	193				
	50m: 43.31 43.31		150m: 2:25.42		51.57	250m: 4:10.63		53.12	350m: 5:55.46		51.81
	100m: 1:33.85 50.54		200m: 3:17.51		52.09	300m: 5:03.65		53.02	400m: 6:46.38		50.92
45.	Ines Carneiro, PINTO	F	123922	01	Gespacos	6:48.60	190				
	50m: 44.39 44.39		150m: 2:25.32		50.67	250m: 4:08.98		53.33	350m: 5:56.62		53.98
	100m: 1:34.65 50.26		200m: 3:15.65		50.33	300m: 5:02.64		53.66	400m: 6:48.60		51.98

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

29-03-2012 19:04 - Página 2

Prova 1, Femin., 400m Livres, Cadetes A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
46.	Beatriz Neto, RIBEIRO <i>FTL</i>	F	123921	01	Gespacos	6:53.74	183	
	50m: 46.54 46.54		150m: 2:31.68 53.60		250m: 4:18.15 52.94	350m: 6:04.00 53.52		
	100m: 1:38.08 51.54		200m: 3:25.21 53.53		300m: 5:10.48 52.33	400m: 6:53.74 49.74		
47.	Catarina Teixeira, PINHO <i>FTL</i>	F	120809	01	FCPorto	6:53.76	183	
	50m: 42.62 42.62		150m: 2:25.52 53.08		250m: 4:12.30 53.45	350m: 6:02.17 55.69		
	100m: 1:32.44 49.82		200m: 3:18.85 53.33		300m: 5:06.48 54.18	400m: 6:53.76 51.59		
48.	Ana Filipa, CASEIRO <i>FTL</i>	F	121350	01	Valongo	7:08.10	165	
	50m: 45.97 45.97		150m: 2:33.32 54.11		250m: 4:23.03 54.48	350m: 6:15.75 56.68		
	100m: 1:39.21 53.24		200m: 3:28.55 55.23		300m: 5:19.07 56.04	400m: 7:08.10 52.35		
DSQ	Barbara Vilela, MAGALHAES <i>102 - Falsa partida – SW 4.4</i>	F	119078	01	FCPorto			

Prova 2

24-03-2012 - 16:20

Femin., 100m Livres

CMEP - Cl nica M dica do Exerc cio do Porto

Cadetes A

Resultados

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Margarida Pimenta, SOUSA	F	112127	01	Fluvial Portuense	1:26.82	202	
	50m: 41.14 41.14		100m: 1:26.82 45.68					
2.	Catia Sofia, CAMPOS	F	118206	01	Famalicao	1:29.54	184	
	50m: 42.08 42.08		100m: 1:29.54 47.46					
3.	Ines Roriz, SOUSA	F	111674	01	Fluvial Portuense	1:29.56	184	
	50m: 41.96 41.96		100m: 1:29.56 47.60					
4.	Isabel Reina, FONSECA	F	124008	01	Lamas	1:30.61	178	
	50m: 41.66 41.66		100m: 1:30.61 48.95					
5.	Leonor Carlos, COSTA	F	122167	01	Assoc. Desportiva de Fafe	1:31.03	175	
	50m: 44.16 44.16		100m: 1:31.03 46.87					
6.	Ana Catarina, SILVA	F	120925	01	Leix�es Sport Clube	1:32.13	169	
	50m: 43.80 43.80		100m: 1:32.13 48.33					
7.	Maria Luisa, LEGOINHA	F	120589	01	Fluvial Portuense	1:33.20	163	
	50m: 44.26 44.26		100m: 1:33.20 48.94					
8.	Maria Lurdes, BRITO	F	120751	01	Gespacos	1:33.84	160	
	50m: 45.02 45.02		100m: 1:33.84 48.82					
9.	Gisela Pereira, SILVA	F	117629	01	Fluvial Vilacondense	1:34.47	157	
	50m: 44.81 44.81		100m: 1:34.47 49.66					
10.	Carolina Amaral, SOUSA	F	125085	01	CNMaia	1:34.60	156	
	50m: 44.97 44.97		100m: 1:34.60 49.63					
11.	Maria Beatriz, MESQUITA	F	111697	01	Fluvial Portuense	1:35.02	154	
	50m: 45.19 45.19		100m: 1:35.02 49.83					
12.	Maria Morais, GONCALVES	F	125141	01	Leix�es Sport Clube	1:36.44	147	
	50m: 45.88 45.88		100m: 1:36.44 50.56					
13.	Ana Catarina, MOREIRA	F	123907	01	Valongo	1:36.78	146	
	50m: 45.69 45.69		100m: 1:36.78 51.09					
14.	Rita Reis, REBELO	F	122230	01	Vila de Este	1:38.03	140	
	50m: 44.74 44.74		100m: 1:38.03 53.29					
15.	Ana Beatriz, LOPES	F	124368	01	Assoc. Desportiva de Fafe	1:39.02	136	
	50m: 44.82 44.82		100m: 1:39.02 54.20					
16.	Alexandra Ines, SILVA	F	119090	01	Lousada	1:39.40	135	
	50m: 46.27 46.27		100m: 1:39.40 53.13					
17.	Mafalda Trevo, MONTEIRO	F	118641	01	Fluvial Vilacondense	1:40.61	130	
	50m: 44.46 44.46		100m: 1:40.61 56.15					
18.	Beatriz Sousa, DEMETRIO	F	111050	01	Famalicao	1:46.22	110	
	50m: 47.24 47.24		100m: 1:46.22 58.98					
19.	Mariana, TEIXEIRA	F	120730	01	Foca	1:46.84	108	
	50m: 49.23 49.23		100m: 1:46.84 57.61					
20.	Carolina Isabel, APOLINARIO	F	124310	01	Vit�ria Sport Clube	1:46.87	108	
	50m: 45.89 45.89		100m: 1:46.87 1:00.98					
21.	Sara Silva, MARQUES	F	125960	01	Gespacos	1:47.03	108	
	50m: 49.88 49.88		100m: 1:47.03 57.15					

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associaç o de Nataç o do Norte de Portugal

29-03-2012 19:04 - P gina 3

Prova 2, Femin., 100m Livres, Cadetes A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
22.	Joaoa Ilharco, PEREIRA 50m: 52.66 52.66	F	123076	01	Famalicao 54.86	1:47.52	106	
DSQ	Joana Raquel, TAVARES 102 - Falsa partida – SW 4.4	F	122229	01	Vila de Este			
DSQ	Ana Catarina, LOPES 102 - Falsa partida – SW 4.4	F	116913	01	Celorico Basto			

Prova 3

24-03-2012 - 16:30

Masc., 200m Livres

COPIDOURO - C pia e Artigos de Reproduç o, Lda

Cadetes B
Resultados

Cadetes B Masculinos : 3:20.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Diogo Pacheco, OLIVEIRA 50m: 37.75 37.75	M	112687	01	Gespacos 42.38 150m: 2:01.73 41.60	2:43.63 2:43.63	223	41.90
2.	Afonso Passos, CUNHA 50m: 35.59 35.59	M	118228	01	Famalicao 41.87 150m: 2:02.01 44.55	2:43.98 2:43.98	222	41.97
3.	Joao Leite, SARAIVA 50m: 36.97 36.97	M	118229	01	Famalicao 43.11 150m: 2:03.70 43.62	2:45.81 2:45.81	215	42.11
4.	Rui Pires, MARTINS 50m: 37.65 37.65	M	122177	01	Assoc. Desportiva de Fafe 42.34 150m: 2:04.39 44.40	2:46.70 2:46.70	211	42.31
5.	Luis Tiago, FERNANDES 50m: 38.45 38.45	M	111447	01	Aquabrito 42.82 150m: 2:05.25 43.98	2:47.49 2:47.49	208	42.24
6.	Tiago Filipe, LINO 50m: 39.21 39.21	M	111315	01	Gespacos 43.62 150m: 2:07.60 44.77	2:52.87 2:52.87	189	45.27
7.	Francisco Manuel, ZENZA 50m: 37.59 37.59	M	112097	01	CNMaia 46.02 150m: 2:10.07 46.46	2:55.39 2:55.39	181	45.32
8.	Sergio Henrique, FERREIRA 50m: 39.27 39.27	M	122749	01	CNMaia 45.09 150m: 2:11.46 47.10	2:56.41 2:56.41	178	44.95
9.	Romeu Ribeiro, FERNANDES 50m: 38.32 38.32	M	122171	01	Assoc. Desportiva de Fafe 43.79 150m: 2:07.76 45.65	2:56.43 2:56.43	178	48.67
10.	Bruno Rafael, MACHADO 50m: 37.51 37.51	M	119176	01	Fluvial Portuense 44.41 150m: 2:09.85 47.93	2:56.95 2:56.95	177	47.10
11.	Nuno Oliveira, FREITAS 50m: 40.14 40.14	M	112129	01	Fluvial Portuense 43.07 150m: 2:06.69 43.48	2:57.81 2:57.81	174	51.12
12.	Jose Salgado, MOREIRA 50m: 40.83 40.83	M	121706	01	Famalicao 45.42 150m: 2:14.53 48.28	2:59.00 2:59.00	171	44.47
13.	Pedro Miguel, SANTOS 50m: 39.59 39.59	M	121987	01	FCPorto 46.63 150m: 2:14.36 48.14	3:00.26 3:00.26	167	45.90
14.	Joao Cruz, FERREIRA 50m: 40.48 40.48	M	111746	01	FCPorto 47.20 150m: 2:15.91 48.23	3:00.94 3:00.94	165	45.03
15.	Jose Tiago, RODRIGUES 50m: 41.31 41.31	M	119169	01	FCPorto 48.58 150m: 2:19.50 49.61	3:03.61 3:03.61	158	44.11
16.	Alexandre Jose, NOGUEIRA 50m: 39.69 39.69	M	119081	01	FCPorto 48.72 150m: 2:16.13 47.72	3:03.65 3:03.65	158	47.52
17.	Andre Oliveira, BARBOSA 50m: 39.57 39.57	M	118223	01	Famalicao 46.94 150m: 2:16.11 49.60	3:04.46 3:04.46	156	48.35
18.	Joao Ribeiro, SOUSA 50m: 40.00 40.00	M	123014	01	FCPorto 48.33 150m: 2:16.06 47.73	3:04.49 3:04.49	156	48.43
19.	Tiago Mendonca, FREIRE 50m: 42.30 42.30	M	116898	01	Leix�es Sport Clube 48.18 150m: 2:19.65 49.17	3:04.74 3:04.74	155	45.09
20.	Jorge Coelho, QUINTA 50m: 43.62 43.62	M	120497	01	Leix�es Sport Clube 49.60 150m: 2:21.09 47.87	3:06.39 3:06.39	151	45.30
21.	Amilcar Filipe, VIEIRA 50m: 43.87 43.87	M	120758	01	Leix�es Sport Clube 48.86 150m: 2:21.55 48.82	3:07.08 3:07.08	149	45.53
22.	Jose Pedro, PICAQ 50m: 43.80 43.80	M	118893	01	Leix�es Sport Clube 48.96 150m: 2:21.48 48.72	3:07.46 3:07.46	148	45.98
23.	Joao Nogueira, COSTA 50m: 38.85 38.85	M	124315	01	Vit�ria Sport Clube 48.01 150m: 2:18.52 51.66	3:07.69 3:07.69	148	49.17
24.	Filipe Rodrigues, FONSECA 50m: 45.50 45.50	M	111316	01	Gespacos 49.83 150m: 2:24.52 49.19	3:08.77 3:08.77	145	44.25

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associaç o de Nataç o do Norte de Portugal

29-03-2012 19:04 - P gina 4

Prova 3, Masc., 200m Livres, Cadetes B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
25.	Rafael Jose, RIBEIRO 50m: 42.00 42.00	M	111715	01	Lousada 48.35 150m: 2:22.48 52.13	3:09.25 3:09.25	144	46.77
26.	Joao Sa, MELO 50m: 43.07 43.07	M	118226	01	Famalicao 48.87 150m: 2:23.18 51.24	3:10.20 3:10.20	142	47.02
27.	Carlos Costa, SILVA 50m: 40.50 40.50	M	118227	01	Famalicao 48.81 150m: 2:21.46 52.15	3:10.49 3:10.49	141	49.03
28.	Joao Pinto, FREITAS 50m: 42.18 42.18	M	122926	01	Assoc. Desportiva de Fafe 49.44 150m: 2:22.33 50.71	3:10.66 3:10.66	141	48.33
29.	Nuno Miguel, TEIXEIRA 50m: 43.93 43.93	M	112749	01	Lousada 50.81 150m: 2:26.69 51.95	3:11.36 3:11.36	140	44.67
30.	Goncalo Araujo, OLIVEIRA 50m: 41.14 41.14	M	119156	01	Vitória Sport Clube 50.45 150m: 2:22.69 51.10	3:11.60 3:11.60	139	48.91
31.	Daniel Alex, ATAIDE 50m: 46.47 46.47	M	122187	01	Lamas 51.00 150m: 2:29.85 52.38	3:16.41 3:16.41	129	46.56
32.	Alfredo Castro, COELHO 50m: 45.22 45.22	M	116943	01	Lamas 48.91 150m: 2:25.92 51.79	3:16.93 3:16.93	128	51.01
33.	Goncalo Moreira, SANTOS 50m: 44.37 44.37	M	120511	01	Valongo 51.13 150m: 2:29.18 53.68	3:18.03 3:18.03	126	48.85
34.	Jose Carlos, RIBEIRO 50m: 42.64 42.64	M	124316	01	Vitória Sport Clube 50.65 150m: 2:25.42 52.13	3:18.29 3:18.29	125	52.87
35.	Goncalo Faria, ESTEVES 50m: 43.24 43.24	M	118233	01	Famalicao 51.33 150m: 2:27.70 53.13	3:18.31 3:18.31	125	50.61
36.	Jose Pedro, MENEZES 50m: 40.80 40.80	M	118899	01	Leixões Sport Clube 51.82 150m: 2:27.42 54.80	3:19.47 3:19.47	123	52.05
37.	Joao Freitas, PEIXOTO 50m: 42.11 42.11	M	122172	01	Assoc. Desportiva de Fafe 51.29 150m: 2:28.53 55.13	3:19.77 3:19.77	123	51.24
38.	Andre Luis, PEREIRA FTL 50m: 45.44 45.44	M	118358	01	Fluvial Vilacondense 52.74 150m: 2:32.04 53.86	3:21.13 3:21.13	120	49.09
39.	Ismael Costa, MOREIRA FTL 50m: 47.27 47.27	M	117422	01	FCPorto 53.74 150m: 2:35.34 54.33	3:23.99 3:23.99	115	48.65
40.	Sergio Miguel, ESTEVAO FTL 50m: 44.04 44.04	M	121598	01	Leixões Sport Clube 53.94 150m: 2:33.68 55.70	3:26.18 3:26.18	111	52.50
41.	Joao Pedro, COSTA FTL 50m: 46.16 46.16	M	121468	01	Fluvial Vilacondense 53.13 150m: 2:35.46 56.17	3:27.01 3:27.01	110	51.55
42.	Rui Tiago, PACHECO FTL 50m: 46.56 46.56	M	118357	01	Fluvial Vilacondense 53.54 150m: 2:36.20 56.10	3:30.01 3:30.01	105	53.81
43.	Pedro Magano, OLIVEIRA FTL 50m: 49.25 49.25	M	112223	01	Leixões Sport Clube 56.34 150m: 2:43.67 58.08	3:40.30 3:40.30	91	56.63

Prova 4
24-03-2012 - 16:55

Masc., 100m Livres
CMEP - Clínica Médica do Exercício do Porto

Cadetes B
Resultados

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Francisco Carvalho, SILVA 50m: 41.43 41.43	M	118234	01	Famalicao 45.18	1:26.61	139	
2.	Ricardo Jorge, MOREIRA 50m: 41.85 41.85	M	122012	01	Valongo 46.14	1:27.99	133	
3.	Nuno Fonseca, GOMES 50m: 42.58 42.58	M	122151	01	Fluvial Portuense 46.59	1:29.17	128	
4.	Tiago Manuel, COSTA 50m: 42.59 42.59	M	112676	01	CNMaia 47.07	1:29.66	125	
5.	Goncalo Nuno, NUNES 50m: 42.51 42.51	M	122155	01	Fluvial Portuense 47.25	1:29.76	125	
6.	Filipe Silva, GUEDES 50m: 44.47 44.47	M	120590	01	Fluvial Portuense 46.06	1:30.53	122	

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

29-03-2012 19:04 - Página 5

Prova 4, Masc., 100m Livres, Cadetes B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
7.	Fernando Guimaraes, PEREIRA 50m: 42.89 42.89	M	122173	01	Assoc. Desportiva de Fafe 48.96	1:31.85	117	
8.	Tiago Lima, MARTINS 50m: 44.04 44.04	M	124861	01	Ginásio Santo Tirso 49.48	1:33.52	110	
9.	Daniel Silva, PEREIRA 50m: 45.58 45.58	M	124352	01	Famalicao 50.61	1:36.19	101	
10.	Hugo Azurara, VIEIRA 50m: 47.22 47.22	M	125011	01	Clube Naval Povoense 49.71	1:36.93	99	
11.	Diogo Miguel, OLIVEIRA 50m: 46.28 46.28	M	125059	01	FCPorto 50.68	1:36.96	99	
12.	Henrique Maieiro, AMORIM 50m: 46.89 46.89	M	125010	01	Clube Naval Povoense 51.99	1:38.88	93	
13.	Marco Pinto, MOREIRA 50m: 47.35 47.35	M	125009	01	Clube Naval Povoense 53.15	1:40.50	89	
14.	Bruno Carvalho, BARROSO 50m: 45.96 45.96	M	125969	01	Leixões Sport Clube 55.79	1:41.75	86	
15.	Rui Barros, PINTO 50m: 49.92 49.92	M	124924	01	Assoc. Desportiva de Fafe 55.80	1:45.72	76	
16.	Jose Moreira, SOUSA 50m: 48.43 48.43	M	118224	01	Famalicao 57.42	1:45.85	76	
17.	Carlos Eduardo, BARRETO 50m: 49.95 49.95	M	123565	01	Lousada 58.25	1:48.20	71	
18.	Paulo Duarte, PEDROSO 50m: 50.40 50.40	M	119086	01	FCPorto 1:00.12	1:50.52	67	
19.	Tiago Boucinha, OLIVEIRA 50m: 53.10 53.10	M	125924	01	Clube Naval Povoense 1:07.00	2:00.10	52	
DSQ	Nuno Moreira, NOVAIS 102 - Falsa partida – SW 4.4	M	125008	01	Clube Naval Povoense			
DNS	Luis Miguel, DIAS	M	119100	01	Lousada			

Prova 5

24-03-2012 - 17:05

Femin., 100m Estilos

COPIDOURO - C pia e Artigos de Reproduç o, Lda

Cadetes B

Resultados

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Nina Pinto, RIBEIRO 50m: 40.30 40.30	F	116914	02	Foca 45.14	1:25.44	308	
2.	Ana Margarida, TEIXEIRA 50m: 40.01 40.01	F	111504	02	Foca 46.08	1:26.09	301	
3.	Mariana Fernandes, BARBOSA 50m: 43.33 43.33	F	121985	02	FCPorto 46.11	1:29.44	269	
4.	Ariana Maia, FONSECA 50m: 47.26 47.26	F	121975	02	FCPorto 47.66	1:34.92	225	
5.	Mafalda Pacheco, CUNHA 50m: 43.74 43.74	F	121589	02	Leixões Sport Clube 51.30	1:35.04	224	
6.	Mariana Isabel, SILVA 50m: 45.85 45.85	F	119094	02	Lousada 50.42	1:36.27	215	
7.	Clara Ribeiro, SOUSA 50m: 46.68 46.68	F	118212	02	Famalicao 49.63	1:36.31	215	
8.	Beatriz Daniela, MACEDO 50m: 45.97 45.97	F	124313	02	Vit�ria Sport Clube 51.82	1:37.79	205	
9.	Francisca Costa, CARNEIRO 50m: 48.50 48.50	F	118218	02	Famalicao 49.84	1:38.34	202	
10.	Helena Maria, CARVALHO 50m: 45.69 45.69	F	122016	02	Foca 52.91	1:38.60	200	
11.	Ana Sofia, AGUIAR 50m: 47.47 47.47	F	120624	02	Fluvial Vilacondense 52.41	1:39.88	193	
12.	Daniela Faria, FIGUEIREDO 50m: 46.90 46.90	F	119076	02	FCPorto 53.06	1:39.96	192	
13.	Francisca Sequeira, BASTARDO 50m: 45.59 45.59	F	123070	02	CNMaia 54.62	1:40.21	191	

O Secret rio do Juri

O Juiz  rbitro

Prova 5, Femin., 100m Estilos, Cadetes B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
14.	Daniela Oliveira, RODRIGUES 50m: 45.16 45.16	F	118056	02	Valongo 55.45	1:40.61	189	
15.	Ana Lopes, SANTOS 50m: 47.05 47.05	F	120698	02	Fluvial Vilacondense 53.97	1:41.02	186	
16.	Soraia Isabel, GUIMARAES 50m: 48.35 48.35	F	119151	02	Vitória Sport Clube 52.88	1:41.23	185	
17.	Filipa Viamonte, FERNANDES 50m: 48.12 48.12	F	122198	02	Vitória Sport Clube 53.15	1:41.27	185	
18.	Ana Leal, ALVES 50m: 45.58 45.58	F	122924	02	Assoc. Desportiva de Fafe 55.91	1:41.49	184	
19.	Mariana Martins, TEIXEIRA 50m: 48.05 48.05	F	121902	02	Celorico Basto 54.21	1:41.86	182	
20.	Mariana Baptista, PINTO 50m: 51.41 51.41	F	122180	02	Lamas 51.37	1:42.78	177	
21.	Tania Castro, MEIRELES 50m: 47.33 47.33	F	122165	02	Assoc. Desportiva de Fafe 55.99	1:43.32	174	
22.	Maria Fernandes, BRANDAO 50m: 51.89 51.89	F	118217	02	Famalicao 51.98	1:43.87	171	
23.	Margarida Teixeira, ALVES 50m: 50.24 50.24	F	120736	02	Foca 54.21	1:44.45	168	
24.	Ines Isabel, FERREIRA 50m: 50.89 50.89	F	124311	02	Vitória Sport Clube 53.63	1:44.52	168	
25.	Ana Pereira, GOMES 50m: 49.68 49.68	F	118220	02	Famalicao 55.54	1:45.22	165	
26.	Ana Capela, OLIVEIRA 50m: 49.31 49.31	F	123098	02	Lamas 56.23	1:45.54	163	
27.	Ana Margarida, LEITE 50m: 48.43 48.43	F	123141	02	Assoc. Desportiva de Fafe 57.28	1:45.71	162	
28.	Ana Catarina, MAGALHAES 50m: 51.49 51.49	F	119092	02	Lousada 54.25	1:45.74	162	
29.	Mafalda Joana, OLIVEIRA 50m: 50.21 50.21	F	119096	02	Lousada 55.56	1:45.77	162	
30.	Mafalda Robalo, MAIA 50m: 52.47 52.47	F	118215	02	Famalicao 53.73	1:46.20	160	
31.	Ana Beatriz, SAMEIRO 50m: 50.94 50.94	F	118746	02	Gespacos 55.35	1:46.29	160	
32.	Matilde Guimaraes, SANTOS 50m: 52.70 52.70	F	122894	02	Leixões Sport Clube 54.14	1:46.84	157	
33.	Lara Raquel, LEITE 50m: 48.83 48.83	F	120742	02	Fluvial Vilacondense 58.43	1:47.26	155	
34.	Rita Alexandra, CAMPOS 50m: 49.31 49.31	F	120820	02	FCPorto 58.39	1:47.70	154	
35.	Beatriz Pinto, ALMEIDA 50m: 50.74 50.74	F	124183	02	Leixões Sport Clube 57.70	1:48.44	150	
36.	Ana Carmo, PINHEIRO 50m: 55.16 55.16	F	124856	02	Ginásio Santo Tirso 53.49	1:48.65	150	
37.	Angela Filipa, RIBEIRO 50m: 49.06 49.06	F	122115	02	Gespacos 59.76	1:48.82	149	
38.	Joana Maria, SANTOS 50m: 52.92 52.92	F	120554	02	Leixões Sport Clube 56.10	1:49.02	148	
39.	Liliana Esteves, CARVALHO 50m: 51.79 51.79	F	124084	02	CNMaia 57.50	1:49.29	147	
	Bruna Alexandra, ALVES 50m: 48.03 48.03	F	124312	02	Vitória Sport Clube 1:01.26	1:49.29	147	
41.	Gabriela Goncalves, OLIVEIRA 50m: 52.74 52.74	F	121968	02	Celorico Basto 57.51	1:50.25	143	
42.	Maria Luis, FERNANDES 50m: 55.69 55.69	F	122893	02	Leixões Sport Clube 54.89	1:50.58	142	
43.	Patricia Alexandra, SANTOS 50m: 51.31 51.31	F	120496	02	Leixões Sport Clube 59.89	1:51.20	139	
44.	Mariana Fernandes, MARQUES 50m: 54.86 54.86	F	118211	02	Famalicao 56.83	1:51.69	138	
45.	Ana Isabel, SOUSA 50m: 57.78 57.78	F	123100	02	Lamas 54.42	1:52.20	136	

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

29-03-2012 19:04 - Página 7

Prova 5, Femin., 100m Estilos, Cadetes B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
46.	Carlota Ramos, CARNEIRO 50m: 54.34 54.34	F	124857	02	Ginásio Santo Tirso 58.56	1:52.90	133	
47.	Maria Ines, FERREIRA 50m: 53.65 53.65	F	123908	02	Valongo 1:00.45	1:54.10	129	
48.	Patricia Alexandra, TAVARES 50m: 55.17 55.17	F	120811	02	FCPorto 59.08	1:54.25	129	
49.	Maria Teresa, PEREIRA 50m: 57.79 57.79	F	123069	02	CNMaia 57.56	1:55.35	125	
50.	Maria Sousa, MARQUES 50m: 56.67 56.67	F	122184	02	Lamas 58.94	1:55.61	124	
51.	Mariana Filipa, MOREIRA 50m: 56.93 56.93	F	125777	02	Valongo 59.22	1:56.15	122	
52.	Daniela Magalhães, SILVA 50m: 55.35 55.35	F	122113	02	Celorico Basto 1:01.47	1:56.82	120	
53.	Maria Joao, ALMEIDA 50m: 53.00 53.00	F	124348	02	FCPorto 1:03.97	1:56.97	120	
54.	Maria Ines, FREITAS 50m: 56.02 56.02	F	122991	02	Foca 1:01.28	1:57.30	119	
55.	Ines Ferreira, NEVES 50m: 50.94 50.94	F	120508	02	Valongo 1:06.90	1:57.84	117	
56.	Sofia Xavier, GOMES 50m: 55.67 55.67	F	122007	02	Fluvial Vilacondense 1:02.39	1:58.06	116	
57.	Sofia Isabel, MATOS 50m: 57.58 57.58	F	120813	02	FCPorto 1:01.96	1:59.54	112	
58.	Diana Sousa, MARQUES 50m: 1:00.45 1:00.45	F	122183	02	Lamas 1:02.77	2:03.22	102	
59.	Ines Neiva, NOVA 50m: 59.90 59.90	F	125002	02	Clube Naval Povoense 1:04.88	2:04.78	99	
60.	Ana Carolina, GOMES 50m: 1:18.25 1:18.25	F	125961	02	Gespacos 1:21.51	2:39.76	47	
DSQ	Beatriz Sofia, COSTA 508 - O(a) atleta efectuou movimento alternado de pernas durante o percurso – SW 8.3	F	118318	02	Foca			
DSQ	Valeria Goncalves, VIEIRA 421 - O(a) atleta tocou com uma mão na parede na viragem aos 75 metros – SW 7.6	F	124314	02	Vitória Sport Clube			
DSQ	Mariana Sofia, LEITE 508 - O(a) atleta efectuou movimento alternado de pernas durante o percurso – SW 8.3	F	121972	02	Celorico Basto			
DSQ	Ines Filipa, MAGALHAES 102 - Falsa partida – SW 4.4	F	121786	02	Gespacos			
DSQ	Mariana Sousa, MAIA 421 - O(a) atleta tocou com uma mão na parede na viragem aos 75 metros – SW 7.6	F	118219	02	Famalicao			
DSQ	Mariana Oliveira, ARAUJO 703 - O(a) atleta não tocou na parede na viragem aos 50 metros – SW 10.4	F	121703	02	Famalicao			
DSQ	Mariana Filipa, AZEVEDO 601 - Os (as) atletas nadaram pela ordem incorrecta – SW 9.1	F	122125	02	Lousada			
DSQ	Rita Silva, ABREU 303 - O(a) atleta saiu na posição ventral depois da viragem aos 50 metros – SW 6.2	F	125968	02	Leixões Sport Clube			
DSQ	Filipa Couto, DUARTE 421 - O(a) atleta tocou com uma mão na parede na viragem aos 75 metros – SW 7.6	F	124455	02	FCPorto			

Prova 6
24-03-2012 - 17:35

Masc., 200m Estilos
CMEP - Clínica Médica do Exercício do Porto

Cadetes A
Resultados

Cadetes A Masculinos : 3:20.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Jose Pedro, FREITAS 50m: 36.00 36.00	M	111446	00	Aquabrito 40.54 150m: 2:05.12 48.58	2:41.92 2:41.92	314	36.80
2.	Hugo Gabriel, MORAIS 50m: 38.03 38.03	M	108637	00	Famalicao 39.52 150m: 2:08.33 50.78	2:48.77 2:48.77	277	40.44
3.	Joao Miguel, NUNES 50m: 38.15 38.15	M	108104	00	Gespacos 44.70 150m: 2:13.95 51.10	2:51.58 2:51.58	264	37.63
4.	Daniel Jose, DUARTE 50m: 38.19 38.19	M	118897	00	Leixões Sport Clube 44.07 150m: 2:14.41 52.15	2:51.97 2:51.97	262	37.56
5.	Francisco Neto, MOREIRA 50m: 36.30 36.30	M	123701	00	Gespacos 44.28 150m: 2:11.41 50.83	2:52.77 2:52.77	258	41.36
6.	Joao Pereira, TINOCO 50m: 37.67 37.67	M	111056	00	Famalicao 43.51 150m: 2:14.47 53.29	2:53.61 2:53.61	254	39.14
7.	Nuno Correia, SOUSA 50m: 40.38 40.38	M	110484	00	FCPorto 45.12 150m: 2:18.30 52.80	2:54.18 2:54.18	252	35.88
8.	Rui Alexandre, RAMOS 50m: 39.65 39.65	M	111744	00	FCPorto 45.17 150m: 2:16.65 51.83	2:54.62 2:54.62	250	37.97
9.	Tomas Pimentel, BORGES 50m: 39.12 39.12	M	112140	00	FCPorto 44.02 150m: 2:17.47 54.98	2:55.00 2:55.00	248	37.53
10.	Sergio Filipe, TRAVANCA 50m: 37.47 37.47	M	117385	00	FCPorto 45.86 150m: 2:16.41 53.08	2:56.55 2:56.55	242	40.14
11.	Francisco Denis, STEINMAIER 50m: 38.73 38.73	M	122169	00	Assoc. Desportiva de Fafe 44.43 150m: 2:17.00 53.84	2:57.62 2:57.62	238	40.62
12.	Diogo Moreno, BASTOS 50m: 40.81 40.81	M	108285	00	Fluvial Portuense 46.82 150m: 2:19.97 52.34	2:59.69 2:59.69	229	39.72
13.	Miguel Angelo, SANTOS 50m: 40.97 40.97	M	109306	00	Trofa 44.02 150m: 2:19.07 54.08	3:00.33 3:00.33	227	41.26
14.	Ricardo Jorge, TEIXEIRA 50m: 42.19 42.19	M	116902	00	CNMaia 45.84 150m: 2:20.03 52.00	3:03.93 3:03.93	214	43.90
15.	Porfirio Braga, NUNES 50m: 38.40 38.40	M	111552	00	Fluvial Vilacondense 48.96 150m: 2:23.99 56.63	3:04.02 3:04.02	214	40.03
16.	Ricardo Alexandre, MARQUES 50m: 38.67 38.67	M	110468	00	Lousada 48.15 150m: 2:23.15 56.33	3:04.88 3:04.88	211	41.73
17.	Ivo Manuel, DIAS 50m: 37.85 37.85	M	111508	00	Foca 46.47 150m: 2:24.25 59.93	3:05.52 3:05.52	208	41.27
18.	Luis Miguel, REBELO 50m: 40.85 40.85	M	121467	00	Fluvial Vilacondense 47.87 150m: 2:23.68 54.96	3:06.27 3:06.27	206	42.59
19.	Tiago Filipe, TEIXEIRA 50m: 41.64 41.64	M	112114	00	Celorico Basto 46.39 150m: 2:25.92 57.89	3:06.75 3:06.75	204	40.83
20.	Francisco Vilhena, COSTA 50m: 40.93 40.93	M	111325	00	Fluvial Vilacondense 46.35 150m: 2:23.01 55.73	3:06.81 3:06.81	204	43.80
	Ricardo Manuel, ROCHA 50m: 41.67 41.67	M	119213	00	Leixões Sport Clube 47.26 150m: 2:24.59 55.66	3:06.81 3:06.81	204	42.22
22.	Sergio Eduardo, DIAS 50m: 41.31 41.31	M	108011	00	Gespacos 48.59 150m: 2:26.68 56.78	3:06.83 3:06.83	204	40.15
23.	Pedro Correia, SILVA 50m: 43.31 43.31	M	121472	00	Gespacos 46.54 150m: 2:25.59 55.74	3:07.21 3:07.21	203	41.62
24.	Diogo Barbosa, NUNES 50m: 41.88 41.88	M	110529	00	Fluvial Portuense 48.31 150m: 2:27.39 57.20	3:07.93 3:07.93	200	40.54
25.	Rui Miguel, AZEVEDO 50m: 45.06 45.06	M	111053	00	Famalicao 47.95 150m: 2:25.18 52.17	3:07.96 3:07.96	200	42.78
26.	Andre Filipe, ALMEIDA 50m: 41.90 41.90	M	110492	00	FCPorto 49.22 150m: 2:25.67 54.55	3:09.42 3:09.42	196	43.75
27.	Francisco Gama, BRANDAO 50m: 45.11 45.11	M	121474	00	Vitória Sport Clube 48.98 150m: 2:29.98 55.89	3:09.55 3:09.55	195	39.57
28.	Nuno Filipe, LEITE 50m: 42.04 42.04	M	108300	00	Foca 46.79 150m: 2:25.69 56.86	3:09.76 3:09.76	195	44.07
29.	Nuno Filipe, FERREIRA 50m: 44.60 44.60	M	119654	00	Foca 46.26 150m: 2:29.24 58.38	3:11.59 3:11.59	189	42.35
30.	Simao Lopes, FERREIRA 50m: 47.65 47.65	M	122168	00	Assoc. Desportiva de Fafe 46.56 150m: 2:28.72 54.51	3:12.00 3:12.00	188	43.28

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

29-03-2012 19:04 - Página 9

Prova 6, Masc., 200m Estilos, Cadetes A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
31.	David Fenker, SILVA 50m: 42.55 42.55	M	119060	00	Lamas	49.47	150m: 2:32.09	1:00.07	200m: 3:12.30	187	40.21
32.	Andre Fernandes, NUNES 50m: 41.64 41.64	M	108176	00	FCPorto	50.09	150m: 2:31.18	59.45	200m: 3:12.66	186	41.48
33.	Bruno Miguel, PINTO 50m: 44.40 44.40	M	121335	00	FCPorto	51.44	150m: 2:33.28	57.44	200m: 3:12.84	186	39.56
34.	Pedro Sousa, GONCALVES 50m: 40.31 40.31	M	116989	00	Vitória Sport Clube	52.01	150m: 2:30.54	58.22	200m: 3:13.35	184	42.81
35.	Joel Henriques, MAGALHAES 50m: 46.64 46.64	M	122162	00	Assoc. Desportiva de Fafe	52.80	150m: 2:32.91	53.47	200m: 3:14.35	181	41.44
36.	Rogério Jose, MACHADO 50m: 44.86 44.86	M	111057	00	Famalicao	50.75	150m: 2:35.27	59.66	200m: 3:15.61	178	40.34
37.	Goncalo Gama, BRANDAO 50m: 45.41 45.41	M	121475	00	Vitória Sport Clube	51.64	150m: 2:33.25	56.20	200m: 3:16.10	176	42.85
38.	Jose Serodio, CANHA 50m: 45.33 45.33	M	117425	00	Fluvial Portuense	52.07	150m: 2:32.19	54.79	200m: 3:16.47	175	44.28
39.	Pedro Miguel, MARQUES 50m: 48.30 48.30	M	111060	00	Famalicao	47.40	150m: 2:32.25	56.55	200m: 3:17.50	173	45.25
40.	Miguel Azevedo, ARAUJO 50m: 53.19 53.19	M	118222	00	Famalicao	47.70	150m: 2:36.84	55.95	200m: 3:19.68	167	42.84
41.	Joao Jose, ALMEIDA 50m: 47.64 47.64	M	121337	00	FCPorto	49.53	150m: 2:36.31	59.14	200m: 3:19.88	167	43.57
42.	Ruben Andrade, SILVA FTL 50m: 52.36 52.36	M	122170	00	Assoc. Desportiva de Fafe	53.67	150m: 2:40.66	54.63	200m: 3:22.94	159	42.28
43.	Andre Miguel, SANTOS FTL 50m: 46.84 46.84	M	118053	00	Fluvial Vilacondense	48.66	150m: 2:36.33	1:00.83	200m: 3:23.79	157	47.46
44.	Ricardo Rafael, COSTA FTL 50m: 50.35 50.35	M	111052	00	Famalicao	51.48	150m: 2:39.06	57.23	200m: 3:24.11	156	45.05
45.	Vitor Alberto, MATOS FTL 50m: 43.82 43.82	M	112193	00	Lousada	52.85	150m: 2:37.55	1:00.88	200m: 3:25.24	154	47.69
46.	Olavo Miguel, FERREIRA FTL 50m: 52.75 52.75	M	121339	00	FCPorto	54.42	150m: 2:49.29	1:02.12	200m: 3:33.57	136	44.28
47.	Marcos Daniel, VITORIA FTL 50m: 48.55 48.55	M	120510	00	Valongo	59.10	150m: 2:50.04	1:02.39	200m: 3:34.44	135	44.40
DSQ	Francisco Alves, ANDRADE 421 - O(a) atleta tocou com uma mão na parede na viragem aos 125 metros – SW 7.6	M	111324	00	Fluvial Vilacondense						
DSQ	Daniel Pereira, SILVA 102 - Falsa partida – SW 4.4	M	111055	00	Famalicao						
DSQ	David Dias, LIMA 308 - O(a) atleta não chegou na posição dorsal – SW 6.5	M	118183	00	Fluvial Vilacondense						
DSQ	Afonso Fernandes, PEREIRA FTL508 - O(a) atleta efectuou movimento alternado de pernas durante o percurso – SW 8.3	M	119160	00	CNMaia				3:21.36		

Prova 7
24-03-2012 - 18:05

Masc., 100m Estilos
COPIDOURO - Cópia e Artigos de Reprodução, Lda

Cadetes A
Resultados

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Hugo Saganha, MARQUES 50m: 40.21 40.21	M	124175	00	Valongo 48.22	1:28.43	189	
2.	Ricardo Jose, FREITAS 50m: 43.24 43.24	M	119653	00	Foca 49.57	1:32.81	163	
3.	Hugo Marreiros de, FREITAS 50m: 44.40 44.40	M	116922	00	CNMaia 49.28	1:33.68	159	
4.	Joao Vieira, SILVA 50m: 45.03 45.03	M	121338	00	FCPorto 49.41	1:34.44	155	
5.	Hugo Vidal, OLIVEIRA 50m: 44.72 44.72	M	111518	00	Fluvial Vilacondense 51.43	1:36.15	147	
6.	Andre Marreiros de, FREITAS 50m: 48.15 48.15	M	116921	00	CNMaia 48.34	1:36.49	145	
7.	Alexandre Miguel, OLIVEIRA 50m: 47.39 47.39	M	123078	00	Lamas 49.44	1:37.33	141	
8.	Andre Jorge, COSTA 50m: 47.01 47.01	M	123699	00	Leixões Sport Clube 50.45	1:37.46	141	
9.	Joao Diogo, SOARES 50m: 45.37 45.37	M	122731	00	FCPorto 52.13	1:37.50	141	
10.	Miguel Filipe, SOUSA 50m: 48.02 48.02	M	123704	00	CNMaia 49.91	1:37.93	139	
11.	Ricardo Filipe, MORAIS 50m: 47.21 47.21	M	116883	00	FCPorto 52.04	1:39.25	133	
12.	Francisco Miguel, LOPES 50m: 48.14 48.14	M	112184	00	CNMaia 52.18	1:40.32	129	
13.	Jose Carlos, TEIXEIRA 50m: 44.99 44.99	M	119097	00	Lousada 55.68	1:40.67	128	
14.	Diogo Mendes, RIBEIRO 50m: 46.66 46.66	M	119185	00	Vitória Sport Clube 54.45	1:41.11	126	
15.	Mauricio Ricardo, TEIXEIRA 50m: 46.90 46.90	M	112750	00	Lousada 54.62	1:41.52	125	
16.	Diogo Jose, SILVA 50m: 51.37 51.37	M	118747	00	Gespacos 50.88	1:42.25	122	
17.	Daniel Jose, ZAMITH 50m: 50.20 50.20	M	122245	00	Vitória Sport Clube 1:43.05	1:43.05	119	
18.	Ivo Miguel, COSTA 50m: 49.87 49.87	M	111081	00	FCPorto 53.52	1:43.39	118	
19.	Ricardo Manuel, FARIA 50m: 49.86 49.86	M	124353	00	Vitória Sport Clube 55.91	1:45.77	110	
20.	Joao Miguel, BRITO 50m: 52.52 52.52	M	118185	00	Fluvial Vilacondense 54.83	1:47.35	105	
21.	Diogo Filipe, RODRIGUES 50m: 52.36 52.36	M	116972	00	Fluvial Vilacondense 55.45	1:47.81	104	
22.	Frederico Vernin, MACEDO 50m: 50.66 50.66	M	125142	00	Leixões Sport Clube 58.52	1:49.18	100	
23.	Joao Tomas, DIAS 50m: 53.11 53.11	M	119085	00	FCPorto 56.73	1:49.84	98	
24.	Daniel Dinis, MARTINS 50m: 52.91 52.91	M	125903	00	Lamas 58.39	1:51.30	94	
25.	Paulo Silva, SOUSA 50m: 55.57 55.57	M	120754	00	Gespacos 1:02.56	1:58.13	79	
26.	Ricardo Daniel, CASTELEIRO 50m: 56.39 56.39	M	124351	00	Famalicao 1:02.99	1:59.38	76	
DSQ	Bruno Miguel, SOUSA 308 - O(a) atleta não chegou na posição dorsal – SW 6.5	M	124184	00	Leixões Sport Clube			
DSQ	Pedro Mesquita, AZEVEDO 419 - O(a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 75 metros – SW 7.6	M	111058	00	Famalicao			
DSQ	Joao Xavier, CARVALHO 308 - O(a) atleta não chegou na posição dorsal – SW 6.5	M	110469	00	Lousada			
DSQ	David Castro, BESSA 419 - O(a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 75 metros – SW 7.6	M	122159	00	Assoc. Desportiva de Fafe			

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

29-03-2012 19:04 - Página 11

Prova 8
24-03-2012 - 18:25

Femin., 4 x 100m Estilos
CMEP - Cl nica M dica do Exerc cio do Porto

Cadetes A
Resultados

Pontos: FINA 2011

Lugar	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1. FCPorto 1	F			FCPorto	5:50.48	275	
Maria Carolina, COSTA	01	45.82	1:29.42	Isabel Porfirio, PEGO	01	40.52	1:29.72
Barbara Vilela, MAGALHAES	01	43.77	1:34.61	Carolina Lopes, SILVA	01	37.50	1:16.73
2. CNMaia 1	F			CNMaia	6:05.49	242	
Ana Isabel, REIS	01	44.65	1:32.40	Mariana Cardoso, COSTA	01	42.42	1:32.82
Carolina Ascenso, SANTOS	01	46.29	1:35.92	Joana Daniela, JACINTO	01	39.94	1:24.35
3. Gespacos 1	F			Gespacos	6:07.19	239	
Julia Albuquerque, FRAGA	01	48.61	1:39.51	Catarina Leao, COSTA	01	38.76	1:24.77
Ines Neto, ROCHA	01	41.89	1:31.64	Maria Ines, SILVA	01	43.35	1:31.27
4. Leix�es Sport Clube 1	F			Leix�es Sport Clube	6:19.08	217	
Daniela Fernanda, BARBOSA	01	42.15	1:26.92	Isabel Ferreira, SOUSA	01	45.13	1:36.31
Sofia Filipa, GONCALVES	01	47.66	1:39.50	Maria Morais, GONCALVES	01	43.80	1:36.35
5. Famalicao 1	F			Famalicao	6:27.48	203	
Mariana Ribeiro, COSTA	01	44.13	1:31.91	Ines Araujo, MARTINS	01	44.55	1:43.21
Lara Beatriz, MATOS	01	46.90	1:40.80	Catia Sofia, CAMPOS	01	42.62	1:31.56
6. Lamas 1	F			Lamas	6:31.72	197	
Iris Rodrigues, SA	01	45.70	1:35.30	Mariana Oliveira, RIBEIRO	01	44.46	1:36.85
Isabel Reina, FONSECA	01	54.67	1:55.45	Anabela Silva, FERREIRA	01	38.64	1:24.12
7. Fluvial Portuense 1	F			Fluvial Portuense	6:34.51	192	
Maria Beatriz, MESQUITA	01	47.95	1:39.65	Margarida Pimenta, SOUSA	01	47.60	1:49.13
Maria Luisa, LEGOINHA	01	49.11	1:47.05	Ines Alves, MARTINS	01	37.36	1:18.68
8. Lousada 1	F			Lousada	6:35.25	191	
Nadia Filipa, MIRANDA	01	47.20	1:39.66	Maria Carolina, SOUSA	01	42.42	1:32.32
Alexandra Ines, SILVA	01	57.40	2:01.94	Ana Filipa, MOREIRA	01	38.75	1:21.33
9. Assoc. Desportiva de Fafe 1	F			Assoc. Desportiva de Fafe	6:35.42	191	
Leonor Carlos, COSTA	01	49.29	1:39.85	Beatriz Rodrigues, OLIVEIRA	01	39.87	1:32.80
Ana Beatriz, LOPES	01	56.11	2:02.64	Maria Nogueira, CARVALHO	01	37.83	1:20.13
10. Fluvial Vilacondense 1	F			Fluvial Vilacondense	6:40.96	183	
Ana Margarida, GONCALVES	01	46.59	1:35.69	Margarida Renn, ARAUJO	01	46.72	1:44.04
Mafalda Trevo, MONTEIRO	01	52.00	1:50.86	Francisca Alexandra, GRACA	01	41.02	1:30.37
11. Valongo 1	F			Valongo	7:16.92	142	
Ana Filipa, CASEIRO	01	54.94	1:54.83	Mariana Santos, AGUEDA	01	49.05	1:50.03
Ana Rita, COSTA	01	53.98	1:54.54	Ana Catarina, MOREIRA	01	47.00	1:37.52

Prova 9
24-03-2012 - 18:40

Masc., 4 x 50m Estilos
COPIDOURO - C pia e Artigos de Reprodu o, Lda

Cadetes B
Resultados

Pontos: FINA 2011

Lugar	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1. Assoc. Desportiva de Fafe 1	M			Assoc. Desportiva de Fafe	2:49.16	159	
Joao Freitas, PEIXOTO	01	43.03	43.03	Rui Pires, MARTINS	01	40.86	40.86
Joao Pinto, FREITAS	01	51.47	51.47	Romeu Ribeiro, FERNANDES	01	33.80	33.80
2. Fluvial Portuense 1	M			Fluvial Portuense	2:54.89	144	
Bruno Rafael, MACHADO	01	42.68	42.68	Nuno Oliveira, FREITAS	01	43.29	43.29
Goncalo Nuno, NUNES	01	49.81	49.81	Filipe Silva, GUEDES	01	39.11	39.11
3. Famalicao 1	M			Famalicao	2:56.35	141	
Jose Salgado, MOREIRA	01	44.27	44.27	Andre Oliveira, BARBOSA	01	46.45	46.45
Afonso Passos, CUNHA	01	51.69	51.69	Joao Leite, SARAIVA	01	33.94	33.94
4. Leix�es Sport Clube 1	M			Leix�es Sport Clube	2:57.76	137	
Jose Pedro, PICAO	01	45.84	45.84	Amilcar Filipe, VIEIRA	01	42.06	42.06
Sergio Miguel, ESTEVAO	01	53.54	53.54	Tiago Mendonca, FREIRE	01	36.32	36.32
5. Clube Naval Povoense 1	M			Clube Naval Povoense	3:16.60	101	
Marco Pinto, MOREIRA	01	49.28	49.28	Henrique Maieiro, AMORIM	01	54.27	54.27
Hugo Azurara, VIEIRA	01	51.09	51.09	Nuno Moreira, NOVAIS	01	41.96	41.96
6. FCPorto 1	M			FCPorto	3:21.58	94	
Ismael Costa, MOREIRA	01	51.63	51.63	Alexandre Jose, NOGUEIRA	01	48.17	48.17
Jose Tiago, RODRIGUES	01	51.20	51.20	Paulo Duarte, PEDROSO	01	50.58	50.58

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associao de Natao do Norte de Portugal

29-03-2012 19:04 - P gina 12

Prova 10
24-03-2012 - 18:45

Femin., 4 x 50m Livres
CMEP - Cl nica M dica do Exerc cio do Porto

Cadetes B
Resultados

Pontos: FINA 2011

Lugar	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1. Foca 1	F			Foca	2:25.22	264	
Nina Pinto, RIBEIRO	02			34.48	02		38.02
Beatriz Sofia, COSTA	02			39.26	02		33.46
2. Vit�ria Sport Clube 1	F			Vit�ria Sport Clube	2:41.82	191	
Filipa Viamonte, FERNANDES	02			41.68	02		50.39
Beatriz Daniela, MACEDO	02			29.23	02		40.52
3. FCPorto 1	F			FCPorto	2:51.11	161	
Ariana Maia, FONSECA	02			39.28	02		12.57
Daniela Faria, FIGUEIREDO	02			29.14	02		1:30.12
4. Famalicao 1	F			Famalicao	2:53.77	154	
Mafalda Robalo, MAIA	02			41.99	02		47.48
Ana Pereira, GOMES	02			43.19	02		41.11
5. Valongo 1	F			Valongo	2:56.41	147	
Daniela Oliveira, RODRIGUES	02			40.97	02		45.42
Ines Ferreira, NEVES	02			45.15	02		44.87
6. Fluvial Vilacondense 1	F			Fluvial Vilacondense	2:56.80	146	
Ana Lopes, SANTOS	02			42.45	02		29.13
Sofia Xavier, GOMES	02			46.79	02		58.43
7. Celorico Basto 1	F			Celorico Basto	3:03.71	130	
Mariana Martins, TEIXEIRA	02			39.93	02		51.00
Gabriela Goncalves, OLIVEIRA	02			44.38	02		48.40
8. Lamas 1	F			Lamas	3:05.16	127	
Diana Sousa, MARQUES	02			52.77	02		44.58
Ana Isabel, SOUSA	02			47.88	02		39.93
9. Gespacos 1	F			Gespacos	3:15.64	108	
Ana Beatriz, SAMEIRO	02			45.18	02		50.65
Ines Filipa, MAGALHAES	02			41.05	02		58.76
DSQ Leix�es Sport Clube 1	F			Leix�es Sport Clube			
712 - <i>Rendio antecipada do 3 nadador - SW 10.11</i>							
Matilde Guimaraes, SANTOS	02			42.95	02		
Patricia Alexandra, SANTOS	02			50.69	02		
DSQ Lousada 1	F			Lousada			
102 - <i>Falsa partida - SW 4.4</i>							
Mariana Filipa, AZEVEDO	02				02		
Mafalda Joana, OLIVEIRA	02				02		

Prova 11
24-03-2012 - 18:55

Masc., 4 x 100m Livres
COPIDOURO - C pia e Artigos de Reproduo, Lda

Cadetes A
Resultados

Pontos: FINA 2011

Lugar	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1. FCPorto 1	M			FCPorto	4:49.12	254	
Nuno Correia, SOUSA	00	33.12		1:08.14	00		1:14.68
Tomas Pimentel, BORGES	00	35.87		1:14.52	00		1:11.78
2. Gespacos 1	M			Gespacos	4:50.29	251	
Joao Miguel, NUNES	00	32.80		1:08.22	00		1:10.88
Pedro Correia, SILVA	00	35.87		1:15.00	00		1:16.19
3. Leix�es Sport Clube 1	M			Leix�es Sport Clube	5:11.49	203	
Daniel Jose, DUARTE	00	34.84		1:11.89	00		1:16.64
Andre Jorge, COSTA	00	41.84		1:27.22	00		1:15.74
4. Foca 1	M			Foca	5:16.63	194	
Ivo Manuel, DIAS	00	35.57		1:17.35	00		1:21.94
Nuno Filipe, LEITE	00	37.59		1:19.88	00		1:17.46
5. Assoc. Desportiva de Fafe 1	M			Assoc. Desportiva de Fafe	5:22.46	183	
Francisco Denis, STEINMAIER	00	36.51		1:16.58	00		1:22.61
Simao Lopes, FERREIRA	00	38.83		1:21.77	00		1:21.50
6. CNMaia 1	M			CNMaia	5:32.07	168	
Ricardo Jorge, TEIXEIRA	00	37.37		1:18.84	00		1:24.01
Afonso Fernandes, PEREIRA	00	38.38		1:21.85	00		1:27.37
7. Famalicao 1	M			Famalicao	5:32.25	167	
Rogelio Jose, MACHADO	00	38.78		1:20.09	00		1:26.84
Pedro Miguel, MARQUES	00	39.92		1:24.21	00		1:21.11
8. Fluvial Vilacondense 1	M			Fluvial Vilacondense	5:37.69	159	
Francisco Alves, ANDRADE	00	37.73		1:20.08	00		1:25.49
Andre Miguel, SANTOS	00	40.45		1:25.07	00		1:27.05

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associao de Natao do Norte de Portugal

29-03-2012 19:04 - P gina 13

Prova 11, Masc., 4 x 100m Livres, Cadetes A

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
9.	M			Vitória Sport Clube	5:38.24	159	
	00	39.77		Goncalo Gama, BRANDAO	00 37.34		1:20.72
	00	38.09		Diogo Mendes, RIBEIRO	00 41.43		1:27.87

2 - 2ª Jornada

25-03-2012 - 9:00

Prova 12

25-03-2012 - 9:00

Masc., 400m Livres

CMEP - Clínica Médica do Exercício do Porto

Cadetes A

Resultados

Cadetes A Masculinos : 6:20.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
1.	Jose Pedro, FREITAS	M	111446	00	Aquabrito	5:12.04	317				
	50m: 32.36				39.38	250m: 3:11.07	40.95	350m: 4:32.58	40.68		
	100m: 1:10.13				40.61	300m: 3:51.90	40.83	400m: 5:12.04	39.46		
2.	Nuno Correia, SOUSA	M	110484	00	FCPorto	5:16.52	303				
	50m: 35.65				39.79	250m: 3:15.20	39.92	350m: 4:36.67	40.24		
	100m: 1:15.12				40.37	300m: 3:56.43	41.23	400m: 5:16.52	39.85		
3.	Joao Miguel, NUNES	M	108104	00	Gespacos	5:18.37	298				
	50m: 34.46				40.75	250m: 3:17.11	41.74	350m: 4:38.98	40.76		
	100m: 1:13.23				41.39	300m: 3:58.22	41.11	400m: 5:18.37	39.39		
4.	Joao Pereira, TINOCO	M	111056	00	Famalicao	5:24.99	280				
	50m: 35.85				41.26	250m: 3:20.33	42.63	350m: 4:44.97	42.08		
	100m: 1:14.90				41.54	300m: 4:02.89	42.56	400m: 5:24.99	40.02		
5.	Miguel Angelo, SANTOS	M	109306	00	Trofa	5:26.55	276				
	50m: 36.72				40.40	250m: 3:22.02	42.31	350m: 4:47.01	42.43		
	100m: 1:17.12				42.19	300m: 4:04.58	42.56	400m: 5:26.55	39.54		
6.	Hugo Gabriel, MORAIS	M	108637	00	Famalicao	5:27.30	274				
	50m: 35.76				41.53	250m: 3:20.76	42.22	350m: 4:46.03	42.57		
	100m: 1:14.74				42.27	300m: 4:03.46	42.70	400m: 5:27.30	41.27		
7.	Diogo Moreno, BASTOS	M	108285	00	Fluvial Portuense	5:31.41	264				
	50m: 35.75				41.98	250m: 3:24.26	42.67	350m: 4:50.57	42.78		
	100m: 1:16.91				42.70	300m: 4:07.79	43.53	400m: 5:31.41	40.84		
8.	Sergio Filipe, TRAVANCA	M	117385	00	FCPorto	5:32.94	260				
	50m: 37.05				42.60	250m: 3:26.35	42.92	350m: 4:53.19	43.71		
	100m: 1:18.34				42.49	300m: 4:09.48	43.13	400m: 5:32.94	39.75		
9.	David Dias, LIMA	M	118183	00	Fluvial Vilacondense	5:33.28	260				
	50m: 36.07				42.96	250m: 3:26.95	43.28	350m: 4:54.45	43.73		
	100m: 1:17.25				43.46	300m: 4:10.72	43.77	400m: 5:33.28	38.83		
10.	Daniel Jose, DUARTE	M	118897	00	Leixões Sport Clube	5:37.72	250				
	50m: 37.61				42.79	250m: 3:28.51	42.98	350m: 4:55.75	43.52		
	100m: 1:19.78				42.96	300m: 4:12.23	43.72	400m: 5:37.72	41.97		
11.	Diogo Barbosa, NUNES	M	110529	00	Fluvial Portuense	5:37.79	249				
	50m: 36.71				42.71	250m: 3:28.20	41.67	350m: 4:57.72	43.80		
	100m: 1:18.70				45.12	300m: 4:13.92	45.72	400m: 5:37.79	40.07		
12.	Ricardo Alexandre, MARQUES	M	110468	00	Lousada	5:38.23	248				
	50m: 38.05				43.11	250m: 3:29.98	43.59	350m: 4:57.49	43.66		
	100m: 1:19.59				43.69	300m: 4:13.83	43.85	400m: 5:38.23	40.74		
13.	Rui Alexandre, RAMOS	M	111744	00	FCPorto	5:38.47	248				
	50m: 36.38				43.29	250m: 3:27.72	43.21	350m: 4:55.93	44.87		
	100m: 1:18.38				42.84	300m: 4:11.06	43.34	400m: 5:38.47	42.54		
14.	Pedro Correia, SILVA	M	121472	00	Gespacos	5:39.15	246				
	50m: 35.90				43.82	250m: 3:29.59	44.38	350m: 4:57.43	43.72		
	100m: 1:17.80				43.59	300m: 4:13.71	44.12	400m: 5:39.15	41.72		
15.	Francisco Neto, MOREIRA	M	123701	00	Gespacos	5:39.50	246				
	50m: 37.50				42.85	250m: 3:29.17	44.63	350m: 4:57.41	44.24		
	100m: 1:18.55				43.14	300m: 4:13.17	44.00	400m: 5:39.50	42.09		
16.	Nuno Filipe, FERREIRA	M	119654	00	Foca	5:40.83	243				
	50m: 37.52				44.09	250m: 3:31.36	43.59	350m: 4:58.57	42.62		
	100m: 1:20.53				43.15	300m: 4:15.95	44.59	400m: 5:40.83	42.26		
17.	Ivo Manuel, DIAS	M	111508	00	Foca	5:41.43	242				
	50m: 35.90				43.31	250m: 3:29.66	44.86	350m: 4:58.70	43.83		
	100m: 1:17.87				43.62	300m: 4:14.87	45.21	400m: 5:41.43	42.73		
18.	Tiago Filipe, TEIXEIRA	M	112114	00	Celorico Basto	5:42.76	239				
	50m: 36.63				44.09	250m: 3:32.06	45.82	350m: 5:01.97	44.05		
	100m: 1:17.74				44.41	300m: 4:17.92	45.86	400m: 5:42.76	40.79		
19.	Francisco Denis, STEINMAIER	M	122169	00	Assoc. Desportiva de Fafe	5:42.94	238				
	50m: 37.37				44.72	250m: 3:35.56	45.06	350m: 5:03.05	43.38		
	100m: 1:21.06				44.72	300m: 4:19.67	44.11	400m: 5:42.94	39.89		
20.	Bruno Miguel, PINTO	M	121335	00	FCPorto	5:43.92	236				
	50m: 38.58				44.63	250m: 3:33.85	44.44	350m: 5:03.29	45.16		
	100m: 1:21.05				44.66	300m: 4:18.13	44.28	400m: 5:43.92	40.63		
21.	Porfirio Braga, NUNES	M	111552	00	Fluvial Vilacondense	5:44.70	235				
	50m: 35.95				44.63	250m: 3:33.27	44.74	350m: 5:01.21	42.52		
	100m: 1:18.37				45.53	300m: 4:18.69	45.42	400m: 5:44.70	43.49		

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

29-03-2012 19:04 - Página 15

Prova 12, Masc., 400m Livres, Cadetes A

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
22.	Francisco Vilhena, COSTA	M	111325 00	Fluvial Vilacondense	5:45.45	233	
	50m: 36.55 36.55	150m: 2:01.86		43.26 250m: 3:31.19	44.76	350m: 5:01.79	45.51
	100m: 1:18.60 42.05	200m: 2:46.43		44.57 300m: 4:16.28	45.09	400m: 5:45.45	43.66
23.	Tomas Pimentel, BORGES	M	112140 00	FCPorto	5:48.67	227	
	50m: 36.72 36.72	150m: 2:05.16		44.60 250m: 3:34.01	43.71	350m: 5:03.78	45.11
	100m: 1:20.56 43.84	200m: 2:50.30		45.14 300m: 4:18.67	44.66	400m: 5:48.67	44.89
24.	Goncalo Gama, BRANDAO	M	121475 00	Vitória Sport Clube	5:49.64	225	
	50m: 38.13 38.13	150m: 2:06.09		45.28 250m: 3:37.04	45.45	350m: 5:08.34	45.96
	100m: 1:20.81 42.68	200m: 2:51.59		45.50 300m: 4:22.38	45.34	400m: 5:49.64	41.30
25.	David Fenker, SILVA	M	119060 00	Lamas	5:49.65	225	
	50m: 38.91 38.91	150m: 2:06.93		44.63 250m: 3:37.03	44.86	350m: 5:07.19	45.16
	100m: 1:22.30 43.39	200m: 2:52.17		45.24 300m: 4:22.03	45.00	400m: 5:49.65	42.46
26.	Daniel Pereira, SILVA	M	111055 00	Famalicao	5:54.41	216	
	50m: 37.44 37.44	150m: 2:05.03		45.10 250m: 3:36.14	45.84	350m: 5:09.51	46.70
	100m: 1:19.93 42.49	200m: 2:50.30		45.27 300m: 4:22.81	46.67	400m: 5:54.41	44.90
27.	Luis Miguel, REBELO	M	121467 00	Fluvial Vilacondense	5:55.48	214	
	50m: 37.42 37.42	150m: 2:06.68		46.22 250m: 3:39.10	46.24	350m: 5:11.46	45.76
	100m: 1:20.46 43.04	200m: 2:52.86		46.18 300m: 4:25.70	46.60	400m: 5:55.48	44.02
28.	Sergio Eduardo, DIAS	M	108011 00	Gespacos	5:56.09	213	
	50m: 37.40 37.40	150m: 2:06.01		45.86 250m: 3:37.71	46.27	350m: 5:10.74	47.34
	100m: 1:20.15 42.75	200m: 2:51.44		45.43 300m: 4:23.40	45.69	400m: 5:56.09	45.35
29.	Joel Henriques, MAGALHAES	M	122162 00	Assoc. Desportiva de Fafe	5:58.10	209	
	50m: 39.60 39.60	150m: 2:10.03		45.87 250m: 3:42.10	46.28	350m: 5:14.32	46.09
	100m: 1:24.16 44.56	200m: 2:55.82		45.79 300m: 4:28.23	46.13	400m: 5:58.10	43.78
30.	Francisco Gama, BRANDAO	M	121474 00	Vitória Sport Clube	5:59.08	208	
	50m: 39.09 39.09	150m: 2:10.47		46.34 250m: 3:44.10	46.48	350m: 5:16.48	46.30
	100m: 1:24.13 45.04	200m: 2:57.62		47.15 300m: 4:30.18	46.08	400m: 5:59.08	42.60
31.	Nuno Filipe, LEITE	M	108300 00	Foca	6:00.66	205	
	50m: 38.55 38.55	150m: 2:08.69		45.79 250m: 3:43.66	47.37	350m: 5:16.95	45.78
	100m: 1:22.90 44.35	200m: 2:56.29		47.60 300m: 4:31.17	47.51	400m: 6:00.66	43.71
32.	Miguel Azevedo, ARAUJO	M	118222 00	Famalicao	6:01.38	204	
	50m: 40.65 40.65	150m: 2:12.40		47.02 250m: 3:46.11	46.55	350m: 5:18.64	46.49
	100m: 1:25.38 44.73	200m: 2:59.56		47.16 300m: 4:32.15	46.04	400m: 6:01.38	42.74
33.	Joao Jose, ALMEIDA	M	121337 00	FCPorto	6:02.02	203	
	50m: 39.55 39.55	150m: 2:13.76		47.98 250m: 3:46.36	46.65	350m: 5:19.18	46.74
	100m: 1:25.78 46.23	200m: 2:59.71		45.95 300m: 4:32.44	46.08	400m: 6:02.02	42.84
34.	Rui Miguel, AZEVEDO	M	111053 00	Famalicao	6:02.58	202	
	50m: 39.21 39.21	150m: 2:09.93		46.23 250m: 3:44.83	47.36	350m: 5:18.43	46.69
	100m: 1:23.70 44.49	200m: 2:57.47		47.54 300m: 4:31.74	46.91	400m: 6:02.58	44.15
35.	Andre Fernandes, NUNES	M	108176 00	FCPorto	6:04.06	199	
	50m: 39.66 39.66	150m: 2:10.12		45.99 250m: 3:44.40	47.09	350m: 5:18.86	47.03
	100m: 1:24.13 44.47	200m: 2:57.31		47.19 300m: 4:31.83	47.43	400m: 6:04.06	45.20
36.	Andre Filipe, ALMEIDA	M	110492 00	FCPorto	6:05.25	197	
	50m: 40.28 40.28	150m: 2:11.16		46.08 250m: 3:45.35	46.99	350m: 5:20.29	46.75
	100m: 1:25.08 44.80	200m: 2:58.36		47.20 300m: 4:33.54	48.19	400m: 6:05.25	44.96
37.	Ricardo Jorge, TEIXEIRA	M	116902 00	CNMaia	6:06.42	195	
	50m: 37.59 37.59	150m: 2:09.86		47.23 250m: 3:45.29	47.82	350m: 5:20.45	47.49
	100m: 1:22.63 45.04	200m: 2:57.47		47.61 300m: 4:32.96	47.67	400m: 6:06.42	45.97
38.	Hugo Marreiros de, FREITAS	M	116922 00	CNMaia	6:07.98	193	
	50m: 41.16 41.16	150m: 2:13.74		46.42 250m: 3:48.82	48.09	350m: 5:23.88	47.01
	100m: 1:27.32 46.16	200m: 3:00.73		46.99 300m: 4:36.87	48.05	400m: 6:07.98	44.10
39.	Rogério Jose, MACHADO	M	111057 00	Famalicao	6:09.13	191	
	50m: 40.66 40.66	150m: 2:16.81		49.50 250m: 3:51.28	47.00	350m: 5:25.96	47.12
	100m: 1:27.31 46.65	200m: 3:04.28		47.47 300m: 4:38.84	47.56	400m: 6:09.13	43.17
40.	Pedro Miguel, MARQUES	M	111060 00	Famalicao	6:09.26	191	
	50m: 41.63 41.63	150m: 2:14.81		46.90 250m: 3:48.85	46.49	350m: 5:24.05	47.62
	100m: 1:27.91 46.28	200m: 3:02.36		47.55 300m: 4:36.43	47.58	400m: 6:09.26	45.21
41.	Afonso Fernandes, PEREIRA	M	119160 00	CNMaia	6:10.49	189	
	50m: 40.46 40.46	150m: 2:16.04		48.53 250m: 3:52.50	48.28	350m: 5:28.38	47.90
	100m: 1:27.51 47.05	200m: 3:04.22		48.18 300m: 4:40.48	47.98	400m: 6:10.49	42.11
42.	Jose Serodio, CANHA	M	117425 00	Fluvial Portuense	6:12.24	186	
	50m: 40.59 40.59	150m: 2:15.44		48.40 250m: 3:50.84	47.93	350m: 5:27.64	48.20
	100m: 1:27.04 46.45	200m: 3:02.91		47.47 300m: 4:39.44	48.60	400m: 6:12.24	44.60
43.	Francisco Alves, ANDRADE	M	111324 00	Fluvial Vilacondense	6:12.35	186	
	50m: 40.27 40.27	150m: 2:13.31		46.91 250m: 3:48.92	47.79	350m: 5:27.81	48.88
	100m: 1:26.40 46.13	200m: 3:01.13		47.82 300m: 4:38.93	50.01	400m: 6:12.35	44.54
44.	Simao Lopes, FERREIRA	M	122168 00	Assoc. Desportiva de Fafe	6:12.51	186	
	50m: 41.65 41.65	150m: 2:16.14		47.65 250m: 3:50.91	46.52	350m: 5:26.34	47.97
	100m: 1:28.49 46.84	200m: 3:04.39		48.25 300m: 4:38.37	47.46	400m: 6:12.51	46.17
45.	Andre Miguel, SANTOS	M	118053 00	Fluvial Vilacondense	6:13.46	184	
	50m: 41.25 41.25	150m: 2:14.31		47.01 250m: 3:49.42	47.77	350m: 5:27.14	49.19
	100m: 1:27.30 46.05	200m: 3:01.65		47.34 300m: 4:37.95	48.53	400m: 6:13.46	46.32

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associacao de Natacao do Norte de Portugal

29-03-2012 19:04 - Página 16

Prova 12, Masc., 400m Livres, Cadetes A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
46.	Ricardo Manuel, ROCHA	M	119213	00	Leixões Sport Clube	6:17.81	178	
	50m: 40.98 40.98		150m: 2:14.49		46.25 250m: 3:50.72	47.49	350m: 5:31.18	49.80
	100m: 1:28.24 47.26		200m: 3:03.23		48.74 300m: 4:41.38	50.66	400m: 6:17.81	46.63
47.	Hugo Vidal, OLIVEIRA	M	111518	00	Fluvial Vilacondense	6:18.55	177	
	50m: 41.42 41.42		150m: 2:16.95		48.14 250m: 3:52.04	47.51	350m: 5:29.77	49.81
	100m: 1:28.81 47.39		200m: 3:04.53		47.58 300m: 4:39.96	47.92	400m: 6:18.55	48.78
48.	Pedro Sousa, GONCALVES FTL	M	116989	00	Vitória Sport Clube	6:22.47	172	
	50m: 41.70 41.70		150m: 2:20.72		50.81 250m: 3:59.26	48.82	350m: 5:37.58	48.02
	100m: 1:29.91 48.21		200m: 3:10.44		49.72 300m: 4:49.56	50.30	400m: 6:22.47	44.89
49.	Ricardo Rafael, COSTA FTL	M	111052	00	Famalicao	6:26.19	167	
	50m: 42.25 42.25		150m: 2:18.59		48.56 250m: 3:58.12	50.60	350m: 5:40.60	50.84
	100m: 1:30.03 47.78		200m: 3:07.52		48.93 300m: 4:49.76	51.64	400m: 6:26.19	45.59
50.	Olavo Miguel, FERREIRA FTL	M	121339	00	FCPorto	6:28.20	164	
	50m: 41.29 41.29		150m: 2:17.67		49.34 250m: 3:58.27	50.75	350m: 5:39.64	51.37
	100m: 1:28.33 47.04		200m: 3:07.52		49.85 300m: 4:48.27	50.00	400m: 6:28.20	48.56
51.	Diogo Jose, SILVA FTL	M	118747	00	Gespacos	6:33.68	157	
	50m: 43.32 43.32		150m: 2:22.61		49.90 250m: 4:02.49	50.24	350m: 5:44.09	50.87
	100m: 1:32.71 49.39		200m: 3:12.25		49.64 300m: 4:53.22	50.73	400m: 6:33.68	49.59
52.	Vitor Alberto, MATOS FTL	M	112193	00	Lousada	6:39.06	151	
	50m: 42.91 42.91		150m: 2:22.83		51.04 250m: 4:06.26	51.47	350m: 5:49.38	50.57
	100m: 1:31.79 48.88		200m: 3:14.79		51.96 300m: 4:58.81	52.55	400m: 6:39.06	49.68
53.	Marcos Daniel, VITORIA FTL	M	120510	00	Valongo	6:42.96	147	
	50m: 43.56 43.56		150m: 2:24.91		50.94 250m: 4:08.25	51.88	350m: 5:53.16	52.41
	100m: 1:33.97 50.41		200m: 3:16.37		51.46 300m: 5:00.75	52.50	400m: 6:42.96	49.80
DSQ	Ruben Andrade, SILVA 102 - Falsa partida – SW 4.4	M	122170	00	Assoc. Desportiva de Fafe			

Prova 13
25-03-2012 - 9:50

Masc., 100m Livres
COPIDOURO - Cópia e Artigos de Reprodução, Lda

Cadetes A
Resultados

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Bruno Miguel, SOUSA	M	124184	00	Leixões Sport Clube	1:14.65	218	
	50m: 35.73 35.73		100m: 1:14.65		38.92			
2.	Hugo Saganha, MARQUES	M	124175	00	Valongo	1:14.92	215	
	50m: 34.50 34.50		100m: 1:14.92		40.42			
3.	Ricardo Jose, FREITAS	M	119653	00	Foca	1:20.33	175	
	50m: 37.66 37.66		100m: 1:20.33		42.67			
4.	Pedro Mesquita, AZEVEDO	M	111058	00	Famalicao	1:22.53	161	
	50m: 38.35 38.35		100m: 1:22.53		44.18			
5.	Andre Marreiros de, FREITAS	M	116921	00	CNMaia	1:23.46	156	
	50m: 39.53 39.53		100m: 1:23.46		43.93			
6.	Joao Xavier, CARVALHO	M	110469	00	Lousada	1:23.72	154	
	50m: 39.06 39.06		100m: 1:23.72		44.66			
7.	Nikita, GIRIN	M	125711	00	Paredes/Rota dos Moveis	1:24.55	150	
	50m: 39.26 39.26		100m: 1:24.55		45.29			
8.	Jose Carlos, TEIXEIRA	M	119097	00	Lousada	1:24.73	149	
	50m: 39.97 39.97		100m: 1:24.73		44.76			
9.	Joao Diogo, SOARES	M	122731	00	FCPorto	1:25.95	142	
	50m: 40.24 40.24		100m: 1:25.95		45.71			
10.	David Castro, BESSA	M	122159	00	Assoc. Desportiva de Fafe	1:26.10	142	
	50m: 41.17 41.17		100m: 1:26.10		44.93			
11.	Diogo Filipe, RODRIGUES	M	116972	00	Fluvial Vilacondense	1:26.73	139	
	50m: 40.53 40.53		100m: 1:26.73		46.20			
12.	Andre Jorge, COSTA	M	123699	00	Leixões Sport Clube	1:28.27	131	
	50m: 41.46 41.46		100m: 1:28.27		46.81			
13.	Joao Miguel, BRITO	M	118185	00	Fluvial Vilacondense	1:28.50	130	
	50m: 41.29 41.29		100m: 1:28.50		47.21			

O Secretário do Juri

O Juiz Árbitro

Prova 13, Masc., 100m Livres, Cadetes A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
14.	Diogo Mendes, RIBEIRO 50m: 41.07 41.07	M	119185	00	Vitória Sport Clube 47.67	1:28.74	129	
15.	Maurício Ricardo, TEIXEIRA 50m: 41.51 41.51	M	112750	00	Lousada 47.52	1:29.03	128	
16.	Miguel Filipe, SOUSA 50m: 42.89 42.89	M	123704	00	CNMaia 46.37	1:29.26	127	
17.	Daniel Jose, ZAMITH 50m: 42.28 42.28	M	122245	00	Vitória Sport Clube 47.50	1:29.78	125	
18.	Ricardo Filipe, MORAIS 50m: 42.02 42.02	M	116883	00	FCPorto 48.50	1:30.52	122	
19.	Francisco Miguel, LOPES 50m: 43.69 43.69	M	112184	00	CNMaia 49.46	1:33.15	112	
20.	Ivo Miguel, COSTA 50m: 44.05 44.05	M	111081	00	FCPorto 49.60	1:33.65	110	
21.	Daniel Dinis, MARTINS 50m: 46.04 46.04	M	125903	00	Lamas 49.41	1:35.45	104	
22.	Frederico Vernin, MACEDO 50m: 43.76 43.76	M	125142	00	Leixões Sport Clube 51.89	1:35.65	103	
23.	Ricardo Manuel, FARIA 50m: 43.94 43.94	M	124353	00	Vitória Sport Clube 55.17	1:39.11	93	
24.	Joao Tomas, DIAS 50m: 46.61 46.61	M	119085	00	FCPorto 54.99	1:41.60	86	
25.	Paulo Silva, SOUSA 50m: 50.80 50.80	M	120754	00	Gespacos 54.54	1:45.34	77	
26.	Ricardo Daniel, CASTELEIRO 50m: 50.44 50.44	M	124351	00	Famalicao 1:00.84	1:51.28	65	
DSQ	Joao Vieira, SILVA 102 - Falsa partida – SW 4.4	M	121338	00	FCPorto			
DSQ	Zakhar, KOMAR 102 - Falsa partida – SW 4.4	M	125183	00	Clube Naval Povoense			

Prova 14

25-03-2012 - 10:00

Femin., 200m Livres

CMEP - Clínica Médica do Exercício do Porto

Cadetes B

Resultados

Cadetes B Femininos : 3:35.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Ana Margarida, TEIXEIRA 50m: 38.31 38.31	F	111504	02	Foca 42.24 150m: 2:04.07 43.52	2:43.46	314	39.39
2.	Nina Pinto, RIBEIRO 50m: 37.72 37.72	F	116914	02	Foca 42.59 150m: 2:05.40 45.09	2:46.87	295	41.47
3.	Mariana Fernandes, BARBOSA 50m: 39.21 39.21	F	121985	02	FCPorto 43.90 150m: 2:08.67 45.56	2:51.66	271	42.99
4.	Ariana Maia, FONSECA 50m: 40.79 40.79	F	121975	02	FCPorto 46.33 150m: 2:15.12 48.00	3:00.89	232	45.77
5.	Daniela Faria, FIGUEIREDO 50m: 41.78 41.78	F	119076	02	FCPorto 48.64 150m: 2:20.89 50.47	3:07.91	207	47.02
6.	Beatriz Daniela, MACEDO 50m: 39.12 39.12	F	124313	02	Vitória Sport Clube 48.70 150m: 2:20.07 52.25	3:08.96	203	48.89
7.	Ana Sofia, AGUIAR 50m: 44.82 44.82	F	120624	02	Fluvial Vilacondense 48.91 150m: 2:23.61 49.88	3:09.37	202	45.76
8.	Mariana Isabel, SILVA 50m: 41.72 41.72	F	119094	02	Lousada 49.62 150m: 2:21.96 50.62	3:10.22	199	48.26
9.	Mariana Martins, TEIXEIRA 50m: 42.88 42.88	F	121902	02	Celorico Basto 49.91 150m: 2:24.78 51.99	3:10.70	198	45.92
10.	Mafalda Pacheco, CUNHA 50m: 42.18 42.18	F	121589	02	Leixões Sport Clube 50.04 150m: 2:22.22 50.00	3:10.73	198	48.51
11.	Rita Alexandra, CAMPOS 50m: 43.36 43.36	F	120820	02	FCPorto 49.42 150m: 2:23.43 50.65	3:11.75	194	48.32
12.	Daniela Oliveira, RODRIGUES 50m: 40.49 40.49	F	118056	02	Valongo 49.53 150m: 2:22.15 52.13	3:12.14	193	49.99

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

29-03-2012 19:04 - Página 18

Prova 14, Femin., 200m Livres, Cadetes B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
13.	Francisca Costa, CARNEIRO 50m: 42.12 42.12	F	118218	02	Famalicao 49.61 150m: 2:23.10 51.37	3:12.22 3:12.22	193	49.12
14.	Valeria Goncalves, VIEIRA 50m: 43.22 43.22	F	124314	02	Vitória Sport Clube 50.05 150m: 2:24.25 50.98	3:13.20 3:13.20	190	48.95
15.	Mariana Baptista, PINTO 50m: 43.02 43.02	F	122180	02	Lamas 51.87 150m: 2:26.43 51.54	3:14.06 3:14.06	187	47.63
16.	Ana Beatriz, SAMEIRO 50m: 42.53 42.53	F	118746	02	Gespacos 51.62 150m: 2:24.93 50.78	3:14.77 3:14.77	185	49.84
17.	Clara Ribeiro, SOUSA 50m: 43.18 43.18	F	118212	02	Famalicao 49.78 150m: 2:25.19 52.23	3:16.31 3:16.31	181	51.12
18.	Maria Fernandes, BRANDAO 50m: 44.57 44.57	F	118217	02	Famalicao 51.13 150m: 2:28.34 52.64	3:18.22 3:18.22	176	49.88
19.	Mariana Sousa, MAIA 50m: 41.51 41.51	F	118219	02	Famalicao 50.73 150m: 2:27.10 54.86	3:18.97 3:18.97	174	51.87
20.	Tania Castro, MEIRELES 50m: 44.25 44.25	F	122165	02	Assoc. Desportiva de Fafe 52.40 150m: 2:30.46 53.81	3:20.61 3:20.61	170	50.15
21.	Ana Lopes, SANTOS 50m: 43.15 43.15	F	120698	02	Fluvial Vilacondense 51.99 150m: 2:28.78 53.64	3:20.66 3:20.66	170	51.88
22.	Ana Catarina, MAGALHAES 50m: 41.99 41.99	F	119092	02	Lousada 53.34 150m: 2:29.94 54.61	3:20.87 3:20.87	169	50.93
23.	Matilde Guimaraes, SANTOS 50m: 42.40 42.40	F	122894	02	Leixões Sport Clube 51.38 150m: 2:27.89 54.11	3:21.58 3:21.58	167	53.69
24.	Mafalda Joana, OLIVEIRA 50m: 42.93 42.93	F	119096	02	Lousada 53.29 150m: 2:31.57 55.35	3:21.81 3:21.81	167	50.24
25.	Ines Filipa, MAGALHAES 50m: 45.87 45.87	F	121786	02	Gespacos 54.22 150m: 2:33.03 52.94	3:21.99 3:21.99	166	48.96
26.	Soraia Isabel, GUIMARAES 50m: 44.54 44.54	F	119151	02	Vitória Sport Clube 52.33 150m: 2:30.78 53.91	3:22.80 3:22.80	164	52.02
27.	Ana Margarida, LEITE 50m: 43.60 43.60	F	123141	02	Assoc. Desportiva de Fafe 52.20 150m: 2:30.10 54.30	3:23.60 3:23.60	162	53.50
28.	Mafalda Robalo, MAIA 50m: 44.47 44.47	F	118215	02	Famalicao 53.09 150m: 2:32.33 54.77	3:24.08 3:24.08	161	51.75
29.	Filipa Viamonte, FERNANDES 50m: 44.03 44.03	F	122198	02	Vitória Sport Clube 54.01 150m: 2:33.54 55.50	3:26.93 3:26.93	155	53.39
30.	Lara Raquel, LEITE 50m: 47.81 47.81	F	120742	02	Fluvial Vilacondense 53.72 150m: 2:35.39 53.86	3:27.66 3:27.66	153	52.27
31.	Maria Joao, ALMEIDA 50m: 45.36 45.36	F	124348	02	FCPorto 54.44 150m: 2:36.90 57.10	3:30.59 3:30.59	147	53.69
32.	Mariana Oliveira, ARAUJO 50m: 46.90 46.90	F	121703	02	Famalicao 53.74 150m: 2:37.23 56.59	3:31.23 3:31.23	145	54.00
33.	Angela Filipa, RIBEIRO 50m: 47.33 47.33	F	122115	02	Gespacos 56.43 150m: 2:39.31 55.55	3:31.73 3:31.73	144	52.42
34.	Ines Isabel, FERREIRA 50m: 46.49 46.49	F	124311	02	Vitória Sport Clube 55.64 150m: 2:38.34 56.21	3:33.53 3:33.53	141	55.19
35.	Francisca Sequeira, BASTARDO 50m: 45.78 45.78	F	123070	02	CNMaia 55.36 150m: 2:38.74 57.60	3:34.52 3:34.52	139	55.78
36.	Ana Leal, ALVES 50m: 45.11 45.11	F	122924	02	Assoc. Desportiva de Fafe 54.84 150m: 2:37.80 57.85	3:34.63 3:34.63	138	56.83
37.	Ana Isabel, SOUSA FTL 50m: 48.80 48.80	F	123100	02	Lamas 57.11 150m: 2:41.68 55.77	3:35.74 3:35.74	136	54.06
38.	Maria Luis, FERNANDES FTL 50m: 47.09 47.09	F	122893	02	Leixões Sport Clube 55.95 150m: 2:40.40 57.36	3:37.87 3:37.87	132	57.47
39.	Joana Maria, SANTOS FTL 50m: 46.80 46.80	F	120554	02	Leixões Sport Clube 56.16 150m: 2:41.46 58.50	3:38.21 3:38.21	132	56.75
40.	Patricia Alexandra, SANTOS FTL 50m: 48.39 48.39	F	120496	02	Leixões Sport Clube 57.04 150m: 2:44.49 59.06	3:41.05 3:41.05	127	56.56
41.	Ines Ferreira, NEVES FTL 50m: 46.65 46.65	F	120508	02	Valongo 1:00.64 150m: 2:48.81 1:01.52	3:45.53 3:45.53	119	56.72
DNF	Ana Carmo, PINHEIRO 701 - O(a) atleta não completou o percurso – SW 10.2	F	124856	02	Ginásio Santo Tirso			

O Secretário do Juri

O Juiz Árbitro

Prova 15
25-03-2012 - 10:25

Femin., 100m Livres
COPIDOURO - C pia e Artigos de Reproduç o, Lda

Cadetes B
Resultados

Pontos: FINA 2011

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1.	Rita Santos, OLIVEIRA 50m: 41.04 41.04	F	120846	02	Fluvial Portuense	1:24.67 43.63	218	
2.	Beatriz Sofia, COSTA 50m: 40.21 40.21	F	118318	02	Foca	1:25.26 45.05	214	
3.	Helena Maria, CARVALHO 50m: 38.96 38.96	F	122016	02	Foca	1:25.41 46.45	213	
4.	Maria Campos, SANTOS 50m: 42.65 42.65	F	121971	02	Celorico Basto	1:31.85 49.20	171	
5.	Ana Pereira, GOMES 50m: 46.48 46.48	F	118220	02	Famalicao	1:35.23 48.75	153	
6.	Margarida Teixeira, ALVES 50m: 45.80 45.80	F	120736	02	Foca	1:35.46 49.66	152	
7.	Gabriela Goncalves, OLIVEIRA 50m: 44.51 44.51	F	121968	02	Celorico Basto	1:37.42 52.91	143	
8.	Maria Ines, FERREIRA 50m: 44.85 44.85	F	123908	02	Valongo	1:37.47 52.62	143	
9.	Carlota Ramos, CARNEIRO 50m: 46.65 46.65	F	124857	02	Gin�sio Santo Tirso	1:39.32 52.67	135	
10.	Mariana Fernandes, MARQUES 50m: 47.39 47.39	F	118211	02	Famalicao	1:39.75 52.36	133	
11.	Rita Silva, ABREU 50m: 47.78 47.78	F	125968	02	Leix�es Sport Clube	1:41.29 53.51	127	
12.	Mariana Filipa, MOREIRA 50m: 46.86 46.86	F	125777	02	Valongo	1:41.54 54.68	126	
13.	Sofia Xavier, GOMES 50m: 49.70 49.70	F	122007	02	Fluvial Vilacondense	1:42.60 52.90	122	
14.	Filipa Couto, DUARTE 50m: 47.67 47.67	F	124455	02	FCPorto	1:42.84 55.17	122	
15.	Maria Ines, FREITAS 50m: 46.48 46.48	F	122991	02	Foca	1:43.41 56.93	120	
16.	Bruna Alexandra, ALVES 50m: 47.23 47.23	F	124312	02	Vit�ria Sport Clube	1:44.87 57.64	115	
17.	Beatriz Pinto, ALMEIDA 50m: 49.43 49.43	F	124183	02	Leix�es Sport Clube	1:45.25 55.82	113	
18.	Marta Maria, ALVES 50m: 50.41 50.41	F	121905	02	Celorico Basto	1:48.34 57.93	104	
19.	Patr�cia Alexandra, TAVARES 50m: 50.34 50.34	F	120811	02	FCPorto	1:49.92 59.58	99	
20.	Diana Sousa, MARQUES 50m: 52.24 52.24	F	122183	02	Lamas	1:50.20 57.96	99	
21.	Daniela Magalhaes, SILVA 50m: 51.82 51.82	F	122113	02	Celorico Basto	1:50.56 58.74	98	
22.	Mariana Filipa, AZEVEDO 50m: 52.71 52.71	F	122125	02	Lousada	1:52.16 59.45	94	
23.	Mariana Sofia, LEITE 50m: 51.52 51.52	F	121972	02	Celorico Basto	1:52.30 1:00.78	93	
24.	Liliana Esteves, CARVALHO 50m: 51.37 51.37	F	124084	02	CNMaia	1:53.27 1:01.90	91	
25.	Ines Neiva, NOVA 50m: 52.44 52.44	F	125002	02	Clube Naval Povoense	1:53.35 1:00.91	91	
26.	Sofia Isabel, MATOS 50m: 54.10 54.10	F	120813	02	FCPorto	1:55.21 1:01.11	86	
27.	Maria Sousa, MARQUES 50m: 52.46 52.46	F	122184	02	Lamas	1:55.71 1:03.25	85	
28.	Maria Teresa, PEREIRA 50m: 54.59 54.59	F	123069	02	CNMaia	1:57.38 1:02.79	82	
29.	Ana Carolina, GOMES 50m: 1:05.12 1:05.12	F	125961	02	Gespacos	2:24.90 1:19.78	43	
DNS	Ana Gabriela, CARVALHO	F	121901	02	Celorico Basto			
DNS	Daniela Martins, CARDOSO	F	124182	02	Leix�es Sport Clube			

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associao de Natao do Norte de Portugal

29-03-2012 19:04 - P gina 20

Prova 16
25-03-2012 - 10:40

Masc., 100m Estilos
CMEP - Cl nica M dica do Exerc cio do Porto

Cadetes B
Resultados

Pontos: FINA 2011

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1.	Afonso Passos, CUNHA 50m: 38.84 38.84	M	118228	01	Famalicao 46.52	1:25.36	210	
2.	Francisco Manuel, ZENZA 50m: 40.08 40.08	M	112097	01	CNMaia 46.60	1:26.68	200	
3.	Rui Pires, MARTINS 50m: 41.31 41.31	M	122177	01	Assoc. Desportiva de Fafe 45.81	1:27.12	197	
4.	Diogo Pacheco, OLIVEIRA 50m: 42.09 42.09	M	112687	01	Gespacos 47.52	1:29.61	181	
5.	Joao Leite, SARAIVA 50m: 44.10 44.10	M	118229	01	Famalicao 46.22	1:30.32	177	
6.	Joao Cruz, FERREIRA 50m: 43.47 43.47	M	111746	01	FCPorto 47.26	1:30.73	175	
7.	Nuno Oliveira, FREITAS 50m: 43.79 43.79	M	112129	01	Fluvial Portuense 47.00	1:30.79	174	
8.	Bruno Rafael, MACHADO 50m: 40.77 40.77	M	119176	01	Fluvial Portuense 50.03	1:30.80	174	
9.	Tiago Filipe, LINO 50m: 44.03 44.03	M	111315	01	Gespacos 47.33	1:31.36	171	
10.	Pedro Miguel, SANTOS 50m: 43.74 43.74	M	121987	01	FCPorto 48.18	1:31.92	168	
11.	Sergio Henrique, FERREIRA 50m: 42.63 42.63	M	122749	01	CNMaia 49.82	1:32.45	165	
12.	Luis Tiago, FERNANDES 50m: 42.63 42.63	M	111447	01	Aquabrito 49.88	1:32.51	165	
13.	Jose Tiago, RODRIGUES 50m: 43.48 43.48	M	119169	01	FCPorto 49.80	1:33.28	161	
14.	Joao Ribeiro, SOUSA 50m: 45.61 45.61	M	123014	01	FCPorto 47.88	1:33.49	160	
15.	Amilcar Filipe, VIEIRA 50m: 42.61 42.61	M	120758	01	Leix�es Sport Clube 51.65	1:34.26	156	
16.	Goncalo Araujo, OLIVEIRA 50m: 45.14 45.14	M	119156	01	Vit�ria Sport Clube 50.20	1:35.34	150	
17.	Joao Nogueira, COSTA 50m: 42.22 42.22	M	124315	01	Vit�ria Sport Clube 53.20	1:35.42	150	
18.	Joao Freitas, PEIXOTO 50m: 42.40 42.40	M	122172	01	Assoc. Desportiva de Fafe 53.19	1:35.59	149	
19.	Jose Pedro, PICAQ 50m: 43.56 43.56	M	118893	01	Leix�es Sport Clube 52.29	1:35.85	148	
20.	Joao Pinto, FREITAS 50m: 44.23 44.23	M	122926	01	Assoc. Desportiva de Fafe 51.92	1:36.15	147	
21.	Andre Oliveira, BARBOSA 50m: 44.23 44.23	M	118223	01	Famalicao 52.09	1:36.32	146	
	Jorge Coelho, QUINTA 50m: 44.51 44.51	M	120497	01	Leix�es Sport Clube 51.81	1:36.32	146	
23.	Romeu Ribeiro, FERNANDES 50m: 45.02 45.02	M	122171	01	Assoc. Desportiva de Fafe 51.52	1:36.54	145	
24.	Tiago Mendonca, FREIRE 50m: 41.99 41.99	M	116898	01	Leix�es Sport Clube 54.59	1:36.58	145	
25.	Alfredo Castro, COELHO 50m: 46.13 46.13	M	116943	01	Lamas 50.52	1:36.65	144	
26.	Rafael Jose, RIBEIRO 50m: 46.71 46.71	M	111715	01	Lousada 50.27	1:36.98	143	
27.	Filipe Rodrigues, FONSECA 50m: 51.26 51.26	M	111316	01	Gespacos 47.03	1:38.29	137	
28.	Francisco Carvalho, SILVA 50m: 45.63 45.63	M	118234	01	Famalicao 53.23	1:38.86	135	
29.	Jose Pedro, MENEZES 50m: 46.20 46.20	M	118899	01	Leix�es Sport Clube 53.63	1:39.83	131	
30.	Goncalo Faria, ESTEVES 50m: 48.37 48.37	M	118233	01	Famalicao 51.75	1:40.12	130	
31.	Ricardo Jorge, MOREIRA 50m: 47.11 47.11	M	122012	01	Valongo 54.37	1:41.48	125	

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associao de Natao do Norte de Portugal

29-03-2012 19:04 - P gina 21

Prova 16, Masc., 100m Estilos, Cadetes B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
32.	Ismael Costa, MOREIRA 50m: 52.50 52.50	M	117422	01	FCPorto 49.06	1:41.56	124	
33.	Daniel Alex, ATAIDE 50m: 48.82 48.82	M	122187	01	Lamas 53.56	1:42.38	121	
34.	Joao Sa, MELO 50m: 51.76 51.76	M	118226	01	Famalicao 50.79	1:42.55	121	
35.	Tiago Lima, MARTINS 50m: 50.87 50.87	M	124861	01	Ginásio Santo Tirso 52.19	1:43.06	119	
36.	Jose Salgado, MOREIRA 50m: 52.73 52.73	M	121706	01	Famalicao 51.38	1:44.11	115	
37.	Goncalo Moreira, SANTOS 50m: 49.33 49.33	M	120511	01	Valongo 55.02	1:44.35	115	
38.	Hugo Azurara, VIEIRA 50m: 50.42 50.42	M	125011	01	Clube Naval Povoense 55.22	1:45.64	110	
39.	Fernando Guimaraes, PEREIRA 50m: 50.16 50.16	M	122173	01	Assoc. Desportiva de Fafe 56.39	1:46.55	108	
40.	Andre Luis, PEREIRA 50m: 53.72 53.72	M	118358	01	Fluvial Vilacondense 54.20	1:47.92	104	
41.	Jose Moreira, SOUSA 50m: 51.32 51.32	M	118224	01	Famalicao 56.84	1:48.16	103	
42.	Joao Pedro, COSTA 50m: 51.72 51.72	M	121468	01	Fluvial Vilacondense 57.06	1:48.78	101	
43.	Henrique Maieiro, AMORIM 50m: 55.23 55.23	M	125010	01	Clube Naval Povoense 54.01	1:49.24	100	
44.	Rui Tiago, PACHECO 50m: 53.65 53.65	M	118357	01	Fluvial Vilacondense 55.65	1:49.30	100	
45.	Jose Carlos, RIBEIRO 50m: 54.38 54.38	M	124316	01	Vit�ria Sport Clube 57.91	1:52.29	92	
46.	Marco Pinto, MOREIRA 50m: 53.54 53.54	M	125009	01	Clube Naval Povoense 59.00	1:52.54	91	
47.	Nuno Moreira, NOVAIS 50m: 56.38 56.38	M	125008	01	Clube Naval Povoense 1:00.20	1:56.58	82	
48.	Bruno Carvalho, BARROSO 50m: 52.35 52.35	M	125969	01	Leix�es Sport Clube 1:04.73	1:57.08	81	
49.	Carlos Eduardo, BARRETO 50m: 52.57 52.57	M	123565	01	Lousada 1:07.19	1:59.76	76	
50.	Rui Barros, PINTO 50m: 1:00.20 1:00.20	M	124924	01	Assoc. Desportiva de Fafe 1:01.74	2:01.94	72	
DSQ	Pedro Magano, OLIVEIRA 507 - O(a) atleta efectuou movimento alternado de braos durante o percurso – SW 8.2	M	112223	01	Leix�es Sport Clube			
DSQ	Carlos Costa, SILVA 421 - O(a) atleta tocou com uma m�o na parede na viragem aos ... metros – SW 7.6	M	118227	01	Famalicao			
DSQ	Diogo Miguel, OLIVEIRA 504 - O(a) atleta efectuou braada subaqu�tica depois da partida – SW 8.2	M	125059	01	FCPorto			
DSQ	Sergio Miguel, ESTEVAO 102 - Falsa partida – SW 4.4	M	121598	01	Leix�es Sport Clube			
DSQ	Nuno Miguel, TEIXEIRA 508 - O(a) atleta efectuou movimento alternado de pernas durante o percurso – SW 8.3	M	112749	01	Lousada			
DSQ	Tiago Manuel, COSTA 102 - Falsa partida – SW 4.4	M	112676	01	CNMaia			
DNS	Luis Miguel, DIAS	M	119100	01	Lousada			
DNS	Jose Fernando, PINTO	M	117514	01	Leix�es Sport Clube			

Prova 17
25-03-2012 - 11:00

Femin., 200m Estilos
COPIDOURO - Cópia e Artigos de Reprodução, Lda

Cadetes A
Resultados

Cadetes A Femininos : 3:40.00

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Ines Neto, ROCHA 50m: 39.14 39.14	F	111313	01	Gespacos 45.31 150m: 2:15.98 51.53	2:56.35 2:56.35	352	40.37
2.	Catarina Leao, COSTA 50m: 37.68 37.68	F	111312	01	Gespacos 44.01 150m: 2:17.20 55.51	2:59.42 2:59.42	334	42.22
3.	Isabel Porfirio, PEGO 50m: 41.93 41.93	F	121336	01	FCPorto 45.49 150m: 2:24.01 56.59	3:01.92 3:01.92	321	37.91
4.	Barbara Vilela, MAGALHAES 50m: 41.29 41.29	F	119078	01	FCPorto 49.15 150m: 2:21.19 50.75	3:02.62 3:02.62	317	41.43
5.	Maria Carolina, COSTA 50m: 41.88 41.88	F	119080	01	FCPorto 45.92 150m: 2:25.38 55.58	3:03.75 3:03.75	311	38.37
6.	Beatriz Ribeiro, CUNHA 50m: 41.01 41.01	F	118314	01	Foca 48.33 150m: 2:23.37 54.03	3:04.25 3:04.25	309	40.88
7.	Carolina Lopes, SILVA 50m: 44.16 44.16	F	112139	01	FCPorto 46.52 150m: 2:26.51 55.83	3:05.96 3:05.96	300	39.45
8.	Isabel Ferreira, SOUSA 50m: 44.68 44.68	F	118896	01	Leixões Sport Clube 48.98 150m: 2:27.25 53.59	3:07.53 3:07.53	293	40.28
9.	Mariana Ribeiro, COSTA 50m: 44.31 44.31	F	111047	01	Famalicao 46.98 150m: 2:23.58 52.29	3:07.55 3:07.55	293	43.97
10.	Mariana Cardoso, COSTA 50m: 42.45 42.45	F	117322	01	CNMaia 49.64 150m: 2:24.67 52.58	3:08.77 3:08.77	287	44.10
11.	Ines Alves, MARTINS 50m: 43.30 43.30	F	112126	01	Fluvial Portuense 47.70 150m: 2:27.43 56.43	3:08.91 3:08.91	286	41.48
12.	Mariana Oliveira, RIBEIRO 50m: 44.31 44.31	F	112134	01	Lamas 47.65 150m: 2:28.98 57.02	3:09.09 3:09.09	286	40.11
13.	Maria Carolina, SOUSA 50m: 41.59 41.59	F	112192	01	Lousada 50.18 150m: 2:26.86 55.09	3:09.35 3:09.35	284	42.49
14.	Daniela Fernanda, BARBOSA 50m: 46.22 46.22	F	116901	01	Leixões Sport Clube 45.45 150m: 2:28.15 56.48	3:10.25 3:10.25	280	42.10
15.	Maria Nogueira, CARVALHO 50m: 41.62 41.62	F	122163	01	Assoc. Desportiva de Fafe 52.63 150m: 2:31.43 57.18	3:13.32 3:13.32	267	41.89
16.	Carolina Ascenso, SANTOS 50m: 46.74 46.74	F	121271	01	CNMaia 47.68 150m: 2:29.54 55.12	3:13.51 3:13.51	266	43.97
17.	Lara Beatriz, MATOS 50m: 47.42 47.42	F	111049	01	Famalicao 48.34 150m: 2:29.19 53.43	3:14.29 3:14.29	263	45.10
18.	Beatriz Santos, SILVA 50m: 49.16 49.16	F	112078	01	FCPorto 48.78 150m: 2:31.47 53.53	3:14.43 3:14.43	263	42.96
19.	Sofia Filipa, GONCALVES 50m: 49.39 49.39	F	122990	01	Leixões Sport Clube 49.23 150m: 2:33.00 54.38	3:14.95 3:14.95	261	41.95
20.	Beatriz Rodrigues, OLIVEIRA 50m: 41.97 41.97	F	122175	01	Assoc. Desportiva de Fafe 52.05 150m: 2:32.64 58.62	3:15.61 3:15.61	258	42.97
21.	Maria Carolina, RODRIGUES 50m: 47.43 47.43	F	121473	01	Vitória Sport Clube 51.76 150m: 2:33.81 54.62	3:16.86 3:16.86	253	43.05
22.	Ana Isabel, REIS 50m: 47.00 47.00	F	123703	01	CNMaia 48.12 150m: 2:35.81 1:00.69	3:17.96 3:17.96	249	42.15
23.	Ana Carolina, FERREIRA 50m: 44.69 44.69	F	123702	01	CNMaia 51.10 150m: 2:36.27 1:00.48	3:18.24 3:18.24	248	41.97
24.	Ines Araujo, MARTINS 50m: 43.51 43.51	F	111046	01	Famalicao 52.28 150m: 2:33.74 57.95	3:18.80 3:18.80	246	45.06
25.	Ana Filipa, MOREIRA 50m: 42.39 42.39	F	119091	01	Lousada 51.42 150m: 2:34.04 1:00.23	3:19.20 3:19.20	244	45.16
26.	Ana Margarida, SOUSA 50m: 47.36 47.36	F	119178	01	FCPorto 51.35 150m: 2:37.35 58.64	3:19.68 3:19.68	242	42.33
27.	Ana Margarida, GONCALVES 50m: 48.77 48.77	F	118052	01	Fluvial Vilacondense 49.42 150m: 2:36.51 58.32	3:23.02 3:23.02	231	46.51
28.	Joana Daniela, JACINTO 50m: 46.33 46.33	F	111230	01	CNMaia 54.76 150m: 2:39.55 58.46	3:24.27 3:24.27	226	44.72
29.	Carolina Renn, ARAUJO 50m: 46.48 46.48	F	121464	01	Fluvial Vilacondense 50.89 150m: 2:34.30 56.93	3:24.91 3:24.91	224	50.61
30.	Francisca Alexandra, GRACA 50m: 47.27 47.27	F	118051	01	Fluvial Vilacondense 53.01 150m: 2:39.78 59.50	3:25.80 3:25.80	221	46.02

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, Build 19249

Registered to Associação de Natacao do Norte de Portugal

29-03-2012 19:04 - Página 23

Prova 17, Femin., 200m Estilos, Cadetes A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
31.	Ines Goncalves, REIS 50m: 48.98 48.98	F	120176	01	CNMaia	3:25.89 3:25.89	221	46.18
32.	Nadia Filipa, MIRANDA 50m: 46.31 46.31	F	111768	01	Lousada	3:26.25 3:26.25	220	49.45
33.	Ana Rita, BOTELHO 50m: 49.05 49.05	F	118895	01	Leixões Sport Clube	3:26.65 3:26.65	219	45.81
34.	Ana Rita, COSTA 50m: 47.04 47.04	F	116907	01	Valongo	3:27.26 3:27.26	217	44.19
35.	Iris Rodrigues, SA 50m: 49.85 49.85	F	119057	01	Lamas	3:27.37 3:27.37	216	41.53
36.	Joana Rocha, ANJO 50m: 45.23 45.23	F	119757	01	Fluvial Vilacondense	3:28.40 3:28.40	213	46.74
37.	Ines Silva, PINTO 50m: 45.85 45.85	F	119079	01	FCPorto	3:29.53 3:29.53	210	49.58
38.	Catia Sofia, CAMPOS 50m: 48.55 48.55	F	118206	01	Famalicao	3:29.73 3:29.73	209	48.11
39.	Anabela Silva, FERREIRA 50m: 46.30 46.30	F	119062	01	Lamas	3:29.95 3:29.95	209	49.52
40.	Catarina Teixeira, PINHO 50m: 49.83 49.83	F	120809	01	FCPorto	3:30.36 3:30.36	207	50.43
41.	Maria Joao, SILVA 50m: 49.20 49.20	F	111045	01	Famalicao	3:30.72 3:30.72	206	44.45
42.	Ana Catarina, SILVA 50m: 49.91 49.91	F	120925	01	Leixões Sport Clube	3:30.92 3:30.92	206	48.95
43.	Mariana Santos, AGUEDA 50m: 45.91 45.91	F	116908	01	Valongo	3:32.21 3:32.21	202	48.63
44.	Maria Ines, POINHO 50m: 53.43 53.43	F	112142	01	FCPorto	3:32.64 3:32.64	201	45.83
45.	Ana Macedo, FERNANDES 50m: 52.26 52.26	F	120362	01	Aquabrito	3:35.12 3:35.12	194	44.96
46.	Julia Albuquerque, FRAGA 50m: 47.01 47.01	F	123700	01	Gespacos	3:35.83 3:35.83	192	49.62
47.	Teresa Alexandra, TEIXEIRA 50m: 53.69 53.69	F	120752	01	Gespacos	3:36.81 3:36.81	189	49.80
48.	Maria Ines, SILVA FTL 50m: 53.02 53.02	F	118342	01	Gespacos	3:42.29 3:42.29	176	49.51

Prova 18
25-03-2012 - 11:30

Femin., 100m Estilos
CMEP - Clínica Médica do Exercício do Porto

Cadetes A
Resultados

Pontos: FINA 2011

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Joana Raquel, TAVARES 50m: 48.60 48.60	F	122229	01	Vila de Este	1:39.29 1:39.29	196	
2.	Ines Carneiro, PINTO 50m: 47.94 47.94	F	123922	01	Gespacos	1:39.54 1:39.54	195	
3.	Beatriz Neto, RIBEIRO 50m: 47.47 47.47	F	123921	01	Gespacos	1:40.34 1:40.34	190	
4.	Leonor Carlos, COSTA 50m: 49.49 49.49	F	122167	01	Assoc. Desportiva de Fafe	1:43.87 1:43.87	171	
5.	Alexandra Ines, SILVA 50m: 46.98 46.98	F	119090	01	Lousada	1:43.99 1:43.99	171	
6.	Mafalda Trevo, MONTEIRO 50m: 49.66 49.66	F	118641	01	Fluvial Vilacondense	1:45.12 1:45.12	165	
7.	Isabel Reina, FONSECA 50m: 49.55 49.55	F	124008	01	Lamas	1:46.30 1:46.30	160	
8.	Ana Catarina, LOPES 50m: 52.26 52.26	F	116913	01	Celorico Basto	1:46.79 1:46.79	158	
9.	Maria Lurdes, BRITO 50m: 54.01 54.01	F	120751	01	Gespacos	1:46.93 1:46.93	157	
10.	Rita Reis, REBELO 50m: 52.78 52.78	F	122230	01	Vila de Este	1:47.15 1:47.15	156	

O Secretário do Juri

O Juiz Árbitro

Prova 18, Femin., 100m Estilos, Cadetes A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
11.	Joaoa Ilharco, PEREIRA 50m: 53.17 53.17	F	123076	01	Famalicao	1:47.65	154	
12.	Ana Beatriz, LOPES 50m: 49.45 49.45	F	124368	01	Assoc. Desportiva de Fafe	1:48.54	150	
13.	Carolina Isabel, APOLINARIO 50m: 46.69 46.69	F	124310	01	Vit�ria Sport Clube	1:49.45	146	
14.	Beatriz Sousa, DEMETRIO 50m: 54.05 54.05	F	111050	01	Famalicao	1:50.05	144	
15.	Gisela Pereira, SILVA 50m: 54.00 54.00	F	117629	01	Fluvial Vilacondense	1:50.80	141	
16.	Carolina Amaral, SOUSA 50m: 54.55 54.55	F	125085	01	CNMaia	1:51.11	140	
17.	Ana Catarina, MOREIRA 50m: 54.62 54.62	F	123907	01	Valongo	1:52.33	135	
18.	Sara Silva, MARQUES 50m: 54.34 54.34	F	125960	01	Gespacos	1:56.42	121	
19.	Mariana, TEIXEIRA 50m: 58.51 58.51	F	120730	01	Foca	1:57.24	119	
DSQ	Ana Filipa, CASEIRO 421 - O(a) atleta tocou com uma m�o na parede na viragem aos 75 metros – SW 7.6	F	121350	01	Valongo			
DSQ	Maria Morais, GONCALVES 101 - O(a) atleta n�o tinha pelo menos um p� na parte da frente do bloco na partida – SW 4.1	F	125141	01	Leix�es Sport Clube			

Prova 19
25-03-2012 - 11:45

Masc., 4 x 100m Estilos
COPIDOURO - C pia e Artigos de Reproduç o, Lda

Cadetes A
Resultados

Pontos: FINA 2011

Lugar	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1. FCPorto 1 Tomas Pimentel, BORGES Rui Alexandre, RAMOS	M	40.43 45.52		FCPorto Sergio Filipe, TRAVANCA Nuno Correia, SOUSA	5:30.23 00 36.81 00 30.92	219	1:22.47 1:07.58
2. Famalicao 1 Joao Pereira, TINOCO Daniel Pereira, SILVA	M	38.35 44.42		Famalicao Hugo Gabriel, MORAIS Miguel Azevedo, ARAUJO	5:42.08 00 38.08 00 37.28	197	1:25.81 1:18.34
3. Foca 1 Nuno Filipe, FERREIRA Ricardo Jose, FREITAS	M	41.55 46.37		Foca Ivo Manuel, DIAS Nuno Filipe, LEITE	5:47.63 00 38.36 00 34.35	188	1:26.63 1:15.28
4. Gespacos 1 Pedro Correia, SILVA Sergio Eduardo, DIAS	M	42.22 52.82		Gespacos Francisco Neto, MOREIRA Joao Miguel, NUNES	5:53.66 00 37.01 00 33.07	178	1:23.02 1:10.01
5. CNMaia 1 Afonso Fernandes, PEREIRA Ricardo Jorge, TEIXEIRA	M	46.96 43.40		CNMaia Miguel Filipe, SOUSA Hugo Marreiros de, FREITAS	6:14.85 00 47.71 00 38.86	149	1:44.06 1:22.19
6. Leix�es Sport Clube 1 Bruno Miguel, SOUSA Frederico Vernin, MACEDO	M	44.92 56.20		Leix�es Sport Clube Daniel Jose, DUARTE Ricardo Manuel, ROCHA	6:17.30 00 27.31 00 36.44	147	1:15.82 1:19.68
7. Lousada 1 Joao Xavier, CARVALHO Vitor Alberto, MATOS	M	47.86 51.80		Lousada Ricardo Alexandre, MARQUES Jose Carlos, TEIXEIRA	6:19.28 00 39.78 00 40.64	144	1:26.60 1:25.80
8. Vit�ria Sport Clube 1 Goncalo Gama, BRANDAO Francisco Gama, BRANDAO	M	44.40 50.72		Vit�ria Sport Clube Pedro Sousa, GONCALVES Diogo Mendes, RIBEIRO	6:30.48 00 44.43 00 42.26	132	1:42.19 1:28.89
DSQ Assoc. Desportiva de Fafe 1 421 - O(a) atleta tocou com uma m�o na parede na viragem aos 150 metros – SW 7.6 Simao Lopes, FERREIRA Joel Henriques, MAGALHAES	M	43.30		Assoc. Desportiva de Fafe Francisco Denis, STEINMAIER Ruben Andrade, SILVA	1:27.62 00 00		
DSQ Fluvial Vilacondense 1 421 - O(a) atleta tocou com uma m�o na parede na viragem aos 175 metros – SW 7.6 Andre Miguel, SANTOS Luis Miguel, REBELO	M	45.98		Fluvial Vilacondense Porf�rio Braga, NUNES Diogo Filipe, RODRIGUES	1:34.06 00 00		

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associaç o de Nataç o do Norte de Portugal

29-03-2012 19:04 - P gina 25

Prova 20
25-03-2012 - 12:00

Femin., 4 x 50m Estilos
CMEP - Cl nica M dica do Exerc cio do Porto

Cadetes B
Resultados

Pontos: FINA 2011

Lugar	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1. Foca 1	F			Foca	2:49.77	221	
Helena Maria, CARVALHO	02			46.22	02		39.48
Beatriz Sofia, COSTA	02			49.78	02		34.29
2. Vit�ria Sport Clube 1	F			Vit�ria Sport Clube	3:06.85	165	
Beatriz Daniela, MACEDO	02			48.11	02		46.24
Soraia Isabel, GUIMARAES	02			54.12	02		38.38
3. FCPorto 1	F			FCPorto	3:08.49	161	
Sofia Isabel, MATOS	02			54.46	02		41.99
Patricia Alexandra, TAVARES	02			57.67	02		34.37
4. Famalicao 1	F			Famalicao	3:10.85	155	
Mariana Sousa, MAIA	02			50.50	02		53.12
Clara Ribeiro, SOUSA	02			46.53	02		40.70
5. Valongo 1	F			Valongo	3:19.29	136	
Ines Ferreira, NEVES	02			49.92	02		48.90
Maria Ines, FERREIRA	02			56.04	02		44.43
6. Fluvial Vilacondense 1	F			Fluvial Vilacondense	3:20.46	134	
Ana Sofia, AGUIAR	02			49.76	02		1:20.81
Ana Lopes, SANTOS	02			27.63	02		42.26
7. Leix�es Sport Clube 1	F			Leix�es Sport Clube	3:28.51	119	
Mafalda Pacheco, CUNHA	02			45.93	02		56.70
Rita Silva, ABREU	02			59.40	02		46.48
8. Celorico Basto 2	F			Celorico Basto	3:31.03	115	
Maria Campos, SANTOS	02			50.22	02		48.95
Gabriela Goncalves, OLIVEIRA	02			1:02.48	02		49.38
9. Lamas 1	F			Lamas	3:36.19	107	
Ana Isabel, SOUSA	02			56.63	02		55.61
Maria Sousa, MARQUES	02			54.27	02		49.68
10. Gespacos 1	F			Gespacos	3:53.87	84	
Ines Filipa, MAGALHAES	02			55.67	02		50.21
Angela Filipa, RIBEIRO	02			1:01.94	02		1:06.05

Prova 21
25-03-2012 - 12:10

Masc., 4 x 50m Livres
COPIDOURO - C pia e Artigos de Reprodu o, Lda

Cadetes B
Resultados

Pontos: FINA 2011

Lugar	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1. Assoc. Desportiva de Fafe 1	M			Assoc. Desportiva de Fafe	2:25.69	170	
Rui Pires, MARTINS	01			34.23	01		39.61
Joao Pinto, FREITAS	01			36.89	01		34.96
2. Fluvial Portuense 1	M			Fluvial Portuense	2:35.95	138	
Bruno Rafael, MACHADO	01			36.19	01		40.83
Nuno Oliveira, FREITAS	01			38.99	01		39.94
3. FCPorto 1	M			FCPorto	2:38.67	131	
Joao Cruz, FERREIRA	01			38.44	01		44.37
Joao Ribeiro, SOUSA	01			38.22	01		37.64
4. Leix�es Sport Clube 1	M			Leix�es Sport Clube	2:40.15	128	
Jose Pedro, MENEZES	01			38.97	01		45.50
Pedro Magano, OLIVEIRA	01			46.31	01		29.37
5. Famalicao 1	M			Famalicao	2:46.23	114	
Jose Moreira, SOUSA	01			47.38	01		38.61
Joao Sa, MELO	01			40.68	01		39.56
6. Clube Naval Povoense 1	M			Clube Naval Povoense	2:56.41	95	
Marco Pinto, MOREIRA	01			43.06	01		42.96
Nuno Moreira, NOVAIS	01			45.92	01		44.47
EXH Lousada 1	M			Lousada	2:46.96	113	
Carlos Eduardo, BARRETO	01			46.19	01		41.22
Nuno Miguel, TEIXEIRA	01			39.51	01		40.04

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associao de Natao do Norte de Portugal

29-03-2012 19:04 - P gina 26

Prova 22
25-03-2012 - 12:10

Femin., 4 x 100m Livres
CMEP - Cl nica M dica do Exerc cio do Porto

Cadetes A
Resultados

Pontos: FINA 2011

Lugar	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1. FCPorto 1 Maria Carolina, COSTA Isabel Porfirio, PEGO	F			FCPorto	5:03.71	322	
	01	35.17	1:12.91	Carolina Lopes, SILVA	01 38.80		1:19.08
	01	35.75	1:15.00	Barbara Vilela, MAGALHAES	01 36.32		1:16.72
2. CNMaia 1 Mariana Cardoso, COSTA Ana Carolina, FERREIRA	F			CNMaia	5:25.23	262	
	01	38.96	1:22.74	Ana Isabel, REIS	01 39.12		1:22.70
	01	38.68	1:20.49	Carolina Ascenso, SANTOS	01 36.99		1:19.30
3. Gespacos 1 Ines Neto, ROCHA Julia Albuquerque, FRAGA	F			Gespacos	5:29.20	253	
	01	34.93	1:13.17	Catarina Leao, COSTA	01 36.49		1:17.09
	01	40.60	1:29.85	Ines Carneiro, PINTO	01 42.91		1:29.09
4. Leix�es Sport Clube 1 Isabel Ferreira, SOUSA Ana Catarina, SILVA	F			Leix�es Sport Clube	5:41.74	226	
	01	38.80	1:20.88	Sofia Filipa, GONCALVES	01 54.90		1:38.41
	01	42.98	1:17.49	Ana Rita, BOTELHO	01 42.24		1:24.96
5. Lamas 1 Isabel Reina, FONSECA Anabela Silva, FERREIRA	F			Lamas	5:42.74	224	
	01	44.74	1:34.69	Iris Rodrigues, SA	01 40.68		1:22.84
	01	41.02	1:28.22	Mariana Oliveira, RIBEIRO	01 37.74		1:16.99
6. Fluvial Portuense 1 Ines Alves, MARTINS Margarida Pimenta, SOUSA	F			Fluvial Portuense	5:44.61	220	
	01	37.52	1:19.25	Ines Roriz, SOUSA	01 39.30		1:24.21
	01	42.30	1:28.90	Maria Beatriz, MESQUITA	01 42.83		1:32.25
7. Fluvial Vilacondense 1 Joana Rocha, ANJO Gisela Pereira, SILVA	F			Fluvial Vilacondense	5:57.82	197	
	01	42.95	1:30.14	Carolina Renn, ARAUJO	01 41.19		1:27.33
	01	46.04	1:36.90	Ana Margarida, GONCALVES	01 37.14		1:23.45
8. Assoc. Desportiva de Fafe 1 Leonor Carlos, COSTA Ana Beatriz, LOPES	F			Assoc. Desportiva de Fafe	6:06.85	182	
	01	46.01	1:36.23	Beatriz Rodrigues, OLIVEIRA	01 39.17		1:23.06
	01	51.36	1:48.91	Maria Nogueira, CARVALHO	01 38.14		1:18.65
9. Valongo 1 Mariana Santos, AGUEDA Ana Rita, COSTA	F			Valongo	6:17.65	167	
	01	44.74	1:34.96	Ana Catarina, MOREIRA	01 46.11		1:34.12
	01	41.92	1:26.98	Ana Filipa, CASEIRO	01 46.42		1:41.59
10. Famalicao 1 Maria Joao, SILVA Joana Ilharco, PEREIRA	F			Famalicao	6:27.25	155	
	01	42.82	1:29.53	Beatriz Sousa, DEMETRIO	01 50.03		1:54.93
	01	44.53	1:36.85	Ines Araujo, MARTINS	01 39.67		1:25.94

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager 11, Build 19249

Registered to Associao de Natao do Norte de Portugal

29-03-2012 19:04 - P gina 27