

1 - 1ª Jornada - 1ª Sessao

05-05-2018 - 9:00

Prova 1	Femin., 400m Estilos				Infantis
05-05-2018	CMF - Clínica Médica da Foz				Resultados
Rec Nacionais - 25m Absoluto	4:39.03	Victoria, KAMINSKAYA	PIMP	Porto	19-12-2014
Rec Nacionais - 25m Inf A	5:05.68	Filiipa Vilas, RUIVO	DNMG	Leiria	12-06-2010
Rec Nacionais - 25m Inf B	5:15.68	Susana Patricia, MIGUEL	SFUAP	Rio Maior	06-07-2002
Recorde Regional 25m Absoluto	4:46.89	Ines Neto, ROCHA	CAP	Felgueiras	15-04-2018
Recorde Regional 25m Inf A	5:08.49	Ines neto, ROCHA	GESP	Cantanhede	28-03-2014
Recorde Regional 25m Inf B	5:20.85	Marisa, FREITAS	AHBVG	Alges	13-03-1998

Infantis B Fem Inf B: 7:01.30 / Infantis A Fem Inf A: 6:39.85

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Lia Beatriz, GOMES	F	200413	06	Vitória Sport Clube	5:43.90	429	
	50m: 35.02				150m: 2:01.13	44.44		35.02
	100m: 1:16.69				200m: 2:45.29	44.16		41.67
					250m: 3:37.13	51.84		
					300m: 4:29.01	51.88		
					350m: 5:07.45			38.44
					400m: 5:43.90			36.45
2.	Leonor Filipa, PINTO	F	132842	06	Natacao da Maia	5:50.33	406	
	50m: 37.22				150m: 2:03.76	42.33		37.22
	100m: 1:21.43				200m: 2:45.39	41.63		44.21
					250m: 3:38.27	52.88		
					300m: 4:33.28	55.01		
					350m: 5:11.60			38.32
					400m: 5:50.33			38.73
3.	Beatriz Carvalho, HERMOSA	F	132885	06	Porto	5:51.29	402	
	50m: 38.00				150m: 2:07.80	44.22		38.00
	100m: 1:23.58				200m: 2:52.42	44.62		45.58
					250m: 3:41.38	48.96		
					300m: 4:30.93	49.55		
					350m: 5:11.92			40.99
					400m: 5:51.29			39.37
4.	Daniela Alexandra, COSTA	F	129441	06	Leixões Sport Clube	5:51.74	401	
	50m: 37.78				150m: 2:08.20	44.88		37.78
	100m: 1:23.32				200m: 2:52.94	44.74		45.54
					250m: 3:41.49	48.55		
					300m: 4:33.96	52.47		
					350m: 5:13.55			39.59
					400m: 5:51.74			38.19
5.	Ines Gomes, MENDES	F	153455	06	Aquatico Pacense	5:56.76	384	
	50m: 38.75				150m: 2:09.84	46.14		38.75
	100m: 1:23.70				200m: 2:54.56	44.72		44.95
					250m: 3:46.62	52.06		
					300m: 4:37.78	51.16		
					350m: 5:18.13			40.35
					400m: 5:56.76			38.63
6.	Maria Joao, FERREIRA	F	132732	06	Foca	5:59.60	375	
	50m: 39.06				150m: 2:12.44	45.50		39.06
	100m: 1:26.94				200m: 2:57.43	44.99		47.88
					250m: 3:48.37	50.94		
					300m: 4:39.52	51.15		
					350m: 5:19.94			40.42
					400m: 5:59.60			39.66
7.	Lara Gomes, NETO	F	132881	06	Aquatico Pacense	5:59.78	375	
	50m: 41.91				150m: 2:14.80	44.47		41.91
	100m: 1:30.33				200m: 2:59.73	44.93		48.42
					250m: 3:48.67	48.94		
					300m: 4:39.52	50.85		
					350m: 5:19.33			39.81
					400m: 5:59.78			40.45
8.	Maria Santos, SILVA	F	202788	06	Clube Naval Povoense	6:01.62	369	
	50m: 40.88				150m: 2:14.17	45.52		40.88
	100m: 1:28.65				200m: 2:58.68	44.51		47.77
					250m: 3:49.17	50.49		
					300m: 4:41.85	52.68		
					350m: 5:22.80			40.95
					400m: 6:01.62			38.82
9.	Ana Luisa, GOUVEIA	F	200924	06	Leixões Sport Clube	6:03.38	364	
	50m: 40.67				150m: 2:10.68	43.55		40.67
	100m: 1:27.13				200m: 2:57.20	46.52		46.46
					250m: 3:49.50	52.30		
					300m: 4:44.57	55.07		
					350m: 5:25.42			40.85
					400m: 6:03.38			37.96
10.	Joana Filipa, PINTO	F	202846	06	AP Vila D Este	6:14.60	332	
	50m: 39.89				150m: 2:13.54	47.92		39.89
	100m: 1:25.62				200m: 2:58.96	45.42		45.73
					250m: 3:54.92	55.96		
					300m: 4:50.87	55.95		
					350m: 5:33.43			42.56
					400m: 6:14.60			41.17
11.	Ines Aires, NOGUEIRA	F	203625	06	Fluvial Portuense	6:14.98	331	
	50m: 39.71				150m: 2:16.80	48.99		39.71
	100m: 1:27.81				200m: 3:04.52	47.72		48.10
					250m: 3:57.40	52.88		
					300m: 4:52.55	55.15		
					350m: 5:34.40			41.85
					400m: 6:14.98			40.58
12.	Gabriela Ferreira, NEVES	F	132731	06	Foca	6:17.15	325	
	50m: 39.79				150m: 3:00.42	1:34.73		39.79
	100m: 1:25.69				200m: 3:56.72	56.30		45.90
					250m: 4:53.93	57.21		
					350m: 5:35.83	41.90		
					400m: 6:17.15			41.32
13.	Ana Rita, MARTINS	F	128148	06	Foca	6:19.68	319	
	50m: 42.49				150m: 2:20.55	48.03		42.49
	100m: 1:32.52				200m: 3:08.02	47.47		50.03
					250m: 4:03.51	55.49		
					300m: 4:58.87	55.36		
					350m: 5:40.81			41.94
					400m: 6:19.68			38.87
14.	Mariana Fontes, FERNANDES	F	133141	06	Colegio SMLamas	6:22.25	312	
	50m: 41.36				150m: 2:17.63	47.51		41.36
	100m: 1:30.12				200m: 3:04.84	47.21		48.76
					250m: 4:00.91	56.07		
					300m: 4:55.87	54.96		
					350m: 5:39.53			43.66
					400m: 6:22.25			42.72
15.	Ana Martim, FERREIRA	F	200767	06	Leixões Sport Clube	6:22.40	312	
	50m: 42.48				150m: 2:24.50	48.33		42.48
	100m: 1:36.17				200m: 3:12.61	48.11		53.69
					250m: 4:03.91	51.30		
					300m: 4:58.60	54.69		
					350m: 5:41.82			43.22
					400m: 6:22.40			40.58
16.	Ana Marques, PINTO	F	201832	06	Fluvial Portuense	6:27.13	301	
	50m: 43.51				150m: 2:23.79	50.02		43.51
	100m: 1:33.77				200m: 3:11.30	47.51		50.26
					250m: 4:04.76	53.46		
					300m: 4:59.48	54.72		
					350m: 5:44.53			45.05
					400m: 6:27.13			42.60
17.	Regina Correia, NOVAIS	F	129769	06	Foca	6:28.55	297	
	50m: 41.16				150m: 2:23.23	49.04		41.16
	100m: 1:34.19				200m: 3:11.29	48.06		53.03
					250m: 4:05.14	53.85		
					300m: 5:02.22	57.08		
					350m: 5:45.38			43.16
					400m: 6:28.55			43.17

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager, 11.54147

Registered to Associação de Nataç o do Norte de Portugal

08-05-2018 12:00 - P gina 1



Prova 1, Femin., 400m Estilos, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
18.	Ines Francisca, LEAL 50m: 43.43 43.43 100m: 1:34.24 50.81	F	202162	06	Aquatico Pacense 49.04 250m: 4:06.92 56.56 47.08 300m: 5:02.61 55.69	350m: 5:46.92 44.31 400m: 6:28.80 41.88	297	
19.	Ines Barbosa, VALE 50m: 40.37 40.37 100m: 1:32.34 51.97	F	153450	06	Famalicao 45.90 250m: 4:01.88 58.17 45.47 300m: 5:03.75 1:01.87	350m: 5:46.59 42.84 400m: 6:30.61 44.02	293	
20.	Clara Daniela, SANTOS 50m: 40.94 40.94 100m: 1:31.19 50.25	F	129358	06	Colegio SMLamas 48.85 250m: 4:02.19 52.85 49.30 300m: 4:56.32 54.13	350m: 5:44.62 48.30 400m: 6:30.64 46.02	293	
21.	Mariana Santos, ROMAO 50m: 47.08 47.08 100m: 1:42.63 55.55	F	200366	06	Vilacondense 50.13 250m: 4:16.95 53.72 50.47 300m: 5:10.81 53.86	350m: 5:51.48 40.67 400m: 6:32.33 40.85	289	
22.	Mafalda Valente, SEBASTIAO 50m: 41.12 41.12 100m: 1:30.89 49.77	F	205762	06	Porto 52.95 250m: 4:07.22 53.17 50.21 300m: 5:01.87 54.65	350m: 5:47.20 45.33 400m: 6:32.49 45.29	288	
23.	Carina, CHYZH 50m: 41.84 41.84 100m: 1:31.52 49.68	F	202731	06	Vit�ria Sport Clube 46.97 250m: 4:04.63 59.73 46.41 300m: 5:03.16 58.53	350m: 5:49.04 45.88 400m: 6:34.04 45.00	285	
24.	Ana Jorge, SANTOS 50m: 40.71 40.71 100m: 1:31.22 50.51	F	129357	06	Colegio SMLamas 51.70 250m: 4:11.90 59.35 49.63 300m: 5:10.71 58.81	350m: 5:56.94 46.23 400m: 6:38.96 42.02	275	
25.	Sophia Szrek, PEREIRA 50m: 44.02 44.02 100m: 1:36.89 52.87	F	129738	06	Porto 49.38 250m: 4:17.75 1:02.50 48.98 300m: 5:19.68 1:01.93	350m: 6:03.80 44.12 400m: 6:48.00 44.20	257	
26.	Matilde Teixeira, SOUSA 50m: 40.72 40.72 100m: 1:36.69 55.97	F	129947	06	Natacao Valongo 53.06 250m: 4:18.85 58.34 50.76 300m: 5:18.44 59.59	350m: 6:04.45 46.01 400m: 6:50.75 46.30	252	
27.	Maria Luis, SA 50m: 47.10 47.10 100m: 1:47.62 1:00.52	F	131836	06	Fluvial Portuense 48.67 250m: 4:24.11 59.21 48.61 300m: 5:22.42 58.31	350m: 6:07.88 45.46 400m: 6:52.27 44.39	249	
28.	Ana Francisca, MOREIRA 50m: 50.63 50.63 100m: 1:48.61 57.98	F	202719	06	Porto 52.46 250m: 4:26.43 54.39 50.97 300m: 5:21.56 55.13	350m: 6:09.68 48.12 400m: 6:54.84 45.16	244	
29.	Maria Luis, CAMPOS 50m: 45.53 45.53 100m: 1:45.17 59.64	F	153446	06	Vit�ria Sport Clube 51.05 250m: 4:24.71 56.67 51.82 300m: 5:22.76 58.05	350m: 6:10.06 47.30 400m: 6:56.40 46.34	241	
30.	Bebiana Filipa, BARBOSA 50m: 49.25 49.25 100m: 1:50.05 1:00.80	F	147271	06	Aquatico Pacense 51.37 250m: 4:28.77 56.57 50.78 300m: 5:28.33 59.56	350m: 6:14.56 46.23 400m: 6:58.21 43.65	238	
31.	Cristina Moreira, GONCALVES 50m: 48.31 48.31 100m: 1:44.76 56.45	F	131791	06	Colegio SMLamas 49.33 250m: 4:24.03 59.88 50.06 300m: 5:24.44 1:00.41	350m: 6:12.78 48.34 400m: 6:58.93 46.15	237	
32.	Bella Li, YUXUAN 50m: 46.39 46.39 100m: 1:40.13 53.74	F	202178	06	Luso-Internacional do Porto 53.45 250m: 4:24.50 58.75 52.17 300m: 5:23.31 58.81	350m: 6:11.55 48.24 400m: 7:00.22 48.67	235	
33.	Maria Joao, MAGALHAES FTL 50m: 50.17 50.17 100m: 1:52.97 1:02.80	F	201098	06	Vit�ria Sport Clube 51.91 250m: 4:40.57 1:01.12 54.57 300m: 5:50.89 1:10.32	350m: 6:35.18 44.29 400m: 7:22.95 47.77	200	
34.	Francisca Ribeiro, MENDES FTL 50m: 55.23 55.23 100m: 2:00.93 1:05.70	F	201099	06	Vit�ria Sport Clube 53.46 250m: 4:47.82 57.41 56.02 300m: 5:50.64 1:02.82	350m: 6:42.40 51.76 400m: 7:33.36 50.96	187	
DSQ	Gabriela Filipa, ROQUE A atleta efetuou movimento alternado de braos durante o percurso.	F	207469	06	Vit�ria Sport Clube			DSQ
DNS	Catarina Gaspar, PIRES	F	129871	06	Porto			DNS

Prova 1, Femin., 400m Estilos

Infantis A

1.	Daniela Magalhaes, LOPES	F	130098 05	Famalicao	150m: 1:52.46	200m: 2:32.52	250m: 3:18.40	300m: 4:04.13	350m: 4:40.51	400m: 5:15.77	554	36.38	35.26
	50m: 33.11				40.78	40.06	45.88	45.73	5:02.22	5:15.77			
	100m: 1:11.68				2:05.59	2:44.83	3:32.61	4:22.39	5:02.22	5:15.77			
2.	Mariana Martins, COSTA	F	127658 05	Famalicao	150m: 2:03.21	200m: 2:44.83	250m: 3:32.61	300m: 4:22.39	350m: 5:02.22	400m: 5:38.90	448	39.83	36.68
	50m: 37.97				41.62	41.62	47.78	49.78	5:38.90	5:38.90			
	100m: 1:23.01				2:05.59	2:44.83	3:32.61	4:22.39	5:02.22	5:38.90			
3.	Francisca Macedo, LOPES	F	129982 05	Vilacondense	150m: 2:05.59	200m: 2:47.86	250m: 3:34.50	300m: 4:22.92	350m: 5:01.74	400m: 5:39.91	444	38.82	38.17
	50m: 36.14				42.27	42.27	46.64	48.42	5:39.91	5:39.91			
	100m: 1:20.85				2:05.59	2:47.86	3:34.50	4:22.92	5:01.74	5:39.91			
4.	Maria Ines, SILVA	F	200371 05	Porto	150m: 2:02.22	200m: 2:44.48	250m: 3:37.10	300m: 4:30.58	350m: 5:08.50	400m: 5:44.75	426	37.92	36.25
	50m: 35.01				42.26	42.26	52.62	53.48	5:44.75	5:44.75			
	100m: 1:18.85				2:02.22	2:44.48	3:37.10	4:30.58	5:08.50	5:44.75			
5.	Nara Soraia, NOGUEIRA	F	127914 05	Natacao Valongo	150m: 2:04.16	200m: 2:46.48	250m: 3:38.22	300m: 4:31.50	350m: 5:09.69	400m: 5:46.14	421	38.19	36.45
	50m: 37.31				42.32	42.32	51.74	53.28	5:46.14	5:46.14			
	100m: 1:22.00				2:04.16	2:46.48	3:38.22	4:31.50	5:09.69	5:46.14			
6.	Catarina Bentes, SANTOS	F	127959 05	Aquatico Pacense	150m: 2:06.82	200m: 2:52.41	250m: 3:40.51	300m: 4:28.83	350m: 5:08.16	400m: 5:46.86	418	39.33	38.70
	50m: 37.82				44.95	45.54	48.10	48.32	5:46.86	5:46.86			
	100m: 1:21.92				2:06.82	2:52.41	3:40.51	4:28.83	5:08.16	5:46.86			
7.	Natalia Passeira, NEVES	F	200503 05	Natacao Valongo	150m: 2:05.02	200m: 2:46.98	250m: 3:38.56	300m: 4:31.87	350m: 5:11.38	400m: 5:51.27	402	39.51	39.89
	50m: 37.74				42.83	41.96	51.58	53.31	5:51.27	5:51.27			
	100m: 1:22.19				2:05.02	2:46.98	3:38.56	4:31.87	5:11.38	5:51.27			
8.	Margarida Carvalho, MARTINS	F	127659 05	Famalicao	150m: 2:06.82	200m: 2:50.39	250m: 3:39.65	300m: 4:30.57	350m: 5:12.64	400m: 5:52.31	399	42.07	39.67
	50m: 37.32				43.45	43.57	49.26	50.92	5:52.31	5:52.31			
	100m: 1:23.37				2:06.82	2:50.39	3:39.65	4:30.57	5:12.64	5:52.31			
9.	Leonor Ines, FERRAZ	F	132207 05	Porto	150m: 2:04.92	200m: 2:49.77	250m: 3:40.49	300m: 4:31.59	350m: 5:12.84	400m: 5:53.18	396	41.25	40.34
	50m: 37.95				44.86	44.85	50.72	51.10	5:53.18	5:53.18			
	100m: 1:20.06				2:04.92	2:49.77	3:40.49	4:31.59	5:12.84	5:53.18			
10.	Joana Ferreira, SILVA	F	131358 05	Leixões Sport Clube	150m: 2:07.22	200m: 2:52.93	250m: 3:43.47	300m: 4:35.20	350m: 5:17.61	400m: 5:58.34	379	42.41	40.73
	50m: 36.18				45.77	45.71	50.54	51.73	5:58.34	5:58.34			
	100m: 1:21.45				2:07.22	2:52.93	3:43.47	4:35.20	5:17.61	5:58.34			
11.	Maria Tavares, RESTIVO	F	132208 05	Fluvial Portuense	150m: 2:11.47	200m: 2:57.68	250m: 3:46.75	300m: 4:38.36	350m: 5:21.18	400m: 6:00.57	372	42.82	39.39
	50m: 38.53				48.28	46.21	49.07	51.61	6:00.57	6:00.57			
	100m: 1:23.19				2:11.47	2:57.68	3:46.75	4:38.36	5:21.18	6:00.57			
12.	Isabel dos Santos, PEREIRA	F	126788 05	Fluvial Portuense	150m: 2:07.95	200m: 2:52.04	250m: 3:45.17	300m: 4:39.45	350m: 5:22.93	400m: 6:03.65	363	43.48	40.72
	50m: 37.06				45.45	44.09	53.13	54.28	6:03.65	6:03.65			
	100m: 1:22.50				2:07.95	2:52.04	3:45.17	4:39.45	5:22.93	6:03.65			
13.	Maria Eduarda, MOREIRA	F	127949 05	Aquatico Pacense	150m: 2:14.22	200m: 3:00.17	250m: 3:53.20	300m: 4:47.31	350m: 5:27.21	400m: 6:05.98	356	39.90	38.77
	50m: 39.94				46.17	45.95	53.03	54.11	6:05.98	6:05.98			
	100m: 1:28.05				2:14.22	3:00.17	3:53.20	4:47.31	5:27.21	6:05.98			
14.	Bruna Ferreira, RODRIGUES	F	130938 05	Colegio SMLamas	150m: 2:15.60	200m: 3:02.42	250m: 3:52.93	300m: 4:44.43	350m: 5:26.58	400m: 6:06.79	353	42.15	40.21
	50m: 39.79				49.00	46.82	50.51	51.50	6:06.79	6:06.79			
	100m: 1:26.60				2:15.60	3:02.42	3:52.93	4:44.43	5:26.58	6:06.79			
15.	Soraia Conceicao, MELO	F	130116 05	Vitória Sport Clube	150m: 2:12.79	200m: 2:58.73	250m: 3:50.80	300m: 4:45.26	350m: 5:27.41	400m: 6:07.42	352	42.15	40.01
	50m: 36.86				49.84	45.94	52.07	54.46	6:07.42	6:07.42			
	100m: 1:22.95				2:12.79	2:58.73	3:50.80	4:45.26	5:27.41	6:07.42			
16.	Mariana Ferreira, VIEIRA	F	132810 05	Natacao Valongo	150m: 2:12.20	200m: 2:57.22	250m: 3:51.48	300m: 4:47.82	350m: 5:29.39	400m: 6:07.81	351	41.57	38.42
	50m: 40.39				45.21	45.02	54.26	56.34	6:07.81	6:07.81			
	100m: 1:26.99				2:12.20	2:57.22	3:51.48	4:47.82	5:29.39	6:07.81			
17.	Filipa Pereira, FERREIRA	F	129732 05	Porto	150m: 2:10.09	200m: 2:54.50	250m: 3:49.05	300m: 4:44.41	350m: 5:26.13	400m: 6:07.99	350	41.72	41.86
	50m: 39.09				45.11	44.41	54.55	55.36	6:07.99	6:07.99			
	100m: 1:24.98				2:10.09	2:54.50	3:49.05	4:44.41	5:26.13	6:07.99			
18.	Joana Areal, JUNQUEIRA	F	148703 05	Famalicao	150m: 2:19.99	200m: 3:03.43	250m: 3:57.54	300m: 4:52.78	350m: 5:31.51	400m: 6:08.48	349	38.73	36.97
	50m: 41.42				45.76	43.44	54.11	55.24	6:08.48	6:08.48			
	100m: 1:34.23				2:19.99	3:03.43	3:57.54	4:52.78	5:31.51	6:08.48			
19.	Rita Sofia, NUNES	F	129103 05	Fluvial Portuense	150m: 2:20.30	200m: 3:06.39	250m: 3:59.10	300m: 4:51.58	350m: 5:30.12	400m: 6:08.69	348	38.54	38.57
	50m: 41.91				46.18	46.09	52.71	52.48	6:08.69	6:08.69			
	100m: 1:34.12				2:20.30	3:06.39	3:59.10	4:51.58	5:30.12	6:08.69			
20.	Luisa Coelho, QUINTA	F	127981 05	Leixões Sport Clube	150m: 2:10.51	200m: 2:57.49	250m: 3:53.24	300m: 4:49.86	350m: 5:31.83	400m: 6:12.27	338	41.97	40.44
	50m: 36.94				48.42	46.98	55.75	56.62	6:12.27	6:12.27			
	100m: 1:22.09				2:10.51	2:57.49	3:53.24	4:49.86	5:31.83	6:12.27			
21.	Ines Esteves, COUTINHO	F	200369 05	Porto	150m: 2:16.31	200m: 3:01.11	250m: 3:52.79	300m: 4:46.60	350m: 5:29.49	400m: 6:12.85	336	42.89	43.36
	50m: 41.83				45.53	44.80	51.68	53.81	6:12.85	6:12.85			
	100m: 1:30.78				2:16.31	3:01.11	3:52.79	4:46.60	5:29.49	6:12.85			
22.	Leonor Sousa, BARBOSA	F	200370 05	Porto	150m: 2:16.38	200m: 3:01.41	250m: 3:54.67	300m: 4:49.90	350m: 5:33.39	400m: 6:15.81	329	43.49	42.42
	50m: 41.18				47.01	45.03	53.26	55.23	6:15.81	6:15.81			
	100m: 1:29.37				2:16.38	3:01.41	3:54.67	4:49.90	5:33.39	6:15.81			
23.	Ana Rita, CAPITAO	F	129981 05	Vilacondense	150m: 2:22.44	200m: 3:11.92	250m: 4:05.17	300m: 4:57.44	350m: 5:38.77	400m: 6:19.45	319	41.33	40.68
	50m: 42.28				49.37	49.48	53.25	52.27	6:19.45	6:19.45			
	100m: 1:33.07				2:22.44	3:11.92	4:05.17	4:57.44	5:38.77	6:19.45			

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08-05-2018 12:00 - P gina 3



Prova 1, Femin., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
24.	Ines Alves, CORREIA	F	200769	05	Leixões Sport Clube	6:21.58				314	
	50m: 40.71 40.71		150m: 2:17.59		48.44 250m: 4:02.57	55.85	350m: 5:39.98		42.17		
	100m: 1:29.15 48.44		200m: 3:06.72		49.13 300m: 4:57.81	55.24	400m: 6:21.58		41.60		
25.	Nicole Pais, SILVA	F	129360	05	Colegio SMLamas	6:25.96				303	
	50m: 44.79 44.79		150m: 2:24.21		45.52 250m: 4:05.24	55.30	350m: 5:43.49		43.01		
	100m: 1:38.69 53.90		200m: 3:09.94		45.73 300m: 5:00.48	55.24	400m: 6:25.96		42.47		
26.	Matilde Machado, CALHAS FTL	F	131309	05	Luso-Internacional do Porto	6:47.22				258	
	50m: 40.34 40.34		150m: 2:18.73		50.96 250m: 4:09.92	1:00.03	350m: 5:59.90		46.73		
	100m: 1:27.77 47.43		200m: 3:09.89		51.16 300m: 5:13.17	1:03.25	400m: 6:47.22		47.32		
27.	Mafalda Bastos, TAVARES FTL	F	128598	05	Colegio SMLamas	6:50.26				252	
	50m: 47.58 47.58		150m: 2:34.75		48.33 250m: 4:21.72	58.23	350m: 6:06.09		45.38		
	100m: 1:46.42 58.84		200m: 3:23.49		48.74 300m: 5:20.71	58.99	400m: 6:50.26		44.17		
28.	Carolina Costa, FONTES FTL	F	128597	05	Colegio SMLamas	6:53.24				247	
	50m: 48.57 48.57		150m: 2:36.58		51.52 250m: 4:25.96	57.90	350m: 6:08.62		45.37		
	100m: 1:45.06 56.49		200m: 3:28.06		51.48 300m: 5:23.25	57.29	400m: 6:53.24		44.62		
29.	Aleccsia Pedro, PENA FTL	F	127138	05	Clube Naval Povoense	6:56.23				242	
	50m: 44.28 44.28		150m: 2:28.44		51.35 250m: 4:16.61	58.84	350m: 6:05.87		51.82		
	100m: 1:37.09 52.81		200m: 3:17.77		49.33 300m: 5:14.05	57.44	400m: 6:56.23		50.36		
30.	Maria Luis, FONTES FTL	F	205755	05	Vitória Sport Clube	7:08.84				221	
	50m: 50.17 50.17		150m: 2:43.13		54.07 250m: 4:35.17	1:00.42	350m: 6:21.91		46.93		
	100m: 1:49.06 58.89		200m: 3:34.75		51.62 300m: 5:34.98	59.81	400m: 7:08.84		46.93		
DSQ	Ana Beatriz, PAIVA	F	131224	05	AP Vila D Este						DSQ
	<i>719 - O(A) nadador(a) tocou só com uma mão na parede na viragem dos 250 metros – SW 7.6</i>										
DSQ	Joana Pena, LOPES	F	201390	05	Vilacondense						DSQ
	<i>808 - O(A) nadador(a) tocou na parede só com uma mão na viragem dos 75 metros – SW 8.4</i>										
DNS	Ana Sofia, OLIVEIRA	F	202794	05	Fluvial Portuense						DNS
DNS	Ana Sofia, ROCHA	F	133140	05	Colegio SMLamas						DNS
DNS	Beatriz Ferreira, MIRANDA	F	129086	05	Natacao da Maia						DNS
DNS	Ines Faria, REGO	F	127663	05	Famalicao						DNS
WDR	Mariana Isabel, CRUZ	F	127544	05	Porto						WDR

Prova 2
05-05-2018

Masc., 1500m Livres
GRAFIPRONGO

Infantis
Resultados

Rec Nacionais - 25m Absoluto	15:04.78	Fernando Eurico, COSTA	FPN	Trieste (ITA)	10-12-2005
Rec Nacionais - 25m Inf A	16:13.14	Andre Vilas, RUIVO	DNMG	Campo Maior	30-03-2014
Rec Nacionais - 25m Inf B	17:11.29	Andre Vilas, RUIVO	DNMG	Leiria	03-03-2013
Recorde Regional 25m Absoluto	15:04.78	Fernando Eurico, COSTA	FPN	Trieste (ITA)	10-12-2005
Recorde Regional 25m Inf A	16:37.60	Rui Paulo, BORGES	FCP	Antas	12-04-1981
Recorde Regional 25m Inf B	17:20.10	Rui Paulo, BORGES	FCP	Antas	13-07-1980

Infantis B Masc Inf B: 22:08.80 / Infantis A Masc Inf A: 21:18.20

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Jose Luis, GONCALVES	M	131849	05	Assoc. Desportiva de Fafe	18:35.07	439	
	50m: 33.38		400m: 4:48.92		1:14.03	800m: 9:45.82		1:15.40
	100m: 1:08.32		500m: 6:03.39		1:14.47	900m: 11:01.92		1:15.97
	200m: 2:21.48	1:13.16	600m: 7:17.23		1:13.84	1000m: 12:17.80		1:16.25
	300m: 3:34.89	1:13.41	700m: 8:30.82		1:13.59	1100m: 13:33.86		1:13.59
2.	Rodrigo Barroso, PINTO	M	148567	05	Porto	19:23.54	387	
	50m: 33.53		400m: 4:57.77		1:16.73	800m: 10:08.75		1:19.17
	100m: 1:10.32	36.79	500m: 6:14.61		1:16.84	900m: 11:28.59		1:19.69
	200m: 2:25.54	1:15.22	600m: 7:31.89		1:17.28	1000m: 12:48.16		1:20.65
	300m: 3:41.04	1:15.50	700m: 8:49.99		1:18.10	1100m: 14:06.41		1:17.62
3.	Tomas Carvalhinho, RIBEIRO	M	131799	05	Natacao da Maia	19:29.94	380	
	50m: 36.92	36.92	400m: 5:11.80		1:19.74	800m: 10:25.86		1:17.95
	100m: 1:16.37	39.45	500m: 6:30.48		1:18.68	900m: 11:44.19		1:17.90
	200m: 2:33.06	1:16.69	600m: 7:50.44		1:19.96	1000m: 13:01.44		1:16.88
	300m: 3:52.06	1:19.00	700m: 9:08.83		1:18.39	1100m: 14:19.56		1:17.65
4.	Afonso Carvalho, SILVA	M	130127	05	Famalicao	19:31.76	379	
	50m: 35.92	35.92	400m: 5:10.57		1:18.87	800m: 10:24.51		1:19.53
	100m: 1:14.60	38.68	500m: 6:29.39		1:18.82	900m: 11:42.13		1:23.47
	200m: 2:33.60	1:19.00	600m: 7:47.82		1:18.43	1000m: 13:00.07		1:20.56
	300m: 3:51.70	1:18.10	700m: 9:06.13		1:18.31	1100m: 14:17.92		1:10.28
5.	Eduardo Alexandre, CORREIA	M	153454	05	Aquatico Pacense	19:53.60	358	
	50m: 37.07	37.07	400m: 5:17.80		1:20.48	800m: 10:38.45		1:19.78
	100m: 1:16.92	39.85	500m: 6:38.16		1:20.36	900m: 11:58.26		1:18.34
	200m: 2:37.07	1:20.15	600m: 7:59.51		1:21.35	1000m: 13:19.60		1:19.60
	300m: 3:57.32	1:20.25	700m: 9:18.89		1:19.38	1100m: 14:38.70		1:17.18
6.	Filipe Silva, RIBEIRO	M	132090	05	Leixões Sport Clube	20:00.82	352	
	50m: 33.75	33.75	400m: 5:16.19		1:21.93	800m: 10:42.51		1:20.34
	100m: 1:11.39	37.64	500m: 6:37.95		1:21.76	900m: 12:02.91		1:21.04
	200m: 2:32.48	1:21.09	600m: 7:59.38		1:21.43	1000m: 13:23.70		1:19.83
	300m: 3:54.26	1:21.78	700m: 9:20.89		1:21.51	1100m: 14:44.20		1:15.41
7.	Eduardo Costa, SILVA	M	129731	05	Porto	20:08.67	345	
	50m: 37.16	37.16	400m: 5:16.82		1:21.90	800m: 10:42.20		1:21.77
	100m: 1:16.02	38.86	500m: 6:38.68		1:21.86	900m: 12:03.26		1:21.48
	200m: 2:34.16	1:18.14	600m: 8:00.02		1:21.34	1000m: 13:24.73		1:18.18
	300m: 3:54.92	1:20.76	700m: 9:21.54		1:21.52	1100m: 14:46.39		1:20.85
8.	Vasco Almeida, RIBEIRO	M	131214	05	Colegio SMLamas	20:11.04	343	
	50m: 35.89	35.89	400m: 5:15.42		1:21.40	800m: 10:43.20		1:21.49
	100m: 1:14.57	38.68	500m: 6:37.04		1:21.62	900m: 12:05.02		1:21.64
	200m: 2:34.00	1:19.43	600m: 7:59.07		1:22.03	1000m: 13:27.13		1:21.52
	300m: 3:54.02	1:20.02	700m: 9:21.20		1:22.13	1100m: 14:48.89		1:17.50
9.	Pedro Engracia, ANTUNES	M	131318	05	Luso-Internacional do Porto	20:14.87	340	
	50m: 35.88	35.88	400m: 5:12.52		1:20.28	800m: 10:42.96		1:22.14
	100m: 1:14.27	38.39	500m: 6:34.43		1:21.91	900m: 12:05.58		1:22.21
	200m: 2:32.24	1:17.97	600m: 7:56.36		1:21.93	1000m: 13:28.49		1:21.25
	300m: 3:52.24	1:20.00	700m: 9:19.90		1:23.54	1100m: 14:51.74		1:17.53
10.	Alexandre Sousa, FERREIRA	M	132325	05	Famalicao	20:28.40	329	
	50m: 37.61	37.61	400m: 5:24.70		1:22.38	800m: 10:58.20		1:22.53
	100m: 1:17.63	40.02	500m: 6:48.32		1:23.62	900m: 12:21.70		1:22.75
	200m: 2:40.36	1:22.73	600m: 8:11.13		1:22.81	1000m: 13:42.74		1:21.77
	300m: 4:02.32	1:21.96	700m: 9:33.86		1:22.73	1100m: 15:05.14		1:16.21
11.	Afonso Teixeira, LOPES	M	127333	05	Foca	20:39.45	320	
	50m: 38.95	38.95	400m: 5:28.83		1:22.72	800m: 11:00.89		1:22.43
	100m: 1:20.02	41.07	500m: 6:51.17		1:22.34	900m: 12:24.58		1:23.16
	200m: 2:42.06	1:22.04	600m: 8:13.86		1:22.69	1000m: 13:47.51		1:22.72
	300m: 4:06.11	1:24.05	700m: 9:37.74		1:23.88	1100m: 15:10.61		1:20.53
12.	Vasco Goncalves, CUNHA	M	127202	05	Fluvial Portuense	20:42.25	318	
	50m: 37.93	37.93	400m: 5:27.68		1:23.56	800m: 11:04.78		1:25.00
	100m: 1:18.55	40.62	500m: 6:52.31		1:24.63	900m: 12:27.47		1:24.62
	200m: 2:41.31	1:22.76	600m: 8:16.50		1:24.19	1000m: 13:50.72		1:23.52
	300m: 4:04.12	1:22.81	700m: 9:41.40		1:24.90	1100m: 15:13.84		1:15.27

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08-05-2018 12:00 - P gina 5



Prova 2, Masc., 1500m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs		
13.	Alexandre Ramos, GONCALVES	M	128601	05	Colegio SMLamas	20:42.37	318			
	50m: 36.26				400m: 5:16.97	1:21.74	800m: 10:50.76	1:25.42	1200m: 16:37.32	1:29.10
	100m: 1:15.35				500m: 6:39.25	1:22.28	900m: 12:13.45	1:22.69	1300m: 18:05.07	1:27.75
	200m: 2:34.30	1:18.95			600m: 8:39.65	2:00.40	1000m: 13:40.06	1:26.61	1400m: 19:26.16	1:21.09
	300m: 3:55.23	1:20.93			700m: 9:25.34	45.69	1100m: 15:08.22	1:28.16	1500m: 20:42.37	1:18.21
14.	Joao Pedro, TORRES	M	127551	05	Porto	21:01.52	303			
	50m: 37.81	37.81			400m: 5:23.55	1:22.34	800m: 10:05.81	31.31	1200m: 16:43.78	1:24.71
	100m: 1:17.78	39.97			500m: 6:47.18	1:23.63	900m: 12:24.68	2:18.87	1300m: 18:09.72	1:25.94
	200m: 2:38.91	1:21.13			600m: 8:11.50	1:24.32	1000m: 13:52.38	1:27.70	1400m: 19:36.25	1:26.53
	300m: 4:01.21	1:22.30			700m: 9:34.50	1:23.00	1100m: 15:19.07	1:26.69	1500m: 21:01.52	1:25.27
15.	Joao Carlos, GUERRA	M	132888	05	Porto	21:04.42	301			
	50m: 35.66	35.66			400m: 5:28.31	1:24.99	800m: 11:12.50	1:26.00	1200m: 16:57.16	1:25.87
	100m: 1:16.47	40.81			500m: 6:54.22	1:25.91	900m: 12:38.06	1:25.56	1300m: 18:22.47	1:25.31
	200m: 2:39.42	1:22.95			600m: 8:20.85	1:26.63	1000m: 14:05.19	1:27.13	1400m: 19:45.84	1:22.37
	300m: 4:03.32	1:23.90			700m: 9:46.50	1:25.65	1100m: 15:31.29	1:26.10	1500m: 21:04.42	1:18.58
16.	Diogo Miguel, VENTURA	M	132730	05	Foca	21:05.82	300			
	50m: 38.85	38.85			400m: 5:37.47	1:25.30	800m: 11:19.20	1:26.22	1200m: 16:59.92	1:25.07
	100m: 1:21.08	42.23			500m: 7:03.19	1:25.72	900m: 12:45.56	1:26.36	1300m: 18:23.76	1:23.84
	200m: 2:46.17	1:25.09			600m: 8:27.60	1:24.41	1000m: 14:09.89	1:24.33	1400m: 19:46.28	1:22.37
	300m: 4:12.17	1:26.00			700m: 9:52.98	1:25.38	1100m: 15:34.85	1:24.96	1500m: 21:05.82	1:19.54
17.	Guilherme Nunes, ANDRADE	M	127620	05	Clube Naval Povoense	21:08.23	299			
	50m: 38.23	38.23			400m: 5:32.36	1:24.66	800m: 11:12.08	1:25.40	1200m: 16:55.30	1:25.35
	100m: 1:19.68	41.45			500m: 6:57.39	1:25.03	900m: 12:38.58	1:26.50	1300m: 18:22.30	1:27.00
	200m: 2:43.23	1:23.55			600m: 8:22.08	1:24.69	1000m: 14:04.48	1:25.90	1400m: 19:46.54	1:24.24
	300m: 4:07.70	1:24.47			700m: 9:46.68	1:24.60	1100m: 15:29.95	1:25.47	1500m: 21:08.23	1:21.69
18.	Tiago Ventura, MARTINS	M	131134	05	Foca	21:09.52	298			
	50m: 39.20	39.20			400m: 5:34.58	1:25.28	800m: 11:12.74	1:24.46	1200m: 16:52.68	1:26.03
	100m: 1:20.79	41.59			500m: 6:59.99	1:25.41	900m: 12:38.23	1:25.49	1300m: 18:18.71	1:26.03
	200m: 2:44.42	1:23.63			600m: 8:23.20	1:23.21	1000m: 14:01.58	1:23.35	1400m: 19:45.18	1:26.47
	300m: 4:09.30	1:24.88			700m: 9:48.28	1:25.08	1100m: 15:26.65	1:25.07	1500m: 21:09.52	1:24.34
19.	Rui Anjos, COSTA	M	129944	05	Porto	21:09.82	297			
	50m: 38.41	38.41			400m: 5:33.79	1:25.13	800m: 11:16.79	1:25.57	1200m: 17:02.53	1:27.56
	100m: 1:20.51	42.10			500m: 6:59.66	1:25.87	900m: 12:41.67	1:24.88	1300m: 18:28.04	1:25.51
	200m: 2:43.88	1:23.37			600m: 8:24.47	1:24.81	1000m: 14:07.79	1:26.12	1400m: 19:51.31	1:23.27
	300m: 4:08.66	1:24.78			700m: 9:51.22	1:26.75	1100m: 15:34.97	1:27.18	1500m: 21:09.82	1:18.51
20.	Vasco Goncalves, NETO	M	129739	05	Porto	21:09.96	297			
	50m: 39.18	39.18			400m: 5:40.27	1:26.56	800m: 11:25.07	1:25.44	1200m: 17:05.90	1:23.28
	100m: 1:21.34	42.16			500m: 7:07.93	1:27.66	900m: 12:52.05	1:26.98	1300m: 18:29.05	1:23.15
	200m: 2:46.68	1:25.34			600m: 8:33.83	1:25.90	1000m: 14:18.63	1:26.58	1400m: 19:50.07	1:21.02
	300m: 4:13.71	1:27.03			700m: 9:59.63	1:25.80	1100m: 15:42.62	1:23.99	1500m: 21:09.96	1:19.89
21.	Miguel Teixeira, LAFUENTE	M	129737	05	Porto	21:14.86	294			
	50m: 38.22	38.22			400m: 5:33.74	1:24.27	800m: 11:15.63	1:26.29	1400m: 19:53.15	1:25.56
	100m: 1:20.24	42.02			500m: 6:58.40	1:24.66	900m: 12:51.34	1:35.71	1500m: 21:14.86	1:21.71
	200m: 2:45.05	1:24.81			600m: 8:23.81	1:25.41	1200m: 17:00.65	4:09.31		
	300m: 4:09.47	1:24.42			700m: 9:49.34	1:25.53	1300m: 18:27.59	1:26.94		
22.	Tiago Pereira, CARDOSO	M	130111	05	Famalicao	21:23.06	288			
	50m: 37.54	37.54			400m: 5:35.37	1:24.93	800m: 11:22.51	1:24.96	1200m: 17:08.88	1:27.77
	100m: 1:18.69	41.15			500m: 7:01.45	1:26.08	900m: 12:49.70	1:27.19	1300m: 18:35.53	1:26.65
	200m: 2:44.14	1:25.45			600m: 8:29.16	1:27.71	1000m: 14:17.31	1:27.61	1400m: 20:01.80	1:26.27
	300m: 4:10.44	1:26.30			700m: 9:57.55	1:28.39	1100m: 15:41.11	1:23.80	1500m: 21:23.06	1:21.26
23.	Rodrigo Fernandes, RODRIGUES	M	130118	05	Vit�ria Sport Clube	21:32.08	282			
	50m: 35.83	35.83			400m: 5:28.73	1:25.56	800m: 11:14.20	1:27.65	1200m: 17:07.17	1:28.09
	100m: 1:16.08	40.25			500m: 6:53.73	1:25.00	900m: 12:43.73	1:29.53	1300m: 18:38.64	1:31.47
	200m: 2:39.51	1:23.43			600m: 8:19.98	1:26.25	1000m: 14:10.95	1:27.22	1400m: 20:07.42	1:28.78
	300m: 4:03.17	1:23.66			700m: 9:46.55	1:26.57	1100m: 15:39.08	1:28.13	1500m: 21:32.08	1:24.66
24.	Goncalo Manuel, SILVA	M	129734	05	Porto	21:36.70	279			
	50m: 37.23	37.23			400m: 5:32.86	1:25.72	800m: 11:19.73	1:27.59	1200m: 17:15.29	1:29.94
	100m: 1:17.46	40.23			500m: 6:59.06	1:26.20	900m: 12:48.51	1:28.78	1300m: 18:44.33	1:29.04
	200m: 2:40.91	1:23.45			600m: 8:24.96	1:25.90	1000m: 14:17.09	1:28.58	1400m: 20:12.13	1:27.80
	300m: 4:07.14	1:26.23			700m: 9:52.14	1:27.18	1100m: 15:45.35	1:28.26	1500m: 21:36.70	1:24.57
25.	Tomas Coelho, PEREIRA	M	133202	05	Penafiel	21:43.95	275			
	50m: 38.86	38.86			400m: 5:43.63	1:28.28	800m: 11:42.51	1:28.59	1200m: 17:32.54	1:27.72
	100m: 1:21.36	42.50			500m: 7:14.06	1:30.43	900m: 13:12.29	1:29.78	1300m: 18:57.89	1:25.35
	200m: 2:47.45	1:26.09			600m: 8:43.24	1:29.18	1000m: 14:38.74	1:26.45	1400m: 20:24.77	1:26.88
	300m: 4:15.35	1:27.90			700m: 10:13.92	1:30.68	1100m: 16:04.82	1:26.08	1500m: 21:43.95	1:19.18
26.	Afonso Valente, FONSECA FL	M	200373	05	AP Vila D Este	22:19.26	253			
	50m: 40.00	40.00			400m: 5:48.02	1:28.79	800m: 11:46.60	1:29.80	1200m: 17:50.13	1:31.27
	100m: 1:23.02	43.02			500m: 7:17.32	1:29.30	900m: 13:16.57	1:29.97	1300m: 19:21.67	1:31.54
	200m: 2:50.51	1:27.49			600m: 8:47.45	1:30.13	1000m: 14:47.82	1:31.25	1400m: 20:52.10	1:30.43
	300m: 4:19.23	1:28.72			700m: 10:16.80	1:29.35	1100m: 16:18.86	1:31.04	1500m: 22:19.26	1:27.16

Prova 2, Masc., 1500m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final					Pts	Obs																				
27.	Diogo Costa, FERREIRA <i>FIL</i>	M	127020	05	Colegio SMLamas	22:19.54					253																					
	50m: 39.02	39.02	400m: 5:47.10	1:30.46	800m: 11:50.07	1:30.00	1200m: 17:52.51	1:30.44	100m: 1:21.10	42.08	500m: 7:17.20	1:30.10	900m: 13:20.64	1:30.57	1300m: 19:23.76	1:31.25	200m: 2:47.51	1:26.41	600m: 8:47.67	1:30.47	1000m: 14:51.13	1:30.49	1400m: 20:54.13	1:30.37	300m: 4:16.64	1:29.13	700m: 10:20.07	1:32.40	1100m: 16:22.07	1:30.94	1500m: 22:19.54	1:25.41
28.	Afonso Martim, LEITE <i>FIL</i>	M	127335	05	Foca	22:30.05					247																					
	50m: 41.96	41.96	400m: 5:54.86	1:29.98	800m: 11:55.99	1:30.29	1200m: 17:58.08	1:30.68	100m: 1:22.52	40.56	500m: 7:24.32	1:29.46	900m: 13:25.36	1:29.37	1300m: 19:27.84	1:31.76	200m: 2:54.52	1:30.00	600m: 8:54.35	1:30.03	1000m: 14:56.73	1:31.37	1400m: 21:00.43	1:30.59	300m: 4:24.88	1:30.36	700m: 10:25.70	1:31.35	1100m: 16:27.40	1:30.67	1500m: 22:30.05	1:29.62
29.	Hugo Gabriel, MARTINS <i>FIL</i>	M	201140	05	Individual ANNP	22:46.88					238																					
	50m: 39.28	39.28	400m: 5:48.75	1:30.64	800m: 11:56.32	1:34.07	1200m: 18:13.61	1:34.73	100m: 1:21.69	42.41	500m: 7:18.19	1:29.44	900m: 13:29.32	1:33.00	1300m: 19:47.61	1:34.00	200m: 2:49.73	1:28.04	600m: 8:49.53	1:31.34	1000m: 15:04.98	1:35.66	1400m: 21:20.19	1:32.58	300m: 4:18.11	1:28.38	700m: 10:22.25	1:32.72	1100m: 16:38.88	1:33.90	1500m: 22:46.88	1:26.69
30.	Pedro Martins, ALVES <i>FIL</i>	M	132333	05	Famalicao	22:49.70					237																					
	50m: 40.42	40.42	400m: 5:55.88	1:30.70	800m: 12:03.92	1:33.16	1200m: 18:17.06	1:30.72	100m: 1:24.63	44.21	500m: 7:26.82	1:30.94	900m: 13:38.32	1:34.40	1300m: 19:49.68	1:32.62	200m: 2:54.68	1:30.05	600m: 8:58.50	1:31.68	1000m: 15:17.18	1:38.86	1400m: 21:22.76	1:33.08	300m: 4:25.18	1:30.50	700m: 10:30.76	1:32.26	1100m: 16:46.34	1:29.16	1500m: 22:49.70	1:26.94
31.	Ruben Leal, LIMA <i>FIL</i>	M	200678	05	Aquatico Pacense	22:51.67					236																					
	50m: 41.60	41.60	400m: 6:00.29	1:32.65	800m: 12:51.26	2:09.46	1200m: 18:25.39	1:31.59	100m: 1:25.57	43.97	500m: 7:33.73	1:33.44	900m: 13:50.42	59.16	1300m: 19:59.54	1:34.15	200m: 2:55.73	1:30.16	600m: 9:07.13	1:33.40	1000m: 15:24.07	1:33.65	1400m: 21:29.04	1:29.50	300m: 4:27.64	1:31.91	700m: 10:41.80	1:34.67	1100m: 16:53.80	1:29.73	1500m: 22:51.67	1:22.63
32.	Guilherme Coutinho, CASTRO <i>FIL</i>	M	130101	05	Famalicao	22:54.77					234																					
	50m: 40.61	40.61	400m: 6:02.14	1:33.78	800m: 12:11.30	1:36.63	1200m: 18:23.33	1:33.88	100m: 1:25.77	45.16	500m: 7:34.23	1:32.09	900m: 13:43.77	1:32.47	1300m: 19:56.11	1:32.78	200m: 2:57.14	1:31.37	600m: 9:06.14	1:31.91	1000m: 15:16.89	1:33.12	1400m: 21:27.23	1:31.12	300m: 4:28.36	1:31.22	700m: 10:34.67	1:28.53	1100m: 16:49.45	1:32.56	1500m: 22:54.77	1:27.54
33.	Rodolfo Simao, MATEUS <i>FIL</i>	M	130089	05	Vit�ria Sport Clube	23:30.48					217																					
	50m: 37.89	37.89	400m: 6:02.42	1:34.45	800m: 12:20.82	1:45.69	1200m: 18:49.83	1:38.39	100m: 1:21.50	43.61	500m: 7:35.29	1:32.87	900m: 13:58.82	1:38.00	1300m: 20:27.88	1:38.05	200m: 2:53.50	1:32.00	600m: 9:10.26	1:34.97	1000m: 15:32.50	1:33.68	1400m: 22:01.88	1:34.00	300m: 4:27.97	1:34.47	700m: 10:35.13	1:24.87	1100m: 17:11.44	1:38.94	1500m: 23:30.48	1:28.60
34.	Joao Goncalo, LEAO <i>FIL</i>	M	200680	05	Aquatico Pacense	23:47.76					209																					
	50m: 42.20	42.20	400m: 6:08.64	1:34.25	800m: 12:34.43	1:38.17	1200m: 19:02.83	1:36.40	100m: 1:26.86	44.66	500m: 7:45.95	1:37.31	900m: 14:10.80	1:36.37	1300m: 20:39.43	1:36.60	200m: 3:00.95	1:34.09	600m: 9:19.89	1:33.94	1000m: 15:47.54	1:36.74	1400m: 22:15.38	1:35.95	300m: 4:34.39	1:33.44	700m: 10:56.26	1:36.37	1100m: 17:26.43	1:38.89	1500m: 23:47.76	1:32.38
DNS	Vasco Campos, ABREU	M	130088	05	Vit�ria Sport Clube							DNS																				
DNS	Vasco Soares, ALVES	M	201771	05	Individual ANNP							DNS																				

Infantis A

1.	Diogo Severino, NUNES	M	128592	04	Natacao Valongo	17:41.36					510																					
	50m: 32.70	32.70	400m: 4:38.80	1:11.41	800m: 9:23.16	1:11.18	1200m: 14:08.67	1:10.50	100m: 1:06.08	33.38	500m: 5:49.62	1:10.82	900m: 10:34.67	1:11.51	1300m: 15:19.95	1:11.28	200m: 2:16.06	1:09.98	600m: 7:01.32	1:11.70	1000m: 11:46.54	1:11.87	1400m: 16:31.66	1:11.71	300m: 3:27.39	1:11.33	700m: 8:11.98	1:10.66	1100m: 12:58.17	1:11.63	1500m: 17:41.36	1:09.70
2.	Joao Pedro, MOREIRA	M	200349	04	Fluvial Portuense	17:55.98					489																					
	50m: 32.82	32.82	400m: 4:38.13	1:11.18	800m: 9:25.29	1:12.40	1200m: 14:16.73	1:12.53	100m: 1:06.86	34.04	500m: 5:49.76	1:11.63	900m: 10:37.10	1:11.81	1300m: 15:30.54	1:13.81	200m: 2:16.16	1:09.30	600m: 7:01.64	1:11.88	1000m: 11:50.82	1:13.72	1400m: 16:43.42	1:12.88	300m: 3:26.95	1:10.79	700m: 8:12.89	1:11.25	1100m: 13:04.20	1:13.38	1500m: 17:55.98	1:12.56

Prova 2, Masc., 1500m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
3.	David Costa, BORGES	M	127198	04	Fluvial Portuense	18:13.75	466	
	50m: 33.87 33.87		400m: 4:38.17	1:10.49	800m: 9:25.93	1:12.13	1200m: 14:27.93	1:16.31
	100m: 1:07.71 33.84		500m: 5:49.75	1:11.58	900m: 10:40.65	1:14.72	1300m: 15:44.27	1:16.34
	200m: 2:17.65 1:09.94		600m: 7:01.90	1:12.15	1000m: 11:56.24	1:15.59	1400m: 17:00.50	1:16.23
	300m: 3:27.68 1:10.03		700m: 8:13.80	1:11.90	1100m: 13:11.62	1:15.38	1500m: 18:13.75	1:13.25
4.	Jose Goncalo, PEREIRA	M	131258	04	Assoc. Desportiva de Fafe	18:16.92	462	
	50m: 33.94 33.94		400m: 4:49.21	1:13.46	800m: 9:43.11	1:12.77	1200m: 14:38.66	1:13.85
	100m: 1:10.12 36.18		500m: 7:03.47	2:14.26	900m: 10:57.08	1:13.97	1300m: 15:52.28	1:13.62
	200m: 2:23.66 1:13.54		600m: 7:18.99	15.52	1000m: 12:11.84	1:14.76	1400m: 17:08.59	1:16.31
	300m: 3:35.75 1:12.09		700m: 8:30.34	1:11.35	1100m: 13:24.81	1:12.97	1500m: 18:16.92	1:08.33
5.	Cesar Rego, TEIXEIRA	M	127676	04	Famalicao	18:18.73	459	
	50m: 32.80 32.80		400m: 4:43.92	1:12.85	800m: 9:38.64	1:13.64	1200m: 14:36.10	1:14.03
	100m: 1:06.95 34.15		500m: 5:57.20	1:13.28	900m: 10:52.89	1:14.25	1300m: 15:51.48	1:15.38
	200m: 2:18.60 1:11.65		600m: 7:11.23	1:14.03	1000m: 12:06.80	1:13.91	1400m: 17:07.10	1:15.62
	300m: 3:31.07 1:12.47		700m: 8:25.00	1:13.77	1100m: 13:22.07	1:15.27	1500m: 18:18.73	1:11.63
6.	Rui Pedro, MADUREIRA	M	204932	04	Vit�ria Sport Clube	18:32.76	442	
	50m: 32.07 32.07		400m: 4:47.80	1:14.10	800m: 9:46.86	1:15.47	1200m: 14:49.64	1:15.75
	100m: 1:07.76 35.69		500m: 6:02.23	1:14.43	900m: 11:02.60	1:15.74	1300m: 16:05.42	1:15.78
	200m: 2:19.51 1:11.75		600m: 7:16.48	1:14.25	1000m: 12:18.20	1:15.60	1400m: 17:21.42	1:16.00
	300m: 3:33.70 1:14.19		700m: 8:31.39	1:14.91	1100m: 13:33.89	1:15.69	1500m: 18:32.76	1:11.34
7.	Rodrigo Manuel, CUNHA	M	131845	04	Vit�ria Sport Clube	18:32.97	442	
	50m: 30:33.30 3:03.30		400m: 4:47.59	1:14.26	800m: 9:47.03	1:15.65	1200m: 14:49.80	1:15.74
	100m: 1:08.16		500m: 6:02.16	1:14.57	900m: 11:02.69	1:15.66	1300m: 16:05.44	1:15.64
	200m: 2:20.20 1:12.04		600m: 7:16.54	1:14.38	1000m: 12:18.35	1:15.66	1400m: 17:21.54	1:16.10
	300m: 3:33.33 1:13.13		700m: 8:31.38	1:14.84	1100m: 13:34.06	1:15.71	1500m: 18:32.97	1:11.43
8.	Frederico Ferreira, SILVA	M	127669	04	Famalicao	18:35.48	439	
	50m: 33.48 33.48		400m: 4:52.00	1:14.77	800m: 9:53.42	1:14.97	1200m: 14:54.42	1:16.16
	100m: 1:08.23 34.75		500m: 6:08.42	1:16.42	900m: 11:08.16	1:14.74	1300m: 16:10.23	1:15.81
	200m: 2:22.00 1:13.77		600m: 7:24.89	1:16.47	1000m: 12:23.70	1:15.54	1400m: 17:25.13	1:14.90
	300m: 3:37.23 1:15.23		700m: 8:38.45	1:13.56	1100m: 13:38.26	1:14.56	1500m: 18:35.48	1:10.35
9.	Joao Campelo, OLIVEIRA	M	127673	04	Famalicao	18:35.64	439	
	50m: 33.11 33.11		400m: 4:44.11	1:13.13	800m: 9:43.68	1:16.35	1200m: 14:49.11	1:15.48
	100m: 1:08.06 34.95		500m: 5:57.80	1:13.69	900m: 11:01.64	1:17.96	1300m: 16:05.80	1:16.69
	200m: 2:19.09 1:11.03		600m: 7:12.76	1:14.96	1000m: 12:17.86	1:16.22	1400m: 17:21.60	1:15.80
	300m: 3:30.98 1:11.89		700m: 8:27.33	1:14.57	1100m: 13:33.63	1:15.77	1500m: 18:35.64	1:14.04
10.	Kevin Alexandre, APSENIICE	M	128451	04	Porto	18:49.57	423	
	50m: 34.23 34.23		400m: 4:56.26	1:15.59	800m: 9:59.39	1:15.63	1200m: 15:02.29	1:16.75
	100m: 1:11.04 36.81		500m: 6:11.95	1:15.69	900m: 11:14.95	1:15.56	1300m: 16:19.42	1:17.13
	200m: 2:24.95 1:13.91		600m: 7:27.95	1:16.00	1000m: 12:30.07	1:15.12	1400m: 17:35.57	1:16.15
	300m: 3:40.67 1:15.72		700m: 8:43.76	1:15.81	1100m: 13:45.54	1:15.47	1500m: 18:49.57	1:14.00
11.	Goncalo Renato, CARVALHO	M	127586	04	Porto	18:55.88	416	
	50m: 34.62 34.62		400m: 4:56.50	1:15.82	800m: 10:01.62	1:17.07	1200m: 15:07.88	1:15.48
	100m: 1:11.24 36.62		500m: 6:12.46	1:15.96	900m: 11:18.97	1:17.35	1300m: 16:24.46	1:16.58
	200m: 2:25.38 1:14.14		600m: 7:27.71	1:15.25	1000m: 12:35.75	1:16.78	1400m: 17:41.64	1:17.18
	300m: 3:40.68 1:15.30		700m: 8:44.55	1:16.84	1100m: 13:52.40	1:16.65	1500m: 18:55.88	1:14.24
12.	Vitor Pedro, TATO	M	133174	04	Leix�es Sport Clube	19:03.53	407	
	50m: 32.35 32.35		400m: 4:56.78	1:16.99	800m: 10:05.72	1:17.12	1200m: 15:13.72	1:17.00
	100m: 1:08.03 35.68		500m: 6:14.35	1:17.57	900m: 11:22.57	1:16.85	1300m: 16:30.76	1:17.04
	200m: 2:23.26 1:15.23		600m: 7:31.51	1:17.16	1000m: 12:39.95	1:17.38	1400m: 17:48.72	1:17.96
	300m: 3:39.79 1:16.53		700m: 8:48.60	1:17.09	1100m: 13:56.72	1:16.77	1500m: 19:03.53	1:14.81
13.	Guilherme Lobo, PINTO	M	126503	04	Foca	19:06.16	405	
	50m: 35.02 35.02		400m: 5:02.13	1:16.21	800m: 10:07.82	1:16.87	1200m: 15:14.70	1:16.70
	100m: 1:13.02 38.00		500m: 6:17.89	1:15.76	900m: 11:24.82	1:17.00	1300m: 16:31.80	1:17.10
	200m: 2:30.20 1:17.18		600m: 7:33.86	1:15.97	1000m: 12:41.48	1:16.66	1400m: 17:49.45	1:17.65
	300m: 3:45.92 1:15.72		700m: 8:50.95	1:17.09	1100m: 13:58.00	1:16.52	1500m: 19:06.16	1:16.71
14.	Paulo Bernardo, PEREIRA	M	126860	04	Penafiel	19:16.36	394	
	50m: 33.36 33.36		400m: 4:57.64	1:16.00	800m: 10:11.39	1:19.44	1200m: 15:26.54	1:18.87
	100m: 1:09.76 36.40		500m: 6:14.51	1:16.87	900m: 11:30.42	1:19.03	1300m: 16:44.42	1:17.88
	200m: 2:23.57 1:13.81		600m: 7:32.80	1:18.29	1000m: 12:49.82	1:19.40	1400m: 18:03.16	1:18.74
	300m: 3:41.64 1:18.07		700m: 8:51.95	1:19.15	1100m: 14:07.67	1:17.85	1500m: 19:16.36	1:13.20
15.	Tomas Castro, SOUSA	M	123239	04	Vit�ria Sport Clube	19:18.04	392	
	50m: 33.32 33.32		400m: 4:55.38	1:15.82	800m: 10:09.23	1:20.75	1200m: 15:24.14	1:18.03
	100m: 1:09.17 35.85		500m: 6:11.64	1:16.26	900m: 11:30.51	1:21.28	1300m: 16:44.06	1:19.92
	200m: 2:23.80 1:14.63		600m: 7:29.17	1:17.53	1000m: 12:48.48	1:17.97	1400m: 18:03.32	1:19.26
	300m: 3:39.56 1:15.76		700m: 8:48.48	1:19.31	1100m: 14:06.11	1:17.63	1500m: 19:18.04	1:14.72
16.	Lucas Andre, FERNANDES	M	205757	04	Vit�ria Sport Clube	19:23.23	387	
	50m: 34.04 34.04		400m: 5:02.39	1:17.66	800m: 10:17.92	1:18.25	1200m: 15:32.89	1:18.41
	100m: 1:10.70 36.66		500m: 6:21.20	1:18.81	900m: 11:34.10	1:16.18	1300m: 16:51.04	1:18.15
	200m: 2:27.13 1:16.43		600m: 7:39.67	1:18.47	1000m: 12:56.10	1:22.00	1400m: 18:08.26	1:17.22
	300m: 3:44.73 1:17.60		700m: 8:59.67	1:20.00	1100m: 14:14.48	1:18.38	1500m: 19:23.23	1:14.97
17.	Gaspar Pinheiro, LIMA	M	127892	04	Leix�es Sport Clube	19:23.77	386	
	50m: 39.76 39.76		400m: 5:07.40	1:19.16	800m: 10:24.46	1:20.32	1200m: 15:36.43	1:17.82
	100m: 1:12.26 32.50		500m: 6:26.55	1:19.15	900m: 11:43.12	1:18.66	1300m: 16:54.04	1:17.61
	200m: 2:29.20 1:16.94		600m: 7:44.93	1:18.38	1000m: 13:00.93	1:17.81	1400m: 18:08.26	2:29.73
	300m: 3:48.24 1:19.04		700m: 9:04.14	1:19.21	1100m: 14:18.61	1:17.68	1500m: 19:23.77	

Prova 2, Masc., 1500m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube						Tempo Final	Pts	Obs
18.	Artiom, KRASTIN	M	200374	04	Porto						19:31.86	379	
	50m: 35.36				400m: 5:07.67	1:17.41	800m: 10:20.29	1:18.34	1200m: 15:37.82		1:18.80		
	100m: 1:13.39	38.03			500m: 6:26.42	1:18.75	900m: 11:40.48	1:20.19	1300m: 16:57.10		1:19.28		
	200m: 2:31.10	1:17.71			600m: 7:43.92	1:17.50	1000m: 12:59.00	1:18.52	1400m: 18:16.29		1:19.19		
	300m: 3:50.26	1:19.16			700m: 9:01.95	1:18.03	1100m: 14:19.02	1:20.02	1500m: 19:31.86		1:15.57		
19.	Guilherme Sousa, FONTES	M	129852	04	Colegio SMLamas						19:43.32	368	
	50m: 35.70	35.70			400m: 5:12.08	1:20.45	800m: 10:33.98	1:20.18	1200m: 15:50.32		1:17.96		
	100m: 1:13.63	37.93			500m: 6:33.82	1:21.74	900m: 11:54.06	1:20.08	1300m: 17:09.36		1:19.04		
	200m: 2:31.70	1:18.07			600m: 7:53.53	1:19.71	1000m: 13:13.87	1:19.81	1400m: 18:27.12		1:17.76		
	300m: 3:51.63	1:19.93			700m: 9:13.80	1:20.27	1100m: 14:32.36	1:18.49	1500m: 19:43.32		1:16.20		
20.	Atila Alves, AMBRUS	M	127546	04	Porto						19:44.24	367	
	50m: 37.03	37.03			400m: 5:10.19	1:19.06	800m: 10:27.86	1:19.73	1200m: 15:47.51		1:20.07		
	100m: 1:15.44	38.41			500m: 6:28.94	1:18.75	900m: 11:47.66	1:19.80	1300m: 17:07.67		1:20.16		
	200m: 2:32.74	1:17.30			600m: 7:48.44	1:19.50	1000m: 13:07.48	1:19.82	1400m: 18:27.50		1:19.83		
	300m: 3:51.13	1:18.39			700m: 9:08.13	1:19.69	1100m: 14:27.44	1:19.96	1500m: 19:44.24		1:16.74		
21.	Diogo Magalhaes, PEREIRA	M	129730	04	Porto						19:44.73	366	
	50m: 35.36	35.36			400m: 5:10.66	1:19.21	800m: 10:26.70	1:19.54	1200m: 15:48.04		1:20.34		
	100m: 1:13.80	38.44			500m: 6:29.76	1:19.10	900m: 11:46.86	1:20.16	1300m: 17:08.26		1:20.22		
	200m: 2:32.51	1:18.71			600m: 7:48.26	1:18.50	1000m: 13:07.00	1:20.14	1400m: 18:28.32		1:20.06		
	300m: 3:51.45	1:18.94			700m: 9:07.16	1:18.90	1100m: 14:27.70	1:20.70	1500m: 19:44.73		1:16.41		
22.	Marcos Goncalves, BELTRAO	M	202313	04	Natacao da Maia						19:48.98	362	
	50m: 36.23	36.23			400m: 5:09.29	1:19.00	800m: 10:27.42	1:19.12	1200m: 15:47.14		1:19.50		
	100m: 1:16.91	1:00.68			500m: 6:28.74	1:19.45	900m: 11:47.42	1:20.00	1300m: 17:07.36		1:20.22		
	200m: 2:38.30	1:01.39			600m: 7:47.88	1:19.14	1000m: 13:08.04	1:20.62	1400m: 18:24.77		1:17.41		
	300m: 3:50.29	1:11.99			700m: 9:08.30	1:20.42	1100m: 14:27.64	1:19.60	1500m: 19:48.98		1:24.21		
23.	Afonso Vilhena, COSTA	M	124873	04	Vilacondense						19:50.25	361	
	50m: 35.85	35.85			400m: 5:09.00	1:18.03	800m: 10:23.73	1:18.97	1200m: 15:48.66		1:21.19		
	100m: 1:14.70	38.85			500m: 6:27.36	1:18.36	900m: 11:44.47	1:20.74	1300m: 17:10.83		1:22.17		
	200m: 2:32.22	1:17.52			600m: 7:46.70	1:19.34	1000m: 13:05.22	1:20.75	1400m: 18:31.62		1:20.79		
	300m: 3:50.97	1:18.75			700m: 9:04.76	1:18.06	1100m: 14:27.47	1:22.25	1500m: 19:50.25		1:18.63		
24.	Antonio Carlos, TELES	M	127826	04	Foca						19:54.04	358	
	50m: 37.30	37.30			400m: 5:05.06	1:17.29	800m: 10:21.33	1:20.16	1200m: 15:52.33		1:23.27		
	100m: 1:16.26	38.96			500m: 6:22.57	1:17.51	900m: 11:43.86	1:22.53	1300m: 17:12.60		1:20.27		
	200m: 2:31.70	1:15.44			600m: 7:42.06	1:19.49	1000m: 13:06.26	1:22.40	1400m: 18:34.85		1:22.25		
	300m: 3:47.77	1:16.07			700m: 9:01.17	1:19.11	1100m: 14:29.06	1:22.80	1500m: 19:54.04		1:19.19		
25.	Joao Pedro, MOUTA	M	124776	04	Porto						19:55.59	356	
	50m: 35.19	35.19			400m: 5:03.21	1:18.83	800m: 10:25.59	1:21.81	1200m: 15:53.79		1:22.76		
	100m: 1:11.21	36.02			500m: 6:22.18	1:18.97	900m: 11:44.68	1:04:20.59	1300m: 17:15.97		1:22.18		
	200m: 2:27.51	1:16.30			600m: 7:42.90	1:20.72	1000m: 13:08.66	1:20.75	1400m: 18:34.85		2:39.62		
	300m: 3:44.38	1:16.87			700m: 9:03.78	1:20.88	1100m: 14:31.03	1:22.37	1500m: 19:55.59				
26.	Daniel Carlos, CARNEIRO	M	124770	04	Porto						20:03.28	350	
	50m: 35.18	35.18			400m: 5:22.06	22.02	800m: 10:45.47	1:21.00	1200m: 16:04.12		1:19.81		
	100m: 1:15.56	40.38			500m: 6:44.06	1:22.00	900m: 12:05.06	1:19.59	1300m: 17:25.31		1:21.19		
	200m: 2:38.69	1:23.13			600m: 8:03.25	1:19.19	1000m: 13:24.63	1:19.57	1400m: 18:35.51		1:10.20		
	300m: 5:00.04	2:21.35			700m: 9:24.47	1:21.22	1100m: 14:44.31	1:19.68	1500m: 20:03.28		1:27.77		
27.	Mateus Castro, VARELA	M	153137	04	Assoc. Desportiva de Fafe						20:10.26	344	
	50m: 34.72	34.72			400m: 5:09.69	1:21.13	800m: 10:37.26	1:22.30	1200m: 16:08.47		1:23.47		
	100m: 1:11.81	37.09			500m: 6:31.15	1:21.46	900m: 11:59.94	1:22.68	1300m: 17:31.06		1:22.59		
	200m: 2:29.69	1:17.88			600m: 7:53.81	1:22.66	1000m: 13:22.29	1:22.35	1400m: 18:53.32		1:22.26		
	300m: 3:48.56	1:18.87			700m: 9:14.96	1:21.15	1100m: 14:45.00	1:22.71	1500m: 20:10.26		1:16.94		
28.	Bernardo Oliveira, PIMENTA	M	131213	04	Natacao Valongo						20:11.56	342	
	50m: 35.68	35.68			400m: 5:19.12	1:22.07	800m: 10:42.07	1:21.19	1200m: 16:07.12		1:22.65		
	100m: 1:14.80	39.12			500m: 6:39.15	1:20.03	900m: 12:02.42	1:20.35	1300m: 17:28.88		1:21.76		
	200m: 2:36.00	1:21.20			600m: 8:00.33	1:21.18	1000m: 13:23.62	1:21.20	1400m: 18:52.78		1:23.90		
	300m: 3:57.05	1:21.05			700m: 9:20.88	1:20.55	1100m: 14:44.47	1:20.85	1500m: 20:11.56		1:18.78		
29.	Leonardo Monteiro, RIBEIRO	M	127678	04	Famalicao						20:15.06	340	
	50m: 36.25	36.25			400m: 5:17.91	1:22.47	800m: 10:46.41	1:20.47	1200m: 16:15.06		1:21.09		
	100m: 1:14.02	37.77			500m: 6:40.66	1:22.75	900m: 12:07.34	1:20.93	1300m: 17:37.97		1:22.91		
	200m: 2:33.91	1:19.89			600m: 8:03.75	1:23.09	1000m: 13:30.32	1:22.98	1400m: 19:06.15		1:28.18		
	300m: 3:55.44	1:21.53			700m: 9:25.94	1:22.19	1100m: 14:53.97	1:23.65	1500m: 20:15.06		1:08.91		
30.	Roberto Rodrigues, FREITAS	M	125906	04	Colegio SMLamas						20:17.10	338	
	50m: 33.95	33.95			400m: 5:12.95	1:21.75	800m: 10:42.64	1:21.94	1200m: 16:13.26		1:22.31		
	100m: 1:12.13	38.18			500m: 6:36.95	1:24.00	900m: 12:05.86	1:23.22	1300m: 17:35.86		1:22.60		
	200m: 2:30.89	1:18.76			600m: 7:58.95	1:22.00	1000m: 13:28.76	1:22.90	1400m: 18:58.10		1:22.24		
	300m: 3:51.20	1:20.31			700m: 9:20.70	1:21.75	1100m: 14:50.95	1:22.19	1500m: 20:17.10		1:19.00		
31.	Tiago Felix, FERREIRA	M	131313	04	Vit�ria Sport Clube						20:30.82	327	
	50m: 36.57	36.57			400m: 5:21.51	1:22.62	800m: 10:51.39	1:23.19	1200m: 16:22.86		1:22.76		
	100m: 1:16.32	39.75			500m: 6:44.04	1:22.53	900m: 12:13.86	1:22.47	1300m: 17:45.73		1:22.87		
	200m: 2:37.16	1:20.84			600m: 8:05.95	1:21.91	1000m: 13:37.10	1:23.24	1400m: 19:08.39		1:22.66		
	300m: 3:58.89	1:21.73			700m: 9:28.20	1:22.25	1100m: 15:00.10	1:23.00	1500m: 20:30.82		1:22.43		
32.	David Alexandre, ANTUNES	M	200246	04	Leix�es Sport Clube						20:32.98	325	
	50m: 33.46	33.46			400m: 5:16.94	1:21.70	800m: 10:45.40	1:22.44	1200m: 16:19.86		1:24.31		
	100m: 1:11.74	38.28			500m: 6:38.77	1:21.83	900m: 12:07.83	1:22.43	1300m: 17:44.75		1:24.89		
	200m: 2:33.20	1:21.46			600m: 8:00.77	1:22.00	1000m: 13:31.77	1:23.94	1400m: 19:10.94		1:26.19		
	300m: 3:55.24	1:22.04			700m: 9:22.96	1:22.19	1100m: 14:55.55	1:23.78	1500m: 20:32.98		1:22.04		



Prova 2, Masc., 1500m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
33.	Goncalo Oliveira, SILVA	M	128740	04	Foca	20:34.70	324	
	50m: 38.70 38.70		400m: 5:28.42		1:22.36	800m: 10:57.14		1:23.99
	100m: 1:19.32 40.62		500m: 6:48.41		1:19.99	900m: 12:20.45		1:23.04
	200m: 2:41.95 1:22.63		600m: 8:11.10		1:22.69	1000m: 13:42.22		1:21.68
	300m: 4:06.06 1:24.11		700m: 9:32.20		1:21.10	1100m: 15:04.11		1:21.88
34.	David Miguel, COSTA	M	126237	04	Natacao Valongo	20:37.20	322	
	50m: 36.45 36.45		400m: 5:22.23		1:22.94	800m: 10:56.87		1:23.70
	100m: 1:16.86 40.41		500m: 6:45.57		1:23.34	900m: 12:21.41		1:23.37
	200m: 2:37.40 1:20.54		600m: 8:09.19		1:23.62	1000m: 13:46.40		1:22.42
	300m: 3:59.29 1:21.89		700m: 9:33.04		1:23.85	1100m: 15:10.67		1:17.04
35.	Marcos Filipe, MARQUES	M	201812	04	Aquatico Pacense	20:40.57	319	
	50m: 35.54 35.54		400m: 5:13.45		1:21.13	800m: 10:46.29		1:26.19
	100m: 1:13.82 38.28		500m: 6:36.26		1:22.81	900m: 12:10.70		1:25.91
	200m: 2:33.23 1:19.41		600m: 7:58.89		1:22.63	1000m: 13:35.57		1:26.93
	300m: 3:52.32 1:19.09		700m: 9:22.67		1:23.78	1100m: 14:59.13		1:22.41
36.	Pedro Manuel, GAMA	M	127028	04	Colegio SMLamas	20:47.15	314	
	50m: 36.20 36.20		400m: 5:23.01		1:23.87	800m: 11:03.19		1:24.90
	100m: 1:15.93 39.73		500m: 6:47.25		1:24.24	900m: 12:28.10		1:23.78
	200m: 2:37.19 1:21.26		600m: 8:11.44		1:24.19	1000m: 13:53.28		1:25.18
	300m: 3:59.14 1:21.95		700m: 9:36.88		1:25.44	1100m: 15:19.15		1:14.69
37.	Gui Alexandre, GUIMARAES	M	127784	04	AP Vila D Este	20:57.85	306	
	50m: 37.41 37.41		400m: 5:26.78		1:25.15	800m: 11:03.91		1:26.13
	100m: 1:16.19 39.43		500m: 6:52.78		1:26.00	900m: 12:26.60		1:22.69
	200m: 2:38.32 1:22.13		600m: 8:16.25		1:24.97	1000m: 13:52.45		1:25.85
	300m: 4:01.63 1:23.31		700m: 9:39.79		1:23.54	1100m: 15:18.75		1:26.30
38.	Renato Teixeira, LOPES	M	132099	04	Natacao da Maia	20:57.98	306	
	50m: 37.45 37.45		400m: 5:29.80		1:25.22	800m: 11:11.80		1:25.69
	100m: 1:17.54 40.09		500m: 6:56.23		1:26.43	900m: 12:36.95		1:25.15
	200m: 2:40.61 1:23.07		600m: 8:22.45		1:26.22	1000m: 14:02.20		1:25.25
	300m: 4:04.58 1:23.97		700m: 9:47.17		1:24.72	1100m: 15:26.95		1:24.75
39.	Jose Tomas, COELHO	M	131360	04	Leixões Sport Clube	21:04.04	301	
	50m: 37.41 37.41		400m: 5:26.47		1:24.43	800m: 11:07.22		1:26.22
	100m: 1:16.81 39.40		500m: 6:51.26		1:24.79	900m: 12:33.06		1:25.84
	200m: 2:38.85 1:22.04		600m: 8:16.08		1:24.82	1000m: 13:58.38		1:25.32
	300m: 4:02.04 1:23.19		700m: 9:41.48		1:25.40	1100m: 15:24.06		1:25.68
40.	Joao Goncalo, MACHADO	M	132380	04	Ginásio Santo Tirso	21:06.45	300	
	50m: 38.81 38.81		400m: 5:30.59		1:24.00	800m: 11:07.06		1:26.04
	100m: 1:20.06 41.25		500m: 6:53.90		1:23.31	900m: 12:32.17		1:25.11
	200m: 2:42.49 1:22.43		600m: 8:17.51		1:23.61	1000m: 13:57.86		1:25.69
	300m: 4:06.59 1:24.10		700m: 9:42.27		1:24.76	1100m: 15:23.30		1:25.44
41.	Jaime Bentes, MILHEIRO	M	127199	04	Fluvial Portuense	21:07.91	299	
	50m: 36.65 36.65		400m: 5:29.05		1:24.87	800m: 11:10.16		1:26.41
	100m: 1:16.37 39.72		500m: 6:53.84		1:24.79	900m: 12:37.24		1:27.08
	200m: 2:39.50 1:23.13		600m: 8:18.59		1:24.75	1000m: 14:04.59		1:27.35
	300m: 4:04.18 1:24.68		700m: 9:43.75		1:25.16	1100m: 15:29.90		1:25.31
42.	Francisco Oliveira, SILVA	M	128741	04	Foca	21:07.92	299	
	50m: 38.54 38.54		400m: 5:29.92		1:23.97	800m: 11:09.04		1:24.88
	100m: 1:19.32 40.78		500m: 6:54.20		1:24.28	900m: 12:34.02		1:24.98
	200m: 2:42.32 1:23.00		600m: 8:19.51		1:25.31	1000m: 13:58.95		1:24.93
	300m: 4:05.95 1:23.63		700m: 9:44.16		1:24.65	1100m: 15:24.36		1:25.41
43.	Rodrigo Ferreira, FILIPE FL	M	203044	04	Vilacondense	21:21.20	290	
	50m: 37.58 37.58		400m: 5:35.26		1:25.72	800m: 11:20.48		1:26.62
	100m: 1:18.51 40.93		500m: 7:01.20		1:25.94	900m: 12:46.61		1:26.13
	200m: 2:43.64 1:25.13		600m: 8:26.89		1:25.69	1000m: 14:14.02		1:27.41
	300m: 4:09.54 1:25.90		700m: 9:53.86		1:26.97	1100m: 15:39.64		1:25.62
44.	Henrique Santa, VALE FL	M	125785	04	Ginásio Santo Tirso	21:21.92	289	
	50m: 38.86 38.86		400m: 5:36.86		1:26.06	800m: 11:22.00		1:26.64
	100m: 1:21.10 42.24		500m: 7:03.36		1:26.50	900m: 12:49.42		1:27.42
	200m: 2:45.80 1:24.70		600m: 8:29.54		1:26.18	1000m: 14:14.57		1:25.15
	300m: 4:10.80 1:25.00		700m: 9:55.36		1:25.82	1100m: 15:40.73		1:26.16
45.	Gustavo Reis, OLIVEIRA FL	M	129359	04	Colegio SMLamas	21:29.48	284	
	50m: 40.07 40.07		400m: 5:43.82		1:25.25	800m: 11:30.54		1:28.47
	100m: 1:23.26 43.19		500m: 7:09.82		1:26.00	900m: 12:58.64		1:28.10
	200m: 2:50.48 1:27.22		600m: 8:35.23		1:25.41	1000m: 14:25.67		1:27.03
	300m: 4:18.57 1:28.09		700m: 10:02.07		1:26.84	1100m: 15:52.54		1:26.87



Prova 2, Masc., 1500m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
46.	Afonso Pereira, NETO <i>FIL</i>	M	205756	04	Vit�ria Sport Clube	21:35.80	280	
	50m: 36.38 36.38		400m: 5:37.35	1:27.06	800m: 11:24.80	1:27.16	1200m: 17:15.63	1:27.07
	100m: 1:17.06 40.68		500m: 7:04.22	1:26.87	900m: 12:52.16	1:27.36	1300m: 18:43.80	1:28.17
	200m: 2:44.09 1:27.03		600m: 8:31.35	1:27.13	1000m: 14:20.58	1:28.42	1400m: 20:11.45	1:27.65
	300m: 4:10.29 1:26.20		700m: 9:57.64	1:26.29	1100m: 15:48.56	1:27.98	1500m: 21:35.80	1:24.35
47.	Afonso Duarte, SOUSA <i>FIL</i>	M	127961	04	Aquatico Pacense	21:38.18	278	
	50m: 37.23 37.23		400m: 5:35.61	1:26.63	800m: 11:25.27	1:24.12	1200m: 17:11.22	1:25.32
	100m: 1:18.17 40.94		500m: 7:03.08	1:27.47	900m: 12:52.75	1:27.48	1300m: 18:39.63	1:28.41
	200m: 2:43.33 1:25.16		600m: 8:31.02	1:27.94	1000m: 14:18.02	1:25.27	1400m: 20:08.06	1:28.43
	300m: 4:08.98 1:25.65		700m: 10:01.15	1:30.13	1100m: 15:45.90	1:27.88	1500m: 21:38.18	1:30.12
48.	Alexandre Filipe, GOMES <i>FIL</i>	M	124572	04	Fluvial Portuense	21:47.42	272	
	50m: 37.64 37.64		400m: 5:36.95	1:27.82	800m: 11:28.26	1:29.19	1200m: 17:26.54	1:29.28
	100m: 1:18.67 41.03		500m: 7:04.00	1:27.05	900m: 12:59.67	1:31.41	1300m: 18:56.36	1:29.82
	200m: 2:43.32 1:24.65		600m: 8:31.36	1:27.36	1000m: 14:27.70	1:28.03	1400m: 20:22.00	1:25.64
	300m: 4:09.13 1:25.81		700m: 9:59.07	1:27.71	1100m: 15:57.26	1:29.56	1500m: 21:47.42	1:25.42
49.	Rui Filipe, CORDEIRO <i>FIL</i>	M	205540	04	Famalicao	21:49.89	271	
	50m: 31.73 31.73		400m: 5:35.52	1:27.68	800m: 11:32.20	1:29.79	1200m: 17:30.23	1:29.31
	100m: 1:16.92 45.19		500m: 7:04.07	1:28.55	900m: 13:01.95	1:29.75	1300m: 19:01.29	1:31.06
	200m: 2:42.02 1:25.10		600m: 8:32.96	1:28.89	1000m: 14:31.67	1:29.72	1400m: 20:27.70	1:26.41
	300m: 4:07.84 1:25.82		700m: 10:02.41	1:29.45	1100m: 16:00.92	1:29.25	1500m: 21:49.89	1:22.19
50.	Vitor Hugo, BABO <i>FIL</i>	M	131261	04	Penafiel	22:03.63	263	
	50m: 39.04 39.04		400m: 5:40.70	1:27.66	800m: 11:35.31	1:29.27	1200m: 17:34.76	1:29.54
	100m: 1:21.18 42.14		500m: 1:10:00.63	1:04:19.93	900m: 13:04.78	1:29.47	1300m: 20:04.59	2:29.83
	200m: 2:47.25 1:26.07		600m: 8:37.15	1:27.36	1000m: 14:34.72	1:29.94	1400m: 20:36.31	31.72
	300m: 4:13.04 1:25.79		700m: 10:06.04	1:28.89	1100m: 16:05.22	1:30.50	1500m: 22:03.63	1:27.32
51.	Joao Pedro, SA <i>FIL</i>	M	200206	04	Clube Naval Povoense	22:04.82	262	
	50m: 37.64 37.64		400m: 5:39.39	1:28.23	800m: 11:37.86	1:29.54	1200m: 17:36.92	1:29.22
	100m: 1:19.02 41.38		500m: 7:08.92	1:29.53	900m: 13:09.39	1:31.53	1300m: 19:06.73	1:29.81
	200m: 2:44.54 1:25.52		600m: 8:37.48	1:28.56	1000m: 14:38.80	1:29.41	1400m: 20:37.51	1:30.78
	300m: 4:11.16 1:26.82		700m: 10:08.32	1:30.84	1100m: 16:07.70	1:28.90	1500m: 22:04.82	1:27.31
52.	Rodrigo Manuel, NETO <i>FIL</i>	M	127952	04	Aquatico Pacense	22:33.54	245	
	50m: 39.67 39.67		400m: 5:45.70	1:30.06	800m: 11:53.14	1:33.32	1200m: 18:02.61	1:32.70
	100m: 1:21.26 41.59		500m: 7:16.89	1:31.19	900m: 13:26.23	1:33.09	1300m: 19:35.51	1:32.90
	200m: 2:47.00 1:25.74		600m: 8:47.82	1:30.93	1000m: 14:57.36	1:31.13	1400m: 21:07.74	1:32.23
	300m: 4:15.64 1:28.64		700m: 10:19.82	1:32.00	1100m: 16:29.91	1:32.55	1500m: 22:33.54	1:25.80
53.	Daniel Filipe, COSTA <i>FIL</i>	M	124631	04	AP Vila D Este	22:51.86	236	
	50m: 42.16 42.16		400m: 6:03.48	1:33.53	800m: 12:08.95	1:33.28	1200m: 18:27.80	1:35.23
	100m: 1:27.42 45.26		500m: 7:37.39	1:33.91	900m: 13:44.23	1:35.28	1300m: 19:59.48	1:31.68
	200m: 2:58.29 1:30.87		600m: 9:07.13	1:29.74	1000m: 15:18.60	1:34.37	1400m: 21:26.86	1:27.38
	300m: 4:29.95 1:31.66		700m: 10:35.67	1:28.54	1100m: 16:52.57	1:33.97	1500m: 22:51.86	1:25.00
54.	Guilherme Tomas, RIBEIRO <i>FIL</i>	M	130112	04	Vit�ria Sport Clube	23:36.86	214	
	50m: 39.38 39.38		400m: 6:03.76	1:34.06	800m: 12:26.36	1:37.47	1200m: 18:54.16	1:36.49
	100m: 1:23.79 44.41		500m: 7:37.92	1:34.16	900m: 14:02.89	1:36.53	1300m: 20:31.57	1:37.41
	200m: 2:57.07 1:33.28		600m: 9:14.10	1:36.18	1000m: 15:40.64	1:37.75	1400m: 22:50.95	2:19.38
	300m: 4:29.70 1:32.63		700m: 10:48.89	1:34.79	1100m: 17:17.67	1:37.03	1500m: 23:36.86	45.91
DNS	Gabriel Moreira, SANTOS	M	127679	04	Famalicao			DNS
DNS	Eduardo Manuel, OLIVEIRA	M	203492	04	Vit�ria Sport Clube			DNS
WDR	Guilherme Afonso, RAPOSO	M	129032	04	Leix�es Sport Clube			WDR

3 - 2ª Jornada - 1ª Sessão

06-05-2018 - 9:00

Prova 5	Masc., 400m Estilos				Infantis
06-05-2018	GRAFIPRONGO				Resultados
Rec Nacionais - 25m Absoluto	4:06.83	Diogo Filipe, CARVALHO	FPN	Istambul (TUR)	11-12-2009
Rec Nacionais - 25m Inf A	4:40.32	Tomas Miguel, FREITAS	CDN	Funchal	09-07-2004
Rec Nacionais - 25m Inf B	4:49.65	Andre Vilas, RUIVO	DNMG	S. Ant�nio Cavaleiros	15-03-2013
Recorde Regional 25m Absoluto	4:15.91	Adriano Miguel, NIZ	FPN	Trieste (ITA)	09-12-2005
Recorde Regional 25m Inf A	4:44.40	Rui Paulo, BORGES	FCP	Antas	18-07-1981
Recorde Regional 25m Inf B	5:03.10	Rui Paulo, BORGES	FCP	Antas	12-07-1980

Infantis A Masc Inf A: 6:08.50 / Infantis B Masc Inf B: 6:25.00

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantis B								
1.	Jose Luis, GONCALVES	M	131849	05	Assoc. Desportiva de Fafe	5:20.74	395	
	50m: 32.42		150m: 1:54.82		43.83	250m: 3:22.81		36.84
	100m: 1:10.99		200m: 2:35.97		41.15	300m: 4:10.12		33.78
2.	Rodrigo Barroso, PINTO	M	148567	05	Porto	5:22.51	389	
	50m: 32.92		150m: 1:52.60		40.40	250m: 3:20.26		37.33
	100m: 1:12.20		200m: 2:32.12		39.52	300m: 4:10.13		35.05
3.	Tomas Carvalhinho, RIBEIRO	M	131799	05	Natacao da Maia	5:24.49	382	
	50m: 33.37		150m: 1:54.65		43.06	250m: 3:22.67		37.48
	100m: 1:11.59		200m: 2:35.62		40.97	300m: 4:11.52		35.49
4.	Afonso Carvalho, SILVA	M	130127	05	Famalicao	5:29.74	364	
	50m: 33.59		150m: 1:59.39		45.92	250m: 3:30.23		36.82
	100m: 1:13.47		200m: 2:43.10		43.71	300m: 4:18.36		34.56
5.	Vasco Goncalves, CUNHA	M	127202	05	Fluvial Portuense	5:41.49	327	
	50m: 37.13		150m: 2:04.73		46.79	250m: 3:37.83		39.81
	100m: 1:17.94		200m: 2:49.70		44.97	300m: 4:26.73		34.95
6.	Eduardo Alexandre, CORREIA	M	153454	05	Aquatico Pacense	5:41.66	327	
	50m: 35.39		150m: 1:56.95		42.88	250m: 3:28.65		41.86
	100m: 1:14.07		200m: 2:38.83		41.88	300m: 4:19.97		39.83
7.	Filipe Silva, RIBEIRO	M	132090	05	Leix�es Sport Clube	5:43.77	321	
	50m: 36.03		150m: 2:02.14		42.60	250m: 3:38.68		36.52
	100m: 1:19.54		200m: 2:44.65		42.51	300m: 4:31.57		35.68
8.	Vasco Almeida, RIBEIRO	M	131214	05	Colegio SMLamas	5:45.94	315	
	50m: 36.01		150m: 2:05.16		44.52	250m: 3:37.77		39.98
	100m: 1:20.64		200m: 2:48.50		43.34	300m: 4:28.38		37.58
9.	Goncalo Manuel, SILVA	M	129734	05	Porto	5:47.06	312	
	50m: 39.42		150m: 2:12.03		45.05	250m: 3:41.74		41.06
	100m: 1:26.98		200m: 2:53.86		41.83	300m: 4:28.87		37.13
10.	Pedro Engracia, ANTUNES	M	131318	05	Luso-Internacional do Porto	5:48.04	309	
	50m: 36.46		150m: 2:07.67		44.93	250m: 3:41.12		39.24
	100m: 1:22.74		200m: 2:51.23		43.56	300m: 4:31.40		37.40
11.	Tomas Coelho, PEREIRA	M	133202	05	Penafiel	5:51.89	299	
	50m: 40.75		150m: 2:12.52		40.86	250m: 3:42.43		41.60
	100m: 1:31.66		200m: 2:53.86		41.34	300m: 4:31.92		38.37
12.	Guilherme Nunes, ANDRADE	M	127620	05	Clube Naval Povoense	5:53.84	294	
	50m: 38.59		150m: 2:09.70		44.76	250m: 3:44.48		39.79
	100m: 1:24.94		200m: 2:52.96		43.26	300m: 4:36.10		37.95
13.	Eduardo Costa, SILVA	M	129731	05	Porto	5:59.62	280	
	50m: 42.13		150m: 2:16.82		42.62	250m: 3:47.55		41.11
	100m: 1:34.20		200m: 2:57.81		40.99	300m: 4:38.76		39.75
14.	Joao Carlos, GUERRA	M	132888	05	Porto	6:01.80	275	
	50m: 36.17		150m: 2:08.71		46.78	250m: 3:48.04		40.47
	100m: 1:21.93		200m: 2:52.70		43.99	300m: 4:43.64		37.69
15.	Rui Anjos, COSTA	M	129944	05	Porto	6:02.43	274	
	50m: 41.34		150m: 2:15.19		44.01	250m: 3:49.89		40.53
	100m: 1:31.18		200m: 2:58.36		43.17	300m: 4:42.70		39.20
16.	Alexandre Sousa, FERREIRA	M	132325	05	Famalicao	6:03.23	272	
	50m: 37.92		150m: 2:09.68		45.98	250m: 3:49.38		39.08
	100m: 1:23.70		200m: 2:54.80		45.12	300m: 4:46.15		38.00
17.	Alexandre Ramos, GONCALVES	M	128601	05	Colegio SMLamas	6:04.04	270	
	50m: 36.68		150m: 2:14.03		46.24	250m: 3:52.89		38.91
	100m: 1:27.79		200m: 2:58.52		44.49	300m: 4:47.17		37.96

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08-05-2018 12:00 - P gina 12



Prova 5, Masc., 400m Estilos, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
18.	Diogo Miguel, VENTURA	M	132730	05	Foca	6:06.60	265	
	50m: 40.98 40.98		150m: 2:20.15		50.62	250m: 3:58.38		350m: 5:29.44
	100m: 1:29.53 48.55		200m: 3:08.73		48.58	300m: 4:50.69		400m: 6:06.60
19.	Guilherme Fernandes, MATEUS	M	130102	05	Famalicao	6:10.68	256	
	50m: 39.54 39.54		150m: 2:17.52		44.90	250m: 3:52.63		350m: 5:29.23
	100m: 1:32.62 53.08		200m: 3:01.18		43.66	300m: 4:45.39		400m: 6:10.68
20.	Vasco Goncalves, NETO	M	129739	05	Porto	6:13.07	251	
	50m: 39.96 39.96		150m: 2:17.31		47.00	250m: 3:58.39		350m: 5:35.01
	100m: 1:30.31 50.35		200m: 3:02.30		44.99	300m: 4:55.18		400m: 6:13.07
21.	Joao Pedro, TORRES	M	127551	05	Porto	6:16.26	245	
	50m: 42.71 42.71		150m: 2:18.80		46.71	250m: 3:57.12		350m: 5:34.41
	100m: 1:32.09 49.38		200m: 3:03.42		44.62	300m: 4:50.91		400m: 6:16.26
22.	Tiago Pereira, CARDOSO	M	130111	05	Famalicao	6:16.59	244	
	50m: 41.95 41.95		150m: 2:22.61		48.44	250m: 4:02.31		350m: 5:37.68
	100m: 1:34.17 52.22		200m: 3:10.42		47.81	300m: 4:56.30		400m: 6:16.59
23.	Tiago Ventura, MARTINS	M	131134	05	Foca	6:19.61	238	
	50m: 43.03 43.03		150m: 2:21.03		47.29	250m: 4:01.40		350m: 5:38.48
	100m: 1:33.74 50.71		200m: 3:06.57		45.54	300m: 4:56.34		400m: 6:19.61
24.	Rodrigo Fernandes, RODRIGUES	M	130118	05	Vit�ria Sport Clube	6:22.73	232	
	50m: 41.58 41.58		150m: 2:26.63		48.05	250m: 4:06.52		350m: 5:42.24
	100m: 1:38.58 57.00		200m: 3:13.32		46.69	300m: 5:01.85		400m: 6:22.73
25.	Hugo Gabriel, MARTINS FTL	M	201140	05	Individual ANNP	6:26.95	225	
	50m: 38.54 38.54		150m: 2:20.66		53.03	250m: 4:04.93		350m: 5:45.70
	100m: 1:27.63 49.09		200m: 3:11.82		51.16	300m: 5:02.11		400m: 6:26.95
26.	Tomas Jorge, MARTINHO FTL	M	202793	05	Fluvial Portuense	6:27.91	223	
	50m: 42.32 42.32		150m: 2:20.06		48.48	250m: 4:03.75		350m: 5:46.08
	100m: 1:31.58 49.26		200m: 3:06.92		46.86	300m: 4:59.88		400m: 6:27.91
27.	Ruben Leal, LIMA FTL	M	200678	05	Aquatico Pacense	6:30.07	220	
	50m: 43.21 43.21		150m: 2:25.88		49.59	250m: 4:08.45		350m: 5:47.85
	100m: 1:36.29 53.08		200m: 3:13.63		47.75	300m: 5:03.71		400m: 6:30.07
28.	Diogo Costa, FERREIRA FTL	M	127020	05	Colegio SMLamas	6:38.55	206	
	50m: 43.05 43.05		150m: 2:23.70		49.20	250m: 4:10.94		350m: 5:55.83
	100m: 1:34.50 51.45		200m: 3:13.11		49.41	300m: 5:10.44		400m: 6:38.55
29.	Joao Goncalo, LEO FTL	M	200680	05	Aquatico Pacense	6:46.55	194	
	50m: 44.02 44.02		150m: 2:31.52		54.75	250m: 4:18.79		350m: 6:04.12
	100m: 1:36.77 52.75		200m: 3:21.53		50.01	300m: 5:17.63		400m: 6:46.55
30.	Rodolfo Simao, MATEUS FTL	M	130089	05	Vit�ria Sport Clube	6:49.90	189	
	50m: 43.45 43.45		150m: 2:33.62		53.32	250m: 4:24.03		350m: 6:07.82
	100m: 1:40.30 56.85		200m: 3:24.61		50.99	300m: 5:22.85		400m: 6:49.90
DSQ	Afonso Valente, FONSECA	M	200373	05	AP Vila D Este			DSQ
	610 - O(A) nadador(a) n�o retomou a posi�o dorsal logo ap�s a sa�da da parede na viragem aos 125 metros – SW 6.4							
DSQ	Miguel Teixeira, LAFUENTE	M	129737	05	Porto			DSQ
	610 - O(A) nadador(a) n�o retomou a posi�o dorsal logo ap�s a sa�da da parede na viragem aos 175 metros – SW 6.4							
DSQ	Afonso Martim, LEITE	M	127335	05	Foca			DSQ
	607 - O(A) nadador(a) n�o come�u a executar a viragem imediatamente ap�s terminar a bra�ada na posi�o ventral aos 175 metros - SW 6.4							
DSQ	Afonso Teixeira, LOPES	M	127333	05	Foca			DSQ
	607 - O(A) nadador(a) n�o come�u a executar a viragem imediatamente ap�s terminar a bra�ada na posi�o ventral aos 175 metros - SW 6.4							
DNS	Afonso Freitas, SANTOS	M	129726	05	Fluvial Portuense			DNS

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08-05-2018 12:00 - P gina 13



Prova 5, Masc., 400m Estilos, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
DNS	Vasco Campos, ABREU	M	130088	05	Vit�ria Sport Clube			DNS
DNS	Vasco Soares, ALVES	M	201771	05	Individual ANNP			DNS

Infantis A

1.	Joao Campelo, OLIVEIRA	M	127673	04	Famalicao	5:01.36	477	
	50m: 31.81 31.81		150m: 1:47.38		38.94 250m: 3:08.58	43.00	350m: 4:27.21	35.25
	100m: 1:08.44 36.63		200m: 2:25.58		38.20 300m: 3:51.96	43.38	400m: 5:01.36	34.15
2.	David Costa, BORGES	M	127198	04	Fluvial Portuense	5:03.24	468	
	50m: 31.06 31.06		150m: 1:49.15		41.65 250m: 3:12.28	42.09	350m: 4:29.76	33.76
	100m: 1:07.50 36.44		200m: 2:30.19		41.04 300m: 3:56.00	43.72	400m: 5:03.24	33.48
3.	Rodrigo Manuel, CUNHA	M	131845	04	Vit�ria Sport Clube	5:07.55	448	
	50m: 31.78 31.78		150m: 1:49.35		39.70 250m: 3:13.34	45.65	350m: 4:34.23	35.65
	100m: 1:09.65 37.87		200m: 2:27.69		38.34 300m: 3:58.58	45.24	400m: 5:07.55	33.32
4.	Jose Goncalo, PEREIRA	M	131258	04	Assoc. Desportiva de Fafe	5:08.99	442	
	50m: 32.37 32.37		150m: 1:50.40		40.41 250m: 3:11.80	41.80	350m: 4:33.82	37.16
	100m: 1:09.99 37.62		200m: 2:30.00		39.60 300m: 3:56.66	44.86	400m: 5:08.99	35.17
5.	Cesar Rego, TEIXEIRA	M	127676	04	Famalicao	5:17.15	409	
	50m: 33.30 33.30		150m: 1:50.87		39.89 250m: 3:16.80	47.49	350m: 4:41.81	37.30
	100m: 1:10.98 37.68		200m: 2:29.31		38.44 300m: 4:04.51	47.71	400m: 5:17.15	35.34
6.	Kevis Alexandre, APSENEICE	M	128451	04	Porto	5:18.30	405	
	50m: 33.10 33.10		150m: 1:51.81		40.05 250m: 3:18.43	47.70	350m: 4:42.41	36.56
	100m: 1:11.76 38.66		200m: 2:30.73		38.92 300m: 4:05.85	47.42	400m: 5:18.30	35.89
7.	Joao Pedro, MOREIRA	M	200349	04	Fluvial Portuense	5:19.23	401	
	50m: 32.86 32.86		150m: 1:53.10		41.03 250m: 3:19.28	44.11	350m: 4:42.96	37.26
	100m: 1:12.07 39.21		200m: 2:35.17		42.07 300m: 4:05.70	46.42	400m: 5:19.23	36.27
8.	Diogo Severino, NUNES	M	128592	04	Natacao Valongo	5:19.29	401	
	50m: 31.40 31.40		150m: 1:49.63		40.87 250m: 3:18.48	48.57	350m: 4:45.17	36.14
	100m: 1:08.76 37.36		200m: 2:29.91		40.28 300m: 4:09.03	50.55	400m: 5:19.29	34.12
9.	Tomas Coelho, CORDEIRO	M	130167	04	Fluvial Portuense	5:19.85	399	
	50m: 32.70 32.70		150m: 1:52.75		42.14 250m: 3:19.76	46.04	350m: 4:44.74	37.11
	100m: 1:10.61 37.91		200m: 2:33.72		40.97 300m: 4:07.63	47.87	400m: 5:19.85	35.11
10.	Frederico Ferreira, SILVA	M	127669	04	Famalicao	5:24.76	381	
	50m: 33.08 33.08		150m: 1:55.19		41.71 250m: 3:24.99	50.05	350m: 4:40.76	35.62
	100m: 1:13.48 40.40		200m: 2:34.94		39.75 300m: 4:15.14	50.15	400m: 5:24.76	34.00
11.	Vitor Pedro, TATO	M	133174	04	Leix�es Sport Clube	5:25.78	377	
	50m: 34.11 34.11		150m: 1:56.60		41.72 250m: 3:26.10	48.21	350m: 4:51.43	36.79
	100m: 1:14.88 40.77		200m: 2:37.89		41.29 300m: 4:14.64	48.54	400m: 5:25.78	34.35
12.	Tomas Castro, SOUSA	M	123239	04	Vit�ria Sport Clube	5:26.27	376	
	50m: 32.03 32.03		150m: 1:50.71		38.99 250m: 3:21.32	50.16	350m: 4:49.95	38.61
	100m: 1:11.72 39.69		200m: 2:31.16		40.45 300m: 4:11.34	50.02	400m: 5:26.27	36.32
13.	Afonso Vilhena, COSTA	M	124873	04	Vilacondense	5:28.61	368	
	50m: 32.60 32.60		150m: 1:54.50		42.05 250m: 3:24.92	47.86	350m: 4:51.08	37.86
	100m: 1:12.45 39.85		200m: 2:37.06		42.56 300m: 4:13.22	48.30	400m: 5:28.61	37.53
14.	Rui Pedro, MADUREIRA	M	204932	04	Vit�ria Sport Clube	5:28.82	367	
	50m: 30.95 30.95		150m: 1:49.69		40.86 250m: 3:20.92	50.82	350m: 4:51.89	39.93
	100m: 1:08.83 37.88		200m: 2:30.10		40.41 300m: 4:11.96	51.04	400m: 5:28.82	36.93
15.	Gaspar Pinheiro, LIMA	M	127892	04	Leix�es Sport Clube	5:30.11	363	
	50m: 34.92 34.92		150m: 2:01.48		42.92 250m: 3:29.18	45.98	350m: 4:54.49	37.64
	100m: 1:18.56 43.64		200m: 2:43.20		41.72 300m: 4:16.85	47.67	400m: 5:30.11	35.62
16.	Artiom, KRASTIN	M	200374	04	Porto	5:32.63	354	
	50m: 33.04 33.04		150m: 1:53.67		40.91 250m: 3:24.79	50.64	350m: 4:54.92	37.89
	100m: 1:12.76 39.72		200m: 2:34.15		40.48 300m: 4:17.03	52.24	400m: 5:32.63	37.71
17.	David Miguel, COSTA	M	126237	04	Natacao Valongo	5:32.91	353	
	50m: 34.83 34.83		150m: 1:58.11		42.14 250m: 3:26.33	47.83	350m: 4:54.50	39.77
	100m: 1:15.97 41.14		200m: 2:38.50		40.39 300m: 4:14.73	48.40	400m: 5:32.91	38.41
18.	Paulo Bernardo, PEREIRA	M	126860	04	Penafiel	5:33.47	352	
	50m: 36.75 36.75		150m: 2:02.43		41.61 250m: 3:31.59	48.10	350m: 4:58.19	38.07
	100m: 1:20.82 44.07		200m: 2:43.49		41.06 300m: 4:20.12	48.53	400m: 5:33.47	35.28
19.	Mateus Castro, VARELA	M	153137	04	Assoc. Desportiva de Fafe	5:34.10	350	
	50m: 32.60 32.60		150m: 1:55.12		43.27 250m: 3:29.17	50.63	350m: 4:58.17	37.48
	100m: 1:11.85 39.25		200m: 2:38.54		43.42 300m: 4:20.69	51.52	400m: 5:34.10	35.93
20.	Joao Pedro, MOUTA	M	124776	04	Porto	5:34.13	350	
	50m: 34.12 34.12		150m: 1:57.18		42.60 250m: 3:26.93	47.74	350m: 4:55.57	40.36
	100m: 1:14.58 40.46		200m: 2:39.19		42.01 300m: 4:15.21	48.28	400m: 5:34.13	38.56
21.	David Alexandre, ANTUNES	M	200246	04	Leix�es Sport Clube	5:35.06	347	
	50m: 34.48 34.48		150m: 2:00.97		46.22 250m: 3:34.12	49.53	350m: 4:59.94	37.03
	100m: 1:14.75 40.27		200m: 2:44.59		43.62 300m: 4:22.91	48.79	400m: 5:35.06	35.12

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.54147

Registered to Associa o de Nata o do Norte de Portugal

08-05-2018 12:00 - P gina 14



Prova 5, Masc., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
22.	Goncalo Renato, CARVALHO	M	127586	04	Porto	5:37.07				341	
	50m: 38.58 38.58		150m: 2:06.13		43.88	250m: 3:35.95	47.63	350m: 5:01.92		37.93	
	100m: 1:22.25 43.67		200m: 2:48.32		42.19	300m: 4:23.99	48.04	400m: 5:37.07		35.15	
23.	Daniel Carlos, CARNEIRO	M	124770	04	Porto	5:40.30				331	
	50m: 35.86 35.86		150m: 2:06.13		45.28	250m: 3:35.97	45.87	350m: 5:02.65		38.37	
	100m: 1:20.85 44.99		200m: 2:50.10		43.97	300m: 4:24.28	48.31	400m: 5:40.30		37.65	
24.	Marcos Filipe, MARQUES	M	201812	04	Aquatico Pacense	5:41.21				328	
	50m: 36.27 36.27		150m: 2:03.53		45.77	250m: 3:35.48	48.28	350m: 5:03.34		39.76	
	100m: 1:17.76 41.49		200m: 2:47.20		43.67	300m: 4:23.58	48.10	400m: 5:41.21		37.87	
25.	Guilherme Lobo, PINTO	M	126503	04	Foca	5:42.24				325	
	50m: 36.67 36.67		150m: 2:03.05		42.93	250m: 3:36.26	51.15	350m: 5:05.25		37.52	
	100m: 1:20.12 43.45		200m: 2:45.11		42.06	300m: 4:27.73	51.47	400m: 5:42.24		36.99	
26.	Atila Alves, AMBRUS	M	127546	04	Porto	5:44.42				319	
	50m: 38.11 38.11		150m: 2:05.33		44.61	250m: 3:38.54	49.91	350m: 5:07.65		38.62	
	100m: 1:20.72 42.61		200m: 2:48.63		43.30	300m: 4:29.03	50.49	400m: 5:44.42		36.77	
27.	Rui Filipe, CORDEIRO	M	205540	04	Famalicao	5:44.82				318	
	50m: 33.08 33.08		150m: 1:56.85		43.65	250m: 3:34.90	50.10	350m: 5:08.64		41.46	
	100m: 1:13.20 40.12		200m: 2:44.80		47.95	300m: 4:27.18	52.28	400m: 5:44.82		36.18	
28.	Lucas Andre, FERNANDES	M	205757	04	Vitória Sport Clube	5:46.14				314	
	50m: 35.08 35.08		150m: 2:05.52		47.70	250m: 3:40.56	47.10	350m: 5:09.90		40.13	
	100m: 1:17.82 42.74		200m: 2:53.46		47.94	300m: 4:29.77	49.21	400m: 5:46.14		36.24	
29.	Diogo Magalhaes, PEREIRA	M	129730	04	Porto	5:46.71				313	
	50m: 38.26 38.26		150m: 2:08.02		43.02	250m: 3:40.55	51.25	350m: 5:08.87		38.27	
	100m: 1:25.00 46.74		200m: 2:49.30		41.28	300m: 4:30.60	50.05	400m: 5:46.71		37.84	
30.	Antonio Carlos, TELES	M	127826	04	Foca	5:47.08				312	
	50m: 36.43 36.43		150m: 2:06.00		47.50	250m: 3:41.49	49.36	350m: 5:11.33		39.28	
	100m: 1:18.50 42.07		200m: 2:52.13		46.13	300m: 4:32.05	50.56	400m: 5:47.08		35.75	
31.	Marcos Goncalves, BELTRAO	M	202313	04	Natacao da Maia	5:47.31				311	
	50m: 37.21 37.21		150m: 2:04.46		42.69	250m: 3:37.21	50.99	350m: 5:09.98		40.19	
	100m: 1:21.77 44.56		200m: 2:46.22		41.76	300m: 4:29.79	52.58	400m: 5:47.31		37.33	
32.	Henrique Santa, VALE	M	125785	04	Ginásio Santo Tirso	5:49.51				305	
	50m: 38.44 38.44		150m: 2:09.01		45.12	250m: 3:43.66	50.11	350m: 5:11.69		37.93	
	100m: 1:23.89 45.45		200m: 2:53.55		44.54	300m: 4:33.76	50.10	400m: 5:49.51		37.82	
33.	Renato Teixeira, LOPES	M	132099	04	Natacao da Maia	5:50.16				304	
	50m: 37.03 37.03		150m: 2:08.22		46.27	250m: 3:41.93	49.41	350m: 5:12.24		40.49	
	100m: 1:21.95 44.92		200m: 2:52.52		44.30	300m: 4:31.75	49.82	400m: 5:50.16		37.92	
34.	Leonardo Monteiro, RIBEIRO	M	127678	04	Famalicao	5:51.00				302	
	50m: 37.38 37.38		150m: 2:07.94		45.59	250m: 3:43.11	51.89	350m: 5:13.21		36.77	
	100m: 1:22.35 44.97		200m: 2:51.22		43.28	300m: 4:36.44	53.33	400m: 5:51.00		37.79	
35.	Joao Goncalo, MACHADO	M	132380	04	Ginásio Santo Tirso	5:51.11				301	
	50m: 38.76 38.76		150m: 2:11.29		46.40	250m: 3:44.00	48.81	350m: 5:12.15		39.83	
	100m: 1:24.89 46.13		200m: 2:55.19		43.90	300m: 4:32.32	48.32	400m: 5:51.11		38.96	
36.	Guilherme Sousa, FONTES	M	129852	04	Colegio SMLamas	5:56.70				287	
	50m: 40.53 40.53		150m: 2:16.76		45.83	250m: 3:49.59	49.61	350m: 5:19.61		38.30	
	100m: 1:30.93 50.40		200m: 2:59.98		43.22	300m: 4:41.31	51.72	400m: 5:56.70		37.09	
37.	Bernardo Oliveira, PIMENTA	M	131213	04	Natacao Valongo	5:58.69				283	
	50m: 40.36 40.36		150m: 2:14.78		42.97	250m: 3:49.73	52.66	350m: 5:21.13		37.61	
	100m: 1:31.81 51.45		200m: 2:57.07		42.29	300m: 4:43.52	53.79	400m: 5:58.69		37.56	
38.	Roberto Rodrigues, FREITAS	M	125906	04	Colegio SMLamas	5:59.18				281	
	50m: 36.91 36.91		150m: 2:08.28		42.07	250m: 3:45.32	55.16	350m: 5:20.59		38.57	
	100m: 1:26.21 49.30		200m: 2:50.16		41.88	300m: 4:42.02	56.70	400m: 5:59.18		38.59	
39.	Gui Alexandre, GUIMARAES	M	127784	04	AP Vila D Este	6:00.72				278	
	50m: 39.71 39.71		150m: 2:15.30		47.08	250m: 3:51.16	50.13	350m: 5:21.16		39.53	
	100m: 1:28.22 48.51		200m: 3:01.03		45.73	300m: 4:41.63	50.47	400m: 6:00.72		39.56	
40.	Pedro Manuel, GAMA	M	127028	04	Colegio SMLamas	6:01.56				276	
	50m: 40.18 40.18		150m: 2:12.65		44.56	250m: 3:48.35	51.97	350m: 5:22.39		42.30	
	100m: 1:28.09 47.91		200m: 2:56.38		43.73	300m: 4:40.09	51.74	400m: 6:01.56		39.17	
41.	Goncalo Oliveira, SILVA	M	128740	04	Foca	6:02.33				274	
	50m: 39.78 39.78		150m: 2:18.00		49.65	250m: 3:53.77	47.54	350m: 5:24.98		41.08	
	100m: 1:28.35 48.57		200m: 3:06.23		48.23	300m: 4:43.90	50.13	400m: 6:02.33		37.35	
42.	Tiago Felix, FERREIRA	M	131313	04	Vitória Sport Clube	6:03.97				270	
	50m: 38.17 38.17		150m: 2:13.33		47.61	250m: 3:51.40	51.54	350m: 5:24.67		40.71	
	100m: 1:25.72 47.55		200m: 2:59.86		46.53	300m: 4:43.96	52.56	400m: 6:03.97		39.30	
43.	Daniel Filipe, COSTA	M	124631	04	AP Vila D Este	6:07.94				262	
	50m: 40.29 40.29		150m: 2:10.93		44.95	250m: 3:47.50	53.64	350m: 5:27.01		45.05	
	100m: 1:25.98 45.69		200m: 2:53.86		42.93	300m: 4:41.96	54.46	400m: 6:07.94		40.93	
44.	Rodrigo Manuel, NETO	M	127952	04	Aquatico Pacense	6:08.07				261	
	50m: 39.59 39.59		150m: 2:15.43		48.03	250m: 3:54.63	51.76	350m: 5:28.83		41.04	
	100m: 1:27.40 47.81		200m: 3:02.87		47.44	300m: 4:47.79	53.16	400m: 6:08.07		39.24	

Prova 5, Masc., 400m Estilos, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
45.	Afonso Duarte, SOUSA <i>FIL</i>	M	127961	04	Aquatico Pacense	6:09.00				259	
	50m: 35.44 35.44 100m: 1:20.04 44.60		150m: 2:07.56 47.52 200m: 2:54.25 46.69		250m: 3:46.92 52.67 300m: 4:40.73 53.81		350m: 5:25.22 44.49 400m: 6:09.00 43.78				
46.	Afonso Pereira, NETO <i>FIL</i>	M	205756	04	Vit�ria Sport Clube	6:11.04				255	
	50m: 40.16 40.16 100m: 1:34.18 54.02		150m: 2:20.08 45.90 200m: 3:04.50 44.42		250m: 3:58.21 53.71 300m: 4:52.67 54.46		350m: 5:32.40 39.73 400m: 6:11.04 38.64				
47.	Rodrigo Ferreira, FILIPE <i>FIL</i>	M	203044	04	Vilacondense	6:12.30				253	
	50m: 37.38 37.38 100m: 1:24.34 46.96		150m: 2:16.84 52.50 200m: 3:06.57 49.73		250m: 4:00.55 53.98 300m: 4:54.80 54.25		350m: 5:33.48 38.68 400m: 6:12.30 38.82				
48.	Vitor Hugo, BABO <i>FIL</i>	M	131261	04	Penafiel	6:14.82				248	
	50m: 38.33 38.33 100m: 1:25.90 47.57		150m: 2:13.93 48.03 200m: 3:00.85 46.92		250m: 3:53.10 52.25 300m: 4:47.07 53.97		350m: 5:32.39 45.32 400m: 6:14.82 42.43				
49.	Alexandre Filipe, GOMES <i>FIL</i>	M	124572	04	Fluvial Portuense	6:14.87				247	
	50m: 40.37 40.37 100m: 1:28.99 48.62		150m: 2:19.78 50.79 200m: 3:09.41 49.63		250m: 3:59.71 50.30 300m: 4:51.41 51.70		350m: 5:33.82 42.41 400m: 6:14.87 41.05				
50.	Joao Pedro, SA <i>FIL</i>	M	200206	04	Clube Naval Povoense	6:24.82				229	
	50m: 38.55 38.55 100m: 1:23.96 45.41		150m: 2:14.92 50.96 200m: 3:04.43 49.51		250m: 4:01.54 57.11 300m: 4:57.60 56.06		350m: 5:42.31 44.71 400m: 6:24.82 42.51				
51.	Francisco Oliveira, SILVA <i>FIL</i>	M	128741	04	Foca	6:33.90				213	
	50m: 41.36 41.36 100m: 1:31.31 49.95		150m: 2:25.52 54.21 200m: 3:17.25 51.73		250m: 4:11.64 54.39 300m: 5:05.80 54.16		350m: 5:51.31 45.51 400m: 6:33.90 42.59				
DSQ	Gustavo Reis, OLIVEIRA <i>805 - O(A) nadador(a) efetuou movimento n�o simult�neo de pernas durante o percurso dos ... metros - SW 8.3, durante o percurso</i>	M	129359	04	Colegio SMLamas						DSQ
DSQ	Guilherme Tomas, RIBEIRO <i>802 - O(A) nadador(a) n�o levou os bra�os para a frente por cima da �gua durante o percurso dos 80 metros - SW 8.2</i>	M	130112	04	Vit�ria Sport Clube						DSQ
DNS	Jaime Bentes, MILHEIRO	M	127199	04	Fluvial Portuense						DNS
DNS	Gabriel Moreira, SANTOS	M	127679	04	Famalicao						DNS
DNS	Jose Tomas, COELHO	M	131360	04	Leix�es Sport Clube						DNS
DNS	Eduardo Manuel, OLIVEIRA	M	203492	04	Vit�ria Sport Clube						DNS
WDR	Guilherme Afonso, RAPOSO	M	129032	04	Leix�es Sport Clube						WDR

Prova 6 06-05-2018	Femin., 800m Livres GRAFIPRONGO				Infantis Resultados
Rec Nacionais - 25m Absoluto	8:36.75	Tamila Hryhorivna, HOLUB	SCB	Felgueiras	14-11-2015
Rec Nacionais - 25m Inf A	9:03.90	Alexandra Maria, SILVA	FCP	Porto	13-07-1980
Rec Nacionais - 25m Inf B	9:33.95	Filipa Vilas, RUIVO	DNMG	Nazaré	16-05-2009
Recorde Regional 25m Absoluto	8:36.74	Diana Margarida, DURAES	FCP	Porto	13-12-2015
Recorde Regional 25m Inf A	9:03.90	Alexandra Maria, SILVA	FCP	Antas	13-07-1980
Recorde Regional 25m Inf B	9:44.95	Diana Margarida, DURAES	FOCA	Mealhada	08-03-2008

Infantis A Fem Inf A: 11:49.50 / Infantis B Fem Inf B: 12:45.60

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs	
Infantis B								
1.	Lia Beatriz, GOMES	F	200413 06	Vit3ria Sport Clube	10:17.20	468		
	50m: 33.47	33.47	250m: 3:06.70	39.20	450m: 5:45.04	39.46	650m: 8:24.11	39.24
	100m: 1:10.27	36.80	300m: 3:46.30	39.60	500m: 6:25.13	40.09	700m: 9:03.69	39.58
	150m: 1:48.64	38.37	350m: 4:25.91	39.61	550m: 7:05.10	39.97	750m: 9:41.23	37.54
	200m: 2:27.50	38.86	400m: 5:05.58	39.67	600m: 7:44.87	39.77	800m: 10:17.20	35.97
2.	Leonor Filipa, PINTO	F	132842 06	Natacao da Maia	10:23.78	453		
	50m: 35.95	35.95	250m: 3:11.43	39.59	450m: 5:48.93	38.90	650m: 8:26.60	38.78
	100m: 1:13.94	37.99	300m: 3:50.93	39.50	500m: 6:28.45	39.52	700m: 9:06.61	40.01
	150m: 1:52.62	38.68	350m: 4:30.27	39.34	550m: 7:08.27	39.82	750m: 9:45.91	39.30
	200m: 2:31.84	39.22	400m: 5:10.03	39.76	600m: 7:47.82	39.55	800m: 10:23.78	37.87
3.	Beatriz Carvalho, HERMOSA	F	132885 06	Porto	10:35.49	429		
	50m: 35.16	35.16	250m: 3:13.38	40.19	450m: 5:53.67	40.25	650m: 8:35.40	40.55
	100m: 1:13.70	38.54	300m: 3:53.17	39.79	500m: 6:34.02	40.35	700m: 9:15.61	40.21
	150m: 1:53.04	39.34	350m: 4:33.10	39.93	550m: 7:14.13	40.11	750m: 9:56.05	40.44
	200m: 2:33.19	40.15	400m: 5:13.42	40.32	600m: 7:54.85	40.72	800m: 10:35.49	39.44
4.	Ines Aires, NOGUEIRA	F	203625 06	Fluvial Portuense	10:39.95	420		
	50m: 35.15	35.15	250m: 3:17.70	41.33	450m: 5:58.69	40.54	650m: 8:41.98	40.64
	100m: 1:14.44	39.29	300m: 3:57.30	39.60	500m: 6:39.66	40.97	700m: 9:21.78	39.80
	150m: 1:55.79	41.35	350m: 4:37.44	40.14	550m: 7:20.60	40.94	750m: 10:01.77	39.99
	200m: 2:36.37	40.58	400m: 5:18.15	40.71	600m: 8:01.34	40.74	800m: 10:39.95	38.18
5.	Maria Santos, SILVA	F	202788 06	Clube Naval Povoense	10:44.41	411		
	50m: 37.12	37.12	250m: 3:19.51	40.34	450m: 6:02.07	40.25	650m: 8:44.80	40.26
	100m: 1:17.24	40.12	300m: 4:00.24	40.73	500m: 6:42.76	40.69	700m: 9:26.58	41.78
	150m: 1:58.12	40.88	350m: 4:40.63	40.39	550m: 7:23.00	40.24	750m: 10:06.31	39.73
	200m: 2:39.33	41.05	400m: 5:21.82	41.19	600m: 8:04.54	41.54	800m: 10:44.41	38.10
6.	Maria Joao, FERREIRA	F	132732 06	Foca	10:48.68	403		
	50m: 37.49	37.49	250m: 3:19.89	40.56	450m: 6:02.47	40.35	650m: 8:46.55	41.20
	100m: 1:17.33	39.84	300m: 4:00.73	40.84	500m: 6:43.35	40.88	700m: 9:27.66	41.11
	150m: 1:58.45	41.12	350m: 4:41.20	40.47	550m: 7:24.19	40.84	750m: 10:08.91	41.25
	200m: 2:39.33	40.88	400m: 5:22.12	40.92	600m: 8:05.35	41.16	800m: 10:48.68	39.77
7.	Daniela Alexandra, COSTA	F	129441 06	Leix3es Sport Clube	10:50.14	400		
	50m: 34.87	34.87	250m: 3:18.04	41.18	450m: 6:03.64	41.39	650m: 8:51.22	42.38
	100m: 1:14.85	39.98	300m: 3:59.64	41.60	500m: 6:45.09	41.45	700m: 9:33.45	42.23
	150m: 1:55.76	40.91	350m: 4:40.60	40.96	550m: 7:26.81	41.72	750m: 10:13.70	40.25
	200m: 2:36.86	41.10	400m: 5:22.25	41.65	600m: 8:08.84	42.03	800m: 10:50.14	36.44
8.	Ines Gomes, MENDES	F	153455 06	Aquatico Pacense	10:56.34	389		
	50m: 35.23	35.23	250m: 3:17.36	41.24	450m: 6:03.72	41.56	650m: 8:53.85	42.49
	100m: 1:14.40	39.17	300m: 3:58.74	41.38	500m: 6:46.66	42.94	700m: 9:37.14	43.29
	150m: 1:55.12	40.72	350m: 4:39.87	41.13	550m: 7:28.79	42.13	750m: 10:17.67	40.53
	200m: 2:36.12	41.00	400m: 5:22.16	42.29	600m: 8:11.36	42.57	800m: 10:56.34	38.67
9.	Lara Gomes, NETO	F	132881 06	Aquatico Pacense	10:58.38	385		
	50m: 37.35	37.35	250m: 3:22.36	40.60	450m: 6:07.93	41.26	650m: 8:56.21	42.17
	100m: 1:17.97	40.62	300m: 4:03.35	40.99	500m: 6:49.80	41.87	700m: 9:37.95	41.74
	150m: 1:59.65	41.68	350m: 4:45.35	42.00	550m: 7:32.18	42.38	750m: 10:19.58	41.63
	200m: 2:41.76	42.11	400m: 5:26.67	41.32	600m: 8:14.04	41.86	800m: 10:58.38	38.80
10.	Ana Luisa, GOUVEIA	F	200924 06	Leix3es Sport Clube	11:07.27	370		
	50m: 36.76	36.76	250m: 3:23.10	42.23	450m: 6:12.94	42.40	650m: 9:02.96	42.55
	100m: 1:16.95	40.19	300m: 4:05.76	42.66	500m: 6:55.18	42.24	700m: 9:44.80	41.84
	150m: 1:58.63	41.68	350m: 4:48.24	42.48	550m: 7:37.43	42.25	750m: 10:27.64	42.84
	200m: 2:40.87	42.24	400m: 5:30.54	42.30	600m: 8:20.41	42.98	800m: 11:07.27	39.63
11.	Gabriela Ferreira, NEVES	F	132731 06	Foca	11:13.56	360		
	50m: 37.81	37.81	250m: 3:23.13	41.95	450m: 6:13.88	43.06	650m: 9:06.73	44.11
	100m: 1:18.34	40.53	300m: 4:05.40	42.27	500m: 6:57.50	43.62	700m: 9:50.67	43.94
	150m: 1:59.27	40.93	350m: 4:47.32	41.92	550m: 7:39.92	42.42	750m: 10:33.15	42.48
	200m: 2:41.18	41.91	400m: 5:30.82	43.50	600m: 8:22.62	42.70	800m: 11:13.56	40.41
12.	Ines Francisca, LEAL	F	202162 06	Aquatico Pacense	11:23.86	344		
	50m: 40.13	40.13	250m: 3:31.63	43.27	450m: 6:24.96	43.28	650m: 9:16.67	42.99
	100m: 1:22.02	41.89	300m: 4:15.07	43.44	500m: 7:07.88	42.92	700m: 10:00.43	43.76
	150m: 2:04.96	42.94	350m: 4:58.64	43.57	550m: 7:51.07	43.19	750m: 10:42.75	42.32
	200m: 2:48.36	43.40	400m: 5:41.68	43.04	600m: 8:33.68	42.61	800m: 11:23.86	41.11

O Secret3rio do Juri

O Juiz 3rbitro

Splash Meet Manager, 11.54147

Registered to Associaç3o de Nataç3o do Norte de Portugal

08-05-2018 12:00 - P3gina 17

Prova 6, Femin., 800m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
28.	Telma Ferreira, CUNHA	F	204558	06	Fluvial Portuense	12:21.54	270	
	50m: 40.90 40.90		250m: 3:43.45 47.48		450m: 6:51.99 46.57	650m: 10:02.96 47.39		
	100m: 1:25.17 44.27		300m: 4:29.81 46.36		500m: 7:40.29 48.30	700m: 10:50.56 47.60		
	150m: 2:10.81 45.64		350m: 5:17.35 47.54		550m: 8:27.40 47.11	750m: 11:37.22 46.66		
	200m: 2:55.97 45.16		400m: 6:05.42 48.07		600m: 9:15.57 48.17	800m: 12:21.54 44.32		
29.	Bebiana Filipa, BARBOSA	F	147271	06	Aquatico Pacense	12:24.07	267	
	50m: 41.55 41.55		250m: 3:47.30 46.93		450m: 6:54.74 46.92	650m: 10:04.78 47.43		
	100m: 1:27.25 45.70		300m: 4:34.16 46.86		500m: 7:41.39 46.65	700m: 10:52.73 47.95		
	150m: 2:13.35 46.10		350m: 5:20.66 46.50		550m: 8:28.69 47.30	750m: 11:39.41 46.68		
	200m: 3:00.37 47.02		400m: 6:07.82 47.16		600m: 9:17.35 48.66	800m: 12:24.07 44.66		
30.	Clara Daniela, SANTOS	F	129358	06	Colegio SMLamas	12:24.17	267	
	50m: 39.23 39.23		250m: 3:43.51 47.07		450m: 6:52.86 47.45	650m: 10:04.69 48.58		
	100m: 1:24.08 44.85		300m: 4:30.70 47.19		500m: 7:40.70 47.84	700m: 10:52.73 48.04		
	150m: 2:10.48 46.40		350m: 5:18.46 47.76		550m: 8:28.55 47.85	750m: 11:39.59 46.86		
	200m: 2:56.44 45.96		400m: 6:05.41 46.95		600m: 9:16.11 47.56	800m: 12:24.17 44.58		
31.	Maria Joao, MAGALHAES	F	201098	06	Vit�ria Sport Clube	12:25.78	265	
	50m: 39.38 39.38		250m: 3:42.42 46.68		450m: 6:50.37 47.25	650m: 10:10.81 47.51		
	100m: 1:22.80 43.42		300m: 4:29.26 46.84		500m: 7:38.54 48.17	700m: 10:51.49 49.68		
	150m: 2:08.80 46.00		350m: 5:16.47 47.21		550m: 8:26.02 47.48	750m: 11:40.98 49.49		
	200m: 2:56.74 46.94		400m: 6:03.12 46.65		600m: 9:14.30 48.28	800m: 12:25.78 44.80		
32.	Maria Luis, CAMPOS	F	153446	06	Vit�ria Sport Clube	12:34.16	256	
	50m: 40.20 40.20		250m: 3:46.69 46.78		450m: 6:57.19 47.94	650m: 10:10.57 47.54		
	100m: 1:26.28 46.08		300m: 4:34.26 47.57		500m: 7:45.95 48.76	700m: 10:59.90 49.33		
	150m: 2:12.11 45.83		350m: 5:21.39 47.13		550m: 8:33.60 47.65	750m: 11:48.27 48.37		
	200m: 2:59.91 47.80		400m: 6:09.25 47.86		600m: 9:23.03 49.43	800m: 12:34.16 45.89		
33.	Cristina Moreira, GONCALVES	F	131791	06	Colegio SMLamas	12:35.62	255	
	50m: 42.95 42.95		250m: 3:53.86 47.95		450m: 7:07.06 48.24	650m: 10:18.53 48.69		
	100m: 1:30.03 47.08		300m: 4:42.54 48.68		500m: 7:55.04 47.98	700m: 11:05.32 46.79		
	150m: 2:17.19 47.16		350m: 5:31.09 48.55		550m: 8:42.43 47.39	750m: 11:52.09 46.77		
	200m: 3:05.91 48.72		400m: 6:18.82 47.73		600m: 9:29.84 47.41	800m: 12:35.62 43.53		
34.	Bella Li, YUXUAN FLL	F	202178	06	Luso-Internacional do Porto	13:02.60	229	
	50m: 41.19 41.19		250m: 3:57.00 49.66		450m: 7:16.56 49.71	650m: 10:35.46 50.13		
	100m: 1:29.53 48.34		300m: 4:47.10 50.10		500m: 8:06.25 49.69	700m: 11:24.82 49.36		
	150m: 2:18.17 48.64		350m: 5:36.92 49.82		550m: 8:55.68 49.43	750m: 12:13.89 49.07		
	200m: 3:07.34 49.17		400m: 6:26.85 49.93		600m: 9:45.33 49.65	800m: 13:02.60 48.71		
35.	Ana Francisca, MOREIRA FLL	F	202719	06	Porto	13:12.89	220	
	50m: 44.62 44.62		250m: 4:04.95 50.97		450m: 7:27.11 50.38	650m: 10:48.61 49.91		
	100m: 1:34.12 49.50		300m: 4:55.72 50.77		500m: 8:18.12 51.01	700m: 11:37.72 49.11		
	150m: 2:24.02 49.90		350m: 5:45.82 50.10		550m: 9:08.31 50.19	750m: 12:27.70 49.98		
	200m: 3:13.98 49.96		400m: 6:36.73 50.91		600m: 9:58.70 50.39	800m: 13:12.89 45.19		
36.	Gabriela Filipa, ROQUE FLL	F	207469	06	Vit�ria Sport Clube	13:28.42	208	
	50m: 41.94 41.94		250m: 4:03.81 51.00		450m: 7:28.89 51.40	650m: 13:28.72 1:39.97		
	100m: 1:31.59 49.65		300m: 4:55.34 51.53		500m: 8:20.91 52.02	700m: 13:53.29 24.57		
	150m: 2:22.15 50.56		350m: 5:46.02 50.68		550m: 10:04.84 1:43.93	800m: 13:28.42		
	200m: 3:12.81 50.66		400m: 6:37.49 51.47		600m: 11:48.75 1:43.91			
37.	Francisca Ribeiro, MENDES FLL	F	201099	06	Vit�ria Sport Clube	13:45.04	196	
	50m: 45.79 45.79		250m: 4:10.05 51.92		450m: 7:41.03 53.45	650m: 11:10.91 52.16		
	100m: 1:35.83 50.04		300m: 5:02.62 52.57		500m: 8:35.13 54.10	700m: 12:03.28 52.37		
	150m: 2:26.45 50.62		350m: 5:54.79 52.17		550m: 9:27.55 52.42	750m: 12:55.58 52.30		
	200m: 3:18.13 51.68		400m: 6:47.58 52.79		600m: 10:18.75 51.20	800m: 13:45.04 49.46		
DNS	Catarina Gaspar, PIRES	F	129871	06	Porto			DNS

Infantis A

1.	Daniela Magalhaes, LOPES	F	130098	05	Famalicao	9:33.26	584	
	50m: 30.84 30.84		250m: 2:52.37 36.39		450m: 5:17.00 36.17	650m: 7:42.68 36.21		
	100m: 1:05.06 34.22		300m: 3:28.30 35.93		500m: 5:53.41 36.41	700m: 8:19.28 36.60		
	150m: 1:39.98 34.92		350m: 4:04.58 36.28		550m: 6:29.91 36.50	750m: 8:55.92 36.64		
	200m: 2:15.98 36.00		400m: 4:40.83 36.25		600m: 7:06.47 36.56	800m: 9:33.26 37.34		
2.	Mariana Martins, COSTA	F	127658	05	Famalicao	9:53.65	526	
	50m: 31.29 31.29		250m: 2:58.46 37.73		450m: 5:30.18 38.19	650m: 8:03.52 38.18		
	100m: 1:06.47 35.18		300m: 3:36.40 37.94		500m: 6:08.77 38.59	700m: 8:41.30 37.78		
	150m: 1:43.03 36.56		350m: 4:14.02 37.62		550m: 6:47.27 38.50	750m: 9:18.94 37.64		
	200m: 2:20.73 37.70		400m: 4:51.99 37.97		600m: 7:25.34 38.07	800m: 9:53.65 34.71		

Prova 6, Femin., 800m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
18.	Maria Tavares, RESTIVO	F	132208	05	Fluvial Portuense	11:10.73	364	
	50m: 36.00		250m: 3:24.75		42.53	450m: 6:13.91		42.11
	100m: 1:17.09		300m: 4:07.14		42.39	500m: 6:56.59		42.68
	150m: 1:59.77		350m: 4:49.68		42.54	550m: 7:39.30		42.71
	200m: 2:42.22		400m: 5:31.80		42.12	600m: 8:22.72		43.42
19.	Bruna Ferreira, RODRIGUES	F	130938	05	Colegio SMLamas	11:11.15	364	
	50m: 36.11		250m: 3:23.16		42.29	450m: 6:13.86		42.96
	100m: 1:16.86		300m: 4:05.65		42.49	500m: 6:57.34		43.48
	150m: 1:58.74		350m: 4:48.22		42.57	550m: 7:40.76		43.42
	200m: 2:40.87		400m: 5:30.90		42.68	600m: 8:23.99		43.23
20.	Ana Rita, CAPITAO	F	129981	05	Vilacondense	11:15.31	357	
	50m: 37.74		250m: 3:27.37		42.36	450m: 6:18.78		43.06
	100m: 1:20.15		300m: 4:10.44		43.07	500m: 7:01.09		42.31
	150m: 2:02.50		350m: 4:53.26		42.82	550m: 7:43.62		42.53
	200m: 2:45.01		400m: 5:35.72		42.46	600m: 8:27.08		43.46
21.	Nicole Pais, SILVA	F	129360	05	Colegio SMLamas	11:18.76	352	
	50m: 36.12		250m: 3:24.31		42.51	450m: 6:17.49		43.23
	100m: 1:17.52		300m: 4:07.54		43.23	500m: 7:00.49		43.00
	150m: 1:59.61		350m: 4:50.82		43.28	550m: 7:44.54		44.05
	200m: 2:41.80		400m: 5:34.26		43.44	600m: 8:28.01		43.47
22.	Ines Alves, CORREIA	F	200769	05	Leixões Sport Clube	11:21.43	348	
	50m: 40.17		250m: 3:30.64		42.72	450m: 6:21.90		43.09
	100m: 1:23.03		300m: 4:12.77		42.13	500m: 7:04.85		42.95
	150m: 2:05.60		350m: 4:55.41		42.64	550m: 7:48.18		43.33
	200m: 2:47.92		400m: 5:38.81		43.40	600m: 8:31.52		43.34
23.	Ines Esteves, COUTINHO	F	200369	05	Porto	11:25.84	341	
	50m: 37.69		250m: 3:23.86		42.28	450m: 6:17.91		43.34
	100m: 1:18.11		300m: 4:06.84		42.98	500m: 7:02.18		44.27
	150m: 1:59.89		350m: 4:50.64		43.80	550m: 7:45.66		43.48
	200m: 2:41.58		400m: 5:34.57		43.93	600m: 8:29.33		43.67
24.	Leonor Sousa, BARBOSA	F	200370	05	Porto	11:35.30	327	
	50m: 37.98		250m: 3:28.81		43.31	450m: 6:23.53		43.72
	100m: 1:19.00		300m: 4:12.39		43.58	500m: 7:07.66		44.13
	150m: 2:01.93		350m: 4:55.84		43.45	550m: 7:52.22		44.56
	200m: 2:45.50		400m: 5:39.81		43.97	600m: 8:37.19		44.97
25.	Filipa Pereira, FERREIRA	F	129732	05	Porto	11:43.19	316	
	50m: 36.71		250m: 3:29.52		43.88	450m: 6:27.71		44.45
	100m: 1:19.08		300m: 4:13.77		44.25	500m: 7:12.07		44.36
	150m: 2:02.35		350m: 4:58.24		44.47	550m: 7:57.38		45.31
	200m: 2:45.64		400m: 5:43.26		45.02	600m: 8:42.52		45.14
26.	Joana Pena, LOPES	F	201390	05	Vilacondense	11:48.89	309	
	50m: 37.49		250m: 3:29.86		43.71	450m: 6:28.39		44.61
	100m: 1:19.94		300m: 4:13.80		43.94	500m: 7:13.73		45.34
	150m: 2:02.41		350m: 4:58.08		44.28	550m: 7:59.55		45.82
	200m: 2:46.15		400m: 5:43.78		45.70	600m: 8:43.85		44.30
27.	Mafalda Bastos, TAVARES <i>FIL</i>	F	128598	05	Colegio SMLamas	12:11.70	281	
	50m: 39.36		250m: 3:44.38		46.49	450m: 6:51.69		46.60
	100m: 1:24.79		300m: 4:31.64		47.26	500m: 7:38.05		46.36
	150m: 2:11.78		350m: 5:18.18		46.54	550m: 8:23.43		45.38
	200m: 2:57.89		400m: 6:05.09		46.91	600m: 9:10.61		47.18
28.	Matilde Machado, CALHAS <i>FIL</i>	F	131309	05	Luso-Internacional do Porto	12:14.24	278	
	50m: 37.61		250m: 3:38.36		46.18	450m: 6:46.10		47.45
	100m: 1:21.12		300m: 4:24.49		46.13	500m: 7:34.12		48.02
	150m: 2:06.38		350m: 5:11.41		46.92	550m: 8:22.32		48.20
	200m: 2:52.18		400m: 5:58.65		47.24	600m: 9:09.58		47.26
29.	Carolina Costa, FONTES <i>FIL</i>	F	128597	05	Colegio SMLamas	12:15.03	277	
	50m: 38.35		250m: 3:38.29		46.30	450m: 6:46.18		47.51
	100m: 1:21.81		300m: 4:24.54		46.25	500m: 7:33.35		47.17
	150m: 2:06.55		350m: 5:11.42		46.88	550m: 8:21.28		47.93
	200m: 2:51.99		400m: 5:58.67		47.25	600m: 9:09.01		47.73
30.	Ana Beatriz, PAIVA <i>FIL</i>	F	131224	05	AP Vila D Este	12:27.80	263	
	50m: 40.14		250m: 3:45.54		47.19	450m: 6:55.62		47.66
	100m: 1:25.78		300m: 4:32.81		47.27	500m: 7:43.90		48.28
	150m: 2:12.05		350m: 5:20.58		47.77	550m: 8:32.35		48.45
	200m: 2:58.35		400m: 6:07.96		47.38	600m: 9:20.68		48.33



Prova 6, Femin., 800m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
31.	María Luis, FONTES <i>FIL</i>	F	205755	05	Vitória Sport Clube	12:55.99				235	
	50m: 42.90	42.90	250m: 3:55.97	49.38	450m: 7:15.14	50.05	650m: 10:33.04	51.02			
	100m: 1:30.31	47.41	300m: 4:46.09	50.12	500m: 8:04.26	49.12	700m: 11:21.29	48.25			
	150m: 2:17.79	47.48	350m: 5:35.60	49.51	550m: 8:52.72	48.46	750m: 12:10.26	48.97			
	200m: 3:06.59	48.80	400m: 6:25.09	49.49	600m: 9:42.02	49.30	800m: 12:55.99	45.73			
32.	Alecssia Pedro, PENA <i>FIL</i>	F	127138	05	Clube Naval Povoense	13:24.95				211	
	50m: 42.28	42.28	250m: 4:06.68	52.57	450m: 7:31.03	51.57	650m: 10:57.17	51.13			
	100m: 1:31.29	49.01	300m: 4:57.77	51.09	500m: 8:22.66	51.63	700m: 11:48.50	51.33			
	150m: 2:22.34	51.05	350m: 5:48.51	50.74	550m: 9:14.50	51.84	750m: 12:37.61	49.11			
	200m: 3:14.11	51.77	400m: 6:39.46	50.95	600m: 10:06.04	51.54	800m: 13:24.95	47.34			
DNS	Ana Sofia, OLIVEIRA	F	202794	05	Fluvial Portuense						DNS
DNS	Ana Sofia, ROCHA	F	133140	05	Colegio SMLamas						DNS
DNS	Beatriz Ferreira, MIRANDA	F	129086	05	Natacao da Maia						DNS
DNS	Ines Faria, REGO	F	127663	05	Famalicao						DNS
WDR	Mariana Isabel, CRUZ	F	127544	05	Porto						WDR

4 - 2ª Jornada - 2ª Sessão

06-05-2018 - 15:30

Prova 7 06-05-2018	Masc., 400m Estilos GRAFIPRONGO				Juvenis Resultados
Rec Nacionais - 25m Absoluto	4:06.83	Diogo Filipe, CARVALHO	FPN	Istambul (TUR)	11-12-2009
Rec Nacionais - 25m Juv A	4:25.04	Joao Alexandre, VITAL	ADRCIMM	Tomar	13-12-2013
Rec Nacionais - 25m Juv B	4:35.02	Diogo Filipe, CARVALHO	CGA	Braga	21-03-2003
Recorde Regional 25m Absoluto	4:15.91	Adriano Miguel, NIZ	FPN	Trieste (ITA)	09-12-2005
Recorde Regional 25m Juv A	4:30.52	Adriano Miguel, NIZ	CFV	Ferrol	13-04-2002
Recorde Regional 25m Juv B	4:40.42	Joao Claudio, SOUSA	GESP	Braga	22-02-2008
Juvenis A Masc Juv A: 5:44.41 / Juvenis B Masc Juv B: 5:50.85					

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Juvenis B								
1.	Tiago Moura, RODRIGUES	M	131137	03	Luso-Internacional do Porto	4:46.68	554	
	50m: 29.98 29.98		150m: 1:41.12 36.68		250m: 2:58.59 41.84	350m: 4:13.89 32.86		
	100m: 1:04.44 34.46		200m: 2:16.75 35.63		300m: 3:41.03 42.44	400m: 4:46.68 32.79		
2.	Joao Guilherme, ARAUJO	M	130366	03	Natacao da Maia	4:52.45	522	
	50m: 30.48 30.48		150m: 1:42.58 37.40		250m: 3:00.73 41.99	350m: 4:18.96 35.29		
	100m: 1:05.18 34.70		200m: 2:18.74 36.16		300m: 3:43.67 42.94	400m: 4:52.45 33.49		
3.	Mateus Costa, FAIA	M	124989	03	Famalicao	4:53.85	514	
	50m: 30.97 30.97		150m: 1:45.77 39.87		250m: 3:06.16 40.90	350m: 4:20.85 33.82		
	100m: 1:05.90 34.93		200m: 2:25.26 39.49		300m: 3:47.03 40.87	400m: 4:53.85 33.00		
4.	Ricardo Ferreira, MENDES	M	129515	03	Colegio SMLamas	4:54.59	510	
	50m: 30.30 30.30		150m: 1:44.54 39.67		250m: 3:04.76 40.51	350m: 4:21.78 34.70		
	100m: 1:04.87 34.57		200m: 2:24.25 39.71		300m: 3:47.08 42.32	400m: 4:54.59 32.81		
5.	Dinis Barros, LEAL	M	123578	03	Aquatico Pacense	4:55.03	508	
	50m: 30.94 30.94		150m: 1:44.61 38.52		250m: 3:05.37 42.90	350m: 4:22.65 33.99		
	100m: 1:06.09 35.15		200m: 2:22.47 37.86		300m: 3:48.66 43.29	400m: 4:55.03 32.38		
6.	Joao Carlos, FERREIRA	M	127550	03	Porto	4:55.47	506	
	50m: 30.89 30.89		150m: 1:45.27 38.36		250m: 3:05.45 42.08	350m: 4:22.33 34.53		
	100m: 1:06.91 36.02		200m: 2:23.37 38.10		300m: 3:47.80 42.35	400m: 4:55.47 33.14		
7.	Diogo Nunes, SOUSA	M	127667	03	Vitória Sport Clube	4:55.97	503	
	50m: 31.28 31.28		150m: 1:42.97 37.08		250m: 3:04.13 44.33	350m: 4:22.30 34.15		
	100m: 1:05.89 34.61		200m: 2:19.80 36.83		300m: 3:48.15 44.02	400m: 4:55.97 33.67		
8.	Ruben Fonseca, DIAS	M	125780	03	Natacao Valongo	4:56.21	502	
	50m: 30.15 30.15		150m: 1:42.38 37.74		250m: 3:05.05 44.49	350m: 4:23.45 34.09		
	100m: 1:04.64 34.49		200m: 2:20.56 38.18		300m: 3:49.36 44.31	400m: 4:56.21 32.76		
9.	Fernando Costa, CARVALHO	M	129065	03	Foca	4:57.57	495	
	50m: 30.86 30.86		150m: 1:46.17 39.16		250m: 3:07.48 43.64	350m: 4:24.77 33.49		
	100m: 1:07.01 36.15		200m: 2:23.84 37.67		300m: 3:51.28 43.80	400m: 4:57.57 32.80		
10.	Andre Costa, MARQUES	M	121721	03	Famalicao	4:59.75	484	
	50m: 31.17 31.17		150m: 1:45.72 37.87		250m: 3:07.80 45.42	350m: 4:27.57 33.85		
	100m: 1:07.85 36.68		200m: 2:22.38 36.66		300m: 3:53.72 45.92	400m: 4:59.75 32.18		
11.	Duarte Monteiro, CASTRO	M	121978	03	Porto	4:59.89	484	
	50m: 31.49 31.49		150m: 1:44.52 36.34		250m: 3:06.22 47.06	350m: 4:28.00 34.64		
	100m: 1:08.18 36.69		200m: 2:19.16 34.64		300m: 3:53.36 47.14	400m: 4:59.89 31.89		
12.	Hugo Alexandre, COSTA	M	127917	03	Natacao Valongo	5:03.86	465	
	50m: 31.25 31.25		150m: 1:47.29 40.53		250m: 3:11.65 43.89	350m: 4:30.50 34.90		
	100m: 1:06.76 35.51		200m: 2:27.76 40.47		300m: 3:55.60 43.95	400m: 5:03.86 33.36		
13.	Rodrigo Jorge, NETO	M	204423	03	Aquatico Pacense	5:05.40	458	
	50m: 32.26 32.26		150m: 1:50.34 41.20		250m: 3:13.69 44.49	350m: 4:32.63 35.00		
	100m: 1:09.14 36.88		200m: 2:29.20 38.86		300m: 3:57.63 43.94	400m: 5:05.40 32.77		
14.	Antonio Miguel, SANTOS	M	124713	03	Vilacondense	5:05.46	458	
	50m: 32.51 32.51		150m: 1:50.39 40.99		250m: 3:13.15 42.73	350m: 4:32.31 34.60		
	100m: 1:09.40 36.89		200m: 2:30.42 40.03		300m: 3:57.71 44.56	400m: 5:05.46 33.15		
15.	Diogo Antonio, FOLHA	M	124585	03	Leixões Sport Clube	5:07.80	447	
	50m: 32.77 32.77		150m: 1:51.16 38.95		250m: 3:12.75 43.70	350m: 4:33.38 35.37		
	100m: 1:12.21 39.44		200m: 2:29.05 37.89		300m: 3:58.01 45.26	400m: 5:07.80 34.42		
16.	Joao Torres, CARNEIRO	M	124978	03	Famalicao	5:08.22	446	
	50m: 32.31 32.31		150m: 1:51.50 40.35		250m: 3:13.17 42.26	350m: 4:33.40 36.77		
	100m: 1:11.15 38.84		200m: 2:30.91 39.41		300m: 3:56.63 43.46	400m: 5:08.22 34.82		
17.	Tiago Fonseca, CARVALHO	M	127099	03	Clube Naval Povoense	5:12.98	426	
	50m: 31.45 31.45		150m: 1:49.44 40.63		250m: 3:14.85 45.44	350m: 4:38.58 37.70		
	100m: 1:08.81 37.36		200m: 2:29.41 39.97		300m: 4:00.88 46.03	400m: 5:12.98 34.40		

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager, 11.54147

Registered to Associação de NataçãO do Norte de Portugal

08-05-2018 12:00 - Página 23



Prova 7, Masc., 400m Estilos, Juvenis B

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
18.	Diogo Guimaraes, PEREIRA	M	203491 03	Vitória Sport Clube	5:15.40	416	
	50m: 34.38 34.38		150m: 1:56.01	41.95 250m: 3:21.95	44.24	350m: 4:41.55	35.85
	100m: 1:14.06 39.68		200m: 2:37.71	41.70 300m: 4:05.70	43.75	400m: 5:15.40	33.85
19.	Jose Miguel, ARAUJO	M	123238 03	Famalicao	5:17.53	407	
	50m: 32.54 32.54		150m: 1:55.71	42.98 250m: 3:20.63	45.24	350m: 4:42.10	35.44
	100m: 1:12.73 40.19		200m: 2:35.39	39.68 300m: 4:06.66	46.03	400m: 5:17.53	35.43
20.	Joao Campelo, GOMES	M	124990 03	Famalicao	5:19.40	400	
	50m: 33.74 33.74		150m: 1:54.51	39.58 250m: 3:18.65	45.14	350m: 4:42.59	37.01
	100m: 1:14.93 41.19		200m: 2:33.51	39.00 300m: 4:05.58	46.93	400m: 5:19.40	36.81
21.	Bernardo Nunes, VASCONCELOS	M	129429 03	Foca	5:19.93	398	
	50m: 31.56 31.56		150m: 1:51.82	42.38 250m: 3:19.60	46.85	350m: 4:44.32	35.69
	100m: 1:09.44 37.88		200m: 2:32.75	40.93 300m: 4:08.63	49.03	400m: 5:19.93	35.61
22.	Goncalo Herculano, FERNANDES	M	125079 03	Vitória Sport Clube	5:20.82	395	
	50m: 31.87 31.87		150m: 1:51.78	42.23 250m: 3:21.46	47.77	350m: 4:46.27	36.52
	100m: 1:09.55 37.68		200m: 2:33.69	41.91 300m: 4:09.75	48.29	400m: 5:20.82	34.55
23.	Diogo Joao, ROCHA	M	132204 03	Fluvial Portuense	5:24.37	382	
	50m: 32.89 32.89		150m: 1:57.00	44.09 250m: 3:25.92	47.41	350m: 4:50.01	35.12
	100m: 1:12.91 40.02		200m: 2:38.51	41.51 300m: 4:14.89	48.97	400m: 5:24.37	34.36
24.	Bernardo Sousa, ROCHA	M	202801 03	Fluvial Portuense	5:25.76	377	
	50m: 34.94 34.94		150m: 1:59.37	43.76 250m: 3:30.23	47.83	350m: 4:52.10	36.00
	100m: 1:15.61 40.67		200m: 2:42.40	43.03 300m: 4:16.10	45.87	400m: 5:25.76	33.66
25.	Helder Ribeiro, CASTRO	M	129797 03	Vitória Sport Clube	5:25.77	377	
	50m: 32.49 32.49		150m: 1:56.61	45.93 250m: 3:21.97	40.85	350m: 4:48.93	41.28
	100m: 1:10.68 38.19		200m: 2:41.12	44.51 300m: 4:07.65	45.68	400m: 5:25.77	36.84
26.	Goncalo Fernandes, RIBEIRO	M	132205 03	Fluvial Portuense	5:25.94	377	
	50m: 33.47 33.47		150m: 1:55.47	43.97 250m: 3:25.70	46.79	350m: 4:51.07	36.67
	100m: 1:11.50 38.03		200m: 2:38.91	43.44 300m: 4:14.40	48.70	400m: 5:25.94	34.87
27.	Ruben Filipe, SILVA	M	124865 03	Foca	5:28.88	367	
	50m: 37.12 37.12		150m: 2:04.68	44.27 250m: 3:32.03	44.30	350m: 4:54.00	37.17
	100m: 1:20.41 43.29		200m: 2:47.73	43.05 300m: 4:16.83	44.80	400m: 5:28.88	34.88
28.	Joao Bernardo, FERNANDES	M	129686 03	Clube Naval Povoense	5:30.36	362	
	50m: 34.39 34.39		150m: 2:01.49	46.46 250m: 3:31.95	44.68	350m: 4:55.56	37.04
	100m: 1:15.03 40.64		200m: 2:47.27	45.78 300m: 4:18.52	46.57	400m: 5:30.36	34.80
29.	Joao Luis, SA	M	124728 03	Fluvial Portuense	5:30.39	362	
	50m: 33.53 33.53		150m: 1:54.61	42.55 250m: 3:27.16	51.79	350m: 4:55.67	35.75
	100m: 1:12.06 38.53		200m: 2:35.37	40.76 300m: 4:19.92	52.76	400m: 5:30.39	34.72
30.	Joao Pedro, VILACA	M	123526 03	Luso-Internacional do Porto	5:32.46	355	
	50m: 33.65 33.65		150m: 2:00.23	45.61 250m: 3:30.07	46.28	350m: 4:55.68	39.41
	100m: 1:14.62 40.97		200m: 2:43.79	43.56 300m: 4:16.27	46.20	400m: 5:32.46	36.78
31.	Pedro Rui, TEIXEIRA	M	125759 03	Aquatico Pacense	5:33.62	351	
	50m: 36.78 36.78		150m: 2:07.14	40.91 250m: 3:34.86	46.79	350m: 4:57.86	35.99
	100m: 1:26.23 49.45		200m: 2:48.07	40.93 300m: 4:21.87	47.01	400m: 5:33.62	35.76
32.	Alex Baptista, COELHO	M	130334 03	Luso-Internacional do Porto	5:33.68	351	
	50m: 35.54 35.54		150m: 1:59.86	41.89 250m: 3:30.30	50.02	350m: 4:57.86	37.61
	100m: 1:17.97 42.43		200m: 2:40.28	40.42 300m: 4:20.25	49.95	400m: 5:33.68	35.82
33.	Diogo Pontes, PEREIRA	M	131880 03	Assoc. Desportiva de Fafe	5:36.00	344	
	50m: 34.85 34.85		150m: 2:03.31	45.13 250m: 3:35.45	48.21	350m: 5:00.45	36.81
	100m: 1:18.18 43.33		200m: 2:47.24	43.93 300m: 4:23.64	48.19	400m: 5:36.00	35.55
34.	Joao Martins, FARIA	M	127944 03	Ginásio Santo Tirso	5:37.40	340	
	50m: 34.64 34.64		150m: 1:59.97	44.05 250m: 3:33.34	49.82	350m: 5:01.40	37.43
	100m: 1:15.92 41.28		200m: 2:43.52	43.55 300m: 4:23.97	50.63	400m: 5:37.40	36.00
35.	Guilherme Silva, SANTOS	M	153539 03	Penafiel	5:50.85	302	
	50m: 35.14 35.14		150m: 1:59.97	43.07 250m: 3:37.90	55.52	350m: 5:14.36	38.97
	100m: 1:16.90 41.76		200m: 2:42.38	42.41 300m: 4:35.39	57.49	400m: 5:50.85	36.49
DSQ	Rui Pedro, SILVA 404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4	M	127555 03	Fluvial Portuense			DSQ
DNS	Andre Martins, CARNEIRO	M	125225 03	Aquatico Pacense			DNS
DNS	Bernardo Felgueiras, FERREIRA	M	127126 03	Luso-Internacional do Porto			DNS
WDR	Goncalo Gabriel, DIAS	M	128709 03	Penafiel			WDR

Prova 7, Masc., 400m Estilos

Juvenis A

1.	Ivan Emanuel, AMORIM	M	124774 02	Fluvial Portuense					4:36.16	620
	50m: 29.90 29.90		150m: 1:40.58	37.57	250m: 2:56.58	40.35	350m: 4:07.26			30.69
	100m: 1:03.01 33.11		200m: 2:16.23	35.65	300m: 3:36.57	39.99	400m: 4:36.16			28.90
2.	Diogo Filipe, RIBEIRO	M	124584 02	Leixões Sport Clube					4:47.53	549
	50m: 29.45 29.45		150m: 1:43.06	39.18	250m: 3:01.66	40.81	350m: 4:16.96			33.14
	100m: 1:03.88 34.43		200m: 2:20.85	37.79	300m: 3:43.82	42.16	400m: 4:47.53			30.57
3.	Rodrigo Oliveira, GONCALVES	M	124764 02	Porto					4:48.07	546
	50m: 30.34 30.34		150m: 1:40.07	35.24	250m: 2:58.35	43.42	350m: 4:15.63			34.33
	100m: 1:04.83 34.49		200m: 2:14.93	34.86	300m: 3:41.30	42.95	400m: 4:48.07			32.44
4.	Luis Manuel, RIBEIRO	M	120816 02	Porto					4:56.39	501
	50m: 31.22 31.22		150m: 1:44.12	36.28	250m: 3:04.86	45.56	350m: 4:23.69			33.73
	100m: 1:07.84 36.62		200m: 2:19.30	35.18	300m: 3:49.96	45.10	400m: 4:56.39			32.70
5.	Sergio Daniel, ARAUJO	M	127097 02	Clube Naval Povoense					4:58.09	493
	50m: 30.55 30.55		150m: 1:44.17	37.28	250m: 3:04.29	42.15	350m: 4:23.57			35.39
	100m: 1:06.89 36.34		200m: 2:22.14	37.97	300m: 3:48.18	43.89	400m: 4:58.09			34.52
6.	Samuel Dias, MARTINS	M	122190 02	Colegio SMLamas					4:58.83	489
	50m: 31.51 31.51		150m: 1:46.19	38.53	250m: 3:07.48	43.45	350m: 4:25.90			34.73
	100m: 1:07.66 36.15		200m: 2:24.03	37.84	300m: 3:51.17	43.69	400m: 4:58.83			32.93
7.	Tomas Teixeira, LOPES	M	122006 02	Foca					4:59.23	487
	50m: 29.17 29.17		150m: 1:43.75	39.60	250m: 3:07.18	44.46	350m: 4:26.58			33.99
	100m: 1:04.15 34.98		200m: 2:22.72	38.97	300m: 3:52.59	45.41	400m: 4:59.23			32.65
8.	Pedro Soares, MORIM	M	131612 02	Clube Naval Povoense					5:01.08	478
	50m: 29.64 29.64		150m: 1:47.55	43.11	250m: 3:10.16	42.79	350m: 4:29.06			34.76
	100m: 1:04.44 34.80		200m: 2:27.37	39.82	300m: 3:54.30	44.14	400m: 5:01.08			32.02
9.	Bruno Shinji, KOBAYASHI	M	123019 02	Vilacondense					5:02.15	473
	50m: 32.64 32.64		150m: 1:48.24	38.35	250m: 3:09.28	43.64	350m: 4:28.29			34.53
	100m: 1:09.89 37.25		200m: 2:25.64	37.40	300m: 3:53.76	44.48	400m: 5:02.15			33.86
10.	Francisco Emanuel, MORIM	M	118054 02	Vilacondense					5:02.62	471
	50m: 32.13 32.13		150m: 1:46.73	37.63	250m: 3:08.59	44.92	350m: 4:30.29			36.20
	100m: 1:09.10 36.97		200m: 2:23.67	36.94	300m: 3:54.09	45.50	400m: 5:02.62			32.33
11.	Diogo Morgado, FANGUEIRO	M	133440 02	Vilacondense					5:03.96	465
	50m: 31.53 31.53		150m: 1:51.08	42.32	250m: 3:12.09	41.30	350m: 4:30.37			36.39
	100m: 1:08.76 37.23		200m: 2:30.79	39.71	300m: 3:53.98	41.89	400m: 5:03.96			33.59
12.	Diogo Santos, MENDES	M	126719 02	Leixões Sport Clube					5:04.12	464
	50m: 31.03 31.03		150m: 1:49.43	42.19	250m: 3:09.78	40.40	350m: 4:28.89			37.34
	100m: 1:07.24 36.21		200m: 2:29.38	39.95	300m: 3:51.55	41.77	400m: 5:04.12			35.23
13.	Manuel Filipe, OLIVEIRA	M	124929 02	Colegio SMLamas					5:04.58	462
	50m: 30.04 30.04		150m: 1:44.56	38.76	250m: 3:07.85	43.99	350m: 4:28.76			35.45
	100m: 1:05.80 35.76		200m: 2:23.86	39.30	300m: 3:53.31	45.46	400m: 5:04.58			35.82
14.	Eduardo Miguel, MAGALHAES	M	125074 02	Vitória Sport Clube					5:05.85	456
	50m: 30.94 30.94		150m: 1:47.81	40.62	250m: 3:10.88	44.07	350m: 4:33.29			36.88
	100m: 1:07.19 36.25		200m: 2:26.81	39.00	300m: 3:56.41	45.53	400m: 5:05.85			32.56
15.	Vitor Pedro, MAGALHAES	M	123237 02	Famalicao					5:06.11	455
	50m: 30.64 30.64		150m: 1:48.70	41.41	250m: 3:12.44	42.68	350m: 4:30.52			35.93
	100m: 1:07.29 36.65		200m: 2:29.76	41.06	300m: 3:54.59	42.15	400m: 5:06.11			35.59
16.	Joao Pedro, RIBEIRO	M	127135 02	Vilacondense					5:06.86	452
	50m: 30.85 30.85		150m: 1:45.63	39.76	250m: 3:08.76	44.96	350m: 4:30.36			36.31
	100m: 1:05.87 35.02		200m: 2:23.80	38.17	300m: 3:54.05	45.29	400m: 5:06.86			36.50
17.	Joao Simons, CUNHA	M	124582 02	Fluvial Portuense					5:06.96	451
	50m: 31.68 31.68		150m: 1:50.69	40.73	250m: 3:13.91	43.14	350m: 4:32.66			35.86
	100m: 1:09.96 38.28		200m: 2:30.77	40.08	300m: 3:56.80	42.89	400m: 5:06.96			34.30
18.	Gustavo Francisco, RIBEIRO	M	129252 02	Fluvial Portuense					5:07.57	448
	50m: 31.86 31.86		150m: 1:51.54	41.80	250m: 3:15.65	43.74	350m: 4:35.03			35.36
	100m: 1:09.74 37.88		200m: 2:31.91	40.37	300m: 3:59.67	44.02	400m: 5:07.57			32.54
19.	Joao Carvalho, CUNHA	M	124813 02	Assoc. Desportiva de Fafe					5:08.96	442
	50m: 33.69 33.69		150m: 1:52.65	39.15	250m: 3:15.52	44.47	350m: 4:35.75			34.04
	100m: 1:13.50 39.81		200m: 2:31.05	38.40	300m: 4:01.71	46.19	400m: 5:08.96			33.21
20.	Diogo Silva, COENTRAO	M	121715 02	Famalicao					5:09.57	440
	50m: 31.29 31.29		150m: 1:49.85	42.17	250m: 3:16.25	45.86	350m: 4:35.57			33.71
	100m: 1:07.68 36.39		200m: 2:30.39	40.54	300m: 4:01.86	45.61	400m: 5:09.57			34.00
21.	Lourenco Monteiro, SOUSA	M	116900 02	Leixões Sport Clube					5:09.85	439
	50m: 31.96 31.96		150m: 1:49.37	41.24	250m: 3:13.64	44.30	350m: 4:35.08			36.89
	100m: 1:08.13 36.17		200m: 2:29.34	39.97	300m: 3:58.19	44.55	400m: 5:09.85			34.77
22.	Hugo Correia, FERREIRA	M	125012 02	Famalicao					5:13.37	424
	50m: 30.91 30.91		150m: 1:49.68	41.81	250m: 3:15.02	44.92	350m: 4:38.15			36.09
	100m: 1:07.87 36.96		200m: 2:30.10	40.42	300m: 4:02.06	47.04	400m: 5:13.37			35.22
23.	Marcos Dias, MARTINS	M	122189 02	Colegio SMLamas					5:14.87	418
	50m: 30.79 30.79		150m: 1:48.47	40.67	250m: 3:15.16	46.34	350m: 4:39.72			37.34
	100m: 1:07.80 37.01		200m: 2:28.82	40.35	300m: 4:02.38	47.22	400m: 5:14.87			35.15

Prova 7, Masc., 400m Estilos, Juvenis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final				Pts	Obs
24.	Rafael Mesquita, TERROSO	M	133404	02	Vilacondense			5:15.07	417		
	50m: 32.30 32.30		150m: 1:52.33		42.06 250m: 3:17.00	44.30	350m: 4:39.06		36.62		
	100m: 1:10.27 37.97		200m: 2:32.70		40.37 300m: 4:02.44	45.44	400m: 5:15.07		36.01		
25.	Rui Almeida, SANTOS	M	119064	02	Colegio SMLamas			5:17.77	407		
	50m: 35.67 35.67		150m: 1:56.56		36.98 250m: 3:20.75	46.46	350m: 4:43.37		36.18		
	100m: 1:19.58 43.91		200m: 2:34.29		37.73 300m: 4:07.19	46.44	400m: 5:17.77		34.40		
26.	Diogo Goncalves, MOURA	M	124963	02	Assoc. Desportiva de Fafe			5:20.34	397		
	50m: 34.04 34.04		150m: 1:55.69		42.59 250m: 3:21.05	42.79	350m: 4:44.55		38.56		
	100m: 1:13.10 39.06		200m: 2:38.26		42.57 300m: 4:05.99	44.94	400m: 5:20.34		35.79		
27.	Alexandre Abreu, MACHADO	M	119215	02	Vit�ria Sport Clube			5:22.61	388		
	50m: 32.18 32.18		150m: 1:51.18		40.93 250m: 3:20.01	49.23	350m: 4:45.26		35.76		
	100m: 1:10.25 38.07		200m: 2:30.78		39.60 300m: 4:09.50	49.49	400m: 5:22.61		37.35		
28.	Diogo Gomes, CARDOSO	M	202714	02	Colegio SMLamas			5:26.07	376		
	50m: 30.42 30.42		150m: 1:50.76		43.24 250m: 3:21.10	48.31	350m: 4:50.21		38.51		
	100m: 1:07.52 37.10		200m: 2:32.79		42.03 300m: 4:11.70	50.60	400m: 5:26.07		35.86		
29.	Luis Goncalves, PEREIRA	M	119177	02	Colegio SMLamas			5:27.57	371		
	50m: 34.73 34.73		150m: 2:00.44		45.54 250m: 3:29.64	44.51	350m: 4:52.56		37.30		
	100m: 1:14.90 40.17		200m: 2:45.13		44.69 300m: 4:15.26	45.62	400m: 5:27.57		35.01		
30.	Pedro Miguel, FARIA	M	129799	02	Vit�ria Sport Clube			5:30.34	362		
	50m: 34.94 34.94		150m: 1:56.29		40.43 250m: 3:25.90	50.95	350m: 4:54.27		37.18		
	100m: 1:15.86 40.92		200m: 2:34.95		38.66 300m: 4:17.09	51.19	400m: 5:30.34		36.07		
31.	Nuno Rocha, ALMEIDA	M	122193	02	Colegio SMLamas			5:31.68	357		
	50m: 32.08 32.08		150m: 1:55.29		44.61 250m: 3:26.73	48.25	350m: 4:55.22		37.91		
	100m: 1:10.68 38.60		200m: 2:38.48		43.19 300m: 4:17.31	50.58	400m: 5:31.68		36.46		
32.	Goncalo Traila, MARTINS	M	124974	02	Famalicao			5:36.93	341		
	50m: 36.39 36.39		150m: 1:59.78		41.36 250m: 3:30.14	50.25	350m: 4:59.52		38.60		
	100m: 1:18.42 42.03		200m: 2:39.89		40.11 300m: 4:20.92	50.78	400m: 5:36.93		37.41		
33.	Tiago Filipe, GOMES	M	130893	02	AP Vila D Este			5:40.10	332		
	50m: 35.65 35.65		150m: 2:03.10		43.29 250m: 3:34.30	48.78	350m: 5:02.47		39.00		
	100m: 1:19.81 44.16		200m: 2:45.52		42.42 300m: 4:23.47	49.17	400m: 5:40.10		37.63		
34.	Pedro Lopes, SILVA	M	202726	02	AP Vila D Este			5:42.78	324		
	50m: 34.40 34.40		150m: 2:00.18		44.84 250m: 3:35.01	51.38	350m: 5:05.13		39.58		
	100m: 1:15.34 40.94		200m: 2:43.63		43.45 300m: 4:25.55	50.54	400m: 5:42.78		37.65		
DSQ	Goncalo Sampaio, SALGADO	M	121720	02	Famalicao					DSQ	
	<i>404 - O(A) nadador(a) partiu antes do sinal de partida – SW 4.4</i>										
DNS	David Oliveira, MENDES	M	131977	02	Penafiel					DNS	
DNS	Samson Silva, COSTA	M	120847	02	Fluvial Portuense					DNS	
DNS	Jose Diogo, PACHECO	M	126021	02	Vit�ria Sport Clube					DNS	



Prova 8 Femin., 800m Livres
06-05-2018 GRAFIPRONGO Juvenis Resultados

Rec Nacionais - 25m Absoluto	8:36.75	Tamila Hryhorivna, HOLUB	SCB	Felgueiras	14-11-2015
Rec Nacionais - 25m Juv A	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	19-12-2004
Rec Nacionais - 25m Juv B	9:00.27	Alexandra Maria, SILVA	FCP	Antibbes (FRA)	20-12-1980
Recorde Regional 25m Absoluto	8:36.74	Diana Margarida, DURAES	FCP	Porto	13-12-2015
Recorde Regional 25m Juv A	8:55.10	Alexandra Maria, SILVA	FCP	Antas	11-07-1982
Recorde Regional 25m Juv B	9:00.27	Alexandra Maria, SILVA	FCP	Antibes	21-12-1980

Juvenis A Fem Juv A: 11:10.42 / Juvenis B Fem Juv B: 11:29.76

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Juvenis B								
1.	Mariana Pacheco, CUNHA	F	124577	04	Fluvial Portuense	9:09.45	663	
	50m: 30.24	30.24	250m: 2:45.87	33.98	450m: 5:05.51	34.86	650m: 7:26.83	35.59
	100m: 1:03.54	33.30	300m: 3:20.91	35.04	500m: 5:40.50	34.99	700m: 8:02.08	35.25
	150m: 1:37.29	33.75	350m: 3:55.86	34.95	550m: 6:15.93	35.43	750m: 8:37.94	35.86
	200m: 2:11.89	34.60	400m: 4:30.65	34.79	600m: 6:51.24	35.31	800m: 9:09.45	31.51
2.	Carolina Teixeira, PINHO	F	124769	04	Porto	9:27.98	601	
	50m: 31.16	31.16	250m: 2:49.19	35.45	450m: 5:12.25	35.77	650m: 7:38.78	36.71
	100m: 1:04.66	33.50	300m: 3:24.90	35.71	500m: 5:48.66	36.41	700m: 8:15.26	36.48
	150m: 1:38.99	34.33	350m: 4:00.28	35.38	550m: 6:25.35	36.69	750m: 8:52.15	36.89
	200m: 2:13.74	34.75	400m: 4:36.48	36.20	600m: 7:02.07	36.72	800m: 9:27.98	35.83
3.	Ana Rita, OLIVEIRA	F	124995	04	Clube Naval Povoense	9:37.87	570	
	50m: 30.82	30.82	250m: 2:53.40	36.51	450m: 4:45.97	2.49	650m: 7:12.37	37.74
	100m: 1:04.99	34.17	300m: 3:30.15	36.75	500m: 5:20.54	34.57	700m: 8:25.96	1:13.59
	150m: 1:40.43	35.44	350m: 4:06.86	36.71	550m: 5:57.51	36.97	750m: 9:02.64	36.68
	200m: 2:16.89	36.46	400m: 4:43.48	36.62	600m: 6:34.63	37.12	800m: 9:37.87	35.23
4.	Ines Martins, SILVA	F	127134	04	Vilacondense	9:46.63	545	
	50m: 32.54	32.54	250m: 2:57.11	37.05	450m: 5:26.24	37.71	650m: 7:55.87	37.69
	100m: 1:07.48	34.94	300m: 3:34.59	37.48	500m: 6:03.20	36.96	700m: 8:33.53	37.66
	150m: 1:43.39	35.91	350m: 4:11.61	37.02	550m: 6:40.52	37.32	750m: 9:10.47	36.94
	200m: 2:20.06	36.67	400m: 4:48.53	36.92	600m: 7:18.18	37.66	800m: 9:46.63	36.16
5.	Eduarda Filipa, LIMA	F	124738	04	Vilacondense	9:47.60	542	
	50m: 34.11	34.11	250m: 3:00.50	36.91	450m: 5:29.46	37.33	650m: 7:58.13	37.30
	100m: 1:09.57	35.46	300m: 3:37.84	37.34	500m: 6:06.40	36.94	700m: 8:35.78	37.65
	150m: 1:46.68	37.11	350m: 4:14.91	37.07	550m: 6:43.78	37.38	750m: 9:13.76	37.98
	200m: 2:23.59	36.91	400m: 4:52.13	37.22	600m: 7:20.83	37.05	800m: 9:47.60	33.84
6.	Marta Lima, PIMENTEL	F	130230	04	Fluvial Portuense	9:50.52	534	
	50m: 33.25	33.25	250m: 2:58.72	36.94	450m: 5:28.19	38.11	650m: 7:59.09	37.82
	100m: 1:09.08	35.83	300m: 3:35.84	37.12	500m: 6:06.08	37.89	700m: 8:36.45	37.36
	150m: 1:45.15	36.07	350m: 4:13.13	37.29	550m: 6:43.36	37.28	750m: 9:13.73	37.28
	200m: 2:21.78	36.63	400m: 4:50.08	36.95	600m: 7:21.27	37.91	800m: 9:50.52	36.79
7.	Ines Carvalho, GALANTE	F	128478	04	Vilacondense	9:51.87	531	
	50m: 33.87	33.87	250m: 3:02.50	37.65	450m: 5:32.76	37.58	650m: 8:02.76	37.45
	100m: 1:10.09	36.22	300m: 3:40.12	37.62	500m: 6:10.33	37.57	700m: 8:40.25	37.49
	150m: 1:47.08	36.99	350m: 4:17.66	37.54	550m: 6:47.78	37.45	750m: 9:17.04	36.79
	200m: 2:24.85	37.77	400m: 4:55.18	37.52	600m: 7:25.31	37.53	800m: 9:51.87	34.83
8.	Barbara Daniela, TROIA	F	128479	04	Vilacondense	9:51.89	531	
	50m: 32.73	32.73	250m: 3:00.19	38.09	450m: 5:29.95	37.49	650m: 8:00.41	37.29
	100m: 1:08.99	36.26	300m: 3:37.96	37.77	500m: 6:07.94	37.99	700m: 8:39.83	39.42
	150m: 1:45.28	36.29	350m: 4:15.05	37.09	550m: 6:45.17	37.23	750m: 9:17.39	37.56
	200m: 2:22.10	36.82	400m: 4:52.46	37.41	600m: 7:23.12	37.95	800m: 9:51.89	34.50
9.	Beatriz Rosa, TROIA	F	127809	04	Vilacondense	10:02.16	504	
	50m: 32.57	32.57	250m: 2:58.59	36.97	450m: 5:32.35	39.46	650m: 8:08.02	38.94
	100m: 1:08.18	35.61	300m: 3:36.42	37.83	500m: 6:11.37	39.02	700m: 8:47.32	39.30
	150m: 1:44.48	36.30	350m: 4:14.14	37.72	550m: 6:50.03	38.66	750m: 9:25.40	38.08
	200m: 2:21.62	37.14	400m: 4:52.89	38.75	600m: 7:29.08	39.05	800m: 10:02.16	36.76
10.	Beatriz Pereira, RANGEL	F	127574	04	Fluvial Portuense	10:04.69	498	
	50m: 34.61	34.61	250m: 3:05.05	37.77	450m: 5:37.79	38.43	650m: 8:11.12	38.09
	100m: 1:11.60	36.99	300m: 3:43.16	38.11	500m: 6:16.20	38.41	700m: 8:49.48	38.36
	150m: 1:49.28	37.68	350m: 4:21.00	37.84	550m: 6:54.58	38.38	750m: 9:27.83	38.35
	200m: 2:27.28	38.00	400m: 4:59.36	38.36	600m: 7:33.03	38.45	800m: 10:04.69	36.86
11.	Barbara Vivas, BATISTA	F	129671	04	Luso-Internacional do Porto	10:05.69	495	
	50m: 33.58	33.58	250m: 3:03.72	37.87	450m: 5:36.95	38.24	650m: 8:11.02	39.29
	100m: 1:10.08	36.50	300m: 3:41.84	38.12	500m: 6:15.17	38.22	700m: 8:50.19	39.17
	150m: 1:48.03	37.95	350m: 4:20.13	38.29	550m: 6:53.22	38.05	750m: 9:28.98	38.79
	200m: 2:25.85	37.82	400m: 4:58.71	38.58	600m: 7:31.73	38.51	800m: 10:05.69	36.71
12.	Bruna Costa, SOARES	F	124579	04	Leixões Sport Clube	10:09.81	485	
	50m: 34.90	34.90	250m: 3:05.94	38.11	450m: 5:39.82	38.49	650m: 8:14.92	38.76
	100m: 1:11.95	37.05	300m: 3:44.47	38.53	500m: 6:18.51	38.69	700m: 8:54.26	39.34
	150m: 1:49.80	37.85	350m: 4:23.03	38.56	550m: 6:56.80	38.29	750m: 9:32.96	38.70
	200m: 2:27.83	38.03	400m: 5:01.33	38.30	600m: 7:36.16	39.36	800m: 10:09.81	36.85

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.54147

Registered to Associa o de Nata o do Norte de Portugal

08-05-2018 12:00 - P gina 27



Prova 8, Femin., 800m Livres, Juvenis B

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
28.	Marta Silva, RODRIGUES	F	128689 04	Clube Naval Povoense	10:52.53	396	
	50m: 36.22 36.22		250m: 3:18.39	40.84	450m: 6:04.41	41.85	650m: 8:50.71 40.98
	100m: 1:15.90 39.68		300m: 3:59.36	40.97	500m: 6:46.93	42.52	700m: 9:32.39 41.68
	150m: 1:56.59 40.69		350m: 4:40.69	41.33	550m: 7:28.49	41.56	750m: 10:13.28 40.89
	200m: 2:37.55 40.96		400m: 5:22.56	41.87	600m: 8:09.73	41.24	800m: 10:52.53 39.25
29.	Margarida Ariana, NETO	F	127945 04	Aquatico Pacense	10:53.79	394	
	50m: 36.22 36.22		250m: 3:18.70	41.12	450m: 6:02.68	41.39	650m: 8:49.92 42.09
	100m: 1:16.10 39.88		300m: 3:59.55	40.85	500m: 6:44.28	41.60	700m: 9:32.02 42.10
	150m: 1:56.61 40.51		350m: 4:40.34	40.79	550m: 7:26.05	41.77	750m: 10:13.92 41.90
	200m: 2:37.58 40.97		400m: 5:21.29	40.95	600m: 8:07.83	41.78	800m: 10:53.79 39.87
30.	Carolina Venade, GOMES	F	131619 04	Luso-Internacional do Porto	11:15.92	356	
	50m: 36.25 36.25		250m: 3:21.13	42.48	450m: 6:13.26	43.30	650m: 9:07.83 43.68
	100m: 1:16.16 39.91		300m: 4:03.65	42.52	500m: 6:56.87	43.61	700m: 9:51.46 43.63
	150m: 1:57.19 41.03		350m: 4:46.99	43.34	550m: 7:40.32	43.45	750m: 10:34.47 43.01
	200m: 2:38.65 41.46		400m: 5:29.96	42.97	600m: 8:24.15	43.83	800m: 11:15.92 41.45
31.	Raquel Caetano, OLIVEIRA FTL	F	202807 04	Vilacondense	11:30.28	334	
	50m: 37.90 37.90		250m: 3:31.65	43.02	450m: 6:26.19	43.49	650m: 9:23.31 44.47
	100m: 1:19.87 41.97		300m: 4:14.43	42.78	500m: 7:09.35	43.16	700m: 10:07.25 43.94
	150m: 2:03.78 43.91		350m: 4:58.82	44.39	550m: 7:53.27	43.92	750m: 10:49.75 42.50
	200m: 2:48.63 44.85		400m: 5:42.70	43.88	600m: 8:38.84	45.57	800m: 11:30.28 40.53
32.	Filipa Alexandra, SANTIAGO FTL	F	202844 04	AP Vila D Este	12:06.40	287	
	50m: 38.84 38.84		250m: 3:36.79	45.91	450m: 6:43.66	47.18	650m: 9:51.76 48.10
	100m: 1:20.63 41.79		300m: 4:23.24	46.45	500m: 7:29.99	46.33	700m: 10:38.23 46.47
	150m: 2:05.28 44.65		350m: 5:09.99	46.75	550m: 8:16.79	46.80	750m: 11:23.63 45.40
	200m: 2:50.88 45.60		400m: 5:56.48	46.49	600m: 9:03.66	46.87	800m: 12:06.40 42.77
DSQ	Ada Lobo, PASSOS 402 - O(A) nadador(a) não se manteve imobilizado(a) na sua posição de partida no bloco - SW 4.1	F	124968 04	Famalicao			DSQ
DNS	Jessica Catarina, CRUZ	F	124698 04	Aquatico Pacense			DNS
DNS	Joana Pereira, AGUIAR	F	124872 04	Vilacondense			DNS
WDR	Filipa Manso, PRETO	F	122150 04	Porto			WDR

Juvenis A

1.	Francisca Soares, MARTINS	F	126504 03	Foca	9:09.27	664	
	50m: 30.10 30.10		250m: 2:45.54	33.94	450m: 5:05.19	35.09	650m: 7:26.54 35.24
	100m: 1:03.51 33.41		300m: 3:20.35	34.81	500m: 5:40.33	35.14	700m: 8:01.64 35.10
	150m: 1:37.32 33.81		350m: 3:55.17	34.82	550m: 6:15.75	35.42	750m: 8:36.49 34.85
	200m: 2:11.60 34.28		400m: 4:30.10	34.93	600m: 6:51.30	35.55	800m: 9:09.27 32.78
2.	Catarina Silva, SOARES	F	121977 03	Porto	9:16.48	639	
	50m: 30.08 30.08		250m: 2:47.99	35.05	450m: 5:08.79	35.36	650m: 7:31.21 35.53
	100m: 1:03.51 33.43		300m: 3:23.21	35.22	500m: 5:44.28	35.49	700m: 8:06.91 35.70
	150m: 1:38.03 34.52		350m: 3:58.40	35.19	550m: 6:20.14	35.86	750m: 8:42.67 35.76
	200m: 2:12.94 34.91		400m: 4:33.43	35.03	600m: 6:55.68	35.54	800m: 9:16.48 33.81
3.	Maria Leonor, AMORIM	F	122000 03	Porto	9:30.46	593	
	50m: 31.66 31.66		250m: 2:53.17	35.71	450m: 5:19.04	36.47	650m: 7:44.25 36.41
	100m: 1:06.75 35.09		300m: 3:29.61	36.44	500m: 5:54.53	35.49	700m: 8:20.36 36.11
	150m: 1:42.09 35.34		350m: 4:06.02	36.41	550m: 6:31.00	36.47	750m: 8:56.07 35.71
	200m: 2:17.46 35.37		400m: 4:42.57	36.55	600m: 7:07.84	36.84	800m: 9:30.46 34.39
4.	Maria Freitas, CASTRO	F	124809 03	Assoc. Desportiva de Fafe	9:42.72	556	
	50m: 31.67 31.67		250m: 2:55.60	36.63	450m: 5:22.62	37.04	650m: 7:53.37 37.46
	100m: 1:06.78 35.11		300m: 3:32.15	36.55	500m: 6:00.13	37.51	700m: 8:30.89 37.52
	150m: 1:42.73 35.95		350m: 4:08.80	36.65	550m: 6:37.95	37.82	750m: 9:07.32 36.43
	200m: 2:18.97 36.24		400m: 4:45.58	36.78	600m: 7:15.91	37.96	800m: 9:42.72 35.40
5.	Eduarda Reis, SILVA	F	121702 03	Famalicao	9:44.80	550	
	50m: 32.36 32.36		250m: 2:55.80	36.30	450m: 5:24.87	37.44	650m: 7:55.03 37.86
	100m: 1:07.40 35.04		300m: 3:32.69	36.89	500m: 6:01.99	37.12	700m: 8:32.81 37.78
	150m: 1:43.23 35.83		350m: 4:09.77	37.08	550m: 6:39.53	37.54	750m: 9:09.66 36.85
	200m: 2:19.50 36.27		400m: 4:47.43	37.66	600m: 7:17.17	37.64	800m: 9:44.80 35.14
6.	Rita Malafaia, OLIVEIRA	F	124783 03	Porto	9:53.17	527	
	50m: 34.58 34.58		250m: 3:02.54	37.08	450m: 5:31.85	37.31	650m: 8:02.04 37.49
	100m: 1:11.19 36.61		300m: 3:40.04	37.50	500m: 6:09.29	37.44	700m: 8:39.50 37.46
	150m: 1:48.18 36.99		350m: 4:17.11	37.07	550m: 6:46.79	37.50	750m: 9:16.79 37.29
	200m: 2:25.46 37.28		400m: 4:54.54	37.43	600m: 7:24.55	37.76	800m: 9:53.17 36.38
7.	Maria Vitoria, HENRIQUES	F	128311 03	Assoc. Desportiva de Fafe	9:56.46	519	
	50m: 34.00 34.00		250m: 3:01.90	37.12	450m: 5:31.67	37.47	650m: 8:05.26 38.87
	100m: 1:10.72 36.72		300m: 3:38.92	37.02	500m: 6:09.44	37.77	700m: 8:43.69 38.43
	150m: 1:47.75 37.03		350m: 4:16.40	37.48	550m: 6:47.93	38.49	750m: 9:21.77 38.08
	200m: 2:24.78 37.03		400m: 4:54.20	37.80	600m: 7:26.39	38.46	800m: 9:56.46 36.69

Prova 8, Femin., 800m Livres, Juvenis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
8.	Em ­ Miranda, C ­ AMBAS	F	127618	03	Clube Naval Povoense	10:00.14	509	
	50m: 33.83	33.83	250m: 3:03.71	37.79	450m: 5:35.93	37.68	650m: 8:08.26	38.13
	100m: 1:10.47	36.64	300m: 3:41.80	38.09	500m: 6:13.76	37.83	700m: 8:45.95	37.69
	150m: 1:48.18	37.71	350m: 4:19.67	37.87	550m: 6:51.89	38.13	750m: 9:23.68	37.73
	200m: 2:25.92	37.74	400m: 4:58.25	38.58	600m: 7:30.13	38.24	800m: 10:00.14	36.46
9.	Ana Margarida, ALMEIDA	F	122992	03	Foca	10:05.02	497	
	50m: 33.89	33.89	250m: 3:01.04	37.89	450m: 5:34.94	37.98	650m: 8:10.43	38.46
	100m: 1:09.66	35.77	300m: 3:38.42	37.38	500m: 6:13.57	38.63	700m: 8:50.06	39.63
	150m: 1:46.23	36.57	350m: 4:17.53	39.11	550m: 6:52.63	39.06	750m: 9:27.87	37.81
	200m: 2:23.15	36.92	400m: 4:56.96	39.43	600m: 7:31.97	39.34	800m: 10:05.02	37.15
10.	Mariana Almeida, VALE	F	126713	03	Natacao Valongo	10:08.62	488	
	50m: 33.45	33.45	250m: 3:02.98	38.18	450m: 5:38.57	39.19	650m: 8:13.78	38.67
	100m: 1:09.53	36.08	300m: 3:41.79	38.81	500m: 6:17.14	38.57	700m: 8:52.61	38.83
	150m: 1:47.32	37.79	350m: 4:20.76	38.97	550m: 6:56.43	39.29	750m: 9:30.96	38.35
	200m: 2:24.80	37.48	400m: 4:59.38	38.62	600m: 7:35.11	38.68	800m: 10:08.62	37.66
11.	Carlota Sequeira, APARICIO	F	121976	03	Fluvial Portuense	10:11.41	481	
	50m: 35.71	35.71	250m: 3:09.74	38.10	450m: 5:43.27	38.39	650m: 8:18.13	38.84
	100m: 1:14.15	38.44	300m: 3:48.20	38.46	500m: 6:21.71	38.44	700m: 8:56.42	38.29
	150m: 1:53.03	38.88	350m: 4:26.47	38.27	550m: 7:00.32	38.61	750m: 9:34.23	37.81
	200m: 2:31.64	38.61	400m: 5:04.88	38.41	600m: 7:39.29	38.97	800m: 10:11.41	37.18
12.	Matilde Mota, DOMINGUES	F	122289	03	Colegio SMLamas	10:20.31	461	
	50m: 32.62	32.62	250m: 3:03.01	38.36	450m: 5:39.53	39.29	650m: 8:20.32	40.93
	100m: 1:08.72	36.10	300m: 3:41.87	38.86	500m: 6:18.52	38.99	700m: 9:00.52	40.20
	150m: 1:46.69	37.97	350m: 4:20.91	39.04	550m: 6:58.87	40.35	750m: 9:40.41	39.89
	200m: 2:24.65	37.96	400m: 5:00.24	39.33	600m: 7:39.39	40.52	800m: 10:20.31	39.90
13.	Alice Martins, LAMEIRA	F	126721	03	Leixões Sport Clube	10:21.44	458	
	50m: 35.45	35.45	250m: 3:11.85	39.47	450m: 5:47.01	38.95	650m: 8:24.99	39.68
	100m: 1:13.79	38.34	300m: 3:50.14	38.29	500m: 6:26.61	39.60	700m: 9:04.43	39.44
	150m: 1:52.79	39.00	350m: 4:29.22	39.08	550m: 7:05.76	39.15	750m: 9:43.42	38.99
	200m: 2:32.38	39.59	400m: 5:08.06	38.84	600m: 7:45.31	39.55	800m: 10:21.44	38.02
14.	Helena Isabel, FELGUEIRAS	F	122011	03	Natacao Valongo	10:31.47	437	
	50m: 34.67	34.67	250m: 3:11.65	39.75	450m: 5:50.46	39.40	650m: 8:32.94	40.89
	100m: 1:12.82	38.15	300m: 3:51.83	40.18	500m: 6:31.38	40.92	700m: 9:13.08	40.14
	150m: 1:52.03	39.21	350m: 4:31.38	39.55	550m: 7:11.88	40.50	750m: 9:52.80	39.72
	200m: 2:31.90	39.87	400m: 5:11.06	39.68	600m: 7:52.05	40.17	800m: 10:31.47	38.67
15.	Ines Soares, LEMA	F	129875	03	Fluvial Portuense	10:31.91	436	
	50m: 35.01	35.01	250m: 3:14.00	40.06	450m: 5:53.36	39.68	650m: 8:33.44	40.00
	100m: 1:14.22	39.21	300m: 3:53.85	39.85	500m: 6:33.22	39.86	700m: 9:14.10	40.66
	150m: 1:53.91	39.69	350m: 4:33.71	39.86	550m: 7:13.10	39.88	750m: 9:54.15	40.05
	200m: 2:33.94	40.03	400m: 5:13.68	39.97	600m: 7:53.44	40.34	800m: 10:31.91	37.76
16.	Ines Viamonte, GOMES	F	127122	03	Fluvial Portuense	10:36.61	426	
	50m: 36.03	36.03	250m: 3:15.86	40.06	450m: 5:55.29	40.00	650m: 8:36.60	39.77
	100m: 1:15.57	39.54	300m: 3:56.30	40.44	500m: 6:35.62	40.33	700m: 9:16.87	40.27
	150m: 1:55.43	39.86	350m: 4:35.87	39.57	550m: 7:15.44	39.82	750m: 9:58.26	41.39
	200m: 2:35.80	40.37	400m: 5:15.29	39.42	600m: 7:56.83	41.39	800m: 10:36.61	38.35
17.	Tatiana Valente, CARDOSO	F	128960	03	Aquatico Pacense	10:39.13	421	
	50m: 36.29	36.29	250m: 3:13.84	39.54	450m: 5:54.64	39.89	650m: 8:38.75	41.27
	100m: 1:15.12	38.83	300m: 3:53.98	40.14	500m: 6:35.22	40.58	700m: 9:19.43	40.68
	150m: 1:54.61	39.49	350m: 4:34.45	40.47	550m: 7:16.26	41.04	750m: 10:00.66	41.23
	200m: 2:34.30	39.69	400m: 5:14.75	40.30	600m: 7:57.48	41.22	800m: 10:39.13	38.47
18.	Filipa Manuela, MARTINS	F	128708	03	Penafiel	10:46.54	407	
	50m: 34.69	34.69	250m: 3:14.09	40.95	450m: 5:59.36	41.05	650m: 8:44.58	41.45
	100m: 1:13.03	38.34	300m: 3:55.45	41.36	500m: 6:40.66	41.30	700m: 9:26.46	41.88
	150m: 1:52.77	39.74	350m: 4:36.73	41.28	550m: 7:22.34	41.68	750m: 10:07.53	41.07
	200m: 2:33.14	40.37	400m: 5:18.31	41.58	600m: 8:03.13	40.79	800m: 10:46.54	39.01
19.	Beatriz Ferreira, MARTINS	F	129744	03	AP Vila D Este	10:52.07	397	
	50m: 36.08	36.08	250m: 3:20.03	41.56	450m: 6:04.91	41.56	650m: 8:51.61	41.36
	100m: 1:16.14	40.06	300m: 4:00.73	40.70	500m: 6:46.84	41.93	700m: 9:33.17	41.56
	150m: 1:57.16	41.02	350m: 4:41.90	41.17	550m: 7:28.40	41.56	750m: 10:13.56	40.39
	200m: 2:38.47	41.31	400m: 5:23.35	41.45	600m: 8:10.25	41.85	800m: 10:52.07	38.51
20.	Ana Carolina, LOPES	F	124707	03	Vilacondense	10:52.88	395	
	50m: 36.55	36.55	250m: 3:17.78	40.32	450m: 6:02.33	41.42	650m: 8:49.83	41.79
	100m: 1:16.19	39.64	300m: 3:58.63	40.85	500m: 6:43.80	41.47	700m: 9:31.55	41.72
	150m: 1:56.58	40.39	350m: 4:39.38	40.75	550m: 7:25.98	42.18	750m: 10:12.74	41.19
	200m: 2:37.46	40.88	400m: 5:20.91	41.53	600m: 8:08.04	42.06	800m: 10:52.88	40.14
21.	Jessica Filipa, SILVA <i>FL</i>	F	123095	03	AP Vila D Este	11:19.24	351	
	50m: 37.46	37.46	250m: 3:26.07	42.88	450m: 6:18.62	43.22	650m: 9:12.61	43.50
	100m: 1:18.65	41.19	300m: 4:09.25	43.18	500m: 7:02.25	43.63	700m: 9:55.51	42.90
	150m: 2:00.75	42.10	350m: 4:52.47	43.22	550m: 7:45.54	43.29	750m: 10:38.16	42.65
	200m: 2:43.19	42.44	400m: 5:35.40	42.93	600m: 8:29.11	43.57	800m: 11:19.24	41.08

Prova 8, Femin., 800m Livres, Juvenis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
22.	Ines Paiva, CAMPOS <i>FTL</i>	F	125901	03	Colegio SMLamas	11:48.51	309	
	50m: 35.49 35.49		250m: 3:25.97	43.90	450m: 6:27.58	46.63	650m: 9:33.81	46.44
	100m: 1:15.41 39.92		300m: 4:10.43	44.46	500m: 7:14.03	46.45	700m: 10:20.01	46.20
	150m: 1:58.37 42.96		350m: 4:55.70	45.27	550m: 8:00.67	46.64	750m: 11:05.48	45.47
	200m: 2:42.07 43.70		400m: 5:40.95	45.25	600m: 8:47.37	46.70	800m: 11:48.51	43.03
DNS	Ines Freitas, ROCHA	F	129880	03	Aquatico Pacense			DNS
DNS	Barbara Azevedo, MAGALHAES	F	129745	03	Fluvial Portuense			DNS
DNS	Daniela Filipa, SANTOS	F	123011	03	Fluvial Portuense			DNS
DNS	Catarina Lopes, FERREIRA	F	129483	03	Assoc. Desportiva de Fafe			DNS
DNS	Ana Pereira, SILVA	F	124810	03	Assoc. Desportiva de Fafe			DNS

2 - 1ª Jornada - 2ª Sessão

05-05-2018 - 15:30

Prova 3	Femin., 400m Estilos				Juvenis
05-05-2018	GRAFIPRONGO				Resultados
Rec Nacionais - 25m Absoluto	4:39.03	Victoria, KAMINSKAYA	PIMP	Porto	19-12-2014
Rec Nacionais - 25m Juv A	4:51.85	Ana Claudia, SANTOS	SFUAP	Setubal	21-11-2004
Rec Nacionais - 25m Juv B	4:57.68	Susana Patricia, MIGUEL	SFUAP	Penafiel	19-03-2004
Recorde Regional 25m Absoluto	4:46.89	Ines Neto, ROCHA	CAP	Felgueiras	15-04-2018
Recorde Regional 25m Juv A	4:55.09	Diana Margarida, DURAES	FOCA	Guarda	10-12-2010
Recorde Regional 25m Juv B	5:00.32	Ana Beatriz, MARTINS	GDNF	Felgueiras	09-03-2013

Juvenis A Fem Juv A: 6:11.15 / Juvenis B Fem Juv B: 6:21.85

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Juvenis B								
1.	Mariana Pacheco, CUNHA <i>Recorde Nacional</i>	F	124577	04	Fluvial Portuense	4:56.53	669	
	50m: 30.57 30.57				150m: 1:43.78 38.08	250m: 3:03.19 42.28	350m: 4:22.87 35.23	
	100m: 1:05.70 35.13				200m: 2:20.91 37.13	300m: 3:47.64 44.45	400m: 4:56.53 33.66	
2.	Carolina Teixeira, PINHO	F	124769	04	Porto	5:12.32	573	
	50m: 33.40 33.40				150m: 1:52.35 41.97	250m: 3:16.88 44.45	350m: 4:37.62 35.84	
	100m: 1:10.38 36.98				200m: 2:32.43 40.08	300m: 4:01.78 44.90	400m: 5:12.32 34.70	
3.	Ana Rita, OLIVEIRA	F	124995	04	Clube Naval Povoense	5:12.35	573	
	50m: 32.50 32.50				150m: 1:50.52 39.37	250m: 3:14.62 44.87	350m: 4:36.85 36.36	
	100m: 1:11.15 38.65				200m: 2:29.75 39.23	300m: 4:00.49 45.87	400m: 5:12.35 35.50	
4.	Barbara Daniela, TROIA	F	128479	04	Vilacondense	5:21.00	528	
	50m: 34.33 34.33				150m: 1:53.80 39.10	250m: 3:21.37 48.89	350m: 4:46.52 36.33	
	100m: 1:14.70 40.37				200m: 2:32.48 38.68	300m: 4:10.19 48.82	400m: 5:21.00 34.48	
5.	Jessica Catarina, CRUZ	F	124698	04	Aquatico Pacense	5:26.33	502	
	50m: 33.99 33.99				150m: 1:54.04 41.61	250m: 3:21.09 45.69	350m: 4:47.44 40.86	
	100m: 1:12.43 38.44				200m: 2:35.40 41.36	300m: 4:06.58 45.49	400m: 5:26.33 38.89	
6.	Eduarda Filipa, LIMA	F	124738	04	Vilacondense	5:26.34	502	
	50m: 34.49 34.49				150m: 1:56.39 42.93	250m: 3:25.23 47.28	350m: 4:50.34 37.68	
	100m: 1:13.46 38.97				200m: 2:37.95 41.56	300m: 4:12.66 47.43	400m: 5:26.34 36.00	
7.	Beatriz Rosa, TROIA	F	127809	04	Vilacondense	5:26.52	501	
	50m: 34.76 34.76				150m: 1:55.46 41.49	250m: 3:24.76 50.20	350m: 4:51.58 37.28	
	100m: 1:13.97 39.21				200m: 2:34.56 39.10	300m: 4:14.30 49.54	400m: 5:26.52 34.94	
8.	Alexia Bastos, BARROS	F	128583	04	Assoc. Desportiva de Fafe	5:31.24	480	
	50m: 35.95 35.95				150m: 1:59.76 43.15	250m: 3:28.56 45.31	350m: 4:54.16 39.69	
	100m: 1:16.61 40.66				200m: 2:43.25 43.49	300m: 4:14.47 45.91	400m: 5:31.24 37.08	
9.	Carolina Neves, ROCHA	F	200235	04	Individual ANNP	5:31.97	477	
	50m: 36.13 36.13				150m: 2:00.38 41.43	250m: 3:28.13 47.25	350m: 4:54.58 39.08	
	100m: 1:18.95 42.82				200m: 2:40.88 40.50	300m: 4:15.50 47.37	400m: 5:31.97 37.39	
10.	Vanda Eduarda, MELO	F	132734	04	Foca	5:33.82	469	
	50m: 37.29 37.29				150m: 2:02.97 42.67	250m: 3:31.02 46.60	350m: 4:56.18 38.04	
	100m: 1:20.30 43.01				200m: 2:44.42 41.45	300m: 4:18.14 47.12	400m: 5:33.82 37.64	
11.	Ines Carvalho, GALANTE	F	128478	04	Vilacondense	5:34.30	467	
	50m: 36.38 36.38				150m: 2:03.06 43.74	250m: 3:34.52 48.20	350m: 4:59.03 36.54	
	100m: 1:19.32 42.94				200m: 2:46.32 43.26	300m: 4:22.49 47.97	400m: 5:34.30 35.27	
12.	Joana Neves, ABREU	F	129434	04	Porto	5:37.04	456	
	50m: 37.06 37.06				150m: 2:03.68 43.16	250m: 3:34.51 48.81	350m: 5:00.56 37.28	
	100m: 1:20.52 43.46				200m: 2:45.70 42.02	300m: 4:23.28 48.77	400m: 5:37.04 36.48	
13.	Marta Lima, PIMENTEL	F	130230	04	Fluvial Portuense	5:37.84	452	
	50m: 36.63 36.63				150m: 2:03.39 42.62	250m: 3:34.43 49.57	350m: 5:01.45 37.12	
	100m: 1:20.77 44.14				200m: 2:44.86 41.47	300m: 4:24.33 49.90	400m: 5:37.84 36.39	
14.	Beatriz Pereira, RANGEL	F	127574	04	Fluvial Portuense	5:39.73	445	
	50m: 35.71 35.71				150m: 2:04.23 43.96	250m: 3:34.47 47.84	350m: 5:02.25 39.12	
	100m: 1:20.27 44.56				200m: 2:46.63 42.40	300m: 4:23.13 48.66	400m: 5:39.73 37.48	
15.	Ada Lobo, PASSOS	F	124968	04	Famalicao	5:39.81	445	
	50m: 35.10 35.10				150m: 2:00.86 45.03	250m: 3:34.79 51.04	350m: 5:03.60 36.92	
	100m: 1:15.83 40.73				200m: 2:43.75 42.89	300m: 4:26.68 51.89	400m: 5:39.81 36.21	
16.	Marta Oliveira, FERREIRA	F	125854	04	Ginásio Santo Tirso	5:39.95	444	
	50m: 36.85 36.85				150m: 2:03.02 43.63	250m: 3:33.99 47.67	350m: 5:02.45 39.72	
	100m: 1:19.19 42.34				200m: 2:46.32 43.30	300m: 4:22.73 48.74	400m: 5:39.95 37.50	

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Prova 3, Femin., 400m Estilos, Juvenis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
17.	Barbara Vivas, BATISTA	F	129671	04	Luso-Internacional do Porto	5:40.08	444	
	50m: 38.64 38.64		150m: 2:10.29		44.77 250m: 3:39.66	46.03 350m: 5:04.12		37.62
	100m: 1:25.52 46.88		200m: 2:53.63		43.34 300m: 4:26.50	46.84 400m: 5:40.08		35.96
18.	Maria Manuel, RIOS	F	201297	04	Leixões Sport Clube	5:40.68	441	
	50m: 37.42 37.42		150m: 2:05.36		44.26 250m: 3:37.16	49.30 350m: 5:05.03		38.53
	100m: 1:21.10 43.68		200m: 2:47.86		42.50 300m: 4:26.50	49.34 400m: 5:40.68		35.65
19.	Rita Salome, COSTA	F	130078	04	Aquatico Pacense	5:40.96	440	
	50m: 37.07 37.07		150m: 2:02.26		43.41 250m: 3:35.29	50.72 350m: 5:03.81		38.17
	100m: 1:18.85 41.78		200m: 2:44.57		42.31 300m: 4:25.64	50.35 400m: 5:40.96		37.15
20.	Marta Silva, RODRIGUES	F	128689	04	Clube Naval Povoense	5:41.43	438	
	50m: 37.05 37.05		150m: 2:05.83		47.04 250m: 3:36.96	45.19 350m: 5:03.15		39.63
	100m: 1:18.79 41.74		200m: 2:51.77		45.94 300m: 4:23.52	46.56 400m: 5:41.43		38.28
21.	Bruna Costa, SOARES	F	124579	04	Leixões Sport Clube	5:42.09	436	
	50m: 35.00 35.00		150m: 2:01.70		45.66 250m: 3:36.29	50.82 350m: 5:06.30		38.46
	100m: 1:16.04 41.04		200m: 2:45.47		43.77 300m: 4:27.84	51.55 400m: 5:42.09		35.79
22.	Ines Martins, SILVA	F	127134	04	Vilacondense	5:45.61	423	
	50m: 36.84 36.84		150m: 2:09.53		47.49 250m: 3:43.62	48.45 350m: 5:10.33		37.53
	100m: 1:22.04 45.20		200m: 2:55.17		45.64 300m: 4:32.80	49.18 400m: 5:45.61		35.28
23.	Mariana Filipa, GOMES	F	128450	04	Penafiel	5:48.96	411	
	50m: 39.12 39.12		150m: 2:08.43		42.82 250m: 3:41.35	50.82 350m: 5:11.69		39.83
	100m: 1:25.61 46.49		200m: 2:50.53		42.10 300m: 4:31.86	50.51 400m: 5:48.96		37.27
24.	Fabia Isabel, GOMES	F	124772	04	Fluvial Portuense	5:49.03	410	
	50m: 39.22 39.22		150m: 2:07.60		43.20 250m: 3:39.30	49.39 350m: 5:10.71		40.52
	100m: 1:24.40 45.18		200m: 2:49.91		42.31 300m: 4:30.19	50.89 400m: 5:49.03		38.32
25.	Angela Emilia, GONCALVES	F	204134	04	Clube Naval Povoense	5:56.49	385	
	50m: 38.55 38.55		150m: 2:09.24		45.21 250m: 3:43.74	51.55 350m: 5:17.19		42.27
	100m: 1:24.03 45.48		200m: 2:52.19		42.95 300m: 4:34.92	51.18 400m: 5:56.49		39.30
26.	Barbara Castro, COELHO	F	123752	04	Colegio SMLamas	5:59.48	375	
	50m: 37.81 37.81		150m: 2:13.75		47.71 250m: 3:50.58	50.30 350m: 5:22.59		40.66
	100m: 1:26.04 48.23		200m: 3:00.28		46.53 300m: 4:41.93	51.35 400m: 5:59.48		36.89
27.	Carolina Venade, GOMES	F	131619	04	Luso-Internacional do Porto	6:00.19	373	
	50m: 37.16 37.16		150m: 2:05.50		47.01 250m: 3:45.42	53.84 350m: 5:20.09		40.69
	100m: 1:18.49 41.33		200m: 2:51.58		46.08 300m: 4:39.40	53.98 400m: 6:00.19		40.10
28.	Margarida Ariana, NETO	F	127945	04	Aquatico Pacense	6:00.28	373	
	50m: 38.58 38.58		150m: 2:09.18		44.55 250m: 3:45.99	52.98 350m: 5:19.36		40.47
	100m: 1:24.63 46.05		200m: 2:53.01		43.83 300m: 4:38.89	52.90 400m: 6:00.28		40.92
29.	Mariana Cardoso, CUNHA	F	126321	04	Luso-Internacional do Porto	6:00.45	372	
	50m: 38.69 38.69		150m: 2:13.24		46.70 250m: 3:46.98	48.49 350m: 5:20.57		42.80
	100m: 1:26.54 47.85		200m: 2:58.49		45.25 300m: 4:37.77	50.79 400m: 6:00.45		39.88
30.	Rita Braganca, GONCALVES	F	129669	04	Vilacondense	6:01.51	369	
	50m: 38.96 38.96		150m: 2:15.77		47.31 250m: 3:52.50	52.09 350m: 4:46.72		20.21
	100m: 1:28.46 49.50		200m: 3:00.41		44.64 300m: 4:26.51	34.01 400m: 6:01.51		1:14.79
31.	Joana Pereira, AGUIAR	F	124872	04	Vilacondense	6:04.53	360	
	50m: 42.29 42.29		150m: 2:17.46		43.85 250m: 3:53.38	52.07 350m: 5:26.81		39.88
	100m: 1:33.61 51.32		200m: 3:01.31		43.85 300m: 4:46.93	53.55 400m: 6:04.53		37.72
32.	Beatriz Alexandra, DUARTE	F	129439	04	Leixões Sport Clube	6:05.18	358	
	50m: 43.92 43.92		150m: 2:17.92		46.24 250m: 3:57.48	54.41 350m: 5:28.42		37.29
	100m: 1:31.68 47.76		200m: 3:03.07		45.15 300m: 4:51.13	53.65 400m: 6:05.18		36.76
33.	Filipa Alexandra, SANTIAGO	F	202844	04	AP Vila D Este	6:14.67	332	
	50m: 43.51 43.51		150m: 2:19.61		47.80 250m: 3:57.52	51.48 350m: 5:33.70		46.38
	100m: 1:31.81 48.30		200m: 3:06.04		46.43 300m: 4:47.32	49.80 400m: 6:14.67		40.97
34.	Raquel Caetano, OLIVEIRA FTL	F	202807	04	Vilacondense	6:32.60	288	
	50m: 39.78 39.78		150m: 2:23.07		48.77 250m: 4:07.94	58.74 350m: 5:50.14		42.44
	100m: 1:34.30 54.52		200m: 3:09.20		46.13 300m: 5:07.70	59.76 400m: 6:32.60		42.46
DSQ	Catarina Cardoso, LIMA	F	131610	04	Clube Naval Povoense			DSQ
	611 - O(A) nadador(a) não terminou a prova tocando na parede em posição dorsal – SW 6.5							
WDR	Filipa Manso, PRETO	F	122150	04	Porto			WDR

Prova 3, Femin., 400m Estilos

Juvenis A

1.	Catarina Silva, SOARES	F	121977	03	Porto					5:02.36	631
	50m: 31.85		150m: 1:49.21		39.76	250m: 3:10.39	43.42	350m: 4:28.29		34.20	
	100m: 1:09.45		200m: 2:26.97		37.76	300m: 3:54.09	43.70	400m: 5:02.36		34.07	
2.	Maria Leonor, AMORIM	F	122000	03	Porto					5:08.87	592
	50m: 33.10		150m: 1:51.83		39.45	250m: 3:14.98	44.98	350m: 4:33.87		35.45	
	100m: 1:12.38		200m: 2:30.00		38.17	300m: 3:58.42	43.44	400m: 5:08.87		35.00	
3.	Francisca Soares, MARTINS	F	126504	03	Foca					5:10.98	580
	50m: 32.20		150m: 1:50.96		41.33	250m: 3:16.06	44.46	350m: 4:37.18		35.17	
	100m: 1:09.63		200m: 2:31.60		40.64	300m: 4:02.01	45.95	400m: 5:10.98		33.80	
4.	Maria Freitas, CASTRO	F	124809	03	Assoc. Desportiva de Fafe					5:12.22	573
	50m: 33.13		150m: 1:53.32		42.89	250m: 3:18.18	43.34	350m: 4:28.62		27.51	
	100m: 1:10.43		200m: 2:34.84		41.52	300m: 4:01.11	42.93	400m: 5:12.22		43.60	
5.	Eduarda Reis, SILVA	F	121702	03	Famalicao					5:15.33	557
	50m: 32.20		150m: 1:52.45		41.97	250m: 3:18.58	45.55	350m: 4:41.47		36.44	
	100m: 1:10.48		200m: 2:33.03		40.58	300m: 4:05.03	46.45	400m: 5:15.33		33.86	
6.	Rita Malafaia, OLIVEIRA	F	124783	03	Porto					5:26.36	502
	50m: 35.73		150m: 1:59.40		42.74	250m: 3:26.84	45.52	350m: 4:50.16		37.91	
	100m: 1:16.66		200m: 2:41.32		41.92	300m: 4:12.25	45.41	400m: 5:26.36		36.20	
7.	Carlota Sequeira, APARICIO	F	121976	03	Fluvial Portuense					5:30.91	482
	50m: 34.87		150m: 1:56.13		41.45	250m: 3:25.55	48.56	350m: 4:53.44		38.85	
	100m: 1:14.68		200m: 2:36.99		40.86	300m: 4:14.59	49.04	400m: 5:30.91		37.47	
8.	Ema Miranda, CAMBAS	F	127618	03	Clube Naval Povoense					5:33.95	468
	50m: 35.90		150m: 2:00.11		41.52	250m: 3:28.93	49.00	350m: 4:58.13		38.98	
	100m: 1:18.59		200m: 2:39.93		39.82	300m: 4:19.15	50.22	400m: 5:33.95		35.82	
9.	Matilde Mota, DOMINGUES	F	122289	03	Colegio SMLamas					5:34.10	468
	50m: 32.29		150m: 1:55.79		44.93	250m: 3:26.28	44.95	350m: 4:54.59		41.42	
	100m: 1:10.86		200m: 2:41.33		45.54	300m: 4:13.17	46.89	400m: 5:34.10		39.51	
10.	Helena Isabel, FELGUEIRAS	F	122011	03	Natacao Valongo					5:37.91	452
	50m: 34.79		150m: 1:58.43		42.76	250m: 3:30.10	50.29	350m: 5:00.21		39.41	
	100m: 1:15.67		200m: 2:39.81		41.38	300m: 4:20.80	50.70	400m: 5:37.91		37.70	
11.	Tatiana Valente, CARDOSO	F	128960	03	Aquatico Pacense					5:38.37	450
	50m: 35.14		150m: 1:58.09		43.13	250m: 3:29.73	48.24	350m: 4:59.72		40.87	
	100m: 1:14.96		200m: 2:41.49		43.40	300m: 4:18.85	49.12	400m: 5:38.37		38.65	
12.	Maria Vitoria, HENRIQUES	F	128311	03	Assoc. Desportiva de Fafe					5:40.71	441
	50m: 38.60		150m: 2:08.24		43.58	250m: 3:37.89	48.47	350m: 5:04.84		38.55	
	100m: 1:24.66		200m: 2:49.42		41.18	300m: 4:26.29	48.40	400m: 5:40.71		35.87	
13.	Alice Martins, LAMEIRA	F	126721	03	Leixões Sport Clube					5:40.84	441
	50m: 35.82		150m: 1:59.99		43.49	250m: 3:33.26	51.58	350m: 5:04.15		39.48	
	100m: 1:16.50		200m: 2:41.68		41.69	300m: 4:24.67	51.41	400m: 5:40.84		36.69	
14.	Mariana Almeida, VALE	F	126713	03	Natacao Valongo					5:47.94	414
	50m: 36.43		150m: 2:06.75		46.78	250m: 3:40.15	48.30	350m: 5:11.42		39.13	
	100m: 1:19.97		200m: 2:51.85		45.10	300m: 4:32.29	52.14	400m: 5:47.94		36.52	
15.	Catarina Lopes, FERREIRA	F	129483	03	Assoc. Desportiva de Fafe					5:49.87	407
	50m: 39.50		150m: 2:11.40		45.71	250m: 3:43.79	47.97	350m: 5:12.08		40.06	
	100m: 1:25.69		200m: 2:55.82		44.42	300m: 4:32.02	48.23	400m: 5:49.87		37.79	
16.	Ines Viamonte, GOMES	F	127122	03	Fluvial Portuense					5:50.40	405
	50m: 37.63		150m: 2:05.90		45.78	250m: 3:39.94	50.34	350m: 5:10.66		39.71	
	100m: 1:20.12		200m: 2:49.60		43.70	300m: 4:30.95	51.01	400m: 5:50.40		39.74	
17.	Filipa Manuela, MARTINS	F	128708	03	Penafiel					5:53.82	394
	50m: 38.43		150m: 2:11.99		45.94	250m: 3:44.09	47.98	350m: 5:14.49		41.23	
	100m: 1:26.05		200m: 2:56.11		44.12	300m: 4:33.26	49.17	400m: 5:53.82		39.33	
18.	Ines Soares, LEMA	F	129875	03	Fluvial Portuense					5:57.31	382
	50m: 38.47		150m: 2:09.43		46.11	250m: 3:46.31	52.32	350m: 5:18.35		39.82	
	100m: 1:23.32		200m: 2:53.99		44.56	300m: 4:38.53	52.22	400m: 5:57.31		38.96	
19.	Ana Carolina, LOPES	F	124707	03	Vilacondense					5:57.37	382
	50m: 37.71		150m: 2:08.58		44.00	250m: 3:45.52	53.37	350m: 5:18.37		39.41	
	100m: 1:24.58		200m: 2:52.15		43.57	300m: 4:38.96	53.44	400m: 5:57.37		39.00	
20.	Beatriz Ferreira, MARTINS	F	129744	03	AP Vila D Este					6:00.28	373
	50m: 38.03		150m: 2:10.24		45.39	250m: 3:49.95	55.20	350m: 5:23.63		40.06	
	100m: 1:24.85		200m: 2:54.75		44.51	300m: 4:43.57	53.62	400m: 6:00.28		36.65	
21.	Jessica Filipa, SILVA FL	F	123095	03	AP Vila D Este					6:15.00	331
	50m: 43.55		150m: 2:22.61		47.04	250m: 3:58.56	50.84	350m: 4:50.45		31.95	
	100m: 1:35.57		200m: 3:07.72		45.11	300m: 4:18.50	19.94	400m: 6:15.00		1:24.55	
22.	Ines Paiva, CAMPOS FL	F	125901	03	Colegio SMLamas					6:20.82	316
	50m: 40.49		100m: 1:29.97		49.48	150m: 2:19.23	49.26	200m: 3:07.03		47.80	
	250m: 3:58.59		300m: 4:52.08		53.49	350m: 5:36.16	44.08	400m: 6:20.82		44.66	

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Prova 3, Femin., 400m Estilos, Juvenis A

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
DNS	Ines Freitas, ROCHA	F	129880 03	Aquatico Pacense			DNS
DNS	Barbara Azevedo, MAGALHAES	F	129745 03	Fluvial Portuense			DNS
DNS	Daniela Filipa, SANTOS	F	123011 03	Fluvial Portuense			DNS
DNS	Ana Pereira, SILVA	F	124810 03	Assoc. Desportiva de Fafe			DNS

Prova 4
05-05-2018

Masc., 1500m Livres
GRAFIPRONGO

Juvenis
Resultados

Rec Nacionais - 25m Absoluto	15:04.78	Fernando Eurico, COSTA	FPN	Trieste (ITA)	10-12-2005
Rec Nacionais - 25m Juv A	15:36.31	Rui Filipe, COSTA	VSC	Braga	04-03-2007
Rec Nacionais - 25m Juv B	16:09.71	Luis Miguel, MONTEIRO	FCP	Felgueiras	01-03-1998
Recorde Regional 25m Absoluto	15:04.78	Fernando Eurico, COSTA	FPN	Trieste (ITA)	10-12-2005
Recorde Regional 25m Juv A	15:36.31	Rui Filipe, COSTA	VSC	Braga	04-03-2007
Recorde Regional 25m Juv B	16:09.71	Luis Miguel, MONTEIRO	FCP	Felgueiras	01-03-1998

Juvenis A Masc Juv A: 20:13.84 / Juvenis B Masc Juv B: 20:36.53

Pontos: FINA 2017

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
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Juvenis B

1.	Tiago Moura, RODRIGUES	M	131137 03	Luso-Internacional do Porto	17:07.18	562	
	50m: 31.09 31.09		400m: 4:29.37	1:09.29 800m: 9:07.74	1:09.47	1200m: 15:41.96	3:08.89
	100m: 1:03.30 32.21		500m: 5:39.30	1:09.93 900m: 10:15.74	1:08.00	1300m: 14:50.49	
	200m: 2:11.27 1:07.97		600m: 6:48.52	1:09.22 1000m: 11:24.43	1:08.69	1400m: 15:59.72	1:09.23
	300m: 3:20.08 1:08.81		700m: 7:58.27	1:09.75 1100m: 12:33.07	1:08.64	1500m: 17:07.18	1:07.46
2.	Diogo Nunes, SOUSA	M	127667 03	Vitória Sport Clube	17:11.56	555	
	50m: 31.24 31.24		400m: 4:29.22	1:09.28 800m: 9:08.24	1:09.52	1200m: 13:45.62	1:09.63
	100m: 1:03.94 32.70		500m: 5:39.15	1:09.93 900m: 10:17.08	1:08.84	1300m: 14:55.38	1:09.76
	200m: 2:11.78 1:08.76		600m: 6:48.99	1:09.84 1000m: 11:26.20	1:09.12	1400m: 16:05.44	1:10.06
	300m: 3:19.94 1:08.16		700m: 7:58.72	1:09.73 1100m: 12:35.99	1:09.79	1500m: 17:11.56	1:06.12
3.	Ruben Fonseca, DIAS	M	125780 03	Natacao Valongo	17:15.11	549	
	50m: 31.73 31.73		400m: 4:32.41	1:09.24 800m: 9:07.73	1:08.94	1200m: 13:47.19	1:09.97
	100m: 1:04.92 33.19		500m: 5:40.68	1:08.27 900m: 10:17.85	1:10.12	1300m: 14:57.67	1:10.48
	200m: 2:13.68 1:08.76		600m: 6:49.56	1:08.88 1000m: 11:27.26	1:09.41	1400m: 16:08.06	1:10.39
	300m: 3:23.17 1:09.49		700m: 7:58.79	1:09.23 1100m: 12:37.22	1:09.96	1500m: 17:15.11	1:07.05
4.	Joao Carlos, FERREIRA	M	127550 03	Porto	17:40.41	511	
	50m: 32.35 32.35		400m: 4:38.75	1:11.15 800m: 9:25.63	1:11.91	1200m: 14:10.44	1:10.38
	100m: 1:06.79 34.44		500m: 5:50.38	1:11.63 900m: 10:36.83	1:11.20	1300m: 15:21.47	1:11.03
	200m: 2:16.70 1:09.91		600m: 7:01.75	1:11.37 1000m: 11:48.25	1:11.42	1400m: 16:32.54	1:11.07
	300m: 3:27.60 1:10.90		700m: 8:13.72	1:11.97 1100m: 13:00.06	1:11.81	1500m: 17:40.41	1:07.87
5.	Joao Guilherme, ARAUJO	M	130366 03	Natacao da Maia	17:40.48	511	
	50m: 39.32 39.32		400m: 4:38.54	1:11.06 800m: 9:25.45	1:11.81	1200m: 14:10.64	1:11.07
	100m: 1:06.20 26.88		500m: 5:50.10	1:11.56 900m: 10:36.73	1:11.28	1300m: 15:21.86	1:11.22
	200m: 2:16.39 1:10.19		600m: 7:01.76	1:11.66 1000m: 11:47.89	1:11.16	1400m: 16:32.60	1:10.74
	300m: 3:27.48 1:11.09		700m: 8:13.64	1:11.88 1100m: 12:59.57	1:11.68	1500m: 17:40.48	1:07.88
6.	Duarte Monteiro, CASTRO	M	121978 03	Porto	17:46.13	503	
	50m: 32.70 32.70		400m: 4:39.00	1:10.90 800m: 9:25.60	1:11.71	1200m: 14:12.95	1:11.79
	100m: 1:07.02 34.32		500m: 5:50.10	1:11.10 900m: 10:37.51	1:11.91	1300m: 15:26.36	1:13.41
	200m: 2:17.39 1:10.37		600m: 7:01.67	1:11.57 1000m: 11:49.20	1:11.69	1400m: 16:37.10	1:10.74
	300m: 3:28.10 1:10.71		700m: 8:13.89	1:12.22 1100m: 13:01.16	1:11.96	1500m: 17:46.13	1:09.03
7.	Andre Costa, MARQUES	M	121721 03	Famalicao	17:46.72	502	
	50m: 32.88 32.88		400m: 4:38.84	1:11.22 800m: 9:25.41	1:11.41	1200m: 14:11.91	1:12.09
	100m: 1:06.82 33.94		500m: 5:50.45	1:11.61 900m: 10:36.84	1:11.43	1300m: 15:24.50	1:12.59
	200m: 2:16.72 1:09.90		600m: 7:02.08	1:11.63 1000m: 11:48.03	1:11.19	1400m: 16:36.78	1:12.28
	300m: 3:27.62 1:10.90		700m: 8:14.00	1:11.92 1100m: 12:59.82	1:11.79	1500m: 17:46.72	1:09.94
8.	Fernando Costa, CARVALHO	M	129065 03	Foca	17:48.64	499	
	50m: 32.76 32.76		400m: 4:37.07	1:10.97 800m: 9:24.82	1:12.67	1200m: 14:14.10	1:13.03
	100m: 1:07.10 34.34		500m: 5:48.26	1:11.19 900m: 10:36.67	1:11.85	1300m: 15:26.76	1:12.66
	200m: 2:16.10 1:09.00		600m: 6:59.70	1:11.44 1000m: 11:49.16	1:12.49	1400m: 16:40.04	1:13.28
	300m: 3:26.10 1:10.00		700m: 8:12.15	1:12.45 1100m: 13:01.07	1:11.91	1500m: 17:48.64	1:08.60
9.	Ruben Filipe, SILVA	M	124865 03	Foca	17:52.75	494	
	50m: 34.00 34.00		400m: 4:40.21	1:10.87 800m: 9:26.87	1:12.66	1200m: 14:15.93	1:12.68
	100m: 1:08.74 34.74		500m: 5:51.24	1:11.03 900m: 10:39.12	1:12.25	1300m: 15:28.84	1:12.91
	200m: 2:19.06 1:10.32		600m: 7:02.53	1:11.29 1000m: 11:51.43	1:12.31	1400m: 16:42.15	1:13.31
	300m: 3:29.34 1:10.28		700m: 8:14.21	1:11.68 1100m: 13:03.25	1:11.82	1500m: 17:52.75	1:10.60

O Secretário do Juri

O Juiz  rbitro

Splash Meet Manager, 11.54147

Registered to Associa o de Nata o do Norte de Portugal

08-05-2018 12:00 - P gina 35



Prova 4, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	Pts	Obs
25.	Diogo Joao, ROCHA	M	132204 03	Fluvial Portuense	18:37.51	437	
	50m: 35.94 35.94	400m: 4:58.64	1:15.13	800m: 9:59.41	1:16.32	1200m: 15:01.09	1:15.89
	100m: 1:12.72 36.78	500m: 6:12.64	1:14.00	900m: 11:15.06	1:15.65	1300m: 16:15.98	1:14.89
	200m: 2:28.26 1:15.54	600m: 7:28.04	1:15.40	1000m: 12:30.39	1:15.33	1400m: 17:29.51	1:13.53
	300m: 3:43.51 1:15.25	700m: 8:43.09	1:15.05	1100m: 13:45.20	1:14.81	1500m: 18:37.51	1:08.00
26.	Diogo Antonio, FOLHA	M	124585 03	Leixões Sport Clube	18:40.33	433	
	50m: 35.45 35.45	400m: 4:56.26	1:14.90	800m: 9:58.48	1:16.04	1200m: 15:00.57	1:15.91
	100m: 1:11.86 36.41	500m: 6:11.57	1:15.31	900m: 11:13.29	1:14.81	1300m: 16:16.16	1:15.59
	200m: 2:26.36 1:14.50	600m: 7:26.98	1:15.41	1000m: 12:28.67	1:15.38	1400m: 17:29.51	1:13.35
	300m: 3:41.36 1:15.00	700m: 8:42.44	1:15.46	1100m: 13:44.66	1:15.99	1500m: 18:40.33	1:10.82
27.	Jose Miguel, ARAUJO	M	123238 03	Famalicao	18:43.65	429	
	50m: 33.87 33.87	400m: 4:52.29	1:14.56	800m: 9:55.08	1:15.85	1200m: 14:56.13	1:15.51
	100m: 1:09.65 35.78	500m: 6:07.69	1:15.40	900m: 11:10.12	1:15.04	1300m: 16:12.73	1:16.60
	200m: 2:23.52 1:13.87	600m: 7:23.62	1:15.93	1000m: 12:25.23	1:15.11	1400m: 17:29.18	1:16.45
	300m: 3:37.73 1:14.21	700m: 8:39.23	1:15.61	1100m: 13:40.62	1:15.39	1500m: 18:43.65	1:14.47
28.	Joao Martins, FARIA	M	127944 03	Ginásio Santo Tirso	18:47.44	425	
	50m: 33.34 33.34	400m: 4:57.62	1:15.40	800m: 9:58.72	1:15.93	1200m: 15:00.41	1:16.06
	100m: 1:09.46 36.12	500m: 6:12.12	1:14.50	900m: 11:13.50	1:14.78	1300m: 16:16.22	1:15.81
	200m: 2:25.28 1:15.82	600m: 7:27.69	1:15.57	1000m: 12:28.98	1:15.48	1400m: 17:29.84	1:16.62
	300m: 3:42.22 1:16.94	700m: 8:42.79	1:15.10	1100m: 13:44.35	1:15.37	1500m: 18:47.44	1:14.60
29.	Bernardo Sousa, ROCHA	M	202801 03	Fluvial Portuense	18:56.12	415	
	50m: 35.59 35.59	400m: 5:05.50	1:18.16	800m: 10:13.78	3:16.99	1200m: 15:51.53	1:13.94
	100m: 1:12.56 36.97	500m: 6:22.94	1:17.44	900m: 11:29.82	1:16.04	1300m: 16:28.97	1:13.44
	200m: 2:29.22 1:16.66	600m: 7:39.59	1:16.65	1000m: 12:45.84	1:16.02	1400m: 17:43.19	1:14.22
	300m: 3:47.34 1:18.12	700m: 8:56.79	1:16.00	1100m: 14:01.59	1:15.75	1500m: 18:56.12	1:12.93
30.	Joao Campelo, GOMES	M	124990 03	Famalicao	19:01.59	409	
	50m: 33.07 33.07	400m: 4:56.82	1:20.39	800m: 9:56.63	1:17.15	1200m: 15:06.10	1:16.52
	100m: 1:08.45 35.38	500m: 6:05.80	1:08.98	900m: 11:14.34	1:17.71	1300m: 16:24.80	1:18.70
	200m: 2:22.56 1:14.11	600m: 7:22.18	1:16.38	1000m: 12:32.61	1:18.27	1400m: 17:43.21	1:18.41
	300m: 3:36.43 1:13.87	700m: 8:39.48	1:17.30	1100m: 13:49.58	1:16.97	1500m: 19:01.59	1:18.38
31.	Goncalo Fernandes, RIBEIRO	M	132205 03	Fluvial Portuense	19:09.98	401	
	50m: 35.89 35.89	400m: 5:06.01	1:18.47	800m: 10:14.16	1:16.25	1200m: 15:18.45	1:15.97
	100m: 1:13.07 37.18	500m: 6:23.94	1:17.93	900m: 11:30.70	1:16.54	1300m: 16:30.98	3:51.53
	200m: 2:29.76 1:16.69	600m: 7:40.54	1:16.60	1000m: 12:46.70	1:16.00	1400m: 17:43.19	1:16.82
	300m: 3:47.54 1:17.78	700m: 8:57.91	1:17.37	1100m: 14:02.48	1:15.78	1500m: 19:09.98	1:16.82
32.	Alex Baptista, COELHO	M	130334 03	Luso-Internacional do Porto	19:24.82	385	
	50m: 34.06 34.06	400m: 5:02.38	1:17.50	800m: 10:15.26	1:18.66	1200m: 15:31.53	1:19.18
	100m: 1:11.23 37.17	500m: 6:19.62	1:17.24	900m: 11:34.68	1:19.42	1300m: 16:50.70	1:19.17
	200m: 2:28.26 1:17.03	600m: 7:38.15	1:18.53	1000m: 12:53.60	1:18.92	1400m: 18:09.52	1:18.82
	300m: 3:44.88 1:16.62	700m: 8:56.60	1:18.45	1100m: 14:12.35	1:18.75	1500m: 19:24.82	1:15.30
33.	Rui Pedro, SILVA	M	127555 03	Fluvial Portuense	19:46.63	365	
	50m: 35.90 35.90	400m: 5:07.34	1:18.23	800m: 10:24.94	1:19.88	1200m: 15:48.70	1:21.89
	100m: 1:13.89 37.99	500m: 6:26.04	1:18.70	900m: 11:45.94	1:21.00	1300m: 17:09.90	1:21.20
	200m: 2:31.60 1:17.71	600m: 7:45.59	1:19.55	1000m: 13:06.39	1:20.45	1400m: 18:30.81	1:20.91
	300m: 3:49.11 1:17.51	700m: 9:05.06	1:19.47	1100m: 14:26.81	1:20.42	1500m: 19:46.63	1:15.82
34.	Guilherme Silva, SANTOS	M	153539 03	Penafiel	19:53.64	358	
	50m: 34.20 34.20	400m: 5:10.64	1:20.72	800m: 10:33.02	1:20.20	1200m: 15:57.26	1:21.69
	100m: 1:11.26 37.06	500m: 6:31.67	1:21.03	900m: 11:53.82	1:20.80	1300m: 17:17.73	1:20.47
	200m: 2:29.64 1:18.38	600m: 7:52.36	1:20.69	1000m: 13:14.95	1:21.13	1400m: 18:38.26	1:20.53
	300m: 3:49.92 1:20.28	700m: 9:12.82	1:20.46	1100m: 14:35.57	1:20.62	1500m: 19:53.64	1:15.38
35.	Pedro Rui, TEIXEIRA	M	125759 03	Aquatico Pacense	20:02.04	351	
	50m: 35.77 35.77	400m: 5:05.63	1:18.21	800m: 10:28.54	1:21.60	1200m: 15:58.14	1:22.88
	100m: 1:13.42 37.65	500m: 6:24.98	1:19.35	900m: 11:51.17	1:22.63	1300m: 17:20.60	1:22.46
	200m: 2:30.24 1:16.82	600m: 7:45.63	1:20.65	1000m: 13:13.09	1:21.92	1400m: 18:42.63	1:22.03
	300m: 3:47.42 1:17.18	700m: 9:06.94	1:21.31	1100m: 14:35.26	1:22.17	1500m: 20:02.04	1:19.41
36.	Andre Martins, CARNEIRO	M	125225 03	Aquatico Pacense	20:07.39	346	
	50m: 37.26 37.26	400m: 5:20.10	1:21.78	800m: 10:42.42	1:19.13	1200m: 16:03.60	1:21.68
	100m: 1:16.07 38.81	500m: 6:41.07	1:20.97	900m: 12:01.86	1:19.44	1300m: 17:25.82	1:22.22
	200m: 2:36.60 1:20.53	600m: 8:01.45	1:20.38	1000m: 13:22.36	1:20.50	1400m: 18:47.36	1:21.54
	300m: 3:58.32 1:21.72	700m: 9:23.29	1:21.84	1100m: 14:41.92	1:19.56	1500m: 20:07.39	1:20.03
37.	Joao Pedro, VILACA FL	M	123526 03	Luso-Internacional do Porto	21:11.63	296	
	50m: 36.63 36.63	400m: 5:30.97	1:25.99	800m: 9:46.94		1200m: 16:59.80	1:27.20
	100m: 1:16.35 39.72	500m: 6:57.63	1:26.66	900m: 11:12.48	1:25.54	1300m: 18:26.51	1:26.71
	200m: 2:39.64 1:23.29	600m: 8:21.60	1:23.97	1000m: 14:05.44	2:52.96	1400m: 19:52.30	1:25.79
	300m: 4:04.98 1:25.34	700m: 9:46.94	1:25.34	1100m: 15:32.60	1:27.16	1500m: 21:11.63	1:19.33
DNS	Bernardo Felgueiras, FERREIRA	M	127126 03	Luso-Internacional do Porto			DNS
WDR	Goncalo Gabriel, DIAS	M	128709 03	Penafiel			WDR

Prova 4, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final					Pts	Obs
31.	Pedro Miguel, FARIA	M	129799	02	Vit�ria Sport Clube	19:28.23					382	
	50m: 32.86	32.86	400m: 4:57.26	1:17.97	800m: 10:13.60	1:19.96	1200m: 14:14.00	1:19.98				
	100m: 1:08.20	35.34	500m: 6:15.36	1:18.10	900m: 11:33.57	1:19.97	1300m: 15:33.67	1:19.67				
	200m: 2:22.36	1:14.16	600m: 7:34.36	1:19.00	1000m: 12:54.02	1:20.45	1400m: 18:13.39	2:39.72				
	300m: 3:39.29	1:16.93	700m: 8:53.64	1:19.28	1100m: 12:54.02		1500m: 19:28.23	1:14.84				
32.	Nuno Rocha, ALMEIDA	M	122193	02	Colegio SMLamas	20:07.14					346	
	50m: 35.89	35.89	400m: 5:14.79	1:20.43	800m: 9:15.66	1:20.20	1200m: 16:06.64	2:42.06				
	100m: 1:13.83	37.94	500m: 5:14.79	900m: 10:38.06	1:22.40	1300m: 17:29.20	1:22.56					
	200m: 2:33.42	1:19.59	600m: 6:35.04	1:20.25	1000m: 12:01.16	1:23.10	1400m: 18:48.16	1:18.96				
	300m: 3:54.36	1:20.94	700m: 7:55.46	1:20.42	1100m: 13:24.58	1:23.42	1500m: 20:07.14	1:18.98				
33.	Luis Goncalves, PEREIRA	M	119177	02	Colegio SMLamas	20:09.33					344	
	50m: 36.48	36.48	400m: 5:10.76	1:18.86	800m: 10:31.26	1:22.04	1200m: 16:01.35	1:23.61				
	100m: 1:14.64	38.16	500m: 6:29.46	1:18.70	900m: 11:53.28	1:22.02	1300m: 17:26.12	1:24.77				
	200m: 2:33.45	1:18.81	600m: 7:49.07	1:19.61	1000m: 13:15.69	1:22.41	1400m: 18:47.88	1:21.76				
	300m: 3:51.90	1:18.45	700m: 9:09.22	1:20.15	1100m: 14:37.74	1:22.05	1500m: 20:09.33	1:21.45				
34.	Diogo Gomes, CARDOSO <i>FIL</i>	M	202714	02	Colegio SMLamas	20:21.82					334	
	50m: 34.57	34.57	400m: 5:12.45	1:21.63	800m: 9:20.16	1:22.46	1200m: 16:21.92	2:51.41				
	100m: 1:12.23	37.66	500m: 5:12.45	900m: 10:42.86	1:22.70	1300m: 17:45.67	1:23.75					
	200m: 2:30.73	1:18.50	600m: 6:34.95	1:22.50	1000m: 12:06.80	1:23.94	1400m: 19:06.80	1:21.13				
	300m: 3:50.82	1:20.09	700m: 7:57.70	1:22.75	1100m: 13:30.51	1:23.71	1500m: 20:21.82	1:15.02				
35.	Pedro Lopes, SILVA <i>FIL</i>	M	202726	02	AP Vila D Este	20:57.26					306	
	50m: 37.25	37.25	400m: 5:23.23	1:23.83	800m: 11:02.82	1:25.57	1200m: 16:43.69	1:25.33				
	100m: 1:16.38	39.13	500m: 6:46.63	1:23.40	900m: 12:27.66	1:24.84	1300m: 18:09.08	1:25.39				
	200m: 2:36.91	1:20.53	600m: 8:11.44	1:24.81	1000m: 13:53.11	1:25.45	1400m: 19:34.60	1:25.52				
	300m: 3:59.40	1:22.49	700m: 9:37.25	1:25.81	1100m: 15:18.36	1:25.25	1500m: 20:57.26	1:22.66				
36.	Tiago Filipe, GOMES <i>FIL</i>	M	130893	02	AP Vila D Este	21:12.10					296	
	50m: 36.23	36.23	400m: 5:30.39	1:25.57	800m: 11:17.82	1:26.78	1200m: 17:05.57	1:26.57				
	100m: 1:15.86	39.63	500m: 6:57.16	1:26.77	900m: 12:44.82	1:27.00	1300m: 18:30.54	1:24.97				
	200m: 2:39.32	1:23.46	600m: 8:22.45	1:25.29	1000m: 14:11.64	1:26.82	1400m: 19:53.82	1:23.28				
	300m: 4:04.82	1:25.50	700m: 9:51.04	1:28.59	1100m: 15:39.00	1:27.36	1500m: 21:12.10	1:18.28				
DNS	David Oliveira, MENDES	M	131977	02	Penafiel							DNS
DNS	Jose Diogo, PACHECO	M	126021	02	Vit�ria Sport Clube							DNS

